



DAISY PROGRAMME

Trustees' Annual Report 2021-22

Daisy Programme

**Trustees' Annual Report and Financial Statements for the period
1 April 2021 to 31 March 2022**

"The support that I have received from Daisy Programme has been life changing - I have found my confidence and can deal with things more than when I first accessed the service. I have felt listened too, not judged and believed in my experiences. I have also accessed support from the Rowan Project which has also helped me on my recovery journey." Daisy & Rowan Project Client

July 2022

Unit 1, Ventura House, Norwich Road, Watton, IP25 6JU

Daisy Programme is a Charitable Incorporated Organisation governed by a CIO Foundation Constitution and overseen by a Board of Trustees

Registered Charity Number 1166033

Executive Summary

Covid19 continued to feature in this financial year with further lockdowns and challenges. As always, the team at Daisy rose to the challenge and continued to provide client support and training online, and to work towards our organisations' mission to empower people who have experienced abuse to recover, build resilience and live positive, healthy, and productive lives.

Evening training courses have become a great success in this reporting period. This has enabled many of our clients, often single parents to spend some time in adult company during the long evenings and hybrid working for Daisy is very much still on the agenda.

Daisy Programme has continued to grow during the last year, taking on four new staff members, and for the first time since inception began, to work to support children impacted by domestic abuse. We also secured funding to bring in a case worker specifically to work with vulnerable and older adults impacted by domestic abuse. The Rowan Project, a pilot funded by the Office of the Police & Crime Commissioner, Norfolk, supported 65 clients impacted by sexual abuse during this time. At the end of the year, we became partners in a new countywide service, NIDAS (Norfolk Integrated Domestic Abuse Service) for high and medium risk clients of domestic abuse and our first NIDAS IDVA began working with us.

The Daisy staff and volunteers once again stepped up to provide ongoing support to those most in need in the local community, building networks and connections with schools in Breckland to further impact our reach into the young people in our society all too often traumatised by witnessing abuse in the family home or by separated parents.



Objectives

Daisy Programmes objectives are to relieve the needs and provide support for people living in Norfolk who have suffered or are exposed to domestic and sexual abuse by supporting their emotional, physical and mental health.

We will achieve this by:

- ✓ Supporting people to develop confidence and belief in their ability to create a new future (Jointly agreed support planning, practical support, caseworker support, phone support, emotional support).
- ✓ Enabling people to move on from their past with better well-being and new ways of thinking and behaving (Therapeutic interventions such as counselling).
- ✓ Helping people to value themselves by understanding abuse and their experiences and have pride in their progress and achievements (Freedom Programme, Raising Children course, Rock Pool Recovery Toolkit).
- ✓ Creating support networks and a sense of belonging (Peer support groups, parenting support groups).
- ✓ Giving people tools to reduce stress, build skills and release trauma held in the body through creative and mindful activities (Art and Support Group, Choir, Mindfulness, Yoga, Therapeutic Writing).
- ✓ Empowering survivors to achieve a sense of purpose and potential (Volunteering, Peer Mentoring).

Statutory Declaration on Public Benefit

The Trustees declare that they have complied with their duty to have due regard to the guidance on public benefit published by the Charity Commission in exercising their powers or duties.



Activities, Achievements & Performance

Overview

During the year we have successfully established three new services, Fantastic Families, a Vulnerable Adults IDVA service and NIDAS, as well as completing a full year of The Rowan Project service for survivors of sexual abuse. These services have all received more referrals and supported more clients than we anticipated. Details of each of these projects is given below.

We were also part of a new partnership commissioned to provide a countywide service to high and medium risk victims of domestic abuse. We have one new member of staff working on this service and are actively recruiting another three.

These new services have led to an increase in staff and in the income of the Charity. As we have grown, we have implemented further structural changes to support our service delivery and to ensure that we are fully compliant with Charity Commission guidance.

Our evaluations show the differences we make to people's lives, and we can evidence our impact by the data we collect. However, it is the individual feedback provided by our clients, such as those that we have reproduced throughout this report, that provide a powerful testimony that we are effective in all we have achieved during the past year.

"Since January I walked away for good, got kids in to school (were home educated by abuser) stopped sleeping with a rolling pin and started to sleep!! Had weekly therapy, controlled panic attacks with hypnosis techniques, moved to a new house, imagined a better life, and believed I deserve it.... When I look at what I've done it feels huge.... most importantly I have given my kids a shot at 'normal'

Activities

There have been many new and exciting changes for the Daisy Programme during the past year.

We have extended our Community Hub in Watton by moving into the adjoining unit allowing for more counselling rooms and office space. Towards the end of this reporting year, we have been happy to see a return to clients at our hub. Our Art and Support group now meet every Thursday and face to face meetings with our clients have resumed. Our choir group also resumed their meets by getting together outside in the fresh air at our hub in Watton and later having some meetings at Dereham Town Football Club.

In the past year Daisy have received a total of 440 new referrals for service, this is a 71% increase on the previous year with the previous year receiving 258 referrals.

Daisy Programme welcomed four new members of staff – two to work in our new Fantastic Families service, one as a new counsellor for The Rowan Project and one as an IDVA in the NIDAS service. Daisy also welcomed two new placement volunteer counsellors to assist us with the counselling service for our Daisy clients.

We were thrilled to start our new Fantastic Families service in June 2021. Children are often the forgotten victims of domestic abuse, but the impact of living with abuse can have far reaching consequences that continue long into later life. Our experienced and highly skilled professionals support children individually and in small groups. The trauma of children's experiences of abuse can manifest in challenging behaviour, low self-esteem, relationship difficulties, feelings of self-blame, self-harming and eating disorders. Increasingly the service is working with children who are part of families receiving support from Children's Services, either at Family Practitioner or Social Work level or subject to an EHAP (Early Help Assessment & Plan).

We offer support to children and young people whether the abuse is current or historic and whether they have experienced it within their home or their own relationships. In the last nine months, we have supported over 100 children through direct one to one support and eleven group sessions delivered during school holidays for non-abusive parents and their children. Each child has a trauma-informed personal assessment which places their voice at its heart. Unlike other Children and Young People support services which require a child to fit a pre-determined support programme with a set number of sessions, individual support plans are created which are based on each child's situation, their need and developmental level. Interventions use evidence-based practices and tools which focus on emotional regulation, self-worth, relationships with others and making better choices. They include a range of creative activities and tools, and some story books to re-enforce coping skills and recovery from trauma. The length of support varies according to the trauma suffered and its impact.

"Thank you so much for all the work you have done with him. He loved seeing you each week, especially with the juggling! You have been a great support to him 😊" Necton VA Primary School

We offer support to parents as parenting can be difficult and challenging at the best of times, but for those who live with or are trying to escape domestic abuse, there can be huge additional difficulties. Confidence in their parenting skills and authority as parents may have been severely undermined, either indirectly or directly as part of the abuse, yet children who have experienced the trauma of domestic abuse need confident, positive support from their non-abusive parents and a strong relationship with them.

During the year, we started delivery of Raising Children (developed by Sharing Parenting). This is a ten-week accredited, evidence-based course which provides high quality parenting information and support delivered by accredited facilitators. The aim of the course is to give parents who have suffered domestic abuse the confidence, skills, and knowledge to develop positive strategies and to enable them to raise healthy, happy children living in families free from abuse.

"It has been fantastic doing the fantastic parenting course it really has made me feel I can be a great parent and allow me to understand my children's needs and moods more. In respecting what I need to say and put my boundaries in place" Raising Children Attendee

Psycho-educational courses

Daisy continued to deliver vital and life changing courses to our clients. This past year we have delivered three Freedom Programme courses, two Raising Children courses and we have delivered our first Rock Pool Recovery Toolkit course which is brand new to Daisy.

We have delivered a further "Yoga for Recovery Programme" in February 2022 for 10 weeks which can aid in the improvement of breathing, control over thoughts, ability to become calm, sleep, flexibility, posture and lowered stress and anxiety levels. The course like last years was a success.

We were pleased to offer a further therapeutic writing group in this reporting year. Here is some feedback from course participants:

A word cloud containing various phrases from course participants. The words are arranged in a roughly rectangular shape, with 'people' and 'home' being the largest and most central words. Other prominent words include 'family commitments', 'new people', 'times of Covid', 'zoom facility', 'comfort of my home', 'real connection', 'opportunity', 'Great to do on zoom', 'able', 'subject with ease writing course', 'minded folk participate virtually', 'good way', 'course', 'zoom', 'strange times', 'contact with people', and 'family commitments'.

Vulnerable Adults IDVA

Our Vulnerable Adults IDVA uses the Department of Health definition of a vulnerable adult as a person aged 18 or over who may need community care services because of a disability (mental or other), age, or illness.

They act as a primary point of contact, from immediate crisis, by assessing risk, identifying suitable options, and developing safety and support plans using a person-centred approach. They will advocate for the victim at MARACs and through criminal and civil courts processes, housing options and services available from other organisations. This can include bringing together any professionals who are supporting the client and family, to enable proportionate information sharing in order to understand the wider picture of what is happening.

Our Vulnerable Adults IDVA will also support the victim in longer term recovery by helping them to access therapeutic interventions, peer support and creative and social activities.

The cases they often work with are complex and can have multiple layers, this takes time and trust in building a rapport with the client to enable our Vulnerable Adults IDVA to elicit as much information and evidence as possible in order to help them on their journey of recovery from trauma.

The majority of the time supporting clients is advocating for them, being their voice but also empowering them to be able to make informed choices and building their foundations using Maslow's Hierarchy of Needs for their recovery journey.

We understand that if they have had trauma/adverse childhood experiences it can take a long time to recover, and the impact can become embedded deep within. By being trauma informed, we are aware of this and how our client's present and behave may be a reflection of their experiences.

"The initial meeting where you believed me and took the time to listen to me was invaluable, it has left me with a feeling of comfort from the support I have had. It's like someone holding my hand on my journey. The consistency of having regular calls and knowing that there is someone there who gets it. Five stars to Daisy Programme and their staff. Attending the Freedom Programme has been good as it has made me more aware of the abuse I received and having other people who have been through similar things is comforting and reassuring in sharing their experiences in a safe place. Hearing the progress of one of the volunteers on the course who had been where I am currently to seeing her now delivering the course is inspiring. If she can do that then why can't I."

Daisy in the Community

Our Daisy Early Help and Community Lead have been integral in developing relationships with our partners and other agencies in the Breckland area by promoting the work of the Daisy Programme within our community.

They are maintaining and improving Daisy's working relationship with Breckland District Council by attending bi-monthly meetings with the council management and community team. This allows the council to keep up to date with the support that Daisy can offer to the residents of the Breckland area.

The Community Lead attends weekly Breckland Early Help Collaboration meetings. These meetings involve our partner agencies which include local charities, the Police, Adult and Children's services, the Harbour Centre, and local schools to name but a few. Daisy's role within our community is again promoted through these meetings and are an integral way to get the right support and help to domestic abuse survivors in the Breckland area.

On 25th November 2021 Breckland council held an all-day event for White Ribbon Day. Our Community Lead and three of our Daisy Ambassadors attended the event. The day was a great success and provided our team with a fantastic opportunity to speak with the local councillors about the work that Daisy is currently undertaking supporting and empowering our clients within the Breckland area.

Daisy's Community Lead has delivered domestic abuse awareness sessions for the staff at Breckland Council, staff at Watton GP practice and attended HMP Norwich on 8th March for International Women's Day. They promoted NIDAS (Norfolk Independent Domestic Abuse Service), Daisy and The Rowan Project to help highlight the work that Daisy is doing in the community and raise domestic and sexual abuse awareness.

One of the Community Leads most positive achievements this past year was to develop a Healthy Relationships power point presentation aimed at the younger generation. This presentation was developed with the help of one of our Daisy Ambassadors. The team delivered this to Dereham Town Football Academy students who are aged 15-17 years old. This was received better than expected with lots of enthusiasm, engagement, and participation from the attendees.

Daisy received extremely positive feedback from the football academy regarding this presentation and aim to continue to help educate and raise awareness of domestic and sexual abuse to our younger generation in the future.



“Just to let you know that your team were brilliant with the boys on Monday. The session was well thought through with all the boys fully engaged and sharing their views. This is something that should be rolled out in schools, and I think the football association would be keen to get involved. The structure of the lesson involving red and yellow cards to make it relevant to football really worked.”

Our Community Lead has some great future plans. These include but are not limited to; to trial a new Art and Support Group in Dereham and Thetford (as currently we only have these offered in Watton), a fundraiser is being planned at Dereham Town FC as they have kindly offered us their grounds for this over the summer months. The Community Lead will be attending a new community group in Thetford and will be continuing to create community links with key local organisations and promoting Daisy in our community.

The Rowan Project

The Daisy Programme continues to provide support to the survivors of sexual abuse through The Rowan Project. A two-year pilot funded by the Office of the Police & Crime Commissioner, Norfolk.

In the past year, The Rowan Project has received 103 referrals for the service, 53% of these have been self-referrals and 47% have been referrals received from professionals - with the Harbour Centre being our main professional referrer.



At this time, Rowan has 49 clients who have completed their counselling. 16 clients currently in counselling and 20 clients on the waiting list. The average wait time for counselling is approximately 3-4 months.

In June 2021, the Rowan team decided to start making check in calls to clients who were on the waiting list for counselling. It was recognised that the waiting list was growing, and we felt it would be beneficial for clients to receive a call from one of the counsellors. The counsellors routinely conduct check in calls every six weeks; however, we occasionally have made ad hoc calls when we have been made aware that a client is struggling.

The Rowan counsellors have created a 25-page "Guide to Counselling" booklet which is shared with clients on the waiting list. It has been created to offer support to those waiting for the service and gives guidance on their upcoming counselling and what to expect when their counselling sessions begin. We find this helps clients that are feeling nervous about starting counselling and is an aid to keep clients engaged with our service.

The total number of counselling sessions required by clients can vary depending on their individual needs. In the past year Rowan have had 31% of clients complete the full 18 weeks' worth of counselling sessions offered. Some clients, however, have needed more sessions, and in the past year there have been six clients who have completed additional sessions on top of the original 18 sessions offered.

At the end of October, Rowan started asking clients for their feedback on the service they had received and how they felt about the length and number of sessions Rowan offers.

- 100% of clients were happy with the number of sessions they received.
- 80% of clients said if we were to be offered extra sessions or any other type of support after their counselling, they would accept this.

In the client feedback survey, we ask how Rowan can improve the service we offer. There have been three primary areas that have been highlighted by clients which are:

1. Face to face counselling to be offered in other areas of the district e.g. Thetford or Dereham.
2. Waiting list time to be reduced.
3. Support groups for clients after counselling sessions have been completed.

The feedback forms have also given some wonderful feedback about The Rowan Project. Here are just a few recent comments:

"I was very traumatised and emotional when I began my sessions. I now feel much calmer and more able to accept the trauma as part of my past that cannot harm me anymore. My counsellor was very emphatic and supported me well. Keep up the good work and thank you for your service."
Rowan Client

"My counsellor was very supportive, understanding and helpful - I am very grateful to her and the project." Rowan Client

"Working with my counsellor has been life changing for me. I no longer have the overwhelming feelings of guilt and shame about the abuse I suffered. It has not been an easy journey and I have had many ups and downs but with Rowans support I had the courage to continue and now that my sessions are over, I feel so much stronger and positive about my life. Thank you for helping me."
Rowan Client

Our Daisy Ambassadors and Volunteers

We recognise the value and power of lived experience in shaping our service, and many of our volunteers and some of our staff members are ex-service users.

We have an amazing team of five ambassadors, one general volunteer and four volunteer placement counsellors working with us at the Daisy Programme. Some of our ambassadors and volunteers are survivors of or have been affected by domestic abuse in their lives so they understand first-hand how being involved in the Daisy Programme can give them hope, education, and a chance to build their confidence and self-esteem.

Over the past year our volunteers have helped us to deliver a total of three Freedom Programmes, two Raising Children courses and one Rock Pool Recovery Toolkit course. These are all life changing and vital courses that promote hope and education for all those attending.

This year our Art and Support group merged, with two of our ambassadors running this every Thursday at our hub in Watton. This is a vital group that again promotes peer support and the chance to learn a new craft or art.



Daisy Art & Support Groups Creations

We estimate that our volunteers have contributed over 3,000 hours this year in supporting our work. Based on the Real Living Wage which is the minimum pay level we pay to our staff; this equates to more than £30,000 this year.

NIDAS

We were excited to be part of a successful tender to deliver a new countywide domestic abuse support service. NIDAS (Norfolk Integrated Domestic Abuse Service) is a partnership providing innovative, person-centred support to high and medium risk clients of domestic abuse and their families.

NIDAS stands for Norfolk Integrated Domestic Abuse Service and is a domestic abuse support service for those assessed to be high or medium risk. We also offer dedicated support for Children and Young People (if their parent/care giver has been/or is being supported by an IDVA), recovery programmes, coordinated multi-agency support, and access to IDVA support in criminal courts for people who are at medium or high risk.

NIDAS is a countywide partnership delivered by specialist service providers – Leeway, Daisy Programme and Safe Partnership. The service has been commissioned and shaped by the Office of the Police & Crime Commissioner for Norfolk, Norfolk County Council, Norwich City Council, South Norfolk, and Broadland District Councils. It is a consortium of specialist support services working together to ensure people living across the county have access to a full range of help and guidance regardless of where they live.

This service is the first system of its kind in the county, offering a fully integrated service making intensive one-to-one support, a multi-agency response and help towards practical solutions available. NIDAS addresses the postcode lottery for support in Norfolk, ensuring that all service users are able to access the service, regardless of where they live or who they are.



Impact

We measure the impact of our service for our clients by using two measurements scales, The Core 10 (Clinical Outcomes in Routine 10) and the Warwick Edinburgh Mental Health and Wellbeing Scale.

In the past year the results of our Core 10 evaluations for clients have shown a 37% decrease in levels of physiological distress overall with clients saying that they feel less tense, less anxious and less nervous after receiving support from the Daisy Programme.

The results of our Warwick Edinburgh Mental Health and Wellbeing Scale have shown that overall, our clients have seen a 17% improvement in their wellbeing, with 80% clients saying that they have increased their feelings of feeling safe, relaxed and optimistic after receiving support from the Daisy Programme.

Both these results show statistically significant improvements on both the scales. With these results and the feedback we have received over the past year further highlights the positive impact the Daisy Programme has on its clients.

“My experience of Daisy Programme has been that they have listened, believed, and helped me to create my journey of recovery.”

“It has been really helpful having someone to listen to me and not judge me as I have a disability. It's been tough time for me with my situation but having the consistency of my Vulnerable Adults IDVA contacting me has enabled me to build trust with them and to be able to tell them that I can't attend group sessions at the moment but know when I am in a better position to work on the domestic abuse that I can reach out to them and know how I can contact them.”

“The initial meeting where you believed me and took the time to listen to me was invaluable, it has left me with a feeling of comfort from the support I have had.”

“Attending the Freedom Programme has been good as it has made me more aware of the abuse I received and having other people who have been through similar things is comforting and reassuring in sharing their experiences in a safe place. Hearing the progress of one of the volunteers on the course who had been where I am currently to seeing her now delivering the course is inspiring. If she can do that then why can't I.”

Social Value Evaluation of the social value benefits of our work with domestic abuse clients, measured the social impact calculator developed by HACT and Simetrica, using the Warwick Edinburgh Mental Wellbeing Scale, has shown that our work provides an average social value of £11,410 per client. For the clients engaging with recovery support, that equates to £1,817,240, against an expenditure of £187,254 equivalent to a social value return on investment of £10 for every £1 spent.

Future plans

We have three main priorities for the coming year and until 2025.

The first is to consolidate and expand our new services, Fantastic Families, The Rowan Project and our support for vulnerable adults. We will actively seek funding to make these vital support streams as sustainable as possible. The success of these services has demonstrated that there is a significant need for this support, and we currently have waiting lists for our sexual abuse support and children and young people's support. We will also consolidate our newest service, our NIDAS partnership working with high and medium risk victims of domestic abuse. Funding for this service in Breckland has been secured for three years until December 2024, with the possibility of two further year extensions. We will integrate this work into our other services so that support for clients is holistic, available for all family members and provides a seamless journey of recovery where no client needs to repeat their story.

Secondly, we will continue to develop and expand our community outreach, providing further presentations and community based support services. We will develop and support our ambassador team to meet the needs of survivors of sexual and domestic abuse across a range of peer support, creative activities and therapeutic sessions.

Finally, we will submit further funding applications and make the case for Trauma Recovery Support to empower people who have experienced abuse of any type, historically or more recently, to recover, build resilience and live positive, healthy, and productive lives.

"The abuse is deep set and has often had very many years of eating at core of your thoughts and mindset etc. We all carry deep running scars, often hidden, of some kind or other. These scars may lighten in their appearance over time, but rarely will they go all together. Sometimes they will upset us more than other times. This is why Daisy's ongoing availability to us clients is key. Getting past the experience of abuse is certainly not easy. Not for anyone. It won't be a quick fix, but it can improve a step at a time from the moment you walk across Daisy's threshold. It continues to make my future brighter and more hopeful in such a unique way." Daisy client.

Governance and Financial Review

Trustees

Steve Jackman (Chair)

Sheila Cardow (Vice Chair)

David Leathart

Polly Johnson (resigned April 2022)

Robin Trewartha (resigned June 2021)

Michaela Sorensen (resigned December 2021)

Susan Jane Dowling (appointed March 2022)

Isabel Christophers (appointed March 2022)

Senior Staff Member

Leigh Doran (Programme Director)

Bank

Barclays Bank (Leicester)

Recruitment and appointment of Trustees

The Trustees are recruited through advertising on the Daisy Programme website and a variety of other websites and social media platforms. Prospective Trustees are interviewed by at least two members of the Trustee Board and then invited to attend a trustee meeting to introduce themselves and their reasons for wanting to be a trustee to the current board members. A vote of the existing Trustees is then taken to confirm appointment.

Statement of the Charity's Policy on Reserves

The Charity's Financial Regulations include a policy on maintaining reserves at a suitable level to meet any financial commitments on dissolution of the CIO. The Trustees confirm that this objective was met throughout the year. The Trustees have undertaken a review of the current financial situation of the charity and calculate those reserves of a minimum of £27,000 should be held going forward. This amount is based on three months of core work expenditure of £16,000, plus £6,000 for any contractual winding up costs and £5,000 for any unexpected expenditure costs or investment into service opportunities. This figure is reviewed on an annual basis.

Details of Any Funds Materially in Deficit

The Trustees declare that the charity had no funds which were materially in deficit at the date of the statement of assets and liabilities.

State of the Charity's Finances

Whilst specific Covid support funding has now stopped, our income has increased this year by 41%. This was largely due to several new projects mainly funded through additional MoJ Funding via the Office of the Police & Crime Commissioner, Norfolk. We have been very grateful to be able to meet the significant need for support for children and young people in Breckland who have suffered trauma as a result of domestic abuse and to develop this service with two new staff during the year. Additionally, our new service for vulnerable adults through a specialist post has been met by this MoJ funding stream. We also received a full year's funding for The Rowan Project from the Office of the Police & Crime Commissioner, Norfolk, which has enabled us to fully establish the service.

The biggest change to our funding at the end of the year, was the introduction of the new NIDAS service and our participation as a Tier 2 partner in delivering this. However, due to difficulties in recruiting staff to roles within this service and the late award of some MoJ funding has meant that we are carrying forward a high level of restricted funds that we will be required to repay or utilise against this coming year's expenditure. Due to the aftermath of Covid restrictions, we did not carry out as much fundraising as we had done in previous years. We hope to resume activities in the coming year to increase this to our previous levels.

The huge amount of time and work spent on our NIDAS Partnership Tender Response, and the associated uncertainty about future domestic abuse support delivery in Breckland and our role within that, also meant that we were unable to make as many trust applications as we have done

in previous years. The Trustees are aware that future staffing pressures could also impact on this work and are undertaking a cost analysis of the value of using external consultants for this whilst the new management structure is being finalised. The accounts are showing a total carry forward figure of £115,490. Details of how this is made up are given below. Expenditure in this year increased by 45%. This was largely due to increased salary costs as a result of the new posts and increased premises costs from the additional unit. Overall, the Trustees consider that Daisy Programme is a viable financial organisation. Whilst there are some uncertainties about the future of several currently funded projects which could impact on future growth, we have mitigations identified to manage any changes and consider that the charity can continue to meet its charitable purpose and aims in future years. As a result of the increase in income we are now required to prepare our accounts on an accruals basis under the Charity Commission Statement of Recommended Practice (SORP). Samantha Skipper, our Business Support Officer - Finances has transferred our financial procedures and accounts production to meet the new requirements, as well as ensuring that financial reports are timeous and clear.

Restricted Funds

During the year the charity received £283,821 in grants that are restricted. At the year end, £79,388 of these grants were carried forward for projects continuing in the next financial year. Government grants represent 81% of our total income. The Trustees are keen to diversify our income streams so that we are less reliant on this source of income. This will be linked to the decision on how fundraising can be managed going forward.

Unrestricted Funds

Our unrestricted fund carry forward has increased by 28% in the year, to £36,102, which is above the amount set by the Trustees of £27,000. We hope to increase this amount through a number of planned fundraising activities from September onwards.

Designated Funds

We did not receive any designated funds during the year.

Particulars of Any Outstanding Guarantee Given by the Charity

The Trustees declare that the charity has given no guarantee where potential liability is outstanding at the date of the statement of assets and liabilities.

Particulars of Any Outstanding Debt

The Trustees declare that the charity has no outstanding debts which are secured by an express charge on any of the assets of the charity at the date of the statement of assets and liabilities.

Declaration

The Trustees declare that they have approved this report and authorised that it be signed on their behalf.

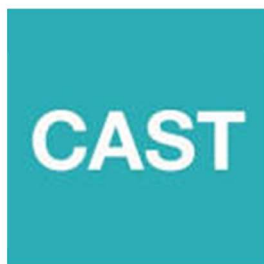


Steve Jackman

Date: 20th July 2022

"It's the best thing I have ever done for myself... building my confidence, allowing me to have a voice, making new friends, having support and camaraderie, having a routine, helping my memory, learning new things, etc... It has helped me to grow as a person and have hope for the future."

"Daisy Programme has made me feel safer, realise that the fun factor is within me and that you can overcome fears. I have been able to make new friends and talk about my experiences."



The Mrs Smith
& Mount Trust



Independent Examiner

Independent Examiner's Report to the Members of the Daisy Programme

I report on the accounts of the charity for the year ended 31st March 2022, which are set out on pages 21 to 29.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Act;
- to follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- to state whether particular matters have come to my attention.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and, consequently, no opinion is given as to whether the accounts present a "true and fair view" and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention:

- (1) which gives me reasonable cause to believe that in any material respect the requirements
 - to keep accounting records in accordance with section 130 of the 2011 Act; and
 - to prepare accounts which accord with the accounting records and comply with the accounting requirements of the 2011 Act have not been met; or
- (2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Eric Southwick BA(Hons) FCA FCIE DChA
 Eric Southwick & Co
 Charity Accountants
 51 The Avenue
 Seaham
 Co. Durham
 SR7 8NS



Date: 20th July 2022



Statement of Financial Activities**For the year ended 31st March 2022**

	Notes	Unrestricted funds £	Restricted funds £	Total funds 2022 £	Total funds 2021 £
Income and endowments from:					
Donations and legacies	3	5,846	283,821	289,667	204,564
Other trading activities	4	1,291	-	1,291	1,208
Total		<u>7,137</u>	<u>283,821</u>	<u>290,958</u>	<u>205,772</u>
Expenditure on:					
Charitable activities	5	1,214	251,811	253,025	174,500
Total		<u>1,214</u>	<u>251,811</u>	<u>253,025</u>	<u>174,500</u>
Net income/(expenditure)		5,923	32,010	37,933	31,272
Transfers between funds		2,040	(2,040)	-	-
Net movement in funds		<u>7,963</u>	<u>29,970</u>	<u>37,933</u>	<u>31,272</u>
Reconciliation of Funds					
Total funds brought forward		28,139	49,418	77,557	46,285
Total funds carried forward	11	<u>36,102</u>	<u>79,388</u>	<u>115,490</u>	<u>77,557</u>

The notes on pages 23 to 29 form part of these accounts.

Balance Sheet**As at 31st March 2021**

	Notes	£	2022 £	£	2021 £
Fixed Assets					
Tangible assets	7		14,135		11,711
Total fixed assets			14,135		11,711
Current assets					
Debtors	8	1,113		4,476	
Cash at bank and in hand		103,622		64,263	
Total current assets		104,735		68,739	
Current Liabilities					
Creditors: Amounts falling due within one year	9	3,380		2,893	
Net current assets			101,355		65,846
Total assets less current liabilities			115,490		77,557
The funds of the charity					
Restricted income funds	11		79,388		49,418
Unrestricted income funds	11				
General fund		36,102		28,139	
Total unrestricted funds			36,102		28,139
Total charity funds			115,490		77,557

The financial statements were approved by the trustees, authorised for issue and are signed on their behalf by:

Steve Jackman

Date: 20th July 2022

The notes on pages 23 to 29 form part of these accounts.

Notes to the accounts

1 Accounting policies

In preparing the accounts the following accounting policies have been complied with:

- a) The charity is a public benefit entity and therefore the financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP FRS 102) and the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).
- b) Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy or note, this is a change from the previous year and therefore the comparative figures have been restated.
- c) Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity.
- d) Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal.
- e) There are no material uncertainties existing to suggest that the use of the going concern basis is inappropriate.
- f) All incoming resources are included in the statement of financial activities when the charity is entitled to the income and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income:
 - i) donations and legacies are received by way of grants, donations and gifts and is included in full in the statement of financial activities when receivable. Grants, where entitlement is conditional on the delivery of a specific performance by the charity, are recognised when the charity becomes unconditionally entitled to the grant.
 - ii) Donated services and facilities are included at the value to the charity where this can be quantified. The value of services provided by volunteers has not been included in these accounts.
 - iii) Income from investments is included when receivable.
 - iv) Income from charitable activities, where related to performance and specific deliverables, are accounted for when the charity earns the right to consideration by its performance.
- g) Expenditure is recognised on an accruals basis as a liability is incurred. Expenditure includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates:
 - i) Costs of raising funds comprise costs associated with attracting voluntary income, including costs of trading for fundraising purposes and the use of a fundraising consultant.
 - ii) Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them. It also includes those costs associated with meeting the constitutional and statutory requirements of the charity and include the costs linked to the strategic management of the charity
 - iii) All costs are allocated between the expenditure categories of the statement of financial activities on a basis designed to reflect the use of the resource. Costs relating to a particular activity are allocated directly, others are apportioned on an appropriate basis as set out in the notes.

Notes to the accounts (Continued)**2 Taxation**

The charity is exempt from taxation on its income and gains where they are applied for charitable purposes. Irrecoverable VAT is included in the cost of the goods or services on which it was charged.

3 Income and endowments from: Donations and legacies

	Unrestricted	Restricted	Total funds	Total funds
	funds	funds	2022	2021
	£	£	£	£
BDC - Chairman's Donation	100	-	100	-
BDC - Daisy Ambassadors	-	35,479	35,479	36,129
BDC - Mental Health First Aid	-	450	450	-
Breckland Older Peoples Forum	-	-	-	1,035
CAST	-	5,000	5,000	8,565
Chairman's Donation	-	-	-	1,750
ETUD Charities	150	-	150	-
Inspiration Trust Wayland Academy	-	-	-	2,500
Lottery Covid	-	-	-	10,000
MOJ Covid Covid Extraordinary Fund	-	-	-	18,268
MOJ Covid Covid Round 2	-	-	-	10,187
NCC - Sport England	-	1,389	1,389	2,980
NCF - Victory Homes	-	5,000	5,000	-
NCF Covid	-	-	-	10,000
NIDAS	-	31,761	31,761	-
OPCCN - Admin & Fundraiser	-	-	-	8,333
OPCCN - Caseworker	-	29,304	29,304	32,916
OPCCN - CYP IDVA	-	38,488	38,488	-
OPCCN - CYP Worker	-	29,000	29,000	-
OPCCN - Sexual Abuse	-	68,760	68,760	23,924
OPCCN - Vulnerable Adults IDVA	-	39,190	39,190	-
T-Bar	450	-	450	-
The Mrs Smith & Mount Trust	-	-	-	5,000
The Rank Foundation	-	-	-	26,000
The Round Table	166	-	166	-
TK Maxx	-	-	-	500
Other donations	4,980	-	4,980	6,477
Total	5,846	283,821	289,667	204,564

4 Income and endowments from: Other trading activities

	Unrestricted	Restricted	Total funds	Total funds
	funds	funds	2022	2021
	£	£	£	£
Fundraising events	402	-	402	418
Safeguarding training	150	-	150	-
Our Breckland Lottery	739	-	739	790
Total	1,291	-	1,291	1,208

Notes to the accounts (Continued)**5 Charitable activities****a) Unrestricted funds**

	Staff costs £	Support costs £	Other direct costs £	Total funds 2022 £	Total funds 2021 £
Other staff costs	-	-	-	-	398
Premises costs	-	-	-	-	1,419
Repairs and renewals	-	53	-	53	50
Office costs	-	-	-	-	154
Advertising and marketing	-	-	-	-	50
Counselling costs	-	-	-	-	26
Groups and activities	-	-	-	-	26
Depreciation	-	1,013	-	1,013	127
Miscellaneous	-	148	-	148	-
Total resources expended	-	1,214	-	1,214	2,250

b) Restricted funds

	Staff costs £	Support costs £	Other direct costs £	Total funds 2022 £	Total funds 2021 £
Wages and salaries	212,631	-	-	212,631	115,553
Other staff costs	7,951	-	-	7,951	3,902
Sessional costs	-	4,812	-	4,812	3,636
Volunteer costs	-	356	-	356	500
Premises costs	-	11,510	-	11,510	5,380
Insurance and governance	-	1,715	-	1,715	725
Independent Examiner's fee	-	800	-	800	-
Repairs and renewals	-	513	-	513	912
Office costs	-	1,354	-	1,354	759
Advertising and marketing	-	203	-	203	646
Counselling costs	-	-	1,933	1,933	4,776
Groups and activities	-	5,492	-	5,492	5,555
Digital Project	-	-	-	-	28,117
Mobilisation costs	-	1,000	-	1,000	-
Venue costs	-	70	-	70	-
Depreciation	-	1,464	-	1,464	1,329
Loss on disposal of fixed asset	-	-	-	-	60
Miscellaneous	-	7	-	7	400
Total resources expended	220,582	29,296	1,933	251,811	172,250

Notes to the accounts (Continued)**6 Trustee and employee information****a) Trustee information**

No trustee received remuneration or was reimbursed expenses during the year.

b) Employee Information

No employee received emoluments in excess of £60,000 during the period (2021: nil).

Employee costs during the period were as follows:

	2022	2021
	£	£
Salaries	158,929	90,319
Social Security	47,012	22,317
Pension costs	6,690	2,917
	<u>212,631</u>	<u>115,553</u>

The average number of people employed during the period was as follows:

	2022	2021
	No.	No.
Programme Director	1	1
Project Workers	6	2
Administration & Support	3	2
	<u>10</u>	<u>5</u>

7 Fixed Assets

	Furniture	Office equipment	Total
	£	£	£
Cost			
At 1 April 2021	4,030	9,283	13,313
Additions	215	4,686	4,901
At 31 March 2022	<u>4,245</u>	<u>13,969</u>	<u>18,214</u>
Depreciation			
At 1 April 2021	184	1,418	1,602
Charge for the period	590	1,887	2,477
At 31 March 2022	<u>774</u>	<u>3,305</u>	<u>4,079</u>
Net book value			
At 31 March 2022	<u>3,471</u>	<u>10,664</u>	<u>14,135</u>
At 31 March 2021	<u>3,846</u>	<u>7,865</u>	<u>11,711</u>

Furniture is depreciated at 15% per annum on a reducing balance basis and office equipment is depreciated at 20% per annum on a reducing balance basis. Items below £100 are not capitalised.

Notes to the accounts (Continued)**8 Debtors**

	2022	2021
	£	£
Trade Debtors	627	4,282
Prepayments	486	194
	<u>1,113</u>	<u>4,476</u>

9 Creditors: Amounts falling due within one year

	2022	2021
	£	£
Other creditors and accruals	<u>3,380</u>	<u>2,893</u>

10 Analysis of net assets between funds

		2022	2021
		£	£
Restricted funds			
Fixed assets	8,749		7,352
Current assets	<u>70,639</u>	79,388	42,066
Unrestricted funds			
Fixed assets	5,386		4,359
Current assets	<u>30,716</u>	36,102	23,780
		<u>115,490</u>	<u>77,557</u>

Notes to the accounts (Continued)

11 Reserves

	At 1 April 2021 £	Incoming resources £	Outgoing resources £	Transfers £	At 31 March 2022 £
Restricted funds					
NIDAS	-	31,761	(5,387)	382	26,756
OPCCN - Caseworker	4,461	29,304	(29,481)	(1,608)	2,676
OPCCN - Sexual Abuse	3,423	68,760	(68,885)	-	3,298
OPCCN - CYP Worker	-	29,000	(28,582)	-	418
OPCCN - CYP IDVA	-	38,488	(30,394)	-	8,094
OPCCN - Vulnerable Adults IDVA	-	39,190	(36,461)	-	2,729
The Mrs Smith & Mount Trust	3,437	-	(3,437)	-	-
BDC - Daisy Ambassadors	37,271	35,479	(40,380)	(1,953)	30,417
BDC - Mental Health First Aid	-	450	(450)	-	-
Pilgrims Trust	(1,953)	-	-	1,953	-
NCC - Sport England	1,771	1,389	(3,160)	-	-
National Lottery	1,008	-	(194)	(814)	-
CAST	-	5,000	(5,000)	-	-
NCF - Victory Homes	-	5,000	-	-	5,000
	<u>49,418</u>	<u>283,821</u>	<u>(251,811)</u>	<u>(2,040)</u>	<u>79,388</u>
Unrestricted funds					
General fund	<u>28,139</u>	<u>7,137</u>	<u>(1,214)</u>	<u>2,040</u>	<u>36,102</u>
	<u>77,557</u>	<u>290,958</u>	<u>(253,025)</u>	<u>-</u>	<u>115,490</u>

Notes to the accounts (Continued)**12 Comparative Statement of Financial Activities by fund type**

	Unrestricted funds £	Restricted funds £	Total funds 2021 £
Income and endowments from:			
Donations and legacies	12,262	192,302	204,564
Other trading activities	1,208	-	1,208
Total	<u>13,470</u>	<u>192,302</u>	<u>205,772</u>
Expenditure on:			
Charitable activities	2,250	172,250	174,500
Total	<u>2,250</u>	<u>172,250</u>	<u>174,500</u>
Net income/(expenditure)	<u>11,220</u>	<u>20,052</u>	<u>31,272</u>
Net movement in funds	<u>11,220</u>	<u>20,052</u>	<u>31,272</u>

13 Related Parties

The charity does not have any transactions with related parties that require disclosure.

14 Controlling Parties

The charity is controlled by the trustees.

15 Other Information

The charity is a charitable incorporated organisation which is registered in England and Wales with its registered office and its principal place of operation Unit 1, Ventura House, Norwich Road, Watton, IP25 6JU.