

LINCOLN TRIDENT SWIMMING ACADEMY

England & Wales · Charity number 1166296

Details

Other names LTSA

Status Registered

Legal form CIO

Registered 2016-03-31

Register [View on the Charity Commission register](#)

Contact

Address 2 Moorland Crescent
Lincoln
LN6 7NL

Phone 07719120525

Email itsa@sky.com

Website www.lincolntridentswimming.co.uk

Activities

Objects: 3.1 THE OBJECTS OF THE CIO SHALL BE: 3.1.1 THE ADVANCEMENT OF AMATEUR SPORT (THE ADVANCEMENT OF WHICH PROMOTES HEALTH BY INVOLVING PHYSICAL OR MENTAL SKILL OR EXERTION) IN PARTICULAR THE AMATEUR SPORT OF SWIMMING FOR THE PUBLIC BENEFIT; AND 3.1.2 THE PROMOTION OF COMMUNITY PARTICIPATION IN HEALTHY RECREATION IN PARTICULAR BUT NOT EXCLUSIVELY BY PROVIDING FACILITIES FOR: 3.1.2.1 THE TEACHING, DEVELOPMENT AND PRACTICE OF SWIMMING, DIVING, SYNCHRO, OPEN WATER, WATER POLO AND, WHERE APPROPRIATE, TO ENABLE THE CIO'S MEMBERS TO COMPETE; AND 3.1.2.2 THE EDUCATION AND DEVELOPMENT OF TEACHERS/COACHES OF SWIMMING.

Activities: LTSA provides a flexible supported development pathway for swimmers by providing coached swimming training sessions. Training sessions cover a range of abilities and age groups, focussed on inclusive swimming and continued participation, not just the traditional main target of competing. LTSA also supports, trains and mentors volunteers to learn or to improve/develop their teaching/coaching.

Classification

- **How:** Provides Buildings/facilities/open Space, Provides Services
- **What:** The Advancement Of Health Or Saving Of Lives, Amateur Sport, Recreation
- **Who:** Children/young People, The General Public/mankind

Geography

- Lincolnshire

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£29,955	£30,756	-	-
2023-12-31	£24,731	£23,833	-	-
2022-12-31	£18,347	£21,670	-	-
2021-12-31	£14,036	£15,430	-	-
2020-12-31	£15,986	£12,497	-	-

Trustees

Name	Role	Appointed
BEN STRATHON	Chair	2016-03-31
CAROLINE JANE STRATHON		2016-03-31
Emma Brownless		2024-07-13
Emma Copland		2018-08-07
Jenny Jamison		2024-07-13
Marie Mulholland		2023-07-16
Michelle Parsons		2018-03-31

LINCOLN TRIDENT SWIMMING ACADEMY

England & Wales - Charity number 1166296

Accounts



Lincoln Trident Swimming
Academy (LTSA)

(Registered charity number 1166296)

RECEIPTS AND PAYMENTS ACCOUNT

FOR YEAR ENDED
31 DECEMBER 2024



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The Trustees have pleasure in presenting their annual report and financial statements for the year ended 31st DECEMBER 2024.

Reference and Administration Details

Full Name

Lincoln Trident Swimming Academy (LTSA)

Registered Charity Number

1166296

Registered Office

LTSA
2 Moorland Crescent
Lincoln
LN6 7NL

Trustees

Mr Ben Strathon	Chairperson
Mrs Caroline Strathon	Secretary
Mrs Michelle Parsons	Treasurer
Mrs Emma Copland	Committee Member
Mrs Marie Mulholland	Committee Member
Mrs Emma Brownless	Committee Member
Mrs Jenny Jamison	Committee Member

Bankers

HSBC
Business Banking
Cornmarket
Louth
LN11 9QB



Structure, Governance and Management

Governing Document

The charity is controlled by its Constitution.

A volunteer management committee comprised of the Trustees governs the charity. The existing members will elect future Officers and it is anticipated that new Trustees will be elected at the 2025 AGM to support the current Trustees.

Various external bodies including SwimMark and Swim England support the setting.

Recruitment and appointment of new trustees

Committee members are appointed/reappointed at the AGM held no later than 31st August.

The current committee members have varied qualifications and backgrounds, including legal, financial and business in addition to those related to the charities' activities. Where required, the Disclosure and Barring Service has checked them, in accordance with Swim England requirements.

Risk Management

The committee members have a duty to identify and review the risks which the charity is exposed to and to ensure appropriate controls are in place to provide assurance against fraud and error.

There is a child protection policy in place; the Charitable Incorporated Organisation (CIO) has adopted the Swim England policies.

LTSA maintains awareness of risks and is insured accordingly. Its policy is based on the Swim England and SwimMark guidance received. Regular training is conducted to ensure competency.



Aims of LTSA

LTSA is a teaching/coaching club dedicated to improving the technique and stamina of swimmers in a flexible, friendly, no pressure environment, preparing and enabling them to compete if they wish. The focus remains on developing skills and refining technique to enable each and every individual swimmer to reach their fullest potential, whether the swimmer's personal goal is skills, competition or fitness.

LTSA aims to be sustainable, high quality club providing a flexible programme of structured training sessions, which encourage and maintain participation at all levels and goals enabling swimmers to take control of their swimming, achieve their personal goals and optimum performance within a supportive development environment.

Encouragement support and mentoring is also provided for anyone wishing to teach/coach, again on a flexible no pressure basis.

The objectives of the CIO are set out in the Constitution.



Charitable Activities

The CIO increased the number of participants/members including some from non-swimming background, others joined from competitive focused clubs after considering stopping swimming, thereby keeping them in the sport as fitness and recreational swimmers.

In line with our CIO Objectives, LTSA continues to:

- provide fitness training, nutritional advice and support to enable swimmers to maintain health;
- fund the education and development of volunteers to support amateur swimming;
- provides open invitation to the staff/teachers at local swim schools and leisure centres to be involved in training/coaching, improving their skills and increasing their awareness and understanding of the opportunities for swimmers to continue swimming after completing swim school;
- provide 'assess and refer' services, giving information to non-members about their options for swimming in the county including details of and contacts for the various clubs/activity providers.
- Financial support is available to swimmers, both outside and within the Club who require assistance to continue to swim/learn to swim – as agreed by the Trustees.
- provided pool-space for adult learn to swim lessons at reduced costs.
- working with local swim schools to create swimmer pathways enabling swimmers to continue participating in swimming after swim school.



Achievements, Performance and Significant Activities

Having re-affiliated with Swim England (National, Regional and County) and re-accrediting with SwimMark, 2024 was a successful year for LTSA. Building upon its experience in previous years, LTSA worked to optimise its balanced approach to training for swimmers pursuing their varied goals, whether to improve general technique and fitness or to compete. LTSA continued developing its training programme to ensure broad accessibility and flexibility to cope with individual needs.

With new Trustees admitted, LTSA's structure and governance was developed through the year.

Beyond pure swimming, LTSA worked to enhance team spirit, cohesion and inclusivity by organising periodic team social events; by encouraging members to actively support competing swimmers of all standards and levels of competition and by encouraging swimmers unable or not wishing to compete to act as poolside volunteers in support of LTSA. 2024 saw volunteers admitted to LTSA, with numerous recruits, as well as more senior swimmers, attending training toward formal coaching qualifications. LTSA continued to provide opportunities to those undertaking the Duke of Edinburgh Scheme through recognition of poolside volunteering and commitment to physical health through participation in swimming training.

Whilst various swimmers have progressed from pure technique/fitness training to partaking in competition, the influx of new club members has resulted in the proportion of non-competing swimmers remaining approximately 50% of the total membership.

Many of the swimmers joining LTSA in 2024 were of a novice standard, however, many other swimmers joined having left more competitively-focussed clubs, with LTSA providing a more appealing opportunity to continue swimming for those who might otherwise have quit the sport entirely. For those members competing for the first time and less experienced competing swimmers, the Team Gala – 'Duel in the Pool' – held twice in the year at OneNK Leisure Centre provided an ideal opportunity for up-and-coming swimmers to gain exposure to the competitive arena, in a low-pressure, friendly environment.

LTSA's competitive element also took part in numerous meets at the Open and County levels, with some swimmers taking part for the first time. While LTSA's competitive team is among the smallest of those competing in the Lincolnshire



LTSA Trustees' Annual Report for Year Ended 31 December 2024

County and Midlands circuits, they nonetheless made waves in the competitive environment, with numerous swimmers achieving 'Personal Bests', qualifying for event finals, winning medals and individual events, and qualifying for County Championships.

In addition to achieving excellence in swimming, LTSA aims to positively influence the physical and mental wellbeing of their swimmers. Regardless of their official rankings, all swimmers accomplished meaningful and rewarding outcomes for themselves and were encouraged to take stock of their achievements, no matter the objective result. A summary of competitive events undertaken by LTSA in 2024 follows:

Date	Event	Location	Notes
Jan / Feb 24	Lincolnshire County Amateur Swimming Association Championships	Grantham Meres Leisure Centre and Louth Meridian Leisure Centre	3x swimmers 9x individual events/swims 1x team event/swim 6x 'Personal Bests'
Mar 24	Worksop Open Meet	Ponds Forge Int'l Sports Centre	13x swimmers 73x events/swims 70x 'Personal Bests' Medals awarded: 2x Gold 3x Silver 10x Bronze
Apr 24	Grantham Swim Club Open Meet	Grantham Meres Leisure Centre	9x swimmers 46x events/swims 37x 'Personal Bests' 4x County Champs qualifications Medals: 4x Bronze
May 24	'Duel in the Pool' Team Gala	OneNK North Hykeham Leisure Centre	20x swimmers Team Gala, many first time racers, PB's and building team spirit
May 24	Eckington Swimming Club Open Meet	Eckington Active Swimming Pool	13x swimmers 52x events/swims 'Personal Bests' County Champs qualifications
Jun 24	Lincoln Vulcans / Grantham Swimming Clubs Open Meet	Grantham Meres Leisure Centre	18x swimmers 96x events/swims 'Personal Bests' County Champs qualifications
Oct 24	Lincoln Vulcans / Louth Swimming Clubs Open Meet	Louth Meridian Leisure Centre	18x swimmers 69x events/swims 'Personal Bests' County Champs qualifications



LTSA Trustees' Annual Report for Year Ended 31 December 2024

Nov 24	'Duel in the Pool' Team Gala	OneNK North Hykeham Leisure Centre	25x swimmers Team Gala, many first time racers, PB's and building team spirit
Nov 24	Scunthorpe Remembrance Meet	The Pods, Scunthorpe	14x swimmers 68x events/swims 'Personal Bests' County Champs qualifications
Nov 24	Grantham Distance Meet	Grantham Meres Leisure Centre	5x swimmers 5x events/swims 'Personal Bests' County Champs qualifications
Dec 24	Grantham Swim Club Snowstorm 2024 Open Meet	Grantham Meres Leisure Centre	13x swimmers 71x events/swims 'Personal Bests' County Champs qualifications



Financial Review

The charity was established in April 2016 and is in its ninth year of operations and is in a stable financial position.

Reserves policy

The aim of the charity is to maintain one month's running costs approximately £2,600. The reserves are currently £4,150.

Internal control and risk management

The Trustees continue to monitor the major risks to which the charity is exposed and to keep under review the systems (financial systems, accounts etc.), which they believe are adequate and appropriate to the size of the charity and the nature of its operations.

The main source of funding this year has been the monthly fees from members, although there has been some sponsorship and donations received from Lloyds Banking Group and also donations from private individuals, with gift aid being claimed where possible. Grants obtained towards training of volunteers have been paid at source by the granting authority (eg SwimMark etc).

The majority of income is spent on pool hire costs and associated equipment.

Approved by the Trustees and signed on their behalf by:

Signature: *Ben Strathon*

Dated: 18th May 2025

Ben Strathon, Chairperson



LTSA Trustees' Annual Report for Year Ended 31 December 2024

Receipts & Payments Accounts	2024	2023
	£	£
RECEIPTS		
Swim England/ASA Fees	1,817	1,042
Fees	19,988	16,185
Interest	73	63
Fundraising (Branded items)	112	82
Functions	453	640
Donations (inc Gift Aid)	2,101	3,907
Swim Meets	4,281	2,812
Prepayments	1,130	
Total Income	29,955	24,731
LESS PAYMENTS		
Swim England/ASA Fees	1,523	1,615
Pool Hire	21,470	18,322
Equipment	0	0
Telephone	0	0
Misc	21	0
Training	0	354
Insurance	165	46
Swim Meets	3,919	2,877
Uniform (inc branded items)	360	15
Functions	789	544
Expenses/Coaching Costs	2,446	0
Hardship Fund	0	0
Bank Fees	63	60
Total Expenditure	30,756	23,833
Net Receipts/(Payments)	(801)	898
Cash funds at start of period	5,492	4,595
Cash funds at end of period	4,699	5,492

Approved by the Trustees and signed on their behalf by:

Signature: Michelle Parsons

Dated: 18th May 2025

Michelle Parsons, Treasurer



LTSA Trustees' Annual Report for Year Ended 31 December 2024

Statement of Assets and Liabilities	2024	2023
	£	£
Current Account	549	1,422
Deposit Account	4,150	4,070
Cash in Hand	0	0
Total	4,699	5,492
Assets Held at Year End 2024		
Swim Equipment	50	
Laptop	150	
Uniform	50	
Arrears (to be collected)	0	
Total Assets	250	
Liabilities Held at Year End 2024		
Pool Hire	0	
Expenses for coach	231	
Advance payments Aug 24	1130	
Total Liabilities	(1361)	
Notes:		
1. Outstanding Fees/swim Meets/ASA.		
2. Advance payments made Aug 24 to be used against ASA Fees.		
Net Balance carried forward for year = £4699 – £1111 = £3588.		
Approved by the Trustees and signed on their behalf by:		

Signature: *Michelle Parsons*

Dated: 18th May 2025

Michelle Parsons, Treasurer



Notes to the Accounts

1. Receipts and Payments accounts

Receipts and payments accounts are statements that summarise the movement of cash into and out of the charity during the financial year.

2. Trustees remuneration

The only payments made were for coaching services from the Head Coach as agreed and expenses incurred as agreed at the 2020 AGM, which are available for all volunteers for expenses incurred during the course of them assisting the CIO in its activities.

1 Linga Lane
Bassingham
Lincoln
LN5 9LD

LTSA (Lincoln Trident Swimming Academy)

2 Moorland Crescent

Lincoln

LN6 7NL

Independent Examination of the Accounts for Year ending 31st December 2024

I have reviewed the accounting records and in my opinion;

- (a) The income and expenditure account is materially in agreement with the accounting records kept by the LTSA;
- (b) having regard only to, and on the basis of, the information contained in those accounting records the income and expenditure account has been drawn up in a manner consistent with the accounting requirements of the Academy.

Mrs Amanda Chesshire ACMA, CGMA

Chartered Management Accountant

1st October 2025

LINCOLN TRIDENT SWIMMING ACADEMY

England & Wales - Charity number 1166296

Accounts



LTSA(Lincoln Trident
Swimming Academy)
(Registered charity number 1166296)

RECEIPTS AND PAYMENTS ACCOUNT
FOR THE YEAR ENDED
31 DECEMBER 2023

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**LTSA
FOR THE YEAR ENDED 31 DECEMBER 2023
TRUSTEES' ANNUAL REPORT**

The Trustees have pleasure in presenting their annual report and financial statements for the year ended 31st DECEMBER 2023

REFERENCE AND ADMINISTRATION DETAILS

Full Name

Lincoln Trident Swimming Academy (LTSA)

Registered Charity Number

1166296

Registered Office

LTSA
2 Moorland Crescent
Lincoln
LN6 7NL

Trustees

Mr Ben Strathon	Chairperson
Mrs Caroline Strathon	Secretary
Mrs Michelle Parsons	Treasurer
Mrs Emma Copland	Committee Member
Mrs Sarah Jackson	Committee Member
Ms Marie Mulholland	Committee Member

Bankers

HSBC
Business Banking
Cornmarket
Louth
LN11 9QB

**LTSA
FOR THE YEAR ENDED 31 DECEMBER 2023
TRUSTEES' ANNUAL REPORT**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing Document

The charity is controlled by its Constitution.

A volunteer management committee comprised of the Trustees governs the charity. The existing members will elect future Officers and it is hoped that new Trustees will be elected at the 2024 AGM to support the current Trustees.

Various external bodies including SwimMark and Swim England support the setting.

Recruitment and appointment of new trustees

The committee members are appointed/reappointed at the AGM held annually no later than 31st August.

The current committee members have varied qualifications and backgrounds, including legal, financial and business in addition to those related to the charities activities. The Disclosure and Barring Service have checked them, where required, in line with Swim England requirements.

Risk Management

The committee members have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide assurance against fraud and error.

There is a child protection policy in place; the CIO has adopted the Swim England policies.

LTSA continues to be aware of risks and is insured accordingly. Our policy is based on the Swim England and SwimMark guidance received. Regular training is in place to ensure competency.

**LTSA
FOR THE YEAR ENDED 31 DECEMBER 2023
TRUSTEES' ANNUAL REPORT**

OBJECTIVES AND ACTIVITIES

The aims of LTSA

LTSA is a teaching/coaching club dedicated to improving the technique and stamina of swimmers in a flexible, friendly, no pressure environment, preparing and enabling them to compete if they wish. The focus remains on developing skills and refining technique to enable each and every individual swimmer to reach their fullest potential, whether the swimmer's personal goal is skills, competition or fitness.

LTSA aims to be sustainable, high quality club providing a flexible programme of structured training sessions, which encourage and maintain participation at all levels and goals enabling swimmers to take control of their swimming, achieve their personal goals and optimum performance within a supportive development environment.

Encouragement support and mentoring is also provided for anyone wishing to teach/coach, again on a flexible no pressure basis.

The objectives of the CIO are set out in the Constitution.

Significant activities

We have continued to further develop and adapt the training programme, which has remained flexible in its approach and accessibility.

Grant funding was obtained to run an extended free trial programme to increase participation and enable local children to try club swimming.

We have competed in a number of open meets of all levels to meet the varied needs and abilities of the membership. Members also successfully competed at County, Regional, National and British Championships.

Recruitment of volunteers continues to be successful, with a number of volunteers committing to attending formal training qualifications.

**LTSA
FOR THE YEAR ENDED 31 DECEMBER 2023
TRUSTEES' ANNUAL REPORT**

ACHIEVEMENT AND PERFORMANCE

Re-Affiliated with Swim England - National, Regional and County. Re-accredited with SwimMark

Successful competitive Swimmers at meets in throughout the year achieved finals, medals, PBs, as well as many qualifying for County, Regional, National and/or British Swimming Championships. Some previously non-competing members tried competition this year at open meets.

Numbers of non-competing members maintained at approximately 50% of membership, with some previously competing members changing to non-competing over the year but continuing to participate in training.

Several swimmers assisted poolside as part of their Duke of Edinburgh Award Volunteering section. Others swam regularly as part of their Duke of Edinburgh Award Physical Section.

Charitable Activities

Increased the number of participants/members including some from non-swimming background, others joined from competitive focused clubs after considering stopping swimming, thereby keeping them in the sport as fitness and recreational swimmers.

In line with our CIO Objectives:-

Programme provides fitness training, nutritional advice and support to enable swimmers to maintain health.

Funded education and development of volunteers to further enhance the amateur sport of swimming. Open invitation to local swim schools and leisure centre providers for their staff/teachers to be involved in training and coaching to both improve their skills and also enable them to better understand and be aware of the opportunities for swimmers to continue participating in swimming after finishing swim school.

Provided assess and refer service giving information to non-members about their options in the County, including details and contacts for the various clubs/activity providers.

Financial support is available swimmers both within the club and externally who required assistance to continue to swim/learn to swim – as agreed by the Trustee.

Provided pool space for adult learn to swim lessons at reduced cost.

**LTSA
FOR THE YEAR ENDED 31 DECEMBER 2023
TRUSTEES' ANNUAL REPORT**

LTSA has had a very successful year of activities, building on the successes of previous years since registration as a charity and affiliation with Swim England.

Hi-lights from the year include: -

- ▲ Competing numerous times under the LTSA banner both at open meets and in County, Regional and National Championships.
- ▲ Membership numbers growing
- ▲ New swimmers competing for the first time and retaining swimmers who have decided to stop competing.
- ▲ Swimmers graduating from Swim School into main Club membership.
- ▲ Regular additional poolside volunteers
- ▲ Structure and governance developed and expanded as the year progressed.
- ▲ Swimmers getting real personal achievement from the level of training, including being recognised at their schools as a result.
- ▲ Established on County and Midlands circuit.
- ▲ Balance of training to support non-competitive swimmers achievements.
- ▲ Increased number of members participating for fitness/healthy recreation.
- ▲ Training opportunities for volunteers and swimmers.
- ▲ Increased team cohesion and support within the membership, ensuring a fully inclusive approach.

**LTSA
FOR THE YEAR ENDED 31 DECEMBER 2023
TRUSTEES' ANNUAL REPORT**

FINANCIAL REVIEW

The charity was established in April 2016, so this is its eighth year of operations. It has continued its stable financial position.

Reserves policy

The aim of the charity is to maintain one month's running costs approximately £2,600. The reserves are currently £5,492

Internal control and risk management

The Trustees continue to monitor the major risks to which the charity is exposed and to keep under review the adequacy of the systems which they believe are adequate and appropriate to the size of the charity and the nature of its operations.

The main source of funding this year has been the monthly fees from members, although there has been some sponsorship and donations received from Lloyds Banking Group and also donations from private individuals, with gift aid being claimed where possible. Grants obtained towards training of volunteers have been paid at source by the granting authority (eg SwimMark etc). Grant funding was also obtained to run an extended free trial programme to increase participation and enable local children to try club swimming.

The majority of income is spent on pool hire costs and associated equipment.

Approved by the Trustees and signed on their behalf by

Signed*Ben Strathon*.....
Ben Strathon, Chairperson

. Dated ... 30th May 2024.....

**LTSA
FOR THE YEAR ENDED 31 DECEMBER 2023
RECEIPTS & PAYMENTS ACCOUNTS**

		2023	2022
RECEIPTS	£	£	£
Swim England/ASA Fees	1,042		1,510
Fees	16,185		12,191
Interest	63		8
Fundraising (Branded items)	82		474
Functions	640		661
Donations (inc Gift Aid)	3,907		989
Swim Meets	2,812		2,514
Total Income		24,731	18,347
LESS PAYMENTS			
Swim England/ASA Fees	1,615		1,595
Pool Hire	18,322		13,341
Equipment	0		0
Telephone	0		15
Misc	0		26
Training	354		720
Insurance	46		105
Swim Meets	2,877		3,059
Uniform (inc branded items)	15		116
Functions	544		683
Expenses/Coaching Costs	0		1,950
Hardship Fund	0		0
Bank Fees	60		60
Total Expenditure		23,833	21,670
Net Receipts/(Payments)		898	(3,323)
Cash funds at start of this period		4,595	7,918
Cash funds at end of this period		5,492	4,595

Approved by the Trustees and signed on their behalf by:

Signed*Michelle Parsons*.....
Michelle Parsons, Treasurer

. Dated ... 30th May 2024.....

**LTSA
FOR THE YEAR ENDED 31 DECEMBER 2023
STATEMENT OF ASSETS AND LIABILITIES**

	2023	2022
	£	£
Current Account	1,422	587
Deposit Account	4,070	4,007
Cash in Hand	0	0
	5,492	4,595
Assets Held at Year End 2023	£	
Swim Equipment	50	
Laptop	150	
Uniform	50	
Arrears (to be collected)	57	
Total	307	
Liabilities Held at Year End 2023		
Pool Hire		
Expenses for coach	1,894	
Advance payments	73	
Total	(1,967)	

Notes

1. Outstanding Fees/swim Meets/ASA– £57 1 swimmer
 2. Advance payments made Aug 23 to be used against ASA Fees
- Net Balance carried forward for year = £5492 – £1660 = £3832

Approved by the Trustees and signed on their behalf by:

Signed*Michelle Parsons*..... Dated 30th May 2024.....
Michelle Parsons, Treasurer

**LTSA
FOR THE YEAR ENDED 31 DECEMBER 2023**

NOTES TO THE ACCOUNTS

1. Receipts and Payments accounts

Receipts and payments accounts are statements that summarise the movement of cash into and out of the charity during the financial year.

2. Trustees remuneration

The only payments made were for coaching services from the Head Coach as agreed and expenses incurred as agreed at the 2020 AGM, which are available for all volunteers for expenses incurred during the course of them assisting the CIO in its activities.

LINCOLN TRIDENT SWIMMING ACADEMY

England & Wales - Charity number 1166296

Accounts



LTSA(Lincoln Trident
Swimming Academy)

(Registered charity number 1166296)

RECEIPTS AND PAYMENTS ACCOUNT

FOR THE YEAR ENDED
31 DECEMBER 2022

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TRUSTEES' ANNUAL REPORT**

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2 Moorland Crescent
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Mrs Sarah Hallam	Treasurer
Mrs Emma Copland	Committee Member
Mrs Michelle Parsons	Committee Member
Mrs Sarah Jackson	Committee Member
Mrs Alexandra Parkin	Committee Member

Bankers

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Business Banking
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**LTSA
FOR THE YEAR ENDED 31 DECEMBER 2022
TRUSTEES' ANNUAL REPORT**

STRUCTURE, GOVERNANCE AND MANAGEMENT

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**LTSA
FOR THE YEAR ENDED 31 DECEMBER 2022
TRUSTEES' ANNUAL REPORT**

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The aims of LTSA

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Significant activities

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**LTSA
FOR THE YEAR ENDED 31 DECEMBER 2022
TRUSTEES' ANNUAL REPORT**

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Re-Affiliated with Swim England - National, Regional and County. Re-accredited with SwimMark

Successful competitive Swimmers at meets in throughout the year achieved finals, medals, PBs, as well as many qualifying for County, Regional, National and/or British Swimming Championships. Some previously non-competing members tried competition this year at open meets.

Numbers of non-competing members maintained at approximately 50% of membership, with some previously competing members changing to non-competing over the year but continuing to participate in training.

Several swimmers assisted poolside as part of their Duke of Edinburgh Award Volunteering section. Others swam regularly as part of their Duke of Edinburgh Award Physical Section.

Charitable Activities

Increased the number of participants/members including some from non-swimming background, others joined from competitive focused clubs after considering stopping swimming, thereby keeping them in the sport as fitness and recreational swimmers.

In line with our CIO Objectives:-

Programme provides fitness training, nutritional advice and support to enable swimmers to maintain health.

Funded education and development of volunteers to further enhance the amateur sport of swimming. Open invitation to local swim schools and leisure centre providers for their staff/teachers to be involved in training and coaching to both improve their skills and also enable them to better understand and be aware of the opportunities for swimmers to continue participating in swimming after finishing swim school.

Provided assess and refer service giving information to non-members about their options in the County, including details and contacts for the various clubs/activity providers.

Financially support is available swimmers both within the club and externally who required assistance to continue to swim/learn to swim – as agreed by the Trustee.

Provided pool space for adult learn to swim lessons at reduced cost.

**LTSA
FOR THE YEAR ENDED 31 DECEMBER 2022
TRUSTEES' ANNUAL REPORT**

LTSA has had a very successful year of activities, building on the successes of previous years since registration as a charity and affiliation with Swim England.

Hi-lights from the year include: -

- ▲ Competing numerous times under the LTSA banner both at open meets and in County, Regional and National Championships.
- ▲ Membership numbers growing
- ▲ New swimmers competing for the first time and retaining swimmers who have decided to stop competing.
- ▲ Swimmers graduating from Swim School into main Club membership.
- ▲ Regular additional poolside volunteers
- ▲ Structure and governance developed and expanded as the year progressed.
- ▲ Swimmers getting real personal achievement from the level of training, including being recognised at their schools as a result.
- ▲ Established on County and Midlands circuit.
- ▲ Balance of training to support non-competitive swimmers achievements.
- ▲ Increased number of members participating for fitness/healthy recreation.
- ▲ Training opportunities for volunteers and swimmers.
- ▲ Increased team cohesion and support within the membership, ensuring a fully inclusive approach.

**LTSA
FOR THE YEAR ENDED 31 DECEMBER 2022
TRUSTEES' ANNUAL REPORT**

FINANCIAL REVIEW

The charity was established in April 2016, so this is its seventh year of operations. It has continued its stable financial position.

Reserves policy

The aim of the charity is to maintain one month's running costs approximately £2,600. The reserves are currently £4,595

Internal control and risk management

The Trustees continue to monitor the major risks to which the charity is exposed and to keep under review the adequacy of the systems which they believe are adequate and appropriate to the size of the charity and the nature of its operations.

The main source of funding this year has been the monthly fees from members, although there has been some sponsorship and donations received from Lloyds Banking Group and also donations from private individuals, with gift aid being claimed where possible. Grants obtained towards training of volunteers have been paid at source by the granting authority (eg SwimMark etc).

The majority of income is spent on pool hire costs and associated equipment.

Approved by the Trustees and signed on their behalf by

Signed*Ben Strathon*.....
Ben Strathon, Chairperson

. Dated01/04/2023.....

**LTSA
FOR THE YEAR ENDED 31 DECEMBER 2022
RECEIPTS & PAYMENTS ACCOUNTS**

		2022	2021
RECEIPTS	£	£	£
Swim England/ASA Fees	1,510		585
Fees	12,191		10,509
Interest	8		1
Fundraising (Branded items)	474		95
Functions	661		370
Donations (inc Gift Aid)	989		1,209
Swim Meets	2,514		1,267
Total Income		18,347	14,036
LESS PAYMENTS			
Swim England/ASA Fees	1,595		1,374
Pool Hire	13,341		8,011
Equipment	0		44
Telephone	15		0
Misc	26		0
Training	720		0
Insurance	105		105
Swim Meets	3,059		1,724
Uniform (inc branded items)	116		641
Functions	683		284
Expenses/Coaching Costs	1,950		3,247
Hardship Fund	0		0
Bank Fees	60		0
Total Expenditure		21,670	15,430
Net Receipts/(Payments)		(3,323)	(1,394)
Cash funds at start of this period		7,918	9,312
Cash funds at end of this period		4,595	7,918

Approved by the Trustees and signed on their behalf by:

Signed*Sarah Hallam*.....
Sarah Hallam, Treasurer

. Dated01/04/2023.....

**LTSA
FOR THE YEAR ENDED 31 DECEMBER 2022
STATEMENT OF ASSETS AND LIABILITIES**

	2022	2021
	£	£
Current Account	587	1,906
Deposit Account	4,007	6,011
Cash in Hand	0	0
	4,595	7,918
Assets Held at Year End 2022	£	
Swim Equipment	50	
Laptop	150	
Uniform	50	
Arrears (to be collected)	240	
Total	490	
Liabilities Held at Year End 2022		
Pool Hire	330	
Advance Payments	169	
Total	(499)	

Notes

1. Outstanding Fees/swim Meets/ASA– £240
2. Advance payments of £169 made due to lockdown refunds etc -
Net Balance carried forward for year = £4595 – £9 = £4586

Approved by the Trustees and signed on their behalf by:

Signed*Sarah Hallam*..... Dated01/04/2023.....
Sarah Hallam, Treasurer

**LTSA
FOR THE YEAR ENDED 31 DECEMBER 2020**

NOTES TO THE ACCOUNTS

1. Receipts and Payments accounts

Receipts and payments accounts are statements that summarise the movement of cash into and out of the charity during the financial year.

2. Trustees remuneration

The only payments made were for coaching services from the Head Coach as agreed and expenses incurred as agreed at the 2020 AGM, which are available for all volunteers for expenses incurred during the course of them assisting the CIO in its activities.

LINCOLN TRIDENT SWIMMING ACADEMY

England & Wales - Charity number 1166296

Accounts



LTSA(Lincoln Trident
Swimming Academy)
(Registered charity number 1166296)

RECEIPTS AND PAYMENTS ACCOUNT
FOR THE YEAR ENDED
31 DECEMBER 2021

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**LTSA
FOR THE YEAR ENDED 31 DECEMBER 2021
TRUSTEES' ANNUAL REPORT**

The Trustees have pleasure in presenting their annual report and financial statements for the year ended 31st DECEMBER 2021

REFERENCE AND ADMINISTRATION DETAILS

Full Name

Lincoln Trident Swimming Academy (LTSA)

Registered Charity Number

1166296

Registered Office

LTSA
2 Moorland Crescent
Lincoln
LN6 7NL

Trustees

Mr Ben Strathon	Chairperson
Mrs Caroline Strathon	Secretary
Mrs Sarah Hallam	Treasurer
Mrs Emma Copland	Committee Member
Mrs Cheryl Flint	Committee Member
Mrs Michelle Parsons	Committee Member
Mrs Heloise Abbott	Committee Member
Mrs Sarah Jackson	Committee Member

Bankers

HSBC
Business Banking
Cornmarket
Louth
LN11 9QB

**LTSA
FOR THE YEAR ENDED 31 DECEMBER 2021
TRUSTEES' ANNUAL REPORT**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing Document

The charity is controlled by its Constitution.

A volunteer management committee comprised of the Trustees governs the charity. The members will elect future Officers and it is hoped that new Trustees will be elected at successive AGMs to support the continuing Trustees.

Various external bodies including SwimMark and Swim England support the setting.

Recruitment and appointment of new trustees

The committee members are appointed/reappointed at the AGM held annually no later than 31st August.

The current committee members have varied qualifications and backgrounds, including legal, financial and business in addition to those related to the charities activities. The Disclosure and Barring Service have checked them, where required, in line with Swim England requirements.

Risk Management

The committee members have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide assurance against fraud and error.

There is a child protection policy in place; the CIO has adopted the Swim England policies.

LTSA continues to be aware of risks and is insured accordingly. Our policy is based on the Swim England and SwimMark guidance received. Regular training is in place to ensure competency.

**LTSA
FOR THE YEAR ENDED 31 DECEMBER 2021
TRUSTEES' ANNUAL REPORT**

OBJECTIVES AND ACTIVITIES

The aims of LTSA

LTSA is a teaching/coaching club dedicated to improving the technique and stamina of swimmers in a flexible, friendly, no pressure environment, preparing and enabling them to compete if they wish. The focus remains on developing skills and refining technique to enable each and every individual swimmer to reach their fullest potential, whether the swimmer's personal goal is skills, competition or fitness.

LTSA aims to be sustainable, high quality club providing a flexible programme of structured training sessions, which encourage and maintain participation at all levels and goals enabling swimmers to take control of their swimming, achieve their personal goals and optimum performance within a supportive development environment.

Encouragement support and mentoring is also provided for anyone wishing to teach/coach, again on a flexible no pressure basis.

The objectives of the CIO are set out in the Constitution.

Significant activities

The training programme continues to be developed and progressed whilst remaining flexible in its approach and accessibility.

The year began with a coronavirus lock-down, closure of facilities and restrictions on group meetings so it was not possible for members to swim until mid-April.

Following re-opening of facilities in mid-April, the Club returned and although losing a number of members maintained sufficient numbers to continue.

Successful internal Level X Galas were held in June and August enabling members to achieve times for entry onto the national rankings prior to the return of open competition in September.

ACHIEVEMENT AND PERFORMANCE

Re-Affiliated with Swim England - National, Regional and County. Re-accredited with SwimMark.

Unfortunately due to the coronavirus lock-down and competitive swimming ceasing there were no County Championships this year, however following easing back of the coronavirus restrictions in July, one swimmer qualified and was selected to compete in the Regional Summer Festival which was restricted to very limited numbers.

Competitive successes over the year included one swimmer at County Open Water, one at Regional Summer Festival, a number of level X internal competitions and open competitions, with many new swimmers competing for the first time.

In September, the first open competition following easing of lock down restrictions resulted in many PB's and medals as well as County and Regional Qualifying times and two subsequent meets through the remainder of the year building on that success.

One swimmer was selected for the County Development Day.

Four swimmers attended the Short Course Winter Regionals, one swimmer attended the Swim England Winter Nationals.

A number of swimmers represented their school(s) at the inter-schools swimming competition. One swimmer's school relay team went through to the national final and the team (including swimmers from other Clubs) participated in a number of sessions with the Club's Head Coach to prepare and improve them for the final.

The Club has in process a number of collaborative projects and link ups with local Clubs for synchronised swimming and triathlon as well as with pool providers to improve community swimming by providing facilities for coached/taught adult swimming sessions on a pay as you go basis (open to all - no membership required).

Numbers of non-competing members maintained at approximately 50% of membership, however essentially for the majority of the year all members have been non-competing over the year but have continued to participate in training when possible due to coronavirus lock-downs.

Charitable Activities

Membership numbers have fallen slightly, but most swimmers have shown resilience in continuing to train, despite the issues and disruptive breaks there have been this year with extended lock-downs, pool closures and restrictions due to coronavirus pandemic.

In line with our CIO Objectives:-

Programme provides fitness training, nutritional advice and support to enable swimmers to maintain health. Facilities have been introduced for an adult coached pay as you go session (open to all - no membership required) and collaborations are in process with local synchronised swimming and triathlon clubs.

Funded education and development of volunteers to further enhance the amateur sport of swimming. Open invitation to local swim schools and leisure centre providers for their staff/teachers to be involved in training and coaching to both improve their skills and also enable them to better understand and be aware of the opportunities for swimmers to continue participating in swimming after finishing swim school. Offer also to mentor/develop teachers/coaches to improve quality of swimming lesson/training provision locally.

Assess and refer service giving information to non-members about their options in the County, including details and contacts for the various clubs/activity providers.

Financial support is available to swimmers both within the club and externally who required assistance to continue to swim/learn to swim – as agreed by the Trustee.

SUMMARY

LTSA has had a very successful year of activities, building on the successes of previous years, despite the limited time in the pool and opportunities both for competing and training.

Hi-lights from the year include: -

- ▲ Swimmers competing under the LTSA banner at Regional and National Championships (no County Championships this year due to coronavirus lock-down).
- ▲ Membership numbers fallen slightly, but remain sufficient to enable Club to continue despite the issues and disruptive breaks in training due to coronavirus lock-downs.
- ▲ New swimmers competing for the first time and retaining swimmers who have decided to stop competing.
- ▲ Swimmers graduating from Swim School into main academy membership.
- ▲ Balance of training to support non-competitive swimmers achievements and also to maintain commitment of competitive swimmers despite lack of competitive opportunities and disruption of frequent breaks due to lock-downs, restrictions and pool closures etc
- ▲ Increased team cohesion and support within the membership, ensuring a fully inclusive approach.
- ▲ Facilitating adult swimming session open to all.
- ▲ Collaborations and link-ups in process with local synchronised swimming and triathlon clubs.

**LTSA
FOR THE YEAR ENDED 31 DECEMBER 2021
TRUSTEES' ANNUAL REPORT**

FINANCIAL REVIEW

The charity was established in April 2016, so this is its fifth year of operations. It has further improved its stable financial position.

Reserves policy

The aim of the charity is to maintain one month's running costs approximately £2,200. The reserves are currently £7,918.

Internal control and risk management

The Trustees continue to monitor the major risks to which the charity is exposed and to keep under review the adequacy of the systems which they believe are adequate and appropriate to the size of the charity and the nature of its operations.

The main source of funding this year has been the monthly fees from members, although there have been some donations received from private individuals, with gift aid being claimed where possible. Grants obtained towards training of volunteers have been paid at source by the granting authority (eg SwimMark etc).

The majority of income is spent on pool hire costs and associated equipment.

Following an unanimous vote of members at the 2019 AGM this is the second year reduced rate payments and bonus have been paid to the Head Coach for coaching services.

Signed 
Ben Strathon, Chairperson

Dated 23 July 2022

**LTSA
FOR THE YEAR ENDED 31 DECEMBER 2021
RECEIPTS & PAYMENTS ACCOUNTS**

		2021	2020
RECEIPTS	£	£	£
Swim England/ASA Fees	585		1,530
Fees	10,509		11,930
Interest	1		2
Fundraising (Branded items)	95		231
Functions	370		0
Donations (inc Gift Aid)	1,209		280
Swim Meets	1,267		2,013
Total Income		14,036	15,986
LESS PAYMENTS			
Swim England/ASA Fees	1,374		1,972
Pool Hire	8,011		6,930
Equipment	44		94
Telephone	0		20
Misc	0		0
Training	0		0
Insurance	105		105
Swim Meets	1,724		1,233
Uniform (inc branded items)	641		322
Functions	284		0
Expenses/Coaching fees	3,247		1,821
Hardship Fund	0		0
Total Expenditure		15,430	12,497
Net Receipts/(Payments)		(1,394)	3,489
Cash funds at start of this period		9,312	5,822
Cash funds at end of this period		7,918	9,312

Approved by the Trustees and signed on their behalf by:

Signed*Sarah Hallam*.....
Sarah Hallam, Treasurer

. Dated15/1/2022.....

**LTSA
FOR THE YEAR ENDED 31 DECEMBER 2021
STATEMENT OF ASSETS AND LIABILITIES**

	2021	2020
	£	£
Current Account	1,906	3,301
Deposit Account	6,011	6,011
Cash in Hand	0	0
	7,917	9,312
Assets Held at Year End 2020	£	
Swim Equipment	50	
Laptop	100	
Uniform	50	
Arrears (to be collected)	107	
Total	307	
Liabilities Held at Year End 2021		
Pool Hire	564	
Advance Payments	169	
Expenses/Coaching fees December	252	
Total	985	

Notes

1. Outstanding Fees– £107
2. Advance payments of £169 made due to lockdown refunds etc -
Net Balance carried forward for year = £7917

Approved by the Trustees and signed on their behalf by:

Signed*Sarah Hallam*..... Dated15/1/2022.....
Sarah Hallam, Treasurer

**LTSA
FOR THE YEAR ENDED 31 DECEMBER 2021**

NOTES TO THE ACCOUNTS

1. Receipts and Payments accounts

Receipts and payments accounts are statements that summarise the movement of cash into and out of the charity during the financial year.

2. Trustees remuneration

The only payments made were reduced rate payments and bonus paid to the Head Coach for coaching services as agreed at the 2019 AGM and expenses, which are available for all volunteers for expenses incurred during the course of them assisting the CIO in its activities.

LINCOLN TRIDENT SWIMMING ACADEMY

England & Wales - Charity number 1166296

Accounts



LTSA(Lincoln Trident
Swimming Academy)
(Registered charity number 1166296)

RECEIPTS AND PAYMENTS ACCOUNT
FOR THE YEAR ENDED
31 DECEMBER 2020

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**LTSA
FOR THE YEAR ENDED 31 DECEMBER 2020
TRUSTEES' ANNUAL REPORT**

The Trustees have pleasure in presenting their annual report and financial statements for the year ended 31st DECEMBER 2020

REFERENCE AND ADMINISTRATION DETAILS

Full Name

Lincoln Trident Swimming Academy (LTSA)

Registered Charity Number

1166296

Registered Office

LTSA
2 Moorland Crescent
Lincoln
LN6 7NL

Trustees

Mr Ben Strathon	Chairperson
Mrs Caroline Strathon	Secretary
Mrs Sarah Hallam	Treasurer
Mrs Emma Copland	Committee Member
Mrs Cheryl Flint	Committee Member
Mr Michael Ormerod	Committee Member - resigned at 2020 AGM
Mrs Michelle Parsons	Committee Member
Mrs Susan Parsons	Committee Member - resigned at 2020 AGM
Mrs Heloise Abbott	Committee Member
Mrs Sarah Jackson	Committee Member - elected at 2020 AGM

Bankers

HSBC
Business Banking
Cornmarket
Louth
LN11 9QB

**LTSA
FOR THE YEAR ENDED 31 DECEMBER 2020
TRUSTEES' ANNUAL REPORT**

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing Document

The charity is controlled by its Constitution.

A volunteer management committee comprised of the Trustees governs the charity. Two Trustees resigned and one additional new Trustee, Sarah Jackson, was nominated and duly elected at the 2020 AGM. The members will elect future Officers and it is hoped that new Trustees will be elected at successive AGMs to support the continuing Trustees.

Various external bodies including SwimMark and Swim England support the setting.

Recruitment and appointment of new trustees

The committee members are appointed/reappointed at the AGM held annually no later than 31st August.

The current committee members have varied qualifications and backgrounds, including legal, financial and business in addition to those related to the charities activities. The Disclosure and Barring Service have checked them, where required, in line with Swim England requirements.

Risk Management

The committee members have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide assurance against fraud and error.

There is a child protection policy in place; the CIO has adopted the Swim England policies.

LTSA continues to be aware of risks and is insured accordingly. Our policy is based on the Swim England and SwimMark guidance received. Regular training is in place to ensure competency.

**LTSA
FOR THE YEAR ENDED 31 DECEMBER 2020
TRUSTEES' ANNUAL REPORT**

OBJECTIVES AND ACTIVITIES

The aims of LTSA

LTSA is a teaching/coaching club dedicated to improving the technique and stamina of swimmers in a flexible, friendly, no pressure environment, preparing and enabling them to compete if they wish. The focus remains on developing skills and refining technique to enable each and every individual swimmer to reach their fullest potential, whether the swimmer's personal goal is skills, competition or fitness.

LTSA aims to be sustainable, high quality club providing a flexible programme of structured training sessions, which encourage and maintain participation at all levels and goals enabling swimmers to take control of their swimming, achieve their personal goals and optimum performance within a supportive development environment.

Encouragement support and mentoring is also provided for anyone wishing to teach/coach, again on a flexible no pressure basis.

The objectives of the CIO are set out in the Constitution.

Significant activities

The training programme continues to be developed and progressed whilst remaining flexible in its approach and accessibility.

After a successful County Championships competitions ceased due to the coronavirus lockdown, closure of facilities and restrictions on group meetings. The Club was, however, able to hold a successful internal Level X Gala in December enabling members to achieve times for entry onto the national rankings.

**LTSA
FOR THE YEAR ENDED 31 DECEMBER 2020
TRUSTEES' ANNUAL REPORT**

ACHIEVEMENT AND PERFORMANCE

Re-Affiliated with Swim England - National, Regional and County. Re-accredited with SwimMark

Successful competitive Swimmers at County Championships with several swimmers achieving times close to Regional Championship qualifying time. Unfortunately due to the coronavirus lock-down and competitive swimming ceasing (including the cancellation of Regional Championships and National Championships) no further open meets were possible.

A team of Swimmers competed (many competing for the first time) in the Junior League, however only the first round was possible due to the subsequent coronavirus lock-down and restrictions.

A successful internal Level X Meet was held in mid-December at which many swimmers achieved personal best times, with several swimmers competing and achieving times for the first time.

Numbers of non-competing members maintained at approximately 50% of membership, however essentially for the majority of the year all members have been non-competing over the year but have continued to participate in training when possible between coronavirus lock-downs.

Charitable Activities

Membership numbers have been maintained and swimmers have shown resilience in continuing to train, despite the issues and disruptive breaks there have been this year with pool closures due to coronavirus pandemic.

In line with our CIO Objectives:-

Programme provides fitness training, nutritional advice and support to enable swimmers to maintain health.

Funded education and development of volunteers to further enhance the amateur sport of swimming. Open invitation to local swim schools and leisure centre providers for their staff/teachers to be involved in training and coaching to both improve their skills and also enable them to better understand and be aware of the opportunities for swimmers to continue participating in swimming after finishing swim school.

Assess and refer service giving information to non-members about their options in the County, including details and contacts for the various clubs/activity providers.

Financial support is available to swimmers both within the club and externally who required assistance to continue to swim/learn to swim – as agreed by the Trustees.

**LTSA
FOR THE YEAR ENDED 31 DECEMBER 2020
TRUSTEES' ANNUAL REPORT**

LTSA has had a very successful year of activities, building on the successes of previous years, despite the limited time in the pool and opportunities both for competing and training.

Hi-lights from the year include: -

- ▲ Competing under the LTSA banner both at County Championships and in Junior League team events.
- ▲ Membership numbers maintained, despite the issues and disruptive breaks in training due to coronavirus lock-downs.
- ▲ New swimmers competing for the first time and retaining swimmers who have decided to stop competing.
- ▲ Swimmers graduating from Swim School into main academy membership.
- ▲ Balance of training to support non-competitive swimmers achievements and also to maintain commitment of competitive swimmers despite lack of competitive opportunities and disruption of frequent breaks due to lock-downs, restrictions and pool closures etc
- ▲ Increased team cohesion and support within the membership, ensuring a fully inclusive approach.

**LTSA
FOR THE YEAR ENDED 31 DECEMBER 2020
TRUSTEES' ANNUAL REPORT**

FINANCIAL REVIEW

The charity was established in April 2016, so this is its fourth year of operations. It has further improved its stable financial position.

Reserves policy

The aim of the charity is to maintain one month's running costs approximately £2,200. The reserves are currently £7,435.

Internal control and risk management

The Trustees continue to monitor the major risks to which the charity is exposed and to keep under review the adequacy of the systems which they believe are adequate and appropriate to the size of the charity and the nature of its operations.

The main source of funding this year has been the monthly fees from members, although there have been some donations received from private individuals, with gift aid being claimed where possible. Grants obtained towards training of volunteers have been paid at source by the granting authority (eg SwimMark etc).

The majority of income is spent on pool hire costs and associated equipment.

Following a unanimous vote of members at the 2019 AGM this is the first year reduced rate payments and bonus have been paid to the Head Coach for coaching services.


Signed
Ben Strathon, Chairperson

Dated 18/01/2021

**LTSA
FOR THE YEAR ENDED 31 DECEMBER 2020
RECEIPTS & PAYMENTS ACCOUNTS**

		2020	2019
RECEIPTS	£	£	£
Swim England/ASA Fees	1,530		2,280
Fees	11,930		19,376
Interest	2		6
Fundraising (Branded items)	231		540
Functions	0		1,851
Donations (inc Gift Aid)	280		1,092
Swim Meets	2,013		4,574
Total Income		15,986	29,719
LESS PAYMENTS			
Swim England/ASA Fees	1,972		2,439
Pool Hire	6,930		13,870
Equipment	94		127
Telephone	20		10
Misc	0		41
Training	0		351
Insurance	105		164
Swim Meets	1,233		5,339
Uniform (inc branded items)	322		2,716
Functions	0		1913
Expenses/Wages	1,821		1,141
Hardship Fund	0		0
Total Expenditure		12,497	28,110
Net Receipts/(Payments)		3,489	1,609
Cash funds at start of this period		5,822	4,212
Cash funds at end of this period		9,312	5,822

Approved by the Trustees and signed on their behalf by:

Signed*Sarah Hallam*.....
Sarah Hallam, Treasurer

. Dated18/1/2021.....

**LTSA
FOR THE YEAR ENDED 31 DECEMBER 2020
STATEMENT OF ASSETS AND LIABILITIES**

	2020	2019
	£	£
Current Account	3,301	2,813
Deposit Account	6,011	3,008
Cash in Hand	0	0
	9,312	5,822
Assets Held at Year End 2020	£	
Swim Equipment	50	
Laptop	100	
Uniform	50	
Arrears (to be collected)	358	
Total	558	
Liabilities Held at Year End 2020		
Pool Hire	615	
Advance Payments	1,145	
Expenses December	117	
Total	1877	

Notes

1. Outstanding Fees/swim Meets/ASA– 358.
2. Advance payments of 1145 made due to lockdown refunds etc -

Net Balance carried forward for year = £9,312 – 1877 = 7,435

Approved by the Trustees and signed on their behalf by:

Signed*Sarah Hallam*..... Dated18/1/2021.....
Sarah Hallam, Treasurer

NOTES TO THE ACCOUNTS

1. Receipts and Payments accounts

Receipts and payments accounts are statements that summarise the movement of cash into and out of the charity during the financial year.

2. Trustees remuneration

The only payments made were reduced rate payments and bonus paid to the Head Coach for coaching services as agreed by the Members at the 2019 AGM and expenses, which are available for all volunteers for expenses incurred during the course of them assisting the CIO in its activities.