



**CHARITY COMMISSION**  
FOR ENGLAND AND WALES

## **Trustees' Annual Report for the period**

**From 01/04/2020 Period start date To 31/03/2021 Period end date**

**Charity name: The Life Intervention Friendship and Education Foundation**

**Charity registration number: 1166183**

## **Objectives and Activities**

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>The prevention or relief of poverty (or financial hardship) anywhere in the world by providing or assisting in the provision of items, education, training and healthcare projects.</p> <p>To relieve in need, in particularly mental and physical requirements of people who are living in residential care</p> <ul style="list-style-type: none"><li>I. by the provisions of volunteers and carers, and by the provision of advice and training for those responsible for their care</li><li>II. by the provision of equipment and facilities otherwise unattainable</li></ul>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>We have continued to support beneficiaries living in Government institutions in Romania.</p> <p>We do this by providing funding towards staffing for direct interventions to children and adults in Government homes and also for the provision of medical and educational activities.</p> <p>We would usually also support volunteer programmes in the institutions but this has not been possible this year due to covid.</p>
Statement confirming whether the trustees have had regard to the	Para 1.18	All trustees work in line with the guidance from the Charity Commission on public benefit

## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>This year has been extremely challenging, with the global pandemic, which for periods of time meant that outside individuals were not allowed to access Government institutions in Romania. However, outside of these Government mandated periods, the project continued to offer professional health support to children and adults living in Government care.</p> <p>While services were in lockdown, the LIFE Foundation provided advice and resources to the institutions such as craft activities to reduce boredom and PPE where this was not available locally. We provided medical supplies where required.</p> <p>We have also funded Christmas gifts and the provision of clothes and books. We were able to continue support nutritional support for particular children, with medical supervision by their in-country clinicians.</p> <p>This year we have also introduced a project for families in the community, to enable them to meet the needs of children with additional needs in the family, rather than needing to send them into institutional care.</p>

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	<p>At the start of the financial year we had a balance of £9, 826. Over the year we received £24, 409 in donations and our expenditure was £11, 402. The account balance was £22,833 in it at the end of the accounting period - see end of report for more detailed breakdown.</p> <p>This year our outgoings were reduced due to covid.</p>
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		All funds held at the end of the year are automatically carried over to the opening balance of the new financial year.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Previously our reserves were held at £4, 000 however we have reviewed this and have increased to £8, 000 to allow for project costs to be covered for 3-4 months if income ceases, with some additional capacity for unexpected costs during this period.
Amount of reserves held	Para 1.22	£8,000
Reasons for holding zero reserves	Para 1.22	n/a
Details of fund materially in deficit	Para 1.24	n/a
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	n/a

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Charitable Incorporated Organisation
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees are selected by committee

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Trustees are introduced to the policies and practices of the organisation by the other trustees. Additional training for trustees is identified as required, for example this year Safeguarding for Trustees training has been completed.
The charity's organisational structure	Para 1.51	We are a small charity. Until April 2021 we employed a manager on a parttime basis, however when they decided to step down we chose not to

and any wider network with which the charity works		replace them, so trustees now oversee the day to day running of the charity, supported by committee members. We meet on a monthly basis to oversee the work of the charity.
Relationship with any related parties	Para 1.51	We work in partnership with William Tyrell, a charity based in Romania.
Other		

## Reference and Administrative details

Charity name	The Life Intervention Friendship and Education Foundation
Other name the charity uses	
Registered charity number	1166183
Charity's principal address	63 Millers Green Close Enfield EN27BD

## Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Dr Claire Wood			
2	Dr Sophie Doswell			
3	Rebecca McGuinness			

Corporate trustees - names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	None
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

**Additional information (optional)****Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address

**Name of chief executive or names of senior staff members (Optional information)**

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**Exemptions from disclosure**

Reason for non-disclosure of key personnel details

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**Other optional information**

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

SEDOSWELL

Full name(s)

Dr Sophie Doswell

Position (eg  
Secretary, Chair, etc)

Trustee

Date

22/11/2021

### Accounts for the LIFE Foundation for the period 01/04/20 to 31/03/2021

Monies carried over from previous year £9826

Income (donations) £24409

Expenditure

Staff salary in UK £312

Project costs Romania £9224

Medical supplies sent from UK £156

Website £300

Training £150

Office rent £360

Accountant £900

Total - £11402

**Closing balance £22833**