



# Annual Report

2024/25

# Contents

Foreword	3
Reference and administration details	5
Structure, governance and management	8
Objectives and activities	12
A review of our finance, achievements and performance	14
Plans for future periods	14
A big thank you	16
Community support	19
Independent Examiner's Report	21
Charity allocations	22
Annual accounts 2024/25	24

# Foreword



# The Board of Directors of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust as Corporate Trustee presents the Charitable Funds Annual Report together with the Financial Statements for the year ended 31 March 2025.

The Charity's annual report and accounts for the year ended 31 March 2025 have been prepared by the Corporate Trustee in accordance with Part 8 of the Charities Act 2011 and the Charities (Accounts and Reports) Regulations 2008. The Charity's report and accounts include all the separately established funds for which the Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust is sole beneficiary.

The Charity has a Corporate Trustee: the Cumbria, Northumberland Tyne and Wear NHS Foundation Trust. The members of the NHS Trust Board of Directors who served during the financial year were as follows:

**Darren Best** Chair

**James Duncan** Chief Executive

**Dr Rajesh Nadkarni** Deputy Chief Executive/Executive Medical Director

**Ramona Duguid** Chief Operating Officer

**Kevin Scollay** Executive Director of Finance

**Lynne Shaw** Executive Director of Workforce and Organisational Development

**Sarah Rushbrooke** Executive Director of Nursing, Therapies and Quality Assurance

**David Arthur** Non-Executive Director (Resigned January 2025)

**Paula Breen** Non-Executive Director (Resigned March 2025)

**Louise Nelson** Non-Executive Director

**Michael Robinson** Non-Executive Director

**Brendan Hill** Non-Executive Director

**Vikas Kumar** Non-Executive Director

**Rachel Bourne** Non-Executive Director

**Robin Earl** Non-Executive Director (July 2024)

The Charitable Funds are registered with the Charity Commission (no. 1165788) in accordance with the Charities Act 2011.

## Reference and administrative details

Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charity, registered Charity Number 1165788, is constituted of 50 individual funds as at 31 March 2025. The notes to the accounts distinguish the types of fund held and disclose separately all material funds.

Charitable funds received by the charity are accepted, held and administered as funds and property held on trust for purposes relating to the health service in accordance with the National Health Service Act 2006, and these funds are held on Trust by the corporate body.



# Trustee

Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust is constituted as the sole Corporate Trustee of the Charity and its charitable funds governed by the law applicable to Trusts, principally the Trustee Act 2000 and the Charities Act 2011.

All members of the Board of Directors of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust are the Trustee within charitable law and as such are required to ensure that any funds donated to the Trust for charitable purposes are used for the purposes for which they were given, that funds are managed appropriately and that balances are invested wisely.

The Board of Directors has devolved responsibility for the on-going management of funds to a sub-committee of the Board of Directors whose meetings are governed by the Trust's Standing Orders and whose financial transactions must comply with the Trust's Standing Financial Instructions.

A Non-Executive director chairs the Charitable Funds Sub Committee, and its other members comprise: the Executive Directors of the Trust; Managing Director (NTW Solutions Limited); the Director of Communications and Corporate Affairs, Patients' Finance and Cashier Manager, Governors, Head of Accounting and Processing and the Head of Communications.

Trustees and members of the Charitable Funds Sub-Committee during 2024/25 were as follows:

**Louise Nelson** Non-Executive Director (Acting Chair January 2024 until April 2024)

**Vikas Kumar** Non-Executive Director (Chair from May 2024)

**Kevin Scollay** Executive Director of Finance

**Ailsa Miller** Patients Finance and Cashiers Manager, NTW Solutions Limited

**Tracey Sopp** Managing Director, NTW Solutions Limited

**Shaun Dixon** Head of Accounting and Processing

**Emma Silver Price** Non-Clinical Staff Governor

**Debbie Henderson** Director of Communications and Corporate Affairs

**Sarah Rushbrooke** Executive Director of Nursing, Therapies and Quality Assurance

**David Arthur** Non-Executive Director (resigned January 2025)

**Fiona Grant** Service User Adult Services

**Sharon Brennan** Charity Communications and Marketing Manager

**Daria Ansari-Saeid** Marketing Officer

## Principal office

The principal office for the Charity is:  
Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charity  
C/o Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust  
St Nicholas Hospital  
Jubilee Road  
Gosforth  
NE3 3XT

## Principal professional advisers

Bankers:  
Lloyds Banking Group  
4th Floor  
102 Grey Street  
Newcastle upon Tyne  
NE1 6AG

## Independent examiners

Forvis Mazars LLP  
The Corner  
Bank Chambers  
26 Mosley Street  
Newcastle upon Tyne  
NE1 1DF

## Solicitors

Withers LLP  
16 Old Bailey  
London  
EC4M 7EG

# Structure, governance and management

The Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charity was established by Trust deed and is registered with the Charity Commission (charity number 1165788). The charity's funds were established using the model declaration of trust.

As a body we are a member of the Association of NHS Charities.

All trust funds are registered with the Charity Commission. The Charitable Funds (the Charity) of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust (the Trust) comprise a range of funds under one umbrella registration. Funds are held relevant to individual wards and departments and by specific purpose within those areas. These funds are, within certain delegated limits, available for the staff to expend on items appropriate to the fund concerned in line with the financial procedures laid down from time to time.

Large donations, often received by virtue of a legacy, are managed directly by the Charitable Funds Sub Committee which ensures that the wishes of the donor are met and that expenditures are not at variance to the Trust's own activities and that, where relevant, investment in new equipment or services is sustainable and supported in future years.

Non-Executive Members of the Trustee Board of Directors are appointed by the Council of Governors and Executive Members of the Board are subject to recruitment by the Chairman and Non-Executive Directors of the Trustee Board. Members of the Board of Directors and the Charitable Funds Sub-Committee are not individual Trustees under Charity Law but act as agents on behalf of the corporate Trustee.

All members of the Board of Directors have a responsibility to adhere to the NHS Foundation Trust Code of Governance.

The Executive Director of Finance has a responsibility to highlight to members of the Charitable Funds Committee any changes to charity law and updates from the Charity Commission. These items are circulated to all members and included as an agenda item for the next meeting as they occur.

Acting for the Corporate Trustee the Charitable Funds Committee is responsible for the day to day management of the Charitable Funds. Details of the Trustee's responsibilities are provided in the statement accompanying the attached accounts for the year.



The Trustee is responsible for preparing the Trustee's Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the Trustee to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period.

In preparing these financial statements, the Trustee is required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charities Statement of Recommended Practice (SORP);
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustee is responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008. The Trustee is also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustee is responsible for the maintenance and integrity of the charity and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The Trustee confirms that it has met the responsibilities set out above and complied with the requirements for preparing the accounts. The financial statements set out within the annual report have been compiled from and are in accordance with the financial records maintained by the Trustee.

By Order of the Trustee, and those with delegated responsibility

Trustee Chair..... Darren Best  
17.12.25



Executive Lead..... Chris Cressey  
17.12.25



The accounting records and day to day administration of the funds are dealt with by the Finance Department, NTW Solutions located at Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust, St Nicholas Hospital, Jubilee Road, Gosforth, NE3 3XT.

# Consolidation of accounts with Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust

In accordance with NHS Improvement's Annual Reporting Manual 2024/25 and the Department of Health Group Accounting Manual (DH GAM), where an NHS Foundation Trust is the Corporate Trustee to an NHS Charitable Fund, the NHS Foundation Trust was required to consider whether the accounts of that charitable fund represent a subsidiary. This is likely to be the case where the NHS Foundation Trust both:

- Has control over the NHS Charitable Fund, i.e.
- Controls the majority of the voting rights in the entity;
- Has the power to govern the financial and operating policies of the entity; and
- Has the power to appoint or remove directors at meetings of the board and;
- Benefits from the NHS Charitable Fund.

Based upon the above it was considered Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charitable Funds represented a subsidiary of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust.

The Trust has prepared consolidated group financial statements for 2024/25 for the Trust and its subsidiaries including the Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charity.

## Risk management

The Trustee, in reviewing risks appropriate to the charitable activities, places reliance upon the risk management review carried out by Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust and the overall internal control arrangements within the Trust.

The Trust's internal auditors include Charitable Funds in their annual plans and their findings, which include an assessment of risk, are reported to the Trustee via the Trust's Audit Committee.

## Partnership working and networks

Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust is the main beneficiary of the charity and is a related party by virtue of being Corporate Trustee of the charity. By working in partnership with the Trust the charitable funds are used to best effect. When deciding upon the most beneficial way to use charitable funds the Corporate Trustee has regard to the main activities, objectives, strategies and plans of the Trust.

# Public benefit statement

Public benefit, as defined by the Charities Act 2011. The Trustees can report that the two key principles that underpin 'public benefit' have been met:

There is always an identifiable benefit or benefits and these are apparent from the contents of the Annual Report and are all related to the aims of the charities; and

There is a benefit to the public or a section of the public. The beneficiaries are appropriate as laid down by the aims of the various charities and there are no unreasonable restrictions. It is recognised that the Trustee exercises a discretion in deciding upon who will benefit from the charities but that this is permissible under the aims and objects of the charities concerned and the beneficiaries constitute a 'section of the public' and therefore this is a reasonable exercise of that discretion. The aims and objects of the Charity are contained in the charity's scheme. The Trustee confirms that they:

- Ensure that they pursue the aims and objects of the various charities for the public benefit, as defined by the Charities Act 2011
- Have proper regard to the guidance published by the Charity Commission in respect of the subject of public benefit; and
- Confirm that this Annual Report provides sufficient information as to the ways in which the public benefit is achieved.

# Independent examination

The Charity's Trustee considers that an audit is not required for this year under section 144(2) of the Charities Act 2011 and that an independent examination is required as a lower-income charity. An independent examination has been carried out by Forvis Mazars LLP for the financial statements for 2024/25.

# Objectives and activities

Typically the purpose of the fund is to benefit the public through its support for current and former service users of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust. The funds provide items of comfort for patients or therapeutic activities beyond normal levels expected for patient welfare and amenities.

The Charity's purpose is as follows:

“ The funds held can be used for any charitable purposes relating to the general or specific purposes of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust or purposes relating to the National Health Service ”

The funds held relevant to individual wards and departments are often raised by the staff and friends or are from small donations given by patients and relatives in gratitude for the care they have received. These funds are available for the staff to expend on items appropriate to the fund concerned in line with the financial procedures laid down from time to time.

The largest bid for the year was £8,310 towards presents and activities for all inpatients in hospital over Christmas.

Funding was given to the STARRT team at Walkergate Park to provide activities for Service users and their families.

Beadnell Ward at St George's Park received a specific donation to fund baby massage training for staff.

Lamesley ward used funding from their specific fund to set up a sensory room within the ward.

There were 4 Cubii exercise machines purchased using Woodhorn and Hauxley's specific fund at St Georges Park to be used as part of an exercise activity for older person's services.

Hadrian Ward, at Carleton Clinic received funding to purchase a new pool table for the ward.

Ferndene used their specific fund to purchase lots of activity equipment for their young people.

Secure Services at Northgate were able to have an on site planetarium visit.

There were prayer and candle stands purchased for every faith room across the Trust from the SHINE fund.

Gardening and outdoor equipment was bought for several locations across the Trust.

The charitable funds committee continued with its policy of rationalisation of the funds held on Trust to promote clarity of purpose and by actively publicising the availability of all legacies to ensure expenditure to date as appropriate.

**You can find out more about the different projects the charity has funded on our charity webpage at [www.cntw.nhs.uk/SHINE](http://www.cntw.nhs.uk/SHINE)**



# A review of our finance, achievements and performance

Total incoming resources amounted to £162,627. The charity continues to rely on donations, legacies and investments income as the main sources of income. Income comprised: funds raised by staff, relatives, friends and other donations £53,300, transfer from other charities £77,000 and investment income £32,327.

Of the total expenditure of £259,595, charitable expenditure for patient welfare and amenities was £165,656, transfers to other charities £1,000, management and admin costs of £89,716 and fundraising event costs of £3,223.

The net assets of the Charitable Funds as at 31 March 2025 were £765,826. Further details are provided in the annual accounts and notes.

## Reserves policy

The policy of the Trustee is to spend charitable funds and not allow funds to accumulate. The policy states that fund holders need to balance the interests of present and future beneficiaries of the fund. Expenditure plans should ideally aim to spend a minimum target of 10% of the fund per annum and raise funds equal to 10% of income per annum.

The Trustee considers that it should be the aim to hold sufficient reserves to be able to provide funds to meet charitable expenditure as it is incurred and to review the position on an annual basis. Access to the funds is encouraged so that cash is used often to provide benefits to the current and former service users of the Northumberland, Tyne and Wear NHS Foundation Trust. It has not yet been considered necessary to hold a set amount in reserves as in many instances the minimum spend targets are not yet being met.

## Plans for future periods

The Trustee reviews the spending priorities for each fund quarterly at the Charitable Funds Sub-Committee meetings and fund holders are regularly notified of balances.

Charitable fund activity will be consistent with the Trust's business plan and be set against identified corporate and charity objectives.

Future plans for the coming year include planning the expenditure of the remaining Stage 3 NHS Charities Together funding.

## Going concern

The Charity's Trustee has a reasonable expectation that the Charity has adequate fund balances to continue in operational existence for the foreseeable future.

This expectation is based upon fund balances as at the 31 March 2025 and the value £765,826 with minimal future liabilities and commitments.



# Thank you! ☺

On behalf of service users and carers who have benefited from enhanced services made possible by your donations and legacies, the Corporate Trustee extends a warm and sincere thank you to all patients, past patients, families and staff who have contributed to fundraising efforts or made charitable donations.

## Special thanks to...

**Social, Therapeutic, Recreational Rehabilitation Team (STARRT)** at Walkergate Park who raised £1,966 at their annual summer fundraiser event.

The team's regular fundraising is greatly appreciated and makes a big contribution to our fundraising total each year.



Our charity **Great North Run** participants raised an amazing £4,213 – the largest amount raised by our runners since 2015!





Our **Staff Excellence Awards** raised £2,266 for SHINE thanks to the generosity of staff attendees on the night as well as our event sponsors.

The **Craft Shack at Northgate Park** raised an amazing £715 on their launch day, and they continue to support SHINE with a portion of their sales going towards the charity. Open every Thursday, the Shack sells arts, crafts and woodwork created by service users.



**St. Nicholas Hospital Christmas Fair** organised by the domestic team, and **The Mopheads Christmas song**, raised an incredible £1,875. The team's continued support is greatly appreciated.

**Our first charity Christmas Concert** and market event at St. Nicholas Hospital raised £1,300 for SHINE.



**Teams at St. George's Park** raised an amazing total of £1,300 at their Christmas Fayre, involving patients, carers, families and staff.



**Fundraising volunteers** supported a number of fundraisers over the year, including summer fairs and SHINE's 10th birthday celebration stalls.





# Community support

We are very grateful for the generous support received from local supermarkets and businesses over the past year.

We'd like to extend a very big thank you to Lovell, a local housing developer, for their generous donation of £15,000 to SHINE.

We'd also like to thank the numerous businesses who have donated towards fundraisers and raffle prizes, such as Cowell's Garden Centre, DFDS, Gosforth Golf Club, Amazon and our partners at Starbucks Northumberland Street and Neville Street stores.

And finally, a special thank you to Morrisons, Asda, Tesco, Sainsbury's and Waitrose, along with their incredible community champions. Their ongoing support has been invaluable, boosting our fundraising efforts at numerous events across the year including NHS Big Tea, Easter raffles and our charity Christmas Concert.



# Annual Accounts 2024-25

The annual accounts for the Charitable Funds are published on the Trust's Intranet site.

Further copies can be obtained from Mr James Duncan at the Principal Office.

**Vikas Kumar**

Non-Executive Director

Chair - Charitable Funds Sub-Committee

Signed on behalf of the Corporate Trustee

17.12.25

A handwritten signature in white ink, consisting of a series of loops and a long horizontal stroke at the end.

**James Duncan**

Chief Executive

Charitable Funds Sub-Committee

Signed on behalf of the Corporate Trustee

17.12.25

A handwritten signature in white ink, featuring a large, stylized 'J' followed by a long, sweeping horizontal line.

# Independent Examiner's Report to the Trustees of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charity

I report on the financial statements of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charity for the year ended 31 March 2025, which are set out on pages 24 to 36.

## Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the financial statements. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the financial statements under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

This report, including my statement, has been prepared for and only for the charity's trustees as a body. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body for my examination work, for this report, or for the statements I have made.

## Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the financial statements present a 'true and fair view' and the report is limited to those matters set out in the statement below.

## Independent examiner's statement

In connection with my examination, which is complete, no matters have come to my attention which give me reasonable cause to believe that in any material respect:

- accounting records were not kept in respect of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charity in accordance with section 130 of the 2011 Act; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the applicable requirements concerning the form and content of financial statements set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which, in my opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.

**David Hoose, Forvis Mazars LLP**

Bank Chambers, 26 Mosley Street  
Newcastle  
NE1 1DF

Date: 05/01/2026

  
David Hoose (Jan 5, 2026 11:18:38 GMT)

# Charity allocations

There was a total of 63 allocations made across the Trust this year. Funding provided a variety of wellbeing items and activities including gardening resources, yoga mats, exercise equipment and sensory tools.

The largest allocation was £8,310 towards presents and activities for all inpatients in hospital over Christmas. "Patients and their families had a lovely time and enjoyed all of the festivities", said Tracy, Nursing Assistant on Ward 3, Walkergate Park.

The Social, Therapeutic, Recreational Rehabilitation Team at Walkergate Park received funding to support a wide range of engaging and recovery-focused activities, such as community outings and festive events. This has enabled the team to take patients on outings to places like Jesmond Dene, The Baltic and the North East coast, as well as providing refreshments at local cafes. "These groups instil our patients with confidence, joy, and social interaction, which is so important to their wellbeing and has a profound effect on their recovery," said Kirsten Hope, Staff Nurse.

"Without the SHINE fund, none of our activities would be possible. Its value is key in helping our patients fulfil their goals and make the most of their hospital experience."

Patients at Northgate Hospital, our secure care services, were treated to a unique and awe-inspiring experience, a full day planetarium visit by Kielder Observatory. 22 patients participated in the sessions, where they were taken on a guided journey through the stars, learning about planets, constellations and celestial phenomena. "Thank you very much for funding this activity. It is nice to offer patients the opportunity to experience something new to them which sparks their interest," said Helen Sonnenfield, Education Lead.

Other allocations included a pool table for Hadrian ward at Carleton Clinic, sensory equipment for Lamesley ward at Campus for Ageing and Vitality and resources for the Care Home Education Programme (CHESS) in North Cumbria, supporting training sessions to improve the care of people with dementia or mental health needs in care homes.





Planetarium visit



Our 10th birthday!



# Annual Accounts





# Statement of financial activities

	Note	2024/25				2023/24		
		Unrestricted Funds	Restricted Funds	Total 2023/24		Unrestricted Funds	Restricted Funds	Total 2022/23
		£000	£000	£000		£000	£000	£000
<b>INCOMING RESOURCES</b>								
Incoming resources from generated funds								
Income from donations and legacies								
Donations		20	0	20		33	0	33
Legacies		2	0	2		0	0	0
Grants		0	77	77		76	0	76
<b>Sub total income from donations and legacies</b>	<b>3.1</b>	<b>22</b>	<b>77</b>	<b>99</b>		<b>109</b>	<b>0</b>	<b>109</b>
Other trading activities	3.2	31	0	31		12	0	12
Income from investments	3.3	32	0	32		29	0	29
Other income	3.4	0	0	0		0	0	0
<b>TOTAL INCOME FROM CHARITABLE ACTIVITIES</b>		<b>85</b>	<b>77</b>	<b>162</b>		<b>150</b>	<b>0</b>	<b>150</b>
<b>EXPENDITURE ON CHARITABLE ACTIVITIES</b>								
Expenditure on raising funds	4.1	(3)	0	(3)		(2)	0	(2)
Expenditure on charitable activities	4.2	(179)	(77)	(256)		(298)	0	(298)
<b>TOTAL EXPENDITURE ON CHARITABLE ACTIVITIES</b>		<b>(182)</b>	<b>(77)</b>	<b>(259)</b>		<b>(300)</b>	<b>(0)</b>	<b>(300)</b>
Net income/(expenditure)		(97)	(0)	(97)		(150)	(0)	(150)
Transfers between funds		0	0	0		0	0	0
<b>NET (Outgoing) Resources</b>		<b>(97)</b>	<b>0</b>	<b>(97)</b>		<b>(150)</b>	<b>0</b>	<b>(150)</b>
<b>Other recognised gains/ (losses)</b>								
Gains/(losses) on revaluation and disposal of investment assets		(10)	0	(10)		48	0	48
<b>NET MOVEMENT IN FUNDS</b>	<b>5</b>	<b>(107)</b>	<b>0</b>	<b>(107)</b>		<b>(102)</b>	<b>0</b>	<b>(102)</b>
Fund balances brought forward		846	27	873		948	27	975
Funds transferred in from other NHS Charities due to reorganisation		0	0	0		0	0	0
<b>FUND BALANCES CARRIED FORWARD</b>	<b>9</b>	<b>739</b>	<b>27</b>	<b>766</b>		<b>846</b>	<b>27</b>	<b>873</b>

# Balance sheet

	2024/25					2023/24		
	Note	Unrestricted Funds	Restricted Funds	Total 2024/25		Unrestricted Funds	Restricted Funds	Total 2023/24
		£000	£000	£000		£000	£000	£000
<b>CURRENT ASSETS</b>								
Short term investments and deposits	6	647	0	647		874	0	874
Debtors		0	0	0		0	0	0
Cash at bank and in hand	7	199	27	226		20	27	47
<b>TOTAL CURRENT ASSETS</b>		<b>846</b>	<b>27</b>	<b>873</b>		<b>894</b>	<b>27</b>	<b>921</b>
<b>CURRENT LIABILITIES</b>								
Payables	8	107	0	107		48	0	48
<b>TOTAL CURRENT LIABILITIES</b>		<b>107</b>	<b>0</b>	<b>107</b>		<b>48</b>	<b>0</b>	<b>48</b>
<b>TOTAL CURRENT ASSETS LESS CURRENT LIABILITIES</b>		<b>739</b>	<b>27</b>	<b>766</b>		<b>846</b>	<b>27</b>	<b>873</b>
<b>TOTAL NET ASSETS</b>		<b>739</b>	<b>27</b>	<b>766</b>		<b>846</b>	<b>27</b>	<b>873</b>
<b>FUNDS OF THE CHARITY</b>								
Restricted		0	27	27		0	27	27
Unrestricted		739	0	739		846	0	846
<b>TOTAL FUNDS</b>	9	<b>739</b>	<b>27</b>	<b>766</b>		<b>846</b>	<b>27</b>	<b>873</b>

The financial statements were approved by the Board and signed on its behalf by:

James Duncan, Chief Executive



17.12.25

# Notes to the accounts

## 1. Accounting Policies

The financial statements have been prepared under the historic cost convention, with the exception of investments which are included at their fair value.

The Cumbria, Northumberland Tyne and Wear NHS Foundation Trust Charity is a public benefit entity.

The financial statements have been prepared in accordance with the Statement of Recommended Accounting Practice: Accounting and Reporting by Charities (SORP) Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2015.

The accounts have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view.' This departure has involved following Accounting and reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) issued on 16 July 2014 rather than the Accounting and Reporting by Charities : Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

The Trustee considers that there are no material uncertainties about the Northumberland Tyne and Wear NHS Foundation Trust Charity's ability to continue as a going concern. There are no material uncertainties or key risks affecting the current year's accounts.

## 1.1 Funds structure

The Cumbria, Northumberland Tyne and Wear NHS Charity is a UK Charity registered with the Charity Commission (charity number 1165788). The Charity was formally established on 1st April 2016.

The Cumbria, Northumberland Tyne and Wear NHS Foundation Trust Charity has both restricted and unrestricted funds but has no endowment funds. The charity has specific funds for certain service areas which have specific objectives and purposes and are classified as unrestricted designated funds. If a general donation is made and no specific area is identified then the monies are paid into the the SHINE Fund which is used for the general benefit of services users and former service users of the Cumbria, Northumberland Tyne and Wear NHS Foundation Trust at the discretion of the Trustees. The major funds are disclosed in note 9.

## 1.2 Incoming resources

All incoming resources are recognised once the charity has entitlement to the resources, it is probable that the resources will be received and the monetary value of the incoming resources can be measured with sufficient reliability.

Where there are terms and conditions attached to the incoming resources, particularly grants, then these terms and conditions must be met before the income is recognised as the entitlement condition will not be satisfied until that point. Where terms and conditions have not been met or uncertainty exists as to whether they can be met then the relevant income is not recognised in the year but deferred and shown in the balance sheet as deferred income.

## Notes to the accounts (continued)

### 1.2.1 Legacies

Legacies are accounted for as incoming resources either upon receipt or where the receipt of the legacy is probable.

Receipt is probable when:

- Confirmation has been received from the representatives of the estate(s) that probate has been granted
- The executors have established that there are sufficient assets in the estate to pay the legacy and
- All conditions attached to the legacy have been fulfilled or are within the charity's control.

If there is uncertainty as to the amount of the legacy and it cannot be reliably estimated then the legacy is shown as a contingent asset until all of the conditions for income recognition are met.

### 1.3 Resources Expended and Irrecoverable VAT

All expenditure has been accounted for on an accruals basis and has been classified under headings that aggregate all costs related to each category of expense shown in the Statement of Financial Activities. Expenditure is recognised when the following criteria are met:

- There is a present legal or constructive obligation resulting from a past event
- It is more likely than not that a transfer of benefits (usually a cash payment) will be required in settlement
- The amount of the obligation can be measured or estimated reliably

Irrecoverable VAT is charged against the category of resources expended for which it was incurred

#### 1.3.1 Expenditure on Raising Funds

Expenditure on raising funds are those costs attributable to generating income for the charity, other than those costs incurred in under expenditure on charitable activities. These costs include expenses for fundraising activities.

## 1.3.2 Expenditure On Charitable Activities

Expenditure on charitable activities comprise all the costs incurred in the pursuit of the charitable objects of the charity. These costs, where not wholly attributable, are apportioned between the categories of charitable expenditure in addition to the direct costs. The total costs of each category of charitable expenditure include an apportionment of support costs as shown in note 4.

Governance costs are also included within Expenditure On Charitable Activities comprising recharges of appropriate apportionments of the funds administration costs from the Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust, plus internal audit and independent examination fees, system costs and legal and professional charges.

## 1.4 Receivables

Receivables are amounts owed to the charity. They are measured on the basis of their recoverable amount.

## 1.4 Cash and Cash Equivalents

Cash at bank and in hand is held to meet the day to day running costs of the charity as they fall due. Cash equivalents are short term, highly liquid investments, usually in less than 90 day notice interest bearing savings accounts.

## 1.5 Payables

Payables are amounts owed by the charity. They are measured at the amounts that the charity must pay to settle the debt.

## 1.6 Realised Gains and Losses

All gains and losses are taken to the Statement of Financial Activities. Realised gains and losses on investments are calculated as the difference between sales proceeds and opening carrying value (or date of purchase if later). Unrealised gains and losses are calculated as the difference between the market value at the year end and opening carrying value (or date of purchase if later).

## 1.7 Pensions

The charity does not employ any staff and does not make contributions to a pension scheme.

## 2. Related Party Transactions

Cumbria, Northumberland Tyne and Wear NHS Foundation Trust patients are the main beneficiaries of the charity and the Trust (including its subsidiary NTW Solutions Ltd) is a related party by virtue of being corporate trustee of the charity. As the Cumbria, Northumberland Tyne and Wear NHS Foundation Trust has been determined to have control over the charity and are the main beneficiaries, the Cumbria, Northumberland Tyne and Wear NHS Foundation Trust is the controlling parent of the Charity as a subsidiary. The charity has provided funding to the Trust for approved expenditure made on behalf of the charity. During the current financial year this funding amounted to £111,151.66 for patients welfare and amenities.

The Cumbria, Northumberland Tyne and Wear NHS Foundation Trust is a provider of mental health and disability services in the Cumbria, Northumberland, Tyne and Wear regions. The registered address for the Trust is St Nicholas Hospital, Jubilee road, Gosforth, Tyne and Wear NE3 3XT.

The charity has no employees. Compensation was paid to the Cumbria, Northumberland Tyne and Wear NHS Foundation Trust of £86,343.78 for key personnel to provide administration and accounting services. There was £nil remuneration or expenses paid directly to trustees or staff employed by the Northumberland Tyne and Wear NHS Foundation Trust.

During the year no members with delegated responsibility for the Trustee, or parties related to them has undertaken any material transactions with the Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charity.

Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust is the sole corporate trustee of the charity. Delegated responsibility of the the Trustee is applied to executive and non-executive members of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Board (names listed below).

**Darren Best** Chair

**James Duncan** Chief Executive

**Dr Rajesh Nadkarni** Deputy Chief Executive/Executive Medical Director

**Ramona Duguid** Chief Operating Officer

**Kevin Scollay** Executive Director of Finance

**Lynne Shaw** Executive Director of Workforce and Organisational Development

**Sarah Rushbrooke** Executive Director of Nursing, Therapies and Quality Assurance

**David Arthur** Non-Executive Director (Resigned January 2025)

**Paula Breen** Non-Executive Director (Resigned March 2025)

**Louise Nelson** Non-Executive Director

**Michael Robinson** Non-Executive Director

**Brendan Hill** Non-Executive Director

**Vikas Kumar** Non-Executive Director

**Rachel Bourne** Non-Executive Director

**Robin Earl** Non-Executive Director (July 2024)

### 3. Incoming resources

	Note	2024/25				2023/24		
		Unrestricted Funds	Restricted Income Funds	Total		Unrestricted Funds	Restricted Income Funds	Total
		£000	£000	£000		£000	£000	£000
<b>INCOME FROM DONATIONS AND LEGACIES</b>								
Public donations		9	0	9		28	0	28
Electronically received donations		5	0	5		5	0	5
Corporate donations		6	0	6		0	0	0
Legacies		2	0	2		0	0	0
Major Donors		0	0	0		0	0	0
Grants Receivable from other NHS Charities		0	77	77		76	0	76
<b>TOTAL INCOME FROM DONATIONS AND LEGACIES</b>	3.1	22	77	99		109	0	109
<b>OTHER TRADING ACTIVITIES</b>								
Fund raising income		30	0	30		11	0	11
Collections		1	0	1		1	0	1
Lotteries		0	0	0		0	0	0
<b>TOTAL OTHER TRADING ACTIVITIES</b>	3.2	31	0	31		12	0	12
<b>INCOME FROM INVESTMENTS</b>								
Bank interest received		32	0	32		29	0	29
<b>TOTAL INCOME FROM INVESTMENTS</b>	3.3	32	0	32		29	0	29
<b>OTHER INCOME</b>								
Other income received		0	0	0		0	0	0
<b>TOTAL OTHER INCOME</b>	3.4	0	0	0		0	0	0
<b>TOTAL INCOMING RESOURCES</b>		85	77	162		150	0	150

## 4. Expenditure on charitable activities

	Note	2024/25				2023/24		
		Unrestricted Funds	Restricted Income Funds	Total		Unrestricted Funds	Restricted Income Funds	Total
		£000	£000	£000		£000	£000	£000
<b>EXPENDITURE ON RAISING FUNDS</b>								
Event Costs		3	0	3		2	0	2
<b>TOTAL EXPENDITURE ON RAISING FUNDS</b>	4.1	3	0	3		2	0	2
<b>EXPENDITURE ON CHARITABLE ACTIVITIES</b>								
Activities in furtherance of the charities objectives								
Patients' Welfare and Amenities		34	77	111		114	0	114
Staff Welfare and Amenities		55	0	55		0	0	0
Research costs		0	0	0		0	0	0
Other charitable expenditure		0	0	0		119	0	119
Capital: Equipment		0	0	0		0	0	0
<b>TOTAL EXPENDITURE ON ACTIVITIES IN FURTHERANCE OF THE CHARITIES OBJECTIVES</b>		89	77	166		233	0	233
<b>GOVERNANCE COSTS</b>								
Independent Examiners Fee		3	0	3		1	0	1
Legal and Set Up Fees		0	0	0		0	0	0
System Set Up and Maintenance Costs		0	0	0		0	0	0
Administration Costs		87	0	87		64	0	64
<b>TOTAL GOVERNANCE COSTS</b>		90	0	90		65	0	65
<b>TOTAL EXPENDITURE ON CHARITABLE ACTIVITIES</b>	4.2	179	77	256		298	0	298



## 5. Changes in resources available for charity use

	Note	2024/25				2023/24		
		Unrestricted Funds	Restricted Funds	Total		Unrestricted Funds	Restricted Funds	Total
		£000	£000	£000		£000	£000	£000
Net movement in funds for the year before transfers	5	(107)	0	(107)		(102)	0	(102)
Funds transferred in from other NHS Charities due to reorganisation		0	0	0		0	0	0
<b>NET INCREASE/ (DECREASE) IN FUNDS FOR THE YEAR</b>		<b>(107)</b>	<b>0</b>	<b>(107)</b>		<b>(102)</b>	<b>0</b>	<b>(102)</b>

## 6. Current asset investments

	2024/25	2023/24
	£000	£000
Short term deposits	647	874
<b>TOTAL CURRENT ASSET INVESTMENTS</b>	<b>647</b>	<b>874</b>

## 7. Cash and cash equivalents

	2024/25	2023/24
	£000	£000
Bank current account	226	47
<b>TOTAL CASH AND CASH EQUIVALENTS</b>	<b>226</b>	<b>47</b>

## 8. Payables

	2024/25	2023/24
	£000	£000
Accruals	107	48
<b>TOTAL PAYABLES FALLING DUE WITHIN ONE YEAR</b>	<b>107</b>	<b>48</b>

## 9. Details of material funds

### 9.1 Restricted funds

2024/25						
	Fund balances 1st April 2024	Incoming resources	Resources expended		Transfers from other NHS Charities	Fund balances 31st March 20235
			Activities undertaken directly	Support costs		
	£000	£000	£000	£000	£000	£000
Tranwell restricted fund	23	1	(1)	0	0	23
St Nicholas Hospital restricted fund	4	0	0	0	0	4
Ferndene restricted fund	0	0	0	0	0	0
Northgate - George Bright Legacy	0	0	0	0	0	0
<b>TOTALS</b>	<b>27</b>	<b>1</b>	<b>(1)</b>	<b>0</b>	<b>0</b>	<b>27</b>

2023/24						
	Fund balances 1st April 2023	Incoming resources	Resources expended		Transfers from other NHS Charities	Fund balances 31st March 2024
			Activities undertaken directly	Support costs		
	£000	£000	£000	£000	£000	£000
Tranwell restricted fund	23	1	(1)	0	0	23
St Nicholas Hospital restricted fund	4	0	0	0	0	4
Ferndene restricted fund	0	0	0	0	0	0
Northgate - George Bright Legacy	0	0	0	0	0	0
<b>TOTALS</b>	<b>27</b>	<b>1</b>	<b>(1)</b>	<b>0</b>	<b>0</b>	<b>27</b>

## 9.2 Unrestricted funds

2024/25						
	Fund balances 1st April 2024	Incoming resources	Resources expended		Transfers from other NHS Charities	Fund balances 31st March 2025
			Activities undertaken directly	Support costs		
	£000	£000	£000	£000	£000	£000
SHINE Fund	540	61	(140)	0	0	461
Castleside Ward fund	22	2	(1)	0	0	23
Aldervale Ward fund	18	1	(6)	0	0	13
Huntingtons Disease fund	30	2	(1)	0	0	31
Woodhorn fund	15	2	(2)	0	0	15
Centre for Elderly fund	3	0	0	0	0	3
Richardson Eating Disorders fund	8	0	(2)	0	0	6
Others (39 Funds)	210	82	(105)	0	0	187
<b>Totals</b>	<b>846</b>	<b>150</b>	<b>(257)</b>	<b>0</b>	<b>0</b>	<b>739</b>

The SHINE Fund is the only material fund held by the Cumbria, Northumberland Tyne and Wear NHS Foundation Trust Charity and this fund is a general fund relating to the current and former service users of the Trust. This fund is accessed on the basis of bids approved and there are no restrictions or planned usage of this fund identified at the 31 March 2025.

2023/24						
	Fund balances 1st April 2023	Incoming resources	Resources expended		Transfers from other NHS Charities	Fund balances 31st March 2024
			Activities undertaken directly	Support costs		
	£000	£000	£000	£000	£000	£000
SHINE Fund	654	113	(227)	0	0	540
Castleside Ward fund	34	1	(13)	0	0	22
Aldervale Ward fund	24	0	(6)	0	0	18
Huntingtons Disease fund	28	3	(1)	0	0	30
Woodhorn fund	19	1	(5)	0	0	15
Centre for Elderly fund	4	0	(1)	0	0	3
Richardson Eating Disorders fund	9	0	(1)	0	0	8
Others (43 Funds)	176	77	(43)	0	0	210
<b>Totals</b>	<b>948</b>	<b>195</b>	<b>(297)</b>	<b>0</b>	<b>0</b>	<b>846</b>

The SHiNE Fund is the only material fund held by the Cumbria, Northumberland Tyne and Wear NHS Foundation Trust Charity and this fund is a general fund relating to the current and former service users of the Trust. This fund is accessed on the basis of bids approved and there are no restrictions or planned usage of this fund identified at the 31 March 2024.

The gains/losses on investments are apportioned between the funds at the year end, and are recorded within income and expenditure in this note



This report is available on request in other formats; we will do our best to provide a version of this report in a format that meets your needs.

For other versions please telephone 0191 246 6977 or email us at [qualityassurance@cntw.nhs.uk](mailto:qualityassurance@cntw.nhs.uk)

Copies of the Annual Report can be obtained from our website [www.cntw.nhs.uk](http://www.cntw.nhs.uk)

Copies can be obtained by contacting:  
Marketing Department  
St. Nicholas Hospital  
Jubilee Road  
Gosforth  
Newcastle upon Tyne  
NE3 3XT  
Tel: 0191 246 7238

If you have any feedback or suggestions on how we could improve our annual report, please do let us know by calling 0191 246 7238