



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	1	Jan	2023		31	December	2023

Section A Reference and administration details

Charity name	Food Parcels
Other names charity is known by	
Registered charity number (if any)	1166371
Charity's principal address	324 Barkham Road
	Wokingham
Postcode	RG41 4DA

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Dr Farooq Ahmed	Chairman		Dr Farooq Ahmed
2	Iftikhar Ali	Treasurer		Iftikhar Ali
3	Zubair Rafiq	Secretary		Zubair Rafiq
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Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	Trust
Trustee selection methods (eg. appointed by, elected by)	Elected by members at AGM.

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Charity structure:

The structure consists of trustees which also acts as an operational committee.

- Trustees - responsible for the overall running of the charity and - for the day to day running of the charity.

Policies:

The charity takes its responsibility towards helping provide a hot meal to anyone who unable to have access or afford a hot meal. To this regards it has adopted policies and procedures for the induction and training of trustees and volunteers. The following policies and procedures are reviewed annually:

- Data protection policy
- Health and safety policy
- Equal opportunity policy
- Complaints procedure

Risks/Mitigation:

The charity takes its responsibility seriously, particularly safeguarding and health and safety. To this regard, all policies are reviewed annually and an officer is responsible for each of the above policies.

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The prevention or relief of poverty or financial hardship in the United Kingdom by providing people with food which they could not otherwise afford through lack of means.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

The charity gives regard to the guidance issued by the Charity Commission on public benefits and these are socialised with all management committee of the charity.

The main **activities** of the charity are:

- 1 Food Parcels runs a weekly food distribution in Central Reading where hot meals are handed to a wide variety of people who are unable to afford a hot meal.
- 2 Food Parcels runs weekly deliveries of essential food items to vulnerable families.
- 3 During Ramadan, the Islamic month where Muslims worldwide fast from dawn to dusk, meals are distributed for 30 consecutive days.
- 4 Raising awareness and funds for the charity
- 5 Engaging with the homeless and seeking to advise and comfort

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Contribution made by volunteers

Food Parcels invites member of the community to volunteer their time, networks and finances contribution to help people receive a basic human right.:

Summary of the main achievements of the charity during the year

The charity is centred around providing a reliable and sustainable supply of food to those in need.

Over 2000 meals have been provided this year as well as weekly groceries to over 150 families.

No week was missed.

We have a pool of 30 volunteers so that no weeks are missed

Section E

Financial review

Brief statement of the charity's policy on reserves

The charity does not have a reserves policy.

Details of any funds materially in deficit

N/A

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Funds are provided by donors from the local Reading community.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	Zubair Rafiq	
Full name(s)	Zubair Rafiq	
Position (eg Secretary, Chair, etc)	Secretary	
Date	24/08/24	

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Description

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UK ONLINE GIVING , PCM55CI12848567 , UK ONLINE GIVING , FOUNDATION , CHAPS TFR
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CHARITABLE GIVING , BENEVITY
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S AURAKZAI , AURANGZEB AURAKZAI, FP 27/01/23 0155 , 200000001066635810
AHMAD F , DR FAROOQ AHMAD
SHARIF MS , DR. SHARIF , FP 03/01/23 0635 , RP4673266168212400
CHARITABLE GIVING , BENEVITY
KHAN A , ASAD , FP 02/02/23 1748 , RP4679966558556400
QURESHI , MUZAFFAR , FP 28/01/23 1305 , 432835055031821001
A HUMAYUN , RAMADAN DAY ASIM , FP 27/01/23 0626 , 400000001075489386
PADHANI A , ASIF P , FP 27/01/23 1452 , 617853042541721001
SHEIKH MA , FROM MUSTAQ , FP 26/01/23 1433 , 350665843341621001
ALAM S N & R , N ALAM
ALI I , B AHMAD , FP 10/12/23 1648 , 716492948461012101
ALAM S N & R , N ALAM
ALAM S N & R , N ALAM
ALAM S N & R , N ALAM
ALAM S N & R , N ALAM
ALAM S N & R , N ALAM
ALAM S N & R , N ALAM
ALAM S N & R , N ALAM
ALAM S N & R , N ALAM
S IQBAL , LILLAH , FP 09/04/23 1802 , 300000001115198160
ALAM S N & R , N ALAM
ALAM S N & R , N ALAM
CAF2301303776CF , 2301303776CF
ALAM S N & R , N ALAM

ASGHAR N MR , VIA MOBILE - PYMT
AKBAR & FARHAN , FARHAN AKBAR , VIA MOBILE - PYMT
AKBAR & FARHAN , FARHAN AKBAR , VIA MOBILE - PYMT
AKBAR & FARHAN , FARHAN AKBAR , VIA MOBILE - PYMT
AKBAR & FARHAN , FARHAN AKBAR , VIA MOBILE - PYMT
AKBAR & FARHAN , FARHAN AKBAR , VIA MOBILE - PYMT
AKBAR & FARHAN , FARHAN AKBAR , VIA MOBILE - PYMT
ASGHAR N MR , VIA MOBILE - PYMT
AKBAR & FARHAN , FARHAN AKBAR , VIA ONLINE - PYMT
AKBAR & FARHAN , FARHAN AKBAR , VIA ONLINE - PYMT
AKBAR & FARHAN , FARHAN AKBAR , VIA MOBILE - PYMT
ASGHAR N MR
AKBAR & FARHAN , FARHAN AKBAR , VIA MOBILE - PYMT
KHAN S S , SALEEM KHAN , FP 04/02/23 1515 , 711376655151402001
THAKUR H M H , RAMADAN MAZHAR , FP 28/01/23 0822 , RP4679965665444000
MANZ&AKI , AKIF , FP 24/01/23 1336 , 381443846331421001
SHABBIR MIAN , FOOD PARCELS , FP 23/03/23 1645 , FP23082004309737
UK ONLINE GIVING , PCM55CI13965507 , UK ONLINE GIVING , FOUNDATION , CHAPS TFR
ABID M & F PBM, DR M ABID , VIA ONLINE - PYMT
AYCOM LIMITED , RAMADAN FUND , FP 25/01/23 1130 , QDP7N16X5ER5E26XLE
CHARITABLE GIVING , BENEVITY
NOVAK READIN LTD , ERROR , FP 27/08/23 1038 , RP4679966615637800

Value	Balance	Account Name	Account Number
-4078.33	414.23	FOOD PARCEL	601721-95553266
-2749.39	3601.56	FOOD PARCEL	601721-95553266
-2000	4180.95	FOOD PARCEL	601721-95553266
-1300	1916.56	FOOD PARCEL	601721-95553266
-1200	3466.56	FOOD PARCEL	601721-95553266
-1000	3071.56	FOOD PARCEL	601721-95553266
-964.57	1381.25	FOOD PARCEL	601721-95553266
-600	726.25	FOOD PARCEL	601721-95553266
-600	6350.95	FOOD PARCEL	601721-95553266
-500	881.25	FOOD PARCEL	601721-95553266
-462.5	5055.95	FOOD PARCEL	601721-95553266
-400	1024.23	FOOD PARCEL	601721-95553266
-200	3980.95	FOOD PARCEL	601721-95553266
-175.74	1975.82	FOOD PARCEL	601721-95553266
1	1903.23	FOOD PARCEL	601721-95553266
1	1672.23	FOOD PARCEL	601721-95553266
1	1671.23	FOOD PARCEL	601721-95553266
1	1670.23	FOOD PARCEL	601721-95553266
1	5518.45	FOOD PARCEL	601721-95553266
2	1925.23	FOOD PARCEL	601721-95553266
2	1320.25	FOOD PARCEL	601721-95553266
2	1218.25	FOOD PARCEL	601721-95553266
3.67	3495.95	FOOD PARCEL	601721-95553266
3.72	1413.97	FOOD PARCEL	601721-95553266
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5	1827.23	FOOD PARCEL	601721-95553266
5	1822.23	FOOD PARCEL	601721-95553266
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5	1394.23	FOOD PARCEL	601721-95553266
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5	4482.56	FOOD PARCEL	601721-95553266
5	4477.56	FOOD PARCEL	601721-95553266
5	4472.56	FOOD PARCEL	601721-95553266
5	4467.56	FOOD PARCEL	601721-95553266
5	4412.56	FOOD PARCEL	601721-95553266
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5	3755.95	FOOD PARCEL	601721-95553266
5	3750.95	FOOD PARCEL	601721-95553266

5 3745.95 FOOD PARCEL\$601721-95553266
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150	1569.23	FOOD PARCEL\$601721-95553266
150	964.23	FOOD PARCEL\$601721-95553266
150	6160.95	FOOD PARCEL\$601721-95553266
150	3650.95	FOOD PARCEL\$601721-95553266
150	1071.25	FOOD PARCEL\$601721-95553266
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150	4263.45	FOOD PARCEL\$601721-95553266
160	6320.95	FOOD PARCEL\$601721-95553266
160	5525.95	FOOD PARCEL\$601721-95553266
160	4568.45	FOOD PARCEL\$601721-95553266
200	4496.56	FOOD PARCEL\$601721-95553266
211.61	4372.56	FOOD PARCEL\$601721-95553266
500	4246.56	FOOD PARCEL\$601721-95553266
799	5517.45	FOOD PARCEL\$601721-95553266
1563.31	3297.28	FOOD PARCEL\$601721-95553266
2000	5935.95	FOOD PARCEL\$601721-95553266

Outgoing -16230.53

Income 14237.31