

SEXPRESSSION:UK

England & Wales · Charity number 1166559

Details

Other names	SEXPRESSSION:UK
Status	Registered
Legal form	CIO
Registered	2016-04-15
Register	View on the Charity Commission register

Contact

Address	Sexpression:UK International House 64 Nile Street London N1 7SR
Phone	07534794052
Email	director@sexpression.org.uk
Website	www.sexpression.org.uk

Activities

Objects: TO PROMOTE THE HEALTH AND WELL-BEING OF YOUNG PEOPLE THROUGHOUT THE UK WITH SPECIFIC FOCUS ON IMPROVING THE SEXUAL HEALTH AND RELATIONSHIP EDUCATION (SRE) OF YOUNG PEOPLE AGED 11-18.

Activities: Sexpression:UK is a nationwide student-led project that empowers young people to make informed decisions about relationships and sex by running informal, inclusive and comprehensive relationship and sex education sessions in the local communities of our branches. We currently operate in over 25 towns and cities in all four countries of the United Kingdom.

Classification

- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** Education/training
- **Who:** Children/young People

Geography

- Scotland
- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£2,792	£13,622	-	-
2023-12-31	£6,192	£12,113	-	-
2022-12-31	£25,135	£9,611	-	-
2021-12-31	£5,539	£2,544	-	-
2020-12-31	£3,658	£3,946	-	-

Trustees

Name	Role	Appointed
Anya Metzger		2024-04-20
Bally Kaur		2025-04-25
Eleanor Marsh		2025-04-25
Ellie Archibald		2024-04-20
Megan Rhiannon Victoria Suckling		2025-08-01
Melanie Westlake		2025-04-25

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England & Wales - Charity number 1166559

Accounts



Trustees' Annual Report & Financial Statements

**For the year ended
31st December 2024**

**Registered Charity Numbers:
1166559 (England and Wales)
SC047637 (Scotland)**

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TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2024

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CHAIR'S FOREWORD

It is my pleasure to be presenting the 2024 Annual Report. 2024 was an exciting year of growth for the organisation and one that simply would not have been possible without the tremendous efforts of our national committee, branches and volunteers. For an organisation run by student-volunteers, the exceptional impact the charity makes is truly admirable.

2024 was a difficult year for the RSHE sector with the introduction of proposed changes to the RSHE statutory guidance which would have become restrictive. We took a leading role in convening the Dump the Draft campaign, a youth-led campaign against proposed changes to the RSHE statutory guidance and now await the results of the final consultation and potential changes to the draft guidance. Whatever happens, Sexpression:UK will remain dedicated to inclusive and comprehensive RSHE which empowers young people to make safer, informed and consensual decisions about relationships and sex throughout their lives.

Moreover, we were pleased to still celebrate many successes, delivered by the hard-work and determination of our national committee and volunteers. In 2024, we opened an exceptional 4 new branches: Cambridge, Glasgow, York St John and Brighton and Sussex Medical School. This expansion brought Sexpression to numerous new students and expanded the geographic reach of the charity significantly. We further held our national conference in Birmingham this year and a General Assembly online hosted jointly by our Exeter and Bristol branches. Speakers at our events included Dr Naomi Sutton, Nathaniel Hall, Dee Witnell and Ruby Rare who all brought fantastic and inspiring perspectives to our members.

Finally, we were pleased to appoint Ellie Archibald and Anya Metzger to the Board of Trustees, bringing vital fundraising expertise to the board during a challenging fundraising period across the sector. We further said goodbye to Eileen Irvin, Eva Zilber and Deven Naran from the board, the latter of whom also served as Treasurer for two terms and was invaluable in the charity's development during this period.

For 2025, we are recruiting a new Chair, Treasurer and up to two more trustees, offering new opportunities for us to improve our strategy and governance. Beyond this, we will be implementing a new cost-savings strategy to improve our financial resilience, introducing a new administration fee and looking to refine and improve our curriculum in line with potential new statutory guidance.



Jack Liepa Chair of the Board of Trustees

REFERENCE AND ADMINISTRATIVE DETAILS

Trustees

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Jack Liepa (Treasurer from 5th November 2024 and Chair from 23rd February 2025)

Dr Joanna Melville (Chair until 23rd February 2025)

Deven Naran (Treasurer until 4th November 2024)

Amy Malone (Until 30th September 2025)

Megan Suckling (From 1st July 2025)

Melanie Westlake (From 25th April 2025)

Baljinder Kaur (From 25th April 2025)

Eleanor Marsh (From 25th April 2025)

Dr Eva Zilber (Until 4th November 2024)

Dr Caroline Lloyd (Until 30th September 2025)

Ella Watson (Until 1st September 2025)

Molly Houghton

Harun Tulunay

Eileen Irvin (Until 7th May 2024)

Anya Metzger (From 20th April 2024)

Ellie Archibald (From 20th April 2024)

Lewis Ruddock (until 1st July 2024)

National Director

Jack Liepa (Until 30th June 2024)

Megan Suckling (from 1st July 2024)

Charity Number

1166559

SC047637

Registered Office

Sexpression:UK

International House

64 Nile Street

London

N1 7SR

Bankers

Metro Bank PLC

One Southampton Row

London

WC1B 5HA

Independent Examiner

Sterling Grove Accountants

Fawley House

2 Regatta Place

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Marlow Road
Bourne End
Buckinghamshire
SL8 5TD

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TRUSTEES' ANNUAL REPORT

The Trustees of Sexpression:UK have pleasure in presenting their annual report and financial statements for the year ended 31st December 2024. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the current statutory requirements, the requirements of the charity's governing document, applicable law and the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1st January 2019).

Objectives and Activities

The objects of Sexpression:UK are specific:

“To promote the health and wellbeing of young people throughout the UK with specific focus on improving the sexual health and relationships education (SRE) of young people aged 11 to 18.”

In pursuit of these aims, Sexpression:UK provides high quality, comprehensive relationships and sex education (RSE) workshops to young people in the local areas of our affiliated UK branches. Sexpression:UK ensures that the sessions our affiliated branches provide are high quality and meet the requirements of the young people we work with through annual national training and a process of monitoring and evaluation.

Public Benefit

Sexpression:UK is a public benefit entity. The trustees confirm that they have considered the guidance given by the Charity Commission on public benefit and the guidance on campaigning and political activity by charities when shaping Sexpression:UK's objectives and activities for the year.

Structure Governance and Management

Sexpression:UK is a Charitable Incorporated Organisation (CIO) registered with the Charity Commission in England and Wales (1166559) and with the Office of the Scottish Charity Regulator (SC047637).

Sexpression:UK is governed by its constitution and bye laws and controlled by a Board of Trustees who will act as Directors for the purposes of company law and Trustees for the purposes of charity law. Decisions are made by a simple majority vote.

The Board of Trustees meets at least four times per year and is responsible for maintaining legal, financial and reputational integrity whilst setting organisational strategy, approving general policies and approving the annual budget and accounts. The recruitment of Trustees is led by an

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TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST DECEMBER 2024

audit of the skills held by the current members of the Board. New Trustees are appointed by an open recruitment process using both search and advertisement as required against an agreed skills profile and person specification. Affiliated member branches ratify the appointment of Trustees as recommended by the Board of Trustees.

All new Trustees are given an introduction to the activities of the organisation and an induction process covering governance, risk management and financial responsibilities. If a training need is identified during the induction process, then this is provided as and when required.

The Board of Trustees delegate the day-to-day management of Sexpression:UK to a National Director. To ensure effective management the National Director leads a National Committee of elected student volunteers with responsibility for operational management of the charity's activities and services. During 2024 the National Committee members were:

National Director Jack Liepa (until 30th June) Megan Sucking (from 1st July)

Branches Director Megan Sucking (until 30th June) Chloe Stone (from 1st July)

Externals and Press Director Vidyut Chattopadhyay (until 30th June) Bessie Schofield (from 1st July)

Finance Director Eve O'Connell (until 30th June) Rama Aowidah (from 1st July)

Fundraising and Corporate Partnerships Director Hugo Sivov

Training Director Catherine Sharp (until 30th June) Dod Cavill (until 14th September) Lottie Gordon (from 1st December)

Campaigns Director Shoumita Bardhan (until 30th June) Lottie Gordon (until 30th November) Vacant (from 1st December)

Child Protection Director Louisa Hall (until 30th June) Will Palmer (from 1st July)

Communications Director Chiara Dell'Oro (until 30th June) Genevieve Kenrick (from 1st July)

Monitoring and Evaluation Director Cate Goldwater Breheny (until 30th June) India Walton-Salmon (from 1st July)

The running of Sexpression:UK is fully reliant on the volunteering hours provided by the National Committee and volunteers from our affiliated branches in carrying out the work of the organisation. The Trustees would like to place on record their gratitude and appreciation for the hard work of all Sexpression:UK volunteers. All National Committee members are accountable to the National Director for the performance of their duties and the National Director is accountable to the Board of Trustees for the performance of their duties.

Sexpression:UK has branches located in England, Wales and Scotland which are all led by their own Branch Committee elected according to local rules. The individual Branch Coordinators are responsible for all activity carried out by their respective branches. The Branches Director on the National Committee is responsible for ensuring that all affiliated branches operate in full compliance with the Sexpression:UK Branch Agreement and national policies and procedure.

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Relationships With Other Parties

Sexpression:UK's affiliated branches are also required to be affiliated with their local students' union or university. This ensures that there is a degree of local accountability and control over the student-led branches as well as the national oversight from the National Committee and Trustees. As a result, each branch is required to operate within the laws set out in both the Sexpression:UK Constitution and bylaws and in their local organisation's Constitution, Memorandum or Articles of Association.

Sexpression:UK is a partner of the Sex Education Forum. We have a member who sits on the Public Panel of the British Association for Sexual Health and HIV (BASHH) and on the Advisory Panel of Trade Sexual Health. We are also part of the StopAids coalition and are a member of the stakeholder advisory group for the Home Office's 'Enough Campaign' to tackle violence against women and girls.

We are affiliated with Students for Global Health (SfGH) (the UK member organisation of the International Federation of Medical Students' Associations (IFMSA)), Students and Trainees for Sexual Health and HIV, and the FGM Education Project.

Finally, we are a member of CharityComms.

Achievements and Performance

Delivering RSE to Young People

During 2024, Sexpression:UK supported 18 branches engaged in the core activity of delivering RSE to young people, making progress towards our charitable objectives.

There were 177 volunteers at our affiliated branches in the 2024 period, who were trained in both child protection and session facilitation. Child protection training was delivered online over a weekend to Branch Child Protection Officers and the National Committee by the National Child Protection Director in conjunction with the Safeguarding Trustee. The Branch Child Protection Officers subsequently delivered this training at a branch level. Meanwhile, facilitation training was delivered in-person in Manchester by the National Director and an external RSE trainer to Branch Training Officers and similarly these Branch Officers then delivered this training to volunteers at their respective branches.

Sexpression:UK branches offer sessions in line with our '*Core Offer*' of topics. Across 146 sessions we delivered inclusive RSHE to an estimated 4380 young people). The most popular sessions were: sex and the media and consent. From 409 feedback forms completed by young people, 76% of young people agreed they learned something (compared to 74% in 2023). 94% felt volunteers were confident and prepared (compared to 87% in 2022).

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Branch Activities

In 2024, with support from our branches director, we ensured that no branches were left in the position where they needed to close, which was an improvement on the previous year where 5 branches closed due to lack of members. Furthermore, we opened two new branches, including York St John, which aligns with our goal to increase our presence within more non-Russell Group Universities.

Alongside delivering RSE in schools, our branches are active on their university campuses. Activities conducted by branches ranged from quizzes, digital campaigns, collaborations with other student societies and which thousands of students nationwide attended or participated in.

National Activities

The National Committee is made up of nine volunteers elected by our branches with the committee being led by the Sexpression:UK National Director. During 2024 these volunteers worked incredibly hard to support our branches with both on campus activity and delivering RSE to young people.

As part of this, the National Director and Branches Director delivered Branch Coordinator training, as part of our commitment to branch sustainability and empowering the autonomy of local branch leaders. The feedback from this year's training was overwhelmingly positive with 100% of attendees leaving the session feeling confident in their ability to lead their branch.

2024 marked the year where Sexpression:UK announced its first patron. Daniel Harding is a broadcast director, presenter and author, as well as a LGBTQIA+ and Mental Health advocate. Announced as a patron in January 2024, Daniel has worked with Sexpression:UK on numerous online campaigns and has attended our national events.

The committee continued to work closely with externals. In February, we announced a new partnership with STASHH (Students and Trainees Association for Sexual Health and HIV). This allowed us to work together to improve our knowledge and resources, as well as provide each other support when developing a more diverse recruitment strategy.

We started to evolve our communication strategy by introducing the use of Tiktok. This is as Tiktok has a large audience of young people, allowing us to expand our reach of key information about sexual health and relationships. Across the year, we gained over 27,000 views and worked with numerous external partners.

In January 2024, we announced our new partnership with The Rainbow Lottery, in order to encourage donations in line with our fundraising strategy. This created a new stream of income and gave potential donors a larger incentive to donate.

Campaigns and Advocacy

In June, Sexpression:UK launched the 'Dump the Draft' campaign, a direct response to the proposed new Section 28-style sex and health education draft guidance. The campaign mobilised our network to advocate for inclusive and comprehensive education, resulting in significant engagement across social media. We created 5 posts and 7 reels, and our Branches Director hosted an Instagram Live session to address concerns and answer questions. The campaign's message resonated widely, with

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Instagram reels reaching 14,600 views, TikTok reels achieving 10,776 views, and Instagram posts garnering 20,024 views.

Later, our Campaigns Director led our Sexual Health Week campaign, themed 'Are You Feeling It'. This initiative aimed to educate young people about the validity of their feelings surrounding sex and relationships. Throughout the week, we released 12 videos and 12 posts across various platforms, collaborating with prominent external partners including Dr. Naomi Sutton, Shivani Dave, and our patron Daniel Harding. The campaign saw impressive reach, with over 5,000 views on TikTok, 18,800 views on Instagram reels, and over 14,500 views on Instagram posts. We ended the year with our annual 'Best if you Test' campaign in November, encouraging students across the UK to get tested for HIV and STIs. As part of this, we published one post and seven reels centrally, while also empowering our branches to run their own localized 'Best if you Test' initiatives throughout the month. Our central campaign saw strong engagement, with the Instagram post receiving 1,618 views and Instagram reels accumulating 14,275 views.

Conferences and Events

We held our annual General Assembly (GA) in April, hosted online by the Exeter and Bristol Branches. All members of the National Committee delivered workshops on a range of topics, bringing their respective expertise to support members in their delivery of RSE in schools or more effective branch management. Branches also elected the new national committee and selected a branch to host the national conference in the following autumn term.

The keynote speaker for GA was sex educator and author Ruby Rare, who spoke about her upcoming project and books. There were also talks from Dee Witnell and Naabil Khan. In November, we held our annual National Conference in-person in Birmingham, hosted by the Birmingham branch. The conference involved 12 external partners attending and consisted of 5 workshops, 7 talks including a keynote address from Nathaniel Hall, and a play by 'Fly Trap'. There were also opportunities across the weekend for networking and an evening social. The keynote speaker was trans activist Eva Echo and the panels were focused on equality, diversity and inclusion, and sex therapy. Workshops included: Open mic poetry, clay genitals and a contraception workshop. The branches also elected the host branch for 2024's GA.

Plans for the Future

Looking to 2025, we will be introducing a new cost-savings plan to ensure our financial sustainability during a challenging period for the wider third sector. Further, we will be looking to adapt our model to introduce administrative fees to provide a more stable income generation pipeline and to improve our financial resilience.

With the departure of the Treasurer and the Chair as well 2 other trustees at the completion of their terms, we will also be looking to recruit up to 4 new trustees including the Chair and Treasurer role. This recruitment cycle offers an excellent opportunity to bring new knowledge and dynamism to the Board. We will also be seeking to update the Terms of Reference for our sub-committees and to reviewing and improving existing governance processes to ensure they are robust and effective.

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We will also be looking to review our curriculum in response to the government's review of the current statutory RSHE guidance, ensuring that our offer is relevant and aligned to the needs of young people and schools.

Finally, we will continue our strategy of expanding our branches sustainably and into areas of the country not currently well-served by Sexpression, such as Wales, the South East and North West.

Financial review

The Statement of Financial Activity is set out on page 14 of the Annual Report. Total incoming resources amounted to £2,792 (2023: £6,192) with total resources expended at £13,622 (2023: £12,113). Overall, this resulted in a net year end deficit of £10,830 (2023: £5,921). On 31st December 2024 Sexpression:UK has cash held at bank and in hand at £22,773 (2023: £33,359).

Reserves policy

The Trustees review Sexpression:UK's reserves position annually to ensure that operations could continue should funding not be available for any reason in the future. The Board acknowledges that, as a charity, we have a larger than normal reserves position of 6 months of operating costs. However, this is due to an adverse funding landscape and in effect whilst we implement a cost-saving plan and implement a new income generation pipeline.

Risk management

As part of their duties the Trustees regularly examine the major strategic, operational and reputational risks to Sexpression:UK on an ongoing basis. Where appropriate, systems, procedures or policies are implemented to mitigate the risk faced by the organisation. Budgetary and internal control risks are minimised by role base expenditure limits set by the Trustees in conjunction with the National Committee. The Trustees have set up a 'two to sign' requirement for all online payments and trustee approval for major financial transactions. Whilst our current bank account provider does not allow for a digital two to sign, this is performed manually for all transactions within Sexpression:UK. Sexpression:UK also has a detailed safeguarding policy which all volunteers are required to adhere to. No volunteer is allowed to participate in the work the charity does without undertaking mandatory annual child protection training. DBS checks are now no longer mandatory for volunteers in England and Wales, however PVG checks remain a compulsory requirement for volunteers in Scotland.

Statement of Trustees responsibilities

The Trustees are responsible for preparing the Trustees' Annual Report and Financial Statements in accordance with the applicable law, the Charities SORP and FRS 102 the Financial Reporting Standard applicable in the UK and Republic of Ireland. The Trustees are required to prepare financial statements on either a receipts and payments basis or on an accruals basis. As the financial statements are prepared on an accruals basis, they should give a true and fair view of the state of affairs of the charitable organisation and of the incoming and expended resources of the organisation for that period. In preparing these financial statements, the trustees are required to:

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- Select suitable accounting policies and apply them consistently;
- Observe the methods and principles of the Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable UK Accounting Standards have been followed;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the organisation will continue in operation.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the group and the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). They are also responsible for safeguarding the assets of the group and the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Jack Liepa Chair of the Board of Trustees

Independent examiner's report to the trustees of Sexpression:UK ('the Trust')

I report to the charity trustees on my examination of the accounts of the Trust for the year ended 31 December 2024.

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Responsibilities and basis of report

As the trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities and Trustee Investment (Scotland) Act 2005 (the '2005 Act'), the Charities Accounts (Scotland) Regulations 2006 (as amended) and the Charities Act 2011 ('the 2011 Act'). You are satisfied that your charity is not required by charity law to be audited and have chosen instead to have an independent examination.

I report in respect of my examination of the Trust's accounts as carried out under section 44 (1)(c) of the 2005 Act and section 145 of the 2011 Act. In carrying out my examination I have followed the requirements of Regulation 11 of the Charities Accounts (Scotland) Regulations 2006 (as amended) and the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the Trust has prepared its accounts on an accruals basis and is also registered in Scotland your examiner must be a member of a body listed in Regulation 11(2) of the Charities Accounts (Scotland) Regulations 2006 (as amended). I can confirm that I am qualified to undertake the examination because I am a registered member of the Chartered Institute of Management Accountants which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 44 (1) (a) of the 2005 Act and Regulation 4 of the Charities Accounts (Scotland) Regulations 2006 (as amended) and section 130 of the 2011 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements Regulation 8 of the Charities Accounts (Scotland) Regulations 2006 (as amended) and do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

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Mr Gianni Amasanti FCCA
Sterling Grove Accountants
Chartered Certified Accountants

Fawley House
2 Regatta Place
Marlow Road
Bourne End
Buckinghamshire
SL8 5TD

30 October 2025

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STATEMENT OF FINANCIAL ACTIVITY (INCLUDING INCOME AND EXPENDITURE ACCOUNT)

		All Restricted and		2024 Total	2023 Total
		Unrestricted	Endowment	Funds	Funds
		Funds	Funds		
Note		£	£	£	£
INCOMING RESOURCES					
Income and Endowments from:					
Donations and Legacies		1824	-	1824	5,281
Charitable Activities	2	609	-	609	911
Other Trading Activities		359	-	359	-
Total incoming resources	2	2,792	-	2,792	6,192
RESOURCES EXPENDED					
Expenditure On:					
Raising funds:		-	-	-	-
Charitable activities:	3	13,622	-	13,622	12,113
Total resources expended	3	13,622	-	13,622	12,113
Net Income/(Expenditure)		(10,587)	-	(10,587)	(5,921)
Net movement in funds	8	(10,830)	-	(10,830)	(5,921)
RECONCILIATION OF FUNDS					
Total funds brought forward	8	32,937	-	32,937	38,858
Total funds carried forward	8	22,107	-	22,107	32,937

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BALANCE SHEET AS AT 31ST DECEMBER 2024

		All Restricted and		2024 Total	2023 Total
		Unrestricted Funds	Endowment Funds	Funds	Funds
	Note	£	£	£	£
CURRENT ASSETS					
Stock	4	240	-	240	240
Debtors	5	-	-	-	250
Cash at bank and in hand	6	22,773	-	22,773	33,359
Total current assets		23,013	-	23,013	33,849
CURRENT LIABILITIES					
Creditors: amounts falling due within one year	7	906	-	906	912
Net current assets/(liabilities)		22,107	-	22,107	32,937
Net assets		22,107	-	22,107	32,937
FUNDS OF THE CHARITY					
All Restricted and Endowment Income Funds					
		-	-	-	-
Unrestricted Funds		22,107	-	22,107	32,937
Total Funds	8	22,107	-	22,107	32,937

The financial statements were approved by the Trustees on 30/10/2025.

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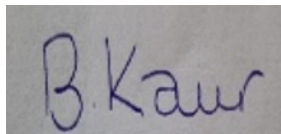
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Approved by the Board of Trustees and signed on their behalf.

Chair of the Board of Trustees



Trustee, Treasurer



STATEMENT OF CASH FLOWS

	Unrestricted Funds £	All Restricted and Endowment Funds £	2024 Total Funds £	2023 Total Funds £
CASH FLOW FROM OPERATING ACTIVITIES				
Net cash provided by operating activities	(10,586)	-	(10,586)	(5,898)
Change in cash and cash equivalents in the reporting period	(10,586)	-	(10,586)	(5,898)
Cash and cash equivalents at the beginning of the reporting period	33,359	-	33,359	39,257
Cash and cash equivalents at the end of the reporting period	22,773	-	22,773	33,359

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RECONCILIATION OF NET INCOME/(EXPENDITURE) TO NET CASH FLOW FROM OPERATING ACTIVITIES

	Unrestricted Funds £	All Restricted and Endowment Funds £	2024 Total Funds £	2023 Total Funds £
Net income/(expenditure) for the reporting period	(10,830)	-	(10,830)	(5,921)
Adjustments for:				
(Increase)/decrease in stocks	-	-	-	-
(Increase)/decrease in debtors	250	-	250	350
Increase/(decrease) in creditors	(6)	-	(6)	(327)
Net cash provided by operating activities	(10,586)	-	(10,586)	(5,898)
Analysis of cash and equivalents				
Cash at bank and in hand	22,773	-	22,773	33,359
Total Cash and cash equivalents	22,773	-	22,773	33,359

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ANALYSIS OF CHANGES IN NET DEBT

	At start of year	Cash flow	At end of year
	£	£	£
Cash	33,359	(10,586)	22,773
TOTAL	33,359	(10,586)	22,773

The notes on pages 19 to 23 form part of these accounts.

The financial statements were approved by the Board of Trustees on X.

Approved by the Board of Trustees and signed on their behalf.

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NOTES TO THE ACCOUNTS

Note 1 Accounting policies

1.1 Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. These accounts have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) (effective 1st January 2019), with the Charities Act 2011, the Charities and Trustee Investment (Scotland) Act 2005 and The Charities Accounts (Scotland) Regulations 2006 (as amended).

1.2 Recognition of incoming resources

These are included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to the resources; it is more likely than not that the trustees will receive the resources; and the monetary value can be measured with sufficient reliability.

1.3 Grants and donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met.

1.4 Donated services

Donated services are included in the SoFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably. If the value of the gift cannot be measured reliably then the donated services are described in the Trustees' Annual Report.

1.5 Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the Trustees' Annual Report.

1.6 Liability recognition

Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

1.7 Governance costs

Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice. These costs include the preparation and examination of the accounts, the costs of trustee meetings and the cost of any legal advice to trustees on governance or constitutional matters.

1.8 Fixed Assets

Fixed assets costing more than £1,000 are capitalised and depreciated over their estimated useful lives, starting from the first financial year after capitalisation. Sexpression:UK has no assets of this value.

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TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST DECEMBER 2024

1.9 Debtors

Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

1.10 Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

1.11 Creditors

The charity has creditors which are measured at settlement amounts less any trade discounts.

1.12 Stocks

Stocks held for sale as part of non-charitable trade are measured at the lower of cost or net realisable value. Goods or services provided as part of a charitable activity are measured at net realisable value based on the service potential provided by items of stock.

1.13 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charitable organisation and which have not been designated for other purposes. Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or raised by the organisation for particular purposes.

Note 2 Analysis of incoming resources

	Unrestricted Funds £	All Restricted and Endowment Funds £	2024 Total Funds £	2023 Total Funds £
<u>Donations and legacies</u>				
<i>Donations</i>	1,574	-	1,574	4,906
<i>Sponsorship</i>	250	-	250	375
<u>Charitable activities</u>				
<i>Conference income</i>	609	-	609	910
<u>Other trading activities</u>				
<i>Merchandise</i>	359	-	359	-
	2,792	-	2,792	6,191

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TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST DECEMBER 2024

Note 3 Analysis of expenditure

	Unrestricted Funds £	All Restricted and Endowment Funds £	2024 Total Funds £	2023 Total Funds £
<u>Raising funds</u>				
Incurring seeking donations	-	-	-	-
Merchandise	126	-	126	124
<u>Charitable activities</u>				
Members training	499	-	499	177
Conference expenses	1,408	-	1,408	1,306
National Committee expenses	444	-	444	1,029
National Committee training	1,205	-	1,205	510
Members travel expenses	991	-	991	820
Branch expenses	1,655	-	1,655	651
Premises and IT	4,992	-	4,992	5,598
Professional Fees	637	-	637	480
Campaign costs	-	-	-	132
Affiliations	274	-	274	199
Trustee expenses	1,020	-	1,020	720
Trustee Indemnity insurance	378	-	378	367
	13,622	-	13,622	12,113

Note 4 Stock

	2024 £	2023 £
Stock	240	240
	240	240

Note 5 Analysis of debtors

	2024 £	2023 £
Trade debtors	-	250
	-	250

Note 6 Analysis of cash funds

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TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST DECEMBER 2024

	2024	2023
	£	£
Cash at bank and in hand	22,773	33,359
	22,773	33,359

Note 7 Analysis of creditors

	2024	2023
	£	£
Trade creditors & accruals	370	6
Other creditors	536	906
	906	912

Note 8 Analysis of net movement in funds

	Total funds brought forward	Total incoming resources	Total resources expended	Transfers between funds	Total funds carried forward
	£	£	£	£	£
<i>Unrestricted funds</i>	32,937	2,792	13,622	-	22,107
<i>All Restricted and Endowment Funds</i>	-	-	-	-	-
Total funds	32,937	2,792	13,622	-	22,107

Note 9 Independent examiner's remuneration

	2024	2023
	£	£
Examination of the financial statements	500	480
	500	480

Note 10 Governance Costs

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TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST DECEMBER 2024

In 2024, Indemnity Insurance for Trustees was paid for totalling £378 (2023: £367)

Note 11 **Trustees remuneration and expenses**

During the year trustee expenses of £1,020 (2023: £720) in relation to travel and training were reimbursed by the company. The number of trustees who had expenses reimbursed was 3 (2023: 5)

Note 12 **Taxation**

The charitable incorporated organisation is registered as such and is therefore exempt from taxation.

Note 13 **Control**

The organisation was controlled throughout the year by its trustees.

Note 14 **Related Party Transactions**

There have been no related party transactions during the year.

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England & Wales - Charity number 1166559

Accounts



Trustees' Annual Report & Financial Statements

**For the year ended
31st December 2023**

**Registered Charity Numbers:
1166559 (England and Wales)
SC047637 (Scotland)**

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**TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2023**

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TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2023

CHAIR'S FOREWORD

I am thrilled to introduce our Annual Report for 2023. This was a year in which we faced the continued impact from the Covid-19 pandemic upon recruitment with five branches closing. However, we also saw new growth with the opening of our first new branch since 2019. Despite these challenges, we trained over 300 volunteers to facilitate RSE sessions, with a positive increase in many aspects of session feedback. This included 87% of respondents feeling our volunteers were confident and prepared to deliver sessions. The feedback from our National Branch Coordinator Training was also extremely positive, with 100% of attendees feeling confident in their ability to lead their branch after attending.

The ongoing hard work of volunteers at all levels has ensured not only the continued provision of RSE but also a huge range of other activities. We continued to see impressive engagement on university campuses with events, campaigning, and advocacy work. With support from our National Committee, we held our General Assembly in Aberdeen and our National Conference in Newcastle. At the latter of these, we launched our internal equality, diversity and inclusion network.

Our National Committee continued to work not only to support branches, but worked extensively with external partners. The passion our volunteers have to share their knowledge, reduce stigma, and strive for a better society is inspiring, and is reflected from our individual volunteers right up to our National Committee. Campaigning and advocacy remains fundamental to our organisation; in 2023 we were involved in advocacy regarding the governmental review into statutory RSHE; the provision of which we had previously campaigned for.

This year was one in which we identified areas for growth and change, including expanding our alumni network and the introduction of our new fundraising strategy. Through constitutional amendment we expanded the upper-limit of our trustee board, recruiting seven new trustees. This brought significant knowledge and expertise to the charity, allowing us to re-launch our strategy group and to plan a new quality assurance group.

Looking forward to 2024, I am excited to see our plans for sustainable growth, in which we prioritise quality assurance, best practice, and maximising impact.



Dr Joanna Melville
Chair of Trustees

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TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2023

REFERENCE AND ADMINISTRATIVE DETAILS

Trustees

Dr Joanna Melville (Chair)
Deven Naran (Treasurer)
Sophie Collins (until 20th January 2023)
Madeleine Lewis (until 28th February 2023)
Dr Eleanor Cochrane (until 30th June 2023)
Lewis Ruddock (from 1st July 2023 until 1st July 2024)
Dr Shardia Briscoe-Palmer (until 9th September 2023)
Amy Malone (from 9th September 2023)
Dr Eva Zilber (from 9th September 2023)
Dr Caroline Lloyd (from 9th September 2023)
Ella Watson (from 9th September 2023)
Molly Houghton (from 9th September 2023)
Harun Tulunay (from 9th September 2023)
Eileen Irvin (from 1st October 2023 until 7th May 2024)
Anya Metzger (from 20th April 2024)
Ellie Archibald (from 20th April 2024)

National Director

Lewis Ruddock (until 30th June 2023)
Jack Liepa (from 1st July 2023)

Charity Number

1166559
SC047637

Registered Office

Sexpression:UK
International House
64 Nile Street
London
N1 7SR

Bankers

Metro Bank PLC
One Southampton Row
London
WC1B 5HA

Independent Examiner

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TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS
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Sterling Grove Accountants

Fawley House
2 Regatta Place
Marlow Road
Bourne End
Buckinghamshire
SL8 5TD

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TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2023

TRUSTEES' ANNUAL REPORT

The Trustees of Sexpression:UK have pleasure in presenting their annual report and financial statements for the year ended 31st December 2023. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the current statutory requirements, the requirements of the charity's governing document, applicable law and the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1st January 2019).

Objectives and Activities

The objects of Sexpression:UK are specific:

“To promote the health and wellbeing of young people throughout the UK with specific focus on improving the sexual health and relationships education (SRE) of young people aged 11 to 18.”

In pursuit of these aims, Sexpression:UK provides high quality, comprehensive relationships and sex education (RSE) workshops to young people in the local areas of our affiliated UK branches. Sexpression:UK ensures that the sessions our affiliated branches provide are high quality and meet the requirements of the young people we work with through annual national training and a process of monitoring and evaluation.

Public Benefit

Sexpression:UK is a public benefit entity. The trustees confirm that they have considered the guidance given by the Charity Commission on public benefit and the guidance on campaigning and political activity by charities when shaping Sexpression:UK's objectives and activities for the year.

Structure Governance and Management

Sexpression:UK is a Charitable Incorporated Organisation (CIO) registered with the Charity Commission in England and Wales (1166559) and with the Office of the Scottish Charity Regulator (SC047637).

Sexpression:UK is governed by its constitution and bye laws and controlled by a Board of Trustees who will act as Directors for the purposes of company law and Trustees for the purposes of charity law. Decisions are made by a simple majority vote.

The Board of Trustees meets at least four times per year and is responsible for maintaining legal, financial and reputational integrity whilst setting organisational strategy, approving general policies and approving the annual budget and accounts. The recruitment of Trustees is led by an

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TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST DECEMBER 2023

audit of the skills held by the current members of the Board. New Trustees are appointed by an open recruitment process using both search and advertisement as required against an agreed skills profile and person specification. Affiliated member branches ratify the appointment of Trustees as recommended by the Board of Trustees.

All new Trustees are given an introduction to the activities of the organisation and an induction process covering governance, risk management and financial responsibilities. If a training need is identified during the induction process, then this is provided as and when required.

The Board of Trustees delegate the day-to-day management of Sexpression:UK to a National Director. To ensure effective management the National Director leads a National Committee of elected student volunteers with responsibility for operational management of the charity's activities and services. During 2022 the National Committee members were:

National Director Lewis Ruddock (until 30th June) Jack Liepa (from 1st July)

Branches Director Emily Richards (until 30th June) Megan Sucking (from 1st July)

Externals and Press Director Jack Liepa (until 30th June) Vidyut Chattopadhyay (from 1st July)

Finance Director Maxime Levasseur (until 30th June) Eve O'Connell (from 1st July)

Fundraising and Corporate Partnerships Director Nandini Mishra (until 30th June) Hugo Sivov (from 1st July)

Training Director Karen Gao (until 30th June) Catherine Sharp (from 1st July)

Campaigns Director Vacant (until 30th June) Shoumita Bardhan (from 1st July)

Child Protection Director Amy Malone (until 30th June) Louisa Hall (from 1st July)

Communications Director Greysen Braley (until 30th June) Chiara Dell'Oro (from 1st July)

Monitoring and Evaluation Director Megan Suckling (until 30th June) Cate Goldwater Breheny (from 1st July)

The running of Sexpression:UK is fully reliant on the volunteering hours provided by the National Committee and volunteers from our affiliated branches in carrying out the work of the organisation. The Trustees would like to place on record their gratitude and appreciation for the hard work of all Sexpression:UK volunteers. All National Committee members are accountable to the National Director for the performance of their duties and the National Director is accountable to the Board of Trustees for the performance of their duties.

Sexpression:UK has branches located in England, Wales and Scotland which are all led by their own Branch Committee elected according to local rules. The individual Branch Coordinators are responsible for all activity carried out by their respective branches. The Branches Director on the National Committee is responsible for ensuring that all affiliated branches operate in full compliance with the Sexpression:UK Branch Agreement and national policies and procedure.

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Relationships With Other Parties

Sexpression:UK's affiliated branches are also required to be affiliated with their local students' union or university. This ensures that there is a degree of local accountability and control over the student-led branches as well as the national oversight from the National Committee and Trustees. As a result, each branch is required to operate within the laws set out in both the Sexpression:UK Constitution and bylaws and in their local organisation's Constitution, Memorandum or Articles of Association.

Sexpression:UK is a partner of the Sex Education Forum. We have a member who sits on the Public Panel of the British Association for Sexual Health and HIV (BASHH) and on the Advisory Panel of Trade Sexual Health. We are also part of the StopAids coalition and are a member of the stakeholder advisory group for the Home Office's 'Enough Campaign' to tackle violence against women and girls.

We are affiliated with Students for Global Health (SfGH) (the UK member organisation of the International Federation of Medical Students' Associations (IFMSA)) and the FGM Education Project.

Finally, we are a member of CharityComms.

Achievements and Performance

Delivering RSE to Young People

During 2023, Sexpression:UK supported 20 branches engaged in the core activity of delivering RSE to young people, making progress towards our charitable objectives.

There were 301 volunteers at our affiliated branches in the 2023 period, who were trained in both child protection and session facilitation. Child protection training was delivered online over a weekend to Branch Child Protection Officers and the National Committee by the National Child Protection Director in conjunction with the Safeguarding Trustee. The Branch Child Protection Officers subsequently delivered this training at a branch level. Meanwhile, facilitation training was delivered in-person in Leeds by the Training Director and an external RSE trainer to Branch Training Officers and similarly these Branch Officers then delivered this training to volunteers at their respective branches.

Sexpression:UK branches offer sessions in line with our '*Core Offer*' of topics. Across 117 sessions we delivered inclusive RSHE to an estimated 3534 young people (with 23% being in the new academic year). The most popular sessions were: consent, LGBTQ+ identities, and healthy relationships. From 530 feedback forms completed by young people, 74% of young people agreed they learned something (compared to 67.3% in 2022). 87% felt volunteers were confident and prepared (compared to 75% in 2022).

Branch Activities

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In 2023, five branches closed due to lack of communication from the branch or lack of incoming committee. This reflected the long-term effect of limited recruitment and activity during the Covid-19 pandemic but which stabilised with the beginning of the new academic year in October. Indeed, as a sign of continued recovery following the pandemic, we opened our first new branch since 2019 with the launch of a branch at Cambridge which also gave us a presence in the East Midlands once again.

Alongside delivering RSE in schools, our branches are active on their university campuses. Activities conducted by branches ranged from quizzes, digital campaigns, collaborations with other student societies and which thousands of students nationwide attended or participated in.

National Activities

The National Committee is made up of ten volunteers elected by our branches with the committee being led by the Sexpression:UK National Director. During 2023 these volunteers worked incredibly hard to support our branches with both on campus activity and delivering RSE to young people.

As part of this, the National Director and Branches Director delivered Branch Coordinator training, as part of our commitment to branch sustainability and empowering the autonomy of local branch leaders. The feedback from this year's training was overwhelmingly positive with 100% of attendees leaving the session feeling confident in their ability to lead their branch.

The committee continued to work closely with externals. The Externals Director spoke at the BASHH national conference on the topic of pleasure in one of the conference's set-piece panels. As a committee we further collaborated with Kaleidoscope Health and Care on research into contraceptive care in young people and supported in the dissemination of the research's findings to the sector with the goal of ensuring better, more inclusive service delivery for young people. From this collaboration, we conducted another piece of research with Cue Insights in support of developing a digital innovation to contraceptive healthcare.

At this year's national conference, we launched our internal equality, diversity and inclusion network as part of our continuing commitment to ensuring inclusivity across the organisation. The network offers an opportunity for members outside of the national committee, particularly those from marginalised communities, to take a leading role and influence our policies, campaigns and activities to ensure Sexpression:UK represents and supports all of its members.

Finally, we developed a new fundraising strategy. As part of this, we expanded the range of merchandise to include an extended clothing range and a new homeware collection, comprising tote bags and mugs. This extended an existing stream of income and gave members greater opportunities to feel part of a sexpression community. We further made progress on expanding our alumni network with the creation of an online LinkedIn group for alumni as well as the appointment of an associate alumni officer to act as a conduit for alumni relations.

Campaigns and Advocacy

As part of our affiliation with the FGM Education Project, we delivered a digital campaign raising

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awareness of this important issue. Topics we covered included: mental health and FGM, sexual dysfunction and signposting for survivors of FGM.

Sexpression:UK once again ran a campaign for sexual health week, an advocacy week organised by UK sexual health charity, Brook. This year's theme was 'Playing it Safe' and took place from the 11th-17th September. We ran a successful digital education campaign that reached over 3000 people and saw a 178% increase in our social media engagement and 1619% increase in non-follower engagement. Part of the campaign involved social media collaborations with prominent sexual health consultant Dr Naomi Sutton and with Sexpression:UK affiliate Fumble. Finally, the campaign included a livestream discussion with the Campaigns Director, National Director and Trustee and international sexual health activist, Harun Tulunay.

At the end of sexual health week, we launched our first ever national campaign 'Best If You Test' in collaboration with sexual health company, Pasante. The campaign's goal was to de-stigmatise and raise awareness of testing, and in particular self-testing, as a means of reducing STI transmission and promoting good sexual health. Running for 10 weeks until the 30th November, the campaign comprised a combination of digital advocacy and on-campus advocacy by our branches. We produced weekly social media posts that were shared by numerous partners and supporters including: BASHH, STASHH, Terrence Higgins Trust, HIV Prevention England, Trade Sexual Health and Warwickshire Pride. We also collaborated again with Dr Naomi Sutton and with sex positive influencer Hannah Davies to promote the campaign.

On campus, we held outreach events on university campuses, both where we had branches and those without, promoting testing as a means of ensuring good sexual health. We further produced a poster kit in English and Welsh that we distributed to all UK universities to use and which included a QR code linking to various testing options available.

We also were involved in advocacy regarding the government's review into statutory RSHE that we had previously campaigned for the introduction of. Alongside other young people from organisations within the sector, the National Director spoke at a Parliamentary event convened by Sexpression:UK partner, the Sex Education Forum, Brook and the MPs Dame Maria Miller and Sarah Champion. We highlighted the importance of RSHE to young people and the importance of ensuring young voices were heard within the review. To this end, Sexpression:UK, alongside over 100 other organisations, were signatories to Brook's RSHE pledge and were a lead signatory to a public letter regarding the importance of young peoples' voices being listened to.

Sexpression:UK also coordinated with Brook and Dr Sophie King-Hill from the University of Birmingham to submit evidence to the review regarding young peoples' views on RSHE. Moreover, the charity wrote letters to both the Minister of State for Schools and Shadow Secretary of State for Education calling on them to retain statutory RSHE.

Finally, we were sought for our views on the new Online Safety Act and how it would affect young people. The External Director delivered a speech to members of the Sex Education Forum outlining our view of the Act and the views of young people regarding the legislation. This was subsequently followed by an interviews with the BBC and with Catalan Television, representing a

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TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST DECEMBER 2023

significant expansion of the profile of the charity.

Conferences and Events

We held our annual General Assembly (GA) in April, hosted online by the Aberdeen Branch. All members of the National Committee delivered workshops on a range of topics, bringing their respective expertise to support members in their delivery of RSE in schools or more effective branch management. Branches also elected the new national committee and selected a branch to host the national conference in the following autumn term.

The keynote speaker for GA was sexual health influencer and author, Millie Evans, who spoke about the importance of RSHE and how it should be considered a human right. There were also talks from Drs Naomi Sutton and Rebecca Foljambe and the FGM Education Project.

We sold 42 tickets for GA, with 82.4% of attendees reporting that it had exceeded their expectations based on 17 feedback responses received.

In November, we held our annual National Conference in-person in Newcastle, hosted by the Newcastle branch. The conference involved 16 external partners attending and consisted of 9 workshops, 2 panels and a keynote address across the weekend as well as opportunities for networking and a social. The keynote speaker was trans activist Eva Echo and the panels were focused on equality, diversity and inclusion, and sex therapy. Workshops included: intersectional collage making, tote bag making, busting body myths, creative writing and vulva cupcake decorating. The branches also elected the host branch for 2024's GA.

We sold 58 tickets for national conference with 100% of attendees reporting they would attend again and had enjoyed their experience.

Plans for the Future

In 2023, we amended the constitution in order to expand the trustee board to 12, meaning we recruited seven new trustees over the summer, bringing significant new knowledge and information to the charity. We further used the expansion of the board to re-launch our strategy group and to create a new quality assurance group. We will thus work to implement the recommendations of these groups alongside our current fundraising strategy in 2024.

In the coming years, we are keen to expand our collaborations with the private sector, expand our research capacity to influence public policy, develop our alumni community. Moreover, we aim to sustainably grow our branches, particularly at universities outside of the Russell group and in areas with greater socioeconomic deprivation so as to extend the reach of our impact.

Financial review

The Statement of Financial Activity is set out on page 14 of the Annual Report. Total incoming resources amounted to £6,192 (2022: £25,135) with total resources expended at £12,113 (2022: £9,611). Overall, this resulted in a net year end deficit of £5,921 (2022: £15,524). On 31st December

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2023 Sexpression:UK has cash held at bank and in hand at £33,359 (2022: £39,257) with total funds carried forward being £32,937 (2022: £38,858).

Reserves policy

The Trustees review Sexpression:UK's reserves position to ensure that operations could continue should funding not be available for any reason in the future. The Board acknowledges that as a charity we have a larger than normal reserves position compared to our annual income and expenditure. However, this is due to receiving a large grant from a foundation. It is prudent to have this level of reserves which will allow us to continue to operate whilst increasing our income from other sources.

Risk management

Risk management As part of their duties the Trustees regularly examine the major strategic, operational and reputational risks to Sexpression:UK on an ongoing basis. Where appropriate, systems, procedures or policies are implemented to mitigate the risk faced by the organisation. Budgetary and internal control risks are minimised by role base expenditure limits set by the Trustees in conjunction with the National Committee. The Trustees have set up a 'two to sign' requirement for all online payments and trustee approval for major financial transactions. Whilst our current bank account provider does not allow for a digital two to sign, this is performed manually for all transactions within Sexpression:UK. Sexpression:UK also has a detailed safeguarding policy which all volunteers are required to adhere to. No volunteer is allowed to participate in the work the charity does without undertaking mandatory annual child protection training. DBS checks are now no longer mandatory for volunteers in England and Wales, however PVG checks remain a compulsory requirement for volunteers in Scotland.

Statement of Trustees responsibilities

The Trustees are responsible for preparing the Trustees' Annual Report and Financial Statements in accordance with the applicable law, the Charities SORP and FRS 102 the Financial Reporting Standard applicable in the UK and Republic of Ireland. The Trustees are required to prepare financial statements on either a receipts and payments basis or on an accruals basis. As the financial statements are prepared on an accruals basis, they should give a true and fair view of the state of affairs of the charitable organisation and of the incoming and expended resources of the organisation for that period. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and apply them consistently;
- Observe the methods and principles of the Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable UK Accounting Standards have been followed;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the organisation will continue in operation.

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The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the group and the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). They are also responsible for safeguarding the assets of the group and the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.



Dr Joanna Melville
Chair of Trustees

Date: 12/09/2024

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TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST DECEMBER 2023

Independent examiner's report to the trustees of Sexpression:UK ('the Trust')

I report to the charity trustees on my examination of the accounts of the Trust for the year ended 31 December 2023.

Responsibilities and basis of report

As the trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities and Trustee Investment (Scotland) Act 2005 (the '2005 Act'), the Charities Accounts (Scotland) Regulations 2006 (as amended) and the Charities Act 2011 ('the 2011 Act'). You are satisfied that your charity is not required by charity law to be audited and have chosen instead to have an independent examination.

I report in respect of my examination of the Trust's accounts as carried out under section 44 (1)(c) of the 2005 Act and section 145 of the 2011 Act. In carrying out my examination I have followed the requirements of Regulation 11 of the Charities Accounts (Scotland) Regulations 2006 (as amended) and the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the Trust has prepared its accounts on an accruals basis and is also registered in Scotland your examiner must be a member of a body listed in Regulation 11(2) of the Charities Accounts (Scotland) Regulations 2006 (as amended). I can confirm that I am qualified to undertake the examination because I am a registered member of the Chartered Institute of Management Accountants which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 44 (1) (a) of the 2005 Act and Regulation 4 of the Charities Accounts (Scotland) Regulations 2006 (as amended) and section 130 of the 2011 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements Regulation 8 of the Charities Accounts (Scotland) Regulations 2006 (as amended) and do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

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TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2023

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mr Gianni Amasanti FCCA
Sterling Grove Accountants
Chartered Certified Accountants

Fawley House
2 Regatta Place
Marlow Road
Bourne End
Buckinghamshire
SL8 5TD

Date: 17 September 2024

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TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2023

BALANCE SHEET AS AT 31ST DECEMBER 2023

		All Restricted and		2023 Total	2022 Total
		Unrestricted Funds	Endowment Funds	Funds	Funds
	Note	£	£	£	£
CURRENT ASSETS					
Stock	4	240	-	240	240
Debtors	5	250	-	250	600
Cash at bank and in hand	6	33,359	-	33,359	39,257
Total current assets		33,849	-	33,849	40,097
CURRENT LIABILITIES					
Creditors: amounts falling due within one year	7	912	-	912	1,239
Net current assets/(liabilities)		32,937	-	32,937	38,858
Net assets		32,937	-	32,937	38,858
FUNDS OF THE CHARITY					
All Restricted and Endowment Income Funds					
		-	-	-	-
Unrestricted Funds		32,937	-	32,937	38,858
Total Funds	8	32,937	-	32,937	38,858

The financial statements were approved by the Trustees on 19/09/2024.

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TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST DECEMBER 2023

Approved by the Board of Trustees and signed on their behalf.



Dr Joanna Melville
Chair of the Board of Trustees



Deven Naran
Trustee, Treasurer

STATEMENT OF CASH FLOWS

	Unrestricted Funds	All Restricted and Endowment Funds	2023 Total Funds	2022 Total Funds
	£	£	£	£
CASH FLOW FROM OPERATING ACTIVITIES				
Net cash provided by operating activities	(5,898)		(5,898)	15,766
Change in cash and cash equivalents in the reporting period	(5,898)	-	(5,898)	15,766
Cash and cash equivalents at the beginning of the reporting period	39,257	-	39,257	23,491
Cash and cash equivalents at the end of the reporting period	33,359	-	33,359	39,257

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TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS
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RECONCILIATION OF NET INCOME/(EXPENDITURE) TO NET CASH FLOW FROM OPERATING ACTIVITIES

	Unrestricted Funds	All Restricted and Endowment Funds	2023 Total Funds	2022 Total Funds
	£	£	£	£
Net income/(expenditure) for the reporting period	(5,921)	-	(5,921)	15,524
Adjustments for:				
(Increase)/decrease in stocks	-	-	-	-
(Increase)/decrease in debtors	350	-	350	(600)
Increase/(decrease) in creditors	(327)	-	(327)	842
Net cash provided by operating activities	(5,898)	-	(5,898)	15,766
Analysis of cash and equivalents				
Cash at bank and in hand	33,359	-	33,359	39,257
Total Cash and cash equivalents	33,359	-	33,359	39,257

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TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS
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ANALYSIS OF CHANGES IN NET DEBT

	At start of year	Cash flow	At end of year
	£	£	£
Cash	39,257	(5,898)	33,359
TOTAL	39,257	(5,898)	33,359

The notes on pages 19 to 23 form part of these accounts.

The financial statements were approved by the Board of Trustees on 19/09/2024.

Approved by the Board of Trustees and signed on their behalf.



Dr Joanna Melville
Chair of the Board of Trustees



Deven Naran
Trustee, Treasurer

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TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2023

NOTES TO THE ACCOUNTS

Note 1 Accounting policies

1.1 Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. These accounts have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) (effective 1st January 2019), with the Charities Act 2011, the Charities and Trustee Investment (Scotland) Act 2005 and The Charities Accounts (Scotland) Regulations 2006 (as amended).

1.2 Recognition of incoming resources

These are included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to the resources; it is more likely than not that the trustees will receive the resources; and the monetary value can be measured with sufficient reliability.

1.3 Grants and donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met.

1.4 Donated services

Donated services are included in the SoFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably. If the value of the gift cannot be measured reliably then the donated services are described in the Trustees' Annual Report.

1.5 Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the Trustees' Annual Report.

1.6 Liability recognition

Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

1.7 Governance costs

Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice. These costs include the preparation and examination of the accounts, the costs of trustee meetings and the cost of any legal advice to trustees on governance or constitutional matters.

1.8 Fixed Assets

Fixed assets costing more than £1,000 are capitalised and depreciated over their estimated useful lives, starting from the first financial year after capitalisation. Sexpression:UK has no assets of this

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TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST DECEMBER 2023

value.

1.9 Debtors

Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

1.10 Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

1.11 Creditors

The charity has creditors which are measured at settlement amounts less any trade discounts.

1.12 Stocks

Stocks held for sale as part of non-charitable trade are measured at the lower of cost or net realisable value. Goods or services provided as part of a charitable activity are measured at net realisable value based on the service potential provided by items of stock.

1.13 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charitable organisation and which have not been designated for other purposes. Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or raised by the organisation for particular purposes.

Note 2 Analysis of incoming resources

	Unrestricted Funds £	All Restricted and Endowment Funds £	2023 Total Funds £	2022 Total Funds £
<u>Donations and legacies</u>				
<i>Donations</i>	4,906	-	4,906	23,878
<i>Sponsorship</i>	375	-	375	-
<u>Charitable activities</u>				
<i>Conference income</i>	910	-	910	1,029
<u>Other trading activities</u>				
<i>Merchandise</i>	-	-	-	228
	6,191	-	6,191	25,135

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TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2023

Note 3 Analysis of expenditure

	Unrestricted Funds £	All Restricted and Endowment Funds £	2023 Total Funds £	2022 Total Funds £
<u>Raising funds</u>				
Incurring seeking donations	-	-	-	-
Merchandise	124	-	124	455
<u>Charitable activities</u>				
Members training	177	-	177	46
Conference expenses	1,306	-	1,306	990
National Committee expenses	1,029	-	1,029	968
National Committee training	510	-	510	527
Members travel expenses	820	-	820	862
Branch expenses	651	-	651	278
Premises and IT	5,598	-	5,598	4,854
Professional Fees	480	-	480	-
Campaign costs	132	-	132	41
Affiliations	199	-	199	-
Trustee expenses	720	-	720	240
Trustee Indemnity insurance	367	-	367	350
	12,113	-	12,113	9,611

Note 4 Stock

	2023 £	2022 £
Stock	240	240
	240	240

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TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2023

Note 5 Analysis of debtors

	2023	2022
	£	£
Trade debtors	250	600
	<u>250</u>	<u>600</u>

Note 6 Analysis of cash funds

	2023	2022
	£	£
Cash at bank and in hand	33,359	39,257
	<u>33,359</u>	<u>39,257</u>

Note 7 Analysis of creditors

	2023	2022
	£	£
Trade creditors & accruals	6	298
Other creditors	906	941
	<u>912</u>	<u>1,239</u>

Note 8 Analysis of net movement in funds

	Total funds brought forward	Total incoming resources	Total resources expended	Transfers between funds	Total funds carried forward
	£	£	£	£	£
<i>Unrestricted funds</i>	38,858	6,192	12,113	-	32,937
<i>All Restricted and Endowment Funds</i>	-	-	-	-	-
Total funds	<u>38,858</u>	<u>6,192</u>	<u>12,113</u>	<u>-</u>	<u>32,937</u>

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TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2023

Note 9 **Independent examiner's remuneration**

	2023	2022
	£	£
Examination of the financial statements	480	480
	<u>480</u>	<u>480</u>

Note 10 **Governance Costs**

In 2023, Indemnity Insurance for Trustees was paid for totalling £367 (2022: £350)

Note 11 **Trustees remuneration and expenses**

During the year trustee expenses of £720 (2022: £240) in relation to travel and training were reimbursed by the company. The number of trustees who had expenses reimbursed was 5 (2022: 0).

Note 12 **Taxation**

The charitable incorporated organisation is registered as such and is therefore exempt from taxation.

Note 13 **Control**

The organisation was controlled throughout the year by its trustees.

Note 14 **Related Party Transactions**

There have been no related party transactions during the year.

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England & Wales - Charity number 1166559

Accounts



Trustees' Annual Report & Financial Statements

**For the year ended
31st December 2022**

**Registered Charity Numbers:
1166559 (England and Wales)
SC047637 (Scotland)**

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TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2022

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TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2022

CHAIR'S FOREWORD

I am delighted to be introducing our Annual Report for 2022, my first report as Chair of Trustees of Sexpression:UK. 2022 was a fantastic year for our organisation due to the continued hard work and commitment of our volunteers at all levels, supporting 27 branches across the UK. I would like to thank the volunteers who worked with us during 2022 and helped to deliver sessions to 4,848 young people. In addition to this work, our volunteers continued delivering incredibly important on campus and advocacy work to fellow university students across the country. The hard work and commitment of our volunteers makes all our work possible; as an entirely volunteer-run charity, the work we achieve is the result of thousands of hours of volunteering to achieve our charitable aims and objectives.

Our National Committee continued to work extremely hard, engaging with our partners and affiliates to represent the voices of young people within the RSE sector. This included working with the Sex Education Forum as well as continuing our involvement with the British Association for Sexual Health and HIV (BASHH) both on their Public Panel and delivering a session at their annual conference. The National Committee also oversaw two national conferences and our training weekends, as well as ensuring all of our branches were supported to deliver high quality sessions.

In 2022 we began to develop our new strategic plan. This work is ongoing, ensuring that we are continuing to serve our stakeholders as best possible. As part of our analysis of our continuing work we introduced a new volunteer management software which has allowed not only consolidation of admin tasks by our volunteers at a branch level but has led to improvements in our collection of monitoring and evaluation data. This was launched in tandem with the creation of a new position on the National Committee; Monitoring and Evaluation Director. This data will allow ongoing and future changes, informing the development of our strategic plan.

During the year Shardia Briscoe-Palmer joined our trustee board and we said goodbye to Ifewumi Fagunwa who left after completing her term with us. I would like to thank Ifewumi here for all her input and guidance over the past two years on the board, particularly regarding our advocacy efforts. We also saw our previous Chair of Trustees Matthew Williams leave the board. Matthew had been with Sexpression:UK for eleven years, initially as a branch volunteer before joining our Trustee board and ultimately becoming Chair of Trustees. Matthew was fundamental in the efforts to gain charitable status, and his passion and dedication shown to Sexpression:UK over the years helped shape the organisation in countless ways.

Looking forward to 2023 we have exciting plans including restarting our strategic development group, expanding our trustee board, and looking at ways to utilise our improved monitoring and evaluation data in order to support our continual aim of delivering comprehensive, inclusive RSE to young people across the UK.



Dr Joanna Melville
Chair of Trustees

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TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2022

REFERENCE AND ADMINISTRATIVE DETAILS

Trustees

Matthew Williams (Chair until 30th September 2022)
Joanna Melville (Chair from 1st October 2022, trustee from 1st July 2020)
Deven Naran (Treasurer)
Sophie Collins (until 20th January 2023)
Madeleine Lewis (until 28th February 2023)
Laina Cores Birch (until 30th June 2022)
Shardia Briscoe-Palmer (from 20th March 2022 until 9th September 2023)
Ifewumi Fagunwa (until 21st November 2022)
Eleanor Cochrane (from 1st July 2022 until 30th June 2023)
Lewis Ruddock (from 1st July 2023)
Amy Malone (from 9th September 2023)
Eva Zilber (from 9th September 2023)
Caroline Lloyd (from 9th September 2023)
Ella Watson (from 9th September 2023)
Molly Houghton (from 9th September 2023)
Harun Tulunay (from 9th September 2023)

National Director

Eleanor Cochrane (until 30th June 2022)
Lewis Ruddock (from 1st July 2022)

Charity Number

1166559
SC047637

Registered Office

Sexpression:UK
International House
64 Nile Street
London
N1 7SR

Bankers

Metro Bank PLC
One Southampton Row
London
WC1B 5HA

Independent Examiner

Sterling Grove Accountants

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TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2022

Fawley House
2 Regatta Place
Marlow Road
Bourne End
Buckinghamshire
SL8 5TD

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TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS
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TRUSTEES' ANNUAL REPORT

The Trustees of Sexpression:UK have pleasure in presenting their annual report and financial statements for the year ended 31st December 2022. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the current statutory requirements, the requirements of the charity's governing document, applicable law and the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1st January 2019).

Objectives and activities

The objects of Sexpression:UK are specific:

"To promote the health and wellbeing of young people throughout the UK with specific focus on improving the sexual health and relationships education (SRE) of young people aged 11 to 18."

In pursuit of these aims, Sexpression:UK provides high quality, comprehensive relationships and sex education (RSE) workshops to young people in the local areas of our affiliated UK branches. Sexpression:UK ensures that the sessions our affiliated branches provide are high quality and meet the requirements of the young people we work with through annual national training and a process of monitoring and evaluation.

Public benefit

Sexpression:UK is a public benefit entity. The trustees confirm that they have considered the guidance given by the Charity Commission on public benefit and the guidance on campaigning and political activity by charities when shaping Sexpression:UK's objectives and activities for the year.

Structure, governance and management

Sexpression:UK is a Charitable Incorporated Organisation (CIO) registered with the Charity Commission in England and Wales (1166559) and with the Office of the Scottish Charity Regulator (SC047637).

Sexpression:UK is governed by its constitution and bye laws and controlled by a Board of Trustees who will act as Directors for the purposes of company law and Trustees for the purposes of charity law. Decisions are made by a simple majority vote.

The Board of Trustees meets at least four times per year and is responsible for maintaining legal, financial and reputational integrity whilst setting organisational strategy, approving general policies and approving the annual budget and accounts. The recruitment of Trustees is led by an audit of the skills held by the current members of the Board. New Trustees are appointed by an open recruitment process using both search and advertisement as required against an agreed skills profile and person specification. Affiliated member branches ratify the appointment of Trustees as recommended by the Board of Trustees.

All new Trustees are given an introduction to the activities of the organisation and an induction process covering governance, risk management and financial responsibilities. If a training need is identified during the induction process, then this is provided as and when required.

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TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST DECEMBER 2022

The Board of Trustees delegate the day-to-day management of Sexpression:UK to a National Director. To ensure effective management the National Director leads a National Committee of elected student volunteers with responsibility for operational management of the charity's activities and services. During 2022 the National Committee members were:

National Director	Eleanor Cochrane (until 30th June 2022) Lewis Ruddock (from 1st July 2022)
Branches Director	Harry Quinn (until 30th June 2022) Emily Richards (from 1st July 2022)
Externals Director	Lewis Ruddock (until 30th June 2022) Jack Liepa (from 1st July 2022)
Finance Director	Takunda Nhiwatiwa (until 30th June 2022) Maxime Levasseur (from 1st July 2022)
Fundraising Director	Liam Harnett (until 30th June 2022) Nandini Mishra (from 1 st July 2022)
Training Director	Suzi Boulting (until 30th June 2022) Karen Gao (from 1st July 2021)
Advocacy Director	James Pasint-Magyar (until 30th June 2022) Claire Taylor (from 1st July 2022 until 4th November 2022, then vacant)
Communications Director	Hannah Davies (until 30th June 2022) G. R. Braley (from 1st July 2022)
Child Protection Director	Jess Creaby-Attwood (until 30th June 2022) Amy Malone (from 1st July 2022)
Monitoring and Evaluation Director	Megan Suckling (from 1st July 2022)

The running of Sexpression:UK is fully reliant on the volunteering hours provided by the National Committee and volunteers from our affiliated branches in carrying out the work of the organisation. The Trustees would like to place on record their gratitude and appreciation for the hard work of all Sexpression:UK volunteers. All National Committee members are accountable to the National Director for the performance of their duties and the National Director is accountable to the Board of Trustees for the performance of their duties.

Sexpression:UK has branches located in England, Wales and Scotland which are all led by their own Branch Committee elected according to local rules. The individual Branch Coordinators are responsible for all activity carried out by their respective branches. The Branches Director on the National Committee is responsible for ensuring that all affiliated branches operate in full compliance with the Sexpression:UK Branch Agreement and national policies and procedure.

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TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST DECEMBER 2022

Relationships with related parties

Sexpression:UK's affiliated branches are also required to be affiliated with their local students' union or university. This ensures that there is a degree of local accountability and control over the student-led branches as well as the national oversight from the National Committee and Trustees. As a result, each branch is required to operate within the laws set out in both the Sexpression:UK Constitution and byelaws and in their local organisation's Constitution, Memorandum or Articles of Association.

Sexpression:UK is a partner of the Sex Education Forum, British Association for Sexual Health and HIV (BASHH), Brook, HANX and StopAids. We are affiliated with Students for Global Health (SfGH) which is the UK member organisation of the International Federation of Medical Students' Associations (IFMSA) and Our Streets Now (OSN).

Achievements and performance

Branch activities

During 2022 Sexpression:UK supported 27 active branches engaged in the core activity of delivering RSE to young people who made significant progress against our charitable objectives.

Student volunteers based at our affiliated branches located at universities throughout the UK were trained to deliver high quality, comprehensive RSE. The volunteers delivered RSE sessions to 4858 young people aged 12-18. Sexpression:UK branches offer sessions in line with our '*Core Offer*' of topics. In 2022 '*Sexual Orientation & Gender Identity*' was the most popular session (22%) followed by '*Healthy Relationships and Abuse*' (21%) and '*Sex and the Media*' (20%).

Feedback from the young people who participated in the sessions delivered by our volunteers was positive. Just under 80% felt the volunteers delivered the session well. Over 3 quarters of young people felt they had learned something from our sessions and 70% would recommend sessions to a friend.

In addition to our core activity of delivering RSE to young people, our branches also continued to run on campus events at their universities with both educational and advocacy objectives. Our volunteers devised a wide variety of events. These events included: charity quizzes, collaborations with other societies, talks from local speakers such as Yasmin Benoit. Educational campus events supplemented areas of RSE that may not have been fulfilled before university. These sessions included such things as 'navigating relationships at university'. Sexpression:UK continued to routinely monitor on campus activities with many branches focusing on on-campus advocacy this year whilst recovering from the Pandemic.

National activities

Our National Committee is made up of ten (from 1st July 2022) volunteers elected by our branches with the committee being led by the Sexpression:UK National Director. During 2022 these volunteers worked incredibly hard to support our 27 active branches with both on campus activity and returning to deliver RSE to young people.

Training is crucial to the work Sexpression:UK does as it ensures the sessions delivered by our volunteers are high quality whilst also ensuring that we are able to safeguard the young people we work with. Our facilitation training weekend was conducted in Cardiff. The weekend included sessions on facilitation and content delivery. In line with our racial justice action plan the Training Officers also received a new session

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TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST DECEMBER 2022

entitled *'Power in the Classroom'* which all attendees agreed was valuable and would enable them to better ensure that the sessions delivered by our volunteers take into account the hidden power dynamics which exist and influence the way young people interact with each other and the people working with them. The FGM Education Project also delivered a session for our volunteers. Our child protection training was delivered online with new additional content on FGM education included. We also delivered the first mandatory Branch Coordinator training after a successful pilot last year, covering topics such as leadership and conflict resolution.

Each year Sexpression:UK hosts two conferences. The General Assembly in the spring is more focused on internal training with our National Conference in the Autumn/Winter having a more external focus with speakers from various other organisations giving talks. Our St Andrews Branch hosted an online General Assembly in March. The keynote speaker was polyamorous social media activist Polyphilia and there were workshops from a range of organisations such as the Healing Collective and Waverley Care. In November, we hosted our first post-pandemic in-person conference, hosted by our Leeds Branch. The keynote speaker was the Founder of the Vagina Museum, Florence Schechter, who gave a fascinating talk on destigmatising the vulva. Other workshops included a panel discussion from academics and local activists on menopause, a talk from writer Jenna Adams on her new books which discusses the need for better RSE, and a workshop from Amnesty International on consent.

Sexpression:UK continued to engage with our partners during 2022 representing and campaigning for the voices of young people to be heard within the RSE sector. We supported the Sex Education Forum in many ways, including rolling out the results of their Young People's Poll which surveyed young people's thoughts and desires regarding RSHE. We also supported judging the Sex Education Awards and contributed to their policy group on a monthly basis. We continued to support the British Association for Sexual Health and HIV (BASHH), reviewing policy and patient information leaflets on their public panel and educating clinicians at their summer Conference. We were also lucky enough to be given a slot to speak at their annual conference in Sheffield, delivering a session about the importance of pleasure in RSHE which fed forward to a further session at the following conference dedicated to pleasure in sexual health. We celebrated the annual Sexual Health Week by partnering with Nora and campaigning about trans access to healthcare.

As part of our commitment to developing our student volunteers and supporting them as they support the charity we continued to include a careers and opportunities section in our newsletter which signposts volunteers to opportunities related to Sexpression:UK. We also continued to produce attendance certificates for all national events and national training to support volunteers in building up their professional development portfolios.

The work of our National Officers continues to be invaluable to the work of Sexpression:UK and the Trustees and National Committee would like to thank them for their efforts in driving essential operations and exciting projects. Our Social Media Team continued to grow the quality and reach of our social media channels which are platforms for advocacy and education as well as communication of Sexpression:UK events and updates.

Despite the challenges stemming from the aftermath of the Covid-19 pandemic, Sexpression:UK delivered on our charitable purposes again during 2022 demonstrating the resilience, determination and passion for the organisation held by all our volunteers. We delivered high quality sessions to young people and ensured we have a solid platform from which to continue to progress towards expansion and development once again in 2023.

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TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS
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Plans for the future

The Strategy Working Group did important work in the first half of 2022, laying the foundation to fully understand our position and aims over the coming years. This work was then paused whilst we awaited constitutional change that would enable further trustee recruitment. It is aimed that this change will be ratified in 2023 and we can then begin to develop our long-term strategy in-depth once new trustees are appointed and in post. We will continue to work with stakeholders to review our positioning within the sector and our areas of focus for the future ensuring the organisation reflects the wants and needs of young people in the UK, our volunteers, partners and the ever changing RSE landscape.

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TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST DECEMBER 2022

Financial review

The Statement of Financial Activities is set out on page 13 of the Annual Report. Total incoming resources amounted to £25,135 (2021: £5,539) with total resources expended at £9,611 (2021: £2,544). Overall, this resulted in a net year end surplus of £15,524 (2021: £2,995). On 31st December 2022 Sexpression:UK has cash held at bank and in hand at £39,257 (2021: £23,491) with total funds carried forward being £38,858 (2021: £23,334).

Reserves policy

The Trustees review Sexpression:UK's reserves position to ensure that operations could continue should funding not be available for any reason in the future. The Board acknowledges that as a charity we have a larger than normal reserves position compared to our annual income and expenditure. However, this is due to receiving a large grant from a foundation. It is prudent to have this level of reserves which will allow us to continue to operate whilst increasing our income from other sources.

Risk management

As part of their duties the Trustees regularly examine the major strategic, operational and reputational risks to Sexpression:UK on an ongoing basis. Where appropriate, systems, procedures or policies are implemented to mitigate the risk faced by the organisation. Budgetary and internal control risks are minimised by role base expenditure limits set by the Trustees in conjunction with the National Committee. The Trustees have set up a 'two to sign' requirement for all online payments and trustee approval for major financial transactions. Whilst our current bank account provider does not allow for a digital two to sign, this is performed manually for all transactions within Sexpression:UK. Sexpression:UK also has a detailed safeguarding policy which all volunteers are required to adhere to. No volunteer is allowed to participate in the work the charity does without undertaking mandatory annual child protection training. DBS checks are now no longer mandatory for volunteers in England and Wales, however PVG checks remain a compulsory requirement for volunteers in Scotland.

Statement of Trustees responsibilities

The Trustees are responsible for preparing the Trustees' Annual Report and Financial Statements in accordance with the applicable law, the Charities SORP and FRS 102 the Financial Reporting Standard applicable in the UK and Republic of Ireland.

The Trustees are required to prepare financial statements on either a receipts and payments basis or on an accruals basis. As the financial statements are prepared on an accruals basis, they should give a true and fair view of the state of affairs of the charitable organisation and of the incoming and expended resources of the organisation for that period. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and apply them consistently;
- Observe the methods and principles of the Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable UK Accounting Standards have been followed;

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TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST DECEMBER 2022

- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the organisation will continue in operation.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the group and the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). They are also responsible for safeguarding the assets of the group and the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.



Dr Joanna Melville
Chair of the Board of Trustees

Date: 25th September 2023

SEXPRESSION:UK

TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2022

SEXPRESSION:UK INDEPENDENT EXAMINER'S REPORT FOR THE YEAR ENDED 31ST DECEMBER 2022

Independent examiner's report to the trustees of Sexpression:UK ('the Trust')

I report to the charity trustees on my examination of the accounts of the Trust for the year ended 31 December 2022.

Responsibilities and basis of report

As the trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities and Trustee Investment (Scotland) Act 2005 (the '2005 Act'), the Charities Accounts (Scotland) Regulations 2006 (as amended) and the Charities Act 2011 ('the 2011 Act'). You are satisfied that your charity is not required by charity law to be audited and have chosen instead to have an independent examination.

I report in respect of my examination of the Trust's accounts as carried out under section 44 (1)(c) of the 2005 Act and section 145 of the 2011 Act. In carrying out my examination I have followed the requirements of Regulation 11 of the Charities Accounts (Scotland) Regulations 2006 (as amended) and the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the Trust has prepared its accounts on an accruals basis and is also registered in Scotland your examiner must be a member of a body listed in Regulation 11(2) of the Charities Accounts (Scotland) Regulations 2006 (as amended). I can confirm that I am qualified to undertake the examination because I am a registered member of the Chartered Institute of Management Accountants which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 44 (1) (a) of the 2005 Act and Regulation 4 of the Charities Accounts (Scotland) Regulations 2006 (as amended) and section 130 of the 2011 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements Regulation 8 of the Charities Accounts (Scotland) Regulations 2006 (as amended) and do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Mr Gianni Amasanti FCCA
Sterling Grove Accountants
Chartered Certified Accountants

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TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2022

Fawley House
2 Regatta Place
Marlow Road
Bourne End
Buckinghamshire
SL8 5TD

Date: 27/09/2023

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TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2022

STATEMENT OF FINANCIAL ACTIVITY (INCLUDING INCOME AND EXPENDITURE ACCOUNT)

		Unrestricted Funds	All Restricted and Endowment Funds	2022 Total Funds	2021 Total Funds
	Note	£	£	£	£
INCOMING RESOURCES					
Income and endowments from:					
Donations and legacies		23,878	-	23,878	4,272
Charitable activities		1,029	-	1,029	1,249
Other trading activities		228	-	228	18
Total incoming resources	2	25,135	-	25,135	5,539
RESOURCES EXPENDED					
Expenditure on:					
Raising funds		-	-	-	-
Charitable activities		9,611	-	9,611	2,544
Total resources expended	3	9,611	-	9,611	2,544
Net income/(expenditure)		15,524	-	15,524	2,995
Net movement in funds	7	15,524	-	15,524	2,995
RECONCILIATION OF FUNDS					
Total funds brought forward	7	23,334	-	23,334	20,339
Total funds carried forward	7	38,858	-	38,858	23,334

SEXPRESSION:UK

TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2022

BALANCE SHEET AS AT 31ST DECEMBER 2022

		Unrestricted Funds	All Restricted and Endowment Funds	2022 Total Funds	2021 Total Funds
Note	£	£	£	£	£
CURRENT ASSETS					
Stock		240	-	240	240
Debtors	4	600	-	600	-
Cash at bank and in hand	5	39,257	-	39,257	23,491
Total current assets		40,097	-	40,097	23,731
CURRENT LIABILITIES					
Creditors: amounts falling due within one year	6	1,239	-	1,239	397
Net current assets/(liabilities)		38,858	-	38,858	23,334
Net assets		38,858	-	38,858	23,334
FUNDS OF THE CHARITY					
All Restricted and Endowment Income Funds		-	-	-	-
Unrestricted Funds		38,858	-	38,858	23,334
Total funds	7	38,858	-	38,858	23,334

The financial statements were approved by the Trustees on 25th September 2023.

Approved by the Board of Trustees and signed on their behalf.



Dr Joanna Melville
Chair of the Board of Trustees



Deven Naran
Trustee, Treasurer

SEXPRESSION:UK

TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2022

STATEMENT OF CASH FLOWS

	Unrestricted Funds £	All Restricted and Endowment Funds £	2022 Total Funds £	2021 Total Funds £
CASH FLOWS FROM OPERATING ACTIVITIES				
Net cash provided by operating activities	15,766	-	15,766	3,020
Change in cash and cash equivalents in the reporting period	15,766	-	15,766	3,020
Cash and cash equivalents at the beginning of the reporting period	23,491	-	23,491	20,471
Cash and cash equivalents at the end of the reporting period	39,257	-	39,257	23,491

RECONCILIATION OF NET INCOME/(EXPENDITURE) TO NET CASH FLOW FROM OPERATING ACTIVITIES

	Unrestricted Funds £	All Restricted and Endowment Funds £	2022 Total Funds £	2021 Total Funds £
Net income/(expenditure) for the reporting period	15,524	-	15,524	2,995
Adjustments for:				
(Increase)/decrease in stocks	-	-	-	-
(Increase)/decrease in debtors	(600)	-	(600)	14
Increase/(decrease) in creditors	842	-	842	11
Net cash provided by operating activities	15,766	-	15,766	3,020
Analysis of cash and equivalents				
Cash at bank and in hand	39,257	-	39,257	23,491
Total cash and cash equivalents	39,257	-	39,257	23,491

SEXPRESSION:UK

TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2022

ANALYSIS OF CHANGES IN NET DEBT

	At start of year	Cash flow	At end of year
	£	£	£
Cash	23,491	15,766	39,257
TOTAL	23,491	15,766	39,257

The notes on pages 17 to 20 form part of these accounts.

The financial statements were approved by the Board of Trustees on September 25th 2023.

Approved by the Board of Trustees and signed on their behalf.



Dr Joanna Melville
Chair of the Board of Trustees



Deven Naran
Trustee, Treasurer

SEXPRESSION:UK

TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST DECEMBER 2022

NOTES TO THE ACCOUNTS

Note 1 Accounting policies

1.1 Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. These accounts have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) (effective 1st January 2019), with the Charities Act 2011, the Charities and Trustee Investment (Scotland) Act 2005 and The Charities Accounts (Scotland) Regulations 2006 (as amended).

1.2 Recognition of incoming resources

These are included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to the resources; it is more likely than not that the trustees will receive the resources; and the monetary value can be measured with sufficient reliability.

1.3 Grants and donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met.

1.4 Donated services

Donated services are included in the SoFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably. If the value of the gift cannot be measured reliably then the donated services are described in the Trustees' Annual Report.

1.5 Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the Trustees' Annual Report.

1.6 Liability recognition

Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

1.7 Governance costs

Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice. These costs include the preparation and examination of the accounts, the costs of trustee meetings and the cost of any legal advice to trustees on governance or constitutional matters.

1.8 Fixed Assets

Fixed assets costing more than £1,000 are capitalised and depreciated over their estimated useful lives, starting from the first financial year after capitalisation. Sexpression:UK has no assets of this value.

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TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST DECEMBER 2022

1.9 Debtors

Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

1.10 Creditors

The charity has creditors which are measured at settlement amounts less any trade discounts.

1.11 Stocks

Stocks held for sale as part of non-charitable trade are measured at the lower of cost or net realisable value. Goods or services provided as part of a charitable activity are measured at net realisable value based on the service potential provided by items of stock.

1.12 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charitable organisation and which have not been designated for other purposes. Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or raised by the organisation for particular purposes.

Note 2 Analysis of incoming resources

	Unrestricted Funds £	All Restricted and Endowment Funds £	2022 Total Funds £	2021 Total Funds £
<u>Donations and legacies</u>				
<i>Donations</i>	23,878	-	23,878	4,272
<u>Charitable activities</u>				
<i>Conference income</i>	1,029	-	1,029	1,249
<u>Other trading activities</u>				
<i>Merchandise</i>	228	-	228	18
	25,135	-	25,135	5,539

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TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST DECEMBER 2022

Note 3 Analysis of expenditure

	Unrestricted Funds £	All Restricted and Endowment Funds £	2022 Total Funds £	2021 Total Funds £
<u>Raising funds</u>				
Incurring seeking donations	-	-	-	-
Merchandise	455	-	455	-
<u>Charitable activities</u>				
Members training	46	-	46	-
Conference expenses	990	-	990	553
National Committee expenses	968	-	968	56
National Committee training	527	-	527	600
Members travel expenses	862	-	862	-
Branch expenses	278	-	278	36
Premises and IT	4,854	-	4,852	869
Campaign costs	41	-	41	4
Affiliations	-	-	-	-
Trustee expenses	240	-	240	85
Trustee Indemnity insurance	350	-	350	341
	9,611	-	9,611	2,544

Note 4 Analysis of debtors

	2022 £	2021 £
Trade debtors	600	-
	600	-

Note 5 Analysis of cash funds

	2022 £	2021 £
Cash at bank and in hand	39,257	23,491
	39,257	23,491

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TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST DECEMBER 2022

Note 6 Analysis of creditors

	2022	2021
	£	£
Trade creditors & accruals	298	397
Other creditors	941	-
	1,239	397

Note 7 Analysis of net movement in funds

	Total funds brought forward	Total incoming resources	Total resources expended	Transfers between funds	Total funds carried forward
	£	£	£	£	£
<i>Unrestricted funds</i>	23,334	25,135	9,611	-	38,858
<i>All Restricted and Endowment Funds</i>	-	-	-	-	-
Total funds	23,334	25,135	9,611	-	38,858

Note 8 Governance Costs

In 2022, Indemnity Insurance for Trustees was paid for totalling £350 (2021: £341)

None of the Trustees received any expenses during 2022 (2021: 0).

Note 9 Control

The organisation was controlled throughout the year by its trustees.

Note 10 Related Party Transactions

There have been no related party transactions during the year.

SEXPRESSION:UK

England & Wales - Charity number 1166559

Accounts



Trustees' Annual Report & Financial Statements

**For the year ended
31st December 2021**

**Registered Charity Numbers:
1166559 (England and Wales)
SC047637 (Scotland)**

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TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2021

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TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2021

CHAIR'S FOREWORD

My second year as Chair of Trustees of Sexpression:UK has once again passed very quickly and I am delighted to be introducing our Annual Report for 2021 which will be my final report as both Chair and as a Trustee of this wonderful organisation. 2021 was a year where we started to adapt to a changing world and began to rebuild after a difficult 2020 which saw our core activity completely wiped out due to the Covid-19 pandemic.

The hard work and commitment of our volunteers, both on our National Committee and in our branches, enabled us to return to our core purpose of teaching relationships and sex education (RSE) to young people across the UK. I would like to thank the 400 volunteers who worked with us during 2021 and helped us to deliver sessions to over 1,000 young people. As well as delivering our core offering, our volunteers also continued to run the on campus advocacy and educational activities which had become our main focus during the latter part of 2020. As an organisation run entirely by volunteers it is their enthusiasm and commitment to the charity and our aims and objectives which keep us running and enables us to deliver comprehensive RSE across the UK.

In 2021 we started to look at the direction in which we want to be travelling as an organisation by working on a new strategic plan to launch in 2023. The framework for our strategy is being designed through continuous collaboration with key stakeholders, including our volunteers, which will ensure it is aligned with the priorities and needs of both our beneficiaries and volunteers for 2023 and beyond. The new strategic framework will enable us to grow and develop and continue delivering our RSE sessions to young people for many years to come.

During the year we said goodbye to our former Vice Chair Jules Hillier and another of our Trustees, Hannah Wallace. Jules had been a Trustee with Sexpression:UK since we gained charity status in 2016 whilst Hannah had been with the organisation for nine years, initially as a branch volunteer before joining National Committee in 2016 and becoming a Trustee in 2018. I would like to record my thanks to both Hannah and Jules for their countless hours of support and invaluable contributions to the charity over the past few years. As Trustees leave, the process to fill the gap left behind on the board commences and we started this process in 2021 which saw Shardia Briscoe-Palmer join as a Trustee in the early part of 2022.

As I look forward to 2022 and beyond we have exciting plans for the organisation which will develop further as we build our new strategic vision and continue to navigate the challenges faced by both the third sector and the RSE community. On a personal level, I will be leaving the organisation in 2022 as I complete the maximum number of years Trustees can serve with Sexpression:UK. Whilst it will be a strange feeling to no longer be directly involved with this amazing charity after eleven years, I can't wait to see it thrive under the leadership of Joanna Melville who will be taking over from me as Chair. I wish Joanna and Sexpression:UK the utmost success in the future and will continue to remain a firm supporter of the charity.



Dr Matthew Williams
Chair of Trustees

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TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2021

REFERENCE AND ADMINISTRATIVE DETAILS

Trustees

Sophie Collins
Laina Cores Birch (Appointed 1st July 2021)
Dr Ifewumi Fagunwa
Juliet Hillier (Resigned 18th February 2021)
Madeleine Lewis
Joanna Melville
Deven Naran (Treasurer)
Dr Hannah Wallace (Resigned 30th June 2021)
Dr Matthew Williams (Chair)

National Director

Laina Cores Birch (until 30th June 2021)
Eleanor Cochrane (from 1st July 2021)

Registered Office

Until 15th March 2021
60 Lynn Road
Ely
Cambridgeshire
CB6 1DE

From 15th March 2021
Sexpression:UK
International House
64 Nile Street
London
N1 7SR

Bankers

Metro Bank PLC
One Southampton Row
London
WC1B 5HA

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TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2021

TRUSTEES' ANNUAL REPORT

The Trustees of Sexpression:UK have pleasure in presenting their annual report and financial statements for the year ended 31st December 2021. The financial statements have been prepared in accordance with the accounting policies set out in note 1 to the financial statements and comply with the current statutory requirements, the requirements of the charity's governing document, applicable law and the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1st January 2019).

Objectives and activities

The objects of Sexpression:UK are specific:

"To promote the health and wellbeing of young people throughout the UK with specific focus on improving the sexual health and relationships education (SRE) of young people aged 11 to 18."

In pursuit of these aims, Sexpression:UK provides high quality, comprehensive relationships and sex education (RSE) workshops to young people in the local areas of our affiliated UK branches. Sexpression:UK ensures that the sessions our affiliated branches provide are high quality and meet the requirements of the young people we work with through annual national training and a process of monitoring and evaluation.

Public benefit

Sexpression:UK is a public benefit entity. The trustees confirm that they have considered the guidance given by the Charity Commission on public benefit and the guidance on campaigning and political activity by charities when shaping Sexpression:UK's objectives and activities for the year.

Structure, governance and management

Sexpression:UK is a Charitable Incorporated Organisation (CIO) registered with the Charity Commission in England and Wales (1166559) and with the Office of the Scottish Charity Regulator (SC047637).

Sexpression:UK is governed by its constitution and bye laws and controlled by a Board of Trustees who will act as Directors for the purposes of company law and Trustees for the purposes of charity law. Decisions are made by a simple majority vote.

The Board of Trustees meets at least four times per year and is responsible for maintaining legal, financial and reputational integrity whilst setting organisational strategy, approving general policies and approving the annual budget and accounts. The recruitment of Trustees is led by an audit of the skills held by the current members of the Board. New Trustees are appointed by an open recruitment process using both search and advertisement as required against an agreed skills profile and person specification. Affiliated member branches ratify the appointment of Trustees as recommended by the Board of Trustees.

All new Trustees are given an introduction to the activities of the organisation and an induction process covering governance, risk management and financial responsibilities. If a training need is identified during the induction process, then this is provided as and when required.

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TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST DECEMBER 2021

The Board of Trustees delegate the day-to-day management of Sexpression:UK to a National Director. To ensure effective management the National Director leads a National Committee of elected student volunteers with responsibility for operational management of the charity's activities and services. During 2021 the National Committee members were:

National Director	Laina Cores Birch (until 30th June 2021) Eleanor Cochrane (from 1st July 2021)
Branches Director	Josie Rahman (until 30th June 2021) Harry Quinn (from 1st July 2021)
Externals Director	Eleanor Cochrane (until 30th June 2021) Lewis Ruddock (from 1st July 2021)
Finance Director	Thomas Greenslade (until 30th June 2021) Takunda Nhiwatiwa (from 1st July 2021)
Fundraising Director	Liam Harnett
Training Director	Ednaly Gell (until 30th June 2021) Suzi Boulting (from 1st July 2021)
Advocacy Director	Amy-May Dicks (until 30th June 2021) James Pasint-Magyar (from 1st July 2021)
Communications Director	Anna Shams Ili (until 30th June 2021) Hannah Davies (from 1st July 2021)
Child Protection Director	Eva Zilber (until 30th June 2021) Jess Creaby-Attwood (from 1st July 2021)

The running of Sexpression:UK is fully reliant on the volunteering hours provided by the National Committee and volunteers from our affiliated branches in carrying out the work of the organisation. The Trustees would like to place on record their gratitude and appreciation for the hard work of all Sexpression:UK volunteers. All National Committee members are accountable to the National Director for the performance of their duties and the National Director is accountable to the Board of Trustees for the performance of their duties.

Sexpression:UK has branches located in England, Wales and Scotland which are all led by their own Branch Committee elected according to local rules. The individual Branch Coordinators are responsible for all activity carried out by their respective branches. The Branches Director on the National Committee is responsible for ensuring that all affiliated branches operate in full compliance with the Sexpression:UK Branch Agreement and national policies and procedure.

Relationships with related parties

Sexpression:UK's affiliated branches are also required to be affiliated with their local students' union or university. This ensures that there is a degree of local accountability and control over the student-led branches as well as the national oversight from the National Committee and Trustees. As a result, each branch is required to operate within the laws set out in both the Sexpression:UK Constitution and bye-laws and in their local organisation's Constitution, Memorandum or Articles of Association.

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TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST DECEMBER 2021

Sexpression:UK is a partner of the Sex Education Forum and is affiliated with Students for Global Health (SfGH) which is the UK member organisation of the International Federation of Medical Students' Associations (IFMSA).

Achievements and performance

Branch activities

During 2021 Sexpression:UK supported 27 active branches to recommence our core activity of delivering RSE to young people and make significant progress against our charitable objectives following extended periods of lockdown restrictions.

401 student volunteers based at our affiliated branches located at universities throughout the UK were trained to deliver high quality, comprehensive RSE. The volunteers delivered RSE sessions to 1044 young people aged 12-18. Approximately half of these sessions (46%) were delivered in the final two months of the year, reflecting the impact of national and local restrictions on branch activities during the earlier months of 2021. Sexpression:UK branches offer sessions in line with our 'Core Offer' of topics. In 2021 'Safer Sex, Contraception & STIs' was the most commonly delivered topic (24%), followed by 'Sexual Orientation & Gender Identity' (19%) and 'Sex & Consent' (19%).

Feedback from the young people who participated in the sessions delivered by our volunteers was positive and showed an improvement on the feedback received during 2020. 87% of respondents reported that they thought the session was delivered well (2020: 82%), 79% said that they had learned something (2020: 69%), 72% would recommend the session to a friend (2020: not captured) and 70% of those who completed feedback reported feeling more confident about making informed decisions about sex and relationships after their session (2020: 60%). Due to precautions put in place because of Covid-19, paper forms were not used and young people instead responded to anonymous feedback surveys on a personal or school device. This resulted in a reduced feedback rate but enough young people responded (374) for us to be confident that the results show a genuine improvement in the quality of our sessions from 2020.

Whilst restarting our core activity of delivering RSE to young people our branches also continued to run on campus events at their universities with both educational and advocacy objectives. Our volunteers devised a wide variety of events. These events included creating illustrations and origami to stimulate conversations about relationships and sexual health and education, discussion-based events facilitating discussions of typically stigmatised subjects or topical issues such as 'sex and disability' or 'sports and consent culture'. Educational campus events supplemented areas of RSE that may not have been fulfilled before university. These sessions included 'navigating relationships at university' and 'queer RSE'.

This was the first year in which Sexpression:UK had routinely monitored on campus activities but anecdotally there was an increase in the number of these activities throughout the year. One of the main reasons for this was the ability of branches to host virtual events for university students which were not permitted or possible to do with the young people our RSE delivery is usually targeted towards.

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TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST DECEMBER 2021

National activities

Our National Committee is made up of nine volunteers elected by our branches with the committee being led by the Sexpression:UK National Director. During 2021 these volunteers worked incredibly hard to support our 27 active branches with both on campus activity and returning to deliver RSE to young people.

Training is crucial to the work Sexpression:UK does as it ensures the sessions delivered by our volunteers are high quality whilst also ensuring that we are able to safeguard the young people we work with. Our training weekend was conducted virtually and hosted parallel programmes for branch Training Officers and Child Protection Officers. The weekend included sessions on facilitation and content delivery with Covid-19 restrictions and the varied school safety measures prompting us to train our branch Training Officers in delivering online workshops. In line with our racial justice action plan the Training Officers also received a new session entitled '*Power in the Classroom*' which all attendees agreed was valuable and would enable them to better ensure that the sessions delivered by our volunteers take into account the hidden power dynamics which exist and influence the way young people interact with each other and the people working with them. We also delivered a newly developed training programme to Branch Coordinators which included topics such as leadership and conflict resolution. This session was very well received and will be mandatory for all branches in future years.

Each year Sexpression:UK hosts two conferences. The General Assembly in the spring is more focussed on internal training with our National Conference in the Autumn/Winter having a more external focus with speakers from various other organisations giving talks. Due to the ongoing national restrictions both of these events were held virtually during 2021. Our Sheffield branch hosted the General Assembly in April. Workshops were delivered by our National Committee aiming to develop skills relevant to running branch committees and delivering our RSE content to young people. Well-received external speakers included actor and HIV activist Nathaniel Hall and Intimacy Coordinators Kat Hardman and Elle McAlpine. Our annual National Conference was hosted by Sexpression Leicester with excellent feedback received from attendees with all those responding saying that the conference exceeded their expectations, was well organised and that they would recommend it to a friend. Sessions by external speakers included: '*Sex, Sexuality and Sexual Health of Black People*' by Dr Shardia Briscoe-Palmer, '*Sex with a Difference*' by Lorraine Stanley and a careers panel which featured discussions from an RSE educator, a junior doctor and an entrepreneur.

As part of our commitment to racial justice we continued to develop and implement our Racial Justice Action Plan which we had started work on in 2020. We continued our consultation with Decolonising Contraception and both internal and external stakeholders to ensure that this work is heavily led and informed by BME stakeholders.

Sexpression:UK continued to engage with our partners during 2021 representing and campaigning for the voices of young people to be heard within the RSE sector. We supported the Sex Education Forum in their recruitment of new Trustees as well as contributing to their regular partners meetings and working with the British Association for Sexual Health and HIV (BASHH), reviewing policy and patient information leaflets on their public panel and educating clinicians at their Autumn Conference. We celebrated the annual Sexual Health Week by partnering with Gendered Intelligence and Undressing Disability to deliver a social media campaign educating about and advocating for the sexual health of marginalised groups.

As part of our commitment to developing our student volunteers and supporting them as they support the charity we took steps to improve their employability from the work they do with Sexpression:UK. We organised our first careers focussed workshop at the National Conference and have implemented a

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TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST DECEMBER 2021

careers and opportunities section in our newsletter which signposts volunteers to opportunities related to Sexpression:UK. We also produced attendance certificates for all national events and national training.

The work of our National Officers continues to be invaluable to the work of Sexpression:UK and the Trustees and National Committee would like to thank them for their efforts in driving essential operations and exciting projects. Our Social Media Team continued to grow the quality and reach of our social media channels which are platforms for advocacy and education as well as communication of Sexpression:UK events and updates. In the coming year we hope to build our presence on TikTok to engage more young people in our work.

Our Accessibility Officer provided training at Training Weekend and General Assembly on how to make our sessions and social media posts more accessible. We will continue to develop resources and guidance for branches over the next year. In recognition of the inclusion of female genital mutilation (FGM) within the English RSE and Health Education Statutory Guidance, we formed a working group to investigate best practice in this area. The group will update the Sexpression:UK bank of workshop activities in line with their findings.

Despite the ongoing challenges associated with the Covid-19 pandemic, Sexpression:UK started to deliver on our charitable purposes again during 2021 demonstrating the resilience, determination and passion for the organisation held by all our volunteers. We delivered high quality sessions to young people and ensured we have a solid platform from which to continue to progress towards normal levels of activities again during 2022.

Plans for the future

In September 2021 we commenced development of a new strategic plan with the aim to launch in 2023 for a three year period. This plan will help to ensure the ongoing growth and prosperity of Sexpression:UK and enable us to reach more young people and deliver high quality RSE for many years to come. In the coming year we will continue to work on this plan, working with stakeholders to review our positioning within the sector and our areas of focus for the future ensuring the organisation reflects the wants and needs of young people in the UK, our volunteers, partners and the ever changing RSE landscape.

Financial review

The Statement of Financial Activities is set out on page 10 of the Annual Report. Total incoming resources amounted to £5,539 (2020: £3,658) with total resources expended at £2,544 (2019: £3,946). Overall this resulted in a net year end surplus of £2,995 (2020: £288 deficit). On 31st December 2021 Sexpression:UK has cash held at bank and in hand at £23,491 (2020: £20,471) with total funds carried forward being £23,334 (2020: £20,339).

Reserves policy

The Trustees review Sexpression:UK's reserves position to ensure that operations could continue should funding not be available for any reason in the future. The Board acknowledges that as a charity we have a larger than normal reserves position compared to our annual income and expenditure however this is due to previous support over multiple years from one major corporate sponsor which has now come to an end. In order to support the charity whilst we diversify our income streams it is prudent to have this level of reserves which will allow us to continue to operate whilst increasing our income from other sources.

SEXPRESSION:UK

TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST DECEMBER 2021

Risk management

As part of their duties the Trustees regularly examine the major strategic, operational and reputational risks to Sexpression:UK on an ongoing basis. Where appropriate, systems, procedures or policies are implemented to mitigate the risk faced by the organisation. Budgetary and internal control risks are minimised by role base expenditure limits set by the Trustees in conjunction with the National Committee. The Trustees are aiming to set up a 'two to sign' requirement for all online payments and trustee approval for major financial transactions. Unfortunately this has not been possible due to limitations with our current bank account but we are aiming to resolve this with a new account over the next year. Sexpression:UK also has a detailed child protection policy which all volunteers are required to adhere to. No volunteer is allowed to participate in the work the charity does without undertaking mandatory annual child protection training. This year in line with an update to the law the trustees approved a new teaching policy which means DBS checks are now no longer mandatory for volunteers in England and Wales, however PVG checks remain a compulsory requirement for volunteers in Scotland.

Statement of Trustees responsibilities

The Trustees are responsible for preparing the Trustees' Annual Report and Financial Statements in accordance with the applicable law, the Charities SORP and FRS 102 the Financial Reporting Standard applicable in the UK and Republic of Ireland.

The Trustees are required to prepare financial statements on either a receipts and payments basis or on an accruals basis. As the financial statements are prepared on an accruals basis, they should give a true and fair view of the state of affairs of the charitable organisation and of the incoming and expended resources of the organisation for that period. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and apply them consistently;
- Observe the methods and principles of the Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable UK Accounting Standards have been followed;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the organisation will continue in operation.

The Trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the group and the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities and Trustee Investment (Scotland) Act 2005 and the Charities Accounts (Scotland) Regulations 2006 (as amended). They are also responsible for safeguarding the assets of the group and the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.



Dr Matthew Williams
Chair of the Board of Trustees

Date: 22nd August 2022

SEXPRESSION:UK

TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2021

SEXPRESSION:UK INDEPENDENT EXAMINER'S REPORT FOR THE YEAR ENDED 31ST DECEMBER 2021

Independent examiner's report to the trustees of Sexpression:UK ('the Trust')

I report to the charity trustees on my examination of the accounts of the Trust for the year ended 31 December 2021.

Responsibilities and basis of report

As the trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities and Trustee Investment (Scotland) Act 2005 (the '2005 Act'), the Charities Accounts (Scotland) Regulations 2006 (as amended) and the Charities Act 2011 ('the 2011 Act'). You are satisfied that your charity is not required by charity law to be audited and have chosen instead to have an independent examination.

I report in respect of my examination of the Trust's accounts as carried out under section 44 (1)(c) of the 2005 Act and section 145 of the 2011 Act. In carrying out my examination I have followed the requirements of Regulation 11 of the Charities Accounts (Scotland) Regulations 2006 (as amended) and the applicable Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

Since the Trust has prepared its accounts on an accruals basis and is also registered in Scotland your examiner must be a member of a body listed in Regulation 11(2) of the Charities Accounts (Scotland) Regulations 2006 (as amended). I can confirm that I am qualified to undertake the examination because I am a registered member of the Chartered Institute of Management Accountants which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 44 (1) (a) of the 2005 Act and Regulation 4 of the Charities Accounts (Scotland) Regulations 2006 (as amended) and section 130 of the 2011 Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements Regulation 8 of the Charities Accounts (Scotland) Regulations 2006 (as amended) and do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair view' which is not a matter considered as part of an independent examination.

SEXPRESSION:UK

TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2021

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: 

Name: Andrew Docking ACMA CGMA

Member of: Chartered Institute of Management Accountants

Address: 71 Jordan Road
Sutton Coldfield
West Midlands
B75 5AE

Date: 27th SEPTEMBER 2022

SEXPRESSION:UK

TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2021

STATEMENT OF FINANCIAL ACTIVITY (INCLUDING INCOME AND EXPENDITURE ACCOUNT)

		Unrestricted Funds	All Restricted and Endowment Funds	2021 Total Funds	2020 Total Funds
	Note	£	£	£	£
INCOMING RESOURCES					
Income and endowments from:					
Donations and legacies		4,272	-	4,272	2,827
Charitable activities		1,249	-	1,249	700
Other trading activities		18	-	18	131
Total incoming resources	2	5,539	-	5,539	3,658
RESOURCES EXPENDED					
Expenditure on:					
Raising funds		-	-	-	406
Charitable activities		2,544	-	2,544	3,540
Total resources expended	3	2,544	-	2,544	3,946
Net income/(expenditure)		2,995	-	2,995	(288)
Net movement in funds	7	2,995	-	2,995	(288)
RECONCILIATION OF FUNDS					
Total funds brought forward	7	20,339	-	20,339	20,627
Total funds carried forward	7	23,334	-	23,334	20,339

SEXPRESSION:UK

TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2021

BALANCE SHEET AS AT 31ST DECEMBER 2021

		All Restricted and Endowment Funds	2021 Total Funds	2020 Total Funds
Note	Unrestricted Funds £	£	£	£
CURRENT ASSETS				
	Stock	240	-	240
	Debtors	-	-	14
	Cash at bank and in hand	23,491	-	20,471
	Total current assets	23,731	-	20,725
CURRENT LIABILITIES				
	Creditors: amounts falling due within one year	397	-	386
	Net current assets/(liabilities)	23,334	-	20,339
	Net assets	23,334	-	20,339
FUNDS OF THE CHARITY				
	All Restricted and Endowment Income Funds	-	-	-
	Unrestricted Funds	23,334	-	20,339
	Total funds	23,334	-	20,339

The financial statements were approved by the Trustees on 22nd August 2022

Approved by the Board of Trustees and signed on their behalf.



Dr Matthew Williams
Chair of the Board of Trustees



Deven Naran
Trustee, Treasurer

SEXPRESSION:UK

TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2021

STATEMENT OF CASH FLOWS

	Unrestricted Funds £	All Restricted and Endowment Funds £	2021 Total Funds £	2020 Total Funds £
CASH FLOWS FROM OPERATING ACTIVITIES				
Net cash provided by operating activities	3,020	-	3,020	(1,663)
Change in cash and cash equivalents in the reporting period	3,020	-	3,020	(1,663)
Cash and cash equivalents at the beginning of the reporting period	20,471	-	20,471	22,134
Cash and cash equivalents at the end of the reporting period	23,491	-	23,491	20,471

RECONCILIATION OF NET INCOME/(EXPENDITURE) TO NET CASH FLOW FROM OPERATING ACTIVITIES

	Unrestricted Funds £	All Restricted and Endowment Funds £	2021 Total Funds £	2020 Total Funds £
Net income/(expenditure) for the reporting period	2,995	-	2,995	(288)
Adjustments for:				
(Increase)/decrease in stocks	-	-	-	250
(Increase)/decrease in debtors	14	-	14	(14)
Increase/(decrease) in creditors	11	-	11	(1,611)
Net cash provided by operating activities	3,020	-	3,020	(1,663)
Analysis of cash and equivalents				
Cash at bank and in hand	23,491	-	23,491	20,471
Total cash and cash equivalents	23,491	-	23,491	20,471

SEXPRESSION:UK

TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2021

ANALYSIS OF CHANGES IN NET DEBT

	At start of year	Cash flow	At end of year
	£	£	£
Cash	20,471	3,020	23,491
TOTAL	20,471	3,020	23,491

The notes on pages 15 to 18 form part of these accounts.

The financial statements were approved by the Board of Trustees on 22nd August 2022.

Approved by the Board of Trustees and signed on their behalf.



Dr Matthew Williams
Chair of the Board of Trustees



Deven Naran
Trustee, Treasurer

SEXPRESSION:UK

TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2021

NOTES TO THE ACCOUNTS

Note 1 Accounting policies

1.1 Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. These accounts have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) (effective 1st January 2019), with the Charities Act 2011, the Charities and Trustee Investment (Scotland) Act 2005 and The Charities Accounts (Scotland) Regulations 2006 (as amended).

1.2 Recognition of incoming resources

These are included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to the resources; it is more likely than not that the trustees will receive the resources; and the monetary value can be measured with sufficient reliability.

1.3 Grants and donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met.

1.4 Donated services

Donated services are included in the SoFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably. If the value of the gift cannot be measured reliably then the donated services are described in the Trustees' Annual Report.

1.5 Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the Trustees' Annual Report.

1.6 Liability recognition

Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

1.7 Governance costs

Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice. These costs include the preparation and examination of the accounts, the costs of trustee meetings and the cost of any legal advice to trustees on governance or constitutional matters.

1.8 Fixed Assets

Fixed assets costing more than £1,000 are capitalised and depreciated over their estimated useful lives, starting from the first financial year after capitalisation. Sexpression:UK has no assets of this value.

1.9 Debtors

Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

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TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST DECEMBER 2021

1.10 Creditors

The charity has creditors which are measured at settlement amounts less any trade discounts.

1.11 Stocks

Stocks held for sale as part of non-charitable trade are measured at the lower of cost or net realisable value. Goods or services provided as part of a charitable activity are measured at net realisable value based on the service potential provided by items of stock.

1.12 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charitable organisation and which have not been designated for other purposes. Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or raised by the organisation for particular purposes.

Note 2 Analysis of incoming resources

	Unrestricted Funds £	All Restricted and Endowment Funds £	2021 Total Funds £	2020 Total Funds £
<u>Donations and legacies</u>				
<i>Donations</i>	4,272	-	4,272	2,827
<u>Charitable activities</u>				
<i>Conference income</i>	1,249	-	1,249	700
<u>Other trading activities</u>				
<i>Merchandise</i>	18	-	18	131
	5,539	-	5,539	3,658

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TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2021

Note 3 Analysis of expenditure

	Unrestricted Funds £	All Restricted and Endowment Funds £	2021 Total Funds £	2020 Total Funds £
<u>Raising funds</u>				
Incurring seeking donations	-	-	-	82
Merchandise	-	-	-	324
<u>Charitable activities</u>				
Members training	-	-	-	102
Conference expenses	553	-	553	805
National Committee expenses	56	-	56	161
National Committee training	600	-	600	743
Members travel expenses	-	-	-	475
Branch expenses	36	-	36	18
Premises and IT	869	-	869	425
Campaign costs	4	-	4	-
Affiliations	-	-	-	470
Trustee expenses	85	-	85	-
Trustee Indemnity insurance	341	-	341	341
	2,544	-	2,554	3,946

Note 4 Analysis of debtors

	2021 £	2020 £
Trade debtors	-	14
	-	14

Note 5 Analysis of cash funds

	2021 £	2020 £
Cash at bank and in hand	23,491	20,471
	23,491	20,471

SEXPRESSION:UK

TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2021

Note 6 Analysis of creditors

	2021	2020
	£	£
Trade creditors & accruals	397	386
	397	386

Note 7 Analysis of net movement in funds

	Total funds brought forward	Total incoming resources	Total resources expended	Transfers between funds	Total funds carried forward
	£	£	£	£	£
<i>Unrestricted funds</i>	20,339	5,539	2,544	-	23,334
<i>All Restricted and Endowment Funds</i>	-	-	-	-	-
Total funds	20,471	5,539	2,544	-	23,334

Note 8 Governance Costs

In 2021, Indemnity Insurance for Trustees was paid for totalling £341 (2020: £341)

During the year under review 1 Trustee (2020: 0) was given a leaving gift totalling £85 (2020: £0). The Trustees confirm that this was given in line with section 5.8 of Charity Commission Guidance CC11 - Trustee Expenses & Payments.

None of the Trustees received any expenses during 2021 (2020: 0).

Note 9 Control

The organisation was controlled throughout the year by its trustees.

SEXPRESSION:UK

England & Wales - Charity number 1166559

Accounts



Trustees' Annual Report & Financial Statements

**For the year ended
31st December 2020**

**Registered Charity Numbers:
1166559 (England and Wales)
SC047637 (Scotland)**

SEXPRESSION:UK

TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2020

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SEXPRESSION:UK

TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2020

FOREWORD

I am delighted to be introducing our Annual Report for the year ended 31st December 2020, a year which has been marked by the significant challenges posed by the Covid-19 pandemic. I am proud to say that Sexpression:UK adapted to the challenges we faced as a result of the pandemic and has continued to perform well during 2020.

Sexpression:UK's vision is for a society in which young people have access to reliable information about relationships, sex and sexuality, where youth are free from STIs and unwanted pregnancy, and where they are empowered to make individual, informed decisions regarding their bodies and their health. To work towards this, we provide comprehensive relationships and sex education (RSE) workshops to young people aged 11-18 throughout the UK.

From January to March, we delivered our normal programme of comprehensive RSE sessions, working with 3,500 young people across the UK. Following the evolving threat of Covid-19 which developed into a global pandemic, we were forced to curtail our in-person teaching in line with social distancing restrictions and to protect volunteers and beneficiaries alike. Faced with these challenges, our volunteers responded swiftly, adapting their output and shifting to providing more on campus educational work, as well as creating digital resources for schools and youth groups to use as part of their own online lessons.

Keeping our volunteers engaged with Sexpression:UK when they were not able to deliver our RSE workshops was crucially important to the continued success of the charity. We held an engaging online training weekend and an incredibly well-received virtual National Conference, which allowed our volunteers to meet, exchange resources and ideas, and continue to be inspired and motivated to work alongside Sexpression:UK.

Despite all of the challenges we faced as a result of the pandemic, Sexpression:UK increased the number of affiliated branches to 29, including opening new branches in Loughborough, Northumbria, the University of the West of England and University College London. We are delighted with this growth, which will help us to reach new beneficiaries in different parts of the country which we haven't engaged with before, helping us strive towards our vision.

During the year, we said farewell to three Trustees, our former Chair Gillian Daines, along with Andrew Pembroke and George Barker, whom the whole Board would like to sincerely thank for their significant contributions to the development and governance of Sexpression:UK. We welcomed five new Trustees, Sophie Collins, Ifeumi Fagunwa, Maddy Lewis and Deven Naran whose appointments were confirmed at our virtual National Conference in November, and Joanna Melville who joined the Board after completing her term as National Director. More details about the successes and achievements of Sexpression:UK can be found in the Trustees' Annual Report.

As society continues to move beyond the pandemic and we collectively learn to live with the effects of Covid-19, I am eager to see Sexpression:UK continue to grow and achieve new successes, and I am confident that Sexpression:UK is in a strong position to return to our core purpose of teaching RSE to young people in 2021.

Dr Matthew Williams
Chair of Trustees

SEXPRESSION:UK

TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2020

REFERENCE AND ADMINISTRATIVE DETAILS

Trustees

George Barker (Resigned 28th September 2020)
Sophie Collins (Appointed 21st November 2020)
Gillian Daines (Resigned 26th February 2020)
Dr Ifewumi Fagunwa (Appointed 21st November 2020)
Juliet Hillier
Madeleine Lewis (Appointed 21st November 2020)
Joanna Melville (Appointed 1st July 2020)
Deven Naran (Appointed 21st November 2020)
Andrew Pembroke (Resigned 28th September 2020)
Dr Hannah Wallace
Dr Matthew Williams (Chair)

National Director

Joanna Melville (until 30th June 2020)
Laina Cores Birch (from 1st July 2020)

Registered Office

Until 15th March 2021

60 Lynn Road
Ely
Cambridgeshire
CB6 1DE

From 15th March 2021

Sexpression:UK
International House
64 Nile Street
London
N1 7SR

Bankers

Metro Bank PLC
One Southampton Row
London
WC1B 5HA

SEXPRESSION:UK

TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2020

TRUSTEES' ANNUAL REPORT

The Trustees of Sexpression:UK have pleasure in presenting their annual report which has been prepared in line with the Charities Act 2011, together with the financial statements for the year from 1st January 2020 to 31st December 2020.

The Trustees confirm that the Annual Report and Financial Statements comply with the current statutory requirements, the requirements of the charity's governing document and the provisions of the Statement of Recommended Practice (SORP), applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1st January 2019).

Objectives and activities

The objects of Sexpression:UK are specific:

“To promote the health and wellbeing of young people throughout the UK with specific focus on improving the sexual health and relationships education (SRE) of young people aged 11 to 18.”

In pursuit of these aims, Sexpression:UK provides high quality, comprehensive relationships and sex education (RSE) workshops to young people in the local areas of our affiliated UK branches. Sexpression:UK ensures that the sessions our affiliated branches provide are high quality and meet the requirements of the young people we work with through annual national training and a process of monitoring and evaluation.

Public benefit

Sexpression:UK is a public benefit entity. The trustees confirm that they have considered the guidance given by the Charity Commission on public benefit and the guidance on campaigning and political activity by charities when shaping Sexpression:UK's objectives and activities for the year.

Structure, Governance and Management

Sexpression:UK is a Charitable Incorporated Organisation (CIO) registered with the Charity Commission in England and Wales (1166559) and with the Office of the Scottish Charity Regulator (SC047637).

Sexpression:UK is governed by its constitution and bye laws and controlled by a Board of Trustees. Decisions are made by a simple majority vote.

The Board of Trustees meets at least four times per year and is responsible for maintaining legal, financial and reputational integrity whilst setting organisational strategy, approving general policies and approving the annual budget and accounts. The recruitment of Trustees is led by an audit of the skills held by the current members of the Board. New Trustees are appointed by an open recruitment process using both search and advertisement as required against an agreed skills profile and person specification. Affiliated member branches ratify the appointment of Trustees as recommended by the Board of Trustees.

All new Trustees are given an introduction to the activities of the organisation and an induction process covering governance, risk management and financial responsibilities. If a training need is identified during the induction process, then this is provided as and when required.

SEXPRESSION:UK

TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST DECEMBER 2020

The Board of Trustees delegate the day-to-day management of Sexpression:UK to a National Director. To ensure effective management the National Director leads a National Committee of elected student volunteers with responsibility for operational management of the charity's activities and services. During 2020 the National Committee members were:

National Director	Joanna Melville (until 30th June 2020) Laina Cores Birch (from 1st July 2020)
Branches Director	Eva Zilber (until 30th June 2020) Josie Rahman (from 1st July 2020)
Externals Director	Joanna Stewart (until 30th June 2020) Eleanor Cochrane (from 1st July 2020)
Finance Director	David Ou (until 30th June 2020) Thomas Greenslade (from 1st July 2020)
Fundraising Director	Catrin McAdams (until 30th June 2020) Liam Harnett (from 1st July 2020)
Training Director	Ednaly Gell
Advocacy Director	Bede Pharoah-Lunn (until 30th June 2020) Amy-May Dicks (from 1st July 2020)
Communications Director	Laina Cores Birch (until 30th June 2020) Anna Shams Ili (from 1st July 2020)
Child Protection Director	Mollie Hawkins (until 30th June 2020) Eva Zilber (from 1st July 2020)

The running of Sexpression:UK is fully reliant on the volunteering hours provided by the National Committee and volunteers from our affiliated branches in carrying out the work of the organisation. The Trustees would like to place on record their gratitude and appreciation for the hard work of all Sexpression:UK volunteers. All National Committee members are accountable to the National Director for the performance of their duties and the National Director is accountable to the Board of Trustees for the performance of their duties.

Sexpression:UK has branches located in England, Wales and Scotland which are all led by their own Branch Committee elected according to local rules. The individual Branch Coordinators are responsible for all activity carried out by their respective branches. The Branches Director on the National Committee is responsible for ensuring that all affiliated branches operate in full compliance with the Sexpression:UK Branch Agreement and national policies and procedure.

SEXPRESSION:UK

TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2020

Relationships with related parties

Sexpression:UK's affiliated branches are also required to be affiliated with their local students' union or university. This ensures that there is a degree of local accountability and control over the student-led branches as well as the national oversight from the National Committee and Trustees. As a result, each branch is required to operate within the laws set out in both the Sexpression:UK Constitution and bye-laws and in their local organisation's Constitution, Memorandum or Articles of Association.

Sexpression:UK is a partner of the Sex Education Forum and is affiliated with Students for Global Health (SfGH) which is the UK member organisation of the International Federation of Medical Students' Associations (IFMSA).

Achievements and performance

Sexpression:UK began 2020 with a strong start, delivering in-person teaching sessions to young people until March. Feedback from these sessions was positive: 69% felt they learned something, 60% felt more prepared to make decisions about sex and relationships, and 82% felt the session was delivered well. In March, as the Covid-19 virus began to spread and quickly developed into a pandemic, we were forced to rapidly respond in the interest of safety for all involved by suspending teaching sessions until we could develop an approach which ensured a safe environment. Despite the curtailment of teaching, in the period up to March, we delivered 142 hours of workshops to 3,484 young people via our 517 trained volunteers. For more detailed statistics and qualitative feedback, please refer to the 2019-2020 Sexpression:UK Impact Report.

The Covid-19 pandemic forced significant scaling back of our usual core activities. Following careful consideration and a thorough risk assessment, we decided to cancel our General Assembly 2020 in order to protect our committees and volunteers. Unfortunately, this left us with too short a notice to rearrange this as an online event, however we were delighted to have successfully trialled and delivered an online training weekend for our volunteers in September. Following this, our virtual National Conference was similarly well attended and received. These valuable events enable Sexpression:UK volunteers to exchange methods and resources in order to improve teaching and increase the impact of our lessons.

We updated our teaching policy to ensure it was 'Covid safe' and launched this in line with the start of the new academic year in September. Our approach to this policy and teaching remained cautious due to the rapidly changing nature of government guidance. At this time in 2020, schools began remote learning. After careful consideration and following consultations with volunteers and organisations familiar with delivering virtual, video based learning, we made the difficult decision to decline requests for online sessions. This was due to our concerns that online teaching presents safeguarding and wellbeing concerns which could not be safely addressed in the short term. As well as this, the quality of our sessions relies on their interactive content and we did not have the time or capacity to re-train volunteers to deliver this in an online format in a way that would maintain our high standards.

While we endorsed Covid safe in-person teaching, this was always subject to government and local guidelines. Ultimately, as a result of government restrictions and school closures, we were only able to deliver 3 hours of sessions to 63 young people from September to December 2020. Despite this, our volunteers adapted their output and shifted their focus to university based workshops, creating graphics and resources for schools and youth groups, and social media campaigns. Recognising this, we developed a Campus Event Tracking tool for use in 2021 to document and recognise branches' work on these various projects.

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TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST DECEMBER 2020

Despite all the unprecedented challenges this year brought with it, Sexpression:UK increased the number of affiliated branches across the UK from 27 to 29. We opened branches at Loughborough, Northumbria, University of the West of England (UWE), and re-established the University College London (UCL) branch. Communication with all branches was improved by implementing a Weekly Round-Up email which compiles all National Committee information into an engaging update. This year also saw the closure of branches at Bath Spa, Swansea, and at the University of East Anglia (UEA); their remaining resources were returned to Sexpression:UK.

When it came to recruiting new Trustees, we undertook a skills audit of the board to address areas of need to ensure effective and robust governance. Following this, we appointed four new trustees from a talented pool of 33 applicants. These appointments broadened the knowledge and skills on our board, including those with expertise in safeguarding, RSE, fundraising, finance and charity governance. By implementing a buddy-system between trustees and their National Committee counterparts, we improved trustee oversight over operations, support of committee members and the day-to-day running of Sexpression:UK.

The ongoing development of our Racial Equity Policy has involved an extensive period of consultation and reflection. Acknowledging the importance of this work being informed by BME stakeholders, we engaged community based organisation Decolonising Contraception to consult on antiracist work and how this intersects with our provision of RSE. We will now continue to build on the work we began with Decolonising Contraception and develop our RSE offering further.

In spite of the impacts of the pandemic on our normal programme of activities, we continued to engage with our external partners attending events with the Sex Education Forum and also the International Federation of Medical Students' Associations' Standing Committee on Sexual Reproductive Health and Rights including HIV and AIDS. Our annual presentation to this latter committee is an important link to global developments in RSE. We also engaged with consultations from Brook and commented on British Association for Sexual Health and HIV (BASHH) policy and patient leaflets. Developing a more streamlined press strategy enabled us to take on more opportunities to comment on RSE issues and increase our visibility as a voice in RSE education to the wider public. We responded to several media requests throughout the year, contributing to features in the Independent, Metro, Telegraph Educational Supplement, BBC Radio Shropshire, and BMJ Student amongst others.

The work of our National Officers continues to be invaluable in supporting the work of our National Directors. We established the role of Accessibility Officer to enable us to offer more accessible training to our volunteers. Alongside curating our own feeds, collaborations and take-overs with external partners amplify our voice in the RSE community. We coordinated give-aways and ran Q&A sessions, including partnerships with the LGBT Foundation, LoveHoney, Hanx, and Bella's Boxxx. For Sexual Health Week, we tackled the theme of inclusivity and organised takeovers with five other sexual health non-profits.

Responding to the dynamic and increasingly important role of social media in engaging with the young people we serve, we grew the number of volunteers in our Social Media Team. While encouraging individual branches to be innovative, we instated guidelines, establishing a cohesive social media strategy to unify all branches, helping to ensure consistency. In particular, we supported branches with the challenge of recruiting volunteers via virtual Freshers' Fairs for the first time, and created guidance and a short animation to help explain Sexpression:UK and our work in an engaging way tailored towards students.

The pandemic drastically altered our normal pattern of income and expenditure. A more detailed financial review can be found in the section below. Costs for member travel expenses which we usually incur

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decreased as our national events shifted online. Following the cancellation of our General Assembly, the majority of members managed to secure refunds, with only a few exceptions.

In 2020, community fundraisers organised by branches or external supporters formed the bulk of our income, with our Fundraising Director offering close support and extensive social media promotion on National accounts to generate funds. We had some success with small grant applications and will continue to build up our fundraising strategy and approach to work towards future success for larger grant applications. With the appointment of a trustee with fundraising experience in November 2020, we hope to increase the effectiveness of our fundraising going forward. The ongoing diversification of Sexpression:UK's income was hampered as increased demands on grant makers and funders were seen as a result of the pandemic. Branches received less national funding this year, but did require more assistance in negotiating SU finance systems operating at reduced capacity due to staff furlough.

Despite the unexpected challenges caused as a direct result of the pandemic, at Sexpression:UK, we demonstrated resilience, flexibility and adaptability. Although restricted in our ability to teach RSE to young people, we were able to successfully engage our volunteers with online offerings and maintained a strong presence in the RSE community through university workshops, external projects, and social media. This places us in a good position to continue serving young people as the pandemic eases.

Plans for the future

In 2021 we hope to return to our core purpose - teaching RSE to young people. Volunteers remain trained and engaged, but the new normal will depend on community needs. While closely observing government and local guidance, we acknowledge that schools and youth groups face their own challenges in returning to normality.

As Sexpression:UK is a student-led charity, our members often have a high workload while combining their degrees and their duties within Branches and/or at National level. Therefore, we will review and improve welfare practices and provisions within Sexpression:UK.

As we continue to improve diversity and inclusion within Sexpression:UK, we plan to promote internal opportunities more heavily. We will improve role descriptions and encourage 1:1 meetings with incumbent Directors to explain their role. Our social media will host Director takeovers as another channel for clarifying what working on the National Committee entails. Sexpression:UK has a solid foundation for growth in 2021, and will continue to incorporate new ways of working.

Financial review

The Statement of Financial Activities is set out on page 11 of the annual report. Total incoming resources amounted to £3,658 (2019: £4,804) with total resources expended at £3,946 (2019: £10,178). Overall this resulted in a net year end deficit of £288 (2019: £5,374 deficit). On 31st December 2020 Sexpression:UK has cash held at bank and in hand at £20,471 (2019: £22,134) with total funds carried forward being £20,339 (2019: £20,627).

Whilst recognising that income has fallen slightly during 2020, expenditure was also significantly lower compared to the previous year. As such the Trustees are satisfied that Sexpression:UK has sufficient resources to provide services to young people throughout the UK and continue to operate as a going concern. The Board of Trustees is continuing to prioritise income diversification.

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Reserves policy

The Trustees review Sexpression:UK's reserves position to ensure that operations could continue should funding not be available for any reason in the future. The Board acknowledges that as a charity we have a larger than normal reserves position compared to our annual income and expenditure however this is due to previous support over multiple years from one major corporate sponsor which has now come to an end. In order to support the charity whilst we diversify our income streams it is prudent to have this level of reserves which will allow us to continue to operate whilst increasing our income from other sources.

Risk management

As part of their duties the Trustees regularly examine the major strategic, operational and reputational risks to Sexpression:UK on an ongoing basis. Where appropriate, systems, procedures or policies are implemented to mitigate the risk faced by the organisation. Budgetary and internal control risks are minimised by role base expenditure limits set by the Trustees in conjunction with the National Committee. With the move to a new banking provider the Trustees are setting up a 'two to sign' requirement for all payments and trustee approval for major financial transactions. Sexpression:UK also has a detailed child protection policy which all volunteers are required to adhere to. No volunteer is allowed to participate in the work the charity does without undertaking mandatory annual child protection training and having a valid DBS/PVG check.

Statement of Trustees responsibilities

The Trustees are responsible for preparing the Trustees' Annual Report and Financial Statements in accordance with the applicable law, the Charities SORP and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The Trustees are required to prepare financial statements on either a receipts and payments basis or on an accruals basis. As the financial statements are prepared on an accruals basis, they should give a true and fair view of the state of affairs of the charitable organisation and of the incoming and expended resources of the organisation for that period. In preparing these financial statements, the trustees are required to:

- Select suitable accounting policies and apply them consistently;
- Observe the methods and principles of the Charities SORP;
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable UK Accounting Standards have been followed;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the organisation will continue in operation.

The trustees are responsible for keeping adequate accounting records which disclose with reasonable accuracy at any time the financial position of the organisation. They are responsible for safeguarding the assets of the charitable organisation and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.



Dr Matthew Williams, Chair of Trustees
29th September 2021

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SEXPRESSION:UK INDEPENDENT EXAMINER'S REPORT FOR THE YEAR ENDED 31ST DECEMBER 2020

Due to the gross income of Sexpression:UK being under the £25,000 threshold during the year under review a formal independent examination of the financial statements is not required and as such has not been completed. Should the gross income rise to be above the threshold in future years then an independent examination shall be completed.

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STATEMENT OF FINANCIAL ACTIVITY (INCLUDING INCOME AND EXPENDITURE ACCOUNT)

	Note	Unrestricted Funds £	Restricted Funds £	2020 Total Funds £	2019 Total Funds £
INCOMING RESOURCES					
Income and endowments from:					
Donations and legacies		2,827	-	2,827	1,173
Charitable activities		700	-	700	3,030
Other trading activities		131	-	131	601
Total incoming resources	2	3,658	-	3,658	4,804
RESOURCES EXPENDED					
Expenditure on:					
Raising funds		406	-	406	19
Charitable activities		3,540	-	3,540	10,159
Total resources expended	3	3,946	-	3,946	10,178
Net income/(expenditure)		(288)	-	(288)	(5,374)
Extraordinary items					
Transfers between funds		-	-	-	-
Net movement in funds	8	(288)	-	(288)	(5,374)
RECONCILIATION OF FUNDS					
Total funds brought forward	8	20,627	-	20,627	26,001
Total funds carried forward	8	20,339	-	20,339	20,627

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BALANCE SHEET AS AT 31ST DECEMBER 2020

		Unrestricted Funds	Restricted Funds	2020 Total Funds	2019 Total Funds
	Note	£	£	£	£
CURRENT ASSETS					
Stock		240	-	240	490
Debtors: under 1 year	5	14	-	14	-
Cash at bank and in hand	6	20,471	-	20,471	22,134
Total current assets		20,725	-	20,725	22,624
CURRENT LIABILITIES					
Creditors: amounts falling due within one year	4	386	-	386	1,997
Net current assets/(liabilities)		20,339	-	20,339	20,627
Creditors: amounts falling due after one year		-	-	-	-
Net assets		20,339		20,339	20,627
FUNDS OF THE CHARITY					
Restricted income funds		-	-	-	-
Unrestricted funds		20,339	-	20,339	20,627
Total funds	8	20,339		20,339	20,627

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STATEMENT OF CASH FLOWS

	Unrestricted Funds £	Restricted Funds £	2020 Total Funds £	2019 Total Funds £
CASH FLOWS FROM OPERATING ACTIVITIES				
Net cash provided by operating activities	(1,663)	-	(1,663)	(3,065)
Change in cash and cash equivalents in the reporting period	(1,663)	-	(1,663)	(3,065)
Cash and cash equivalents at the beginning of the reporting period	22,134	-	22,134	25,199
Cash and cash equivalents at the end of the reporting period	20,471	-	20,471	22,134

RECONCILIATION OF NET INCOME/(EXPENDITURE) TO NET CASH FLOW FROM OPERATING ACTIVITIES

	Unrestricted Funds £	Restricted Funds £	2020 Total Funds £	2019 Total Funds £
Net income/(expenditure) for the reporting period	(288)	-	(288)	(5,374)
Adjustments for:				
(Increase)/decrease in stocks	250	-	250	312
(Increase)/decrease in debtors	(14)	-	(14)	-
Increase/(decrease) in creditors	(1,611)	-	(1,611)	1,997
Net cash provided by operating activities	(1,663)	-	(1,663)	(3,065)
Analysis of cash and equivalents				
Cash at bank and in hand	20,471	-	20,471	22,134
Total cash and cash equivalents	20,471	-	20,471	22,134

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The notes on pages 14 to 17 form part of these accounts.

Approved by the trustees and signed on their behalf.



Dr Matthew Williams
Chair of the Board of Trustees

29th September 2021



Deven Naran
Trustee, Treasurer

29th September 2021

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NOTES TO THE ACCOUNTS

Note 1 Accounting policies

1.1 Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts. These accounts have been prepared in accordance with the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) (effective 1st January 2019) and with the Charities Act 2011.

1.2 Recognition of incoming resources

These are included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to the resources; it is more likely than not that the trustees will receive the resources; and the monetary value can be measured with sufficient reliability.

1.3 Grants and donations

Grants and donations are only included in the SoFA when the general income recognition criteria are met.

1.4 Donated services

Donated services are included in the SoFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably. If the value of the gift cannot be measured reliably then the donated services are described in the Trustees' Annual Report.

1.5 Volunteer help

The value of any voluntary help received is not included in the accounts but is described in the Trustees' Annual Report.

1.6 Liability recognition

Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.

1.7 Governance costs

Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice. These costs include the preparation and examination of the accounts, the costs of trustee meetings and the cost of any legal advice to trustees on governance or constitutional matters.

1.8 Debtors

Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

1.9 Creditors

The charity has creditors which are measured at settlement amounts less any trade discounts.

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1.10 Stocks

Stocks held for sale as part of non-charitable trade are measured at the lower of cost or net realisable value. Goods or services provided as part of a charitable activity are measured at net realisable value based on the service potential provided by items of stock.

1.11 Fund accounting

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charitable organisation and which have not been designated for other purposes. Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or raised by the organisation for particular purposes.

Note 2 Analysis of incoming resources

	Unrestricted Funds	Restricted Funds	2020 Total Funds	2019 Total Funds
	£	£	£	£
Donations and legacies				
<i>Donations in kind</i>	2,827	-	2,827	1,173
<i>Sponsorship</i>	-	-	-	-
Charitable activities				
<i>Conference income</i>	700	-	700	3,030
Other trading activities				
<i>Merchandise</i>	131	-	131	601
	3,658	-	3,658	4,804

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Note 3 Analysis of expenditure

	Unrestricted Funds	Restricted Funds	2020 Total Funds	2019 Total Funds
	£	£	£	£
Raising funds				
<i>Incurring seeking donations</i>	82	-	82	19
<i>Merchandise</i>	324	-	324	-
Charitable activities				
<i>Members training</i>	102	-	102	472
<i>Conference expenses</i>	805	-	805	4,111
<i>National Committee expenses</i>	161	-	161	1,233
<i>National Committee training</i>	743	-	743	312
<i>Members travel expenses</i>	475	-	475	2,378
<i>Branch expenses</i>	18	-	18	623
<i>IT expenses</i>	425	-	425	547
<i>Campaign costs</i>	-	-	-	24
<i>Affiliations</i>	470	-	470	-
<i>Trustee expenses</i>	-	-	-	132
<i>Trustee Indemnity insurance</i>	341	-	341	327
	3,946		3,946	10,178

Note 4 Analysis of creditors

	2020 £	2019 £
Trade creditors	386	1,997
	386	1,997

Note 5 Analysis of debtors

	2020 £	2019 £
Trade debtors	14	-
	14	-

Note 6 Analysis of cash funds

	2020 £	2019 £
Cash at bank and in hand	20,471	22,134
	20,471	22,134

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Note 7 Governance Costs

In 2020 Indemnity Insurance for Trustees was paid for totalling £341 (2019: £327)

During the year under review 0 (2019: 2) Trustees were reimbursed travel expenses totalling £0 (2019: £132).

Note 8 Analysis of net movement in funds

	Total funds brought forward	Total incoming resources	Total resources expended	Transfers between funds	Total funds carried forward
	£	£	£	£	£
<i>Unrestricted funds</i>	20,627	3,658	3,946	-	20,339
<i>Restricted funds</i>	-	-	-	-	-
Total funds	20,627	3,658	3,946	-	20,339

Note 9 Control

The organisation was controlled throughout the year by its trustees.