

Registered number

09507319

Charity number

1166319

Sporting Family Change Foundation

(A company limited by guarantee)

Report and Financial Statements

31 March 2021



Concept Accountancy
Chartered Certified Accountants

**Sporting Family Change Foundation
Report and Financial Statements
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**Sporting Family Change Foundation
Company Information**

Trustees

R Bullard
J C Wicks
E C Bloor
C M Murphy

Secretary

J W Deane

Independent Examiner

Mr J L Battle FCCA MAAT
12 Spencer Drive
Midsomer Norton
Radstock
BA3 2DN

Bankers

Santander
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Merseyside
L30 4GB

The Co-Operative Bank
PO Box 250
WN8 6WT

Principal Office

2 Dilton Close
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Wiltshire
BA14 0FS

The Charity is Incorporated in England and Wales.

Registered number

09507319

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Sporting Family Change Foundation**Registered number: 09507319****Charity number: 1166319****Trustees' Report**

The Trustees, who are directors for the purposes of company law, present the annual report together with the financial statements of the charitable company for the year ended 31 March 2021.

Objectives and activities**Objects and aims**

The objective of the Charity is to use sport to empower, inspire and motivate local families in the community to make positive long-term lifestyle changes, through a variety of opportunities.

This is achieved through the Charity's whole based mentoring programme in primary and secondary schools and a variety of sports-based projects encouraging healthy activities for the whole family. However, the coronavirus pandemic meant the Charity's usual activities had to be adapted, whilst still striving to meet the changing needs of local families.

Public benefit

The year to 31 March 2021 was incredibly challenging due to the coronavirus pandemic, but also highly successful. The Charity continued to support local families providing vital face to face contact, emotional support and welfare checks where they were needed most, complying with Government restrictions. It was so important to the Charity to show families they hadn't been forgotten.

The Charity started new services and adapted existing ones, responding literally overnight to the crisis to help meet immediate and pressing need to ensure families did not face the pandemic alone. The Charity's objectives for the public benefit were achieved through the following activities:

New activities during the coronavirus pandemic:**Addressing Food Insecurity**

The Charity has delivered a total of 2050 essential food parcels plus 7,900 freshly prepared ready meals which are then frozen to support local families. At the height of the pandemic, this reached 90 essential food parcels per week and the Charity worked in partnership with other local networks to ensure the most efficient distribution of food across the locality.

Whole Based Mentoring

The service was adapted to provide welfare checks in person complying with Government restrictions. The Charity has supported children and young people outside in the local community and either in primary or secondary school settings (when schools were open).

Primary Mentoring – successfully delivered 1,550 mentoring sessions supporting 270 children in 10 primary schools across B&NES.

Secondary Mentoring – successfully delivered 1400 mentoring sessions supporting 120 teenagers in 8 secondary schools across B&NES.

Sporting Family Change Foundation**Registered number: 09507319****Charity number: 1166319****Trustees' Report**

Most do not have a positive association to school and/or education. Ultimately the goal of the programme is to increase emotional resilience in the individuals whilst working alongside their families. This year the Charity's referrals have increased significantly due to the impact of the coronavirus pandemic.

H.O.P.E. Programme (Health Opportunities through Physical Education) – This programme continues to have a significant positive impact both on individual families and local community groups across Bath and North East Somerset.

The focus this year has been on helping to reduce isolation, improve physical fitness and emotional well-being to diminish the impact of the coronavirus pandemic.

New Activities:**Doorstep outdoor exercise classes.**

These started in July 2020 once lockdown lifted. The classes have supported 45 parents and children to get outdoors, improve their physical fitness and interact with others safely.

Outdoor Exercise

In July, once lockdown measures eased, the Charity started 1:1 and small group exercise sessions, delivered weekly in parks or local green spaces. Three sessions per week were delivered both during the day and evenings to enable those still working to participate.

Supported Walking Programme

Individual and small group walking programme (up to 6 people) started in line with Government guidelines. 9 new groups started across B&NES supporting 60 people and 40 individuals were supported weekly on a 1:1 basis.

Provided online fitness and exercise sessions for our partner charities/schools to help them support their members/pupils to stay healthy during the pandemic.

Ultimately the Charity looks to improve family cohesion through this programme.

Activities for local young adults with a learning disability

The coronavirus pandemic did not allow the Charity to provide their usual group sports activities so the young adults can mix and have a social life, which they often struggle to access. However, the Charity adapted activities and supported individuals on a 1:1 basis outdoors with a variety of sports activities such as boxing, fitness training, walking and football

Events

All events planned for 2020/21 had to be cancelled due to the coronavirus pandemic. We are looking to reschedule some of these towards the end of 2021

The trustees confirm that they have complied with the requirements of section 17 of the Charities Act 2011 to have due regard to the public benefit published by the Charity Commission for England and Wales.

Sporting Family Change Foundation
Registered number: 09507319
Charity number: 1166319

Trustees' Report

Strategic Planning

The Charity recognises the need for a physical base to deliver many of their activities to help implement its Environmental Change Strategy and enable lifelong change for local families. With this in mind, a specific Capital Fundraising Project has been set up which includes £100,000 of unrestricted funds. These monies are ring fenced solely for this project. The base/facility is to be called The Foundation for Life Centre and the search for an appropriate location continues. This has proved a longer task than the Trustees would have anticipated but they are mindful of acquiring the best place possible to expand the Charity's activities.

The Trustees also look to increase staff to address the huge public need for support which is continually emerging, especially as a result of the coronavirus pandemic, and will potentially use some unrestricted funds for this purpose. Recruitment is primarily based on the values of the individuals and matching the Charity's ethos.

Financial review

In this year a surplus of £82,874 (2020 deficit: £99,222) was achieved. Total incoming resources were £307,372 (2020: £167,495) which included donations and grants of £220,872 (2020: £86,860). It is key that the Charity continues to attract donations and income from other sources going forward as the income from charitable activities of £86,500 (2020: £80,635) continues to be considerably lower than the cost of the provision of these activities which amounted to £242,872 (2020: £254,126).

Policy on reserves

At 31 March 2021 the Charity had free unrestricted reserves of £54,500 (2020: £93,726) and restricted reserves of £62,408 (2020: £60,308). During the year the trustees ringfenced the sum of £100,000 for the purpose of the Foundation for Life Centre as a designated fund. The Charity aims to build on these reserves to ensure that they are of such a level that the Charity can continue to provide the charitable activities in the event of a fall in incoming resources.

Risk management

The Trustees have a risk management policy which comprises of:

- an annual review of the principle risks and uncertainties the Charity faces
- the establishment of policies, systems and procedures to mitigate those risks identified in the annual review
- the implementation of procedures designed to minimise or manage any potential impact on the

The principle risks the Trustees consider the Charity is exposed to are:

- financial sustainability
- compliance with laws and regulations relating to health and safety and safeguarding of the members of the public the Charity works with.

Sporting Family Change Foundation**Registered number: 09507319****Charity number: 1166319****Trustees' Report****COVID related control measures**

Since the start of the COVID pandemic the Trustees have decided to implement the control measures listed below:

Charity staff/volunteers - Each month

Wellbeing - Regular updates relating to the general health and wellbeing of all staff and volunteers.

Delivery of services - All practical measures have been implemented to create the safest working conditions possible - e.g. access to sanitisers and cleaning products, masks, social distancing, etc.

Employment - Practical changes will be implemented e.g. Government Furlough Scheme depending on the practical needs and financial situation/requirements of the Charity.

Financial - Each month

Budget - Regular monitoring especially quarterly projected income/expenditure against annual projected budget - looking at any adjustments that may need implementing.

Internally - Profit and loss is now monitored to give an accurate cash flow forecast.

Delivery - Any change in delivery of services is to be scrutinised and monitored regularly to ensure

Bookkeeping - A new bookkeeper is to be employed to help maintain the sustainability of the Charity through the uncertain times - focusing on a sustainable model for the future.

Fundraising - Regular updates on all grant applications especially successful bids that help sustain the Charity's objectives.

Revenue - All other potential revenue opportunities to be also closely scrutinised.

Summary

Trustees are confident that with continued monitoring and due diligence checks, the Charity will continue to flourish and increase the significant positive impact it has on many local families' lives in the future.

Sporting Family Change Foundation**Registered number: 09507319****Charity number: 1166319****Trustees' Report****Structure, governance and management****Nature of governing document**

The Charity is constituted as a company limited by guarantee and not having a share capital under the Companies Act and is governed by the terms of its Memorandum and Articles of Association established 24 March 2015 and amended 16 February 2016. The Charity was entered in the Central Register of Charities with effect from 1 April 2016.

Recruitment and appointment of Trustees

Trustees are appointed by the existing Trustees and serve for a 3 year term and may be re-elected on retirement. The minimum number of Trustees shall be 3 but is not subject to any maximum.

Statement of Trustees' responsibilities for the financial statements

The Trustees, who act as directors of Sporting Family Change Foundation for the purposes of company law, are responsible for preparing the Trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

Company law requires the Trustees to prepare financial statements for each financial year. Under company law the Trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the charitable company and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the Trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in business.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The annual report was approved by the Trustees of the Charity on 29/9/21

and signed on its behalf by:

R Bullard
Chair of Trustees



Sporting Family Change Foundation Accountants' Report

Independent examiner's report to the trustees of Sporting Family Change Foundation

I report on the accounts of the company for the year ended 31st March 2021, which are set out on pages 10 to 19.

Respective responsibilities of trustees and examiner

The charity's trustees (who are also directors of the company for the purposes of company law) are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 (2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for independent examination, it is my responsibility to:

- a) examine the accounts under section 145 of the 2011 Act;
- b) to follow the procedures laid down in the general directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- c) to state whether particular matters have come to my attention.

Basis of independent examiner's report

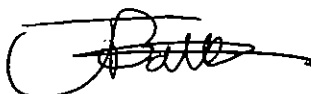
My examination was carried out in accordance with the General Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the accounts present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect, the requirements:
 - a) to keep accounting records in accordance with section 386 of the Companies Act 2006; and
 - b) to prepare accounts which accord with the accounting records and comply with the accounting requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Statement of Recommended Practice - Accounting and Reporting by Charities have not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Mr J L Battle FCCA MAAT
12 Spencer Drive
Midsomer Norton
Radstock



BA3 2DN

4 August 2021

Sporting Family Change Foundation
Statement of Financial Activities
for the year ended 31 March 2021

(Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

| | Notes | Unrestricted Funds £ | Restricted Funds £ | Total Funds 2021 £ |
|------------------------------------|-------|-------------------------|-----------------------|--------------------------|
| Income and Endowments from: | | | | |
| Donations | 2 | 79,837 | 141,235 | 220,872 |
| Charitable activities | 3 | 86,500 | - | 86,500 |
| Total income | | 166,137 | 141,235 | 307,372 |
| Expenditure | | | | |
| Cost of raising funds: | 4 | 1,626 | - | 1,626 |
| Charitable activities | | 102,734 | 144,138 | 246,872 |
| Total expenditure | | 104,360 | 144,138 | 248,498 |
| Net Income/(expenditure) | | 61,777 | (2,903) | 58,874 |
| Reconciliation of funds | | | | |
| Total funds brought forward | | 93,726 | 60,308 | 154,034 |
| Balance transfers | | (1,003) | 1,003 | - |
| Total funds carried forward | | 154,500 | 58,408 | 212,908 |
| | | | | |
| | | Unrestricted Funds £ | Restricted Funds £ | Total Funds 2020 £ |
| Income and Endowments from: | | | | |
| Donations | | 25,555 | 61,305 | 86,860 |
| Charitable activities | | 80,635 | - | 80,635 |
| Total income | | 106,190 | 61,305 | 167,495 |
| Expenditure | | | | |
| Cost of raising funds: | | 12,591 | - | 12,591 |
| Charitable activities | | 91,930 | 162,196 | 254,126 |
| Total expenditure | | 104,521 | 162,196 | 266,717 |
| Net Income/(expenditure) | | 1,669 | (100,891) | (99,222) |
| Reconciliation of funds | | | | |
| Total funds brought forward | | 92,057 | 161,199 | 253,256 |
| Balance transfers | | - | - | - |
| Total funds carried forward | | 93,726 | 60,308 | 154,034 |

All income and expenditure derive from continuing activities.

Sporting Family Change Foundation**Registered number:** 09507319**Balance Sheet****as at 31 March 2021**

| | Notes | 2021 £ | 2020 £ |
|---|--------------|-------------------|-------------------|
| Fixed assets | | | |
| Tangible assets | 7 | 5,420 | 2,760 |
| Current assets | | | |
| Debtors | 8 | 25,301 | 19,110 |
| Cash at bank and in hand | | 187,372 | 141,267 |
| | | <u>212,673</u> | <u>160,377</u> |
| Creditors: amounts falling due within one year | 9 | 5,185 | 9,103 |
| Net current assets | | <u>207,488</u> | <u>151,274</u> |
| Total assets less current liabilities | | <u>212,908</u> | <u>154,034</u> |
| Net assets | | <u>212,908</u> | <u>154,034</u> |
| Funds | 11 | | |
| Unrestricted funds | | 154,500 | 93,726 |
| Restricted funds | | 58,408 | 60,308 |
| Total funds | | <u>212,908</u> | <u>154,034</u> |

The trustees are satisfied that the company is entitled to exemption from the requirement to obtain an audit under section 477 of the Companies Act 2006.

The members have not required the company to obtain an audit in accordance with section 476 of the Act.

The trustees acknowledge their responsibilities for complying with the requirements of the Companies Act 2006 with respect to accounting records and the preparation of accounts.

The accounts have been prepared and delivered in accordance with the special provisions applicable to companies subject to the small companies regime.

The financial statements on pages 10 to 20 were approved by the Trustees, and authorised for issue on 29/9/21 and signed on their behalf by:



R Bullard
Chair of Trustees

**Sporting Family Change Foundation
Notes to the Accounts
for the year ended 31 March 2021**

1 Accounting policies

The principal accounting policies adopted in the preparation of the financial statements are set out below.

Statement of compliance

The financial statements have been prepared in accordance with Accounting and Reporting By Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2015) – (Charities SORP (FRS 102)), the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Companies Act 2006.

Basis of preparation

Sporting Family Change Foundation meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

Going concern

The Trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the Charity.

In light of the rapid global spread of the Coronavirus "COVID-19" in early 2020, the Trustees have reviewed projections and budgets for the next twelve months. Following this review, the Trustees consider there to be little impact on the Charity's ability to act as a going concern.

The Trustees have reviewed the supply chains, key donors and the capital resources available and consider that the Charity has adequate resources in place to continue trading for the next twelve months.

Exemption from preparing a cash flow statement

The Charity opted to early adopt Bulletin 1 published on 2 February 2016 and have therefore not included a cash flow statement in these financial statements.

Income and endowments

All income is recognised once the Charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

Donations and legacies

Donations are recognised when the Charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the Charity before the Charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the Charity and it is probable that these conditions will be fulfilled in the reporting period.

Sporting Family Change Foundation
Notes to the Accounts
for the year ended 31 March 2021

Grants receivable

Grants are recognised when the Charity has an entitlement to the funds and any conditions linked to the grants have been met. Where performance conditions are attached to the grant and are yet to be met, the income is recognised as a liability and included on the balance sheet as deferred income to be released.

Expenditure

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading that aggregate similar costs to that category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

Raising funds

These are costs incurred in attracting voluntary income, the management of investments and those incurred in trading activities that raise funds.

Charitable activities

Charitable expenditure comprises those costs incurred by the Charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs

These include the costs attributable to the Charity's compliance with constitutional and statutory requirements, including audit, strategic management and Trustees's meetings and reimbursed expenses.

Taxation

The Charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the Charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

Tangible fixed assets

Individual fixed assets are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

Depreciation and amortisation

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

| | |
|-----------------------|----------------------|
| Office equipment | 25% reducing balance |
| Fixtures and fittings | 20% reducing balance |
| Motor vehicles | 20% reducing balance |

**Sporting Family Change Foundation
Notes to the Accounts
for the year ended 31 March 2021**

Trade debtors

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the Charity will not be able to collect all amounts due according to the original terms of the receivables.

Cash and cash equivalents

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

Trade creditors

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the Charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

Borrowings

Interest-bearing borrowings are initially recorded at fair value, net of transaction costs. Interest-bearing borrowings are subsequently carried at amortised cost, with the difference between the proceeds, net of transaction costs, and the amount due on redemption being recognised as a charge to the Statement of Financial Activities over the period of the relevant borrowing.

Interest expense is recognised on the basis of the effective interest method and is included in interest payable and similar charges.

Borrowings are classified as current liabilities unless the Charity has an unconditional right to defer settlement of the liability for at least twelve months after the reporting date.

Fund structure

Unrestricted income funds are general funds that are available for use at the Trustees's discretion in furtherance of the objectives of the Charity.

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

Pensions and other post retirement obligations

The Charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the Charity has no legal or constructive obligation to pay further contributions even if the fund does not hold sufficient assets to pay all employees the benefits relating to employee service in the current and prior periods.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due. If contribution payments exceed the contribution due for service, the excess is recognised as a prepayment.

Financial instruments

The Charity only has financial assets and financial liabilities of a kind that qualify as basic financial instruments. Basic financial instruments are initially measured at transaction value and subsequently measured at carrying value plus accrued interest less payments. The financing charge to expenditure is at a constant rate calculated using the effective interest model.

Sporting Family Change Foundation
Notes to the Accounts
for the year ended 31 March 2021

2 Income from donations and legacies

| | Unrestricted funds | Restricted funds | 2021 Total | 2020 Total |
|--|-----------------------|---------------------|----------------|---------------|
| | £ | £ | £ | £ |
| Donations and legacies; | | | | |
| Donations from individuals | 27,061 | 1,010 | 28,071 | 10,648 |
| Gift aid reclaimed | 31 | - | 31 | 3,146 |
| Grants, including capital grants; | | | | |
| Grants from other charities | 52,545 | 140,225 | 192,770 | 73,067 |
| | 79,637 | 141,235 | 220,872 | 86,860 |

3 Income from charitable activities

| | | | | |
|-----------|--------|---|--------|--------|
| Mentoring | 86,500 | - | 86,500 | 80,635 |
|-----------|--------|---|--------|--------|

4 Analysis of Expenditure

| | Unrestricted funds | Restricted funds | 2021 Total | 2020 Total |
|--|-----------------------|---------------------|---------------|---------------|
| | £ | £ | £ | £ |
| Cost of generating donations and legacies | | | | |
| Fundraising and events | 963 | - | 963 | 11,672 |
| Advertising | 663 | - | 663 | 919 |
| | 1,626 | - | 1,626 | 12,591 |

| | | | Total 2021 £ | Total 2020 £ |
|--|----------------|----------------|--------------------|--------------------|
| Charitable activities expenditure | | | | |
| Resources | 328 | 1,451 | 1,779 | 6,155 |
| Venue Hire | 210 | (180) | 30 | 5,523 |
| Mentoring costs | 4,163 | 311 | 4,474 | 18,511 |
| Local projects | 860 | 133 | 993 | 12,552 |
| Entrance fees | - | 45 | 45 | 2,171 |
| Charitable expenditure | 4,970 | - | 4,970 | 13,733 |
| Wages and salaries | 53,883 | 101,698 | 155,581 | 148,383 |
| Staff NIC | 7,424 | 1,430 | 8,854 | 9,455 |
| Staff pensions | 3,277 | - | 3,277 | 2,246 |
| Transport costs | 1,892 | 6,168 | 8,060 | 10,687 |
| Rent | 9,340 | - | 9,340 | 5,000 |
| Staff training | 960 | - | 960 | 1,039 |
| | - | - | - | 1,416 |
| Computer Software and maintenance | - | - | - | - |
| Repairs and maintenance | 104 | 4,130 | 4,234 | 92 |
| Telephone and Internet | 695 | - | 695 | 1,254 |
| Sundry expenses | 758 | - | 758 | 589 |
| Refreshments | 7,458 | 28,952 | 36,410 | 6,953 |
| Cleaning | 70 | - | 70 | 51 |
| Bookkeeping fees | 3,471 | - | 3,471 | 2,203 |
| Independent examiners fee | - | - | - | 1,700 |
| Legal and professional fees | 179 | - | 179 | 54 |
| Consulting | - | - | - | 900 |
| Insurance | 1,079 | - | 1,079 | 954 |
| Printing, postage and stationery | 336 | - | 336 | 1,506 |
| Bank charges | - | - | - | 80 |
| Depreciation | 1,257 | - | 1,257 | 920 |
| | 102,734 | 144,138 | 246,872 | 254,126 |

Sporting Family Change Foundation
Notes to the Accounts
for the year ended 31 March 2021

5 Trustees remuneration and expenses

No Trustees have received any remuneration from the Charity during the year.

No Trustees have received any reimbursed expenses from the Charity during the year.

The key management personnel of the Charity are the Trustees.

| 6 Staff costs | 2021 | 2020 |
|--|----------------|----------------|
| | £ | £ |
| The aggregate payroll costs were as follows: | | |
| Wages and salaries | 155,581 | 148,383 |
| Social security costs | 8,854 | 9,455 |
| | <u>164,435</u> | <u>157,838</u> |

The monthly average number of persons (including Trustees) employed by the Charity during the year expressed as full time equivalents was as follows:

| | 2021 | 2020 |
|-----------------------|---------------|---------------|
| | Number | Number |
| Charitable activities | <u>7</u> | <u>7</u> |

No employee received emoluments of more than £60,000 during the year.

7 Tangible fixed assets

| | Motor Vehicles £ | Fixtures and fittings £ | Office equipment £ | Total £ |
|-----------------------|---------------------------------|--|-----------------------------------|--------------------|
| Cost | | | | |
| At 1 April 2020 | - | - | 6,198 | 6,198 |
| Additions | 417 | 3,500 | - | 3,917 |
| Disposals | - | - | - | - |
| At 31 March 2021 | <u>417</u> | <u>3,500</u> | <u>6,198</u> | <u>10,115</u> |
| Depreciation | | | | |
| At 1 April 2020 | - | - | 3,438 | 3,438 |
| Charge for the year | 42 | 525 | 690 | 1,257 |
| On disposals | - | - | - | - |
| At 31 March 2021 | <u>42</u> | <u>525</u> | <u>4,128</u> | <u>4,695</u> |
| Net book value | | | | |
| At 31 March 2021 | <u>375</u> | <u>2,975</u> | <u>2,070</u> | <u>5,420</u> |
| At 31 March 2020 | <u>-</u> | <u>-</u> | <u>2,760</u> | <u>2,760</u> |

Sporting Family Change Foundation
Notes to the Accounts
for the year ended 31 March 2021

| 8 Debtors | 2021 | 2020 |
|------------------|---------------|---------------|
| | £ | £ |
| Trade debtors | 24,725 | 15,633 |
| Other debtors | - | 3,080 |
| Prepayments | 576 | 417 |
| | <u>25,301</u> | <u>19,110</u> |

| 9 Creditors: amounts falling due within one year | 2021 | 2020 |
|---|--------------|--------------|
| | £ | £ |
| Trade creditors | 2,412 | 3,024 |
| Taxation and social security costs | 1,477 | 3,365 |
| Other creditors | 796 | 654 |
| Accruals and deferred grants | 500 | 2,080 |
| | <u>5,185</u> | <u>9,103</u> |

10 Pension and other schemes

The Charity operates a defined contribution pension scheme. The pension cost charge for the year represents contributions payable by the Charity to the scheme and amounted to £3,277 (2020 - £2,245).

Sporting Family Change Foundation
Notes to the Accounts
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| 11 Funds | Balance at 1 April 2020 | Incoming resources | Resources expended | Balance transfers | Balance at 31 March 2021 |
|--|--|-------------------------------|-------------------------------|------------------------------|---|
| Unrestricted funds | | | | | |
| General fund | 93,726 | 166,137 | (104,360) | (101,003) | 54,500 |
| Designated funds | | | | | |
| Foundation for Life Centre | - | - | - | 100,000 | 100,000 |
| Total Unrestricted funds | 93,726 | 166,137 | (104,360) | (1,003) | 154,500 |
| Restricted funds | | | | | |
| Bath Boules Trust | 8 | - | (8) | - | - |
| Medlock Charitable Trust - One to One Mentoring | 4,950 | - | (4,950) | - | - |
| St Johns Foundation - Special Programme | 30,000 | - | (4,130) | - | 25,869 |
| Medlock Charitable Trust - Eddle Street Cuts | 2,000 | - | (2,000) | - | - |
| Norie Trust | 1,000 | - | (1,000) | - | - |
| Stone King Foundation | 150 | - | (150) | - | - |
| Newby Trust | 7,292 | - | (7,292) | - | - |
| Sport England - Netball | 2,820 | - | (2,820) | - | - |
| The Roper Family Charitable Trust | 3,088 | - | (1,088) | - | 2,000 |
| National Lottery Small Grants | 9,000 | - | (454) | - | 8,546 |
| Bath and North East Somerset Council - Crisis and Affordable Food Projects | - | 1,620 | (1,620) | - | - |
| Big Local Radstock & Westfield | - | 4,800 | (4,847) | 47 | - |
| Medlock Charitable Trust | - | 19,250 | (7,314) | - | 11,936 |
| Medlock Charitable Trust | - | 3,000 | - | (3,000) | - |
| Society of Merchant Venturers' | - | 4,960 | (4,960) | - | - |
| Midsomer Norton Town Council | - | 2,997 | - | - | 2,997 |
| National Lottery Small Grants | - | 55,801 | (55,801) | - | - |
| Natural England | - | 4,495 | (4,495) | - | - |
| Natural England | - | 3,000 | (3,000) | - | - |
| Norie Trust | - | 1,000 | (1,000) | - | - |
| Quartet Community Foundation- Coronavirus Response Fund Round 1 | - | 4,965 | (4,965) | - | - |
| Quartet Community Foundation- Coronavirus Recovery & Stabilisation Fund | - | 9,786 | (9,786) | - | - |
| Quartet Community Foundation- Coronavirus Response Fund Round 2 | - | 4,563 | (4,563) | - | - |
| Quartet Community Foundation- Express - Coronavirus Fund | - | 4,850 | (4,850) | - | - |
| Sperring Trust | - | 1,650 | - | - | 1,650 |
| Tesco Bags of Help- Covid 19 Fund | - | 500 | (500) | - | - |
| Western Power Distribution | - | 4,500 | (4,500) | - | - |
| Wesport Tackling Inequalities Fund Round 1 | - | 2,724 | (2,724) | - | - |
| Wesport Tackling Inequalities Fund Round 2 | - | 2,885 | (3,312) | 347 | - |
| Yorkshire Building Society | - | 2,000 | (2,009) | 9 | - |
| Mercy In Action | - | 800 | - | (800) | - |
| BANES Square Meals Project | - | 1,010 | - | 4,400 | 5,410 |
| Total restricted funds | 60,308 | 141,236 | (144,138) | 1,003 | 58,408 |
| Total funds | 154,034 | 307,373 | (248,498) | - | 212,908 |

**Sporting Family Change Foundation
Notes to the Accounts
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The specific purposes for which the funds are to be applied are as follows:

Bath Boules Trust - 3 Project Search outings for young adults with learning disabilities.

Medlock Charitable Trust - One to One Mentoring - Primary mentoring for 6 schools.

St Johns Foundation Special Programme - Towards the capital cost of The Foundation for Life Centre.

Medlock Charitable Trust - Eddie Street Cuts - To purchase materials for Eddie Street Cuts Project in Bath.

Norie Trust - 1 : 1 Mentoring to support teenage girls.

Stone King Foundation - Towards the purchase of a new printer for the charity.

Newby Trust - Family gym sessions.

Sport England - Netball - Working with young adults with learning difficulties.

The Roper Family Charitable Trust - Women of domestic violence, walking project.

National Lottery Small Grants - Mums and daughters netball.

Bath and North East Somerset Council - Crisis and Affordable Food Projects - Towards staff costs to continue delivering essential food parcels to families in B&NES plus Christmas hampers.

Big Local Radstock & Westfield - For essential food parcels for families in Radstock and Westfield during the coronavirus pandemic.

Medlock Charitable Trust - For our Primary Mentoring Programme delivered across B&NES

Medlock Charitable Trust - Towards matched funding supporting the Square Meals Project in B&NES

Society of Merchant Venturers' - For continuation of our Supported Walking group Programme for adults across

Midsomer Norton Town Council - For 1:1 fitness sessions for adults in Midsomer Norton post coronavirus pandemic.

National Lottery Small Grants - Towards essential food parcels and distribution, establishing a Doorstep Exercise Programme plus a small group Green Exercise Programme (outdoors) for families across B&NES and contribution to core costs.

Natural England - Towards our Supported Walking Programme (green prescribing) for adults across B&NES.

Natural England - For 1:1 walking sessions as part of our Supported Walking Programme (green prescribing) across B&NES.

Norie Trust - Donation to emergency food parcel distribution during the Covid -19 pandemic.

Quartet Community Foundation- Coronavirus Response Fund Round 1 - For essential food parcels and distribution to families in B&NES during the coronavirus pandemic.

Quartet Community Foundation- Coronavirus Recovery & Stabilisation Fund - To mentor teenagers across B&NES to prepare for return to secondary school after Lockdown 1.

Quartet Community Foundation- Coronavirus Response Fund Round 2 - Towards our Supported Walk and Talk Group Project for adults across B&NES.

Quartet Community Foundation- Express - Coronavirus Fund - To deliver Christmas hampers to local families across B&NES during the coronavirus pandemic.

**Sporting Family Change Foundation
Notes to the Accounts
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Sperring Trust - Supporting a Recovery Phase exercise programme for teenagers and adults in the Midsomer Norton area.

Tesco Bags of Help- Covid 19 Fund - Towards essential food parcels for families in B&NES during the coronavirus pandemic.

Western Power Distribution - For essential food parcels and distribution to families in B&NES during the coronavirus pandemic.

Wesport Tackling Inequalities Fund Round 1 - Towards our Supported Walk and Talk Project for adults across B&NES establishing 9 walking groups.

Wesport Tackling Inequalities Fund Round 2 - Towards individual supported walking sessions for adults across B&NES.

Yorkshire Building Society - For essential food parcels for families in B&NES during the coronavirus pandemic.

Mercy in Action - Towards matched funding supporting the Square Meals Project in B&NES

BANES Square Meals Project - A fundraising collaboration between the Bath Freemasons, Mercy In Action (Community Pantry), Sporting Family Change Foundation and Medlock Charitable Trust, to purchase ingredients to continue preparing fresh meals for local families

12 Related party transactions

Mr J Deane, father of the Trustee Ms J Wicks, was employed by the Charity during the period. A salary of £28,250 (2020: £30,000) and reimbursed expenses of £11,341 (2020: £19,312) were paid during the period. The remuneration was paid under express power given in the governing document.

13 Charity Status

The Charity is limited by guarantee, incorporated in England and Wales, and consequently does not have share capital. Each of the Trustees is liable to contribute an amount not exceeding £1 towards the assets of the Charity in the event of liquidation.

The address of its registered office is:

2 Dilton Close
Trowbridge
Wiltshire
BA14 0FS