

REGISTERED CHARITY NUMBER : 1165849

**Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 31st March 2024**

for

TRUE HONOUR CIO

Registered Charity No 1165849

TRUE HONOUR CIO

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for the Year Ended 31st March 2024**

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TRUE HONOUR CIO

Report of the Trustees for the Year Ended 31 March 2024

The Trustees present their report with the financial statements of the charity for the year ended 31st March 2024. The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

OBJECTIVES AND ACTIVITIES

Objectives and Aims

To stop abuse and save lives by helping and supporting victims of Honour Based Abuse/Violence. The trustees confirm that they have complied with their duty against Honour Based Abuse/Violence (HBA/V), Forced marriage(FM) and Female Genital Mutilation(FGM) - the hidden crime crimes.

Our mission is to engage with police and other statutory agencies to help them gauge a better understanding of victims, our beneficiaries, so meeting the needs of the Asian community particularly, but not exclusively, by providing training to professionals and raising awareness of these hidden crimes to enable support of victims in a safe and empowering way.

By raising awareness amongst professionals and in the community, we help victims **'break the silence'** and seek help to get justice.

We aim to go beyond duty of understanding that victims may have only **'one chance'** to report / ask for help, and we will make sure we go 'the extra mile' to deliver the support required, both by the True Honour team directly and through our advice to, and training of, professionals.

Public Benefit

The Trustees confirm that they have complied with their duty under section 17(5) of the Charities Act 2011, to have due regard to the public benefit guidance published by the Charity Commission, in determining the activities of the charity irrespective of a beneficiary's capacity, ethnicity, faith, or socio-economic environment, all Charity charitable services are provided free. To ensure support is offered to those that meet our criteria, there is a referral process in place with clear guidelines. Referrals may come from any source including the professionals we have trained, community groups we work with and direct from victims themselves.

ACHIEVEMENTS AND PERFORMANCE

Activities

The Trustees meet at least three times a year to consider the work of the Trustees and the Charity, receive updated accounts to review the financial position, receive a report from the Chief Executive Officer, approve new proposals and any changes required for the effective management of the Charity. The Annual Return is submitted on time as required by the Charity Commission.

The Treasurer together with the bookkeeper (an experienced qualified accountant) have reviewed the finances of the charity. A new Chair has been appointed and one Trustee retired on health grounds during the year. The Chair together with the Chief Executive Officer commenced a review of the roles of Trustees.

Training

Training of professionals which attracts fees has been given to police, local authority staff (multi-agency) and in support of another charity, the Kurdish and Middle Eastern Women's organisation. This work will continue.

TRUE HONOUR CIO

Report of the Trustees (continued) for the Year Ended 31 March 2024

ACHIEVEMENT AND PERFORMANCE (continued)

Victim Support

True Honour applies for grant funding to fund support for victims of hidden crimes. The Charity received funding from the National Lottery (Awards For All programme) and from the London Community Foundation (Home Office fund). It is very difficult to make initial contact with victims who are restricted by the 'honour' culture and whose contact with the majority community can be extremely limited. True Honour reviewed its work with the Kingston community and set up a coffee morning with other activities in a local community hall. A project leader led this project which aimed to develop trust relationships with the local community, a few victims were identified and referred to full victim support.

Victims have continued to be supported during the year by the Chief Executive Office or by the Trustee volunteer. Direct work with victims aims to help them achieve an improvement in their mental health and well-being, with many being supported through Court proceedings, referred for safeguarding, or helped to leave an abusive situation. Victims are referred by the professionals whom True Honour has trained, through the charity's work in the community or through victims finding the website.

FINANCIAL REVIEW

Reserves Policy

The results for the year and the financial position of the Charitable Incorporated Organisation are presented in the Financial Statements on pages 5-6, with notes on pages 7-11. The net incoming resources of unrestricted funds for the year show a surplus of £9,772.00.

At present free reserves stand at £21,023. The trustees aim to retain sufficient reserves required to finance day-to-day running costs of True Honour CIO for the next 12 months. The adequacy of the reserves policy is reviewed annually. Staff carrying out office-based work activities from home.

FUTURE PLANS

True Honour will continue to deliver training to professionals across the country and plan further development of this work. True Honour takes all opportunities to talk to schools, colleges, universities and community groups about the problems caused by harmful practices, using the personal experience of the Chief Executive Officer to illustrate these issues.

True Honour will continue to develop the community-based project in Kingston and look for other opportunities for community based development. Much of the Charities work is on-going, already working with the Charity with training new entrants to statutory agencies and responding to new requests for training or support for victims.

Gift Aid has now been set up for the charity and consideration is being given to the development of new funding streams.

TRUE HONOUR CIO

**Report of the Trustees
for the Year Ended 31 March 2024**

STRUCTURE, GOVERNANCE AND MANAGEMENT

The Charity is a Charitable Incorporated Organisation (CIO) governed according to the Constitution dated 3rd March 2016.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity Number: 1165849

Principle Address

True Honour CIO
124 City Road
London
EC1V 2NX

Correspondence Address

Treasurer
14, Hart Gardens,
Dorking, Surrey
RH4 1JT

TRUSTEES

Mrs M Lenton (retired 06.06.2024)
B D Weir
C J Driscoll (Deputy Chair)
K Hurley (Chair retired 06.06.2024)
S Nasarullah
S. Mirza
Ms S Clay (retired 06.06.2024)
Mrs D Porter (Treasurer)
Ms S Sehmi (appointed 30.01.2023)
Ms E Burroughs (appointed 24.01.2024)
K Mahay (appointed Trustee and Chair 06.06.24)
Mrs A Singh (appointed 06.06.2024)

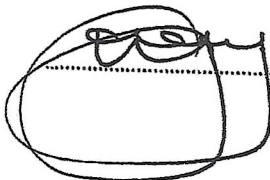
Independent Examiner

Nabila Javed AAT
52 Dartmouth Avenue
Woking,
Surrey
GU21 5PJ

BANKERS

Lloyds Bank
One Legg Street
Chelmsford,
Essex
CM1 1JS

Approved by order of the Board of trustees on 23/1/25 date
and signed on its behalf by K Mahay (Chair)



..... Trustee
Chair

**Independent Examiner's Report to the Trustees of
TRUE HONOUR CIO**

Independent examiner's report to the trustees of TRUE HONOUR CIO

I report to the charity trustees on my examination of the accounts of TRUE HONOUR CIO (the Trust) for the year ended 31 March 2024

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of accounts in accordance with the requirements of the Charities Act 2011 (the Act)

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145 (5) (b) of the Act

Independent Examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect :

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.



.....
NABILA JAVED AAT

Date.....25/11/2024.....

TRUE HONOUR CIO

Statement of Financial Activities for the Year Ended 31 March 2024

	Notes	Unrestricted funds £	Restricted funds £	31.3.24 Total funds £	31.3.23 Total funds £
INCOME AND LEGACIES FROM					
Donations and legacies	2	11,810	21,981	33,791	22,511
EXPENDITURE ON					
Charitable activities	3				
Victim Support				0	0
Awards for All			8,535	8,535	9,228
London Community			11,982	11,982	15,100
Training		2,038		2,038	4,828
Total		<u>2,038</u>	<u>20,517</u>	<u>22,555</u>	<u>29,156</u>
NET INCOME/EXPENDITURE		9,772	1,464	11,236	(6,645)
RECONCILIATION OF FUNDS					
Total funds brought forward		11,251	0	11,251	17,896
TOTAL FUNDS CARRIED FORWARD		<u>21,023</u>	<u>1,464</u>	<u>22,487</u>	<u>11,251</u>

TRUE HONOUR CIO

**Balance Sheet at
31st March 2024**

		Unrestricted funds	Restricted funds	31.3.24 Total funds	31.3.23 Total funds
	Notes				
CURRENT ASSETS					
Cash at Bank		21,923	(2,260)	19,663	14,276
Debtors and Prepayments	8	1,365	0	1,365	0
Accrued Income	8	0	6,345	6,345	0
NET CURRENT ASSETS		<u>23,288</u>	<u>4,085</u>	<u>27,373</u>	<u>14,276</u>
 CREDITORS AND ACCRUALS					
Amounts falling due within one year	9	2,265	2,621	4,886	(3,025)
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>21,023</u>	<u>1,464</u>	<u>22,487</u>	<u>11,251</u>
 NET ASSETS		<u>21,023</u>	<u>1,464</u>	<u>22,487</u>	<u>11,251</u>
 FUNDS	10				
Unrestricted funds				21,023	11,251
Restricted funds				1,464	0
TOTAL FUNDS				<u>22,487</u>	<u>11,251</u>

The financial statements were approved by the Board of Trustees and authorised for issue on

.....date

Diana M. R. 28/1/25
Mrs D. Porter (Trustee and Treasurer)

K Mahay
K Mahay (Chair of Trustees)

23/1/25

TRUE HONOUR CIO

Notes to the Financial Statements for the Year Ended 31st March 2024

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019); Financial Reporting Standard applicable in the UK and Republic of Ireland and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

The Charitable Incorporated Organisation (ICO) 1165849 was incorporated on 3rd March 2016, to take forward the work of the Unincorporated Association. The funds were transferred.

Income

All income is recognised in the Statement of Financial Activities once the Charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity.

Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. DONATIONS AND FEES

	31.3.24	31.3.23
	£	£
Donations	7,310	711
Professional Training Fees	4,500	6,700
Grants :		
Awards for All	9,999	0
London Community	11,982	15,100
	<u>33,791</u>	<u>22,511</u>

TRUE HONOUR CIO

Notes to the Financial Statements - continued for the Year Ended 31st March 2024

3. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support Costs(see Note 4) £	Totals £
Awards for All	0	8,535	8,535
London Community	0	11,982	11,982
Training and Victim Support	2,038		2,038
	<u>2,038</u>	<u>20,517</u>	<u>22,555</u>

4. SUPPORT COSTS

	Management £	Governance costs £	Totals £
Awards for All	8,535	0	8,535
London Community	11,982	0	11,982
	<u>20,517</u>	<u>0</u>	<u>20,517</u>

Support costs included above , are as follows :

	Training £	Awards for All £	London Community £	31.03.24 Total Activities £	31.03.23 Total Activities £
Wages		4,528	8,309	12,837	16,250
Leaflets,email,website support		436	606	1,042	1,063
Office Costs		48	740	788	0
Rent, Insurance and fees		837	1,000	1,837	4,000
Travel and Meeting expenses		2,498	940	3,438	705
Training expenses	2,038	0	32	2,070	6,994
Trustee expenses		0	355	355	0
Zoom Meetings/Victim Support		188		188	144
	<u>2,038</u>	<u>8,535</u>	<u>11,982</u>	<u>22,555</u>	<u>29,156</u>

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st March 2024 nor for the year ended 31st March 2023

6. STAFF COSTS

The average number of employees during the year was as follows:

	31.3.24	31.03.23
average number of employees	<u>2</u>	<u>1</u>

TRUE HONOUR CIO

Notes to the Financial Statements - continued for the Year Ended 31st March 2024

7.	COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES			31.03.23
		Unrestricted funds	Restricted funds	Total funds
		£	£	£
	INCOME AND LEGACIES FROM			
	Donations and Training Fees	7,411	15,100	22,511
	EXPENDITURE ON			
	Charitable activities			
	City of London		9,228	9,228
	London Community		15,100	15,100
	Training	4,828		4,828
	TOTAL	4,828	24,328	29,156
	NET INCOME	2,583	(9,228)	(6,645)
	RECONCILIATION OF FUNDS			
	Total funds brought forward	8,668	9,228	17,896
	TOTALS FUNDS CARRIED FORWARD	11,251	0	11,251
			31.3.24	31.3.23
			£	£
8	DEBTORS AND PREPAYMENTS			
	Debtors		1,306	0
	Prepayments-Office costs		59	0
	Accrued Income		6,345	0
	London Community January to March 2024			
			7,710	0
9	CREDITORS; AMOUNTS FALLING DUE WITHIN ONE YEAR		31.3.24	31.3.23
			£	£
	Other creditors			0
	Accruals		2,969	1,081
	Payroll liabilities		191	331
	Wages		1,726	1,613
			4,886	3,025
10	MOVEMENT IN FUNDS			
		At	Net	At
		01.04.23	movement	31.3.24
		£	in funds	£
	Unrestricted funds		£	
	General fund	11,251	9,772	21,023
	Restricted funds			
	London Community	0	0	0
	City of London	0	1,464	1,464
	Awards for All	0		
	TOTAL FUNDS	11,251	11,236	22,487

TRUE HONOUR CIO

Notes to the Financial Statements - continued for the Year Ended 31st March 2024

10 MOVEMENT IN FUNDS - continued

Net movement in funds, included on Page 9 paragraph 10 are as follows:

	Incoming Resources £	Resources expended £	At 31.03.24 Movement in funds £
Unrestricted funds			
General fund	11,810	(2,038)	9,772
Restricted funds			
Awards for All	9,999	(8,535)	1,464
London Community	11,982	(11,982)	0
	<u>33,791</u>	<u>(22,555)</u>	<u>11,236</u>

Comparatives for movement in funds

	At 01.4.22 £	Net movement in funds £	At 31.03.23 £
Unrestricted funds			
General fund	8,668	2,583	11,251
Restricted fund	9,228	(9,228)	0
TOTAL FUNDS	<u>17,896</u>	<u>(9,228)</u>	<u>11,251</u>

Net movement in funds, included in the above as follows :

	Incoming Resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	7,411	(4,828)	2,583
Restricted fund			
Awards for All		(9,228)	(9,228)
London Community	15,100	(15,100)	0
Funds brought forward 1st April 2022	17,896		17,896
TOTAL FUNDS	<u>40,407</u>	<u>(29,156)</u>	<u>11,251</u>

TRUE HONOUR CIO

**Notes to the Financial Statements - continued
for the Year Ended 31st March 2024**

MOVEMENT IN FUNDS - continued

10

A current year 12 months and prior year 12 months combined position is as follows :

	At 01.04.22 £	Net movement in funds £	At 31.03.24 £
Unrestricted funds			
General fund	8,668	12,355	21,023
Restricted fund	9,228	(7,764)	1,464
TOTAL FUNDS	<u>17,896</u>	<u>4,591</u>	<u>22,487</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above re as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund- Donations	8,021		8,021
Professional Training Fees	11,200	(6,866)	4,334
Restricted funds			
Awards for All	9,999	(17,763)	(7,764)
London Community	27,082	(27,082)	0
Funds brought forward 1st April 2022	17,896		17,896
TOTAL FUNDS	<u>74,198</u>	<u>(51,711)</u>	<u>22,487</u>

RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31st March 2024

10.