



**US**

**Charity Number: 1166464**

**Trustees' Annual Report  
for the Period  
1 April 2021 to 31 March 2022**

## Reference and Administration Details

**Charity name:** US  
**Charity number:** 1166464  
**Charity's operating address:** 60 Elmfield Road, Gosforth, Newcastle upon Tyne  
**Postcode:** NE3 4BD

### Names of the Charity Trustees who Manage the Charity

Trustee Name	Office	Appointed	Retired
1: Mary Jane Tacchi	Chair, Fundraising, Planning & Development	April 2016 (extended 2020)	
2: Yvonne Hurlow	Planning & Development	April 2016 (extended 2019)	April 2022
3: Kamni Puri	Finance	April 2016 (extended 2019)	
4: Aditya Sharma	Child Mental Health	April 2016 (extended 2020)	
5. Jane Erridge	Primary Care	August 2020	

### Names & Addresses of Advisors

	Name	Address & Postcode
Bank:	Barclays	Fawcett Street, Sunderland SR1 1RS
Human Resources	Ethical HR Ltd	11 Oswin Road, Newcastle Upon Tyne, NE12 9BH

### Names of Senior Staff with Delegated Responsibilities

Suzanne McFarlane Chief Operating Officer

## Structure, Governance and Management

### Description of the Charity's Trusts

**Type of Governing Document** Constitution  
**How the Charity is Constituted** Charitable Incorporated Organisation

## **Objectives and Activities**

### **Summary of the Objects of the Charity as set out in its Governing Document**

The Objects of the CIO named US are:

To advance the health and improve the quality of life of young people in Northumberland, Tyne and Wear and North Durham. Beneficiaries are aged between twelve and twenty-five and are young people who experience or are at risk of developing mental health issues and/or neurodevelopmental disorders. Support is also offered to their parents/carers.

To engage young people and their parents and carers in sport and other physical activities that have a proven beneficial effect on physical and mental health.

To support and strengthen the impact of physical activities through healthy eating workshops.

To empower beneficiaries to transform their lives through participation in sports and physical activities, enabling them to

- improve their mental and physical health,
- enhance their educational performance and employability
- develop positive relationships,
- raise their self-esteem,
- be happy and take pleasure from recreation

To empower young people to play an active part in the long and short-term planning of activities and US in order to develop their organisational skills, whilst ensuring that activities meet the needs of beneficiaries.

To help young people make a positive contribution to family and community life.

### **Summary of the Main Activities Undertaken for the Public Benefit in Relation to the Charity's Objects**

US works in the North East of England. Our trustees are passionate about destigmatising mental illness and enhancing the support available to young people.

US delivers on an outreach basis. We provide sports and other fitness activities to small groups and individuals, aged between 12 and 25 who experience or are at risk of developing mental health difficulties. Our mission is to help these young people adopt physical activity as an enjoyable lifestyle tool invaluable to both their physical and mental health.

Through sports and fitness activities we aim to empower young people and help them to:

- Feel good
- Improve their mental and physical health
- Make friends and have fun
- Improve their self-image
- Become more confident
- Set and achieve personal goals

- Engage in, and be successful in education and training and increase their employability

We provide personalised programmes and on-programme and progression support. Depending on individual circumstances, our support can: be a preventative tool for self-managing mental health and reducing the need for referral to formal health services; can support young people during the long wait to access NHS mental health care; or can support the recovery process and ongoing maintenance of good mental health.

Since 2016 we have built up a large network of agencies from health, social care, education and the justice sector and charities. They and families and individuals make referrals to US.

All young people referred - individually or in small groups - receive an initial assessment. This enables the Referral Co-ordinator to develop a bespoke programme to meet their needs and interests.

We have an established, vetted bank of outstanding providers who deliver a diverse range of activities for our young people including: fitness training; yoga; swimming; dance; ice skating; horseriding; archery; cycling and running. We have the sector knowledge and links to identify high-quality providers in other specialisms as required.

We provide 1:1 sessions for young people not yet ready to join a group, small group provision to address shared issues, and support into existing community provision. The Referral Coordinator provides on-going support and progression planning.

We are an organisation that continuously consults young people about our development. We evaluate the impact of our offer through consultation with participants, parents and carers, providers and referral agency colleagues.

## **Achievement and Performance**

### **Statutory Declaration**

The trustees declare that they have complied with their duty to have due regard to the guidance on public benefit published by the commission in exercising their powers or duties.

### **Summary of the Main Achievements of the Charity for the Year**

#### **Moving out of COVID 19**

The first quarter of 2021/22 saw the nation gradually emerging from the Covid 19 restrictions. For US, this meant that we were able to expand our delivery modes, reintroducing greater opportunities for our young people to engage in sport and exercise.

At the beginning of the year our 15-week online GOGA programme came to a close, some aspects of the offer remained popular with young people, and so we extended our street dance sessions, and have retained our weekly online yoga group; effective both for its regular sessions focusing on relaxation and mindfulness, but also as an activity immediately accessible to any

newly referred young person as they move through the referral and personalised planning process.

Referrals from partner organisations, family members and individuals seeking support to help cope with mental health difficulties increased by 300% year on year. This reflects the growing concerns nationally that the pandemic could be causing enduring wellbeing issues for children and young adults.

## **Our Growth**

In 2021/22 US provided activities for 136 young people. This is 400% growth from our first operating year in 2016/17.

We delivered:

20 groups activities

45 one to one activities

The activities US provides for each young person are based on their personal interests, this is vital to ensure the young person's engagement is sustained, and in turn, helps US support participants to develop the personal attributes needed to embed regular sport and exercise into their lives thus benefitting mental and physical health

Examples of one to one activities undertaken by our participants include: fitness training, swimming, couch to 5K, boxercise, horse riding, themed yoga.

## **Partnership that support young people**

We developed our 'US offer to schools' in 2019 in appreciation of their importance in the lives of young people, and the ability of staff working regularly with students to identify the young people experiencing mental health difficulties or life situations which make them vulnerable.

The US offer to schools is:

- Group Yoga for young people coping with exam stress
- Small group sports and fitness activities for young people identified as having or being at risk of developing mental health issues
- One to one activities for young people for whom a group is not currently appropriate.
- One to one or small group fitness training for young people whose weight is caused through emotional eating and/or is causing them emotional distress.
- Working with Year 11, 12 and 13 students who may wish to: Champion the uS offer and message or provide peer support to uS participants

The promotion of this particular partnership was initially curtailed due to the onset of COVID, however this year we were able to work around the remaining controls to provide activities in four schools. Pertinent to return of controlled assessments for GCSE and A levels in 2022, this included exam de-stress yoga in Excelsior Academy and Dame Allans Schools. At alternative provision Newcastle Bridges US provided exercise activities as part of a Wellbeing event, and at Benfield School, we provided one to one and small group activities with students identified from those attending the Cherrywood provision – an exciting range of sessions from fitness, to street dance, to animal yoga!

Through our engagement with voluntary and community partners we are able to collaborate to support young people who are not only experiencing, but are vulnerable to developing mental health difficulties. We aim to offer programmes which prevent mental health deterioration and show how maintaining an active lifestyle is a tool to sustaining good wellbeing. A new partnership

this year has been with the Young Women's Outreach Project in Gateshead who work with girls and young women facing crisis in their lives. To compliment activities and support interventions offered by YWOP, US developed a number of relevant sport and exercise programmes: Weekly 'Young mums and babies' swimming sessions at Gateshead Leisure centre and a self defence programme for girls feeling vulnerable to violence and crime. We also undertook engagement work with the LGBT+ group to identify whether there was a shared interest in getting active either together or separately.

We have also recently launched a weekly group at The Tyneside Foyer, a homeless shelter in Newcastle. Home Group staff have been actively supportive in engaging the residents, and from this the programme was developed following their feedback.

### **Accessing Community Venues**

A key development for US in 2021/22 has been the establishment of stronger working protocols with community fitness providers across the region: Everyone Active in Sunderland, Go Gateshead and Jesmond Pool, Elswick Pool and Better Leisure in Newcastle. Through these links we can effectively engage young people in activities in their local communities which can be sustained long term, even beyond their time participating with US. Dependant on the starting point of each individual, we have worked with the centre teams to build the participant's confidence sufficiently to become increasingly independent centre users. In some instances we have provided one to one coaching to build skills and indirectly confidence, US keyworkers have attended sessions with our participants, being a friendly companion and helping overcome the barriers of going to a 'new place, doing a new thing'. As young people have grown in confidence, we have funded memberships to allow them to continue attending independently. In addition, our joint working has allowed US to offer school holiday taster days for our young people hosted by Jesmond and Elswick pools.

### **Feedback and quotes**

A selection of quotes from our participants:

*"I've really enjoyed the sessions that have taken place since I joined. They have been a significant factor in reducing my stress for A Levels and preparing for university. I feel I am noticeably happier as a result of the sessions and look forward to the next one"(Online yoga) A*

*"Its greatly helped me as the structure and agreement to do something I end up doing physical exercise and feeling good about it later. <Otherwise> I would have no social obligation and just not." "Its greatly helped me as the structure and agreement to do something I end up doing physical exercise and feeling good about it later. <Otherwise> I would have no social obligation and just not." (Accompanied climbing) G*

*"Thanks so much. Love the PT sessions they're amazing! My word for 2022 is actually capable inspired by those sessions!" (1:1 PT) H*

We are keen to use a range of indicators to identify the impact of our support to young people. In year we have introduced the shortened version of the Warwick Edinburgh Mental Health Wellbeing Scale (WEMHWS), a tool developed to enable the measuring of mental wellbeing in the general population and the evaluation of projects, programmes and policies which aim to improve mental wellbeing.

By completing WEMHWS at the start of our work with young people, this can give an indication of mental wellbeing without participating in US sessions. By completing it again during and at the end of a programme, this can indicate any changes in mental wellbeing during that engagement period. Whilst we recognise that engagement with US will not be the only factor influencing changes in a young person's wellbeing over a period of time, combining it with collected feedback from the young person, their family and support network has allowed us to reflect on how relevant sport and exercise has been on individual's mental wellbeing.

## **Staffing and Volunteers**

We have continued to employ on a part-time basis a very experienced Chief Operating Officer, and a part-time Referral and Keyworker Co-ordinator.

In year we have secured funding which will allow us to increase the Referrals and Activities Co-ordinator post to 0.5FTE in 2022/23. This post is core to our work, and the increase will allow us to provide a more effective response to the growing referrals and to develop meaningful, personalised programmes for young people.

In addition, we have secured funding through RISE for a 0.75FTE Youth Engagement Worker. The role of the YEO will be threefold: to provide progression planning support to the young people undertaking activities with US, supporting the Newcastle Skillshub youth offer, and to develop a Youth Action aspect to US's work; setting up an advisory group, engaging young people in Youth Voice, as well as other peer engagement activities which promote the benefits of sport and exercise on mental health. This post will also be for an initial 12 month period from 2022/23 (subject to securing further funding).

Trustees and the volunteer Fundraising Committee apply their skills, experience and time to support the charity's work and are key to its success and growth. We are very grateful to those who have delivered our fundraising activities throughout this year, and of course those who attended of events.

## **Funding Streams**

We work continuously to bring in the funds required to plan, manage and deliver our provision in a safe and supportive manner. We do this through applying for funding from trusts, foundation and other funding bodies and through a range of fundraising activities.

In addition to the funding we have secured for the Referrals and Activities Co-ordinator and Youth Engagement Officer into 2022/23, we obtained in year funding from Clubs in Crisis for our Co-ordinator post, and activities for young people funding from: RISE Back to Play, The National Lottery, Wellesley Foundation, Warburton Foundation, St Nicholas' Education Trust and Proctor and Gamble.

We have a very experienced and hard-working fundraising committee who have managed to maintain and develop a range of engaging fundraising activities. Fundraising activities have included:

- A Christmas Wreath Making workshop

- The 4<sup>th</sup> Annual US Cycle ride
- Lunch at the Coach House
- 70s themed fitness classes
- Virtual fundraising activities including:
  - An After dinner talk by a Yeoman Warder
  - Cake decorating with Katja's Cakes
  - Self Defence
  - A 12-hour long fitness extravaganza with trainers from across the World
- The launch of the quarterly US200 Club draw

## Financial Review

### Brief Statement of the Charity's Policy on Reserves

The trustees recognise that in order to maintain a continuity of support to our young people that a designated reserve be retained equivalent to 50% of the expenditure from the previous financial year. The trustees have retained this reserve policy for 2022/23.

Additional reserves may be held in pursuit of the longer-term objectives of the charity for example capital projects e.g. an US Centre.

### Details of Any Funds Materially in Deficit

None

## Statutory notes to the accounts

### Particulars of Any Outstanding Guarantee Given by the CIO

None

### Particulars of Any Outstanding Debt

None

## Declaration

**The Trustees declare that they have approved the Trustees' Report above.**

Signed on behalf of the Charity's Trustees

**Signature(s):**






<b>Full Name(s):</b>	Mary Jane Tacchi	Kamni Puri
<b>Position(s):</b>	Chair of Trustees	Trustee
<b>Date:</b>	20/01/2023	20/01/2023

## US Charity 1166464

## Statement of Financial Activities (incorporating income and expenditure account)

Year to 31st March 2022

Income	Note	Restricted	Unrestricted	Total Funds		Total Funds	Total Funds
		Funds	Funds	2021/22	2020/21	2019/20	2018/19
		2021/22	2021/22	2021/22	2020/21	2019/20	2018/19
		£	£	£	£	£	£
Donations	2	55,939.00	5,818.00	61,757.00	29,499.83	5,955.00	47,519.80
Other activities	3	-	26,116.30	26,116.30	15,635.99	22,056.41	13,373.75
<b>Total Income</b>		<b>55,939.00</b>	<b>31,934.30</b>	<b>87,873.30</b>	<b>45,135.82</b>	<b>28,011.41</b>	<b>60,893.55</b>
<b>Expenditure</b>							
Raising Funds	4	-	3,190.47	3,190.47	717.53	2,192.74	2,481.88
Charitable activities	5	20,590.94	31,437.71	52,028.65	52,156.91	43,173.63	37,830.84
Governance	7	-	80.00	80.00	330.00	355.00	125.00
Support Costs	8	-	6.85	6.85			
<b>Total Expenditure</b>		<b>20,590.94</b>	<b>34,715.03</b>	<b>55,305.97</b>	<b>53,204.44</b>	<b>45,721.37</b>	<b>40,437.72</b>
<b>Net Incoming resources</b>		<b>35,348.06</b>	<b>- 2,780.73</b>	<b>32,567.33</b>	<b>- 8,068.62</b>	<b>- 17,709.96</b>	<b>20,455.83</b>
<b>Total funds brought Forward</b>		<b>6,528.88</b>	<b>49,529.83</b>	<b>56,058.71</b>	<b>64,127.33</b>	<b>81,837.29</b>	<b>61,381.46</b>
<b>Total funds at 31 March 2022</b>		<b>41,876.94</b>	<b>46,749.10</b>	<b>88,626.04</b>	<b>56,058.71</b>	<b>64,127.33</b>	<b>81,837.29</b>

**US Registered Number 1166464**  
**Balance Sheet**  
**As at 31st March 2022**

Page 2

		31-Mar-22		31-Mar-21		31-Mar-20		31-Mar-19
<b>Fixed Assets</b>	<b>Note</b>	£	£	£	£	£	£	£
Tangible assets	9		322.15		-		-	-
<b>Current Assests</b>								
Debtors	12	244.99		40.00		-	-	-
Cash at bank and in hand	10	<u>93,342.88</u>		<u>63,906.06</u>		<u>67,381.85</u>		<u>85,117.29</u>
		93,587.87		63,946.06		67,381.85		85,117.29
Creditors: amounts falling due within 12 months	11	<u>5,283.98</u>		<u>7,887.35</u>		<u>3,254.52</u>		<u>3,280.00</u>
Net Assets			88,626.04		56,058.71		64,127.33	81,837.29
Net Assets			<u>88,626.04</u>		<u>56,058.71</u>		<u>64,127.33</u>	<u>81,837.29</u>
Charity funds								
Restricted funds	13		41,876.94		6,528.88		3,148.19	3,304.51
Unrestricted funds			46,749.10		49,529.83		60,979.14	78,532.78
Total Funds			<u>88,626.04</u>		<u>56,058.71</u>		<u>64,127.33</u>	<u>81,837.29</u>

## **1. Accounting Policies**

The principal accounting policies are summarised below. The accounting policies have been consistently applied.

### **a) Basis of preparation of financial statements**

The Financial Statements have been prepared under the historical cost convention and in accordance with the Statement of Recommended Practice "Accounting and Reporting by Charities (SORP 2015)" applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102), effective 1 January 2015.

### **b) Fund Accounting**

General funds are unrestricted funds which are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designed for other purposes.

Designated Funds are general funds which have been set aside by the trustees for a specific purpose

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes.

### **c) Incoming resources**

All incoming resources are included in the financial activities when the charity has entitlement to the funds, certainty of receipt and the amount can be measured with sufficient reliability.

Income tax recoverable in relation to donations received under Gift Aid is recognised at the time of actual receipt of funds.

### **d) Resources expended**

Expenditure is recognised on an accrual basis and has been included under expense categories that aggregate all costs for allocation to activities. Where costs can not be directly attributed to particular activities they have allocated on a basis consistent with the use of the resources.

Governance costs are those incurred in connection with the administration of the charity and compliance with constitutional and statutory requirements.

All resources expended are inclusive of irrecoverable VAT.

### **e) Fixed assets**

Fixed Assets are stated at cost less accumulated depreciation

Computer equipment method: 25% straight line

### **f) Going concern basis**

The financial statements have been prepared on a going concern basis. The trustees consider this to be appropriate as they project the level of donations and event profits to be sufficient to exceed operating costs.

<b>2. Donations</b>	<b>Restricted Funds</b>	<b>Unrestricted Funds</b>	<b>Total Funds</b>	<b>Total Funds</b>	<b>Total Funds</b>	<b>Total Funds</b>
	<b>2021/22</b>	<b>2021/22</b>	<b>2021/22</b>	<b>2020/21</b>	<b>2019/20</b>	<b>2018/19</b>
	£	£	£	£	£	£
Donations	14,198.00	3,818.00	18,016.00	2,336.33	2,485.00	3,510.80
Grants Received	41,741.00	2,000.00	43,741.00	27,163.50	3,470.00	44,009.00
<b>Total Income</b>	<b>55,939.00</b>	<b>5,818.00</b>	<b>61,757.00</b>	<b>29,499.83</b>	<b>5,955.00</b>	<b>47,519.80</b>

**Restricted Grants received in year:**

RISE Back to Play	980.00
Made in Sport - Clubs on Crisis	2,021.00
The National Lottery	9,975.00
Wellesley Foundation	10,000.00
Warbuton Foundation	400.00
St Nicholas' Education trust	5,000.00
Proctor & Gamble	500.00
RISE YEO 0.75FTE	12,865.00

**Unrestricted Grants received in year**

Arnold Clark Foundation	1,000.00
Sports Maintenance	1,000.00

**Restricted Donation received in year**

Private donor - 0.5FTE RACo	14,198.00
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**Unrestricted Donations received in year**

Multiple donations	3,818.00
<b>Total</b>	<b>55,939.00</b>
<b>Total</b>	<b>5,818.00</b>

<b>3. Other Activities</b>	<b>Restricted Funds</b>	<b>Unrestricted Funds</b>	<b>Total Funds</b>	<b>Total Funds</b>	<b>Total Funds</b>	<b>Total Funds</b>
	<b>2021/22</b>	<b>2021/22</b>	<b>2021/22</b>	<b>2020/21</b>	<b>2019/20</b>	<b>2018/19</b>
	£	£	£	£	£	£
Fundraising	-	19,940.60	19,940.60	9,972.82	19,064.32	12,431.00
Gift Aid	-	6,175.70	6,175.70	1,496.50	2,992.09	942.75
HMRC Statutory Payments	-	-	-	4,166.67	-	-
<b>Total Income</b>	<b>-</b>	<b>26,116.30</b>	<b>26,116.30</b>	<b>15,635.99</b>	<b>22,056.41</b>	<b>13,373.75</b>

<b>4. Expenditure on raising Funds</b>	<b>Restricted Funds</b>	<b>Unrestricted Funds</b>	<b>Total Funds</b>	<b>Total Funds</b>	<b>Total Funds</b>	<b>Total Funds</b>
	<b>2021/22</b>	<b>2021/22</b>	<b>2021/22</b>	<b>2020/21</b>	<b>2019/20</b>	<b>2018/19</b>
	£	£	£	£	£	£
Online Payment Processing fees	-	-	734.31	682.58	549.78	283.13
Event costs	-	-	2,456.16	34.95	1,642.96	2,198.75
<b>Total Expenditure</b>	<b>-</b>	<b>-</b>	<b>3,190.47</b>	<b>717.53</b>	<b>2,192.74</b>	<b>2,481.88</b>

<b>5. Expenditure on charitable activities</b>	<b>Restricted Funds</b>	<b>Unrestricted Funds</b>	<b>Total Funds</b>	<b>Total Funds</b>	<b>Total Funds</b>	<b>Total Funds</b>
	<b>2021/22</b>	<b>2021/22</b>	<b>2021/22</b>	<b>2020/21</b>	<b>2019/20</b>	<b>2018/19</b>
	£	£	£	£	£	£
Staffing	19,693.99	29,042.94	48,736.93	47,825.51	37,070.50	33,603.33
Activity related costs	555.00	92.15	647.15	14.00	937.37	616.70
Venue hire	-	-	-	465.00	700.00	1,070.80
Insurance	-	548.72	548.72	538.72	498.40	498.40
Phone	-	378.00	378.00	352.99	257.00	207.47
Website and Social Media	191.95	316.49	508.44	1,907.56	632.50	195.00
Events, Marketing and Promotion	150.00	117.29	267.29	362.56	1,175.17	571.38
Postage, Print, Stationery	-	441.80	441.80	297.00	657.79	374.45
Travel Expenses	-	28.62	28.62	-	-	136.21
Memberships	-	84.00	84.00	84.00	854.00	167.50
Training / CPD	-	-	-	99.00	179.90	-
Recruitment / safer recruitment	-	387.70	387.70	210.57	211.00	389.60
<b>Total Expenditure</b>	<b>20,590.94</b>	<b>31,437.71</b>	<b>52,028.65</b>	<b>52,156.91</b>	<b>43,173.63</b>	<b>37,830.84</b>

**6. Staffing**

Staffing costs include management and admin, Referrals and Keyworker Co-ordinator, keyworker, coach/trainer costs

The Referrals and Keyworker Co-ordinator fixed term freelance contract (originally maternity cover) was extended to March 2022 following a staff resignation. A private donor provided funds for a 0.5FTE Referrals and Activities Co-ordinator post for 12 months. A fixed term appointment commenced on 7th March 2022. Funding was secured in year from RISE NE for a 0.75FTE Youth Engagement Officer. A recruitment process was underway at 31st March 2022.

All other staff are engaged on a self employed basis

No individual received remuneration in excess of £60,000

No trustee received any remuneration

Voluntary hours

No amounts are included in the financial statements for services donated by volunteers.

The fundraising committee, whose members all undertake activities voluntarily, met regularly throughout 2021/22 (virtually)

## 7. Expenditure on Governance

	Restricted Funds 2021/22 £	Unrestricted Funds 2021/22 £	Total Funds 2021/22 £	Total Funds 2020/21 £	Total Funds 2019/20 £	Total Funds 2018/19 £
Licensing / Registration	-	55.00	55.00	75.00	55.00	75.00
External Examination of Accounts	-	25.00	25.00	25.00	25.00	50.00
External HR			-	230.00	275.00	
<b>Total Expenditure</b>	<b>-</b>	<b>80.00</b>	<b>80.00</b>	<b>330.00</b>	<b>355.00</b>	<b>125.00</b>

## 8. Expenditure on Supporting Costs

	Restricted Funds 2021/22 £	Unrestricted Funds 2021/22 £	Total Funds 2021/22 £	Total Funds 2020/21 £	Total Funds 2019/20 £	Total Funds 2018/19 £
Depreciation - Computer Equipment	-	6.85	6.85	-	-	-
<b>Total Expenditure</b>	<b>-</b>	<b>6.85</b>	<b>6.85</b>	<b>-</b>	<b>-</b>	<b>-</b>

## 9. Tangible Assets

	Computer Equipment £
<b>Cost</b>	
At 1st April 2021	-
Additions	329.00
At 31st March 2022	<u>329.00</u>
<b>Depreciation</b>	
At 1st April 2021	-
Charge for the Year	6.85
At 31st March 2022	<u>6.85</u>
<b>Net Book Value</b>	
At 1st April 2021	-
At 31st March 2022	<u>322.15</u>

## 10. Cash in bank and in-hand

	31st March 2022 £	31st March 2021 £	31st March 2020 £	31st March 2019 £	31st March 2018 £
Bank Statement	93,342.38	63,905.56	67,362.85	83,140.36	63,935.46
Cash in hand	0.50	0.50	19.00	1,976.93	-
	<u>93,342.88</u>	<u>63,906.06</u>	<u>67,381.85</u>	<u>85,117.29</u>	<u>63,935.46</u>
Cash in hand					
Petty cash	0.50				
	<u>0.50</u>				

In 2021/22 all charity funds were held in the charity's Barclays Bank Community Account \*

The trustees recognise that in order to maintain a continuity of support to our young people that a designated reserve be retained equivalent to 50% of the expenditure from the previous financial year. The trustees have retained this reserve policy for 2022/23.

Additional reserves may be held in pursuit of the longer term objectives of the charity for example capital projects. The trustees may choose to utilise alternative investment or interest accruing accounts for holding such funds.

The funds of the charity	31st March 2022 £	31st March 2021 £	31st March 2020 £
Bal. of creditors/debtors falling due in 1 Year (11,12	5,038.99	7,847.35	
Restricted Income Funds	41,535.83	6,528.88	3,148.19
General Unrestricted Income Funds	19,177.90	23,451.38	21,060.03
Designated Unrestricted Income Funds *	<u>27,590.16</u>	<u>26,078.46</u>	<u>43,173.63</u>
	<u>93,342.88</u>	<u>63,906.06</u>	<u>67,381.85</u>

Total of General Unrestricted Income Funds and Designated Unrestricted Income Funds is £46,768.06

\* In July 2021 US opened a Business Premium bank account - 20-83-69 53813436 - for the purposes of administering the US 200 Club quarterly lottery

Opening Funds @ 07/21	-
Paid in by lottery participants in Year	910.00
Prize funds paid out in Year	270.02
Monies due to US Charity bank account in Year	629.98
Balance at Year End	254.99

Breakdown of balance at Yr End: £244.99 monies due to US Charity Bank Account from March 2022 draw (accrued) / £10 paid in for future draw.

#### 11. Creditors - amounts falling due within one year

	31st March 2022 £	31st March 2021 £	31st March 2020 £	31st March 2019 £	31st March 2018 £
Creditors	4,838.98	5,990.60	3,229.52	3,255.00	2,544.00
Accruals	445.00	1,896.75	25.00	25.00	-
	<u>5,283.98</u>	<u>7,887.35</u>	<u>3,254.52</u>	<u>3,280.00</u>	<u>2,544.00</u>

#### 12. Debtors - amounts falling due within one year

	31st March 2022 £	31st March 2021 £	31st March 2020 £	31st March 2019 £	31st March 2018 £
Debtors		-	-	-	-
Accrual - US 200 Club March draw	244.99	40.00	-	-	-
	<u>244.99</u>	<u>40.00</u>	<u>-</u>	<u>-</u>	<u>-</u>

#### 13. Restricted Funds

Breakdown of Restricted funds @ 31st March 2022

	£
TNL Community Funds	3,382.86
Wellesley	5,091.08
Warbuton	400.00
RISE - Youth Engagement Officer 0.75	12,865.00
St Nicholas' Educational Trust	4,440.00
Proctor & Gamble	500.00
Donor - Referrals & Activities Co-ordinator	14,198.00
May Ball Ticket payments held	<u>1,000.00</u>
	<u>41,876.94</u>



**CHARITY COMMISSION**  
FOR ENGLAND AND WALES

## Independent examiner's report on the accounts

### Section A

### Independent Examiner's Report

**Report to the trustees/  
members of**

Charity Name  
US

**On accounts for the year  
ended**

31<sup>st</sup> March 2022

**Charity no  
(if any)**

1166464

**Set out on pages**

1 to 6

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31/03/2022**

**Responsibilities and  
basis of report**

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent  
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

**Signed:**

Joanne Towart

**Date:**

26-9-22

**Name:**

JOANNE TOWART

**Relevant professional  
qualification(s) or body  
(if any):**

CIMA

**Address:**

9 CARLINGTON WALK, NEWCASTLE UPON TYNE NE13 9AN



## Section B

## Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

On accounts for the year ended	31 <sup>st</sup> March 2023
Set out on pages	1 to 5
<p>I report to the trustees on my examination of the accounts of the above charity (the Trust) for the year ended 31/03/2023.</p> <p>As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 (the Act).</p> <p>I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 148(2)(b) of the Act.</p> <p>I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination gives me cause to believe that in any material respect:</p> <ul style="list-style-type: none"> <li>the accounting records were not kept in accordance with section 120 of the Charities Act, or</li> <li>the accounts did not accord with the accounting records, or</li> <li>the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.</li> </ul> <p>I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.</p>	
Signed:	[Signature]
Name:	[Name]
Relevant professional qualification(s) or body (if any):	[Qualification]
Address:	[Address]



Section A

Independent Examiner's Report

Report to the trustees/  
members of

Charity Name  
US

On accounts for the year  
ended

31<sup>st</sup> March 2022

Charity no  
(if any)

1166464

Set out on pages

1 to 6

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above  
charity ("the Trust") for the year ended **31/03/2022**

Responsibilities and  
basis of report

As the charity's trustees, you are responsible for the preparation of the  
accounts in accordance with the requirements of the Charities Act 2011  
("the Act").

I report in respect of my examination of the Trust's accounts carried out  
under section 145 of the 2011 Act and in carrying out my examination, I  
have followed all the applicable Directions given by the Charity Commission  
under section 145(5)(b) of the Act.

Independent  
examiner's statement

I have completed my examination. I confirm that no material matters have  
come to my attention in connection with the examination gives me cause to  
believe that in, any material respect:

- the accounting records were not kept in accordance with section 130  
of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements  
concerning the form and content of accounts set out in the Charities  
(Accounts and Reports) Regulations 2008 other than any requirement  
that the accounts give a 'true and fair' view which is not a matter  
considered as part of an independent examination.

I have no concerns and have come across no other matters in connection  
with the examination to which attention should be drawn in this report in  
order to enable a proper understanding of the accounts to be reached.

Signed:

Joanne Towart

Date:

26-9-22

Name:

JOANNE TOWART

Relevant professional  
qualification(s) or body  
(if any):

CIMA

Address:


9 CARLINGTON WALK, NEWCASTLE UPON TYNE, NE3  
9AN

## Section B

## Disclosure

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.

On accounts for the year ended	31 <sup>st</sup> March 2018
Set out on pages	1 to 8
Responsibilities and basis of report	As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 (the Act).
Independent examiner's statement	<p>I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(2)(b) of the Act.</p> <p>I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination gives me cause to believe that in any material respect:</p> <ul style="list-style-type: none"> <li>the accounting records were not kept in accordance with section 139 of the Charities Act or</li> <li>the accounts did not accord with the accounting records or</li> <li>the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 (other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination).</li> </ul> <p>I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.</p>
Signed:	
Name:	James Turner
Relevant professional qualification(s) or body (if any):	Chartered Accountant
Address:	100 Victoria Road, London, W1A 0AB