



Annual Report

2023/24

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Foreword



The Board of Directors of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust as Corporate Trustee presents the Charitable Funds Annual Report together with the Financial Statements for the year ended 31 March 2024.

The Charity's annual report and accounts for the year ended 31 March 2024 have been prepared by the Corporate Trustee in accordance with Part 8 of the Charities Act 2011 and the Charities (Accounts and Reports) Regulations 2008. The Charity's report and accounts include all the separately established funds for which the Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust is sole beneficiary.

The Charity has a Corporate Trustee: the Cumbria, Northumberland Tyne and Wear NHS Foundation Trust. The members of the NHS Trust Board of Directors who served during the financial year and to the date of this report were as follows:

Ken Jarrold – Chair (Resigned September 2023)

Darren Best – Chair (October 2023)

James Duncan - Chief Executive

Dr Rajesh Nadkarni - Deputy Chief Executive/Executive Medical Director

Ramona Duguid - Chief Operating Officer

Kevin Scollay - Executive Director of Finance

Lynne Shaw - Executive Director of Workforce and Organisational Development

Sarah Rushbrooke - Executive Director of Nursing, Therapies and Quality Assurance

David Arthur - Non-Executive Director

Darren Best - Non-Executive Director (Moved into Chair's role October 2023)

Paula Breen - Non-Executive Director

Louise Nelson - Non-Executive Director

Michael Robinson - Non-Executive Director

Brendan Hill - Non-Executive Director

Vikas Kumar – Non-Executive Director (29 January 2024)

Rachel Bourne – Non-Executive Director (29 January 2024)

The Charitable Funds are registered with the Charity Commission (no. 1165788) in accordance with the Charities Act 2011.

Reference and administrative details

Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charity, registered Charity Number 1165788, is constituted of 52 individual funds as at 31 March 2024. The notes to the accounts distinguish the types of fund held and disclose separately all material funds.

Charitable funds received by the charity are accepted, held and administered as funds and property held on trust for purposes relating to the health service in accordance with the National Health Service Act 2006, and these funds are held on Trust by the corporate body.



Trustee

Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust is constituted as the sole Corporate Trustee of the Charity and its charitable funds governed by the law applicable to Trusts, principally the Trustee Act 2000 and the Charities Act 2011.

All members of the Board of Directors of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust are the Trustee within charitable law and as such are required to ensure that any funds donated to the Trust for charitable purposes are used for the purposes for which they were given, that funds are managed appropriately and that balances are invested wisely.

The Board of Directors has devolved responsibility for the on-going management of funds to a sub-committee of the Board of Directors whose meetings are governed by the Trust's Standing Orders and whose financial transactions must comply with the Trust's Standing Financial Instructions.

A Non-Executive director chairs the Charitable Funds Sub Committee, and its other members comprise: the Executive Directors of the Trust; Managing Director (NTW Solutions Limited); the Director of Communications and Corporate Affairs, Patients' Finance and Cashier Manager, Governors, Head of Accounting and Processing and the Head of Communications.

Trustees and members of the Charitable Funds Sub-Committee during 2023/24 were as follows:

Louise Nelson, Non-Executive Director, Chair

Kevin Scollay, Executive Director of Finance

Ailsa Miller, Patients Finance and Cashiers Manager, NTW Solutions Limited

Shaun Dixon, Head of Accounting and Processing

Emma Silver Price, Non-Clinical Staff Governor

Debbie Henderson, Director of Communications and Corporate Affairs

Sarah Rushbrooke, Executive Director of Nursing, Therapies and Quality Assurance

David Arthur, Non-Executive Director

Fiona Grant, Service User Governor Adult Services

Sharon Brennan, Marketing Manager

Tracey Sopp, Managing Director, NTW Solutions Limited

Principal office

The principal office for the Charity is:
Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charity
C/o Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust
St Nicholas Hospital
Jubilee Road
Gosforth
NE3 3XT

Principal professional advisers

Bankers:
Lloyds Banking Group
4th Floor
102 Grey Street
Newcastle upon Tyne
NE1 6AG

Independent examiner

David Hoose, Forvis Mazars LLP
The Corner
Bank Chambers
26 Mosley Street
Newcastle upon Tyne
NE1 1DF

Solicitors

Withers LLP
16 Old Bailey
London
EC4M 7EG

Structure, governance and management

The Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charity was established by Trust deed and is registered with the Charity Commission (charity number 1165788). The charity's funds were established using the model declaration of trust.

As a body we are a member of the Association of NHS Charities.

All trust funds are registered with the Charity Commission. The Charitable Funds (the Charity) of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust (the Trust) comprise a range of funds under one umbrella registration. Funds are held relevant to individual wards and departments and by specific purpose within those areas. These funds are, within certain delegated limits, available for the staff to expend on items appropriate to the fund concerned in line with the financial procedures laid down from time to time.

Large donations, often received by virtue of a legacy, are managed directly by the Charitable Funds Sub Committee which ensures that the wishes of the donor are met and that expenditures are not at variance to the Trust's own activities and that, where relevant, investment in new equipment or services is sustainable and supported in future years.

Non-Executive Members of the Trustee Board of Directors are appointed by the Council of Governors and Executive Members of the Board are subject to recruitment by the Chairman and Non-Executive Directors of the Trustee Board. Members of the Board of Directors and the Charitable Funds Sub-Committee are not individual Trustees under Charity Law but act as agents on behalf of the corporate Trustee.

All members of the Board of Directors have a responsibility to adhere to the NHS Foundation Trust Code of Governance.

The Executive Director of Finance has a responsibility to highlight to members of the Charitable Funds Committee any changes to charity law and updates from the Charity Commission. These items are circulated to all members and included as an agenda item for the next meeting as they occur.

Acting for the Corporate Trustee the Charitable Funds Committee is responsible for the day to day management of the Charitable Funds. Details of the Trustee's responsibilities are provided in the statement accompanying the attached accounts for the year.

The Trustee is responsible for preparing the Trustee's Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the Trustee to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period.

In preparing these financial statements, the Trustee is required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charities Statement of Recommended Practice (SORP);
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustee is responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008. The Trustee is also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustee is responsible for the maintenance and integrity of the charity and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The Trustee confirms that it has met the responsibilities set out above and complied with the requirements for preparing the accounts. The financial statements set out within the annual report have been compiled from and are in accordance with the financial records maintained by the Trustee.

By Order of the Trustee, and those with delegated responsibility

Chairman.....Darren Best



Date.....15th January 2025

Executive Director.... Kevin Scollay



Date.....15th January 2025

The accounting records and day to day administration of the funds are dealt with by the Finance Department, NTW Solutions located at Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust, St Nicholas Hospital, Jubilee Road, Gosforth, NE3 3XT.

Consolidation of accounts with Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust

In accordance with NHS Improvement's Annual Reporting Manual 2023/24 and the Department of Health Group Accounting Manual (DH GAM), where an NHS Foundation Trust is the Corporate Trustee to an NHS Charitable Fund, the NHS Foundation Trust was required to consider whether the accounts of that charitable fund represent a subsidiary. This is likely to be the case where the NHS Foundation Trust both:

- Has control over the NHS Charitable Fund, i.e.
- Controls the majority of the voting rights in the entity;
- Has the power to govern the financial and operating policies of the entity; and
- Has the power to appoint or remove directors at meetings of the board and;
- Benefits from the NHS Charitable Fund.

Based upon the above it was considered Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charitable Funds represented a subsidiary of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust.

The Trust has prepared consolidated group financial statements for 2023/24 for the Trust and its subsidiaries including the Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charity.

Risk management

The Trustee, in reviewing risks appropriate to the charitable activities, places reliance upon the risk management review carried out by Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust and the overall internal control arrangements within the Trust.

The Trust's internal auditors include Charitable Funds in their annual plans and their findings, which include an assessment of risk, are reported to the Trustee via the Trust's Audit Committee.

Partnership working and networks

Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust is the main beneficiary of the charity and is a related party by virtue of being Corporate Trustee of the charity. By working in partnership with the Trust the charitable funds are used to best effect. When deciding upon the most beneficial way to use charitable funds the Corporate Trustee has regard to the main activities, objectives, strategies and plans of the Trust.

Public benefit statement

Public benefit, as defined by the Charities Act 2011. The Trustees can report that the two key principles that underpin 'public benefit' have been met:

There is always an identifiable benefit or benefits and these are apparent from the contents of the Annual Report and are all related to the aims of the charities; and

There is a benefit to the public or a section of the public. The beneficiaries are appropriate as laid down by the aims of the various charities and there are no unreasonable restrictions. It is recognised that the Trustee exercises a discretion in deciding upon who will benefit from the charities but that this is permissible under the aims and objects of the charities concerned and the beneficiaries constitute a 'section of the public' and therefore this is a reasonable exercise of that discretion. The aims and objects of the Charity are contained in the charity's scheme. The Trustee confirms that they:

- Ensure that they pursue the aims and objects of the various charities for the public benefit, as defined by the Charities Act 2011
- Have proper regard to the guidance published by the Charity Commission in respect of the subject of public benefit; and
- Confirm that this Annual Report provides sufficient information as to the ways in which the public benefit is achieved.

Independent examination

The Charity's Trustee considers that an audit is not required for this year under section 144(2) of the Charities Act 2011 and that an independent examination is required as a lower-income charity. An independent examination has been carried out by David Hoose of Forvis Mazars LLP for the financial statements for 2023/24.

Objectives and activities

The Charity's purpose is as follows:

“The funds held can be used for any charitable purposes relating to the general or specific purposes of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust or purposes relating to the National Health Service”

Typically the purpose of the fund is to benefit the public through its support for current and former service users of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust. The funds provide items of comfort for patients or therapeutic activities beyond normal levels expected for patient welfare and amenities.

The funds held relevant to individual wards and departments are often raised by the staff and friends or are from small donations given by patients and relatives in gratitude for the care they have received. These funds are available for the staff to expend on items appropriate to the fund concerned in line with the financial procedures laid down from time to time.

Between April 2023 and March 2024, the charity spent £113,490 on improving patient spaces, purchasing musical instruments, sensory equipment, games, gym and sports equipment, craft materials, specialist seating and more. It funded 25 projects in Cumbria, 41 projects in the north locality, 45 in the central locality, 11 in the south and six Trust-wide.

The largest grant made by the charity was £10,128 for seating on Castleside Ward, funded by the ward's charitable fund. Castleside is an inpatient dementia service at the Campus for Ageing and Vitality in Newcastle.

Sharon Lynn, Advanced Physiotherapist said: “Patients on Castleside often require and benefit from seating that addresses issues like age and condition-related postural change, pain, skin integrity and day-time fatigue. Disrupted sleep pattern is a common feature in our older client group and sleeping in standard chairs frequently leads to neck pain, stiffness and dropped head syndrome. Poor sleep, immobility and pain are significant contributors to behaviours that challenge.”

Thanks to funding, the ward was able to purchase four specialist chairs designed for comfort, mobility and independence. The chairs are designed to support posture and reduce sliding and discomfort.

Another significant grant made was £8,800 from SHINE to pay for Christmas presents and activities for all patients in hospital on Christmas Day. All inpatient wards across the Trust received funding.

Wards purchased gifts such as toiletries, art supplies, toys and footballs for patients on our children and young people's wards and blankets and chocolate for patients on our older adult wards.

Terri Craven, occupational therapist on Gibside Ward, said:

"Patients were very surprised and appreciative of the presents. Many were unable to see their relatives, so this made a real difference. It gave a sense of family within the ward at what can be a difficult time for some."

Assistant practitioner Rebecca works on Harthope, a secure care ward in Morpeth. She said:

"The patients were happy and grateful to have something to open on Christmas Day, especially those who did not receive gifts from others. Some patients do not have family that can bring them things from home or the money to purchase a lot of essential items, so this allowed them to have these things."

The charitable funds committee continued with its policy of rationalisation of the funds held on Trust to promote clarity of purpose and by actively publicising the availability of all legacies to ensure expenditure to date as appropriate.

You can find out more about the different projects the charity has funded on our charity webpage at www.cntw.nhs.uk/SHINE

A review of our finance, achievements and performance

Total incoming resources amounted to £149,137. The charity continues to rely on donations, legacies and investments income as the main sources of income. Income comprised: funds raised by staff, relatives, friends and other donations £43,596, transfer from other charities £76,459 and investment income £29,082.

Of the total expenditure of £298,780, charitable expenditure for patient welfare and amenities was £113,490, transfers to other charities £119,000, management and admin costs of £64,090 and fundraising event costs of £2,200.

The net assets of the Charitable Funds as at 31 March 2024 were £873,222. Further details are provided in the annual accounts and notes.

Reserves policy

The policy of the Trustee is to spend charitable funds and not allow funds to accumulate. The policy states that fund holders need to balance the interests of present and future beneficiaries of the fund. Expenditure plans should ideally aim to spend a minimum target of 10% of the fund per annum and raise funds equal to 10% of income per annum.

The Trustee considers that it should be the aim to hold sufficient reserves to be able to provide funds to meet charitable expenditure as it is incurred and to review the position on an annual basis. Access to the funds is encouraged so that cash is used often to provide benefits to the current and former service users of the Northumberland, Tyne and Wear NHS Foundation Trust. It has not yet been considered necessary to hold a set amount in reserves as in many instances the minimum spend targets are not yet being met.

Plans for future periods

The Trustee reviews the spending priorities for each fund quarterly at the Charitable Funds Sub-Committee meetings and fund holders are regularly notified of balances.

Charitable fund activity will be consistent with the Trust's business plan and be set against identified corporate objectives.

Future plans for the coming year include planning the expenditure of Stage 3 Distribution of the NHS Charities together application and proposed expenditure and the appointment of a Fundraiser for the Charity.

Going concern

The Charity's Trustee has a reasonable expectation that the Charity has adequate fund balances to continue in operational existence for the foreseeable future.

This expectation is based upon fund balances as at the 31 March 2024 and the value £873,222 with minimal future liabilities and commitments.

Thank you! ☺

On behalf of service users and carers who have benefited from enhanced services made possible by your donations and legacies, the Corporate Trustee extends a warm and sincere thank you to all patients, families, and staff who have contributed to fundraising efforts or made charitable donations.



Peter Prest and Paul Hewitson (The Mop Heads) for their ongoing dedication to fundraising, including their inspiring songs *Where Hope Begins*, *Heal*, and *St. Nicholas* that have raised both awareness and vital funds.



Jill Ramsay for helping to raise an impressive £546. for Hadrian 1 ward at Carleton Clinic. The funds will be used to improve patient spaces on the ward.



Social, Therapeutic and Recreational Rehabilitation Team (STARRT), Hopewood Park, St. George's Park, and Mitford Unit for their hard work organising fundraising events and summer fayres.



Staff at Carleton Clinic who completed the challenging 84-mile Hadrian's Wall Walk in May, raising over £3,800 for SHINE to fund a local community mental health football group.

Voluntary Services for hosting a raffle during Volunteers Week at St. Nicholas Hospital. Thanks to their efforts, SHINE received over £380.



Paul Wales and Dr. Mohammed Elhamshary for their remarkable long-distance cycle, raising over £8,000!

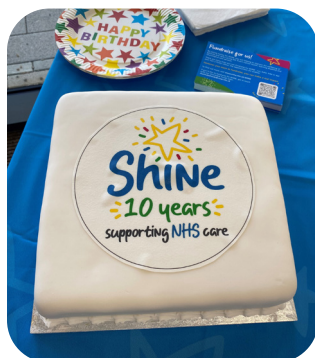


Gateshead Early Intervention in Psychosis Team for taking on the challenge of hiking Scafell Pike, England's tallest peak, and raising an incredible £750 for the Voyage to Recovery project, which directly supported the services' patients earlier this year.





The Craft Shack at Northgate Park for their ongoing fundraising efforts. Open every Thursday, the Shack sells arts, crafts, and woodwork created by service users, contributing to SHINE's success.



Our charity team for their support of SHINE's 10th Birthday celebrations across the Trust, raising over £780 thanks to the generosity of staff and visitors.



Everyone who helped to support the balloon raffle at the Staff Excellence Awards at Newcastle Civic Centre on 27 September 2024.



The 76th NHS Birthday celebration team who hosted a cake sale at St. Nicholas Hospital, raising £180.

Great North Run participants

A huge thank you to Andy Brennan, Matthew Brennan, Jennie Doig, Joanne Wallace, Oliver Daley, Paul Wales, Jake Smith, Liam Robertson, and Catherine Curran, whose collective efforts raised a fantastic £4,213 – the largest amount raised by our runners since 2015!



Your fundraising has allowed the charity to continue funding therapeutic activities and providing items of comfort that make a real difference to our patients. We've received glowing feedback from service users this year, highlighting the impact of SHINE.

Thank you to the SHINE Fund for giving the community allotment support. It makes a big difference in my life and allows me to meet other people every week and feel part of the community.

Patient in Community Forensic Services

I have observed patients find so much comfort from the hug dolls. The hug dolls have improved sleep quality for patients who have never slept alone apart from being in hospital. The soft, warm pillow body is soothing, with weighted limbs and a heartbeat to comfort patients.

Member of nursing staff, Ruskin Unit

The chairs are excellent in providing patients with an increased sense of control and safety, alongside easing anxiety.

Specialist Occupational Therapist

We can't thank you enough for your generous donation towards our sensory resources. Our patients have loved exploring the various items, such as the scented diffuser, mindfulness CDs, sensory lights, and stress toys.

Occupational Therapist

Thank you to **Amazon** in Gateshead for their very generous donation of £500 in raffle prizes.

We also want to extend our deepest gratitude to **Bellway**, a local property developer and housebuilder, for their £500 SHINE donation.

And finally, a special thank you to **Morrisons, Asda, Tesco, Sainsbury's, and Waitrose**, along with their incredible community champions. Their ongoing support has been invaluable, providing everything from small acts of kindness, such as Easter eggs, to more substantial contributions that have bolstered our fundraising efforts and positively impacted the lives of service users.

Annual Accounts 2023-24

The annual accounts for the Charitable Funds are published on the Trust's Intranet site.

Further copies can be obtained from Mr James Duncan at the Principal Office.

Vikas Kumar
Non-Executive Director
Chair - Charitable Funds Sub-Committee
Signed on behalf of the Corporate Trustee
Date: 15th January 2025



James Duncan
Chief Executive
Charitable Funds Sub-Committee
Signed on behalf of the Corporate Trustee
Date: 15th January 2025



Independent Examiner's Report to the Trustees of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charity

I report on the financial statements of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charity for the year ended 31 March 2024, which are set out on pages 25 to 36.

Respective responsibilities of trustees and examiner

The charity's Trustee is responsible for the preparation of the financial statements. The charity's Trustee consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the financial statements under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

This report, including my statement, has been prepared for and only for the charity's trustees as a body. My work has been undertaken so that I might state to the charity's Trustee those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's Trustee as a body for my examination work, for this report, or for the statements I have made.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeking explanations from you as Trustee concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the financial statements present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, which is complete, no matters have come to my attention which give me reasonable cause to believe that in any material respect:

- accounting records were not kept in respect of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charity in accordance with section 130 of the 2011 Act; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the applicable requirements concerning the form and content of financial statements set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which, in my opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.



David Hoose (Jan 17, 2025 16:08 GMT)

David Hoose, Forvis Mazars LLP
Bank Chambers, 26 Mosley Street
Newcastle
NE1 1DF

Date: Jan 17, 2025

Charity allocations

SHINE has made 58 allocations across the Trust this year. Funding provided a variety of wellbeing items and activities, specialist seating, events and summer festivals, gym and gaming equipment.

The largest bids for the year were for the Castleside, Centre of Health for the Elderly, and [Ruskin and Oakwood Elderly wards at Carleton Clinic](#) who received funds for specialist seating for their patients.

Funding was given to Early Intervention Psychosis service users to take part the [Voyage of Discovery](#) in 2024 where service users enjoy being part of a team and sail around the UK. North Cumbria inpatients received support to enable them to fund a community football project with Carlisle United for two years.

An NHS Charities together grant provided funds for staff benefits including a menopause helpline, holistic wellbeing therapies and health checks for staff.

Environmental improvements and activity equipment was provided to the central inpatient wards at Hadrian Clinic, Newcastle.

[Sports equipment for the newly built Sycamore unit at Northgate](#) was purchased to enable patients to use up to date fitness machines. Also provided were outdoor pool tables so that patients could take part in outdoor activities.

Activity equipment was purchased for inpatient wards across the Trust and [sensory and chill out rooms](#) provided to a number of wards.

Children and young people's service at South of Tyne were able to refurbish their garden so that patients could enjoy the outdoor area during their visits.

The SHINE fund supported all inpatients to receive [a gift on Christmas day](#).



Sycamore sports equipment



Therapeutic garden



Cycle workshop



Carleton Clinic



Annual Accounts



Statement of financial activities

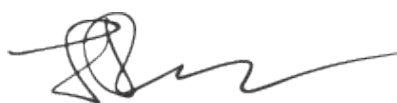
	Note	2023/24				2022/23		
		Unrestricted Funds	Restricted Funds	Total 2023/24		Unrestricted Funds	Restricted Funds	Total 2022/23
		£000	£000	£000		£000	£000	£000
INCOMING RESOURCES								
Incoming resources from generated funds								
Income from donations and legacies								
Donations		33	0	33		42	0	42
Legacies		0	0	0		0	0	0
Grants		76	0	76		0	0	0
Sub total income from donations and legacies	3.1	109	0	109		42	0	42
Other trading activities	3.2	12	0	12		5	0	5
Income from investments	3.3	29	0	29		24	2	26
Other income	3.4	0	0	0		0	0	0
TOTAL INCOME FROM CHARITABLE ACTIVITIES		150	0	150		71	2	73
EXPENDITURE ON CHARITABLE ACTIVITIES								
Expenditure on raising funds	4.1	(2)	0	(2)		(2)	0	(2)
Expenditure on charitable activities	4.2	(298)	0	(298)		(105)	(3)	(108)
TOTAL EXPENDITURE ON CHARITABLE ACTIVITIES		(300)	(0)	(300)		(107)	(3)	(110)
Net income/(expenditure)		(150)	(0)	(150)		(36)	(1)	(37)
Transfers between funds		0	0	0		0	0	0
NET (Outgoing) Resources		(150)	(0)	(150)		(36)	(1)	(37)
Other recognised gains/ (losses)								
Gains/(losses) on revaluation and disposal of investment assets		48	0	48		(50)	0	(50)
NET MOVEMENT IN FUNDS	5	(102)	0	(102)		(86)	(1)	(87)
Fund balances brought forward		948	27	975		1,034	28	1,062
Funds transferred in from other NHS Charities due to reorganisation		0	0	0		0	0	0
FUND BALANCES CARRIED FORWARD	9	846	27	873		948	27	975

Balance sheet

	2023/24					2023/24		
	Note	Unrestricted Funds	Restricted Funds	Total 2023/24		Unrestricted Funds	Restricted Funds	Total 2021/22
		£000	£000	£000		£000	£000	£000
CURRENT ASSETS								
Short term investments and deposits	6	874	0	874		826	0	826
Debtors		0	0	0		0	0	0
Cash at bank and in hand	7	20	27	47		127	24	151
TOTAL CURRENT ASSETS		894	27	921		953	24	977
CURRENT LIABILITIES								
Payables	8	48	0	48		2	0	2
TOTAL CURRENT LIABILITIES		48	0	48		2	0	2
TOTAL CURRENT ASSETS LESS CURRENT LIABILITIES		846	27	873		951	24	975
TOTAL NET ASSETS		846	27	873		951	24	975
FUNDS OF THE CHARITY								
Restricted		0	27	27		0	27	27
Unrestricted		846	48	846		948	0	948
TOTAL FUNDS	9	846	27	873		948	27	975

The financial statements were approved by the Board and signed on its behalf by:

Name: James Duncan



Date: 15th January 2025

Notes to the accounts

1. Accounting Policies

The financial statements have been prepared under the historic cost convention, with the exception of investments which are included at their fair value.

The Cumbria, Northumberland Tyne and Wear NHS Foundation Trust Charity is a public benefit entity.

The financial statements have been prepared in accordance with the Statement of Recommended Accounting Practice: Accounting and Reporting by Charities (SORP) Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011 and UK Generally Accepted Practice.

The accounts have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view.' This departure has involved following Accounting and reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102).

The Trustee considers that there are no material uncertainties about the Northumberland Tyne and Wear NHS Foundation Trust Charity's ability to continue as a going concern. There are no material uncertainties or key risks affecting the current year's accounts.

1.1 Funds structure

The Cumbria, Northumberland Tyne and Wear NHS Charity is a UK Charity registered with the Charity Commission (charity number 1165788). The Charity was formally established on 1st April 2016.

The Cumbria, Northumberland Tyne and Wear NHS Foundation Trust Charity has both restricted and unrestricted funds but has no endowment funds. The charity has specific funds for certain service areas which have specific objectives and purposes and are classified as unrestricted designated funds. If a general donation is made and no specific area is identified then the monies are paid into the the SHINE Fund which is used for the general benefit of services users and former service users of the Cumbria, Northumberland Tyne and Wear NHS Foundation Trust at the discretion of the Trustees. The major funds are disclosed in note 9.

1.2 Incoming resources

All incoming resources are recognised once the charity has entitlement to the resources, it is probable that the resources will be received and the monetary value of the incoming resources can be measured with sufficient reliability.

Where there are terms and conditions attached to the incoming resources, particularly grants, then these terms and conditions must be met before the income is recognised as the entitlement condition will not be satisfied until that point. Where terms and conditions have not been met or uncertainty exists as to whether they can be met then the relevant income is not recognised in the year but deferred and shown in the balance sheet as deferred income.

Notes to the accounts (continued)

1.2.1 Legacies

Legacies are accounted for as incoming resources either upon receipt or where the receipt of the legacy is probable.

Receipt is probable when:

- Confirmation has been received from the representatives of the estate(s) that probate has been granted
- The executors have established that there are sufficient assets in the estate to pay the legacy and
- All conditions attached to the legacy have been fulfilled or are within the charity's control.

If there is uncertainty as to the amount of the legacy and it cannot be reliably estimated then the legacy is shown as a contingent asset until all of the conditions for income recognition are met.

1.3 Resources Expended and Irrecoverable VAT

All expenditure has been accounted for on an accruals basis and has been classified under headings that aggregate all costs related to each category of expense shown in the Statement of Financial Activities. Expenditure is recognised when the following criteria are met:

- There is a present legal or constructive obligation resulting from a past event
- It is more likely than not that a transfer of benefits (usually a cash payment) will be required in settlement
- The amount of the obligation can be measured or estimated reliably

Irrecoverable VAT is charged against the category of resources expended for which it was incurred

1.3.1 Expenditure on Raising Funds

Expenditure on raising funds are those costs attributable to generating income for the charity, other than those costs incurred in under expenditure on charitable activities. These costs include expenses for fundraising activities.

1.3.2 Expenditure On Charitable Activities

Expenditure on charitable activities comprise all the costs incurred in the pursuit of the charitable objects of the charity. These costs, where not wholly attributable, are apportioned between the categories of charitable expenditure in addition to the direct costs. The total costs of each category of charitable expenditure include an apportionment of support costs as shown in note 4.

Governance costs are also included within Expenditure On Charitable Activities comprising recharges of appropriate apportions of the funds administration costs from the Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust, plus internal audit and independent examination fees, system costs and legal and professional charges.

1.4 Receivables

Receivables are amounts owed to the charity. They are measured on the basis of their recoverable amount.

1.4 Cash and Cash Equivalents

Cash at bank and in hand is held to meet the day to day running costs of the charity as they fall due. Cash equivalents are short term, highly liquid investments, usually in less than 90 day notice interest bearing savings accounts.

1.5 Payables

Payables are amounts owed by the charity. They are measured at the amounts that the charity must pay to settle the debt.

1.6 Realised Gains and Losses

All gains and losses are taken to the Statement of Financial Activities. Realised gains and losses on investments are calculated as the difference between sales proceeds and opening carrying value (or date of purchase if later). Unrealised gains and losses are calculated as the difference between the market value at the year end and opening carrying value (or date of purchase if later).

1.7 Pensions

The charity does not employ any staff and does not make contributions to a pension scheme.

2. Related Party Transactions

Cumbria, Northumberland Tyne and Wear NHS Foundation Trust patients are the main beneficiaries of the charity and the Trust (including its subsidiary NTW Solutions Ltd) is a related party by virtue of being corporate trustee of the charity. As the Cumbria, Northumberland Tyne and Wear NHS Foundation Trust has been determined to have control over the charity and are the main beneficiaries, the Cumbria, Northumberland Tyne and Wear NHS Foundation Trust is the controlling parent of the Charity as a subsidiary. The charity has provided funding to the Trust for approved expenditure made on behalf of the charity. During the current financial year this funding amounted to £113,429.51 for patients welfare and amenities.

The Cumbria, Northumberland Tyne and Wear NHS Foundation Trust is a provider of mental health and disability services in the Cumbria, Northumberland, Tyne and Wear regions. The registered address for the Trust is St Nicholas Hospital, Jubilee road, Gosforth, Tyne and Wear NE3 3XT.

The charity has no employees. Compensation was paid to the Cumbria, Northumberland Tyne and Wear NHS Foundation Trust of £32,873.10 for key personnel to provide administration and accounting services. There was £nil remuneration or expenses paid directly to trustees or staff employed by the Northumberland Tyne and Wear NHS Foundation Trust.

During the year no members with delegated responsibility for the Trustee, or parties related to them has undertaken any material transactions with the Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charity.

Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust is the sole corporate trustee of the charity. Delegated responsibility of the the Trustee is applied to executive and non-executive members of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Board (names listed below).

Ken Jarrold – Chair (Resigned September 2023)

Darren Best – Chair (October 2023)

James Duncan - Chief Executive

Dr Rajesh Nadkarni - Deputy Chief Executive/Executive Medical Director

Ramona Duguid - Chief Operating Officer

Kevin Scollay - Executive Director of Finance

Lynne Shaw - Executive Director of Workforce and Organisational Development

Sarah Rushbrooke - Executive Director of Nursing, Therapies and Quality Assurance

David Arthur - Non-Executive Director

Darren Best - Non-Executive Director (Moved into Chair's role October 2023)

Paula Breen - Non-Executive Director

Louise Nelson - Non-Executive Director

Michael Robinson - Non-Executive Director

Brendan Hill - Non-Executive Director

Vikas Kumar – Non-Executive Director (29 January 2024)

Rachel Bourne – Non-Executive Director (29 January 2024)

3. Incoming resources

	Note	2023/24				2022/23		
		Unrestricted Funds	Restricted Income Funds	Total		Unrestricted Funds	Restricted Income Funds	Total
		£000	£000	£000		£000	£000	£000
INCOME FROM DONATIONS AND LEGACIES								
Public donations		28	0	28		14	0	14
Electronically received donations		5	0	5		28	0	28
Corporate donations		0	0	0		0	0	0
Legacies		0	0	0		0	0	0
Major Donors		0	0	0		0	0	0
Grants Receivable from other NHS Charities		76	0	76		0	0	0
TOTAL INCOME FROM DONATIONS AND LEGACIES	3.1	109	0	109		42	0	42
OTHER TRADING ACTIVITIES								
Fund raising income		11	0	11		4	0	4
Collections		1	0	1		1	0	1
Lotteries		0	0	0		0	0	0
TOTAL OTHER TRADING ACTIVITIES	3.2	12	0	12		5	0	5
INCOME FROM INVESTMENTS								
Bank interest received		29	0	29		24	2	26
TOTAL INCOME FROM INVESTMENTS	3.3	29	0	29		22	2	24
OTHER INCOME								
Other income received		0	0	0		0	0	0
TOTAL OTHER INCOME	3.4	0	0	0		0	0	0
TOTAL INCOMING RESOURCES		150	0	150		71	2	73

4. Expenditure on charitable activities

	Note	2023/24				2022/23		
		Unrestricted Funds	Restricted Income Funds	Total		Unrestricted Funds	Restricted Income Funds	Total
		£000	£000	£000		£000	£000	£000
EXPENDITURE ON RAISING FUNDS								
Event Costs		2	0	2		2	0	2
TOTAL EXPENDITURE ON RAISING FUNDS	4.1	2	0	2		2	0	2
EXPENDITURE ON CHARITABLE ACTIVITIES								
Activities in furtherance of the charities objectives								
Patients' Welfare and Amenities		114	0	114		82	2	84
Staff Welfare and Amenities		0	0	0		4	0	4
Research costs		0	0	0		0	0	0
Other charitable expenditure		119	0	119		0	0	0
Capital: Equipment		0	0	0		0	0	0
TOTAL EXPENDITURE ON ACTIVITIES IN FURTHERANCE OF THE CHARITIES OBJECTIVES		233	0	233		86	2	88
GOVERNANCE COSTS								
Independent Examiners Fee		1	0	1		2	0	2
Legal and Set Up Fees		0	0	0		0	0	0
System Set Up and Maintenance Costs		0	0	0		0	0	0
Administration Costs		64	0	64		17	1	18
TOTAL GOVERNANCE COSTS		65	0	65		19	1	20
TOTAL EXPENDITURE ON CHARITABLE ACTIVITIES	4.2	298	0	298		105	3	108

5. Changes in resources available for charity use

	Note	2023/24				2022/23		
		Unrestricted Funds	Restricted Funds	Total		Unrestricted Funds	Restricted Funds	Total
		£000	£000	£000		£000	£000	£000
Net movement in funds for the year before transfers	5	(102)	0	(102)		(86)	(1)	(87)
Funds transferred in from other NHS Charities due to reorganisation		0	0	0		0	0	0
NET INCREASE/ (DECREASE) IN FUNDS FOR THE YEAR		(102)	0	(102)		(86)	(1)	(87)

6. Current asset investments

	2023/24	2022/23
	£000	£000
Short term deposits	874	826
TOTAL CURRENT ASSET INVESTMENTS	874	826

7. Cash and cash equivalents

	2023/24	2022/23
	£000	£000
Bank current account	47	151
TOTAL CASH AND CASH EQUIVALENTS	47	151

8. Payables

	2023/24	2022/23
	£000	£000
Accruals	48	11
TOTAL PAYABLES FALLING DUE WITHIN ONE YEAR	48	11

9. Details of material funds

9.1 Restricted funds

2023/24						
	Fund balances 1st April 2023	Incoming resources	Resources expended		Transfers from other NHS Charities	Fund balances 31st March 2024
			Activities undertaken directly	Support costs		
	£000	£000	£000	£000	£000	£000
Tranwell restricted fund	20	3	0	0	0	23
St Nicholas Hospital restricted fund	4	0	0	0	0	4
Ferndene restricted fund	0	0	0	0	0	0
Northgate - George Bright Legacy	0	0	0	0	0	0
TOTALS	24	3	0	0	0	27

2022/23						
	Fund balances 1st April 2022	Incoming resources	Resources expended		Transfers from other NHS Charities	Fund balances 31st March 2023
			Activities undertaken directly	Support costs		
	£000	£000	£000	£000	£000	£000
Tranwell restricted fund	19	2	(1)	0	0	20
St Nicholas Hospital restricted fund	5	0	(1)	0	0	4
Ferndene restricted fund	0	0	0	0	0	0
Northgate - George Bright Legacy	1	0	(1)	0	0	0
TOTALS	25	2	(3)	0	0	24

9.2 Unrestricted funds

2023/24						
	Fund balances 1st April 2023	Incoming resources	Resources expended		Transfers from other NHS Charities	Fund balances 31st March 2024
			Activities undertaken directly	Support costs		
	£000	£000	£000	£000	£000	£000
SHINE Fund	654	113	(227)	0	0	540
Castleside Ward fund	34	1	(13)	0	0	22
Aldervale Ward fund	24	0	(6)	0	0	18
Huntingtons Disease fund	28	3	(1)	0	0	30
Woodhorn fund	19	1	(5)	0	0	15
Centre for Elderly fund	4	0	(1)	0	0	3
Richardson Eating Disorders fund	9	0	(1)	0	0	8
Specialist Psychological Therapy (formerly Claremont House Psychology fund)	12	0	(12)	0	0	0
Others (43 Funds)	176	77	(43)	0	0	210
Totals	948	195	(297)	0	0	846

The SHINE Fund is the only material fund held by the Cumbria, Northumberland Tyne and Wear NHS Foundation Trust Charity and this fund is a general fund relating to the current and former service users of the Trust. This fund is accessed on the basis of bids approved and there are no restrictions or planned usage of this fund identified at the 31 March 2024. The gains/losses on investments are apportioned between the funds at the year end, and are recorded within income and expenditure in this note and the prior year note.

2022/23						
	Fund balances 1st April 2022	Incoming resources	Resources expended		Transfers from other NHS Charities	Fund balances 31st March 2023
			Activities undertaken directly	Support costs		
	£000	£000	£000	£000	£000	£000
SHINE Fund	724	56	(126)	0	0	654
Castleside Ward fund	38	3	(7)	0	0	34
Aldervale Ward fund	27	2	(5)	0	0	24
Huntingtons Disease fund	26	2	0	0	0	28
Woodhorn fund	18	2	(1)	0	0	19
Centre for Elderly fund	5	0	(1)	0	0	4
Richardson Eating Disorders fund	10	1	(2)	0	0	9
Specialist Psychological Therapy (formerly Claremont House Psychology fund)	12	0	(12)	0	0	0
Others (84 Funds)	174	46	(44)	0	0	176
Totals	1,034	112	(198)	0	0	948

The SHINE Fund is the only material fund held by the Cumbria, Northumberland Tyne and Wear NHS Foundation Trust Charity and this fund is a general fund relating to the current and former service users of the Trust. This fund is accessed on the basis of bids approved and there are no restrictions or planned usage of this fund identified at the 31 March 2023.



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For other versions please telephone 0191 246 6977 or email us at qualityassurance@cntw.nhs.uk

Copies of the Annual Report can be obtained from our website www.cntw.nhs.uk

Copies can be obtained by contacting:
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Newcastle upon Tyne
NE3 3XT
Tel: 0191 246 7238

If you have any feedback or suggestions on how we could improve our annual report, please do let us know by calling 0191 246 7238