

CUMBRIA, NORTHUMBERLAND, TYNE AND WEAR NHS FOUNDATION TRUST CHARITY

England & Wales · Charity number 1165788

Details

Other names	NORTHUMBERLAND TYNE AND WEAR NHS FOUNDATION TRUST CHARITY
Status	Registered
Legal form	Trust
Registered	2016-02-26
Register	View on the Charity Commission register

Contact

Address	St. Nicholas Hospital Jubilee Road Gosforth Newcastle Upon Tyne NE3 3XT
Phone	01912466833

Activities

Objects: THE TRUSTEE SHALL HOLD THE TRUST FUND UPON TRUST TO APPLY THE INCOME, AND AT ITS DISCRETION, SO FAR AS MAY BE PERMISSIBLE, THE CAPITAL, FOR CHARITABLE PURPOSES RELATING TO THE GENERAL OR SPECIFIC PURPOSES OF NORTHUMBERLAND TYNE AND WEAR NHS FOUNDATION TRUST OR TO THE NATIONAL HEALTH SERVICE

Activities: Typically the purpose of the funds is to benefit the public through its support for current and former services users of Northumberland, Tyne and Wear NHS Foundation Trust.

Classification

- **How:** Makes Grants To Individuals, Makes Grants To Organisations
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** The General Public/mankind

Geography

- Throughout England

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£162,000	£259,000	-	-
2024-03-31	£150,000	£300,000	-	-
2023-03-31	£73,000	£110,000	-	-
2022-03-31	£48,000	£151,000	-	-
2021-03-31	£330,000	£338,000	-	-

Trustees

Name	Role	Appointed
Northumberland, Tyne and Wear NHS Foundation Trust		2016-02-26

Linked charities

- ST NICHOLAS HOSPITAL FUND (1165788-1)

CUMBRIA, NORTHUMBERLAND, TYNE AND WEAR NHS FOUNDATION TRUST CHARITY

England & Wales - Charity number 1165788

Accounts



Cumbria, Northumberland,
Tyne and Wear
NHS Foundation Trust



Annual Report
2024/25

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Foreword



The Board of Directors of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust as Corporate Trustee presents the Charitable Funds Annual Report together with the Financial Statements for the year ended 31 March 2025.

The Charity's annual report and accounts for the year ended 31 March 2025 have been prepared by the Corporate Trustee in accordance with Part 8 of the Charities Act 2011 and the Charities (Accounts and Reports) Regulations 2008. The Charity's report and accounts include all the separately established funds for which the Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust is sole beneficiary.

The Charity has a Corporate Trustee: the Cumbria, Northumberland Tyne and Wear NHS Foundation Trust. The members of the NHS Trust Board of Directors who served during the financial year were as follows:

Darren Best Chair

James Duncan Chief Executive

Dr Rajesh Nadkarni Deputy Chief Executive/Executive Medical Director

Ramona Duguid Chief Operating Officer

Kevin Scollay Executive Director of Finance

Lynne Shaw Executive Director of Workforce and Organisational Development

Sarah Rushbrooke Executive Director of Nursing, Therapies and Quality Assurance

David Arthur Non-Executive Director (Resigned January 2025)

Paula Breen Non-Executive Director (Resigned March 2025)

Louise Nelson Non-Executive Director

Michael Robinson Non-Executive Director

Brendan Hill Non-Executive Director

Vikas Kumar Non-Executive Director

Rachel Bourne Non-Executive Director

Robin Earl Non-Executive Director (July 2024)

The Charitable Funds are registered with the Charity Commission (no. 1165788) in accordance with the Charities Act 2011.

Reference and administrative details

Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charity, registered Charity Number 1165788, is constituted of 50 individual funds as at 31 March 2025. The notes to the accounts distinguish the types of fund held and disclose separately all material funds.

Charitable funds received by the charity are accepted, held and administered as funds and property held on trust for purposes relating to the health service in accordance with the National Health Service Act 2006, and these funds are held on Trust by the corporate body.



Trustee

Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust is constituted as the sole Corporate Trustee of the Charity and its charitable funds governed by the law applicable to Trusts, principally the Trustee Act 2000 and the Charities Act 2011.

All members of the Board of Directors of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust are the Trustee within charitable law and as such are required to ensure that any funds donated to the Trust for charitable purposes are used for the purposes for which they were given, that funds are managed appropriately and that balances are invested wisely.

The Board of Directors has devolved responsibility for the on-going management of funds to a sub-committee of the Board of Directors whose meetings are governed by the Trust's Standing Orders and whose financial transactions must comply with the Trust's Standing Financial Instructions.

A Non-Executive director chairs the Charitable Funds Sub Committee, and its other members comprise: the Executive Directors of the Trust; Managing Director (NTW Solutions Limited); the Director of Communications and Corporate Affairs, Patients' Finance and Cashier Manager, Governors, Head of Accounting and Processing and the Head of Communications.

Trustees and members of the Charitable Funds Sub-Committee during 2024/25 were as follows:

Louise Nelson Non-Executive Director (Acting Chair January 2024 until April 2024)

Vikas Kumar Non-Executive Director (Chair from May 2024)

Kevin Scollay Executive Director of Finance

Ailsa Miller Patients Finance and Cashiers Manager, NTW Solutions Limited

Tracey Sopp Managing Director, NTW Solutions Limited

Shaun Dixon Head of Accounting and Processing

Emma Silver Price Non-Clinical Staff Governor

Debbie Henderson Director of Communications and Corporate Affairs

Sarah Rushbrooke Executive Director of Nursing, Therapies and Quality Assurance

David Arthur Non-Executive Director (resigned January 2025)

Fiona Grant Service User Adult Services

Sharon Brennan Charity Communications and Marketing Manager

Daria Ansari-Saeid Marketing Officer

Principal office

The principal office for the Charity is:
Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charity
C/o Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust
St Nicholas Hospital
Jubilee Road
Gosforth
NE3 3XT

Principal professional advisers

Bankers:
Lloyds Banking Group
4th Floor
102 Grey Street
Newcastle upon Tyne
NE1 6AG

Independent examiners

Forvis Mazars LLP
The Corner
Bank Chambers
26 Mosley Street
Newcastle upon Tyne
NE1 1DF

Solicitors

Withers LLP
16 Old Bailey
London
EC4M 7EG

Structure, governance and management

The Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charity was established by Trust deed and is registered with the Charity Commission (charity number 1165788). The charity's funds were established using the model declaration of trust.

As a body we are a member of the Association of NHS Charities.

All trust funds are registered with the Charity Commission. The Charitable Funds (the Charity) of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust (the Trust) comprise a range of funds under one umbrella registration. Funds are held relevant to individual wards and departments and by specific purpose within those areas. These funds are, within certain delegated limits, available for the staff to expend on items appropriate to the fund concerned in line with the financial procedures laid down from time to time.

Large donations, often received by virtue of a legacy, are managed directly by the Charitable Funds Sub Committee which ensures that the wishes of the donor are met and that expenditures are not at variance to the Trust's own activities and that, where relevant, investment in new equipment or services is sustainable and supported in future years.

Non-Executive Members of the Trustee Board of Directors are appointed by the Council of Governors and Executive Members of the Board are subject to recruitment by the Chairman and Non-Executive Directors of the Trustee Board. Members of the Board of Directors and the Charitable Funds Sub-Committee are not individual Trustees under Charity Law but act as agents on behalf of the corporate Trustee.

All members of the Board of Directors have a responsibility to adhere to the NHS Foundation Trust Code of Governance.

The Executive Director of Finance has a responsibility to highlight to members of the Charitable Funds Committee any changes to charity law and updates from the Charity Commission. These items are circulated to all members and included as an agenda item for the next meeting as they occur.

Acting for the Corporate Trustee the Charitable Funds Committee is responsible for the day to day management of the Charitable Funds. Details of the Trustee's responsibilities are provided in the statement accompanying the attached accounts for the year.

The Trustee is responsible for preparing the Trustee's Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the Trustee to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period.

In preparing these financial statements, the Trustee is required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charities Statement of Recommended Practice (SORP);
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustee is responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008. The Trustee is also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustee is responsible for the maintenance and integrity of the charity and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The Trustee confirms that it has met the responsibilities set out above and complied with the requirements for preparing the accounts. The financial statements set out within the annual report have been compiled from and are in accordance with the financial records maintained by the Trustee.

By Order of the Trustee, and those with delegated responsibility

Trustee Chair..... Darren Best
17.12.25



Executive Lead..... Chris Cressey
17.12.25



The accounting records and day to day administration of the funds are dealt with by the Finance Department, NTW Solutions located at Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust, St Nicholas Hospital, Jubilee Road, Gosforth, NE3 3XT.

Consolidation of accounts with Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust

In accordance with NHS Improvement's Annual Reporting Manual 2024/25 and the Department of Health Group Accounting Manual (DH GAM), where an NHS Foundation Trust is the Corporate Trustee to an NHS Charitable Fund, the NHS Foundation Trust was required to consider whether the accounts of that charitable fund represent a subsidiary. This is likely to be the case where the NHS Foundation Trust both:

- Has control over the NHS Charitable Fund, i.e.
- Controls the majority of the voting rights in the entity;
- Has the power to govern the financial and operating policies of the entity; and
- Has the power to appoint or remove directors at meetings of the board and;
- Benefits from the NHS Charitable Fund.

Based upon the above it was considered Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charitable Funds represented a subsidiary of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust.

The Trust has prepared consolidated group financial statements for 2024/25 for the Trust and its subsidiaries including the Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charity.

Risk management

The Trustee, in reviewing risks appropriate to the charitable activities, places reliance upon the risk management review carried out by Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust and the overall internal control arrangements within the Trust.

The Trust's internal auditors include Charitable Funds in their annual plans and their findings, which include an assessment of risk, are reported to the Trustee via the Trust's Audit Committee.

Partnership working and networks

Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust is the main beneficiary of the charity and is a related party by virtue of being Corporate Trustee of the charity. By working in partnership with the Trust the charitable funds are used to best effect. When deciding upon the most beneficial way to use charitable funds the Corporate Trustee has regard to the main activities, objectives, strategies and plans of the Trust.

Public benefit statement

Public benefit, as defined by the Charities Act 2011. The Trustees can report that the two key principles that underpin 'public benefit' have been met:

There is always an identifiable benefit or benefits and these are apparent from the contents of the Annual Report and are all related to the aims of the charities; and

There is a benefit to the public or a section of the public. The beneficiaries are appropriate as laid down by the aims of the various charities and there are no unreasonable restrictions. It is recognised that the Trustee exercises a discretion in deciding upon who will benefit from the charities but that this is permissible under the aims and objects of the charities concerned and the beneficiaries constitute a 'section of the public' and therefore this is a reasonable exercise of that discretion. The aims and objects of the Charity are contained in the charity's scheme. The Trustee confirms that they:

- Ensure that they pursue the aims and objects of the various charities for the public benefit, as defined by the Charities Act 2011
- Have proper regard to the guidance published by the Charity Commission in respect of the subject of public benefit; and
- Confirm that this Annual Report provides sufficient information as to the ways in which the public benefit is achieved.

Independent examination

The Charity's Trustee considers that an audit is not required for this year under section 144(2) of the Charities Act 2011 and that an independent examination is required as a lower-income charity. An independent examination has been carried out by Forvis Mazars LLP for the financial statements for 2024/25.

Objectives and activities

Typically the purpose of the fund is to benefit the public through its support for current and former service users of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust. The funds provide items of comfort for patients or therapeutic activities beyond normal levels expected for patient welfare and amenities.

The Charity's purpose is as follows:

“ The funds held can be used for any charitable purposes relating to the general or specific purposes of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust or purposes relating to the National Health Service ”

The funds held relevant to individual wards and departments are often raised by the staff and friends or are from small donations given by patients and relatives in gratitude for the care they have received. These funds are available for the staff to expend on items appropriate to the fund concerned in line with the financial procedures laid down from time to time.

The largest bid for the year was £8,310 towards presents and activities for all inpatients in hospital over Christmas.

Funding was given to the STARRT team at Walkergate Park to provide activities for Service users and their families.

Beadnell Ward at St George's Park received a specific donation to fund baby massage training for staff.

Lamesley ward used funding from their specific fund to set up a sensory room within the ward.

There were 4 Cubii exercise machines purchased using Woodhorn and Hauxley's specific fund at St Georges Park to be used as part of an exercise activity for older person's services.

Hadrian Ward, at Carleton Clinic received funding to purchase a new pool table for the ward.

Ferndene used their specific fund to purchase lots of activity equipment for their young people.

Secure Services at Northgate were able to have an on site planetarium visit.

There were prayer and candle stands purchased for every faith room across the Trust from the SHINE fund.

Gardening and outdoor equipment was bought for several locations across the Trust.

The charitable funds committee continued with its policy of rationalisation of the funds held on Trust to promote clarity of purpose and by actively publicising the availability of all legacies to ensure expenditure to date as appropriate.

You can find out more about the different projects the charity has funded on our charity webpage at www.cntw.nhs.uk/SHINE



A review of our finance, achievements and performance

Total incoming resources amounted to £162,627. The charity continues to rely on donations, legacies and investments income as the main sources of income. Income comprised: funds raised by staff, relatives, friends and other donations £53,300, transfer from other charities £77,000 and investment income £32,327.

Of the total expenditure of £259,595, charitable expenditure for patient welfare and amenities was £165,656, transfers to other charities £1,000, management and admin costs of £89,716 and fundraising event costs of £3,223.

The net assets of the Charitable Funds as at 31 March 2025 were £765,826. Further details are provided in the annual accounts and notes.

Reserves policy

The policy of the Trustee is to spend charitable funds and not allow funds to accumulate. The policy states that fund holders need to balance the interests of present and future beneficiaries of the fund. Expenditure plans should ideally aim to spend a minimum target of 10% of the fund per annum and raise funds equal to 10% of income per annum.

The Trustee considers that it should be the aim to hold sufficient reserves to be able to provide funds to meet charitable expenditure as it is incurred and to review the position on an annual basis. Access to the funds is encouraged so that cash is used often to provide benefits to the current and former service users of the Northumberland, Tyne and Wear NHS Foundation Trust. It has not yet been considered necessary to hold a set amount in reserves as in many instances the minimum spend targets are not yet being met.

Plans for future periods

The Trustee reviews the spending priorities for each fund quarterly at the Charitable Funds Sub-Committee meetings and fund holders are regularly notified of balances.

Charitable fund activity will be consistent with the Trust's business plan and be set against identified corporate and charity objectives.

Future plans for the coming year include planning the expenditure of the remaining Stage 3 NHS Charities Together funding.

Going concern

The Charity's Trustee has a reasonable expectation that the Charity has adequate fund balances to continue in operational existence for the foreseeable future.

This expectation is based upon fund balances as at the 31 March 2025 and the value £765,826 with minimal future liabilities and commitments.

Thank you! ☀️

On behalf of service users and carers who have benefited from enhanced services made possible by your donations and legacies, the Corporate Trustee extends a warm and sincere thank you to all patients, past patients, families and staff who have contributed to fundraising efforts or made charitable donations.

Special thanks to...

Social, Therapeutic, Recreational Rehabilitation Team (STARRT) at Walkergate Park who raised £1,966 at their annual summer fundraiser event.

The team's regular fundraising is greatly appreciated and makes a big contribution to our fundraising total each year.



Our charity **Great North Run** participants raised an amazing £4,213 – the largest amount raised by our runners since 2015!



Our **Staff Excellence Awards** raised £2,266 for SHINE thanks to the generosity of staff attendees on the night as well as our event sponsors.

The **Craft Shack at Northgate Park** raised an amazing £715 on their launch day, and they continue to support SHINE with a portion of their sales going towards the charity. Open every Thursday, the Shack sells arts, crafts and woodwork created by service users.



St. Nicholas Hospital Christmas Fair organised by the **domestic team**, and **The Mopheads Christmas song**, raised an incredible £1,875. The team's continued support is greatly appreciated.

Our first charity Christmas Concert and market event at St. Nicholas Hospital raised £1,300 for SHINE.



Teams at St. George's Park raised an amazing total of £1,300 at their Christmas Fayre, involving patients, carers, families and staff.

Fundraising volunteers supported a number of fundraisers over the year, including summer fairs and SHINE's 10th birthday celebration stalls.



Community support

We are very grateful for the generous support received from local supermarkets and businesses over the past year.

We'd like to extend a very big thank you to Lovell, a local housing developer, for their generous donation of £15,000 to SHINE.

We'd also like to thank the numerous businesses who have donated towards fundraisers and raffle prizes, such as Cowell's Garden Centre, DFDS, Gosforth Golf Club, Amazon and our partners at Starbucks Northumberland Street and Neville Street stores.

And finally, a special thank you to Morrisons, Asda, Tesco, Sainsbury's and Waitrose, along with their incredible community champions. Their ongoing support has been invaluable, boosting our fundraising efforts at numerous events across the year including NHS Big Tea, Easter raffles and our charity Christmas Concert.



Annual Accounts 2024-25

The annual accounts for the Charitable Funds are published on the Trust's Intranet site.

Further copies can be obtained from Mr James Duncan at the Principal Office.

Vikas Kumar

Non-Executive Director

Chair - Charitable Funds Sub-Committee

Signed on behalf of the Corporate Trustee

17.12.25

A handwritten signature in white ink, appearing to be 'Vikas Kumar', written over a blue background.

James Duncan

Chief Executive

Charitable Funds Sub-Committee

Signed on behalf of the Corporate Trustee

17.12.25

A handwritten signature in white ink, appearing to be 'James Duncan', written over a blue background.

Independent Examiner's Report to the Trustees of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charity

I report on the financial statements of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charity for the year ended 31 March 2025, which are set out on pages 24 to 36.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the financial statements. The charity's trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the financial statements under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

This report, including my statement, has been prepared for and only for the charity's trustees as a body. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body for my examination work, for this report, or for the statements I have made.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the financial statements present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, which is complete, no matters have come to my attention which give me reasonable cause to believe that in any material respect:

- accounting records were not kept in respect of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charity in accordance with section 130 of the 2011 Act; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the applicable requirements concerning the form and content of financial statements set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which, in my opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.

David Hoose, Forvis Mazars LLP

Bank Chambers, 26 Mosley Street
Newcastle
NE1 1DF

Date: 05/01/2026


David Hoose (Jan 5, 2026 11:18:38 GMT)

Charity allocations

There was a total of 63 allocations made across the Trust this year. Funding provided a variety of wellbeing items and activities including gardening resources, yoga mats, exercise equipment and sensory tools.

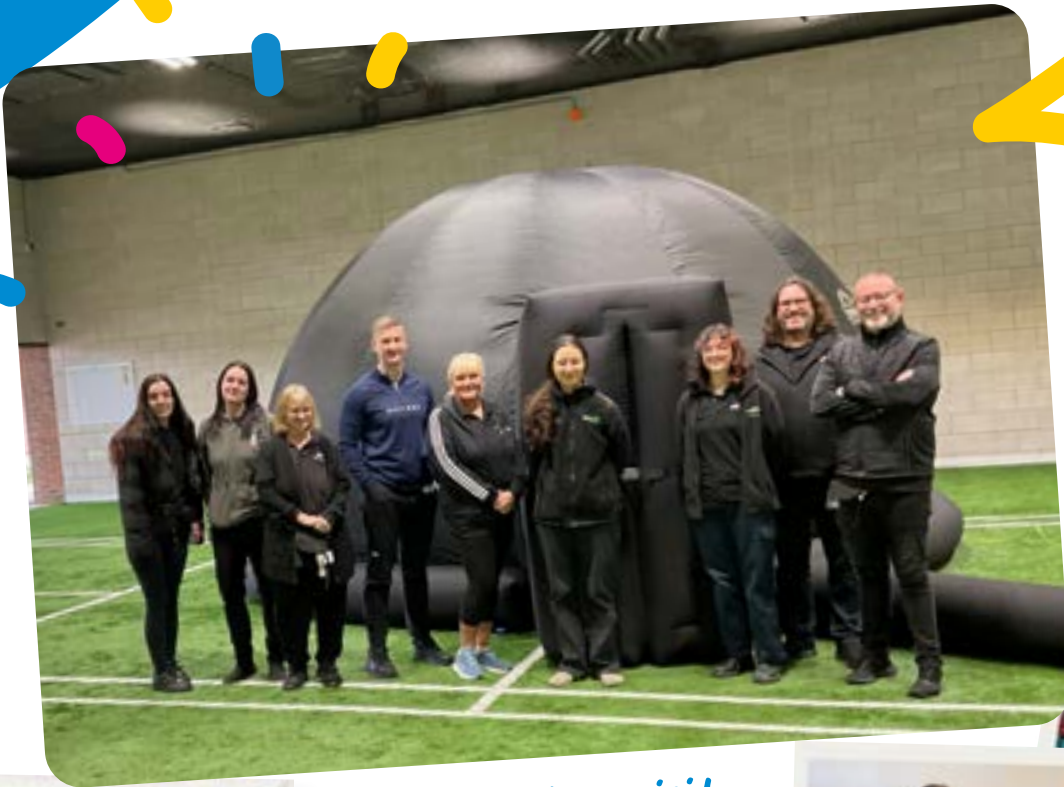
The largest allocation was £8,310 towards presents and activities for all inpatients in hospital over Christmas. "Patients and their families had a lovely time and enjoyed all of the festivities", said Tracy, Nursing Assistant on Ward 3, Walkergate Park.

The Social, Therapeutic, Recreational Rehabilitation Team at Walkergate Park received funding to support a wide range of engaging and recovery-focused activities, such as community outings and festive events. This has enabled the team to take patients on outings to places like Jesmond Dene, The Baltic and the North East coast, as well as providing refreshments at local cafes. "These groups instil our patients with confidence, joy, and social interaction, which is so important to their wellbeing and has a profound effect on their recovery," said Kirsten Hope, Staff Nurse.

"Without the SHINE fund, none of our activities would be possible. Its value is key in helping our patients fulfil their goals and make the most of their hospital experience."

Patients at Northgate Hospital, our secure care services, were treated to a unique and awe-inspiring experience, a full day planetarium visit by Kielder Observatory. 22 patients participated in the sessions, where they were taken on a guided journey through the stars, learning about planets, constellations and celestial phenomena. "Thank you very much for funding this activity. It is nice to offer patients the opportunity to experience something new to them which sparks their interest," said Helen Sonnenfield, Education Lead.

Other allocations included a pool table for Hadrian ward at Carleton Clinic, sensory equipment for Lamesley ward at Campus for Ageing and Vitality and resources for the Care Home Education Programme (CHESS) in North Cumbria, supporting training sessions to improve the care of people with dementia or mental health needs in care homes.



Planetarium visit



Our 10th birthday!



Annual Accounts



Statement of financial activities

	Note	2024/25			2023/24		
		Unrestricted Funds	Restricted Funds	Total 2023/24	Unrestricted Funds	Restricted Funds	Total 2022/23
		£000	£000	£000	£000	£000	£000
INCOMING RESOURCES							
Incoming resources from generated funds							
Income from donations and legacies							
Donations		20	0	20	33	0	33
Legacies		2	0	2	0	0	0
Grants		0	77	77	76	0	76
Sub total income from donations and legacies	3.1	22	77	99	109	0	109
Other trading activities	3.2	31	0	31	12	0	12
Income from investments	3.3	32	0	32	29	0	29
Other income	3.4	0	0	0	0	0	0
TOTAL INCOME FROM CHARITABLE ACTIVITIES		85	77	162	150	0	150
EXPENDITURE ON CHARITABLE ACTIVITIES							
Expenditure on raising funds	4.1	(3)	0	(3)	(2)	0	(2)
Expenditure on charitable activities	4.2	(179)	(77)	(256)	(298)	0	(298)
TOTAL EXPENDITURE ON CHARITABLE ACTIVITIES		(182)	(77)	(259)	(300)	(0)	(300)
Net income/(expenditure)		(97)	(0)	(97)	(150)	(0)	(150)
Transfers between funds		0	0	0	0	0	0
NET (Outgoing) Resources		(97)	0	(97)	(150)	0	(150)
Other recognised gains/ (losses)							
Gains/(losses) on revaluation and disposal of investment assets		(10)	0	(10)	48	0	48
NET MOVEMENT IN FUNDS	5	(107)	0	(107)	(102)	0	(102)
Fund balances brought forward		846	27	873	948	27	975
Funds transferred in from other NHS Charities due to reorganisation		0	0	0	0	0	0
FUND BALANCES CARRIED FORWARD	9	739	27	766	846	27	873

Balance sheet

	2024/25				2023/24		
	Note	Unrestricted Funds	Restricted Funds	Total 2024/25	Unrestricted Funds	Restricted Funds	Total 2023/24
		£000	£000	£000	£000	£000	£000
CURRENT ASSETS							
Short term investments and deposits	6	647	0	647	874	0	874
Debtors		0	0	0	0	0	0
Cash at bank and in hand	7	199	27	226	20	27	47
TOTAL CURRENT ASSETS		846	27	873	894	27	921
CURRENT LIABILITIES							
Payables	8	107	0	107	48	0	48
TOTAL CURRENT LIABILITIES		107	0	107	48	0	48
TOTAL CURRENT ASSETS LESS CURRENT LIABILITIES		739	27	766	846	27	873
TOTAL NET ASSETS		739	27	766	846	27	873
FUNDS OF THE CHARITY							
Restricted		0	27	27	0	27	27
Unrestricted		739	0	739	846	0	846
TOTAL FUNDS	9	739	27	766	846	27	873

The financial statements were approved by the Board and signed on its behalf by:

James Duncan, Chief Executive



17.12.25

Notes to the accounts

1. Accounting Policies

The financial statements have been prepared under the historic cost convention, with the exception of investments which are included at their fair value.

The Cumbria, Northumberland Tyne and Wear NHS Foundation Trust Charity is a public benefit entity.

The financial statements have been prepared in accordance with the Statement of Recommended Accounting Practice: Accounting and Reporting by Charities (SORP) Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2015.

The accounts have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view.' This departure has involved following Accounting and reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) issued on 16 July 2014 rather than the Accounting and Reporting by Charities : Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

The Trustee considers that there are no material uncertainties about the Northumberland Tyne and Wear NHS Foundation Trust Charity's ability to continue as a going concern. There are no material uncertainties or key risks affecting the current year's accounts.

1.1 Funds structure

The Cumbria, Northumberland Tyne and Wear NHS Charity is a UK Charity registered with the Charity Commission (charity number 1165788). The Charity was formally established on 1st April 2016.

The Cumbria, Northumberland Tyne and Wear NHS Foundation Trust Charity has both restricted and unrestricted funds but has no endowment funds. The charity has specific funds for certain service areas which have specific objectives and purposes and are classified as unrestricted designated funds. If a general donation is made and no specific area is identified then the monies are paid into the the SHINE Fund which is used for the general benefit of services users and former service users of the Cumbria, Northumberland Tyne and Wear NHS Foundation Trust at the discretion of the Trustees. The major funds are disclosed in note 9.

1.2 Incoming resources

All incoming resources are recognised once the charity has entitlement to the resources, it is probable that the resources will be received and the monetary value of the incoming resources can be measured with sufficient reliability.

Where there are terms and conditions attached to the incoming resources, particularly grants, then these terms and conditions must be met before the income is recognised as the entitlement condition will not be satisfied until that point. Where terms and conditions have not been met or uncertainty exists as to whether they can be met then the relevant income is not recognised in the year but deferred and shown in the balance sheet as deferred income.

Notes to the accounts (continued)

1.2.1 Legacies

Legacies are accounted for as incoming resources either upon receipt or where the receipt of the legacy is probable.

Receipt is probable when:

- Confirmation has been received from the representatives of the estate(s) that probate has been granted
- The executors have established that there are sufficient assets in the estate to pay the legacy and
- All conditions attached to the legacy have been fulfilled or are within the charity's control.

If there is uncertainty as to the amount of the legacy and it cannot be reliably estimated then the legacy is shown as a contingent asset until all of the conditions for income recognition are met.

1.3 Resources Expended and Irrecoverable VAT

All expenditure has been accounted for on an accruals basis and has been classified under headings that aggregate all costs related to each category of expense shown in the Statement of Financial Activities. Expenditure is recognised when the following criteria are met:

- There is a present legal or constructive obligation resulting from a past event
- It is more likely than not that a transfer of benefits (usually a cash payment) will be required in settlement
- The amount of the obligation can be measured or estimated reliably

Irrecoverable VAT is charged against the category of resources expended for which it was incurred

1.3.1 Expenditure on Raising Funds

Expenditure on raising funds are those costs attributable to generating income for the charity, other than those costs incurred in under expenditure on charitable activities. These costs include expenses for fundraising activities.

1.3.2 Expenditure On Charitable Activities

Expenditure on charitable activities comprise all the costs incurred in the pursuit of the charitable objects of the charity. These costs, where not wholly attributable, are apportioned between the categories of charitable expenditure in addition to the direct costs. The total costs of each category of charitable expenditure include an apportionment of support costs as shown in note 4.

Governance costs are also included within Expenditure On Charitable Activities comprising recharges of appropriate apportions of the funds administration costs from the Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust, plus internal audit and independent examination fees, system costs and legal and professional charges.

1.4 Receivables

Receivables are amounts owed to the charity. They are measured on the basis of their recoverable amount.

1.4 Cash and Cash Equivalents

Cash at bank and in hand is held to meet the day to day running costs of the charity as they fall due. Cash equivalents are short term, highly liquid investments, usually in less than 90 day notice interest bearing savings accounts.

1.5 Payables

Payables are amounts owed by the charity. They are measured at the amounts that the charity must pay to settle the debt.

1.6 Realised Gains and Losses

All gains and losses are taken to the Statement of Financial Activities. Realised gains and losses on investments are calculated as the difference between sales proceeds and opening carrying value (or date of purchase if later). Unrealised gains and losses are calculated as the difference between the market value at the year end and opening carrying value (or date of purchase if later).

1.7 Pensions

The charity does not employ any staff and does not make contributions to a pension scheme.

2. Related Party Transactions

Cumbria, Northumberland Tyne and Wear NHS Foundation Trust patients are the main beneficiaries of the charity and the Trust (including its subsidiary NTW Solutions Ltd) is a related party by virtue of being corporate trustee of the charity. As the Cumbria, Northumberland Tyne and Wear NHS Foundation Trust has been determined to have control over the charity and are the main beneficiaries, the Cumbria, Northumberland Tyne and Wear NHS Foundation Trust is the controlling parent of the Charity as a subsidiary. The charity has provided funding to the Trust for approved expenditure made on behalf of the charity. During the current financial year this funding amounted to £111,151.66 for patients welfare and amenities.

The Cumbria, Northumberland Tyne and Wear NHS Foundation Trust is a provider of mental health and disability services in the Cumbria, Northumberland, Tyne and Wear regions. The registered address for the Trust is St Nicholas Hospital, Jubilee road, Gosforth, Tyne and Wear NE3 3XT.

The charity has no employees. Compensation was paid to the Cumbria, Northumberland Tyne and Wear NHS Foundation Trust of £86,343.78 for key personnel to provide administration and accounting services. There was £nil remuneration or expenses paid directly to trustees or staff employed by the Northumberland Tyne and Wear NHS Foundation Trust.

During the year no members with delegated responsibility for the Trustee, or parties related to them has undertaken any material transactions with the Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charity.

Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust is the sole corporate trustee of the charity. Delegated responsibility of the the Trustee is applied to executive and non-executive members of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Board (names listed below).

Darren Best Chair

James Duncan Chief Executive

Dr Rajesh Nadkarni Deputy Chief Executive/Executive Medical Director

Ramona Duguid Chief Operating Officer

Kevin Scollay Executive Director of Finance

Lynne Shaw Executive Director of Workforce and Organisational Development

Sarah Rushbrooke Executive Director of Nursing, Therapies and Quality Assurance

David Arthur Non-Executive Director (Resigned January 2025)

Paula Breen Non-Executive Director (Resigned March 2025)

Louise Nelson Non-Executive Director

Michael Robinson Non-Executive Director

Brendan Hill Non-Executive Director

Vikas Kumar Non-Executive Director

Rachel Bourne Non-Executive Director

Robin Earl Non-Executive Director (July 2024)

3. Incoming resources

	Note	2024/25			2023/24		
		Unrestricted Funds	Restricted Income Funds	Total	Unrestricted Funds	Restricted Income Funds	Total
		£000	£000	£000	£000	£000	£000
INCOME FROM DONATIONS AND LEGACIES							
Public donations		9	0	9	28	0	28
Electronically received donations		5	0	5	5	0	5
Corporate donations		6	0	6	0	0	0
Legacies		2	0	2	0	0	0
Major Donors		0	0	0	0	0	0
Grants Receivable from other NHS Charities		0	77	77	76	0	76
TOTAL INCOME FROM DONATIONS AND LEGACIES	3.1	22	77	99	109	0	109
OTHER TRADING ACTIVITIES							
Fund raising income		30	0	30	11	0	11
Collections		1	0	1	1	0	1
Lotteries		0	0	0	0	0	0
TOTAL OTHER TRADING ACTIVITIES	3.2	31	0	31	12	0	12
INCOME FROM INVESTMENTS							
Bank interest received		32	0	32	29	0	29
TOTAL INCOME FROM INVESTMENTS	3.3	32	0	32	29	0	29
OTHER INCOME							
Other income received		0	0	0	0	0	0
TOTAL OTHER INCOME	3.4	0	0	0	0	0	0
TOTAL INCOMING RESOURCES		85	77	162	150	0	150

4. Expenditure on charitable activities

	Note	2024/25			2023/24		
		Unrestricted Funds	Restricted Income Funds	Total	Unrestricted Funds	Restricted Income Funds	Total
		£000	£000	£000	£000	£000	£000
EXPENDITURE ON RAISING FUNDS							
Event Costs		3	0	3	2	0	2
TOTAL EXPENDITURE ON RAISING FUNDS	4.1	3	0	3	2	0	2
EXPENDITURE ON CHARITABLE ACTIVITIES							
Activities in furtherance of the charities objectives							
Patients' Welfare and Amenities		34	77	111	114	0	114
Staff Welfare and Amenities		55	0	55	0	0	0
Research costs		0	0	0	0	0	0
Other charitable expenditure		0	0	0	119	0	119
Capital: Equipment		0	0	0	0	0	0
TOTAL EXPENDITURE ON ACTIVITIES IN FURTHERANCE OF THE CHARITIES OBJECTIVES		89	77	166	233	0	233
GOVERNANCE COSTS							
Independent Examiners Fee		3	0	3	1	0	1
Legal and Set Up Fees		0	0	0	0	0	0
System Set Up and Maintenance Costs		0	0	0	0	0	0
Administration Costs		87	0	87	64	0	64
TOTAL GOVERNANCE COSTS		90	0	90	65	0	65
TOTAL EXPENDITURE ON CHARITABLE ACTIVITIES	4.2	179	77	256	298	0	298

5. Changes in resources available for charity use

	Note	2024/25			2023/24		
		Unrestricted Funds	Restricted Funds	Total	Unrestricted Funds	Restricted Funds	Total
		£000	£000	£000	£000	£000	£000
Net movement in funds for the year before transfers	5	(107)	0	(107)	(102)	0	(102)
Funds transferred in from other NHS Charities due to reorganisation		0	0	0	0	0	0
NET INCREASE/ (DECREASE) IN FUNDS FOR THE YEAR		(107)	0	(107)	(102)	0	(102)

6. Current asset investments

	2024/25	2023/24
	£000	£000
Short term deposits	647	874
TOTAL CURRENT ASSET INVESTMENTS	647	874

7. Cash and cash equivalents

	2024/25	2023/24
	£000	£000
Bank current account	226	47
TOTAL CASH AND CASH EQUIVALENTS	226	47

8. Payables

	2024/25	2023/24
	£000	£000
Accruals	107	48
TOTAL PAYABLES FALLING DUE WITHIN ONE YEAR	107	48

9. Details of material funds

9.1 Restricted funds

2024/25						
	Fund balances 1st April 2024	Incoming resources	Resources expended		Transfers from other NHS Charities	Fund balances 31st March 20235
			Activities undertaken directly	Support costs		
	£000	£000	£000	£000	£000	£000
Tranwell restricted fund	23	1	(1)	0	0	23
St Nicholas Hospital restricted fund	4	0	0	0	0	4
Ferndene restricted fund	0	0	0	0	0	0
Northgate - George Bright Legacy	0	0	0	0	0	0
TOTALS	27	1	(1)	0	0	27

2023/24						
	Fund balances 1st April 2023	Incoming resources	Resources expended		Transfers from other NHS Charities	Fund balances 31st March 2024
			Activities undertaken directly	Support costs		
	£000	£000	£000	£000	£000	£000
Tranwell restricted fund	23	1	(1)	0	0	23
St Nicholas Hospital restricted fund	4	0	0	0	0	4
Ferndene restricted fund	0	0	0	0	0	0
Northgate - George Bright Legacy	0	0	0	0	0	0
TOTALS	27	1	(1)	0	0	27

9.2 Unrestricted funds

2024/25						
	Fund balances 1st April 2024	Incoming resources	Resources expended		Transfers from other NHS Charities	Fund balances 31st March 2025
			Activities undertaken directly	Support costs		
	£000	£000	£000	£000	£000	£000
SHINE Fund	540	61	(140)	0	0	461
Castleside Ward fund	22	2	(1)	0	0	23
Aldervale Ward fund	18	1	(6)	0	0	13
Huntingtons Disease fund	30	2	(1)	0	0	31
Woodhorn fund	15	2	(2)	0	0	15
Centre for Elderly fund	3	0	0	0	0	3
Richardson Eating Disorders fund	8	0	(2)	0	0	6
Others (39 Funds)	210	82	(105)	0	0	187
Totals	846	150	(257)	0	0	739

The SHINE Fund is the only material fund held by the Cumbria, Northumberland Tyne and Wear NHS Foundation Trust Charity and this fund is a general fund relating to the current and former service users of the Trust. This fund is accessed on the basis of bids approved and there are no restrictions or planned usage of this fund identified at the 31 March 2025.

2023/24						
	Fund balances 1st April 2023	Incoming resources	Resources expended		Transfers from other NHS Charities	Fund balances 31st March 2024
			Activities undertaken directly	Support costs		
	£000	£000	£000	£000	£000	£000
SHINE Fund	654	113	(227)	0	0	540
Castleside Ward fund	34	1	(13)	0	0	22
Aldervale Ward fund	24	0	(6)	0	0	18
Huntingtons Disease fund	28	3	(1)	0	0	30
Woodhorn fund	19	1	(5)	0	0	15
Centre for Elderly fund	4	0	(1)	0	0	3
Richardson Eating Disorders fund	9	0	(1)	0	0	8
Others (43 Funds)	176	77	(43)	0	0	210
Totals	948	195	(297)	0	0	846

The SHiNE Fund is the only material fund held by the Cumbria, Northumberland Tyne and Wear NHS Foundation Trust Charity and this fund is a general fund relating to the current and former service users of the Trust. This fund is accessed on the basis of bids approved and there are no restrictions or planned usage of this fund identified at the 31 March 2024.

The gains/losses on investments are apportioned between the funds at the year end, and are recorded within income and expenditure in this note



This report is available on request in other formats; we will do our best to provide a version of this report in a format that meets your needs.

For other versions please telephone 0191 246 6977 or email us at qualityassurance@cntw.nhs.uk

Copies of the Annual Report can be obtained from our website www.cntw.nhs.uk

Copies can be obtained by contacting:
Marketing Department
St. Nicholas Hospital
Jubilee Road
Gosforth
Newcastle upon Tyne
NE3 3XT
Tel: 0191 246 7238

If you have any feedback or suggestions on how we could improve our annual report, please do let us know by calling 0191 246 7238

CUMBRIA, NORTHUMBERLAND, TYNE AND WEAR NHS FOUNDATION TRUST CHARITY

England & Wales - Charity number 1165788

Accounts



Cumbria, Northumberland,
Tyne and Wear
NHS Foundation Trust



Annual Report

2023/24

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Foreword



The Board of Directors of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust as Corporate Trustee presents the Charitable Funds Annual Report together with the Financial Statements for the year ended 31 March 2024.

The Charity's annual report and accounts for the year ended 31 March 2024 have been prepared by the Corporate Trustee in accordance with Part 8 of the Charities Act 2011 and the Charities (Accounts and Reports) Regulations 2008. The Charity's report and accounts include all the separately established funds for which the Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust is sole beneficiary.

The Charity has a Corporate Trustee: the Cumbria, Northumberland Tyne and Wear NHS Foundation Trust. The members of the NHS Trust Board of Directors who served during the financial year and to the date of this report were as follows:

Ken Jarrold – Chair (Resigned September 2023)

Darren Best – Chair (October 2023)

James Duncan - Chief Executive

Dr Rajesh Nadkarni - Deputy Chief Executive/Executive Medical Director

Ramona Duguid - Chief Operating Officer

Kevin Scollay - Executive Director of Finance

Lynne Shaw - Executive Director of Workforce and Organisational Development

Sarah Rushbrooke - Executive Director of Nursing, Therapies and Quality Assurance

David Arthur - Non-Executive Director

Darren Best - Non-Executive Director (Moved into Chair's role October 2023)

Paula Breen - Non-Executive Director

Louise Nelson - Non-Executive Director

Michael Robinson - Non-Executive Director

Brendan Hill - Non-Executive Director

Vikas Kumar – Non-Executive Director (29 January 2024)

Rachel Bourne – Non-Executive Director (29 January 2024)

The Charitable Funds are registered with the Charity Commission (no. 1165788) in accordance with the Charities Act 2011.

Reference and administrative details

Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charity, registered Charity Number 1165788, is constituted of 52 individual funds as at 31 March 2024. The notes to the accounts distinguish the types of fund held and disclose separately all material funds.

Charitable funds received by the charity are accepted, held and administered as funds and property held on trust for purposes relating to the health service in accordance with the National Health Service Act 2006, and these funds are held on Trust by the corporate body.



Trustee

Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust is constituted as the sole Corporate Trustee of the Charity and its charitable funds governed by the law applicable to Trusts, principally the Trustee Act 2000 and the Charities Act 2011.

All members of the Board of Directors of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust are the Trustee within charitable law and as such are required to ensure that any funds donated to the Trust for charitable purposes are used for the purposes for which they were given, that funds are managed appropriately and that balances are invested wisely.

The Board of Directors has devolved responsibility for the on-going management of funds to a sub-committee of the Board of Directors whose meetings are governed by the Trust's Standing Orders and whose financial transactions must comply with the Trust's Standing Financial Instructions.

A Non-Executive director chairs the Charitable Funds Sub Committee, and its other members comprise: the Executive Directors of the Trust; Managing Director (NTW Solutions Limited); the Director of Communications and Corporate Affairs, Patients' Finance and Cashier Manager, Governors, Head of Accounting and Processing and the Head of Communications.

Trustees and members of the Charitable Funds Sub-Committee during 2023/24 were as follows:

Louise Nelson, Non-Executive Director, Chair

Kevin Scollay, Executive Director of Finance

Ailsa Miller, Patients Finance and Cashiers Manager, NTW Solutions Limited

Shaun Dixon, Head of Accounting and Processing

Emma Silver Price, Non-Clinical Staff Governor

Debbie Henderson, Director of Communications and Corporate Affairs

Sarah Rushbrooke, Executive Director of Nursing, Therapies and Quality Assurance

David Arthur, Non-Executive Director

Fiona Grant, Service User Governor Adult Services

Sharon Brennan, Marketing Manager

Tracey Sopp, Managing Director, NTW Solutions Limited

Principal office

The principal office for the Charity is:
Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charity
C/o Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust
St Nicholas Hospital
Jubilee Road
Gosforth
NE3 3XT

Principal professional advisers

Bankers:
Lloyds Banking Group
4th Floor
102 Grey Street
Newcastle upon Tyne
NE1 6AG

Independent examiner

David Hoose, Forvis Mazars LLP
The Corner
Bank Chambers
26 Mosley Street
Newcastle upon Tyne
NE1 1DF

Solicitors

Withers LLP
16 Old Bailey
London
EC4M 7EG

Structure, governance and management

The Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charity was established by Trust deed and is registered with the Charity Commission (charity number 1165788). The charity's funds were established using the model declaration of trust.

As a body we are a member of the Association of NHS Charities.

All trust funds are registered with the Charity Commission. The Charitable Funds (the Charity) of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust (the Trust) comprise a range of funds under one umbrella registration. Funds are held relevant to individual wards and departments and by specific purpose within those areas. These funds are, within certain delegated limits, available for the staff to expend on items appropriate to the fund concerned in line with the financial procedures laid down from time to time.

Large donations, often received by virtue of a legacy, are managed directly by the Charitable Funds Sub Committee which ensures that the wishes of the donor are met and that expenditures are not at variance to the Trust's own activities and that, where relevant, investment in new equipment or services is sustainable and supported in future years.

Non-Executive Members of the Trustee Board of Directors are appointed by the Council of Governors and Executive Members of the Board are subject to recruitment by the Chairman and Non-Executive Directors of the Trustee Board. Members of the Board of Directors and the Charitable Funds Sub-Committee are not individual Trustees under Charity Law but act as agents on behalf of the corporate Trustee.

All members of the Board of Directors have a responsibility to adhere to the NHS Foundation Trust Code of Governance.

The Executive Director of Finance has a responsibility to highlight to members of the Charitable Funds Committee any changes to charity law and updates from the Charity Commission. These items are circulated to all members and included as an agenda item for the next meeting as they occur.

Acting for the Corporate Trustee the Charitable Funds Committee is responsible for the day to day management of the Charitable Funds. Details of the Trustee's responsibilities are provided in the statement accompanying the attached accounts for the year.

The Trustee is responsible for preparing the Trustee's Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the Trustee to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period.

In preparing these financial statements, the Trustee is required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charities Statement of Recommended Practice (SORP);
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustee is responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008. The Trustee is also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustee is responsible for the maintenance and integrity of the charity and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The Trustee confirms that it has met the responsibilities set out above and complied with the requirements for preparing the accounts. The financial statements set out within the annual report have been compiled from and are in accordance with the financial records maintained by the Trustee.


By Order of the Trustee, and those with delegated responsibility

Chairman.....Darren Best



Date.....15th January 2025

Executive Director.... Kevin Scollay



Date.....15th January 2025

The accounting records and day to day administration of the funds are dealt with by the Finance Department, NTW Solutions located at Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust, St Nicholas Hospital, Jubilee Road, Gosforth, NE3 3XT.

Consolidation of accounts with Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust

In accordance with NHS Improvement's Annual Reporting Manual 2023/24 and the Department of Health Group Accounting Manual (DH GAM), where an NHS Foundation Trust is the Corporate Trustee to an NHS Charitable Fund, the NHS Foundation Trust was required to consider whether the accounts of that charitable fund represent a subsidiary. This is likely to be the case where the NHS Foundation Trust both:

- Has control over the NHS Charitable Fund, i.e.
- Controls the majority of the voting rights in the entity;
- Has the power to govern the financial and operating policies of the entity; and
- Has the power to appoint or remove directors at meetings of the board and;
- Benefits from the NHS Charitable Fund.

Based upon the above it was considered Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charitable Funds represented a subsidiary of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust.

The Trust has prepared consolidated group financial statements for 2023/24 for the Trust and its subsidiaries including the Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charity.

Risk management

The Trustee, in reviewing risks appropriate to the charitable activities, places reliance upon the risk management review carried out by Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust and the overall internal control arrangements within the Trust.

The Trust's internal auditors include Charitable Funds in their annual plans and their findings, which include an assessment of risk, are reported to the Trustee via the Trust's Audit Committee.

Partnership working and networks

Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust is the main beneficiary of the charity and is a related party by virtue of being Corporate Trustee of the charity. By working in partnership with the Trust the charitable funds are used to best effect. When deciding upon the most beneficial way to use charitable funds the Corporate Trustee has regard to the main activities, objectives, strategies and plans of the Trust.

Public benefit statement

Public benefit, as defined by the Charities Act 2011. The Trustees can report that the two key principles that underpin 'public benefit' have been met:

There is always an identifiable benefit or benefits and these are apparent from the contents of the Annual Report and are all related to the aims of the charities; and

There is a benefit to the public or a section of the public. The beneficiaries are appropriate as laid down by the aims of the various charities and there are no unreasonable restrictions. It is recognised that the Trustee exercises a discretion in deciding upon who will benefit from the charities but that this is permissible under the aims and objects of the charities concerned and the beneficiaries constitute a 'section of the public' and therefore this is a reasonable exercise of that discretion. The aims and objects of the Charity are contained in the charity's scheme. The Trustee confirms that they:

- Ensure that they pursue the aims and objects of the various charities for the public benefit, as defined by the Charities Act 2011
- Have proper regard to the guidance published by the Charity Commission in respect of the subject of public benefit; and
- Confirm that this Annual Report provides sufficient information as to the ways in which the public benefit is achieved.

Independent examination

The Charity's Trustee considers that an audit is not required for this year under section 144(2) of the Charities Act 2011 and that an independent examination is required as a lower-income charity. An independent examination has been carried out by David Hoose of Forvis Mazars LLP for the financial statements for 2023/24.

Objectives and activities

The Charity's purpose is as follows:

“ The funds held can be used for any charitable purposes relating to the general or specific purposes of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust or purposes relating to the National Health Service ”

Typically the purpose of the fund is to benefit the public through its support for current and former service users of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust. The funds provide items of comfort for patients or therapeutic activities beyond normal levels expected for patient welfare and amenities.

The funds held relevant to individual wards and departments are often raised by the staff and friends or are from small donations given by patients and relatives in gratitude for the care they have received. These funds are available for the staff to expend on items appropriate to the fund concerned in line with the financial procedures laid down from time to time.

Between April 2023 and March 2024, the charity spent £113,490 on improving patient spaces, purchasing musical instruments, sensory equipment, games, gym and sports equipment, craft materials, specialist seating and more. It funded 25 projects in Cumbria, 41 projects in the north locality, 45 in the central locality, 11 in the south and six Trust-wide.

The largest grant made by the charity was £10,128 for seating on Castleside Ward, funded by the ward's charitable fund. Castleside is an inpatient dementia service at the Campus for Ageing and Vitality in Newcastle.

Sharon Lynn, Advanced Physiotherapist said: “Patients on Castleside often require and benefit from seating that addresses issues like age and condition-related postural change, pain, skin integrity and day-time fatigue. Disrupted sleep pattern is a common feature in our older client group and sleeping in standard chairs frequently leads to neck pain, stiffness and dropped head syndrome. Poor sleep, immobility and pain are significant contributors to behaviours that challenge.”

Thanks to funding, the ward was able to purchase four specialist chairs designed for comfort, mobility and independence. The chairs are designed to support posture and reduce sliding and discomfort.

Another significant grant made was £8,800 from SHINE to pay for Christmas presents and activities for all patients in hospital on Christmas Day. All inpatient wards across the Trust received funding.

Wards purchased gifts such as toiletries, art supplies, toys and footballs for patients on our children and young people's wards and blankets and chocolate for patients on our older adult wards.

Terri Craven, occupational therapist on Gibside Ward, said:

"Patients were very surprised and appreciative of the presents. Many were unable to see their relatives, so this made a real difference. It gave a sense of family within the ward at what can be a difficult time for some."

Assistant practitioner Rebecca works on Harthope, a secure care ward in Morpeth. She said:

"The patients were happy and grateful to have something to open on Christmas Day, especially those who did not receive gifts from others. Some patients do not have family that can bring them things from home or the money to purchase a lot of essential items, so this allowed them to have these things."

The charitable funds committee continued with its policy of rationalisation of the funds held on Trust to promote clarity of purpose and by actively publicising the availability of all legacies to ensure expenditure to date as appropriate.

You can find out more about the different projects the charity has funded on our charity webpage at www.cntw.nhs.uk/SHINE

A review of our finance, achievements and performance

Total incoming resources amounted to £149,137. The charity continues to rely on donations, legacies and investments income as the main sources of income. Income comprised: funds raised by staff, relatives, friends and other donations £43,596, transfer from other charities £76,459 and investment income £29,082.

Of the total expenditure of £298,780, charitable expenditure for patient welfare and amenities was £113,490, transfers to other charities £119,000, management and admin costs of £64,090 and fundraising event costs of £2,200.

The net assets of the Charitable Funds as at 31 March 2024 were £873,222. Further details are provided in the annual accounts and notes.

Reserves policy

The policy of the Trustee is to spend charitable funds and not allow funds to accumulate. The policy states that fund holders need to balance the interests of present and future beneficiaries of the fund. Expenditure plans should ideally aim to spend a minimum target of 10% of the fund per annum and raise funds equal to 10% of income per annum.

The Trustee considers that it should be the aim to hold sufficient reserves to be able to provide funds to meet charitable expenditure as it is incurred and to review the position on an annual basis. Access to the funds is encouraged so that cash is used often to provide benefits to the current and former service users of the Northumberland, Tyne and Wear NHS Foundation Trust. It has not yet been considered necessary to hold a set amount in reserves as in many instances the minimum spend targets are not yet being met.

Plans for future periods

The Trustee reviews the spending priorities for each fund quarterly at the Charitable Funds Sub-Committee meetings and fund holders are regularly notified of balances.

Charitable fund activity will be consistent with the Trust's business plan and be set against identified corporate objectives.

Future plans for the coming year include planning the expenditure of Stage 3 Distribution of the NHS Charities together application and proposed expenditure and the appointment of a Fundraiser for the Charity.

Going concern

The Charity's Trustee has a reasonable expectation that the Charity has adequate fund balances to continue in operational existence for the foreseeable future.

This expectation is based upon fund balances as at the 31 March 2024 and the value £873,222 with minimal future liabilities and commitments.

Thank you! ☀️

On behalf of service users and carers who have benefited from enhanced services made possible by your donations and legacies, the Corporate Trustee extends a warm and sincere thank you to all patients, families, and staff who have contributed to fundraising efforts or made charitable donations.



Peter Prest and Paul Hewitson (The Mop Heads) for their ongoing dedication to fundraising, including their inspiring songs *Where Hope Begins*, *Heal*, and *St. Nicholas* that have raised both awareness and vital funds.



Jill Ramsay for helping to raise an impressive £546. for Hadrian 1 ward at Carleton Clinic. The funds will be used to improve patient spaces on the ward.



Social, Therapeutic and Recreational Rehabilitation Team (STARRT), Hopewood Park, St. George's Park, and Mitford Unit for their hard work organising fundraising events and summer fayres.





Staff at Carleton Clinic who completed the challenging 84-mile Hadrian's Wall Walk in May, raising over £3,800 for SHINE to fund a local community mental health football group.

Voluntary Services for hosting a raffle during Volunteers Week at St. Nicholas Hospital. Thanks to their efforts, SHINE received over £380.



Paul Wales and Dr. Mohammed Elhamshary for their remarkable long-distance cycle, raising over £8,000!

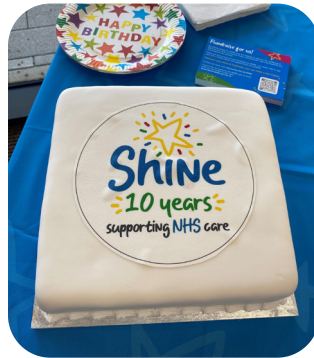


Gateshead Early Intervention in Psychosis Team for taking on the challenge of hiking Scafell Pike, England's tallest peak, and raising an incredible £750 for the Voyage to Recovery project, which directly supported the services' patients earlier this year.





The Craft Shack at Northgate Park for their ongoing fundraising efforts. Open every Thursday, the Shack sells arts, crafts, and woodwork created by service users, contributing to SHINE's success.



Our charity team for their support of SHINE's 10th Birthday celebrations across the Trust, raising over £780 thanks to the generosity of staff and visitors.



Everyone who helped to support the balloon raffle at the Staff Excellence Awards at Newcastle Civic Centre on 27 September 2024.



The 76th NHS Birthday celebration team who hosted a cake sale at St. Nicholas Hospital, raising £180.

Great North Run participants

A huge thank you to Andy Brennan, Matthew Brennan, Jennie Doig, Joanne Wallace, Oliver Daley, Paul Wales, Jake Smith, Liam Robertson, and Catherine Curran, whose collective efforts raised a fantastic £4,213 – the largest amount raised by our runners since 2015!



Your fundraising has allowed the charity to continue funding therapeutic activities and providing items of comfort that make a real difference to our patients. We've received glowing feedback from service users this year, highlighting the impact of SHINE.

Thank you to the SHINE Fund for giving the community allotment support. It makes a big difference in my life and allows me to meet other people every week and feel part of the community.

Patient in Community Forensic Services

I have observed patients find so much comfort from the hug dolls. The hug dolls have improved sleep quality for patients who have never slept alone apart from being in hospital. The soft, warm pillow body is soothing, with weighted limbs and a heartbeat to comfort patients.

Member of nursing staff, Ruskin Unit

The chairs are excellent in providing patients with an increased sense of control and safety, alongside easing anxiety.

Specialist Occupational Therapist

We can't thank you enough for your generous donation towards our sensory resources. Our patients have loved exploring the various items, such as the scented diffuser, mindfulness CDs, sensory lights, and stress toys.

Occupational Therapist

Thank you to **Amazon** in Gateshead for their very generous donation of £500 in raffle prizes.

We also want to extend our deepest gratitude to **Bellway**, a local property developer and housebuilder, for their £500 SHINE donation.


And finally, a special thank you to **Morrisons, Asda, Tesco, Sainsbury's, and Waitrose**, along with their incredible community champions. Their ongoing support has been invaluable, providing everything from small acts of kindness, such as Easter eggs, to more substantial contributions that have bolstered our fundraising efforts and positively impacted the lives of service users.

Annual Accounts 2023-24

The annual accounts for the Charitable Funds are published on the Trust's Intranet site.

Further copies can be obtained from Mr James Duncan at the Principal Office.


Vikas Kumar
Non-Executive Director
Chair - Charitable Funds Sub-Committee
Signed on behalf of the Corporate Trustee
Date: 15th January 2025


James Duncan
Chief Executive
Charitable Funds Sub-Committee
Signed on behalf of the Corporate Trustee
Date: 15th January 2025

Independent Examiner's Report to the Trustees of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charity

I report on the financial statements of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charity for the year ended 31 March 2024, which are set out on pages 25 to 36.

Respective responsibilities of trustees and examiner

The charity's Trustee is responsible for the preparation of the financial statements. The charity's Trustee consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the financial statements under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

This report, including my statement, has been prepared for and only for the charity's trustees as a body. My work has been undertaken so that I might state to the charity's Trustee those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's Trustee as a body for my examination work, for this report, or for the statements I have made.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeking explanations from you as Trustee concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the financial statements present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, which is complete, no matters have come to my attention which give me reasonable cause to believe that in any material respect:

- accounting records were not kept in respect of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charity in accordance with section 130 of the 2011 Act; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the applicable requirements concerning the form and content of financial statements set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which, in my opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.



[David Hoose \(Jan 17, 2025 16:08 GMT\)](#)

David Hoose, Forvis Mazars LLP
Bank Chambers, 26 Mosley Street
Newcastle
NE1 1DF

Date: Jan 17, 2025

Charity allocations

SHINE has made 58 allocations across the Trust this year. Funding provided a variety of wellbeing items and activities, specialist seating, events and summer festivals, gym and gaming equipment.

The largest bids for the year were for the Castleside, Centre of Health for the Elderly, and [Ruskin and Oakwood Elderly wards at Carleton Clinic](#) who received funds for specialist seating for their patients.

Funding was given to Early Intervention Psychosis service users to take part the [Voyage of Discovery](#) in 2024 where service users enjoy being part of a team and sail around the UK. North Cumbria inpatients received support to enable them to fund a community football project with Carlisle United for two years.

An NHS Charities together grant provided funds for staff benefits including a menopause helpline, holistic wellbeing therapies and health checks for staff.

Environmental improvements and activity equipment was provided to the central inpatient wards at Hadrian Clinic, Newcastle.

[Sports equipment for the newly built Sycamore unit at Northgate](#) was purchased to enable patients to use up to date fitness machines. Also provided were outdoor pool tables so that patients could take part in outdoor activities.

Activity equipment was purchased for inpatient wards across the Trust and [sensory and chill out rooms](#) provided to a number of wards.

Children and young people's service at South of Tyne were able to refurbish their garden so that patients could enjoy the outdoor area during their visits.

The SHINE fund supported all inpatients to receive [a gift on Christmas day](#).



Sycamore sports equipment



Therapeutic garden



Cycle workshop



Carleton Clinic



Annual Accounts



Statement of financial activities

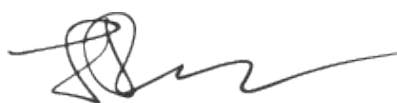
	Note	2023/24			2022/23		
		Unrestricted Funds	Restricted Funds	Total 2023/24	Unrestricted Funds	Restricted Funds	Total 2022/23
		£000	£000	£000	£000	£000	£000
INCOMING RESOURCES							
Incoming resources from generated funds							
Income from donations and legacies							
Donations		33	0	33	42	0	42
Legacies		0	0	0	0	0	0
Grants		76	0	76	0	0	0
Sub total income from donations and legacies	3.1	109	0	109	42	0	42
Other trading activities	3.2	12	0	12	5	0	5
Income from investments	3.3	29	0	29	24	2	26
Other income	3.4	0	0	0	0	0	0
TOTAL INCOME FROM CHARITABLE ACTIVITIES		150	0	150	71	2	73
EXPENDITURE ON CHARITABLE ACTIVITIES							
Expenditure on raising funds	4.1	(2)	0	(2)	(2)	0	(2)
Expenditure on charitable activities	4.2	(298)	0	(298)	(105)	(3)	(108)
TOTAL EXPENDITURE ON CHARITABLE ACTIVITIES		(300)	(0)	(300)	(107)	(3)	(110)
Net income/(expenditure)		(150)	(0)	(150)	(36)	(1)	(37)
Transfers between funds		0	0	0	0	0	0
NET (Outgoing) Resources		(150)	(0)	(150)	(36)	(1)	(37)
Other recognised gains/ (losses)							
Gains/(losses) on revaluation and disposal of investment assets		48	0	48	(50)	0	(50)
NET MOVEMENT IN FUNDS	5	(102)	0	(102)	(86)	(1)	(87)
Fund balances brought forward		948	27	975	1,034	28	1,062
Funds transferred in from other NHS Charities due to reorganisation		0	0	0	0	0	0
FUND BALANCES CARRIED FORWARD	9	846	27	873	948	27	975

Balance sheet

	2023/24				2023/24		
	Note	Unrestricted Funds	Restricted Funds	Total 2023/24	Unrestricted Funds	Restricted Funds	Total 2021/22
		£000	£000	£000	£000	£000	£000
CURRENT ASSETS							
Short term investments and deposits	6	874	0	874	826	0	826
Debtors		0	0	0	0	0	0
Cash at bank and in hand	7	20	27	47	127	24	151
TOTAL CURRENT ASSETS		894	27	921	953	24	977
CURRENT LIABILITIES							
Payables	8	48	0	48	2	0	2
TOTAL CURRENT LIABILITIES		48	0	48	2	0	2
TOTAL CURRENT ASSETS LESS CURRENT LIABILITIES		846	27	873	951	24	975
TOTAL NET ASSETS		846	27	873	951	24	975
FUNDS OF THE CHARITY							
Restricted		0	27	27	0	27	27
Unrestricted		846	48	846	948	0	948
TOTAL FUNDS	9	846	27	873	948	27	975

The financial statements were approved by the Board and signed on its behalf by:

Name: James Duncan



Date: 15th January 2025

Notes to the accounts

1. Accounting Policies

The financial statements have been prepared under the historic cost convention, with the exception of investments which are included at their fair value.

The Cumbria, Northumberland Tyne and Wear NHS Foundation Trust Charity is a public benefit entity.

The financial statements have been prepared in accordance with the Statement of Recommended Accounting Practice: Accounting and Reporting by Charities (SORP) Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011 and UK Generally Accepted Practice.

The accounts have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view.' This departure has involved following Accounting and reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102).

The Trustee considers that there are no material uncertainties about the Northumberland Tyne and Wear NHS Foundation Trust Charity's ability to continue as a going concern. There are no material uncertainties or key risks affecting the current year's accounts.

1.1 Funds structure

The Cumbria, Northumberland Tyne and Wear NHS Charity is a UK Charity registered with the Charity Commission (charity number 1165788). The Charity was formally established on 1st April 2016.

The Cumbria, Northumberland Tyne and Wear NHS Foundation Trust Charity has both restricted and unrestricted funds but has no endowment funds. The charity has specific funds for certain service areas which have specific objectives and purposes and are classified as unrestricted designated funds. If a general donation is made and no specific area is identified then the monies are paid into the the SHINE Fund which is used for the general benefit of services users and former service users of the Cumbria, Northumberland Tyne and Wear NHS Foundation Trust at the discretion of the Trustees. The major funds are disclosed in note 9.

1.2 Incoming resources

All incoming resources are recognised once the charity has entitlement to the resources, it is probable that the resources will be received and the monetary value of the incoming resources can be measured with sufficient reliability.

Where there are terms and conditions attached to the incoming resources, particularly grants, then these terms and conditions must be met before the income is recognised as the entitlement condition will not be satisfied until that point. Where terms and conditions have not been met or uncertainty exists as to whether they can be met then the relevant income is not recognised in the year but deferred and shown in the balance sheet as deferred income.

Notes to the accounts (continued)

1.2.1 Legacies

Legacies are accounted for as incoming resources either upon receipt or where the receipt of the legacy is probable.

Receipt is probable when:

- Confirmation has been received from the representatives of the estate(s) that probate has been granted
- The executors have established that there are sufficient assets in the estate to pay the legacy and
- All conditions attached to the legacy have been fulfilled or are within the charity's control.

If there is uncertainty as to the amount of the legacy and it cannot be reliably estimated then the legacy is shown as a contingent asset until all of the conditions for income recognition are met.

1.3 Resources Expended and Irrecoverable VAT

All expenditure has been accounted for on an accruals basis and has been classified under headings that aggregate all costs related to each category of expense shown in the Statement of Financial Activities. Expenditure is recognised when the following criteria are met:

- There is a present legal or constructive obligation resulting from a past event
- It is more likely than not that a transfer of benefits (usually a cash payment) will be required in settlement
- The amount of the obligation can be measured or estimated reliably

Irrecoverable VAT is charged against the category of resources expended for which it was incurred

1.3.1 Expenditure on Raising Funds

Expenditure on raising funds are those costs attributable to generating income for the charity, other than those costs incurred in under expenditure on charitable activities. These costs include expenses for fundraising activities.

1.3.2 Expenditure On Charitable Activities

Expenditure on charitable activities comprise all the costs incurred in the pursuit of the charitable objects of the charity. These costs, where not wholly attributable, are apportioned between the categories of charitable expenditure in addition to the direct costs. The total costs of each category of charitable expenditure include an apportionment of support costs as shown in note 4.

Governance costs are also included within Expenditure On Charitable Activities comprising recharges of appropriate apportions of the funds administration costs from the Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust, plus internal audit and independent examination fees, system costs and legal and professional charges.

1.4 Receivables

Receivables are amounts owed to the charity. They are measured on the basis of their recoverable amount.

1.4 Cash and Cash Equivalents

Cash at bank and in hand is held to meet the day to day running costs of the charity as they fall due. Cash equivalents are short term, highly liquid investments, usually in less than 90 day notice interest bearing savings accounts.

1.5 Payables

Payables are amounts owed by the charity. They are measured at the amounts that the charity must pay to settle the debt.

1.6 Realised Gains and Losses

All gains and losses are taken to the Statement of Financial Activities. Realised gains and losses on investments are calculated as the difference between sales proceeds and opening carrying value (or date of purchase if later). Unrealised gains and losses are calculated as the difference between the market value at the year end and opening carrying value (or date of purchase if later).

1.7 Pensions

The charity does not employ any staff and does not make contributions to a pension scheme.

2. Related Party Transactions

Cumbria, Northumberland Tyne and Wear NHS Foundation Trust patients are the main beneficiaries of the charity and the Trust (including its subsidiary NTW Solutions Ltd) is a related party by virtue of being corporate trustee of the charity. As the Cumbria, Northumberland Tyne and Wear NHS Foundation Trust has been determined to have control over the charity and are the main beneficiaries, the Cumbria, Northumberland Tyne and Wear NHS Foundation Trust is the controlling parent of the Charity as a subsidiary. The charity has provided funding to the Trust for approved expenditure made on behalf of the charity. During the current financial year this funding amounted to £113,429.51 for patients welfare and amenities.

The Cumbria, Northumberland Tyne and Wear NHS Foundation Trust is a provider of mental health and disability services in the Cumbria, Northumberland, Tyne and Wear regions. The registered address for the Trust is St Nicholas Hospital, Jubilee road, Gosforth, Tyne and Wear NE3 3XT.

The charity has no employees. Compensation was paid to the Cumbria, Northumberland Tyne and Wear NHS Foundation Trust of £32,873.10 for key personnel to provide administration and accounting services. There was £nil remuneration or expenses paid directly to trustees or staff employed by the Northumberland Tyne and Wear NHS Foundation Trust.

During the year no members with delegated responsibility for the Trustee, or parties related to them has undertaken any material transactions with the Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charity.

Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust is the sole corporate trustee of the charity. Delegated responsibility of the the Trustee is applied to executive and non-executive members of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Board (names listed below).

Ken Jarrold – Chair (Resigned September 2023)

Darren Best – Chair (October 2023)

James Duncan - Chief Executive

Dr Rajesh Nadkarni - Deputy Chief Executive/Executive Medical Director

Ramona Duguid - Chief Operating Officer

Kevin Scollay - Executive Director of Finance

Lynne Shaw - Executive Director of Workforce and Organisational Development

Sarah Rushbrooke - Executive Director of Nursing, Therapies and Quality Assurance

David Arthur - Non-Executive Director

Darren Best - Non-Executive Director (Moved into Chair's role October 2023)

Paula Breen - Non-Executive Director

Louise Nelson - Non-Executive Director

Michael Robinson - Non-Executive Director

Brendan Hill - Non-Executive Director

Vikas Kumar – Non-Executive Director (29 January 2024)

Rachel Bourne – Non-Executive Director (29 January 2024)

3. Incoming resources

	Note	2023/24			2022/23		
		Unrestricted Funds	Restricted Income Funds	Total	Unrestricted Funds	Restricted Income Funds	Total
		£000	£000	£000	£000	£000	£000
INCOME FROM DONATIONS AND LEGACIES							
Public donations		28	0	28	14	0	14
Electronically received donations		5	0	5	28	0	28
Corporate donations		0	0	0	0	0	0
Legacies		0	0	0	0	0	0
Major Donors		0	0	0	0	0	0
Grants Receivable from other NHS Charities		76	0	76	0	0	0
TOTAL INCOME FROM DONATIONS AND LEGACIES	3.1	109	0	109	42	0	42
OTHER TRADING ACTIVITIES							
Fund raising income		11	0	11	4	0	4
Collections		1	0	1	1	0	1
Lotteries		0	0	0	0	0	0
TOTAL OTHER TRADING ACTIVITIES	3.2	12	0	12	5	0	5
INCOME FROM INVESTMENTS							
Bank interest received		29	0	29	24	2	26
TOTAL INCOME FROM INVESTMENTS	3.3	29	0	29	22	2	24
OTHER INCOME							
Other income received		0	0	0	0	0	0
TOTAL OTHER INCOME	3.4	0	0	0	0	0	0
TOTAL INCOMING RESOURCES		150	0	150	71	2	73

4. Expenditure on charitable activities

	Note	2023/24			2022/23		
		Unrestricted Funds	Restricted Income Funds	Total	Unrestricted Funds	Restricted Income Funds	Total
		£000	£000	£000	£000	£000	£000
EXPENDITURE ON RAISING FUNDS							
Event Costs		2	0	2	2	0	2
TOTAL EXPENDITURE ON RAISING FUNDS	4.1	2	0	2	2	0	2
EXPENDITURE ON CHARITABLE ACTIVITIES							
Activities in furtherance of the charities objectives							
Patients' Welfare and Amenities		114	0	114	82	2	84
Staff Welfare and Amenities		0	0	0	4	0	4
Research costs		0	0	0	0	0	0
Other charitable expenditure		119	0	119	0	0	0
Capital: Equipment		0	0	0	0	0	0
TOTAL EXPENDITURE ON ACTIVITIES IN FURTHERANCE OF THE CHARITIES OBJECTIVES		233	0	233	86	2	88
GOVERNANCE COSTS							
Independent Examiners Fee		1	0	1	2	0	2
Legal and Set Up Fees		0	0	0	0	0	0
System Set Up and Maintenance Costs		0	0	0	0	0	0
Administration Costs		64	0	64	17	1	18
TOTAL GOVERNANCE COSTS		65	0	65	19	1	20
TOTAL EXPENDITURE ON CHARITABLE ACTIVITIES	4.2	298	0	298	105	3	108

5. Changes in resources available for charity use

	Note	2023/24			2022/23		
		Unrestricted Funds	Restricted Funds	Total	Unrestricted Funds	Restricted Funds	Total
		£000	£000	£000	£000	£000	£000
Net movement in funds for the year before transfers	5	(102)	0	(102)	(86)	(1)	(87)
Funds transferred in from other NHS Charities due to reorganisation		0	0	0	0	0	0
NET INCREASE/ (DECREASE) IN FUNDS FOR THE YEAR		(102)	0	(102)	(86)	(1)	(87)

6. Current asset investments

	2023/24	2022/23
	£000	£000
Short term deposits	874	826
TOTAL CURRENT ASSET INVESTMENTS	874	826

7. Cash and cash equivalents

	2023/24	2022/23
	£000	£000
Bank current account	47	151
TOTAL CASH AND CASH EQUIVALENTS	47	151

8. Payables

	2023/24	2022/23
	£000	£000
Accruals	48	11
TOTAL PAYABLES FALLING DUE WITHIN ONE YEAR	48	11

9. Details of material funds

9.1 Restricted funds

2023/24						
	Fund balances 1st April 2023	Incoming resources	Resources expended		Transfers from other NHS Charities	Fund balances 31st March 2024
			Activities undertaken directly	Support costs		
	£000	£000	£000	£000	£000	£000
Tranwell restricted fund	20	3	0	0	0	23
St Nicholas Hospital restricted fund	4	0	0	0	0	4
Ferndene restricted fund	0	0	0	0	0	0
Northgate - George Bright Legacy	0	0	0	0	0	0
TOTALS	24	3	0	0	0	27

2022/23						
	Fund balances 1st April 2022	Incoming resources	Resources expended		Transfers from other NHS Charities	Fund balances 31st March 2023
			Activities undertaken directly	Support costs		
	£000	£000	£000	£000	£000	£000
Tranwell restricted fund	19	2	(1)	0	0	20
St Nicholas Hospital restricted fund	5	0	(1)	0	0	4
Ferndene restricted fund	0	0	0	0	0	0
Northgate - George Bright Legacy	1	0	(1)	0	0	0
TOTALS	25	2	(3)	0	0	24

9.2 Unrestricted funds

2023/24						
	Fund balances 1st April 2023	Incoming resources	Resources expended		Transfers from other NHS Charities	Fund balances 31st March 2024
			Activities undertaken directly	Support costs		
	£000	£000	£000	£000	£000	£000
SHINE Fund	654	113	(227)	0	0	540
Castleside Ward fund	34	1	(13)	0	0	22
Aldervale Ward fund	24	0	(6)	0	0	18
Huntingtons Disease fund	28	3	(1)	0	0	30
Woodhorn fund	19	1	(5)	0	0	15
Centre for Elderly fund	4	0	(1)	0	0	3
Richardson Eating Disorders fund	9	0	(1)	0	0	8
Specialist Psychological Therapy (formerly Claremont House Psychology fund)	12	0	(12)	0	0	0
Others (43 Funds)	176	77	(43)	0	0	210
Totals	948	195	(297)	0	0	846

The SHINE Fund is the only material fund held by the Cumbria, Northumberland Tyne and Wear NHS Foundation Trust Charity and this fund is a general fund relating to the current and former service users of the Trust. This fund is accessed on the basis of bids approved and there are no restrictions or planned usage of this fund identified at the 31 March 2024. The gains/losses on investments are apportioned between the funds at the year end, and are recorded within income and expenditure in this note and the prior year note.

2022/23						
	Fund balances 1st April 2022	Incoming resources	Resources expended		Transfers from other NHS Charities	Fund balances 31st March 2023
			Activities undertaken directly	Support costs		
	£000	£000	£000	£000	£000	£000
SHINE Fund	724	56	(126)	0	0	654
Castleside Ward fund	38	3	(7)	0	0	34
Aldervale Ward fund	27	2	(5)	0	0	24
Huntingtons Disease fund	26	2	0	0	0	28
Woodhorn fund	18	2	(1)	0	0	19
Centre for Elderly fund	5	0	(1)	0	0	4
Richardson Eating Disorders fund	10	1	(2)	0	0	9
Specialist Psychological Therapy (formerly Claremont House Psychology fund)	12	0	(12)	0	0	0
Others (84 Funds)	174	46	(44)	0	0	176
Totals	1,034	112	(198)	0	0	948

The SHINE Fund is the only material fund held by the Cumbria, Northumberland Tyne and Wear NHS Foundation Trust Charity and this fund is a general fund relating to the current and former service users of the Trust. This fund is accessed on the basis of bids approved and there are no restrictions or planned usage of this fund identified at the 31 March 2023.



This report is available on request in other formats; we will do our best to provide a version of this report in a format that meets your needs.

For other versions please telephone 0191 246 6977 or email us at qualityassurance@cntw.nhs.uk

Copies of the Annual Report can be obtained from our website www.cntw.nhs.uk

Copies can be obtained by contacting:
Marketing Department
St. Nicholas Hospital
Jubilee Road
Gosforth
Newcastle upon Tyne
NE3 3XT
Tel: 0191 246 7238

If you have any feedback or suggestions on how we could improve our annual report, please do let us know by calling 0191 246 7238

CUMBRIA, NORTHUMBERLAND, TYNE AND WEAR NHS FOUNDATION TRUST CHARITY

England & Wales - Charity number 1165788

Accounts



Cumbria, Northumberland,
Tyne and Wear
NHS Foundation Trust

Annual Report



**Cumbria, Northumberland, Tyne and
Wear NHS Foundation Trust Charity**

Registered Charity Number - 1165788

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Foreword

The Board of Directors of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust as Corporate Trustee presents the Charitable Funds Annual Report together with the Financial Statements for the year ended 31 March 2023.

The Charity's annual report and accounts for the year ended 31 March 2023 have been prepared by the Corporate Trustee in accordance with Part 8 of the Charities Act 2011 and the Charities (Accounts and Reports) Regulations 2008. The Charity's report and accounts include all the separately established funds for which the Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust is sole beneficiary.

The Charity has a Corporate Trustee: the Cumbria, Northumberland Tyne and Wear NHS Foundation Trust. The members of the NHS Trust Board of Directors who served during the financial year were as follows:

Ken Jarrold - Chair

James Duncan - Chief Executive

Dr Rajesh Nadkarni - Deputy Chief Executive/Executive Medical Director

Ramona Duguid - Chief Operating Officer

Kevin Scollay - Executive Director of Finance (31 October 2022)

Lynne Shaw - Executive Director of Workforce and Organisational Development

Sarah Rushbrooke - Executive Director of Nursing, Therapies and Quality Assurance (27 February 2023)

Alexis Cleveland - Non-Executive Director (resigned 31 May 2022)

David Arthur - Non-Executive Director

Darren Best - Non-Executive Director

Paula Breen - Non-Executive Director

Louise Nelson - Non-Executive Director

Michael Robinson - Non-Executive Director

Brendan Hill - Non-Executive Director

The Charitable Funds are registered with the Charity Commission (no. 1165788) in accordance with the Charities Act 2011.

Reference and administrative details

Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charity, registered Charity Number 1165788, is constituted of 96 individual funds as at 31 March 2023. The notes to the accounts distinguish the types of fund held and disclose separately all material funds.

Charitable funds received by the charity are accepted, held and administered as funds and property held on trust for purposes relating to the health service in accordance with the National Health Service Act 2006, and these funds are held on Trust by the corporate body.

Trustee

Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust is constituted as the sole Corporate Trustee of the Charity and its charitable funds governed by the law applicable to Trusts, principally the Trustee Act 2000 and the Charities Act 2011.

All members of the Board of Directors of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust are the Trustee within charitable law and as such are required to ensure that any funds donated to the Trust for charitable purposes are used for the purposes for which they were given, that funds are managed appropriately and that balances are invested wisely.

The Board of Directors has devolved responsibility for the on-going management of funds to a sub-committee of the Board of Directors whose meetings are governed by the Trust's Standing Orders and whose financial transactions must comply with the Trust's Standing Financial Instructions.

A Non-Executive director chairs the Charitable Funds Sub Committee, and its other members comprise: the Executive Directors of the Trust; Managing Director (NTW Solutions Limited); the Director of Communications and Corporate Affairs, Patients' Finance and Cashier Manager, Governors, Head of Accounting and Processing and the Head of Communications.

Trustees and members of the Charitable Funds Sub-Committee during 2022/23 were as follows:

Louise Nelson, Non-Executive Director, Chair

Kevin Scollay, Executive Director of Finance

Ailsa Miller, Patients Finance and Cashiers Manager, NTW Solutions Limited

Shaun Dixon, Head of Accounting and Processing

Emma Silver Price, Non-Clinical Staff Governor

Debbie Henderson, Director of Communications and Corporate Affairs

Sarah Rushbrooke, Executive Director of Nursing, Therapies and Quality Assurance

David Arthur, Non-Executive Director

Fiona Grant, Service User Governor Adult Services

Sharon Brennan, Marketing Manager

Tracey Sopp, Managing Director, NTW Solutions Limited

Principal office

The principal office for the Charity is:

Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charity
C/o Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust
St Nicholas Hospital
Jubilee Road
Gosforth
NE3 3XT

Principal professional advisers

Bankers:

Lloyds Banking Group
4th Floor
102 Grey Street
Newcastle upon Tyne
NE1 6AG

Independent examiners

Mazars LLP
The Corner
Bank Chambers
26 Mosley Street
Newcastle upon Tyne
NE1 1DF

Solicitors

Withers LLP
16 Old Bailey
London
EC4M 7EG

Structure, governance and management

The Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charity was established by Trust deed and is registered with the Charity Commission (charity number 1165788). The charity's funds were established using the model declaration of trust.

As a body we are a member of the Association of NHS Charities.

All trust funds are registered with the Charity Commission. The Charitable Funds (the Charity) of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust (the Trust) comprise a range of funds under one umbrella registration. Funds are held relevant to individual wards and departments and by specific purpose within those areas. These funds are, within certain delegated limits, available for the staff to expend on items appropriate to the fund concerned in line with the financial procedures laid down from time to time.

Large donations, often received by virtue of a legacy, are managed directly by the Charitable Funds Sub Committee which ensures that the wishes of the donor are met and that expenditures are not at variance to the Trust's own activities and that, where relevant, investment in new equipment or services is sustainable and supported in future years. Non-Executive Members of the Trustee Board of Directors are appointed by the Council of Governors and Executive Members of the Board are subject to recruitment by the Chairman and Non-Executive Directors of the Trustee Board. Members of the Board of Directors and the Charitable Funds Sub-Committee are not individual Trustees under Charity Law but act as agents on behalf of the corporate Trustee.

All members of the Board of Directors have a responsibility to adhere to the NHS Foundation Trust Code of Governance.

The Executive Director of Finance has a responsibility to highlight to members of the Charitable Funds Committee any changes to charity law and updates from the Charity Commission. These items are circulated to all members and included as an agenda item for the next meeting as they occur.

Acting for the Corporate Trustee the Charitable Funds Committee is responsible for the day to day management of the Charitable Funds. Details of the Trustee's responsibilities are provided in the statement accompanying the attached accounts for the year.

The Trustee is responsible for preparing the Trustee's Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the Trustee to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period.

In preparing these financial statements, the Trustee is required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charities Statement of Recommended Practice (SORP);
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

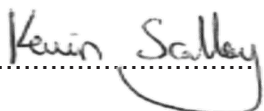
The Trustee is responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008. The Trustee is also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustee is responsible for the maintenance and integrity of the charity and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The Trustee confirms that it has met the responsibilities set out above and complied with the requirements for preparing the accounts. The financial statements set out within the annual report have been compiled from and are in accordance with the financial records maintained by the Trustee.

By Order of the Trustee, and those with delegated responsibility

Chairman.....  Date: 10.01.2024.....

Executive Director.....  Date: 10.01.2024.....

The accounting records and day to day administration of the funds are dealt with by the Finance Department, NTW Solutions located at Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust, St Nicholas Hospital, Jubilee Road, Gosforth, NE3 3XT.

Consolidation of accounts with Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust

In accordance with NHS Improvement's Annual Reporting Manual 2022-23 and the Department of Health Group Accounting Manual (DH GAM), where an NHS Foundation Trust is the Corporate Trustee to an NHS Charitable Fund, the NHS Foundation Trust was required to consider whether the accounts of that charitable fund represent a subsidiary. This is likely to be the case where the NHS Foundation Trust both:

- Has control over the NHS Charitable Fund, i.e.
 - Controls the majority of the voting rights in the entity;
 - Has the power to govern the financial and operating policies of the entity; and
 - Has the power to appoint or remove directors at meetings of the board and;
- Benefits from the NHS Charitable Fund.

Based upon the above it was considered Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charitable Funds represented a subsidiary of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust.

The Trust has prepared consolidated group financial statements for 2022/23 for the Trust and its subsidiaries including the Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charity.

Risk management

The Trustee, in reviewing risks appropriate to the charitable activities, places reliance upon the risk management review carried out by Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust and the overall internal control arrangements within the Trust.

The Trust's internal auditors include Charitable Funds in their annual plans and their findings, which include an assessment of risk, are reported to the Trustee via the Trust's Audit Committee.

Partnership working and networks

Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust is the main beneficiary of the charity and is a related party by virtue of being Corporate Trustee of the charity. By working in partnership with the Trust the charitable funds are used to best effect. When deciding upon the most beneficial way to use charitable funds the Corporate Trustee has regard to the main activities, objectives, strategies and plans of the Trust.

Public benefit statement

Public benefit, as defined by the Charities Act 2011. The Trustees can report that the two key principles that underpin 'public benefit' have been met:

- There is always an identifiable benefit or benefits and these are apparent from the contents of the Annual Report and are all related to the aims of the charities; and
- There is a benefit to the public or a section of the public. The beneficiaries are appropriate as laid down by the aims of the various charities and there are no unreasonable restrictions. It is recognised that the Trustee exercises a discretion in deciding upon who will benefit from the charities but that this is permissible under the aims and objects of the charities concerned and the beneficiaries constitute a 'section of the public' and therefore this is a reasonable exercise of that discretion. The aims and objects of the Charity are contained in the charity's scheme. The Trustee confirms that they:
 - Ensure that they pursue the aims and objects of the various charities for the public benefit, as defined by the Charities Act 2011
 - Have proper regard to the guidance published by the Charity Commission in respect of the subject of public benefit; and
 - Confirm that this Annual Report provides sufficient information as to the ways in which the public benefit is achieved.

Independent examination

The Charity's Trustee considers that an audit is not required for this year under section 144(2) of the Charities Act 2011 and that an independent examination is required as a lower-income charity. An independent examination has been carried out by Mazars LLP for the financial statements for 2022/23.

Objectives and activities

The Charity's purpose is as follows:

“The funds held can be used for any charitable purposes relating to the general or specific purposes of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust or purposes relating to the National Health Service”

Typically the purpose of the funds is to benefit the public through its support for current and former service users of the Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust. The funds provide items of comfort for patients or therapeutic activities beyond the normal levels expected for patient welfare and amenities. The funds held relevant to individual wards and departments are often raised by the staff and friends or are from small donations given by patients and relatives in gratitude for the care they have received. These funds are available for the staff to expend on items appropriate to the fund concerned in line with the financial procedures laid down from time to time.

The largest bids for the year were for the Young People's Units, Ferndene, Alnwood and Lotus unit to enhance and improve patient experience by providing sessional workers, activities, and activity equipment.

- Castleside, elderly ward purchased an ActivTouch digital tablet which is an interactive activity table and is designed to offer games and keep minds active.
- We funded a Micro Recovery college for South of Tyne locality.
- Willow View, rehabilitation ward received a new pool table, and several wards were able to purchase BBQs and pizza ovens to enable outdoor activities throughout the hot summer of 2022.
- Monkwearmouth elderly wards, Cleadon, Roker and Mowbray used their funds to purchase extra comfort chairs for their patients.
- The community memory team in the Cumbria locality received funding to purchase therapeutic resources for their teams in Workington and Carlisle.
- Two wards used their funds to purchase annual tickets for Beamish to enable patients to enjoy outdoor visits.
- Our charity provided funding to enable all inpatients to receive a gift on Christmas day.
- The Charitable funds Committee continued with its policy of rationalisation of the funds held on Trust to promote clarity of purpose and by actively publicising the availability of all legacies to ensure expenditure to date as appropriate.

A review of our finance, achievements and performance

Total incoming resources amounted to £72,043.22. The charity continues to rely on donations, legacies and investments income as the main sources of income. Income comprised: funds raised by staff, relatives, friends and other donations £46,024 and investment income £26,019.

Of the total expenditure of £108,165, charitable expenditure for patient welfare and amenities was £84,145, management and admin costs of £17,883 and fundraising event costs of £2,276.

The net assets of the Charitable Funds as at 31 March 2023 were £974,571.99. Further details are provided in the annual accounts and notes.

Reserves policy

The policy of the Trustee is to spend charitable funds and not allow funds to accumulate. The policy states that fund holders need to balance the interests of present and future beneficiaries of the fund. Expenditure plans should ideally aim to spend a minimum target of 10% of the fund per annum and raise funds equal to 10% of income per annum.

The Trustee considers that it should be the aim to hold sufficient reserves to be able to provide funds to meet charitable expenditure as it is incurred and to review the position on an annual basis. Access to the funds is encouraged so that cash is used often to provide benefits to the current and former service users of the Northumberland, Tyne and Wear NHS Foundation Trust. It has not yet been considered necessary to hold a set amount in reserves as in many instances the minimum spend targets are not yet being met.

Plans for future periods

The Trustee reviews the spending priorities for each fund quarterly at the Charitable Funds Sub-Committee meetings and fund holders are regularly notified of balances.

Charitable fund activity will be consistent with the Trust's business plan and be set against identified corporate objectives.

Future plans for the coming year include planning the expenditure of Stage 3 Distribution of the NHS Charities together application and proposed expenditure and the appointment of a Fundraiser for the Charity.

Going concern

The Charity's Trustee has a reasonable expectation that the Charity has adequate fund balances to continue in operational existence for the foreseeable future.

This expectation is based upon fund balances as at the 31st March 2023 of £974,571.99 with minimal future liabilities and commitments.

A big thank you!

On behalf of the staff, service users and carers who have benefited from improved services due to donations and legacies, the Corporate Trustee would like to thank all patients, relatives and staff who have made charitable donations.

A big thank you to:



Paul Wales and Dr Mohammed Elhamshary who took on an incredible long-distance cycle and raised over £8,000 for SHINE and Brain Tumour Research.



The Social, Therapeutic and Recreational Rehabilitation Team (STARRT) who raised £2,023 at their Summer Fayre at Walkergate Park.



Sheila Johnston and the domestic team at St Nicholas Hospital who raised £138 through their Easter raffle.



Peter Prest and Paul Hewitson (The Mop Heads) for their fantastic song 'Where Hope Begins', raising over £400 so far.

Our Great North Run runners Alice Green, Andy Airey, Belinia Goncalves, Dannielle Taggart, Edward O'Connor, Edward Philcox, Kat Nicholson, Louise Thompson, Lucy Fulton and Molly Summers who raised an incredible total of over £3,000.





All of the members of staff who entered the raffle for SHINE at the Staff Excellence Awards and to our event sponsor Access who matched the amount raised, bringing it to £3,780.

Your fundraising helps the charity continue to fund therapeutic activities and items of comfort that will make a big difference to patients. We have received some great feedback from patients this year about the impact of SHINE on their time in the Trust's services.

"The SHINE fund not only enabled the provision of necessary resources and support to allow the G Fest festival to take place, but it also brought about a profound sense of inclusion and empowerment to our patients." Lee, Specialist Occupational Therapist at St George's Park.

"Being able to cycle whilst in hospital has helped with my confidence and I feel free when I'm using the bike – thank you." Patient at Walkergate Park.

"Thank you to the SHINE fund for giving the community allotment support. It makes a big difference in my life and allows me to meet other people every week and feel part of the community." Feedback from patient in community forensic services.



The Trust also received a generous donation of £1,500 from local housebuilder Barratt Developments North East, who also joined the nationwide celebration of the NHS 75th anniversary by creating a vibrant NHS rainbow crossing at Sycamore Grove, the site of the former Walkergate Hospital.

Annual Accounts 2022-23

The annual accounts for the Charitable Funds are published on the Trust's Intranet site. Further copies can be obtained from Mr James Duncan at the Principal Office

Louise Nelson



Non-Executive Director

Chair - Charitable Funds Sub-Committee
Signed on behalf of the Corporate Trustee

Date: 10.01.2024

James Duncan



Chief Executive

Charitable Funds Sub-Committee
Signed on behalf of the Corporate Trustee

Date: 10.01.2024

Independent Examiner's Report to the Trustees of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charity

I report on the financial statements of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charity for the year ended 31 March 2023, which are set out on pages 19 to 31.

Respective responsibilities of trustees and examiner

The Charity's Trustees are responsible for the preparation of the financial statements. The Charity's Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the financial statements under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

This report, including my statement, has been prepared for and only for the charity's trustees as a body. My work has been undertaken so that I might state to the Charity's trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and the Charity's trustees as a body for my examination work, for this report, or for the statements I have made.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements and seeking explanations from you as Trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the financial statements present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, which is complete, no matters have come to my attention which give me reasonable cause to believe that in any material respect:

- accounting records were not kept in respect of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charity in accordance with section 130 of the 2011 Act; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the applicable requirements concerning the form and content of financial statements set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which, in my opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.



Mark Kirkham (Jan 12, 2024 08:32 GMT)

Name: Mark Kirkham (ACA, CPFA)

for and on behalf of Mazars LLP

Relevant professional qualification or body: ICAEW and CIPFA

Address: 3 Wellington Place, Leeds City Centre, Leeds, LS1 4AP

Date: 12 January 2024

Fundraising news

SHINE has made over 50 allocations across the Trust this year. Funding provided a variety of wellbeing items and activities, from summer festivals to gaming equipment.

The biggest allocation we made this year was £10,128 for therapeutic chairs for Castleside ward at the Campus for Ageing and Vitality, Newcastle.

Bede, acute admission ward at St Nicholas Hospital received £7,133 for a new courtyard and wellbeing garden.

Ruskin Unit and Oakwood Ward received £5,490 to purchase specialist seating for the Older Adult Inpatient areas.



The new Sycamore unit at Northgate Hospital received funding to purchase two pool tables.

Children's learning disability and behaviour services in Cumbria received funding for play and sensory resources.



Inpatient dementia services on Woodhorn received funding for sensory equipment, companion pets, musical equipment and more.

Other allocations across the Trust included cooking utensils, fidget toys, garden equipment and relaxation room resources.



Further examples of what the charity has funded this year.



‘I have observed patients find so much comfort from the hug dolls. The hug dolls have improved sleep quality for patients who have never slept alone apart from being in hospital. The soft warm pillow body is soothing with weighted limbs and a heartbeat to comfort patient’.
Staff member - Ruskin unit

HUG therapeutic dolls
at Carleton Clinic



Therapeutic garden restoration
at St George’s Park



Forensic allotment
group



‘Thank you to the SHINE Fund for giving the community allotment support. It makes a big difference in my life and allows me to meet other people every week and feel part of the community.’

‘Its helped me fill my time doing something productive and peaceful at the community allotment.’
Feedback from patients



Cycle workshop at
Walkergate Park



Annual Accounts

Statement of financial activities

	Note	2022/23			2021/22		
		Unrestricted Funds	Restricted Funds	Total 2022/23	Unrestricted Funds	Restricted Funds	Total 2021/22
		£000	£000	£000	£000	£000	£000
INCOMING RESOURCES							
Incoming resources from generated funds							
Income from donations and legacies							
Donations		42	0	42	19	0	19
Legacies		0	0	0	1	0	1
Grants		0	0	0	0	0	0
Sub total income from donations and legacies	3.1	42	0	42	20	0	20
Other trading activities	3.2	5	0	5	4	0	4
Income from investments	3.3	24	2	26	22	2	24
Other income	3.4	0	0	0	0	0	0
TOTAL INCOME FROM CHARITABLE ACTIVITIES		71	2	73	46	2	48
EXPENDITURE ON CHARITABLE ACTIVITIES							
Expenditure on raising funds	4.1	(2)	0	(2)	(1)	0	(1)
Expenditure on charitable activities	4.2	(105)	(3)	(108)	(135)	(15)	(150)
TOTAL EXPENDITURE ON CHARITABLE ACTIVITIES		(107)	(3)	(110)	(136)	(15)	(151)
Net income/(expenditure)		(36)	(1)	(37)	(90)	(13)	(103)
Transfers between funds		0	0	0	(1)	0	(1)
NET (Outgoing) Resources		(36)	(1)	(37)	(91)	(13)	(104)
Other recognised gains/ (losses)							
Gains/(losses) on revaluation and disposal of investment assets		(50)	0	(50)	20	0	20
NET MOVEMENT IN FUNDS	5	(86)	(1)	(87)	(71)	(13)	(84)
Fund balances brought forward		1,034	28	1,062	1,105	41	1,146
Funds transferred in from other NHS Charities due to reorganisation		0	0	0	0	0	0
FUND BALANCES CARRIED FORWARD	9	948	27	975	1,034	28	1,062

Balance sheet

	2022/23				2021/22		
	Note	Unrestricted Funds	Restricted Funds	Total 2022/23	Unrestricted Funds	Restricted Funds	Total 2021/22
		£000	£000	£000	£000	£000	£000
CURRENT ASSETS							
Short term investments and deposits	6	826	0	826	875	0	875
Debtors		0	0	0	0	0	0
Cash at bank and in hand	7	127	24	151	171	27	198
TOTAL CURRENT ASSETS		953	24	977	1,046	27	1,073
CURRENT LIABILITIES							
Payables	8	2	0	2	10	1	11
TOTAL CURRENT LIABILITIES		2	0	2	10	1	11
TOTAL CURRENT ASSETS LESS CURRENT LIABILITIES		951	24	975	1,036	26	1,062
TOTAL NET ASSETS		951	24	975	1,036	26	1,062
FUNDS OF THE CHARITY							
Restricted		0	27	27	0	28	28
Unrestricted		948	0	948	1,034	0	1,034
TOTAL FUNDS	9	948	27	975	1,034	28	1,062

The financial statements were approved by the Board on 10th January 2024 and signed on its behalf by:



Chief Executive

Notes to the accounts

1. Accounting Policies

The financial statements have been prepared under the historic cost convention, with the exception of investments which are included at their fair value.

The Cumbria, Northumberland Tyne and Wear NHS Foundation Trust Charity is a public benefit entity.

The financial statements have been prepared in accordance with the Statement of Recommended Accounting Practice: Accounting and Reporting by Charities (SORP) Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2015.

The accounts have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view.' This departure has involved following Accounting and reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) issued on 16 July 2014 rather than the Accounting and Reporting by Charities : Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

The Trustee considers that there are no material uncertainties about the Northumberland Tyne and Wear NHS Foundation Trust Charity's ability to continue as a going concern. There are no material uncertainties or key risks affecting the current year's accounts.

1.1 Funds structure

The Cumbria, Northumberland Tyne and Wear NHS Charity is a UK Charity registered with the Charity Commission (charity number 1165788). The Charity was formally established on 1st April 2016.

The Cumbria, Northumberland Tyne and Wear NHS Foundation Trust Charity has both restricted and unrestricted funds but has no endowment funds. The charity has specific funds for certain service areas which have specific objectives and purposes and are classified as unrestricted designated funds. If a general donation is made and no specific area is identified then the monies are paid into the the SHINE Fund which is used for the general benefit of services users and former service users of the Cumbria, Northumberland Tyne and Wear NHS Foundation Trust at the discretion of the Trustees. The major funds are disclosed in note 9.

1.2 Incoming resources

All incoming resources are recognised once the charity has entitlement to the resources, it is probable that the resources will be received and the monetary value of the incoming resources can be measured with sufficient reliability.

Where there are terms and conditions attached to the incoming resources, particularly grants, then these terms and conditions must be met before the income is recognised as the entitlement condition will not be satisfied until that point. Where terms and conditions have not been met or uncertainty exists as to whether they can be met then the relevant income is not recognised in the year but deferred and shown in the balance sheet as deferred income.

Notes to the accounts (continued)

1.2.1 Legacies

Legacies are accounted for as incoming resources either upon receipt or where the receipt of the legacy is probable.

Receipt is probable when:

- Confirmation has been received from the representatives of the estate(s) that probate has been granted
- The executors have established that there are sufficient assets in the estate to pay the legacy and
- All conditions attached to the legacy have been fulfilled or are within the charity's control.

If there is uncertainty as to the amount of the legacy and it cannot be reliably estimated then the legacy is shown as a contingent asset until all of the conditions for income recognition are met.

1.3 Resources Expended and Irrecoverable VAT

All expenditure has been accounted for on an accruals basis and has been classified under headings that aggregate all costs related to each category of expense shown in the Statement of Financial Activities. Expenditure is recognised when the following criteria are met:

- There is a present legal or constructive obligation resulting from a past event
- It is more likely than not that a transfer of benefits (usually a cash payment) will be required in settlement
- The amount of the obligation can be measured or estimated reliably

Irrecoverable VAT is charged against the category of resources expended for which it was incurred

1.3.1 Expenditure on Raising Funds

Expenditure on raising funds are those costs attributable to generating income for the charity, other than those costs incurred in under expenditure on charitable activities. These costs include expenses for fundraising activities.

1.3.2 Expenditure on Charitable Activities

Expenditure on charitable activities comprise all the costs incurred in the pursuit of the charitable objects of the charity. These costs, where not wholly attributable, are apportioned between the categories of charitable expenditure in addition to the direct costs. The total costs of each category of charitable expenditure include an apportionment of support costs as shown in note 4.

Governance costs are also included within Expenditure On Charitable Activities comprising recharges of appropriate apportions of the funds administration costs from the Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust, plus internal audit and independent examination fees, system costs and legal and professional charges.

1.4 Receivables

Receivables are amounts owed to the charity. They are measured on the basis of their recoverable amount.

1.4 Cash and Cash Equivalents

Cash at bank and in hand is held to meet the day to day running costs of the charity as they fall due. Cash equivalents are short term, highly liquid investments, usually in less than 90 day notice interest bearing savings accounts.

1.5 Payables

Payables are amounts owed by the charity. They are measured at the amounts that the charity must pay to settle the debt.

1.6 Realised Gains and Losses

All gains and losses are taken to the Statement of Financial Activities. Realised gains and losses on investments are calculated as the difference between sales proceeds and opening carrying value (or date of purchase if later). Unrealised gains and losses are calculated as the difference between the market value at the year end and opening carrying value (or date of purchase if later).

1.7 Pensions

The charity does not employ any staff and does not make contributions to a pension scheme.

2. Related Party Transactions

Cumbria, Northumberland Tyne and Wear NHS Foundation Trust patients are the main beneficiaries of the charity and the Trust (including its subsidiary NTW Solutions Ltd) is a related party by virtue of being corporate trustee of the charity. As the Cumbria, Northumberland Tyne and Wear NHS Foundation Trust has been determined to have control over the charity and are the main beneficiaries, the Cumbria, Northumberland Tyne and Wear NHS Foundation Trust is the controlling parent of the Charity as a subsidiary. The charity has provided funding to the Trust for approved expenditure made on behalf of the charity. During the current financial year this funding amounted to £84,145.00 for patients welfare and amenities.

The Cumbria, Northumberland Tyne and Wear NHS Foundation Trust is a provider of mental health and disability services in the Cumbria, Northumberland, Tyne and Wear regions. The registered address for the Trust is St Nicholas Hospital, Jubilee road, Gosforth, Tyne and Wear NE3 3XT.

The charity has no employees. Compensation was paid to the Cumbria, Northumberland Tyne and Wear NHS Foundation Trust of £16,990.41 for key personnel to provide administration and accounting services. There was £nil remuneration or expenses paid directly to trustees or staff employed by the Northumberland Tyne and Wear NHS Foundation Trust.

During the year no members with delegated responsibility for the Trustee, or parties related to them has undertaken any material transactions with the Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charity.

Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust is the sole corporate trustee of the charity. Delegated responsibility of the the Trustee is applied to executive and non-executive members of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Board (names listed below).

Ken Jarrold - Chair

James Duncan - Chief Executive

Dr Rajesh Nadkarni - Deputy Chief Executive/Executive Medical Director

Ramona Duguid - Chief Operating Officer

Kevin Scollay - Executive Director of Finance (31 October 2022)

Lynne Shaw - Executive Director of Workforce and Organisational Development

Sarah Rushbrooke - Executive Director of Nursing, Therapies and Quality Assurance (27 February 2023)

Alexis Cleveland - Non-Executive Director (resigned 31 May 2022)

David Arthur - Non-Executive Director

Darren Best - Non-Executive Director

Paula Breen - Non-Executive Director

Louise Nelson - Non-Executive Director

Michael Robinson - Non-Executive Director

Brendan Hill - Non-Executive Director

3. Incoming resources

	Note	2022/23			2021/22		
		Unrestricted Funds	Restricted Income Funds	Total	Unrestricted Funds	Restricted Income Funds	Total
		£000	£000	£000	£000	£000	£000
INCOME FROM DONATIONS AND LEGACIES							
Public donations		14	0	14	11	0	11
Electronically received donations		28	0	28	4	0	4
Corporate donations		0	0	0	4	0	4
Legacies		0	0	0	1	0	1
Major Donors		0	0	0	0	0	0
Grants Receivable from other NHS Charities		0	0	0	0	0	0
TOTAL INCOME FROM DONATIONS AND LEGACIES	3.1	42	0	42	20	0	20
OTHER TRADING ACTIVITIES							
Fund raising income		4	0	4	4	0	4
Collections		1	0	1	0	0	0
Lotteries		0	0	0	0	0	0
TOTAL OTHER TRADING ACTIVITIES	3.2	5	0	5	4	0	4
INCOME FROM INVESTMENTS							
Bank interest received		24	2	26	22	2	24
TOTAL INCOME FROM INVESTMENTS	3.3	24	2	26	22	2	24
OTHER INCOME							
Other income received		0	0	0	0	0	0
TOTAL OTHER INCOME	3.4	0	0	0	0	0	0
TOTAL INCOMING RESOURCES		71	2	73	46	2	48

4. Expenditure on charitable activities

	Note	2022/23			2021/22		
		Unrestricted Funds	Restricted Income Funds	Total	Unrestricted Funds	Restricted Income Funds	Total
		£000	£000	£000	£000	£000	£000
EXPENDITURE ON RAISING FUNDS							
Event Costs		2	0	2	1	0	1
TOTAL EXPENDITURE ON RAISING FUNDS	4.1	2	0	2	1	0	1
EXPENDITURE ON CHARITABLE ACTIVITIES							
Activities in furtherance of the charities objectives							
Patients' Welfare and Amenities		82	2	84	103	15	118
Staff Welfare and Amenities		4	0	4	4	0	4
Research costs		0	0	0	0	0	0
Other charitable expenditure		0	0	0	0	0	0
Capital: Equipment		0	0	0	9	0	9
TOTAL EXPENDITURE ON ACTIVITIES IN FURTHERANCE OF THE CHARITIES OBJECTIVES		86	2	88	116	15	131
GOVERNANCE COSTS							
Independent Examiners Fee		2	0	2	1	0	1
Legal and Set Up Fees		0	0	0	0	0	0
System Set Up and Maintenance Costs		0	0	0	0	0	0
Administration Costs		17	1	18	18	0	18
TOTAL GOVERNANCE COSTS		19	1	20	19	0	19
TOTAL EXPENDITURE ON CHARITABLE ACTIVITIES	4.2	105	3	108	135	15	150

5. Changes in resources available for charity use

	Note	2022/23			2021/22		
		Unrestricted Funds	Restricted Funds	Total	Unrestricted Funds	Restricted Funds	Total
		£000	£000	£000	£000	£000	£000
Net movement in funds for the year before transfers	5	(86)	(1)	(87)	(71)	(13)	(84)
Funds transferred in from other NHS Charities due to reorganisation		0	0	0	0	0	0
NET INCREASE/ (DECREASE) IN FUNDS FOR THE YEAR		(86)	(1)	(87)	(71)	(13)	(84)

6. Current asset investments

	2022/23	2021/22
	£000	£000
Short term deposits	826	875
TOTAL CURRENT ASSET INVESTMENTS	826	875

7. Cash and cash equivalents

	2022/23	2021/22
	£000	£000
Bank current account	151	198
TOTAL CASH AND CASH EQUIVALENTS	151	198

8. Payables

	2022/23	2021/22
	£000	£000
Accruals	2	11
TOTAL PAYABLES FALLING DUE WITHIN ONE YEAR	2	11

9. Details of material funds

9.1 Restricted funds

2022/23						
	Fund balances 1st April 2022	Incoming resources	Resources expended		Transfers from other NHS Charities	Fund balances 31st March 2023
			Activities undertaken directly	Support costs		
	£000	£000	£000	£000	£000	£000
Tranwell restricted fund	22	2	(1)	0	0	23
St Nicholas Hospital restricted fund	5	0	(1)	0	0	4
Ferndene restricted fund	0	0	0	0	0	0
Northgate - George Bright Legacy	1	0	(1)	0	0	0
TOTALS	28	2	(3)	0	0	27

2021/22						
	Fund balances 1st April 2021	Incoming resources	Resources expended		Transfers from other NHS Charities	Fund balances 31st March 2022
			Activities undertaken directly	Support costs		
	£000	£000	£000	£000	£000	£000
Tranwell restricted fund	25	1	(4)	0	0	22
St Nicholas Hospital restricted fund	15	1	(11)	0	0	5
Ferndene restricted fund	0	0	0	0	0	0
Northgate - George Bright Legacy	1	0	0	0	0	1
TOTALS	41	2	(15)	0	0	28

9.2 Unrestricted funds

2022/23						
	Fund balances 1st April 2022	Incoming resources	Resources expended		Transfers from other NHS Charities	Fund balances 31st March 2023
			Activities undertaken directly	Support costs		
	£000	£000	£000	£000	£000	£000
SHiNE Fund	724	56	(126)	0	0	654
Castleside Ward fund	38	3	(7)	0	0	34
Aldervale Ward fund	27	2	(5)	0	0	24
Huntingtons Disease fund	26	2	0	0	0	28
Woodhorn fund	18	2	(1)	0	0	19
Centre for Elderly fund	5	0	(1)	0	0	4
Richardson Eating Disorders fund	10	1	(2)	0	0	9
Specialist Psychological Therapy (formerly Claremont House Psychology fund)	12	0	(12)	0	0	0
Others (84 Funds)	174	46	(44)	0	0	176
Totals	1,034	112	(198)	0	0	948

The SHiNE Fund is the only material fund held by the Cumbria, Northumberland Tyne and Wear NHS Foundation Trust Charity and this fund is a general fund relating to the current and former service users of the Trust. This fund is accessed on the basis of bids approved and there are no restrictions or planned usage of this fund identified at the 31 March 2023.

2021/22						
	Fund balances 1st April 2021	Incoming resources	Resources expended		Transfers from other NHS Charities	Fund balances 31st March 2022
			Activities undertaken directly	Support costs		
	£000	£000	£000	£000	£000	£000
SHiNE Fund	761	62	(99)	0	0	724
Castleside Ward fund	36	3	(1)	0	0	38
Aldervale Ward fund	31	2	(6)	0	0	27
Huntingtons Disease fund	24	3	(1)	0	0	26
Woodhorn fund	17	1	0	0	0	18
Centre for Elderly fund	5	0	0	0	0	5
Richardson Eating Disorders fund	9	1	0	0	0	10
Claremont House Psychology fund	11	1	0	0	0	12
Others (83 Funds)	211	43	(80)	0	0	174
TOTALS	1,105	116	(187)	0	0	1,034

The SHiNE Fund is the only material fund held by the Cumbria, Northumberland Tyne and Wear NHS Foundation Trust Charity and this fund is a general fund relating to the current and former service users of the Trust. This fund is accessed on the basis of bids approved and there are no restrictions or planned usage of this fund identified at the 31 March 2022.

This report is available on request in other formats; we will do our best to provide a version of this report in a format that meets your needs.

For other versions please telephone 0191 246 6977 or email us at qualityassurance@cntw.nhs.uk

Copies of the Annual Report can be obtained from our website www.cntw.nhs.uk

If you have any feedback or suggestions on how we could improve our annual report, please do let us know by calling 0191 246 7238.

Copies can be obtained by contacting:

Marketing Department
St. Nicholas Hospital
Jubilee Road
Gosforth
Newcastle upon Tyne
NE3 3XT
Tel: 0191 246 7238

CUMBRIA, NORTHUMBERLAND, TYNE AND WEAR NHS FOUNDATION TRUST CHARITY

England & Wales - Charity number 1165788

Accounts



Cumbria, Northumberland,
Tyne and Wear
NHS Foundation Trust



Annual Report

Cumbria, Northumberland, Tyne and
Wear NHS Foundation Trust Charity

Registered Charity Number - 1165788



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Foreword



The Board of Directors of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust as Corporate Trustee presents the Charitable Funds Annual Report together with the Financial Statements for the year ended 31 March 2022.

The Charity's annual report and accounts for the year ended 31 March 2022 have been prepared by the Corporate Trustee in accordance with Part 8 of the Charities Act 2011 and the Charities (Accounts and Reports) Regulations 2008. The Charity's report and accounts include all the separately established funds for which the Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust is sole beneficiary.

The Charity has a Corporate Trustee: the Cumbria, Northumberland Tyne and Wear NHS Foundation Trust. The members of the NHS Trust Board of Directors who served during the financial year were as follows:

Ken Jarrold - Chair

John Lawlor - Chief Executive (retired 31st January 2022)

James Duncan - Chief Executive (1st February 2022)
Executive Director of Finance and Deputy Chief Executive
(Until 31st January 2022)

Dr Rajesh Nadkarni - Executive Medical Director/Deputy Chief Executive (1st February 2022)
Executive Medical Director (Until 31st January 2022)

Gary O'Hare - Chief Nurse (1st April 2021)
Executive Director of Nursing and Chief Operating Officer (Until 31st March 2021)

Ramona Duguid - Chief Operating Officer (1st April 2021)

Lisa Quinn - Executive Director of Finance, Commissioning and Quality Assurance
(1st February 2022)
Executive Director of Commissioning and Quality Assurance
(Until 31st January 2022)

Lynne Shaw - Executive Director of Workforce and Organisational Development

Alexis Cleveland - Non-Executive Director (resigned 31st May 2022)

Dr Les Boobis - Non-Executive Director (resigned 30th June 2021)

Peter Studd - Non-Executive Director (resigned 31st December 2021)

David Arthur - Non-Executive Director

Michael Robinson - Non-Executive Director

Paula Breen - Non-Executive Director

Darren Best - Non-Executive Director

Louise Nelson - Non-Executive Director (1st October 2021)

Brendan Hill - Non-Executive Director (1st October 2021)

The Charitable Funds are registered with the Charity Commission (no. 1165788) in accordance with the Charities Act 2011.

Reference and administrative details

Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charity, registered Charity Number 1165788, is constituted of 95 individual funds as at 31 March 2022. The notes to the accounts distinguish the types of fund held and disclose separately all material funds.

Charitable funds received by the charity are accepted, held and administered as funds and property held on trust for purposes relating to the health service in accordance with the National Health Service Act 2006, and these funds are held on Trust by the corporate body.

Trustee

Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust is constituted as the sole Corporate Trustee of the Charity and its charitable funds governed by the law applicable to Trusts, principally the Trustee Act 2000 and the Charities Act 2011.

All members of the Board of Directors of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust are the Trustee within charitable law and as such are required to ensure that any funds donated to the Trust for charitable purposes are used for the purposes for which they were given, that funds are managed appropriately and that balances are invested wisely.

The Board of Directors has devolved responsibility for the on-going management of funds to a sub-committee of the Board of Directors whose meetings are governed by the Trust's Standing Orders and whose financial transactions must comply with the Trust's Standing Financial Instructions.

A Non-Executive director chairs the Charitable Funds Sub Committee, and its other members comprise: the Executive Directors of the Trust; Managing Director (NTW Solutions Limited); the Director of Communications and Corporate Affairs, Patients' Finance and Cashier Manager, Governors, Head of Accounting and Processing and the Head of Communications.

Trustees and members of the Charitable Funds Sub-Committee during 2021/22 were as follows:

Louise Nelson (Chair) - Non-Executive Director

Margaret Adams - Lead Governor Public South Tyneside

David Arthur - Non Executive Director

Shaun Dixon - Head of Accounting and Processing, NTW Solutions Limited

Fiona Grant - Service User Governor, Adult Services

Ailsa Miller - Patients Finance and Cashiers Manager, NTW Solutions Limited

Lisa Quinn - Executive Director Finance, Commissioning and Quality Assurance

Debbie Henderson - Director of Communications and Corporate Affairs

Sharon Brennan - Marketing Manager

Adele Joicey - Head of Communications

Gary O'Hare - Chief Nurse

Principal office

The principal office for the Charity is:

Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charity
C/o Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust
St Nicholas Hospital
Jubilee Road
Gosforth
NE3 3XT

Principal professional advisers

Bankers:

Lloyds Banking Group
4th Floor
102 Grey Street
Newcastle upon Tyne
NE1 6AG

Independent examiners

Mazars LLP
The Corner
Bank Chambers
26 Mosley Street
Newcastle upon Tyne
NE1 1DF

Solicitors

Withers LLP
16 Old Bailey
London
EC4M 7EG

Structure, governance and management

The Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charity was established by Trust deed and is registered with the Charity Commission (charity number 1165788). The charity's funds were established using the model declaration of trust.

As a body we are a member of the Association of NHS Charities.

All trust funds are registered with the Charity Commission. The Charitable Funds (the Charity) of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust (the Trust) comprise a range of funds under one umbrella registration. Funds are held relevant to individual wards and departments and by specific purpose within those areas. These funds are, within certain delegated limits, available for the staff to expend on items appropriate to the fund concerned in line with the financial procedures laid down from time to time.

Large donations, often received by virtue of a legacy, are managed directly by the Charitable Funds Sub Committee which ensures that the wishes of the donor are met and that expenditures are not at variance to the Trust's own activities and that, where relevant, investment in new equipment or services is sustainable and supported in future years.

Non-Executive Members of the Trustee Board of Directors are appointed by the Council of Governors and Executive Members of the Board are subject to recruitment by the Chairman and Non-Executive Directors of the Trustee Board. Members of the Board of Directors and the Charitable Funds Sub-Committee are not individual Trustees under Charity Law but act as agents on behalf of the corporate Trustee.

All members of the Board of Directors have a responsibility to adhere to the NHS Foundation Trust Code of Governance.

The Executive Director of Finance and Deputy Chief Executive has a responsibility to highlight to members of the Charitable Funds Committee any changes to charity law and updates from the Charity Commission. These items are circulated to all members and included as an agenda item for the next meeting as they occur.

Acting for the Corporate Trustee the Charitable Funds Committee is responsible for the day to day management of the Charitable Funds. Details of the Trustee's responsibilities are provided in the statement accompanying the attached accounts for the year.

The Trustee is responsible for preparing the Trustee's Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the Trustee to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period.

In preparing these financial statements, the Trustee is required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charities Statement of Recommended Practice (SORP);
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustee is responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008. The Trustee is also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustee is responsible for the maintenance and integrity of the charity and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The Trustee confirms that it has met the responsibilities set out above and complied with the requirements for preparing the accounts. The financial statements set out within the annual report have been compiled from and are in accordance with the financial records maintained by the Trustee.

By Order of the Trustee, and those with delegated responsibility



Chairman.

Date: ...2nd November 2022.....



Executive Director..

.....

Date:2nd November 2022.....

The accounting records and day to day administration of the funds are dealt with by the Finance Department, NTW Solutions located at Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust, St Nicholas Hospital, Jubilee Road, Gosforth, NE3 3XT.

Consolidation of accounts with Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust

In accordance with NHS Improvement's Annual Reporting Manual 2021-22 and the Department of Health Group Accounting Manual (DH GAM), where an NHS Foundation Trust is the Corporate Trustee to an NHS Charitable Fund, the NHS Foundation Trust was required to consider whether the accounts of that charitable fund represent a subsidiary. This is likely to be the case where the NHS Foundation Trust both:

- Has control over the NHS Charitable Fund, i.e.
 - Controls the majority of the voting rights in the entity;
 - Has the power to govern the financial and operating policies of the entity; and
 - Has the power to appoint or remove directors at meetings of the board and;
- Benefits from the NHS Charitable Fund.

Based upon the above it was considered Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charitable Funds represented a subsidiary of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust.

The Trust has prepared consolidated group financial statements for 2021/22 for the Trust and its subsidiaries including the Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charity.

Risk management

The Trustee, in reviewing risks appropriate to the charitable activities, places reliance upon the risk management review carried out by Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust and the overall internal control arrangements within the Trust.

The Trust's internal auditors include Charitable Funds in their annual plans and their findings, which include an assessment of risk, are reported to the Trustee via the Trust's Audit Committee.

Partnership working and networks

Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust is the main beneficiary of the charity and is a related party by virtue of being Corporate Trustee of the charity. By working in partnership with the Trust the charitable funds are used to best effect. When deciding upon the most beneficial way to use charitable funds the Corporate Trustee has regard to the main activities, objectives, strategies and plans of the Trust.

Public benefit statement

Public benefit, as defined by the Charities Act 2011. The Trustees can report that the two key principles that underpin 'public benefit' have been met:

- There is always an identifiable benefit or benefits and these are apparent from the contents of the Annual Report and are all related to the aims of the charities; and
- There is a benefit to the public or a section of the public. The beneficiaries are appropriate as laid down by the aims of the various charities and there are no unreasonable restrictions. It is recognised that the Trustee exercises a discretion in deciding upon who will benefit from the charities but that this is permissible under the aims and objects of the charities concerned and the beneficiaries constitute a 'section of the public' and therefore this is a reasonable exercise of that discretion. The aims and objects of the Charity are contained in the charity's scheme. The Trustee confirms that they:
 - Ensure that they pursue the aims and objects of the various charities for the public benefit, as defined by the Charities Act 2011
 - Have proper regard to the guidance published by the Charity Commission in respect of the subject of public benefit; and
 - Confirm that this Annual Report provides sufficient information as to the ways in which the public benefit is achieved.

Independent examination

The Charity's Trustee considers that an audit is not required for this year under section 144(2) of the Charities Act 2011 and that an independent examination is required as a lower-income charity. An independent examination has been carried out by Mazars LLP for the financial statements for 2021/22.



Objectives and activities

The Charity's purpose is as follows:

“The funds held can be used for any charitable purposes relating to the general or specific purposes of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust or purposes relating to the National Health Service”

Typically the purpose of the funds is to benefit the public through its support for current and former service users of the Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust. The funds provide items of comfort for patients or therapeutic activities beyond the normal levels expected for patient welfare and amenities. The funds held relevant to individual wards and departments are often raised by the staff and friends or are from small donations given by patients and relatives in gratitude for the care they have received. These funds are available for the staff to expend on items appropriate to the fund concerned in line with the financial procedures laid down from time to time.

The largest bid for the year was for £20,000 which was used to enhance and improve patient experience for the Lotus Unit which is a Young People's Unit.

A Bike Track was funded at a cost of £16,000 for the Northgate Hospital site to develop outdoor activities to benefit patients, staff and their families. A new Greenhouse was purchased for the Garpro project which was £17,875.00.

Alnwood and Ferndene Young Peoples unit received £12,000 for activities and £4888.00 for 12 Mountain bikes respectively.

The Music Co-ordinator applied and was successful in funding for Music Equipment to be used in South, North and Central Localities.

The Forensic Department has an allotment which is used by service users as part of their activity programme and received £2,000 for planting and new equipment.

Aldervale Unit used their fund to enable them to lease a car for three years to transport patients for activities outside of the hospital.

Cumbria Locality received funding for Patient Orientation Board, Bags of Care for the Children's Learning Disability & Behaviour support unit.

Covid funds were used to purchase items for the Grange Day unit Wellbeing Garden for staff use.

Numerous I pads, tablets, gaming consoles and TVs were purchased for wards across the Trust.

The Charitable funds Committee continued with its policy of rationalisation of the funds held on Trust to promote clarity of purpose and by actively publicising the availability of all legacies to ensure expenditure to date as appropriate.

A review of our finance, achievements and performance

Total incoming resources amounted to £46,756.34. The charity continues to rely on donations, legacies and investments income as the main sources of income. Income comprised: funds raised by staff, relatives, friends and other donations £23,317 and investment income £24,439.

Of the total expenditure of £151,184, charitable expenditure for patient welfare and amenities was £117,877, patients equipment of £8.658 and fundraising event costs of £1,262.

The net assets of the Charitable Funds as at 31 March 2022 were £1,061,792. Further details are provided in the annual accounts and notes.

Reserves policy

The policy of the Trustee is to spend charitable funds and not allow funds to accumulate. The policy states that fund holders need to balance the interests of present and future beneficiaries of the fund. Expenditure plans should ideally aim to spend a minimum target of 10% of the fund per annum and raise funds equal to 10% of income per annum.

The Trustee considers that it should be the aim to hold sufficient reserves to be able to provide funds to meet charitable expenditure as it is incurred and to review the position on an annual basis. Access to the funds is encouraged so that cash is used often to provide benefits to the current and former service users of the Northumberland, Tyne and Wear NHS Foundation Trust. It has not yet been considered necessary to hold a set amount in reserves as in many instances the minimum spend targets are not yet being met.

Plans for future periods

The Trustee reviews the spending priorities for each fund quarterly at the Charitable Funds Sub-Committee meetings and fund holders are regularly notified of balances.

Charitable fund activity will be consistent with the Trust's business plan and be set against identified corporate objectives.

Future plans for the coming year include planning the expenditure of Stage 3 Distribution of the NHS Charities together application and proposed expenditure and the appointment of a Fundraiser for the Charity.

Going concern

The Charity's Trustee has a reasonable expectation that the Charity has adequate fund balances to continue in operational existence for the foreseeable future.

This expectation is based upon fund balances as at the 31st March 2022 of £1,061,792 with minimal future liabilities and commitments.

A big thank you!

On behalf of the staff, service users and carers who have benefited from improved services due to donations and legacies, the Corporate Trustee would like to thank all patients, relatives and staff who have made charitable donations.



Annual Accounts 2021-22

The annual accounts for the Charitable Funds are published on the Trust's Intranet site. Further copies can be obtained from Mr James Duncan at the Principal Office

Paula Breen

Non-Executive Director

Chair - Charitable Funds Sub-Committee
Signed on behalf of the Corporate Trustee



Date: 2nd November 2022

James Duncan

Chief Executive

Charitable Funds Sub-Committee
Signed on behalf of the Corporate Trustee



Date: 2nd November 2022

Independent Examiner's Report to the Trustees of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charity

I report on the financial statements of the Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charity for the year ended 31 March 2022, which are set out on pages 18 to 31.

Respective responsibilities of trustees and examiner

The Charity's Trustees are responsible for the preparation of the financial statements. The Charity's Trustees consider that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the financial statements under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

This report, including my statement, has been prepared for and only for the Charity's Trustees as a body. My work has been undertaken so that I might state to the Charity's Trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the Charity and the Charity's Trustees as a body for my examination work, for this report, or for the statements I have made.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the Charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the financial statements present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, which is complete, no matters have come to my attention which give me reasonable cause to believe that in any material respect:

- accounting records were not kept in respect of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charity in accordance with section 130 of the 2011 Act; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the applicable requirements concerning the form and content of financial statements set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which, in my opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.

Signature:  _____

Mark Kirkham (Nov 23, 2022 11:21 GMT)

Email: mark.kirkham@mazars.co.uk

Mark Kirkham (ACA, CPFA), Partner
for and on behalf of Mazars LLP
Relevant professional qualification or body: ICAEW and CIPFA

The Corner, Bank Chambers, 26 Mosley Street, Newcastle Upon Tyne, NE1 1DF

23 November 2022

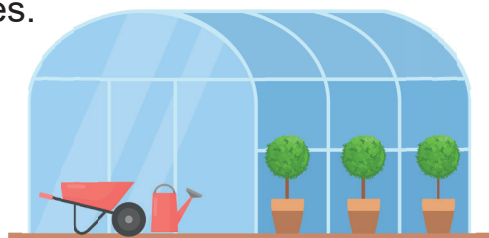
Fundraising news

The largest bid for the year was for £20,000 which was used to enhance and improve patient experience for the Lotus Unit which is a Young People's Unit.



A Bike Track was funded at a cost of £16,000 for the Northgate Hospital site to develop outdoor activities to benefit patients, staff and their families.

A new Greenhouse was purchased for the Garpro project which was £17,875.00.



Alnwood and Ferndene Young Peoples unit received £12,000 for activities and £4888.00 for 12 mountain bikes respectively.

The Music Co-ordinator applied and was successful in funding for music equipment to be used in South, North and Central Localities.



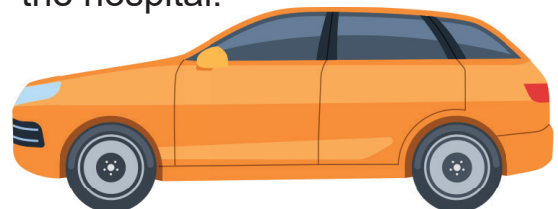
The Forensic Department has an allotment which is used by service users as part of their activity programme and received £2,000 for planting and new equipment.



Numerous I pads, tablets, gaming consoles and TVs were purchased for wards across the Trust.

Covid funds were used to purchase items for the Grange Day unit Wellbeing Garden for staff use.

Aldervale Unit used their fund to enable them to lease a car for three years to transport patients for activities outside of the hospital.



Cumbria Locality received funding for Patient Orientation Board, Bags of Care for the Children's Learning Disability and Behaviour support unit.

Annual Accounts



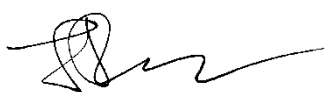
Statement of financial activities

	Note	2021/22			2020/21		
		Unrestricted Funds	Restricted Funds	Total 2021/22	Unrestricted Funds	Restricted Funds	Total 2020/21
		£000	£000	£000	£000	£000	£000
INCOMING RESOURCES							
Incoming resources from generated funds							
Income from donations and legacies					40	0	40
Donations		19	0	19	0	0	0
Legacies		1	0	1	185	0	185
Grants		0	0	0	0	0	0
Sub total income from donations and legacies	3.1	20	0	20	225	0	225
Other trading activities	3.2	4	0	4	25	0	25
Income from investments	3.3	22	2	24	18	2	20
Other income	3.4	0	0	0	60	0	60
TOTAL INCOME FROM CHARITABLE ACTIVITIES		46	2	48	328	2	330
EXPENDITURE ON CHARITABLE ACTIVITIES							
Expenditure on raising funds	4.1	(1)	0	(1)	0	0	0
Expenditure on charitable activities	4.2	(135)	(15)	(150)	(333)	(5)	(338)
TOTAL EXPENDITURE ON CHARITABLE ACTIVITIES		(136)	(15)	(151)	(333)	(5)	(338)
Net income/(expenditure)		(90)	(13)	(103)	(5)	(3)	(8)
Transfers between funds		(1)	0	(1)	(59)	0	(59)
NET (Outgoing) Resources		(91)	(13)	(104)	(64)	(3)	(67)
Other recognised gains/ (losses)							
Gains/(losses) on revaluation and disposal of investment assets		20	0	20	30	0	30
NET MOVEMENT IN FUNDS	5	(71)	(13)	(84)	(34)	(3)	(37)
Fund balances brought forward		1,105	41	1,146	1,139	44	1,183
Funds transferred in from other NHS Charities due to reorganisation		0	0	0	0	0	0
FUND BALANCES CARRIED FORWARD	9	1,034	28	1,062	1,105	41	1,146

Balance sheet

	2021/22				2020/21		
	Note	Unrestricted Funds	Restricted Funds	Total 2021/22	Unrestricted Funds	Restricted Funds	Total 2020/21
		£000	£000	£000	£000	£000	£000
CURRENT ASSETS							
Short term investments and deposits	6	875	0	875	980	0	980
Debtors				0			0
Cash at bank and in hand	7	171	27	198	155	42	197
TOTAL CURRENT ASSETS		1,046	27	1,073	1,135	42	1,177
CURRENT LIABILITIES							
Payables	8	10	1	11	30	1	31
TOTAL CURRENT LIABILITIES		10	1	11	30	1	31
TOTAL CURRENT ASSETS LESS CURRENT LIABILITIES		1,036	26	1,062	1,105	41	1,146
TOTAL NET ASSETS		1,036	26	1,062	1,105	41	1,146
FUNDS OF THE CHARITY							
Restricted		0	28	28	0	41	41
Unrestricted		1,034	0	1,034	1,105	0	1,105
TOTAL FUNDS	9	1,034	28	1,062	1,105	41	1,146

The financial statements were approved by the Board on 2nd November 2022 and signed on its behalf by:



James Duncan, Chief Executive

Notes to the accounts

1. Accounting Policies

The financial statements have been prepared under the historic cost convention, with the exception of investments which are included at their fair value.

The Cumbria, Northumberland Tyne and Wear NHS Foundation Trust Charity is a public benefit entity.

The financial statements have been prepared in accordance with the Statement of Recommended Accounting Practice: Accounting and Reporting by Charities (SORP) Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2015.

The accounts have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view.' This departure has involved following Accounting and reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) issued on 16 July 2014 rather than the Accounting and Reporting by Charities : Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

The Trustee considers that there are no material uncertainties about the Northumberland Tyne and Wear NHS Foundation Trust Charity's ability to continue as a going concern. There are no material uncertainties or key risks affecting the current year's accounts.

1.1 Funds structure

The Cumbria, Northumberland Tyne and Wear NHS Charity is a UK Charity registered with the Charity Commission (charity number 1165788). The Charity was formally established on 1st April 2016.

The Cumbria, Northumberland Tyne and Wear NHS Foundation Trust Charity has both restricted and unrestricted funds but has no endowment funds. The charity has specific funds for certain service areas which have specific objectives and purposes and are classified as unrestricted designated funds. If a general donation is made and no specific area is identified then the monies are paid into the the SHINE Fund which is used for the general benefit of services users and former service users of the Cumbria, Northumberland Tyne and Wear NHS Foundation Trust at the discretion of the Trustees. The major funds are disclosed in note 9.

1.2 Incoming resources

All incoming resources are recognised once the charity has entitlement to the resources, it is probable that the resources will be received and the monetary value of the incoming resources can be measured with sufficient reliability.

Where there are terms and conditions attached to the incoming resources, particularly grants, then these terms and conditions must be met before the income is recognised as the entitlement condition will not be satisfied until that point. Where terms and conditions have not been met or uncertainty exists as to whether they can be met then the relevant income is not recognised in the year but deferred and shown in the balance sheet as deferred income.

Notes to the accounts (continued)

1.2.1 Legacies

Legacies are accounted for as incoming resources either upon receipt or where the receipt of the legacy is probable.

Receipt is probable when:

- Confirmation has been received from the representatives of the estate(s) that probate has been granted
- The executors have established that there are sufficient assets in the estate to pay the legacy and
- All conditions attached to the legacy have been fulfilled or are within the charity's control.

If there is uncertainty as to the amount of the legacy and it cannot be reliably estimated then the legacy is shown as a contingent asset until all of the conditions for income recognition are met.

1.3 Resources Expended and Irrecoverable VAT

All expenditure has been accounted for on an accruals basis and has been classified under headings that aggregate all costs related to each category of expense shown in the Statement of Financial Activities. Expenditure is recognised when the following criteria are met:

- There is a present legal or constructive obligation resulting from a past event
- It is more likely than not that a transfer of benefits (usually a cash payment) will be required in settlement
- The amount of the obligation can be measured or estimated reliably

Irrecoverable VAT is charged against the category of resources expended for which it was incurred

1.3.1 Expenditure on Raising Funds

Expenditure on raising funds are those costs attributable to generating income for the charity, other than those costs incurred in under expenditure on charitable activities. These costs include expenses for fundraising activities.

1.3.2 Expenditure on Charitable Activities

Expenditure on charitable activities comprise all the costs incurred in the pursuit of the charitable objects of the charity. These costs, where not wholly attributable, are apportioned between the categories of charitable expenditure in addition to the direct costs. The total costs of each category of charitable expenditure include an apportionment of support costs as shown in note 4.

Governance costs are also included within Expenditure On Charitable Activities comprising recharges of appropriate apportions of the funds administration costs from the Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust, plus internal audit and independent examination fees, system costs and legal and professional charges.

1.4 Receivables

Receivables are amounts owed to the charity. They are measured on the basis of their recoverable amount.

1.4 Cash and Cash Equivalents

Cash at bank and in hand is held to meet the day to day running costs of the charity as they fall due. Cash equivalents are short term, highly liquid investments, usually in less than 90 day notice interest bearing savings accounts.

1.5 Payables

Payables are amounts owed by the charity. They are measured at the amounts that the charity must pay to settle the debt.

1.6 Realised Gains and Losses

All gains and losses are taken to the Statement of Financial Activities. Realised gains and losses on investments are calculated as the difference between sales proceeds and opening carrying value (or date of purchase if later). Unrealised gains and losses are calculated as the difference between the market value at the year end and opening carrying value (or date of purchase if later).

1.7 Pensions

The charity does not employ any staff and does not make contributions to a pension scheme.

2. Related Party Transactions

Cumbria, Northumberland Tyne and Wear NHS Foundation Trust patients are the main beneficiaries of the charity and the Trust (including its subsidiary NTW Solutions Ltd) is a related party by virtue of being corporate trustee of the charity. As the Cumbria, Northumberland Tyne and Wear NHS Foundation Trust has been determined to have control over the charity and are the main beneficiaries, the Cumbria, Northumberland Tyne and Wear NHS Foundation Trust is the controlling parent of the Charity as a subsidiary. The charity has provided funding to the Trust for approved expenditure made on behalf of the charity. During the current financial year this funding amounted to £118,000 for patients welfare and amenities.

The Cumbria, Northumberland Tyne and Wear NHS Foundation Trust is a provider of mental health and disability services in the Cumbria, Northumberland, Tyne and Wear regions. The registered address for the Trust is St Nicholas Hospital, Jubilee road, Gosforth, Tyne and Wear NE3 3XT.

The charity has no employees. Compensation was paid to the Cumbria, Northumberland Tyne and Wear NHS Foundation Trust of £16,281.06 for key personnel to provide administration and accounting services. There was £nil remuneration or expenses paid directly to trustees or staff employed by the Northumberland Tyne and Wear NHS Foundation Trust.

During the year no members with delegated responsibility for the Trustee, or parties related to them has undertaken any material transactions with the Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charity.

Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust is the sole corporate trustee of the charity. Delegated responsibility of the the Trustee is applied to executive and non-executive members of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Board (names listed below).

Ken Jarrold	-	Chair
John Lawlor	-	Chief Executive (retired 31st January 2022)
James Duncan	-	Chief Executive (1st February 2022) Executive Director of Finance and Deputy Chief Executive (Until 31st January 2022)
Dr Rajesh Nadkarni	-	Executive Medical Director/Deputy Chief Executive (1st February 2022) Executive Medical Director (Until 31st January 2022)
Gary O'Hare	-	Chief Nurse (1st April 2021) Executive Director of Nursing and Chief Operating Officer (Until 31st March 2021)
Lisa Quinn	-	Executive Director of Finance, Commissioning and Quality Assurance (1st February 2022) Executive Director of Commissioning and Quality Assurance (Until 31st January 2022)
Ramona Duguid	-	Chief Operating Officer (1st April 2021)
Alexis Cleveland	-	Non-Executive Director (resigned 31st May 2022)

- Dr Les Boobis - Non-Executive Director (resigned 30th June 2021)
- Peter Studd - Non-Executive Director (resigned 31st December 2021)
- David Arthur - Non-Executive Director
- Michael Robinson - Non-Executive Director
- Darren Best - Non-Executive Director
- Paula Breen - Non-Executive Director
- Louise Nelson - Non-Executive Director (1st October 2021)
- Brendan Hill - Non-Executive Director (1st October 2021)
- Lynne Shaw - Executive Director of Workforce and Organisational Development

3. Incoming resources

	Note	2021/22			2020/21		
		Unrestricted Funds	Restricted Income Funds	Total	Unrestricted Funds	Restricted Income Funds	Total
		£000	£000	£000	£000	£000	£000
INCOME FROM DONATIONS AND LEGACIES							
Public donations		10	0	10	13	0	13
Electronically received donations		4	0	4	6	0	6
Corporate donations		4	0	4	12	0	12
Legacies		1	0	1	9	0	9
Major Donors		0	0	0	84	0	84
Grants Receivable from other NHS Charities		0	0	0	101	0	101
TOTAL INCOME FROM DONATIONS AND LEGACIES	3.1	19	0	19	225	0	225
OTHER TRADING ACTIVITIES							
Fund raising income		4	0	4	25	0	25
Collections		0	0	0	0	0	0
Lotteries		0	0	0	0	0	0
TOTAL OTHER TRADING ACTIVITIES	3.2	4	0	4	25	0	25
INCOME FROM INVESTMENTS							
Bank interest received		22	2	24	18	2	20
TOTAL INCOME FROM INVESTMENTS	3.3	22	2	24	18	2	20
OTHER INCOME							
Other income received		0	0	0	60	0	60
TOTAL OTHER INCOME	3.4	0	0	0	60	0	60
TOTAL INCOMING RESOURCES		45	2	47	328	2	330

4. Expenditure on charitable activities

	Note	2021/22			2020/21		
		Unrestricted Funds	Restricted Income Funds	Total	Unrestricted Funds	Restricted Income Funds	Total
		£000	£000	£000	£000	£000	£000
EXPENDITURE ON RAISING FUNDS							
Event Costs		1		1	0	0	0
TOTAL EXPENDITURE ON RAISING FUNDS	4.1	1	0	1	0	0	0
EXPENDITURE ON CHARITABLE ACTIVITIES							
Activities in furtherance of the charities objectives							
Patients' Welfare and Amenities		103	15	118	107	4	111
Staff Welfare and Amenities		4	0	4	(6)	0	(6)
Research costs		0	0	0	1	0	1
Other charitable expenditure		0	0	0	204	0	204
Capital: Equipment		9	0	9	8	0	8
TOTAL EXPENDITURE ON ACTIVITIES IN FURTHERANCE OF THE CHARITIES OBJECTIVES		116	15	131	314	4	318
GOVERNANCE COSTS							
Independent Examiners Fee		1	0	1	1	0	1
Legal and Set Up Fees		0	0	0	0	0	0
System Set Up and Maintenance Costs		0	0	0	0	0	0
Administration Costs		18	0	18	18	1	19
TOTAL GOVERNANCE COSTS		19	0	19	19	1	20
TOTAL EXPENDITURE ON CHARITABLE ACTIVITIES	4.2	135	15	150	333	5	338

5. Changes in resources available for charity use

	Note	2021/22			2020/21		
		Unrestricted Funds	Restricted Funds	Total	Unrestricted Funds	Restricted Funds	Total
		£000	£000	£000	£000	£000	£000
Net movement in funds for the year before transfers	5	(71)	(13)	(84)	(34)	(3)	(37)
Funds transferred in from other NHS Charities due to reorganisation		0	0	0	0	0	0
NET INCREASE IN FUNDS FOR THE YEAR		(71)	(13)	(84)	(34)	(3)	(37)

6. Current asset investments

	2021/22	2020/21
	£000	£000
Short term deposits	875	980
TOTAL CURRENT ASSET INVESTMENTS	875	980

7. Cash and cash equivalents

	2021/22	2020/21
	£000	£000
Bank current account	198	197
TOTAL CASH AND CASH EQUIVALENTS	198	197

8. Payables

	2021/22	2020/21
	£000	£000
Accruals	11	31
TOTAL PAYABLES FALLING DUE WITHIN ONE YEAR	11	31

9. Details of material funds

9.1 Restricted funds

2021/22						
	Fund balances 1st April 2021	Incoming resources	Resources expended		Transfers from other NHS Charities	Fund balances 31st March 2022
			Activities undertaken directly	Support costs		
	£000	£000	£000	£000	£000	£000
Tranwell restricted fund	25	1	(4)	0	0	22
St Nicholas Hospital restricted fund	15	1	(11)	0	0	5
Ferndene restricted fund	0	0	0	0	0	0
Northgate - George Bright Legacy	1	0	0	0	0	1
TOTALS	41	2	(15)	0	0	28

2020/21						
	Fund balances 1st April 2020	Incoming resources	Resources expended		Transfers from other NHS Charities	Fund balances 31st March 2021
			Activities undertaken directly	Support costs		
	£000	£000	£000	£000	£000	£000
Tranwell restricted fund	24	1	0	0	0	25
St Nicholas Hospital restricted fund	15	0	0	0	0	14
Ferndene restricted fund	0	0	0	0	0	0
Northgate - George Bright Legacy	5	0	(4)	0	0	1
TOTALS	44	1	(4)	0	0	41

9.2 Unrestricted funds

2021/22						
	Fund balances 1st April 2021	Incoming resources	Resources expended		Transfers from other NHS Charities	Fund balances 31st March 2022
			Activities undertaken directly	Support costs		
	£000	£000	£000	£000	£000	£000
SHiNE Fund	761	62	(99)	0	0	724
Castleside Ward fund	36	3	(1)	0	0	38
Aldervale Ward fund	31	2	(6)	0	0	27
Huntingtons Disease fund	24	3	(1)	0	0	26
Woodhorn fund	17	1	0	0	0	18
Centre for Elderly fund	5	0	0	0	0	5
Richardson Eating Disorders fund	9	1	0	0	0	10
Claremont House Psychology fund	11	1	0	0	0	12
Others (83 Funds)	211	43	(80)	0	0	174
Totals	1,105	116	(187)	0	0	1,034

The SHiNE Fund is the only material fund held by the Cumbria, Northumberland Tyne and Wear NHS Foundation Trust Charity and this fund is a general fund relating to the current and former service users of the Trust. This fund is accessed on the basis of bids approved and there are no restrictions or planned usage of this fund identified at the 31 March 2022.

2020/21						
	Fund balances 1st April 2020	Incoming resources	Resources expended		Transfers from other NHS Charities	Fund balances 31st March 2021
			Activities undertaken directly	Support costs		
	£000	£000	£000	£000	£000	£000
SHiNE Fund	760	237	(236)	0	0	761
Castleside Ward fund	35	2	(1)	0	0	36
Aldervale Ward fund	35	2	(6)	0	0	31
Huntingtons Disease fund	23	2	(1)	0	0	24
Woodhorn fund	17	1	(1)	0	0	17
Centre for Elderly fund	13	0	(8)	0	0	5
Richardson Eating Disorders fund	9	1	(1)	0	0	9
Claremont House Psychology fund	7	1	3	0	0	11
Others (79 Funds)	240	132	(161)	0	0	211
TOTALS	1,139	378	(412)	0	0	1,105

The SHiNE Fund is the only material fund held by the Cumbria, Northumberland Tyne and Wear NHS Foundation Trust Charity and this fund is a general fund relating to the current and former service users of the Trust. This fund is accessed on the basis of bids approved and there are no restrictions or planned usage of this fund identified at the 31 March 2021.

This report is available on request in other formats; we will do our best to provide a version of this report in a format that meets your needs.

For other versions please telephone 0191 246 6977 or email us at qualityassurance@cntw.nhs.uk

Copies of the Annual Report can be obtained from our website www.cntw.nhs.uk

If you have any feedback or suggestions on how we could improve our annual report, please do let us know by calling 0191 246 7238.

Copies can be obtained by contacting:

Marketing Department
St. Nicholas Hospital
Jubilee Road
Gosforth
Newcastle upon Tyne
NE3 3XT
Tel: 0191 246 7238

Accounts



Cumbria, Northumberland,
Tyne and Wear
NHS Foundation Trust

Annual Report

Cumbria, Northumberland, Tyne and
Wear NHS Foundation Trust Charity

Registered Charity Number - 1165788



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Foreword



The Board of Directors of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust as Corporate Trustee presents the Charitable Funds Annual Report together with the Financial Statements for the year ended 31 March 2021.

The Charity's annual report and accounts for the year ended 31 March 2021 have been prepared by the Corporate Trustee in accordance with Part 8 of the Charities Act 2011 and the Charities (Accounts and Reports) Regulations 2008. The Charity's report and accounts include all the separately established funds for which the Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust is sole beneficiary.

The Charity has a Corporate Trustee: the Cumbria, Northumberland Tyne and Wear NHS Foundation Trust. The members of the NHS Trust Board of Directors who served during the financial year were as follows:

Ken Jarrold – Chair

John Lawlor – Chief Executive

James Duncan – Executive Director of Finance and Deputy Chief Executive

Dr Rajesh Nadkarni – Executive Medical Director

Gary O'Hare – Executive Director of Nursing and Chief Operating Officer

Lisa Quinn – Executive Director of Commissioning and Quality Assurance

Lynne Shaw – Executive Director of Workforce and Organisational Development

Alexis Cleveland – Vice-Chair and Non-Executive Director

Dr Les Boobis – Non-Executive Director

Peter Studd – Non-Executive Director

David Arthur – Non-Executive Director

Michael Robinson – Non-Executive Director

Paula Breen – Non-Executive Director

Darren Best – Non-Executive Director

The Charitable Funds are registered with the Charity Commission (no. 1165788) in accordance with the Charities Act 2011.

Reference and administrative details

Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charity, registered Charity Number 1165788, is constituted of 94 individual funds as at 31 March 2021. The notes to the accounts distinguish the types of fund held and disclose separately all material funds.

Charitable funds received by the charity are accepted, held and administered as funds and property held on trust for purposes relating to the health service in accordance with the National Health Service Act 2006, and these funds are held on Trust by the corporate body.

Trustee

Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust is constituted as the sole Corporate Trustee of the Charity and its charitable funds governed by the law applicable to Trusts, principally the Trustee Act 2000 and the Charities Act 2011.

All members of the Board of Directors of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust are the Trustee within charitable law and as such are required to ensure that any funds donated to the Trust for charitable purposes are used for the purposes for which they were given, that funds are managed appropriately and that balances are invested wisely.

The Board of Directors has devolved responsibility for the on-going management of funds to a sub-committee of the Board of Directors whose meetings are governed by the Trust's Standing Orders and whose financial transactions must comply with the Trust's Standing Financial Instructions.

A Non-Executive director chairs the Charitable Funds Sub Committee, and its other members comprise: the Executive Directors of the Trust; Managing Director (NTW Solutions Limited); the Director of Communications and Corporate Affairs, Patients' Finance and Cashier Manager, Governors, Head of Accounting and Processing and the Head of Communications.

Trustees and members of the Charitable Funds Sub-Committee during 2020/21 were as follows:

Leslie Boobis	Chair/Non-Executive Director
Alexis Cleveland	Non-Executive Director
Paula Breen	Non-Executive Director
James Duncan	Executive Director of Finance and Deputy Chief Executive
Gary O'Hare	Executive Director of Nursing and Operations
Lisa Quinn	Executive Director of Commissioning and Quality Assurance
Tracey Sopp	Director of Finance and Deputy Managing Director, NTW Solutions Limited
Debbie Henderson	Director of Communications and Corporate Affairs
Shaun Dixon	Head of Accounting and Processing
Ailsa Miller	Patients' Finance and Cashier Manager
Adele Joicey	Head of Communications
Fiona Grant	Trust Governor

Principal office

The principal office for the Charity is:

Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charity
C/o Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust
St Nicholas Hospital
Jubilee Road
Gosforth
NE3 3XT

Principal professional advisers

Bankers:
Lloyds Banking Group
4th Floor
102 Grey Street
Newcastle upon Tyne
NE1 6AG

Independent examiners

Mazars LLP
The Corner
Banks Chambers
26 Mosley Street
Newcastle upon Tyne
NE1 1DF

Solicitors

Withers LLP
16 Old Bailey
London
EC4M 7EG

Structure, governance and management

The Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charity was established by Trust deed and is registered with the Charity Commission (charity number 1165788). The charity's funds were established using the model declaration of trust.

As a body we are a member of the Association of NHS Charities.

All trust funds are registered with the Charity Commission. The Charitable Funds (the Charity) of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust (the Trust) comprise a range of funds under one umbrella registration. Funds are held relevant to individual wards and departments and by specific purpose within those areas. These funds are, within certain delegated limits, available for the staff to expend on items appropriate to the fund concerned in line with the financial procedures laid down from time to time.

Large donations, often received by virtue of a legacy, are managed directly by the Charitable Funds Sub Committee which ensures that the wishes of the donor are met and that expenditures are not at variance to the Trust's own activities and that, where relevant, investment in new equipment or services is sustainable and supported in future years.

Non-Executive Members of the Trustee Board of Directors are appointed by the Council of Governors and Executive Members of the Board are subject to recruitment by the Chairman and Non-Executive Directors of the Trustee Board. Members of the Board of Directors and the Charitable Funds Sub-Committee are not individual Trustees under Charity Law but act as agents on behalf of the corporate Trustee.

All members of the Board of Directors have a responsibility to adhere to the NHS Foundation Trust Code of Governance.

The Executive Director of Finance and Deputy Chief Executive has a responsibility to highlight to members of the Charitable Funds Committee any changes to charity law and updates from the Charity Commission. These items are circulated to all members and included as an agenda item for the next meeting as they occur.

Acting for the Corporate Trustee the Charitable Funds Committee is responsible for the day to day management of the Charitable Funds. Details of the Trustee's responsibilities are provided in the statement accompanying the attached accounts for the year.

The Trustee is responsible for preparing the Trustee's Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

The law applicable to charities in England and Wales requires the Trustee to prepare financial

statements for each financial year which give a true and fair view of the state of affairs of the charity and of the incoming resources and application of resources of the charity for that period.

In preparing these financial statements, the Trustee is required to:

- Select suitable accounting policies and then apply them consistently;
- Observe the methods and principles in the Charities Statement of Recommended Practice (SORP);
- Make judgements and estimates that are reasonable and prudent;
- State whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in business.

The Trustee is responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011, the Charity (Accounts and Reports) Regulations 2008. The Trustee is also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The Trustee is responsible for the maintenance and integrity of the charity and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The Trustee confirms that it has met the responsibilities set out above and complied with the requirements for preparing the accounts. The financial statements set out within the annual report have been compiled from and are in accordance with the financial records maintained by the Trustee.

By Order of the Trustee, and those with delegated responsibility

Chairman



Date: 03.11.2021

Executive Director



Date: 03.11.2021

The accounting records and the day to day administration of the funds are dealt with by the Finance Department, NTW Solutions located at Northumberland, Tyne and Wear NHS Foundation Trust, St Nicholas Hospital, Jubilee Road, Gosforth, NE3 3XT.

Consolidation of accounts with Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust

In accordance with NHS Improvement's Annual Reporting Manual 2020-21 and the Department of Health Group Accounting Manual (DH GAM), where an NHS Foundation Trust is the Corporate Trustee to an NHS Charitable Fund, the NHS Foundation Trust was required to consider whether the accounts of that charitable fund represent a subsidiary. This is likely to be the case where the NHS Foundation Trust both:

- has control over the NHS Charitable Fund, i.e.
 - controls the majority of the voting rights in the entity;
 - has the power to govern the financial and operating policies of the entity; and
 - has the power to appoint or remove directors at meetings of the board and;
- benefits from the NHS Charitable Fund.

Based upon the above it was considered Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charitable Funds represented a subsidiary of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust.

The Trust has prepared consolidated group financial statements for 2020/21 for the Trust and its subsidiaries including the Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charity.

Risk management

The Trustee, in reviewing risks appropriate to the charitable activities, places reliance upon the risk management review carried out by Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust and the overall internal control arrangements within the Trust.

The Trust's internal auditors include Charitable Funds in their annual plans and their findings, which include an assessment of risk, are reported to the Trustee via the Trust's Audit Committee.

Partnership working and networks

Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust is the main beneficiary of the charity and is a related party by virtue of being Corporate Trustee of the charity. By working in partnership with the Trust the charitable funds are used to best effect. When deciding upon the most beneficial way to use charitable funds the Corporate Trustee has regard to the main activities, objectives, strategies and plans of the Trust.

Public benefit statement

Public benefit, as defined by the Charities Act 2011. The Trustees can report that the two key principles that underpin 'public benefit' have been met:

- There is always an identifiable benefit or benefits and these are apparent from the contents of the Annual Report and are all related to the aims of the charities; and
- There is a benefit to the public or a section of the public. The beneficiaries are appropriate as laid down by the aims of the various charities and there are no unreasonable restrictions. It is recognised that the Trustee exercises a discretion in deciding upon who will benefit from the charities but that this is permissible under the aims and objects of the charities concerned and the beneficiaries constitute a 'section of the public' and therefore this is a reasonable exercise of that discretion. The aims and objects of the Charity are contained in the charity's scheme.
- The Trustee confirms that they:
 - ensure that they pursue the aims and objects of the various charities for the public benefit, as defined by the Charities Act 2011;
 - have proper regard to the guidance published by the Charity Commission in respect of the subject of public benefit; and
 - confirm that this Annual Report provides sufficient information as to the ways in which the public benefit is achieved.

Independent examination

The Charity's Trustee considers that an audit is not required for this year under section 144(2) of the Charities Act 2011 and that an independent examination is required as a lower-income charity. An independent examination has been carried out by Mazars LLP for the financial statements for 2020/21.



Objectives and activities

The Charity's purpose is as follows:

“The funds held can be used for any charitable purposes relating to the general or specific purposes of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust or purposes relating to the National Health Service”

Typically the purpose of the funds is to benefit the public through its support for current and former service users of the Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust. The funds provide items of comfort for patients or therapeutic activities beyond the normal levels expected for patient welfare and amenities. The funds held relevant to individual wards and departments are often raised by the staff and friends or are from small donations given by patients and relatives in gratitude for the care they have received. These funds are available for the staff to expend on items appropriate to the fund concerned in line with the financial procedures laid down from time to time.

The largest bid for the year was for £49,000 which contributed to the set-up costs of North Cumbria Recovery College. The Charity also granted a further £79,000 to Recovery colleges across the footprint of the Trust.

Zone West Social Prescribing service which is delivered by North East Wellbeing, a children's Charity received £26,675. Funds are being used to provide a project manager. A grant of £12,000 was given the Hexham Tans restaurant to assist with costs during the Covid pandemic. George Street Social is a Recovery led space and they received £11,800 from the Charity to fund the costs of a volunteering programme to offer people basic skills courses, mindfulness, meditation, yoga and art.

Charitable funds were used for the Ferndene Unit of £19,000 to give the young people of the unit access to preferred social, recreational and educational life learning, skills development, resilience skills and self-regulation.

Charitable funds were used to purchase Chill out equipment for 4 rooms in the KDU, 3 rooms at Tweed ward at Northgate, Lennox ward at St Nicholas Hospital, Rose Lodge at Hebburn, Rowanwood, Edenwood, Yewdale, and Acorn Wards at Cumbria, Shoredrift at Hopewood Park, and at the Hadrian Clinic.

Wobble rooms were developed for staff which provided a breakout area during the pandemic.

Numerous iPad and tablets were purchased from the monies granted from NHS Charities for various wards and departments across to the Trust to assist with patient communication and activities during the lockdown periods due to the Covid Pandemic.

Day services at Northgate received funding for Pool tables, a pinball machine and an arcade game. Several wards have benefited from the purchase of new TV's and music players, activity equipment such as pool and table tennis, games consoles, and gardening items such as Poly tunnels and raised beds. Patients have enjoyed yoga sessions, music events, Pony therapy visits, animal petting therapy, and Christmas celebrations all funded by Charitable monies.

The Charitable funds Committee continued with its policy of rationalisation of the funds held on Trust to promote clarity of purpose and by actively publicising the availability of all legacies to ensure expenditure to date as appropriate.

A review of our finance, achievements and performance

Total incoming resources amounted to £328,595. The charity continues to rely on donations, legacies and investments income as the main sources of income. Income comprised: funds raised by staff, relatives, friends and other donations £124,049, grant in year of £184,490 and investment income £20,056.

Of the total expenditure of £338,206, charitable expenditure for patient welfare and amenities was £111,292, governance costs were £19,836 the costs of generating voluntary income this year was nil due to the impact of the pandemic.

The net assets of the Charitable Funds as at 31 March 2021 were £1,145,878. Further details are provided in the annual accounts and notes.

Reserves policy

The policy of the Trustee is to spend charitable funds and not allow funds to accumulate. The policy states that fund holders need to balance the interests of present and future beneficiaries of the fund. Expenditure plans should ideally aim to spend a minimum target of 10% of the fund per annum and raise funds equal to 10% of income per annum.

The Trustee considers that it should be the aim to hold sufficient reserves to be able to provide funds to meet charitable expenditure as it is incurred and to review the position on an annual basis. Access to the funds is encouraged so that cash is used often to provide benefits to the current and former service users of the Northumberland, Tyne and Wear NHS Foundation Trust. It has not yet been considered necessary to hold a set amount in reserves as in many instances the minimum spend targets are not yet being met.

Plans for future periods

The Trustee reviews the spending priorities for each fund quarterly at the Charitable Funds Sub-Committee meetings and fund holders are regularly notified of balances.

Charitable fund activity will be consistent with the Trust's business plan and be set against identified corporate objectives.

Future plans for the coming year include planning the expenditure of Stage 3 Distribution of the NHS Charities together application and proposed expenditure and the appointment of a Fundraiser for the Charity.

Going concern

The Charity's Trustee has a reasonable expectation that the Charity has adequate fund balances to continue in operational existence for the foreseeable future.

This expectation is based upon fund balances as at the 31st March 2021 of £1,145,878 with minimal future liabilities and commitments.

A big thank you!

On behalf of the staff, service users and carers who have benefited from improved services due to donations and legacies, the Corporate Trustee would like to thank all patients, relatives and staff who have made charitable donations.



Annual Accounts 2020-21

The annual accounts for the Charitable Funds are published on the Trust's Intranet site. Further copies can be obtained from Mr James Duncan at the Principal Office



Paula Breen

Non-Executive Director

Chair - Charitable Funds Sub-Committee
Signed on behalf of the Corporate Trustee

Date: 03.11.2021



James Duncan

Executive Director of Finance
and Deputy Chief Executive

Charitable Funds Sub-Committee
Signed on behalf of the Corporate Trustee

Date: 03.11.2021

Independent Examiner's Report to the Trustee of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charity

I report on the financial statements of the Charity for the year ended 31 March 2021, which are set out on pages 19 to 31.

Respective responsibilities of trustees and examiner

The charity's trustee is responsible for the preparation of the financial statements. The charity's trustee considers that an audit is not required for this year under section 144(2) of the Charities Act 2011 (the 2011 Act) and that an independent examination is needed.

It is my responsibility to:

- examine the financial statements under section 145 of the 2011 Act;
- follow the procedures laid down in the general Directions given by the Charity Commission under section 145(5)(b) of the 2011 Act; and
- state whether particular matters have come to my attention.

This report, including my statement, has been prepared for and only for the charity's trustee as a body. My work has been undertaken so that I might state to the charity's trustees those matters I am required to state to them in an independent examiner's report and for no other purpose. To the fullest extent permitted by law, I do not accept or assume responsibility to anyone other than the charity and the charity's trustee as a body for my examination work, for this report, or for the statements I have made.

Basis of independent examiner's report

My examination was carried out in accordance with the general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the financial statements presented with those records. It also includes consideration of any unusual items or disclosures in the financial statements, and seeking explanations from you as trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit and consequently no opinion is given as to whether the financial statements present a 'true and fair view' and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, which is complete, no matters have come to my attention which give me reasonable cause to believe that in any material respect:

- accounting records were not kept in respect of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charity in accordance with section 130 of the 2011 Act; or
- the financial statements do not accord with those records; or
- the financial statements do not comply with the applicable requirements concerning the form and content of financial statements set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the financial statements give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which, in my opinion, attention should be drawn in order to enable a proper understanding of the financial statements to be reached.

Signature: 
Mark Kirkham (Nov 12, 2021 06:36 EST)

Email: mark.kirkham@mazars.co.uk

Name: Mark Kirkham (CPFA)
for and on behalf of Mazars LLP
Relevant professional qualification or body: CIPFA

Address: The Corner, Bank Chambers, 26 Mosley Street, Newcastle Upon Tyne, NE1 1DF
Date: 12 November 2021

Fundraising news

RECOVERY

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Annual Accounts



Statement of financial activities

	Note	2020/21			2019/20		
		Unrestricted Funds	Restricted Funds	Total 2020/21	Unrestricted Funds	Restricted Funds	Total 2019/20
		£000	£000	£000	£000	£000	£000
INCOMING RESOURCES							
Incoming resources from generated funds							
Income from donations and legacies							
Donations		40	0	40	21	0	21
Legacies		0	0	0	0	0	0
Grants		185	0	185	0	0	0
Sub total income from donations and legacies	3.1	225	0	225	21	0	21
Other trading activities	3.2	25	0	25	27	0	27
Income from investments	3.3	18	2	20	16	3	19
Other income	3.4	60	0	60	4	0	4
TOTAL INCOME FROM CHARITABLE ACTIVITIES		328	2	330	68	3	71
EXPENDITURE ON CHARITABLE ACTIVITIES							
Expenditure on raising funds	4.1	0	0	0	(1)	0	(1)
Expenditure on charitable activities	4.2	(333)	(5)	(338)	(158)	(3)	(161)
TOTAL EXPENDITURE ON CHARITABLE ACTIVITIES		(333)	(5)	(338)	(159)	(3)	(162)
Net income/(expenditure)		(5)	(3)	(8)	(91)	0	(91)
Transfers between funds		(59)	0	(59)	(1)	0	(1)
NET (Outgoing) Resources		(64)	(3)	(67)	(92)	0	(92)
Other recognised gains/ (losses)							
Gains/(losses) on revaluation and disposal of investment assets		30	0	30	0	0	0
NET MOVEMENT IN FUNDS	5	(34)	(3)	(37)	(92)	0	(92)
Fund balances brought forward		1,139	44	1,183	1,231	44	1,275
Funds transferred in from other NHS Charities due to reorganisation		0	0	0	0	0	0
FUND BALANCES CARRIED FORWARD	9	1,105	41	1,146	1,139	44	1,183

Balance sheet

	2020/21				2019/20		
	Note	Unrestricted Funds	Restricted Funds	Total 2020/21	Unrestricted Funds	Restricted Funds	Total 2019/20
		£000	£000	£000	£000	£000	£000
CURRENT ASSETS							
Short term investments and deposits	6	980	0	980	950	0	950
Debtors				0			0
Cash at bank and in hand	7	155	42	197	211	44	255
TOTAL CURRENT ASSETS		1,135	42	1,177	1,161	44	1,205
CURRENT LIABILITIES							
Payables	8	30	1	31	22	0	22
TOTAL CURRENT LIABILITIES		30	1	31	22	0	22
TOTAL CURRENT ASSETS LESS CURRENT LIABILITIES		1,105	41	1,146	1,139	44	1,183
TOTAL NET ASSETS		1,105	41	1,146	1,139	44	1,183
FUNDS OF THE CHARITY							
Restricted		0	41	41	0	44	44
Unrestricted		1,105	0	1,105	1,139	0	1,139
TOTAL FUNDS	9	1,105	41	1,146	1,139	44	1,183

The financial statements were approved by the Board on 3 November 2021 and signed on its behalf by:



John Lawlor
Chief Executive

Notes to the accounts

1. Accounting Policies

The financial statements have been prepared under the historic cost convention, with the exception of investments which are included at their fair value.

The Cumbria, Northumberland Tyne and Wear NHS Foundation Trust Charity is a public benefit entity.

The financial statements have been prepared in accordance with the Statement of Recommended Accounting Practice: Accounting and Reporting by Charities (SORP) Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014 and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and the Charities Act 2011 and UK Generally Accepted Practice as it applies from 1 January 2015.

The accounts have been prepared to give a 'true and fair' view and have departed from the Charities (Accounts and Reports) Regulations 2008 only to the extent required to provide a 'true and fair view.' This departure has involved following Accounting and reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) issued on 16 July 2014 rather than the Accounting and Reporting by Charities : Statement of Recommended Practice effective from 1 April 2005 which has since been withdrawn.

The Trustee considers that there are no material uncertainties about the Northumberland Tyne and Wear NHS Foundation Trust Charity's ability to continue as a going concern. There are no material uncertainties or key risks affecting the current year's accounts.

1.1 Funds structure

The Cumbria, Northumberland Tyne and Wear NHS Charity is a UK Charity registered with the Charity Commission (charity number 1165788). The Charity was formally established on 1st April 2016.

The Cumbria, Northumberland Tyne and Wear NHS Foundation Trust Charity has both restricted and unrestricted funds but has no endowment funds. The charity has specific funds for certain service areas which have specific objectives and purposes and are classified as unrestricted designated funds. If a general donation is made and no specific area is identified then the monies are paid into the the SHINE Fund which is used for the general benefit of services users and former service users of the Cumbria, Northumberland Tyne and Wear NHS Foundation Trust at the discretion of the Trustees. The major funds are disclosed in note 9.

1.2 Incoming resources

All incoming resources are recognised once the charity has entitlement to the resources, it is probable that the resources will be received and the monetary value of the incoming resources can be measured with sufficient reliability.

Where there are terms and conditions attached to the incoming resources, particularly grants, then these terms and conditions must be met before the income is recognised as the entitlement condition will not be satisfied until that point. Where terms and conditions have not been met or uncertainty exists as to whether they can be met then the relevant income is not recognised in the year but deferred and shown in the balance sheet as deferred income.

Notes to the accounts (continued)

1.2.1 Legacies

Legacies are accounted for as incoming resources either upon receipt or where the receipt of the legacy is probable.

Receipt is probable when:

- Confirmation has been received from the representatives of the estate(s) that probate has been granted
- The executors have established that there are sufficient assets in the estate to pay the legacy and
- All conditions attached to the legacy have been fulfilled or are within the charity's control.

If there is uncertainty as to the amount of the legacy and it cannot be reliably estimated then the legacy is shown as a contingent asset until all of the conditions for income recognition are met.

1.3 Resources Expended and Irrecoverable VAT

All expenditure has been accounted for on an accruals basis and has been classified under headings that aggregate all costs related to each category of expense shown in the Statement of Financial Activities. Expenditure is recognised when the following criteria are met:

- There is a present legal or constructive obligation resulting from a past event
- It is more likely than not that a transfer of benefits (usually a cash payment) will be required in settlement
- The amount of the obligation can be measured or estimated reliably

Irrecoverable VAT is charged against the category of resources expended for which it was incurred

1.3.1 Expenditure on Raising Funds

Expenditure on raising funds are those costs attributable to generating income for the charity, other than those costs incurred in under expenditure on charitable activities. These costs include expenses for fundraising activities.

1.3.2 Expenditure on Charitable Activities

Expenditure on charitable activities comprise all the costs incurred in the pursuit of the charitable objects of the charity. These costs, where not wholly attributable, are apportioned between the categories of charitable expenditure in addition to the direct costs. The total costs of each category of charitable expenditure include an apportionment of support costs as shown in note 4.

Governance costs are also included within Expenditure On Charitable Activities comprising recharges of appropriate apportions of the funds administration costs from the Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust, plus internal audit and independent examination fees, system costs and legal and professional charges.

1.4 Receivables

Receivables are amounts owed to the charity. They are measured on the basis of their recoverable amount.

1.4 Cash and Cash Equivalents

Cash at bank and in hand is held to meet the day to day running costs of the charity as they fall due. Cash equivalents are short term, highly liquid investments, usually in less than 90 day notice interest bearing savings accounts.

1.5 Payables

Payables are amounts owed by the charity. They are measured at the amounts that the charity must pay to settle the debt.

1.6 Realised Gains and Losses

All gains and losses are taken to the Statement of Financial Activities. Realised gains and losses on investments are calculated as the difference between sales proceeds and opening carrying value (or date of purchase if later). Unrealised gains and losses are calculated as the difference between the market value at the year end and opening carrying value (or date of purchase if later).

1.7 Pensions

The charity does not employ any staff and does not make contributions to a pension scheme.

2. Related Party Transactions

Cumbria, Northumberland Tyne and Wear NHS Foundation Trust patients are the main beneficiaries of the charity and the Trust (including its subsidiary NTW Solutions Ltd) is a related party by virtue of being corporate trustee of the charity. As the Cumbria, Northumberland Tyne and Wear NHS Foundation Trust has been determined to have control over the charity and are the main beneficiaries, the Cumbria, Northumberland Tyne and Wear NHS Foundation Trust is the controlling parent of the Charity as a subsidiary. The charity has provided funding to the Trust for approved expenditure made on behalf of the charity. During the current financial year this funding amounted to £111,000 for patients welfare and amenities.

The Cumbria, Northumberland Tyne and Wear NHS Foundation Trust is a provider of mental health and disability services in the Cumbria, Northumberland, Tyne and Wear regions. The registered address for the Trust is St Nicholas Hospital, Jubilee road, Gosforth, Tyne and Wear NE3 3XT.

The charity has no employees. Compensation was paid to the Cumbria, Northumberland Tyne and Wear NHS Foundation Trust of £15,784.62 for key personnel to provide administration and accounting services. There was £nil remuneration or expenses paid directly to trustees or staff employed by the Northumberland Tyne and Wear NHS Foundation Trust.

During the year no members with delegated responsibility for the Trustee, or parties related to them has undertaken any material transactions with the Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Charity.

Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust is the sole corporate trustee of the charity. Delegated responsibility of the the Trustee is applied to executive and non-executive members of Cumbria, Northumberland, Tyne and Wear NHS Foundation Trust Board (names listed below).

Ken Jarrold	-	Chair
John Lawlor	-	Chief Executive
James Duncan	-	Executive Director of Finance and Deputy Chief Executive
Dr Rajesh Nadkarni	-	Executive Medical Director
Gary O'Hare	-	Executive Director of Nursing and Chief Operating Officer
Lisa Quinn	-	Executive Director of Commissioning and Quality Assurance
Lisa Crichton-Jones	-	Executive Director of Workforce and Organisational Development (resigned 1 April 2020)
Alexis Cleveland	-	Non-Executive Director
Dr Les Boobis	-	Non-Executive Director
Peter Studd	-	Non-Executive Director
David Arthur	-	Non-Executive Director
Michael Robinson	-	Non-Executive Director
Darren Best	-	Non-Executive Director
Paula Breen	-	Non-Executive Director
Lynne Shaw	-	Acting Executive Director of Workforce and Organisational Development (30 September 2020) Executive Director of Workforce and Organisational Development (1 October 2020)

3. Incoming resources

	Note	2020/21			2019/20		
		Unrestricted Funds	Restricted Income Funds	Total	Unrestricted Funds	Restricted Income Funds	Total
		£000	£000	£000	£000	£000	£000
INCOME FROM DONATIONS AND LEGACIES							
Public donations		13	0	13	16	0	16
Electronically received donations		6	0	6	2	0	2
Corporate donations		12	0	12	3	0	3
Legacies		9	0	9	0	0	0
Major Donors		84	0	84	0	0	0
Grants Receivable from other NHS Charities		101	0	101	0	0	0
TOTAL INCOME FROM DONATIONS AND LEGACIES	3.1	225	0	225	21	0	21
OTHER TRADING ACTIVITIES							
Fund raising income		25	0	25	27	0	27
Collections		0	0	0	0	0	0
Lotteries		0	0	0	0	0	0
TOTAL OTHER TRADING ACTIVITIES	3.2	25	0	25	27	0	27
INCOME FROM INVESTMENTS							
Bank interest received		18	2	20	16	3	19
TOTAL INCOME FROM INVESTMENTS	3.3	18	2	20	16	3	19
OTHER INCOME							
Other income received		60	0	60	4	0	4
TOTAL OTHER INCOME	3.4	60	0	60	4	0	4
TOTAL INCOMING RESOURCES		328	2	330	68	3	71

4. Expenditure on charitable activities

	Note	2020/21			2019/20		
		Unrestricted Funds	Restricted Income Funds	Total	Unrestricted Funds	Restricted Income Funds	Total
		£000	£000	£000	£000	£000	£000
EXPENDITURE ON RAISING FUNDS							
Event Costs		0	0	0	1	0	1
TOTAL EXPENDITURE ON RAISING FUNDS	4.1	0	0	0	1	0	1
EXPENDITURE ON CHARITABLE ACTIVITIES							
Activities in furtherance of the charities objectives							
Patients' Welfare and Amenities		107	4	111	75	3	78
Staff Welfare and Amenities		(6)	0	(6)	8	0	8
Research costs		1	0	1	49	0	49
Other charitable expenditure		204	0	204	13	0	13
Capital: Equipment		8	0	8	4	0	4
TOTAL EXPENDITURE ON ACTIVITIES IN FURTHERANCE OF THE CHARITIES OBJECTIVES		314	4	318	149	3	152
GOVERNANCE COSTS							
Independent Examiners Fee		1	0	1	1	0	1
Legal and Set Up Fees		0	0	0	1	0	1
System Set Up and Maintenance Costs		0	0	0	0	0	0
Administration Costs		18	1	19	7	0	7
TOTAL GOVERNANCE COSTS		19	1	20	9	0	9
TOTAL EXPENDITURE ON CHARITABLE ACTIVITIES	4.2	333	5	338	158	3	161

5. Changes in resources available for charity use

	Note	2020/21			2019/20		
		Unrestricted Funds	Restricted Funds	Total	Unrestricted Funds	Restricted Funds	Total
		£000	£000	£000	£000	£000	£000
Net movement in funds for the year before transfers	5	(34)	(3)	(37)	(92)	0	(92)
Funds transferred in from other NHS Charities due to reorganisation		0	0	0	0	0	0
NET INCREASE IN FUNDS FOR THE YEAR		(34)	(3)	(37)	(92)	0	(92)

6. Current asset investments

	2020/21	2019/20
	£000	£000
Short term deposits	980	950
TOTAL CURRENT ASSET INVESTMENTS	980	950

7. Cash and cash equivalents

	2020/21	2019/20
	£000	£000
Bank current account	197	255
TOTAL CASH AND CASH EQUIVALENTS	197	255

8. Payables

	2020/21	2019/20
	£000	£000
Accruals	31	22
TOTAL PAYABLES FALLING DUE WITHIN ONE YEAR	31	22

9. Details of material funds

9.1 Restricted funds

2020/21						
	Fund balances 1st April 2020	Incoming resources	Resources expended		Transfers from other NHS Charities	Fund balances 31st March 2021
			Activities undertaken directly	Support costs		
	£000	£000	£000	£000	£000	£000
Tranwell restricted fund	24	1	0	0	0	25
St Nicholas Hospital restricted fund	15	0	0	0	0	14
Ferndene restricted fund	0	0	0	0	0	0
Northgate - George Bright Legacy	5	0	(4)	0	0	1
TOTALS	44	1	(4)	0	0	41

2019/20						
	Fund balances 1st April 2019	Incoming resources	Resources expended		Transfers from other NHS Charities	Fund balances 31st March 2020
			Activities undertaken directly	Support costs		
	£000	£000	£000	£000	£000	£000
Tranwell restricted fund	23	1	0	0	0	24
St Nicholas Hospital restricted fund	14	1	0	0	0	15
Ferndene restricted fund	3	0	(3)	0	0	0
Northgate - George Bright Legacy	4	1	0	0	0	5
TOTALS	44	3	(3)	0	0	44

9.2 Unrestricted funds

2020/21						
	Fund balances 1st April 2020	Incoming resources	Resources expended		Transfers from other NHS Charities	Fund balances 31st March 2021
			Activities undertaken directly	Support costs		
	£000	£000	£000	£000	£000	£000
SHiNE Fund	760	237	(236)	0	0	761
Castleside Ward fund	35	2	(1)	0	0	36
Aldervale Ward fund	35	2	(6)	0	0	31
Huntingtons Disease fund	23	2	(1)	0	0	24
Woodhorn fund	17	1	(1)	0	0	17
Centre for Elderly fund	13	0	(8)	0	0	5
Richardson Eating Disorders fund	9	1	(1)	0	0	9
Claremont House Psychology fund	7	1	3	0	0	11
Others (82 Funds)	240	132	(161)	0	0	211
TOTALS	1,139	378	(412)	0	0	1,105

The SHiNE Fund is the only material fund held by the Cumbria, Northumberland Tyne and Wear NHS Foundation Trust Charity and this fund is a general fund relating to the current and former service users of the Trust. This fund is accessed on the basis of bids approved and there are no restrictions or planned usage of this fund identified at the 31 March 2021.

2019/20						
	Fund balances 1st April 2019	Incoming resources	Resources expended		Transfers from other NHS Charities	Fund balances 31st March 2020
			Activities undertaken directly	Support costs		
	£000	£000	£000	£000	£000	£000
SHiNE Fund	813	54	(107)	0	0	760
Castleside Ward fund	41	3	(9)	0	0	35
Aldervale Ward fund	37	2	(4)	0	0	35
Huntingtons Disease fund	19	4	0	0	0	23
Woodhorn fund	16	1	0	0	0	17
Centre for Elderly fund	14	1	(2)	0	0	13
Richardson Eating Disorders fund	11	1	(3)	0	0	9
Claremont House Psychology fund	10	1	(4)	0	0	7
Others (79 Funds)	270	41	(71)	0	0	240
Totals	1,231	108	(200)	0	0	1,139

The SHiNE Fund is the only material fund held by the Cumbria, Northumberland Tyne and Wear NHS Foundation Trust Charity and this fund is a general fund relating to the current and former service users of the Trust. This fund is accessed on the basis of bids approved and there are no restrictions or planned usage of this fund identified at the 31 March 2021.

This report is available on request in other formats; we will do our best to provide a version of this report in a format that meets your needs.

For other versions please telephone 0191 246 6977 or email us at qualityassurance@cntw.nhs.uk

Copies of the Annual Report can be obtained from our website www.cntw.nhs.uk

If you have any feedback or suggestions on how we could improve our annual report, please do let us know by calling 0191 246 7238.

Copies can be obtained by contacting:

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