

Trustees' Annual Report for the period						
From	Period start date			To	Period end date	
	01	01	2023		31	12

## Section A Reference and administration details

Charity name	The Courage Foundation UK		
Other names charity is known by			
Registered charity number (if any)	1166093		
Charity's principal address	2 Bursledon Road		
	Southampton		
Postcode	SO19 7LW		

### Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Ruth Palmer	Chair		
2	Tony Palmer	Treasurer		
3	Simon Vargeson			
4	Ellen Vargeson			
5	Mark Vargeson			
6	Bethany Vargeson			
7	Matthew Long			
8	Rebekah Long			
9	John White			
10	Claire White			

## Section B Structure, governance and management

### Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	CIO
Trustee selection methods (eg. appointed by, elected by)	Appointed by trustees

## Section C Objectives and activities

**Summary of the objects of the charity set out in its governing document**

The object of the CIO is for the public benefit to relieve the mental and physical sickness and distress of children and families suffering from bereavement living in England by providing such support as the trustees deem appropriate for such persons in particular (but not exclusively) through the provision of family days out at theme parks.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

**What**

- GENERAL CHARITABLE PURPOSES
- THE ADVANCEMENT OF HEALTH OR SAVING OF LIVES
- RECREATION
- OTHER CHARITABLE PURPOSES

**Who**

- CHILDREN / YOUNG PEOPLE
- OTHER DEFINED GROUPS

**How**

- OTHER CHARITABLE ACTIVITIES

## Section D

## Achievements and performance

**Summary of the main achievements of the charity during the year**

This year the charity has spent considerable time seeking to explore additional revenue streams – grant applications, fund raising events and general raising awareness of the charity with local(ish) businesses.

We have continued to support many families with annual passes and days out, clearing much of the application backlog caused by Covid.

We are excited to see how things develop further in the future and being able to re-open the application process.

## Section E

## Financial review

**Brief statement of the charity's policy on reserves**

As yet the charity has not had need to put together such a policy.

## Section F

## Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

RUTH PALMER

TONY PALMER

Full name(s)

Ruth Palmer

Tony Palmer

Position (eg Secretary, Chair, etc)

Chair

Treasurer

Date

27/10/23



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name  
The Courage Foundation UK

No (if any)  
1166093

## Receipts and payments accounts

CC16a

For the period from	Period start date 01/01/2023	To	Period end date 31/12/2023
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### Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
Donations	18,806	-	-	18,806	12,529
Income from merchandise	4,203	-	-	4,203	3,780
Building gifts	-	-	-	-	-
Interest	24	-	-	24	6
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b> (Gross income for AR)	23,033	-	-	23,033	16,315
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total receipts</b>	23,033	-	-	23,033	16,315
<b>A3 Payments</b>					
Cost of fundraising activities	1,008	-	-	1,008	1,229
Merchandise	1,625	-	-	1,625	2,471
Purchasing of annual passes for families	19,308	-	-	19,308	26,807
Website and media	-	-	-	-	-
Building & office construction	-	-	-	-	-
Bank charges	66	-	-	66	93
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	22,008	-	-	22,008	30,600
<b>A4 Asset and investment purchases, (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	-	-	-	-	-
<b>Total payments</b>	22,008	-	-	22,008	30,600
<b>Net of receipts/(payments)</b>	1,026	-	-	1,026	- 14,285
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	8,787	-	-	8,787	23,072
<b>Cash funds this year end</b>	9,813	-	-	9,813	8,787

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		8,787	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	8,787	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK
		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets	Details			
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name	Date of approval
		TONY PALMER	TONY PALMER	27/10/2024
		RUTH PALMER	RUTH PALMER	27/10/2024