

REGISTERED CHARITY NUMBER : 1165849

**Report of the Trustees and
Unaudited Financial Statements
for the Year Ended 31st March 2023**

for

TRUE HONOUR CIO

TRUE HONOUR CIO

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for the Year Ended 31st March 2023

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TRUE HONOUR CIO

Report of the Trustees for the Year Ended 31 March 2023

The Trustees present their report with the financial statements of the charity for the year ended 31st March 2023. The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

OBJECTIVES AND ACTIVITIES

Objectives and aims

To stop abuse and save lives by helping and supporting victims of Honour Based Violence (HBV), Forced Marriage (FM) and Female Genital Mutilation (FGM) - the hidden crimes.

Our mission is to engage with police and agencies to gauge a better understanding of victims, our beneficiaries, to meet the needs of the Asian Community particularly but not exclusively by providing training and, raising awareness of hidden abuse and by supporting victims in a safe empowering way.

Our commitment to providing training and raising awareness encompasses professionals in police, the crown prosecution service and private law practice. Also, schools, colleges and universities, local authorities, health services and partner agencies, as well as members of community organisations and the community generally.

By raising awareness we help 'break the silence' and seek help to get justice.

We aim to go beyond our duty of understanding that victims may have only 'one chance' to report / ask for help and we will make sure we go 'the extra mile' to deliver the support required, both by the True Honour team directly, and through our advice to and training of professionals.

Public Benefit

The Trustees confirm that they have complied with their duty under section 17(5) of the Charities Act 2011, to have due regard to the public benefit guidance published by the Charity Commission, in determining the activities of the charity irrespective of a beneficiary's capacity, ethnicity, faith, or socio-economic environment, all charitable services are provided free. To ensure support is offered to those that meet our criteria, there is a referral process in place with clear guidelines. Referrals may come from any source including all the professionals we have trained and direct from victims themselves.

ACHIEVEMENT AND PERFORMANCE

Activities

The Trustees meet at least three times a year to consider the work of the Trustees and the Charity, receive updated accounts to review the financial position, receive a report from the Director, approve new proposals, and, changes required for the effective management of the Charity. The Annual Return is submitted on time as required by the Charity Commission.

The Treasurer had resigned during the year and an interim Treasurer appointed until a new Treasurer/Trustees were appointed in October 2022. Two additional Trustees were considered, interviewed and appointed during the year.

Training which attracts fees has been given to police, local authorities (multi - agency) and in support of another charity, the Kurdish and Middle Eastern Women's Organisation. The number of courses provided is much reduced on that given prior to the Covid pandemic. This appears to be due to a lack of agencies' training funds.

TRUE HONOUR CIO

Report of the Trustees (continued) for the Year Ended 31 March 2023

ACHIEVEMENT AND PERFORMANCE

Activities continued

True Honour applies for grant-funding to fund support for victims of hidden crimes. The charity received the second year of funding from the London Community Foundation (MOPAC). It is very difficult to make initial contact with potential victims who are restricted by the 'honour' culture and whose contact with the majority community can be extremely limited. True Honour tries offering a coffee morning at the Women's Hub in Kingston which was not successful as the women we need to reach did not find this facility. Initially the Director was assisted by two volunteers with the running of the coffee morning. When these volunteers had to leave us, we were unable to replace them.

61 victims were supported during the year either by the Director or by the Trustee volunteer. Direct work with victims aims to help them achieve an improvement in their mental health and well-being, with many being supported through court proceedings or to leave an abusive situation.

The majority of victims are still being referred by professionals whom True Honour has trained, and through contacts in the community. True Honour is extending its training activities in the local community and to professionals through arrangements with the Kingston Borough Council.

FINANCIAL REVIEW

Reserves Policy

The results for the year and the financial position of the Charitable Incorporated Organisation are presented in the Financial Statements on pages 5-6, with notes on pages 7-11. The net incoming resources of unrestricted funds for the year show a surplus of £2,583.

At present free reserves stand at £11,251. The Trustees aim to retain sufficient reserves required to finance day to day running costs of True Honour CIO for the next twelve months. The adequacy of the reserves policy is reviewed annually. Towards the end of the year, Trustees reviewed the use and cost of the Kingsgate office, and made a decision to discontinue renting this facility, with a view to reducing pressure on the budget in the forthcoming year. Staff carrying out office based activities would work from home.

FUTURE PLANS

True Honour will continue to deliver training and work with professionals across the country and will further develop support for victims. Much of the charity's work is on-going, ensuring that new entrants to agencies are made of issues and responding to new requests for training and/or support.

STRUCTURE, GOVERNANCE AND MANAGEMENT

The Charity is a Charitable Incorporated Organisation (CIO) governed according to the Constitution dated 3rd March 2016.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity Number : 1165849

TRUE HONOUR CIO

Report of the Trustees
for the Year Ended 31 March 2023

Principal address

Kingsgate Church
161A Clarence Street,
KINGSTON UPON THAMES
Surrey

KT1 1QT

Please Note till 31 March 2023
(see Page 2 Financial Review)

Correspondence Address from
1st January 2024

Treasurer

14, Hart Gardens,
Dorking, Surrey
RH4 1JT

TRUSTEES

Mrs M Lenton

B D Weir (interim Treasurer to 21.10.2022

C J Driscoll (Deputy Chair)

K Hurley (Chair)

S Nasarullah

S. Mirza

Ms S Clay (appointed 01.08.2022)

Mrs D Porter (appointed Trustee and Treasurer from 21.10.2022)

Ms S Sehmi (appointed 30.01.2023)

Independent Examiner

Nabila Javed AAT
52 Dartmouth Avenue
Woking,
Surrey
GU21 5PJ

BANKERS

Lloyds Bank
One Legg Street
Chelmsford,
Essex
CM1 1JS

Approved by order of the board of trustees on 25.01.2024 and signed on its behalf by: C J Driscoll

Deputy Chair

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C J Driscoll

Independent Examiner's Report to the Trustees of
TRUE HONOUR CIO

Independent examiner's report to the trustees of TRUE HONOUR CIO

I report to the charity trustees on my examination of the accounts of TRUE HONOUR CIO (the Trust) for the year ended 31 March 2023

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of accounts in accordance with the requirements of the Charities Act 2011 (the Act)

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145 (5) (b) of the Act

Independent Examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect :

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.


.....
NABILA JAVED AAT

Date.....24/1/2024.....

TRUE HONOUR CIO

Statement of Financial Activities for the Year Ended 31st March 2023

	Notes	Unrestricted funds £	Restricted funds £	31.3.23 Total funds £	31.3.22 Total funds £
INCOME AND LEGACIES FROM					
Donations and legacies	2	7,411	15,100	22,511	26,441
EXPENDITURE ON					
Charitable activities	3				
Victim Support		0	0	0	14,907
City of London			9,228	9,228	8,504
London Community			15,100	15,100	0
Training		4,828		4,828	
Total		4,828	24,328	29,156	23,411
NET INCOME/EXPENDITURE		2,583	(9,228)	(6,645)	3,030
RECONCILIATION OF FUNDS					
Total funds brought forward		8,668	9,228	17,896	14,866
TOTAL FUNDS CARRIED FORWARD		11,251	0	11,251	17,896

TRUE HONOUR CIO**Balance Sheet
31st March 2023**

	Notes	Unrestricted funds	Restricted funds	31.3.23 Total funds	31.3.22 Total funds
CURRENT ASSETS					
Cash at Bank		14,276	0	14,276	19,000
CREDITORS AND ACCRUALS					
Amounts falling due within one year	8	(3,025)	0	(3,025)	(1,104)
TOTAL ASSETS LESS CURRENT LIABILITIES		<u>11,251</u>	<u>0</u>	<u>11,251</u>	<u>17,896</u>
NET ASSETS		<u>11,251</u>	<u>0</u>	<u>11,251</u>	<u>17,896</u>
FUNDS	9				
Unrestricted funds				11,251	8,668
Restricted funds				0	9,228
TOTAL FUNDS				<u>11,251</u>	<u>17,896</u>

The financial statements were approved by the Board of Trustees and authorised for issue on

25-1-2024 and were signed on its behalf by :

Diana M. Porter

Mrs D.Porter

C.J. Driscoll

C.J Driscoll

TRUE HONOUR CIO

Notes to the Financial Statements for the Year Ended 31st March 2023

1. ACCOUNTING POLICIES

Basis of preparing the financial statements

The financial statements of the charity, which is a public benefit entity under FRS102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS102) (effective 1 January 2019); Financial Reporting Standard applicable in the UK and Republic of Ireland and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

The Charitable Incorporated Organisation (ICO) 1165849 was incorporated on 3rd March 2016, to take forward the work of the Unincorporated Association. The funds were transferred.

Income

All income is recognised in the Statement of Financial Activities once the Charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

Expenditure

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated on a basis consistent with the use of resources.

Taxation

The charity is exempt from tax on its charitable activities.

Fund accounting

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity.

Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

2. DONATIONS AND LEGACIES

	31.3.23	31.3.22
	£	£
Donations	711	759
Training	6,700	2,700
Grants :		
Community Foundation for Surrey	0	5,250
City of London	0	17,732
London Community	15,100	0
	<u>22,511</u>	<u>26,441</u>

TRUE HONOUR CIO

Notes to the Financial Statements - continued for the Year Ended 31st March 2023

3. CHARITABLE ACTIVITIES COSTS

	Direct Costs £	Support Costs(see Note 4) £	Totals £
City of London	0	9,228	9,228
London Community		15,100	15,100
Training and research	4,828		4,828
	<u>4,828</u>	<u>24,328</u>	<u>29,156</u>

4. SUPPORT COSTS

	Management £	Governance costs £	Totals £
City of London	9,228	0	9,228
London Community	15,100	0	15,100
	<u>24,328</u>	<u>0</u>	<u>24,328</u>

Support costs included above , are as follows :

	Training	City of London £	London Community £	31.3.23 Total Activities £	31.03.22 Total Activities £
Wages		7,727	8,523	16,250	15,540
Leaflets,email,website support		0	1,063	1,063	
Rent, rates and water		1,320	2,680	4,000	680
Travelling expenses		181	524	705	4,447
Training expenses	4,828	0	2,166	6,994	840
Zoom Meetings		0	144	144	0
	<u>4,828</u>	<u>9,228</u>	<u>15,100</u>	<u>29,156</u>	<u>21,507</u>

5. TRUSTEES' REMUNERATION AND BENEFITS

There were no trustees' remuneration or other benefits for the year ended 31st March 2023 nor for the year ended 31st March 2022

6. STAFF COSTS

The average number of employees during the year was as follows:

	31.3.23	31.03.22
average number of employees	<u>1</u>	<u>1</u>

TRUE HONOUR CIO

**Notes to the Financial Statements - continued
for the Year Ended 31st March 2023**

7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES

	Unrestricted funds £	Restricted funds £	31.3.22 Total funds £
INCOME AND LEGACIES FROM			
Donations and Legacies	3,459	22,982	26441
EXPENDITURE ON			
Charitable activities			
Victim Support	9,657	5,250	14,907
City of London	0	8,504	8,504
TOTAL	<u>9,657</u>	<u>13,754</u>	<u>23,411</u>
NET INCOME	(6,198)	9,228	3,030
RECONCILIATION OF FUNDS			
Total funds brought forward	14,886	0	14,866
TOTALS FUNDS CARRIED FORWARD	<u><u>8,668</u></u>	<u><u>9,228</u></u>	<u><u>17,896</u></u>

8. CREDITORS; AMOUNTS FALLING DUE WITHIN ONE YEAR

	31.3.23 £	31.3.22 £
Other creditors	0	1,104
Accruals	1,081	0
Payroll liabilities	331	0
Wages	1,613	0
	<u>3,025</u>	<u>1,104</u>

9. MOVEMENT IN FUNDS

	At 01.4.22 £	Net movement in funds £	At 31.3.23 £
Unrestricted funds			
General fund	8,668	2,583	11,251
Restricted funds			
City of London	9,228	(9,228)	0
TOTAL FUNDS	<u><u>17,896</u></u>	<u><u>(6,645)</u></u>	<u><u>11,251</u></u>

TRUE HONOUR CIO

**Notes to the Financial Statements - continued
for the Year Ended 31st March 2023**

9. MOVEMENT IN FUNDS - continued

Net movement in funds, included in the above are as follows:

	Incoming Resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	7,411	(4,828)	2,583
Restricted funds	0	(9,228)	(9,228)
City of London			
London Community	15,100	(15,100)	0
	<u>22,511</u>	<u>(29,156)</u>	<u>(6,645)</u>

Comparatives for movement in funds

	At 01.4.21 £	Net movement in funds £	At 31.3.23 £
Unrestricted funds			
General fund	14,866	(6,198)	8,668
Restricted fund	0	9,228	9,228
TOTAL FUNDS	<u>14,866</u>	<u>3,030</u>	<u>17,896</u>

Net movement in funds, included in the above as follows :

	Incoming Resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	3,459	(9,657)	(6,198)
Restricted fund			
Community Foundation for Surrey	5,250	(5,250)	0
City of London	17,732	(8,504)	9,228
TOTAL FUNDS	<u>26,441</u>	<u>(23,411)</u>	<u>3,030</u>

TRUE HONOUR CIO

**Notes to the Financial Statements - continued
for the Year Ended 31st March 2023**

9. MOVEMENT IN FUNDS - continued

A current year 12 months and prior year 12 months combined position is as follows :

	At 01.4.21 £	Net movement in funds £	At 31.3.23 £
Unrestricted funds			
General fund	14,866	(3,615)	11,251
Restricted fund			
City of London	0	0	0
Victim Support	0	0	0
London Community	0	0	0
TOTAL FUNDS	<u>14,866</u>	<u>(3,615)</u>	<u>11,251</u>

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
Unrestricted funds			
General fund	10,870	(14,485)	(3,615)
Restricted funds			
Victim Support-Community Foundation of Surrey	5,250	(5,250)	0
City of London	17,732	(17,732)	0
London Community	15,100	(15,100)	0
TOTAL FUNDS	<u>48,952</u>	<u>(52,567)</u>	<u>(3,615)</u>

10. RELATED PARTY DISCLOSURES

There were no related party transactions for the year ended 31st March 2023