

Trustees' Annual Report for the period						
From	Period start date			To	Period end date	
	01	01	2024		31	12

## Section A Reference and administration details

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

2 Bursledon Road	
Southampton	
Postcode	SO19 7LW

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Ruth Palmer	Chair		
2	Tony Palmer	Treasurer		
3	Simon Vargeson			
4	Ellen Vargeson			
5	Mark Vargeson			
6	Bethany Vargeson			
7	Matthew Long			
8	Rebekah Long			
9	John White			
10	Claire White			

## Section B Structure, governance and management

### Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	CIO
Trustee selection methods (eg. appointed by, elected by)	Appointed by trustees

## Section C Objectives and activities

**Summary of the objects of the charity set out in its governing document**

The object of the CIO is for the public benefit to relieve the mental and physical sickness and distress of children and families suffering from bereavement living in England by providing such support as the trustees deem appropriate for such persons in particular (but not exclusively) through the provision of family days out at theme parks.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

**What**

- GENERAL CHARITABLE PURPOSES
- THE ADVANCEMENT OF HEALTH OR SAVING OF LIVES
- RECREATION
- OTHER CHARITABLE PURPOSES

**Who**

- CHILDREN / YOUNG PEOPLE
- OTHER DEFINED GROUPS

**How**

- OTHER CHARITABLE ACTIVITIES

## Section D

## Achievements and performance

**Summary of the main achievements of the charity during the year**

This year the charity has spent considerable time seeking to explore additional revenue streams – grant applications, fund raising events and general raising awareness of the charity with local(ish) businesses.

We have continued to support many families with annual passes and days out.

## Section E

## Financial review

**Brief statement of the charity's policy on reserves**

As yet the charity has not had need to put together such a policy.

## Section F

## Declaration

**The trustees declare that they have approved the trustees' report above.**

**Signed on behalf of the charity's trustees**

**Signature(s)**

RUTH PALMER

TONY PALMER

**Full name(s)**

Ruth Palmer

Tony Palmer

**Position (eg Secretary, Chair, etc)**

Chair

Treasurer

**Date**

28/10/24



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name  
The Courage Foundation UK

No (if any)  
1166093

## Receipts and payments accounts

CC16a

For the period from	Period start date 01/01/2024	To	Period end date 31/12/2024
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations	4 554	-	-	4 554	18 806
Income from merchandise	1 769	-	-	1 769	4 203
Building gifts	-	-	-	-	-
Interest	18	-	-	18	24
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>6 341</b>	<b>-</b>	<b>-</b>	<b>6 341</b>	<b>23 033</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total receipts</b>	<b>6 341</b>	<b>-</b>	<b>-</b>	<b>6 341</b>	<b>23 033</b>
<b>A3 Payments</b>					
Cost of fundraising activities	691	-	-	691	1 008
Merchandise	2 540	-	-	2 540	1 625
Purchasing of annual passes for families	2 014	-	-	2 014	19 308
Website and media	-	-	-	-	-
Building & office construction	-	-	-	-	-
Bank charges	60	-	-	60	66
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>5 305</b>	<b>-</b>	<b>-</b>	<b>5 305</b>	<b>22 007</b>
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>Total payments</b>	<b>5 305</b>	<b>-</b>	<b>-</b>	<b>5 305</b>	<b>22 007</b>
<b>Net of receipts/(payments)</b>	<b>1 036</b>	<b>-</b>	<b>-</b>	<b>1 036</b>	<b>1 026</b>
<b>A5 Transfers between funds</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>	<b>-</b>
<b>A6 Cash funds last year end</b>	<b>9 813</b>	<b>-</b>	<b>-</b>	<b>9 813</b>	<b>9 813</b>
<b>Cash funds this year end</b>	<b>10 849</b>	<b>-</b>	<b>-</b>	<b>10 849</b>	

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>		10 849	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	10 849	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>	Details			
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
<b>B4 Assets retained for the charity's own use</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
<b>B5 Liabilities</b>	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	

  

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
	TONY PALMER	TONY PALMER	28/10/2025
	RUTH PALMER	RUTH PALMER	28/10/2025