

BURY INVOLVEMENT GROUP IN MENTAL HEALTH

(BIG in Mental Health)

A Charitable Incorporated Organisation (CIO)

**TRUSTEES' ANNUAL REPORT AND
FINANCIAL STATEMENTS**

For The Year Ended

31 March 2021

BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)

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**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

MEMBERS OF THE BOARD AND PROFESSIONAL ADVISORS

Organisation Name	Bury Involvement Group in Mental Health
Charity Number	1166584
Address	Unit 54 Bury Business Centre Kay Street Bury BL9 6BU
Trustees	Frances Christine Halligan BA (Hons) PGCE Tina Kim Wardle Keeley Jane Bell Deneze Griffiths (appointed 05/08/2020) Deborah Louise Bhatti (resigned 11/04/2021) Paul Johnson (appointed 14/07/2021)
Accountants	Community Accounting Lancashire C.I.C. Foxfields 9 Norley Close Chadderton Oldham OL1 2RA
Bankers	Unity Trust Bank Nine Brindleyplace Birmingham B1 2HB

BURY INVOLVEMENT GROUP

CHAIRPERSON'S STATEMENT

Bury Involvement Group has had yet another successful year and has continued to provide high quality support for the local people in our community. Although we have faced challenges because of Covid-19, these have resulted in strengthening our resilience. I am so incredibly proud of our Trustees, Chief Officer and volunteers for their willingness, hard work and passion, continuing to provide alternative support due to the pandemic.

Furthermore, I am very proud of our achievement in designing and setting up an additional service, the Bury Peer Led Crisis Service. The service is commissioned by Bury CCG to provide out of hours mental health support to individuals experiencing mental health crisis in Bury. The service is expected to go live in April 2021. As part of the mobilisation, we have employed three members of staff to run the Crisis Service who all have their own lived experience of mental health. We would like to thank the Leeds Survivor Led Crisis Service, a survivor led mental health charity which runs a world-renowned crisis service, who have been incredibly supportive to BIG and have helped us as we developed our service.

In all we do, our core values have always remained the same and are reflected in everything we carry out. Our values guide us and inform how we treat each other and the actions we take. For those who do not know, BIG was initially established as a community group in 2007 and has grown over the years due to its positive reputation combined with the increasing demand for mental health services. BIG was entered on the Register of Charities on 18th April 2016 and our charitable activities have increased tremendously since the organisation started.

I would like to thank our amazing team consisting of our volunteers, Trustees and Chief Officer who have continued to work tirelessly for all those who have used our service throughout the year. Our team have exceptional skills and are dedicated to improving the lives of every person who reaches out to us for support. It is a privilege and honour to be the Chairperson of BIG and to witness the hard work of all members of our team. I am truly inspired and humbled by their goodwill, dedication and for going that extra mile.

I am moved by the feedback received from our service users and from professionals which validates the positive impact of our charity and shows how it is a lifeline to so many who are struggling with their emotional and mental health. As well as benefitting from our groups, attendees have also been signposted to a wide range of other organisations for further additional support.

We have continued to work collaboratively with partners across the system. We are thankful to our colleagues in Pennine Care Foundation Trust and Bury Voluntary Community Faith Alliance who have worked with us to establish a new partnership as part of the Bury Peer Led Crisis Service. We have also worked closely with Bury Council and Manchester University over the year and look forward to continuing to support and be supported by these organisations.

We have also strengthened local partnerships and our relationships with other organisations. There have been representatives from our charity on several Boards and at numerous meetings to ensure the voice of our service user community is heard across Bury and Greater Manchester.

Our Trustees have ensured the continued good governance and sustainability of our charity and will strive to continue to do so. Trustees also take an active part in the delivery of our services which helps to ensure they are familiar with the day to day activities and it also strengthens team building

from grass roots level. We have continued to follow our Business Plan and regularly review this at our monthly Board Meetings to check we are meeting our objectives and make changes where necessary.

Although the service we have provided this year is very different from our service before Covid-19, we have continued to provide support and hope, enabling service users to heal and grow in their recovery.

I would like to thank all who have made personal donations and those who have carried out fundraising events throughout the year. It has been wonderful and humbling to hear the stories of why people chose to donate to our charity.

We are very grateful for the funding we continue to receive from Tudor Trust which covers the salary of our Chief Officer and accountancy costs. This places us in a relatively secure position but of course we need to secure further funding for other running costs and we are also committed to building reserves to ensure the financial sustainability of our organisation.

Although we are faced with challenging times ahead, I feel excited about what the future holds for our charity. I am confident that our team will respond effectively to the needs of our community. Our service is needed more than ever due to Covid-19 which has impacted on the mental health of so many people. Together we have adapted and found innovative ways to support people, do things differently and regularly review our work with a view to making improvements if needed. I can assure you that our team will always strive to provide the highest quality service possible. People who seek our support realise they are not alone; they meet likeminded people who provide hope through opening up with one another, sharing their stories, showing that change is possible and that together we can and we will recover.

Frances Halligan

Frances Halligan

Chairperson

BURY INVOLVEMENT GROUP

TRUSTEES' REPORT

The Board of Trustees present the report and financial statements for the year ended 31 March 2021. The Trustees confirm that the annual report and financial statements have been prepared in accordance with current statutory requirements set out in the Charities Act 2011, the requirements of the charity's governing document and the provisions of the Statement of Recommended Practice (SORP) Accounting and Reporting by Charities 2015 (FRS102).

OBJECTIVES

The charity's objectives, as stated in the governing document, are:

To protect and promote good health among people experiencing mental health conditions living in Bury and the surrounding area, in particular but not exclusively by the provision of a group providing support, education, information and advice.

Bury Involvement Group is an organisation formed and run by people with lived experience of mental distress. Our mission is to empower adults with mental health conditions towards recovery and improved quality of life, by providing mutual support and hope. As a user led organisation, we have continued to be a strong independent voice for the people who use mental health services in Bury and throughout Greater Manchester. We have continued to advocate for the involvement of people with lived experience within the mental health economies.

ACTIVITIES

Groups

Due to Covid-19 we have not been able to deliver face to face groups. Before the pandemic we provided 5 peer support groups every week in the community and one on the inpatient psychiatric ward at the Irwell Unit, Fairfield General Hospital, in Bury. Our model of service was designed and set up by people who experience mental health conditions themselves. Our groups were open to anyone aged 18 and over, from any area, who needed support for mental health.

We have adapted to provide alternative support throughout the year. We have still had an open door policy and offered long term engagement and support. The support provided has continued to be led by volunteers who have a lived understanding of what mental distress means and can truly empathise and provide compassionate support.

- Two virtual support groups via Zoom: One every Monday for general mental health peer support and one every Tuesday where a guest speaker gives a talk followed by questions and discussion. Each Zoom group is facilitated by 3 volunteers. Ground rules were adapted for the virtual groups and are read aloud by the facilitator at the beginning of each group.

- Telephone support: We provided all service users with contact details to phone for support between 9am and 5pm. We also started to phone up service users identified as being the most vulnerable. Five of our volunteers provided this support.
- A Facebook support group: This was set up to provide additional support. It currently has supported over 80 members. It is a closed group to support service users who used to attend our actual face to face groups. To be accepted as a member of the group, service users need to agree to the stated ground rules and the disclaimer. There are volunteers acting as admins and moderators for the group.

Events and Outreach

Due to the Pandemic we have not been able to hold events in the community. We have, however, used social media to educate people about mental health in a non-judgemental way, improving knowledge and reducing stigma to just under 2,500 people.

Social Media

- Twitter - 620 followers
- Facebook page – 2,445 likes and 2,491 followers
- BIG online Facebook support group - 81 members (closed group)
- Instagram account - 118 followers.

Bury Peer Led Crisis Service

The Peer Led Crisis Service is an innovative out of hours support service in the community for people who are experiencing mental health crisis and are at risk of suicide. The service works in partnership with our local NHS mental health Trust Pennine Care Foundation Trust and another voluntary sector provider, Bury Voluntary Community Faith Alliance, to provide a holistic, person centred, and responsive crisis service for individuals in Bury. The service will be linked to the Home Treatment Team and the Adult A&E Liaison Mental Health Service, who will identify people on their case load who require out of hours support.

The Bury Peer Led Crisis Service will provide a high-quality, person-centred service in a non-clinical environment within the community, to people experiencing mental health crisis and at risk of suicide. The staff at the Bury Peer Led Crisis Service will interact, communicate and build relationships based on mutuality with people experiencing crisis. That is, we will build on the strength of shared experience in order to work alongside visitors in the midst of their crisis. This will involve adopting a collaborative approach to working with visitors, keeping the emphasis on their strengths and positive qualities whilst supporting them to recognise and develop their own strategies for crisis prevention and management; and also seeking to address isolation and other social determinants, each with their associated problems. Our service will work with the NHS to help provide a non-clinical, person centred, mutual peer support. The service will be tested across three days (Monday, Thursday and Friday) and evaluated to understand the impact it has in supporting people in crisis at risk of suicide and how effective a role it plays within the wider crisis pathway in Bury.

The project has been born out of BIG's desire to ensure that people in mental health crisis in Bury receive more support than they have previously been afforded. Over the years we have worked with individuals who have experienced crisis and have reported limited support or poor experiences of care when seeking and receiving support in crisis.

Since 2017 we have been working with the NHS, Bury CCG, Bury Council, local VCSE organisations and VCSE organisations from other areas delivering crisis support to develop a model for Bury. With the commissioning of the crisis service in 2021, we are proud to have accomplished this ambition, and excited to be able to start mobilising and delivering this much needed service. We are confident that over the coming year this service will be a success and that it will enable BIG to provide vital crisis support to individuals whilst also enabling BIG to access more commissioned relevant opportunities within Bury, furthering our sustainability.

Collaborative & Partnership Work

Over the year we have continued to work collaboratively with our partners across the system. This work has included working with Pennine Care Foundation Trust; Bury Metropolitan Council; the University of Manchester, and various VCSE organisations across Bury and Greater Manchester.

We are most excited by a collaborative project BIG has spearheaded around the development of a mental health hub in Bury. We have worked with our close partners: the Creative Living Centre; the Beacon Service and Early Break, to undertake modelling work around an open door 'Community First' mental health centre for Bury. This work saw us partner with Pennine Care Foundation Trust, Bury Metropolitan Council, and Bury CCG. As we continue to develop this work over the coming years, as the area moves towards the transformation of community mental health services and the development of the Bury 'Living Well' model; we will continue to be influential and be integral partners in this work, ensuring people with lived experience are key in shaping the decisions which affect the care and support they receive.

Signposting & Referrals

We have referred and signposted service users to a wide range of other support services including:

- Creative Living Centre
- Streetwise @ Early Break
- Mental Health Access Team
- Home Treatment Team
- Healthy Minds
- Achieve
- Citizens Advice Bureau
- Recovery Academy
- Health and Wellbeing College
- ADAB

- The Fed
- Motiv8
- Women of Worth
- Bury Cancer Support Service
- Bury Death Cafe
- Bury Adult Education Centre
- Bury Veterans' Breakfast Club
- Creative Support
- Praxis Care and Support
- Making Space
- Brothers of Charity
- Red Door
- Homeless Breakfast Club

PUBLIC BENEFIT

The Trustees have had due regard to the Charity Commission's guidance on public benefit when planning and delivering services. The Trustees confirm that they have complied with the requirements of section 4 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

ACHIEVEMENT AND PERFORMANCE

The year 2020 started much in the same way as any other year. BIG was delivering six peer support groups, five in the community and one on the psychiatric unit, to adults experiencing mental and emotional distress. The final face to face group of the year was delivered on Monday the 23rd of March, the evening before Boris Johnson announced to the public the instruction to “stay at home”, in what would mark the start of England’s first ‘lockdown’. The conversation was, unsurprisingly, focused on coronavirus and the growing acknowledgement of the changes ahead for all.

Undoubtedly though, the magnitude of changes that we as individuals and as a community have had to adapt to; the increased strife and stress which would be experienced, and for many, the loved ones that have been lost, were not yet fully understood.

March 2020 – December 2020

On the 24th March 2020 everyone within the UK woke up to a new reality. We at BIG woke up to a huge challenge because what we had been doing within our community since 2007 was now no longer possible. This monumental shift left us not only with the personal challenges and anxieties that we were already dealing with, but a new set of challenges brought about by the greatest change to the collective human experienced since WWII. At the same time, we were in contact with some of the most vulnerable individuals within our community, people whose day-to-day reality was marred by overwhelming experiences of suicidality, anxiety, isolation, and many other varieties of painful experiences. Faced with this, our thoughts were focused on how to respond to the needs of the community. This posed several difficult challenges which we have had to grapple with as an organisation. Over this incredibly challenging year there have been many successes we are incredibly proud of, chiefly:

- *One to One support:* This year has been marked by significant changes to what we previously provided. The history of BIG is closely connected to the delivering of support within a group context. No change has been greater than the move towards providing support over the telephone to individuals on a one to one basis. This shift has been challenging, particularly for those individuals delivering the support, but the one-to-one support has been the outstanding success of the year. It has enabled us to continue to support individuals within the community who otherwise would not have been able to access the support from BIG. Moreover, the shift necessitated by the lockdowns and the restrictions, has forced us into delivering support based around a different dynamic than usual. In doing so, we have gained the knowledge that this is a highly valued area for the individuals we support and something we have been adept at providing. Moving forward, based on the experience of 2020, one to one support is something that has proven to work so we are keen, given the right opportunity, to develop this method of support within BIG further.
- *Virtual Groups:* The virtual groups this year have provided many individuals a space to connect with others within the community in a manner as close as we can replicate to what we were previously doing in the community. In some instances, this has actually worked out better for individuals than when we were delivering face to face sessions. Moreover, the groups moving to virtual has enabled us to get several new quest speakers, (psychologists, psychiatrists, therapists), who would not have been able to attend the venue in Bury to give a talk due to distance. For example, one speaker lives in Edinburgh.
- *Partnership Working:* As the saying goes, “never waste a good crisis”. At the start of the year when BIG was moving from old methods to new, the wider area erupted into a buzz of activity with plans for new services seemingly popping up and disappearing rapidly. Across this year we have been able to develop and strengthen our relationships with partners across the area. Whether that is with other VCSE organisations in Bury, or with statutory partners, the collective experience which everyone in the area has endured has seemingly provided a new basis for engagement with each other.

Looking beyond April 2021, with a keen eye on developing the Community Crisis Service, we have also set to further develop our working relationships with partners. Given the challenges and frustrations of this year, and the issues with our internal capacity, we are hoping that conversations develop to better align and integrate the wider mental health care and support offered in Bury. We have continued to try to articulate the needs of people who use services to those delivering and designing them, with a view to influencing these individuals so that change occurs which better accounts for individuals’ needs. What has changed most in this regard is the feeling experienced when engaging in these conversations, broadly the silos which people have sat within have started to crumble amid the growing recognition of the overwhelming need within the community.

No one organisation alone, even the local NHS Trust, can face this head on and this has meant conversations about doing things differently, about trying new methods, being better received. For many years, people have talked about working together, a “joined up approach”, yet this did not happen. 2020 has seemingly changed this within Bury, people are now motivated to engage. For all the negativity 2020 held, perhaps the greatest positive will come from this dialogue as we start to work better together to build something no one organisation could achieve alone.

CONTRIBUTION MADE BY VOLUNTEERS

Volunteers play a crucial role within the organisation and they are integral to the effective delivery of our services and our success. The organisation is proud of the fact that the majority of the people who volunteer their time to our charity are people with lived experience of mental distress; many of them being people who had previously attended BIG for support. During this financial year our organisation supported and benefitted from the knowledge and skills of 33 volunteers.

Group Facilitator: Our group facilitators are the people who deliver the peer support service. This year due to Covid-19, the groups were via Zoom. Group facilitators always strive to ensure the group environment remains safe and non-judgemental so that attendees who are struggling with their mental health receive support and sanctuary. Group facilitators support people who attend BIG to connect with their peers in transformational relationships to rediscover hope and new possibilities. Facilitators also encourage people to see their strengths, nurture their talents and develop their skills and empower people to reclaim a meaningful role within their community.

Outreach Work: Volunteers being able to give talks, deliver presentations, carrying out fundraising, organising and holding events has been limited due to Covid-19.

Office Administration: Roles undertaken vary depending on the skill set of the volunteer and the needs of the organisation. These have included: creating welcome packs for new people; proofreading policies; advertising and promoting BIG across social media; supporting data entry; creating bespoke relational tables to manage our data; typing; filing and other general office administration.

Volunteer Coordinator: The Volunteer Coordinator supports the organisation by coordinating all of our volunteers and our activities, undertaking the volunteer recruitment process and induction (to cover key policies, have an informal chat about the role and discuss practicalities and questions. Each volunteer is also provided with a Volunteer Handbook at induction). Each volunteer is given a named person linked to their role to shadow until they are comfortable within the role. A key function of the Volunteer Coordinator has been to ensure volunteers are supported in their roles, providing them with guidance and a listening ear when required. The Volunteer Coordinator has also regularly attended Bury Volunteering Forum.

Volunteer Support:

Volunteer Meetings: The Chief Officer and Volunteer Coordinator continued to hold volunteer meetings throughout the year. The purpose being to thank volunteers and provide a forum for conversation to discuss issues which volunteers want to raise, organisational plans, positives (success stories, outcomes, service user comments); and to provide a social platform for volunteers (who may not interact with each other), giving them a chance to chat.

Reflective Practice: An external experienced psychiatrist held sessions for group facilitators so they could reflect on personal experiences, their thoughts and feelings in relation to their roles in order to support them and enhance their development.

FINANCIAL REVIEW

The Statement of Financial Activities shows a total income for the year of £79,405. Income from contributions given by people who attended our support groups amounted to £334. Other donations

came to £6664. The Trustees and Chief Officer are very grateful to all concerned for the funding received during the financial year.

The balance as at the 31st March 2021 was £66,527, of which £15,584 was unrestricted funds with the remainder being restricted funds.

We have continued to receive funding from Tudor Trust to cover the cost of the salary of the Chief Officer and accountancy costs. This is for three consecutive years.

We will continue to build reserves to ensure the sustainability of the organisation.

PLANS FOR THE FUTURE

Across the coming year BIG have four key priorities:

Developing Capacity

Due in part to the local and national pressures in health and social care services which have placed universal services under significant pressure, diminishing their capacity to respond appropriately to the needs of individuals experiencing mental and emotional distress, and our unique service model which offers people a type of support not available from other organisations in the area, BIG's services have ended up on the frontline of mental health services in Bury and, therefore, have been placed under significant demand. The result of this has been an ever increasing number of individuals accessing our services in the community. Given the broader challenges within society, this increase in the number of individuals seen, has also coincided with a broad increase in complexity of the distress experienced by individuals. To meet this challenge, we are determined to focus on building capacity by increasing the number of paid staff within the charity to ensure we are able to effectively meet the needs of those experiencing significant mental and emotional distress in our area.

Developing the team

Being a user led organisation supports us to ensure everything we do is driven and led by people from our community who have gained a truly unique understanding through their own experiences. BIG is a nurturing and encouraging space which provides meaningful opportunities for people, some of whom have never felt connected to society before. We offer them the chance to view their personal experiences as a strength which they use to give back and support others in their community. As BIG has developed organically over the years the charity has developed procedures and structures to support and develop its team. Over the coming years we are seeking to increase the level of support, supervision, guidance and training for our team, ensuring we are able to provide meaningful opportunities for personal development to our volunteers, our Trustees, and our paid members of staff, which will enable our team to better support the people using our services.

Developing Partnerships

Throughout BIG's history we have focused on using our influence as an organisation to work with partners at a local and regional level, to advocate and support lived experience led systems and service change. Over this period, we have come to understand how BIG has been able to provide a type of support which is different to that provided by other statutory and third sector services; meaning we have been able to meet the needs of many individuals experiencing significant mental and emotional distress in ways other services have not. Whilst our expertise has enabled us to build

a strong reputation within the area as specialists at providing mutual support to adults experiencing significant distress, particularly for adults who have experienced trauma, we are resolute in our understanding that providing support requires support. Therefore, a key focus for BIG over the coming years is to ensure that while we focus on developing our own services, we will also focus on working in partnership with our statutory and third sector colleagues, building on existing partnership work and developing new partnerships where necessary.

Great Governance & Perfect Procedures

We live in a world where significant mental and emotional distress, trauma, and poverty are prevalent within our communities. Yet organisations similar to BIG, those led by people with personal experience of mental and emotional distress developing solutions and responses to their own challenges continue to face closure across the nation, with the National Service User Network (NSUN) reporting in 2019 that the user led sector faces a “real threat of extinction”. We are fortunate that one of the hallmarks of our success at BIG has been our continued focus on sustainability over the years. This focus has enabled us to weather the storms since our existence and ensured BIG has managed to grow whilst others have folded. Over the coming years we intend to keep working in the present whilst also keeping a focus on the years to come, developing resilience and sustainability, ensuring we are here for those who need us most for the years to come.

STRUCTURE, GOVERNANCE AND MANAGEMENT

The Charity is governed by the Trustees who meet on the first Wednesday of every month as a Board. The organisation employed the first paid employee (Chief Officer) on 1st January 2018 who, under the guidance of the Trustees, is responsible for the operational management, overall service delivery and service development. The Board continues to work effectively as a team and the Trustees have built on their skills through attending courses. As a small organisation, the Trustees have continued to remain involved in the day to day activities. However, the employment of the Chief Officer has reduced the requirements of Trustees in operational management.

During this financial year the Trustees have introduced the following policies:

- Adult and Child Mental Capacity Policy
- Counter Fraud and Security Policy
- Gifts and Hospitality Policy
- Infection Control Policy
- Making Every Contact Count Policy
- Transfer and Discharge Policy
- Working with Suicidal Visitors Policy
- Violence and Aggression Policy
- Training Policy
- Supervision Policy
- Substances Policy
- Serious Incidents Policy
- Self-Harm Policy
- Record Keeping Policy
- Lone Working Policy
- Bury Peer Led Crisis Service Operating Procedure

- Guidelines for Contact with the Police
- Data Protection Policy
- Death and Dying Policy
- Diversity Policy
- Impairment and Disability Policy

During this financial year the Trustees have reviewed the following policies:

- Confidentiality Policy
- Safeguarding Policy
- Raising Concerns Policy
- Business Continuity Policy

Method of appointment or election of Trustees

The Trustees are elected and co-opted under the terms set out in our Constitution. The Board of Trustees may at any time elect additional Trustees by calling a meeting of the Trustees of the Charity.

Recruitment, induction and training of Trustees

Before recruiting a new Trustee, the existing Trustees conduct a skills audit to identify any gaps in the current skills of the Board. This assessment shows which skills are required so that the Board performs effectively. The Trustees then advertise for possible candidates. Prospective candidates are provided with a role description and the Charity Commission Guidance, 'The Essential Trustee', to ensure they have a clear account of what the role of the Trustee involves, including their duties and responsibilities. Prospective Trustees are then interviewed and appointed by the Board if deemed suitable.

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

**REPORT TO THE MEMBERS ON THE UNAUDITED FINANCIAL STATEMENTS OF
BURY INVOLVEMENT GROUP IN MENTAL HEALTH**

FOR THE YEAR ENDED 31 MARCH 2021

I report on the accounts for the year ended 31 March 2021 as set out on pages 4 to 6.

Respective Responsibilities of Trustees and Examiner

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

The charity's trustees consider an audit is not required for this year under section 144 of the 2011 Act, and that an independent examination is needed.

It is my responsibility as independent examiner to:

- ~ examine the accounts under section 145 of the 2011 Act
- ~ follow the applicable Directions given by the Charity Commissioners under section 145(5)(b) of the 2011 Act, and
- ~ to state whether particular matters have come to my attention

Basis of Independent Examiners Report

My examination was carried out in accordance with the Directions given by the Charity commission.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items of disclosures in the accounts, and seeking explanations from the trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the accounts.

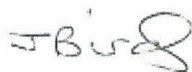
Independent Examiners Statement

I have completed my examination for the year ended 31 March 2021.

I can confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- ~ accounting records were not kept in accordance with section 130 of the 2011 Act or
- ~ the accounts do not accord with the accounting records to comply with the accounting requirements of the 2011 Act

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.



17th September 2021

Miss Jacqueline Bird F.M.A.A.T.
Community Accounting Lancashire C.I.C.
Foxfields
9 Norley Close
Chadderton
Oldham
OL1 2RA

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

RECEIPTS AND PAYMENTS ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2021

	<i>Notes</i>	Unrestricted Funds 2021 £	Restricted Funds 2021 £	Total Funds 2021 £	Total Funds 2020 £
RECEIPTS					
Grants and Contracts	2	-	72,407	72,407	33,600
Donations	3	2,043	-	2,043	8,491
Income from Activities (Group Donations)	3	334	-	334	2,457
Fundraising Events	3	-	-	-	1,383
Just Giving	3	3,538	-	3,538	4,159
Gift Aid	3	1,083	-	1,083	177
Miscellaneous	3	-	-	-	-
TOTAL RECEIPTS		6,998	72,407	79,405	50,267
PAYMENTS					
Bury VCFA (Voluntary Community & Faith Alliance) Service	2	-	8,306	8,306	-
NHS CCG Service		-	540	540	-
Rent and Room Hire		-	-	-	4,500
Equipment		46	599	645	472
Activities (Group Donations)		-	-	-	-
Fundraising Events		-	-	-	3,111
Fundraising Costs (just Giving)		-	216	216	216
Resources		219	-	219	359
Refreshments and Consumables		2	-	2	875
Volunteer Expenses		231	-	231	1,505
Gifts		-	-	-	4
Telephone and Internet		459	900	1,359	2,855
IT Domain and Licences		282	-	282	84
Insurance		975	-	975	1,058
Advertising		-	725	725	-
DBS Checks		57	103	160	261
Repairs and Maintenance		-	-	-	-
Printing, Postage and Stationery		75	233	308	533
Accounts		385	-	385	325
Salaries and Payroll Costs		213	29,736	29,949	22,861
Training		-	7,394	7,394	1,000
Bank and Card Charges		108	-	108	108
Sundries		-	-	-	-
TOTAL PAYMENTS		3,052	48,752	51,804	40,127
Net of receipts/(payments)		3,946	23,655	27,601	10,140
Cash funds as at 31 March 2020		11,638	27,288	38,926	28,786
Cash funds as at 31 March 2021	4	<u>15,584</u>	<u>50,943</u>	<u>66,527</u>	<u>38,926</u>

BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)

STATEMENT OF ASSETS AND LIABILITIES

FOR THE YEAR ENDED 31 MARCH 2021

	Unrestricted Funds As at 31/03/21 £	Restricted Funds As at 31/03/21 £	Total Funds As at 31/03/21 £	Total Funds As at 31/03/20 £
CASH FUNDS				
Bank	15,996	50,943	66,939	39,341
Petty Cash	82	-	82	15
Cash on Mastercard	(494)	-	(494)	(430)
	<u>15,584</u>	<u>50,943</u>	<u>66,527</u>	<u>38,926</u>

LIABILITIES – fee for Independent Examination	£ <u>550</u>
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The financial statements were approved by the Board of Trustees on the 15th of September 2021 and signed on their behalf:

Frances Halligan

Frances Halligan
Chairperson

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2021

1. Receipts and payments accounts

Receipts and payments accounts are statements that summarise the movement of cash into and out of the organisation during the financial year. In this context "cash" includes cash equivalents, for example, bank accounts where cash can be readily withdrawn to pay for debts as they become due.

2. Grants and Contracts

	Unrestricted Funds 2021 £	Restricted Funds 2021 £	Total Funds 2021 £	Total Funds 2020 £
NHS CCG Community Crisis	-	**40,407	**40,407	-
NHS CCG	-	-	-	3,600
Tudor Trust Grant	-	32,000	32,000	30,000
	<u>-</u>	<u>72,407</u>	<u>72,407</u>	<u>33,600</u>

** £8,306 from the £40,407 received from CCG was paid to Bury VCFA (Voluntary Community & Faith Alliance) as part of the delivery of the Community Crisis service.

3. Other Income

	2021 £	2020 £
Group Donations	334	2,457
Donations	2,043	8,491
Fundraising	-	1,383
Just Giving	3,538	4,159
Gift Aid	1,083	177
Miscellaneous	-	-
TOTAL DONATIONS	<u>6,998</u>	<u>16,667</u>

4. Restricted Fund Analysis

Fund Name	Balance as at 1 April 2020 £	Receipts £	Payments £	Transfers £	Balance as at 31 March 2021 £
Unrestricted Funds	<u>11,638</u>	<u>6,998</u>	<u>(3,052)</u>	-	<u>15,584</u>
	11,638	6,998	(3,052)	-	15,584
Restricted Funds:					
NISA	1,565	-	(449)	-	1,116
NHS CCG Community Crisis	-	40,407	(20,524)	-	19,883
NHS CCG	2,220	-	(1,440)	-	780
Tudor Trust Grant	<u>23,503</u>	<u>32,000</u>	<u>(26,339)</u>	-	<u>29,164</u>
	27,288	72,407	(48,752)	-	50,943
TOTAL FUNDS	<u>38,926</u>	<u>79,405</u>	<u>(51,804)</u>	<u>-</u>	<u>66,527</u>