



31<sup>st</sup>/12/2020 –  
31/12/2021

# Yearly Annual Report

**Support for Survivors** is a Charity – a CIO (registered  
Charitable Incorporated Organisation number 1165986).



*We believe it's important to  
talk,  
and listen why?  
Lack of early interventions can  
or will leave devastating  
impacts,  
Emotionally,                      Physically,  
Mentally,  
and Socially on the lives of  
Victims and Survivors, their  
families, and  
Their way forward within our  
Communities and society as a  
whole!*

Report Prepared by Maxi 'Leigh Founder Care Services Director  
&  
Jez Taylor Chairman

Charity Status Granted by Charity Commission 10/03/2016  
Registered Charity 1165986 CIO  
Self Help Group set up 25/05/2014

Support for Survivors Charity Board of Trustees Effective from 31<sup>st</sup>  
December 2020 to 31<sup>st</sup> December 31<sup>st</sup> 2021

- |                         |                                    |
|-------------------------|------------------------------------|
| • Jeremy Taylor         | Chairman                           |
| • Chris Gibbon          | Secretary                          |
| • Maxi 'Leigh           | Founder Managing Director & acting |
| Treasurer               |                                    |
| • Joseph Anthony Curtis | Trustee                            |
| • Sara Orme             | Trustee                            |
| • Zena Sanigar          | Trustee                            |
| • Dannielle Harris      | Trustee                            |
| • Debbie Heath          | Trustee                            |

*We provide support to male and female Victims & Survivors aged 18 plus, suffering from a multitude of several types of childhood abuse & experiences. They may have been subjected to either sexual, physical, emotional, neglect, incest abuse, and or rape, especially if the abuse continued into adulthood, this type of sexual violence, in most cases familial abuse, i.e. (blood father, mother, brother, sister) etc.*

*Our purpose is to provide positive pro-active progression pathways into education, training, coaching, mentoring volunteering and befriending, or back into part time or full-time employment. Our "Peer" help & support to maintaining their place within their communities and society as a whole.*

*Delivery of continual Survivor Personal Development & Recovery, Survivor management programmes, and Parenting, studying the impacts on the effects childhood abuse and trauma, and how this impacts on the victims & survivor's adult life, relationships, family & parenting. We have been able to identify all, lack self- confidence, self -esteem, self-worth, awareness, and assertiveness, through trust and continuity we help to focus on compassion and empathy with positive encouragement and goals as they slowly recover from their traumatic experiences, mental, physical health & wellbeing. We have identified some can go on to enjoy happy and independent lives, although not everyone recovers, especially those victims & survivors who fit into our elderly generation or have suffered many years behind closed doors without interventions. We have been particularly successful with how we support our beneficiaries with learning disabilities, who are very scared and fearful, are befriended, not being judged has a positive influence, now live engaging lives.*

*Everyone is at a different stage and journey with their healing and recovery process.*

## **What do we Deliver ?**

**We** actively reduce the distress of victims & survivors aged 18 plus of childhood non-recent abuse through a range of 'Peer' led interventions.

- Support groups
- 1-2-1 support
- Family mediation
- Focus groups
- Female drop-in
- Male drop-in
- Mixed group drop-in
- Creative Arts & Crafts Quarter
- Advocacy support
- Outreach & Intervention
- Chaperone & support with Police intervention.
- Legal referrals
- Magistrates, Civil & Crown court advocacy support
- Child Protection support & intervention
- Advocacy support with housing, benefits, welfare advice
- Homeless advocacy support

- Referral support to drug, alcohol, and self-harming programmes
- 14-week Survivor 'Personal Development Recovery Programme'
- Survivor 'Management' Programme
- 12-week Strengthening Families Strengthening Communities inc. parent programme
- Wellbeing & Wellness programmes
- Financial support
- Housing support
- S4S 'Peer Support Volunteer & Befriending' training programme
- Coaching and Mentoring
- Adult learning educational programmes

Since opening our doors in 2014 to the end of 31<sup>st</sup> December 2021 Registered on our books are **368 male & female** victims & survivors, up **15 men and 30 women (45 referrals in total** for the year ending). Again we feel this figure should have been higher, receiving less referrals throughout the Covid-19 Pandemic for the second year. What was interesting we were inundated with National Referrals covering all England, Wales, Scotland, USA, Spain, and India.

#### **Referrals are as follows:**

<b><u>Referrer</u></b>	<b><u>Referred</u></b>
Wellness in Mind	01
Social Prescribing	08
Framework	01
NHS GP Surgery	16
NHS Perinatal	01
Nottinghamshire Mental Health Care Trust	01
Equation	01
Mind	01
Employer	02
Website	05
Self	07
Email	01
Total Referrals	45

We Support victims & survivors throughout the East Midlands.

Our eldest referral born 1959 (compared to 2020 born in 1949) and our youngest were born 2000 and 2022 (compared 2001).

We had Five active volunteers, ( **compared to seven in 2020**) who worked over & beyond as always. Recovering from their own personal

*journeys, with our victims and survivors personal development and recovery program, mentoring, coaching, and training programmes. Our Peer Support team help and support our beneficiaries, and we make sure everyone who is referred into our Charity is in a safe and non-judgemental environment. .*

*Our Charities model is based on Empowerment, it's important everyone has a choice of support delivery and what suits them. Everyone is different, everyone's healing and recovery is at their own pace, with no time limits. Many make new friendships, many are no longer alone, our principal elements are building ones self-esteem, confidence, self-worth, awareness, assertiveness, and empowerment.*

*I would like to say thank you to our five volunteers, including our new Counselling & Psychotherapist female Volunteer for all your dedication, empathy, compassion, and positive influences.*

### **Our volunteers worked 5484 hours 30 minutes**

*Compared with 2020 5143 hours and 38 minutes even though we were two less volunteers.*

**21,391.01** minutes telephone befriending service.

*To date we have no paid staff on our books.*

## **Ethnicities**

<b>Polish decent</b>	<b>01</b>
<b>Black British Caribbean</b>	<b>03</b>
<b>Black African</b>	<b>01</b>
<b>White British</b>	<b>39</b>
<b>White Irish</b>	<b>01</b>
<b>Total</b>	<b>45</b>

## **Advocacy Support & Educational Programmes**

*Throughout Covid-19 we were still unable to support our services users in person, although we did still support with front line services and outreach this was mainly delivery of prescriptions, food parcels, shopping, and clothing, or just socially distancing from their front door, many still struggled with isolation.*

*Supporting our beneficiaries online with emotional support, our male*

survivors benefited greatly with our male mental health and talking online support group.

For the first time we have been involved with food banks delivering to fifteen of our beneficiaries, normally approx. 3 bags per person.

### **Outside Referrals for Further Support**

We made,

DWP Tribunal	01	Bac-in drugs & alcohol support	02
GP Services	05	DWP mandatory reconsideration	01
PiP & change of circumstances	01	Opportunity Nottm - homeless support	01
Instalaw Solicitors	02	NHS Female Clinic	01
Rehab / Framework	01	Bedfordshire Police	02
Dwp telephone assessment support	04	Notts County Council Adult safeguarding concern	01
Notts County Council Children's safeguarding concern	01		
	17		9

### **Donations Fundraising & Grants Received.**

<b>Carried Forward</b>	<b>£ 13217.56</b>
<b>Donations</b>	<b>£ 1523.29</b>
<b>Refunds</b>	<b>£ 109.16</b>
<b>Nottinghamshire County Council Commissioning &amp; Adult Social Care</b>	<b>£ 1200.00</b>
<b>Easy Fundraising</b>	<b>£ 92.26</b>
<b>Amazon Smile</b>	<b>£ 123.23</b>
<b>PayPal</b>	<b>£ 12.01</b>
<b>Gedling Lotto</b>	<b>£ 130.00</b>
<b>HP Recycle for Charity</b>	<b>£ 47.25</b>
<b>SOS Charity Fashion Show</b>	<b>£ 2185.64</b>
<b>Warburton's</b>	<b>£ 400.00</b>

<b>Arnold Clark</b>	<b>£1000.00</b>
	<b>£20040.4</b>
<b>Total year ending 2021</b>	<b><u>0</u></b>

*Sincere thanks to all of you who have helped to continue the vital help and support required for 'Support for Survivors Charity ' in helping our male and female survivors of non-recent abuse.*

*We are delivering services from the **Sherwood Community Centre, 'Woodthorpe House' Mansfield Road, Sherwood, Nottingham, NG5 3FN**, and what a wonderful experience it still is, being community orientated. We would like to say a massive thank you Alison (Admin) Unfortunately Kevin our Centre Manager died from Cancer, R.I.P The center still is very supportive as a whole, Thank you Jill Chair of the Sherwood Community Centre, she has been very supportive, it is a warm community center and one where we are all supportive of one another to ensure all who access our Centre are within a safe and non-judgmental environment, obviously throughout the lockdown our center was closed, with all working from home.*

*We closed our offices March 13<sup>th</sup>, 2020, not returning until mid-21. Sadly, two male survivors died, one from Cancer and the other died from heart failure.*

*Otherwise, everyone was safely supported throughout. Still continuing with telephone and zoom support whilst in lockdown. We were able to access many online training courses, this has saved travel time and is cost effective. Whilst ensuring all our volunteers were supported with their personal needs, their mental health and wellbeing whilst working from home. As peers we supported one another again through zoom and telephone, so no-one felt alone, especially those of us living alone.*

*Luckily, we were still able to partner with Nottingham Trent University throughout the pandemic. Through in-house data we are able to identify impacts at point of assessment. We also involve our service users to collaborate if they would like to input in an area that they feel needs addressing and researching. We have been collaborating together now for five years. NTU students were able to showcase their conference research findings via zoom.*

*Maxi stepped down from the the Survivors Advisory Panel for the Roman Catholic Church with most of the team, to create their own training brand for the Catholic Church, and still with the National Survivors Reference group Church of England. On her Birthday in January, she received a phone call from the Chair of 'The National Safeguarding' CofE, inviting her to be a part of the team and I gladly accepted.*

*November 2021 Maxi held our first Charity fashion show in her village where she lives. We had approximately 120 women who came with their own food and canapés, and what a remarkable success the night was indeed. Raising £2185.64 it was a fantastic evening and event, thank you to our ladies from the Charity and Maxi's neighbors who wanted to be involved from the village with £500.00 donated to Breast Cancer.*

*We are so honored and humbled to be able to support 'Support for Survivors' victims & survivors, who were once boys and girls sexually, physically, emotionally, abused in childhood.*

*We would like to thank all our partners who we refer to, and who refer to 'Support for Survivors.' There are some remarkable people in our communities working over and beyond Thank You.*

*Most of all thank you to all our Trustees who have supported us throughout as we grow and further develop. Most of all and not forgetting our remarkable male and female survivors of childhood abuse, and their families.*

*You are surviving and thriving!*

*Maxi 'Leigh  
Founder/ Managing Director*

*Jez Taylor  
Chair*















Starting date	12/20
Cash balance alert minimum	

CASH PAID OUT		Jan-21	Feb-21	Mar-21	Apr-21	May-21	Jun-21	Jul-21	Aug-21	Spt 21	Oct-21	Nov-21	Dec-21	Total 0
Advertising & Promotions														0.00
Volunteer training		30.00		25.00										55.00
Volunteer Resourses/Training			58.89					12.96	2.50		25.98			100.33
Miscellaneous			1.00	0.20			1.00		2.37					4.57
Supervision		105.00	60.00		97.50									262.50
Facilitator re Educational Programs		630.00	730.00	360.00								370.00	180.00	2,270.00
Insurance (other than health)		13.48	645.05	8.49	8.49	8.49	8.49	33.49	8.49	8.49	8.49	8.49	8.49	768.43
Motor - Parking - Travel			4.40		30.00				27.60	9.50	120.01	7.20	36.60	235.31
Crafts supplies & materials									13.99	78.91	2.70	30.31	7	133.40
IT & Internet subscriptions		417.05	13.80	28.19	79.79	13.80	13.80	70.45	50.79	291.48	13.80	294.38	13.80	1,301.13
Meals-Events-Hotel-Entertainment				33.52	6.00				70.50	137.52	£ 308.61		165.46	721.61
Room hire												65.00	26.00	91.00
Mental health & wellbeing											36.00		33.62	69.62
Gifts									22.48	39.99	58.00		170.93	291.40
Volunteer Expenses		406.76	332.11	208.69	194.79	102.23	281.29	333.96	310.76	364.17	103.43	524.10	209.63	3,371.92
Stationery		16.17	3.00	16.44	18.50	10.35		13.98	13.57			37.80		129.81
Printing		102.25	13.48	17.46	15.47	31.96	112.96	39.96	172.33	36.96	39.96	45.96		628.75
Rent							325.53		651.06			651.06	651.06	2,278.71
Fundraising												280.69		280.69
Repairs and maintenance														0
Supplies - Cleaning						7.98								7.98
Broadband & Telephone expense		31.50	31.50	31.50	32.50	36.63	47.53	38.50	38.50	38.50	38.50	38.50	40.50	444.16
Travel & Carparking														0.00
Postage		18.12	8.61	16.62			62.36	3.23	18.12				18.12	145.18
Lunchs/refreshments/drop-in & Vol			10.10	40.98	132.30	65.54	64.38	31.83	76.79	54.84	35.10	54.49	97.56	663.91
Fixtures & Fittings														0.00
Events & Meetings														0.00
Subscriptions & Memberships								7.99	7.99					15.98
Mobile phones		74.74	83.28	80.39	20.78	36.99	53.63	53.63	53.63	53.63	59.58	53.63	53.63	677.54
Fixed asset Office Equipment		52.99	20.00		48.47	7.95	23.95	201.80	19.00			19.99	19.50	413.65
SUBTOTAL		1,898.06	2,015.22	867.48	636.12	362.44	978.92	638.93	1,768.27	1,132.99	850.16	2,481.60	1,732.39	15,362.58
Column1		Jan-20	Feb-20	Mar-20	Apr-20	May-20	Jun-20	Jul-20	Aug-20	Sep-20	Oct-20	Nov-20	Dec-20	Total
Loan principal payment														0
Capital purchases								105.91						-105.91
Other startup costs														0
To reserve and/or escrow														0
Cash withdrawal											5.00		20.00	25.00
TOTAL CASH PAID OUT		1,898.06	2,015.22</											

[illegible]