

## **The Clare Project**

Registered Charity Number: 1165746

Annual Report and Financial Statements for the Year Ended 31 March 2025

### **1. Reference and Administrative Details**

Charity Name: The Clare Project

Registered Charity Number: 116746

Registered Address: Dorset Gardens Methodist Church, Dorset Gardens, Brighton, BN1 1RL

Legal Form: Charitable Incorporated Organisation.

Governing Document: 25 February 2016

Trustees: Andie Davidson, Charlotte Fanfara, Fiona Allen.

New trustees: Emma Preston-Dunlop, Lily Dommett.

Resigned trustee: Maria Young. Em Ely

Independent Examiner / Auditor: Sushma Clark (FCMA/ACMA) Your Accounts Team Ltd

Bankers: Lloyds

Principal Staff: Gray Hutchins, August Reed, Beck Cedar

### **2. Objectives and Activities**

#### **Charitable Objectives**

The Clare Project aims to preserve and protect the good health of people, particularly those who are or who identify as transgender, non-binary, intersex, gender variant or gender questioning, and those who support them, by providing a safe and supportive environment for people to explore issues surrounding their gender identity through a weekly drop in, psychotherapeutic support, and such other services as the trustees shall think fit.

#### **Public Benefit Statement**

In planning and carrying out our activities, the trustees have had due regard to the Charity Commission's guidance on public benefit. Our work provides measurable public benefit by reducing social isolation, improving mental health, providing peer support, and information regarding healthcare for trans, non binary, intersex, and gender-diverse people.

#### **Main Activities**

- Run peer-led psychosocial support groups in person and online
- Delivered training and information sessions.
- Organised excursions and social events to reduce isolation and develop community connection.
- Partnered with SGS (GIC) providing support to individuals on gender affirming NHS pathways.
- Provided training and consultancy for professionals and organisations on trans-inclusive practice
- Offered signposting and connections to peer support, psychotherapy and healthcare services.

### 3. Achievements and Performance

Despite continuing challenges in the wider environment, significant progress has been made this year. Key achievements include:

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#### Service Use and Community Needs

- Drop-in attendance has grown to an average of **around 30 people per week**.
  - Common concerns raised by attendees include:
    - Mental health difficulties and increased anxiety
    - Financial insecurity
    - Rising transphobic content online and in the media
    - Lack of frontline NHS support for both general healthcare and gender-affirming care
    - Reductions in other essential services
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#### New Groups and Projects

- New West Sussex Group established
  - Sussex Transcendence launched
  - First West Sussex project launched in Chichester (April)
  - New East Sussex Group launched – *Hastings TNBI*
  - Aging Well Project – group for over-50s
  - Neurodivergent Group created
  - Racialised TNBI Group established
  - Group Nourish
  - Youphoria Low-Sensory Class
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## **Community Activities and Drop-In Activities**

Organised a wide range of community and drop-in activities, including:

- Trips to Charleston and BLAGGs bowling
  - Fire Social
  - Group walks
  - 25th Anniversary Event
  - Attendance at Trans Prides and Prides
  - Collaboration with Terrence Higgins Trust
  - Pizza & Paperwork sessions
  - Pop-up COVID vaccinations
  - Clothes swap events
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## **Training and Staffing**

- Delivered training sessions to local NHS teams and community partners
  - Recruited new staff, including facilitators, care navigators, and engagement workers
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## **Outcomes**

- Improved mental wellbeing
- Increased confidence in navigating healthcare and other services
- Greater sense of belonging and empowerment

## **4. Financial Review**

### **Overview**

During the year the charity received total income of £239,846 and expenditure of £242,058

Income sources:

- Grants
- Donations and Legacies
- Training and consultancy income

Expenditure included:

- Facilitation of support groups and workshops
- Staff and volunteer coordination

- Venue hire, materials, and travel
- Administrative and governance costs

#### Reserves Policy

The trustees aim to maintain free reserves equivalent to three months of core costs, about £60,000]. At year-end, reserves stood at £39,973.

#### Investments and Risk

The charity holds its reserves in UK bank accounts. Key risks include funding sustainability, staff wellbeing, and safeguarding. Trustees monitor these risks and maintain appropriate policies and insurance cover.

### 5. Structure, Governance and Management

The charity is governed by its constitution, adopted on 20 February 2016 and amended 5 March 2022, and managed by a board of trustees who meet regularly.

#### Trustee Recruitment and Training

Trustees are recruited through open community calls and appointed by existing members. New trustees receive an induction covering governance, safeguarding, and equality duties.

#### Organisational Structure

The charity is run largely by 14 part time staff, running operations, events and administration.

#### Risk Management

Trustees review risks at each trustee meeting several times per year. Controls include safeguarding procedures, financial status, finance authorisation limits, and data protection compliance.

### 6. Plans for the Future

Next year, the charity aims to:

- Continue our existing support groups
- Review existing, and develop new operational and wellbeing processes and procedures.
- Strengthen partnerships with healthcare providers and local authorities
- Improve evaluation and data systems to demonstrate impact
- Continue building sustainability through diverse funding

## 7. Acknowledgements

The trustees thank our volunteers, facilitators, donors, funders and partner organisations whose generosity and dedication make our work possible. Special thanks to everyone in our community who gives time, courage and energy to building safer, affirming spaces for trans, non binary, intersex and gender-diverse people.

## 8. Financial Statements

- Statement of Financial Activities
- Balance Sheet
- Notes to the Accounts
- Independent Examiner's or Auditor's Report

Approved by the Trustees on 18.11.2025

Signed on behalf of the Board:

Fiona Allen – Chair

FGAllen

**The Clare Project**  
**Financial Activities by Restricted & Unrestricted Funds**  
 April 2024 - March 2025

	RESTRICTED FUNDS	UN-RESTRICTED FUNDS	TOTAL
	TOTAL	TOTAL	ALL FUNDS
Income			
Total Income	133,522	106,324	239,846
Total	133,522	106,324	239,846
Expenditures	-	-	
Total Expenditures	146,560	107,256	253,816
Net Operating Income	- 13,038	- 932	- 13,970
Other Income	-	-	
Total Other Income	36,609	-	36,609
Other Expenditures	-	-	
2000 Depreciation	-	1,280	1,280
Restricted Funds cfwd	23,571	-	23,571
Total Other Expenditures	23,571	1,280	24,851
Net Other Income	13,038	- 1,280	11,758
Net Income/(Expenditure)	- 0	- 2,212	- 2,212

# The Clare Project

## Balance Sheet

As of March 31, 2025

	<u>Total</u>
	<u>As of Mar 31,</u>
	<u>2025</u>
<b>Fixed Asset</b>	
Tangible assets	
Total Tangible assets	£       861.49
<b>Total Fixed Asset</b>	£       861.49
<b>Cash at bank and in hand</b>	
<b>Total Cash at bank and in hand</b>	£       26,883.22
<b>Debtors</b>	
Debtors	49,056.33
<b>Total Debtors</b>	£       49,056.33
<b>Current Assets</b>	
Prepaid Expenditures	0.00
<b>Total Current Assets</b>	£       0.00
<b>Net current assets</b>	£       75,939.55
<b>Creditors: amounts falling due within one year</b>	
Trade Creditors	
Creditors	3,364.30
<b>Total Trade Creditors</b>	£       3,364.30
Current Liabilities	
Total Current Liabilities	£       25,463.72
<b>Total Creditors: amounts falling due within one year</b>	£       28,828.02
<b>Net current assets (liabilities)</b>	£       47,111.53
<b>Total assets less current liabilities</b>	£       47,973.02
<b>Provision for liabilities and charges</b>	0.00
<b>Total net assets (liabilities)</b>	£       47,973.02
<b>Charity funds</b>	
Retained Earnings	50,184.89
Surplus/(Deficit)	-2,211.87
<b>Total Charity funds</b>	£       47,973.02



Section A

Independent Examiner's Report

Report to the trustees/  
members of

Charity Name  
THE CLARE PROJECT

On accounts for the year  
ended

31 MARCH 2025

Charity no  
(if any)

1165746

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended 31<sup>st</sup> March 2025.

Responsibilities and  
basis of report

As the charity's trustees, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I have carried out my examination under section 145 of the Act and, in doing so, have followed all applicable Directions issued by the Charity Commission under section 145(5)(b).

Independent  
examiner's statement

I have completed my examination.

No material matters have come to my attention.

I confirm that I have no concerns and have encountered no other matters in connection with the examination that require disclosure in this report to enable a proper understanding of the accounts.

Signed:

Date:

25/11/2025

Name:

MRS SUSHMA CLARK

Relevant professional  
qualification(s) or body  
(if any):

CIMA

Address:

10 SUDELEY PLACE

BRIGHTON

BN2 1HF



**Section B****Disclosure**

Only complete if the examiner needs to highlight material matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

**Give here brief details of any items that the examiner wishes to disclose.**

N/A