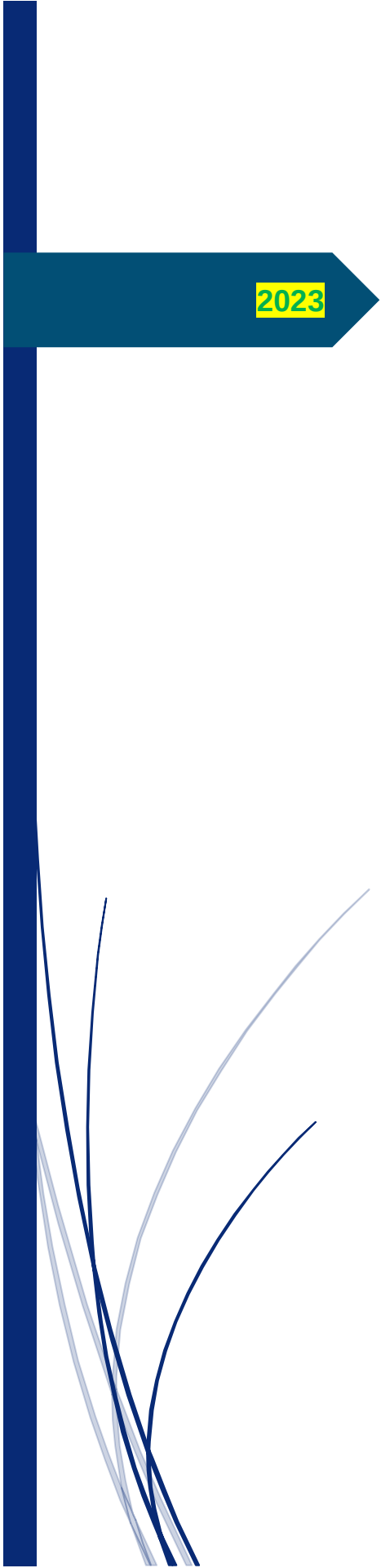


(Registered Charity No. 1166253)



2023

Support 4 Change Trustees' Annual Report

Year Ended 31st December 2023

SUPPORT 4 CHANGE

ANNUAL REPORT & FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31ST DECEMBER 2023

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**SUPPORT 4 CHANGE
LEGAL AND ADMINISTRATIVE DETAILS**

31ST DECEMBER 2023

A Charitable Incorporated Organisation (CIO)

Registered Company Number:- CE006073 (England & Wales)

Charity Registration Number:- 1166253

Trustees

Kim Smithson - Chair
Maria Antoniw - Treasurer
Sheila Seymour
Sr. Maureen Youle
Verna Holmes

Registered Office

Capital Office
Kemp House,
152-160 City Road,
London
EC1V 2NX

Telephone : 07736 477812

Bankers

National Westminster Bank plc
12 High Street,
Doncaster
DN1 1ED

Independent Examiner

R.A. Prior, FCCA, FCIE, DChA,
W.H. Prior
Chartered Certified Accountants,
Railway Court,
Doncaster.
DN4 5FB

SUPPORT 4 CHANGE

REPORT OF THE TRUSTEES

31ST DECEMBER 2023

Principal Objectives

To support the residents of Doncaster and its environs by:-

- 1) Advancement of health including the prevention and relief of sickness, disease and the suffering both mental and physical, due to the use of illegal and legal substances.
- 2) Prevention and relief of poverty experienced by families and communities affected by someone else's illegal and legal substances.

The effects of drug and alcohol use in the family goes beyond affecting the person using them. Living with a loved one who uses drugs or alcohol has a huge impact on the whole family.

Structure Governance & Management

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Achievements & Performance

Introduction

As we conclude another impactful year at Support4Change we reflect on our journey and our commitment to supporting individuals and families affected by drug and alcohol substance abuse.

Over the past year, our services have continued to grow, providing essential support, empowering change, and helping individuals regain control of their lives. This report highlights our achievements, the challenges we have overcome, and our future goals as we strive to expand our reach and deepen our impact.



Mission Statement...

- Support4Change is dedicated to fostering resilience, well-being, and community cohesion among families and individuals affected by substance use in Doncaster.
- We aim to provide a safe and supportive environment for our members to heal, learn, and grow together.

Key achievements

Key Achievements (2023-2024)

- Supported 90 families through group programs.

- Delivered 120 one-on-one counseling sessions.

- Partnered with 4 local organisations to enhance services.

- Offered complementary therapies, walking groups, and social outings.

- **Clients Supported.**

In 2023, we have provided direct support to over 100 families, including one to one therapy, family support, and peer group sessions.

- **Family Interventions**

Our programme for families of those affected by substance abuse resulted in a 25% increase in participation with 120 families benefiting from workshops and counselling.

- **Group Therapy Sessions**

We facilitated 112 peer support sessions, where individuals could share their experiences, fostering a sense of community and solidarity. We are pleased to announce that we now have 3 group sessions operating EVERY week- In three different localities; East Doncaster (Thorne & Moorends); Central Doncaster; and South Doncaster (Conisborough & Mexborough) making Support4Change even more accessible to those that need it.

- **Expansion of digital services**

We continued with the WhatsApp peer support which has supported over 50 participants, allowing clients to access guidance and support in real time.

- **Mental health focus**

97% of our clients reported improved mental health, self-esteem, and overall well-being after attending our workshops.

Service delivery

Our range of services has been crucial in offering both immediate and longer-term support for individuals and their families:

- **One to one therapeutic support**

We provide individualised therapeutic support, tailored to meet the unique needs of each client. This has proven to be critical in addressing a wide range of mental health issues, helping individuals regain control over their lives, and enhancing personal empowerment. Over the past year, our qualified psychotherapists have so far delivered 120 sessions, facilitating personal growth and emotional healing.

With over 120 therapy sessions delivered so far this year, our qualified counsellors work closely with members to address underlying trauma, addiction triggers and to create personalised plans.

- **Group sessions with peer support.**

Our group sessions foster a sense of community, allowing clients to share experiences and offer mutual support. These sessions are structured to encourage open discussions, and participants benefit from the camaraderie and shared understanding that comes from others facing similar challenges.

The group setting not only provides emotional support but also creates an environment where individuals can learn from each other's coping strategies, boosting their overall well-being.

Our group sessions offer a safe and nonjudgmental environment for individuals to share their stories and support one another, reinforcing a sense of community.

- **Family support programmes**

Families often struggle alongside their loved ones battling addiction. Our family focused interventions including educational workshops and counselling to help them navigate these changes.

- **WhatsApp peer support**

In response to the pandemic and increasing demand for remote services our WhatsApp peer support group has been instrumental in offering instant access to help, advise and encourage, especially for those unable to attend in person to sessions.

- **Walking Group**

Support for change offers a peer led weekly walking group. Scheduled walks provide structure and a goal to look forward to and walking while discussing challenges can feel less formal than a group setting. Physical movement can symbolically and literally help participants feel like they are moving forward. Exposure to nature can also help alleviate symptoms of depression and anxiety as walking releases endorphins which enhances mood and promotes a sense of well-being.

- **Complementary Therapies**

At Support4Change, we provide complementary therapies to our members as part of our commitment to holistic wellbeing. These therapies are designed to promote relaxation, reduce stress, and enhance overall mental and physical health.

- **Training sessions**

At Support4Change, we recognise that our members face a range of challenges in their daily lives. To empower them and promote well-being, we offered targeted training sessions such as Empowering in Nature, Aromatherapy and the following:

Resilience: Equipping individuals with the tools to bounce back from adversity and develop a positive mindset, enabling them to face life's challenges with confidence.

Mindfulness: Teaching techniques to enhance self-awareness, focus and emotional regulation, fostering a sense of common balance.

Sleep: Providing strategies to improve sleep quality, recognising its vital role in physical and mental health.

Managing stress and anxiety: Offering practical methods to understand and cope with stresses, reducing their impact on daily life and improving mental health.

First aid: Empowering members to respond effectively to emergencies, fostering a sense of preparedness and responsibility in their communities.

These training sessions align with our mission to boost confidence, self-esteem, and overall mental health while fostering a supportive and empowered community.

- **Recreational Activities**

By prioritising recreational activities, Support4Change invest in caregivers' well-being, which ultimately benefits their loved ones as well. A refreshed and emotionally balanced caregiver is better equipped to provide quality care and to maintain their own well-being. We offer pottery and Art workshops, and a walking group to promote Mindful activities and also offer meals out and group outings. Fun recreational activities play a vital role in helping members decompress when they are regularly dealing with the emotional and physical challenges of supporting loved ones. Here is how these activities can be beneficial:

Mental escape: Engaging in fun activities provides a temporary break from caregiving responsibilities. It allows the mind to shift focus away from stress and problem solving, creating space for relaxation and rejuvenation.

Stress reduction: Activities or creative hobbies release endorphins- natural mood boosters. These activities help reduce stress hormones, leading to an uplift and more balanced emotional state.

Restoration of identity: Caregivers often lose sight of their own identity amidst their responsibilities. Recreational activities remind them of their personal interests and passions, helping to rebuild their sense of self beyond their caregiving role.

Social connection: Group activities or events promote social interaction, which can combat feelings of isolation. Sharing laughter and experiences with others fosters a sense of belonging and support.

Physical health benefits: Physical recreation activities such as the walking group improves overall health, boosting energy levels, and enhancing resilience-important for managing caregiving demands.

Improved coping skills: Regular breaks through fun activities provide caregivers with the emotional bandwidth to return to their responsibilities with a fresh perspective and renewed patience.

Encouraging positivity: Fun experiences create positive memories, which can act as a counterbalance to the more challenging moments of caregiving, helping maintain hope and optimism.

Member Testimonials:

S4C has given me a space of support and education for the intense situation I found myself in. Here I learnt from members additional strategies to help manage this situation, and hearing other perspectives and life experiences was beneficial to me. Many thanks to the group for allowing this for me and others.

Member Testimonial J M

September 2023

I have been coming to the weekly S4C meetings for over 7 months now and it has been a difficult yet comforting journey. The group offers peer support (facilitated) on a level only people affected by someone's addiction truly understands. It is a safe space to talk through issues, thoughts and feelings which are a result of damage caused by substance/alcohol/ misuse/abuse. The effect this has on daily life, relationships, self-care etc. Listening to people in the group share their experiences. Personal history with supporting an addict has made me feel that I am not alone.

It was difficult walking into the very first meeting although speaking with Sandra/Kim before I went was encouraging. Everyone in the group was so welcoming and supportive. I felt no pressure to talk and was encouraged if I did want to. I was originally given a contact card (S4C), by a Drug and Alcohol

Support Worker at the hospital. My mum, who is an alcoholic, was taken into hospital after a crisis with alcohol abuse and was put on a detox programme. Living with my mum's addictions has had a huge impact on my life and our relationship. I felt broken and exhausted with no support. The day I got the S4C card has definitely changed my life and saved me being alone. Every meeting I go to I learn something new that I take into my own personal situation. I am now learning how to look after 'me' and change my thinking and behaviour patterns. The weekly advice is invaluable and healthy discussions equally important. During one of the sessions it was discussed that the S4C group had been running for over 10 years. When I heard that there has been this kind of support out there for so many years, I felt extremely saddened. Whilst it is a fantastic support service that i am grateful to have available in my life now it is such a shame i did not know about this service/charity when i was younger. There were no support services growing up supporting my mum.

The group is a lifeline/last resort for myself and others who attend. Whilst the meetings offer peer support there are also social events for members and their families including walking, afternoon tea, meals. Also there have been guest speakers on important issues such as assertiveness, stress and anxiety, taster sessions of Tai Chi, aromatherapy, neuroart, holistic therapy etc.

The meetings, 1:1 support, facilitators Sandra and Paul, trustees and work that S4C carries out is vital.

Member Testimonial KS

That awful sense that I was drowning in complete chaos and struggling to care for and support my mother who was alcohol dependent, I was isolated, alone, and quickly becoming ill myself due to the pressures and stress that I was muddling through every day. I was depressed, anxious and constantly in a state of panic and fear. I was both embarrassed and ashamed of my loved one, whose actions and behaviours were very hurtful, and unbelievably challenging. I was on high alert and at the end of my tether too!! I lived in constant fear, physically, emotionally, and mentally drained.

I listened to others and even though their story is different from mine I could empathize, appreciate, and recognize that we ALL experienced a similar journey. Whatever the substance or whoever the loved ones may be. I would return home to my family after the sessions believing I was more in control and had successfully made effective changes in how I navigated my loved one's addiction. The members are amazing and without knowing it can give the most sensible and obvious solutions, what I like to call "gold dust

information"! This being the simplest change or suggestion that would help me.

However, it is not all doom and gloom, quite the opposite, everyone is friendly compassionate, understanding, we have fun too! Activities and events to look forward to. We share our happy stories and our positive periods in our journey.

I would have been lost without this amazing service, I have gained knowledge and skills, worked on my resilience, I am stronger, I have self-belief and self-worth which has boosted my confidence. I realize that I am important too and certainly have a place in life. I have an unlimited amount of support. My only wish is that I found them sooner!

At Support4Change we recognise the profound impact that drug and alcohol misuse can have on families. In response, Support4Change offers dedicated services to assist family members affected by a loved one's substance Abuse. Our aim is to help families navigate these difficult circumstances, offering guidance, emotional support, and practical strategies to cope with the stress and challenges of living with or supporting someone with addiction issues.

Community and partnerships

Collaborative efforts have played a key role in our success this year, we have partnered with:

- Local government

Our partnerships ensure we can continue to provide our services free of charge to those who need them most.

- Local health authorities

Strengthening our referral system and ensuring that clients receive the care that they need.

- Community services and businesses

We have attended many local events and presented our services to raise awareness of the support that we can offer those affected by another's substance abuse.

Impact on clients

Our services have had a tangible positive impact on clients' lives. Through consistent support, we have seen significant improvements in mental health, emotional resilience, and overall well-being. Client's report enhanced self-esteem, greater confidence, and a renewed sense of purpose. For many, the empowerment they experience translates into better relationships, increased motivation to pursue personal goals, and a reduction in feelings of isolation.

Empowerment confidence and mental health improvements

A central goal of support for change is to empower our clients. We help them rebuild confidence and self-esteem, particularly after traumatic experiences or long-term challenges. Our services, particularly one to one therapy and peer support, are designed to create a safe space for individuals to explore their strengths, build resilience, and feel capable of taking control of their lives. Over the last year, we have observed that a substantial percentage of our clients leave our programmes with improved mental health and the confidence to face new challenges independently.

Financial Overview

2023 was a year of greater financial stability for Support 4 Change.

We have been successful in gaining funding throughout the year from various organisations, businesses and individuals. Please see below to identify these areas of funding.

Doncaster MBC

National Lottery Funding

Doncaster Culture & Leisure Trust (DCLT)

South Yorkshire Community Foundation

Donations from local businesses

Weekly Membership donations

Individual community donations

Grant income for 2023 totalled £37,700 (2022: £3,000) and we were able to support increased Counselling, Group Sessions and Holistic Therapy. The net surplus for the year was £19,286 with reserves carried forward of £22,601 which enables us to plan effectively for 2024 and 2025.

Future plans

As we look to 2024 & 2025, we aim to further expand our outreach, particularly in underserved communities. We will also continue to monitor and evaluate the effectiveness of our programmes to ensure we are delivering the best possible support to our clients. Additionally, we plan to increase engagement through online platforms, broadening access to our peer support networks and making help available to more people regardless of their location and expand our outreach support to underserved communities.

- Increase our Family Services, providing more educational resources and workshops.

- Continue our partnerships with local authorities and community services to streamline support service referrals.

2025 Vision

Expand	Strengthen	Continue	Host
Expand outreach programs to serve more families in Bentley Askern and maintain the current programs in Thorne Mexborough and Town Centre	Strengthen mental health 1:1 counselling and holistic family support along with Mexborough, Thorne and Town Centre groups.	Continue providing well-being activities such as alternative therapies, aromatherapy, and group walking to promote mental health and connection.	Host workshops on stress management, coping strategies, and resilience - building for families. Deliver training on working with families and substance misuse

Acknowledgements

The past year has been one of growth and success for Support4Change. We continue to provide essential services that cater to the diverse needs of individuals and families affected by substance use and mental health challenges. As trustees, we are proud of the positive impact we are making and remain committed to expanding our services and reaching even more people in need.

Support 4 Change: Goals for 2025

- Expand Support to Underserved Areas in Doncaster Bentley & Askern
- Equip families with tools to support loved ones effectively
- Raise awareness through workshops
- Build on the community connections and support networks
- Collaborate with local organisations to expand impact and share skills and resources
- Secure sustainable funding
- Focus on reducing caregiver burnout, a significant contributor to long-term health issues
- Encourage holistic family treatment plans that reduce unnecessary interventions.



None of this year's accomplishments would have been possible without the dedication of our staff, volunteers, donors, funders, and community partners. --To our members, your courage and resilience inspire us every day. Thank you for trusting us to walk alongside you on your own recovery journey. Together, we are creating lasting change.

Reserves

Total reserves amounted to £22,601 (2022: £3,315). This represents just over 13 months' expenditure. The Trustees consider a minimum level of reserves of 12 months' expenditure to be prudent, and have plans for future years to utilise the additional funds.

Risk Management

The trustees have a duty to identify the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

On behalf of the Trustees

Kim Smithson

Chair of Trustees (Support 4 Change)

9th December 2024



Support4Change

Kemp House

152-160 City Road, London. EC1V 2NX.

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SUPPORT 4 CHANGE

**INDEPENDENT EXAMINER'S REPORT
TO THE TRUSTEES OF SUPPORT 4 CHANGE**

I report on the accounts of the Support 4 Change for the Year Ended 31st December 2023 which are set out on pages 15 to 19.

Respective responsibilities of Trustees and Examiner

As the Charity's Trustees (and also the directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for Independent Examination, I have examined your charity's accounts as required under section 145 of the Charities Act 2011 ("the Act"). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

My role is to state whether any material matters have come to my attention giving me cause to believe.

1. that accounting records were not kept as required by section 386 of the Companies Act 2006; or
2. that the accounts do not accord with those records; or
3. that the accounts do not comply with the requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland; or
4. that there is further information needed for a proper understanding of the accounts.

Independent Examiner's Statement

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission I have found no matters that require drawing to your attention.

R.A. Prior, F.C.C.A., F.C.I.E.
Chartered Certified Accountant
Fellow of the Association of Charity Independent Examiners

W. H. Prior
Chartered Certified Accountants
Railway Court,
Doncaster. DN4 5FB

9th December 2024

SUPPORT 4 CHANGE

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31ST DECEMBER 2023

	<u>Note</u>	Unrestricted Funds	Restricted Funds	Total 2023	2022
		£	£	£	£
INCOME					
<i>Donations and Grants</i>					
Donations	2	1,000	-	1,000	100
Grants	3	37,700	-	37,700	3,000
<i>Charitable activities</i>					
Fundraising by Members		156	-	156	130
TOTAL INCOME		38,856	-	38,856	3,230
EXPENDITURE					
Direct charitable expenditure:-					
Counselling, Group Sessions & Holistic Therapy		9,781	3,004	12,785	6,990
Other Office costs		902	-	902	492
Administration Costs		998	-	998	1,400
Group Activities		1,388	-	1,388	1,250
Room Hire		283	-	283	-
Website		954	-	954	354
Insurance		392	-	392	292
Donations		-	-	-	500
Advertising		447	-	447	92
Other costs		726	-	726	223
Travel		5	-	5	-
Depreciation of Computer Equipment		-	-	-	296
Independent Examination		690	-	690	690
TOTAL EXPENDITURE		16,566	3,004	19,570	12,579
NET MOVEMENT IN FUNDS		22,290	(3,004)	19,286	(9,349)
Reconciliation of funds:-					
TOTAL FUNDS AT START OF THE PERIOD		311	3,004	3,315	12,664
TOTAL FUNDS AT END OF THE PERIOD		22,601	-	22,601	3,315

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above.

The notes on pages 17 to 19 form part of these financial statements

SUPPORT 4 CHANGE

BALANCE SHEET AS AT 31ST DECEMBER 2023

		2023	2022
	Note	£	£
Fixed assets			
Tangible assets	5	-	-
Current assets			
Debtors		224	221
Cash at bank and in hand	6	23,067	3,784
		<u>23,291</u>	<u>4,005</u>
Liabilities : amounts falling due within one year	7	(690)	(690)
Net current assets		<u>22,601</u>	<u>3,315</u>
Net assets	10	<u>22,601</u>	<u>3,315</u>
<u>Represented by:</u>			
<u>Restricted Funds :-</u>			
Health Lottery Fund	8	-	3,004
<u>Unrestricted Funds :-</u>			
<u>Designated Funds:</u>			
Fixed Asset Fund	9	-	-
General Fund	9	22,601	311
	10	<u>22,601</u>	<u>3,315</u>

The charitable company is entitled to exemption from audit under section 477 of the Companies Act 2006 for the Year Ended 31st December 2023.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st December 2023 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for:

- ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of the financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 395 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to charitable small companies and with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (Effective 1st January 2019).

The financial statements on pages 8 to 12 were approved on 9th December 2024 on behalf of the Trustees by:

Kim Smithson
Chair

M. Antoniw
Treasurer

1 Accounting policies

Accounting convention

The financial statements have been prepared under the historical cost accounting rules and in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (FRS102) and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS102) (Effective 1st January 2019) and the Charities Act 2011.

Income

All income is treated as unrestricted income, unless the donor has placed restrictions on the manner in which the donation or grant may be spent, in which case it is treated as restricted income. The restricted funds are detailed in Note 8. Designated Funds represent amounts set aside for specific areas of expenditure by the Trustees, and are detailed in Note 9.

Fixed Assets

Depreciation of fixed assets is provided on the straight-line method at the following rates in order to write off each asset over its estimated useful life:

Computer Equipment : 33% Straight Line

2 Donations

	Unrestricted Funds £	Restricted Funds £	2023 TOTAL £	2022 TOTAL £
Institute of Our Lady of Mercy	200	-	200	-
Other Donations	800	-	800	-
	<u>1,000</u>	<u>-</u>	<u>1,000</u>	<u>-</u>

3 Grants from Trusts, etc.

	Unrestricted Funds £	Restricted Funds £	2023 TOTAL £	2022 TOTAL £
Doncaster MBC	18,750	-	18,750	3,000
National Lottery	9,950	-	9,950	-
Doncaster Culture & Leisure Trust (DCLT)	5,000	-	5,000	-
South Yorkshire Community Foundation	4,000	-	4,000	-
	<u>37,700</u>	<u>-</u>	<u>37,700</u>	<u>3,000</u>

4 Trustees

There were no trustees' remuneration or other benefits for the Year Ended 31st December 2023.

Trustees expenses

There were no trustees' expenses paid for the Year Ended 31st December 2023.

SUPPORT 4 CHANGE

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST DECEMBER 2023

5 Fixed assets

	Computer Equipment	TOTAL £
Cost		
1st January 2023	1,651	1,651
31st December 2023	1,651	1,651
Depreciation		
1 st January 2023	1,651	1,651
Charge for the Year	-	-
31st December 2023	1,651	1,651
Net book values		
31st December 2023	-	-
31 st December 2022	-	-

All fixed assets are held by the charity for use in meeting its charitable objectives.

6 Cash at bank and in hand

	2023 £	2022 £
National Westminster Bank Current Account	22,918	3,572
Cash	149	212
	23,067	3,784

7 Liabilities: amounts falling due within one year

	2023 £	2022 £
Creditors	-	-
Accruals	690	690
	690	690

SUPPORT 4 CHANGE

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST DECEMBER 2023

8 Restricted Funds

	Balance 1.1.23 £	Incoming Resources £	Resources Expended £	Transfers £	Balance 31.12.23 £
Health Lottery Fund	3,004	-	(3,004)	-	-
	3,004	-	(3,004)	-	-

The balances on Restricted Funds represent amounts received for specified purposes, which have not been expended at the Balance Sheet date.

- (a) Health Lottery Fund: This fund exists as a result of grants received from People's Health Trust specifically for Group sessions and therapy.

9 Unrestricted Funds

	Balance 1.1.23 £	Incoming Resources £	Resources Expended £	Transfers £	Balance 31.12.23 £
Designated Fund					
Fixed Assets Fund	-	-	-	-	-
General Fund	311	38,856	(16,566)	-	22,601
Total Unrestricted Funds	311	38,856	(16,566)	-	22,601

10 Analysis of Net Assets between Funds

	Tangible Fixed Assets £	Net Current Assets £	2023 TOTAL £	2022 TOTAL £
<u>Restricted Funds</u>				
Health Lottery Fund	-	-	-	3,004
<u>Unrestricted Funds</u>				
Fixed Assets Fund	-	-	-	-
General Fund	-	22,601	22,601	311
	-	22,601	22,601	3,315

11 Capital Commitments

As at 31st December 2023 there were no Capital Commitments (2022: £ Nil).