

Charity registration number: 1166462

Aurora Wellbeing Centres

Annual Report and Financial Statements

for the Year Ended 31 March 2023

Community Accounting Plus
Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL

Aurora Wellbeing Centres

Contents (continued)

Reference and Administrative Details	1
Trustees' Report	2 to 6
Independent Examiner's Report	7
Statement of Financial Activities	8 to 9
Balance Sheet	10
Cash Flow Statement	11
Notes to the Financial Statements	12 to 24

Aurora Wellbeing Centres

Reference and Administrative Details

Trustees	Philip Foster, Chair Sarah Hall, Treasurer Carl Andrews Clare Rogers Ian Hall
Senior Management Team	Lynne Rothwell, Project Manager - Doncaster Debra Fores, General Manager, Worksop
Charity Registration Number	1166462
Principal Office	The Old Library Memorial Avenue Worksop Notts S80 2BJ
Independent Examiner	John O'Brien Community Accounting Plus Units 1 & 2 North West 41 Talbot Street Nottingham NG1 5GL
Solicitors	Dawson & Burgess Solicitor 3 South Parade Doncaster DN1 2DZ
Bankers	Virgin Money 50 Bridge Street Worksop S80 1JD

Aurora Wellbeing Centres

Trustees' Report

The trustees present the annual report together with the financial statements of the charity for the year ended 31 March 2023.

Trustees and officers

The trustees and officers serving during the year and since the year end were as follows:

Trustees:	Philip Foster, Chair
	Sarah Hall, Treasurer
	Carl Andrews
	Clare Rogers
	Ian Hall
	Mark Toseland (resigned 6 December 2022)

Objectives and activities

Objectives, strategies and activities

The promotion of good health and wellbeing by assisting in the relief of symptoms and the improvement of the quality of life by providing supportive services to those who have been diagnosed with cancer and long term conditions, such as offer supporting therapies and support groups, assess individuals needs and develop programmes to support their cancer journey.

We operate across three centres, working alongside the Doncaster and Bassetlaw Teaching Hospitals NHS Trust, to deliver a variety of support services in Bassetlaw, Doncaster and Mexborough. Our beauty and holistic therapy services are delivered across all three centres and offer a very high standard of service from our highly skilled staff and hugely dedicated volunteers.

Aurora is part of the NHS Cancer pathway supporting both Primary and Secondary care and in 2022 has received over 800 referrals. We support individuals to self-manage and take back control through their diagnosis, recovery and beyond. During one to one 'Meaningful conversations' we raise and discuss concerns, prioritise goals and motivate individuals to achieve successful and realistic outcomes. Aurora is passionate about client experience and supporting the NHS in delivering the best care for patients. Patient care is at the centre of everything we do and we adapt to the needs of our local population.

Public benefit

Activities benefit the public by providing support to members of the community offering support groups and supporting carers of cancer patients.

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

Structure, governance and management

Nature of governing document

The Charitable Incorporated Organisation is operated under the rules of its Association model constitution registered 11th April 2016 and amended on 3rd December 2018.

Aurora Wellbeing Centres

Trustees' Report (continued)

Recruitment and appointment of trustees

When a role is identified for a new Trustee. We identify the required skill sets and use our best efforts to find the most suitably qualified persons.

Achievements and performance

Aurora has continued to support people affected by cancer at all three Aurora sites. Our free packages of beauty and holistic therapies along with talking therapies are available at all our sites. The Living with and beyond cancer programme continues to be successful at our Worksop site which offers wider support services including exercise, nutrition and various support groups.

The long-awaited Old Library building refurbishment of the Old Library building at our Worksop Centre is now complete. All services are now successfully functioning from their newly refurbished areas. The Bassetlaw community support model has continued to work successfully for local people. We continue to work with the NHS and third sector community to ensure the best quality of services are always offered.

The Heritage and Health project: returning heritage to the old library and museum in Worksop is in its final delivery year. Initially shaped around the 'Five Ways to Wellbeing' the project is built on the assumption that access to, and engagement with heritage boosts wellbeing. The primary aims of the project explore the intersection between heritage, wellbeing and health and centres Aurora Wellbeing's core aims.

The project sets out to return heritage to the Old Library and Museum, creating a Heritage Hub in the heart of the building with physical displays and a Virtual Museum of objects and stories from the 'Worksop Collection'. Heritage engagement is now part of Aurora's wellbeing services and directly supports people affected by cancer and long-term conditions. Aurora also uses heritage engagement to reach new audiences such as families, support people who report feeling lonely or isolated at any given time and increase the number of visitors coming into the centre.

Heritage Café – 12 Heritage Cafe events have taken place. Sessions include talks from visiting experts such as Chesterfield Canal, Bassetlaw Museum and Worksop Archaeological and Historical Society, handling and reminiscence sessions, skills and creative workshops.

Arts and Minds Programme – The launch of the Aurora Wellbeing Singers in January saw 49 people attend. The group meets weekly with between 32-40 people attending each session.

Art Therapy and Creative Workshops took place.

History Makers – Art and heritage inspired drop-in activities and workshops for children and families during each half term (12 weeks in the year). History Maker activities took place at 4 weekend events including Fun Palaces in October 2022, Christmas Fayre, Family Service open day and the Easter Fayre.

Heritage Hub – The Heritage Hub welcomes visitors every day. We run activities daily from there and engage a diverse audience with the collections on display. Each Wednesday is 'Wellbeing Wednesday @ The Hub' where people can relax and congregate to chat and reminisce.

Aurora Wellbeing Centres

Trustees' Report (continued)

Financial review

During the year ended March 2023 the organisation reported income of £545,127 of which £282,695 was restricted funding received from various bodies to deliver services and from the National Heritage Lottery Fund (NHLF) for ongoing heritage activities which formed part of the refurbishment and renovation project at the Wellbeing Centre in Worksop. Unrestricted income totalled £261,701.

Policy on reserves

The Trustees policy is to have at least 6 months' worth of running costs in unrestricted reserves; Unrestricted reserves are currently about £158,000 as compared to running costs for unrestricted activities of £280,000 per annum. The ongoing position is regularly monitored by the finance committee. All staff employed for activities funded by restricted grants have fixed term contracts.

Aurora Wellbeing Centres

Trustees' Report (continued)

Plans for future periods

Aims and key objectives for future periods

In May 2022, we launched our Children and Family Service, an innovative and invaluable service for the Bassetlaw locality. The service focuses on helping children cope when a family member who has been diagnosed with cancer. As part of our children and family service we offer a safe space for children to express their feelings & receive tailored, age-appropriate support in a child friendly environment. Up to 12 one to one therapy sessions are available, facilitated by Auroras accredited therapists, who are specialised in supporting children and families using a person-centred therapeutic approach. Support, advice and resources are also available for parents and carers. The development of this new service has led to new partnerships with Centre Place and Imara. Furthermore, to support the sustainability of the service, we are also hiring the rooms out to appropriate organisations that require child appropriate rooms. 20 children have been supported between May 2022 & March 2023 with an age range of 4-19. 7 through play therapy and 13 through counselling.

Prehabilitation & Rehabilitation service for cancer patients

After looking in depth at Aurora's strengths and identifying gaps in its services as well as our local need, it was clear that there was/is a need for a prehab & rehab service in the community. During 2022-2023 Aurora focused on scoping, designing and implementing a new service, that aims to support people to prepare for their cancer treatment (prehabilitation) and also support with their recovery (rehabilitation). The proposed Aurora programme was presented to Macmillan, with positive feedback. Since then, Aurora have been working closely with DBTH to recruit two Band 7 clinical prehabilitation leads to support with the development and facilitation of the service. In March 2023, the Band 7 Leads started in post, and are based at the Aurora Centre 1 day a week to work on the prehabilitation programme.

Since September 2022, 61 initial assessments with the cancer exercise specialists have been booked. 45 clients have actually had assessments and out of those 45, 33 have continued to attend the gym.

Development of an app with DBTH and Living Well

Aurora has been working closely with DBTH and Living Well over the last year, creating a mobile phone app for patients to learn all about the services & support available to them.

Cancer Prevention work

Aurora has been leading the cancer subgroup as part of the ICB inequalities forum, working with the 3 PCNs across Bassetlaw. Over the last few months Aurora have managed to build relationships with appropriate health care professionals in secondary care around cancer prevention including the senior colopsopist at DBTH.

'The Curve' exercise area

The newly developed exercise space - The Curve launched in September 2022. This service developed from extensive research, triggered by local need. We run a pioneering programme of specialised cancer exercise sessions, centred around prehabilitation and rehabilitation, facilitated by cancer exercise specialists. General exercise sessions for the whole community also take place here, including weekly functional fitness, Yoga and Tai Chi. In February we delivered an exercise taster afternoon, which involved our exercise instructors delivering free taster classes to the public, as well as information on healthy living and wellbeing.

Increasing Aurora's nutritional offer for cancer patients

Aurora has built on past partnerships with Sunlight Nutrition to offer fortnightly nutritional support for people with cancer and their families. 1 to 1 session with the HCPC registered dietitian, enables clients to receive nutritional support plans tailored directly to their individual needs and goals. Guidance & support with which foods to prioritise and how to nourish their body when they are feeling unwell, whilst also learning how good nutrition can improve physical and mental wellbeing during and after cancer treatment.

Since October 2022, 31 clients have received at least 1 session with the registered dietitian.

Aurora Wellbeing Centres

Trustees' Report (continued)

Going concern

The trustees have assessed that no material uncertainties exist.

Statement of Responsibilities (within Trustees Report)

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

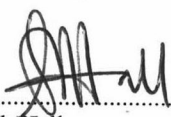
The law applicable to charities requires the trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charities (Accounts and Reports) Regulations 2008, and the provisions of the constitution. The trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the corporate and financial information included on the charitable company's website. Legislation governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

Approved by the trustees of the charity on 27-9-2023 and signed on its behalf by:


.....
Sarah Hall
Trustee

Aurora Wellbeing Centres

Independent Examiner's Report to the trustees of Aurora Wellbeing Centres

Independent examiner's report to the trustees of Aurora Wellbeing Centres

I report to the trustees on my examination of the accounts of Aurora Wellbeing Centres (the Charity) for the year ended 31 March 2023.

Responsibilities and basis of report

As the trustees of the charity you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the Act.

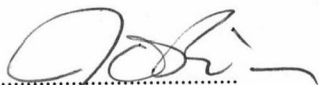
Independent examiner's statement

Since the Charity's gross income exceeded £250,000 your examiner must be a member of a body listed in section 145 of the 2011 Act. I confirm that I am qualified to undertake the examination because I am a member and Fellow of the Association of Charity Independent Examiners, which is one of the listed bodies.

I have completed my examination. I confirm that no matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



John O'Brien MSc FAIA FCIE

Fellow of the Association of Charity Independent Examiners

Units 1 & 2 North West
41 Talbot Street
Nottingham
NG1 5GL

Date: 3/10/23

Aurora Wellbeing Centres

Statement of Financial Activities for the Year Ended 31 March 2023

	Note	Unrestricted funds General £	Designated £	Restricted funds £	Total 2023 £
Income and Endowments from:					
Donations and legacies	2	57,526	-	-	57,526
Charitable activities	3	10,544	-	282,695	293,239
Other trading activities	6	192,940	-	731	193,671
Investment income	4	691	-	-	691
Total Income		<u>261,701</u>	<u>-</u>	<u>283,426</u>	<u>545,127</u>
Expenditure on:					
Charitable activities	8	<u>(283,030)</u>	<u>(98,009)</u>	<u>(203,842)</u>	<u>(584,881)</u>
Total Expenditure		<u>(283,030)</u>	<u>(98,009)</u>	<u>(203,842)</u>	<u>(584,881)</u>
Net (expenditure)/income		(21,329)	(98,009)	79,584	(39,754)
Gross transfers between funds		<u>(1,560,246)</u>	<u>1,599,872</u>	<u>(39,626)</u>	<u>-</u>
Net movement in funds		(1,581,575)	1,501,863	39,958	(39,754)
Reconciliation of funds					
Total funds brought forward		<u>1,645,851</u>	<u>-</u>	<u>156,271</u>	<u>1,802,122</u>
Total funds carried forward	18	<u>64,276</u>	<u>1,501,863</u>	<u>196,229</u>	<u>1,762,368</u>

All of the charity's activities derive from continuing operations during the above period.

The funds breakdown for the period is shown in note 18.

The notes on pages 12 to 24 form an integral part of these financial statements.

Aurora Wellbeing Centres

Statement of Financial Activities for the Year Ended 31 March 2023 (continued)

	Prior year			
	Note	Unrestricted £	Restricted £	Total 2022 £
Income and Endowments from:				
Donations and legacies	2	94,622	-	94,622
Charitable activities	3	12,507	1,470,107	1,482,614
Other trading activities	6	126,034	1,302	127,336
Investment income	4	217	-	217
Other income	7	18,573	-	18,573
Total Income		<u>251,953</u>	<u>1,471,409</u>	<u>1,723,362</u>
Expenditure on:				
Charitable activities	8	<u>(296,225)</u>	<u>(262,760)</u>	<u>(558,985)</u>
Total Expenditure		<u>(296,225)</u>	<u>(262,760)</u>	<u>(558,985)</u>
Net (expenditure)/income		(44,272)	1,208,649	1,164,377
Gross transfers between funds		<u>1,394,142</u>	<u>(1,394,142)</u>	<u>-</u>
Net movement in funds		1,349,870	(185,493)	1,164,377
Reconciliation of funds				
Total funds brought forward		<u>295,981</u>	<u>341,764</u>	<u>637,745</u>
Total funds carried forward	18	<u><u>1,645,851</u></u>	<u><u>156,271</u></u>	<u><u>1,802,122</u></u>

The notes on pages 12 to 24 form an integral part of these financial statements.

Aurora Wellbeing Centres

(Registration number: 1166462)
Balance Sheet as at 31 March 2023

	Note	2023 £	2022 £
Fixed assets			
Tangible assets	13	1,512,317	1,515,904
Current assets			
Debtors	14	75	23,105
Cash at bank and in hand	15	392,545	546,272
		392,620	569,377
Creditors: Amounts falling due within one year	16	(142,569)	(283,159)
Net current assets		250,051	286,218
Net assets		1,762,368	1,802,122
Funds of the charity:			
Restricted income funds			
Restricted funds	18	196,229	156,271
Unrestricted income funds			
Unrestricted funds		1,566,139	1,645,851
Total funds	18	1,762,368	1,802,122

The financial statements on pages 8 to 24 were approved by the trustees, and authorised for issue on 27-9-23 and signed on their behalf by:


Sarah Hall
Trustee

Aurora Wellbeing Centres

Cash Flow Statement for the Year Ended 31 March 2023

	Note	2023 £	2022 £
Cash flows from operating activities			
Net cash (expenditure)/income		(39,754)	1,164,377
Adjustments to cash flows from non-cash items			
Depreciation		104,635	100,587
Investment income	4	<u>(691)</u>	<u>(217)</u>
		64,190	1,264,747
Working capital adjustments			
Decrease/(increase) in debtors	14	23,030	(20,020)
Decrease in creditors	16	(4,757)	(14,711)
(Decrease)/increase in deferred income		<u>(135,833)</u>	<u>135,833</u>
Net cash flows from operating activities		<u>(53,370)</u>	<u>1,365,849</u>
Cash flows from investing activities			
Interest receivable and similar income	4	691	217
Tangible fixed assets	13	(101,048)	(1,387,348)
Sale of tangible fixed assets		<u>-</u>	<u>14,555</u>
Net cash flows from investing activities		(100,357)	(1,372,576)
Cash flows from financing activities			
loans and borrowings	16	<u>-</u>	<u>120,000</u>
Net (decrease)/increase in cash and cash equivalents		(153,727)	113,273
Cash and cash equivalents at 1 April		<u>546,272</u>	<u>432,999</u>
Cash and cash equivalents at 31 March		<u><u>392,545</u></u>	<u><u>546,272</u></u>
Reconciliation of net cash flow to movement in net funds			
(Decrease)/increase in cash		(153,727)	113,273
Net funds at 1 April 2022		<u>546,272</u>	<u>432,999</u>
Net funds at 31 March 2023		<u><u>392,545</u></u>	<u><u>546,272</u></u>

All of the cash flows are derived from continuing operations during the above two periods.

Aurora Wellbeing Centres

Notes to the Financial Statements for the Year Ended 31 March 2023

1 Accounting policies

Statement of compliance

The financial statements have been prepared in accordance with the second edition of the Charities Statement of Recommended Practice issued in October 2019, the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011.

Basis of preparation

Aurora Wellbeing Centres meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The financial statements have been prepared on a going concern basis.

The trustees assess whether the use of going concern is appropriate i.e. whether there are any material uncertainties related to events or conditions that may cast significant doubt on the ability of the charity to continue as a going concern. The trustees make this assessment in respect of a period of one year from the date of approval of the financial statements.

The trustees have assessed that no material uncertainties exist.

Income and endowments

Voluntary income including donations, gifts, legacies and grants that provide core funding or are of a general nature is recognised when the charity has entitlement to the income, it is probable that the income will be received and the amount can be measured with sufficient reliability.

Donations and legacies

Donations and legacies are recognised on a receivable basis when receipt is probable and the amount can be reliably measured.

Grants receivable

Grants are recognised when the charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Deferred income

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which, it has been received. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions which must be met before the charity has unconditional entitlement.

Gift aid

Incoming resources from tax reclaims are included in the Statement of Financial Activities at the same time as the gift to which they relate.

Aurora Wellbeing Centres

Notes to the Financial Statements for the Year Ended 31 March 2023 (continued)

Investment income

Dividends are recognised once the dividend has been declared and notification has been received of the dividend due.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregates similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Charitable activities

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Government grants

Government grants are recognised at the fair value of the asset received or receivable when there is reasonable assurance that the grant conditions will be met and the grants will be received.

A grant that specifies performance conditions is recognised in income when the performance conditions are met. Where a grant does not specify performance conditions it is recognised in income when the proceeds are received or receivable.

A grant received before the recognition criteria are satisfied is recognised as a liability.

Taxation

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets costing £500.00 or more are initially recorded at cost.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

Asset class	Depreciation method and rate
Computer equipment	33.3% straight line
Furniture and equipment	20.0% straight line
Leasehold improvements	straight line over the remaining life of the lease
Virtual Museum	20% straight line

Aurora Wellbeing Centres

Notes to the Financial Statements for the Year Ended 31 March 2023 (continued)

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Borrowings

Interest-bearing borrowings are initially recorded at fair value, net of transaction costs. Interest-bearing borrowings are subsequently carried at amortised cost, with the difference between the proceeds, net of transaction costs, and the amount due on redemption being recognised as a charge to the over the period of the relevant borrowing.

Interest expense is recognised on the basis of the effective interest method and is included in interest payable and similar charges.

Borrowings are classified as current liabilities unless the has an unconditional right to defer settlement of the liability for at least twelve months after the reporting date.

Fund structure

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Designated funds are unrestricted funds and resources set aside for specific purposes at the discretion of the trustees.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Aurora Wellbeing Centres

Notes to the Financial Statements for the Year Ended 31 March 2023 (continued)

Pensions and other post retirement obligations

The charity operates a defined contribution pension scheme for employees. The assets of the scheme are held separately from those of the charity. Pension costs charges in the Statement of Financial Activities represent the contributions payable by the charity during the year.

2 Income from donations and legacies

	Unrestricted General £	Total 2023 £	Total 2022 £
Donations and legacies;			
Donations from companies, trusts and similar proceeds	21,069	21,069	13,491
Gift aid reclaimed	1,365	1,365	993
Government grants	6,235	6,235	64,984
Other income from donations and legacies	28,857	28,857	15,154
	<u>57,526</u>	<u>57,526</u>	<u>94,622</u>

3 Income from charitable activities

	Unrestricted funds General £	Restricted funds £	Total 2023 £	Total 2022 £
Restricted grants	-	282,695	282,695	1,470,107
Premises income	10,445	-	10,445	2,307
Sundry income	99	-	99	10,200
	<u>10,544</u>	<u>282,695</u>	<u>293,239</u>	<u>1,482,614</u>

4 Investment income

	Unrestricted funds General £	Total 2023 £	Total 2022 £
Interest receivable and similar income;			
Interest receivable on bank deposits	691	691	217

Aurora Wellbeing Centres

Notes to the Financial Statements for the Year Ended 31 March 2023 (continued)

5 Grants and donations

	Unrestricted funds £	Restricted funds £	Total funds 2022 £
National Lottery Heritage Fund	-	82,875	82,875
Nottinghamshire County Council	2,235	-	2,235
Bassetlaw CCG (Sheffield)	-	120,000	120,000
Gift Aid	1,365	-	1,365
Groundwork	3,773	-	3,773
Thorseby Trust	1,000	-	1,000
Doncaster BC	4,000	8,559	12,559
Foundation donor	-	25,000	25,000
ANON	-	12,500	12,500
Garfield Weston Foundation	13,334	-	13,334
Energy Savvy	1,962	-	1,962
Rotary Club Retford	1,000	-	1,000
Primary Care Network	-	27,322	27,322
Sundry donations	28,857	6,439	35,296
	<u>57,526</u>	<u>282,695</u>	<u>340,221</u>

6 Income from other trading activities

	Unrestricted funds General £	Restricted funds £	Total funds 2022 £	Total 2022 £
Trading income;				
Shop income from sale of donated goods and services	36,906	-	36,906	17,908
Sales of goods and services	68,013	-	68,013	38,845
Other trading income	58,215	-	58,215	24,337
Local fundraising and street collection income	29,806	731	30,537	46,246
	<u>192,940</u>	<u>731</u>	<u>193,671</u>	<u>127,336</u>

7 Other income

Other income in the previous period comprised CJRS (furlough) funding of £18,573.

Aurora Wellbeing Centres

Notes to the Financial Statements for the Year Ended 31 March 2023 (continued)

8 Expenditure on charitable activities

	Unrestricted funds		Restricted funds	Total 2023	Total 2022
	General	Designated			
	£	£	£	£	£
Advertising & promotion	2,598	-	430	3,028	2,659
Bank charges	4,189	-	-	4,189	2,466
Beauty therapy	13,930	-	-	13,930	5,735
Cafe supplies	18,293	-	-	18,293	6,184
Casual staff wages	8,324	-	1,460	9,784	5,794
Computer costs	2,322	-	497	2,819	7,792
Subscriptions	358	-	-	358	204
Irrecoverable VAT	3,415	-	-	3,415	-
Equipment, furniture & events	8,722	-	3,136	11,858	3,773
Fundraising & events	4,340	-	28	4,368	740
Hospitality & refreshments	78	-	659	737	308
Insurances	3,347	-	-	3,347	1,435
Licences & permits	892	-	20	912	338
Premises expenses	5,822	-	81	5,903	2,925
Printing, postage & stationery	3,002	-	198	3,200	3,661
Professional fees	17,840	-	48,062	65,902	56,071
Rent, rates, water & refuse	8,348	-	-	8,348	12,258
Rent & storage	193	-	-	193	-
Staff travel	150	-	17	167	157
Telephone	4,795	-	1,459	6,254	6,400
Training	440	-	1,200	1,640	2,531
Transport costs	-	-	140	140	73
Loss on disposal of fixed assets	-	-	-	-	14,555
Volunteer expenses	936	-	132	1,068	538
Wages, NI & pension	146,911	-	146,323	293,234	321,776
Depreciation	6,626	98,009	-	104,635	100,587
Utilities	17,029	-	-	17,029	-
Refunds	130	-	-	130	25
	<u>283,030</u>	<u>98,009</u>	<u>203,842</u>	<u>584,881</u>	<u>558,985</u>

9 Net incoming/outgoing resources

Net (outgoing)/incoming resources for the year include:

	2023	2022
	£	£
Depreciation of fixed assets	<u>104,635</u>	<u>100,587</u>

Aurora Wellbeing Centres

Notes to the Financial Statements for the Year Ended 31 March 2023 (continued)

10 Staff costs

The aggregate payroll costs were as follows:

	2023 £	2022 £
Staff costs during the year were:		
Wages and salaries	278,114	305,775
Social security costs	11,076	11,869
Pension costs	4,044	4,132
	<u>293,234</u>	<u>321,776</u>

The monthly average number of persons (including senior management team) employed by the charity during the year was as follows:

	2023 No	2022 No
Average number of employees	<u>23</u>	<u>25</u>

11 (2022 - 13) of the above employees participated in the Defined Contribution Pension Schemes.

Contributions to the employee pension schemes for the year totalled £4,044 (2022 - £4,132).

During the year, the charity made redundancy and/or termination payments which totalled £Nil (2022 - £9,000).

No employee received emoluments of more than £60,000 during the year

The total employee benefits of the key management personnel of the charity were £43,114 (2022 - £55,314).

11 Independent Examiner fees

During the period, the fees payable (excluding VAT) to the charity's independent examiner (2022: auditor) are analysed as follows:

	2023 £	2022 £
Auditing	-	4,000
Independent Examination	1,210	-
	<u>1,210</u>	<u>4,000</u>

12 Taxation

The charity is a registered charity and is therefore exempt from taxation.

Aurora Wellbeing Centres

Notes to the Financial Statements for the Year Ended 31 March 2023 (continued)

13 Tangible fixed assets

	Furniture and equipment £	Computer equipment £	Leasehold improvements £	Virtual Museum £	Total £
Cost					
At 1 April 2022	58,793	10,578	1,475,706	130,117	1,675,194
Additions	2,465	-	98,583	-	101,048
At 31 March 2023	61,258	10,578	1,574,289	130,117	1,776,242
Depreciation					
At 1 April 2022	47,098	7,658	77,755	26,779	159,290
Charge for the year	5,166	1,460	71,986	26,023	104,635
At 31 March 2023	52,264	9,118	149,741	52,802	263,925
Net book value					
At 31 March 2023	8,994	1,460	1,424,548	77,315	1,512,317
At 31 March 2022	11,695	2,920	1,397,951	103,338	1,515,904

14 Debtors

	2023 £	2022 £
Trade debtors	75	19,205
Prepayments	-	360
Other debtors	-	3,540
	75	23,105

15 Cash and cash equivalents

	2023 £	2022 £
Cash on hand	410	410
Cash at bank	392,135	545,862
	392,545	546,272

Aurora Wellbeing Centres

Notes to the Financial Statements for the Year Ended 31 March 2023 (continued)

16 Creditors: amounts falling due within one year

	2023 £	2022 £
Trade creditors	11,507	13,839
Other loans	120,000	120,000
Other taxation and social security	8,135	7,381
Other creditors	2,927	6,106
Deferred income	-	135,833
	<u>142,569</u>	<u>283,159</u>

The £120,000 is an interest free loan from Bassetlaw District Council, repayable in full on 31/12/2023.

17 Obligations under leases and hire purchase contracts

The total value of future minimum lease payments was as follows:

	2023 £	2022 £
Within one year	1,512	1,512
In two to five years	-	1,512
	<u>1,512</u>	<u>3,024</u>

Aurora Wellbeing Centres

Notes to the Financial Statements for the Year Ended 31 March 2023 (continued)

18 Funds

	Balance at 1 April 2022 £	Incoming resources £	Resources expended £	Transfers £	Balance at 31 March 2023 £
Unrestricted funds					
<i>General</i>					
General	1,645,851	261,701	(283,030)	(1,560,246)	64,276
<i>Designated</i>					
Heritage Assets fund	-	-	(98,009)	1,599,872	1,501,863
Total unrestricted funds	<u>1,645,851</u>	<u>261,701</u>	<u>(381,039)</u>	<u>39,626</u>	<u>1,566,139</u>
Restricted funds					
Prostate Programme	1,878	37,500	(27,171)	-	12,207
Doncaster SY Projects	3,930	-	(3,930)	-	-
Flood Disaster Project	17,016	-	(2,282)	-	14,734
DRI Beauty (legacy fund)	17,719	-	-	(377)	17,342
Fitness & Nutrition Programme	3,893	2,930	(2,238)	-	4,585
Treatment Packages (local giving)	2,014	-	-	(2,014)	-
Be Energy Smart (CAB)	1,962	-	-	(1,962)	-
Kick Start	1,225	2,209	(2,518)	(916)	-
Public Health Doncaster	24,415	6,969	(23,236)	916	9,064
LWABC	82,219	150,943	(94,865)	-	138,297
Heritage Project	-	82,875	(47,602)	(35,273)	-
Total restricted funds	<u>156,271</u>	<u>283,426</u>	<u>(203,842)</u>	<u>(39,626)</u>	<u>196,229</u>
Total funds	<u>1,802,122</u>	<u>545,127</u>	<u>(584,881)</u>	<u>-</u>	<u>1,762,368</u>

The transfer from the Heritage fund to the Designated fund represents the net book value of fixed assets, the use of which is not subject to any restriction.

Other transfers reflect the release of any restrictions on the use of these funds.

Aurora Wellbeing Centres

Notes to the Financial Statements for the Year Ended 31 March 2023 (continued)

The specific purposes for which the funds are to be applied are as follows:

The Heritage Assets (designated) fund comprises the Building and Virtual Museum.

The Prostate Programme (sponsored by Charity Aid Foundation donor) - will continue to offer all males with a prostate cancer diagnosis to attend the Worksop centre to participate in an Aurora Prostate Cancer Exercise and support group.

The Doncaster SY is specifically for support in the Doncaster area.

The Flood Disaster Project South Yorkshire Community Foundation - the project provides targeted emotional support to people affected by devastated by the flooding offering wellbeing and mindfulness classes via a helpline and workshops.

DRI Beauty (legacy fund) We offer beauty, hair and holistic services at our Doncaster Royal Infirmary (DRI) We also offer a wig library and support service.

Fitness & Nutrition Programme - This new group was launched in September 2022 to support cancer patients to be proactive in their recovery.

Treatment Packages (local giving) to provide free treatment packages for cancer patients.

Be Savvy Be Energy smart CAB programme - this programme's funding is now complete and balance transferred into the general funds of the charity. The aim of the project was to support vulnerable clients affected by poverty with their energy bills to provide advice and support at a casework level.

Kickstart: Aurora took part in the Department of Work and Pensions (DWP) scheme that was created as the Kickstart Scheme which allows employers and gateways to bid for grant funding to create new employment opportunities for the public benefit based on eligibility criteria specified by DWP (Kickstart Scheme).

Living With and Beyond Cancer programme (LWaBC) supported by the Bassetlaw CCG replaced the Macmillan Bassetlaw funding. This programme is delivered at our Worksop Centre. This continues to enable local people to access Wellbeing Practitioners on a one to one basis, offering 1:1 assessments to form a plan of support for individuals and with an extensive support offer and information.

The National Lottery Heritage Fund (NLHF) relates to the application to fund extensive refurbishments work to enable the building in Worksop to be transformed in keeping with its original character and to explore Heritage, Health and Wellbeing via various activities.

Public Health Doncaster: Aurora received funding for a year from Public Health in Doncaster to develop a project to provide a low cost, service specific, emotional and advocacy support service for local people with cancer, that works with existing services and specifically focuses on the very early stage of a possible cancer journey (pre diagnostic) and the end of treatment phase (false summit).

Aurora Wellbeing Centres

Notes to the Financial Statements for the Year Ended 31 March 2023 (continued)

	Prior year				Balance at
	Balance at 1	Incoming	Resources	Transfers	31 March
	April 2021	resources	expended		2022
	£	£	£	£	£
Unrestricted funds					
<i>General</i>					
General	295,981	251,953	(296,225)	1,394,142	1,645,851
Restricted					
Prostate Programme	1,703	25,000	(24,825)	-	1,878
Doncaster SY Projects	4,370	-	(440)	-	3,930
Flood Disaster Project	19,904	-	(2,888)	-	17,016
DRI Beauty (legacy fund)	21,727	-	-	(4,008)	17,719
Fitness & Nutrition Programme	5,278	4,000	(5,385)	-	3,893
Treatment Packages (local giving)	2,014	-	-	-	2,014
Be Energy Smart (CAB)	1,962	-	-	-	1,962
Kick Start	-	11,930	(10,705)	-	1,225
Public Health Doncaster	-	60,495	(36,080)	-	24,415
LWABC	63,177	146,735	(128,093)	400	82,219
Heritage Project	214,841	1,223,249	(54,344)	(1,383,746)	-
Be Cancer Safe (Cancer Alliance)	400	-	-	(400)	-
Aurora Positive You (Masonic)	6,388	-	-	(6,388)	-
Total restricted funds	<u>341,764</u>	<u>1,471,409</u>	<u>(262,760)</u>	<u>(1,394,142)</u>	<u>156,271</u>
Total funds	<u>637,745</u>	<u>1,723,362</u>	<u>(558,985)</u>	<u>-</u>	<u>1,802,122</u>

19 Analysis of net assets between funds

	Unrestricted			2023
	General	Designated	Restricted	Total funds
	£	£	£	£
Tangible fixed assets	10,454	1,501,863	-	1,512,317
Current assets	196,391	-	196,229	392,620
Current liabilities	<u>(142,569)</u>	<u>-</u>	<u>-</u>	<u>(142,569)</u>
Total net assets	<u>64,276</u>	<u>1,501,863</u>	<u>196,229</u>	<u>1,762,368</u>

Aurora Wellbeing Centres

Notes to the Financial Statements for the Year Ended 31 March 2023 (continued)

20 Benefits in kind

Bassetlaw District Council and Aurora Wellbeing Centres have signed a 25 year lease for a peppercorn rent from 20/8/18 for the land and building known as the former Central Library, Memorial Avenue, Worksop.

21 Trustees remuneration and expenses

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year or during the previous period.

No trustees have received any reimbursed expenses or any other benefits from the charity during the year or during the previous period.

