

# THE LIAM BRITTON FOUNDATION

England & Wales · Charity number 1166009

## Details

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**Status** Registered

**Legal form** CIO

**Registered** 2016-03-11

**Register** [View on the Charity Commission register](#)

## Contact

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**Address** Akenside Studios  
3 Akenside Hill  
Newcastle Upon Tyne  
NE1 3UF

**Phone** 01912616300

**Email** [liambrittonfund@gmail.com](mailto:liambrittonfund@gmail.com)

**Website** [www.liambritton.org.uk](http://www.liambritton.org.uk)

## Activities

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**Objects:** TO IMPROVE THE QUALITY OF LIFE FOR ANYONE AFFECTED BY MENTAL ILLNESS: PROMOTING MENTAL WELL-BEING, RELIEVING MENTAL DISTRESS, EMPOWERING PEOPLE TO LEAD A FULL AND INDEPENDENT LIFE. RAISING PUBLIC AWARENESS OF MENTAL HEALTH ISSUES AND COMBATING STIGMA, DEVELOPING AND IMPROVING MENTAL HEALTH SERVICES

**Activities:** The Liam Britton Foundation was set up to create awareness of mental illness in young people leading to suicide, in particular TLBF wishes to bring particular attention to the use of the PHQ9 form used by medical professionals without proper training and therefore allowing seriously mentally ill patients slip through the system without even having being diagnosed as being mentally ill.

## Classification

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- **How:** Provides Services
- **What:** General Charitable Purposes
- **Who:** The General Public/mankind

## Geography

- Durham
- Gateshead
- Newcastle Upon Tyne City

## Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£112	£0	-	-
2024-03-31	£127	£0	-	-
2023-03-31	£13	£0	-	-
2022-03-31	£40	£4,500	-	-
2021-03-31	£722	£8,744	-	-

## Trustees

Name	Role	Appointed
ALEX BRITTON	Chair	2015-05-15
ALISON HODGE		2015-05-15
DEAN CHRISTOPHER SHORTEN		2015-05-15
KELLY HODGE		2015-05-15
MARK ALLAN GERRENS		2015-05-15
TOM BEVAN		2015-05-15
ZOE STARK		2015-05-15

**THE LIAM BRITTON FOUNDATION**

England & Wales - Charity number 1166009

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# Accounts

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# Trustees' Annual Report for the period

From (start date) **010424** to (end date) **310325**

## Section A

### Reference and administration details

Charity name **The Liam Britton Foundation**

Other names the charity is known by **LBF**

Registered charity number (if any) **1166009**

Charity's principal address  
**Akenside Studios**  
**3 Akenside Hill**  
**Newcastle upon Tyne**  
 Postcode **NE1 3UF**

### Names of the charity trustees who manage the charity

	Trustee Name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Alex Britton	Chairman		
2	Alison Hodge	Trustee		
3	Kelly Hodge	Trustee		
4	Zoe Stark	Trustee		
5	Mark Gerrens	Trustee		
6	Dean Shorten	Trustee		
7	Thomas Bevan	Trustee	1/4/23 to 27/4/23	
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19				
20				

### Names of the trustees for the charity, if any (for example, any custodian trustees)

Name	Dates acted if not for whole year

**Section A**

**Reference and administration details (continued)**

Names and addresses of advisers (optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (optional information)

**Section B**

**Structure, governance and management**

Description of the charity's trusts

Type of governing document  
(eg trust deed, constitution)

How the charity is constituted  
(eg trust, association, company)

Trustee selection methods  
(eg appointed by, elected by)

Additional governance issues (optional information)

You may choose to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
  - relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

Section C

Objectives and activities

Summary of the objects of the charity set out in its governing document

- Educating public on mental health
- Preserve health of people suffering mental illness
- Preserve good mental health for family and carers of people suffering

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

- Campaign promoting awareness to the general public entitled #WEARBLUEFORLIAM
- suicide awareness speech at a fundraising event
- Counsellor open surgery offered by qualified counsellor

Additional details of objectives and activities (optional information)

You may choose to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

• Additional proposal to carry out and support a PhD study into Male Suicide, unanimously approved by the Trustees.  
 [Note: Study now completed see note below]

Section D

Achievements and performance

Summary of the main achievements of the charity during the year

Various fundraising events see website for details.

Continuing to support Susanna Bennett who has completed her PhD and is using the research to offer counselling, advice & support. She is currently assisting with the deputy called MANUP and utilising the knowledge she gained from supporting her.

Section E

Financial review

Brief statement of the charity's policy on reserves

N/A

Details of any funds materially in deficit

N/A

Further financial review details (optional information)

You **may choose** to include additional information, where relevant, about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information


Section G

Declaration

The trustees declare that they have approved the trustees' report above

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Alex Britton

Position (eg Secretary, Chair, etc)

Chair

Date

18 01 2012



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name  
**THE LIAM BRITTON FOUNDATION**

No (if any)  
**1166009**

**Receipts and payments accounts**

**CC16a**

For the period from **1/4/2024** Period start date To **31/3/2025** Period end date

**Section A Receipts and payments**

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
DONATIONS	-	-	-	0.00	21
BANK INTEREST	112.00	-	-	112.00	106
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>112</b>	-	-	<b>112</b>	<b>127</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
<b>Sub total</b>	<b>0</b>	-	-	<b>0</b>	<b>0</b>
<b>Total receipts</b>	<b>112</b>	-	-	<b>112</b>	<b>127</b>
<b>A3 Payments</b>					
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>0</b>	-	-	<b>0</b>	<b>0</b>
<b>A4 Asset and investment purchases. (see table)</b>					
	-	-	-	-	-
<b>Sub total</b>	<b>0</b>	-	-	<b>0</b>	<b>0</b>
<b>Total payments</b>	<b>0</b>	-	-	<b>0</b>	<b>0</b>
<b>Net of receipts/(payments)</b>	<b>112</b>	-	-	<b>112</b>	<b>127</b>
<b>A5 Transfers between funds</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>
<b>A6 Cash funds last year end</b>	<b>10902</b>	-	-	<b>10902</b>	<b>10902</b>
<b>Cash funds this year end</b>	<b>11014</b>	-	-	<b>11014</b>	<b>11014</b>

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds	DONATIONS	11014	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>11014.-</b>	<b>0 -</b>	<b>0 -</b>

(agree balances with receipts and payments account(s))

OK

OK

OK

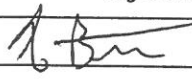
B2 Other monetary assets	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		0	0	0
		-	-	-
		-	-	-
		-	-	-
		-	-	-

B3 Investment assets	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
		0	0	0
			-	-
			-	-
			-	-
			-	-

B4 Assets retained for the charity's own use	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
			-	-
		0	0	0
			-	-
			-	-
			-	-
			-	-

B5 Liabilities	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
			-	-
		0	0	0
			-	-
			-	-
			-	-
			-	-

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	A BRITTON	18/1/25

**THE LIAM BRITTON FOUNDATION**

England & Wales - Charity number 1166009

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# Accounts

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# Trustees' Annual Report for the period

From (start date) **010423** to (end date) **310324**

## Section A

### Reference and administration details

Charity name **The Liam Britton Foundation**

Other names the charity is known by **LBF**

Registered charity number (if any) **1166009**

Charity's principal address  
**Akenside Studios**  
**3 Akenside Hill**  
**Newcastle upon Tyne**  
 Postcode **NE1 3UF**

### Names of the charity trustees who manage the charity

	Trustee Name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Alex Britton	Chairman		
2	Alison Hodge	Trustee		
3	Kelly Hodge	Trustee		
4	Zoe Stark	Trustee		
5	Mark Gerrans	Trustee		
6	Dean Shorten	Trustee		
7	Thomas Bevan	Trustee	1/4/23 to 27/4/23	
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19				
20				

### Names of the trustees for the charity, if any (for example, any custodian trustees)

Name	Dates acted if not for whole year

**Section A**

**Reference and administration details (continued)**

Names and addresses of advisers (optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (optional information)

**Section B**

**Structure, governance and management**

Description of the charity's trusts

Type of governing document  
(eg trust deed, constitution)

How the charity is constituted  
(eg trust, association, company)

Trustee selection methods  
(eg appointed by, elected by)

Additional governance issues (optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
  - relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

## Section C

## Objectives and activities

Summary of the objects of the charity set out in its governing document

- Educating public on mental health
- Preserve health of people suffering mental illness
- Preserve good mental health for family and carers of people suffering

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

- Campaign promoting awareness to the general public entitled #WEARBLUEFORLIAM
- suicide awareness speech at a fundraising event
- Counsellor open surgery offered by qualified counsellor

Additional details of objectives and activities (optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

- Additional proposal to carry out and support a PhD Study into Male Suicide, unanimously approved by the Trustees.  
[Note: Study now completed see note below]

## Section D

## Achievements and performance

Summary of the main achievements of the charity during the year

Various fundraising events see website for details.

Continuing to support Susanna Bennett who has completed her PhD and is using the research to offer counselling, advice & support. She is currently assisting with the deputy called MANOD and utilising the knowledge she gained from us supporting her.

Section E

Financial review

Brief statement of the charity's policy on reserves

N/A

Details of any funds materially in deficit

N/A

Further financial review details (optional information)

You **may choose** to include additional information, where relevant, about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information


Section G

Declaration

The trustees declare that they have approved the trustees' report above

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Alex Britton

Position (eg Secretary, Chair, etc)

Chair

Date

08 01 25



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name  
**THE LIAM BRITTON FOUNDATION**

No (if any)  
**1166009**

**Receipts and payments accounts**

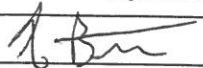
**CC16a**

For the period from	Period start date <b>1/4/2023</b>	To	Period end date <b>31/3/2024</b>
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**Section A Receipts and payments**

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
DONATIONS	21.00	-	-	21.00	13
BANK INTEREST	106.00	-	-	106.00	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>127</b>	<b>-</b>	<b>-</b>	<b>127</b>	<b>13</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>0</b>	<b>-</b>	<b>-</b>	<b>0</b>	<b>0</b>
<b>Total receipts</b>	<b>127</b>	<b>-</b>	<b>-</b>	<b>127</b>	<b>13</b>
<b>A3 Payments</b>					
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>0</b>	<b>-</b>	<b>0</b>	<b>-</b>	<b>0</b>
<b>A4 Asset and investment purchases. (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>0</b>	<b>-</b>	<b>-</b>	<b>0</b>	<b>0</b>
<b>Total payments</b>	<b>0</b>	<b>-</b>	<b>-</b>	<b>0</b>	<b>0</b>
<b>Net of receipts/(payments)</b>	<b>127</b>	<b>-</b>	<b>-</b>	<b>127</b>	<b>13</b>
A5 Transfers between funds	0	0	0	0	0
A6 Cash funds last year end	10775	-	-	10775	10762
Cash funds this year end	10902	-	-	10902	10775

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	DONATIONS	10902-	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>10902-</b>	<b>0-</b>	<b>0-</b>
	(agree balances with receipts and payments account(s))	OK	OK	OK
<b>B2 Other monetary assets</b>	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		0-	0-	0-
		-	-	-
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-	-
		0	0	0
		-	-	-
		-	-	-
<b>B4 Assets retained for the charity's own use</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-	-
		0	0	0
		-	-	-
		-	-	-
		-	-	-
		-	-	-
		-	-	-
<b>B5 Liabilities</b>	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	-	-
		0	0	0
		-	-	-
		-	-	-
Signed by one or two trustees on behalf of all the trustees		Signature	Print Name	Date of approval
			A BRITTON	8/1/25

**THE LIAM BRITTON FOUNDATION**

England & Wales - Charity number 1166009

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# Accounts

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# Trustees' Annual Report

for the period

From (start date) **010422** to (end date) **310323**

## Section A

### Reference and administration details

Charity name **The Liam Britton Foundation**

Other names the charity is known by **LBF**

Registered charity number (if any) **1166009**

Charity's principal address

**Akenside Studios**  
**3 Akenside Hill**  
**Newcastle upon Tyne**

Postcode **NE1 3UF**

### Names of the charity trustees who manage the charity

	Trustee Name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Alex Britton	Chairman		
2	Alison Hodge	Trustee		
3	Kelly Hodge	Trustee		
4	Zoe Stark	Trustee		
5	Mark Gerrens	Trustee		
6	Dean Shorten	Trustee		
7	Thomas Bevan	Trustee		
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18				
19				
20				

### Names of the trustees for the charity, if any (for example, any custodian trustees)

Name	Dates acted if not for whole year

**Section A**

**Reference and administration details (continued)**

Names and addresses of advisers (optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (optional information)

**Section B**

**Structure, governance and management**

Description of the charity's trusts

Type of governing document  
(eg trust deed, constitution)

CONSTITUTION

How the charity is constituted  
(eg trust, association, company)

CIO

Trustee selection methods  
(eg appointed by, elected by)

Elected by trustees

Additional governance issues (optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
  - relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

## Section C

### Objectives and activities

Summary of the objects of the charity set out in its governing document

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- Preserve health of people suffering mental illness
- Preserve good mental health for family and carers of people suffering

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

- Campaign promoting awareness to the general public entitled #WEARBLUEFORLIAM
- suicide awareness speech at a fundraising event
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Additional details of objectives and activities (optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

- Additional proposal to carry out and support a PhD study into 'Male Suicide', unanimously approved by the Trustees.

## Section D

### Achievements and performance

Summary of the main achievements of the charity during the year

Various fundraising events see website for details.  
Continuation of supporting a PhD into suicide research  
Susanna Bennett who our charity has been supporting and has completed her course.  
The research and findings she has produced and articulated have been published in a leading magazine called the 'Psychological Bulletin' entitled:  
'A Systematic Review and Qualitative Metasynthesis of two decades of Research' well worth reading

Section E

Financial review

Brief statement of the charity's policy on reserves

N/A

Details of any funds materially in deficit

N/A

Further financial review details (optional information)

You **may choose** to include additional information, where relevant, about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Alex Britton

Position (eg Secretary, Chair, etc)

Chair

Date



CHARITY COMMISSION  
FOR ENGLAND AND WALES

THE LIAM BRITTON FOUNDATION

1166009

CC16a

Receipts and payments accounts

For the period from	Period start date	To	Period end date
	1/4/2022		31/3/2023

Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
DONATIONS	13.00	-	-	13.00	10.00
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>13</b>	<b>-</b>	<b>-</b>	<b>13</b>	<b>10</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>0</b>	<b>-</b>	<b>-</b>	<b>0</b>	<b>0</b>
<b>Total receipts</b>	<b>13</b>	<b>-</b>	<b>-</b>	<b>13</b>	<b>10</b>
<b>A3 Payments</b>					
	-	-	-	-	-
UNIVERSITY OF GLASGOW	0	-	-	0	4500
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>0</b>	<b>-</b>	<b>-</b>	<b>0</b>	<b>4500</b>
<b>A4 Asset and investment purchases. (see table)</b>					
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>0</b>	<b>-</b>	<b>-</b>	<b>0</b>	<b>0</b>
<b>Total payments</b>	<b>0</b>	<b>-</b>	<b>-</b>	<b>0</b>	<b>4500</b>
<b>Net of receipts/(payments)</b>	<b>13</b>	<b>-</b>	<b>-</b>	<b>13</b>	<b>(-4490)</b>
A5 Transfers between funds	0	0	0	0	0
A6 Cash funds last year end	10762	-	-	10762	15222
Cash funds this year end	10775	-	-	10775	10762

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	DONATIONS	10775 -	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>10775 -</b>	<b>0 -</b>	<b>0 -</b>
(agree balances with receipts and payments account(s))		OK	OK	OK

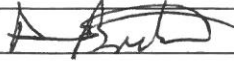
Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		0 -	0 -	0 -
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>			-	-
		0	0 -	0 -
			-	-
			-	-
			-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>			-	-
		0	0 -	0 -
			-	-
			-	-
			-	-
			-	-
			-	-
			-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>			-	
		0	0 -	0
			-	
			-	
			-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	A BRITTON	

**THE LIAM BRITTON FOUNDATION**

England & Wales - Charity number 1166009

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# Accounts

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# Trustees' Annual Report for the period

From (start date) **010421** to (end date) **310322**

## Section A Reference and administration details

Charity name: **The Liam Britton Foundation**

Other names the charity is known by: **LBF**

Registered charity number (if any): **1166009**

Charity's principal address: **Akenside Studios**  
**3 Akenside Hill**  
**Newcastle upon Tyne**  
 Postcode: **NE1 3UF**

Names of the charity trustees who manage the charity

	Trustee Name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Alex Britton	Chairman		
2	Alison Hodge	Trustee		
3	Kelly Hodge	Trustee		
4	Zoe Stark	Trustee		
5	Mark Gerrens	Trustee		
6	Dean Shorten	Trustee		
7	Thomas Bevan	Trustee		
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16				
17				
18				
19				
20				

Names of the trustees for the charity, if any (for example, any custodian trustees)

Name	Dates acted if not for whole year

**Section A**

**Reference and administration details (continued)**

Names and addresses of advisers (optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (optional information)

**Section B**

**Structure, governance and management**

Description of the charity's trusts

Type of governing document  
(eg trust deed, constitution)

How the charity is constituted  
(eg trust, association, company)

Trustee selection methods  
(eg appointed by, elected by)

Additional governance issues (optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
  - relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

### Section C

### Objectives and activities

Summary of the objects of the charity set out in its governing document

- Educating public on mental health
- Preserve health of people suffering mental illness
- Preserve good mental health for family and carers of people suffering

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

- Campaign promoting awareness to the general public entitled #WEARBLUEFORLIAM
- suicide awareness speech at a fundraising event
- Counselor open surgery offered by qualified counselor

Additional details of objectives and activities (optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

- Additional proposal to carry out and support a PhD study into Male Suicide, unanimously approved by the Trustees.

### Section D

### Achievements and performance

Summary of the main achievements of the charity during the year

Various fundraising events see website for details.

Continuation of PhD into suicide research last year was a 20 year systematic review and meta-synthesis of qualitative studies

This year study 2 is understanding differences between men who are not suicidal, men who have thoughts of suicide and men who attempt suicide

The survey carried out achieved over 3000 people responded and completed a comprehensive questionnaire and answers. This is an incredible piece of work and will be extremely important research going forward.

Section E

Financial review

Brief statement of the charity's policy on reserves

N/A

Details of any funds materially in deficit

N/A

Further financial review details (optional information)

You **may choose** to include additional information, where relevant, about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Alex Britton

Position (eg Secretary, Chair, etc)

Chair

Date

05 01 23



CHARITY COMMISSION  
FOR ENGLAND AND WALES

THE HAM BRITTON FOUNDATION

1166009

Receipts and payments accounts

CC16a

For the period from	Period start date 1/4/2021	To	Period end date 31/3/2022
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
DONATIONS	40.00	-	-	40.00	722.00
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>40</b>	<b>-</b>	<b>-</b>	<b>40</b>	<b>722</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
<b>Sub total</b>	<b>0</b>	<b>-</b>	<b>-</b>	<b>0</b>	<b>0</b>
<b>Total receipts</b>	<b>40</b>	<b>-</b>	<b>-</b>	<b>40</b>	<b>722</b>
<b>A3 Payments</b>					
UNIVERSITY OF GLASGOW	4500.00	-	-	4500	8744
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>4500</b>	<b>-</b>	<b>-</b>	<b>4500</b>	<b>8744</b>
<b>A4 Asset and investment purchases. (see table)</b>					
	-	-	-	-	-
<b>Sub total</b>	<b>0</b>	<b>-</b>	<b>-</b>	<b>0</b>	<b>0</b>
<b>Total payments</b>	<b>4500</b>	<b>-</b>	<b>-</b>	<b>4500</b>	<b>8744</b>
<b>Net of receipts/(payments)</b>	<b>(-4460)</b>	<b>-</b>	<b>-</b>	<b>(-4460)</b>	<b>(-8022)</b>
A5 Transfers between funds	0	0	0	0	23244
A6 Cash funds last year end	15222	-	-	15222	15222
Cash funds this year end	10762	-	-	10762	15222

## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	DONATIONS	10762 -	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>10762 -</b>	<b>0 -</b>	<b>0 -</b>
(agree balances with receipts and payments account(s))		OK	OK	OK

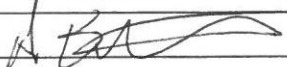
Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B2 Other monetary assets</b>		-	-	-
		0 -	0 -	0 -
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B3 Investment assets</b>		-	-	-
		0 -	0 -	0 -
		-	-	-
		-	-	-

Categories	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
<b>B4 Assets retained for the charity's own use</b>		-	-	-
		0 -	0 -	0 -
		-	-	-
		-	-	-
		-	-	-
		-	-	-

Categories	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
<b>B5 Liabilities</b>		-	-	-
		0 -	0 -	0 -
		-	-	-
		-	-	-

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	A BRITTON	5/1/23

**THE LIAM BRITTON FOUNDATION**

England & Wales - Charity number 1166009

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# Accounts

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# Trustees' Annual Report

for the period

From (start date) **010420** to (end date) **310321**

## Section A

### Reference and administration details

Charity name

**The Liam Britton Foundation**

Other names the charity is known by

**LBF**

Registered charity number (if any)

**1166009**

Charity's principal address

**Akenside Studios**

**3 Akenside Hill**

**Newcastle upon Tyne**

Postcode

**NE1 3UF**

Names of the charity trustees who manage the charity

	Trustee Name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Alex Britton	Chairman		
2	Alison Hodge	Trustee		
3	Kelly Hodge	Trustee		
4	Zoe Stark	Trustee		
5	Mark Gerrens	Trustee		
6	Dean Shorten	Trustee		
7	Thomas Bevan	Trustee		
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18				
19				
20				

Names of the trustees for the charity, if any (for example, any custodian trustees)

Name	Dates acted if not for whole year

**Section A**

**Reference and administration details (continued)**

Names and addresses of advisers (optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (optional information)

**Section B**

**Structure, governance and management**

Description of the charity's trusts

Type of governing document  
(eg trust deed, constitution)

Constitution

How the charity is constituted  
(eg trust, association, company)

CIO

Trustee selection methods  
(eg appointed by, elected by)

Elected by trustees

Additional governance issues (optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
  - relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

### Section C

### Objectives and activities

Summary of the objects of the charity set out in its governing document

- Educating public on mental health
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- Preserve good mental health for family and carers of people suffering

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

- Campaign promoting awareness to the general public entitled #WEARBLUEFORLIAM
- Suicide awareness speech at a fundraising event
- Counselor open surgery offered by a qualified counselor

Additional details of objectives and activities (optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

- Additional proposal to carry out and support a PhD study into Male Suicide, unanimously approved by the Trustees.

### Section D

### Achievements and performance

Summary of the main achievements of the charity during the year

Various fundraising events see website for details.

Supported Lady carrying out PhD research into Male Suicide carried out 1st year of course produced a detailed systematic review of work carried out in this area.

Work is of excellent quality and is submitted for publication in one of the world's leading Psychology Journals, so we are hopeful it will attract a lot of interest from other experts in this field.

Section E

Financial review

Brief statement of the charity's policy on reserves

N/A

Details of any funds materially in deficit

N/A

Further financial review details (optional information)

You **may choose** to include additional information, where relevant, about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

Section F

Other optional information

Section G

Declaration

The trustees declare that they have approved the trustees' report above

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Alex Brittan

Position (eg Secretary, Chair, etc)

Chair

Date

28 01 22



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Charity Name  
**THE LIAM BRITTON FOUNDATION**

No. (if any)  
**1166009**

**Receipts and payments accounts**

CC16a

For the period from **1/4/2020** To **31/3/2021**

**Section A Receipts and payments**

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
<b>A1 Receipts</b>					
DONATIONS	722.16	-	-	722	354
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total (Gross income for AR)</b>	<b>722</b>	-	-	<b>722</b>	<b>354</b>
<b>A2 Asset and investment sales, (see table).</b>					
	-	-	-	-	-
<b>Sub total</b>	<b>0</b>	-	-	<b>0</b>	<b>0</b>
<b>Total receipts</b>	<b>722</b>	-	-	<b>722</b>	<b>354</b>
<b>A3 Payments</b>					
UNIVERSITY OF GLASGOW	5744	-	-	5744	0
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
<b>Sub total</b>	<b>5744</b>	-	-	<b>5744</b>	<b>0</b>
<b>A4 Asset and investment purchases. (see table)</b>					
	-	-	-	-	-
<b>Sub total</b>	<b>0</b>	-	-	<b>0</b>	<b>0</b>
<b>Total payments</b>	<b>5744</b>	-	-	<b>5744</b>	<b>0</b>
<b>Net of receipts/(payments)</b>	<b>(-5022)</b>	-	-	<b>-5022</b>	<b>354</b>
A5 Transfers between funds	0	0	0	0	-
A6 Cash funds last year end	23244	-	-	23244	22890
Cash funds this year end	15222	-	-	15222	23244

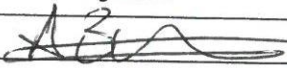
## Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
<b>B1 Cash funds</b>	DONATIONS	15222	-	-
		-	-	-
		-	-	-
	<b>Total cash funds</b>	<b>15222</b>	<b>0</b>	<b>0</b>
	(agree balances with receipts and payments account(s))			
<b>B2 Other monetary assets</b>	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
		-	-	-
		0	0	0
		-	-	-
		-	-	-
<b>B3 Investment assets</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-	-
		0	0	0
		-	-	-
		-	-	-
<b>B4 Assets retained for the charity's own use</b>	Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-	-
		0	0	0
		-	-	-
		-	-	-
<b>B5 Liabilities</b>	Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	-	-
		0	0	0
		-	-	-
		-	-	-

Signed by one or two trustees on behalf of all the trustees

Signature



Print Name

A BRITTON

Date of approval

28/1/22