



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From: 06/04/2022 Period start date To: 05/04/2023

Period end date

Charity name: Lifeguarding & Aquatic Rescue Agency

Charity registration number: 1166565

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>The object[s] of the CIO[are]</p> <p><i>To preserve or assist in the preservation of life in, on and near water, primarily but not exclusively in the United Kingdom, by the provision of aid and assistance to those in need of rescue and by any other means that the trustees see fit.</i></p> <p><i>For the purpose of this clause the term 'water' is not limited to water in its simple form and may include other mediums such as mud, quicksand, slurry pits, ice, snow or solids which may react and flow as a liquid such as sand. The trustees have the power to interpret the term water as they deem fit.</i></p> <p>Nothing in this constitution shall authorise an application of the property of the CIO for the purposes which are not charitable in accordance with [section 7 of the Charities and Trustee Investment (Scotland) Act 2005] and [section 2 of the Charities Act (Northern Ireland) 2008]</p>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>Providing human resources Providing services Other charitable activities Through:</p> <p>Training Education Surveillance Rescue</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<p>The trustees have had regard to the guidance issued by the Charity Commission on public benefit.</p>

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	Increasing awareness of the charity and its aims. Looking for partner organisations to work with. Developing policies and procedures

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	Stable and positive balance slightly increased
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	The charity will always maintain a positive bank balance.
Amount of reserves held	Para 1.22	Non above positive bank balance in accounts
Reasons for holding zero reserves	Para 1.22	Limited amount of funds available at present.
Details of fund materially in deficit	Para 1.24	No financial deficit allowed
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	Non-none at present

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	CIO
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Appointed by current trustees

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Lifeguard & Aquatic Rescue Agency
Other name the charity uses	LARA
Registered charity number	1166565
Charity's principal address	Mill Cottage Nantwich Rd, Audley, Stoke on Trent ST7 8DY

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Richard Hood	Chair		Founder Member
2	John Hood			Trustee Vote
3	Margaret Mary Hood			Trustee Vote
4				

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	NON
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	NON
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	NON

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Richard John Louis Hood	
Position (eg Secretary, Chair, etc)	Chair	
Date	06/05/2024	



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Charity Name Lifeguarding & Aquatic Rescue Agency	No (if any)
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Receipts and payments accounts

For the period from	Period start date 05/04/2022	To	Period end date 06/04/2023
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
No Receipts	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	-	-	-	-	-
A2 Asset and investment sales, (see table).					
Bank Account Barclays carried forwards	661	-	-	661	661
	-	-	-	-	-
Sub total	661	-	-	661	661
Total receipts	661	-	-	661	661

A3 Payments

Zero Payment made	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-

	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
A4 Asset and investment purchases, (see table)					
Zero investments or Purchases					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	-	-	-	-	-
Net of receipts/(payments)	661	-	-	661	661
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	-	-	-	-	-
Cash funds this year end	661	-	-	661	661

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	Bank Account Barclays, carried forwards	661	-	661
		-	-	-
		-	-	-
	Total cash funds	661	-	661
	(agree balances with receipts and payments account(s))	OK	OK	Agreement Error
	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £

B2 Other monetary assets

Non	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
Non		-	-
		-	-
		-	-
		-	-
		-	-

B4 Assets retained for the charity's own use


Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
Non		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
Non		-	
		-	

		-	
		-	
		-	

Signed by one or two trustees on
behalf of all the trustees

Signature	Print Name	Date of approval
	Richard John Louis Hood	06/04/2024