

BURY INVOLVEMENT GROUP IN MENTAL HEALTH

England & Wales · Charity number 1166584

Details

Other names	BIG IN MENTAL HEALTH
Status	Registered
Legal form	CIO
Registered	2016-04-18
Register	View on the Charity Commission register

Contact

Address	Unit 54 Bury Business Centre Kay Street Bury BL9 6BU
Phone	07758737616
Email	mentalhealth@buryinvolvementgroup.org
Website	www.buryinvolvementgroup.org

Activities

Objects: TO PROTECT AND PROMOTE GOOD HEALTH AMONG PEOPLE EXPERIENCING MENTAL HEALTH CONDITIONS LIVING IN BURY AND THE SURROUNDING AREA, IN PARTICULAR BUT NOT EXCLUSIVELY BY THE PROVISION OF A GROUP PROVIDING SUPPORT, EDUCATION, INFORMATION AND ADVICE.

Activities: Bury Involvement Group (BIG) in Mental Health is a voluntary organisation based in Bury. We provide several different groups for adults experiencing mental health conditions and provide a community crisis service via an NHS grant. We also signpost people to other services and hold events to raise awareness and reduce stigma about mental health. BIG is a strong independent voice in mental health.

Classification

- **How:** Provides Human Resources, Provides Services, Provides Advocacy/advice/information, Other Charitable Activities
- **What:** General Charitable Purposes, The Advancement Of Health Or Saving Of Lives, Disability
- **Who:** People With Disabilities, The General Public/mankind

Geography

- **Area of benefit:** LOCAL
- Bury

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£501,278	£523,898	£335,315	9
2024-03-31	£595,234	£473,314	£357,935	11
2023-03-31	£305,448	£300,421	-	-
2022-03-31	£328,782	£164,322	-	-
2021-03-31	£79,405	£51,804	-	-

Trustees

Name	Role	Appointed
Deneze Griffiths		2020-08-05
John Mulpeter		2022-06-08
Keeley Jane Bell		2021-08-11

BURY INVOLVEMENT GROUP IN MENTAL HEALTH

England & Wales - Charity number 1166584

Accounts

Charity Registration Number: 1166584



BURY INVOLVEMENT GROUP IN MENTAL HEALTH

(BIG in Mental Health)

A Charitable Incorporated Organisation (CIO)

**TRUSTEES' ANNUAL REPORT AND
FINANCIAL STATEMENTS**

For The Year Ended

31 March 2025

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

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**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

MEMBERS OF THE BOARD AND PROFESSIONAL ADVISORS

Organisation Name	Bury Involvement Group in Mental Health
Charity Number	1166584
Address	Unit 54 Bury Business Centre Kay Street Bury BL9 6BU
Trustees	Deneze Griffiths Keeley Jane Bell John Mulpeter
Accountants	Community Accounting Lancashire C.I.C. Foxfields 9 Norley Close Chadderton Oldham OL1 2RA
Bankers	Unity Trust Bank Nine Brindleyplace Birmingham B1 2HB

BURY INVOLVEMENT GROUP IN MENTAL HEALTH (BIG in Mental Health)

TRUSTEES ANNUAL REPORT

Trustees' Report for the year ended 31 March 2025

INTRODUCTION

The Trustees present their annual report together with the audited consolidated financial statements of the charity for the year ending 31 March 2025.

The financial statements comply with the current statutory requirements the Charities Act 2011, the requirements of the Charity governing document and the provisions of the Statutory Recommended Practice (SORP) "*Accounting and Reporting by Charities*" including FRS102 "*The Financial Reporting Standard applicable in the UK and Republic of Ireland*".

STRUCTURE, GOVERNANCE AND MANAGEMENT

The Charity was registered with the Charity Commission, on the 18 April 2016 under the register number 1166584, as a Charitable Incorporated Organisation. The Charity is governed by the charity trustees and has a foundation model constitution which sets out that the only voting members of the charity are its charity trustees. The Charity's constitution sets out that 50%, plus one, members of the board must be people who identify as having had lived experience of a mental health condition.

The board of trustees may at any time elect additional trustees by calling a meeting of the trustees of the Charity. Before recruiting a new trustee, the existing trustees conduct a skills audit to identify any gaps in the current skillset of the board. The trustees then advertise for possible candidates, with the advertisements being tailored based on the skill gap analysis. Prospective candidates are provided with a role description and the Charity Commission Guidance "*The Essential Trustee: what you need to know, what you need to do*", to ensure they have a clear account of what the role of the trustee involves, including their duties and responsibilities. Prospective trustees are then interviewed and appointed by the Board if deemed suitable.

The Trustees are elected and co-opted under the terms set out in our Constitution. New Trustees are required to complete training, including safeguarding training for trustees, read through relevant policies and procedures, and where possible shadow staff across our different services offered by the Charity.

The Charity Trustees are supported by the Chief Officer, who oversees the operations and service delivery of the Charity, and an Accountant who oversees the booking and accounts of the Charity, both under the guidance of the Trustees. The Charity's services are operated by a mix of Operational Lead, Service Leaders, Crisis Supporters, Peer Supporters, Administrators and Volunteers, dependent on the size and nature of the service.

OBJECTIVES

Bury Involvement Group in Mental Health (BIG) is an independent charity run by, and for, people experiencing mental distress. The Charity's objectives, as set out in the governing document, are:

"To protect and promote good health among people experiencing mental health conditions living in Bury and the surrounding area, in particular but not exclusively by the provision of a group providing support, education, information and advice."

BURY INVOLVEMENT GROUP IN MENTAL HEALTH (BIG in Mental Health)

TRUSTEES ANNUAL REPORT continued

OBJECTIVES (CONTINUED)

Our charity works to empower adults experiencing mental and emotional distress towards their recovery and improved quality of life by providing mutual support and hope. We provide support to help transform Bury and the surrounding area, working with the people of Bury, our VCSE and statutory partners and other key stakeholders.

VISION

BIG's vision is for inclusive, accessible and compassionate mental health and wellbeing support for all adults in Bury.

MISSION

BIG supports adults in Bury, and the surrounding area, aged 18 and over who are experiencing mental and emotional distress. Our range of peer-led and rights-based services offer mutual support and hope to our community during difficult times. Our work is underpinned by our organisational values, which are:

Led by Lived Experience: We value and listen to each person's unique lived experience to deliver support grounded in our philosophy whilst ensuring our Charity remains focused on growing to meet the needs of the people who join our community.

Involving and Empowering: We involve people with lived experience at all levels of the Organisation to empower them to use their experience in new and meaningful ways to move towards the lives they want to live.

Collaboration: We work with external partners to ensure the voice of people with lived experience is at the heart of all conversations in the mental health and social care economies across Bury and Greater Manchester.

Safety, Mutuality & Choice: We provide spaces which are safe and allow people to connect and build relationships based on mutuality, respect, trust, and hope, whilst supporting a person's right to have choice and control in their own lives.

Trustworthiness & Transparency: We aim to be clear and straightforward, open, and transparent in everything we do.

ACTIVITIES

The Charity believes that everyone deserves to live a fulfilling life, and that peer support has the power to change people and places for the better. We recognise that many people living with mental and emotional distress within our community feel disenfranchised and disempowered due to challenges they face and the inequalities they experience when seeking care and support. The Charity's staff and volunteers work hard to ensure our services provide sanctuary to our community ensuring anyone who walks through our door is listened to, feel valued, and safe. The Charity provides a range of services providing group and one to one support, either face to face or via the telephone. The organisation provides the following services:

BIG Community Peer Support Groups: A range of weekly support, education, and social groups providing free support to any adult, from any area, experiencing mental and emotional distress.

BURY INVOLVEMENT GROUP IN MENTAL HEALTH (BIG in Mental Health)

TRUSTEES ANNUAL REPORT continued

ACTIVITIES (CONTINUED)

All groups are provided on an open access basis requiring no referral to access.

Groups provided:

Stronger-Together Group: A support group providing a safe space for individuals experiencing mental and emotional distress in the community to share experiences, provide mutual support, and build connections and resilience within the community. Open every Monday from 6:30pm to 8:30pm.

Recovery Group: An education group providing a psycho-educational support and discussion group for individuals in the community, offering a varied roster of speakers (*including Psychiatrists, Psychologists, Therapists, People with lived experience, and other local services*) to increase knowledge, understanding, and promote shared learning. Open every Tuesday from 6:30pm to 8:30pm.

Hearing Voices Group: A support group providing support to individuals hearing voices, see visions or have similar sensory experiences offering a safe space for people to connect and seek support and understanding from others experiencing similar experiences. Open every Thursday 12:30pm to 1:30pm.

Drop-In Group: A social group which provides a relaxed and friendly environment to socialise with others who face similar challenges helping to prevent social isolation. Open every Friday from 1:00pm to 3:00pm.

In March 2025 the Peer Coordinator Group, supported by our volunteers, opened the Charity's newest group *the Neurodiversity Group*. A support group for individuals who identify as being neurodivergent which offers a safe, non-judgemental space to share experiences and gain understanding. Open every Thursday 2:00pm to 3:00pm

Bury Peer Led Crisis Service (BPLCS): a trauma informed peer-led crisis service designed to act as an alternative to hospital admission and statutory services for adults in Bury experiencing a mental health crisis. The BPLCS provides a short-term intervention service, open to all adults residing in Bury, or those registered with GP or homeless in Bury. Visitors are assigned to a designated crisis supporter who provide trauma informed relational peer support, either face to face or via telephone. Staff provide relational support to individuals to support visitors to process their crisis, helping them to develop coping techniques and safety plans. Open Monday to Friday every week. The BPLCS provides:

BPLCS Booked Appointment Service: Provides one to one support, either face to face or via the telephone for individuals in mental health crisis at pre-arranged times. The team works closely with other services in the area to accept referrals for individuals in crisis, particularly the local Acute and Crisis NHS mental health teams. Referrals into the service are also accepted from Council services, VCSE services, the Greater Manchester Police and self-referrals. Open every Monday to Wednesday 12:00pm to 6:00pm and every Thursday and Friday 12:00pm to 10:00pm.

BPLCS Drop-In Service: Provides one to one support, either face to face or via the telephone for individuals in mental health crisis on a drop-in basis. The open access service is open 28 hours a week. Monday to Wednesday 2:00pm to 6:00pm and Thursday and Friday 2:00pm – 10:00pm.

BURY INVOLVEMENT GROUP IN MENTAL HEALTH (BIG in Mental Health)

TRUSTEES ANNUAL REPORT continued

ACTIVITIES (CONTINUED)

Bury VCSE Living Well Service (LW Service): In January the Charity opened its newest service the Bury Living Well Service. The LW Service is an innovative approach to helping people achieve good mental health in their community and it underpins the NHS Community Mental Health Framework for Adults and Older Adults vision. The framework objective is to develop new and integrated models of primary and community mental health care which will support adults and older adults experiencing severe mental and emotional distress.

The LW Service brings together new networks across neighbourhoods in Bury, putting people's strengths and lived experience at the centre of care and support, with an integrated care and support offer which is easily accessible, focused on the whole person's needs and takes a strength-based approach to ensure people get the right support, in the right place, at the right time.

The Bury Living Well Service is formed from an alliance of mental health services in the Bury area, comprised of staff from Pennine Care Foundation Trust and VCSE organisations in the area, led by the Charity and supported by local charities the Creative Living Centre and EarlyBreak. The service brings together clinical and non-clinical staff who employ a multi-disciplinary team approach to supporting individuals experiencing significant mental health challenges in the community.

Through the project the Charity provides:

Service Leadership: As lead VCSE provider the Charity employs the Bury VCSE Service Lead, who is supported by an Administrator, who oversees the mobilisation and LW Service provision within the broader Living Well model, fostering partnerships with colleagues to develop effective multi-disciplinary collaboration. While supporting the LW Service team to carry out their roles offering person-centred and trauma-informed support across the community.

Peer & Link Support Offer: The LW Service is staffed by Peer Support Workers who provide peer support to individuals with emotional distress and Link Workers, hosted by the Creative Living Centre, who provide person-centred practical and social support. Our Peer Support Workers work as part of the multi-disciplinary team across Bury's neighbourhoods to provide trauma-informed relational peer support, nurturing relationships which are mutual, explorative and share power, helping people to overcome the distress they experience and achieve the goals which are important to them.

Partnership Working and System Leadership: BIG continues to be active within the community and across the strategic landscape, advocating for improved mental health services with an emphasis on the involvement of, and coproduction with, individuals with lived experience of mental and emotional distress.

Greater Manchester VCSE Mental Health Leadership Group: The Charity's Chief Officer continues his position as the Bury locality lead for mental health for the voluntary sector in Bury on the Greater Manchester VCSE Mental Health Leadership Group.

The group underpins the broader work of the Greater Manchester VCSE Leadership Group and the Memorandum of Understanding established with the Greater Manchester Health and Social Care Partnership and the devolution agenda in Greater Manchester, shaping services across Greater Manchester and drawing down funds to address surges in demand, hospital discharge and culturally specific services and the Community Mental Health Transformation Programme.

BURY INVOLVEMENT GROUP IN MENTAL HEALTH (BIG in Mental Health)

TRUSTEES ANNUAL REPORT continued

ACTIVITIES (CONTINUED)

Bury VCSE Leadership Group: Within the locality our Chief Officer has worked closely with the Bury Voluntary and Community Alliance to grow and develop the VCSE sector in Bury, taking on chair responsibilities for the Bury Voluntary and Community Leadership Group with the aim to ensure the sector in Bury has a meaningful voice in the decisions which affect our community. Alongside this work, we are also represented at other key strategic boards within the area including the Bury Acute Care Forum, the locality Risk and Crisis Sub-group, the Bury Suicide Prevention Forum, and the Bury Programme Delivery Board.

With the relationships we have strengthened over the years, we are confident in our ability to work collaboratively on the ground, enhance our influence on key policies and service decisions through co-design with individuals who have lived experience, and ultimately secure further funding opportunities to expand our current offerings and develop and deliver more peer-led services.

PUBLIC BENEFIT

The trustees confirm that they have referred to the guidance in the Charity Commission's general guidance on public benefit when reviewing the Charity's objectives and aims and in planning future activities for the year.

PERFORMANCE AND ACHIEVEMENT

The Charity aims to support people over 18 experiencing mental and emotional distress to resolve or better manage their mental health. The charity also aims to provide a preventative service, in providing support which stops people accessing statutory or inpatient psychiatric services. The charity advocates for lived experience-centred approaches that demonstrate local impact. This public benefit is directly related to our charitable objectives.

Across 2024-25 the charity continued to review and revise its organisational aims and values to ensure they remained focused and relevant to its key objectives.

Key Achievements during 2024-25:

1. The commissioning and mobilisation of the new Bury Living Well Service in partnership with VCSE partners the Creative Living Centre and Early Break, to provide a new model of support within Bury aligned with the national transformation of community mental health services alongside Pennine Care Foundation Trust.
2. The BPLCS worked with the Greater Manchester Police mental health coordination mental health branch to develop a new initiative for frontline police offers to escalate individuals in mental health crisis to the BPLCS to avoid unnecessary attendances at A&E.
3. Our Peer Group Coordinator and volunteers developed a new Neurodivergent Mental Health support group alongside our clients to provide the localities first mental health support group for neurodivergent people.

BURY INVOLVEMENT GROUP IN MENTAL HEALTH (BIG in Mental Health)

TRUSTEES ANNUAL REPORT continued

PERFORMANCE AND ACHIEVEMENT (CONTINUED)

4. The membership of the Bury VCSE Leadership group, chaired by our chief officer, grew to 70 members. During the year the group remained a key facilitator of collaboration between Bury's VCSE sector and IDC partners strengthening the voice of our community across key workstreams. This year the Group facilitated engagement with the sector to support the refresh work of Bury Council's core 'Let's Do It' strategy which underpins the vision and principles of the Council's programme of activities in the locality.

PLANS FOR THE FUTURE

The Charity will continue to develop and enhance its services based on the evolving needs of individuals with mental and emotional distress in our community. The Charity has four primary business objectives which are reviewed by the Trustees to ensure our work remains focused on delivering our mission and charitable objects over the coming years:

Invest in our workforce: Continue to build a high-quality workforce and volunteer team, investing in our people and developing our mechanisms and processes to ensure the team is supported to continue to develop their practice and the services we provide.

Build on our relationships: Deepen our relationships across partner organisations, wider stakeholders, and our community to ensure we effectively work together to foster a culture of learning where we can learn and grow together.

Strengthen our voice: Ensure the charity continues to respond to and influence the changing mental health eco-system, particularly by advocating for and leading on peer-led services which provide effective support to those experiencing mental and emotional distress.

Focus on sustainability: Remain a financially viable charity with robust governance and procedures, with a focus on diversifying our income to maintain and strengthen the financial stability of the charity.

The Charity's business objectives will be achieved through both the strategic and operational work of the organisation. Oversight will be through the Trustees meeting with bi-monthly updates on progress to the Board of Trustees.

CONTRIBUTIONS MADE BY VOLUNTEERS

The history of the Charity is rooted in a volunteer led service, given this it is no surprise that volunteers continue to play a crucial role within the organisation, and they are integral to the effective delivery of our services and our success. During this financial year our organisation was supported and benefitted from the knowledge and skills of 25 volunteers.

RISK MANAGEMENT

The Trustees have set policies for the management of risks faced by the charity, which include the setting up and maintenance of a risk register which is reviewed periodically.

BURY INVOLVEMENT GROUP IN MENTAL HEALTH (BIG in Mental Health)

TRUSTEES ANNUAL REPORT continued

RISK MANAGEMENT (CONTINUED)

The risk register records the risks that may arise in each area of the charity's operations, and the CEO is charged with implementing the mitigations.

The principal risks and uncertainties faced by the charity at the time of writing are identified as continued capacity challenges in the face of rising demand for services, changes in health and social care policy which impact the strategic relevance of services we provide, and the local and wider economy and the potential impact on short-term and long-term funding streams. These risks are managed by developing strong working partnerships with our funders, seeking to diversify our funding sources, and ensuring we engage with strategic bodies.

FUNDRAISING

The Charity does not engage in any public fundraising, fundraising responsibilities within the Organisation sit with the senior leadership team, particularly the Chief Officer. No person acting on behalf of the charity has been subject to an undertaking to be bound by any voluntary scheme for regulating fund-raising, or any voluntary standard of fund-raising, in respect of activities on behalf of the charity.

The Charity have never received any complaints about activities by the charity or by a person on behalf of the charity for the purpose of fundraising; the Charity therefore feels that it has no fundraising activities requiring disclosure under S162A of the Charities Act 2011.

FINANCIAL REVIEW

The Statement of Financial Activities shows net outgoing resources for the year of £523,898.45. Increased expenditure this year primarily relates to higher staff costs, particularly due to an expansion of the number of employees the Charity mobilised its Living Well Service.

The Statement of Financial Activities shows a total income for the year of £501,278.08. Income from donations totalled £3,343.24, of which £863.21 was contributed by people who attend our support groups, £1712.76 was from JustGiving donations and £767.27 from other donations.

While the total income for this financial year was reduced on the previous year, please note that £53,500.00 of the £107,000.00 income, received from Bury ICB, and reported within the income of £453,165 in 2023-24 financial year was transferred to a reserve for use in this financial year as part of planned expenditure.

The balance of Funds at 31 March 2025 was £335,314.80, of which £284,875.71 was unrestricted funds.

The Trustees, staff and volunteers are very grateful to all the individuals and businesses who have made donations to the work of the charity over the last year.

STATEMENT OF DISCLOSURE TO OUR AUDITOR

In so far as the Trustees are aware:

There is no relevant audit information of which the charitable company's auditor is unaware; and the Trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

TRUSTEES ANNUAL REPORT continued

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

This report was approved by the Board of Trustees and signed on its behalf on the 28th of January 2026 by Deneze Griffiths, Chair:



**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

**REPORT TO THE MEMBERS ON THE UNAUDITED FINANCIAL STATEMENTS OF
BURY INVOLVEMENT GROUP IN MENTAL HEALTH**

FOR THE YEAR ENDED 31 MARCH 2025

I report on the accounts for the year ended 31 March 2025 as set out on pages 12 to 20.

Respective Responsibilities of Trustees and Examiner

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

The charity's trustees consider an audit is not required for this year under section 144 of the 2011 Act, and that an independent examination is needed.

It is my responsibility as independent examiner to:

- ~ examine the accounts under section 145 of the 2011 Act
- ~ follow the applicable Directions given by the Charity Commissioners under section 145(5)(b) of the 2011 Act, and;
- ~ to state whether particular matters have come to my attention

Basis of Independent Examiners Report

My examination was carried out in accordance with the Directions given by the Charity commission.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items of disclosures in the accounts, and seeking explanations from the trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the accounts.

Independent Examiners Statement

I have completed my examination for the year ended 31 March 2025.

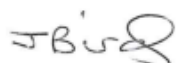
I can confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- ~ accounting records were not kept in accordance with section 130 of the 2011 Act or
- ~ the accounts do not accord with the accounting records to comply with the accounting requirements of the 2011 Act
- ~ the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Independent Examiners Qualification

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination, being a Fellow Member of the Association of Accounting Technicians, which is one of the listed bodies.



28th January 2026

Miss Jacqueline Bird F.M.A.A.T.

Practising Licence Number: 1003659

Community Accounting Lancashire C.I.C.

Foxfields, 9 Norley Close, Chadderton, Oldham, OL1 2RA

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

**STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING THE INCOME AND EXPENDITURE ACCOUNT)**

FOR THE YEAR ENDED 31 MARCH 2025

	<i>Notes</i>	Unrestricted Funds 2025 £	Restricted Funds 2025 £	Total Funds 2025 £	Total Funds 2024 £
Income from:					
Grants and donations	2	22,098	476,604	498,702	589,354
Charitable activities	3	2,576	-	2,576	5,880
Other income		-	-	-	-
Total		<u>24,674</u>	<u>476,604</u>	<u>501,278</u>	<u>595,234</u>
Expenditure on:					
Raising funds	4	216	-	216	216
Charitable activities	5	22,167	501,515	523,682	473,098
Other expenditure		-	-	-	-
Total		<u>22,383</u>	<u>501,515</u>	<u>523,898</u>	<u>473,314</u>
Net income/(expenditure)		<u>2,291</u>	<u>(24,911)</u>	<u>(22,620)</u>	<u>121,920</u>
Transfers between funds		61,587	(61,587)	-	-
Net movement in funds		<u>63,878</u>	<u>(86,498)</u>	<u>(22,620)</u>	<u>121,920</u>
Reconciliation of funds:					
Total funds brought forward		<u>220,998</u>	<u>136,937</u>	<u>357,935</u>	<u>236,015</u>
Total funds carried forward	11	<u>284,876</u>	<u>50,439</u>	<u>335,315</u>	<u>357,935</u>

The notes on pages 6 to 12 form part of these financial statements.

Note 14 to the accounts shows a comparative Statement of Financial Activities for the year ended 31 March 2024.

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

BALANCE SHEET

AS AT 31 MARCH 2025

	<i>Notes</i>	2025 £	£	2024 £	£
FIXED ASSETS					
Tangible Fixed Assets	10		4,238		4,455
CURRENT ASSETS					
Cash at Bank and in Hand		336,627		367,958	
Debtors & Prepayments	7	54,709		1,330	
Other Current Assets	8	<u>8,770</u>		<u>8,770</u>	
		400,106		378,058	
CREDITORS: Amounts falling due within one year	9	69,029		24,578	
NET CURRENT ASSETS			331,077		353,480
CREDITORS: Amounts falling due after one year			<u> -</u>		<u> -</u>
NET ASSETS			<u>335,315</u>		<u>357,935</u>
FUNDS OF THE CHARITY					
Unrestricted Funds			284,876		220,998
Restricted Funds			<u>50,439</u>		<u>136,937</u>
TOTAL FUNDS	11		<u>335,315</u>		<u>357,935</u>

The financial statements were approved by the Board of Trustees on the 28th of January 2026 and signed on their behalf:



Deneze Griffiths
Trustee

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

STATEMENT OF CASH FLOWS

YEAR ENDED 31 MARCH 2025

	<i>Notes</i>	2025 £	£	2024 £	£
Cash flows from operating activities					
Cash generated/(absorbed by) from activities	<i>13</i>		(31,331)		136,909
Investing activities					
Purchase of tangible fixed assets		(-)		(-)	
Investment income received		-		-	
Net cash generated from investing activities			-		-
Net cash used in financing activities			-		-
Net increase/(decrease) in cash and cash equivalents			<u>(31,331)</u>		<u>136,909</u>
Cash and cash equivalents at beginning of year			<u>367,958</u>		<u>231,049</u>
Cash and cash equivalents at end of year			<u>336,627</u>		<u>367,958</u>

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

1. ACCOUNTING POLICIES

Basis of accounting

The financial statements of the charity, which is a public benefit entity under FRS102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) [effective January 2022]. The financial statements have been prepared under the historical cost convention.

Going concern

The trustees are satisfied that there are no material uncertainties about the charity's ability to continue.

Incoming resources

All income, including grants and donations, is recognised once the charity has entitlement to the income, that it is probable that the income will be received, and the amount of income receivable can be measured reliably.

Restricted funds are to be used for specified purposes as laid down by the donor.

Expenditure which meets these criteria's is identified to the fund, together with a fair allocation of overheads and support costs.

Unrestricted funds are for grants, donations and other incoming resources received or generated for charitable purposes.

Resources expended

All expenditure is accounted for on an accruals basis. All expenses, including support costs and governance costs, are allocated or apportioned to applicable expenditure headings.

Charitable expenditure shall include all expenditure directly related to the objects of the charity, including the cost of goods and services, that have been incurred in charitable activities.

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required, and the amount for the obligation can be measured reliably.

Governance costs

Governance costs shall include all expenditure directly related to the administration of the charity including expenditure incurred in the management of the charity's assets, organisational administration and compliance with charitable and statutory requirements.

Fixed assets

Fixed assets are capitalised if they can be used for more than one year for Furniture & Equipment and Events Equipment with a cost of at least £1,000, and for all Computer Equipment. They are initially recorded at cost, and depreciated on a straight-line basis over the life expectancy of the asset.

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

2. INCOME FROM GRANTS & DONATIONS

	Unrestricted Funds	Restricted Funds	2025 Total Funds	2024 Total Funds
	£	£	£	£
Crisis Fund	-	409,202	409,202	514,221
Bury Council Living Well	-	67,402	67,402	-
Tudor Trust Grant	-	-	-	33,000
EG Foundation	-	-	-	685
NHS England Peer Support	21,330	-	21,330	38,335
Donations	768	-	768	3,113
	<u>22,098</u>	<u>476,604</u>	<u>498,702</u>	<u>589,354</u>

3. INCOME FROM CHARITABLE ACTIVITIES

	Unrestricted Funds	Restricted Funds	2025 Total Funds	2024 Total Funds
	£	£	£	£
Group Donations	863	-	863	1,418
Fundraising	-	-	-	531
Just Giving	1,713	-	1,713	3,931
	<u>2,576</u>	<u>-</u>	<u>2,576</u>	<u>5,880</u>

4. EXPENDITURE ON RAISING FUNDS

	Unrestricted Funds	Restricted Funds	2025 Total Funds	2024 Total Funds
	£	£	£	£
Fundraising Events	-	-	-	-
Fundraising Costs (Just Giving)	216	-	216	216
	<u>216</u>	<u>-</u>	<u>216</u>	<u>216</u>

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

5. EXPENDITURE ON CHARITABLE ACTIVITIES

	Unrestricted Direct & Governance Costs £	Restricted Direct & Governance Costs £	Unrestricted Support Costs £	Restricted Support Costs £	2025 Total Funds £	2024 Total Funds £
Salaries Costs	15,342	425,195	-	-	440,537	310,901
Training & Courses	-	-	-	8,329	8,329	2,869
Rent & Room Hire	-	-	-	17,000	17,000	24,831
Utilities (Electric/Gas/Water)	-	-	-	9,169	9,169	7,491
Cleaning Costs	-	-	6	335	341	535
Repairs & Maintenance	-	-	373	2,089	2,462	47,160
Resources & Consumables	-	-	44	981	1,025	93
Refreshments	-	-	697	1,401	2,098	2,943
Events Costs	-	-	126	274	400	524
Equipment & Furnishings	-	-	38	901	939	5,976
Computer Equipment	-	-	17	605	622	197
Advertising & Marketing	-	-	-	-	-	-
Printing, Stationery & Postage	-	-	178	1,817	1,995	1,010
Telephone & Internet	-	-	396	7,871	8,267	5,838
IT Domain & Licences	-	-	216	782	998	393
Accountancy Software	-	-	428	-	428	324
Travel Costs	-	-	2	6,561	6,563	7,843
Volunteer Expenses	-	-	374	440	814	927
Insurances	-	-	765	2,836	3,601	3,616
Subscriptions	-	-	-	35	35	35
DBS Checks	-	-	-	223	223	608
Recruitment Costs	-	-	-	510	510	2,079
HR & Professional Services	-	-	518	9,825	10,343	5,738
Legal Costs	-	-	-	-	-	5,737
Accounting Fees	2,350	-	-	-	2,350	2,175
Payroll Costs	31	612	-	-	643	514
Bank & Card Costs	177	-	-	-	177	108
Depreciation	-	-	-	3,233	3,233	2,228
Tudor Wellbeing	-	-	-	-	-	189
NHS CCG (DTCO)	-	-	-	-	-	30,130
Sundries	-	-	89	491	580	86
	<u>17,900</u>	<u>425,807</u>	<u>4,267</u>	<u>75,708</u>	<u>523,682</u>	<u>473,098</u>

Total resources expended are stated after charging:

	2025	2024
	£	£
Independent Examination Fees	2,350	2,175
Other Accountancy Costs	-	-

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

6. STAFF COSTS

The movement in the year is after charging:	2025	2024
	£	£
	<u>440,538</u>	<u>310,901</u>

Average number of full-time equivalent employees in the year:	2025	2024
Chief Executive Officer	1	1
Crisis Service Manager	1	1
DTOC Manager	-	-
Let's Do It Manager	-	-
Crisis Supporters	<u>7.1</u>	<u>8.6</u>
	<u>9.1</u>	<u>10.6</u>

No employee received emoluments of £60,000 or above (2024: none).

No Trustees were paid any remuneration or expenses during the course of the year (2024: none).

7. DEBTORS

	2025	2024
	£	£
Debtors	53,539	-
Prepayments	1,075	838
Accrued Income	<u>95</u>	<u>492</u>
	<u>54,709</u>	<u>1,330</u>

8. OTHER CURRENT ASSETS

	2025	2024
	£	£
Rent Deposit	<u>8,770</u>	<u>8,770</u>
	<u>8,770</u>	<u>8,770</u>

9. CREDITORS: Amounts falling due within one year

	2025	2024
	£	£
Creditors	12,051	6,876
Accruals	3,439	17,702
Deferred Income	<u>53,539</u>	-
	<u>69,029</u>	<u>24,578</u>

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

10. TANGIBLE FIXED ASSETS

	Events Equipment	Furniture & Equipment	Computer Equipment	TOTAL
Cost or Valuation	£	£	£	£
Cost at 01/04/24	-	4,137	2,546	6,683
Additions	-	1,255	2,206	3,461
Revaluations	-	-	-	-
Disposals	-	-	(445)	(445)
Cost at 31/03/25	-	5,392	4,307	9,699
 Accumulated Depreciation				
Accumulated Depreciation at 01/04/24	-	1,379	849	2,228
Depreciation charge for the year	-	1,797	1,436	3,233
Revaluations	-	-	-	-
Disposals	-	-	-	-
Accumulated Depreciation at 31/03/25	-	3,176	2,285	5,461
 Net Book Value				
Net Book Value at 31/03/24	-	2,758	1,697	4,455
Net Book Value at 31/03/25	-	2,216	2,022	4,238

11. FUNDS ANALYSIS

Fund Name	Balance as at 1 April 2024 £	Receipts £	Payments £	Transfers £	Balance as at 31 March 2025 £
Unrestricted Funds	<u>220,998</u>	<u>24,674</u>	<u>(22,383)</u>	<u>61,587</u>	<u>284,876</u>
	220,998	24,674	(22,383)	61,587	284,876
Restricted Funds:					
Crisis Fund	104,085	409,202	(417,052)	(61,587)	34,648
NHS CCG Community Crisis	2,889	-	(1,444)	-	1,445
Bury Council (Living Well)	-	67,402	(55,239)	-	12,163
GM Winter Pressures	1,566	-	(783)	-	783
Tudor Trust Grant	27,838	-	(26,997)	-	841
EG Foundation	<u>559</u>	<u>-</u>	<u>-</u>	<u>-</u>	<u>559</u>
	136,937	476,604	(501,515)	(61,587)	50,439
TOTAL FUNDS	<u>357,935</u>	<u>501,278</u>	<u>(523,898)</u>	<u>-</u>	<u>335,315</u>

12. RELATED PARTY TRANSACTIONS

There were no disclosable related party transactions during the year (2024: none).

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2025

13. CASH GENERATED FROM ACTIVITIES

	2025	2024
	£	£
Surplus/(deficit) for the year	(31,331)	121,920
Adjustments for:		
Investment income recognised in statement of financial activities	-	-
Movements for:		
Increase/(decrease) in intangible assets	217	(4,455)
Increase/(decrease) in debtors	(53,379)	109,085
Increase/(decrease) in other current assets	-	-
Increase/(decrease) in creditors	<u>44,451</u>	<u>(89,641)</u>
Cash generated/(absorbed by) from activities	<u>(31,331)</u>	<u>136,909</u>

14. COMPARATIVE INFORMATION (previous year)

		Unrestricted Funds 2024	Restricted Funds 2024	Total Funds 2024
	<i>Notes</i>	£	£	£
Income from:				
Grants and donations	2	102,504	486,850	589,354
Charitable activities	3	5,880	-	5,880
Other income		-	-	-
Total		<u>108,384</u>	<u>486,850</u>	<u>595,234</u>
Expenditure on:				
Raising funds	4			
Charitable activities	5	216	-	216
Total		14,161	458,937	473,098
Net income/(expenditure)		-	-	-
		<u>14,377</u>	<u>458,937</u>	<u>473,314</u>
Transfers between funds				
Net movement in funds		<u>94,007</u>	<u>27,913</u>	<u>121,920</u>
Transfers between funds		23,967	(23,967)	-
Net movement in funds		<u>117,974</u>	<u>3,946</u>	<u>121,920</u>
Reconciliation of funds:				
Total funds brought forward		<u>103,024</u>	<u>132,991</u>	<u>236,015</u>
Total funds carried forward	11	<u>220,998</u>	<u>136,937</u>	<u>357,935</u>

BURY INVOLVEMENT GROUP IN MENTAL HEALTH

England & Wales - Charity number 1166584

Accounts



Bury Involvement Group in Mental Health (BIG IN MENTAL HEALTH)

Trustees Annual Report

For the Year End 31 March 2024

The Trustees present their annual report together with the audited consolidated financial statements of Bury Involvement Group in Mental Health for the year ended 31 March 2024.

The Trustees confirm that the Annual Report and financial statements of the Charity comply with the current statutory requirements, the requirements of the Charity's governing document and the provisions of the Statutory Recommended Practice (SORP) "Accounting and Reporting by Charities" including FRS102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

Structure, Governance and Management

The Charity was registered with the Charity Commission, on the 18 April 2016 under the register number 1166584, as a Charitable Incorporated Organisation. The Charity has a foundation model constitution which sets out that the only voting members of the charity are its charity trustees. The Constitution of the Charity can be located at Charity's office and copies of the document can be made available on request.

The Charity is governed by the trustees who meet monthly as a board. The Charity has a chief officer, who is responsible for the operational management, service delivery, and service development, under the guidance of the trustees. The Trustees are elected and co-opted under the terms set out in our Constitution. The board of trustees may at any time elect additional trustees by calling a meeting of the trustees of the Charity.

Before recruiting a new trustee, the existing trustees conduct a skills audit to identify any gaps in the current skillset of the board. The trustees then advertise for possible candidates, with the advertisements being tailored based on the skill gap analysis. Prospective candidates are provided with a role description and the Charity Commission Guidance "The Essential Trustee: what you need to know, what you need to do", to ensure they have a clear account of what the role of the trustee involves, including their duties and responsibilities. Prospective trustees are then interviewed and appointed by the Board if deemed suitable.

Object

Bury Involvement Group in Mental Health (BIG) is an independent charity run by, and for, people experiencing mental distress. The Charity's objectives, as set out in the governing document, are "To protect and promote good health among people experiencing mental health conditions living in Bury and the surrounding area, in particular but not exclusively by the provision of a group providing support, education, information and advice."

Our charity works to empower adults experiencing mental and emotional distress towards their recovery and improved quality of life by providing mutual support and hope. We provide support to help transform Bury and the surrounding area, working with the people of Bury, our VCSE and statutory partners and other key stakeholders.

Activities

Our activities are all delivered either face to face or via the telephone. The organisation provides the following services:

- **Bury Peer Led Crisis Service** a trauma informed peer-led crisis service providing relational support to individuals experiencing a mental health crisis in the community reducing distress and preventing suicide.
- **Stronger-Together Group** which provides group-based support to individuals experiencing long-term mental and emotional distress in the community to build resilience within the community.
- **Recovery Group** which provides a psycho-educational support and discussion group for individuals in the community, offering a varied roster of speakers (including Psychiatrists, Psychologists, Therapists, People with lived experience, and other local services) to increase knowledge, understanding, and promote shared learning.
- **Hearing Voices Group** which provide group-based support to individuals hearing voices, see visions or have similar sensory experiences offering a safe space for people to connect and seek support and understanding from others experiencing similar experiences.
- **Drop-In Group** which provides group-based support for adults experiencing mental and emotional distress who are looking to socialise with others who face similar challenges in a relaxed and friendly environment helping to prevent social isolation.

The Charity believes that everyone deserves to live a fulfilling life, and that peer support has the power to change people and places for the better. We recognise that many people living with mental and emotional distress within our community feel disenfranchised and disempowered due to challenges they face and the inequalities they experience when seeking care and support.

We work hard to ensure our services provide sanctuary to our community ensuring anyone who walks through our door is listened to, and feel valued, included, safe. With passion and creativity at its heart, the Charity supports people to flourish, whilst enriching our community.

Vision and Mission

BIG's vision is for inclusive, accessible and compassionate mental health and wellbeing support for all adults in Bury.

BIG supports adults in Bury, and the surrounding area, aged 18 and over who are experiencing mental and emotional distress. Our range of peer-led and rights-based services offer mutual support and hope to our community during difficult times.

Our work is underpinned by our organisational values, which are:

- **Led by Lived Experience:** We value and listen to each person's unique lived experience to deliver support grounded in our philosophy whilst ensuring our Charity remains focused on growing to meet the needs of the people who join our community.
- **Involving and Empowering:** We involve people with lived experience at all levels of the Organisation to empower them to use their experience in new and meaningful ways to move towards the lives they want to live.
- **Collaboration:** We work with external partners to ensure the voice of people with lived experience is at the heart of all conversations in the mental health and social care economies across Bury and Greater Manchester.
- **Safety, Mutuality & Choice:** We provide spaces which are safe and allow people to connect and build relationships based on mutuality, respect, trust, and hope, whilst supporting a person's right to have choice and control in their own lives.
- **Trustworthiness & Transparency:** We aim to be clear and straightforward, open, and transparent in everything we do.



Performance and Achievement

Bury Peer Led Crisis Service (BPLCS)

The Bury Peer Led Crisis Service “BPLCS” was developed in response to experiences of people in our community who reported negative experiences of seeking mental health crisis care and support in the area. The BPLCS was developed and modelled alongside our community, with the voice of lived experience at its heart, across 2017 to 2021.

The BPLCS was commissioned and went live in 2021, providing a community-based crisis resource which:

- prioritized accessibility;
- centred on peer-to-peer supportive relationships; and
- worked sensitively with individuals who had experienced trauma, adverse social conditions, and marginalisation.

The BPLCS provides a:

- Short term intervention service for adults in Bury experiencing a mental health crisis, with the flexibility to work with individuals who require further support.
- Visitors are assigned to a designated crisis supporter who provide trauma informed relational peer support, either face to face or via telephone.
- The team supports visitors to process their crisis, helping them to develop coping techniques and safety plans.
- We help support with onwards referrals, signposting and engaging with other appropriate services to ensure ongoing recovery.
- We offer both open access and one to one appointments 5 days a week.

Since 2021 the commissioners have increased the service’s funding to expand the BPLCS to increase its capacity to support the demand the service has encountered. Across the year we worked with commissioners to expand the BPLCS with a new service offer being integrated into the BPLCS offer this year, the ‘drop-in’ service.

The drop-in service was designed to enable individuals in mental health crisis in Bury to have a safe alternative to A&E which they can attend when in need of immediate support, without the need for prior referral.

Open across Monday to Friday the drop-in crisis service started in October 2023 and up to March 31st 2024 its supported 218 individuals in mental health crisis.

We are open five days a week:

Monday - Tuesday - Wednesday
from 2pm to 6pm

Thursday - Friday
from 2pm to 10pm

The service continues to have a robust referral pathway which enables escalation from a range of services, both statutory and voluntary, across Bury and the surrounding area as appropriate:



The team has continued to work on broadening the referral pathway to ensure individuals experiencing a mental health crisis are offered our support in a timely manner. We are currently working with Pennine Care Foundation Trust to establish a referral procedure with their 24/7 Crisis Line, Integrated Neighbourhood Teams, and Mental Health Urgent Triage service. Alongside work is underway to develop a referral pathway from Greater Manchester Police and Northwest Ambulance Service to accept direct drop-offs of individuals to the service.

Focusing on improving accessibility has ensured that the teams support has continued to see high demand. Over the course of the year, we supported 436 individuals in mental health crisis, through 1659 prebooked face to face sessions, and the 218 drop-in sessions between October and March:

Year	Referrals Received	New People Supported	Total People Supported	Booked Appts Attended	Drop-in Attended
2021-22	284	167	167	945	N/A
2022-23	598	368	410	1626	N/A
2023-24	624	373	436	1659	218

Since being established the team have worked with the commissioners to review and evaluate the service’s impact. 2023-24 evaluation has been incredibly positive, with the service demonstrating a clear impact supporting people experiencing a mental health crisis, individuals at risk of suicide and self-injury, and those who have experienced trauma, across the 1659 pre-booked appointments the team recorded:

REDUCED DISTRESS	706	"I can talk more now about past experiences and more comfortable talking about emotions. I've gotten a lot of things off my chest which I've needed to for a long, long, time."
REDUCED ISOLATION	503	"It improved since the first time we met because I don't stammer as much unless I think about work – I have learnt to control physical reactions to stress and anxiety which means I am able to go out more and do things I enjoy"
INCREASED COPING STRATEGIES	490	"[because of the support] I have techniques, grounding and distraction. I am engaging with things that hurt me and dealing with them and I know where to go for help"
REDUCED RISK OF RELAPSE	365	"I can see myself moving forward with life. I know it will be a struggle but [now] I can get through the moments where I feel down"
SUICIDE PREVENTION	327	"They are still with me, but I don't feel like acting on them now. Before I starting coming suicide was all I thought about but now feel more distant from them. They don't consume me like they did before"
REDUCED SELF-INJURY	78	"I didn't feel judged or sometimes what you say can be passed over. It's helped me stop cutting like before. I still have bad days, but I know I can get through them now"

The evaluation and monitoring work we have undertaken with commissioners has clearly demonstrated the impact the service has had in the community. As one visitor who initially accessed our service after losing her children due to being in an abusive relationship said:

"When I first started in the service, I was finding it hard to manage life and my emotions after the loss of my kids. I was self-harming frequently and started using drugs to cope.

I felt I had nowhere to turn to and no support around me and the service being there encouraged me not to turn to suicide. I wouldn't have attended A&E as I've had lots of bad experiences there.

The service was tailor made and helped me so much without putting me in a box or giving me answers I could Google myself. They really do care and want to help. The service was quick to get in touch and offer me an appointment which was quicker than anyone else and I was at ease talking.

Making that first step, even though I was very anxious, to see (staff) saved me and I now have stopped self-harming. I can think more rationally and understand why I think the way I do. I have a better quality of life thanks to (staff) and I can enjoy myself more now. Without this service, I may have been dead now through suicide. I am so thankful for this service."



BIG Community Groups

We offer a variety of therapeutic peer support group work opportunities across our community, these include:

- the stronger together group which provides a safe space for individuals struggling with any mental health condition;
- the recovery group which is a psychoeducational discussion group which covers a range of mental health related topics, from trauma and abuse, hearing voices, to anxiety and stress, with a range of guest speakers (psychiatrists, psychologists, people with lived experience, and other services in the area);
- the hearing voices group which provides a safe space for individuals presently struggling with a mental health crisis; and
- the drop-in group which provides a welcoming and safe environment for people with mental health difficulties to come together to socialise, connect, and access support in a relaxed format.

BIG GROUPS

We run free peer groups every week which are open to any adult from any area. No pressure to speak until you are ready. No referral needed to attend you can just turn up.

STRONGER TOGETHER
Support Group
Mondays
6:30pm - 8:30pm

RECOVERY GROUP
Discussion Group with Guest Speakers
Tuesdays 6:30pm - 8:30pm

HEARING VOICES GROUP
For ongoing/previous experience hearing voices
Thursdays
12:30pm-1:30pm

BIG SOCIAL GROUP
Social group
Fridays
1pm - 3pm

This year we were extremely pleased to start our own Hearing Voices Group with the first group held on the 01/02/2024.

We were made aware by the Hearing Voices Network that in North Manchester there were no hearing voices groups that accepted people without a GP referral which has led to some waiting long periods to attend or not attend a group at all. With this in mind, we wanted our hearing voices group to have no referral requirement.

We were also very passionate that a person who experiences hearing voices facilitates the group. We found that the facilitator is able to create rapport very quickly with our members at the HVG due to shared experiences and has led to people coming back to the group.

GROUP	NUMBER OF SERVICE USERS (APRIL 1 ST 23 TO 31 ST MAR 24)
Stronger Together	443
Recovery	449
Hearing Voices	59
Social	756

Our groups continue to be led by our volunteer team without whom we would be unable to provide this core element of our service. Our volunteer roles not only play a key role in enabling BIG to provide our services but they also provide meaningful opportunities for individuals to progress in their own personal recovery, gain new skills, and give back.

Partnership Working and System Leadership

BIG continues to be active within the community and across the strategic landscape, advocating for improved mental health services with an emphasis on the involvement of, and coproduction with, individuals with lived experience of mental and emotional distress. Our Chief Officer continues his position as the locality lead for mental health for the voluntary sector in Bury on the Greater Manchester VCSE Mental Health Leadership Group. The group underpins the broader work of the Greater Manchester VCSE Leadership Group and the Memorandum of Understanding established with the Greater Manchester Health and Social Care Partnership and the devolution agenda in Greater Manchester, shaping services across Greater Manchester and drawing down funds to address surges in demand, hospital discharge and culturally specific services and the Community Mental Health Transformation Programme. The Leadership Group has themed areas of work around:

- **Reducing mental health inequality for people across Greater Manchester.**
- **Transformation in system leadership across Greater Manchester.**
- **Mechanisms that meaningfully listen to and empower service users/experts-by-experience.**
- **Co-creating integrated and holistic care that recognises difference and complexity, balancing clinical and non-clinical approaches.**
- **Radical changes in commissioning.**

Within the locality our Chief Officer has worked closely with the Bury Voluntary and Community Alliance to grow and develop the VCSE sector in Bury, taking on chair responsibilities for the Bury Voluntary and Community Leadership Group with the aim to ensure the sector in Bury has a meaningful voice in the decisions which affect our community. Alongside this work, we are also represented at other key strategic boards within the area including the Bury Acute Care Forum, the locality Risk and Crisis Sub-group, the Bury Suicide Prevention Forum, and the Bury Programme Delivery Board.

Over the year we have strengthened our relationships with colleagues in various sectors, including statutory services and other VCSE organizations. This positions us well to develop new partnerships in the years to come. We have actively participated in the development of our locality's "living well model," which is aligned with the national transformation of community mental health services. Regionally, our involvement in the BPLCS has led us to contribute to the PCFT development work, focusing on the VCSE's role in acute risk and crisis support.

With the relationships we have strengthened over the years, we are confident in our ability to work collaboratively on the ground, enhance our influence on key policies and service decisions through co-design with individuals who have lived experience, and ultimately secure further funding opportunities to expand our current offerings and develop and deliver more peer-led services.

Plans for the Future

BIG has developed 4 primary business objectives which will ensure that we have the focus, culture, and infrastructure, to deliver on our vision, mission, and objectives over the coming year. Our Business Objectives are to:

- **Invest in our workforce:** Continue to build a high-quality workforce and volunteer team, investing in our people and developing our mechanisms and processes to ensure the team is supported to continue to develop their practice and the services we provide.
- **Build on our relationships:** Deepen our relationships across partner organisations, wider stakeholders, and our community to ensure we effectively work together to foster a culture of learning where we can learn and grow together.
- **Strengthen our voice:** Ensure the charity continues to respond to and influence the changing mental health eco-system, particularly by advocating for and leading on peer-led services which provide effective support to those experiencing mental and emotional distress.
- **Focus on sustainability:** Remain a financially viable charity with robust governance and procedures, with a focus on diversifying our income to maintain and strengthen the financial stability of the charity.

These goals will be achieved through both the strategic and operational work of the organisation. Oversight will be through the Trustees meeting with bi-monthly updates on progress to the Board of Trustees.

Contributions Made by Volunteers

Volunteers play a crucial role within the organisation, and they are integral to the effective delivery of our services and our success.

During this financial year our organisation was supported and benefitted from the knowledge and skills of 24 volunteers.

Volunteer Case Study

The organisation is proud of the fact that most of the people who volunteer their time to our charity are people with lived experience of mental distress; many of them being people who had previously attended BIG for support.

We have included a case study undertaken with one of our volunteers who has themselves moved through our service into their role and now facilitates our Hearing Voices group.

Prior to Accessing BIG...

“I didn’t feel like I had any support and was managing my experience on my own. I had recently changed my prescription medication which was taking time to get used to the transition. I really needed help at the time, and I felt that there wasn’t any in place for me. As a result, my experience of hearing voices had become very intense. I was in a crisis and my mood was very low. I attended CMHT who referred me to [the BPLCS] for some support. Following this discussion, I received a call to confirm I had appointment with [BPLCS Staff Member] within 2 weeks’ time.”

When Accessing the Service...

“At first, I was unsure of what I was to discuss in the crisis sessions. I went through a lot of my personal history with a member of the [BPLCS]. It was the first time I felt like I was listened to, not judged and understood. Following the session, I left feeling better than when I attended. Previously I had attended different therapy which often left me feeling worse after the meeting. I also want to mention that the room [BPLCS Staff Member] worked from made me feel at ease due to the warmth with which the rooms are decorated and the worker herself was very friendly. It was the first time I had felt positive about myself and the future in such a long time.”

Experience Volunteering...

“It was so lovely to be asked to be a volunteer, It made me feel valued and that I could help others with my experience and empathy regarding mental health experiences. It was a little nerve wracking attending at first but everyone was so supportive and friendly. One group which was tricky getting used to was the Monday Stronger Together group as its very reflective and open. People share their own experiences with the group in a peer support environment, however, once I got over my initial nerves I found the shared experience element to the group made me feel so at ease...

Now I am a Volunteer, I wake up and I look forward to getting up and going to BIG. I’ve got lots of friends amongst the volunteer team and staff. We all support each other and I feel like everyone has each other’s back. I love helping others, building rapport and interacting with those who may be nervous accessing the service for the first time. Its given me so much and I’m so pleased I became a volunteer. My progress has just been amazing and I look forward to helping everyone at BIG for a long time to come.

BIG means a lot to me. They support me and in turn I can help others. It’s a BIG part of my life. They have supported me through crisis, brought me into the volunteering team and have got me through a lot. I haven’t been this stable for years and I know if I need support where to go. It’s incredibly rewarding and I never stop learning. I now facilitate the Hearing Voices Group which makes me so proud to give back to others experiencing what I have. Years ago I couldn’t imagine myself doing anything like this. I genuinely love volunteering for BIG.”

Volunteer Award Ceremony

To acknowledge the importance of our volunteer team we hosted a volunteer award ceremony to:

- **Recognizing Contributions:** The ceremony provides a platform to acknowledge the hard work, dedication, and personal time given by volunteers to help others. This recognition can be a morale booster and show appreciation for their crucial role in maintaining the organization’s mission and wellbeing of our Service users.

- **Strengthening Internal Bonds:** By celebrating volunteers' contribution to the charity, the ceremony helps strengthen internal relationships within the organization. Peer support groups rely on trust, connection, and acknowledging these contributions can deepen these bonds, enhancing the group's effectiveness.
- **Reinforcing Peer Support Values:** The ceremony can emphasize the importance of mutual aid, collaboration, and shared responsibility. This reinforces the group's core values and demonstrates how everyone's efforts contribute to creating a supportive and empathetic environment.
- **Motivating Continued Engagement:** Publicly recognizing volunteers' and staff's achievements can be highly motivating. It encourages continued involvement and fosters a culture of appreciation and dedication within the organization.

By focusing the awards ceremony on volunteers, the event fosters appreciation, mutual support, and unity within the organization. This, in turn, strengthens the group's ability to provide effective peer support. Without Volunteers we would not be able to hold as many varied public groups as we do now so I feel it is key that BIG recognises the contributions of all volunteers and the positive effect they have on our community.

Risk Management

The Trustees have set policies for the management of risks faced by the charity, which include the setting up and maintenance of a risk register which is reviewed periodically. The risk register records the risks that may arise in each area of the charity's operations and the CEO is charged with implementing the mitigations.

The principal risks and uncertainties faced by the charity at the time of writing are identified as a loss of funding, changes in health and social care policy and the impact of COVID-19 on the local and wider economy and the potential impact on short-term and long-term funding. These risks are managed by developing strong working partnerships with our funders, seeking to diversify our funding sources, and ensuring we engage with strategic bodies.

Public Benefit

The charity deploys all of its resources to support adults aged 18 and over to resolve, or better manage their mental health, through the provision of one to one and group support. The charity also aims to provide a preventative service, in providing support which stops people accessing statutory or inpatient psychiatric services. The charity advocates for lived experience-centred approaches that demonstrate local impact. This public benefit is directly related to our charitable objectives.

The trustees confirm that they have referred to the guidance in the Charity Commission's general guidance on public benefit when reviewing the Charity's objectives and aims and in planning future activities for the year.

Fundraising

BIG does not engage in any public fundraising. Fundraising responsibilities within the organisation sit with the senior leadership team, particularly the Chief Officer. No person acting on behalf of the charity has been subject to an undertaking to be bound by any voluntary scheme for regulating fund-raising, or any voluntary standard of fund-raising, in respect of activities on behalf of the charity. We have never received any complaints about activities by the charity or by a person on behalf of the charity for the purpose of fund-raising; BIG therefore feels that the charity has no fundraising activities requiring disclosure under S162A of the Charities Act 2011'.

Financial Review

The Statement of Financial Activities shows a total income for the year of £595,234. Income from contributions given by people who attended our support groups amounted to £1,418.00, which combined with other donations total income from charitable activities came to £5,880.00. The balance of Funds at 31 March 2023 was £357,935.00. Of which £220,998 was unrestricted funds with the remainder being restricted funds.

The Trustees, staff, and volunteers are very grateful to all the individuals and businesses who have made donations to the work of the charity over the year.

Trustees Report for the Year Ended 31 March 2024

In so far as the Trustees are aware:

There is no relevant audit information of which the charitable company's auditor is unaware; and The Trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

This report was approved by the Board of Trustees and signed on its behalf by Deneze Griffiths, Chair:



Charity Registration Number: 1166584



BURY INVOLVEMENT GROUP IN MENTAL HEALTH

(BIG in Mental Health)

A Charitable Incorporated Organisation (CIO)

**TRUSTEES' ANNUAL REPORT AND
FINANCIAL STATEMENTS**

For The Year Ended

31 March 2024

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

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**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

MEMBERS OF THE BOARD AND PROFESSIONAL ADVISORS

Organisation Name	Bury Involvement Group in Mental Health
Charity Number	1166584
Address	Unit 54 Bury Business Centre Kay Street Bury BL9 6BU
Trustees	Deneze Griffiths Keeley Jane Bell John Mulpeter
Accountants	Community Accounting Lancashire C.I.C. Foxfields 9 Norley Close Chadderton Oldham OL1 2RA
Bankers	Unity Trust Bank Nine Brindleyplace Birmingham B1 2HB

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

**REPORT TO THE MEMBERS ON THE UNAUDITED FINANCIAL STATEMENTS OF
BURY INVOLVEMENT GROUP IN MENTAL HEALTH**

FOR THE YEAR ENDED 31 MARCH 2024

I report on the accounts for the year ended 31 March 2024 as set out on pages 4 to 12.

Respective Responsibilities of Trustees and Examiner

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

The charity's trustees consider an audit is not required for this year under section 144 of the 2011 Act, and that an independent examination is needed.

It is my responsibility as independent examiner to:

- ~ examine the accounts under section 145 of the 2011 Act
- ~ follow the applicable Directions given by the Charity Commissioners under section 145(5)(b) of the 2011 Act, and;
- ~ to state whether particular matters have come to my attention

Basis of Independent Examiners Report

My examination was carried out in accordance with the Directions given by the Charity commission.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items of disclosures in the accounts, and seeking explanations from the trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the accounts.

Independent Examiners Statement

I have completed my examination for the year ended 31 March 2024.

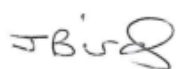
I can confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- ~ accounting records were not kept in accordance with section 130 of the 2011 Act or
- ~ the accounts do not accord with the accounting records to comply with the accounting requirements of the 2011 Act
- ~ the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Independent Examiners Qualification

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination, being a Fellow Member of the Association of Accounting Technicians, which is one of the listed bodies.



23rd January 2025

Miss Jacqueline Bird F.M.A.A.T.

Practising Licence Number: 1003659

Community Accounting Lancashire C.I.C.

Foxfields, 9 Norley Close, Chadderton, Oldham, OL1 2RA

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

**STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING THE INCOME AND EXPENDITURE ACCOUNT)**

FOR THE YEAR ENDED 31 MARCH 2024

	<i>Notes</i>	Unrestricted Funds 2024 £	Restricted Funds 2024 £	Total Funds 2024 £	Total Funds 2023 £
Income from:					
Grants and donations	2	102,504	486,850	589,354	298,241
Charitable activities	3	5,880	-	5,880	7,157
Other income		-	-	-	50
Total		<u>108,384</u>	<u>486,850</u>	<u>595,234</u>	<u>305,448</u>
Expenditure on:					
Raising funds	4	216	-	216	246
Charitable activities	5	14,161	458,937	473,098	300,174
Other expenditure		-	-	-	-
Total		<u>14,377</u>	<u>458,937</u>	<u>473,314</u>	<u>300,420</u>
Net income/(expenditure)		<u>94,007</u>	<u>27,913</u>	<u>121,920</u>	<u>5,028</u>
Transfers between funds		23,967	(23,967)	-	-
Net movement in funds		<u>117,974</u>	<u>3,946</u>	<u>121,920</u>	<u>5,028</u>
Reconciliation of funds:					
Total funds brought forward		<u>103,024</u>	<u>132,991</u>	<u>236,015</u>	<u>230,987</u>
Total funds carried forward	<i>11</i>	<u>220,998</u>	<u>136,937</u>	<u>357,935</u>	<u>236,015</u>

The notes on pages 6 to 12 form part of these financial statements.

Note 14 to the accounts shows a comparative Statement of Financial Activities for the year ended 31 March 2023.

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

BALANCESHEET

AS AT 31 MARCH 2024

	<i>Notes</i>	2024	£	2023	£
FIXED ASSETS					
Tangible Fixed Assets	<i>10</i>		4,455		-
CURRENT ASSETS					
Cash at Bank and in Hand			367,958		231,049
Debtors & Prepayments	<i>7</i>		1,330		110,415
Other Current Assets	<i>8</i>		<u>8,770</u>		<u>8,770</u>
			378,058		350,234
CREDITORS: Amounts falling due within one year	<i>9</i>		24,578		114,219
NET CURRENT ASSETS			353,480		236,015
CREDITORS: Amounts falling due after one year			<u>-</u>		<u>-</u>
NET ASSETS			<u>357,935</u>		<u>236,015</u>
FUNDS OF THE CHARITY					
Unrestricted Funds			220,998		103,024
Restricted Funds			<u>136,937</u>		<u>132,991</u>
TOTAL FUNDS	<i>11</i>		<u>357,935</u>		<u>236,015</u>

The financial statements were approved by the Board of Trustees on the 23/01/2025 and signed on their behalf:



Deneze Griffiths
Trustee

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

STATEMENT OF CASH FLOWS

YEAR ENDED 31 MARCH 2024

	<i>Notes</i>	2024	£	2023	£
Cash flows from operating activities					
Cash generated/(absorbed by) from activities	<i>13</i>	136,909		(3,243)	
Investing activities					
Investment income received		-		-	
Net cash generated from investing activities					
			-		-
Net cash used in financing activities					
			-		-
Net increase/(decrease) in cash and cash equivalents					
		<u>136,909</u>		<u>(3,243)</u>	
Cash and cash equivalents at beginning of year					
		<u>231,049</u>		<u>234,292</u>	
Cash and cash equivalents at end of year					
		<u>367,958</u>		<u>231,049</u>	

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

1. ACCOUNTING POLICIES

Basis of accounting

The financial statements of the charity, which is a public benefit entity under FRS102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) [effective January 2022]. The financial statements have been prepared under the historical cost convention.

Going concern

The trustees are satisfied that there are no material uncertainties about the charity's ability to continue.

Incoming resources

All income, including grants and donations, is recognised once the charity has entitlement to the income, that it is probable that the income will be received, and the amount of income receivable can be measured reliably.

Restricted funds are to be used for specified purposes as laid down by the donor.

Expenditure which meets these criteria's is identified to the fund, together with a fair allocation of overheads and support costs.

Unrestricted funds are for grants, donations and other incoming resources received or generated for charitable purposes.

Resources expended

All expenditure is accounted for on an accruals basis. All expenses, including support costs and governance costs, are allocated or apportioned to applicable expenditure headings.

Charitable expenditure shall include all expenditure directly related to the objects of the charity, including the cost of goods and services, that have been incurred in charitable activities.

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required, and the amount for the obligation can be measured reliably.

Governance costs

Governance costs shall include all expenditure directly related to the administration of the charity including expenditure incurred in the management of the charity's assets, organisational administration and compliance with charitable and statutory requirements.

Fixed assets

Fixed assets are capitalised if they can be used for more than one year for Furniture & Equipment and Events Equipment with a cost of at least £1,000, and for all Computer Equipment. They are initially recorded at cost, and depreciated on a straight line basis over the life expectancy of the asset.

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

2. INCOME FROM GRANTS & DONATIONS

	Unrestricted Funds	Restricted Funds	2024 Total Funds	2023 Total Funds
	£	£	£	£
Crisis Fund	61,056	453,165	514,221	-
NHS CCG Community Crisis	-	-	-	292,189
Tudor Trust Grant	-	33,000	33,000	2,000
EG Foundation	-	685	685	-
NHS England Peer Support	38,335	-	38,335	-
Donations	<u>3,113</u>	-	<u>3,113</u>	<u>4,052</u>
	<u>102,504</u>	<u>486,850</u>	<u>589,354</u>	<u>298,241</u>

3. INCOME FROM CHARITABLE ACTIVITIES

	Unrestricted Funds	Restricted Funds	2024 Total Funds	2023 Total Funds
	£	£	£	£
Group Donations	1,418	-	1,418	2,075
Fundraising	531	-	531	1,807
Just Giving	<u>3,931</u>	-	<u>3,931</u>	<u>3,275</u>
	<u>5,880</u>	<u>-</u>	<u>5,880</u>	<u>7,157</u>

4. EXPENDITURE ON RAISING FUNDS

	Unrestricted Funds	Restricted Funds	2024 Total Funds	2023 Total Funds
	£	£	£	£
Fundraising Events	-	-	-	30
Fundraising Costs (Just Giving)	<u>216</u>	-	<u>216</u>	<u>216</u>
	<u>216</u>	<u>-</u>	<u>216</u>	<u>246</u>

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

5. EXPENDITURE ON CHARITABLE ACTIVITIES

	Unrestricted Direct & Governance Costs £	Restricted Direct & Governance Costs £	Unrestricted Support Costs £	Restricted Support Costs £	2024 Total Funds £	2023 Total Funds £
Salaries Costs	-	310,901	-	-	310,901	253,360
Training & Courses	-	-	25	2,844	2,869	3,028
Rent & Room Hire	-	-	1,831	23,000	24,831	7,187
Utilities (Electric/Gas/Water)	-	-	-	7,491	7,491	260
Cleaning Costs	-	-	-	535	535	-
Repairs & Maintenance	-	-	60	47,100	47,160	79
Resources & Consumables	-	-	19	74	93	1,379
Refreshments	-	-	578	2,365	2,943	2,186
Events Costs	-	-	160	364	524	55
Equipment & Furnishings	-	-	4	5,972	5,976	1,227
Computer Equipment	-	-	-	197	197	2,640
Advertising & Marketing	-	-	-	-	-	684
Printing, Stationery & Postage	-	-	95	915	1,010	1,333
Telephone & Internet	-	-	126	5,712	5,838	4,272
IT Domain & Licences	-	-	53	340	393	335
Accountancy Software	-	-	324	-	324	206
Travel Costs	-	-	277	7,566	7,843	8,149
Volunteer Expenses	-	-	927	-	927	1,052
Insurances	-	-	1,058	2,558	3,616	2,349
Subscriptions	-	-	-	35	35	-
DBS Checks	-	-	-	608	608	474
Recruitment Costs	-	-	-	2,079	2,079	-
HR & Professional Services	-	-	518	5,220	5,738	4,766
Legal Costs	-	-	5,737	-	5,737	1,855
Accounting Fees	2,175	-	-	-	2,175	1,950
Payroll Costs	-	514	-	-	514	745
Bank & Card Costs	108	-	-	-	108	108
Depreciation	-	-	-	2,228	2,228	-
Tudor Wellbeing	-	-	-	189	189	479
NHS CCG (DIOC)**	-	-	-	30,130	30,130	-
Sundries	-	-	86	-	86	16
	<u>2,283</u>	<u>311,415</u>	<u>11,878</u>	<u>147,522</u>	<u>473,098</u>	<u>300,174</u>

** An underspend of £30,130, being the remaining balance on the restricted grant, was returned to the funder, NHS CCG (DIOC), due to a delay in recruitment to replace a support worker covering the work for the grant. This project was run in collaboration with Bury Voluntary Community & Faith Alliance (VCFA) who completed the remainder of the work.

Total resources expended are stated after charging:	2024	2023
	£	£
Independent Examination Fees	2,175	1,400
Other Accountancy Costs	NIL	550

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

6. STAFF COSTS

The movement in the year is after charging:

	2024	2023
	£	£
	<u>310,901</u>	<u>253,360</u>

Average number of full-time equivalent employees in the year:

	2024	2023
Chief Executive Officer	1	1
Crisis Service Manager	1	1
DTOC Manager	-	0.7
Let's Do It Manager	-	0.7
Crisis Supporters	<u>8.6</u>	<u>5.7</u>
	<u>10.6</u>	<u>9.1</u>

No employee received emoluments of £60,000 or above (2023: none).

No Trustees were paid any remuneration or expenses during the course of the year (2023: none).

7. DEBTORS

	2024	2023
	£	£
Prepayments	838	823
Debtors	-	109,000
Accrued Income	<u>492</u>	<u>592</u>
	<u>1,330</u>	<u>110,415</u>

8. OTHER CURRENT ASSETS

	2024	2023
	£	£
Rent Deposit	<u>8,770</u>	<u>8,770</u>
	<u>8,770</u>	<u>8,770</u>

9. CREDITORS: Amounts falling due within one year

	2024	2023
	£	£
Accruals	17,702	5,809
Creditors	6,876	1,410
Deferred Income	-	107,000
	<u>24,578</u>	<u>114,219</u>

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

10. TANGIBLE FIXED ASSETS

	Events Equipment	Furniture & Equipment	Computer Equipment	TOTAL
Cost or Valuation	£	£	£	£
Cost at 01/04/23	-	-	-	-
Additions	-	4,137	2,546	6,683
Revaluations	-	-	-	-
Disposals	-	-	-	-
Cost at 31/03/24	-	4,137	2,546	6,683
 Accumulated Depreciation				
Accumulated Depreciation at 01/04/23	-	-	-	-
Depreciation charge for the year	-	1,379	849	2,228
Revaluations	-	-	-	-
Disposals	-	-	-	-
Accumulated Depreciation at 31/03/24	-	1,379	849	2,228
 Net Book Value				
Net Book Value at 31/03/23	-	-	-	-
Net Book Value at 31/03/24	-	<u>2,758</u>	<u>1,697</u>	<u>4,455</u>

11. FUNDS ANALYSIS

Fund Name	Balance as at 1 April 2023 £	Receipts £	Payments £	Transfers £	Balance as at 31 March 2024 £
Unrestricted Funds	<u>103,024</u>	<u>108,384</u>	<u>(14,377)</u>	<u>23,967</u>	<u>220,998</u>
	103,024	108,384	(14,377)	23,967	220,998
Restricted Funds:					
Crisis Fund	-	453,165	(349,081)	-	104,084
NHS CCG Community Crisis	46,718	-	(19,862)	(23,967)	2,889
NHS CCG (DIOC)	30,130	-	(30,130)	-	-
GM Winter Pressures	55,196	-	(53,629)	-	1,567
Tudor Trust Grant	947	33,000	(6,109)	-	27,838
EG Foundation	-	685	(126)	-	559
	<u>132,991</u>	<u>486,850</u>	<u>(458,937)</u>	<u>(23,967)</u>	<u>136,937</u>
TOTAL FUNDS	<u>236,015</u>	<u>595,234</u>	<u>(473,314)</u>	<u>-</u>	<u>357,935</u>

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2024

12. RELATED PARTY TRANSACTIONS

There were no disclosable related party transactions during the year (2023: none).

13. CASH GENERATED FROM ACTIVITIES

	2024	2023
	£	£
Surplus/(deficit) for the year	121,920	5,028
Adjustments for:		
Investment income recognised in statement of financial activities	-	-
Movements for:		
Increase/(decrease) in intangible assets	(4,455)	-
Increase/(decrease) in debtors	109,085	(106,826)
Increase/(decrease) in other current assets	-	(8,770)
Increase/(decrease) in creditors	<u>(89,641)</u>	<u>107,325</u>
Cash generated/(absorbed by) from activities	<u>136,909</u>	<u>(3,243)</u>

14. COMPARATIVE INFORMATION (previous year)

		Unrestricted Funds 2023 £	Restricted Funds 2023 £	Total Funds 2023 £
	<i>Notes</i>			
Income from:				
Grants and donations	2	80,517	217,724	298,241
Charitable activities	3	7,157	-	7,157
Other income		50	-	50
Total		<u>87,724</u>	<u>217,724</u>	<u>305,448</u>
Expenditure on:				
Raising funds	4	246	-	246
Charitable activities	5	<u>22,200</u>	<u>277,974</u>	<u>300,174</u>
Total		<u>22,446</u>	<u>277,974</u>	<u>300,420</u>
Net income/(expenditure)		<u>65,278</u>	<u>(60,250)</u>	<u>5,028</u>
Transfers between funds		17,776	(17,776)	-
Net movement in funds		<u>83,054</u>	<u>(78,026)</u>	<u>5,028</u>
Reconciliation of funds:				
Total funds brought forward		<u>19,970</u>	<u>211,017</u>	<u>230,987</u>
Total funds carried forward	11	<u>103,024</u>	<u>132,991</u>	<u>236,015</u>

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

**REPORT TO THE MEMBERS ON THE UNAUDITED FINANCIAL STATEMENTS OF
BURY INVOLVEMENT GROUP IN MENTAL HEALTH**

FOR THE YEAR ENDED 31 MARCH 2024

I report on the accounts for the year ended 31 March 2024 as set out on pages 4 to 12.

Respective Responsibilities of Trustees and Examiner

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

The charity's trustees consider an audit is not required for this year under section 144 of the 2011 Act, and that an independent examination is needed.

It is my responsibility as independent examiner to:

- ~ examine the accounts under section 145 of the 2011 Act
- ~ follow the applicable Directions given by the Charity Commissioners under section 145(5)(b) of the 2011 Act, and;
- ~ to state whether particular matters have come to my attention

Basis of Independent Examiners Report

My examination was carried out in accordance with the Directions given by the Charity commission.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items of disclosures in the accounts, and seeking explanations from the trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the accounts.

Independent Examiners Statement

I have completed my examination for the year ended 31 March 2024.

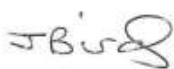
I can confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- ~ accounting records were not kept in accordance with section 130 of the 2011 Act or
- ~ the accounts do not accord with the accounting records to comply with the accounting requirements of the 2011 Act
- ~ the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Independent Examiners Qualification

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination, being a Fellow Member of the Association of Accounting Technicians, which is one of the listed bodies.



23rd January 2025

Miss Jacqueline Bird F.M.A.A.T.

Practicing Licence Number: 1003659

Community Accounting Lancashire C.I.C.

Foxfields, 9 Norley Close, Chadderton, Oldham, OL1 2RA

BURY INVOLVEMENT GROUP IN MENTAL HEALTH

England & Wales - Charity number 1166584

Accounts

Charity Registration Number: 1166584



BURY INVOLVEMENT GROUP IN MENTAL HEALTH

(BIG in Mental Health)

A Charitable Incorporated Organisation (CIO)

**TRUSTEES' ANNUAL REPORT AND
FINANCIAL STATEMENTS**

For The Year Ended

31 March 2023

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

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**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

MEMBERS OF THE BOARD AND PROFESSIONAL ADVISORS

Organisation Name	Bury Involvement Group in Mental Health
Charity Number	1166584
Address	Unit 54 Bury Business Centre Kay Street Bury BL9 6BU
Trustees	Deneze Griffiths Keeley Jane Bell John Mulpeter
Accountants	Community Accounting Lancashire C.I.C. Foxfields 9 Norley Close Chadderton Oldham OL1 2RA
Bankers	Unity Trust Bank Nine Brindleyplace Birmingham B1 2HB



BURY INVOLVEMENT GROUP IN MENTAL HEALTH (BIG IN MENTAL HEALTH)

Trustees Annual Report

For the Year Ended 31 March 2023

The Trustees present their annual report together with the audited consolidated financial statements of Bury Involvement Group in Mental Health for the year ended 31 March 2023.

The Trustees confirm that the Annual Report and financial statements of the Charity comply with the current statutory requirements, the requirements of the Charity's governing document and the provisions of the Statutory Recommended Practice (SORP) "Accounting and Reporting by Charities" including FRS102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

Trustees' Report

Structure, Governance and Management

The Charity was registered with the Charity Commission, on the 18 April 2016 under the register number 1166584, as a Charitable Incorporated Organisation. The Charity has a foundation model constitution which sets out that the only voting members of the charity are its charity trustees. The Constitution of the Charity can be located at Charity's office and copies of the document can be made available on request.

The Charity is governed by the trustees who meet monthly as a board. The Charity has a chief officer, who is responsible for the operational management, overall service delivery, and service development, under the guidance of the trustees. The Trustees are elected and co-opted under the terms set out in our Constitution. The board of trustees may at any time elect additional trustees by calling a meeting of the trustees of the Charity.

Before recruiting a new trustee, the existing trustees conduct a skills audit to identify any gaps in the current skillset of the board. The trustees then advertise for possible candidates, with the advertisements being tailored based on the skill gap analysis. Prospective candidates are provided with a role description and the Charity Commission Guidance "The Essential Trustee: what you need to know, what you need to do", to ensure they have a clear account of what the role of the trustee involves, including their duties and responsibilities. Prospective trustees are then interviewed and appointed by the Board if deemed suitable.

Objects and Activities

Bury Involvement Group in Mental Health (BIG) is an independent charity run by, and for, people experiencing mental distress. The Charity's objectives, as set out in the governing document, are "To protect and promote good health among people experiencing mental health conditions living in Bury and the surrounding area, in particular but not exclusively by the provision of a group providing support, education, information and advice."

Our charity works to empower adults experiencing mental and emotional distress towards their recovery and improved quality of life by providing mutual support and hope. We provide support to help transform Bury and the surrounding area, working with the people of Bury, our VCSE and statutory partners and other key stakeholders.

Trustees' Report

Our activities are all delivered either face to face or via the telephone. The organisation provides the following services:

- **Bury Peer Led Crisis Service** a trauma informed peer-led crisis service providing relational support to individuals experiencing a mental health crisis in the community reducing distress and preventing suicide.
- **Welcome Home Service** which provides a supportive discharge service for individuals currently on a mental health unit in Bury and the surrounding area, with follow-on support in the community to prevent relapse and readmission.
- **Stronger-Together Group** which provides group-based support to individuals experiencing long-term mental and emotional distress in the community to build resilience within the community.
- **Recovery Group** which provides a psycho-educational support and discussion group for individuals in the community, offering a varied roster of speakers (including Psychiatrists, Psychologists, Therapists, People with lived experience, and other local services) to increase knowledge, understanding, and promote shared learning.
- **Calm in Crisis Groups** which provide group-based support to individuals experiencing overwhelming mental health distress offering a route out of crisis services into more community-oriented support.
- **Drop-In Group** which provides group-based support for adults experiencing mental and emotional distress who are looking to socialise with others who face similar challenges in a relaxed and friendly environment helping to prevent social isolation.

The Charity believes that everyone deserves to live a fulfilling life and that peer support has the power to change people and places for the better. We recognise that many people living with mental and emotional distress within our community feel disenfranchised and disempowered due to challenges they face and the inequalities they experience when seeking care and support.

We work hard to ensure our services provide sanctuary to our community ensuring anyone who walks through our door is listened to, and feel valued, included, safe. With passion and creativity at its heart, the Charity supports people to flourish, whilst enriching our community.

Trustees' Report

Vision

BIG's vision is for inclusive, accessible and compassionate mental health and wellbeing support for all adults in Bury.

Mission

BIG supports adults in Bury, and the surrounding area, aged 18 and over who are experiencing mental and emotional distress. Our range of peer-led and rights-based services offer mutual support and hope to our community during difficult times.

Our work is underpinned by our organisational values, which are:

- **Led by Lived Experience:** We value and listen to each person's unique lived experience to deliver support grounded in our philosophy whilst ensuring our Charity remains focused on growing to meet the needs of the people who join our community.
- **Involve to Empower:** We involve people with lived experience at all levels of the Organisation to empower them to use their experience in new and meaningful ways to move towards the lives they want to live.
- **Collaboration:** We work with external partners to ensure the voice of people with lived experience is at the heart of all conversations in the mental health and social care economies across Bury and Greater Manchester.
- **Safety, Mutuality & Choice:** We provide spaces which are safe and allow people to connect and build relationships based on mutuality, respect, trust, and hope, whilst supporting a person's right to have choice and control in their own lives.
- **Trustworthiness & Transparency:** We aim to be clear and straightforward, open, and transparent in everything we do.

Trustees' Report

Performance and Achievements

Bury Peer Led Crisis Service

The Bury Peer Led Crisis Service “BPLCS” was developed in response to our communities’ negative experiences of seeking mental health crisis care and support in the area. The BPLCS was developed and modelled alongside our community, with the voice of lived experience at its heart, across 2017 to 2021. The BPLCS was commissioned and went live in 2021, providing a community-based crisis resource which: prioritized accessibility; was centred on peer-to-peer supportive relationships; and worked sensitively with individuals who had experienced trauma, adverse social conditions, and marginalisation.

Since being established we have worked with our commissioners to review and evaluate the service’s impact. Evaluation has been incredibly positive, with the service demonstrating a clear impact supporting people experiencing a mental health crisis, individuals at risk of suicide and self-injury, and those who have experienced trauma. Since 2021 the commissioners have increased the service’s funding to expand the BPLCS to increase its capacity to support the demand the service has encountered.

Across the year we worked with commissioners to expand the BPLCS over the course of the year we supported 410 individuals through 1626 face to face sessions. The evaluation and monitoring work we have undertaken with commissioners has clearly demonstrated the impact the service has had in the community. Across 2022/23 our evaluation demonstrated that 92% of individual accessing the service reported a reduction in the level of distress they experienced due to the support they received; 82% of people supported developed at least one positive coping strategy they are actively using to support their mental health; and the service prevented at least 32 admissions to an inpatient unit.

Annual Overview			
Month / Year	New People Supported	Monthly / Total Supported	Sessions Attended
Year 1 – 2021/22	167	167	945
Year 2 – 2022/23	368	410	1626
Year 2 – 2022-23 – Quarterly Breakdown			
Year 2 – Q1	71	179	311
Year 2 – Q2	90	243	382
Year 3 – Q3	97	255	420
Year 4 – Q4	110	326	513

Trustees' Report

Case Study: 'Mike'



Male
55 Years Old
White British
Lives Bury West
Referred by Access & Crisis
8 sessions: January-May 22; 3 sessions: October-December 22

"Mike" was referred as he was feeling suicidal and was drinking heavily following the breakdown of his relationship. Mike has made previous suicide attempts and the referral stated that he "is very, very low at the minute, shaky, trembling, and feels 'like a shadow of himself'. He feels that he is not able to give a yes or a no to whether he can keep himself safe."

Mike attended 8 sessions between January and May. During his sessions Mike was able to explore what his triggers were and gain more of an understanding of himself. With this new understanding Mike was able to implement a more robust safety plan that was tailored to his own needs, which included regularly practicing mindfulness, challenging negative thinking, and developing positive coping strategies to reduce his reliance on alcohol.

Mikes crisis was related to his recent relationship breakdown and through his sessions he came to focus on his future and his new life beyond his relationship. In closing the case, Mike was referred onto the Beacon Service for social prescribing and signposted to Andy's Man Club for ongoing support.

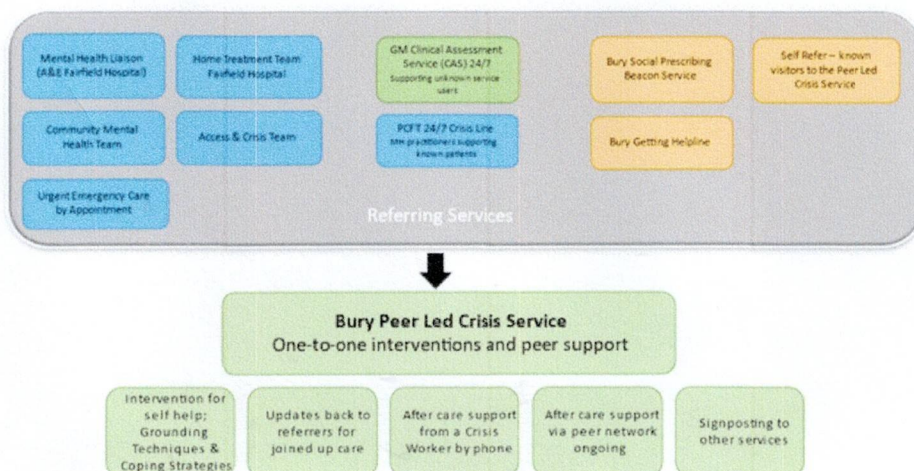
In October 22 Mike self-referred back into the service by making contact. Mike was in crisis again and this was related to his housing situation and his gambling. Mike attended 3 sessions where he was able to offload about his situation and he was signposted to Gamblers Anonymous for ongoing support. By session 3 Mike had moved property and felt his crisis was successfully managed.

"The service has been a life line, having someone I can tell how I feel and actually listens. I wouldn't be here now if it had not been for the support I've had. It's such a warm and welcoming service and I feel comfortable being able to say whatever is in my head. I had no hesitation coming back when I had another crisis because I know it worked for me and I didn't have to go to A&E or go to the bridge."

The service is staffed by 7 workers and operates a day and evening service:

- The evening service operates Monday, Thursday, and Friday, between 6pm and 11pm.
- The day service operates Monday to Friday between 10am and 5pm.
- The BPLCS provides a telephone-based service, Monday to Friday between 9am and 5pm, for individuals unable to access face to face support.

Pathway links with the service are now well established across the mental health crisis care system in Bury:



Trustees' Report

Welcome Home Service

BIG was commissioned to provide the 'Welcome Home Service' (WHS) which looks to provide non-clinical mental health support to Bury residents currently admitted to a psychiatric ward across the region. We work in partnership with Pennine Care Foundation Trust (PCFT) and Bury VCFA to support individuals presently admitted to an inpatient unit, providing a holistic assessment of their needs and tailored support to help them overcome the challenges which led to their admission by preventing delayed transfers of care (DTOC) situations which arise when individuals are 'medically optimised' for discharge (i.e. they have no medical need to be an inpatient) but are unable to be discharged because of another factor, for instance they lack appropriate housing, benefits, etc.

The WHS looks to provide a service which filled a gap within the PCFT service offer, by providing a service to those at risk of DTOC, which focuses on support across the transition from inpatient unit to community. The focus was to provide a high level of emotional and practical support to individuals with acute mental health needs enabling improved flow through, and deflections from, the Bury PCFT inpatient services.

To date we have supported 23 individuals with personalised support through the project. 20 were flagged by PCFT staff on the inpatient unit as at risk of developing into a DTOC. 3 were referred into to service by the Community Mental Health Team due to the risk of admission. Of the individuals supported on the ward all 20 were successfully supported and were able to be discharged when medically optimised avoiding DTOC entirely, additionally, of this group only 1 individual was readmitted following discharge, and this was due to a reoccurrence of a neurological issue. Of the 3 individuals supported who were at risk of admission none were admitted to the inpatient unit, however, 1 individual did move to Cheetham Hill and thus had to be discharged from our services – this individual was subsequently admitted to an inpatient unit in Manchester.

Despite the challenges we have encountered through the pilot of the project (Information Governance, internet access, staffing issues) the project has had a significant impact supporting the reduction of patients becoming DTOCs, preventing readmissions through our support in the community with discharged patients, and preventing admissions through our work with those identified as 'at risk' of admission by the CMHT. We achieved these outcomes by focusing on providing the individuals referred to us with a consistent relationship which centred around a holistic needs assessment. All individuals referred to us have had an initial appointment with the WHS worker who undertakes a private consultation to assess their individual needs and are offered subsequent follow up appointments as needed. The support needs of those we have been referred to our service have varied by person, but a considerable number of individuals supported through the project had a primary issue which related to a practical concern, like housing or benefits.

Trustees' Report

"The weekly support sessions from [staff name] helped me a lot by recognising my trauma responses and how to deal with them better. She helped build up my confidence and together discovered coping mechanisms for my anxiety enabling me to go shopping without panic attacks and stopped me going back into hospital and I'm now getting back into the community doing things I used to enjoy like gardening and attending social groups."

Client outcomes have varied due to the variety in needs of the individuals who have accessed the services, key client focused outcomes achieved so far have been: 9 individuals supported to access benefits (UC, PIP); 7 Individuals have been supported to access accommodation; 7 individuals were supported with debt related issues, which resulted in mainly cleared debts (discretionary housing payments,) or debt management plans; 5 individuals were supported with budgeting advice and guidance upon their discharge; 7 individuals were provided with advice and guidance regarding their rights (Rights in relation to landlords; Liability for damage caused to property caused during psychotic episode); 4 individuals were referred into food banks; 7 individuals were provided with support around emotional resilience; 4 individuals were provided with support for previous experiences of trauma; 7 individuals were supported with daily life skills; and 3 individuals were supported with necessary household works and/or the purchase of household furniture.

"When I got discharged from the ward I felt abandoned by the medical services because no one was helping me as I continued to have fits and [staff name] was the only one that came to visit me. She helped me get my benefits and finances in order, referred me into trust house for on going help with food parcels and BPLCS for continued help with feeling in crisis. I found [staff name] easy to talk to and she understood what I was going through mentally so I could tell her everything."

**"Fantastic initiative... when discussing WHS on the wards and to the ward staff, they are very supportive and welcoming on the service. BIG has a very good reputation of support within PCFT which has been a great support for the creation of WHS. BIG also run a support group on the ward weekly which is great to support WHS, as individuals will have heard of BIG prior to getting involvement. The nurses have been fantastic and supportive of WHS and are very keen to make referrals" - Dr. Akenola - Inpatient Psychiatrist
Irwell Unit Bury**

Trustees' Report

Group Work

We offer a variety of therapeutic peer support group work opportunities across our community, these include: the stronger together group which provides a safe space for individuals struggling with any mental health condition; the recovery group which is a psychoeducational discussion group which covers a range of mental health related topics, from trauma and abuse, hearing voices, to anxiety and stress, with a range of guest speakers (psychiatrists, psychologists, people with lived experience, and other services in the area); the calm in crisis groups in Prestwich and Radcliffe which provide a safe space for individuals presently struggling with a mental health crisis; and the drop in group which provides a welcoming and safe environment for people with mental health difficulties to come together to socialise, connect, and access support in a relaxed format.

After the return to face-to-face groups over the year, following on from the interruptions this element of BIG faced during the pandemic, attendance has been strong with 431 individuals attending groups over the course of the year. Our groups continue to be led by our volunteer team without whom we would be unable to provide this core element of our service. With the expansion of our paid team, particularly the new Community Peer Group Coordinator, we have been able to expand the range of training and development opportunities available to our volunteer team enabling them to develop within their roles in ways we have not previously been able to do.

Total Attendance						
Month	Stronger Together	Recovery	Calm in Crisis – Radcliffe	Calm in Crisis – Prestwich	Drop-in	Per month
Apr-22	9	33	9	5	45	101
May-22	61	39	9	5	51	165
Jun-22	52	46	5	10	55	168
Jul-22	32	42	4	10	58	146
Aug-22	35	49	21	11	58	174
Sep-22	15	57	16	10	61	159
Oct-22	42	48	31	13	60	194
Nov-22	36	62	20	15	67	200
Dec-22	24	56	12	8	66	166
Jan-23	33	55	16	13	72	189
Feb-23	42	84	19	6	71	222
Mar-23	38	42	21	16	77	194
Total Attendance (annual)						
Total	419	613	183	122	741	2078
Total Unique Attendance (annual)						
Total	135	198	70	55	170	431

Trustees' Report

Partnership Working and System Leadership

BIG continues to be active within the community and across the strategic landscape, advocating for improved mental health services with an emphasis on the involvement of, and coproduction with, individuals with lived experience of mental and emotional distress. Our Chief Officer continues his position as the locality lead for mental health for the voluntary sector in Bury on the Greater Manchester VCSE Mental Health Leadership Group. The group underpins the broader work of the Greater Manchester VCSE Leadership Group and the Memorandum of Understanding established with the Greater Manchester Health and Social Care Partnership and the devolution agenda in Greater Manchester, shaping services across Greater Manchester and drawing down funds to address surges in demand, hospital discharge and culturally specific services and the Community Mental Health Transformation Programme. The Leadership Group has themed areas of work around:

- **Reducing mental health inequality for people across Greater Manchester.**
- **Transformation in system leadership across Greater Manchester.**
- **Mechanisms that meaningfully listen to and empower service users/experts-by-experience.**
- **Co-creating integrated and holistic care that recognises difference and complexity, balancing clinical and non-clinical approaches.**
- **Radical changes in commissioning.**

Within the locality our Chief Officer has worked closely with the Bury Voluntary and Community Alliance to grow and develop the VCSE sector in Bury, taking on chair responsibilities for the Bury Voluntary and Community Leadership Group with the aim to ensure the sector in Bury has a meaningful voice in the decisions which affect our community. Alongside this work, we are also represented at other key strategic boards within the area including the Bury Acute Care Forum, the locality Risk and Crisis Sub-group, the Bury Suicide Prevention Forum, and the Bury Programme Delivery Board.

Over the year we have strengthened our relationships with colleagues in various sectors, including statutory services and other VCSE organizations. This positions us well to develop new partnerships in the years to come. We have actively participated in the development of our locality's "living well model," which is aligned with the national transformation of community mental health services. Regionally, our involvement in the BPLCS has led us to contribute to the PCFT development work, focusing on the VCSE's role in acute risk and crisis support. With the relationships we have strengthened over the years, we are confident in our ability to work collaboratively on the ground, enhance our influence on key policies and service decisions through co-design with individuals who have lived experience, and ultimately secure further funding opportunities to expand our current offerings and develop and deliver more peer-led services.

Trustees' Report

Plans for the Future

BIG has developed 4 primary business objectives which will ensure that we have the focus, culture, and infrastructure, to deliver on our vision, mission, and objectives over the coming year. Our Business Objectives are to:

- **Invest in our workforce:** Continue to build a high-quality workforce and volunteer team, investing in our people and developing our mechanisms and processes to ensure the team is supported to continue to develop their practice and the services we provide.
- **Build on our relationships:** Deepen our relationships across partner organisations, wider stakeholders, and our community to ensure we effectively work together to foster a culture of learning where we can learn and grow together.
- **Strengthen our voice:** Ensure the charity continues to respond to and influence the changing mental health eco-system, particularly by advocating for and leading on peer-led services which provide effective support to those experiencing mental and emotional distress.
- **Focus on sustainability:** Remain a financially viable charity with robust governance and procedures, with a focus on diversifying our income to maintain and strengthen the financial stability of the charity.

These goals will be achieved through both the strategic and operational work of the organisation. Oversight will be through the Trustees meeting with bi-monthly updates on progress to the Board of Trustees.

Contribution Made by Volunteers

Volunteers play a crucial role within the organisation, and they are integral to the effective delivery of our services and our success. The organisation is proud of the fact that most of the people who volunteer their time to our charity are people with lived experience of mental distress; many of them being people who had previously attended BIG for support. During this financial year our organisation supported and benefitted from the knowledge and skills of 24 volunteers.

Trustees' Report

Risk Management

The Trustees have set policies for the management of risks faced by the charity, which include the setting up and maintenance of a risk register which is reviewed periodically. The risk register records the risks that may arise in each area of the charity's operations and the CEO is charged with implementing the mitigations.

The principal risks and uncertainties faced by the charity at the time of writing are identified as a loss of funding, changes in health and social care policy and the impact of COVID-19 on the local and wider economy and the potential impact on short and long term funding. These risks are managed by developing strong working partnerships with our funders, seeking to diversify our funding sources, and ensuring we engage with strategic bodies.

Public Benefit

The charity deploys all of its resources to support adults aged 18 and over to resolve, or better manage their mental health, through the provision of one to one and group support. The charity also aims to provide a preventative service, in providing support which stops people accessing statutory or inpatient psychiatric services. The charity advocates for lived experience-centred approaches that demonstrate local impact. This public benefit is directly related to our charitable objectives.

The trustees confirm that they have referred to the guidance in the Charity Commission's general guidance on public benefit when reviewing the Charity's objectives and aims and in planning future activities for the year.

Fundraising

BIG does not engage in any public fundraising. Fundraising responsibilities within the organisation sit with the senior leadership team, particularly the Chief Officer. No person acting on behalf of the charity has been subject to an undertaking to be bound by any voluntary scheme for regulating fund-raising, or any voluntary standard of fund-raising, in respect of activities on behalf of the charity. We have never received any complaints about activities by the charity or by a person on behalf of the charity for the purpose of fund-raising; BIG therefore feels that the charity has no fundraising activities requiring disclosure under S162A of the Charities Act 2011'.

Trustees' Report

Financial Review

The Statement of Financial Activities shows a total income for the year of £305,448. Income from contributions given by people who attended our support groups amounted to £2,075, which combined with other donations total income from charitable activities came to £7,157. The Trustees, staff, and volunteers are very grateful to all the individuals and businesses who have made donations to the work of the charity over the year.

The balance of Funds at 31 March 2023 was £236,015. Of which £103,024 was unrestricted funds with the remainder being restricted funds.

We have continued to receive funding from Tudor Trust to cover the costs of the Chief Officers salary, and accountancy costs. This funding ends in December 2022, however, the Charity is presently developing an application to Tudor Trust to seek continuation funding.

The Trustees of the charity are focused on continuing to build reserves to ensure the sustainability of the organisation and have started the process of developing a new Reserves Policy for the Charity which will be ratified in 2023-24.


Trustees' Report for the year ended 31 March 2023

In so far as the Trustees are aware:

- There is no relevant audit information of which the charitable company's auditor is unaware; and
- The Trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

The Trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

This report was approved by the Board of Trustees and signed on its behalf, by:
Deneze Griffiths, Chair


Deneze Griffiths

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

**REPORT TO THE MEMBERS ON THE UNAUDITED FINANCIAL STATEMENTS OF
BURY INVOLVEMENT GROUP IN MENTAL HEALTH**

FOR THE YEAR ENDED 31 MARCH 2023

I report on the accounts for the year ended 31 March 2023 as set out on pages 4 to 10.

Respective Responsibilities of Trustees and Examiner

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

The charity's trustees consider an audit is not required for this year under section 144 of the 2011 Act, and that an independent examination is needed.

It is my responsibility as independent examiner to:

- ~ examine the accounts under section 145 of the 2011 Act
- ~ follow the applicable Directions given by the Charity Commissioners under section 145(5)(b) of the 2011 Act, and;
- ~ to state whether particular matters have come to my attention

Basis of Independent Examiners Report

My examination was carried out in accordance with the Directions given by the Charity commission.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the accounts.

Independent Examiners Statement

I have completed my examination for the year ended 31 March 2023.

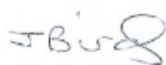
I can confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

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I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Independent Examiners Qualification

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination, being a Fellow Member of the Association of Accounting Technicians, which is one of the listed bodies.



22nd December 2023

Miss Jacqueline Bird F.M.A.A.T.

Practicing Licence Number: 1003659

Community Accounting Lancashire C.I.C.

Foxfields, 9 Norley Close, Chadderton, Oldham, OL1 2RA

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

**STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING THE INCOME AND EXPENDITURE ACCOUNT)**

FOR THE YEAR ENDED 31 MARCH 2023

	<i>Notes</i>	Unrestricted Funds 2023 £	Restricted Funds 2023 £	Total Funds 2023 £	Total Funds 2022 £
Income from:					
Grants and donations	2	80,517	217,724	298,241	324,644
Charitable activities	3	7,157	-	7,157	4,138
Other income		<u>50</u>	<u>-</u>	<u>50</u>	<u>-</u>
Total		<u>87,724</u>	<u>217,724</u>	<u>305,448</u>	<u>328,782</u>
Expenditure on:					
Raising funds	4	246	-	246	816
Charitable activities	5	22,200	277,974	300,174	163,506
Other expenditure		<u>-</u>	<u>-</u>	<u>-</u>	<u>-</u>
Total		<u>22,446</u>	<u>277,974</u>	<u>300,420</u>	<u>164,322</u>
Net income/(expenditure)		<u>65,278</u>	<u>(60,250)</u>	<u>5,028</u>	<u>164,460</u>
Transfers between funds		17,776	(17,776)	-	-
Net movement in funds		<u>83,054</u>	<u>(78,026)</u>	<u>5,028</u>	<u>164,460</u>
Reconciliation of funds:					
Total funds brought forward		<u>19,970</u>	<u>211,017</u>	<u>230,987</u>	<u>66,527</u>
Total funds carried forward	10	<u>103,024</u>	<u>132,991</u>	<u>236,015</u>	<u>230,987</u>

The notes on pages 6 to 10 form part of these financial statements.

Note 11 to the accounts shows a comparative Statement of Financial Activities for the year ended 31 March 2022.

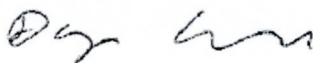
**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

BALANCESHEET

AS AT 31 MARCH 2023

	<i>Notes</i>	2023	£	2022	£
CURRENT ASSETS					
Cash at Bank and in Hand		231,049		234,292	
Debtors & Prepayments	7	110,415		3,589	
Other Current Assets	8	<u>8,770</u>		<u>-</u>	
		350,234		237,881	
CREDITORS: Amounts falling due within one year	9	114,219		6,894	
NET CURRENT ASSETS			236,015		230,987
CREDITORS: Amounts falling due after one year			-		-
NET ASSETS			<u>236,015</u>		<u>230,987</u>
FUNDS OF THE CHARITY					
Unrestricted Funds			103,024		19,970
Restricted Funds			<u>132,991</u>		<u>211,017</u>
TOTAL FUNDS	10		<u>236,015</u>		<u>230,987</u>

The financial statements were approved by the Board of Trustees on the 18th of December 2023 and signed on their behalf:



Deneze Griffiths
Trustee

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

1. ACCOUNTING POLICIES

Basis of accounting

As the income of the charity exceeds £250,000 in this financial year, the financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) issued on 16 July 2014 [as updated through Update Bulletin 1 published on 2 February 2016 and also Update Bulletin 2 published on 5 October 2018) – (Charities SORP (FRS 102)], the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Going concern

The trustees are satisfied that there are no material uncertainties about the charity's ability to continue.

Incoming resources

All income, including grants and donations, is recognised once the charity has entitlement to the income, that it is probable that the income will be received, and the amount of income receivable can be measured reliably.

Restricted funds are to be used for specified purposes as laid down by the donor.

Expenditure which meets these criteria's is identified to the fund, together with a fair allocation of overheads and support costs.

Unrestricted funds are for grants, donations and other incoming resources received or generated for charitable purposes.

Resources expended

All expenditure is accounted for on an accruals basis. All expenses, including support costs and governance costs, are allocated or apportioned to applicable expenditure headings.

Charitable expenditure shall include all expenditure directly related to the objects of the charity, including the cost of goods and services, that have been incurred in charitable activities.

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required, and the amount for the obligation can be measured reliably.

Governance costs

Governance costs shall include all expenditure directly related to the administration of the charity including expenditure incurred in the management of the charity's assets, organisational administration and compliance with charitable and statutory requirements.

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

2. INCOME FROM GRANTS & DONATIONS

	Unrestricted Funds	Restricted Funds	2023 Total Funds	2022 Total Funds
	£	£	£	£
NHS CCG Community Crisis	76,465	215,724	292,189	117,516
NHS CCG (DTC)	-	-	-	65,000
GM Winter Pressures	-	-	-	85,000
Tudor Trust Grant	-	2,000	2,000	30,000
Bury Let's Do It	-	-	-	19,422
Donations	4,052	-	4,052	7,706
	<u>80,517</u>	<u>217,724</u>	<u>298,241</u>	<u>324,644</u>

3. INCOME FROM CHARITABLE ACTIVITIES

	Unrestricted Funds	Restricted Funds	2023 Total Funds	2022 Total Funds
	£	£	£	£
Group Donations	2,075	-	2,075	235
Fundraising	1,807	-	1,807	-
Gift Aid	-	-	-	-
Just Giving	3,275	-	3,275	3,903
	<u>7,157</u>	<u>-</u>	<u>7,157</u>	<u>4,138</u>

4. EXPENDITURE ON RAISING FUNDS

	Unrestricted Funds	Restricted Funds	2023 Total Funds	2022 Total Funds
	£	£	£	£
Fundraising Events	30	-	30	600
Fundraising Costs (Just Giving)	216	-	216	216
	<u>246</u>	<u>-</u>	<u>246</u>	<u>816</u>

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

5. EXPENDITURE ON CHARITABLE ACTIVITIES

	Unrestricted Direct & Governance Costs	Restricted Direct & Governance Costs	Unrestricted Support Costs	Restricted Support Costs	2023 Total Funds	2022 Total Funds
	£	£	£	£	£	£
Salaries Costs	14,843	238,517	-	-	253,360	126,241
Training & Courses	-	-	-	3,028	3,028	3,034
Rent & Room Hire	-	-	3,220	3,967	7,187	6,820
Utilities (Electric/Gas/Water)	-	-	-	260	260	-
Repairs & Maintenance	-	-	31	48	79	-
Resources & Consumables	-	-	187	1,192	1,379	1,488
Refreshments	-	-	530	1,656	2,186	218
Events Costs	-	-	30	25	55	144
Equipment & Furnishings	-	-	114	1,113	1,227	3,347
Computer Equipment	-	-	-	2,640	2,640	-
Advertising & Marketing	-	-	-	684	684	2,880
Printing, Stationery & Postage	-	-	64	1,269	1,333	324
Telephone & Internet	-	-	126	4,146	4,272	1,589
IT Domain & Licences	-	-	15	320	335	236
Accountancy Software	-	-	206	-	206	-
Travel Costs	-	-	-	8,149	8,149	1,743
Volunteer Expenses	-	-	371	681	1,052	533
Insurances	-	-	789	1,560	2,349	2,106
DBS Checks	-	-	37	437	474	262
HR & Professional Services	-	-	-	4,766	4,766	86
Legal Costs	-	-	-	1,855	1,855	-
Accounting Fees	1,400	550	-	-	1,950	1,845
Payroll Costs	113	632	-	-	745	309
Bank & Card Costs	108	-	-	-	108	108
Tudor Wellbeing	-	-	-	479	479	1,107
NHS CCG Service	-	-	-	-	-	780
Bury Voluntary Community & Faith Alliance Service	-	-	-	-	-	8,306
Sundries	-	-	16	-	16	-
	<u>16,464</u>	<u>239,699</u>	<u>5,736</u>	<u>38,275</u>	<u>300,174</u>	<u>163,506</u>

Total resources expended are stated after charging:

Independent Examination Fees	£	£
	1,400	1,845
Other Accountancy Costs	<u>550</u>	<u>-</u>
	1,950	1,845

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

6. STAFF COSTS

The movement in the year is after charging:

2023	2022
£	£
<u>253,360</u>	<u>126,241</u>

Average number of full-time equivalent employees in the year:

2023	2022
Chief Executive Officer	1
Crisis Service Manager	1
DTC Manager	0.2
Let's Do It Manager	-
Crisis Supporters	2.0
<u>9.1</u>	<u>4.2</u>

No employee received emoluments of £60,000 or above (2022: none).

No Trustees were paid any remuneration or expenses during the course of the year (2022: none).

7. DEBTORS & PREPAYMENTS

2023	2022
£	£
Prepayments	3,589
Debtors	-
Accrued Income	-
<u>110,415</u>	<u>3,589</u>

8. OTHER CURRENT ASSETS

2023	2022
£	£
Rent Deposit	-
<u>8,770</u>	<u>-</u>
<u>8,770</u>	<u>-</u>

9. CREDITORS: Amounts falling due within one year

2023	2022
£	£
Accruals	6,894
Creditors	-
Deferred Income	-
<u>107,000</u>	<u>-</u>
<u>114,219</u>	<u>6,894</u>

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2023

10. FUNDS ANALYSIS

Fund Name	Balance as at 1 April 2022 £	Receipts £	Payments £	Transfers £	Balance as at 31 March 2023 £
Unrestricted Funds	<u>19,970</u>	<u>87,724</u>	<u>(22,446)</u>	<u>17,776</u>	<u>103,024</u>
	19,970	87,724	(22,446)	17,776	103,024
Restricted Funds:					
NISA	549	-	(549)	-	-
NHS CCG Community Crisis	31,527	215,724	(200,533)	-	46,718
NHS CCG (DTCO)	57,245	-	(20,452)	(6,663)	30,130
GM Winter Pressures	74,646	-	(8,337)	(11,113)	55,196
Tudor Trust Grant	28,078	2,000	(29,131)	-	947
Bury Let's Do It	<u>18,972</u>	<u>-</u>	<u>(18,972)</u>	<u>-</u>	<u>-</u>
	211,017	217,724	(277,974)	(17,776)	132,991
TOTAL FUNDS	<u>230,987</u>	<u>305,448</u>	<u>(300,420)</u>	<u>-</u>	<u>236,015</u>

11. COMPARATIVE INFORMATION (previous year)

	<i>Notes</i>	Unrestricted Funds 2022 £	Restricted Funds 2022 £	Total Funds 2022 £
Income from:				
Grants and donations	2	7,706	316,938	324,644
Charitable activities	3	<u>4,138</u>	<u>-</u>	<u>4,138</u>
Total		<u>11,844</u>	<u>316,938</u>	<u>328,782</u>
Expenditure on:				
Raising funds	4	816	-	816
Charitable activities	5	<u>6,642</u>	<u>156,864</u>	<u>163,506</u>
Total		<u>7,458</u>	<u>156,864</u>	<u>164,322</u>
Net income/(expenditure)		<u>4,386</u>	<u>160,074</u>	<u>164,460</u>
Net movement in funds		<u>4,386</u>	<u>160,074</u>	<u>164,460</u>
Reconciliation of funds:				
Total funds brought forward		<u>15,584</u>	<u>50,943</u>	<u>66,527</u>
Total funds carried forward	10	<u>19,970</u>	<u>211,017</u>	<u>230,987</u>

BURY INVOLVEMENT GROUP IN MENTAL HEALTH

England & Wales - Charity number 1166584

Accounts

Charity Registration Number: 1166584



BURY INVOLVEMENT GROUP IN MENTAL HEALTH

(BIG in Mental Health)

A Charitable Incorporated Organisation (CIO)

**TRUSTEES' ANNUAL REPORT AND
FINANCIAL STATEMENTS**

For The Year Ended

31 March 2022

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

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**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

MEMBERS OF THE BOARD AND PROFESSIONAL ADVISORS

Organisation Name	Bury Involvement Group in Mental Health
Charity Number	1166584
Address	Unit 54 Bury Business Centre Kay Street Bury BL9 6BU
Trustees	Deneze Griffiths Keeley Jane Bell John Mulpeter (appointed 08/06/2022) Frances Christine Halligan (resigned 18/03/2022) Tina Kim Wardle (resigned 27/09/2021) Deborah Louise Bhatti (resigned 11/04/2021) Paul Johnson (resigned 11/05/2022)
Accountants	Community Accounting Lancashire C.I.C. Foxfields 9 Norley Close Chadderton Oldham OL1 2RA
Bankers	Unity Trust Bank Nine Brindleyplace Birmingham B1 2HB

BURY INVOLVEMENT GROUP IN MENTAL HEALTH

(BIG in Mental Health)

REPORT OF THE TRUSTEES

The Trustees present their annual report together with the audited consolidated financial statements of Bury Involvement Group in Mental Health for the year ended 31 March 2022.

The Trustees confirm that the Annual Report and financial statements of the Charity comply with the current statutory requirements, the requirements of the Charity's governing document and the provisions of the Statutory Recommended Practice (SORP) "Accounting and Reporting by Charities" including FRS102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland".

Objectives

Bury Involvement Group in Mental Health (BIG) is an independent charity run by, and for, people experiencing mental distress. Our charity provides the best possible mental health support to help transform Bury and the surrounding area, working with the people of Bury, our partners and other stakeholders, we seek to empower adults experiencing mental and emotional distress towards their recovery and improved quality of life by providing mutual support and hope.

The Charity's objectives, as set out in the governing document, are *"To protect and promote good health among people experiencing mental health conditions living in Bury and the surrounding area, in particular but not exclusively by the provision of a group providing support, education, information and advice."*

Our work is underpinned by our Organisational values, which are:

- **Led by Lived Experience:** We value and listen to each person's unique lived experience to deliver support grounded in our philosophy whilst ensuring our Charity remains focused on growing to meet the needs of the people who join our community.
- **Involve to Empower:** We involve people with lived experience at all levels of the Organisation to empower them to use their experience in new and meaningful ways to move towards the lives they want to live.
- **Collaboration:** We work with external partners to ensure the voice of people with lived experience is at the heart of all conversations in the mental health and social care economies across Bury and Greater Manchester.
- **Safety, Mutuality & Choice:** We provide spaces which are safe and allow people to connect and build relationships based on mutuality, respect, trust, and hope, whilst supporting people's right to have choice and control in their own lives.
- **Trustworthiness & Transparency:** We aim to be clear and straightforward, open, and transparent in everything we do.

The Charity believes that everyone deserves to live a fulfilling life and that peer support has the power to change people and places for the better. With passion and creativity at its heart, the Charity supports people to flourish, enriching the town and our community.

Activities

Telephone Call back Service: Initially set up during the lockdown our Telephone Call Back Service looks to support individuals who are isolated and struggling with their mental health by providing them with regular phone contact with one of the BIG team. Through this service we predominately aim to provide individuals with emotional support through the peer relationship, while we also assess unmet needs and link with other agencies to support practical challenges. Through this service we have been able to offer people a friendly conversation with one of our volunteer facilitators, the service has enabled us to keep on contact with people who have come to BIG and to provide support to new members. We call people to give them a safe and supportive relationship to help people discuss what they wish. The service has provided our isolated members with a lifeline through the year. As restrictions lifted and BIG moved back to face to face support the telephone service continued to prove itself incredible useful as it enabled BIG to be more responsive to the needs of those within our community who were particularly struggling. Individuals who had struggled in the week at groups are now provided with further support through the telephone service meaning we were able to sign-post, refer, and support individuals who may have otherwise deteriorated into crisis point without this extra support.

Face to Face Peer Support Groups: In July BIG returned to face-to-face support by trialing a new format, closed peer support groups. The decision to return with a new format was taken due to concerns around coronavirus and community transition and a need to limit the numbers of people attending our groups. The closed peer support groups ran for two months across July and August. The new format proved popular with participants, who commented that it provided a different experience than our open groups, as people felt the limited and consistent membership helped them to feel more comfortable and thus express themselves more. Due to the success of the new format, the Trustees have decided that this type of group will be tested further in 2022 to assess whether this format will be introduced to BIGs community offer on a long-term basis. The open peer support groups were restarted later in the year in October and were well received by our community. By the end of the financial year BIG is delivering five weekly peer support groups, one on the psychiatric ward at the Irwell Unit in Bury, and four in the community.

Bury Peer Led Crisis Service: In 2021 BIG was commissioned to deliver the Bury Peer Led Crisis Service (BPLCS), a service we modelled and designed with our service users. The BPLCS provides out of hours support in the community to individuals who are experiences a self-defined mental health crisis. The service is led by a team of three people who all have their own personal experience of mental health crisis. The project initially started slow, with the agreed referral pathway with the NHS resulting in a low volume of referrals. Due to this we agreed with commissioners that the pathway should be expanded to provide more opportunities for VCSE organisations to refer individuals in need of crisis support. With this it was agreed to expand the pathway to include local VCSE organisations across Bury, most notably, Early Break who were commissioned during the pandemic to provide a local public facing helpline for people in the area. This change has enabled us to reach a broader group of people than those who are currently being supported by NHS services, and has enabled us to support other VCSE groups, as well as the NHS, across Bury providing support to their clients when they have significant mental health needs.

Initially the BPLCS was commissioned with an element of the service being sub-commissioned to the local social prescribing service, to help support the people who would be supported by the Crisis Service. The plan at the start of the project was for the service to provide them with extra support to

help them engage more within their community, accessing community groups, attending appointments, etc. Sadly, the service was unable to support the project in the way we had initially agreed as the needs of the individuals we were supporting was considered 'not social prescribing ready' by the service and thus they were unable to contribute what the project required. With this, the sub-commission was mutually terminated, and this element of the service was brought in house and redeveloped. The BPLCS team grew to four as we took on a telephone and outreach crisis supporter, who's role was designed around supporting the individuals who are unable to access the evening service due to mobility or mental health needs, whilst also looking to support individuals to access resources within their community as initially had been hoped. The CCG have been impressed with the success of the service so far and we were delighted to find out in December 2021 that the service has been recommissioned with a three-year contract. We were also delighted to receive an increase in funding to trial a new drop-in crisis model for the area, which we have begun mobilising and which we will seek to open in 2022.

Welcome Home Scheme: During the year the CCG approached us to model a service for the area, which would be put forward for the locality's application for national winter pressures funding, which was being organised at a Greater Manchester level. BIG decided to focus on developing a new project which aims to support people as they transition from the acute mental health inpatient unit back into the community, as this has historically been an area of issue for those within our community. The new project has been funded as a 12-month pilot to evaluate its impact to determine longer term commissioning. We have teamed up with our local NHS Trust and another VCSE organisation, VCFA, to form a partnership so we can work together to better improve this key point in people's recovery journeys. BIG will be providing a 'Welcome Home' project which centres around building a supportive relationship with people during their time on the ward so that we can help advocate for their needs during their discharge and provide a friendly face to welcome them back into the community, supporting them once they are home with a co-produced recovery plan which aims to holistically look at each individual's needs and provide them with support to overcome any challenges or issues which resulted in their initial crisis. We are excited to have been approached by the CCG to develop a project for the area, and we are confident that this service will prove invaluable to those it supports over the year, we are also confident that this service will link in well with our current Bury Peer Led Crisis Service offer and takes us one step closer to being able to provide a more compassionate wrap around support to those in mental health crisis in Bury.

BIG Steppingstones Project: In December BIG secured funding from Bury Council to fund a new paid position within the charity, which we are presently recruiting to, which will see us take on a new 'Peer Group Coordinator'. This new role will be a major step forward for the organisation's core offer in the community as it will see responsibility of the service delivery of the community peer support groups moved away from the chief officer. This funding was secured on the basis that BIG develop a new project which seeks to bolster our community support offer across Bury, by delivering groups which aim to act as a 'steppingstone' back into the community for those who have been or are engaged in crisis services. The new project will not only enable BIG to provide more support to some of the most vulnerable individuals in our community. The project, which will be funded for 12 months, will centre on two main elements, supporting the service delivery of our community peer support groups and supporting the development of our team of volunteers with lived experience. We are hopeful that this project will be a major step towards building the necessary extra capacity around our core offer, whilst also supporting the link between our core peer support group offer and the Bury Peer Led Crisis Service.

Events and outreach: Due to the continued effect of the pandemic we have not been able to hold as many events as in the community. We have however, continued to use our social media platforms to reach a broad audience in the community, to educate people about mental health in a non-judgemental way, improving knowledge and reducing stigma. We have 654 followers on Twitter; 2656 followers on Facebook; 215 followers on Instagram.

Public Benefit

The Charity's Trustees have complied with their duties under the Charities Act 2011 to have due regard to public benefit guidance (PB1, PB2, and PB3) published by the Charity Commission. They are aware of the public benefit requirement, its implications for charities and their duty to report how they have carried out the Charity's purpose.

Achievement and Performance

One of the standout successes of the year has been the implementation of our crisis service, which has provided intensive human to human peer support interventions for individuals who are in mental health crisis and at risk of suicide. The service has better enabled us to provide much needed support to these individuals: whilst demonstrating to our commissioners and the NHS the valuable work and impact VCSE organisations, and user led groups, can have working with high-risk individuals with significant mental health needs. Over the year the BPLCS has become embedded within the Bury mental health system, we have managed to play an important role without compromising on our values or ethos, offering more choice for those in distress and a valuable alternative to statutory support.

Over the period our ability to influence has increased significantly. Our chief officer has been appointed as the locality lead for Mental Health for the voluntary sector in Bury. With this, they have joined the Greater Manchester Voluntary Sector Mental Health Leadership Group, which is comprised of other locality representatives and thematic leads from across GM. Through this group, the organisation is seeking to articulate the need for improved structure across the localities in Greater Manchester to better gather people and services, understand their experiences, and advocate for changes at both a locality and a regional level.

Telephone Call Back Service: Across the year our telephone call back service continued to support individuals within our community. The service was initially set up after the national lockdown was mandated in 2020 and enabled us to keep in contact with 196 individuals within our community across the year. Of the 196 individuals accessing the service 81% reported that they would recommend the service, and 76% reported that they had achieved at least one major positive improvement due to the support provided by the service.

Bury Peer Led Crisis Service: The Bury Peer Led Crisis Service received its first referral in May 2021. The Bury Peer Led Crisis Service provides a meaningful crisis service for adults experiencing a mental health crisis in the community, the service offers individuals a human-to-human relationship within the community to process and explore the crisis in a safe and supportive space. We offer people consistency, compassion, and an understanding which is based on shared experience. The service imposes no time limits on the support provided and has no exclusion criteria. Staffed by a team of three peer support workers the service has so far been open for 102 service days, between May and

December, and has delivered 617 sessions with 108 adults in mental health crisis. The gender breakdown of the service has been evenly split with 52% female to 48% male. So far, the service has established an engagement rate of over 80%, with unsuccessful engagement predominantly due to inappropriate referrals (i.e., referrals for underage individuals, or incomplete referral forms).

Face to Face Peer Support Groups: Whilst the BPLCS has been delivering across the year, our peer support groups have been delivered less consistently throughout the year due to the pandemic and the difficulties this brings for group support. Despite this, we still managed to deliver two closed peer support through which supported 22 individuals, and a 117 people across the October.

The organisation is confident of the value and impact of the work we do has within our community. However, we have not always had the resource to be able to develop our services in the way we would have liked. Through the BPLCS, we have managed to attain an increased level of funding, with this we feel that we are starting to build a compassionate wrap around offer for those in our community, as we look to support people out of hospital, back into the community, whether in crisis or not, towards a more positive and hopeful life. We hope this report paints a picture that whilst the charity has grown, our vision for what is valuable for our community, and our ethos behind what work we will deliver, and what work we will not deliver, is clear.

Contribution Made by Volunteers

Volunteers play a crucial role within the organisation, and they are integral to the effective delivery of our services and our success. The organisation is proud of the fact that most of the people who volunteer their time to our charity are people with lived experience of mental distress; many of them being people who had previously attended BIG for support. During this financial year our organisation supported and benefitted from the knowledge and skills of 27 volunteers.

Financial Review

The Statement of Financial Activities shows a total income for the year of £324,644. Income from contributions given by people who attended our support groups amounted to £235. Other donations come to £3903. The Trustees, staff, and volunteers are very grateful to all the individuals and businesses who have made donations to the work of the charity over the year.

The balance as at 31 March 2022 was £230,987. Of which £19,970 was unrestricted funds with the remainder being restricted funds

We have continued to receive funding for Tudor Trust to cover the costs of the Chief Officers salary, and accountancy costs. This funding ends in December 2022, however, the Charity is presently developing an application to Tudor Trust to seek continuation funding for a further two years.

The Trustees of the charity are focused on continuing to build reserves to ensure the sustainability of the organisation and have started the process of developing a new Reserves Policy for the Charity which will be ratified in 2022-23.

Plans for Future Periods

Broadly 2021 has been one of BIG's best years in many ways: we have increased the charity's revenue; broadened the revenue streams open to the organisation; strengthened our relationships with the local CCG; strengthened our relationship with local NHS teams and services; strengthened our relationship with local VCSE groups, across GM; developed and delivered new services; started to address some of the capacity issues we have within the service; and increased our influence across GM. In 2022 we are keen to keep addressing the core challenges which face BIG.

Within the Charity the senior management team have defined four core objectives for the charity across the medium-term future, those being: Developing capacity within the charity; developing our team further; developing partnerships with VCSE and statutory partners; and improving the governance and procedures within the organisation.

Developing Capacity: With the commissioning of the Bury Peer Led Crisis Service the BIG team grew from 1 employee to 4. Given the expansion of the crisis service, the welcome home project and the new paid role for the community support groups, 2022 will see BIG's staff team grow to 10 employees. This will significantly increase the level of support we can provide to those in our community who experience mental and emotional distress. We are presently working to recruit these new employees and are hopeful that we will be as fortunate as we were when we initially hired the crisis service staff, in drawing top talent into the organisation who are keen to work within a thriving charity with a clear mission and ethos.

Developing the Team: We are hopeful with the funding acquire for the new Peer Group Coordinator will enable us to significantly improve the level of support we can provide to our team, particularly our volunteer team. Over the coming year we are seeking to increase the level of support, supervision, guidance, and training to our team, ensuring we can provide meaningful opportunities for personal development to our volunteers, our trustees, and our paid members of staff which will enable our team to better support the people using our services. With this, we have established a new volunteer role for one of the experienced volunteers which will see them work alongside the current volunteer coordinator, another voluntary position, to help support new volunteers within the charity.

Developing Partnerships: Throughout BIGs history we have focused on using our influence as an organisation to work with partners at a local and regional level, to advocate and support lived experience led system and service change. Over this period, we have come to understand how BIG is has been able to provide a type of support different to that provided by other statutory and third sector services, meaning we have been able to meets the needs of many individuals experiencing significant mental and emotional distress in ways other services have not. While our expertise has enabled us to build a strong reputation within the area as specialists at providing mutual support to adults experiencing significant distress, particularly for adults who have experienced trauma, we are resolute in our understanding that providing our support requires further support form our colleagues across the system.

We have had success over the last year, building bridges with our VCSE colleagues as we look at developing an alliance in Bury so we can influence and work together in the coming years. We have also had success developing more formalised working relationships with the NHS as we developed and delivered our BPLCS, and we seek to build on this moving forward with the Welcome Home Scheme. However, a key priority for BIG over the coming year will be to build on our strong foundations and force Bury to involve both individuals with lived experience, and ourselves and our

VCSE partners, as they 'transform' community mental health services, ensuring that this process and the results are meaningful for those who need support in our community.

Sustainability, Governance, and Procedures: Sadly, in 2022, the founder and current chair of the charity will step down from her position on the board of trustees after 15 years leading the organisation. With this, a key focus for BIG will be finding a new chairperson who will be able to support the other trustees and the chief officer, so that BIG can continue to lead a path forward within Bury by having a clear strategic direction underpinned by the organisations ethos for provide mutual peer support to adults in mental and emotional distress in Bury.

Structure, governance, and management

The Charity was registered with the Charity Commission, on the 18 April 2016 under the register number 1166584, as a Charitable Incorporated Organisation. The Charity has a foundation model constitution which sets out that the only voting members of the charity are its charity trustees. The Constitution of the Charity can be located at Charity's office and copies of the document can be made available on request.

The Charity is governed by the trustees who meet monthly as a board. The Charity has a chief officer, who is responsible for the operational management, overall service delivery, and service development, under the guidance of the trustees. The Trustees are elected and co-opted under the terms set out in our Constitution. The board of trustees may at any time elect additional trustees by calling a meeting of the trustees of the Charity.

Before recruiting a new trustee, the existing trustees conduct a skills audit to identify any gaps in the current skillset of the board. The trustees then advertise for possible candidates, with the advertisements being tailed based on the skill gap analysis. Prospective candidates are provided with a role description and the Charity Commission Guidance "The Essential Trustee: what you need to know, what you need to do", to ensure they have a clear account of what the role of the trustee involves, including their duties and responsibilities. Prospective trustees are then interviewed and appointed by the Board if deemed suitable.

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

**REPORT TO THE MEMBERS ON THE UNAUDITED FINANCIAL STATEMENTS OF
BURY INVOLVEMENT GROUP IN MENTAL HEALTH**

FOR THE YEAR ENDED 31 MARCH 2022

I report on the accounts for the year ended 31 March 2022 as set out on pages 4 to 10.

Respective Responsibilities of Trustees and Examiner

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

The charity's trustees consider an audit is not required for this year under section 144 of the 2011 Act, and that an independent examination is needed.

It is my responsibility as independent examiner to:

- ~ examine the accounts under section 145 of the 2011 Act
- ~ follow the applicable Directions given by the Charity Commissioners under section 145(5)(b) of the 2011 Act, and;
- ~ to state whether particular matters have come to my attention

Basis of Independent Examiners Report

My examination was carried out in accordance with the Directions given by the Charity commission.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items of disclosures in the accounts, and seeking explanations from the trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the accounts.

Independent Examiners Statement

I have completed my examination for the year ended 31 March 2022.

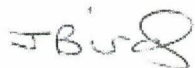
I can confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- ~ accounting records were not kept in accordance with section 130 of the 2011 Act or
- ~ the accounts do not accord with the accounting records to comply with the accounting requirements of the 2011 Act
- ~ the accounts have not been prepared in accordance with the methods and principles of the Statement of Recommended Practice for accounting and reporting by charities [applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102)].

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Independent Examiners Qualification

Since the charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination, being a Fellow Member of the Association of Accounting Technicians, which is one of the listed bodies.



17th of August 2022

Miss Jacqueline Bird F.M.A.A.T.

Practising Licence Number: 1003659

Community Accounting Lancashire C.I.C.

Foxfields, 9 Norley Close, Chadderton, Oldham, OL1 2RA

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

**STATEMENT OF FINANCIAL ACTIVITIES
(INCORPORATING THE INCOME AND EXPENDITURE ACCOUNT)**

FOR THE YEAR ENDED 31 MARCH 2022

	<i>Notes</i>	Unrestricted Funds 2022 £	Restricted Funds 2022 £	Total Funds 2022 £	Total Funds 2021 £
Income from:					
Grants and donations	2	7,706	316,938	324,644	74,450
Charitable activities	3	4,138	-	4,138	4,955
Other income		-	-	-	-
Total		<u>11,844</u>	<u>316,938</u>	<u>328,782</u>	<u>79,405</u>
Expenditure on:					
Raising funds	4	816	-	816	216
Charitable activities	5	6,642	156,864	163,506	51,588
Other expenditure		-	-	-	-
Total		<u>7,458</u>	<u>156,864</u>	<u>164,322</u>	<u>51,804</u>
Net income/(expenditure)		<u>4,386</u>	<u>160,074</u>	<u>164,460</u>	<u>27,601</u>
Transfers between funds		-	-	-	-
Net movement in funds		<u>4,386</u>	<u>160,074</u>	<u>164,460</u>	<u>27,601</u>
Reconciliation of funds:					
Total funds brought forward		<u>15,584</u>	<u>50,943</u>	<u>66,527</u>	<u>38,926</u>
Total funds carried forward	9	<u>19,970</u>	<u>211,017</u>	<u>230,987</u>	<u>66,527</u>

The notes on pages 6 to 10 form part of these financial statements.

Note 10 to the accounts shows a comparative Statement of Financial Activities for the year ended 31 March 2021.

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

BALANCESHEET

AS AT 31 MARCH 2022

	<i>Notes</i>	2022		2021	
		£	£	£	£
CURRENT ASSETS					
Prepayments	7	3,589		-	
Cash at Bank and in Hand		<u>234,292</u>		<u>66,527</u>	
		237,881		66,527	
CREDITORS: Amounts falling due within one year	8	6,894		-	
NET CURRENT ASSETS			230,987		66,527
CREDITORS: Amounts falling due after one year			-		-
NET ASSETS			<u>230,987</u>		<u>66,527</u>
FUNDS OF THE CHARITY					
Unrestricted Funds			19,970		15,584
Restricted Funds			<u>211,017</u>		<u>50,943</u>
TOTAL FUNDS	9		<u>230,987</u>		<u>66,527</u>

The financial statements were approved by the Board of Trustees on Tuesday 16th August 2022 and signed on their behalf:

Signed: 

Name: John Mulpeter
Trustee

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

1. ACCOUNTING POLICIES

Basis of accounting

Historically the charity has prepared their accounts on a 'Receipts and Payments' basis.

As the income of the charity now exceeds £250,000 in this financial year, the financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) issued on 16 July 2014 [as updated through Update Bulletin 1 published on 2 February 2016 and also Update Bulletin 2 published on 5 October 2018) – (Charities SORP (FRS 102)], the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Going Concern

The trustees are satisfied that there are no material uncertainties about the charity's ability to continue.

Incoming resources

All income, including grants and donations, is recognised once the charity has entitlement to the income, that it is probable that the income will be received, and the amount of income receivable can be measured reliably.

Restricted funds are to be used for specified purposes as laid down by the donor.

Expenditure which meets these criteria's is identified to the fund, together with a fair allocation of overheads and support costs.

Unrestricted funds are for grants, donations and other incoming resources received or generated for charitable purposes.

Resources expended

All expenditure is accounted for on an accruals basis. All expenses, including support costs and governance costs, are allocated or apportioned to applicable expenditure headings.

Charitable expenditure shall include all expenditure directly related to the objects of the charity, including the cost of goods and services, that have been incurred in charitable activities.

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that settlement will be required, and the amount for the obligation can be measured reliably.

Governance costs

Governance costs shall include all expenditure directly related to the administration of the charity including expenditure incurred in the management of the charity's assets, organisational administration and compliance with charitable and statutory requirements.

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

2. INCOME FROM GRANTS & DONATIONS

	Unrestricted Funds	Restricted Funds	2022 Total Funds	2021 Total Funds
	£	£	£	£
NHS CCG Community Crisis**	-	117,516	117,516	40,407
NHS CCG (DTCO)	-	65,000	65,000	-
GM Winter Pressures	-	85,000	85,000	-
Tudor Trust Grant	-	30,000	30,000	32,000
Bury Let's Do It (Health Improvement Community Fund)	-	19,422	19,422	-
Donations	<u>7,706</u>	<u>-</u>	<u>7,706</u>	<u>2,043</u>
	<u>7,706</u>	<u>316,938</u>	<u>324,644</u>	<u>74,450</u>

** £8,306 from the £117,516 received from CCG was paid to Bury VCFA (Voluntary Community & Faith Alliance) as part of the delivery of the Community Crisis service.

3. INCOME FROM CHARITABLE ACTIVITIES

	Unrestricted Funds	Restricted Funds	2022 Total Funds	2021 Total Funds
	£	£	£	£
Group Donations	235	-	235	334
Gift Aid	-	-	-	1,083
Just Giving	<u>3,903</u>	<u>-</u>	<u>3,903</u>	<u>3,538</u>
	<u>4,138</u>	<u>-</u>	<u>4,138</u>	<u>4,955</u>

4. EXPENDITURE ON RAISING FUNDS

	Unrestricted Funds	Restricted Funds	2022 Total Funds	2021 Total Funds
	£	£	£	£
Fundraising Events	600	-	600	-
Fundraising Costs (Just Giving)	<u>216</u>	<u>-</u>	<u>216</u>	<u>216</u>
	<u>816</u>	<u>-</u>	<u>816</u>	<u>216</u>

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

5. EXPENDITURE ON CHARITABLE ACTIVITIES

	Unrestricted Direct & Governance Costs	Restricted Direct & Governance Costs	Unrestricted Support Costs	Restricted Support Costs	2022 Total Funds	2021 Total Funds
	£	£	£	£	£	£
Salaries Costs	-	126,241	-	-	126,241	29,736
Training	-	-	-	3,034	3,034	7,394
Rent & Room Hire	-	-	820	6,000	6,820	-
Resources	-	-	820	668	1,488	219
Refreshments & Consumables	-	-	120	98	218	2
Events	-	-	39	105	144	-
Equipment	-	-	-	3,347	3,347	645
Advertising	-	-	-	2,880	2,880	725
Printing, Stationery & Postage	-	-	40	284	324	308
Telephone & Internet	-	-	1,251	338	1,589	1,359
IT Domain & Licences	-	-	-	236	236	282
Travel Costs	-	-	-	1,743	1,743	-
Volunteer Expenses	-	-	533	-	533	231
Insurances	-	-	906	1,200	2,106	975
DBS Checks	-	-	160	102	262	160
HR & Professional Services	-	-	-	86	86	-
Accounting Fees	1,845	-	-	-	1,845	385
Payroll Costs	-	309	-	-	309	213
Bank & Card Costs	108	-	-	-	108	108
Tudor Wellbeing	-	-	-	1,107	1,107	-
NHS CCG Service	-	-	-	780	780	540
Bury Voluntary Community & Faith Alliance Service	-	-	-	8,306	8,306	8,306
Sundries	-	-	-	-	-	-
	<u>1,953</u>	<u>126,550</u>	<u>4,689</u>	<u>30,314</u>	<u>163,506</u>	<u>51,588</u>

Total resources expended are stated after charging:

Independent examination fees:	£
Year ended 31 st March 2022	1,295
Year ended 31 st March 2021	<u>550</u>
	<u>1,845</u>

Historically the charity has prepared accounts on a 'Receipts and Payments' basis, and as such the independent examiners fee was paid in the following accounting period. The £550 is for the year ending 31st March 2021 fees. However as the annual income has exceeded £250,00 in this financial period, for the year ended 31st March 2022, the financial statements (accounts) have this year been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities. As such accrual accounts have been prepared and the £1,295 fees for the independent examination of the year ended 31st March 2022 have been accrued and included in the 'Statement of Financial Activities'.

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

6. STAFF COSTS

The movement in the year is after charging:	2022	2021
	£	£
	<u>126,241</u>	<u>29,736</u>
Average number of full-time equivalent employees in the year:	2022	2021
Chief Officer	1	1
Crisis Service Manager	1	-
DTOC Manager	0.2	-
Crisis Supporters	<u>2.0</u>	<u>-</u>
	<u>4.2</u>	<u>1</u>

No employee received emoluments of £60,000 or above (2021: none).

No Trustees were paid any remuneration or expenses during the course of the year (2021: none).

7. PREPAYMENTS & ACCRUED INCOME

	2021	2020
	£	£
Prepayments	3,589	-
Accrued Income	<u>-</u>	<u>-</u>
	<u>3,589</u>	<u>-</u>

8. CREDITORS: Amounts falling due within one year

	2021	2020
	£	£
Accruals	<u>6,894</u>	<u>-</u>
	<u>6,894</u>	<u>-</u>

9. FUNDS ANALYSIS

Fund Name	Balance as at 1 April 2021 £	Receipts £	Payments £	Balance as at 31 March 2022 £
Unrestricted Funds	<u>15,584</u>	<u>11,844</u>	<u>(7,458)</u>	<u>19,970</u>
	15,584	11,844	(7,458)	19,970
Restricted Funds:				
NISA	1,116	-	(567)	549
NHS CCG	780	-	(780)	-
NHS CCG Community Crisis	19,883	117,516	(105,872)	31,527
NHS CCG (DTOC)	-	65,000	(7,755)	57,245
GM Winter Pressures	-	85,000	(10,354)	74,646
Tudor Trust Grant	29,164	30,000	(31,086)	28,078
Bury Let's Do It (Health Improvement Community Fund)	<u>-</u>	<u>19,422</u>	<u>(450)</u>	<u>18,972</u>
	50,943	316,938	(156,864)	211,017
TOTAL FUNDS	<u>66,527</u>	<u>328,782</u>	<u>(164,322)</u>	<u>230,987</u>

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2022

10. COMPARATIVE INFORMATION

	<i>Notes</i>	Unrestricted Funds 2021 (previous year) £	Restricted Funds 2021 (previous year) £	Total Funds 2021 (previous year) £
Income from:				
Grants and donations	2	2,043	72,407	74,450
Charitable activities	3	4,955	-	4,955
Other income		-	-	-
Total		<u>6,998</u>	<u>72,407</u>	<u>79,405</u>
Expenditure on:				
Raising funds		-	216	216
Charitable activities	4	3,052	48,536	51,588
Other expenditure	5	-	-	-
Total		<u>3,052</u>	<u>48,752</u>	<u>51,804</u>
Net income/(expenditure)		<u>3,946</u>	<u>23,655</u>	<u>27,601</u>
Transfers between funds		-	-	-
Net movement in funds		<u>3,946</u>	<u>23,655</u>	<u>27,601</u>
Reconciliation of funds:				
Total funds brought forward		<u>11,638</u>	<u>27,288</u>	<u>38,926</u>
Total funds carried forward	9	<u>15,584</u>	<u>50,943</u>	<u>66,527</u>

BURY INVOLVEMENT GROUP IN MENTAL HEALTH

England & Wales - Charity number 1166584

Accounts

Charity Registration Number: 1166584

BURY INVOLVEMENT GROUP IN MENTAL HEALTH

(BIG in Mental Health)

A Charitable Incorporated Organisation (CIO)

TRUSTEES' ANNUAL REPORT AND

FINANCIAL STATEMENTS

For The Year Ended

31 March 2021

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

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**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

MEMBERS OF THE BOARD AND PROFESSIONAL ADVISORS

Organisation Name	Bury Involvement Group in Mental Health
Charity Number	1166584
Address	Unit 54 Bury Business Centre Kay Street Bury BL9 6BU
Trustees	Frances Christine Halligan BA (Hons) PGCE Tina Kim Wardle Keeley Jane Bell Deneze Griffiths (appointed 05/08/2020) Deborah Louise Bhatti (resigned 11/04/2021) Paul Johnson (appointed 14/07/2021)
Accountants	Community Accounting Lancashire C.I.C. Foxfields 9 Norley Close Chadderton Oldham OL1 2RA
Bankers	Unity Trust Bank Nine Brindleyplace Birmingham B1 2HB

BURY INVOLVEMENT GROUP

CHAIRPERSON'S STATEMENT

Bury Involvement Group has had yet another successful year and has continued to provide high quality support for the local people in our community. Although we have faced challenges because of Covid-19, these have resulted in strengthening our resilience. I am so incredibly proud of our Trustees, Chief Officer and volunteers for their willingness, hard work and passion, continuing to provide alternative support due to the pandemic.

Furthermore, I am very proud of our achievement in designing and setting up an additional service, the Bury Peer Led Crisis Service. The service is commissioned by Bury CCG to provide out of hours mental health support to individuals experiencing mental health crisis in Bury. The service is expected to go live in April 2021. As part of the mobilisation, we have employed three members of staff to run the Crisis Service who all have their own lived experience of mental health. We would like to thank the Leeds Survivor Led Crisis Service, a survivor led mental health charity which runs a world-renowned crisis service, who have been incredibly supportive to BIG and have helped us as we developed our service.

In all we do, our core values have always remained the same and are reflected in everything we carry out. Our values guide us and inform how we treat each other and the actions we take. For those who do not know, BIG was initially established as a community group in 2007 and has grown over the years due to its positive reputation combined with the increasing demand for mental health services. BIG was entered on the Register of Charities on 18th April 2016 and our charitable activities have increased tremendously since the organisation started.

I would like to thank our amazing team consisting of our volunteers, Trustees and Chief Officer who have continued to work tirelessly for all those who have used our service throughout the year. Our team have exceptional skills and are dedicated to improving the lives of every person who reaches out to us for support. It is a privilege and honour to be the Chairperson of BIG and to witness the hard work of all members of our team. I am truly inspired and humbled by their goodwill, dedication and for going that extra mile.

I am moved by the feedback received from our service users and from professionals which validates the positive impact of our charity and shows how it is a lifeline to so many who are struggling with their emotional and mental health. As well as benefitting from our groups, attendees have also been signposted to a wide range of other organisations for further additional support.

We have continued to work collaboratively with partners across the system. We are thankful to our colleagues in Pennine Care Foundation Trust and Bury Voluntary Community Faith Alliance who have worked with us to establish a new partnership as part of the Bury Peer Led Crisis Service. We have also worked closely with Bury Council and Manchester University over the year and look forward to continuing to support and be supported by these organisations.

We have also strengthened local partnerships and our relationships with other organisations. There have been representatives from our charity on several Boards and at numerous meetings to ensure the voice of our service user community is heard across Bury and Greater Manchester.

Our Trustees have ensured the continued good governance and sustainability of our charity and will strive to continue to do so. Trustees also take an active part in the delivery of our services which helps to ensure they are familiar with the day to day activities and it also strengthens team building

from grass roots level. We have continued to follow our Business Plan and regularly review this at our monthly Board Meetings to check we are meeting our objectives and make changes where necessary.

Although the service we have provided this year is very different from our service before Covid-19, we have continued to provide support and hope, enabling service users to heal and grow in their recovery.

I would like to thank all who have made personal donations and those who have carried out fundraising events throughout the year. It has been wonderful and humbling to hear the stories of why people chose to donate to our charity.

We are very grateful for the funding we continue to receive from Tudor Trust which covers the salary of our Chief Officer and accountancy costs. This places us in a relatively secure position but of course we need to secure further funding for other running costs and we are also committed to building reserves to ensure the financial sustainability of our organisation.

Although we are faced with challenging times ahead, I feel excited about what the future holds for our charity. I am confident that our team will respond effectively to the needs of our community. Our service is needed more than ever due to Covid-19 which has impacted on the mental health of so many people. Together we have adapted and found innovative ways to support people, do things differently and regularly review our work with a view to making improvements if needed. I can assure you that our team will always strive to provide the highest quality service possible. People who seek our support realise they are not alone; they meet likeminded people who provide hope through opening up with one another, sharing their stories, showing that change is possible and that together we can and we will recover.

Frances Halligan

Frances Halligan

Chairperson

BURY INVOLVEMENT GROUP

TRUSTEES' REPORT

The Board of Trustees present the report and financial statements for the year ended 31 March 2021. The Trustees confirm that the annual report and financial statements have been prepared in accordance with current statutory requirements set out in the Charities Act 2011, the requirements of the charity's governing document and the provisions of the Statement of Recommended Practice (SORP) Accounting and Reporting by Charities 2015 (FRS102).

OBJECTIVES

The charity's objectives, as stated in the governing document, are:

To protect and promote good health among people experiencing mental health conditions living in Bury and the surrounding area, in particular but not exclusively by the provision of a group providing support, education, information and advice.

Bury Involvement Group is an organisation formed and run by people with lived experience of mental distress. Our mission is to empower adults with mental health conditions towards recovery and improved quality of life, by providing mutual support and hope. As a user led organisation, we have continued to be a strong independent voice for the people who use mental health services in Bury and throughout Greater Manchester. We have continued to advocate for the involvement of people with lived experience within the mental health economies.

ACTIVITIES

Groups

Due to Covid-19 we have not been able to deliver face to face groups. Before the pandemic we provided 5 peer support groups every week in the community and one on the inpatient psychiatric ward at the Irwell Unit, Fairfield General Hospital, in Bury. Our model of service was designed and set up by people who experience mental health conditions themselves. Our groups were open to anyone aged 18 and over, from any area, who needed support for mental health.

We have adapted to provide alternative support throughout the year. We have still had an open door policy and offered long term engagement and support. The support provided has continued to be led by volunteers who have a lived understanding of what mental distress means and can truly empathise and provide compassionate support.

- Two virtual support groups via Zoom: One every Monday for general mental health peer support and one every Tuesday where a guest speaker gives a talk followed by questions and discussion. Each Zoom group is facilitated by 3 volunteers. Ground rules were adapted for the virtual groups and are read aloud by the facilitator at the beginning of each group.

- Telephone support: We provided all service users with contact details to phone for support between 9am and 5pm. We also started to phone up service users identified as being the most vulnerable. Five of our volunteers provided this support.
- A Facebook support group: This was set up to provide additional support. It currently has supported over 80 members. It is a closed group to support service users who used to attend our actual face to face groups. To be accepted as a member of the group, service users need to agree to the stated ground rules and the disclaimer. There are volunteers acting as admins and moderators for the group.

Events and Outreach

Due to the Pandemic we have not been able to hold events in the community. We have, however, used social media to educate people about mental health in a non-judgemental way, improving knowledge and reducing stigma to just under 2,500 people.

Social Media

- Twitter - 620 followers
- Facebook page – 2,445 likes and 2,491 followers
- BIG online Facebook support group - 81 members (closed group)
- Instagram account - 118 followers.

Bury Peer Led Crisis Service

The Peer Led Crisis Service is an innovative out of hours support service in the community for people who are experiencing mental health crisis and are at risk of suicide. The service works in partnership with our local NHS mental health Trust Pennine Care Foundation Trust and another voluntary sector provider, Bury Voluntary Community Faith Alliance, to provide a holistic, person centred, and responsive crisis service for individuals in Bury. The service will be linked to the Home Treatment Team and the Adult A&E Liaison Mental Health Service, who will identify people on their case load who require out of hours support.

The Bury Peer Led Crisis Service will provide a high-quality, person-centred service in a non-clinical environment within the community, to people experiencing mental health crisis and at risk of suicide. The staff at the Bury Peer Led Crisis Service will interact, communicate and build relationships based on mutuality with people experiencing crisis. That is, we will build on the strength of shared experience in order to work alongside visitors in the midst of their crisis. This will involve adopting a collaborative approach to working with visitors, keeping the emphasis on their strengths and positive qualities whilst supporting them to recognise and develop their own strategies for crisis prevention and management; and also seeking to address isolation and other social determinants, each with their associated problems. Our service will work with the NHS to help provide a non-clinical, person centred, mutual peer support. The service will be tested across three days (Monday, Thursday and Friday) and evaluated to understand the impact it has in supporting people in crisis at risk of suicide and how effective a role it plays within the wider crisis pathway in Bury.

The project has been born out of BIG's desire to ensure that people in mental health crisis in Bury receive more support than they have previously been afforded. Over the years we have worked with individuals who have experienced crisis and have reported limited support or poor experiences of care when seeking and receiving support in crisis.

Since 2017 we have been working with the NHS, Bury CCG, Bury Council, local VCSE organisations and VCSE organisations from other areas delivering crisis support to develop a model for Bury. With the commissioning of the crisis service in 2021, we are proud to have accomplished this ambition, and excited to be able to start mobilising and delivering this much needed service. We are confident that over the coming year this service will be a success and that it will enable BIG to provide vital crisis support to individuals whilst also enabling BIG to access more commissioned relevant opportunities within Bury, furthering our sustainability.

Collaborative & Partnership Work

Over the year we have continued to work collaboratively with our partners across the system. This work has included working with Pennine Care Foundation Trust; Bury Metropolitan Council; the University of Manchester, and various VCSE organisations across Bury and Greater Manchester.

We are most excited by a collaborative project BIG has spearheaded around the development of a mental health hub in Bury. We have worked with our close partners: the Creative Living Centre; the Beacon Service and Early Break, to undertake modelling work around an open door 'Community First' mental health centre for Bury. This work saw us partner with Pennine Care Foundation Trust, Bury Metropolitan Council, and Bury CCG. As we continue to develop this work over the coming years, as the area moves towards the transformation of community mental health services and the development of the Bury 'Living Well' model; we will continue to be influential and be integral partners in this work, ensuring people with lived experience are key in shaping the decisions which affect the care and support they receive.

Signposting & Referrals

We have referred and signposted service users to a wide range of other support services including:

- Creative Living Centre
- Streetwise @ Early Break
- Mental Health Access Team
- Home Treatment Team
- Healthy Minds
- Achieve
- Citizens Advice Bureau
- Recovery Academy
- Health and Wellbeing College
- ADAB

- The Fed
- Motiv8
- Women of Worth
- Bury Cancer Support Service
- Bury Death Cafe
- Bury Adult Education Centre
- Bury Veterans' Breakfast Club
- Creative Support
- Praxis Care and Support
- Making Space
- Brothers of Charity
- Red Door
- Homeless Breakfast Club

PUBLIC BENEFIT

The Trustees have had due regard to the Charity Commission's guidance on public benefit when planning and delivering services. The Trustees confirm that they have complied with the requirements of section 4 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

ACHIEVEMENT AND PERFORMANCE

The year 2020 started much in the same way as any other year. BIG was delivering six peer support groups, five in the community and one on the psychiatric unit, to adults experiencing mental and emotional distress. The final face to face group of the year was delivered on Monday the 23rd of March, the evening before Boris Johnson announced to the public the instruction to “stay at home”, in what would mark the start of England’s first ‘lockdown’. The conversation was, unsurprisingly, focused on coronavirus and the growing acknowledgement of the changes ahead for all. Undoubtedly though, the magnitude of changes that we as individuals and as a community have had to adapt to; the increased strife and stress which would be experienced, and for many, the loved ones that have been lost, were not yet fully understood.

March 2020 – December 2020

On the 24th March 2020 everyone within the UK woke up to a new reality. We at BIG woke up to a huge challenge because what we had been doing within our community since 2007 was now no longer possible. This monumental shift left us not only with the personal challenges and anxieties that we were already dealing with, but a new set of challenges brought about by the greatest change to the collective human experienced since WWII. At the same time, we were in contact with some of the most vulnerable individuals within our community, people whose day-to-day reality was marred by overwhelming experiences of suicidality, anxiety, isolation, and many other varieties of painful experiences. Faced with this, our thoughts were focused on how to respond to the needs of the community. This posed several difficult challenges which we have had to grapple with as an organisation. Over this incredibly challenging year there have been many successes we are incredibly proud of, chiefly:

- *One to One support:* This year has been marked by significant changes to what we previously provided. The history of BIG is closely connected to the delivering of support within a group context. No change has been greater than the move towards providing support over the telephone to individuals on a one to one basis. This shift has been challenging, particularly for those individuals delivering the support, but the one-to-one support has been the outstanding success of the year. It has enabled us to continue to support individuals within the community who otherwise would not have been able to access the support from BIG. Moreover, the shift necessitated by the lockdowns and the restrictions, has forced us into delivering support based around a different dynamic than usual. In doing so, we have gained the knowledge that this is a highly valued area for the individuals we support and something we have been adept at providing. Moving forward, based on the experience of 2020, one to one support is something that has proven to work so we are keen, given the right opportunity, to develop this method of support within BIG further.
- *Virtual Groups:* The virtual groups this year have provided many individuals a space to connect with others within the community in a manner as close as we can replicate to what we were previously doing in the community. In some instances, this has actually worked out better for individuals than when we were delivering face to face sessions. Moreover, the groups moving to virtual has enabled us to get several new quest speakers, (psychologists, psychiatrists, therapists), who would not have been able to attend the venue in Bury to give a talk due to distance. For example, one speaker lives in Edinburgh.
- *Partnership Working:* As the saying goes, “never waste a good crisis”. At the start of the year when BIG was moving from old methods to new, the wider area erupted into a buzz of activity with plans for new services seemingly popping up and disappearing rapidly. Across this year we have been able to develop and strengthen our relationships with partners across the area. Whether that is with other VCSE organisations in Bury, or with statutory partners, the collective experience which everyone in the area has endured has seemingly provided a new basis for engagement with each other.

Looking beyond April 2021, with a keen eye on developing the Community Crisis Service, we have also set to further develop our working relationships with partners. Given the challenges and frustrations of this year, and the issues with our internal capacity, we are hoping that conversations develop to better align and integrate the wider mental health care and support offered in Bury. We have continued to try to articulate the needs of people who use services to those delivering and designing them, with a view to influencing these individuals so that change occurs which better accounts for individuals’ needs. What has changed most in this regard is the feeling experienced when engaging in these conversations, broadly the silos which people have sat within have started to crumble amid the growing recognition of the overwhelming need within the community.

No one organisation alone, even the local NHS Trust, can face this head on and this has meant conversations about doing things differently, about trying new methods, being better received. For many years, people have talked about working together, a “joined up approach”, yet this did not happen. 2020 has seemingly changed this within Bury, people are now motivated to engage. For all the negativity 2020 held, perhaps the greatest positive will come from this dialogue as we start to work better together to build something no one organisation could achieve alone.

CONTRIBUTION MADE BY VOLUNTEERS

Volunteers play a crucial role within the organisation and they are integral to the effective delivery of our services and our success. The organisation is proud of the fact that the majority of the people who volunteer their time to our charity are people with lived experience of mental distress; many of them being people who had previously attended BIG for support. During this financial year our organisation supported and benefitted from the knowledge and skills of 33 volunteers.

Group Facilitator: Our group facilitators are the people who deliver the peer support service. This year due to Covid-19, the groups were via Zoom. Group facilitators always strive to ensure the group environment remains safe and non-judgemental so that attendees who are struggling with their mental health receive support and sanctuary. Group facilitators support people who attend BIG to connect with their peers in transformational relationships to rediscover hope and new possibilities. Facilitators also encourage people to see their strengths, nurture their talents and develop their skills and empower people to reclaim a meaningful role within their community.

Outreach Work: Volunteers being able to give talks, deliver presentations, carrying out fundraising, organising and holding events has been limited due to Covid-19.

Office Administration: Roles undertaken vary depending on the skill set of the volunteer and the needs of the organisation. These have included: creating welcome packs for new people; proofreading policies; advertising and promoting BIG across social media; supporting data entry; creating bespoke relational tables to manage our data; typing; filing and other general office administration.

Volunteer Coordinator: The Volunteer Coordinator supports the organisation by coordinating all of our volunteers and our activities, undertaking the volunteer recruitment process and induction (to cover key policies, have an informal chat about the role and discuss practicalities and questions. Each volunteer is also provided with a Volunteer Handbook at induction). Each volunteer is given a named person linked to their role to shadow until they are comfortable within the role. A key function of the Volunteer Coordinator has been to ensure volunteers are supported in their roles, providing them with guidance and a listening ear when required. The Volunteer Coordinator has also regularly attended Bury Volunteering Forum.

Volunteer Support:

Volunteer Meetings: The Chief Officer and Volunteer Coordinator continued to hold volunteer meetings throughout the year. The purpose being to thank volunteers and provide a forum for conversation to discuss issues which volunteers want to raise, organisational plans, positives (success stories, outcomes, service user comments); and to provide a social platform for volunteers (who may not interact with each other), giving them a chance to chat.

Reflective Practice: An external experienced psychiatrist held sessions for group facilitators so they could reflect on personal experiences, their thoughts and feelings in relation to their roles in order to support them and enhance their development.

FINANCIAL REVIEW

The Statement of Financial Activities shows a total income for the year of £79,405. Income from contributions given by people who attended our support groups amounted to £334. Other donations

came to £6664. The Trustees and Chief Officer are very grateful to all concerned for the funding received during the financial year.

The balance as at the 31st March 2021 was £66,527, of which £15,584 was unrestricted funds with the remainder being restricted funds.

We have continued to receive funding from Tudor Trust to cover the cost of the salary of the Chief Officer and accountancy costs. This is for three consecutive years.

We will continue to build reserves to ensure the sustainability of the organisation.

PLANS FOR THE FUTURE

Across the coming year BIG have four key priorities:

Developing Capacity

Due in part to the local and national pressures in health and social care services which have placed universal services under significant pressure, diminishing their capacity to respond appropriately to the needs of individuals experiencing mental and emotional distress, and our unique service model which offers people a type of support not available from other organisations in the area, BIG's services have ended up on the frontline of mental health services in Bury and, therefore, have been placed under significant demand. The result of this has been an ever increasing number of individuals accessing our services in the community. Given the broader challenges within society, this increase in the number of individuals seen, has also coincided with a broad increase in complexity of the distress experienced by individuals. To meet this challenge, we are determined to focus on building capacity by increasing the number of paid staff within the charity to ensure we are able to effectively meet the needs of those experiencing significant mental and emotional distress in our area.

Developing the team

Being a user led organisation supports us to ensure everything we do is driven and led by people from our community who have gained a truly unique understanding through their own experiences. BIG is a nurturing and encouraging space which provides meaningful opportunities for people, some of whom have never felt connected to society before. We offer them the chance to view their personal experiences as a strength which they use to give back and support others in their community. As BIG has developed organically over the years the charity has developed procedures and structures to support and develop its team. Over the coming years we are seeking to increase the level of support, supervision, guidance and training for our team, ensuring we are able to provide meaningful opportunities for personal development to our volunteers, our Trustees, and our paid members of staff, which will enable our team to better support the people using our services.

Developing Partnerships

Throughout BIG's history we have focused on using our influence as an organisation to work with partners at a local and regional level, to advocate and support lived experience led systems and service change. Over this period, we have come to understand how BIG has been able to provide a type of support which is different to that provided by other statutory and third sector services; meaning we have been able to meet the needs of many individuals experiencing significant mental and emotional distress in ways other services have not. Whilst our expertise has enabled us to build

a strong reputation within the area as specialists at providing mutual support to adults experiencing significant distress, particularly for adults who have experienced trauma, we are resolute in our understanding that providing support requires support. Therefore, a key focus for BIG over the coming years is to ensure that while we focus on developing our own services, we will also focus on working in partnership with our statutory and third sector colleagues, building on existing partnership work and developing new partnerships where necessary.

Great Governance & Perfect Procedures

We live in a world where significant mental and emotional distress, trauma, and poverty are prevalent within our communities. Yet organisations similar to BIG, those led by people with personal experience of mental and emotional distress developing solutions and responses to their own challenges continue to face closure across the nation, with the National Service User Network (NSUN) reporting in 2019 that the user led sector faces a “real threat of extinction”. We are fortunate that one of the hallmarks of our success at BIG has been our continued focus on sustainability over the years. This focus has enabled us to weather the storms since our existence and ensured BIG has managed to grow whilst others have folded. Over the coming years we intend to keep working in the present whilst also keeping a focus on the years to come, developing resilience and sustainability, ensuring we are here for those who need us most for the years to come.

STRUCTURE, GOVERNANCE AND MANAGEMENT

The Charity is governed by the Trustees who meet on the first Wednesday of every month as a Board. The organisation employed the first paid employee (Chief Officer) on 1st January 2018 who, under the guidance of the Trustees, is responsible for the operational management, overall service delivery and service development. The Board continues to work effectively as a team and the Trustees have built on their skills through attending courses. As a small organisation, the Trustees have continued to remain involved in the day to day activities. However, the employment of the Chief Officer has reduced the requirements of Trustees in operational management.

During this financial year the Trustees have introduced the following policies:

- Adult and Child Mental Capacity Policy
- Counter Fraud and Security Policy
- Gifts and Hospitality Policy
- Infection Control Policy
- Making Every Contact Count Policy
- Transfer and Discharge Policy
- Working with Suicidal Visitors Policy
- Violence and Aggression Policy
- Training Policy
- Supervision Policy
- Substances Policy
- Serious Incidents Policy
- Self-Harm Policy
- Record Keeping Policy
- Lone Working Policy
- Bury Peer Led Crisis Service Operating Procedure

- Guidelines for Contact with the Police
- Data Protection Policy
- Death and Dying Policy
- Diversity Policy
- Impairment and Disability Policy

During this financial year the Trustees have reviewed the following policies:

- Confidentiality Policy
- Safeguarding Policy
- Raising Concerns Policy
- Business Continuity Policy

Method of appointment or election of Trustees

The Trustees are elected and co-opted under the terms set out in our Constitution. The Board of Trustees may at any time elect additional Trustees by calling a meeting of the Trustees of the Charity.

Recruitment, induction and training of Trustees

Before recruiting a new Trustee, the existing Trustees conduct a skills audit to identify any gaps in the current skills of the Board. This assessment shows which skills are required so that the Board performs effectively. The Trustees then advertise for possible candidates. Prospective candidates are provided with a role description and the Charity Commission Guidance, 'The Essential Trustee', to ensure they have a clear account of what the role of the Trustee involves, including their duties and responsibilities. Prospective Trustees are then interviewed and appointed by the Board if deemed suitable.

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

**REPORT TO THE MEMBERS ON THE UNAUDITED FINANCIAL STATEMENTS OF
BURY INVOLVEMENT GROUP IN MENTAL HEALTH**

FOR THE YEAR ENDED 31 MARCH 2021

I report on the accounts for the year ended 31 March 2021 as set out on pages 4 to 6.

Respective Responsibilities of Trustees and Examiner

As the charity's trustees you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

The charity's trustees consider an audit is not required for this year under section 144 of the 2011 Act, and that an independent examination is needed.

It is my responsibility as independent examiner to:

- ~ examine the accounts under section 145 of the 2011 Act
- ~ follow the applicable Directions given by the Charity Commissioners under section 145(5)(b) of the 2011 Act, and
- ~ to state whether particular matters have come to my attention

Basis of Independent Examiners Report

My examination was carried out in accordance with the Directions given by the Charity commission.

An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items of disclosures in the accounts, and seeking explanations from the trustees concerning any such matters.

The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently I do not express an audit opinion on the accounts.

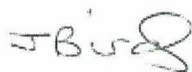
Independent Examiners Statement

I have completed my examination for the year ended 31 March 2021.

I can confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- ~ accounting records were not kept in accordance with section 130 of the 2011 Act or
- ~ the accounts do not accord with the accounting records to comply with the accounting requirements of the 2011 Act

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.



17th September 2021

Miss Jacqueline Bird F.M.A.A.T.
Community Accounting Lancashire C.I.C.
Foxfields
9 Norley Close
Chadderton
Oldham
OL1 2RA

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

RECEIPTS AND PAYMENTS ACCOUNT

FOR THE YEAR ENDED 31 MARCH 2021

	<i>Notes</i>	Unrestricted Funds 2021 £	Restricted Funds 2021 £	Total Funds 2021 £	Total Funds 2020 £
RECEIPTS					
Grants and Contracts	2	-	72,407	72,407	33,600
Donations	3	2,043	-	2,043	8,491
Income from Activities (Group Donations)	3	334	-	334	2,457
Fundraising Events	3	-	-	-	1,383
Just Giving	3	3,538	-	3,538	4,159
Gift Aid	3	1,083	-	1,083	177
Miscellaneous	3	-	-	-	-
TOTAL RECEIPTS		6,998	72,407	79,405	50,267
PAYMENTS					
Bury VCFA (Voluntary Community & Faith Alliance) Service	2	-	8,306	8,306	-
NHS CCG Service		-	540	540	-
Rent and Room Hire		-	-	-	4,500
Equipment		46	599	645	472
Activities (Group Donations)		-	-	-	-
Fundraising Events		-	-	-	3,111
Fundraising Costs (just Giving)		-	216	216	216
Resources		219	-	219	359
Refreshments and Consumables		2	-	2	875
Volunteer Expenses		231	-	231	1,505
Gifts		-	-	-	4
Telephone and Internet		459	900	1,359	2,855
IT Domain and Licences		282	-	282	84
Insurance		975	-	975	1,058
Advertising		-	725	725	-
DBS Checks		57	103	160	261
Repairs and Maintenance		-	-	-	-
Printing, Postage and Stationery		75	233	308	533
Accounts		385	-	385	325
Salaries and Payroll Costs		213	29,736	29,949	22,861
Training		-	7,394	7,394	1,000
Bank and Card Charges		108	-	108	108
Sundries		-	-	-	-
TOTAL PAYMENTS		3,052	48,752	51,804	40,127
Net of receipts/(payments)		3,946	23,655	27,601	10,140
Cash funds as at 31 March 2020		11,638	27,288	38,926	28,786
Cash funds as at 31 March 2021	4	<u>15,584</u>	<u>50,943</u>	<u>66,527</u>	<u>38,926</u>

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

STATEMENT OF ASSETS AND LIABILITES

FOR THE YEAR ENDED 31 MARCH 2021

	Unrestricted Funds As at 31/03/21 £	Restricted Funds As at 31/03/21 £	Total Funds As at 31/03/21 £	Total Funds As at 31/03/20 £
CASH FUNDS				
Bank	15,996	50,943	66,939	39,341
Petty Cash	82	-	82	15
Cash on Mastercard	<u>(494)</u>	<u>-</u>	<u>(494)</u>	<u>(430)</u>
	<u>15,584</u>	<u>50,943</u>	<u>66,527</u>	<u>38,926</u>

LIABILITIES – fee for Independent Examination

£
550

The financial statements were approved by the Board of Trustees on the 15th of September 2021 and signed on their behalf:

Frances Halligan

Frances Halligan
Chairperson

**BURY INVOLVEMENT GROUP IN MENTAL HEALTH
(BIG in Mental Health)**

NOTES TO THE FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31 MARCH 2021

1. Receipts and payments accounts

Receipts and payments accounts are statements that summarise the movement of cash into and out of the organisation during the financial year. In this context “cash” includes cash equivalents, for example, bank accounts where cash can be readily withdrawn to pay for debts as they become due.

2. Grants and Contracts

	Unrestricted Funds 2021 £	Restricted Funds 2021 £	Total Funds 2021 £	Total Funds 2020 £
NHS CCG Community Crisis	-	**40,407	**40,407	-
NHS CCG	-	-	-	3,600
Tudor Trust Grant	-	<u>32,000</u>	<u>32,000</u>	<u>30,000</u>
	<u>-</u>	<u>72,407</u>	<u>72,407</u>	<u>33,600</u>

** £8,306 from the £40,407 received from CCG was paid to Bury VCFA (Voluntary Community & Faith Alliance) as part of the delivery of the Community Crisis service.

3. Other Income

	2021 £	2020 £
Group Donations	334	2,457
Donations	2,043	8,491
Fundraising	-	1,383
Just Giving	3,538	4,159
Gift Aid	1,083	177
Miscellaneous	-	-
TOTAL DONATIONS	<u>6,998</u>	<u>16,667</u>

4. Restricted Fund Analysis

Fund Name	Balance as at 1 April 2020 £	Receipts £	Payments £	Transfers £	Balance as at 31 March 2021 £
Unrestricted Funds	<u>11,638</u>	<u>6,998</u>	<u>(3,052)</u>	-	<u>15,584</u>
	11,638	6,998	(3,052)	-	15,584
Restricted Funds:					
NISA	1,565	-	(449)	-	1,116
NHS CCG Community Crisis	-	40,407	(20,524)	-	19,883
NHS CCG	2,220	-	(1,440)	-	780
Tudor Trust Grant	<u>23,503</u>	<u>32,000</u>	<u>(26,339)</u>	-	<u>29,164</u>
	27,288	72,407	(48,752)	-	50,943
TOTAL FUNDS	<u>38,926</u>	<u>79,405</u>	<u>(51,804)</u>	<u>-</u>	<u>66,527</u>