SHALLAL

England & Wales · Charity number 1166404

Details

Status	Registered
Legal form	CIO
Registered	2016-04-07
Register	View on the Charity Commission register

Contact

Address	7-9 High Cross Street St. Austell Cornwall PL25 4AB
Phone	07442506065
Email	admin@shallal.org.uk
Website	www.shallal.org

Activities

Objects: OBJECTS.THE CHARITY'S OBJECTS ("THE OBJECTS") ARE TO PROMOTE, MAINTAIN, IMPROVE AND ADVANCE EDUCATION AND TO PRESERVE AND PROTECT HEALTH, PARTICULARLY BY PROVIDING ACCESS TO AND INVOLVEMENT IN THE PERFORMING ARTS, INCLUDING THE ARTS OF DANCE, THEATRE, MUSIC, VISUAL ARTS, FILM, COSTUME, PHOTOGRAPHY, SCULPTURE, WRITING AND THEATRE TECHNICAL SKILLS BY A WIDE RANGE OF THE COMMUNITY, ESPECIALLY THOSE WHO NEED A SUPPORTIVE ENVIRONMENT.

Activities: Promote, maintain, improve and advance education and to preserve and protect health particularly by providing access to and involvement in the performing arts including the arts of dance, theatre, music, visual arts, film, costume, photography, sculpture, writing and theatre technical skills by a wide range of the community, especially those who need a supportive environment.

Classification

- **How:** Provides Human Resources, Provides Services
- **What:** Education/training, Disability, Arts/culture/heritage/science
- **Who:** Children/young People, Elderly/old People, People With Disabilities, The General Public/mankind

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Geography

- Cornwall

Finances

Period end	Income	Expenditure	Assets	Employees
2025-08-31	£147,056	£138,769	-	-
2024-08-31	£203,261	£200,440	-	-
2023-08-31	£234,876	£261,072	-	-
2022-08-31	£222,380	£234,824	-	-
2021-08-31	£234,824	£234,654	-	-
2020-08-31	£184,707	£123,069	-	-

Trustees

Name	Role	Appointed
Elizabeth Joy Tomos		2023-10-05
Henrietta Mary Boex		2016-04-07
Jilly Francesca Hellerman		2025-10-17
Mary Godwin		2024-06-07
NICHOLAS DAVID FRIPP		2016-04-07
Samantha Jane Avery		2025-10-17

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SHALLAL

England & Wales - Charity number 1166404

Accounts

Shallal

Annual Report 2023 - 2024



Charity Registration No: 1166404

Patron Robert Fripp

www.shallal.org

Admin@shallal.org.uk

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1. Introduction

This annual report tells the reader about the achievements of Shallal, its participants and facilitators, in the last year and how the money has been spent.

If you are new to Shallal you may be interested in the information at the end of the document which tells you about what Shallal exists to do.

The main Annual Report contains reports and celebrations from our Chair, our Creative Director and from some of our facilitators.

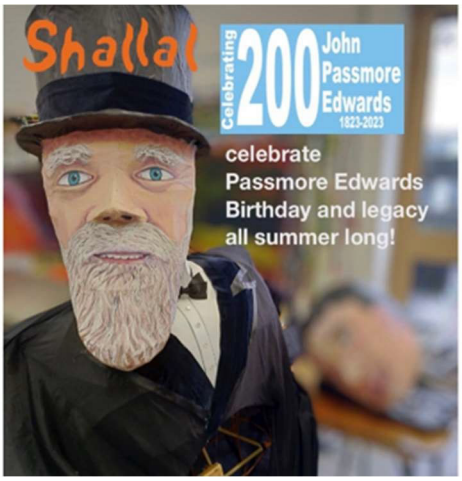
2. Chair's Report from Henrietta Boex

Another busy year for Shallal with lots of comings and sadly a few goings. We say goodbye and good luck to facilitators Lou Brett and Phoebe Barnicoat who have embarked on their new venture Co-Motion. They have brought so much to Shallal over the last few years and helped us to diversify and explore wider horizons. We look forward to future collaborations with them. I am grateful to my fellow trustees for their ongoing support and wish to thank Barry Cooper and Lizzie Dennison who have stepped down this year and to welcome Mary Godwin and Elizabeth Tomas who bring a diversity of skills to the Board.

As ever I must thank the ongoing support of our funders Henry Smith Charity, Arts Council England, Cornwall Council, Postcode Local, Claire Milne Trust and Ashley Family Foundation as well as the generosity of smaller grants and individual philanthropists. The funding landscape is not getting any easier, but I am convinced that Shallal is such a worthwhile organisation that helps to improve the wellbeing and happiness of on average 120 people a week across Cornwall and many more if you take into account friends and family and those that come to our sharing events. How great that we are in Liskeard, St Austell, Newquay, Falmouth, Penzance, Newlyn and have a centrally accessible studio at Krowji in Redruth. This geographical spread enables a very rich exchange of ideas and practice which is born witness by the calendar of events at Appendix A and also the reports from our Lead Facilitators that follow this.

And with that in mind my chief thanks go to those without whom Shallal would not exist and who among them do all the hard work. Namely the Creative Director, Jo Willis and other tireless lead and assistant facilitators, artists and volunteers including (in no particular order) Colin Curbishley, Janice Schneider, Lois Taylor, Debbie O'Nyons, Kerry Tomlins, Amy Lawrence, Demelza Rouncefield , Becky Watson, Jo Lumber, Star, George Bradley Peer and of course all the wonderful, creative members themselves. Thank you to one and all and onward and upward.

3. Shallal Report from Jo Willis, Creative Director.



It was a wonderful year for a range of events with many glorious creative crossovers. The forefront being the Tate commission for their Winter Festival, 'Connecting Forms', and the DIY Fashion Show. These were real windows into Shallal's multi-talented, multi-faceted artists and teams.

We continued celebrating Passmore Edwards with a performance at Blackwater Village Hall, his home village. We then started what we hope will become annual birthday celebrations, featuring our 'Passing on Passmore Pasty of Gratitude' cards to initiatives reflecting his supportive contemporary ethos in our local communities.

In the DIY Fashion Show Zoe Wilton achieved a long-held dream of seeing her fashion designs realised and enjoyed, and everyone's work shone. Congratulations to all who made it possible.

In this past year much was established and consolidated and then much has changed. In mid-2024 Lou and Phoebe left, moving onto other things including developing their Co-motion projects CIC. Before leaving some of the highlights Shallal Studio delivered were the highly successful DIY Fashion Show, training day at Tate, and Hospital Rooms commission for artist Janet Holland. We are so grateful for all their input, too many achievements to list them all, but they include a big thank you for our new website, creating fascinating multi-faceted projects and Lou's consistent bid-writing skills. They shared and established so much, and increased opportunities and partnerships, we look forward to working with them in their new CIC.

Janice established the arts festival Chill Out tent and led on three outreach projects, Project Arts Lab to Curnow School with Demelza, Shallal Sketchbooks and Get Changed Theatre Company with Kerry Tomlins.

As always everything only happens with the dedicated vision and energy of all the facilitators and associate artists, making opportunities, seeing possibilities, and caring for the relationships and visibility of all the artists. This dedication has enabled us to continue to deliver through a brief barren funding patch for a few groups.

Behind the scenes:

The trustees have been working on the transparency and voice of the participants being heard easily throughout the organisation, not just in the groups, firstly through regular visioning and now Members meetings and inviting Zoe Wilton and David Willoughby in exploratory member trustee roles. Zoe and David have vast experience of most of the areas of Shallal. Welcome to trustees Elizabeth Tomos and Mary Godwin both of whom have a lot to offer. Thank you to Lizzie Dennison and the opportunities she enabled for us.

I am slightly overwhelmed with picking out what to talk about it, I point you to our NEWS section on our website, our social media and i can't even keep up on our blog anymore. It was a joy to have Bobby work with us on marketing and publicity and her skills have left us better than before.

We managed to maintain our outreach to Newquay and St Austell. We listen to the people we work with and changed the Dance to Art and Movement in Newquay. We are glad to meet and begin to work with dance artists Ishita Raina and Hannah Jacobs and to have had artist Bunny Ladd's support.

Thank you to the trustees for being hands-on and supportive through background changes and as always to everyone who makes it possible. Symbiotic is the way I often used to describe Shallal, many of us find it mutually fulfilling, and it's fun when friends return and when new people find us. We are in it for the long haul. I have watched people wait years to free their timetables to come along to a group and then never leave.

I have recently enjoyed covering a Studio art group, we all continue to learn. Creativity and community is not an option, it's a necessary way, especially in these times.

I realised more than ever this year that my love and main interest is in community arts with opportunities, raising the glass ceiling, enabling talented artists to be seen, appreciated, enabling people to access the arts and not be deferred by cost, to share the joy and beauty of working together aspiring to equity, and celebrating.

So many people make up Shallal, all important, and I just want to mention and pay tribute to Lily's mum Nicky Harvey, who died suddenly this year, she supported Lily's creativity enabling her to join in on zoom from their home in Spain, she wrote two short children's stories for us and was such an enthusiast and support for Shallal, having said I can't blog I will put the rest there.

Highlights: Rolling around making marks on paper on the floor leading to dancing to Matt Thomason's music with the background of the sea at Tate St Ives, watching the audience reactions to 'spontaneous response' performances, hanging bright cheerful exhibitions in community spaces and more, and the weekly meet ups which underpin it all.

Thank You All.

4. Report from Colin Curbishley.

The year kicked off at the Main Company with a 'grand do' in honour of Katherines 80th Birthday at which various members performed a party piece.

The year-long celebrations of Passmore Edwards bicentenary continued with several more outings of the puppets. At the opening of The Ladder they were introduced to royalty, namely the Duchess of Gloucester who watched a short performance and chatted to people. Shallal Main Company joined forces with Shallal 2 for Passmore's birthday in Falmouth Art Gallery in a performance of 'Moving On' but the puppets did make further appearance in a parade on Mazey Day in Penzance.

Personally, that marked my return to activity after a hip replacement earlier in June and came not a moment too soon for me. My favourite performance of the year was at Tate St Ives 'Winter Festival' in the amazing, curved gallery that looks out over Porthmeor. It featured the 4-metre-high collaborative paintings we did inspired by a visit to the Barbara Hepworth Museum sculpture garden, with a focus on her biggest work called 'Single Form'. We were very well looked after by Tate staff on all our visits and look forward to more collaborations.

This was the sixth year of the Henry Smith charity funding all the Shallal community groups including weekly Studio sessions plus the weekly Dance and Art Connection sessions on Zoom. We have now put in our third and final 3-year funding bid to them with a decision due in October 2024.

One of the Express Yourself/Friends and Dancing participants, David W has been given an opportunity at the Dracaena Centre to sing and tell stories to a children's group. He has also taken on a new trial position in Shallal as a 'Member Trustee', both of these roles he's very excited and proud about. Deb's and I have been receiving fantastic help in setting up the space for the art group from Peter K a long standing member of various Shallal groups...thanks Pete.

We took the groups to the Shallal Studio artists fashion show at Princess Pavilions for what was a fantastic display of costumes and models alike, a wonderful celebration of creativity and community with over a hundred people in the audience.

At Open House in Penzance Kerry has been running engaging and fun sessions that have inspired a few of the community group participants to try out the Main Company.

This progression pathway is something we offer to anyone who aspires to join a performance company and has been very successful over the years, long may it continue.

I send a heartfelt thanks to all the trustees who are dedicated to helping Shallal thrive and supporting the constant driving force of our brilliant Creative Director/Benevolent Dictator Jo Willis. Here's to another year of co-creative endeavours

5. Sketchbooks by Janice Schneider



In the Autumn of 2023 Shallal Sketchbooks were showcased at the Krowji Christmas Open Studios, creating a wonderful exhibition. We were delighted to welcome many visitors who looked through the diverse range of creative work. Several visitors signed up for a sketchbook and discovered the other vibrant Shallal groups in our community.

In the winter, we were thrilled to bring Shallal Sketchbooks to a new and exciting venue at The Ladder in Redruth. Although the space was still undergoing

extensive renovations to fully resource it for rehearsal, performance, co-working, and artist residencies, it provided a unique and evolving environment for our group (‘The Writers Block’ area proved very inspiring). Armed with blankets and hot drinks participants joined us monthly, delving into their own creative journeys developing creative ideas and discovering new techniques. The format of the sketchbook project continues to show its profound impact on participants' health and wellbeing, also fostering new connections beyond the sessions themselves.

Following the success of the project at a community hub in Perranporth Newquay, we expanded to another community hub and food bank in Callington, East Cornwall. Running weekly throughout January 2024, these consecutive sessions were invaluable in building confidence among participants. Feedback was overwhelmingly positive, with partners at the hub noting how clients who would typically shy away from such activities were eager to join in, many asking for more sessions. Once again, the format of the project and the freedom to explore, whilst being supported to develop their own creative path proved key. While hosting the sessions in a community hub and food kitchen presented some challenges, it made the experience accessible and surrounded participants with partners who could offer additional services when needed. This hub was incredibly supportive and would greatly benefit from more sessions in the future.

By spring, we returned to Shallal Studio at Krowji, where we continue to hold monthly sessions. Many of the core group from The Ladder still join us, alongside new faces. We've also introduced a blended session format, offering participation via Zoom during the studio time. Although this can shift the group dynamics a bit, it's been embraced with enthusiasm, allowing even more people to engage in the project.

This has truly been an incredible project that has touched individuals on such a personal level, and I’ve deeply enjoyed working with everyone involved. The sense of community, creativity, and connection has been nothing short of inspiring.

6. St Austell Community Dance Improvisation Group Janice Schneider /Demelza Rouncefield

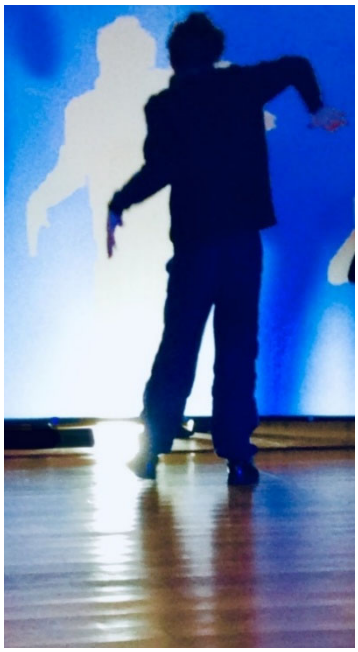




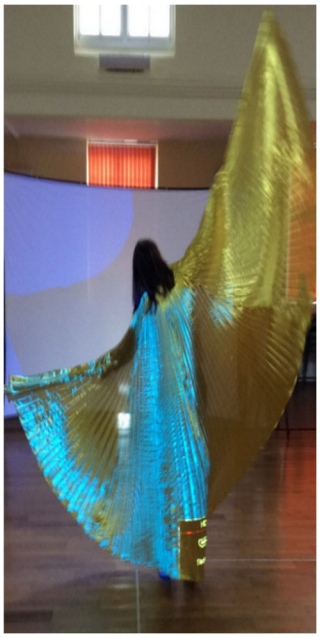
The Autumn term 2023 saw our group move to a new venue that proved very exciting for the participants. A very welcoming dedicated dance studio space (Studio4) with café facilities, based in the centre of St Austell.

The participants had gained in confidence following the 'Pop Up' Impromptu performance at The Festival on the Beach earlier in the year (Outreach connection with the Prodigal Theatre & The UPG Team). The group were very keen to work towards more performance opportunities. In the fortnightly sessions we continued to explore dance theatre ideas and participant led creative prompts. Quirky music and props became a regular feature as the group were establishing their own identity. The numbers remained small but stable between 5-10, however awareness of the group had started to grow in the community and interest was building. The group members had established a strong bond and were proactively encouraging others to join and supported each other to attend. Although the group is not running at present there are ongoing enquiries and interest for a group in St Austell, and we hope to relaunch at some stage.

7. Newquay Art and Movement Community Dance Improvisation Group Janice Schneider/Julie and Becky Watson







At the request of the local community a new Newquay Art and Movement group was launched. The sessions were run monthly. The aim was to use a new approach and blend the session using visual art ideas and dance improvisation.

We explored and experimented with large gestural work / Matisse inspired cut outs / light and Shadow theatre, as well as projection and movement. It was clear that the group were growing in confidence and enjoying the combination of art and movement in this format. Individual participants were proactive in initiating ideas for the group to respond to. Great music and great fun was had by all as well as producing some very creative work. Very much participant led and one group member with support needs had the role of associate artist support and contributed to warm up sessions and joined us on the zoom planning meetings with creative ideas. Although the group is not running at present there are enquiries and interest for a group in Newquay and we hope to relaunch at some stage.

8. Out There Liskeard by Lois Taylor and Janice Schneider

We have had a full and busy year and also a deeply creative one. We are super pleased with how since Covid we have been able to build and sustain the groups numbers. We now have a core group of 10 participants alongside the 2 facilitators and then many regulars who drop in for different sessions. This year has been very sociable, we have been connecting out with

other groups and artists and joining in creative projects within the community, to open up the work of the group, enrich creative practice and enjoy new people and experiences.

Continuum Dance - We invited Continuum Dance to join one of our sessions. We have done this before and there is a depending of knowledge about each other's work which is lovely. Continuum is a Lostwithiel based group of about 15 women who have been working in improvisation practice together for many years. 12 joined our session, we explored ideas together then each group shared some of the things they have been working on. This offers an exchange of skills and ideas and witnessing and validation of each other's work.

Birds on the branch line - Sally Crabtree - We collaborated with Poet and songster Sally Crabtree in her project with Birds on the branch line. This was a partnership with Artconnexion and funded by Great Western Railways. This inspired us to explore the movement of birds, then in a workshop with Sally she made a song from the groups feelings about being a bird in flight. The group loved the immediacy of the creation of a song filled with their words, and Sally said she was overwhelmed that we had created so much in response to her project.

Danced messages - Another idea we have enjoyed this year is sending danced messages – short films of an improvisation by the group with a message at its heart. We sent a happiness dance message to one member of the group who was poorly and we sent a message "Spread your wings and fly" based on our Birds on the branch line work, to a group of adults with Parkinson's based in Finland and excitingly they sent one back.

Stories of Stuff - We hosted Stories of Stuff – this involved a writer asking us to bring in and talk about an object important to us. She then wove this into a piece of writing. The writing and our objects are now in an exhibition at Liskeard Library. This project was run by The Writers Block. After the workshop with the writer The Story Republic performance group came to one of our sessions, they watched our group improvise that had arisen out of the Stories of Stuff work, they joined in and then they performed some of the stories gathered from over the project for us.

Ideas and sharing them - We always gather ideas from the group to work with and explore, and ideas have included Top Hats, the colour yellow, trains, the spirit of spring and more. We have been particularly happy that one participant has opened up and begun to really participate within the group rather than on the edges and another has been able to share their writing and poetry with our guests on a level as an equal. We have noticed a real development and confidence with one participant in balance and coordination and in another in flow and extension of movement increasing their potential range of movement for expression. We love to share the work we do so as well as sharing them with our guest groups and artists, we have had 2 open sessions for family, guardians and support and friends where share our way of working live and on film.

The little box - This has become a lovely way for every member of the group to lead an idea for the session. It came from the Stories of Stuff project when one participant brought in a little box with something special in it and told how her and her daughter would place surprises in it for each other. We have a little box of our own and each week someone takes

it home and puts something in and can bring it back to the group as a starting point for dance and conversation. So far we have had a Cornish Piskie, a piece of jigsaw, a medal, a poem and some hand printed paper, who knows what else we are going to find to inspire our imaginations!

9. Professional Information

Charity name: Shallal Registered charity number: 1166404

Banker:
CAF Bank Ltd
25 Kings Hill Avenue
Kings Hill
West Malling
Kent ME19 4JQ

Charity's principal address:
7-9 High Cross Street
St Austell
Cornwall
PL25 4AB

Independent Examiner:
Cornwall Community Accountancy Service
The Elms, 61 Green Lane
Redruth, Cornwall
TR15 1LS

10.Names of charity trustees who served in the year:

Henrietta Boex
Nick Fripp
Nigel Pooley
Elizabeth Tomos (appointed 05/11/2023)
Mary Godwin (appointed 07/06/2024)
Barry Cooper (resigned)
Lizzie Dennison (resigned)

11.Charitable Objects (what Shallal is here to do):

Promote, maintain, improve and advance education and to preserve and protect health particularly by providing access to and involvement in the performing arts including the arts of dance, theatre, music, visual arts, film, costume, photography, sculpture, writing and theatre technical skills by a wide range of the community, especially those who need a supportive environment.

12.Shallal aims to:

- Support training opportunities in dance theatre and the arts, particularly for those from disadvantaged or socially excluded groups.
- Enable community integration by engaging across divisions of age, class, ability, disability and cultural background.
- Provide experience of performance and support continuing artistic development.
- Provide flexible access to dance theatre and associated arts through Open House workshops and outreach services
- To further enable and develop outreach and support services appropriate to community needs
- To increase integrated partnership working with other artists, community groups, charities, training and service providers
- To challenge low cultural opportunities for and expectations of people with a range of disadvantages and disabilities wherever we encounter them.
- Shallal means something different to everyone involved. This year we have asked all the people in Shallal to tell us what it means to them. It is important to continue to make sure that members have their say about what is important to them, and we will publish their ideas as part of our aims and values. The aims of Shallal should always be read alongside these views

13.Contribution made by volunteers

Voluntary community-based effort is intrinsic to the way Shallal works, and we envisage building on this. By supporting the development of members' capacity through skills development and training opportunities and events, individuals have been empowered to take on workshop facilitator roles and greater administrative and governance control of the charity.

Throughout the organisation, including the main dance company, in administration, governance and communication, service users are encouraged and enabled to play a full part as volunteers alongside artists and allied professionals. This helps to maximise the impact of the paid staff and facilitators, which in turn enables the organisation to maximise the impact of funding.

It is difficult to include the full extent of time input by volunteers, but the voluntary in-kind contribution is substantial

14.Financial Review

We were successful in securing £234,876 in 2022/2023. In 2023/2024 income reduced to £203,261 mainly due to major grant funding ending. Our expenditure during the 2023/2024 year was £200,440 which is also reduced from the 2022/23 £261,062 figure also as a result of less funded activity. We have recovered from the loss in 22/23 and steadied the ship in terms of total funds carried forward in 2023/24 £54,730 (22/23 £51,909). We thank our donors for their support (see 'incoming resources from charitable activities in the Notes to the Accounts)

which helps us to make a positive difference for our members and participants at the same time as maintaining Shallal's exemplary pursuit of artistic excellence. We continue to pursue more reliable/regular funding for core costs as well as project activity and will be applying to Henry Smith Charity for a further three-years of funding to support our outreach groups. We are grateful to Chris Gardner and Ian Burns for their administrative and financial work for Shallal.

Approved by the Board on 17th June 2025 and signed on its behalf by:



Henrietta Boex, Chair of Trustees

15.Independent Examiner's Report

I report on the accounts of the company for the year ended 31 August 2024 which are set out on pages 15 to 25.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the 2011 Act"). The trustees consider that an audit is not required for this year under section 144(2) of the 2011 Act and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the General Directions given by the Charity Commission under section 145 (5) (b) of the 2011 Act;
- and state whether particular matters have come to my attention.

Basis of independent examiner's report

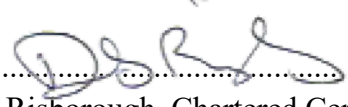
My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1) which gives me reasonable cause to believe that in any material respect the requirements:
   - to keep accounting records in accordance with section 386 of the Companies Act 2006 and section 130 of the 2011 Act; and
   - to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met;

2) or to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



29 June 2025

Debbie Risborough, Chartered Certified Accountant
Cornwall Community Accountancy Service
The Elms, 61 Green Lane,
Redruth, Cornwall TR15 1LS

Date:

16.Statement Of Financial Activities

for the year ended 31 August 2024

	Note	Unrestricted funds 2024 £	Restricted income funds 2024 £	Total funds 2024 £	Prior year funds 2023 £
Income and endowments from:					
Donations and legacies	4	9,927	-	9,927	7,103
Charitable activities	5	24,078	169,184	193,262	227,609
Investments	6	72	-	72	164
Total		34,077	169,184	203,261	234,876
Expenditure on:					
Charitable activities	7	32,183	168,257	200,440	261,072
Total		32,183	168,257	200,440	261,072
Net income/(expenditure) before investment gains/(losses)		1,894	927	2,821	(26,196)
Net gains/(losses) on investments		-	-	-	-
Net income/(expenditure)		1,894	927	2,821	(26,196)
Transfers between funds		(361)	361	-	-
Net movement in funds		1,533	1,288	2,821	(26,196)
Reconciliation of funds:					
Total funds brought forward		7,202	44,707	51,909	78,105
Total funds carried forward		8,735	45,995	54,730	51,909

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities

17.Balance Sheet

As at 31 August 2024

	Note	2024 £	2024 £	2023 £	2023 £
Fixed Assets					
Tangible Assets	11		2,588		3,761
			2,588		3,761
Current Assets					
Debtors	12	14,164		2,000	
Cash at bank and in hand		40,508		60,322	
		54,672		62,322	
Creditors: Amounts falling due within one year	13	(2,530)		(14,174)	
Net current assets			52,142		48,148
Total assets less current liabilities			54,730		51,909
Net assets			54,730		51,909
The funds of the charity:					
Restricted funds			45,995		44,707
Unrestricted funds					
Other reserves		3,761		3,761	
Unrestricted income funds		4,974		3,441	
Total unrestricted funds			8,735		7,202
Total charity funds			54,730		51,909

These accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.
For the year ended 30 June 2022 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.
The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.
The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.
Approved by the Board 17th June 2025 and signed on its behalf by

H.M. Boex

Henrietta Boex, Chair of Trustees

18. Notes to the Accounts

1 Accounting policies

1.1 Basis of accounting

The accounts have been prepared under the historical cost convention and in accordance with:
- Accounting and Reporting by Charities Statement of Recommended Practice, applicable to charities preparing their accounts in accordance with the Financial Reporting Standard, applicable in the UK and Republic of Ireland (FRS102) second edition - October 2019 (effective 1 January 2019);
- the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland
(FRS 102);
- the Companies Act 2006 and
- the Charities Act 2011.

The financial statements are prepared in sterling which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The charity constitutes a public benefit entity as defined by FRS102

1.2 Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to accounts for previous years.

1.3 Fund accounting policy

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Designated funds are amounts that are allocated for specific purposes by the charity itself.

Restricted funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Revaluation funds are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market value.

1.4 Income

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS102 SORP or FRS102.

Items of income are recognised and included in the accounts when all of the following criteria are met:

· the charity has entitlement to the funds;

· any performance conditions attached to the item(s) of income have been met or are fully within the control of the charity;

- there is sufficient certainty that receipt of the income is considered probable; and
- the amount can be measured reliably.

Donations and legacies are voluntary income received by way of donations and gifts. It is included within the accounts when receivable and only when the charity has unconditional entitlement to the income.

Tax reclaims on donations and gifts are included in the accounts at the same time as the gift/donation to which it relates

Donated goods and services are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.

The value of services provided by volunteers is not included within the accounts.

1.5 Resources expended

Liabilities are recognised where there is a legal or constructive obligation committing the charity to the expenditure. All expenditure is accounted for on an accruals basis and includes the attributable value added tax which cannot be recovered.

Grants payable are charged in the year when the offer is conveyed to the recipient except in those cases where the offer is conditional, such grants being recognised as expenditure when the conditions attaching are fulfilled. Grants offered subject to conditions which have not been met at the year-end are noted as a commitment, but not accrued as expenditure.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs are the those costs required to support the charity in carrying out its activities and meeting its objects.

Governance costs include costs associated with meeting the constitutional and statutory requirements of the Charity, including the preparation and examination of the statutory accounts, the costs of trustee meetings and other costs linked to the strategic management of the Charity including the cost of any legal advice to trustees on governance or constitutional matters.

1.6 Tangible fixed assets and depreciation

All assets costing more than £500 are capitalised.

Tangible fixed assets are stated at cost less depreciation.

Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, which is reviewed annually. The rates used are as follows:-

Camera and Music Equipment	- 15% reducing balance
Fixtures and Fittings	- 25% reducing balance
Computer equipment	- 25% straight line

1.7 Taxation

The charity is exempt from corporation tax on its charitable activities.

1.8 Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

1.9 Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

1.10 Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

1.11 Leases

Rentals under operating leases are charged to the statement of financial activities on a straight-line basis over the lease term.

1.12 Statement of cash flows

The charity is exempt from preparing a statement of cash flows on the grounds that it is a small charity

2 Company Status

The charity is a charitable incorporated organisation and has no share capital.
The charity is incorporated in England.
In the event of the charity being wound up, the liability in respect of the guarantee is limited to £nil per member of the charity.
The members of the charity are the trustees named on page 11.

3 Statement of Financial Activities - prior year

	Unrestricted funds 2023 £	Restricted income funds 2023 £	Total funds 2023 £
Income			
Income and endowments from:			
Donations and legacies	6,709	394	7,103
Charitable activities	16,336	211,273	227,609
Investments	164	-	164
Total	23,209	211,667	234,876
Expenditure			
Expenditure on:			
Charitable activities	26,538	234,534	261,072
Total	26,538	234,534	261,072
Net income/(expenditure) before investment gains/(losses)	(3,329)	(22,867)	(26,196)
Net gains/(losses) on investments	-	-	-
Net income/(expenditure)	(3,329)	(22,867)	(26,196)
Extraordinary items			-
Transfers between funds	2,396	(2,396)	-
Other recognised gains/(losses):			
Net movement in funds	(933)	(25,263)	(26,196)
Reconciliation of funds:			
Total funds brought forward	8,135	69,970	78,105
Total funds carried forward	7,202	44,707	51,909

4 Donations and Legacies

	Unrestricted funds	Restricted income funds	Total funds 2024	Prior year funds 2023
	£	£	£	£
Appeals and donations	9,927	-	9,927	7,103
	9,927	-	9,927	7,103

5 Incoming resources from charitable activities

	Unrestricted funds	Restricted income funds	Total funds	Prior year funds
			2024	2023
	£	£	£	£
Grant Income:				
Arts Council	-	47,999	47,999	73,496
Claire Milne Trust	-	10,000	10,000	-
Henry Smith Charity	-	60,000	60,000	60,000
Ashley Family Foundation	-	10,000	10,000	-
Cornwall Council	-	10,000	10,000	15,000
Reaching Communities Emergency Fund	-	-	-	40,678
Post Code Local	-	25,000	25,000	-
Small Grants Under £10K	-	6,000	6,000	21,040
Primary Purpose Trading:				
Workshops Fees	13,389	-	13,389	10,785
Participants fees	10,498	185	10,683	6,610
Artist Sales / Commissions	85	-	85	-
Other charitable income	-	-	-	-
	24,078	169,184	193,262	227,609

6 Investment income

	Unrestricted funds	Restricted income funds	Total funds	Prior year funds
			2024	2023
	£	£	£	£
Interest on cash deposits	72	-	72	163
	72	-	72	163

7 Expenditure on charitable activities

	Unrestricted	Restricted	Total 2024	Prior year 2023
	£	£	£	£
Direct costs				
Facilitator fees	18,013	72,371	90,384	105,659
Artist and performance fees	604	3,944	4,548	12,362
Art materials	128	696	824	2,853
Venue Hire	479	7,204	7,683	7,355
Costume	66	30	96	421
Evaluation	-	5,301	5,301	6,492
Creative Director	1,106	6,448	7,554	10,808
Studio Staff	-	-	-	670
	20,396	95,994	116,390	146,620
Support costs				
Wages and salaries	1,093	16,346	17,439	25,398
Staff training	-	2,440	2,440	104
Rent and rates	1,885	5,926	7,811	7,967
Insurance	631	-	631	626
Equipment repairs and renewals	-	17	17	60
Printing, postage and stationery	-	806	806	887
Subscriptions	63	-	63	100
Sundry expenses	448	1,465	1,913	6,434
Travel and subsistence	2,251	12,975	15,226	18,453
Marketing and Promotion	1,420	17,776	19,196	10,626
Consultancy fees	884	13,912	14,796	39,916
Legal and professional fees	500	600	1,100	598
Bank charges	74	-	74	174
Depreciation	1,173	-	1,173	1,429
Total Support Costs	10,422	72,263	82,685	112,772
Governance Costs				
Accountancy fees	215	-	215	530
The audit or independent examination of the charity's accounts	1,150	-	1,150	1,150
Total Governance Costs	1,365	-	1,365	1,680
Total Charitable Expenditure	32,183	168,257	200,440	261,072

8 Net income/ expenditure

Net income/expenditure is stated after charging:

	2024	2023
	£	£
Auditors' / Examiners' remuneration	1,150	1,150
Depreciation of tangible fixed assets	1,173	1,429

9 Staff costs

The average monthly number of employees during the year was as follows:

	2024	2023
	Number	Number
Staff in charitable activities	1	1
Self employed workers	56	56
Volunteers (nos of people involved excluding Trustees)	50	50

The aggregate payroll costs of these persons were as follows:

	2024	2023
	£	£
Wages and salaries	17,439	25,398
	17,439	25,398
Total employee benefits received by key management personnel	17,439	25,398

No employee received emoluments in excess of £60,000 in either the current or the prior year.

10 Trustees' remuneration and expenses

Trustees received no remuneration, benefits in kind or expenses during the current or prior year.

11 Tangible fixed assets

	Camera and Music Equipment	Fixtures and Fittings	Computer Equipment	Total
	£	£	£	£
Cost				
As at 1 September 2023	2,605	221	4,744	7,570
As at 31 August 2024	2,605	221	4,744	7,570
Depreciation				
As at 1 September 2023	1,228	221	2,360	3,809
Charge for the year	206	-	967	1,173
As at 31 August 2024	1,434	221	3,327	4,982
Net Book Value				
As at 31 August 2024	1,171	-	1,417	2,588
As at 31 August 2023	1,377	-	2,384	3,761

12 Debtors

	2024	2023
	£	£
Trade Debtors	5,164	2,000
Accrued income	9,000	-
	14,164	2,000

13 Creditors: Amounts falling due within one year

	2024	2023
	£	£
Trade creditors	1,115	12,161
Taxation and social security	-	573
Accruals and deferred income	1,415	1,440
	2,530	14,174

17 Analysis of funds

	As at 1 September 2023	Incoming Resources	Resources Expended	Transfers	As at 31 August 2024
	£	£	£	£	£
Restricted Funds					
ACE 23-24	22,846	47,185	(70,031)	-	-
Cornwall Council - Business Manager funding	2,669	10,000	(12,669)	-	-
Cornwall Community Foundation	564	4,000	(4,479)	(85)	-
Henry Smith	2,783	60,000	(55,629)	-	7,154
Knitted together	12,004	12,999	(25,449)	446	-
On Board	-	35,000	-	-	35,000
Small Projects	1,910	-	-	-	1,910
Underworld	1,931	-	-	-	1,931
	44,707	169,184	(168,257)	361	45,995
General Funds					
Unrestricted funds	3,441	34,077	(32,183)	(361)	4,974
Designated funds					
Capital expenditure	3,761	-	-	-	3,761
Total Unrestricted funds	7,202	34,077	(32,183)	(361)	8,735
Total funds	51,909	203,261	(200,440)	-	54,730

18 Net assets by fund

	Unrestricted funds	Restricted income funds	Total funds	Prior year funds
Tangible assets	2,588	-	2,588	3,761
Current assets	8,677	45,995	54,672	62,322
Creditors: Amounts falling due within one year	(2,530)	-	(2,530)	(14,174)
Net Assets	8,735	45,995	54,730	51,909

Appendix A: Calendar of Events Sept 23-August 24

September 2023

2.9.23 Shallal Sketchbooks at the Ladder (each month)

9/10.9.23 Watergate Bay Arts Festival Shallal Chill Out Tent

15.9.23 Shallal Dance Theatre Performance Party Katherines 80th birthday celebration

20.9.23 Tate R&D initial meeting

October 2023

Back Lane West Residency - Anna Willis resident artist

4.10.23 BLW Laura Menzies creative meeting re Tate

10.10.23 Joseph Wheeler exhibition at Proper Job Cafe, County Hall, Truro - July 24

14-15.10.23 BLW Bobby painting

14.10.24 Shallal Studios Zine Launch event at The Ladder, Redruth

16.20.24 BLW 3 George, Steve and Debs cross-arts

18/19.10.23 BLW Shallal Studios set up for Flamm

19.10.23 BLW eco art practice conversation/peer mentoring Jo with Oliver Raymond Barker

20/21.10.23 BLW Shallal Studios Flamm- Janet Holland paintings and in person with dance: Miles, Kerry, Becky, Anna and film by Lou

23.10.24 Shallal Dance Theatre performance for Duchess of Gloucester visit to The Ladder

25.10.24 BLW Eddie and Stuart music/art

28.10.24 BLW Sharing

November 2023

18.11.23 Vision ethos in house training

21-22.11.23 Wildworks residential weekend, Trelowarren Jo and Colin

24.11.23 Shallal Dance Theatre, Passmore Show at Blackwater Village Hall

25-26.11.23 Shallal Dance Theatre Tate Winter Festival - commissioned work

27.11.23 meeting with Chinks Grylls Passmore Edwards contd

30.11.23 Shallal Dance Theatre…George, Dylan and Toby at Scratchnight, Carn to Cove, The Centre, Newlyn

December 2023

2/3.12.23 Shallal Sketchbooks, Krowji Open Studios - Janice

7.12.23 in - house training, collecting skills share

14.12.23 Zoom Shallal Christmas Party

15.12.23 in person Shallal Christmas Party

January 2024

5.1.24 Shallal Dance Theatre Sponsored dance

18.1.24 Jo attended Creative Communities Advisory group, Krowji

20.1.24 Nick Fripp (trustee) and Jo (creative director) meeting with Zoe Wilton and David Willoughby to discuss member trustees trial role

February 2024

7.2.24 Creative Health in the SW - reimagined zoom Jo Attended on zoom

10.2.24 Shallal Training, Footnotes with Oliver West, Redruth

14.2.24 Shallal Studios DIY Fashion Show at `Princess Pavilions, Falmouth, included Friends and Dancing workshop

17.2.24 Shallal Dance Theatre with Corali workshop exchange and then watched their performance, Carn to Cove, Portreath

21.2.24 New Beginnings performances by Shallal Dance Theatre and Shallal 2 at Princess Pavillions Falmouth

March 2024

2.3.24 Shallal Dance Theatre, St Pirans Day parade, Redruth?

14.3.24 Training Event, Tate, morning: talks, Phoebe, Jo and Georgina, Museum of Homelessness talk and performance with Nell Hardy and afternoon experiential workshop with Janet Holland

22.3.24 Shallal Dance Theatre and Shallal 2, present Passmore Edwards Birthday and Moving on at Falmouth Art Gallery

28.3.24 Jack Morrrisons leaving party, The Drapery, Redruth - Jo

April 2024

22.4.24 Outing to see Motionhouse at Hall for Cornwall

25.4.24 Invitation to Tate St Ives Palais de Dance architects - Jo and Anna attended

May 2024

9.5.24 Site visit for Shallal2 at Welcome Refugees event, Princess Pavillions, Falmouth

9.5.24 Members Zoom meeting

13.5.24 Celebratory Tea Party for Isabella Mouse and Friends Exhibition in Community Gallery at Falmouth At Gallery, exhibition till 8 June

16.5.24 Digital Culture Training captioning ACE - Jo

23.5.24 Arts Council meeting: Nick Green with Henny and Jo

June 2024

7.6.24 AGM at The Centre, Newlyn and zoom

15/16.6.24 Watergate Bay Festival, Chill out tent

18.6.24 World Refugee Day stall and Shallal 2 performance, Princess Pavillions, Falmouth

29.6.24 Mazey Day,Penzance Shallal stall and puppets in parade

July 2024

July - Sam While exhibition at Grow Box Cafe, Krowji

3.7.24 Blue Light Day, Wadebridge: stall and dance performance

5.7.24 Shallal Dance Theatre at Holifield Big Tent Festival dance performance and joined in with Get Changed Theatre Co

11.7.24 Complimentary tickets to Kneebone Cadillac by Wildworks

12.7.24 Shallal Dance Theatre 'Known and Unknown' performance at The Centre, Newlyn

22.7,24 Isabella Mouse and Friends Exhibition at Proper Job Cafe, County Hall Truro

23.7.24 Sam Exhibition and Shallal summer celebration, Grow Box Cafe, Krowji

31.7.24 Shallal Dance Theatre in Let's Create Showcase at Hall for Cornwall

August 2024:

Holidays and processions

External Projects overtime:

Art and Movement/Dance project for Arts Lab in Doubletrees School -Janice and Demelza

Workshops and co-created performance for Get Changed Theatre co Okehampton - Janice and Kerry Tomlins

Shallal Studios supported Janet Holland to delivered workshops and created artwork a commission for Hospital Rooms - Phoebe and Lou.

Bec Applebee for Wildworks - workshop for Shallal Dance Theatre who created textile panels

SHALLAL

England & Wales - Charity number 1166404

Accounts

Shallal

Annual Report
2022-2023



Charity Registration number: 1166404

Patron: Robert Fripp

www.shallal.org

admin@shallal.org.uk

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1. Introduction

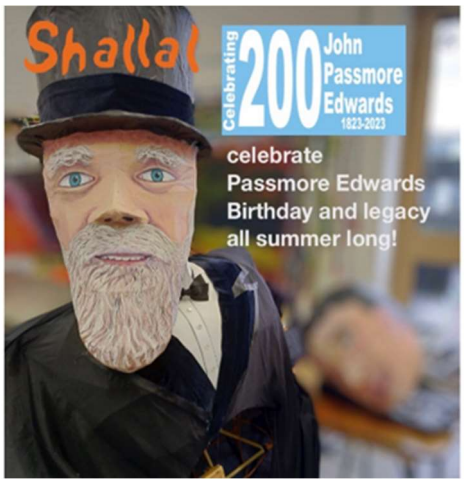
This annual report tells the reader about the achievements of Shallal, its participants and facilitators in the last year and how the money has been spent.
If you are new to Shallal you may be interested in the information at the end of the document which tells you about what Shallal exists to do.
The main Annual Report contains reports and celebrations from our Chair, our Creative Director and from our facilitators.

2. Chair's Report from Henrietta Boex.

Chair's report 2022/23
It falls to me every year to try to distill Shallal's achievements into one significant paragraph, knowing that all the reports that follow mine will more than put the flesh on the bones and the wonderful images included will bring all the joyousness alive.
It is so inspiring to be part of a charitable trust that is, without doubt, making the world a better place, for everyone who comes into its orbit. For me, one of the most important things we introduced in 2022/23 was to broaden the membership and to bring everyone including the trustees regularly into contact through quarterly on-line member meetings. This is a forum where everyone has a chance to express what they value about Shallal and what they might like to do in future as part of Shallal and a chance for the trustees to sit up and listen. Just glancing through my notes for 2 nd May 2023 I see words like 'freedom', 'wellbeing' and increasingly 'family', 'support' and 'joy'.
Of course, support comes in every shape and size and none of our activities would be possible without our volunteers who give generously of their time and the on-going support of our major funders, whether it is for the expanding outreach groups supported by the Henry Smith Foundation or the myriad activities of the Main Company, Shallal 2, Shallal Studio and Shallal Sketchbooks supported variously by National Lottery Reaching Communities, National Lottery Heritage Fund, Cornwall Community Foundation, Arts Council England, Postcode Local, Claire Milne Trust, Ashley Family Foundation as well as the generosity of individual members of the public.
I wish to thank everyone listed at Section 10 of this report for all their hard work and commitment and in particular the main facilitators, Jo Willis, Colin Curbishley Jo Willis, Deborah O'Nyons, Lois Taylor and Lou Brett and Phoebe Barnicoat. My thanks too to the associate artists who support the

members Demelza Rouncefield, Jo Lumber, Star, and Janice Schneider. I also, want to thank my fellow trustees for the considerable time that they devote to Shallal and the
skills that they bring to the Board and I am sure that they in turn wish to thank Chris Gardner and Ian Burns for their background administrative services.
As I have said it every year I may as well say it again - WELL DONE to one and all!
Henrietta Boex
September 2023

3. Shallal Report from Jo Willis.



Sometimes the smallest ideas become the largest!

Well that seems to have been the case with our processional puppets for Mr and Mrs Passmore Edwards who became Shallal Dance Theatres main way to share his legacy throughout The Bicenntenial Celebration of his birth. Thank you to Dean Evans and Chinks Grylls, I joined them on their team to keep his inspiration known. The puppets were invited to some events and then the invitations and opportunities kept coming in!
As always a varied and wonderful time with unexpected as well as well planned events liberally sprinkled throughout the year.

Shallal Dance Theatre embraced Cornish processions and were out and about, as well as pushing the boundaries of their performance practice at our first long Spontaneous Response performance, all received good feedback. Congratulations to them all!

It was a dream come true to see Janets wrap around beautifully curated exhibition at Grays Wharf. I first met Janet over twenty years ago and she has, then and now, made a lasting impact on many artists practice and lives, seeing her contagious enthusiasm and immersion in her colourful, vibrant work.
We made new friends, including The Ladder, Make and Mends, Carefree, composer Matt Thomason and Sing Choir, we performed A Call to Home at the Plen an Gwari, showed the wonderful talents of Zoom Art Connection artists in our SOIL Earthcare exhibition, continued live streaming for Zoe's opening at Dark Pony Coffee and I could go on and on, I point you to our youtube channel videos and more.

As we struggle with our global crisis, which threatens those who are most vulnerable first, we need to embrace and promote positive change, artists wrote amazing poems and I produced Passmore Podcasts learning and sharing knowledge and perspectives for our times.

As we go forwards we feel that all our work needs be relevant to our times, bringing we hope some joy and inspiration along with it.

Thank you so much to all the team (everyone involved in any way), everyone gives of their best, each one is needed, whether people come and never leave or pass through, return, carry on developing more ... thank you!

Let's keep working, dreaming and delivering, art, community and connection.

4. Report from Colin Curbishley.

Colin Curbishley / Annual Report August 2022-2023



For me this year has been in large part all about the celebration of the life of the great Cornishman Passmore Edwards. I've really enjoyed Shallal's creative journey to find ways of spreading the awareness of his wonderful legacy.

The giant puppets of Mr & Mrs Edwards certainly drew attention wherever they appeared, surviving high winds on their first outing in Redruth on his bicentenary.

They traveled from the farthest reaches of West Penwith across to Falmouth and north to Wadebridge. All the while gathering ideas from the public for our 'Passing on Passmore' project with the aspiration of inspiring the creation of a bright future based on the needs of our times. Many of which Jo Willis has been highlighting with the questions to her questions in the wonderful Podcast series now on Shallal Arts Youtube channel.

Thankfully our community groups continue to be funded by the Henry Smith Charity (he was a philanthropist born in London 1549)

As well as the four weekly in person sessions, one of which still has a 'blended' element on Zoom we have the online Dance & Art Connection group once a week which attracts people from all over Cornwall, the UK and from foreign parts. One of the participants composed a wonderful story called 'Isabella Mouse' which inspired others to create artwork to illustrate different characters, elements of the story and a whole book which was turned into an e-zeen.

As part of my evaluation role I've had the pleasure of visiting the Shallal Studio to see what people have been creating and was very impressed with the array of artwork. Janet's exhibition at Gray's Wharf was amazing to see and interact with as you were able to move all around and in between the huge paintings. Just down the road in Penryn we had the Soil and Earthcare exhibition in the Fish Factory, which consisted of work from across all the Shallal groups. The paintings, illustrations, living sculptures and written word, was skillfully displayed in what is a very small venue.

A few personal highlights have to include the last performance of 'A Call to Home' outside in the Plen an Gwari at St Just. As the September sun fell into the west we had come full circle with our year long Ordinalia journey.
Our ventures outdoors come easiest to my mind as standout events, 'Landfall' in conjunction with the Sing community choir in Gyllyngdune Gardens, Falmouth was a very enjoyable evening and something I hope we can repeat next year.

My appreciation and gratitude goes to everyone who gives their valuable time, energy and resources that makes Shallal such a unique and amazing 'Celebration of Ability, Diversity and Community'.
Long may it continue to thrive and deeply touch many more people's lives.

5. Shallal Studios by Lou Brett & Phoebe Barnicoat

Shallal Studio annual report 2022-23

Our year in the studio began with the launch of Shallal's first ever ebook, brining to life the results of our one-year Underworld project. An accessible audio-visual treat, its virtual pages are crammed with poems, drawings, videos and colour, with sounds and images appearing as you scroll.



Pages from the Underworld ebook 2023

September also saw the launch of our new two-year Knitted Together project; a dream come true for some artists who've always wanted to focus on textiles and a big adventure for all of us. Knitted Together was a chance to research sustainable practice; to see how far we could go and how much fun we could have.

Over the year we were lucky enough to be joined in the studio by 12 artists and makers who helped us learn things like weaving, natural dyeing, felting, giant French knitting and sculptural builds with recycled materials. Weaving and making bead jewellery with seaweed is a good example of how we thought about the whole life-cycle of a product from its production and use through to throwing it away. With seaweed, all the life-cycle steps are sustainable and the waste goes on the compost. Lots of our artists really loved these tactile and absorbing processes and have continued to involved them in their art practice beyond the project. The term included research workshops at Back Lane West to open out our research and play and connect with other Shallal artists.



Zoe Wilton weaving with seaweed with Ruth and Kerry from The Seaweed Institute

In February 2023, we put on our second Grays Wharf exhibition 'Rise and Fall'; a debut solo show and residency for artist Janet Holland. Janet's work was accompanied by a sound piece for Deaf and hearing audiences by artist Amy Lawrence in response to a collaboration with Janet and there was a video by Lou Brett documenting the collaboration process.



Audience at Janet Holland's Rise and Fall Exhibition at Grays Wharf 2023

We decided with our artists to celebrate the results of our Knitted Together research and project work with a 3-day festival at Back Lane West in March 2023. Visitors came to see the artwork and took part in drop-in workshops to try some of the making processes that we'd enjoyed the most.

In the Spring and Summer terms we were lucky enough to work with a number of groups of young people. We ran outreach groups at Curnow SEN secondary school with students aged 16-18 and worked with a group of care-experienced young people in partnership with Carefree. Over 10 weeks the young people

got to know each other and us and worked in 10 different creative mediums. We supported them to put on an exhibition at Krowji's new Contemporary Art Space for their friends and Carefree staff, which they curated and hosted themselves.

We also launched phase two of our Knitted Together project; a collaborative zine about our community spaces and what we need from them in the future. We worked with the wonderful Redruth Press, running screen-print poster workshops with Shallal groups and also in the community including a series of 4 outreach workshops at IntoBodmin. The zine project was part of Shallal's year of celebrations around the bicentenary of John Passmore Edwards who gave us many of our community spaces in Cornwall.



Zine consultation and participation at Redruth Market Summer 2023

Knitted Together Year One engaged 70 people in accessible creative activities, including 37 young people and 375 people visited our in-person exhibitions. Knitted Together continues into 2024 with the publication of our zine, exhibitions and a fantastic fashion show finale. Our funders were: Ashley Family Foundation, Postcode Local Trust, David Family Foundation, Arts Council England, The National Lottery Heritage Fund and The Henry Smith Charity.

6. Sketchbooks by Janice Schneider

It was wonderful to relaunch the Shallal sketchbook project and explore new ways for outreach into the community. A community hub at Perranporth Newquay was the base and proved very successful. Running the sessions in a community hub/food kitchen, although challenging at times, allowed it to be very assessable to participants. The session was also surrounded by partners for signposting to other services if needed.

I think the feedback says it all.... participant feedback from the Shallal Art Sketchbook sessions which ran in Perranporth Hub in June and July 2023:

"Really enjoyed doing art with like-minded people" "Excellent Facilitator" "Helpful and encouraging"

"Showing new and different techniques for us to experiment with". "Relaxed approach and relaxed environment" "Reigniting my interest in the doing art." "Inspiring and interesting"

"Less stressed, and more able to overcome by depression". "Excited to be able to come and learn new art ideas". "I feel less anxious, doing my sketchbook in the day".

"I have become more focussed and positive." "Connecting to like-minded people, reconnecting to my artwork."

"A renewed love of creating and meeting new friends."

"Shallal Arts were absolutely brilliant at running creative sessions at Perranporth Community Hub. Their Shallal Sketchbooks workshops seemed to engage everyone who took part in them, with participants excited to come back week after week to create another page in their book. Each sketchbook was so different and personal to each participant. It was a joy to work with Shallal and we would definitely recommend their Sketchbook sessions to anyone looking to do something inspiring and creative, or to anyone working with people who need a boost to their wellbeing, confidence or self-esteem." Ellen Moule, Imagine If – Cornish Network Coordinator.

Going forward we hope to explore other venues and hubs. A really unique project.

7. Out There Liskeard by Lois Taylor and Janice Schneider

Changing the space – Using a long piece of fabric, masking tape or chairs, to create new spaces to move in and moving with it

Working outside - We take the opportunity where possible to go into the grounds of Liskerrett and create work out there in response to the natural environment. This time we particularly enjoyed responding to the movement that the breeze made in the clouds, grass and leaves.

Nicky Harwood

A member of our group is also an artist and we have been lucky enough to be able to install her artwork in the session and move within it. This is also really helpful for her own research and gives us some current contemporary art that is completely different to be inspired by.

Development

There are many small triumphs and crossing of thresholds in a really positive way, here are a few: We have been pleased that one member of the group is getting more physical engaged, picking up on the This year has been important for consolidating the group after the fear and knock on effect of Covid, ensuring people feel safe in the dance space and comfortable moving together. It has been important to ensure the group feel their ideas and input is key to the way we develop and this is supported through our regular gathering of ideas from the group and also requests for music or key tasks.



Ideas gathering

The group share ideas about things they would like to explore in the sessions, this can be imagery, feelings, props, music or anything, here are a few that we explored:

Whale song - We did some wonderful work with whale sound, exploring the space with a sense of being submerged, moving round each other and feeling powerful. This then expanded into thoughts around coral reefs and the way creatures move within them.

Shadow play and Dark and Light - We also made great use of the way the sun creates wonderful light for us to do shadow work with. Some of this work was filmed and photographed to share later.
We changed the lighting in the room, imagined the creatures of the night, then the emerging dawn.

Roots - Moving from the floor, connecting, creating strong anchors. Movements of others and trying them, also one who was very reserved post Covid has begun to relax and connect with others more and one has been increasingly confident to articulate her requests for music.

Sharing

Our group enjoy sharing and this year we invited Continuum dance group to join one of our sessions. They are a creative dance group in Lostwithiel and we had a lot of fun doing our improvisation work together then showing each other a little bit of our own work. We also ran an open session for friends and family, showing some of our dance ideas and then sharing some of the film and photographs we have taken over the year.

Sharing work is very affirming for the group being seen and valued for their amazing skills.

8. Charitable Objects (what Shallal is here to do):

Promote, maintain, improve and advance education and to preserve and protect health particularly by providing access to and involvement in the performing arts including the arts of dance, theatre, music, visual arts, film, costume, photography, sculpture, writing and theatre technical skills by a wide range of the community, especially those who need a supportive environment.

9. Shallal aims to:

- Support training opportunities in dance theatre and the arts, particularly for those from disadvantaged or socially excluded groups.

- Enable community integration by engaging across divisions of age, class, ability, disability and cultural background.

- Provide experience of performance and support continuing artistic development

- Provide flexible access to dance theatre and associated arts through Open House workshops and outreach services

- To further enable and develop outreach and support services appropriate to community needs

- To increase integrated partnership working with other artists, community groups, charities, training and service providers

- To challenge low cultural opportunities for and expectations of people with a range of disadvantages and disabilities wherever we encounter them.

Shallal means something different to everyone involved. This year we have asked all the people in Shallal to tell us what it means to them. It is important Next year we will make sure that members have their say about what is important to them and we will publish their ideas as part of our aims and values. The aims of Shallal should always be read alongside these views.

10. Who is Involved.

Self-employed facilitators

Jo Willis (Creative Director/Lead Facilitator)

Colin Curbishley (Facilitator)

Deborah O'Nyons (Facilitator)

Lois Taylor (Facilitator/Associate Artist)

Lou Brett (Studio co-manager, Fundraising and Evaluator, Producer, Bid Writer)

Phoebe Barnicoat (Studio co-manager)

Demelza Rouncefield (Associate Artist)

Jo Lumber (Associate Artist)

Star (Associate Artist)

Janice Schneider (Associate Artist)

Anna Willis (Associate Artist)

Volunteers

Shallal Employees & Contractors

Chris Gardner (General Manager)

Ian Burns (Accounts)

Star the Dancer

Toby Bridge

George Bradley-Peer

Jo Lumber

Pep Mogas

Janice Schneider

Elly Frears

Lisa Mortensen

Anna Willis

Trustees

Henrietta Boex (Chair)

Nick Fripp (Treasurer)

Nigel Pooley

Barry Cooper

Lizzie Dennison

11. Partners who help Shallal

The Acorn Arts Centre

Adam Drake

Back Lane West

CAST

Cornwall Community Foundation

Dance Centred

DisAbility Cornwall

Dracaena Centre

Falmouth Art Gallery

Falcare

Gyllyngdune Gardens

Hall for Cornwall (HFC)

Holifield Farm

Krowji

The Centre, Newlyn

Liskerett Centre

Lightbox Films

Newlyn Art Gallery

Peter Freeman

St Peter's Church

St Erth Church Hall

12. Professional Information

Charity name: Shallal

Registered charity number 1166404

Charity's principal address:

7-9 High Cross Street

St Austell

Cornwall

PL25 4AB

Banker:

CAF Bank Ltd

25 Kings Hill Avenue

Kings Hill

West Malling

Kent ME19 4JQ

Independent Examiner:

Cornwall Community Accountancy Service

The Elms, 61 Green Lane

Redruth Cornwall

TR15 1LS

13. Names of charity trustees who served in the year:

Henrietta Boex

Nick Fripp

Barry Cooper

Nigel Pooley

Lizzie Dennison

14. Contribution made by volunteers

Voluntary community-based effort is intrinsic to the way Shallal works and we envisage building on this. By supporting the development of members' capacity through skills development and training opportunities and events, individuals have been empowered to take on workshop facilitator roles and greater administrative and governance control of the charity.

Throughout the organisation, including the main dance company, in administration, governance and communication, service users are encouraged and enabled to play a full part as volunteers alongside artists and allied professionals. This helps to maximise the impact of the paid staff and facilitators, which in turn enables the organisation to maximise the impact of funding.

It is difficult to include the full extent of time input by volunteers, but the voluntary in-kind contribution is substantial

15. Financial Review

We were successful in securing £222,380 in 2021/2022. In 2022/2023 we secured £234,876. Our expenditure during the 2022/2023 year was £261,072 (2021/22 £240,620). This expenditure is the highest ever total for Shallal. This results in a reduction of funding carried funded forward from £78,105 in 2021/2022 to £51,909 in 2022/2023. This is the result of an increased range of activities in terms of both the range and locality of activities that are noted in the Chair's report.

We thank our donors for their funding which is used to make a positive difference for our members and participants at the same time as maintaining Shallal's exemplary pursuit of artistic excellence.

In the last Annual Report, we noted our aim to achieve NPO status as a means of ensuring sustainable core funding for Shallal. Unfortunately, we were not successful in that bid (although we did receive Arts Council funding from May 2023 which contributed to developing our activities and governance for the 22/23 year). Our long term position remains something we need to continue to work on to secure core funding.

The healthy level of income brings with it the need to continue to build our financial oversight and associated processes and trustees have begun to receive more detailed reporting. This work needs to continue to develop in future years.

Approved by the Board on 14th June 24 and signed on its behalf by:



Nick Fripp, Trustee (Treasurer)

Shallal
Independent Examiner's Report

I report on the accounts of the company for the year ended 31 August 2023 which are set out on pages 18 to 30.

Respective responsibilities of trustees and examiner

The trustees (who are also the directors of the company for the purposes of company law) are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the 2011 Act"). The trustees consider that an audit is not required for this year under section 144(2) of the 2011 Act and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- follow the procedures laid down in the General Directions given by the Charity Commission under section 145 (5) (b) of the 2011 Act;
- and state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

1) which gives me reasonable cause to believe that in any material respect the requirements:

o to keep accounting records in accordance with section 386 of the Companies Act 2006 and section 130 of the 2011 Act; and

o to prepare accounts which accord with the accounting records, comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice: Accounting and Reporting by Charities have not been met;

2) or to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.



.....

15th June 2024

Debbie Risborough, Chartered Certified Accountant
Cornwall Community Accountancy Service
The Elms, 61 Green Lane,
Redruth, Cornwall TR15 1LS

Date:

Shallal
Statement of Financial Activities
for the year ended 31 August 2023

	Note	Unrestricted funds 2023 £	Restricted income funds 2023 £	Total funds 2023 £	Prior year funds 2022 £
Income and endowments from:					
Donations and legacies	4	6,709	394	7,103	4,523
Charitable activities	5	16,336	211,273	227,609	217,846
Investments	6	164	-	164	11
Total		23,209	211,667	234,876	222,380
Expenditure on:					
Charitable activities	7	26,538	234,534	261,072	240,620
Total		26,538	234,534	261,072	240,620
Net income/(expenditure) before investment gains/(losses)		(3,329)	(22,867)	(26,196)	(18,240)
Net gains/(losses) on investments		-	-	-	-
Net income/(expenditure)		(3,329)	(22,867)	(26,196)	(18,240)
Transfers between funds		2,396	(2,396)	-	-
Net movement in funds		(933)	(25,263)	(26,196)	(18,240)
Reconciliation of funds:					
Total funds brought		8,135	69,970	78,105	96,345
Total funds carried forward		7,202	44,707	51,909	78,105

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities

Shallal
Balance Sheet
As at 31 August 2023

	Note	2023 £	2023 £	2022 £	2022 £
Fixed Assets					
Tangible Assets	11		3,761		5,190
			3,761		5,190
Current Assets					
Debtors	12	2,000		145	
Cash at bank and in hand		60,322		85,421	
		62,322		85,566	
Creditors: Amounts falling due within one year	13	(14,174)		(12,651)	
Net current assets			48,148		72,915
Total assets less current liabilities			51,909		78,105
Net assets			51,909		78,105
The funds of the charity:					
Restricted funds			44,707		69,970
Unrestricted funds					
Other reserves		3,761		5,190	
Unrestricted income funds		3,441		2,945	
Total unrestricted funds			7,202		8,135
Total charity funds			51,909		78,105

These accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

For the year ended 30 June 2022 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

Approved by the Board on 14th June 24 and signed on its behalf by:

H. M. Boex

Henrietta Boex
Chair of Trustees

Shallal
Notes to the Accounts

1 Accounting policies

1.1 Basis of accounting

The accounts have been prepared under the historical cost convention and in accordance with:
- Accounting and Reporting by Charities Statement of Recommended Practice, applicable to charities preparing their accounts in accordance with the Financial Reporting Standard, applicable in the UK and Republic of Ireland (FRS102) second edition - October 2019 (effective 1 January 2019);
- the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102);
- the Companies Act 2006 and
- the Charities Act 2011.

The financial statements are prepared in sterling which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The charity constitutes a public benefit entity as defined by FRS102

1.2 Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to accounts for previous years with the exception of some minor coding reclassifications.

1.3 Fund accounting policy

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Designated funds are amounts that are allocated for specific purposes by the charity itself.

Restricted funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Revaluation funds are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market value.

1.4 Income

There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS102 SORP or FRS102.

Items of income are recognised and included in the accounts when all of the following criteria are met:
- the charity has entitlement to the funds;
- any performance conditions attached to the item(s) of income have been met or are fully within the control of the charity;
- there is sufficient certainty that receipt of the income is considered probable; and
- the amount can be measured reliably.

Donations and legacies are voluntary income received by way of donations and gifts. It is included within the accounts when receivable and only when the charity has unconditional entitlement to the income.

Tax reclaims on donations and gifts are included in the accounts at the same time as the gift/donation to which it relates

Donated goods and services are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.

The value of services provided by volunteers is not included within the accounts.

1.5 Resources expended

Liabilities are recognised where there is a legal or constructive obligation committing the charity to the expenditure. All expenditure is accounted for on an accruals basis and includes the attributable value added tax which cannot be recovered.

Grants payable are charged in the year when the offer is conveyed to the recipient except in those cases where the offer is conditional, such grants being recognised as expenditure when the conditions attaching are fulfilled. Grants offered subject to conditions which have not been met at the year-end are noted as a commitment, but not accrued as expenditure.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Support costs are the those costs required to support the charity in carrying out its activities and meeting its objects.

Governance costs include costs associated with meeting the constitutional and statutory requirements of the Charity, including the preparation and examination of the statutory accounts, the costs of trustee meetings and other costs linked to the strategic management of the Charity including the cost of any legal advice to trustees on governance or constitutional matters.

1.6 Tangible fixed assets and depreciation

All assets costing more than £500 are capitalised.

Tangible fixed assets are stated at cost less depreciation.

Depreciation is provided on all tangible fixed assets at rates calculated to write off the cost less estimated residual value of each asset over its expected useful life, which is reviewed annually. The rates used are as follows:-

Camera and Music Equipment	- 15% reducing balance
Fixtures and Fittings	- 25% reducing balance
Computer equipment	- 25% straight line

1.7 Taxation

The charity is exempt from corporation tax on its charitable activities.

1.8 Debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

1.10 Cash at bank and in hand

Cash at bank and cash in hand includes cash and short term highly liquid investments with a short maturity of three months or less from the date of acquisition or opening of the deposit or similar account.

1.11 Creditors and provisions

Creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

1.12 Leases

Rentals under operating leases are charged to the statement of financial activities on a straight-line basis over the lease term.

1.13 Statement of cash flows

The charity is exempt from preparing a statement of cash flows on the grounds that it is a small charity

2 Company Status

The charity is a charitable incorporated organisation and has no share capital.
The charity is incorporated in England.
In the event of the charity being wound up, the liability in respect of the guarantee is limited to £nil per member of the charity.
The members of the charity are the trustees named on page 16.

Shallal
Notes to the Accounts

3 Statement of Financial Activities - prior year

	Unrestricted funds 2022 £	Restricted income funds 2022 £	Total funds 2022 £
Income			
Income and endowments from:			
Donations and legacies	2,631	1,892	4,523
Charitable activities	8,009	209,837	217,846
Investments	11		11
Total	10,651	211,729	222,380
Expenditure			
Expenditure on:			
Charitable activities	20,219	220,400	240,619
Total	20,219	220,400	240,619
Net income/(expenditure) before investment gains/(losses)	(9,568)	(8,671)	(18,239)
Net gains/(losses) on investments	-	-	-
Net income/(expenditure)	(9,568)	(8,671)	(18,239)
Extraordinary items			-
Transfers between funds	5,000	(5,000)	-
Other recognised gains/(losses):			
Net movement in funds	(4,568)	(13,671)	(18,239)
Reconciliation of funds:			
Total funds brought forward	12,704	83,641	96,345
Total funds carried forward	8,136	69,970	78,106

4 Donations and Legacies

	Unrestricted funds	Restricted income funds	Total funds	Prior year funds
			2023	2022
	£	£	£	£
Appeals and donations	6,709	394	7,103	4,523
	6,709	394	7,103	4,523

5 Incoming resources from charitable activities

	Unrestricted funds	Restricted income funds	Total funds	Prior year funds
			2023	2022
	£	£	£	£
Grant Income:				
Arts Council	-	73,496	73,496	-
Claire Milne Trust	-	-	-	15,000
Henry Smith Charity	-	60,000	60,000	58,700
Neighbourhood Trust	-	-	-	24,000
Reaching Communities Emergency Fund	-	40,678	40,678	83,211
RTR Foundation	-	-	-	(850)
Cornwall Council	-	15,000	15,000	-
Small grants under £10k	-	21,040	21,040	20,116
Primary Purpose Trading:				
Workshops Fees	10,785	-	10,785	10,835
Participants fees	5,551	1,059	6,610	5,857
Artist Sales / Commissions	-	-	-	657
Other charitable income	-	-	-	320
	16,336	211,273	227,609	217,846

6 Investment income

	Unrestricted funds	Restricted income funds	Total funds	Prior year funds
			2023	2022
	£	£	£	£
Interest on cash deposits	163	-	163	11
	163	-	163	11

7 Expenditure on charitable activities

	Unrestricted	Restricted	Total	Prior year
			2023	2022
	£	£	£	£
Direct costs				
Facilitator fees	6,499	99,160	105,659	87,707
Artist and performance fees	647	11,715	12,362	5,079
Art materials	846	2,007	2,853	4,558
Venue Hire	1,215	6,140	7,355	7,034
Costume	-	421	421	208
Evaluation	1,150	5,342	6,492	5,250
Creative Director	3,112	7,696	10,808	11,905
Studio Staff	100	570	670	4,842
	13,569	133,051	146,620	126,583

	Unrestricted	Restricted	Total	Prior year
			2023	2022
	£	£	£	£
Support costs				
Wages and salaries	-	25,398	25,398	27,625
Staff training	104	-	104	1,165
Rent and rates	1,888	6,079	7,967	6,908
Insurance	-	626	626	1,523
Equipment repairs and renewals	60	-	60	63
IT expenses	-	-	-	100
Printing, postage and stationery	512	375	887	607
Subscriptions	100	-	100	900
Sundry expenses	647	5,787	6,434	9,623
Travel and subsistence	1,811	16,643	18,454	15,427
Marketing and Promotion	4,672	5,954	10,626	17,011
Consultancy fees	630	39,286	39,916	29,590
Legal and professional fees	358	240	598	1,400
Bank charges	174	-	174	93
Depreciation	1,429	-	1,429	736
Total Support Costs	12,385	100,388	112,773	112,771
Governance Costs				
Accountancy fees	410	120	530	290
The audit or independent examination of the charity's accounts	175	975	1,150	975
Total Governance Costs	585	1,095	1,680	1,265
Total Charitable Expenditure	26,539	234,534	261,073	240,619

8 Net income/ expenditure

Net income/expenditure is stated after charging:

	2023	2022
	£	£
Auditors' / Examiners' remuneration	1,150	975
Depreciation of tangible fixed assets	1,429	736

9 Staff costs

The average monthly number of employees during the year was as follows:

	2023 Number	2022 Number
Staff in charitable activities	1	1
Self employed workers	56	
Volunteers (nos of people involved excluding Trustees)	50	50

The aggregate payroll costs of these persons were as follows:

	2023 £	2022 £
Wages and salaries	25,398	27,625
	25,398	27,625
Total employee benefits received by key management personnel	25,398	27,625

No employee received emoluments in excess of £60,000 in either the current or the prior year.

10 Trustees' remuneration and expenses

Trustees received no remuneration, benefits in kind or expenses during the current or prior year.

11 Tangible fixed assets

	Camera and Music Equipment	Fixtures and Fittings	Computer Equipment	Total
	£	£	£	£
Cost				
As at 1 September 2022	2,605	221	4,744	7,570
As at 31 August 2023	2,605	221	4,744	7,570
Depreciation				
As at 1 September 2022	985	221	1,174	2,380
Charge for the year	243	-	1,186	1,429
As at 31 August 2023	1,228	221	2,360	3,809
Net Book Value				
As at 31 August 2023	1,377	-	2,384	3,761
As at 31 August 2022	1,620	-	3,570	5,190

12 Debtors

	2023	2022
	£	£
Trade Debtors	2,000	145
	2,000	145

13 Creditors: Amounts falling due within one year

	2023	2022
	£	£
Trade creditors	12,161	9,382
Taxation and social security	573	1,318
Accruals and deferred income	1,440	1,950
	14,174	12,650

Shallal
Notes to the Accounts

17 Analysis of funds

	As at 1 September 2022	Incoming Resources	Resources Expended	Transfers	As at 31 August 2023
	£	£	£	£	£
Restricted Funds					
ACE 23-24	-	45,000	(21,234)	(920)	22,846
Cornwall Council - Business Manager funding	-	15,000	(12,331)	-	2,669
Cornwall Community Foundation	564	-	-	-	564
Henry Smith	6,129	61,453	(64,799)	-	2,783
spare	-	-	-	-	-
Knitted together	34,000	42,986	(64,982)	-	12,004
Picture Post / Sketchbooks	1,613	-	(2,976)	1,363	-
Reaching Communities Emergency Fund	25,317	40,678	(63,136)	(2,859)	-
Small Projects	1,910	5,050	(5,070)	20	1,910
Underworld	437	1,500	(6)	-	1,931
	69,970	211,667	(234,534)	(2,396)	44,707
General Funds					
Unrestricted funds	2,945	23,209	(25,109)	2,396	3,441
Designated funds					
Capital expenditure	5,190	-	(1,429)	-	3,761
Total Unrestricted funds	8,135	23,209	(26,538)	2,396	7,202
Total funds	78,105	234,876	(261,072)	-	51,909

18 Net assets by fund

	Unrestricted funds	Restricted income funds	Total funds	Prior year funds
Tangible assets	3,761	-	3,761	5,190
Current assets	17,615	44,707	62,322	85,566
Creditors: Amounts falling due within one year	(14,174)	-	(14,174)	(12,651)
Net Assets	7,202	44,707	51,909	78,105

Appendix 1 Calendar

Families by Sing Choir & Shallal at Gyllyngdune Gardens/Princess August 2022

'Underworld' exhibition by Shallal Studios at Falmouth Art Gallery, Community Gallery

August - 26 Sept

'Fancy Landscapes Crazy Cows' exhibition by Joseph Wheeler at Dark Pony Coffee, Falmouth, until Sept.

September

'Knitted Together' new project Shallal Studio

3 PAR-tee Festival - Shallal Chillout Tent

22 Charter for Change meeting

23 'A Call to Home' by Shallal Dance Theatre at Plen an Gwari, St Just

30 Sept - 10 Nov Zoe Wilton Exhibition at Dark Pony Coffee, Falmouth - live stream opening event with dance performance

October

Back Lane West Residency, Redruth

Public events

3 3 D workshop with Rosa Lily James

12 Shallal 2 within installation by artist Lisa Mortensen with Stuart Blackmore and Eddie Callis

15 Installation Sharing with film, Back Lane West Shallal Residency, Exploring Installation background, artist Lisa Mortensen

29 Sharing Event

11 Passmore first podcast with Dean Evans, an expert on the Cornish Philanthropist John Passmore Edwards talking to Jo Willis

21 Studios ebook launch

28 St Austell pilot community dance group starts

29 4 artists 1 day Back Lane West you tube film

31 'Passing On Passmore' no.1, Mark Deeble, wildlife filmmaker, naturalist, conservationist Emmy award.

31 Podcast Quality of Soul no. 1 "to communicate with the heart" interview with Wolfgang Stange, of Amici

31 A demonstration film of Shallal's interactive e-book about seaweed you tube

31 A demonstration film of Shallal's interactive e-book about Cornish bats you tube

November

Shallal Studio Workshops new project and visit from Newlyn Art Gallery

11 A collection of four short artists films was made as part of Shallal Studios' Underworld project in 2022 - youtube

14 Newquay pilot community dance group starts

14 'Passing on Passmore' Podcast no 2. with Jamie Moran, The Third Way Beyond Communism and Capitalism.

25 'Passing on Passmore' Podcast no 3 with Oliver Baines, Extinction Rebellion, Cornwall

December

2- 4 Krowji Open Studios - Shallal Studio

3 'Passing on Passmore' 4, Arinda Daphine, poet, storyteller, lawyer - plastics, women's rights, poems

14 Shallal 2 Zoom party

15 Shallal Dance Theatre Christmas Zoom party

16 Shallal Christmas (in person) party

22 'Passing on Passmore' Podcast 5 with Mary Finn: migration, permaculture, policy, interdependency. Mary is one of the young activists shown in 'Bigger than Us' film.

Christmas songs on youtube

20 'Joy' by Skye Anna, with Shallal Dance Theatre photos by Steve Tanner

23 'Silent Night' by the Wheeler family

January 2023

12 'Isabella Mouse' a childrens story book, from Art Connection, on youtube

18 Parkinsons Activities Day Penzance, activity and stall

19 Visioning Meeting for members across Shallal

23 Passing on Passmore' Podcast 6, Social Justice and Change with Dan Pryke

26 Attended Sustainable Event training Krowji

30 Jan - 12 Feb 'Rise and Fall' Janet Hollands exhibition at Grays Wharf, Penryn

February

7 Shallal stall at Trovya Event St Austell

9-11 'Rise and Fall' Public days of Janet Hollands exhibition

'Colour in the air' film about Janets work on you tube

Sustainable Workshops - Shallal Studios

March

2 Creative meeting

6 Start of young peoples workshops Shallal Studios

17- 19 'Knitted Together Festival', Back Lane West - Shallal Studios

24 Passmore Edwards Birthday Event 'Pass it on Passmore,' Shallal Dance Theatre procession from The Ladder to the Library, Redruth, organised by The Writers Block, The Ladder, Redruth Town Council and Library and Shallal.

29 Passmore Puppets Shallal to Falmouth Library & Art Gallery

31 Kehelland Trust - Passmore Performance Shallal Dance Theatre

April

5 Arty Chat with Katie and Zoe on you tube20 'Passing on Passmore' Podcast no 7 with Lesley Bradley - Permaculture, Community Orchards & CE bill

28 Now and Then poetry/performance Shallal Dance Theatre Passmore event at Falmouth Library

29 Trevithick Day, Camborne - Passmore Puppets

May

11 Krowji - Shallal in house training started

12 'Landfall' Shallal Dance Theatre at The Centre, Newlyn

27 PAR-tee Festival on the beach, Chillout Tent

30 - 9 June 'SOIL Earthcare' exhibition by Shallal Art Connection and other Shallal artists at The Fish Factory Art Space, Penryn

31 'SOIL Earthcare' Opening event and live stream on zoom

June

2 Film by Bobby Johnson on You tube -'Trevor's Tea Party'

8 Festival of Dance stage, Royal Cornwall Show, Wadebridge, Shallal Dance Theatre performance and Passmore puppets

4,11,18, 25 Zine making Workshops run by Studio artists at IntoBodmin

9 Murdoch Day, Redruth, Passmore Puppets in procession

23 Passmore `Edwards event at Newlyn Art Gallery,

performance and Passmore puppets

24 Mazey Day Penzance, Passmore Puppets, stall and procession

30 Holifield Big Tent Festival Shallal Dance Theatre Passmore Puppets and performance

July

5 Blue Light Day, Wadebridge, Passmore Puppets and stall

13 Krowji Contemporary Art Space - Carefree young people's studio group sharing of work.

15 Lafrowda Festival and procession, St Just, Passmore Puppets

17 Creative meeting

21 Benefit for Falmouth and Penryn Welcome Refugee Pavillions, Falmouth Shallal Dance Theatre performance and Passmore Puppets

24-29 'Passing on Passmore' exhibition at Fish Factory Art Space, Penryn

28 Performance Event at 'Passing on Passmore' exhibition at Fish Factory Art Space, Penryn

SHALLAL

England & Wales - Charity number 1166404

Accounts

Shallal

Annual Report
2021-2022



Charity Registration number: 1166404

Patron: Robert Fripp

www.shallal.org

admin@shallal.org.uk

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1. Introduction

This annual report tells the reader about the achievements of Shallal, its participants and facilitators in the last year and how the money has been spent.

If you are new to Shallal you may be interested in the information at the end of the document which tells you about what Shallal exists to do.

The main Annual Report contains reports and celebrations from our Chair, our Creative Director and from our facilitators.

2. Chair's Report from Henrietta Boex.

As the front cover of this report makes graphically clear audiences in 2021/22 had abundant opportunities to enjoy the emergence of Shallal from the vicissitudes and isolation of the Pandemic. Creativity flowed freely whether in community sharing and collaboration, outreach to the deaf community, Shallal sketchbooks and studios and the resulting exhibitions or film production, screening and on-line digital connections through live streaming and conferences. Shallal is reaching ever wider audiences through this means as well as forging new partnerships with local organisations. The reports which follow this one lists all these fruitful interactions in greater detail.

A member said recently that the joy of Shallal is 'being in a place where no one tells you "You can't do that"'. Improvisation is the ultimate way of releasing and respecting each individual participant's creative expression, but it is also fascinating to see how mutual admiration and collaboration melds these into cohesive and moving performances. It is genuine and we all respond to it.

None of this would happen without the generous and on-going support of our major funders Henry Smith Charity, National Lottery Reaching Communities, Cornwall Community Foundation, Arts Council England, Post Code Neighbourhood Trust, RTR Foundation and Claire Milne Foundation. Individual philanthropy also plays an important part.

Nor would it be possible without the inspiration of our facilitators and volunteers. We thank Jo Willis for her creative direction and unceasing hard work, all the facilitators and volunteers and in particular Colin

Curbishley, Sapphire Sumpter, Debbie O'Nyons, Demelza Rouncefield, Lois Taylor, Jo Lumber, Phoebe Barnicoat, George Bradley Peer, Star, Kerry Tomlins, Laura Menzies, Claire Mayle, Elle and Janice Schneider, for their dedication, enthusiasm and imagination. We would also like to thank Lou Brett and Charlotte Bond for their terrific bid writing among other things and Chris Gardner and Ian Burns for keeping all on the straight and narrow. I should also like to personally thank my fellow trustees for being so generous with their time and expertise.

As I have said every year - WELL DONE to one and all!

H. M. Boex

Henrietta Boex

Chair of Shallal Trustees

3. Shallal Report from Jo Willis.

The joy of it all, as I read back is the wonderful opportunities, we were able to enjoy, despite the limitations and repercussions of the pandemic!

How everyone's creativity never ceases and like running water finds another course and outlet.

The Community group Sharings, a highlight being 'Out There' at Midsummer Dance, Sterts Centre.

The continuity of Shallal Sketchbooks - with Elle coming on board to support us.

The Studios popular busy days and the Underworld Project.

Outreach to the Deaf Community in Cornwall - finally being developed and sustained thanks to Demelza's commitment and consistency and supported by the new funding from Henry Smith Charity.

The thousands of people who saw 'Foraging Nectar' at Newlyn Art Gallery, the continued short films, from there and other projects, onto our You tube 'Shallal Arts' widening our audience and bringing glimpses of different Shallal artists creativity.

Newlyn Art Gallery hosted Shallal Dance Theatre again in January. `It was a wonderful re-entry into 'in the room' improvisation, we were grateful to continue the joy of exploring light artist Peter Freemans fields of colour, including sculptures with George's responsive musical improvisation.

We were able to join with our friends at Tretyakov Gallery, Moscow Education department, through live streaming and then a zoom meeting. This created hope for further exchanges and collaborations, now sadly on hold with the current situation in the Ukraine, which saw us fund raising to support projects for those who have been made refugees through our show 'A Call to Home' at Truro Cathedral and St Austell.

Truro had a fantastic audience and the one at St Austell has led to wishes to start a local group, inspired from the show and the outreach Connecting Circles project at Doubletrees School.

Enjoying the range of activity and its results:
an invitation to work with Leigh Jacobs and friends from Falmouth University became 'Marks, Movement and Conversations', workshops, exhibition, performance, film and a talk,
a commission to work at Double Trees School from Arts Lab enabled us to look at support for young people and connections with each other and our planet
a personal interest project to research Voice and Sounds with people attending Holifield Day Centre.

Two films from Shallal 2:
'Voices at the table' a short you tube film was a commission by Feast, "12 artists in Cornwall to send their strong climate emergency message to COP 26...they all want to Shout LOUDER." Kate Raworth, who created Doughnut Economics, using this film in her TED talk was a feedback highlight
and finally finished, and worth the wait, was the beautiful film 'The Hands Victor Jara,' led by Terri Stevens and Sapphire Sumpter with thanks to singer/songwriter Susanna and filmed by Adam Drake, it expanded to include Open House, Penzance and other Shallal artists, a good example of how many projects develop and interconnect.

Sharings, by the community groups, the creative and collaborative quality in them, was so high, they are now wonderfully consolidated and established.

Art being seen:
Yvonne's Exhibition at Grays Wharf, 'Hands' a collection of work by Arts Connection Zoom and others, on you tube, and ending with showcasing Joseph Wheeler's wonderful bold work in a two-month summer exhibition at Dark Pony Coffee.

Shallal has grown and I am concerned to miss something and so please refer to the diary of events to see the flavour and range that the facilitators, associate artists and all the Shallal artists make possible.

Congratulations to Shallal Studios, Shallal Sketchbooks the Community groups and all else for the exciting, scope and range of all their creative activities, which now includes our background team and many thanks to all for never losing the person-centred heart of Shallal.

Behind the scenes has consolidated: with the hard work of all those who are often unseen: Chris' positive accessible approach, Ian's supportive clarity and the whole teams ongoing commitment.
The arrival of Charlotte Bond has added a support and understanding which we appreciate and value,

along with all who support and offer their time and talents, often unpaid, especially our trustees.

Thank you to our venues:
especially Princess Pavillions, Falmouth for so readily supporting Shallal 2
and St Peters Church, Newlyn for housing Shallal Dance Theatre as we emerged from lockdowns, we moved from St Peters Church in July to our new home not far away, just up the hill to The Centre, Newlyn.

We have grown through the pandemic, giving us a chance to try things and stretch in other ways, as well as keeping close and maintaining all that we already did.
Zoom is now part of our life and offer, as are short you tube films and live streaming, with these there is the potential to reach further, which is so necessary in our times of global crisis. We are committed to maintaining our opportunities and developing them where there is a request and need, and to creating work relevant to our communities and times.

As always, a big Thank you to all involved and here's to more!

4. Report from Colin Curbishley.

I'm starting with big thanks to the Henry Smith Charitable Trust for the continued funding support of all the Shallal community groups for another three years and to Lou for her commitment and bid writing skills.
The three groups each have a distinctly unique feel whilst providing the same standard of being a safe creative space for everyone. As part of the reporting and evaluation role I've had the pleasure of visiting the 'Out There' Liskeard group run by Lois and Janice joining in the session with old friends. Gathering feedback from the participants about the group and their public performance at Sterts was very inspiring.

The participants at the Penzance Open House group took a brave decision to put on a 'Sharing' of their dances with friends and family. One of them sent us this feedback after the session where they had been moved to shed a few tears.
"Before D came to the group, he would tend to isolate himself, the sessions have made him feel included as a valued part of the group and the Shallal family. As a consequence, his confidence has increased which has boosted his self-esteem. He's also been supported to form appropriate and important

friendships with others in the group"

As ever the participants at Express Yourself / Friends & Dancing in Falmouth were keen to showcase their creative talents at our Christmas Sharing attended by an ever-expanding audience. The groups then decided to take the giant leap into the public eye by performing two pieces as part of 'Trevor's Tribute Tea Party' at Princess Pavilions in front of 80 people. People reported feeling very good and proud about their part in such a brilliant event.
(Photo from the event)

As for my presence at Shallal Main Company, at which it continues to be my privilege to have the dual roles of being there to support the creative directorial genius that is Jo Willis and express myself creatively within the company...Oh Joy!
A highlight from the years was the Embodied Space performance at Newlyn Art Gallery with Peter Freeman and the connection to the Tretyakov in Moscow for a Q & A session. This was also my first-time dancing in public with my son Rowan.
Thanks to Shallal for a very special memory.

As is traditional I'll end with my affirmational mantra.
I'm Joyful appreciating being part of Shallal...a stable and thriving Arts Charity.
Which always receives generous and ample funds that fully supports all its creative projects and activities throughout Cornwall and beyond.
Blessing on the good ship Shallal and One and All who sail in her.

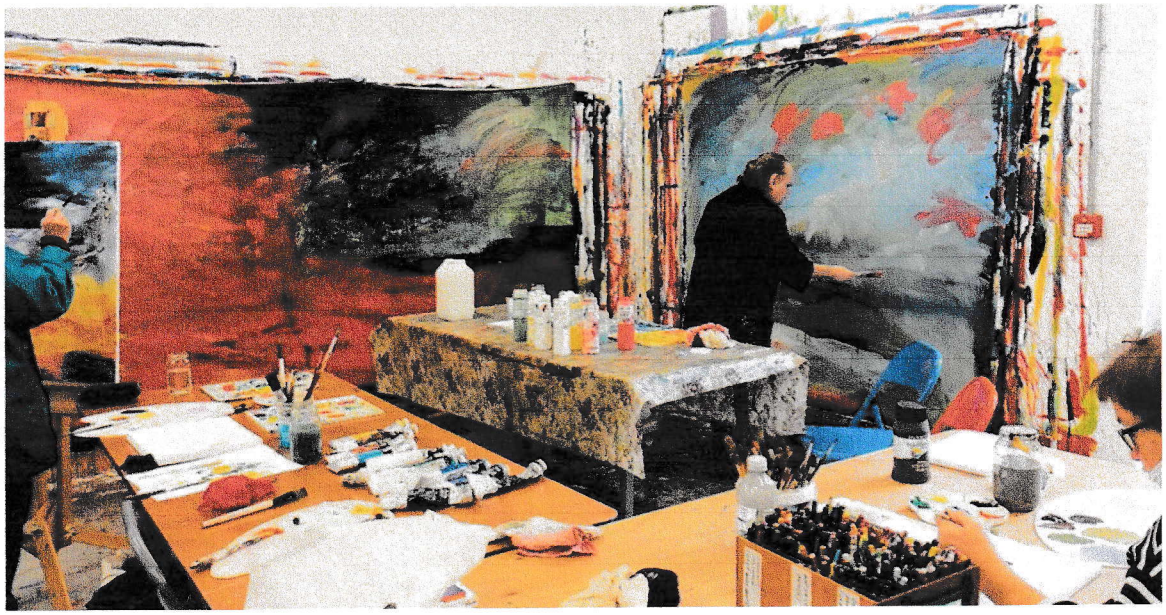
5. Shallal Studios by Lou Brett & Phoebe Barnicoat

Shallal Studios opened the doors after lockdown in autumn 2021. Since then we have had an increasing amount of artists joining the studio. 10 artists joined us following our lockdown postal and video project and 10 artists who are new to Shallal.

We have built up the groups so that they are running four days a week, with 20 artists attending our weekly sessions.

The inclusive groups range from people who are starting out on their creative practice to others who have a clear vision of what they want to create. The group work independently on their projects with the

option to try new materials and be shown different techniques and ways to develop their work towards exhibitions.



Alongside our weekly studio groups, we have been running a project called *Underworld*, which was funded by Arts Council England, FEAST, Awards for All and the RTR Fund. Over eight months 74 artists and 105 school children researched and developed work through a series of workshops that explored Cornish seaweed and bats. The multi-
sensory project was led by the artists' research, coming together through two exhibitions at Kresen Kernow & Falmouth Art Gallery, an e-book and a printed zine.

Some of the highlights from the project included: Night walks - artists took bat detectors out into the landscape to research bat sounds that informed their work back in the studio. These collected sounds led to Amy Lawrence creating a series of bat techno pieces that were used in a series of workshops in schools across Cornwall where 105 students responded to the sounds by creating 'bat graphic scores'. Seaweed workshops - took artists to the beach where they explored seaweed through play, drawing and underwater filming. This research led to an intensive series of screen-printing workshops that introduced the artists to a new medium of working and led to outstanding textile work. Poetry & drawing workshops - exploring the relationship between words and drawings, this workshop was led by Shallal artist Zoe Wilton and invited artists to create poetry inspired by bats and then transform their words into comic strips.

For *Underworld*, 10 guest artists led workshops. This was an opportunity for two Shallal artists who have worked with the charity for over 10 years to progress to a facilitator role and share the skills and

experience. One of the workshops was led by Eddie Callis, who has long been a member of Shallal. Eddie ran a song writing workshop at Back Lane West gallery space in Redruth. The workshop invited a group of 12 artists - with three artists joining via Zoom, to collectively create lyrics to a song inspired by the theme 'bats. The artists experimented with poetry writing techniques and recorded their lyrics live in the space. The workshop introduced the group to new ways of collaborative working. Following the workshop Eddie worked with Stuart Blackmore to produce the song, which was exhibited at Kresen Kernow, Falmouth Art Gallery and the e-book.

In September 2021, Shallal Studios curated Yvonne Hingston's first solo show at Grays Wharf Gallery in Penryn. The exhibition saw 165 visitors over 2 weeks. The exhibition was an opportunity for us to build a fruitful relationship with Grays Wharf Gallery, which led to Shallal Studios being invited to take part in an annual residency with the gallery.

Underworld workshop in schools



Eddie's Song writing workshop at BLW



6. Sketchbooks by Claire Mayle

Sketchbooks has been doing incredibly well in this year and welcomed the support from Eleanor Carbis to help support with admin, funding and delivery.

The Royal Duchy Healthcare Charity

Awarded Shallal with £5000 for digital equipment to support with online access.

- I was able to attend their AGM and give a presentation on how this has impacted us as a charity and the people we support.

Smartline with Falmouth University

We applied to work on a project with Smartline in conjunction with Falmouth University where we were awarded a year's subscription to a social value engine that measures the social return of investment to prospective funders. At the end of this collaboration, we shall have a report on Shallal Sketchbooks that will show funders how much social investment will be returned as a result of the funding we will receive. We will also receive support from the university on which platforms we could potentially use to help support the work we do online.

Clare Milne

March 2022 began with 6 months of funding from Clare Milne which we were able to continue with the weekly zoom workshops and access people within the community with regular contact through the social prescribing services. We have now been able to build relationships with the community navigators in Falmouth and Penryn as well as the coastal cluster of G.P practices.

March 2022

- welcomed Elle on board
- completed Cornwall Community Foundation workshops

Fragility Café with Imagine if at Perranwell Village Hall

Sketchbooks ran a workshop with the volunteers of the Fragility café in Perranwell village hall where we all had a wonderful time mark making with sticks. We also brought a variety of sketchbooks to show the group all the different workshops we run through sketchbooks as well as showing the group video testimonials from some of our participants

July – Blue light Day @ The Royal Cornwall Showground

Sketchbooks joined Jo Willis and the dance group in presenting the sketchbook project and was very well received in handing out over 20 sketchbooks.



7. Shallal Mission Statement.

To create a dynamic, celebratory, socially inclusive company which engages, explores and integrates improvised dance theatre, providing a performance space for anyone in the community, regardless of sex, gender, race, age, and physical, mental, and emotional status. We seek to enable artistic expression, improve physical health and self–confidence and provide a socially inclusive experience that will enhance the quality of life for all members through professionalism, dedication, skill acquisition and sheer good fun

8. Charitable Objects (what Shallal is here to do):

Promote, maintain, improve and advance education and to preserve and protect health particularly by providing access to and involvement in the performing arts including the arts of dance, theatre, music, visual arts, film, costume, photography, sculpture, writing and theatre technical skills by a wide range of the community, especially those who need a supportive environment.

9. Shallal aims to:

- Support training opportunities in dance theatre and the arts, particularly for those from disadvantaged or socially excluded groups.

- Enable community integration by engaging across divisions of age, class, ability, disability and cultural background.

- Provide experience of performance and support continuing artistic development

- Provide flexible access to dance theatre and associated arts through Open House workshops and outreach services

- To further enable and develop outreach and support services appropriate to community needs

- To increase integrated partnership working with other artists, community groups, charities, training and service providers

- To challenge low cultural opportunities for and expectations of people with a range of disadvantages and disabilities wherever we encounter them.

Shallal means something different to everyone involved. This year we have asked all the people in Shallal to tell us what it means to them. It is important Next year we will make sure that members have their say about what is important to them and we will publish their ideas as part of our aims and values. The aims of Shallal should always be read alongside these views.

10. Who is Involved.

Self-employed facilitators

Jo Willis (Creative Director/Lead Facilitator)

Colin Curbishley (Facilitator)

Deborah O'Nyons (Facilitator)

Lois Taylor (Facilitator/Associate Artist)

Lou Brett (Studio co-manager, Fundraising and Evaluator, Producer, Bid Writer)

Phoebe Barnicoat (Studio co-manager)

Demelza Rouncefield (Associate Artist)

Jo Lumber (Associate Artist)

Pep Mogas (Associate Artist)

Star (Associate Artist)

Lisa Mortensen (Associate Artist)

Janice Schneider (Associate Artist)

Volunteers

Star the Dancer

Toby Bridge

George Bradley-Peer

Jo Lumber

Pep Mogas

Janice Schneider

Elly Frears

Lisa Mortensen

Anna Willis

Trustees

Henrietta Boex (Chair)

Nick Fripp (Treasurer)

David Cox

Nigel Pooley

Barry Cooper

Shallal Employees & Contractors

Chris Gardner (General Manager)

Theresa Elgar (Accounts until October 2021)

Ian Burns (Accounts since December 2021)

Sapphire Sumpter (Time to Shine development Dancer)

11. Partners who help Shallal

The Acorn Arts Centre

Adam Drake

Back Lane West

CAST

Cornwall Community Foundation

Dance Centred

DisAbility Cornwall

Dracaena Centre

Falmouth Art Gallery

Falcare

Gyllyngdune Gardens

Hall for Cornwall (HFC)

Holifield Farm

Krowji

Liskerett Centre
Lightbox Films
Newlyn Art Gallery
Peter Freeman
Robin Fisher
St Peter's Church
St Erth Church Hall
The Performance Centre at Falmouth University
(now Academy of Music and Theatre Arts
AMATA

12. Professional Information

Charity name: Shallal

Registered charity number 1166404

Charity's principal address:

7-9 High Cross Street
St Austell
Cornwall
PL25 4AB

Banker:

CAF Bank Ltd
25 Kings Hill Avenue
Kings Hill
West Malling
Kent ME19 4JQ

Independent Auditor:

Cornwall Community Accountancy Service
The Elms, 61 Green Lane
Redruth Cornwall
TR15 1LS

13. Names of charity trustees who served in the year:

Henrietta Boex
Nick Fripp
Barry Cooper
David Cox
Nigel Pooley

14. Contribution made by volunteers

Voluntary community-based effort is intrinsic to the way Shallal works and we envisage building on this. By supporting the development of members' capacity through skills development and training opportunities and events, individuals have been empowered to take on workshop facilitator roles and greater administrative and governance control of the charity.

Throughout the organisation, including the main dance company, in administration, governance and communication, service users are encouraged and enabled to play a full part as volunteers alongside artists and allied professionals. This helps to maximise the impact of the paid staff and facilitators, which in turn enables the organisation to maximise the impact of funding.

It is difficult to include the full extent of time input by volunteers, but the voluntary in-kind contribution is substantial

15. Financial Review

Last year was a year that involved a lot of changes including adapting our work to the challenges of the pandemic and ultimately saw Shallals financial position significantly improve. This year our Statement of Financial Activities showed an income at £222, 380 which compares to £234,824 in the previous year. This is still a solid position of sustained funding for Shallal but the income for the year was exceeded by expenditure.

As we continue to develop our range of activities and funding sources in the coming year, we will continue to strengthen our financial controls. Regular financial updates to trustees are already providing assurance that our commitments continue to be met for all funding arrangements and these will be enhanced in the coming months.

As always great credit is due to a range of colleagues in Shallal who worked hard on securing core funding for our work and managing our finances. Chris Gardner and Ian Burns provide great support to all the facilitators and information for Trustees to oversee the financial position.

A key challenge going forward is to continue to build on progress in terms of monitoring finance. This will require more detailed reporting to Trustees. A positive first step has been to deliver a monthly financial report to trustees which we plan to develop into a more detailed report in the coming year. A second and ongoing challenge is to maintain income to sustain the brilliant work of Shallal members and facilitators and despite not getting our hoped for NPO status we have secured core funding for the coming year.

Facilitators and the Creative Director continue to support financial monitoring through reporting on progress. They are also at the heart of work to apply for and secure income which sustains the work of Shallal. Our members and participants continue to inspire all involved in Shallal and remind us why looking after our money carefully is so important.

Finally, we are developing our governance to ensure that members and participants have a greater say in how Shallal is run and how it will develop in the future work. This will include involving people in monitoring of existing funding and the development of bids and proposals for new work.

Nick Fripp

Treasurer

16. Independent Examiners Report to the Trustees of Shallal Registered Charity: 1166404

I report to the charity trustees on my examination of the accounts of Shallal for the year ended 31 August 2022 which comprise the Statement of Financial Activities, the Balance Sheet and the related notes.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act).

Having satisfied myself that the accounts of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that:

- accounting records were not kept in accordance with section 386 of the 2006 Act ; or
- the accounts do not accord with those records; or
- the accounts do not comply with the accounting requirements under section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Debbie Risborough
Association of Chartered Certified Accountants
Cornwall Community Accountancy Service
The Elms, 61 Green Lane
Redruth
Cornwall

TR15 1LS
28 June 2023

17. STATEMENT OF FINANCIAL ACTIVITIES

for the year ended 31 August 2022

	Notes	Unrestricted funds 2022 £	Restricted funds 2022 £	Total funds 2022 £	Total funds 2021 £
Income and endowments from:					
Donations and legacies	4	2,631	1,892	4,523	4,926
Charitable activities	5	8,009	209,837	217,846	229,898
Investments	6	11	-	11	-
Total		10,651	211,729	222,380	234,824
Expenditure on:					
Charitable activities	7	20,219	220,400	240,619	234,654
Total		20,219	220,400	240,619	234,654
Net gains on investments		-	-	-	-
Net (expenditure)/income	8	(9,568)	(8,671)	(18,239)	170
Transfers between funds		5,000	(5,000)	-	-
Net (expenditure)/income before other gains/(losses)		(4,568)	(13,671)	(18,239)	170
Other gains and losses:		(4,568)	(13,671)	(18,239)	170
Net movement in funds					
Reconciliation of funds:		12,704	83,641	96,345	96,175
Total funds brought forward		8,136	69,970	78,106	96,345
Total funds carried forward					

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

18. BALANCE SHEET

at 31 August 2022

	Notes	2022	2021
		£	£
Fixed assets			
Tangible assets	10	5,190	2,944
		5,190	2,944
Current assets			
Debtors	11	145	6,425
Cash at bank and in hand		85,421	94,561
		85,566	100,986
Creditors: Amount falling due within one year	12	(12,650)	(7,585)
Net current assets		72,916	93,401
Total assets less current liabilities		78,106	96,345
Net assets excluding pension asset or liability		78,106	96,345
Total net assets		78,106	96,345
The funds of the charity			
Restricted funds	13		
Restricted income funds		69,970	83,641
		69,970	83,641
Unrestricted funds	13		
General funds		2,946	10,904
Designated funds		5,190	1,800
		8,136	12,704
Total funds		78,106	96,345

Approved by the board on 28 June 2023

And signed on its behalf by:

H. M. Boex

Henrietta Boex
Trustee Chair
28 June 2023

for the year ended 31 August 2022

1 Accounting policies

Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The charity constitutes a public benefit entity as defined by FRS102.

Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to accounts for previous years.

Fund accounting

Unrestricted funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
Designated funds	These are unrestricted funds earmarked by the trustees for particular purposes.
Revaluation funds	These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.
Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

19. NOTES TO THE ACCOUNTS

Income

Recognition of income	Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.
Income with related expenditure	Where income has related expenditure the income and related expenditure is reported gross in the SoFA.
Donations and legacies	Voluntary income received by way of grants, donations and gifts is included in the the SoFA when receivable and only when the Charity has unconditional entitlement to the income.
Tax reclaims on donations and gifts	Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.
Donated services and facilities	These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.
Volunteer help	The value of any volunteer help received is not included in the accounts.
Investment income	This is included in the accounts when receivable.
Gains/(losses) on revaluation of fixed assets	This includes any gain or loss resulting from revaluing investments to market value at the end of the year.
Gains/(losses) on investment assets	This includes any gain or loss on the sale of investments.

Expenditure

Recognition of expenditure	Expenditure is recognised on an accrual's basis. Expenditure includes any VAT which cannot be fully recovered and is reported as part of the expenditure to which it relates.
Expenditure on raising funds	These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.
Expenditure on charitable activities	These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.
Grants payable	All grant expenditure is accounted for on an actual paid basis plus an accrual for grants that have been approved by the trustees at the end of the year but not yet paid.
Governance costs	These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.
Other expenditure	These are support costs not allocated to a particular activity.

Taxation

The charity is exempt from corporation tax on its charitable activities.

19. NOTES TO THE ACCOUNTS

Tangible fixed assets and depreciation

Depreciation is provided at the following annual rates in order to write off each asset over its estimated useful life:

Camera and Music Equipment	15% Reducing balance
Fixtures and Fittings	25% Reducing balance
Computer Equipment	25% Straight Line

Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities. In the Statement of Cash Flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Leased assets

Where the charity enters into a lease which entails taking substantially all the risks and rewards of ownership of an asset, the lease is treated as a finance lease.
Leases which do not transfer substantially all the risks and rewards of ownership to charity are classified as operating leases.
Assets held under finance leases are initially recognised as assets of the charity at their fair value at the inception of the lease or, if lower, at the present value of the minimum lease payments. The corresponding liability to the lessor is included in the balance sheet date as a finance lease obligation. Lease payments are apportioned between finance expenses and reduction of the lease obligation so as to achieve a constant rate of interest on the remaining balance of the liability. Finance expenses are recognised immediately, unless they are directly attributable to qualifying assets, in which case they are capitalised in accordance with the charity's policy on borrowing costs.
Assets held under finance leases are depreciated in the same way as owned assets.

Operating lease payments are recognised as an expense on a straight-line basis over the lease term.
In the event that lease incentives are received to enter into operating leases, such incentives are recognised as a liability. The aggregate benefit of incentives is recognised as a reduction of rental expense on a straight-line basis.

Pension costs

The charity operates a defined contribution plan for its employees. A defined contribution plan is a pension plan under which the company pays fixed contributions into a separate entity. Once the contributions have been paid the company has no further payments obligations. The contributions are recognised as expenses when they fall due. Amounts not paid are shown in accruals in the balance sheet. The assets of the plan are held separately from the company in independently administered funds.

Statement of cash flows

The charity is exempt from preparing a statement of cash flows on the grounds that it is a small charity

2 Company status

The company is a charitable incorporated organisation (CIO) and consequently does not have share capital. As a CIO if the CIO is wound up, the members of the CIO have no liability to contribute to its assets and no personal responsibility for settling its debts and liabilities.

3 Statement of Financial Activities - prior year

	Unrestricted funds 2021	Restricted funds 2021	Total funds 2021
	£	£	£
Income and endowments from:			
Donations and legacies	2,792	2,134	4,926
Charitable activities	3,356	226,542	229,898
Total	6,148	228,676	234,824
Expenditure on:			
Charitable activities	11,345	223,309	234,654
Total	11,345	223,309	234,654
Net income	(5,197)	5,367	170
Transfers between funds	3,368	(3,368)	
Net income before other gains/(losses)	(1,829)	1,999	170
Other gains and losses:			
Net movement in funds	(1,829)	1,999	170
Reconciliation of funds:			
Total funds brought forward	14,534	81,641	96,175
Total funds carried forward	12,705	83,640	96,345

4 Income from donations and legacies

	Unrestricted	Restricted	Total 2022	Total 2021
	£	£	£	£
Donations and Legacies	2,631	1,892	4,523	4,926
	2,631	1,892	4,523	4,926

5 Income from charitable activities

	Unrestricted	Restricted	Total 2022	Total 2021
	£	£	£	£
Grant Income				
Arts Council	-	-	-	14,833
Awards for All	-	-	-	17,380
Claire Milne Trust	-	15,000	15,000	-
Cornwall Community Foundation	-	-	-	4,770
Henry Smith Charity	-	58,700	58,700	34,100
Neighbourhood Trust	-	24,000	24,000	19,978
RC Business Manager Funding	-	-	-	23,708
Reaching Communities Emergency Fund	-	83,211	83,211	84,411
RTR Foundation	-	(850)	(850)	25,337
Small Grants under £10k	500	19,616	20,116	2,025
Primary Purpose Trading				
Workshops Fees	1,485	9,350	10,835	-
Participants Fees	5,047	810	5,857	3,103
Artist Sales/ Commissions	657	-	657	40
Poetry Book Sales	-	-	-	53
Other charitable income	320	-	320	160
	8,009	209,837	217,846	229,898

6 Income from investments

	Unrestricted	Total 2022	Total 2021
	£	£	£
Interest on cash/bank deposits	11	11	-
	11	11	-

7 Expenditure on charitable activities

	Unrestricted	Restricted	Total 2022	Total 2021
	£	£	£	£
Direct expenditure on charitable activities				
Facilitator Fees	1,604	85,917	87,521	99,676
Artists & Performance Fees	-	5,020	5,020	3,700
Art Materials	1,028	3,530	4,558	3,738
Venue Hire	100	6,934	7,034	2,132
Costume	-	208	208	142
Evaluation	-	5,250	5,250	3,740
Creative Director	4,255	7,650	11,905	8,560
Studio Staff	-	4,842	4,842	7,290
Support Costs				
Wages	-	27,625	27,625	15,730
Staff training	125	1,040	1,165	1,355
Travel and subsistence	299	15,123	15,422	11,534
Rent & rates	-	6,908	6,908	6,700
Insurance	-	1,523	1,523	899
Repairs & renewals	63	-	63	-
IT expenses	100	-	100	-
Printing, postage and stationary	303	304	607	3,039
Subscriptions	900	-	900	886
sundry expenses	489	9,252	9,741	6,408
Marketing and promotion	8,025	8,986	17,011	28,693
Consultancy fees	705	29,017	29,722	26,120
Legal and professional fees	1,200	200	1,400	3,165
Bank charges	93	-	93	84
Depreciation	736	-	736	-
Governance costs				
Accountancy fees	134	156	290	88
Independent examination of the charity's accounts	60	915	975	975
	20,219	220,400	240,619	234,654

8 **Net (expenditure)/income before transfers**

	2022	2021
	£	£
This is stated after charging:		
Depreciation of owned fixed assets	736	-

9 **Staff costs**

Salaries and wages	27,625	15,730
	27,625	15,730

No employee received emoluments in excess of £60,000

The average monthly number of full time equivalent employees during the year was as follows:

	2022	2021
	Number	Number
Charitable activities	1	1
	1	1

10 **Tangible fixed assets**

	Camera and Music Equipment	Fixtures and Fittings	Computer Equipment	Total
	£	£	£	£
Cost or revaluation				
At 1 September 2021	985	221	3,382	4,588
Additions	1,620	-	1,362	2,982
At 31 August 2022	2,605	221	4,744	7,570
Depreciation and impairment				
At 1 September 2021	985	221	438	1,644
Depreciation charge for the year	-	-	736	736
At 31 August 2022	985	221	1,174	2,380
Net book values				
At 31 August 2022	1,620	-	3,570	5,190
At 31 August 2021	-	-	2,944	2,944

11 **Debtors**

	2022	2021
	£	£
Trade debtors	145	6,425
	145	6,425

12 Creditors:

amounts falling due within one year

	2022	2021
	£	£
Trade creditors	9,382	2,116
Other taxes and social security	1,318	-
Accruals and deferred income	1,950	5,469
	12,650	7,585

13 Movement in funds

	At 1 September 2021	Incoming resources (including other gains/losses)	Resources expended	Gross transfers	At 31 August 2022
	£	£	£	£	£
Restricted funds:					
Restricted income funds:					
Knitted Together	-	34,000	-	-	34,000
Picture Post/ Sketchbooks	-	20,000	(13,387)	(5,000)	1,613
Cornwall Community Foundation	4,770	120	(4,326)	-	564
Henry Smith Charity	-	61,068	(54,939)	-	6,129
RC Business Manager Funding	18,346	-	(18,346)	-	-
Reaching Communities Emergency Fund	20,924	83,322	(78,929)	-	25,317
Small projects	9,147	7,009	(14,246)	-	1,910
Underworld Project	30,454	6,210	(36,227)	-	437
Total	83,641	211,729	(220,400)	(5,000)	69,970
Unrestricted funds:					
General funds	10,904	10,401	(18,233)	(126)	2,946
Designated funds:					
Sophie Muir Donation	1,000	250	(1,250)	-	-
Capital Expenditure	800	-	(736)	5,126	5,190
Total	1,800	250	(1,986)	5,126	5,190
Revaluation Reserves:					
Total funds	96,345	222,380	(240,619)	-	78,106

12 **Analysis of net assets between funds**

	Unrestricted funds	Restricted funds	
	£	£	£
Fixed assets	5,190	-	5,190
Net current assets	2,946	69,970	72,916
	8,136	69,970	78,106

13 Related party disclosures

Controlling party

The charity is controlled by the trustees who are all directors of the company; thus no single party controls the charity

19. NOTES TO THE ACCOUNTS

Appendix 1

Calendar of Activity

Many people ask what Shallal does, this is the calendar of our activity that is in addition to our 5 weekly dance groups and the 5 weekly art sessions and Zoom groups sessions. Shallal is busy and enjoyably so.

August 2021

Shallal Sketchbooks film by Adam Drake on Youtube

Open House site visit and talk with Ordinalia at Plen an Gwarry, St Just,

Meetings with Imagine If - for partnership development with Shallal Sketchbooks

Upshot training delivered to Shallal team

September

Shallal 2 move venue to Princess Pavilions, Falmouth

13, 16, 17 Shallal Dance Theatre visit the Ordinalia Plays at Plen an gwari, St Just

16 "2 suns and other characters" Yvonne Hingston's solo show at Grays Wharf, Penryn

24 A Call to Home Shallal Dance Theatre at Kresen Kernow, Redruth

Start of Underworld project by Shallal Studios exploring Cornwall's natural world

Night bat walks run by Shallal Studios in Redruth

Rift Theatre meeting with Shallal Studios about Rift's development of the Old Redruth Library

October

1 Showcasing and Sharing, Shallal Dance Theatre, St Peters Church, Newlyn

6/7 Rank Foundation Conference -zoom

11 Artists Meeting

20 Dean Evans meeting resulting in Jo Willis/Shallal Dance Theatre supporting Passmore Edwards Bicenntenial 2023

23 'Voices at the table' Shallal 2 film/s for Shout Louder by Feast for COP26 2021 United Nations Climate Change Conference

22 Seaweed Workshop at Shallal Studio, Krowji

Artists from Shallal Studios visit to Kresen Kernow to explore their archive for the new Underworld project

November

Back Lane West Residency all month: including Artists zoom presentations and Q&A by Anna and Michael Willis

5 Showcasing and Sharing, Shallal Dance Theatre event at St Peter's Church, Newlyn

Marks, Movement and Conversations, first meeting with with Leigh Jacobs discussing Shallal

2 working with Leigh and student friends from Falmouth Art School.

10 Artists in Back Lane West BLW - Lisa, Stuart and Eddie and Anna and Megan, Jo and Katie - on zoom.

Marianna Lasalle in BLW, then Shallal Studio, then went on to have her solo show St Ives in the summer

Bat Lyric workshop led by Eddie Callis at Back Lane West for Underworld project, Shallal Studios

Experimental film exploring seaweed by Lou Brett and Janice Schneider in BLW for Underworld project

18 Sharing Out There Liskeard group, Sharing at Liskerett Centre

Shallal Studios host Open Studios at Krowji

December

2 Team meeting with Charlotte Bond at Krowji

10 Showcasing and Sharing, Shallal Dance Theatre at St Peter's Church

Newlyn

15 Christmas sharing, Express Yourself and Friends And Dancing, Dracaena Centre,Falmouth

Gendall Design work with Shallal Studios towards strategies to develop products with Shallal artwork for potential income stream

January 2022

10 Annual Sponsored Dance by Shallal Dance Theatre

28 Embodied Space, Light Artist Peter Freeman collaboration with Shallal Dance Theatre

at Newlyn Art Gallery - live streamed on you tube,

followed by a Zoom Questions and Answers with Access and Education facilitators from Tretyakov Gallery and Museum, Moscow, Russia

31 Creative meeting

Gavan Goulder photographer trains Shallal Studios in photographing artwork through Cultivator training

Las Manos de Victor Jara (The Hands of Victor Jara) film by Adam Drake. A collaboration from Shallal 2: led by Terri Stevens and Sapphire Sumpter with Shallal dancers/artists and song and support by Susanna

February

16 Wildworks conversation

17 Charter for Change conversation with Manda Brookman

18 Showcasing and Sharing, Shallal Dance Theatre, Newlyn

26 Faraway Dances on you tube

Interview with Shallal Artists -Eddie Callis and Stuart Blackmore by Sapphire Sumpter youtube

Bat Clay workshops led by Kate Perry and Alice Mahoney for Underworld project at Shallal Studios

Seaweed screen printing workshops run by Shallal Studios for Underworld

Seaweed screen printing workshop with Drym Valley, Shallal Studios

March

2 Marks Movement and Conversation, Shallal 2, zoom and students workshop collaboration at Falmouth University Penryn, Campus

4 Marks Movement and Conversation, Shallal Dance Theatre workshop collaboration at Falmouth University, Woodlane Campus

9 A visiting lecturer talk introducing Shallal and some our cross art form work presented by Anna and Jo Willis, at Woodlane Campus, Falmouth University

11 Opening exhibition Marks Movement and Conversation with small performance 11 March - 18 At Goldfish Bowl Gallery, Woodlane Campus, Falmouth

17 Sharing by Out There, Liskeard group at Liskerett Centre

29 Creative Meeting - one each term

Poetry and writing workshop run by Zoe Wilton for Underworld project

E-book design training delivered by Stuart Blackmore for Shallal Studios, Underworld project

Workshop series with Holifield Day Centre exploring stop motion animation, Shallal Studios

Sound and movement workshop exploring bats by

Amy Lawrence, Oliver Goulding and Stuart Blackmore for Shallal Studios' Underworld project at Redruth Community Centre

Wildworks conversation with Shallal Studios about potential collaborations

April

4 6 Workshops - July Sound and Voice Workshops Partnership Research project - Jo Willis with Holifield Day Centre

Meeting with Jane Darke and Shallal Studios to discuss collaborations

Research into organisational development - Phoebe and Lou visit Project Artworks in Hastings, ActionSpace in London and Rocket Artists in Brighton for Shallal Studios

May

6 'A Call to Home' Shallal Dance Theatre at Truro Cathedral

24 Meeting with Lizzie Dennison (potential trustee)

Student intern from Plymouth University partnership with Shallal Studios to work on Shallal's social media and marketing.

Printmaking workshop by Shallal Studios commissioned for Jane Darke's Habitat's project at Illogan churchyard

4 Workshops exploring bats with Truro School students for the Underworld, Shallal Studios

2 Workshops with students at Curnow School SEN department for Underworld, Shallal Studios

June

7 Connecting Circles Project starts at Doubletrees School June- July - funded by Arts Lab

9 -22 Underworld Exhibition at Kresen Kernow Shallal Studios

14 'Hands' by Shallal Art Connection Zoom and other Shallal artists on you tube

16 Private View Underworld Exhibition at Kresen Kernow, Shallal Studios

17 'A Call to Home' Shallal Dance Theatre at Trinity Church,St Austell

20 - September, Underworld exhibition at Falmouth Art Gallery, Shallal Studios

25 **Life Force** – From early shoots to a garden full of life, in Midsummer Dance at Sterts Theatre by Shallal, Liskeard 'Out There' group

July

5 Visioning Group Zoom

Blue Light Day - Shallal Stall, Shallal Sketchbooks and Shallal outreach dancers and films performance at Cornwall Showground, Wadebridge.

15 Trevor Tribute Tea Dance hosted by Shallal Dance Theatre including Friends and Dancing, performance, sharing, live stream and zoom, at Princess Pavilions, Falmouth

18 Open House first sharing to family and friends at the Acorn, Penzance

20 Performance Sharing by Shallal 2 at Princess Pavilions, Falmouth

21 Arts Lab Evaluation event including Connecting Circles with Double Trees school

2 Workshops exploring bats with Kennal Vale primary school students, Underworld Project, Shallal Studios.

22 Shallal AGM (blended) at The Centre, Newlyn

25 - September, Joseph's Fancy Landscapes, Crazy Cows exhibition by Joseph Wheeler at Dark Pony Coffee, Falmouth, blended opening.

SHALLAL

England & Wales - Charity number 1166404

Accounts

Shallal

Annual Report
2020-2021



Charity Registration number: 1166404
Patron: Robert Fripp
www.shallal.org
admin@shallal.org.uk

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1. Introduction

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This annual report tells the reader about the achievements of Shallal, it's participants and facilitators in the last year and how the money has been spent.

If you are new to Shallal you may be interested in the information at the end of the document which tells you about what Shallal exists to do.

The main Annual Report contains reports and celebrations from our Chair, our Creative Director and from our facilitators.

2. Chair's Report from Henrietta Boex.

'Diversity and inclusion' is a much bandied phrase but the width of creative activity and mix of creative practitioners who make up Shallal continues to demonstrate to me the real meaning of these words. Jo Willis's report which follows mine outlines this brilliant range of activity more succinctly than I can.

Looking back over the year, by September 2020 Shallal had spent the previous six months successfully putting in place new supportive ways of working and communicating digitally and the mere fact that there are no less than five links to beautiful films/audio clips on YouTube in Jo's report shows how radically the organisation has been able to adapt and evolve whilst still in the jaws of the Pandemic.

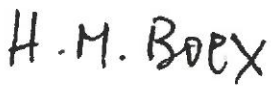
New collaborations with other creative practitioners like the Ugandan poet and social reform lawyer, Arinda Daphine and dancer/artist Bobby Johnson brought new ideas and inspiration to the projects and partnership working with Newlyn Art Gallery and Kresen Kernow new spaces for delivery.

It has been such a privilege to watch Shallal blossom in this way and I truly feel that it has become the umbrella organisation that we hoped five years or so ago that it could become. There is no doubt that the continuity of funding, principally from Henry Smith Charity, National Lottery Reaching Communities, Cornwall Community Foundation, FEAST, The Arts Council, Rix Thompson Rothenburg Foundation and Rank Foundation 'A time to Shine' have provided the stability and enhanced capacity that underpins all these creative projects and also provides much needed administrative support behind the scenes. In short, the organisation feels in the right shape to take the next leap which will be to apply to the Art

Council National Portfolio Organisation fund in May 2022 in the hopes that we can provide a sustainable future for both facilitators and participants alike.

As ever the Trustees thanks must go to those who daily make it all work. We thank Jo Willis for her creative direction and unceasing hard work, all the facilitators and volunteers and in particular Colin Curbishley, Sapphire Sumpter, Debbie O'Nyons, Demelza Rouncefield, Lois Taylor, Jo Lumber, Phoebe Barnicoat, Barry Cooper, George Bradley Peer, Star, Kerry Tomlins, Laura Menzies, Claire Mayle and Janice Schneider, for their dedication, enthusiasm and imagination. We would also like to thank Lou Brett and Barbara Santi for their terrific bid writing among other things and Chris Gardner and Charlotte Bond for their cool, calm and professional guidance.

As I have said every year - WELL DONE to one and all.



Henrietta Boex
Chair of Shallal Trustees

3. Shallal Report from Jo Willis.

Despite the difficulties of lockdown, we look back at a highly creative year and are grateful for everyone's resilience and capacity to be creative and communicative, each person using their strengths to enable us to go forwards, not to close, and not to go backwards!

We are grateful not only to the front of house facilitators and artists but all the people back of house working so hard to keep it all going and daring to try new things. A big thank you to Barbara Santi who did so much (which was often unseen) and to Lou for continuing support.

In the summer we welcomed Chris Gardner as our general manager and Charlotte Bond, who came into help with consultancy and future planning.

It was a year with extras: Wonderful Words, Short films, Shallal Sketchbooks on social prescribing, Film support group, Picture Post, FaceTime art sessions, Dance Deliveries, all have positively impacted what we deliver, and many have continued.

Throughout the year we reflected on 'green themes and doughnut economics,' to envision a 'safe and just space for humanity,' and that 'the earth had sent us all to our rooms to think about what we have done' creating short films, including for the theme of The Children's Fire for the G7 summit in June in St Ives.

A Shallal poetry book 'Invitation to the dance' celebrating poetry created over the past 30 years was part of a Shallal Dance Theatre project which couldn't happen due to the pandemic, however thanks to artist Toby Bridge, designer Phyllida Bluemel and a successful Crowdfunder we published our first poetry book.

It was wonderful to work with Sapphire Sumpter who became our Rank Foundation sponsored Time to Shine Leader, again not the easiest of times to drop into working in physical art forms in lockdown! But so much to show from her time with us: workshops introducing Amici, beautiful films, audio description, live streams and dance deliveries one of which developed into 'Connect and Dance' dancing in the park with people from Fal Care and the Falmouth area.

Blair Todd from Newlyn Art Gallery invited us to work in collaboration for the exhibition 'In Your Hands' with Arinda Daphine, a Ugandan poet and social reform lawyer, this resulted in the beautiful multi media installation show 'Foraging Nectar' https://youtu.be/RATgCONNXsw

Zoom sessions connecting us at real depth, despite the limits of technology, and became a part of what we continue to offer in 'Dance and Art Connect'. With zoom there was the opportunity to drop into so many sessions, that cross fertilisation of ideas and relationships blossomed, many people participating in four sessions a week.

Alongside zoom, was meeting up at a safe distance outdoors, with Dance Deliveries and then Film opportunities. The film 'The hands of Victor Hara' originating from Shallal 2, illustrated the ins and outs of the complex year, taking most of a year to complete, as we bounced in and out of lockdowns, managing the dynamics of communicating and working at distance. https://www.youtube.com/watch?v=NYWiGe-uySI

Working outdoors on 'Trees' https://youtu.be/-0O2mwh-6So brought dancer/artist Bobby Johnson into our 'creative family,' her filming and editing of the central film in https://youtu.be/Cv4STMaGWLQ 'In Your Hands' allowed us to see many Shallal dancers in the wonderful landscape we live in.

I always love Back Lane West Residency, highlights for me were:
Sapphire sharing Amici's approach via zoom workshops, enabling a deeper connection with them

The Artists talks with Q&A – this format has continued and Zoe's talk created with Phoebe later in the year was inspirational https://youtu.be/ms8Aj6mD2S4

Zoe also sat on the interview panel for our new manager and continued to show her depth of understanding of Shallal, as a founder member at an organisational level, as well as what we all know her for, which is her cross-art form creativity.

We all loved Trevor Hill, who died aged eighty in April, his participation in Shallal spanned Friends and Dancing and Shallal Dance Theatre, two of the longest running groups. Three of us were able to attend his funeral and John Willis, who knew Trevor from childhood, ran a half marathon to raise funds for The Trevor Hill Memorial Fund, to help people in supported living/care to access Shallal. This feels a fitting tribute to someone who was one of many peoples' favourite personalities to engage with!
https://shallal.org/articles/trevor-hill-memorial-fund

It was a very moving experience working with Arinda at such distance, it was fantastic to have such a challenging project during lockdown and to witness everyone's brilliant and unique responses to her suggestions and themes. Thank you to Blair and Newlyn Art Gallery.

We ended the year with our first group meet up of many Shallal Dance Theatre at Kresen Kernow ready to perform work together again, with an exciting commission. A joy to be together, however we miss those who can't be with us.

Shallal has grown in response to need and skills. Everyone brings their best to what they do whatever their role from participants to trustees. Claire has developed Shallal Sketchbooks and Phoebe and Lou have delivered accessible art projects. The community groups are thriving, and we have found ways to film and perform. We have maintained and expanded a creative community through hard times and learnt from it and added more to our repertoire, we continue on.

Thank you to everyone who has been part of it and welcome to those who are new to it.

4. Report from Colin Curbishley.

Casting my mind back to summer 2020 was a challenge so I thought I'd reflect on the year backwards in the true Shallal style of celebrating diversity.

My top highlight of the year was being part of the 'Foraging Nectar' project with Arinda Daphine, I was inspired to do something unusual for me, write little poems called Shallal-Ku's. I loved the amazing variety of peoples creations, in all different mediums that manifested in the Newlyn Art Gallery exhibition 'In Your Hands' and seen by nearly 7000 people.

The films involved many of the participants in Shallal's community groups Open House Penzance and the Falmouth group Friends and Dancing. The latter had only been meeting as a large group on Zoom when Sapphire started the Dance Connection sessions in Kimberly Park. Which were really well received. So, this gave them a wonderful opportunity to gather outdoors to perform and be part of a larger project. The Open House group had been meeting as an in-person group much early in Penlee Park Open Air Theatre. Participants then really enjoyed our adventure to Tregaseal stone circle, dancing, playing music and being part of the filming with Bobby behind the camera.

That summer group was also invited to the Plen-an-Gwarry in St Just by the director of the 'Ordinallia' plays. We were treated to a guided tour of the set, met some of the actors and told the history of the plays. These were originally performed by the community in the Cornish language for hundreds of years, so it was great to be included in a celebration of their revival. As part of this project most of Shallal Main Company members meet for the first time in person at Kresen Kernow to view the original 14th century text of the plays on it's return to Cornwall for the first time, quite an occasion all round.

A lot of the year revolved around online Zoom sessions and events which were a great blessing for many people. This allowed Shallal participants to keep connected, re-connect to people who had moved away or lost touch and invite in new friends.



A prime example being the fabulous Christmas party.

I enjoyed the online presentations by up-and-coming artists Anna and Michael Willis.
Plus, it was great to see Shallal's longest standing member Zoe Wilton share her passion, Knowledge and artist skills in a very professional manner, aided by Phoebe.

I loved doing the Dance Deliveries to Shallal participants who had been most isolated or adversely affected by the 'lockdowns' over the last year. The bespoke music choices and the variety of outdoor settings certainly added to the challenge of offering a mini one man performance.

A BIG THANKYOU to all the people who worked so hard to keep the Good Ship Shallal afloat and riding high on the crest of the second and third wave of you know what.

Here's to another year of Celebrating Ability, Diversity and Community in our unique style.

5. Shallal Studios by Lou Brett & Phoebe Barnicoat

As the Shallal year began in September 2020, the Studio was busy delivering Picture Post in response to pandemic lockdowns and preparing to re-open the studio to small groups.

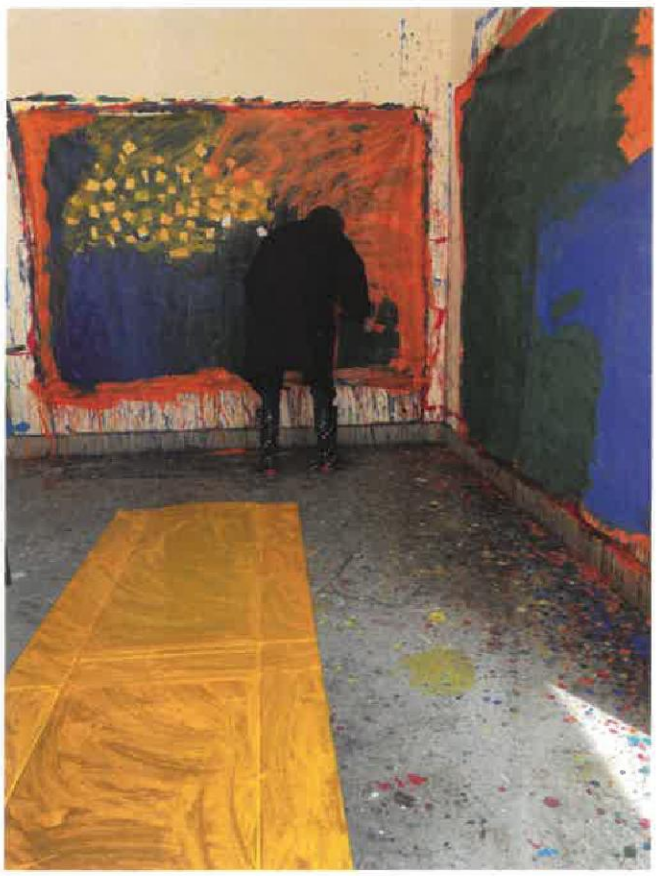
Picture Post, funded by Arts Council England, ran from May to November 2020 in partnership with Project Ability in Glasgow, enabling 26 artists to work creatively at home and to stay in touch. We posted weekly ideas and inspiration to the artists, backed up with instruction videos on our website. They posted

their work back to us to be shared in printed catalogues (which we posted out) and online, and we kept in touch regularly on the phone. Seeing their work all together in the printed catalogues meant that everyone felt connected in the project, whether they had internet access or not.

The project began in the early lockdowns of 2020 at a time when we didn't know how long the isolation would last, or how it would feel. The artists said that it gave them something to look forward to in the post each week and a way to feel still part of Shallal.

Although the project ended in November, lots of the artists wanted it to carry on, so we found a way for it to blend with Shallal Sketchbooks under the name of Picture Post 2. Funded by the Postcode Neighbourhood Trust, this second postal art project ran from January to July 2021 and reached 55 artists, 11 of whom were new to Shallal.

The postal projects have been a welcome learning curve for all of us in finding different ways to be creative together and to share our work. They have taught us a huge amount about how to make participative art activities and exhibitions more accessible to people who can't travel easily. These things have influenced our next studio project *Underworld*, which will include ways of taking part remotely, and for those who can't travel to exhibitions, an accessible ebook and paper zine to enjoy.



At the same time as supporting artists to make art at home, we were very glad to be back in the studio at Krowji when guidelines allowed, working one-to-one or with two artists, thanks to funding from Cornwall Community Foundation.

One artist, who was the only person from the studio that we were unable to reach during lockdowns returned to the studio with great passion, diving straight into creating large scale work.

The studio also met up with two artists outside for 1-1 sessions. The sessions were ambitious and allowed for new ways of working, for example using sensory, biodegradable art materials for working in the environment, which has led to ideas for future studio projects!

Increased accessibility has also been behind our new website project. Shallal Studios has led the development of Shallal's new website, designed according to Web Content Accessibility Guidelines (WCAG 2.1). The new website www.shallal.org was launched in July, gathering Shallal's many groups and activities into one place and celebrating our ethos and history.

The website project ran alongside a business planning process, also led by Shallal Studios, with inspiring and invaluable mentoring funded by Cultivator Cornwall. Along with our Visioning days with Shallal artists, this process has enabled Shallal as a whole to plan for a dynamic and creative future.



6. Sketchbooks by Claire Mayle

Due to receiving the Emergency Reaching Community funding Lisa Mortenson & myself were able to facilitate weekly sketchbook workshops via zoom to help support those that are vulnerable, isolated and struggling. It proved to be a great success in developing an online network of artists from differing backgrounds be there for each other developing new skills. The majority of the participants were based in Cornwall but also had artists from Scotland, Devon and Spain that were able to re-connect and be familiar with others from the Shallal community.

"Online sessions are essential for my overall sense of wellbeing and health, especially my mental health"
The last 6 months have proved to be incredibly successful in accessing isolated individuals through the sketchbook, working with social prescribers within central Cornwall. Social prescribers 'Imagine if' have obtained Awards for All funding for the next 6 months to help pilot this project. Enabling us to work 1:1 with participants that are particularly isolated due to not having access to technology and living

remotely. It also continues to fund the online workshops on a regular weekly basis with myself and Colin Curbishly facilitating this.

"*It's been lifesaving, returning to some hope in my life and bringing back creative energy. Giving hope back through art and friendship has been crucial".*
We had the opportunity to go out and meet some of the most isolated artists that we have been supporting through phone calls and post in delivering some creative Christmas parcels. It was really wonderful to meet some of those that we have been supporting through incredibly difficult times over the last couple of months.

- Outreach Christmas parcels to referrals
- Local primary school make over 200 Christmas cards that are delivered to 5 care homes

"Every resident received a card and they absolutely loved the creativity and the beautiful words written by the children".



A family moved to Cornwall from Shropshire where they were proactively involved within their community and had a large and varied social network. Accessing a high standard of services delivering support and variety to those with learning and physical difficulties.

"We are so grateful for these sessions, they have been a life line to us, especially during this time of Covid, but also, they have helped us make new friends, after moving into the area and not knowing anyone, we are so grateful to Shallal and people like yourselves for making us feel so welcome".

Due to the Reaching Communities fund local artist Laura Menzies and myself have been able to reach over 30 individuals over 6 months through the Picture Post 2 project. Supporting individuals through postal art activities, monthly zoom workshops & telephone contact. We have seen many positive outcomes in supporting these individuals using the sketchbook as a creative tool to support their wellbeing. Everyone involved immersed themselves within each activity in their own unique way. Demonstrating resilience and developing confidence throughout the project.

7. Shallal Mission Statement.

To create a dynamic, celebratory, socially inclusive company which engages, explores and integrates improvised dance theatre, providing a performance space for anyone in the community, regardless of sex, gender, race, age, and physical, mental, and emotional status. We seek to enable artistic expression, improve physical health and self–confidence and provide a socially inclusive experience that will enhance the quality of life for all members through professionalism, dedication, skill acquisition and sheer good fun

8. Charitable Objects (what Shallal is here to do):

Promote, maintain, improve and advance education and to preserve and protect health particularly by providing access to and involvement in the performing arts including the arts of dance, theatre, music, visual arts, film, costume, photography, sculpture, writing and theatre technical skills by a wide range of the community, especially those who need a supportive environment.

9. Shallal aims to:

- **Support training opportunities in dance theatre and the arts, particularly for those from disadvantaged or socially excluded groups.**

- **Enable community integration by engaging across divisions of age, class, ability, disability and cultural background.**

- **Provide experience of performance and support continuing artistic development**

- **Provide flexible access to dance theatre and associated arts through Open House workshops and outreach services**

- **To further enable and develop outreach and support services appropriate to community needs**

- **To increase integrated partnership working with other artists, community groups, charities, training and service providers**

- To challenge low cultural opportunities for and expectations of people with a range of disadvantages and disabilities wherever we encounter them.

Shallal means something different to everyone involved. This year we have asked all the people in Shallal to tell us what it means to them. It is important Next year we will make sure that members have their say about what is important to them and we will publish their ideas as part of our aims and values. The aims of Shallal should always be read alongside these views.

10. Who is Involved.

Self-employed facilitators

Jo Willis (Creative Director/Lead Facilitator)

Colin Curbishley (Facilitator)

Deborah O'Nyons (Facilitator)

Lois Taylor (Facilitator/Associate Artist)

Lou Brett (Studio co-manager, Fundraising and Evaluator, Producer, Bid Writer)

Barbara Santi (Associate Artist, Producer, Bid Writer)

Phoebe Barnicoat (Studio co-manager)

Demelza Rouncefield (Associate Artist)

Jo Lumber (Associate Artist)

Pep Mogas (Associate Artist)

Star (Associate Artist)

Lisa Mortensen (Associate Artist)

Janice Schneider (Associate Artist)

George Bradley-Peer

Jo Lumber

Pep Mogas

Janice Schneider

Elly Frears

Lisa Mortensen

Anna Willis

Jerry Drew (Business Manager)

Trustees

Henrietta Boex (Chair)

Nick Fripp (Treasurer)

Volunteers

Star the Dancer

Toby Bridge

David Cox

Nigel Pooley

Barry Cooper

Shallal Employees

Chris Gardner (General Manager)

Sapphire Sumpter (Time to Shine development Dance)

11. Partners who help Shallal

The Acorn Arts Centre
Adam Drake
Awen Productions CIC
Back Lane West
CAST
Cornwall Community Foundation
Dance Centred
DisAbility Cornwall
Dracaena Centre
Falmouth Art Gallery
Falcare
Gyllyngdune Gardens
Hall for Cornwall (HFC)
Holifield Farm
Kneehigh
Krowji
Liskerett Centre
Lightbox Films
Newlyn Art Gallery
Peter Freeman
Porthmeor Studios
Robin Fisher
Royal Cornwall Museum
St Peter's Church
St Erth Church Hall
The Performance Centre at Falmouth University (now Academy of Music and Theatre Arts AMATA)

12. Professional Information

Charity name: Shallal

Registered charity number 1166404

Charity's principal address:

The Penwith Centre
Parade Street
Penzance
TR18 4BU

Banker:

CAF Bank Ltd
25 Kings Hill Avenue
Kings Hill
West Malling
Kent ME19 4JQ

Independent Auditor:

Debbie Risborough
Cornwall Community Accounting Services
2 Princes Street
Truro
TR1 2ES

13. Names of charity trustees who served in the year:

Henrietta Boex

Nick Fripp

Barry Cooper

David Cox

Nigel Pooley

14. Contribution made by volunteers

Voluntary community-based effort is intrinsic to the way Shallal works and we envisage building on this. By supporting the development of members' capacity through skills development and training opportunities and events, individuals have been empowered to take on workshop facilitator roles and greater administrative and governance control of the charity.

Throughout the organisation, including the main dance company, in administration, governance and communication, service users are encouraged and enabled to play a full part as volunteers alongside artists and allied professionals. This helps to maximise the impact of the paid staff and facilitators, which in turn enables the organisation to maximise the impact of funding.

It is difficult to include the full extent of time input by volunteers, but the voluntary in-kind contribution is substantial.

15. Financial Review

This was a year that involved a lot of changes in including adapting our work to the challenges of the pandemic and ultimately saw Shallal's financial position significantly improve. Our Statement of Financial Activities showed a significant increase in income from £184,707 in 2020 to £234,654 in 2021.

Great credit is due to a range of colleagues in Shallal who worked hard on securing core funding for our work and particular thanks go to Lou Brett and to Barbara Santi for their work during this period on securing funding. Our facilitators were part of increased levels of delivery compared to the previous year and the fact that we managed to expand the scope of our work during this very challenging time is a tribute to the Creative Director and all facilitators. Our members and participants continue to inspire all involved in Shallal and remind us why looking after our money carefully is so important.

We also need to note that we had an unexpectedly high level of staff turnover on the accounting side due to circumstances beyond our control. We then needed to take action to recruit some short term cover and ultimately to get a new Business Manager and interim financial officer in place to take remedial action to ensure that financial records were updated and processes put in place to stabilise financial management going forward. This has resulted in preparing the accounts in the annual report for review by the independent examiner. We are now in a much more secure financial position in terms of processes, records and reporting and we need to make sure we maintain this going forward.

The improvement in our underlying position both in terms of sustainability and volume of activity is not yet secured but we have taken action in the current year to seek NPO core funding as a means of providing further stability for Shallal going forward

The trustees declare that they have approved the annual report and accounts.



Nick Fripp

Trustee and Treasurer

16. Independent Examiners Report to the Trustees of Shallal Registered Charity: 1166404

Independent Examiner's Report to the trustees of Shallal

I report to the charity trustees on my examination of the accounts of Shallal for the year ended 31 August 2021 which comprise the Statement of Financial Activities, the Summary Income and Expenditure Account, the Balance Sheet and the related notes.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act.

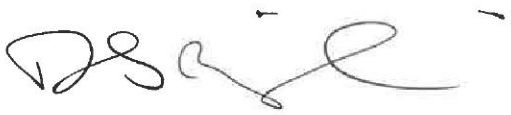
Having satisfied myself that the accounts of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that:

- accounting records were not kept in accordance with section 386 of the 2006 Act ; or
- the accounts do not accord with those records; or
- the accounts do not comply with the accounting requirements under section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Debbie Risborough
Association of Chartered Certified Accountants
Cornwall Community Accountancy Service
The Elms, 61 Green Lane
Redruth
Cornwall

TR15 1LS
22 July 2022

17. STATEMENT OF FINANCIAL ACTIVITIES

for the year ended 31 August 2021

	Notes	Unrestricted funds 2021 £	Restricted funds 2021 £	Total funds 2021 £	Total funds 2020 £
Income and endowments from:					
Donations and legacies	4	2,792	2,134	4,926	55
Charitable activities	5	3,356	226,542	229,898	184,652
Total		6,148	228,676	234,824	184,707
Expenditure on:					
Charitable activities	6	11,345	223,309	234,654	123,069
Total		11,345	223,309	234,654	123,069
Net gains on investments		-	-	-	-
Net income		(5,197)	5,367	170	61,638
Transfers between funds		3,368	(3,368)	-	-
Net income before other gains/(losses)		(1,829)	1,999	170	61,638
Other gains and losses:					
Net movement in funds		(1,829)	1,999	170	61,638
Reconciliation of funds:					
Total funds brought forward		14,534	81,641	96,175	34,537
Total funds carried forward		12,705	83,640	96,345	96,175

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

18. BALANCE SHEET

at 31 August 2021

Company No.	**Notes**	**2021** £	**2020** £
Fixed assets			
Tangible assets	8	2,944	-
		2,944	-
Current assets			
Debtors	9	6,425	-
Cash at bank and in hand		94,561	97,050
		100,986	97,050
Creditors: Amount falling due within one year	10	(7,585)	(875)
Net current assets		93,401	96,175
Total assets less current liabilities		96,345	96,175
Net assets excluding pension asset or liability		96,345	96,175
Total net assets		96,345	96,175
The funds of the charity			
Restricted funds	11		
Restricted income funds		83,640	81,641
		83,640	81,641
Unrestricted funds	11		
General funds		10,905	14,534
Designated funds		1,800	-
		12,705	14,534
Reserves	11		
Total funds		96,345	96,175

Approved by the board on 22 July 2022

And signed on its behalf by:

H.M. Boex.

Henrietta Boex
Chair of Trustees

19. NOTES TO THE ACCOUNTS

for the year ended 31 August 2021

1 Accounting policies

Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The charity constitutes a public benefit entity as defined by FRS102.

Change in basis of accounting or to previous accounts

There has been no change to the accounting policies (valuation rules and method of accounting) since last year and no changes have been made to accounts for previous years.

Fund accounting

Unrestricted funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
Designated funds	These are unrestricted funds earmarked by the trustees for particular purposes.
Revaluation funds	These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.
Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

Income

Recognition of income	Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.
Income with related expenditure	Where income has related expenditure the income and related expenditure is reported gross in the SoFA.
Donations and legacies	Voluntary income received by way of grants, donations and gifts is included in the the SoFA when receivable and only when the Charity has unconditional entitlement to the income.
Tax reclaims on donations and gifts	Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.
Donated services and facilities	These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.
Volunteer help	The value of any volunteer help received is not included in the accounts.
Investment income	This is included in the accounts when receivable.
Gains/(losses) on revaluation of fixed assets	This includes any gain or loss resulting from revaluing investments to market value at the end of the year.
Gains/(losses) on investment assets	This includes any gain or loss on the sale of investments.

Expenditure

Recognition of expenditure	Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.
Expenditure on raising funds	These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.
Expenditure on charitable activities	These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.
Grants payable	All grant expenditure is accounted for on an actual paid basis plus an accrual for grants that have been approved by the trustees at the end of the year but not yet paid.
Governance costs	These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.
Other expenditure	These are support costs not allocated to a particular activity.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities. In the Statement of Cash Flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Leased assets

Where the charity enters into a lease which entails taking substantially all the risks and rewards of ownership of an asset, the lease is treated as a finance lease.
Leases which do not transfer substantially all the risks and rewards of ownership to charity are classified as operating leases.
Assets held under finance leases are initially recognised as assets of the charity at their fair value at the inception of the lease or, if lower, at the present value of the minimum lease payments. The corresponding liability to the lessor is included in the balance sheet date as a finance lease obligation. Lease payments are apportioned between finance expenses and reduction of the lease obligation so as to achieve a constant rate of interest on the remaining balance of the liability. Finance expenses are recognised immediately, unless they are directly attributable to qualifying assets, in which case they are capitalised in accordance with the charity's policy on borrowing costs.
Assets held under finance leases are depreciated in the same way as owned assets.

Operating lease payments are recognised as an expense on a straight-line basis over the lease term.
In the event that lease incentives are received to enter into operating leases, such incentives are recognised as a liability. The aggregate benefit of incentives is recognised as a reduction of rental expense on a straight-line basis.

Pension costs

The charity operates a defined contribution plan for its employees. A defined contribution plan is a pension plan under which the company pays fixed contributions into a separate entity. Once the contributions have been paid the company has no further payments obligations. The contributions are recognised as expenses when they fall due. Amounts not paid are shown in accruals in the balance sheet. The assets of the plan are held separately from the company in independently administered funds.

Statement of cash flows

The charity is exempt from preparing a statement of cash flows on the grounds that it is a small charity

2 Company status

The company is a charitable incorporated organisation (CIO) and consequently does not have share capital. As a CIO if the CIO is wound up, the members of the CIO have no liability to contribute to its assets and no personal responsibility for settling its debts and liabilities.

3 Statement of Financial Activities - prior year

	Unrestricted funds 2020	Restricted funds 2020	Total funds 2020
	£	£	£
Income and endowments from:			
Donations and legacies	55	-	55
Charitable activities	15,661	168,991	184,652
Total	15,716	168,991	184,707
Expenditure on:			
Charitable activities	13,741	109,328	123,069
Total	13,741	109,328	123,069
Net income	1,975	59,663	61,638
Net income before other gains/(losses)	1,975	59,663	61,638
Other gains and losses:			
Net movement in funds	1,975	59,663	61,638
Reconciliation of funds:			
Total funds brought forward	12,561	21,976	34,537
Total funds carried forward	14,536	81,639	96,175

4 Income from donations and legacies

	Unrestricted	Restricted	Total 2021	Total 2020
	£	£	£	£
Donations and Legacies	2,792	2,134	4,926	55
	2,792	2,134	4,926	55

5 Income from charitable activities

	Unrestricted	Restricted	Total 2021	Total 2020
	£	£	£	£
Grant Income				
Arts Council	-	14,833	14,833	28,786
Awards for All	-	17,380	17,380	-
Back Lane West	-	-	-	8,655
Cornwall Community Foundation	-	4,770	4,770	7,180
Henry Smith Charity	-	34,100	34,100	34,100
Neighbourhood Trust	-	19,978	19,978	-
RC Business Manager Funding	-	23,708	23,708	-
Reaching Communities Emergency Fund	-	84,411	84,411	90,270
RTR Foundation	-	25,337	25,337	-
Small Grants under £10k	-	2,025	2,025	10,750
Primary Purpose Trading				
Participants Fees	3,103	-	3,103	4,905
Artist Sales/ Commissions	40	-	40	6
Poetry Book Sales	53	-	53	-
	160	-	160	-
	3,356	226,542	229,898	184,652

6 Expenditure on charitable activities

	Unrestricted	Restricted	Total 2021	Total 2020
	£	£	£	£
Direct expenditure on charitable activities				
Facilitator Fees	1,596	98,080	99,676	47,841
Artists & Performance Fees	650	3,050	3,700	6,948
Art Materials	196	3,542	3,738	1,862
Venue Hire	300	1,832	2,132	10,452
Costume	38	104	142	13
Evaluation	-	3,740	3,740	1,710
Creative Director	360	8,200	8,560	13,700
Studio Staff	-	7,290	7,290	-
Support Costs				
Wages	0	15,730	15,730	-
Staff training	20	1,335	1,355	6
Travel and subsistence	245	11,289	11,534	9,586
Rent & rates	-	6,700	6,700	-
Insurance	0	899	899	1,066
Printing, postage and Stationary	12	3,027	3,039	398
Subscriptions	14	872	886	180
sundry expenses	119	6,289	6,408	2,686
Marketing and promotion	734	27,959	28,693	2,999
Consultancy fees	2,748	23,372	26,120	19,877
Legal and professional fees	3,165	-	3,165	2,440
Bank charges	84	-	84	60
Governance costs				
Accountancy fees	88	-	88	120
Independent examination of the charity's accounts	975	-	975	1,125
	11,345	223,309	234,654	123,069

7 **Staff costs**

Salaries and wages	15,730	-
	15,730	-

The average monthly number of full time equivalent employees during the year was as follows:

	2021 Number	2020 Number
Charitable activities	1	-
	1	-

8 **Tangible fixed assets**

	Camera and Music Equipment	Fixtures and Fittings	Computer Equipment	Total
	£	£	£	£
Cost or revaluation				
At 1 September 2020	985	221	438	1,644
Additions	-	-	2,944	2,944
At 31 August 2021	985	221	3,382	4,588
Depreciation and Impairment				
At 1 September 2020	985	221	438	1,644
At 31 August 2021	985	221	438	1,644
Net book values				
At 31 August 2021	-	-	2,944	2,944
At 31 August 2020	-	-	-	-

9 **Debtors**

	2021	2020
	£	£
Trade debtors	6,425	-
	6,425	-

10 **Creditors:**
amounts falling due within one year

	2021	2020
	£	£
Trade creditors	2,116	-
Accruals and deferred income	5,469	875
	7,585	875

11 Movement in funds

	At 1 September 2020	Incoming resources (including Other gains /losses)	Resources expended	Gross transfers	At 31 August 2021
		£	£	£	£
Restricted funds:					
Restricted income funds:					
Here and Now - Arts Council	3,826	-	-	(3,826)	-
Picture Post/ Sketchbooks	7,742	30,846	(38,705)	116	0
Cornwall Community Foundation	4,980	4,770	(4,980)	-	4,770
Henry Smith Charity	(558)	34,100	(34,684)	1,142	0
RC Business Manager Funding	-	23,708	(5,363)	-	18,346
Reaching Communities Emergency Fund	65,651	84,411	(128,338)	(800)	20,924
RTR Foundation - Time to Shine	-	20,387	(11,240)	-	9,147
Underworld Project	-	30,454	-	-	30,454
Total	81,641	228,676	(223,309)	(3,368)	83,640
Unrestricted funds:					
General funds	14,534	5,148	(11,345)	2,568	10,905
Designated funds:					
Sophie Muir Donation	-	1,000	-	-	1,000
Capital Expenditure	-	-	-	800	800
Total	-	1,000	-	800	1,800
Revaluation Reserves:					
Total funds	96,175	234,824	(234,654)	-	96,345

Comments and restrictions in relation to the funds:

Restricted funds:

Here and Now - Arts Council	The brought forward value has been transferred to unrestricted funds due to misallocation of costs in the prior year.

12 Analysis of net assets between funds

	Unrestricted funds	Restricted funds	Total
	£	£	£
Fixed assets	2,944	-	2,944
Net current assets	9,761	83,640	93,401
	12,705	83,640	96,345

13 Related party disclosures

Controlling party

The charity is controlled by the trustees who are all directors of the company; thus no single party controls the charity.

SHALLAL

England & Wales - Charity number 1166404

Accounts

Shallal

Annual Report
2019-2020









Charity Registration number: 1166404
Patrons: Robert Fripp and Patrick Gale
www.shallal.org
admin@shallal.org.uk

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Appendix 1 DIARY OF THE YEAR.

1. Introduction

This annual report tells the reader about the achievements of Shallal, it's participants and facilitators in the last year and how the money has been spent.
If you are new to Shallal you may be interested in the information at the end of the document which tells you about what Shallal exists to do.
The main Annual Report contains reports and celebrations from our Chair, our Creative Director and from our facilitators.

2. Chair's Report from Henrietta Boex.

It has been an extraordinary year and all of us have had to make our way through the complex and risky world brought about by Covid 19. The amazing efforts by all our facilitators to switch suddenly from in-person sessions to Zoom and other alternative means of delivery has been a great success. Participation numbers have risen in many cases, whilst everyone will be glad to meet in person again, the ability to stay connected throughout is a credit to all involved.
I have previously referred to the importance of having sustained funding in place that allows increased outreach experimentation and innovation and so we are hugely grateful to our funders, to the Henry Smith Charity, Arts Council England and Reaching Communities whose significant grants have made this possible in the last year. The Trustees continued stated aim for Shallal is to gain recognition by Arts Council England as a National Portfolio Organisation, we shall be submitting a bid in the early 2022 cycle, our aim to gain core funding for all its diverse activities across Cornwall and providing a sustainable future for both facilitators and participants alike.
Throughout the year, the various groups that meet under the Shallal umbrella have flourished. Embodied Spaces at Newlyn and Connect & Create were great successes; Shallal Sketchbooks grew and thrived; the new studio at Krowji was busy, when Covid rules allowed and created the Picture Post project. Shallal has also actively engaged with *Doughnut Economics* and *Culture Declares Emergency*. Colin's 60th Birthday attracted a brilliant turnout and was the last fabulous act we enjoyed before lockdown.
As ever the Trustees thanks must go to those who daily make it all work. We thank Jo Willis for her creative direction and hard work, all the facilitators and volunteers and in particular Colin Curbishley, Sapphire Sumpter, Debbie O'Nyons, Demelza Rouncefield, Lois Taylor, Jo Lumber, Phoebe Barnicoat, Barry Cooper, George Bradley Peer, Star, Kerry Tomlins, Laura Menzies, Claire Mayle and Janice Schneider, for their dedication, enthusiasm and imagination. We would also like to thank Lou Brett and

Barbara Santi for their terrific bid writing among other things. We bid farewell to Matt Leach and welcomed Jerry Drew as our new business manager. Thank you also to my fellow Trustees for your support and guidance.

As I have said every year - WELL DONE to one and all.

Henrietta Boex

Chair of Shallal Trustees

3. Shallal Report from Jo Willis.

In August the wonderful exhibition at Falmouth Art Gallery Community Space of Portraits, was there throughout the summer holidays.

"Fabulous quirky and powerful intriguing portraits" feedback. Then the dream realised and the Studio at Krowji opened.

We welcomed Phoebe who joins Shallal to work developing the studios with Lou and others.

We met Sapphire Sumpter at Theo Clinkards talk at CAST. Sapphire has met Wolfgang and Amici and joined in from London when we are in lockdown and in less than a years' time CAST go on to support us in Regenerative Visions for the Arts In Cornwall zoom.

The national Fun Palace weekend sees:

Shallal 2 at Royal Cornwall Museum RCM,

"Brilliant work as usual from Shallal - mesmerising, fun, inspiring, entertaining, emotional, laugh out loud - this show had it all! Well done."

Shallal Sketchbooks at Krowji - with Kerry and Phoebe.

RCM commission a film made with AdamDrake with Shallal 2

https://www.youtube.com/watch?v=Xs6_qtTTjDA

October, Claire Mayle started volunteering with Shallal Sketchbooks and took over when Kerry passed it on, many thanks to Kerry, for sustaining it.

November, Outreach dance performance & Shallal Sketchbooks at New Service Launch Day Portreath, as we started working with Nikki Kelly and developing Social Prescribing particularly through Sketchbooks by phone, post and later on on zooms.

Robins films https://www.youtube.com/watch?v=qDjN0WJAbWA (Thanks to Johnny Mars for music)

"So I eventually ended my Friday dropping into the studio and joy of joys a vision realised, I was greeted by a calm concentrated silence and looked around to see Tina and Sam drawing at the table, using varied

mediums, Colin poised by an easel contemplating his painting of cliffs and the potential addition of a raven, Toby at another table finishing poetry book illustrations and Zoe editing her film and photographs on the iMac. This vision of artists working together in company but on their own creativity "..blog 9.12.20

Embodied Space at Newlyn Art Gallery, Shallal Dance Theatre with Peter Freeman
"The collaboration and this performance are a meeting of light, space, dance and music. We have made several attempts over the past weeks; this is the most recent. Each time throws up new complexities and revelations. It's provisional and unfinished but that's the place it wants to be, in a zone of experiment, mistake and sudden luminous beauty." Peter Freeman
"So beautiful - seen quite a few Shallal performances, but this was my favourite. The music, the light, the movement - such an otherworldly environment to enter such a tonic such beauty. Thankyou,
Kay.
PS loved the artwork too!" "Inspirational and life-affirming"

George's approach was the inspiration for the whole project and pushed forwards our approach to performance improvisation. Demelza emphasised in our feedback session that to create work from improvisation is not unusual, to continue that process and exploration into performance is! and to not know who will be there or what music will be played or the space, pushes it even further ....
Film from ES "and as always Barbara you have captured the essence on film" Tina Cockett https://www.youtube.com/watch?v=RqDqf2s7kk8&t=4s

Our last big gathering was Colin's 60th birthday bash.



So many plans, on hold or cancelled as the pandemic and lockdown affect us all...
Poetic Places Shallal Dance Theatre, a theatre tour and outreach performances at literary festivals pushing our use of sign language and accessibility and developing ES work with Pete Freeman in art galleries.
I liked the image saying that "the earth sent us to our rooms to think about it"
We responded quickly with 'CONNECT & CREATE 16th/20th March - review of plans as coronavirus develops, keep in touch, stay connected!'

Many thanks to our funders, Henry Smith Charity enabled the community groups to run and Reaching Communities funding came in just before lockdown enabling Shallal2, & Shallal Dance Theatre, and the Studio rent for the next 3 years!

Shallal Dance Theatre's Art and Production afternoon slot became Shallal Art Zoom meeting for people across Shallal hosted by Barry Cooper, and with artists from West Cornwall to Liskeard joining in. Shallal 2 went international with Lily and Nicky from the hilltops of Southern Spain to a garden in Scotland with old Shallal colleague Shelley joining in after work!

However, equality and equity come into all these equations. We are very aware that not everyone has access to technology some by poverty, some by choice. So we also phoned & sent post.
'It was so great to re-connect and see some new faces. I need more Shallal in my life and really hope I can

be involved with some of the art stuff again moving forward. ' participant

We made a special Connect and Create Facebook page
'...a space to share what we are creating at home.
Feel free to post photos, videos, writing, ANYTHING creative on the group for us to see.'
And
A new Shallal arts you tube channel : hosting Picture Post videos, poems, dances, music and art work. https://www.youtube.com/channel/UCHqXvGvul--aNrXo- NoGtsA
We kept creating Connect and Create https://www.youtube.com/watch?v=-9Dgs_GYPtY
"Adore the film made me feel emotional to be so close and yet so far from someone, very beautiful. Thank you so much."

An output of my immersion into Culture Declares Emergency and Doughnut Economics was to share some of the best of what I'd heard, and with the support of Manda Brookman we hosted 'Regenerative Visions for the Arts in Cornwall' with 2 local and 2 national speakers attracted audience 73 from Japan & Berlin to UK, Cornwall! which showed its relevance - 55 on event.

We left the year with Our Culture Declares Emergency banner in our studio window. Building on Regenerative Visions, Shallal collaborated with Cafe Disruptif http://www.cafedisruptif.com/ for Cornish Doughnut Feast https://www.instagram.com/cornishdoughnutfeast/ - *'positive news and ways forward are what we need, so let's drop what got us here 'growth economics' and start joined up, circular thinking.'*

Doughnut Economics provides a new inspiring model which can be adapted and is already being used by many.
Let's promote and introduce it.
Shallal are now part of Cornwall Doughnut Collective.

Many thanks as always across the whole of Shallal for everyone's hard work, dedication, creativity and support.

4. Report from Colin Curbishley.

It's a little bit tricky to cast my mind back to the first two months of 2020 but there's one event I do remember very clearly to this day. It was a Shallal style party on a Friday afternoon in early March to celebrate my 60th birthday...the last time so many of us we're gathered in one place. I feel very fortunate

to have shared that time with everyone and if I'd known what was coming two weeks later I'd have had a few more parties.

Since then, I've been very happy to see how Shallal has adapted to the big changes that we have all been experiencing. So, I'm starting with a big thank you to everyone involved in keeping things going through these challenging times. Not only did we manage to keep all the groups going but also created new projects that have reached a lot of people who are new to Shallal and probably wouldn't have found us if things had just carried on as normal.

There have been other positive aspects to the fact Shallal hasn't been able to do things in the way to set out this year. Many people in the community groups are forming stronger friendships and bonds through the online chat groups on WhatsApp and Facebook. The sharing of creative ideas, artwork, videos and photo's that are made personally or taken from other platforms has help to lift spirits and fulfil Shallal's ethos of celebrating community, ability and diversity.

We have mostly been holding sessions on Zoom particularly with the Express Yourself and Friends & Dancing groups. Debs has set up wonderful art sessions on a particular theme that I've then managed to carry over into the dance session, thanks to the help of the people participating and Demelza. They have been bringing along their music suggestions and ideas for new themes which has made for an interesting and fun time.

Fortunately, Kerry and I have been able to meet in person during the summer months with small groups in Penzance at the Penlee Open Air Theatre thanks with the support of the Town Council. When the weather turned in Autumn The Acorn kindly opened its doors to us again and we ran two sessions each Monday with six people at each to comply with the government guidelines. When they closed for refurbishments, we moved to the Big Dance Company on Chapel Street thanks to Fiona and Ben for being very supportive. We are forming a new relationship that will hopefully grow in the future when they buy the premises, and we can have an allocated space and possibly and art studio. These sessions proved very popular, and I believe, have helped people to gain the confidence to come out and express themselves again by dancing with others.
The Sketchbooks project now led by Claire went online back in the summer and it's been a great pleasure to spend a few hours a week with her and all the participants making visual art. Some people have come from existing Shallal groups and others came through our connections with NHS Social Prescribing.

As always, it's been my pleasure to support Jo at Shallal Main Company and share the sometimes-turbulent waters of Zoomland. Finding new ways to carry on the unique creative process that continues to bring marvellous outcomes has had its challenges.

My prayers are that Shallal will again be performing in public very soon and continues to be a stable and thriving Arts Charity that always receives ample, generous funding and donations which fully supports all of its creative projects for the benefit of One and All in Cornwall and beyond.

5. Shallal Studios by Lou Brett

It would be easy to split the year into pre-Covid and Covid periods, given that the studio launched in September 2019 and got off to a flying start, only to close the following March. But actually, the studio has been incredibly active and innovative through the year and has continued to grow and thrive. The studio doors may have been closed on and off since March but, like all of Shallal, we've continued to work with our artists remotely, we've recruited new artists and we've launched new projects. We also have exciting and ambitious plans for the future. What is clear is that the pandemic has shone a spotlight on health, social and cultural inequalities in the UK, and that Shallal's offer of creative social connection has been more urgently needed than ever.

We moved into our ground floor, purpose-built studio space at Krowji creative hub in September 2019 and began our pilot project 'Expanding Limits', opening three days a week and engaging around 40 artists. Funding from Creative Kernow (Arts Council and Cornwall Council) and Cultivator Cornwall (European Funding) meant that we were able to equip the studio with a Mac computer and printer, three cameras and tripods and a Wacom digital drawing pad as well as a flatbed printing press and screen-printing equipment. We also have a lower, more accessible sink and height adjustable tables. The studio offers open access workshops to artists of all ages and abilities and encourages artists to try new creative mediums. We love the communal atmosphere where ideas bounce from one artist to another!







Images: Artists in the studio before the pandemic: Open Studios poster artwork by Yvonne Hingston

October 2019 saw our first opportunity to tell the local community about Shallal Studios, by taking part in Krowji's Fun Palace. 180 people saw our 'Drop in and Draw' table, and 27 people, aged between 7 and 60 years, signed up for the Shallal Sketchbooks project.

At the end of November, we opened our doors to the public for the first time for Krowji Christmas Open Studios. 141 people came to see the work and the event was a fantastic opportunity to network with artists, potential funders, journalists and new creative partners. Our artists were excited to see their work hanging in an exhibition and three artists sold work.

To add to the creativity in the Autumn term, we managed to fit in our annual combined arts residency at Back Lane West, Redruth. With Arts Council funding, this year's residency has been packed with diverse collaborative research, with 40 artists taking part. Light, shadow and puppetry was something of a theme, with a week-long shadow puppet research project and a really exciting opportunity to work throughout the month with lighting artist Peter Freeman. Peter's work concluded with 'Sculpting with Light'; a talk, Q&A and showing of residency research findings. Shallal dancers and musician George Bradley-Peer responded to Peter's light installation, creating a powerful and immersive experience. Peter summed up the event:

"The collaboration and this performance is a meeting of light, space, dance and music…It's provisional and unfinished but that's the place it wants to be, in a zone of experiment, mistake and sudden luminous beauty." **Peter Freeman**

The residency closed with a well-attended sharing event including big, group abstract pieces, poetry and prose, short films and shadow puppets made by children at Red River Steiner School.

In January 2020, the studio was delighted to be included in Shallal's 'Embodied Space' event at Newlyn Art Gallery, featuring a Main Company dance performance, lighting art by Peter Freeman and visual art from Shallal Studios. Additional funding from Cornwall Community Foundation's Lord St Levan fund enabled studio artists who had never exhibited before to be part of the curation process of framing and hanging their work at Newlyn Art Gallery. One artist sold work.

The positive effects of an active, well-equipped and well-manned studio base can be seen across the charity as a whole and the advantages of being at Krowji; a connected creative hub, have been immediate, with opportunities to raise awareness of Shallal and increase engagement among the creative sector, social services and local people.

In March 2020, when the pandemic came along, the studio was well enough established in its relationships with artists to be able to support all of them to some extent remotely via the phone, Zoom, email and post. With emergency funding from Arts Council England and guided by the needs of our artists, this developed into Picture Post, a postal art project in partnership with Project Ability, designed to bridge the digital divide and to offer isolated artists a sense of community. This 6-month project has enabled 26 artists to work creatively at home and has resulted in an amazing gallery on our website of over 300 artworks on paper as well as two printed catalogues and a resource of accessible art demonstration videos. Feedback from this project has enabled us to set up Picture Post 2, run by Shallal Sketchbooks, developing the project idea further and increasing the number of artists involved. Picture Post 2 is funded by the Postcode Neighbourhood Trust will run during 2021.
With the studio closed over Spring and Summer 2020, funding from Cornwall Community Foundation enabled the studio to support artists one-to-one outdoors who were extremely isolated and vulnerable and unable to access digital technology. For a few of our artists this has been a creative lifeline. Shallal Sketchbooks has also been incredibly active during this time, reaching many isolated and vulnerable people, as described in the Sketchbooks report.

Looking ahead: Thanks to funding from Reaching Communities Emergency Fund the studio will make adjustments to adapt to Covid-19 social distancing and hygiene restrictions in order to open after summer 2020 with up to two artists at once.

6. Sketchbooks Feb 2020 -August 2020 by Claire Mayle

At February half term I set up my first exhibition at Falmouth art gallery this was up for several weeks and then moved into the library space as part of the Benow festival it was my first (& last! due to Covid) workshop in person. I learnt a great deal from this experience and I am looking forward to continue to run workshops within the community as soon as possible.

Shallal sketchbooks ran a drop-in workshop in the library as well as exhibiting completed sketchbooks in the gallery.

The workshop aims to give guidance on how to begin a sketchbook. Explore different methods of how to express yourself and look at what can ignite your imagination and inspire you to make a mark.
During the first lockdown 35 sketchbooks were sent out reaching those that were particularly isolated, NHS workers & families. As well as other creatives and non-creatives alike, that wanted to participate with the project and try something new.

March through to June was spent navigating the first national lockdown and how we can reach people through the sketchbook. There was a small budget to begin with to provide sketchbooks within the community. Sketchbooks began to gain momentum towards the end of the summer when we were getting referrals through the social prescribing team. This proved to be a great success in providing regular support through the post, email, zoom and telephone calls to people that are particularly vulnerable at the moment.

Jane is an artist that was introduced to the project through the social prescribing service. Due to the medication Jane is on she is unable to work in the way she was once accustom to & now works digitally using photographs. We have been able to send images over to Jane for her to work with and engage with others in support Jane's creative process.

15/06/20
'I took part in the last Shallal Sketchbooks and I was so inspired by it that it led me to start painting. I have since held exhibitions and started a free art group for Falmouth in the community, so I am a huge fan of your work."
Antonella via Facebook – runs Falmouth Community Art Group

Feedback from some of the artists that have been referred to us though the social prescribing service:
Geraldine has said this has changed her life and is so pleased to have the contact, the sketchbook is giving her hope and cannot thank us enough.
Jane was isolated and felt unmotivated and is now looking forward to our conversations and is inspired by the sketchbook.



The image above was by Lauren who was finding life incredibly hard following the death of her brother and suffering from anxiety. Lauren has since been able to communicate more and open up to showing us her work. After receiving the sketchbook Lauren's family supported her with this and was brought some paints, then another gave Lauren a camera to which Lauren has taken some exceptionally beautiful photographs which she shares on Instagram.

August

Due to Emergency Reaching Community Funding we were able to run a weekly workshop with our sketchbooks and is proving to be a great success. Through the workshops we continue to bring awareness & encourage to work responsibly towards our environment using recycled materials and supporting the use of environmentally friendly processes.

"Thanks to you and Lisa for facilitating the sessions for us so far. Your manner makes them friendly, relaxed and encouraging. I've been enjoying having a focus subject each week, and the time spent where we all work together online in our sketchbooks".

7. Shallal Mission Statement.

To create a dynamic, celebratory, socially inclusive company which engages, explores and integrates improvised dance theatre, providing a performance space for anyone in the community, regardless of sex, gender, race, age, and physical, mental, and emotional status. We seek to enable artistic expression, improve physical health and self–confidence and provide a socially inclusive experience that will enhance the quality of life for all members through professionalism, dedication, skill acquisition and sheer good fun

8. Charitable Objects (what Shallal is here to do):

Promote, maintain, improve and advance education and to preserve and protect health particularly by providing access to and involvement in the performing arts including the arts of dance, theatre, music, visual arts, film, costume, photography, sculpture, writing and theatre technical skills by a wide range of the community, especially those who need a supportive environment.

9. Shallal aims to:

- **Support training opportunities in dance theatre and the arts, particularly for those from disadvantaged or socially excluded groups.**

- **Enable community integration by engaging across divisions of age, class, ability, disability and cultural background.**

- **Provide experience of performance and support continuing artistic development**

- **Provide flexible access to dance theatre and associated arts through Open House workshops and outreach services**

- **To further enable and develop outreach and support services appropriate to community needs**

- **To increase integrated partnership working with other artists, community groups, charities, training and service providers**

- To challenge low cultural opportunities for and expectations of people with a range of disadvantages and disabilities wherever we encounter them.

Shallal means something different to everyone involved. This year we have asked all the people in Shallal to tell us what it means to them. It is important Next year we will make sure that members have their say about what is important to them and we will publish their ideas as part of our aims and values. The aims of Shallal should always be read alongside these views.

10. Who is Involved.

Self-employed facilitators

Jo Willis (Creative Director/Lead Facilitator)
Colin Curbishley (Facilitator)
Deborah O'Nyons (Facilitator)
Lois Taylor (Facilitator/Associate Artist)

Lou Brett (Studio co-manager, Fundraising and Evaluator, Producer, Bid Writer)
Barbara Santi (Associate Artist, Fundraising and Evaluator, Producer, Bid Writer)
Phoebe Barnicoat (Studio co-manager)
Demelza Rouncefield (Associate Artist)
Jo Lumber (Associate Artist)
Pep Mogas (Associate Artist)
Star (Associate Artist)
Lisa Mortensen (Associate Artist)
Janice Schneider (Associate Artist)
Matt Leach (Business Manager)
Jerry Drew (Business Manager)

Volunteers

Star the Dancer
Demelza Rouncefield
Toby Bridge
George Bradley-Peer
Jo Lumber
Pep Mogas
Janice Schneider
Elly Frears
Lisa Mortensen
Robin Fisher
Anna Willis
Michael Willis

Trustees

Henrietta Boex (Chair)
Alexandra Zierle
Nick Fripp (Treasurer)
David Cox
Nigel Pooley
Barry Cooper

11. Partners who help Shallal

The Acorn Arts Centre
Access Theatre
Adam Drake
Awen Productions CIC
Back Lane West
Cafe Disruptif
CAST
Choice
Cornwall Council, Department of Adult Social Care
Cornwall Community Foundation
Dance Centred

DisAbility Cornwall
Dracaena Centre
Falmouth Art Gallery
Falcare
Gyllyngdune Gardens
Hall for Cornwall (HFC)
Harry Theaker
Holifield Farm
Hypatia Trust
John Daniel Centre
Johnny Mars
Kehelland Trust
Kestle Barton
Kneehigh
Krowji
Liskerett Centre
Lightbox Films
Newlyn Trinity Centre
Newlyn Art Gallery
Museum of Cornish Life
Penwith Community Development Trust
Penwith Volunteer Bureau
Penlee House Museum and Gallery
Peter Freeman
Porthmeor Studios
Robin Fisher
Royal Cornwall Museum
St Peter's Church
St Erth Church Hall
The Performance Centre at Falmouth University (now Academy of Music and Theatre Arts AMATA)
Trebah Gardens
Wheal Martyn Clay Museum
VIVA

12. Professional Information

Charity name: Shallal

Registered charity number 1166404

Charity's principal address:

The Penwith Centre
Parade Street
Penzance
TR18 4BU

Banker:

CAF Bank Ltd
25 Kings Hill Avenue
Kings Hill
West Malling
Kent ME19 4JQ

Independent Examiner:
Debbie Risborough (FCCA)
Cornwall Community Accounting Services
The Elms, 61 Green Lane
Redruth TR15 1LS

13. Names of charity trustees who served in the year:

Henrietta Boex
Alexandra Zierle
Nick Fripp
David Cox
Nigel Pooley

14. Contribution made by volunteers

Voluntary community-based effort is intrinsic to the way Shallal works and we envisage building on this. By supporting the development of members' capacity through skills development and training opportunities and events, individuals have been empowered to take on workshop facilitator roles and greater administrative and governance control of the charity.

Throughout the organisation, including the main dance company, in administration, governance and communication, service users are encouraged and enabled to play a full part as volunteers alongside artists and allied professionals. This helps to maximise the impact of the paid staff and facilitators, which in turn enables the organisation to maximise the impact of funding.

It is difficult to include the full extent of time input by volunteers, but the voluntary in-kind contribution is substantial.

15. Financial Review

The Shallal reporting period for the purposes of the Charity Commission runs from 1st September 2019 to 31st August 2020.

Shallal has remained solvent and it is a credit to all involved that the charity continues to operate in difficult conditions with Covid through lockdowns and uncertainty . Everyone has played their part, the application writers, the fundraisers, the facilitators and the trustees. Our new business and finance managers are working hard to strengthen the systems for financial management in the current year and that is providing improved assurance to trustees and members about financial management following a challenging period in late 2020.

The income over the year was received from the following sources:

GRANTS	
ARTS COUNCIL	£37,441
HENRY SMITH	£34,100
CORNWALL COMMUNITY FUND	£7,180
SIR JULES THOR	£750
CORNWALL COUNCIL	£10,000
REACHING COMMUNITIES	£90,270
TOTAL GRANTS	£179,741
OTHER INCOME	
PARTICIPANTS FEES	£4,905
DONATIONS	£55
ART SALES	£6
TOTAL OTHER INCOME	£4,966
TOTAL INCOME	£184,707
TOTAL EXPENDITURE	£123,069
BALANCE OF INCOME OVER EXPENDITURE	£61,638

It can be seen that our income exceeded our expenditure by £61,638 (2019 £24,807) but it should be noted that this surplus is committed to the delivery of funded programmes. There is a need to ensure that there continues to be close scrutiny of the accounts and budget projections, to secure the continued viability of Shallal.

The Reaching Communities Grant has had a significant impact on Shallal's funding position this year. Total grants received in the previous year being just £88,441.

Other income is half of what it was in the previous year with participants' fees and workshop fees being significantly reduced due to the impact of Covid 19 and this is a continuing concern in the current financial year resulting in further reduction of our unrestricted funds. It is a priority for us to build this element of our income to ensure that Shallal can manage unexpected circumstances and invest in development. The balance of unrestricted funds £14,536 (2019 £12,561)

The trustees declare that they have approved the Annual Report and Accounts.



Nick Fripp
Trustee & Treasurer

16 Independent Examiners Report to the Trustees of Shallal Registered Charity: 1166404

Independent Examiner's Report to the trustees of Shallal

I report to the charity trustees on my examination of the accounts of Shallal for the year ended 31 August 2020 which comprise the Statement of Financial Activities, the Summary Income and Expenditure Account, the Balance Sheet and the related notes.

Responsibilities and basis of report

As the trustees of the charity (and also its directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006 ('the 2006 Act.

Having satisfied myself that the accounts of the charity are not required to be audited under Part 16 of the 2006 Act and are eligible for independent examination, I report in respect of my examination of your charity's accounts as carried out under section 145 of the Charities Act 2011 ('the 2011 Act'). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

Independent examiner's statement

I have completed my examination. I can confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that:

- accounting records were not kept in accordance with section 386 of the 2006 Act ; or
- the accounts do not accord with those records; or
- the accounts do not comply with the accounting requirements under section 396 of the 2006 Act other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination; or
- the accounts have not been prepared in accordance with the Charities SORP (FRS 102).

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



Debbie Risborough
Association of Chartered Certified Accountants
Cornwall Community Accountancy Service
The Elms, 61 Green Lane
Redruth
Cornwall
TR15 1LS
Date: 28 September 2021

17 .STATEMENT OF FINANCIAL ACTIVITIES

for the year ended 31 August 2020

	Notes	Unrestricted funds 2020	Restricted funds 2020	Total funds 2020	Total funds 2019
		£	£	£	£
Income and endowments from:					
Donations and legacies	4	55	-	55	2,754
Charitable activities	5	15,661	168,991	184,652	100,060
Total		15,716	168,991	184,707	102,814
Expenditure on:					
Charitable activities	6	13,741	109,328	123,069	78,007
Total		13,741	109,328	123,069	78,007
Net income		1,975	59,663	61,638	24,807
Net income before other gains/(losses)		1,975	59,663	61,638	24,807
Other gains and losses:					
Net movement in funds		1,975	59,663	61,638	24,807
Reconciliation of funds:					
Total funds brought forward		12,561	21,976	34,537	9,730
Total funds carried forward		14,536	81,639	96,175	34,537

The statement of financial activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

18. BALANCE SHEET

at 31 August 2020

Company No.	**Notes**	**2020**	**2019**
		£	**£**
Current assets			
Cash at bank and in hand		97,050	34,537
		97,050	34,537
Creditors: Amount falling due within one year	8	(875)	-
Net current assets		96,175	34,537
Total assets less current liabilities		96,175	34,537
Net assets excluding pension asset or liability		96,175	34,537
Total net assets		96,175	34,537
The funds of the charity			
Restricted funds	9		
Restricted income funds		81,639	21,976
		81,639	21,976
Unrestricted funds	9		
General funds		14,536	12,561
		14,536	12,561
Total funds		96,175	34,537

These accounts have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to small companies.

For the year ended 31 August 2020 the company was entitled to exemption under section 477 of the Companies Act 2006 relating to small companies.

The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.

The directors acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

Approved by the board on 31 August 2020

And signed on its behalf by:

H.M. BOEX

Name: HENRIETTA BOEX, CHAIR OF TRUSTEES, SHALLAL
Trustee

Date: 28/9/2021

for the year ended 31 August 2020

1 Accounting policies

Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

The financial statements are prepared in sterling, which is the functional currency of the charity. Monetary amounts in these financial statements are rounded to the nearest £.

The charity constitutes a public benefit entity as defined by FRS102.

Change in basis of accounting or to previous accounts

The accounting policy has changed from receipts and payments basis to accruals basis; no changes have been made to accounts for previous years.

Fund accounting

Unrestricted funds	These are available for use at the discretion of the trustees in furtherance of the general objects of the charity.
Designated funds	These are unrestricted funds earmarked by the trustees for particular purposes.
Revaluation funds	These are unrestricted funds which include a revaluation reserve representing the restatement of investment assets at their market values.
Restricted funds	These are available for use subject to restrictions imposed by the donor or through terms of an appeal.

Income

Recognition of income	Income is included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to, and virtually certain to receive, the income and the amount of the income can be measured with sufficient reliability.
Income with related expenditure	Where income has related expenditure the income and related expenditure is reported gross in the SoFA.
Donations and legacies	Voluntary income received by way of grants, donations and gifts is included in the the SoFA when receivable and only when the Charity has unconditional entitlement to the income.
Tax reclaims on donations and gifts	Income from tax reclaims is included in the SoFA at the same time as the gift/donation to which it relates.
Donated services and facilities	These are only included in income (with an equivalent amount in expenditure) where the benefit to the Charity is reasonably quantifiable, measurable and material.
Volunteer help	The value of any volunteer help received is not included in the accounts.
Investment income	This is included in the accounts when receivable.
Gains/(losses) on revaluation of fixed assets	This includes any gain or loss resulting from revaluing investments to market value at the end of the year.
Gains/(losses) on investment assets	This includes any gain or loss on the sale of investments.

Expenditure

Recognition of expenditure	Expenditure is recognised on an accruals basis. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates.
Expenditure on raising funds	These comprise the costs associated with attracting voluntary income, fundraising trading costs and investment management costs.
Expenditure on charitable activities	These comprise the costs incurred by the Charity in the delivery of its activities and services in the furtherance of its objects, including the making of grants and governance costs.
Grants payable	All grant expenditure is accounted for on an actual paid basis plus an accrual for grants that have been approved by the trustees at the end of the year but not yet paid.
Governance costs	These include those costs associated with meeting the constitutional and statutory requirements of the Charity, including any audit/independent examination fees, costs linked to the strategic management of the Charity, together with a share of other administration costs.
Other expenditure	These are support costs not allocated to a particular activity.

Taxation

The charity is exempt from corporation tax on its charitable activities.

Intangible fixed assets and amortisation

Intangible fixed assets (including purchased goodwill, patents and trademarks) are carried at cost less accumulated amortisation and impairment losses.

Stocks

Stock is included at the lower of cost or net realisable value. Donated items of stock are recognised at fair value which is the amount the charity would have been willing to pay for the items on the open market.

Trade and other debtors

Trade and other debtors are recognised at the settlement amount due after any trade discount offered. Prepayments are valued at the amount prepaid net of any trade discounts due.

Cash and cash equivalents

Cash and cash equivalents comprise cash at bank and on hand, demand deposits with banks and other short-term highly liquid investments with original maturities of three months or less and bank overdrafts. In the statement of financial position, bank overdrafts are shown within borrowings or current liabilities. In the Statement of Cash Flows, cash and cash equivalents are shown net of bank overdrafts that are repayable on demand and form an integral part of the company's cash management.

Trade and other creditors

Short term creditors are measured at the transaction price. Other creditors and provisions are recognised where the charity has a present obligation resulting from a past event that will probably result in the transfer of funds to a third party and the amount due to settle the obligation can be measured or estimated reliably. Creditors and provisions are normally recognised at their settlement amount after allowing for any trade discounts due.

Leased assets

Where the charity enters into a lease which entails taking substantially all the risks and rewards of ownership of an asset, the lease is treated as a finance lease.
Leases which do not transfer substantially all the risks and rewards of ownership to charity are classified as operating leases.
Assets held under finance leases are initially recognised as assets of the charity at their fair value at the inception of the lease or, if lower, at the present value of the minimum lease payments. The corresponding liability to the lessor is included in the balance sheet date as a finance lease obligation. Lease payments are apportioned between finance expenses and reduction of the lease obligation so as to achieve a constant rate of interest on the remaining balance of the liability. Finance expenses are recognised immediately, unless they are directly attributable to qualifying assets, in which case they are capitalised in accordance with the charity's policy on borrowing costs.
Assets held under finance leases are depreciated in the same way as owned assets.

Operating lease payments are recognised as an expense on a straight-line basis over the lease term.
In the event that lease incentives are received to enter into operating leases, such incentives are recognised as a liability. The aggregate benefit of incentives is recognised as a reduction of rental expense on a straight-line basis.

Statement of cash flows

The charity is exempt from preparing a statement of cash flows on the grounds that it is a small charity

2 **Company status**

The company is a charitable incorporated organisation (CIO) and consequently does not have share capital. As a CIO if the CIO is wound up, the members of the CIO have no liability to contribute to its assets and no personal responsibility for settling its debts and liabilities.

3 **Statement of Financial Activities - prior year**

	Unrestricted funds 2019	Restricted funds 2019	Total funds 2019
	£	£	£
Income and endowments from:			
Donations and legacies	1,187	1,567	2,754
Charitable activities	11,368	88,692	100,060
Total	12,555	90,259	102,814
Expenditure on:			
Charitable activities	13,382	64,625	78,007
Total	13,382	64,625	78,007
Net income	(827)	25,634	24,807
Net income before other gains/(losses)	(827)	25,634	24,807
Other gains and losses:			
Net movement in funds	(827)	25,634	24,807
Reconciliation of funds:			
Total funds brought forward	13,388	(3,658)	9,730
Total funds carried forward	12,561	21,976	34,537

4 **Income from donations and legacies**

	Unrestricted	Total 2020	Total 2019
	£	£	£
Donations and Legacies	55	55	2,754
	55	55	2,754

5 Income from charitable activities

	Unrestricted	Restricted	Total 2020	Total 2019
	£	£	£	£
Grant Income				
Here and Now - Arts Council	-	16,780	16,780	21,700
Back Lane West	-	8,655	8,655	50
Cornish Doorways	-	-	-	4,260
Cornwall Community Foundation	-	7,180	7,180	750
Expanding Limits	-	-	-	16,300
Henry Smith Charity	-	34,100	34,100	34,101
Picture Post - Arts Council	-	12,006	12,006	-
Reaching Communities Emergency Fund	-	48,570	48,570	-
Reaching Communities Yr 1	-	41,700	41,700	-
Small Grants under £10k	10,750	-	10,750	11,280
Primary Purpose Trading				
Fundraising	-	-	-	536
Workshop Fees	-	-	-	2,719
Participants Fees	4,905	-	4,905	8,089
Other Income	6	-	6	275
	15,661	168,991	184,652	100,060

6 **Expenditure on charitable activities**

	Unrestricted	Restricted	Total 2020	Total 2019
	£	£	£	£
Direct expenditure on charitable activities				
Facilitator Fees	1,816	46,025	47,841	24,815
Artists & Performance Fees	581	6,368	6,948	1,782
Art Materials	32	1,830	1,862	527
Venue Hire	885	9,567	10,452	4,637
Costume	0	13	13	45
Evaluation	-	1,710	1,710	1,420
Creative Director	6,807	6,893	13,700	13,490
Support Costs				
Staff training	6	-	6	-
Travel and subsistence	0	9,586	9,586	5,049
Insurance	316	750	1,066	580
Repairs & renewals	-	-	-	9,502
Printing, postage and stationary	100	298	398	1,509
Subscriptions	-	180	180	-
sundry expenses	74	2,612	2,686	35
Marketing and promotion	178	2,821	2,999	951
Consultancy fees	101	19,776	19,877	12,393
Legal and professional fees	2,440	-	2,440	542
Bank charges	60	-	60	60
Governance costs				
Accountancy fees	120	-	120	670
Independent examination of the charity's accounts	225	900	1,125	-
	13,741	109,328	123,069	78,007

7 **Staff costs**

There were no employees throughout the year.

8 **Creditors:** amounts falling due within one year

	2020	2019
	£	£
Accruals and deferred income	875	-
	875	-

9 Movement in funds

	At 1 September 2019	Incoming resources (including other gains/losses)	Resources expended	At 31 August 2020
		£	£	£
Restricted funds:				
Restricted income funds:				
Here and Now - Arts Council	7,419	16,780	(20,373)	3,826
Picture Post - Arts Council		12,006	(4,264)	7,742
Back Lane West	-	8,655	(8,655)	0
Cornwall Community Foundation	-	7,180	(2,200)	4,980
Cornish Doorways	(4,157)	-	4,157	-
Expanding Limits	16,198	-	(16,198)	0
Henry Smith Charity	840	34,100	(35,498)	(558)
Reaching Communities Emergency Fund	-	48,570	(500)	48,070
Reaching Communities Yr 1	-	41,700	(24,119)	17,581
Small Grants under £10k	1,676	-	(1,676)	0
Total	21,976	168,991	(109,328)	81,639
Unrestricted funds:				
General funds	12,561	15,716	(13,741)	14,536
Revaluation Reserves:				
Total funds	34,537	184,707	(123,069)	96,175

10 Analysis of net assets between funds

	Unrestricted funds	Restricted funds	Total
	£	£	£
Net current assets	14,536	81,639	96,175
	14,536	81,639	96,175

11 Related party disclosures

Controlling party

The charity is controlled by the trustees who are all directors of the company; thus no single party controls the charity.



Travel

Imagination and heart travel
With wings of fire
Into new places full of hope
Full of possibility
And yet we still fear

Gentle breezes touch my cheek
- And I am freed

Linda Berry

Appendix 1 DIARY OF THE YEAR.

August 2019 - August 2020:

5th - September Portraits by Express Yourself Artists at Falmouth Art Gallery community space.

26th Shallal Studios has a new home at Krowji GO8

September

Shallal Dance Theatre now meet at St Erth Church hall

13th Kneehigh invitation to 'The Nature of Why' Para-orchestra large group from SDT and more

Embodied Space, Shallal Dance Theatre performances

14th Eden Arts Festival Weekend, Eden Project

15th Trerife House, Penzance, Breeze Art and Makers Fair

27th Liskerett Centre Liskeard with Continuum Dance, Out There and Thomas Remnant

October

1st-31st Back Lane West (BLW) Residency

5th Shallal 2, 'Face to face' 2 performances at Fun Palace, Royal Cornwall Museum, RCM) Truro

Shallal 2 film made with Adam Drake, for RCM

5th Shallal Sketchbooks at Krowji, Fun Palace, Redruth

9th Robin Fisher filming Friends and Dancing & Express Yourself

26th 'Sculpting with Light', BLW talk/sharing with Peter Freeman

31st Sharing BLW residency

November

26th Outreach performance & Shallal Sketchbooks at New Service, Launch Day, Portreath

29th – 30th Open Studios Krowji, Redruth

December

1st Open Studios Krowji - exhibition Shallal Studios and artists

13th Shallal Dance Theatre to Controlled Movement Gym, Penryn for filming with Robin Fisher

18th Friends and Dancing Christmas Sharing

20th AGM and Christmas Party

Jan 2020

8th or 15th Holifield farm workshop in Shallal Studio

24th & 25th Embodied Space exhibition and performances at Newlyn Art Gallery with Shallal Studio Artists, Shallal Dance Theatre and Peter Freeman - light artist.

Welcome to Jerry Drew, new business manager

February

Phoebe attended Unlimited Conference SW

Shallal Sketchbooks at at Falmouth Art Gallery for half term

Robin's film

March

6th Colin's 60th birthday party!

Barbara's film Embodied Space https://vimeo.com/396217484

Covid 19 Lockdown

17th Connect & Create

Poetic Places tour cancelled

Shallal Poetry book creation continues with crowdfunding

May - start of Picture Post, Shallal Studios Project with Project Ability Glasgow

Making you tube videos sharing old ES photographs and new work Al's poem art work

12th 'Connect & Create' review and visioning meeting

July

2nd 'Connect & Create' film you tube

Jo Willis becomes a member of the RSA

24th Eddies new song Zoom /youtube S2

Barbara's film

https://vimeo.com/440702587?fbclid=IwAR3atAycAg3Wj1use2FTLDOaD0PFo_U0IMe1Qg23jWC3HmjV8l6j9UPevk

'Picture post' online Sharing

https://vimeo.com/440702587?fbclid=IwAR3atAycAg3Wj1use2FTLDOaD0PFo_U0IMe1Qg23jWC3HmjV8l6j9UPevk

26th Newsletter for across Shallal by Phoebe

30th 'Regenerative Visions for the Arts in Cornwall' zoom

August

4th Cornwall Doughnut Collective meeting