

# Northamptonshire Health Charitable Fund

Trading as Northamptonshire Health Charity

Charity No 1165702

## Annual report and accounts

Year ended 31 March 2023

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## **Foreword by the Charity Chair**

I am pleased to introduce the seventh annual report of the Northamptonshire Health Charitable Fund for the year ended 31<sup>st</sup> March 2023.

The charity trades as Northamptonshire Health Charity, the official charity supporting hospitals and community healthcare services under three NHS trusts throughout Northamptonshire. It has been another year of incredible support from our local community and beyond, with just over £1.06m being raised that has enabled many great things to happen.

I am delighted to report that the charity has continued to make a significant and tangible difference to the patients, their families and the staff at Northampton General Hospital (NGH), Kettering General Hospital (KGH) and Northamptonshire Healthcare Foundation Trust (NHFT).

Some key highlights have been:

- Spending over £225k on patient welfare targeted at improving the patient experience across all three NHS trusts.
- Spending over £447k on medical equipment to meet the health needs of the local community and enhance diagnostics, treatment, care and recovery for patients in our hospitals and those accessing community healthcare services.
- Spending over £413k on welfare to enhance the support and facilities available to staff who have continued to work so conscientiously and professionally over the past year.
- As in previous years, making sure that every inpatient at NGH, KGH and across NHFT received a gift bag of small presents on Christmas day. Thanks as always to the generosity of all who donated gifts to our Christmas appeal in 2022.

Finally, I would like to express my heartfelt gratitude to all our kind and generous donors, dedicated fundraisers, to my fellow trustees, and the numerous volunteers who work alongside the charity team. Their commitment and dedication are truly remarkable.



**Sushel Ohri**  
Chair

13/10/23

## Vision and strategic objectives

The Northamptonshire Health Charitable Fund was registered as a Charitable Incorporated Organisation on the 23<sup>rd</sup> February 2016, registration No 1165702. The charity uses Northamptonshire Health Charity as its abbreviated form on the majority of its communications with the public.

The main objectives of the Charity are to hold trust funds and apply the income and capital for any charitable purposes relating to the National Health Service wholly or mainly for the services provided by:

- Northampton General Hospital NHS Trust (NGH)
- Northamptonshire Healthcare NHS Foundation Trust (NHFT)
- Kettering General Hospital NHS Foundation Trust (KGH)

With a population of over 700,000 throughout the county, the local NHS trusts supported by the charity are always ready to treat and care for everyone, around the clock. By active fundraising and by securing donations, legacies and sponsorship, the charity seeks to provide funding for equipment and projects that enable the trusts to provide a level of care which goes beyond what state funding can provide.

We invite you to support us in our work, so please read on, and let us tell you more about ourselves, what we do, what we have achieved and how we spend the money given to us to maximise the impact it can have.

In setting objectives and making plans for the year, the trustees considered the Charity Commission's general guidance on public benefit and in particular to the public benefit of providing support for the relief of ill-health.

The trustees adopted a set of strategic objectives in April 2019 which continue to act as the framework for the direction of the charity. The framework is presented diagrammatically below. There then follows a review of current year achievements.



## Review of the year

The charity provided continuing support for the University Hospitals of Northamptonshire NHS Group (NGH & KGH) and the community and mental health hospitals and services under Northamptonshire Healthcare NHS Foundation Trust (NHFT). We continued to support the recovery challenges of the COVID-19 pandemic while there was a return to funding a broader spectrum of initiatives, including equipment and projects unrelated to the pandemic.

Our specific plans also included:

- Consolidating the previous year's merger with the KGH charity Fund.
- To obtain further grant support from NHS Charities together and ensure effective usage of funds received.
- Promote appropriate fundraising initiatives that seek to encourage community partners, and where appropriate patient and service user involvement.
- Providing grants towards the enhancement of patient care facilities and projects supporting staff.
- Continued support to local community care service provision including increased provision of complementary therapy sessions and skills development sessions.

## Our achievements

We have continued to work closely with KGH teams following the successful merger with KGH Charity Fund in April 2021.

Grant making during the year has prioritised supporting medical equipment, and staff and patient facilities in accordance with the specific needs identified by all three trusts.

All three of the trust specific sub committees provided valued support, continuing to use Microsoft Teams meetings as the norm.

The charity was the Northamptonshire Chamber of Commerce Charity of the Year for 2022/23, which helped to begin forging new relationships with local businesses.

We received the Charity of the Year award at the Northamptonshire Business Awards 2022, a great way to recognise the impact our support has for healthcare in our local hospitals across the county, thanks in turn to those who support us.

The overall financial performance for the year is summarised with analysis between the beneficiary organisations.

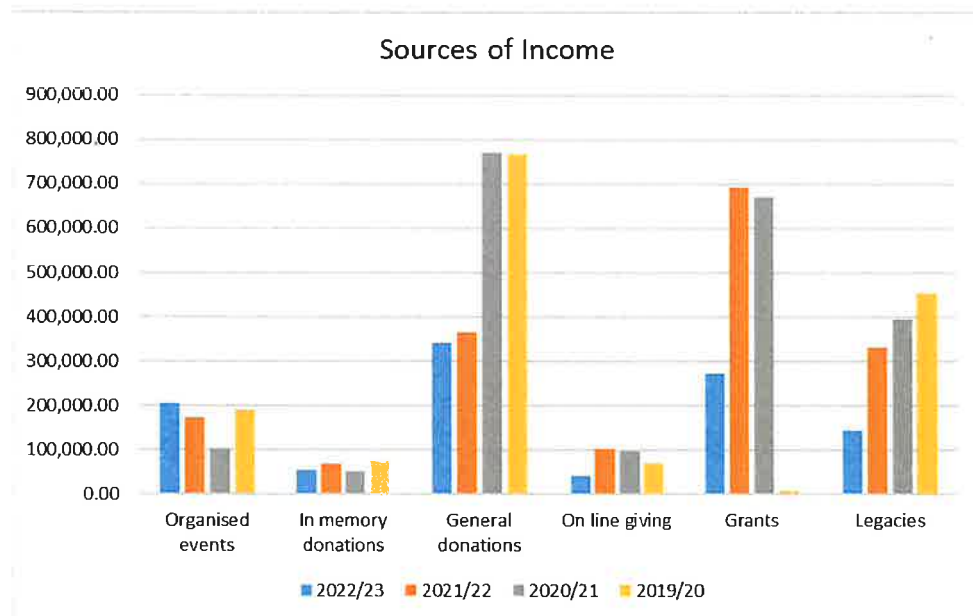
	KGH Funds		NGH Funds		NHFT Funds		Core activity		Total	
	2021/22	2022/23	2021/22	2022/23	2021/22	2022/23	2021/22	2022/23	2021/22	2022/23
	£000	£000	£000	£000	£000	£000	£000	£000	£000	£000
<b>Income</b>										
Donations & other grants	568	101	337	237	103	45	57	30	1,065	491
ANHSC Grants	0	0	121	0	44	44	0	185	165	229
Legacies	189	35	137	5	0	0	5	101	331	145
Fundraising	66	60	66	53	3	5	42	61	177	202
Investments	0	0	44	52	0	0	52	66	96	118
<b>Total income</b>	<b>823</b>	<b>250</b>	<b>705</b>	<b>384</b>	<b>150</b>	<b>94</b>	<b>156</b>	<b>451</b>	<b>1,834</b>	<b>1,179</b>
<b>Expenditure</b>										
Fundraising costs	12	15	3	3	3	1	279	246	297	255
Grants paid	199	350	505	468	102	130	311	179	1,117	1,125
Support costs	0	0	0	0	0	0	166	206	166	206
<b>Total expenditure</b>	<b>211</b>	<b>365</b>	<b>508</b>	<b>471</b>	<b>105</b>	<b>131</b>	<b>756</b>	<b>631</b>	<b>1,580</b>	<b>1,599</b>
	612	(115)	197	(87)	45	(37)	(600)	(180)	254	(419)

The overall cost of fundraising is 25% of total donations, grants, legacies and fundraising income (excluding investments) generated during the year.

## Income

Donation income for the year has continued to be dramatically impacted by the continued constraints on hospital visiting while the continuing relaxation of wider restrictions has meant further recovery in our events income stream.

The chart below reflects income by category for the past four financial years.



It is thanks to the kindness and generosity of people in the local community supporting Northamptonshire Health Charity, that has enabled us to help our local NHS hospitals and community healthcare services do more.

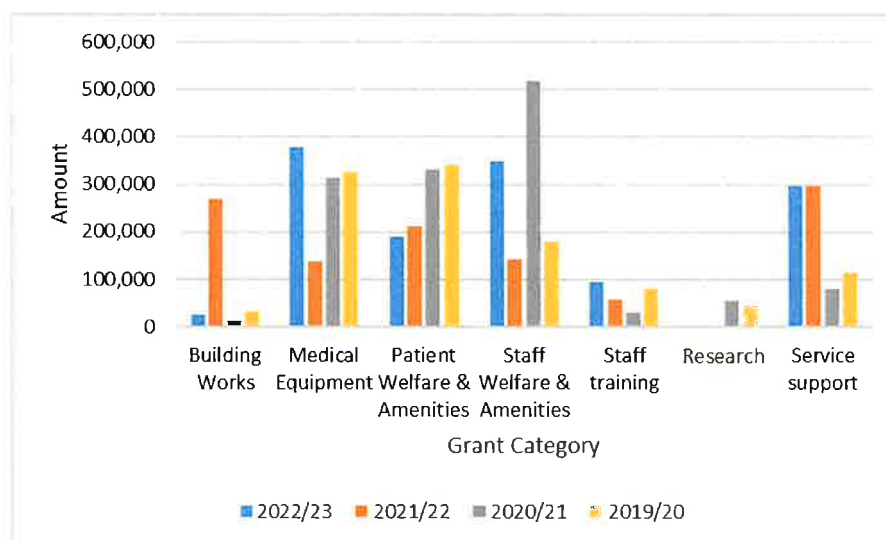
General donations and grants from Trusts and Foundations totalled £481k, while £206k was received from fundraising events and activities.

£145k was received via legacies from a number of generous benefactors. All legacies make a significant difference to healthcare in our hospitals. While unrestricted legacies enable us to do more to help where the need is greatest, where a legacy is restricted, the charity will always seek to effectively comply with the wishes of the donor.

£229k was received in grants from NHS Charities Together continuing to support projects and initiatives following the pandemic.

In summary our expenditure for the year is analysed in the table below by category:

- **Medical equipment:** £447k was in respect of providing specialist equipment to enhance diagnostics, treatment, care and recovery for patients in our hospitals.
- **Patient welfare:** £225k which was directed towards improving and enhancing the patient experience.
- **Staff welfare:** £413k which included continuing to provide opportunities for staff to pause and reflect along with practical assistance and restoration days, amongst other wellbeing projects.
- **Direct service support:** £103k (£292k including charity overheads), which includes supporting the growth of the volunteer services teams across both NGH and KGH.



On the following pages we share some of the specific impact stories from the past financial year.

We would like to take this opportunity to thank everyone who has donated to us, taken part in our events or completed their own fundraising activities – it is thanks to all of our supporters that all these wonderful things, and many more besides, have been able to happen.



## Our impact in 2022/23

From April 2022 to the end of March 2023, we spent £1.332 million on charitable expenditure improving your local NHS hospitals and community healthcare services.

### Funding prevention initiatives

To mark **Falls Prevention Week** in September 2022, the charity supported the Falls Roadshow at KGH, helping to raise awareness around preventing patient falls. This benefitted all wards and departments across the hospital, contributed to staff development and leads to benefits in patient care.

In November, we provided support for a series of activities to mark **Pressure Ulcer Prevention Awareness Week** by funding one thousand shatterproof mirror cards. The activities helped to enhance knowledge and awareness among hospital staff. Engagement with staff regarding pressure ulcer prevention directly impacts patient care and prevention on pressure ulcer development.

A grant from the charity funded a social event at West Lodge Farm Park for children with Type-2 diabetes. It's important to be able to fund events like this for children with both Type-1 and Type-2 diabetes, giving the community healthcare teams the added opportunity to educate children in managing their condition to prevent adverse side-effects and complications, some that could lead to future hospital admissions.

### Improving diagnostics in your hospitals

#### **Supporting early detection and diagnosis of heart conditions**

£101,474 was granted to NGH for an Echo Machine to support with training specialist registrars and highly specialist cardiac physiologists in the cardiology department. The machine produces very high-quality images, which are essential for early detection and diagnosis of certain conditions that can sometimes be missed because of the poorer quality images from less-specialised equipment.

#### **Speeding up heart procedures**

A further £14,000 enabled cardiology at NGH to purchase two additional licenses allowing multiple users to report on echocardiograms. The additional licenses mean echo reports for inpatients and outpatients will not be held up because the department's license is being used by training staff.

#### **Reducing health risks for patients with limited mobility**

£28,800 was granted to KGH for an Ergometer e-bike to perform stress Echo without the need for medication or Exercise Tolerance Tests (ETT) when patients have limited mobility. The Ergometer enables staff to increase a patient's heart rate in a more physiological way

with a significant risk reduction to the patient. This ensures a timely diagnosis without unnecessary delays caused by other diagnosis tests.

A grant of £7,700 to KGH bought an MRI conditional wheelchair and trolley to transfer patients to and from their new cardiac scanner. The enhanced model, available thanks to support from us, affords many more benefits for all patients compared with the standard NHS-funded alternative, including for those with limited mobility.

### **Breaking the language barrier**

£16,116 was granted to cardiology at NGH for a one-year trial of “Explain My Procedure”. These are animations to support communication and understanding of cardiology procedures for patients where English is not their first language. It is available in multiple languages including, Arabic, Bengali, Hindu, Turkish and Polish. Animations describe the procedures, their benefits, risks and alternatives in a patient-friendly language. It provides people with the time to better understand the procedure they require.

### **Supporting the Palpitations Clinic**

£1,490 funded 10 x Kardia hand-held heart monitors to support patients attending the nurse-led Cardiology Palpitations Clinic at NGH. Some patients will benefit from 6-lead monitoring, particularly those at risk of stroke and other conditions. The mobile devices enhance the opportunities for diagnosis and appropriate treatment planning.

### **Helping children**

£500 purchased books and flash cards to support patients who have been diagnosed with breast cancer. These are for women who have children to help ease the explanations to them at such an emotional and worrying time.

## **Enhancing treatments across hospitals and community healthcare services**

### **Assisting ‘Stitch’ the Surgical Robot**

£110,756 was spent from the Alfred Staden Legacy to provide cutting-edge equipment for use with the new Trust-funded surgical robot in the urology department at NGH. Our grant funded a bespoke surgical table (TruSystem 7000dV), which enables its positioning to be easily altered. This leads to increased efficiency and being able to better manage the patient when requiring optimal exposure and access to the target anatomy.

It means less time for the patient on the operating table due to the time saved having to manually alter the position of a standard operating table. Consequently, the patient’s time under general anaesthesia may be reduced.



**The AirStream flow system for use in robotic surgery**

An AirStream Intelligent Flow System was also purchased. This allows for better management of complex bleeding during surgery. Consequently, this also means a reduction in theatre time and a number of other benefits during surgical procedures.

### Training doctors across multiple disciplines

KGH received a £22,160 grant to buy an ORSIM bronchoscopy simulator to train doctors in anaesthetics, intensive care, respiratory medicine, paediatrics, and medical simulation. This equipment allows doctors to practice managing difficult airway situations in a simulated setting, which helps them gain valuable experience in dealing with these situations across a wide range of medical conditions in day-to-day clinical practice. The training can lead to a reduction in the risk of complications from challenging procedures and shorter waiting times for some procedures.

### Enhancing care for the elderly

Thanks to a £66,000 grant from the Florence Jessie-Cleaver Trust, we funded 10 x Reminiscence Interactive Therapy Activities (RITA) equipment for KGH.

These can benefit up to 156 elderly patients, many of them with dementia, across seven geriatric wards at any one time. Staff can provide more patient-centred care that helps reduce agitation, isolation, depression and delirium. Patients engage in meaningful activities and entertainment, tailored to their individual needs and personalities. It helps to reduce anxiety and boredom, improving mood and patient wellbeing, which can speed up recovery.



RITA equipment supporting elderly patients

Emergency Matron, Liz Meeks said: *"We had a very agitated patient...using RITA she began singing merrily along to a musical. It was fantastic to see the change!"*

### Helping people with cancer

We provided funding for the annual service and maintenance of the chemotherapy scalp cooling equipment in the Centenary Wing at KGH. This is a simple treatment that can help prevent hair loss caused by certain chemotherapy drugs. Proven effective in preventing or reducing chemotherapy-induced alopecia, allowing faster regrowth thus shortening the time a patient is without hair post-treatment and allowing them to get back another level of normality. When a patient's hair doesn't fall out it means they can keep their diagnosis private, take some control over their treatment and it helps boost their confidence and face treatment more positively.

## Supporting children, young people and babies born prematurely

### Safespace Cot

A Safespace Cot was purchased by the child health department at NGH, funded by a £10,668 grant from the charity, to provide a safe sleeping and care space for children with complex needs. When they outgrow a standard cot bed and need to spend time in the hospital, they only have access to regular beds meaning their parents or carers feel the need to stay with them constantly. The Safespace cot means parents/carers can take much-needed breaks to rest and refuel.

It can also be used as a small sensory space for the children on Paddington ward without having to rely on always using the child development centres' facilities. This creates more opportunities for complex needs children to experience a sensory environment while being treated in the hospital.



Twin Heated Cot supporting more sets of twins at any one time

### Twin Cot

There can often be more than one set of twins being cared for in the local neonatal and special care baby units following premature birth at our acute hospitals. A £4,275 grant enabled the KGH unit to purchase an additional Twin Heated Cot, which means that more sets of twins can be supported together at any one time rather than having to wait.

### Improving the experience for patients in the stroke unit

£3,907 funded an Accuvein handheld viewing system for Benham Hyper Acute Stroke Unit at NGH allowing staff to see veins more clearly for more effective venipuncture procedures. It means less discomfort for the patient, and it is also useful as a training aid.

### Enabling better patient outcomes for Rheumatology

A £1,312 grant to KGH meant the Rheumatology department could purchase a 3-year renewal subscription of the "Uptodate" clinical resource, which helps medical professionals make appropriate care decisions and drives better patient outcomes.



## Supporting mental health

### Patient artwork

We have funded the installation of some delightful artwork on the walls of the Wheatfield Unit at Berrywood Hospital. The NHFT unit delivers mental well-being support for men who have been detained under the Mental Health Act and meet the criteria for low secure care.

Staff came up with the idea to use photographs taken by patients as part of a photography project as well as some original artwork by patients. A competition was held for patients and staff to vote for favourites – 3 photographs were selected, and 2 watercolours were made into panels. The artwork makes the ward feel less clinical and contributes to both patient and staff well-being.



### Activity packs for people with learning disabilities

£2,304 funded 480 Activity Packs to benefit people with learning disabilities in the local community. The idea originated during the pandemic when the charity funded Summer Staycation packs, which gave much-needed support to people who would have otherwise been out and about at various day groups or on group holidays. The packs offer ideas and inspiration to service users, their families and carers, and continue to make a difference.



### Sports and activities for adults

£1,400 in funding was agreed for another year of football sessions for patients receiving treatment for mental health conditions at the Welland Centre, St Mary's Hospital, Kettering. Participation in regular physical activity can increase self-esteem and reduce stress. Physical activity can improve the quality of life for those experiencing mental health problems and some patients continue to attend and enjoy the football sessions after being discharged.

Grants totalling just over £3,000 also funded pool tables for patients to use on wards at both St Mary's Hospital and Berrywood Hospital in Northampton.

## Enhancing patient experience for young people

£800 was granted to NHFT to purchase a range of items for The Sett, an inpatient unit for the Child and Adolescent Mental Health Service (CAMHS). Ranging from colourful and comfortable beanbag chairs, rattan garden chairs and two-seater Bistro sets, to ice crushers and nail lamp and polish kits – these are things that help young patients participate in engaging activities alongside their treatment plans.

## Accelerating recovery and rehab in your hospitals

### Rehab garden for patients in ICU

Holly Worland, a Healthcare Assistant in the KGH neonatal unit, formerly in ICU, spearheaded the creation of an ICU Rehabilitation Garden with a £10,000 charity grant from the charity.

Additional fundraising efforts by Holly and others support its contents and future upkeep. This outdoor space offers significant benefits for ICU patients, who typically stay in the unit for around 21 days, providing vital exposure to natural light and fresh air, aiding rehabilitation and mental health. It also allows intensive care patients to spend quality time outdoors with loved ones, including children and even family pets when appropriate.



### Enhancing care for stroke recovery



**Community Stroke Team**  
demonstrating equipment we funded  
thanks to the local Conservative  
Club's donation

We granted £3,162 to the community stroke team at NGH so they could buy 20 x E Stim Machines and 2 x PACE FES (Functional Electrical Stimulation) Kits, which are making a massive difference to the care the team provides to patients in the local community recovering from stroke.

The team provides a stroke rehabilitation service driven by highly skilled clinicians consisting of occupational and speech therapists, physiotherapists, nurses and rehabilitation assistants. After they are discharged from hospital, members of the team visit patients in their own home, working with them to develop a rehabilitation programme.

Having access to the extra equipment, one of the physio's said: *"It's made life so much easier...just being able to access this equipment much quicker for my patients"*.

### **Supporting patients with poor posture**

Donations from the Brackley Friends Charity in 2021 supported our grant of £4,918 to Brackley Community Hospital this year, for them to purchase two Remtec 'Mobile Multi' chairs. The multiple positioning of the chairs particularly helps patients who have poor posture prior to starting their rehabilitation.

### **Cycling to recovery with therapy bikes for community hospitals**

Abseiling, half marathons and mountain climbing are among the fundraising feats by staff on a rehabilitation ward at Isebrook Hospital (NHFT) in Wellingborough, that helped towards the £6,495 we granted NHFT for a new rehab bike.

The Therabike is helping patients on Hazelwood Ward suffering from neurological and mobility conditions, including strokes. The static bike gives feedback on how much work a patient is achieving on either side of the body, helping build strength in the arms and legs.

The charity also funded a Therabike and accompanying standing frame to benefit patients at Brackley Community Hospital.



## **Helping patients with cancer**

### **Funding short breaks**

The charity granted £9,590 to ensure patients receiving treatment for cancer at NGH can continue having the option to get away for a caravan stay at Meadowbank Holiday Park, near Bournemouth. Holidays are booked in between or just after treatment and the holiday park is near to the local hospital, which has close links with NGH ensuring patients have all the support they need during their stay. The ongoing feedback from patients is always very positive.

### **Yoga sessions**

Thanks to a £3,000 donation from the Leon Barwell Foundation, we can continue funding Stretch to the Future Yoga sessions for local cancer patients in Kettering through the KGH Cancer Support and Information Centre. This grant also enables the NGH Cancer Support Centre to provide yoga sessions to their patients.





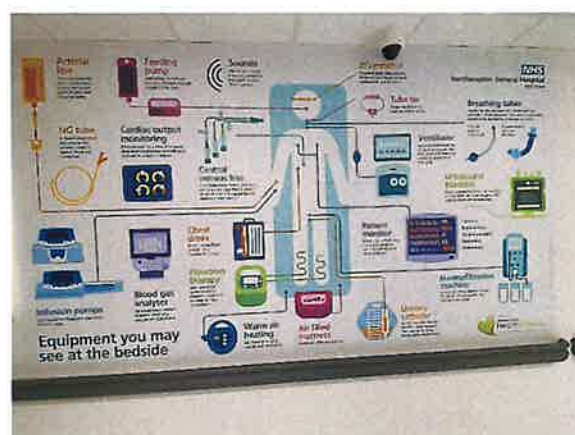
These sessions benefit individuals awaiting treatment, undergoing treatment, or within 1-year post-treatment. Many participants who may have never considered yoga before are now learning new skills, connecting with others in similar situations, and addressing treatment side effects like fatigue, insomnia, stress and anxiety. These sessions promote both physical and mental well-being while fostering a sense of community among patients.

## Enhancing the environment for patients and staff

## Supporting the NGH Critical Care Unit

We granted £26,000 to NGH to fund a range of extras for the brand-new NHS-funded Critical Care Unit, which opened in June 2022.

From the colourful vinyl infographics that help to explain to relatives what different pieces of equipment are used for in the unit and what they do for their loved one, to a stunning mural; comfortable modern furniture for the new family and relatives' room and LED sky lights so patients lying down for long periods have something nice to see instead of the usual blank ceiling tiles.



## Breaking bad news room

Funding was granted for furniture for a room on the Urgent Care wards at KGH, where staff can break bad news about a patient's prognosis with their relatives, providing a comfortable and confidential space at a time of emotional stress. The comfortable furniture plays an important role in creating the right environment for patients who are anxious and looking for reassurance.



### Supporting end-of-life-care

Following the overwhelming positive feedback from relatives after the first Swan Room was opened on Creaton Ward at NGH (charity-funded 2021/22), further donations enabled us to fund a second room on Talbot Butler Ward and then a further two rooms on other wards in the hospital.

These are side rooms decorated to look and feel much less clinical. They include a comfortable bed-chair and locker containing a Bluetooth speaker, drink making facilities, a multi-lead phone charger, comfort packs and other resources to support people spending time in hospital with a loved one who is dying. It allows them to spend quality time together away from the hustle and bustle of a busy ward environment, giving them space and time to say a proper goodbye.



### Supporting more families

To support even more patients and their families, a Swan Family Room has been opened. Not all relatives or caregivers live local to the hospital and this room provides a comfortable space for them to relax, with access to kitchen and washroom facilities. The space provides an opportunity for relatives to take a rest break when they are visiting their loved one but where they can still remain on-site. It helps to alleviate the anxiety that can occur when relatives need to return home for these things and their loved one passes away while they are not there.

### Helping those who have experienced sexual assault

Magnificent changes have been made to create a new-look family room at the Serenity Sexual Assault Referral Centre (SARC), run by NHFT. Serenity provides emotional support, and acute and historic examinations to adults and children in Northamptonshire and Leicestershire who have experienced sexual assault.

Fay Wickett, Serenity manager, said: *"This room is now bright, colourful and calming with lots for children to do which is crucial when they, or a family member, is being supported by Serenity."*



## Supporting our NHS staff

### Wellbeing hub

Thanks to a grant from NHS Charities Together, we were able to contribute £46,000 towards the creation of a dedicated hub at NGH for staff, volunteers and clinical students. OurSpace opened during Mental Health Awareness Week 2023 and is a permanent 24/7 area for colleagues to access to relax and recharge. The idea for the hub, which grew from a charity funded COVID19 support project, opened following a year of planning and dedication from multiple teams, plus additional financial support from NGH.



### Eat Street Restaurant

Funding was granted to NGH towards the refurbishment of their on-site restaurant. Eat Street opened in summer 2022 with the charity funding more colourful and comfortable tables, benches and seating. Our grant has helped to completely transform the whole environment of the restaurant to provide a more welcoming, comfortable and modern space for staff, with 24/7 access. The restaurant also benefits patients' visitors.

### Reflect and reconnect days

Thanks to grants from NHS Charities Together, £44,000 funded "Reflect and Reconnect" days for NHFT staff. The aim was to give staff an opportunity to pause from their normal work activities and to have some protected time to informally reconnect at a social and personal level, as well as reflect and process what they have been through during and after the pandemic.

### **PNA restoration days**

We provided funding for Professional Nurse Advocate (PNA) restoration days for NGH staff, which are beneficial for staff wellbeing, morale and professional development. These days help to open up communication between staff and improve working relationships. Designed to reflect on the team, individual job roles, organisational challenges, with Q&As with the matron.

### **Nursing and Midwifery conference**

The charity granted funding for the inaugural NGH Nursing and Midwifery Conference, which has become a highlight of the year for nurses. The event improves staff wellbeing, engagement and morale across the nursing workforce. The event serves to support the Pathway to Excellence programme which improves recruitment and retention of nurses at NGH.



### **Care Café**

The Care Café is an inviting and comfortable space run by the KGH volunteers, where staff can escape for a break and unwind with a free drink. For its relaunch in September 2022, we funded consumables and resources so that this wonderful initiative could continue.



### **Improving staff break areas**

Funding was provided for furniture and equipment for the ICU staff area at KGH, to enhance staff experience during their break times. It ensures that when they are away from the clinical areas, they can be well rested. Having comfortable furnishings results in refreshed staff working back in the clinical areas, reducing stress during their shift.

## **Recognising staff achievements**

### **NHFT Quality Awards**

We were proud to be the main sponsor once again for the NHFT Quality Awards, held in December 2022. As gathering together in large numbers was still only beginning to return, NHFT held a virtual event. It remains an important and very popular annual event for recognising the achievements of NHFT staff and the services they provide, bringing people together.



## University Hospitals of Northamptonshire Staff Excellence Awards

In March 2023, NGH and KGH held their first in-person Staff Excellence Awards since before the COVID pandemic and we are also proud to have been the primary sponsor for this event. It marked the first-time colleagues from NGH and KGH gathered together as a Hospital Group. The awards are so important in taking time to acknowledge the dedication and commitment of staff at our local hospitals, including volunteers and fundraisers, and celebrate all that has been achieved together over the past year.



Both sets of staff recognition events include a charity-sponsored award to celebrate staff fundraisers who are some of our charity champions within the Trusts.

## ThankuFest

In the wake of COVID19, we are pleased to have supported the 15-month-long 'thankufest' initiative, celebrating and thanking our local NHS staff for their incredible resilience throughout the pandemic and beyond. We provided funding for the festivities to show our enormous appreciation to our NHS heroes who put themselves and their families at risk every day throughout the pandemic. Fifteen events hosted at various venues across the county, including live music from some of the UK's top performers, fun-packed family activities, alongside fantastic local food and drink.



## Patient wellbeing

### Christmas Gifts for Patients

The 2022 Christmas Gifts for Patients appeal was once again supported very well by people in the local community, NHS staff and local businesses across the county, enabling us to provide every inpatient with a gift bag of items on Christmas day. Thanks to the appeal, more than 1,800 gift bags were given out by staff on Christmas day across NGH, KGH and NHFT.



### Birthday cards for patients

From the larger projects to the little extras, like birthday cards for inpatients, coordinated by the volunteer services teams. These make even more of a difference to those patients who have no relatives or visitors, particularly the elderly.

## Our fundraising

### Current fundraising appeals

#### KGH Treatment Centre

We are looking to complete the new KGH Treatment Centre waiting lounge and garden by October 2023. This project has been funded thanks to the £390,000 donation to us from Crazy Hats.



#### Twinkling Stars

Since its launch, £253,930 had been raised as of 31/03/2023 with a phenomenal amount of support from bereaved parents, their families and friends. KGH advise the building works should commence in late spring 2024, with an expected completion date sometime during 2025. Funds are still being raised to go towards providing those important finishing touches to the new maternity bereavement suite and garden area.



#### Gosset Ward Parent Rooms

This appeal is to support parents to be near to their baby when they are unwell and being cared for in the local neonatal unit at NGH following premature birth. With construction and refurbishment works completed and furniture and room contents to follow, we are confident this project will complete before the end of 2023.

#### Daisy Suite Appeal

Fundraising is ongoing for this appeal to enhance the maternity bereavement facilities at NGH. Since its launch in November 2022, £26,291.42 had been raised as of 31/03/2023. Similarly, to Twinkling Stars, we have some amazing support from bereaved parents, their friends and families.



#### Children's Play Area

£91,287 had been raised as of 31/03/2023. The teams involved at NGH are working hard to move the project forward so that work can begin and children in hospital can start benefitting from the new play area, which will improve accessibility and offer a wide range of benefits.



## Our events

Throughout the year, the charity team organized and coordinated a number of fundraising events and initiatives that encouraged NHS staff, grateful patients and families, and many other supporters to get involved.

In May, eight daredevils jumped out of a plane from 13,000ft in our annual Skydive day raising funds to benefit a number of different departments, including Accident & Emergency, Emergency Paediatrics, the Centenary Wing at KGH and Hawthorn Ward at NGH.



June saw ten of our amazing supporters abseil the iconic 418ft Northampton Lift Tower to raise money for our general funds or the ward/department closest to their hearts.

Our own Avengers Assembled in July for a Superhero Fun Run at Wicksteed Park in Kettering, helping to raise funds for the Twinkling Stars Appeal amongst other projects.

Our seventh annual Golf Day took place at Northampton Golf Club in September. Sponsored by MHA Caves Wealth, Rieker and Complete Safety Systems Ltd, the event raised money for the NGH Children's Outside Play Area Appeal and the KGH Twinkling Stars Appeal.

In October, we returned to The Raj restaurant in Kettering for our third Curry & Quiz Night supporting Twinkling Stars before bringing the format over to Northampton in March 2023, raising funds for the NGH Daisy Suite Appeal.

## A special thank you

- NHS Charities Together donated £229K worth of grants, supporting a range of projects, especially concerned with continued post-pandemic recovery and staff wellbeing.
- The Florence Jessie Cleaver Trust donated £66,000 for us to fund equipment to enhance care for elderly patients, and those with dementia, at KGH.
- A team of fundraising cyclists calling themselves the Numbnuts raised over £21,000 in aid of Willow Ward at NGH.



- We received £8,800 to benefit the Twinkling Stars Appeal at KGH from an investment management company, thanks to the Buchanan Programme and Tristan Macro.
- £7,296 was donated by the Trustees of the Hannah Payne Memorial Trust to fund the Swan Family Room at NGH, supporting relatives of those receiving end-of-life care.

- Dave and Christina Cooper at The Rising Sun Pub in Kettering raised £5,740 supporting the Children's Outside Play Area and Daisy Suite Appeals at NGH.



- Sue Adkins held her fifth annual Afternoon Tea Weekend and donated the £5,450 raised to benefit Talbot Butler ward at NGH. This brings the total raised by Sue, husband Phil, their family and friends to £14,295 over five years, supporting a range of wards and department across the hospital.

- £5,489 was raised for the Gosset Ward Parent Rooms Appeal from a charity ball organised by Lewis and Katrina Whitham.

- Lucy Chaplin organised a charity ball with her friend, Joanne Griffiths raising more than £10,000 for charity with a £5,411 donation to us, supporting the Children's Outside Play Area Appeal.



- £4,700 was received from The Rotary Club of Kettering and The Rotary Club of Kettering Huxloe for the Twinkling Stars Appeal.

Our charity team would love to hear from anyone wishing to support our local hospitals and community healthcare services, please contact us on:

Telephone: **01604 626 927** Email: **greenheart@nhcf.co.uk**

Or visit our website to see the latest news and information.

**[northamptonshirehealthcharity.co.uk](http://northamptonshirehealthcharity.co.uk)**

## **Charity longer term plans**

As the charity enters its eighth year of independent operation, we retain our targeted major action plans:

- To make full use of the Springfield grounds as an effective resource for the fundraising activities of the charity.
- To continue working with the operations teams at each trust to develop plans to maximise the benefits of the grant and legacy funds we currently hold.
- To fund the R&D initiatives at NGH to support an expansion in research related to diabetes utilising the Lorna Smart legacy.
- To continue raising awareness of the charity and to maximise fundraising activities across the county in support of all three trusts.

### **Plans for 2023/24**

- To continue to improve areas for patient care and staff benefit.
- Further initiatives include the creation of maternity unit bereavement rooms, as well as completing the KGH treatment centre waiting area, the parent rooms for the NGH neonatal unit and the outside play area for the NGH children's wards.
- To continue to support events which offer opportunities for mental health service users to be actively involved.
- Continued support to local community care service provision including increased provision of complementary therapy sessions and skills development sessions.
- To celebrate 75 years of the NHS and raise funds to support staff wellbeing by improving break areas and other staff facilities.
- Increase awareness about the charity across the Trusts and increase its income, with a view to rolling this out across the wider community.
- To focus on increasing income into the charity's general funds as the more general unrestricted funds we have available, the more projects we can support right across all three Trusts.



## Our Trustees

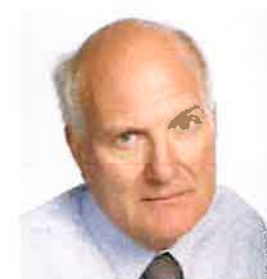
### **Sushel Ohri (Chair)**

Sushel has over 30 years' experience in diverse roles, at both levels of government, primarily in local government. This includes over a decade at board, director/chief officer level including responsibilities for Policy & Strategy and Equalities/inclusion. He started his career in social work and established Sushel Ohri Associates Ltd in 2002, a consultancy company specialising in equalities and inclusion. Sushel has 7 years' experience as a non-executive director of NHFT, including 12 months as Deputy Chair and has been a Trustee of NHCF for 7 years. Sushel was elected Chair of NHCF on 7<sup>th</sup> July 2023



### **Nick Robertson (out-going Chair)**

Nick is a Chartered Accountant with a degree in Engineering and Economics from Oxford. He spent most of his career with Royal Dutch Shell, working in many countries, mainly in finance roles but also in general management and HR. His last eight years were as Vice President, Group Risk Management and Insurance. Since leaving Shell he has pursued a number of interests, consulting on risk management with large industrial companies and advising smaller oil and gas companies on financing. He has been a governor of the University of Northampton and a member of the Board at Northampton General Hospital.



**Note – Nick stepped down as Chair on 17 July 2023, however, remains a board member**

### **Andrew Cockerill**

Andrew is a director of financial planning and investment management group MHA Caves Wealth and has more than 30 years' experience of advising on and managing portfolios for private clients, trusts and charities. He was born in Northampton and is still resident in the town.



### **Paul Currie**

Paul is a Partner at DFA solicitors in Northampton, a full-service law firm that has advised businesses and individuals across the county and beyond for over 180 years. Paul advises on a variety of clients, from FTSE 100 companies, to small start-up businesses and private individuals, on a wide variety of commercial and civil disputes. As well as dealing with the full range of contract claims, company & partnership disputes, and regulatory matters, Paul also advises clients in relation to public procurement disputes and issues relating to defamation and brand protection.



### **Jill Houghton (Nominated by NGH)**

Jill has had considerable experience across all sectors of healthcare, at board level, with a clinical background in nursing, midwifery and health visiting. A Quality Improvement (QI) Fellow, having trained with the international Institute for Health Improvement and experience of applying this methodology across the East of England as Clinical Lead of Maternity and Neonatal Services for an Academic Health Science Network. Currently, Jill is a Non-Executive Director (NED) at Northampton General Hospital NHS Trust (NGH) and is the NED Maternity & Neonatal Safety Champion for NGH.



### **David Maher**

David joined NHFT in April 2021 from Northeast London Integrated Care System, where he was Managing Director for the City and Hackney Clinical Commissioning Group (CCG). There, he was Senior Responsible Officer for Mental Health and led on Community Based Care and End of Life Care across northeast London. David has a strong track record of working in mental health, learning disability and autism services. He previously worked as a national commissioning advisor for the NHS Sustainable Development Unit leading on sustainability and social value. David is passionate about people and communities, believing that kindness is the basis of all good relationships. David is a fellow of the Royal Society of Arts, is a non-voting member of the NHFT Board and is the Trust's Senior Information Risk Owner.



### **Deborah Manger**

Deborah Manger has lived and worked in Northamptonshire for over 30 years. Her roles have included Specialist in Special Care Dentistry and Deputy Medical Director in NHFT and more recently Deputy Dental Dean for the Midlands and East of England. She has worked across primary and secondary settings in delivering the care, leading theatre teams at KGH and NGH and delivering complex care in Corby and Wellingborough. Over the years she has had experience of the added value that the charity can offer and so is keen to support the charity achieve its aims.



### **Richard Marsh**

Richard trained in anaesthetics and intensive care medicine in London, Oxford and Glasgow. He was a Consultant in Anaesthesia and Critical Care at Northampton General Hospital from 1983 to 2011, and from 1994 was the Clinical Director of Intensive Care. He was also Regional Adviser for Anaesthetics for the Oxford Region and Chairman of the Northampton Medical Staff Committee.

Since retirement he has been a member of the management committee of the Royal Cruising Club Pilotage Foundation responsible for the website and database of international pilotage information for yachtsmen. He has also served as chair of Ravensthorpe Parish Council. Richard has a particular interest in the



history of medicine and nautical history and has recently become a trustee of the Hakluyt Society.

### **Deborah Needham**

Deborah has over 30 years' experience of working in the NHS, in Manchester, London and Northampton. Deborah started her career in Greater Manchester where she trained and qualified as a Registered General Nurse, Deborah moved into General Management in 1999 and has been a Board Director since April 2014 taking the roles of Chief Operating Officer/Deputy CEO, Hospital CEO at Northampton General Hospital before commencing at KGH as the CEO in March 2021.



Deborah has a strong track record of delivery & her main strengths lie in building excellent teams & developing them to ensure delivery of exceptional patient care.

### **Liz Nicholls**

Liz spent the majority of her career in FMCG and retail with leading names in the industry. She has delivered marketing campaigns and in-store events to millions of customers, working with big brands and well-known international companies. Following this, Liz set up and ran her own consulting business, providing strategic advice to suppliers and leading management consultants in the UK, Europe and Australia. She now splits her time between her work as a barrister and managing her consulting and sustainability companies. Liz lives in Northamptonshire with her husband and their son, who was born in the Barratt Maternity Home at Northampton General Hospital. Liz was appointed NHCF Vice-Chair in July 2023.



### **Judit Seymour (Nominated by NHFT)**

Judit started her professional career as a commercial barrister and later transitioned into risk management in financial services. Her experience ranges from enterprise risk management, culture change, transformation change management and stakeholder relations. As her children were growing up, she decided to refocus her career on building a non-executive portfolio of roles with organisations in the public (NHS, emergency services), private and third sectors (HE/FE and legal services). She currently holds a number of non-executive roles, including at Northamptonshire Healthcare Foundation Trust, as Vice-Chair at University of Bedfordshire and Chair of Scope Ratings UK Ltd. Judit lives in Bedford with her husband and two dogs.



### Heidi Smoult

Heidi Smoult is Chief Executive of Northampton General Hospital NHS Trust, a role which she has held since August 2021. Heidi is passionate about delivering the highest quality healthcare to our communities across Northamptonshire. She leads her teams to strive for continuous improvement and innovation, driven by the desire to offer patients the best care possible, and creating an empowering, supportive culture for the benefit of staff and volunteers in the hospital.

Heidi has a wealth of health and care experience, having started out as a midwife before taking roles in the operational running of NHS Trusts. Latterly she was Deputy Chief Inspector of Hospitals at the Care Quality Commission (CQC), leading regional and national work in the role she held for seven years.

Outside of work, Heidi is a proud mum to two happy boys, enjoys spending time outdoors, home renovations, and is at her happiest surrounded by family and friends.



### Phil Zeidler

Phil had a successful career as an entrepreneur in financial services, building a number of businesses, including the largest independent outsourced distributor of general insurance in the UK. He went on to Chair several other insurance businesses, a music fund and two consultancies specialising in strategy and change management and was also Non-Executive Director of NGH for 10 years. His core skills lie in strategic planning, innovation and developing strategic relationships. He is married to a consultant paediatrician.



### Charity Director – Keith Brooks

Keith joined NGH as Financial Controller in 2004 and retired from the role in 2016 to become the Charity Director after guiding the charity through adoption of independent status. Prior to this, his earlier career was linked to the Rail industry in which he was actively involved in supporting the changes leading up to the industry's privatisation.

Keith's early third sector involvement was with Christian-based charities, primarily in Methodist Church related roles, which currently includes him being the Northampton Methodist Circuit Treasurer. Keith was elected to be a Council member of NHS Charities Together in 2013 and was its Treasurer from 2016-2023.



**Note – Keith retired as Charity Director in July 2023 and Jonathan McGee joined as the new Chief Executive.**



## **Basis of preparation and legal framework**

The Trustees of Northamptonshire Health Charitable Fund present the Charitable Funds' Annual Report together with the Audited Financial Statements for the year ended 31 March 2023.

The Charity's annual report and accounts for the year ended 31 March 2023 have been prepared in accordance with the Charities Act 2022 and the Charities Statement of Recommended Practice 2015 as applicable to the Financial Reporting Standard 102.

The Charity's report and accounts include all the separately established funds for which Northampton General Hospital, Kettering General Hospital NHS Trust and Northamptonshire Healthcare NHS Foundation Trust are the joint beneficiaries.

Full Name of Charity: Northamptonshire Health Charitable Fund

Registration Charity Number: 1165702

The principal office is at: Springfield, Cliftonville, Northampton, NN1 5BE

The trustees are supported by Fund advisors drawn from the three health organisations who provide expert advice with regard to grant making decisions and are co-ordinated through the working of formally constituted sub committees for each trust.

The advisors and administrators used by the Charity during 2022/23 were:

Bankers	Lloyds Bank, 2 George Row, Northampton Natwest Bank, 16 High Street, Kettering
Solicitors	DFA Law, 2 Waterside Way, Northampton
Auditors	Hawsons Chartered Accountants, Jubilee House, 32 Duncan Close, Moulton Park, Northampton NN3 6WL
Investment Managers	Black Rock, 33 King William Street, London EC4R 2AS Ruffer AIFM Ltd, Darlington, DL1 9RN CCLA, One Angel Lane, London, EC4R 3AB

The accounting records and the day-to-day administration of the funds are undertaken by the charity team located at Springfield, Cliftonville, Northampton NN5 1BE.

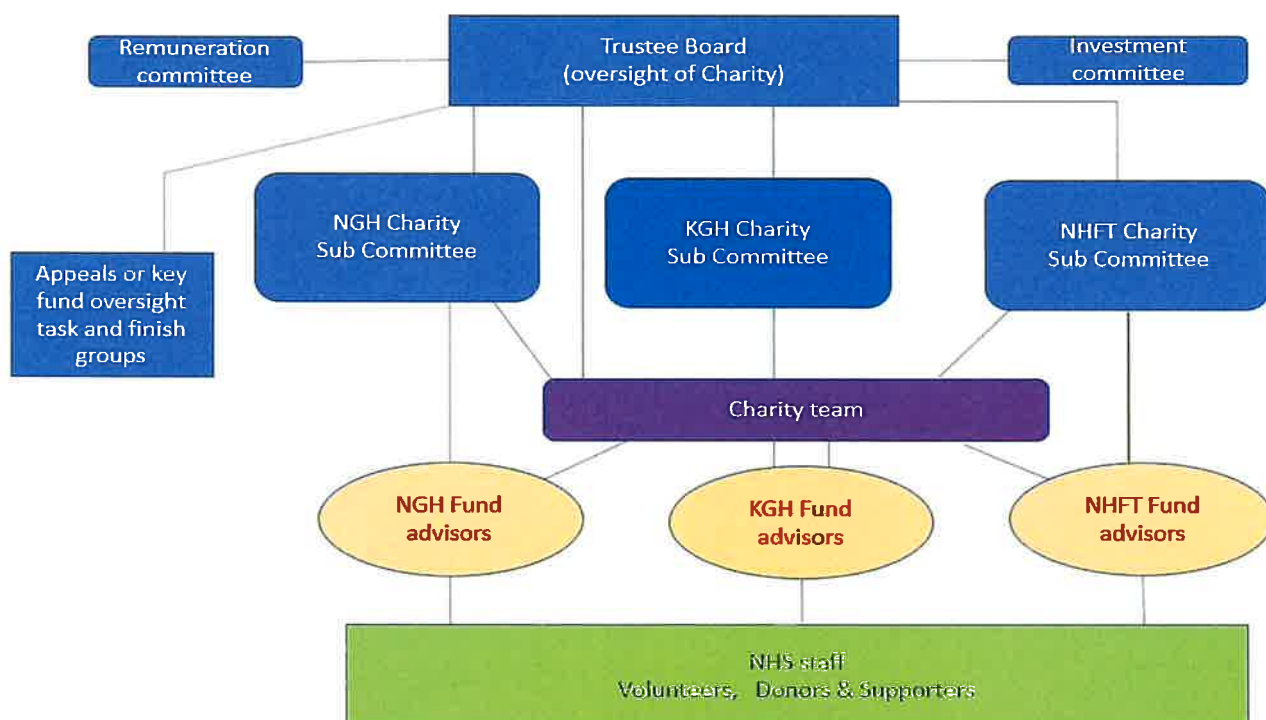
Mr Keith Brooks acted as the principal officer overseeing the overall financial management and accounting for the charity. Day to day management was vested with the Financial Controller Mrs Louise Abarak and Charity Accountant Mrs Caroline Donaghy.

## Structure, Governance and Management

The Charity is registered as a Charitable Incorporated Organisation, the fund balances of the previous NHS charities being transferred in by way of a Transfer deed such that all previous designations and restrictions remained in place. New donations and gifts received by the charity that are attributable to the original funds are added to those fund balances.

The Charity fulfils its legal duty by ensuring that funds are spent in accordance with the objects of the fund. By designating funds, the trustees respect the wishes of our generous donors to benefit patient care and advance the good health and welfare of patients, carers and staff of specific units across the county. Where funds have been received which have specific restrictions set by the donor and will not be readily complied with by using an existing fund, a new restricted fund is established and used for that purpose only. The endowment funds of the charity include the permanent endowment from the estate of Constance Travis, income from which is used to support specific departments in line with her wishes.

The working arrangements of our overall governance framework are reflected below.



## Trustees

There will usually be fifteen trustees overseeing the activities of the charity, of whom two will be nominated by NGH, NHFT and KGH, but there must be at least seven independently appointed trustees. Every charity trustee will be appointed for a term of up to four years by a resolution passed at a properly convened meeting of the charity trustees. An outgoing charity trustee may be re-appointed but no individual may serve as a charity trustee for more than 10 years in total unless the charity trustees consider there to be exceptional circumstances which justify a longer term.

In selecting individuals for appointment as trustees, the existing charity trustees will have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

Newly appointed trustees are provided with information about the charity, including the trustees' annual report and accounts, budgets, policies and minutes, and information about trusteeship. The Chair gives new trustees a briefing on the current policies and priorities for the charity and ensures any additional training that their role may require is also offered.

During the year the following trustees came to the end of their service: Fiona Barr and David Latham.

## Charity staff team

The charity employs a team of ten staff undertaking the full range of roles to ensure that both fundraising and grant making are effective while also undertaking all the necessary administrative activities of the charity and most importantly maintaining links with our valued donors.

## Charitable Funds Sub Committees

Acting for the trustees, the Sub Committees are responsible for providing local advice and oversight and are required to:

- Oversee the nomination of fund advisors for each fund related to the organisation and annually review those nominations.
- Determine the strategy regarding utilisation of charitable funds and to communicate this to nominated fund advisors.
- Establish and oversee a business plan for the spending of the charitable funds for each financial year, ensuring there is sufficient funding in place to cover at least the year's planned expenditure while being aware of the need to retain appropriate reserves.
- Monitor income, expenditure and balances of the funds, ensuring the funds are operating within available resources through receiving reports relating to the financial activity on each fund.

- Ensure that requests for funding meet the purpose of the charity and approve expenditure above individual advisors limits up to the value of £25,000 and recommend schemes for approval above this level to the main charity trustees.
- Review requests for usage of the charity's general or un-earmarked balances and determine which, if any, shall be recommended for consideration.
- Identify and endorse proactive fundraising initiatives and commit resources as appropriate.

### Fund advisors

Fund Advisors are drawn from the senior staff within each Trust. There are normally two or more fund advisors for each specific fund. The advisor is expected to oversee grant requests from their part of the organisation ensuring they are appropriate and have received the necessary approvals according to the Trust's internal control procedures. Fund advisors are also required to review donations received and identify ways that the gifts can be utilised to support their department working with their teams. They are also asked to ensure that impact statements are produced demonstrating benefit from recent charity purchases.

### Fundraising arrangements

The fundraising team organise fundraising events and co-ordinate the activities of our supporters both in the hospital and in the wider community on behalf of the Charity. A professional commercial participator has been used for the organisation of the ThankUFest events. There have been no complaints about fundraising activity this year.

In August 2019 the charity registered with the Fundraising Regulator showing we are committed to following its Code of Fundraising Practice. Our guidance and working practices are in line with the guidance they issue. Volunteer fundraisers are given support in compliance through our fundraising agreement documentation.

We currently do not follow a policy of distributing direct marketing material to previous donors.

### Volunteers

The charity has a specific team of volunteers who undertake a care and maintenance role in relation to the charity's historical archive. The charity also works closely with the volunteers of both NGH and KGH for fundraising and administration tasks.

### Public Benefit Test

In accordance with the 2022 Charities Act, the Trustees have ensured that due regard has been taken to ensure that all expenditure incurred has met the Public Benefit test.



## Risk Management

The major risks to which the charity is exposed have been identified and considered.

They have been reviewed and systems established including holding a formal risk register which is subject to review on a quarterly basis by the trustees and includes reference to mitigating actions.

## Reserves Policy

The Charity principally receives income into the funds from donations and legacies, augmented with active fund raising. This is considered not to be part of the free reserves of the charity, as they are available to spend at the request of the fund advisors.

Where there is a large restricted fund, usually as a result of a legacy, these funds are not considered to form part of the reserve value calculation, but will be held until formal spending plans are agreed.

Accumulated investment gains are retained as reserves to cover 2 years of charity operating costs, whilst also acting as a centrally held fund to protect against a fall in investment values equivalent to 10% of the current value of the investment portfolio. The higher of these values is considered as the minimum level of free reserves the charity should plan to hold.

## Investment Strategy

The investment funds are pooled, that is, not allocated to specific funds but consolidated currently into two portfolios. This reduces the costs of administration, diversifies some of the risk in investing and reduces necessary balances held in cash.

The constitution of the charity permits the investment of funds, employment of a professional fund-manager, and arrangement for the investments or other property of the CIO to be held in the name of a nominee, in the same manner and subject to the same conditions as the trustees of a trust are permitted to do by the Trustee Act 2000.

The trustees when agreeing investment decisions refer to the policy which looks to obtain satisfactory financial returns from investments while seeking to minimise the risk to the capital base of the charity. This is considered to be a low-risk approach.

There is also a specific limitation that investments should not be held in companies whose business is mainly or significantly concerned with the tobacco and brewing industry.

## Partnership Working and Networks

NGH, KGH and NHFT are the main beneficiaries of the charity. By working in partnership with the Trusts, the charity seeks to use its available funds to best effect. When deciding upon the most beneficial way to use charitable funds, the trustees have regard to the main activities, objectives, strategies and plans of the Trusts subject to such use meeting the objectives of the charity.

We particularly seek to encourage and support volunteering as a way of enhancing the patient experience within both trusts.

Wider partnerships are also very important to the charity. Throughout the year working relationships have been formed with members of the corporate sector, the local community and membership organisations as well as individuals. Thanks must go to all those who have made donations to the charity.

## **Statement Of Trustees' Responsibilities**

Under charity law, the Trustees are responsible for preparing the annual report and the financial statements for each financial year which show a true and fair view of the state of affairs of the charity and of the excess of income over expenditure for that period.

In preparing these financial statements, generally accepted accounting practice entails that the trustees:

- Select suitable accounting policies and then apply them consistently;
- Make judgments and estimates that are reasonable and prudent;
- Observe the methods and principles set out in the Statement of Recommended Practice applicable to all charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (Charities SORP (FRS102));
- State whether the financial statements comply with the charity objectives, subject to any material departures disclosed and explained in the financial statements;
- Prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue its activities.

The Trustees are required to act in accordance with the constitution of the charity, within the framework of trust law. The Trustees are responsible for keeping proper accounting records, sufficient to disclose at any time, with reasonable accuracy, the financial position of the charity at that time, and to enable the trustees to ensure that, where any statements of accounts are prepared by the Charity under section 132(1) of the Charities Act 2022, those statements of accounts comply with the requirements of regulations under that provision. The Trustees have general responsibility for taking such steps as are reasonably open to them to safeguard the assets of the charity and to prevent and detect fraud and other irregularities.

Signed on behalf of the trustees:



**Sushel Ohri**  
Chair

**Date:** 13/10/23

## Statement of Financial Activity

Note	Unrestricted Funds		Restricted Funds		Endowment Funds		Total Funds	
	2021/22 £000	2022/23 £000	2021/22 £000	2022/23 £000	2021/22 £000	2022/23 £000	2021/22 £000	2022/23 £000
<b>Income and endowments from:</b>								
Donations & Grants	618	380	612	332	0	0	1,230	712
Legacies	331	144	0	0	0	0	331	144
Fundraising & trading activities	147	176	30	29	0	0	177	205
Investments	52	66	0	0	44	52	96	118
<b>Total income resources</b>	<b>1,148</b>	<b>766</b>	<b>642</b>	<b>361</b>	<b>44</b>	<b>52</b>	<b>1,834</b>	<b>1,179</b>
<b>Expenditure on:</b>								
Raising funds	288	265	9	1	0	0	297	266
Historical archive running costs	1	2	0	0	0	0	1	1
Charitable activities								
• Medical equipment	140	286	19	161	0	0	159	447
• Direct service funding	145	103	197	0	0	0	342	103
• Building Works	77	21	231	10	0	0	308	31
• Patient Welfare & Amenities	178	214	65	11	0	0	243	225
• Staff Welfare & Amenities	117	151	46	262	0	0	163	413
• Research	0	0	0	0	0	0	0	0
• Staff training	46	112	21	0	0	0	67	113
<b>Total resources expended</b>	<b>992</b>	<b>1,154</b>	<b>588</b>	<b>445</b>	<b>0</b>	<b>0</b>	<b>1,580</b>	<b>1,599</b>
Revaluation of investment buildings	9	0	0	0	0	8	9	8
Revaluation of heritage asset	0	0	0	0	0	35	0	35
Net gains/(losses) on investments	127	(29)	7	0	0	0	134	(29)
<b>Net income/(expenditure)</b>	<b>292</b>	<b>(417)</b>	<b>61</b>	<b>(84)</b>	<b>44</b>	<b>95</b>	<b>397</b>	<b>(406)</b>
Transfers between funds	44	56	-20	(4)	(24)	(52)	0	0
<b>Net Movement in funds</b>	<b>336</b>	<b>(361)</b>	<b>41</b>	<b>(88)</b>	<b>20</b>	<b>43</b>	<b>397</b>	<b>(406)</b>
<b>Reconciliation of Funds</b>								
Total Funds brought forward	2,990	3,326	1,890	1,931	1,166	1,186	6,046	6,443
<b>Total Funds carried forward</b>	<b>3,326</b>	<b>2,965</b>	<b>1,931</b>	<b>1,843</b>	<b>1,186</b>	<b>1,229</b>	<b>6,443</b>	<b>6,037</b>



## Statement of Financial Position

Note	Unrestricted Funds		Restricted Funds		Endowment Funds		Total Funds	
	2021/22 £000	2022/23 £000	2021/22 £000	2022/23 £000	2021/22 £000	2022/23 £000	2021/22 £000	2022/23 £000
<b>Fixed assets:</b>								
Operational equipment	366	373	0	0	0	0	366	373
Land & Investment Buildings	459	465	0	0	797	805	1256	1270
Heritage assets	0	0	0	0	389	424	389	424
Investments	1,358	1,339	1,503	1,501	0	0	2,861	2,840
<b>Total Fixed Assets</b>	<b>2,183</b>	<b>2,177</b>	<b>1,503</b>	<b>1,501</b>	<b>1,186</b>	<b>1,229</b>	<b>4,872</b>	<b>4,907</b>
<b>Current assets:</b>								
Stock	5	4	0	0	0	0	5	4
Debtors	340	236	0	11	0	0	340	247
Cash and cash equivalents	862	595	467	576	0	0	1,329	1,171
<b>Total Current Assets</b>	<b>1,207</b>	<b>835</b>	<b>467</b>	<b>587</b>	<b>0</b>	<b>0</b>	<b>1,674</b>	<b>1,422</b>
<b>Liabilities:</b>								
Creditors falling due within one year	64	47	39	245	0	0	103	292
<b>Net Current assets/(liabilities)</b>	<b>1,143</b>	<b>788</b>	<b>428</b>	<b>342</b>	<b>0</b>	<b>0</b>	<b>1,571</b>	<b>1,130</b>
<b>Total net assets</b>	<b>3,326</b>	<b>2,965</b>	<b>1,931</b>	<b>1,843</b>	<b>1,186</b>	<b>1,229</b>	<b>6,443</b>	<b>6,037</b>
<b>The funds of the charity:</b>								
Endowment funds	0	0	0	0	1,186	1,229	1,186	1,229
Restricted income funds	0	0	1,931	1,843	0	0	1,931	1,843
Unrestricted income funds	3,326	2,965	0	0	0	0	3,326	2,965
<b>Total charity funds</b>	<b>3,326</b>	<b>2,965</b>	<b>1,931</b>	<b>1,843</b>	<b>1,186</b>	<b>1,229</b>	<b>6,443</b>	<b>6,037</b>

The financial statements were approved by the Board of Trustees on 13<sup>th</sup> October 2023. Sushel Ohri, Chair



## Cash generated from operations and cash in holdings

	Total Funds 2021/22 £000	Total Funds 2022/23 £000
<b>Cash flows from operating activities:</b>		
<b>Net cash provided by (used in) operating activities</b>	<b>144</b>	<b>(193)</b>
Cash flows from investing activities:		
Dividends and interest	52	65
Proceeds from the sale of investments	0	0
Purchase of investments	0	(8)
Investment in statue	(20)	0
Investment in property & equipment	(332)	(22)
<b>Net cash provided by (used in) investing activities</b>	<b>(300)</b>	<b>35</b>
Change in cash and cash equivalents in the reporting period	(156)	(158)
<b>Cash and cash equivalents at the beginning of the reporting period</b>	<b>1,485</b>	<b>1,329</b>
Change in cash and cash equivalents due to exchange rate movements	0	0
<b>Cash and cash equivalents at the end of reporting period</b>	<b>1,329</b>	<b>1,171</b>

	Total Funds 2021/22 £000	Total Funds 2022/23 £000
Net income/(expenditure) as per the statement of financial activities	397	(406)
Adjustments for:		
Depreciation of assets	10	9
Revaluation of Investment Buildings		(8)
Revaluation of Heritage assets		(35)
(Gains)/losses on investments	(144)	29
Dividends and interest	(52)	(65)
(Increase)/decrease in stock	(1)	1
(Increase)/decrease in debtors	113	93
Increase/(decrease) in creditors	(179)	189
<b>Net cash provided by (used in) operating activities</b>	<b>144</b>	<b>(193)</b>

The notes from page 39 form part of these accounts



## **Notes on accounts**

### **1. Accounting Policies**

#### **(a) Basis of preparation**

The financial statements have been prepared under the historic cost convention, with the exception of investments and investment properties which are included at market value. The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) and the Charities Act 2022.

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern and that there are no material uncertainties affecting the current year's accounts.

#### **(b) Prior period adjustments**

There are no prior period adjustments in this year's accounts.

#### **(c) Funds structure**

The Endowment funds have two distinct elements, firstly being the recognised value of the collection of heritage assets and related art work, secondly the recognition of the funds available from the Constance Travis legacy which has been bequeathed as a permanent endowment for the benefit of NGH.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by the donor.

Unrestricted income funds comprise those funds which the trustees are free to use for any purpose in furtherance of the charitable objects of the identified special purpose fund.

Unrestricted funds include designated funds, where the donor has made known their non-binding wishes or where the trustees, at their discretion, have created a fund for a specific purpose.

#### **(d) Incoming resources**

All incoming resources are recognised once the charity has entitlement to the resources, and it is probable that the resources will be received and the monetary value of incoming resources can be measured with sufficient reliability.

#### **(e) Incoming resources from legacies**

Legacies are accounted for as incoming resources either upon receipt or where the receipt of funds in relation to the legacy is probable; this will be once confirmation has been received from the representatives of the estate(s) that probate has been granted, and that



the executors have established that there is sufficient assets in the estate to pay the legacy and once all conditions attached to the legacy have been fulfilled.

#### **(f) Resources expended**

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to each category of expense shown in the Statement of Financial Activities. Expenditure is recognised when the following criteria are met:

- There is a present legal or constructive obligation resulting from a past event
- It is more likely than not that a transfer of benefits (usually a cash payment) will be required in settlement
- The amount of the obligation can be measured or estimated reliably

Irrecoverable VAT is charged against the category of resources expended for which it was incurred. Contractual arrangements are recognised as goods or services as supplied.

The trustees have control over the amount and timing of grant payments and consequently where approval has been given by the trustees and any of the above criteria have been met, then a liability is recognised. Grants are not usually awarded with conditions attached.

However, when they are, then those conditions have to be met before the liability is recognised.

Where an intention has not been communicated, then no expenditure is recognised but an appropriate designation is made in the appropriate fund. If a grant has been offered but there is uncertainty as to whether it will be accepted or whether conditions will be met, then no liability is recognised but a contingent liability is disclosed.

#### **(g) Allocation of support costs**

Support costs are those costs which do not relate directly to a single activity. These include some staff costs, costs of administration, audit costs and IT systems costs. Support costs have been apportioned between Charitable Activities and Fundraising Costs on an appropriate basis.

#### **(h) Fundraising costs**

The costs of generating funds include both lottery prizes and incidental fundraising expenses incurred to support fund raising activities and the staff costs of the Fundraising team. Separately identifiable Investment Management fees are also considered as a cost of raising funds.

#### **(i) Charitable activities**

Costs of charitable activities comprise all costs incurred in the pursuit of the charitable objects of the charity. These costs comprise direct costs and an apportionment of overhead and support costs as shown in note 6.

### **(j) Tangible fixed asset for use by the charity**

Tangible fixed assets are capitalised if they can be used for more than one year, and cost at least £500. Depreciation is calculated on a straight-line basis over the determined life of the asset.

The cost of setting up the charity office facility has been treated as a fixed asset and is being amortised at a rate of one percent per annum.

#### *Mixed use property*

In 2017 the charity purchased Springfield, a building adjacent to the NGH site who are leasing the majority of the building and utilising it as an Urgent Care centre along with related office space. Part of the building however has been retained for the use of the charity as its operational base with commencement of usage at the end of March 2018.

The mixed-use property has been separated in the accounts between investment property and property, plant and equipment. The investment property element of the building is included in the Statement of Financial Position at its fair value. The surplus or deficit on the annual revaluation of the investment property element is recognised in the Statement of Financial Activities. Depreciation is not provided in respect of the investment property element.

The operational element of the building is included in Property, Plant and Equipment. It is stated in the statement of financial position at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.

### **(k) Fixed asset investments**

Investments are a form of basic financial instruments. Fixed asset investments are initially recognised at their transaction value and are subsequently measured at their fair value (market value) as at the balance sheet date. The Statement of Financial Activities includes the net gains and losses arising on revaluation and disposals throughout the year. Quoted stocks and shares are included in the statement of financial activities at the current market value quoted by the investment analyst, excluding dividends. The Common Investment Fund Units are included in the statement of financial activities at the closing dealing price at 31 March 2023.

### **(l) Realised gains and losses**

All gains and losses are taken to the Statement of Financial Activities as they arise. Realised gains and losses on investments are calculated as the difference between sales proceeds and opening carrying value (purchase date if later). Unrealised gains and losses are calculated as the difference between the market value at the year end and opening carrying value (or purchase date if later).

### **(m) Pensions**

The charity provides a Defined contribution pension scheme through NEST with contribution rates set at 6% for the employer. Contributions are recognised in the SOFA in the period in which they become payable in accordance with the rules of the scheme.

The employees who were TUPE transferred to the charity on 1 April 2016 and 1 April 2021 are entitled to remain members of the NHS Pensions Scheme.

Details of the benefits payable and rules of the Schemes can be found on the NHS Pensions website at [www.nhsbsa.nhs.uk/pensions](http://www.nhsbsa.nhs.uk/pensions). Both are unfunded defined benefit schemes that cover NHS employers, GP practices and other bodies, allowed under the direction of the Secretary of State for Health and Social Care in England and Wales. They are not designed to be run in a way that would enable NHS bodies to identify their share of the underlying scheme assets and liabilities. Therefore, each scheme is accounted for as if it were a defined contribution scheme: the cost to the NHS body of participating in each scheme is taken as equal to the contributions payable to that scheme for the accounting period.

In order that the defined benefit obligations recognised in the financial statements do not differ materially from those that would be determined at the reporting date by a formal actuarial valuation, the FReM requires that “the period between formal valuations shall be four years, with approximate assessments in intervening years”. An outline of these follows:

### **(i) Accounting valuation**

A valuation of scheme liability is carried out annually by the scheme actuary (currently the Government Actuary's Department) as at the end of the reporting period. This utilises an actuarial assessment for the previous accounting period in conjunction with updated membership and financial data for the current reporting period, and is accepted as providing suitably robust figures for financial reporting purposes. The valuation of the scheme liability as of 31 March 2023, is based on valuation data as 31 March 2022, updated to 31 March 2023 with summary global member and accounting data. In undertaking this actuarial assessment, the methodology prescribed in IAS 19, relevant FReM interpretations, and the discount rate prescribed by HM Treasury have also been used.

The latest assessment of the liabilities of the scheme is contained in the report of the scheme actuary, which forms part of the annual NHS Pension Scheme Accounts. These accounts can be viewed on the NHS Pensions website and are published annually. Copies can also be obtained from The Stationery Office.

### ***(ii) Full actuarial (funding) valuation***

The purpose of this valuation is to assess the level of liability in respect of the benefits due under the schemes (taking into account recent demographic experience), and to recommend contribution rates payable by employees and employers.

The latest actuarial valuation undertaken for the NHS Pension Scheme was completed as of 31 March 2016. The results of this valuation set the employer contribution rate payable from April 2019 to 20.6% of pensionable pay.

The actuarial valuation as of 31 March 2020 is currently underway and will set the new employer contribution rate due to be implemented from April 2024.

### **(n) Taxation**

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 Finance Act 2010 and therefore it meets the definition of a charitable trust for UK income tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Part 10 Income Tax Act 2007 or

Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

### **(o) Heritage Assets of the Charity**

The Heritage Assets of the charity have been collected since 1790 and consist of a large collection of historical books, case ledgers, journals, paintings, photographs, commemorative plaques, early orthopaedic implants, medical equipment and instruments.

A number of the large portraits are currently displayed in the NGH Board Room and other meeting rooms across the hospital. The rest of the collection is in the archive room, adjoining the NGH Board Room. The archive rooms are open for viewing each Wednesday by appointment, subject to any NGH Trust visiting restrictions.

Care of the archive is undertaken by volunteers.

## **2. Related party transactions**

Northamptonshire Healthcare NHS Foundation Trust, Kettering General Hospital NHS Foundation Trust and Northampton General Hospital NHS Trust are the three main beneficiaries of the charity.

The charity has provided funding to these NHS Trusts for approved expenditure made on behalf of the charity. This funding amounted to £1,129k (2021/22 £1,117k) and is included in the total grant making costs of £1,332k (2021/22 £1,281k) as detailed in notes 7 & 8.

Northampton General Hospital and Kettering General Hospital provide support services to the charity including a cashiering and cleaning service.

The amounts charged are on a full direct cost recovery basis.

During the year none of the Board members of either NHS Trust Board or parties related to them were beneficiaries of the charity.

### 3. Analysis of voluntary income

	2021/22	2022/23
	£000's	£000's
Donations over £5k	510	107
Other donations	481	310
Legacies	331	144
Donated items	31	21
ANHSC grants	165	230
Grants	43	44
<b>Total</b>	<b>1,561</b>	<b>856</b>

Significant items included:

- Care of the elderly donation of £66,000
- Donation for A&E Wellbeing of £20,000
- In Mem donation for COPD of £10,000

### 4. Incoming resources from charitable fundraising activities

Events income relates to both events promoted directly by the charity and individuals raising funds through specific events they have organised in the name of the charity.

The local staff lotteries generated £62k (2021/22 £62k), a net of £31k after deducting prize money.

	2021/22	2022/23
	£000's	£000's
Events income	113	141
Lottery	62	62
Berrywood shop	2	2
<b>Total</b>	<b>177</b>	<b>205</b>



## 5. Analysis of fundraising costs

	2021/22	2022/23
	£000's	£000's
Staff costs	182	177
Thankfest fundraising	38	11
Event costs	12	14
Marketing materials	20	20
Other costs	18	13
Lottery prizes	27	31
	<b>297</b>	<b>266</b>

## 6. Analysis and allocation of support costs and overheads

Total support and overhead costs of the charity excluding fundraising was £204k (2021/22 £165k).

	2021/22	2022/23
Support cost analysis	Total	Total
	£000's	£000's
Salaries and related costs	86	114
Building running costs	12	7
IT costs	23	27
External Audit fees	12	12
Legal/Professional fees & services	13	9
Depreciation	9	9
Training costs	1	1
Brought in services from trust	0	0
Other office costs	9	25
<b>Total</b>	<b>165</b>	<b>204</b>

The overhead costs have been apportioned over the primary activity lines on the statement of financial activities as tabulated below:

Overhead Apportionment	2021/22			2022/23		
	Unrestricted	Restricted	Total	Unrestricted	Restricted	Total
	£000's	£000's	£000's	£000's	£000's	£000's
Medical equipment	18	2	20	42	26	68
Staff amenities	15	6	21	20	43	63
Patient amenities	23	8	31	33	2	35
Staff training	6	3	9	17	0	17
Research	0	0	0	0	0	0
Building work	10	30	40	3	2	5
Service support	19	25	44	16	0	16
<b>Grand Total</b>	<b>91</b>	<b>74</b>	<b>165</b>	<b>131</b>	<b>73</b>	<b>204</b>

## 7. Analysis of charitable expenditure

The charity makes available financial grant support to NGH, KGH and NHFT as analysed below. Detail for 2022/23:

Charitable Expenditure	NGH			NHFT			KGH			Direct support			Total		
	Grant	Support cost	Total	Grant	Support cost	Total	Grant	Support cost	Total	Grant	Support cost	Total	Grant	Support cost	Total
	£000's	£000's	£000's	£000's	£000's	£000's	£000's	£000's	£000's	£000's	£000's	£000's	£000's	£000's	£000's
Medical equipment	230	41	271	22	4	26	127	23	150	0	0	0	379	68	447
Staff amenities	71	13	84	50	9	59	93	16	109	136	25	161	350	63	413
Patient amenities	52	10	62	44	8	52	75	14	89	19	3	22	190	35	225
Staff training	89	16	105	0	0	0	6	1	7	1	0	1	96	17	113
Research	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Building work	12	2	14	14	3	17	0	0	0	0	0	0	26	5	31
Service support	14	3	17	0	0	0	49	9	58	24	4	28	87	16	103
	468	85	553	130	24	154	350	63	413	180	32	212	1128	204	1332

Comparative for 2021/22 Charitable Expenditure	NGH			NHFT			KGH			Direct support			TOTAL		
	Grant	Support cost	Total	Grant	Support cost	Total	Grant	Support cost	Total	Grant	Support cost	Total	Grant	Support cost	Grand total
	£000's	£000's	£000's	£000's	£000's	£000's	£000's	£000's	£000's	£000's	£000's	£000's	£000's	£000's	£000's
Medical equipment	56	8	64	8	1	9	75	11	86	0	0	0	139	20	159
Staff amenities	41	6	47	1	0	1	43	6	49	57	9	66	142	21	163
Patient amenities	71	11	82	58	9	67	54	8	62	28	4	32	211	32	243
Staff training	42	6	48	0	0	0	5	1	6	11	2	13	58	9	67
Research	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
Building work	212	31	243	35	5	40	22	3	25	0	0	0	269	39	308
Service support	82	12	94	0	0	0	0	0	0	216	32	248	298	44	342
	504	74	578	102	15	117	199	29	228	312	47	359	1117	165	1282

The £2k for maintaining and insurance for the archives, which are in the safe keeping of the charity, have been separately identified as direct costs.

## 8. Analysis of grants

The trustees operate a scheme of delegation, through which all grant funded activity is managed by fund advisers responsible for the day-to-day disbursements on their projects and is in accordance with the directions set out by the trustees in their procedure guidance notes and formally recorded in their scheme of delegation.

The charity does not make grants to individuals. The total cost of making grants is disclosed in the activity analysis on the face of the Statement of Financial Activities. The grants received by the beneficiaries for each category of charitable activity are disclosed in note 7 above.

## 9. Transfers between funds

The £52k income generated by endowments was transferred in full to support the work of the charity.

The £4k transfer in respect the residual balance on a specific legacy fund was transferred to the related unrestricted fund.

## 10. Analysis of staff costs

Currently the charity has 11 employees directly employed by the charity. This equates to 8 full time equivalent staff.

	2021/22	2022/23
	£000's	£000's
Salaries and wages	226	252
Social security costs	17	18
Other pension costs	24	21
<b>Total</b>	<b>267</b>	<b>291</b>

As in 2021/22, increase in contributions to the NHS pension scheme was funded directly by funding from NHS England.

No employees had emoluments in excess of £60k.

## 11. Auditor's remuneration

The auditor's remuneration of £11,000 (£12,000) relates to the audit along with submission of the annual corporation tax return.

## 12. Operational Fixed Assets & Land and Buildings

In 2017 the charity purchased Springfield, a building adjacent to the NGH site who are leasing the majority of the building and utilising it as an Urgent Care centre along with related office space.

During 2021 work was undertaken on a full renewal of the Springfield Roof in compliance with its Grade 2 listing status.

	Land £000's	Operational buildings £000's	Fixtures and Fittings £000's	Total £000's
<b>Cost</b>				
Brought forward at 1 April 2022	200	351	43	594
Additions		13	3	16
Disposals	-		4	4
Carried forward at 31 March 2023	200	364	42	606
<b>Depreciation</b>				
Brought forward at 1 April 2022	-	7	21	28
Charged during the year	-		9	9
Disposals			4	4
Carried forward at 31 March 2023	-	7	26	33
<b>Net Book Value</b>				
At 31 March 2022	200	344	22	566
At 31 March 2023	200	357	16	573

### Investment building valuation

The proportion of Springfield that is leased to NGH as the Urgent Care Centre is treated as an investment building and valued using current indicative market price to determine valuation.

	<b>Investment Building £000's</b>
Valuation at 1 April 2022	1256
Additions	6
Fair value adjustment	8
Valuation at 31 March 2023	<b>1270</b>

## 13. Heritage assets

Heritage assets are carried at a valuation prepared in 2023 by Bonhams based on a full reworking of the previous 2008 register as tabulated below. The valuation of the 2021 addition has been based on purchase cost.

	2021 valuation	Additions	2022 valuation	Revaluation	2023 valuation
	£000's	£000's	£000's	£000's	£000's
Works of art	73	20	93	-10	83
Books and Folios	296	0	296	45	341
	369	20	389	35	424

The Trustee commissioned Bonhams to undertake an updated valuation of both the works of art and the main library in 2023.



## 14. Investments

### Analysis of holdings

	As at 31 Mar 22	As at 31 Mar 23
	£000's	£000's
Investments in a Common Investment Fund		
Blackrock Charibond	141	121
Blackrock Charishare	1,005	1,004
Ruffer Charity Assets Trust	1,250	1,242
COIF Charities Deposit Fund	450	458
COIF Charities Investment Fund	15	15
	<b>2,861</b>	<b>2,840</b>

	As at 31 Mar 22	As at 31 Mar 23
	£000's	£000's
Market value brought forward	2,727	2,861
Less: Disposals at carrying value	0	0
Add: Acquisitions at cost	0	8
Net gain/ (loss) on revaluation	134	(29)
<b>Market value carried forward</b>	<b>2,861</b>	<b>2,840</b>

## 15. Total Gross income from investments and cash on deposit

	As at 31 Mar 22	As at 31 Mar 23
	£000's	£000's
Dividends	46	52
Interest	6	13
Lease income	44	53
	<u>96</u>	<u>118</u>

## 16. Analysis of current assets

The stock entry of £3k reflects the value of retained Christmas gifts and the stock at the Berrywood shop. The previous year's stock value was £4k.

### Debtors under 1 year

	Mar-22	Mar-23
	£000's	£000's
Accrued legacy income	262	185
Prepayments	78	57
NGH Debtors		5
	<u>340</u>	<u>247</u>

### Analysis of cash at bank and in hand

	Mar-22	Mar-23
	£000's	£000's
Bank balance held in Lloyds	392	803
Bank balance held in NatWest	935	366
Cash holdings	2	2
	<u>1,329</u>	<u>1,171</u>

## 17. Analysis of current liabilities and long-term creditors

	<b>Mar-22</b>	<b>Mar-23</b>
	<b>£000's</b>	<b>£000's</b>
Trade Creditors	34	175
Payroll Creditors	7	15
Other Creditors	62	102
	<b>103</b>	<b>292</b>

Other creditors represent sums owed at the year-end by the charity to a related party, KGH, NGH or NHFT, for costs incurred on behalf of the charity in the furtherance of the charity's objects.

There are no long-term creditors.

## 18. Analysis of movements and purpose of main funds by beneficiary organisation and category for the past two years

### Funds related to Northampton General Hospital

	Balance at 31st March 2021 £000's	Income £000's	Expenditure £000's	Transfers £000's	Balance at 31st March 2022 £000's	Income £000's	Expenditure £000's	Transfers £000's	Balance at 31st March 2023 £000's	Fund purpose
<b>Unrestricted Funds</b>										
General Fund	59	30	80	0	9		3	55	0	Funds available for support of NGH
Volunteers Fund	14	40	37	0	17		3	8	0	Funds available for support of NGH
<b>Total</b>	<b>73</b>	<b>70</b>	<b>117</b>	<b>0</b>	<b>26</b>		<b>6</b>	<b>63</b>	<b>0</b>	
<b>Designated Funds</b>										
Breast Care Services	13	21	13	0	21		5	0	0	Designated fund for Breast Care Service
Intensive Therapy Unit	62	15	10	0	67		9	8	0	Designated fund for Intensive Care Unit
Child Health Dept	85	73	2	0	156		60	21	0	Designated fund for Child Health department
Clinical Biochemistry Fund	17	0	17	0	0		0	0	0	Designated for Biochemistry now merged with other Pathology funds
Clinical Haematology	31	3	7	0	27		6	2	0	Designated fund for Haematology department
Pathology staff amenities	77	1	27	0	51		0	51	0	Designated for Pathology department, previously only haematology lab
Oncology Department	119	13	8	0	124		19	11	0	Designated fund to support Oncology department
Do it for dementia	29	1	2	0	28		2	5	0	Designated fund for improving facilities for dementia patients
Cardiology Department	78	124	40	0	162		7	118	0	Designated fund to support cardiology department
Cardiology Research	23	0	0	0	23		0	0	0	Designated fund for Cardiology Research Funding
Talbot Butler Ward	170	18	9	0	179		13	2	0	Designated fund to support ward activities
Ophthalmic Department	9	96	0	0	105		3	0	0	Designated fund to support Ophthalmic department
ENT Department	32	0	1	0	31		5	0	0	Designated fund to support the Stroke unit
Stroke Unit	26	28	2	0	52		8	4	0	Designated fund to support the General Medicine
General Medicine	77	16	16	0	77		11	8	0	Designated fund to support the Obstetrics department
Obs and Gynae Fund	40	3	2	0	41		1	0	0	
Other ward and department funds	245	36	2	0	279		89	38	0	
<b>Total</b>	<b>1133</b>	<b>448</b>	<b>158</b>	<b>0</b>	<b>1423</b>		<b>238</b>	<b>268</b>	<b>0</b>	



## Restricted funds related to Northampton General Hospital

	Balance at 31st March 2021 £000's	Balance at 31st March 2022			Balance at 31st March 2023			Fund purpose
		Income £000's	Expenditure £000's	Transfers £000's	Income £000's	Expenditure £000's	Transfers £000's	
<b>Restricted Funds</b>								
<i>Urology Development Fund</i>	242	0	11	0	0	111	0	Specific fund for Urology Department Development
Danns radiotherapy legacy	74	0	0	0	0	0	0	For radiotherapy staff training & equipment
Organ & Tissue donation	12	7	13	-20	9	0	0	Specific fund to promote organ and tissue donation
Gosset Ward	102	9	9	0	60	11	0	Specific fund to support special care baby unit / neonatal
Smart Diabetic Research legacy	521	0	0	0	0	0	0	Legacy with request to fund diabetic research
Oncology Training and Research	106	0	0	0	5	0	0	Specific fund to support Oncology research and training
Covid 19	86	122	208	0	13	13	0	Funds given specifically to support NGH response to covid challenges
Other restricted funds	39	0	3	6	1	4	0	
<b>Total</b>	<b>1182</b>	<b>138</b>	<b>244</b>	<b>-14</b>	<b>88</b>	<b>139</b>	<b>0</b>	

## Funds directly related to Kettering General Hospital

	Balance at 31st March 2021 £000's	Income £000's	Expenditure £000's	Transfers £000's	Balance at 31st March 2022 £000's	Income £000's	Expenditure £000's	Transfers £000's	Balance at 31st March 2023 £000's	Fund purpose
<b>Unrestricted Funds</b>										
General Fund	103	16	12	-40	67	39	76	0	30	Funds available for support of KGH
Volunteers Fund	0	0	0	0	0	10	5	0	5	Funds available for support of KGH
Wish list fund	4	0	0	0	4	0	4	0	0	Funds available for support of KGH
<b>Total</b>	<b>107</b>	<b>16</b>	<b>12</b>	<b>-40</b>	<b>71</b>	<b>49</b>	<b>85</b>	<b>0</b>	<b>35</b>	
<b>Designated Funds</b>										
Lilford Haematology	214	13	85	0	142	2	2	0	142	Designated fund for Haematology department
Diabetes Fund	147	24	6	0	165	0	6	0	159	Designated fund for the Diabetes unit
Cardiology Fund	110	125	0	40	275	1	9	0	267	Designated fund for the Heart unit
Kgh Forget-Me-Not Appeal	108	0	0	0	108	0	108	0	0	Designated fund for improving facilities for dementia patients
Radiology Fund	81	24	0	0	105	2	0	0	107	Designated fund for Radiology department
Centenary Wing Fund	73	13	9	0	77	7	2	0	82	Designated fund for Cancer Care
Medical education fund	58	0	0	0	58	0	22	0	36	To support education facilities for staff
Intensive Care Unit Fund	41	25	2	0	64	7	18	0	53	Designated fund for the Intensive Care Unit
Scbu	35	4	7	0	32	7	7	0	32	Designated fund for the Specialist Baby Care unit
Pain Relief Fund	33	0	0	0	33	0	0	0	33	To support the work of the Pain Relief clinic
T&O Wards Fund	30	0	6	0	24	0	0	0	24	Designated fund for Trauma and orthopedic unit
Kettering Breast Care	29	18	1	0	46	5	1	0	50	Designated fund to for the Breast care unit
Other funds	129	107	44	0	192	125	69	0	248	
<b>Total</b>	<b>1088</b>	<b>353</b>	<b>160</b>	<b>40</b>	<b>1321</b>	<b>156</b>	<b>244</b>	<b>0</b>	<b>1233</b>	
<b>Restricted Funds</b>										
Cardiac Invest Unit Med Equip	47	0	0	0	47	0	24	0	23	Purchase of medical equipment for Cardiology unit
Twinkling Stars Appeal	149	61	1	0	209	45	0	0	254	A appeal fund for improved facilities for bereaved families
ANHS Covid 19 grants	47	0	35	0	12	0	12	0	0	Funds granted specifically to support KGH response to covid
Kettering Treatment Centre Extension	0	390	0	0	390	0	0	0	390	Donation from Crazy Hats to improve treatment centre amenities
<b>Total</b>	<b>243</b>	<b>451</b>	<b>36</b>	<b>0</b>	<b>658</b>	<b>45</b>	<b>36</b>	<b>0</b>	<b>667</b>	

## Funds directly related to Northamptonshire Healthcare FT

	Balance at 31st March 2021 £000's	Income	Expenditure	Transfers £000's	Balance at 31st March 2022 £000's	Income	Expenditure	Transfers £000's	Balance at 31st March 2023 £000's	Fund purpose
<b>Unrestricted Funds</b>										
General Fund	2	4	5	29	30	1	15	0	16	Available for all Community & Mental Health activities.
Daneire General Fund	23	0	10	0	13	0	9	0	4	Available for support of Daneire Hospital
<b>Total</b>	<b>25</b>	<b>4</b>	<b>15</b>	<b>29</b>	<b>43</b>	<b>1</b>	<b>24</b>	<b>0</b>	<b>20</b>	
<b>Designated Funds</b>										
Podiatry	12	0	2	0	10	0	0	0	10	To support the work of the Podiatry team
Mental Health Funds	32	0	2	0	30	20	10	0	40	To support provision of Mental Health services
Chapel Fund	13	0	5	0	8	0	0	0	8	To support the work of the Chapel at Berrywood Hospital
Learning Disability funds	7	0	1	0	6	0	2	0	4	To support learning disability patients
Junior Doctors Education Fund	31	0	0	0	31	0	0	0	31	To support education facilities for Junior Doctors
Community services fund	12	0	1	0	11	0	0	0	11	To support the work of Community paediatric diabetes service
Community paediatric Diabetes service	8	0	1	0	7	0	1	0	6	To support the work of Community care teams
Continence team	19	0	0	0	19	0	0	0	19	To support the work of the Continence care team
Brackley centre fund	0	96	2	0	94	0	17	0	77	To support the work of the Brackley community facility
Other funds	63	6	3	0	66	13	5	0	74	
<b>Total</b>	<b>197</b>	<b>102</b>	<b>17</b>	<b>0</b>	<b>282</b>	<b>33</b>	<b>35</b>	<b>0</b>	<b>280</b>	
<b>Restricted Funds</b>										
Daventry - Palliative Care	17	0	0	0	17	0	0	0	17	To support the work of the Daventry based palliative care team
Palliative Care services	33	0	3	0	30	0	2	7	35	To support palliative care services across the county
Junior Doctors Palliative care training	7	0	0	0	7	0	0	-7	0	To support the work of palliative care nurses across the county
Palliative Care Nurses	4	1	0	0	5	0	0	0	5	To support palliative care training for Junior Doctors
Covid 19	30	44	64	0	10	37	47	0	0	Funds given specifically to support NHFT response to covid
<b>Total</b>	<b>91</b>	<b>45</b>	<b>67</b>	<b>0</b>	<b>69</b>	<b>37</b>	<b>49</b>	<b>0</b>	<b>57</b>	
<b>Investment gain reserve</b>										
Unrestricted	54	0	25	(29)	0	0	0	0	0	
	<b>54</b>	<b>0</b>	<b>25</b>	<b>(29)</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	
<b>Total</b>	<b>367</b>	<b>151</b>	<b>124</b>	<b>0</b>	<b>394</b>	<b>71</b>	<b>108</b>	<b>0</b>	<b>357</b>	

## Funds held centrally

	Balance at 31st March 2021 £000's	Income £000's	Expenditure £000's	Transfers £000's	Balance at 31st March 2022 £000's	Income £000's	Expenditure £000's	Transfers £000's	Balance at 31st March 2023 £000's
<b>Unrestricted Funds</b>									
General	11	39	34	0	16	34	29	0	21
Lottery	0	37	26	0	11	37	18	0	30
Legacy accrual	0	0	0	0	0	100	0	0	100
Uncleared fund raising costs	0	0	0	0	0	1	211	0	(210)
Investment gain	164	151	245	44	114	36	143	52	59
<b>Total</b>	<b>175</b>	<b>227</b>	<b>305</b>	<b>44</b>	<b>141</b>	<b>208</b>	<b>401</b>	<b>52</b>	<b>0</b>
<b>Designated Funds</b>									
Christmas gifts	2	5	2	0	5	17	19	0	3
Archive support fund	1	0	1	0	0	0	0	0	0
Thankfest initiative	0	4	36	0	-32	6	128	154	0
Covid 19 appeal	136	2	92	0	46	0	13	0	33
Other funds	0	0	0	0	0	0	0	0	0
<b>Total</b>	<b>139</b>	<b>11</b>	<b>131</b>	<b>0</b>	<b>19</b>	<b>23</b>	<b>160</b>	<b>154</b>	<b>36</b>
<b>Restricted Funds</b>									
ANHSC Development Grant	0	0	0	0	0	30	5	0	25
ANHSC Stage 2 Grant	187	0	178	0	9	156	0	(154)	11
Investment gain	187	0	82	0	105	0	67	0	38
Other funds	0	0	0	0	0	5	0	0	5
<b>Total</b>	<b>374</b>	<b>0</b>	<b>260</b>	<b>0</b>	<b>114</b>	<b>191</b>	<b>72</b>	<b>-154</b>	<b>79</b>
<b>Endowment Funds</b>									
Constance Travis Endow ment	797	44	0	(44)	797	60	0	(52)	805
Heritage Assets Endow ment	369	0	0	20	389	35	0	0	424
<b>Total</b>	<b>1166</b>	<b>44</b>	<b>0</b>	<b>(24)</b>	<b>1186</b>	<b>95</b>	<b>0</b>	<b>(52)</b>	<b>1229</b>
<b>Total</b>	<b>1854</b>	<b>282</b>	<b>696</b>	<b>20</b>	<b>1460</b>	<b>517</b>	<b>633</b>	<b>0</b>	<b>1344</b>



## **Independent Auditor's report to the Trustees of Northamptonshire Health Charitable Fund**

### **Opinion**

We have audited the financial statements of Northampton Health Charitable Fund (the 'charity') for the year ended 31 March 2023 which comprise the Statement of Financial Activities, the Statement of Financial Position, the Statement of Cash Flows and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

1. give a true and fair view of the state of the charity's affairs as at 31 March 2023, and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
2. have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
3. have been prepared in accordance with the requirements of the Charities Act 2022.

### **Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

### **Conclusions relating to going concern**

In auditing the financial statements, we have concluded that the trustees' use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue.

Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

### **Other information**

The other information comprises the information included in the statement of trustees' responsibilities of Northampton Health Charitable Fund, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

### **Opinions on other matters prescribed by the Charities Act 2022**

In our opinion, based on the work undertaken in the course of the audit:

1. the information given in the trustees' report (incorporating the annual report and the trustees' report for the financial year for which the financial statements are prepared is consistent with the financial statements; and
2. the annual report and the trustees' report have been prepared in accordance with applicable legal requirements.

### **Matters on which we are required to report by exception**

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

3. the information given in the financial statements is inconsistent in any material respect with the trustees' report; or
4. sufficient accounting records have not been kept; or
5. the financial statements are not in agreement with the accounting records; or
6. we have not received all the information and explanations we require for our audit.

### **Responsibilities of trustees**

As explained more fully in the trustees' responsibilities statement on page 35, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

### **Auditor's responsibilities for the audit of the financial statements**

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud.

The charity is subject to laws and regulations that directly and indirectly affect the financial statements. Based on our understanding of the charity and the environment it operates within, we determined that the laws and regulations that were most significant included the Charities SORP (FRS 102), the Charities Act 2022, Employment law and Health and Safety regulations. We considered the extent to which non-compliance with these laws and regulations might have a material effect on the financial statements, including how fraud might occur. We evaluated management's incentives and opportunities for fraudulent manipulation of the financial statements (including the risk of override on controls), and determined that the principal risks were related to the posting of inappropriate accounting entries to improve the charity's results for the period, and management bias in key accounting estimates. In addition to this, we have also identified the following principal risk areas:

- Income recognition – there are two components to this risk, being revenue completeness and revenue cut-off;
- Going concern – an area that requires enhanced scrutiny in the context of the current challenging economic conditions and uncertainty;
- Portfolio valuation – there is a risk that the carrying value of the investment portfolio could be misstated due to changes in market values of shares;
- Mixed-use property valuation – there is a risk that the carrying value of the investment property element could be misstated due to an unsuitable valuation;
- Recognition of legacy income – there is the risk that legacy income could be recognised before it is received or before there is sufficient evidence over the certainty of a future receipt;
- Allocation of funds – there is a risk that funds are allocated incorrectly with restricted funds used for other purposes;
- Heritage assets – there is a risk that the valuation of the assets held is not correct and may need to be impaired.

Audit procedures performed by the engagement team included:

- Discussions with management and those responsible for legal compliance procedures within the charity to obtain an understanding of the legal and regulatory framework applicable to the charity and how the charity complies with that framework, including consideration of known or suspected instances of non-compliance with laws and regulations and fraud;

- Reviewing minutes of trustees' meetings;
- Identifying and assessing the design effectiveness of controls that management has in place to prevent and detect fraud and non-compliance with laws and regulations;
- Robustly challenging the trustees' assessment of going concern;
- Reviewing the valuation of investment portfolios at the year-end, and comparing share values to market values available on that date, to ensure values are recognised as appropriate;
- Reviewing the trustees' valuation of the investment property element of the mixed-use property;
- Reviewing manual journals in order to identify any that appear inconsistent with the charity's normal course of activities;
- A physical verification of heritage assets, including consideration of impairment indicators.

There are inherent limitations in the audit procedures described above and the more removed non-compliance with laws and regulations is from the events and transactions reflected in the financial statements, the less likely we are to become aware of it. Also, the risk of not detecting a material misstatement due to fraud is higher than the risk of not detecting one resulting from error, as fraud may involve deliberate concealment by, for example, forgery or intentional misrepresentations, or through collusion.

A further description of our responsibilities is available on the Financial Reporting Council's website at: [www.frc.org.uk](http://www.frc.org.uk). This description forms part of our auditor's report.

### Use of our report

This report is made solely to the charity's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

**Hawsons**

**Will Amos**  
Senior Statutory Auditor  
For and on behalf of Hawsons Chartered Accountants  
Statutory Auditor  
Jubilee House  
32 Duncan Close  
Northampton  
NN3 6WL

**16 January 2024**