



**CHARITY COMMISSION**  
FOR ENGLAND AND WALES

## Trustees' Annual Report for the period

From 01/04/2022 Period start date To 31/03/2023 Period end date

Charity name: The Life Intervention Friendship and Education Foundation

Charity registration number: 1166183

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>The prevention or relief of poverty (or financial hardship) anywhere in the world by providing or assisting in the provision of items, education, training and healthcare projects.</p> <p>To relieve in need, in particularly mental and physical requirements of people who are living in residential care</p> <ul style="list-style-type: none"><li>I. by the provisions of volunteers and carers, and by the provision of advice and training for those responsible for their care</li><li>II. by the provision of equipment and facilities otherwise unattainable</li></ul>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>We have continued to support beneficiaries living in Government institutions in Romania.</p> <p>We do this by providing funding towards staffing for direct interventions to children and adults in Government homes and also for the provision of medical and educational activities.</p> <p>This year we have expanded our offer to include a pilot project with the aim of supporting individuals in the community who are at risk of institutionalisation, to keep them living with their families and have embedded a project supporting adults to develop skills to support deinstitutionalisation.</p> <p>We have expanded our multidisciplinary team and are working towards accreditation</p>

		of a community centre for the local community.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	All trustees work in line with the guidance from the Charity Commission on public benefit.

## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>We have maintained our input to children living in Government care in Romania (Family Type Homes) and to those in the adult institutions. Three trips have been facilitated this year; one by learning disability student nurses, one by a speech and language therapist and one by two Trustees. Outcomes from these trips included a sensory path being built in the adult institution, eating and drinking care plans being implemented for children in the Family Type Homes.</p> <p>We have expanded our multidisciplinary team to include a psychologist and a social worker, as well as additional operational support in Romania.</p> <p>We continued to provide nutritional support and therapeutic resources (physiotherapy equipment) for particular children, with medical supervision by their in-country clinicians. During the Trustee trip additional resources to improve quality of life, such as a smart phone for an isolated teenager and outside resources for one of the adult institutions to support learning were identified.</p> <p>This year we have continued to develop our project for families in the community, enabling them to meet the needs of children with additional needs within the family, rather than needing to send them into institutional care. We are opening a community centre to support families to get the therapeutic input and emotional support they need, to try to prevent institutionalisation.</p> <p>We have also introduced a project looking at developing the skills of adults living in long stay institutions, called the Life Skills</p>

		project, to build towards deinstitutionalisation and promote community engagement. We have funded community trips during the year to enable beneficiaries to develop their adaptive functioning skills and to promote community integration.
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## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	At the start of the financial year we had a balance of £32, 389. Over the year we received £19, 527 in donations, of which £2, 600 was identified for specific projects. Our expenditure was £31, 914. The account balance was £20, 002 at the end of the accounting period – see accounts report for more detailed breakdown.  All funds held at the end of the year are automatically carried over to the opening balance of the new financial year.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Last year our reserves were £8, 000 however we have reviewed this and have increased to £9, 000 to allow for project costs to be covered for 3-4 months if income ceases, with some additional capacity for unexpected costs during this period.
Amount of reserves held	Para 1.22	£9,000
Reasons for holding zero reserves	Para 1.22	n/a
Details of fund materially in deficit	Para 1.24	n/a
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	n/a

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Charitable Incorporated Organisation
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled	Para 1.25	Trustees are selected by committee

to appoint one or more trustees		
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### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Trustees are introduced to the policies and practices of the organisation by the other trustees. Additional training for trustees is identified as required. Trustees have remained in place this year.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	We are a small charity. Until April 2021 we employed a manager on a part time basis, however when they decided to step down we chose not to replace them, so Trustees continue to oversee the day to day running of the charity, supported by committee members.  We meet on a monthly basis to oversee the work of the charity.
Relationship with any related parties	Para 1.51	We work in partnership with William Tyrell, a charity based in Romania.
Other		

### Reference and Administrative details

Charity name	The Life Intervention Friendship and Education Foundation
Other name the charity uses	
Registered charity number	1166183
Charity's principal address	63 Millers Green Close Enfield EN27BD

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
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1	Dr Claire Wood		
2	Dr Sophie Doswell		
3	Rebecca McGuiness		

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	None
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
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Name of chief executive or names of senior staff members (Optional information)			

**Exemptions from disclosure**

Reason for non-disclosure of key personnel details

**Other optional information**

## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

SEDOSWELL

Full name(s)

Dr Sophie Doswell

Position (eg Secretary,  
Chair, etc)

Trustee

Date

14/08/2023



CHARITY COMMISSION  
FOR ENGLAND AND WALES

The Life Intervention Friendship and Education Foundation 1166183

## Receipts and payments accounts

CC16a

For the period  
from

4/1/2022

To

3/31/2023

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations	16,927	2,600	-	19,527	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b> (Gross income for AR)	16,927	2,600	-	19,527	25,763
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	16,927	2,600	-	19,527	25,763
<b>A3 Payments</b>					
Project costs	28,328	2,000	-	30,328	14,154
Medical and therapeutic supplies	467	104	-	571	1,574
Website and IT	242	-	-	242	144
Training	-	-	-	-	200
Accounts	552	-	-	552	-
Bank charges	68	-	-	68	105
Trustee expenses	153	-	-	153	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	29,810	2,104	-	31,914	16,177
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total payments</b>	29,810	2,104	-	31,914	16,177
<b>Net of receipts/(payments)</b>	- 12,883	496	-	- 12,387	9,586
<b>A5 Transfers between funds</b>	-	-	-	-	-
<b>A6 Cash funds last year end</b>	32,389	-	-	32,389	-
<b>Cash funds this year end</b>	19,506	496	-	20,002	9,586



## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		19,506	496	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	19,506	496	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details			
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	SEDoswell	Dr Sophie Doswell	8/14/2023	