



**BURY INVOLVEMENT GROUP IN MENTAL HEALTH**

**(BIG in Mental Health)**

**A Charitable Incorporated Organisation (CIO)**

**TRUSTEES' ANNUAL REPORT AND  
FINANCIAL STATEMENTS**

**For The Year Ended**

**31 March 2022**

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH**  
**(BIG in Mental Health)**

**CONTENTS**

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	<b>Page</b>
Members of the Board and Professional Advisers	2
Trustees Annual Report	Insert
Independent Examiners Report	3
Statement of Financial Activities (incorporating the income and expenditure account)	4
Balance Sheet	5
Notes to the Financial Statements	6-10

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH  
(BIG in Mental Health)**

**MEMBERS OF THE BOARD AND PROFESSIONAL ADVISORS**

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<b>Organisation Name</b>	Bury Involvement Group in Mental Health
<b>Charity Number</b>	1166584
<b>Address</b>	Unit 54 Bury Business Centre Kay Street Bury BL9 6BU
<b>Trustees</b>	Deneze Griffiths Keeley Jane Bell John Mulpeter (appointed 08/06/2022) Frances Christine Halligan (resigned 18/03/2022) Tina Kim Wardle (resigned 27/09/2021) Deborah Louise Bhatti (resigned 11/04/2021) Paul Johnson (resigned 11/05/2022)
<b>Accountants</b>	Community Accounting Lancashire C.I.C. Foxfields 9 Norley Close Chadderton Oldham OL1 2RA
<b>Bankers</b>	Unity Trust Bank Nine Brindleyplace Birmingham B1 2HB

## BURY INVOLVEMENT GROUP IN MENTAL HEALTH

### (BIG in Mental Health)

#### REPORT OF THE TRUSTEES

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The Trustees present their annual report together with the audited consolidated financial statements of Bury Involvement Group in Mental Health for the year ended 31 March 2022.

The Trustees confirm that the Annual Report and financial statements of the Charity comply with the current statutory requirements, the requirements of the Charity's governing document and the provisions of the Statutory Recommended Practice (SORP) "Accounting and Reporting by Charities" including FRS102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

#### Objectives

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Bury Involvement Group in Mental Health (BIG) is an independent charity run by, and for, people experiencing mental distress. Our charity provides the best possible mental health support to help transform Bury and the surrounding area, working with the people of Bury, our partners and other stakeholders, we seek to empower adults experiencing mental and emotional distress towards their recovery and improved quality of life by providing mutual support and hope.

The Charity's objectives, as set out in the governing document, are *"To protect and promote good health among people experiencing mental health conditions living in Bury and the surrounding area, in particular but not exclusively by the provision of a group providing support, education, information and advice."*

Our work is underpinned by our Organisational values, which are:

- **Led by Lived Experience:** We value and listen to each person's unique lived experience to deliver support grounded in our philosophy whilst ensuring our Charity remains focused on growing to meet the needs of the people who join our community.
- **Involve to Empower:** We involve people with lived experience at all levels of the Organisation to empower them to use their experience in new and meaningful ways to move towards the lives they want to live.
- **Collaboration:** We work with external partners to ensure the voice of people with lived experience is at the heart of all conversations in the mental health and social care economies across Bury and Greater Manchester.
- **Safety, Mutuality & Choice:** We provide spaces which are safe and allow people to connect and build relationships based on mutuality, respect, trust, and hope, whilst supporting people's right to have choice and control in their own lives.
- **Trustworthiness & Transparency:** We aim to be clear and straightforward, open, and transparent in everything we do.

The Charity believes that everyone deserves to live a fulfilling life and that peer support has the power to change people and places for the better. With passion and creativity at its heart, the Charity supports people to flourish, enriching the town and our community.



## Activities

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*Telephone Call back Service:* Initially set up during the lockdown our Telephone Call Back Service looks to support individuals who are isolated and struggling with their mental health by providing them with regular phone contact with one of the BIG team. Through this service we predominately aim to provide individuals with emotional support through the peer relationship, while we also assess unmet needs and link with other agencies to support practical challenges. Through this service we have been able to offer people a friendly conversation with one of our volunteer facilitators, the service has enabled us to keep on contact with people who have come to BIG and to provide support to new members. We call people to give them a safe and supportive relationship to help people discuss what they wish. The service has provided our isolated members with a lifeline through the year. As restrictions lifted and BIG moved back to face to face support the telephone service continued to prove itself incredible useful as it enabled BIG to be more responsive to the needs of those within our community who were particularly struggling. Individuals who had struggled in the week at groups are now provided with further support through the telephone service meaning we were able to sign-post, refer, and support individuals who may have otherwise deteriorated into crisis point without this extra support.

*Face to Face Peer Support Groups:* In July BIG returned to face-to-face support by trialing a new format, closed peer support groups. The decision to return with a new format was taken due to concerns around coronavirus and community transition and a need to limit the numbers of people attending our groups. The closed peer support groups ran for two months across July and August. The new format proved popular with participants, who commented that it provided a different experience than our open groups, as people felt the limited and consistent membership helped them to feel more comfortable and thus express themselves more. Due to the success of the new format, the Trustees have decided that this type of group will be tested further in 2022 to assess whether this format will be introduced to BIGs community offer on a long-term basis. The open peer support groups were restarted later in the year in October and were well received by our community. By the end of the financial year BIG is delivering five weekly peer support groups, one on the psychiatric ward at the Irwell Unit in Bury, and four in the community.

*Bury Peer Led Crisis Service:* In 2021 BIG was commissioned to deliver the Bury Peer Led Crisis Service (BPLCS), a service we modelled and designed with our service users. The BPLCS provides out of hours support in the community to individuals who are experiences a self-defined mental health crisis. The service is led by a team of three people who all have their own personal experience of mental health crisis. The project initially started slow, with the agreed referral pathway with the NHS resulting in a low volume of referrals. Due to this we agreed with commissioners that the pathway should be expanded to provide more opportunities for VCSE organisations to refer individuals in need of crisis support. With this it was agreed to expand the pathway to include local VCSE organisations across Bury, most notably, Early Break who were commissioned during the pandemic to provide a local public facing helpline for people in the area. This change has enabled us to reach a broader group of people than those who are currently being supported by NHS services, and has enabled us to support other VCSE groups, as well as the NHS, across Bury providing support to their clients when they have significant mental health needs.

Initially the BPLCS was commissioned with an element of the service being sub-commissioned to the local social prescribing service, to help support the people who would be supported by the Crisis Service. The plan at the start of the project was for the service to provide them with extra support to



help them engage more within their community, accessing community groups, attending appointments, etc. Sadly, the service was unable to support the project in the way we had initially agreed as the needs of the individuals we were supporting was considered 'not social prescribing ready' by the service and thus they were unable to contribute what the project required. With this, the sub-commission was mutually terminated, and this element of the service was brought in house and redeveloped. The BPLCS team grew to four as we took on a telephone and outreach crisis supporter, who's role was designed around supporting the individuals who are unable to access the evening service due to mobility or mental health needs, whilst also looking to support individuals to access resources within their community as initially had been hoped. The CCG have been impressed with the success of the service so far and we were delighted to find out in December 2021 that the service has been recommissioned with a three-year contract. We were also delighted to receive an increase in funding to trial a new drop-in crisis model for the area, which we have begun mobilising and which we will seek to open in 2022.

*Welcome Home Scheme:* During the year the CCG approached us to model a service for the area, which would be put forward for the locality's application for national winter pressures funding, which was being organised at a Greater Manchester level. BIG decided to focus on developing a new project which aims to support people as they transition from the acute mental health inpatient unit back into the community, as this has historically been an area of issue for those within our community. The new project has been funded as a 12-month pilot to evaluate its impact to determine longer term commissioning. We have teamed up with our local NHS Trust and another VCSE organisation, VCFA, to form a partnership so we can work together to better improve this key point in people's recovery journeys. BIG will be providing a 'Welcome Home' project which centres around building a supportive relationship with people during their time on the ward so that we can help advocate for their needs during their discharge and provide a friendly face to welcome them back into the community, supporting them once they are home with a co-produced recovery plan which aims to holistically look at each individual's needs and provide them with support to overcome any challenges or issues which resulted in their initial crisis. We are excited to have been approached by the CCG to develop a project for the area, and we are confident that this service will prove invaluable to those it supports over the year, we are also confident that this service will link in well with our current Bury Peer Led Crisis Service offer and takes us one step closer to being able to provide a more compassionate wrap around support to those in mental health crisis in Bury.

*BIG Steppingstones Project:* In December BIG secured funding from Bury Council to fund a new paid position within the charity, which we are presently recruiting to, which will see us take on a new 'Peer Group Coordinator'. This new role will be a major step forward for the organisation's core offer in the community as it will see responsibility of the service delivery of the community peer support groups moved away from the chief officer. This funding was secured on the basis that BIG develop a new project which seeks to bolster our community support offer across Bury, by delivering groups which aim to act as a 'steppingstone' back into the community for those who have been or are engaged in crisis services. The new project will not only enable BIG to provide more support to some of the most vulnerable individuals in our community. The project, which will be funded for 12 months, will centre on two main elements, supporting the service delivery of our community peer support groups and supporting the development of our team of volunteers with lived experience. We are hopeful that this project will be a major step towards building the necessary extra capacity around our core offer, whilst also supporting the link between our core peer support group offer and the Bury Peer Led Crisis Service.

Events and outreach: Due to the continued effect of the pandemic we have not been able to hold as many events as in the community. We have however, continued to use our social media platforms to reach a broad audience in the community, to educate people about mental health in a non-judgemental way, improving knowledge and reducing stigma. We have 654 followers on Twitter; 2656 followers on Facebook; 215 followers on Instagram.

## **Public Benefit**

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The Charity's Trustees have complied with their duties under the Charities Act 2011 to have due regard to public benefit guidance (PB1, PB2, and PB3) published by the Charity Commission. They are aware of the public benefit requirement, its implications for charities and their duty to report how they have carried out the Charity's purpose.

## **Achievement and Performance**

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One of the standout successes of the year has been the implementation of our crisis service, which has provided intensive human to human peer support interventions for individuals who are in mental health crisis and at risk of suicide. The service has better enabled us to provide much needed support to these individuals: whilst demonstrating to our commissioners and the NHS the valuable work and impact VCSE organisations, and user led groups, can have working with high-risk individuals with significant mental health needs. Over the year the BPLCS has become embedded within the Bury mental health system, we have managed to play an important role without compromising on our values or ethos, offering more choice for those in distress and a valuable alternative to statutory support.

Over the period our ability to influence has increased significantly. Our chief officer has been appointed as the locality lead for Mental Health for the voluntary sector in Bury. With this, they have joined the Greater Manchester Voluntary Sector Mental Health Leadership Group, which is comprised of other locality representatives and thematic leads from across GM. Through this group, the organisation is seeking to articulate the need for improved structure across the localities in Greater Manchester to better gather people and services, understand their experiences, and advocate for changes at both a locality and a regional level.

Telephone Call Back Service: Across the year our telephone call back service continued to support individuals within our community. The service was initially set up after the national lockdown was mandated in 2020 and enabled us to keep in contact with 196 individuals within our community across the year. Of the 196 individuals accessing the service 81% reported that they would recommend the service, and 76% reported that they had achieved at least one major positive improvement due to the support provided by the service.

Bury Peer Led Crisis Service: The Bury Peer Led Crisis Service received its first referral in May 2021. The Bury Peer Led Crisis Service provides a meaningful crisis service for adults experiencing a mental health crisis in the community, the service offers individuals a human-to-human relationship within the community to process and explore the crisis in a safe and supportive space. We offer people consistency, compassion, and an understanding which is based on shared experience. The service imposes no time limits on the support provided and has no exclusion criteria. Staffed by a team of three peer support workers the service has so far been open for 102 service days, between May and



December, and has delivered 617 sessions with 108 adults in mental health crisis. The gender breakdown of the service has been evenly split with 52% female to 48% male. So far, the service has established an engagement rate of over 80%, with unsuccessful engagement predominantly due to inappropriate referrals (i.e., referrals for underage individuals, or incomplete referral forms).

Face to Face Peer Support Groups: Whilst the BPLCS has been delivering across the year, our peer support groups have been delivered less consistently throughout the year due to the pandemic and the difficulties this brings for group support. Despite this, we still managed to deliver two closed peer support through which supported 22 individuals, and a 117 people across the October.

The organisation is confident of the value and impact of the work we do has within our community. However, we have not always had the resource to be able to develop our services in the way we would have liked. Through the BPLCS, we have managed to attain an increased level of funding, with this we feel that we are starting to build a compassionate wrap around offer for those in our community, as we look to support people out of hospital, back into the community, whether in crisis or not, towards a more positive and hopeful life. We hope this report paints a picture that whilst the charity has grown, our vision for what is valuable for our community, and our ethos behind what work we will deliver, and what work we will not deliver, is clear.

## **Contribution Made by Volunteers**

Volunteers play a crucial role within the organisation, and they are integral to the effective delivery of our services and our success. The organisation is proud of the fact that most of the people who volunteer their time to our charity are people with lived experience of mental distress; many of them being people who had previously attended BIG for support. During this financial year our organisation supported and benefitted from the knowledge and skills of 27 volunteers.

## **Financial Review**

The Statement of Financial Activities shows a total income for the year of £324,644. Income from contributions given by people who attended our support groups amounted to £235. Other donations come to £3903. The Trustees, staff, and volunteers are very grateful to all the individuals and businesses who have made donations to the work of the charity over the year.

The balance as at 31 March 2022 was £230,987. Of which £19,970 was unrestricted funds with the remainder being restricted funds

We have continued to receive funding for Tudor Trust to cover the costs of the Chief Officers salary, and accountancy costs. This funding ends in December 2022, however, the Charity is presently developing an application to Tudor Trust to seek continuation funding for a further two years.

The Trustees of the charity are focused on continuing to build reserves to ensure the sustainability of the organisation and have started the process of developing a new Reserves Policy for the Charity which will be ratified in 2022-23.

## Plans for Future Periods

Broadly 2021 has been one of BIG's best years in many ways: we have increased the charity's revenue; broadened the revenue streams open to the organisation; strengthened our relationships with the local CCG; strengthened our relationship with local NHS teams and services; strengthened our relationship with local VCSE groups, across GM; developed and delivered new services; started to address some of the capacity issues we have within the service; and increased our influence across GM. In 2022 we are keen to keep addressing the core challenges which face BIG.

Within the Charity the senior management team have defined four core objectives for the charity across the medium-term future, those being: Developing capacity within the charity; developing our team further; developing partnerships with VCSE and statutory partners; and improving the governance and procedures within the organisation.

**Developing Capacity:** With the commissioning of the Bury Peer Led Crisis Service the BIG team grew from 1 employee to 4. Given the expansion of the crisis service, the welcome home project and the new paid role for the community support groups, 2022 will see BIG's staff team grow to 10 employees. This will significantly increase the level of support we can provide to those in our community who experience mental and emotional distress. We are presently working to recruit these new employees and are hopeful that we will be as fortunate as we were when we initially hired the crisis service staff, in drawing top talent into the organisation who are keen to work within a thriving charity with a clear mission and ethos.

**Developing the Team:** We are hopeful with the funding acquire for the new Peer Group Coordinator will enable us to significantly improve the level of support we can provide to our team, particularly our volunteer team. Over the coming year we are seeking to increase the level of support, supervision, guidance, and training to our team, ensuring we can provide meaningful opportunities for personal development to our volunteers, our trustees, and our paid members of staff which will enable our team to better support the people using our services. With this, we have established a new volunteer role for one of the experienced volunteers which will see them work alongside the current volunteer coordinator, another voluntary position, to help support new volunteers within the charity.

**Developing Partnerships:** Throughout BIGs history we have focused on using our influence as an organisation to work with partners at a local and regional level, to advocate and support lived experience led system and service change. Over this period, we have come to understand how BIG is has been able to provide a type of support different to that provided by other statutory and third sector services, meaning we have been able to meets the needs of many individuals experiencing significant mental and emotional distress in ways other services have not. While our expertise has enabled us to build a strong reputation within the area as specialists at providing mutual support to adults experiencing significant distress, particularly for adults who have experienced trauma, we are resolute in our understanding that providing our support requires further support form our colleagues across the system.

We have had success over the last year, building bridges with our VCSE colleagues as we look at developing an alliance in Bury so we can influence and work together in the coming years. We have also had success developing more formalised working relationships with the NHS as we developed and delivered our BPLCS, and we seek to build on this moving forward with the Welcome Home Scheme. However, a key priority for BIG over the coming year will be to build on our strong foundations and force Bury to involve both individuals with lived experience, and ourselves and our



VCSE partners, as they 'transform' community mental health services, ensuring that this process and the results are meaningful for those who need support in our community.

Sustainability, Governance, and Procedures: Sadly, in 2022, the founder and current chair of the charity will step down from her position on the board of trustees after 15 years leading the organisation. With this, a key focus for BIG will be finding a new chairperson who will be able to support the other trustees and the chief officer, so that BIG can continue to lead a path forward within Bury by having a clear strategic direction underpinned by the organisations ethos for provide mutual peer support to adults in mental and emotional distress in Bury.

### **Structure, governance, and management**

The Charity was registered with the Charity Commission, on the 18 April 2016 under the register number 1166584, as a Charitable Incorporated Organisation. The Charity has a foundation model constitution which sets out that the only voting members of the charity are its charity trustees. The Constitution of the Charity can be located at Charity's office and copies of the document can be made available on request.

The Charity is governed by the trustees who meet monthly as a board. The Charity has a chief officer, who is responsible for the operational management, overall service delivery, and service development, under the guidance of the trustees. The Trustees are elected and co-opted under the terms set out in our Constitution. The board of trustees may at any time elect additional trustees by calling a meeting of the trustees of the Charity.

Before recruiting a new trustee, the existing trustees conduct a skills audit to identify any gaps in the current skillset of the board. The trustees then advertise for possible candidates, with the advertisements being tailed based on the skill gap analysis. Prospective candidates are provided with a role description and the Charity Commission Guidance "The Essential Trustee: what you need to know, what you need to do", to ensure they have a clear account of what the role of the trustee involves, including their duties and responsibilities. Prospective trustees are then interviewed and appointed by the Board if deemed suitable.

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH  
(BIG in Mental Health)**

**REPORT TO THE MEMBERS ON THE UNAUDITED FINANCIAL STATEMENTS OF  
BURY INVOLVEMENT GROUP IN MENTAL HEALTH**

**FOR THE YEAR ENDED 31 MARCH 2022**

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I report on the accounts for the year ended 31 March 2022 as set out on pages 4 to 10.

**Respective Responsibilities of Trustees and Examiner**

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

The charity's trustees consider an audit is not required for this year under section 144 of the 2011 Act, and that an independent examination is needed.

It is my responsibility as independent examiner to:

- ~ examine the accounts under section 145 of the 2011 Act
- ~ follow the applicable Directions given by the Charity Commissioners under section 145(5)(b) of the 2011 Act, and;
- ~ to state whether particular matters have come to my attention

**Basis of Independent Examiners Report**

My examination was carried out in accordance with the Directions given by the Charity commission.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items of disclosures in the accounts, and seeking explanations from the trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the accounts.

**Independent Examiners Statement**

I have completed my examination for the year ended 31 March 2022.

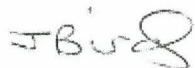
I can confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- ~ accounting records were not kept in accordance with section 130 of the 2011 Act or
- ~ the accounts do not accord with the accounting records to comply with the accounting requirements of the 2011 Act
- ~ the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

**Independent Examiners Qualification**

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination, being a Fellow Member of the Association of Accounting Technicians, which is one of the listed bodies.



17<sup>th</sup> of August 2022

**Miss Jacqueline Bird F.M.A.A.T.**

*Practicing Licence Number: 1003659*

**Community Accounting Lancashire C.I.C.**

Foxfields, 9 Norley Close, Chadderton, Oldham, OL1 2RA

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH**  
**(BIG in Mental Health)**

**STATEMENT OF FINANCIAL ACTIVITIES**  
**(INCORPORATING THE INCOME AND EXPENDITURE ACCOUNT)**

**FOR THE YEAR ENDED 31 MARCH 2022**

	<i>Notes</i>	<b>Unrestricted Funds 2022 £</b>	<b>Restricted Funds 2022 £</b>	<b>Total Funds 2022 £</b>	<b>Total Funds 2021 £</b>
<b>Income from:</b>					
Grants and donations	2	7,706	316,938	324,644	74,450
Charitable activities	3	4,138	-	4,138	4,955
Other income		-	-	-	-
<b>Total</b>		<u>11,844</u>	<u>316,938</u>	<u>328,782</u>	<u>79,405</u>
<b>Expenditure on:</b>					
Raising funds	4	816	-	816	216
Charitable activities	5	6,642	156,864	163,506	51,588
Other expenditure		-	-	-	-
<b>Total</b>		<u>7,458</u>	<u>156,864</u>	<u>164,322</u>	<u>51,804</u>
<b>Net income/(expenditure)</b>		<u>4,386</u>	<u>160,074</u>	<u>164,460</u>	<u>27,601</u>
<b>Transfers between funds</b>		-	-	-	-
<b>Net movement in funds</b>		<u>4,386</u>	<u>160,074</u>	<u>164,460</u>	<u>27,601</u>
<b>Reconciliation of funds:</b>					
Total funds brought forward		<u>15,584</u>	<u>50,943</u>	<u>66,527</u>	<u>38,926</u>
<b>Total funds carried forward</b>	9	<u>19,970</u>	<u>211,017</u>	<u>230,987</u>	<u>66,527</u>

The notes on pages 6 to 10 form part of these financial statements.

Note 10 to the accounts shows a comparative Statement of Financial Activities for the year ended 31 March 2021.



**BURY INVOLVEMENT GROUP IN MENTAL HEALTH**  
**(BIG in Mental Health)**

**BALANCESHEET**

**AS AT 31 MARCH 2022**

	<i>Notes</i>	<b>2022</b>		<b>2021</b>	
		£	£	£	£
<b>CURRENT ASSETS</b>					
Prepayments	7	3,589		-	
Cash at Bank and in Hand		<u>234,292</u>		<u>66,527</u>	
		237,881		66,527	
<b>CREDITORS: Amounts falling due within one year</b>	8	6,894		-	
<b>NET CURRENT ASSETS</b>			230,987		66,527
<b>CREDITORS: Amounts falling due after one year</b>			-		-
<b>NET ASSETS</b>			<u>230,987</u>		<u>66,527</u>
<b>FUNDS OF THE CHARITY</b>					
Unrestricted Funds			19,970		15,584
Restricted Funds			<u>211,017</u>		<u>50,943</u>
<b>TOTAL FUNDS</b>	9		<u>230,987</u>		<u>66,527</u>

The financial statements were approved by the Board of Trustees on Tuesday 16<sup>th</sup> August 2022 and signed on their behalf:

Signed:



Name: John Mulpeter  
Trustee

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH  
(BIG in Mental Health)**

**NOTES TO THE FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31 MARCH 2022**

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**1. ACCOUNTING POLICIES**

**Basis of accounting**

Historically the charity has prepared their accounts on a 'Receipts and Payments' basis.

As the income of the charity now exceeds £250,000 in this financial year, the financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) issued on 16 July 2014 [as updated through Update Bulletin 1 published on 2 February 2016 and also Update Bulletin 2 published on 5 October 2018) – (Charities SORP (FRS 102)], the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

**Going Concern**

The trustees are satisfied that there are no material uncertainties about the charity's ability to continue.

**Incoming resources**

All income, including grants and donations, is recognised once the charity has entitlement to the income, that it is probable that the income will be received, and the amount of income receivable can be measured reliably.

Restricted funds are to be used for specified purposes as laid down by the donor.

Expenditure which meets these criteria's is identified to the fund, together with a fair allocation of overheads and support costs.

Unrestricted funds are for grants, donations and other incoming resources received or generated for charitable purposes.

**Resources expended**

All expenditure is accounted for on an accruals basis. All expenses, including support costs and governance costs, are allocated or apportioned to applicable expenditure headings.

Charitable expenditure shall include all expenditure directly related to the objects of the charity, including the cost of goods and services, that have been incurred in charitable activities.

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required, and the amount for the obligation can be measured reliably.

**Governance costs**

Governance costs shall include all expenditure directly related to the administration of the charity including expenditure incurred in the management of the charity's assets, organisational administration and compliance with charitable and statutory requirements.



**BURY INVOLVEMENT GROUP IN MENTAL HEALTH  
(BIG in Mental Health)**

**NOTES TO THE FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31 MARCH 2022**

**2. INCOME FROM GRANTS & DONATIONS**

	Unrestricted Funds	Restricted Funds	2022 Total Funds	2021 Total Funds
	£	£	£	£
NHS CCG Community Crisis**	-	117,516	117,516	40,407
NHS CCG (DTC)	-	65,000	65,000	-
GM Winter Pressures	-	85,000	85,000	-
Tudor Trust Grant	-	30,000	30,000	32,000
Bury Let's Do It (Health Improvement Community Fund)	-	19,422	19,422	-
Donations	<u>7,706</u>	<u>-</u>	<u>7,706</u>	<u>2,043</u>
	<u><b>7,706</b></u>	<u><b>316,938</b></u>	<u><b>324,644</b></u>	<u><b>74,450</b></u>

\*\* £8,306 from the £117,516 received from CCG was paid to Bury VCFA (Voluntary Community & Faith Alliance) as part of the delivery of the Community Crisis service.

**3. INCOME FROM CHARITABLE ACTIVITIES**

	Unrestricted Funds	Restricted Funds	2022 Total Funds	2021 Total Funds
	£	£	£	£
Group Donations	235	-	235	334
Gift Aid	-	-	-	1,083
Just Giving	<u>3,903</u>	<u>-</u>	<u>3,903</u>	<u>3,538</u>
	<u><b>4,138</b></u>	<u><b>-</b></u>	<u><b>4,138</b></u>	<u><b>4,955</b></u>

**4. EXPENDITURE ON RAISING FUNDS**

	Unrestricted Funds	Restricted Funds	2022 Total Funds	2021 Total Funds
	£	£	£	£
Fundraising Events	600	-	600	-
Fundraising Costs (Just Giving)	<u>216</u>	<u>-</u>	<u>216</u>	<u>216</u>
	<u><b>816</b></u>	<u><b>-</b></u>	<u><b>816</b></u>	<u><b>216</b></u>

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH**  
**(BIG in Mental Health)**

**NOTES TO THE FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31 MARCH 2022**

**5. EXPENDITURE ON CHARITABLE ACTIVITIES**

	Unrestricted Direct & Governance Costs	Restricted Direct & Governance Costs	Unrestricted Support Costs	Restricted Support Costs	2022 Total Funds	2021 Total Funds
	£	£	£	£	£	£
Salaries Costs	-	126,241	-	-	126,241	29,736
Training	-	-	-	3,034	3,034	7,394
Rent & Room Hire	-	-	820	6,000	6,820	-
Resources	-	-	820	668	1,488	219
Refreshments & Consumables	-	-	120	98	218	2
Events	-	-	39	105	144	-
Equipment	-	-	-	3,347	3,347	645
Advertising	-	-	-	2,880	2,880	725
Printing, Stationery & Postage	-	-	40	284	324	308
Telephone & Internet	-	-	1,251	338	1,589	1,359
IT Domain & Licences	-	-	-	236	236	282
Travel Costs	-	-	-	1,743	1,743	-
Volunteer Expenses	-	-	533	-	533	231
Insurances	-	-	906	1,200	2,106	975
DBS Checks	-	-	160	102	262	160
HR & Professional Services	-	-	-	86	86	-
Accounting Fees	1,845	-	-	-	1,845	385
Payroll Costs	-	309	-	-	309	213
Bank & Card Costs	108	-	-	-	108	108
Tudor Wellbeing	-	-	-	1,107	1,107	-
NHS CCG Service	-	-	-	780	780	540
Bury Voluntary Community & Faith Alliance Service	-	-	-	8,306	8,306	8,306
Sundries	-	-	-	-	-	-
	<u>1,953</u>	<u>126,550</u>	<u>4,689</u>	<u>30,314</u>	<u>163,506</u>	<u>51,588</u>

**Total resources expended are stated after charging:**

**Independent examination fees:**

Year ended 31<sup>st</sup> March 2022

Year ended 31<sup>st</sup> March 2021

£  
1,295  
550  
1,845

Historically the charity has prepared accounts on a 'Receipts and Payments' basis, and as such the independent examiners fee was paid in the following accounting period. The £550 is for the year ending 31<sup>st</sup> March 2021 fees. However as the annual income has exceeded £250,00 in this financial period, for the year ended 31<sup>st</sup> March 2022, the financial statements (accounts) have this year been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities. As such accrual accounts have been prepared and the £1,295 fees for the independent examination of the year ended 31<sup>st</sup> March 2022 have been accrued and included in the 'Statement of Financial Activities'.

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH  
(BIG in Mental Health)**

**NOTES TO THE FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31 MARCH 2022**

**6. STAFF COSTS**

The movement in the year is after charging:

	2022	2021
	£	£
	<u>126,241</u>	<u>29,736</u>
<b>Average number of full-time equivalent employees in the year:</b>	<b>2022</b>	<b>2021</b>
Chief Officer	1	1
Crisis Service Manager	1	-
DTOC Manager	0.2	-
Crisis Supporters	<u>2.0</u>	<u>-</u>
	<u>4.2</u>	<u>1</u>

No employee received emoluments of £60,000 or above (2021: none).

No Trustees were paid any remuneration or expenses during the course of the year (2021: none).

**7. PREPAYMENTS & ACCRUED INCOME**

	2021	2020
	£	£
Prepayments	3,589	-
Accrued Income	<u>-</u>	<u>-</u>
	<u>3,589</u>	<u>-</u>

**8. CREDITORS: Amounts falling due within one year**

	2021	2020
	£	£
Accruals	<u>6,894</u>	<u>-</u>
	<u>6,894</u>	<u>-</u>

**9. FUNDS ANALYSIS**

Fund Name	Balance as at			Balance as at
	1 April	Receipts	Payments	31 March
	2021			2022
	£	£	£	£
<b>Unrestricted Funds</b>	15,584	11,844	(7,458)	19,970
	<u>15,584</u>	<u>11,844</u>	<u>(7,458)</u>	<u>19,970</u>
<b>Restricted Funds:</b>				
NISA	1,116	-	(567)	549
NHS CCG	780	-	(780)	-
NHS CCG Community Crisis	19,883	117,516	(105,872)	31,527
NHS CCG (DTOC)	-	65,000	(7,755)	57,245
GM Winter Pressures	-	85,000	(10,354)	74,646
Tudor Trust Grant	29,164	30,000	(31,086)	28,078
Bury Let's Do It	-	-	-	-
(Health Improvement Community Fund)	<u>-</u>	<u>19,422</u>	<u>(450)</u>	<u>18,972</u>
	<u>50,943</u>	<u>316,938</u>	<u>(156,864)</u>	<u>211,017</u>
<b>TOTAL FUNDS</b>	<u>66,527</u>	<u>328,782</u>	<u>(164,322)</u>	<u>230,987</u>

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH  
(BIG in Mental Health)**

**NOTES TO THE FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31 MARCH 2022**

**10. COMPARATIVE INFORMATION**

	<i>Notes</i>	Unrestricted Funds 2021 (previous year) £	Restricted Funds 2021 (previous year) £	Total Funds 2021 (previous year) £
<b>Income from:</b>				
Grants and donations	2	2,043	72,407	74,450
Charitable activities	3	4,955	-	4,955
Other income		-	-	-
<b>Total</b>		<u>6,998</u>	<u>72,407</u>	<u>79,405</u>
<b>Expenditure on:</b>				
Raising funds		-	216	216
Charitable activities	4	3,052	48,536	51,588
Other expenditure	5	-	-	-
<b>Total</b>		<u>3,052</u>	<u>48,752</u>	<u>51,804</u>
<b>Net income/(expenditure)</b>		<u>3,946</u>	<u>23,655</u>	<u>27,601</u>
<b>Transfers between funds</b>		-	-	-
<b>Net movement in funds</b>		<u>3,946</u>	<u>23,655</u>	<u>27,601</u>
<b>Reconciliation of funds:</b>				
Total funds brought forward		<u>11,638</u>	<u>27,288</u>	<u>38,926</u>
<b>Total funds carried forward</b>	9	<u>15,584</u>	<u>50,943</u>	<u>66,527</u>