

THE COURAGE FOUNDATION UK

England & Wales · Charity number 1166093

Details

Status Registered

Legal form CIO

Registered 2016-03-16

Register [View on the Charity Commission register](#)

Contact

Address 2 Bursledon Road
Southampton
SO19 7LW

Phone 07590111838

Email thecouragefoundationuk@gmail.com

Website www.thecouragefoundation.uk

Activities

Objects: THE OBJECT OF THE CIO IS FOR THE PUBLIC BENEFIT TO RELIEVE THE MENTAL AND PHYSICAL SICKNESS AND DISTRESS OF CHILDREN AND FAMILIES SUFFERING FROM BEREAVEMENT LIVING IN ENGLAND BY PROVIDING SUCH SUPPORT AS THE TRUSTEES DEEM APPROPRIATE FOR SUCH PERSONS IN PARTICULAR (BUT NOT EXCLUSIVELY) THROUGH THE PROVISION OF FAMILY DAYS OUT AT THEME PARKS.

Activities: Supporting bereaved children and their families through the provision of days out and annual passes.

Classification

- **How:** Other Charitable Activities
- **What:** General Charitable Purposes, The Advancement Of Health Or Saving Of Lives, Recreation, Other Charitable Purposes
- **Who:** Children/young People, Other Defined Groups

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£6,341	£5,305	-	-
2023-12-31	£23,033	£22,007	-	-
2022-12-31	£16,314	£30,600	-	-
2021-12-31	£17,722	£31,105	-	-
2020-12-31	£34,356	£22,851	-	-

Trustees

Name	Role	Appointed
RUTH PALMER	Chair	2015-12-01
Bethany Vargeson		2015-12-01
CLAIRE WHITE		2015-12-01
ELLEN VARGESON		2015-12-01
JOHN WHITE		2015-12-01
MARK VARGESON		2015-12-01
MATTHEW LONG		2015-12-01
REBEKAH LONG		2015-12-01
Rev Antony PALMER		2015-12-01
SIMON VARGESON		2015-12-01

THE COURAGE FOUNDATION UK

England & Wales - Charity number 1166093

Accounts

Trustees' Annual Report for the period							
From	Period start date			To	Period end date		
	01	01	2024		31	12	2024

Section A Reference and administration details

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

2 Bursledon Road	
Southampton	
Postcode	SO19 7LW

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Ruth Palmer	Chair		
2	Tony Palmer	Treasurer		
3	Simon Vargeson			
4	Ellen Vargeson			
5	Mark Vargeson			
6	Bethany Vargeson			
7	Matthew Long			
8	Rebekah Long			
9	John White			
10	Claire White			

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	CIO
Trustee selection methods (eg. appointed by, elected by)	Appointed by trustees

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The object of the CIO is for the public benefit to relieve the mental and physical sickness and distress of children and families suffering from bereavement living in England by providing such support as the trustees deem appropriate for such persons in particular (but not exclusively) through the provision of family days out at theme parks.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

What

- GENERAL CHARITABLE PURPOSES
- THE ADVANCEMENT OF HEALTH OR SAVING OF LIVES
- RECREATION
- OTHER CHARITABLE PURPOSES

Who

- CHILDREN / YOUNG PEOPLE
- OTHER DEFINED GROUPS

How

- OTHER CHARITABLE ACTIVITIES

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

This year the charity has spent considerable time seeking to explore additional revenue streams – grant applications, fund raising events and general raising awareness of the charity with local(ish) businesses.

We have continued to support many families with annual passes and days out.

Section E

Financial review

Brief statement of the charity's policy on reserves

As yet the charity has not had need to put together such a policy.

Section F Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

RUTH PALMER

TONY PALMER

Full name(s)

Ruth Palmer

Tony Palmer

Position (eg Secretary, Chair, etc)

Chair

Treasurer

Date

28/10/24



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name
The Courage Foundation UK

No (if any)
1166093

CC16a

Receipts and payments accounts

For the period from	Period start date 01/01/2024	To	Period end date 31/12/2024
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	4 554	-	-	4 554	18 806
Income from merchandise	1 769	-	-	1 769	4 203
Building gifts	-	-	-	-	-
Interest	18	-	-	18	24
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	6 341	-	-	6 341	23 033
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	6 341	-	-	6 341	23 033
A3 Payments					
Cost of fundraising activities	691	-	-	691	1 008
Merchandise	2 540	-	-	2 540	1 625
Purchasing of annual passes for families	2 014	-	-	2 014	19 308
Website and media	-	-	-	-	-
Building & office construction	-	-	-	-	-
Bank charges	60	-	-	60	66
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	5 305	-	-	5 305	22 007
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	5 305	-	-	5 305	22 007
Net of receipts/(payments)	1 036	-	-	1 036	1 026
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	9 813	-	-	9 813	9 813
Cash funds this year end	10 849	-	-	10 849	

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		10 849	-	-
		-	-	-
		-	-	-
	Total cash funds	10 849	-	-
	(agree balances with receipts and payments account(s))	OK	OK	OK
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	
			-	
			-	
			-	
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval	
	TONY PALMER RUTH PALMER	TONY PALMER RUTH PALMER	28/10/2025 28/10/2025	

THE COURAGE FOUNDATION UK

England & Wales - Charity number 1166093

Accounts

Trustees' Annual Report for the period							
From	Period start date			To	Period end date		
	01	01	2023		31	12	2023

Section A Reference and administration details

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

2 Bursledon Road	
Southampton	
Postcode	SO19 7LW

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Ruth Palmer	Chair		
2	Tony Palmer	Treasurer		
3	Simon Vargeson			
4	Ellen Vargeson			
5	Mark Vargeson			
6	Bethany Vargeson			
7	Matthew Long			
8	Rebekah Long			
9	John White			
10	Claire White			

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	CIO
Trustee selection methods (eg. appointed by, elected by)	Appointed by trustees

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The object of the CIO is for the public benefit to relieve the mental and physical sickness and distress of children and families suffering from bereavement living in England by providing such support as the trustees deem appropriate for such persons in particular (but not exclusively) through the provision of family days out at theme parks.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

What

- GENERAL CHARITABLE PURPOSES
- THE ADVANCEMENT OF HEALTH OR SAVING OF LIVES
- RECREATION
- OTHER CHARITABLE PURPOSES

Who

- CHILDREN / YOUNG PEOPLE
- OTHER DEFINED GROUPS

How

- OTHER CHARITABLE ACTIVITIES

Section D Achievements and performance

Summary of the main achievements of the charity during the year

This year the charity has spent considerable time seeking to explore additional revenue streams – grant applications, fund raising events and general raising awareness of the charity with local(ish) businesses.

We have continued to support many families with annual passes and days out, clearing much of the application backlog caused by Covid.

We are excited to see how things develop further in the future and being able to re-open the application process.

Section E Financial review

Brief statement of the charity’s policy on reserves

As yet the charity has not had need to put together such a policy.

Section F Declaration

The trustees declare that they have approved the trustees’ report above.

Signed on behalf of the charity’s trustees

Signature(s)	RUTH PALMER	TONY PALMER
Full name(s)	Ruth Palmer	Tony Palmer
Position (eg Secretary, Chair, etc)	Chair	Treasurer
Date	27/10/23	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name The Courage Foundation UK	No (if any) 1166093
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CC16a

Receipts and payments accounts

For the period from	Period start date 01/01/2023	To	Period end date 31/12/2023
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
Donations	18,806	-	-	18,806	12,529
Income from merchandise	4,203	-	-	4,203	3,780
Building gifts	-	-	-	-	-
Interest	24	-	-	24	6
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total (Gross income for AR)	23,033	-	-	23,033	16,315
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	23,033	-	-	23,033	16,315
A3 Payments					
Cost of fundraising activities	1,008	-	-	1,008	1,229
Merchandise	1,625	-	-	1,625	2,471
Purchasing of annual passes for families	19,308	-	-	19,308	26,807
Website and media	-	-	-	-	-
Building & office construction	-	-	-	-	-
Bank charges	66	-	-	66	93
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	22,008	-	-	22,008	30,600
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	22,008	-	-	22,008	30,600
Net of receipts/(payments)	1,026	-	-	1,026	- 14,285
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	8,787	-	-	8,787	23,072
Cash funds this year end	9,813	-	-	9,813	8,787

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds		8,787	-	-
		-	-	-
		-	-	-
	Total cash funds	8,787	-	-
	(agree balances with receipts and payments account(s))	Agreement Error	OK	OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B2 Other monetary assets		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B3 Investment assets			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
B4 Assets retained for the charity's own use			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
B5 Liabilities			-	
			-	
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees	Signature	Print Name	Date of approval
	TONY PALMER	TONY PALMER	27/10/2024
	RUTH PALMER	RUTH PALMER	27/10/2024

THE COURAGE FOUNDATION UK

England & Wales - Charity number 1166093

Accounts

Trustees' Annual Report for the period						
From	Period start date			To	Period end date	
	01	01	2022		31	12

Section A Reference and administration details

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

2 Bursledon Road	
Southampton	
Postcode	SO19 7LW

Names of the charity trustees who manage the charity

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2	Tony Palmer	Treasurer		
3	Simon Vargeson			
4	Ellen Vargeson			
5	Mark Vargeson			
6	Bethany Vargeson			
7	Matthew Long			
8	Rebekah Long			
9	John White			
10	Claire White			

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document <small>(eg. trust deed, constitution)</small>	Constitution
How the charity is constituted <small>(eg. trust, association, company)</small>	CIO
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Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

The object of the CIO is for the public benefit to relieve the mental and physical sickness and distress of children and families suffering from bereavement living in England by providing such support as the trustees deem appropriate for such persons in particular (but not exclusively) through the provision of family days out at theme parks.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

What

- GENERAL CHARITABLE PURPOSES
- THE ADVANCEMENT OF HEALTH OR SAVING OF LIVES
- RECREATION
- OTHER CHARITABLE PURPOSES

Who

- CHILDREN / YOUNG PEOPLE
- OTHER DEFINED GROUPS

How

- OTHER CHARITABLE ACTIVITIES

Section D Achievements and performance

Summary of the main achievements of the charity during the year

This year the charity has spent considerable time seeking to explore additional revenue streams – grant applications, fund raising events and general raising awareness of the charity with local(ish) businesses.

We have continued to support many families with annual passes and days out, clearing much of the application backlog caused by Covid.

We are excited to see how things develop further in the future and being able to re-open the application process.

Section E Financial review

Brief statement of the charity’s policy on reserves

As yet the charity has not had need to put together such a policy.

Section F Declaration

The trustees declare that they have approved the trustees’ report above.

Signed on behalf of the charity’s trustees

Signature(s)	RUTH PALMER	TONY PALMER
Full name(s)	Ruth Palmer	Tony Palmer
Position (eg Secretary, Chair, etc)	Chair	Treasurer
Date	31/10/22	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Charity Name The Courage Foundation UK	No (if any) 1166093
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CC16
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Receipts and payments accounts

For the period from	Period start 01/01/2022	To	Period end 31/12/2022
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Section A Receipts and payments

	Unrestricted funds	Restricted funds	Endowment funds	Total funds	Last year
A1 Receipts					
Donations	12,529	-	-	12,529	10,623
Income from merchandise	3,780	-	-	3,780	7,099
Building gifts	-	-	-	-	-
Interest	6	-	-	6	-
Sub total (Gross income for AR)	16,314	-	-	16,314	17,722
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Total receipts	16,314	-	-	16,314	17,722
A3 Payments					
Cost of fundraising activities	1,229	-	-	1,229	913
Merchandise	2,471	-	-	2,471	6,232
Purchasing of annual passes for families	26,807	-	-	26,807	18,239
Website and media	-	-	-	-	5,304
Building & office construction	-	-	-	-	309
Bank charges	93	-	-	93	108
Sub total	30,600	-	-	30,600	31,105
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	30,600	-	-	30,600	31,105
Net of receipts/(payments)	- 14,285	-	-	- 14,285	- 13,383
A5 Transfers between funds	-	-	-	-	-
A6 Cash funds last year end	23,072	-	-	23,072	36,455
Cash funds this year end	8,787	-	-	8,787	23,072

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment to nearest
B1 Cash funds		8,787	-	-
		-	-	-
		-	-	-
	Total cash funds	8,787	-	-
	payments account(s)	OK	OK	OK

	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment to nearest
B2 Other monetary assets		-	-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value
B3 Investment assets			-	-

	Details	Fund to which asset belongs	Cost (optional)	Current value
B4 Assets retained for the charity's own use			-	-

	Details	Fund to which liability	Amount due (optional)	When due (optional)
B5 Liabilities			-	

Signature	Print Name	Date of approval
Tony Palmer	Tony Palmer	#####
Ruth Palmer	Ruth Palmer	#####

THE COURAGE FOUNDATION UK

England & Wales - Charity number 1166093

Accounts

Trustees' Annual Report for the period							
From	Period start date			T o	Period end date		
	1	01	2021		31	12	2021

Section A Reference and administration details

Charity name

Other names charity is known by

Registered charity number (if any)

Charity's principal address

2 Bursledon Road	
Southampton	
Postcode	SO19 7LW

Names of the charity trustees who manage the charity

Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1 Ruth Palmer	Chair		
2 Tony Palmer	Secretary		
3 Simon Vargeson			
4 Ellen Vargeson			
5 Mark Vargeson			
6 Bethany Vargeson			
7 Matthew Long			
8 Rebekah Long			
9 John White			
10 Claire White			
11			
12			
13			
14			
15			
16			
17			
18			

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	CIO
Trustee selection methods (eg. appointed by, elected by)	Appointed by trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Summary of the objects of the charity set out in its governing document

The object of the CIO is for the public benefit to relieve the mental and physical sickness and distress of children and families suffering from bereavement living in England by providing such support as the trustees deem appropriate for such persons in particular (but not exclusively) through the provision of family days out at theme parks.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

What

- GENERAL CHARITABLE PURPOSES
- THE ADVANCEMENT OF HEALTH OR SAVING OF LIVES
- RECREATION
- OTHER CHARITABLE PURPOSES

Who

- CHILDREN / YOUNG PEOPLE
- OTHER DEFINED GROUPS

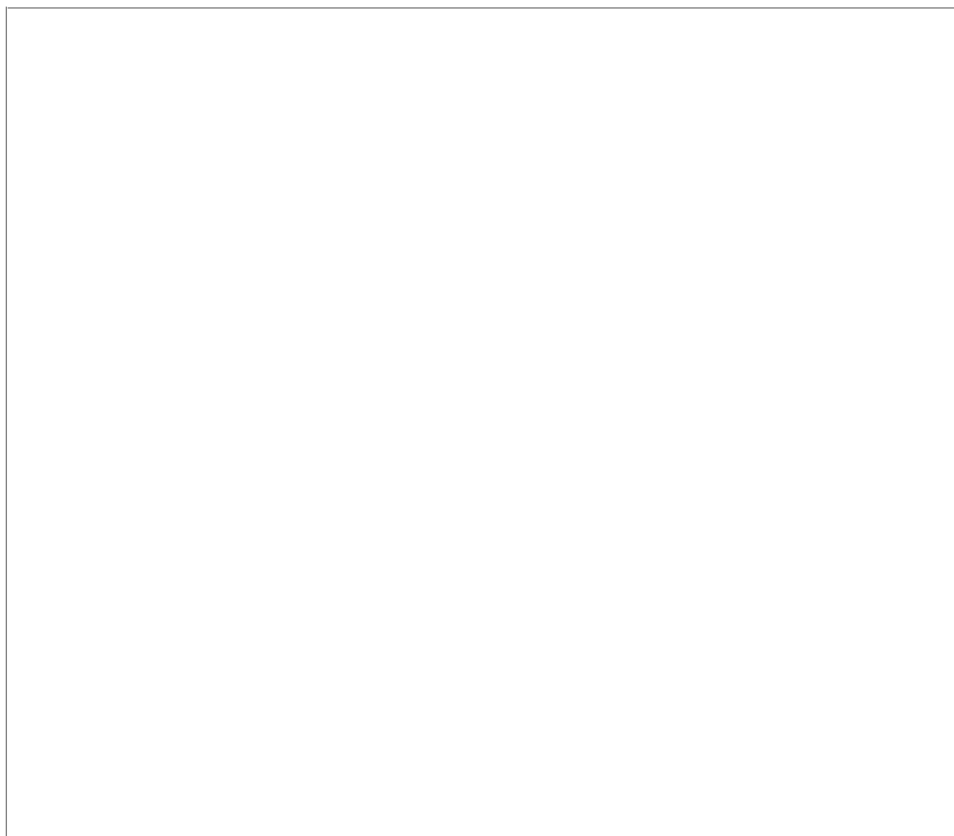
How

- OTHER CHARITABLE ACTIVITIES

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.



Section D

Achievements and performance

Summary of the main achievements of the charity during the year

The main achievements of this financial year were to increase awareness of the charity through social media, media interviews and large fundraising campaigns. We also managed to navigate the pandemic seeking to secure funding streams and keep communications open with our beneficiaries.

The final part of the year, post-Covid 19, was very busy with purchasing days out and processing applications.

We continue to be staggered by both the demand for the work of the charity and the sheer generosity of so many to enable this work to happen - be that financial support or blood, sweat and tears undertaking huge physical challenges.

Section E

Financial review

Brief statement of the charity's policy on reserves

As yet the charity has not had need to put together such a policy.

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s) RUTH PALMER

TONY PALMER

Full name(s) Ruth Palmer

Tony Palmer

Position (eg Secretary, Chair, etc)

Chair

Secretary

Date 31/10/22



Receipts and payments account

For the period from	Period start date 01/01/2021	To
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £
A1 Receipts			
Donations	10,623	-	-
Income from merchandise	7,099	-	-
Building gifts	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
Sub total (Gross income for AR)	17,722	-	-
A2 Asset and investment sales, (see table).			
	-	-	-
	-	-	-
Sub total	-	-	-
Total receipts	17,722	-	-
A3 Payments			
Cost of fundraising activities	913	-	-
Merchandise	6,232	-	-
Purchasing of annual passes for families	18,239	-	-
Website and media	5,304	-	-
Building & office construction	309	-	-
Bank charges	108	-	-
	-	-	-
	-	-	-
	-	-	-
Sub total	31,105	-	-
A4 Asset and investment purchases, (see table)			
	-	-	-
	-	-	-
Sub total	-	-	-
Total payments	31,105	-	-
Net of receipts/(payments)	- 13,383	-	-

A5 Transfers between funds	-	-	-
A6 Cash funds last year end	36,455	-	-
<i>Cash funds this year end</i>	23,072	-	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £
B1 Cash funds		23,072
		-
		-
	Total cash funds	23,072

(agree balances with receipts and payments account(s))

OK

Categories	Details	Unrestricted funds to nearest £
B2 Other monetary assets		-
		-
		-
		-
		-
		-

Categories	Details	Fund to which asset belongs
B3 Investment assets		

Categories	Details	Fund to which asset belongs
B4 Assets retained for the charity's own use		

Categories	Details	Fund to which liability relates
B5 Liabilities		
	CCXX R3 accounts (SS)	31/10/2022

Signed by one or two trustees on behalf of all the trustees

Signature

Print N

o (if any)
166093

units

Period end date
31/12/2021

CC16a



Total funds

Last year

to the nearest £

to the nearest £

10,623	20,247
7,099	5,109
-	9,000
-	-
-	-
-	-
-	-
-	-
-	-
17,722	34,356

-	
-	-
-	-

17,722	34,356
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913	1,642
6,232	5,913
18,239	5,023
5,304	
309	10,113
108	160
-	
-	-
-	-
-	-
31,105	22,851

-	
-	
-	-

31,105	22,851
--------	--------

-	13,383	11,505
---	--------	--------

-	-
36,455	24,950
23,072	36,455

Restricted funds

Endowment funds

to nearest £

to nearest £

-
-
-
-

-
-
-
-

OK

OK

Restricted funds

Endowment funds

to nearest £

to nearest £

-
-
-
-
-
-

-
-
-
-
-
-

Cost (optional)

Current value (optional)

-
-
-
-
-

-
-
-
-
-

Cost (optional)

Current value (optional)

-
-
-
-
-
-
-
-
-

-
-
-
-
-
-
-
-
-

Amount due (optional)

When due (optional)

-
-

-	
-	
-	

ame	Date of approval

THE COURAGE FOUNDATION UK

England & Wales - Charity number 1166093

Accounts

Trustees' Annual Report for the period

From	Period start date			T o	Period end date		
	1	01	2020		31	12	2020

Section A Reference and administration details

Charity name

The Courage Foundation UK

Other names charity is known by

Registered charity number (if any)

1166093

Charity's principal address

2 Bursledon Road

Southampton

Postcode

SO19 7LW

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Ruth Palmer	Chair		
2	Tony Palmer	Secretary		
3	Simon Vargeson			
4	Ellen Vargeson			
5	Mark Vargeson			
6	Bethany Vargeson			
7	Matthew Long			
8	Rebekah Long			
9	John White			
10	Claire White			
11				
12				
13				
14				
15				
16				
17				
18				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

--

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	Constitution
How the charity is constituted (eg. trust, association, company)	CIO
Trustee selection methods (eg. appointed by, elected by)	Appointed by trustees

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

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Summary of the objects of the charity set out in its governing document

The object of the CIO is for the public benefit to relieve the mental and physical sickness and distress of children and families suffering from bereavement living in England by providing such support as the trustees deem appropriate for such persons in particular (but not exclusively) through the provision of family days out at theme parks.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

What

- GENERAL CHARITABLE PURPOSES
- THE ADVANCEMENT OF HEALTH OR SAVING OF LIVES
- RECREATION
- OTHER CHARITABLE PURPOSES

Who

- CHILDREN / YOUNG PEOPLE
- OTHER DEFINED GROUPS

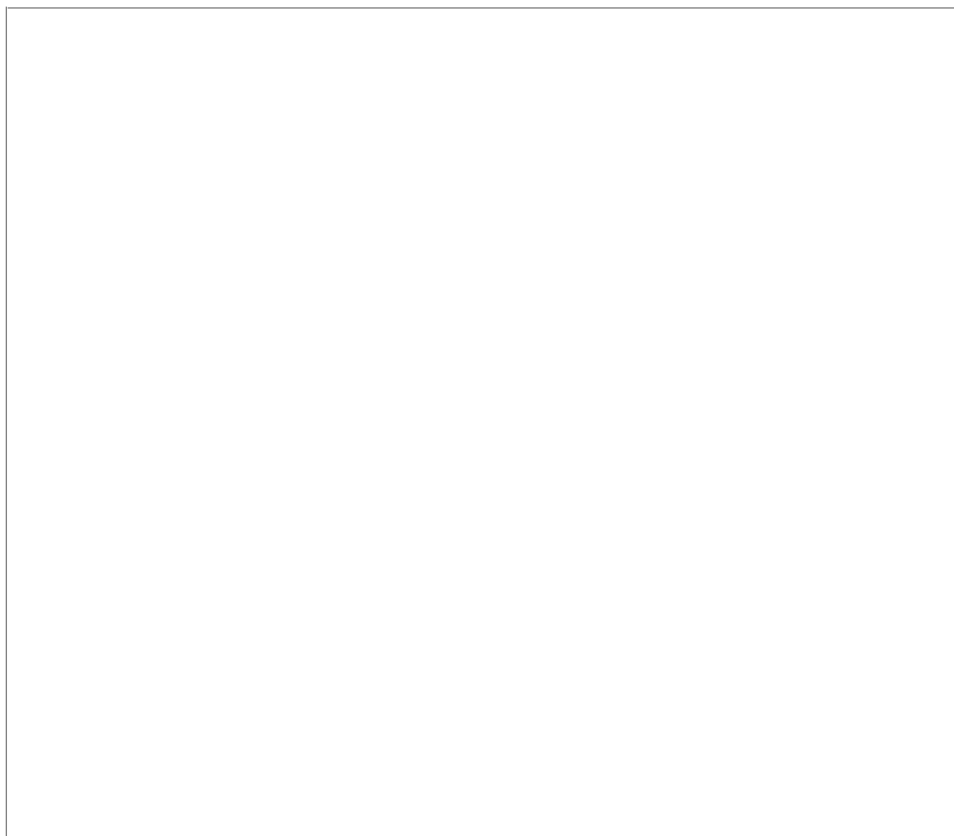
How

- OTHER CHARITABLE ACTIVITIES

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.



Section D

Achievements and performance

Summary of the main achievements of the charity during the year

The main achievements of this financial year were to increase awareness of the charity through social media, media interviews and large fundraising campaigns. We also managed to navigate the pandemic seeking to secure funding streams and keep communications open with our beneficiaries.

The early part of the year, pre-Covid 19, was very busy with purchasing annual passes and processing applications. This stopped once the country went into lockdown and the theme parks closed for the purchase of new annual passes.

During this year we were able through incredible generosity to build an outdoor office for the Courage Foundation UK to be based from. This has meant that we can now look to recruit more volunteers and dedicate more space to the growth and development of the charity.

We continue to be staggered by both the demand for the work of the charity and the sheer generosity of so many to enable this work to happen - be that financial support or blood, sweat and tears undertaking huge physical challenges.

Section E

Financial review

Brief statement of the charity's policy on reserves

As yet the charity has not had need to put together such a policy.

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s) RUTH PALMER

TONY PALMER

Full name(s) Ruth Palmer

Tony Palmer

Position (eg Secretary, Chair, etc)

Chair

Secretary

Date 31/10/21



Receipts and payments account

For the period from	Period start date 01/01/2020	To
------------------------	---------------------------------	----

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £
A1 Receipts			
Donations	20,247	-	-
Income from merchandise	5,109	-	-
Building gifts	9,000	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
Sub total (Gross income for AR)	34,356	-	-
A2 Asset and investment sales, (see table).			
	-	-	-
	-	-	-
Sub total	-	-	-
Total receipts	34,356	-	-
A3 Payments			
Cost of fundraising activities	1,642	-	-
Merchandise	5,913	-	-
Purchasing of annual passes for families	5,023	-	-
Building & office construction	10,113	-	-
Bank charges	160	-	-
	-	-	-
	-	-	-
	-	-	-
Sub total	22,852	-	-
A4 Asset and investment purchases, (see table)			
	-	-	-
	-	-	-
Sub total	-	-	-
Total payments	22,852	-	-
Net of receipts/(payments)	11,504	-	-
A5 Transfers between funds	1	-	01/11/2021

A6 Cash funds last year end	24,951	-	-
<i>Cash funds this year end</i>	36,455	-	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £
B1 Cash funds		36,455
		-
		-
	Total cash funds	36,455

(agree balances with receipts and payments account(s))

OK

Categories	Details	Unrestricted funds to nearest £
B2 Other monetary assets		-
		-
		-
		-
		-
		-

Categories	Details	Fund to which asset belongs
B3 Investment assets		

Categories	Details	Fund to which asset belongs
B4 Assets retained for the charity's own use		

Categories	Details	Fund to which liability relates
B5 Liabilities		
	CCXX R3 accounts (SS)	01/11/2021

Signed by one or two trustees on behalf of all the trustees

Signature

Print N

o (if any)
166093

units

Period end date
31/12/2020

CC16a



Total funds

Last year

to the nearest £

to the nearest £

20,247	25,517
5,109	16,957
9,000	-
-	-
-	-
-	-
-	-
-	-
-	-
34,356	42,474

-	
-	-
-	-

34,356	42,474
--------	--------

1,642	334
5,913	10,675
5,023	19,692
10,113	66
160	-
-	-
-	-
-	-
-	-
22,852	30,767

-	
-	
-	-

22,852	30,767
--------	--------

11,504	11,707
-	-

24,951	13,243
36,455	24,950

Restricted funds	Endowment funds
to nearest £	to nearest £
-	-
-	-
-	-
-	-
OK	OK

Restricted funds	Endowment funds
to nearest £	to nearest £
-	-
-	-
-	-
-	-
-	-
-	-

Cost (optional)	Current value (optional)
-	-
-	-
-	-
-	-
-	-

Cost (optional)	Current value (optional)
-	-
-	-
-	-
-	-
-	-
-	-
-	-
-	-

Amount due (optional)	When due (optional)
-	
-	

-	
-	
-	

ame	Date of approval