



**CHARITY COMMISSION**  
FOR ENGLAND AND WALES

## Trustees' Annual Report for the period

From 01/04/2023 Period start date To 31/03/2024 Period end date

Charity name: The Life Intervention Friendship and Education Foundation

Charity registration number: 1166183

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>The prevention or relief of poverty (or financial hardship) anywhere in the world by providing or assisting in the provision of items, education, training and healthcare projects.</p> <p>To relieve in need, in particularly mental and physical requirements of people who are living in residential care</p> <ul style="list-style-type: none"><li>• by the provisions of volunteers and carers, and by the provision of advice and training for those responsible for their care</li><li>• by the provision of equipment and facilities otherwise unattainable</li></ul>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>We have continued to support beneficiaries living in Government institutions in Romania. We do this by providing funding towards staffing for direct interventions to children and adults in Government homes, and through advising and supporting staff. The staff team consists of a nurse who leads the project, a project co-ordinator, social worker, physiotherapist and psychologist.</p> <p>Throughout the year we have directly provided medical and therapeutic supplies and have supported a range of educational activities.</p> <p>This year we have also continued supporting individuals in the community who are at risk of institutionalisation, to keep them living with their families.</p> <p>Significant progress has been made in gaining accreditation of a community centre for the local community.</p>

		<p>We have also supported/undertaken three visits to the projects this year.</p> <p>We have also hosted a master's student this year, who undertook a project supporting the charity to consider how we can enhance our promotion of human rights.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	All trustees work in line with the guidance from the Charity Commission on public benefit.

### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

### Achievements and Performance

	SORP reference	<p>Throughout the year, the multidisciplinary team have offered a wide range of direct therapeutic input and support, assisting children and adults with behaviours of concern, physical health issues and mental health issues in addition to their disability. The team have also offered support and advice to care staff within the Government institutions and families in the community.</p>
--	----------------	--

Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>The provision of resources including nutritional supplements, specialist chairs and bathing equipment, bars, a ramp and a ventilator have improved health and mobility.</p> <p>Additional resources have been provided including technology to support social engagement and art and craft activities to enhance imagination and fine motor skills.</p> <p>A number of community visits have been facilitated this year, for example to the Christmas lights and on a train ride. These not only teach day to day living skills but also reduce stigma, as beneficiaries are able to engage with members of the general public, who may not come into contact with disabled people often. To further improve day to day living skill, we have continued to offer the Life Skills project in the adult institution.</p> <p>We supported a trip led by a speech and language therapist in April and May, supporting swallowing for those at risk. Outcomes indicated that swallowing risk was reduced and there was an increased participation and enjoyment in eating activities.</p> <p>A second trip took place in the summer, with volunteers offering educational and social activities which were very much appreciated by beneficiaries and staff.</p> <p>A committee trip took place in October, with committee members meeting with the MDT in Romania, reviewing the projects and also providing advice and support for specific children and adults.</p> <p>We hosted a masters student who is studying international law, who has supported us to review our policies to ensure they are as human rights focused as possible and has provided training and resources to improve our knowledge and confidence in this area.</p>
---	-----------	---

#### **Additional information (optional)**

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	

Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	<p>At the start of the financial year we had a balance of £20,002. Over the year we received £26, 826 in donations. Our expenditure was £33, 281. The account balance was £13, 547 at the end of the accounting period – see accounts report for more detailed breakdown.</p> <p>All funds held at the end of the year are automatically carried over to the opening balance of the new financial year.</p>
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Our reserves policy is to have £9, 000 to allow for project costs to be covered for 3 months if income ceases, with some additional capacity for unexpected costs during this period.
Amount of reserves held	Para 1.22	£9, 000
Reasons for holding zero reserves	Para 1.22	n/a
Details of fund materially in deficit	Para 1.24	n/a
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	n/a

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any	Para 1.46	

social investment policy adopted		
A description of the principal risks facing the charity	Para 1.46	
Other		

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Charitable Incorporated Organisation
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees are selected by committee

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Trustees are introduced to the policies and practices of the organisation by the other trustees. Additional training for trustees is identified as required. Trustees have remained in place this year.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	<p>We are a small charity. Until April 2021 we employed a manager on a part time basis, however when they decided to step down we chose not to replace them, so Trustees continue to oversee the day to day running of the charity, supported by committee members.</p> <p>We meet on a monthly basis to oversee the work of the charity with Trustees having regular contact in between meetings to make any required decisions and to share important information.</p>
Relationship with any related parties	Para 1.51	We work in partnership with William Tyrell, a charity based in Romania.

Other		

## Reference and Administrative details

Charity name	The Life Intervention Friendship and Education Foundation
Other name the charity uses	The Life Foundation (informally used for brevity)
Registered charity number	1166183
Charity's principal address	63 Millers Green Close Enfield Middlesex EN27BD

## Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Dr Claire Wood			
2	Dr Sophie Doswell			
3	Rebecca McGuinness			
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

## Corporate trustees – names of the directors at the date the report was approved

Director name		

--	--	--

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	None
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

#### Name of chief executive or names of senior staff members (Optional information)

--

## Exemptions from disclosure

Reason for non-disclosure of key personnel details

n/a
-----

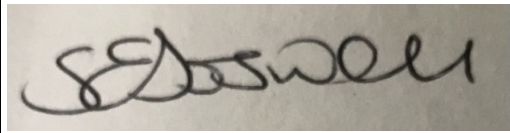
## Other optional information

--

**Declarations**

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Dr Sophie Doswell	
Position (eg Secretary, Chair, etc)	Trustee	
Date	08/06/2024	





CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name  
the Life Intervention friendship Education Foundation

No (if any)  
1166183

## Receipts and payments accounts

CC16a

For the period  
from

Period start date  
01/04/2023

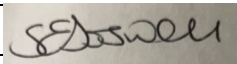
To

Period end date  
31/03/2024

### Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
	to the nearest £	to the nearest £	to the nearest £	to the nearest £	to the nearest £
<b>A1 Receipts</b>					
Donations	19,326	7,500	-	26,826	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>19,326</b>	<b>7,500</b>	<b>-</b>	<b>26,826</b>	<b>19,527</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>19,326</b>	<b>7,500</b>	<b>-</b>	<b>26,826</b>	<b>19,527</b>
<b>A3 Payments</b>					
Sent to Romania	26,831	5,500	-	32,331	30,327
Medical/therapy resources	386	-	-	386	459
Sent to Romania	120	-	-	120	112
Website and IT	345	-	-	345	242
Training, events and development	98	-	-	98	-
Trustee expenses	-	-	-	-	153
Other	-	-	-	-	68
End of year accounts	-	-	-	-	552
	-	-	-	-	-
<b>Sub total</b>	<b>27,780</b>	<b>5,500</b>	<b>-</b>	<b>33,280</b>	<b>31,914</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>27,780</b>	<b>5,500</b>	<b>-</b>	<b>33,280</b>	<b>31,914</b>
<b>Net of receipts/(payments)</b>	<b>- 8,454</b>	<b>2,000</b>	<b>-</b>	<b>- 6,454</b>	<b>- 12,387</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Cash funds this year end</b>	<b>- 8,454</b>	<b>2,000</b>	<b>-</b>	<b>- 6,454</b>	<b>- 12,387</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		-	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	13,547	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	Agreement Error	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		Sophie Doswell	08/06/2024	



Section A

Independent Examiner's Report

Report to the trustees/  
members of

Charity Name

The Life Intervention, Friendship and Education Foundation

On accounts for the year  
ended

31 March 2024

Charity no  
(if any)

1166183

Set out on pages

As above

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 March 2024

Responsibilities and  
basis of report

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent  
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

*Tom Wilcox*

Date:

09/09/2024

Name:

Tom Wilcox

Relevant professional  
qualification(s) or body  
(if any):

Address:

Counterculture Partnership LLP

Unit 115, Ducie House, Ducie Street

Manchester M1 2JW