

SUPPORT 4 CHANGE

Registered Charity No. 1166253

FINANCIAL STATEMENTS

FOR THE YEAR ENDED 31ST DECEMBER 2020

SUPPORT 4 CHANGE
FINANCIAL STATEMENTS
FOR THE YEAR ENDED 31ST DECEMBER 2020

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SUPPORT 4 CHANGE

LEGAL AND ADMINISTRATIVE DETAILS

31ST DECEMBER 2020

A Charitable Incorporated Organisation (CIO)

Registered Company Number

CE006073
(England & Wales)

Charity Registration Number

1166253

Trustees

David Warren - Chair to November 2020
Maria Antoniow - Treasurer
Sr. Maureen Youle - Chair from November 2020
Sheila Seymour
George Oleksy
KimSmithson

Registered Office

Capital Office
Kemp House,
152-160 City Road,
London
EC1V 2NX

Telephone : 07736 477812

Bankers

National Westminster Bank plc
12 High Street,
Doncaster
DN1 1ED

Independent Examiner

R.A. Prior, FCCA, FCIE, DChA,
W.H. Prior
Chartered Certified Accountants,
Railway Court,
Doncaster.
DN4 5FB

SUPPORT 4 CHANGE

REPORT OF THE TRUSTEES

31ST DECEMBER 2020

Principal Objectives

To support the residents of Doncaster and its environs by:-

- 1) Advancement of health including the prevention and relief of sickness, disease and the suffering both mental and physical, due to the use of illegal and legal substances.
- 2) Prevention and relief of poverty experienced by families and communities affected by someone else's illegal and legal substances.

Structure Governance & Management

Governing document

The charity is controlled by its governing document, a deed of trust, and constitutes a limited company, limited by guarantee, as defined by the Companies Act 2006.

Achievements & Performance

This year Support 4 Change experienced, along with the rest of the world, a year like no other. One minute we were chatting in a group about the news from China and Italy about a virus and the next minute we were putting our emergency planning processes into place and working from home !

The team and the Board members all pulled together to ensure that we were able to continue to provide a local support platform for those struggling with another's Substance misuse in Doncaster. Without their hard work and dedication, we would have struggled to function in the unprecedented situation that we were in with everyone else. In our time of adversity, the team came together with creativity and innovation to drive us forward to develop new ways of engagement and involvement to ensure that those in need of support were supported and helped.

We have been able to reach 130 new members in the last 12 months and on target for the envisaged 225 for the current funding period. We have operated 39 online and 13 face to face group meetings also during the period, and delivered a total of 156 crisis one-to-one sessions.

"Support 4 Change" continues to work in partnership with other organisations through the proper and timely use of the agreed multi-agency Safeguarding adults/children procedures, and includes The Local Safeguarding Children Board (LSCB) to refer and conduct enquiries of known or suspected cases. We also signpost and liaise with other organisations to help support with debt management, housing and education, etc.

Support 4 Change (S4C) has continued to provide the residents of Doncaster and its environs with the objectives of the charity and will continue to do so in the coming year.

We provide a weekly S4C Group Meeting for all members on a Monday evening (18.15-20.15) and also on a Saturday at Thorne (10.45-12.45). These groups have safely been operating on video conferencing during COVID restrictions and one-one's via phone. We have increased the number of Therapists we engage.

These sessions provide an interactive, safe and confidential meeting place for all persons affected by illegal and legal substances. It also enables social interaction and friendships leading to a supportive network which benefits each person undergoing difficult and stressful times in their lives. It enables a person/s to have a positive approach to manage their situation to ensure they are able to live the best life they can whilst supporting their loved ones to bring about positive changes in their own lives.

S4C also provide structure 1-1 crisis intervention sessions for person's finding it difficult to cope with their situation. These can vary from an individual session to continual sessions until the person/s feel able to cope once more.

At S4C we provide sessions of Complimentary therapies. These sessions allow a person/s the opportunity for relation and time for themselves which in turn enable them to reduce stress and increase their coping. These will be able to operate again once COVID restrictions have been lifted.

Continued

SUPPORT 4 CHANGE

REPORT OF THE TRUSTEES (CONTINUED)

31ST DECEMBER 2020

We encourage all members at S4C to enjoy planned social activities and outings which are decided on by the S4C membership. Again due to COVID restrictions we have had to temporarily place these on hold.

S4C continues with its aim to provide services, advocacy, advice, information and to act as a resource body for all person/s affected by their loved ones illegal/legal substance misuse.

Due to COVID restrictions early in 2020, the activities provided to members have been adapted. We set up a peer support group chat forum where members could seek 24/7 support online. S4C continued to offer group and one-to-one crisis support to new and established members throughout the COVID period.

A peer (socially distanced) walking group was set up and in operation to promote connectiveness and alleviate loneliness and isolation during the COVID period.

We will continue to be able to deliver a range of Complementary Therapies to members once again once the COVID period has been relaxed, which includes: Reikim, Reflexology, Indian head massage and Aromatherapy massage. The wellbeing of members is paramount to S4C and we will aim to continue to be able to deliver these sessions periodically through the year as much as funding allows.

S4C continues to attend the monthly “Carers Forum” and since the meeting with the Director of Public Health (Rupert Suckling) “Support 4 Change” has been invited to attend the “Substance Misuse Theme Group (SMTG); a quarterly meeting whose remit remains focused on dependent drinkers and the prevalence of traditional opiate based drugs.

“Support 4 Change” benefit from the support and representation of its two patrons – Dr. Rajesh Alex, a Consultant at Bassetlaw Hospital and Mr Majid Khan – a councillor for the Bessacarr Constituency.

Financial Review

The charity benefited from two grants in the year (totalling £26,397) which made a significant difference to the charity’s operations in 2020. Total income received was £27,558 and expenditure incurred was £15,921, leading to a net surplus of £11,637 for the year which was added to reserves to be used in the next financial year.

Reserves

Total reserves amounted to £18,355 as at 31st December 2020. Of this £13,825 represented Restricted Funds, and so the free reserves (Unrestricted) as at 31st December 2020 were £4,510. This represents just over 3 months’ expenditure and is below the intended level of reserves of 6 months’ expenditure that the Trustees consider prudent.

Risk Management

The trustees have a duty to identify and review the risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error.

The Trustees have put in place systems to mitigate the exposure to the major risks identified.

On behalf of the Trustees
Sr. Maureen Youle

Chair

26th July 2021

SUPPORT 4 CHANGE

**INDEPENDENT EXAMINER'S REPORT
TO THE TRUSTEES OF SUPPORT 4 CHANGE**

I report on the accounts of the Support 4 Change for the Year Ended 31st December 2020 which are set out on pages 5 to 9.

Respective responsibilities of Trustees and Examiner

As the Charity's Trustees (and also the directors for the purposes of company law) you are responsible for the preparation of the accounts in accordance with the requirements of the Companies Act 2006.

Having satisfied myself that the charity is not subject to audit under company law and is eligible for Independent Examination, I have examined your charity's accounts as required under section 145 of the Charities Act 2011 ("the Act"). In carrying out my examination I have followed the Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act.

My role is to state whether any material matters have come to my attention giving me cause to believe.

1. that accounting records were not kept as required by section 386 of the Companies Act 2006; or
2. that the accounts do not accord with those records; or
3. that the accounts do not comply with the requirements of section 396 of the Companies Act 2006 and with the methods and principles of the Charities Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland; or
4. that there is further information needed for a proper understanding of the accounts.

Independent Examiner's Statement

I have completed my examination and have no concerns in respect of the matters (1) to (4) listed above and, in connection with following the Directions of the Charity Commission I have found no matters that require drawing to your attention.

R.A. Prior, F.C.C.A., F.C.I.E.
Chartered Certified Accountant
Fellow of the Association of Charity Independent Examiners

W. H. Prior
Chartered Certified Accountants
Railway Court,
Doncaster. DN4 5FB

26th July 2021

SUPPORT 4 CHANGE

STATEMENT OF FINANCIAL ACTIVITIES FOR THE YEAR ENDED 31ST DECEMBER 2020

	<u>Note</u>	Unrestricted Funds	Restricted Funds	Total 2020	2019
		£	£	£	£
INCOME					
<i>Donations and Grants</i>					
Donations	2	1,053	-	1,053	-
Grants	3	-	26,397	26,397	1,750
<i>Charitable activities</i>					
Fundraising by Members		108	-	108	996
TOTAL INCOME		<u>1,161</u>	<u>26,397</u>	<u>27,558</u>	<u>2,746</u>
EXPENDITURE					
Direct charitable expenditure:-					
Counselling and Group Sessions		1,380	7,740	9,120	9,105
Telephone		49	34	83	194
Other Office costs		-	491	491	1,024
Administration Costs		500	4,673	5,173	3,778
Group Activities		-	-	-	1,002
Room Hire		-	-	-	168
Other costs		153	-	153	-
Depreciation of Computer Equipment		183	28	211	264
Independent Examination		690	-	690	-
TOTAL EXPENDITURE		<u>2,955</u>	<u>12,966</u>	<u>15,921</u>	<u>15,535</u>
NET MOVEMENT IN FUNDS		(1,794)	13,431	11,637	(12,789)
Reconciliation of funds:-					
TOTAL FUNDS AT START OF THE PERIOD		<u>6,304</u>	<u>394</u>	<u>6,698</u>	<u>19,487</u>
TOTAL FUNDS AT END OF THE PERIOD		<u>4,510</u>	<u>13,825</u>	<u>18,335</u>	<u>6,698</u>

All of the above results are derived from continuing activities. There were no other recognised gains or losses other than those stated above.

The notes on pages 5 to 9 form part of these financial statements

SUPPORT 4 CHANGE
BALANCE SHEET AS AT 31ST DECEMBER 2020

		2020	2019
	Note	£	£
Fixed assets			
Tangible assets	5	846	1,057
Current assets			
Cash at bank and in hand	6	19,354	5,641
		19,354	5,641
Liabilities : amounts falling due within one year	7	(1,865)	-
Net current assets		17,489	5,641
Net assets	10	18,335	6,698
<u>Represented by:</u>			
<u>Restricted Funds :-</u>			
Health Lottery Fund	8	10,423	394
Big Lottery Fund	8	3,402	-
<u>Unrestricted Funds :-</u>			
<u>Designated Funds:</u>			
Fixed Asset Fund	9	736	919
General Fund	9	3,774	5,385
	10	18,335	6,698

The charitable company is entitled to exemption from audit under section 477 of the Companies Act 2006 for the Year Ended 31st December 2020.

The members have not required the company to obtain an audit of its financial statements for the year ended 31st December 2020 in accordance with Section 476 of the Companies Act 2006.

The trustees acknowledge their responsibilities for:

- (a) ensuring that the charitable company keeps accounting records that comply with Sections 386 and 387 of the Companies Act 2006 and
- (b) preparing financial statements which give a true and fair view of the state of affairs of the charitable company as at the end of the financial year and of its surplus or deficit for each financial year in accordance with the requirements of Sections 395 and 395 and which otherwise comply with the requirements of the Companies Act 2006 relating to financial statements, so far as applicable to the charitable company.

These financial statements have been prepared in accordance with the special provisions of Part 15 of the Companies Act 2006 relating to charitable small companies and with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (Effective 1st January 2019).

The financial statements on pages 5 to 9 were approved on 26th July 2021 on behalf of the Trustees by:

Sr. Maureen Youle
Chair

M. Antoniwi
Treasurer

The notes on pages 5 to 9 form part of these financial statements

SUPPORT 4 CHANGE

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST DECEMBER 2020**1 Accounting policies****Accounting convention**

The financial statements have been prepared under the historical cost accounting rules and in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice (FRS102) and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS102) (Effective 1st January 2019) and the Charities Act 2011.

Income

All income is treated as unrestricted income, unless the donor has placed restrictions on the manner in which the donation or grant may be spent, in which case it is treated as restricted income. The restricted funds are detailed in Note 8. Designated Funds represent amounts set aside for specific areas of expenditure by the Trustees, and are detailed in Note 9.

Fixed Assets

Depreciation of fixed assets is provided on the straight-line method at the following rates in order to write off each asset over its estimated useful life:

Computer Equipment : 20% Reducing Balance

2 Donations

	Unrestricted Funds £	Restricted Funds £	2020 TOTAL £	2019 TOTAL £
Rotary Club	900	-	900	-
Other Donations	153	-	153	-
	<u>1,053</u>	<u>-</u>	<u>1,053</u>	<u>-</u>

3 Grants from Trusts, etc.

	Unrestricted Funds £	Restricted Funds £	2020 TOTAL £	2019 TOTAL £
People's Health	-	16,500	16,500	1,250
Big Lottery Fund	-	9,897	9,897	-
Doncaster Health	-	-	-	500
	<u>-</u>	<u>26,397</u>	<u>26,397</u>	<u>1,750</u>

4 Trustees

There were no trustees' remuneration or other benefits for the Year Ended 31st December 2020.

Trustees expenses

There were no trustees' expenses paid for the Year Ended 31st December 2020.

SUPPORT 4 CHANGE

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST DECEMBER 2020

5 Fixed assets

	Computer Equipment	TOTAL £
Cost		
1st January 2020	1,651	1,651
31st December 2020	1,651	1,651
Depreciation		
1 st January 2020	594	594
Charge for the Year	211	211
31st December 2020	805	805
Net book values		
31st December 2020	846	846
31 st December 2019	1,057	1,057

All fixed assets are held by the charity for use in meeting its charitable objectives.

6 Cash at bank and in hand

	2020 £	2019 £
National Westminster Bank Current Account	19,354	5,641
	19,354	5,641

7 **Liabilities:** amounts falling due within one year

	2020 £	2019 £
Creditors	1,175	-
Accruals	690	-
	1,865	-

SUPPORT 4 CHANGE

NOTES TO THE FINANCIAL STATEMENTS FOR THE YEAR ENDED 31ST DECEMBER 2020

8 Restricted Funds

	Balance 1.1.20 £	Incoming Resources £	Resources Expended £	Transfers £	Balance 31.12.20 £
Health Lottery Fund	394	16,500	(6,471)	-	10,423
Big Lottery Fund	-	9,897	(6,495)	-	3,402
	394	26,397	(12,966)	-	13,825

The balances on Restricted Funds represent amounts received for specified purposes, which have not been expended at the Balance Sheet date.

- (a) Health Lottery Fund: This fund exists as a result of grants received from People's Health Trust specifically for Group sessions and therapy.
- (b) Big Lottery Fund: This fund exists as a result of grants received from the National Lottery in respect of the Active Communities project and the running of Saturday Drop-in sessions and outreach into the community.

9 Unrestricted Funds

	Balance 1.1.20 £	Incoming Resources £	Resources Expended £	Transfers £	Balance 31.12.20 £
Designated Fund					
Fixed Assets Fund	919	-	(183)	-	736
General Fund	5,385	1,161	(2,772)	-	3,774
Total Unrestricted Funds	6,304	1,161	(2,955)	-	4,510

10 Analysis of Net Assets between Funds

	Tangible Fixed Assets £	Net Current Assets £	2020 TOTAL £	2019 TOTAL £
<u>Restricted Funds</u>				
Health Lottery Fund	110	10,313	10,423	394
Big Lottery Fund	-	3,402	3,402	-
<u>Unrestricted Funds</u>				
Fixed Assets Fund	736	-	736	919
General Fund	-	3,774	3,774	5,385
	846	17,489	18,335	6,698

11 Capital Commitments

As at 31st December 2020 there were no Capital Commitments (2019: £ Nil).