

# THE LIFE INTERVENTION, FRIENDSHIP AND EDUCATION FOUNDATION

England & Wales · Charity number 1166183

## Details

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Other names	THE LIFE FOUNDATION, LIFE
Status	Registered
Legal form	CIO
Registered	2016-03-22
Register	<a href="#">View on the Charity Commission register</a>

## Contact

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Address	63 Millers Green Close Enfield Middlesex EN2 7BD
Phone	07525360133
Email	<a href="mailto:enquiries@thelifefoundation.co.uk">enquiries@thelifefoundation.co.uk</a>
Website	<a href="http://www.thelifefoundation.co.uk">www.thelifefoundation.co.uk</a>

## Activities

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**Objects:** 1. THE PREVENTION OR RELIEF OF POVERTY (OR FINANCIAL HARDSHIP) ANYWHERE IN THE WORLD BY PROVIDING OR ASSISTING IN THE PROVISION OF ITEMS, EDUCATION, TRAINING AND HEALTHCARE PROJECTS. 2. TO RELIEVE IN NEED, IN PARTICULARLY MENTAL AND PHYSICAL REQUIREMENTS, OF PEOPLE WHO ARE LIVING IN RESIDENTIAL CARE I. BY THE PROVISIONS OF VOLUNTEERS AND CARERS, AND BY THE PROVISION OF ADVICE AND TRAINING FOR THOSE RESPONSIBLE FOR THEIR CARE. II. BY THE PROVISION OF EQUIPMENT AND FACILITIES OTHERWISE UNATTAINABLE

**Activities:** The Life Foundation is a charity working with volunteers to support essential initiatives of local governments, charities, youth groups and independent outreach programmes overseas and in the UK.

## Classification

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- **How:** Provides Services, Provides Advocacy/advice/information
- **What:** General Charitable Purposes, Education/training, The Advancement Of Health Or Saving Of Lives, Disability, The Prevention Or Relief Of Poverty, Overseas Aid/famine Relief
- **Who:** Children/young People, People With Disabilities, The General Public/mankind

## Geography

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- India
- Romania
- Manchester City
- Oldham
- Rochdale
- Stockport
- Warrington

## Finances

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Period end	Income	Expenditure	Assets	Employees
2025-03-31	£37,206	£39,885	-	-
2024-03-31	£26,826	£33,280	-	-
2023-03-31	£19,527	£31,914	-	-
2022-03-31	£25,763	£16,207	-	-
2021-03-31	£24,409	£11,402	-	-

## Trustees

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Name	Role	Appointed
Dr CLAIRE WOOD MBBS	Chair	2016-03-22
Dr Sophie Elisabeth Doswell D Clin Psy		2017-10-29
Rebecca Mcguinness		2019-08-31

**THE LIFE INTERVENTION, FRIENDSHIP AND EDUCATION FOUNDATION**

England & Wales - Charity number 1166183

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# Accounts

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## Trustees' Annual Report for the period

From 01/04/2024 Period start date To 31/03/2025 Period end date

Charity name: The Life Intervention Friendship and Education Foundation

Charity registration number: 1166183

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>The prevention or relief of poverty (or financial hardship) anywhere in the world by providing or assisting in the provision of items, education, training and healthcare projects.</p> <p>To relieve in need, in particularly mental and physical requirements of people who are living in residential care</p> <ul style="list-style-type: none"><li>• by the provisions of volunteers and carers, and by the provision of advice and training for those responsible for their care</li><li>• by the provision of equipment and facilities otherwise unattainable</li></ul>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>We have continued to support beneficiaries living in Government institutions in Romania. We do this by providing funding towards staffing for direct interventions to children and adults in Government homes, and through advising and supporting staff. The staff team consists of a nurse who leads the project, a project co-ordinator, social worker, physiotherapist and psychologist.</p> <p>Throughout the year we have directly provided medical and therapeutic supplies and have supported a range of educational activities.</p> <p>This year we have also continued supporting individuals in the community who are at risk of institutionalisation, to keep them living with their families.</p> <p>This year we have been successful in opening the community centre.</p>

		We have also supported/undertaken two visits to the projects this year.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	All trustees work in line with the guidance from the Charity Commission on public benefit.

### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

### Achievements and Performance

	SORP reference	
		Throughout the year, the multidisciplinary team have offered a wide range of direct therapeutic input and support, assisting children and adults with behaviours of concern, physical health issues and mental health issues in addition to their disability. The team have also offered support and advice to care staff within the Government institutions and families in the community.

<p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p>	<p>Para 1.20</p>	<p>The provision of resources including nutritional supplements, specialist chairs and bathing equipment and a wheelchair, have improved health and mobility.</p> <p>Additional resources have included beanbags, sensory toys and a sensory station, to engage all beneficiaries to engage in meaningful activities.</p> <p>A number of community visits have been facilitated this year, including celebrating Ceizini day, cinema, museum and a shopping trip. For the majority of beneficiaries, it was the first time they had enjoyed these experiences. These activities not only teach day to day living skills but also reduce stigma, as beneficiaries are able to engage with members of the general public, who may not come into contact with disabled people often. To further improve day to day living skill, we have continued to offer the Life Skills project in the adult institution.</p> <p>The April trip was focused on feeding and was undertaken by a Speech and Language therapist.</p> <p>Committee members visited the projects in November.</p>
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**Additional information (optional)**

You may choose to include further statements where relevant about:

<p>Achievements against objectives set</p>	<p>Para 1.41</p>	
<p>Performance of fundraising activities against objectives set</p>	<p>Para 1.41</p>	
<p>Investment performance against objectives</p>	<p>Para 1.41</p>	
<p>Other</p>		

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	<p>At the start of the financial year we had a balance of £13,547. Over the year we received £37,206 in donations. Our expenditure was £39,885. The account balance was £10,868 at the end of the accounting period – see accounts report for more detailed breakdown.</p> <p>All funds held at the end of the year are automatically carried over to the opening balance of the new financial year.</p>
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Our reserves policy is to have £9, 000 to allow for project costs to be covered for 3 months if income ceases, with some additional capacity for unexpected costs during this period. Project costs have increased over this financial year and so Trustees have agreed to increase our maximum reserves for next year to £12, 000.
Amount of reserves held	Para 1.22	£10,868
Reasons for holding zero reserves	Para 1.22	n/a
Details of fund materially in deficit	Para 1.24	n/a
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	n/a

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

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## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Charitable Incorporated Organisation
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees are selected by committee

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Trustees are introduced to the policies and practices of the organisation by the other trustees. Additional training for trustees is identified as required. Trustees have remained in place this year.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	We are a small charity. Until April 2021 we employed a manager on a part time basis, however when they decided to step down we chose not to replace them, so Trustees continue to oversee the day to day running of the charity, supported by committee members.  We aim to meet on a monthly basis to oversee the work of the charity with Trustees having regular contact in between meetings to make any required decisions and to share important information.
Relationship with any related parties	Para 1.51	We work in partnership with William Tyrell, a charity based in Romania.
Other		

### Reference and Administrative details

Charity name	The Life Intervention Friendship and Education Foundation
Other name the charity uses	The Life Foundation (informally used for brevity)
Registered charity number	1166183

Charity's principal address	63 Millers Green Close Enfield Middlesex EN27BD

**Names of the charity trustees who manage the charity**

	<b>Trustee name</b>	<b>Office (if any)</b>	<b>Dates acted if not for whole year</b>	<b>Name of person (or body) entitled to appoint trustee (if any)</b>
1	Dr Claire Wood			
2	Dr Sophie Doswell			
3	Rebecca McGuinness			
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**Corporate trustees – names of the directors at the date the report was approved**

<b>Director name</b>		

**Name of trustees holding title to property belonging to the charity**

<b>Trustee name</b>	<b>Dates acted if not for whole year</b>	

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	None
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

### Additional information (optional)

#### Names and addresses of advisers (Optional information)

Type of adviser	Name	Address
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#### Name of chief executive or names of senior staff members (Optional information)

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## Exemptions from disclosure

Reason for non-disclosure of key personnel details

n/a
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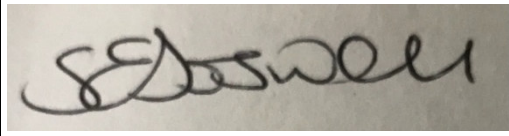
## Other optional information

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Dr Sophie Doswell	
Position (eg Secretary, Chair, etc)	Trustee	
Date	26/10/2025	



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name  
the Life Intervention friendship Education Foundation

No (if any)  
1166183

## Receipts and payments accounts

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For the period from	Period start date 01/04/2024	To	Period end date 31/03/2025
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations	22,206	15,000	-	37,206	26,826
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>22,206</b>	<b>15,000</b>	<b>-</b>	<b>37,206</b>	<b>26,826</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>22,206</b>	<b>15,000</b>	<b>-</b>	<b>37,206</b>	<b>26,826</b>
<b>A3 Payments</b>					
Sent to Romania	32,423	5,604	-	38,027	32,331
Medical/therapy resources	687	-	-	687	386
Sent to Romania	150	-	-	150	120
Website and IT	273	-	-	273	345
Training, events and development	-	-	-	-	98
Trustee expenses	-	-	-	-	-
Other	100	-	-	100	-
End of year accounts	648	-	-	648	-
	34,281	5,604	-	39,885	33,280
<b>Sub total</b>	<b>34,281</b>	<b>5,604</b>	<b>-</b>	<b>39,885</b>	<b>33,280</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>34,281</b>	<b>5,604</b>	<b>-</b>	<b>39,885</b>	<b>33,280</b>
<b>Net of receipts/(payments)</b>	<b>(12,075)</b>	<b>9,396</b>	<b>-</b>	<b>2,679</b>	<b>6,454</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>13,547</b>	<b>-</b>	<b>-</b>	<b>13,547</b>	<b>20,002</b>
<b>Cash funds this year end</b>	<b>1,472</b>	<b>9,396</b>	<b>-</b>	<b>10,868</b>	<b>13,547</b>

# Section B Statement of

Categories

## B1 Cash funds

Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	1,472	9,396	-
	-	-	-
	-	-	-
<b>Total cash funds</b>	<b>1,472</b>	<b>9,396</b>	<b>-</b>
(agree balances with receipts and payments account(s))	OK	OK	OK

## B2 Other monetary assets

Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

## B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-

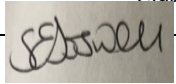
## B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

## B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Sophie Doswell	26/10/2025



**Section A**

**Independent Examiner's Report**

**Report to the trustees/  
members of**

Charity Name  
The Life Intervention, Friendship and Education Foundation

**On accounts for the year  
ended**

31 March 2025	<b>Charity no (if any)</b>	1166183
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**Set out on pages**

As above

I report to the trustees on my examination of the accounts of the above charity for the year ended 31 March 2025

**Responsibilities and  
basis of report**

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

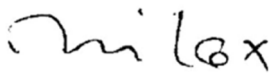
I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent  
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

**Signed:** 

**Date:** 27/10/2025

**Name:** Tom Wilcox

**Relevant professional  
qualification(s) or body  
(if any):**

**Address:** Counterculture Partnership LLP  
23 St Leonards Road, Bexhill-on-Sea  
East Sussex, TN40 1HH

**THE LIFE INTERVENTION, FRIENDSHIP AND EDUCATION FOUNDATION**

England & Wales - Charity number 1166183

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# Accounts

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## Trustees' Annual Report for the period

From 01/04/2023 Period start date To 31/03/2024 Period end date

Charity name: The Life Intervention Friendship and Education Foundation

Charity registration number: 1166183

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>The prevention or relief of poverty (or financial hardship) anywhere in the world by providing or assisting in the provision of items, education, training and healthcare projects.</p> <p>To relieve in need, in particularly mental and physical requirements of people who are living in residential care</p> <ul style="list-style-type: none"><li>• by the provisions of volunteers and carers, and by the provision of advice and training for those responsible for their care</li><li>• by the provision of equipment and facilities otherwise unattainable</li></ul>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>We have continued to support beneficiaries living in Government institutions in Romania. We do this by providing funding towards staffing for direct interventions to children and adults in Government homes, and through advising and supporting staff. The staff team consists of a nurse who leads the project, a project co-ordinator, social worker, physiotherapist and psychologist.</p> <p>Throughout the year we have directly provided medical and therapeutic supplies and have supported a range of educational activities.</p> <p>This year we have also continued supporting individuals in the community who are at risk of institutionalisation, to keep them living with their families.</p> <p>Significant progress has been made in gaining accreditation of a community centre for the local community.</p>

		<p>We have also supported/undertaken three visits to the projects this year.</p> <p>We have also hosted a master's student this year, who undertook a project supporting the charity to consider how we can enhance our promotion of human rights.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	All trustees work in line with the guidance from the Charity Commission on public benefit.

### Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

### Achievements and Performance

	SORP reference	<p>Throughout the year, the multidisciplinary team have offered a wide range of direct therapeutic input and support, assisting children and adults with behaviours of concern, physical health issues and mental health issues in addition to their disability. The team have also offered support and advice to care staff within the Government institutions and families in the community.</p>
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<p>Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.</p>	<p>Para 1.20</p>	<p>The provision of resources including nutritional supplements, specialist chairs and bathing equipment, bars, a ramp and a ventilator have improved health and mobility.</p> <p>Additional resources have been provided including technology to support social engagement and art and craft activities to enhance imagination and fine motor skills.</p> <p>A number of community visits have been facilitated this year, for example to the Christmas lights and on a train ride. These not only teach day to day living skills but also reduce stigma, as beneficiaries are able to engage with members of the general public, who may not come into contact with disabled people often. To further improve day to day living skill, we have continued to offer the Life Skills project in the adult institution.</p> <p>We supported a trip led by a speech and language therapist in April and May, supporting swallowing for those at risk. Outcomes indicated that swallowing risk was reduced and there was an increased participation and enjoyment in eating activities.</p> <p>A second trip took place in the summer, with volunteers offering educational and social activities which were very much appreciated by beneficiaries and staff.</p> <p>A committee trip took place in October, with committee members meeting with the MDT in Romania, reviewing the projects and also providing advice and support for specific children and adults.</p> <p>We hosted a masters student who is studying international law, who has supported us to review our policies to ensure they are as human rights focused as possible and has provided training and resources to improve our knowledge and confidence in this area.</p>
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**Additional information (optional)**

You may choose to include further statements where relevant about:

<p>Achievements against objectives set</p>	<p>Para 1.41</p>	

Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	<p>At the start of the financial year we had a balance of £20,002. Over the year we received £26, 826 in donations. Our expenditure was £33, 281. The account balance was £13, 547 at the end of the accounting period – see accounts report for more detailed breakdown.</p> <p>All funds held at the end of the year are automatically carried over to the opening balance of the new financial year.</p>
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Our reserves policy is to have £9, 000 to allow for project costs to be covered for 3 months if income ceases, with some additional capacity for unexpected costs during this period.
Amount of reserves held	Para 1.22	£9, 000
Reasons for holding zero reserves	Para 1.22	n/a
Details of fund materially in deficit	Para 1.24	n/a
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	n/a

### Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	
Investment policy and objectives including any	Para 1.46	

social investment policy adopted		
A description of the principal risks facing the charity	Para 1.46	
Other		

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document ( <a href="#">trust deed</a> , <a href="#">royal charter</a> )	Para 1.25	Constitution
How is the charity constituted? (e.g. <a href="#">unincorporated association</a> , CIO)	Para 1.25	Charitable Incorporated Organisation
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees are selected by committee

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Trustees are introduced to the policies and practices of the organisation by the other trustees. Additional training for trustees is identified as required. Trustees have remained in place this year.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	<p>We are a small charity. Until April 2021 we employed a manager on a part time basis, however when they decided to step down we chose not to replace them, so Trustees continue to oversee the day to day running of the charity, supported by committee members.</p> <p>We meet on a monthly basis to oversee the work of the charity with Trustees having regular contact in between meetings to make any required decisions and to share important information.</p>
Relationship with any related parties	Para 1.51	We work in partnership with William Tyrell, a charity based in Romania.

Other		

### Reference and Administrative details

Charity name	The Life Intervention Friendship and Education Foundation
Other name the charity uses	The Life Foundation (informally used for brevity)
Registered charity number	1166183
Charity's principal address	63 Millers Green Close Enfield Middlesex EN27BD

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Dr Claire Wood			
2	Dr Sophie Doswell			
3	Rebecca McGuinness			
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### Corporate trustees – names of the directors at the date the report was approved

Director name		

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Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

**Funds held as custodian trustees on behalf of others**

Description of the assets held in this capacity	None
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

**Additional information (optional)**

**Names and addresses of advisers (Optional information)**

**Type of adviser      Name      Address**

Type of adviser	Name	Address

**Name of chief executive or names of senior staff members (Optional information)**

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**Exemptions from disclosure**

Reason for non-disclosure of key personnel details

n/a
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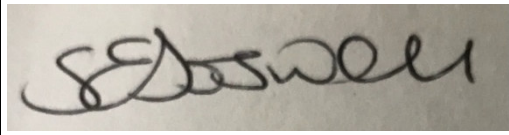
**Other optional information**

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

<b>Signature(s)</b>		
<b>Full name(s)</b>	Dr Sophie Doswell	
<b>Position (eg Secretary, Chair, etc)</b>	Trustee	
<b>Date</b>	08/06/2024	



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name the Life Intervention friendship Education Foundation	No (if any) 1166183
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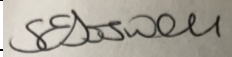
## Receipts and payments accounts

For the period from	Period start date 01/04/2023	To	Period end date 31/03/2024
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations	19,326	7,500	-	26,826	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>19,326</b>	<b>7,500</b>	<b>-</b>	<b>26,826</b>	<b>19,527</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>19,326</b>	<b>7,500</b>	<b>-</b>	<b>26,826</b>	<b>19,527</b>
<b>A3 Payments</b>					
Sent to Romania	26,831	5,500	-	32,331	30,327
Medical/therapy resources	386	-	-	386	459
Sent to Romania	120	-	-	120	112
Website and IT	345	-	-	345	242
Training, events and development	98	-	-	98	-
Trustee expenses	-	-	-	-	153
Other	-	-	-	-	68
End of year accounts	-	-	-	-	552
	-	-	-	-	-
<b>Sub total</b>	<b>27,780</b>	<b>5,500</b>	<b>-</b>	<b>33,280</b>	<b>31,914</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>27,780</b>	<b>5,500</b>	<b>-</b>	<b>33,280</b>	<b>31,914</b>
<b>Net of receipts/(payments)</b>	<b>- 8,454</b>	<b>2,000</b>	<b>-</b>	<b>- 6,454</b>	<b>- 12,387</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Cash funds this year end</b>	<b>- 8,454</b>	<b>2,000</b>	<b>-</b>	<b>- 6,454</b>	<b>- 12,387</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>		-	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	13,547	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	Agreement Error	OK
<b>B2 Other monetary assets</b>	<b>Details</b>	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	<b>Details</b>	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B4 Assets retained for the charity's own use</b>	<b>Details</b>	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B5 Liabilities</b>	<b>Details</b>	-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		Sophie Doswell	08/06/2024	



**Section A**

**Independent Examiner's Report**

**Report to the trustees/  
members of**

Charity Name  
The Life Intervention, Friendship and Education Foundation

**On accounts for the year  
ended**

31 March 2024  
**Charity no  
(if any)** 1166183

**Set out on pages**

As above  
(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 March 2024

**Responsibilities and  
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

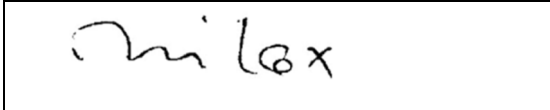
I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent  
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

**Signed:**  **Date:** 09/09/2024

**Name:** Tom Wilcox

**Relevant professional  
qualification(s) or body  
(if any):**

**Address:** Counterculture Partnership LLP  
Unit 115, Ducie House, Ducie Street  
Manchester M1 2JW

**THE LIFE INTERVENTION, FRIENDSHIP AND EDUCATION FOUNDATION**

England & Wales - Charity number 1166183

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# Accounts

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## Trustees' Annual Report for the period

From 01/04/2022 Period start date To 31/03/2023 Period end date

Charity name: The Life Intervention Friendship and Education Foundation

Charity registration number: 1166183

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>The prevention or relief of poverty (or financial hardship) anywhere in the world by providing or assisting in the provision of items, education, training and healthcare projects.</p> <p>To relieve in need, in particularly mental and physical requirements of people who are living in residential care</p> <ul style="list-style-type: none"><li>I. by the provisions of volunteers and carers, and by the provision of advice and training for those responsible for their care</li><li>II. by the provision of equipment and facilities otherwise unattainable</li></ul>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>We have continued to support beneficiaries living in Government institutions in Romania.</p> <p>We do this by providing funding towards staffing for direct interventions to children and adults in Government homes and also for the provision of medical and educational activities.</p> <p>This year we have expanded our offer to include a pilot project with the aim of supporting individuals in the community who are at risk of institutionalisation, to keep them living with their families and have embedded a project supporting adults to develop skills to support deinstitutionalisation.</p> <p>We have expanded our multidisciplinary team and are working towards accreditation</p>

		of a community centre for the local community.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	All trustees work in line with the guidance from the Charity Commission on public benefit.

## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>We have maintained our input to children living in Government care in Romania (Family Type Homes) and to those in the adult institutions. Three trips have been facilitated this year; one by learning disability student nurses, one by a speech and language therapist and one by two Trustees. Outcomes from these trips included a sensory path being built in the adult institution, eating and drinking care plans being implemented for children in the Family Type Homes.</p> <p>We have expanded our multidisciplinary team to include a psychologist and a social worker, as well as additional operational support in Romania.</p> <p>We continued to provide nutritional support and therapeutic resources (physiotherapy equipment) for particular children, with medical supervision by their in-country clinicians. During the Trustee trip additional resources to improve quality of life, such as a smart phone for an isolated teenager and outside resources for one of the adult institutions to support learning were identified.</p> <p>This year we have continued to develop our project for families in the community, enabling them to meet the needs of children with additional needs within the family, rather than needing to send them into institutional care. We are opening a community centre to support families to get the therapeutic input and emotional support they need, to try to prevent institutionalisation.</p> <p>We have also introduced a project looking at developing the skills of adults living in long stay institutions, called the Life Skills</p>

		project, to build towards deinstitutionalisation and promote community engagement. We have funded community trips during the year to enable beneficiaries to develop their adaptive functioning skills and to promote community integration.
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## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	At the start of the financial year we had a balance of £32, 389. Over the year we received £19, 527 in donations, of which £2, 600 was identified for specific projects. Our expenditure was £31, 914. The account balance was £20, 002 at the end of the accounting period – see accounts report for more detailed breakdown.  All funds held at the end of the year are automatically carried over to the opening balance of the new financial year.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Last year our reserves were £8, 000 however we have reviewed this and have increased to £9, 000 to allow for project costs to be covered for 3-4 months if income ceases, with some additional capacity for unexpected costs during this period.
Amount of reserves held	Para 1.22	£9,000
Reasons for holding zero reserves	Para 1.22	n/a
Details of fund materially in deficit	Para 1.24	n/a
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	n/a

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Charitable Incorporated Organisation
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled	Para 1.25	Trustees are selected by committee

to appoint one or more trustees		
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**Additional information (optional)**

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Trustees are introduced to the policies and practices of the organisation by the other trustees. Additional training for trustees is identified as required. Trustees have remained in place this year.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	We are a small charity. Until April 2021 we employed a manager on a part time basis, however when they decided to step down we chose not to replace them, so Trustees continue to oversee the day to day running of the charity, supported by committee members.  We meet on a monthly basis to oversee the work of the charity.
Relationship with any related parties	Para 1.51	We work in partnership with William Tyrell, a charity based in Romania.
Other		

**Reference and Administrative details**

Charity name	The Life Intervention Friendship and Education Foundation
Other name the charity uses	
Registered charity number	1166183
Charity's principal address	63 Millers Green Close Enfield EN27BD

**Names of the charity trustees who manage the charity**

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
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1	Dr Claire Wood		
2	Dr Sophie Doswell		
3	Rebecca McGuinness		

Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

**Funds held as custodian trustees on behalf of others**

Description of the assets held in this capacity	None
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

**Additional information (optional)**

**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address
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<b>Name of chief executive or names of senior staff members (Optional information)</b>			

### **Exemptions from disclosure**

Reason for non-disclosure of key personnel details

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### **Other optional information**

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

SEDOSWELL

Full name(s)

Dr Sophie Doswell

Position (eg Secretary,  
Chair, etc)

Trustee

Date

14/08/2023



CHARITY COMMISSION  
FOR ENGLAND AND WALES

The Life Intervention Friendship and Education Foundation 1166183

## Receipts and payments accounts

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For the period  
from

4/1/2022

To

3/31/2023

### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations	16,927	2,600	-	19,527	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>16,927</b>	<b>2,600</b>	<b>-</b>	<b>19,527</b>	<b>25,763</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>16,927</b>	<b>2,600</b>	<b>-</b>	<b>19,527</b>	<b>25,763</b>
<b>A3 Payments</b>					
Project costs	28,328	2,000	-	30,328	14,154
Medical and therapeutic supplies	467	104	-	571	1,574
Website and IT	242	-	-	242	144
Training	-	-	-	-	200
Accounts	552	-	-	552	-
Bank charges	68	-	-	68	105
Trustee expenses	153	-	-	153	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>29,810</b>	<b>2,104</b>	<b>-</b>	<b>31,914</b>	<b>16,177</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>29,810</b>	<b>2,104</b>	<b>-</b>	<b>31,914</b>	<b>16,177</b>
<b>Net of receipts/(payments)</b>	<b>- 12,883</b>	<b>496</b>	<b>-</b>	<b>- 12,387</b>	<b>9,586</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>32,389</b>	<b>-</b>	<b>-</b>	<b>32,389</b>	<b>-</b>
<b>Cash funds this year end</b>	<b>19,506</b>	<b>496</b>	<b>-</b>	<b>20,002</b>	<b>9,586</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>		19,506	496	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	19,506	496	-
	(agree balances with receipts and payments account(s))	OK	OK	OK

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
SEDoswell	Dr Sophie Doswell	8/14/2023

**THE LIFE INTERVENTION, FRIENDSHIP AND EDUCATION FOUNDATION**

England & Wales - Charity number 1166183

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# Accounts

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## Trustees' Annual Report for the period

From 01/04/2021 Period start date To 31/03/2022 Period end date

Charity name: The Life Intervention Friendship and Education Foundation

Charity registration number: 1166183

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>The prevention or relief of poverty (or financial hardship) anywhere in the world by providing or assisting in the provision of items, education, training and healthcare projects.</p> <p>To relieve in need, in particularly mental and physical requirements of people who are living in residential care</p> <ul style="list-style-type: none"><li>I. by the provisions of volunteers and carers, and by the provision of advice and training for those responsible for their care</li><li>II. by the provision of equipment and facilities otherwise unattainable</li></ul>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>We have continued to support beneficiaries living in Government institutions in Romania.</p> <p>We do this by providing funding towards staffing for direct interventions to children and adults in Government homes and also for the provision of medical and educational activities.</p> <p>We would usually also support volunteer programmes in the institutions but this has not been possible again this year due to covid.</p>
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	<p>All trustees work in line with the guidance from the Charity Commission on public benefit</p>

## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>This year has continued to be challenging, due to the ongoing global pandemic. This meant that, for periods of time, outside individuals were not allowed to access Government institutions in Romania. However, outside of these Government mandated periods, the project continued to offer professional health support to children and adults living in Government care.</p> <p>While services were in lockdown, the LIFE Foundation continued to provide advice and resources to the institutions. This year we have provided clothes, specialist play resources and positioning equipment.</p> <p>We continued to provide nutritional support for particular children, with medical supervision by their in-country clinicians.</p> <p>This year we have continued to develop our project for families in the community, with the aim of enabling them to keep children with additional needs within their families, rather than having to send them into institutional care.</p> <p>We have also introduced a project aiming to develop the skills of adults living in long stay institutions, to build towards deinstitutionalization and promote community engagement.</p> <p>In February, committee members and an additional health professional familiar with the projects visited in person to assess the impact of covid on the projects and to support the development of intervention plans going forward.</p>

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	At the start of the financial year we had a balance of £22, 833. Over the year we received £25, 763 in donations, £9, 000 of which was identified for specific projects (restricted) of which £1000 has been spent. Our expenditure was £16, 207. The account balance was £32,389 at the end of the accounting period – see accounts report for more detailed breakdown.
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		<p>As last year, during this year our outgoings were reduced due to covid.</p> <p>All funds held at the end of the year are automatically carried over to the opening balance of the new financial year.</p>
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Previously our reserves were held at £4,000 however we have reviewed this and have increased to £8,000 to allow for additional project costs to be covered for 3-4 months if income ceases, with some additional capacity for unexpected costs during this period.
Amount of reserves held	Para 1.22	£8,000
Reasons for holding zero reserves	Para 1.22	n/a
Details of fund materially in deficit	Para 1.24	n/a
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	n/a

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document ( <a href="#">trust deed</a> , <a href="#">royal charter</a> )	Para 1.25	Constitution
How is the charity constituted? (e.g <a href="#">unincorporated association</a> , <a href="#">CIO</a> )	Para 1.25	Charitable Incorporated Organisation
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees are selected by committee

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Trustees are introduced to the policies and practices of the organisation by the other trustees. Additional training for trustees is identified as required, for example this year Trustees undertook specific Trustee safeguarding training via NSPCC. Trustees have remained in place this year.
The charity's organisational structure and any wider network with which the charity works	Para 1.51	We are a small charity. Until April 2021 we employed a manager on a part time basis, however when they decided to step down we chose not to replace them, so Trustees continue to oversee the day to day running

		of the charity, supported by committee members.  We aim to meet on a monthly basis to oversee the work of the charity.
Relationship with any related parties	Para 1.51	We work in partnership with William Tyrell, a charity based in Romania.
Other		

## Reference and Administrative details

Charity name	The Life Intervention Friendship and Education Foundation
Other name the charity uses	
Registered charity number	1166183
Charity's principal address	63 Millers Green Close Enfield EN27BD

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Dr Claire Wood			
2	Dr Sophie Doswell			
3	Rebecca McGuinness			

### Corporate trustees – names of the directors at the date the report was approved

Director name		

### Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

## Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	None
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

### Additional information (optional)

**Type of adviser      Name      Address**


### Name of chief executive or names of senior staff members (Optional information)


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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

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Dr Sophie Doswell	
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Trustee	



CHARITY COMMISSION  
FOR ENGLAND AND WALES

The Life Intervention Friendship and Education  
Foundation

1166183

CC16a

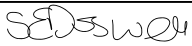
## Receipts and payments accounts

For the period from	01/04/2021	To	31/03/2022
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations	16,763	9,000	-	25,763	24,409
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>16,763</b>	<b>9,000</b>	<b>-</b>	<b>25,763</b>	<b>24,409</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>16,763</b>	<b>9,000</b>	<b>-</b>	<b>25,763</b>	<b>24,409</b>
<b>A3 Payments</b>					
Staff salary	-	-	-	-	312
Project costs	13,154	1,000	-	14,154	9,224
Medical supplies	1,574	-	-	1,574	156
Website	144	-	-	144	300
Training	200	-	-	200	150
Office rent	30	-	-	30	360
Accountant	-	-	-	-	900
Bank charges	105	-	-	105	-
	-	-	-	-	-
<b>Sub total</b>	<b>15,207</b>	<b>1,000</b>	<b>-</b>	<b>16,207</b>	<b>11,402</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>15,207</b>	<b>1,000</b>	<b>-</b>	<b>16,207</b>	<b>11,402</b>
<b>Net of receipts/(payments)</b>	<b>1,556</b>	<b>8,000</b>	<b>-</b>	<b>9,556</b>	<b>13,007</b>
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	22,833	-	-	22,833	9,826
<b>Cash funds this year end</b>	<b>24,389</b>	<b>8,000</b>	<b>-</b>	<b>32,389</b>	<b>22,833</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>		24,389	8,000	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>24,389</b>	<b>8,000</b>	<b>-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK
<b>B2 Other monetary assets</b>	<b>Details</b>	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	<b>Details</b>	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	<b>Details</b>	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	<b>Details</b>	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
		Dr Sophie Doswell	07/11/22	



Section A

Independent Examiner's Report

Report to the trustees/  
members of

Charity Name The Life Intervention Friendship and Education  
Foundation

On accounts for the year  
ended

31 March 2022

Charity no  
(if any)

1166183

Set out on pages

As above

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31 March 2022.

Responsibilities and  
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent  
examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- the accounting records were not kept in accordance with section 130 of the Charities Act; or
- the accounts did not accord with the accounting records; or
- the accounts did not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

*A Hall*

Date:

07/11/2022

Name:

Amanda Hall

Relevant professional  
qualification(s) or body  
(if any):

Address:

Counterculture Partnership LLP

Unit 115, Ducie House, Ducie Street, Manchester, M1 2JW

**THE LIFE INTERVENTION, FRIENDSHIP AND EDUCATION FOUNDATION**

England & Wales - Charity number 1166183

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# Accounts

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## Trustees' Annual Report for the period

From **01/04/2020** Period start date To **31/03/2021** Period end date

**Charity name: The Life Intervention Friendship and Education Foundation**

**Charity registration number: 1166183**

## Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	<p>The prevention or relief of poverty (or financial hardship) anywhere in the world by providing or assisting in the provision of items, education, training and healthcare projects.</p> <p>To relieve in need, in particularly mental and physical requirements of people who are living in residential care</p> <ol style="list-style-type: none"><li>I. by the provisions of volunteers and carers, and by the provision of advice and training for those responsible for their care</li><li>II. by the provision of equipment and facilities otherwise unattainable</li></ol>
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	<p>We have continued to support beneficiaries living in Government institutions in Romania.</p> <p>We do this by providing funding towards staffing for direct interventions to children and adults in Government homes and also for the provision of medical and educational activities.</p> <p>We would usually also support volunteer programmes in the institutions but this has not been possible this year due to covid.</p>
Statement confirming whether the trustees have had regard to the	Para 1.18	All trustees work in line with the guidance from the Charity Commission on public benefit

guidance issued by the Charity Commission on public benefit		
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## Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	<p>This year has been extremely challenging, with the global pandemic, which for periods of time meant that outside individuals were not allowed to access Government institutions in Romania. However, outside of these Government mandated periods, the project continued to offer professional health support to children and adults living in Government care.</p> <p>While services were in lockdown, the LIFE Foundation provided advice and resources to the institutions such as craft activities to reduce boredom and PPE where this was not available locally. We provided medical supplies where required.</p> <p>We have also funded Christmas gifts and the provision of clothes and books. We were able to continue support nutritional support for particular children, with medical supervision by their in-country clinicians.</p> <p>This year we have also introduced a project for families in the community, to enable them to meet the needs of children with additional needs in the family, rather than needing to send them into institutional care.</p>

## Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	<p>At the start of the financial year we had a balance of £9, 826. Over the year we received £24, 409 in donations and our expenditure was £11, 402. The account balance was £22,833 in it at the end of the accounting period - see end of report for more detailed breakdown.</p> <p>This year our outgoings were reduced due to covid.</p>
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		All funds held at the end of the year are automatically carried over to the opening balance of the new financial year.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	Previously our reserves were held at £4, 000 however we have reviewed this and have increased to £8, 000 to allow for project costs to be covered for 3-4 months if income ceases, with some additional capacity for unexpected costs during this period.
Amount of reserves held	Para 1.22	£8,000
Reasons for holding zero reserves	Para 1.22	n/a
Details of fund materially in deficit	Para 1.24	n/a
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	n/a

## Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	Constitution
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Charitable Incorporated Organisation
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	Trustees are selected by committee

### Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	Trustees are introduced to the policies and practices of the organisation by the other trustees. Additional training for trustees is identified as required, for example this year Safeguarding for Trustees training has been completed.
The charity's organisational structure	Para 1.51	We are a small charity. Until April 2021 we employed a manager on a parttime basis, however when they decided to step down we chose not to

and any wider network with which the charity works		replace them, so trustees now oversee the day to day running of the charity, supported by committee members. We meet on a monthly basis to oversee the work of the charity.
Relationship with any related parties	Para 1.51	We work in partnership with William Tyrell, a charity based in Romania.
Other		

## Reference and Administrative details

Charity name	The Life Intervention Friendship and Education Foundation
Other name the charity uses	
Registered charity number	1166183
Charity's principal address	63 Millers Green Close Enfield EN27BD

**Names of the charity trustees who manage the charity**

	<b>Trustee name</b>	<b>Office (if any)</b>	<b>Dates acted if not for whole year</b>	<b>Name of person (or body) entitled to appoint trustee (if any)</b>
1	Dr Claire Wood			
2	Dr Sophie Doswell			
3	Rebecca McGuinness			

Corporate trustees - names of the directors at the date the report was approved

<b>Director name</b>		

Name of trustees holding title to property belonging to the charity

<b>Trustee name</b>	<b>Dates acted if not for whole year</b>	

**Funds held as custodian trustees on behalf of others**

Description of the assets held in this capacity	None
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

**Additional information (optional)**

**Names and addresses of advisers (Optional information)**

Type of adviser	Name	Address

**Name of chief executive or names of senior staff members (Optional information)**

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**Exemptions from disclosure**

Reason for non-disclosure of key personnel details

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**Other optional information**

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## Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

SEDOSWELL

Full name(s)

Dr Sophie Doswell

Position (eg  
Secretary, Chair, etc)

Trustee

Date

22/11/2021

### Accounts for the LIFE Foundation for the period 01/04/20 to 31/03/2021

Monies carried over from previous year		£9826
Income (donations)		£24409
Expenditure		
Staff salary in UK	£312	
Project costs Romania	£9224	
Medical supplies sent from UK	£156	
Website	£300	
Training	£150	
Office rent	£360	
Accountant	£900	
Total		- £11402
<b>Closing balance</b>		<b>£22833</b>