

Trustees' Annual Report for the period						
From	Period start date			To	Period end date	
	01	01	2022		31	12

Section A Reference and administration details

Charity name	The Courage Foundation UK		
Other names charity is known by			
Registered charity number (if any)	1166093		
Charity's principal address	2 Bursledon Road		
	Southampton		
Postcode	SO19 7LW		

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Ruth Palmer	Chair		
2	Tony Palmer	Treasurer		
3	Simon Vargeson			
4	Ellen Vargeson			
5	Mark Vargeson			
6	Bethany Vargeson			
7	Matthew Long			
8	Rebekah Long			
9	John White			
10	Claire White			

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	CIO
Trustee selection methods (eg. appointed by, elected by)	Appointed by trustees

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The object of the CIO is for the public benefit to relieve the mental and physical sickness and distress of children and families suffering from bereavement living in England by providing such support as the trustees deem appropriate for such persons in particular (but not exclusively) through the provision of family days out at theme parks.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

What

- GENERAL CHARITABLE PURPOSES
- THE ADVANCEMENT OF HEALTH OR SAVING OF LIVES
- RECREATION
- OTHER CHARITABLE PURPOSES

Who

- CHILDREN / YOUNG PEOPLE
- OTHER DEFINED GROUPS

How

- OTHER CHARITABLE ACTIVITIES

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

This year the charity has spent considerable time seeking to explore additional revenue streams – grant applications, fund raising events and general raising awareness of the charity with local(ish) businesses.

We have continued to support many families with annual passes and days out, clearing much of the application backlog caused by Covid.

We are excited to see how things develop further in the future and being able to re-open the application process.

Section E

Financial review

Brief statement of the charity's policy on reserves

As yet the charity has not had need to put together such a policy.

Section F

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

RUTH PALMER

TONY PALMER

Full name(s)

Ruth Palmer

Tony Palmer

Position (eg Secretary, Chair, etc)

Chair

Treasurer

Date

31/10/22



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name	No (if any)
The Courage Foundation UK	1166093

CC16
a

Receipts and payments accounts

For the period from	Period start	To	Period end
	01/01/2022		31/12/2022

Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
A1 Receipts					
Donations	12,529	-	-	12,529	10,623
Income from merchandise	3,780	-	-	3,780	7,099
Building gifts	-	-	-	-	-
Interest	6	-	-	6	-
Sub total (Gross income for AR)	16,314	-	-	16,314	17,722
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Total receipts	16,314	-	-	16,314	17,722
A3 Payments					
Cost of fundraising activities	1,229	-	-	1,229	913
Merchandise	2,471	-	-	2,471	6,232
Purchasing of annual passes for families	26,807	-	-	26,807	18,239
Website and media	-	-	-	-	5,304
Building & office construction	-	-	-	-	309
Bank charges	93	-	-	93	108
Sub total	30,600	-	-	30,600	31,105
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	30,600	-	-	30,600	31,105
Net of receipts/(payments)	- 14,285	-	-	- 14,285	- 13,383
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	23,072	-	-	23,072	36,455
Cash funds this year end	8,787	-	-	8,787	23,072

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment to nearest
B1 Cash funds				
		8,787	-	-
		-	-	-
		-	-	-
	Total cash funds	8,787	-	-
	payments account(s))	OK	OK	OK

		Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment to nearest
	Details			
B2 Other monetary assets		-	-	-

		Fund to which asset belongs	Cost (optional)	Current value
	Details			
B3 Investment assets			-	-

		Fund to which asset belongs	Cost (optional)	Current value
	Details			
B4 Assets retained for the charity's own use			-	-

		Fund to which liability	Amount due (optional)	When due (optional)
	Details			
B5 Liabilities			-	

Signature	Print Name	Date of approval
Tony Palmer	Tony Palmer	#####
Ruth Palmer	Ruth Palmer	#####