



Charity Name: Old Age Care			Charity No (if any)	1165679	CC17a
Annual accounts for the period					
Period start date	12 Jun-24	To	Period end date	11/06/2025	

Section Statement of financial

Recommended categories by activity	Details of own analysis	Note	Restricted				
			Unrestricted funds	income funds	Endowment funds	Total this year	Total last year
			£	£	£	£	£
			F01	F02	F03	F04	F05
Incoming resources (Note 3)							
Incoming resources from generated funds			-	-	-	-	-
Voluntary income		S01	-	-	-	-	-
Activities for generating funds	10 0	S02	100	-	-	100	-
Investment income		S03	-	-	-	-	-
Incoming resources from charitable activities		S04	-	-	-	-	-
			-	-	-	-	-
Other incoming resources		S05	100	-	-	100	-
Total incoming resources							
Resources expended (Notes 4-8)							
Costs of Generating Funds			-	-	-	-	-
Costs of generating voluntary income		S07	-	-	-	-	-
Fundraising trading costs	30	S08	30	-	-	30	-
			-	-	-	-	-
Investment management costs		S09	-	-	-	-	-
Charitable activities		S10	-	-	-	-	-
Governance costs		S11	-	-	-	-	-
Other resources expended		S12	30	-	-	30	-
Total resources expended							
Net incoming/(outgoing) resources before transfers			20	-	-	20	-
			-	-	-	-	-
Gross transfers between funds							
Net incoming/(outgoing) resources before other recognised gains/(losses)			20	-	-	20	-
Other recognised gains/(losses)							
Gains and losses on revaluation of fixed assets for the charity's own use		S17	-	-	-	-	-
Gains and losses on investment assets		S18	-	-	-	-	-
Net movement in funds			70	-	-	70	-
Total funds brought forward		S20	-	-	-	-	-
Total funds carried forward			70	-	-	70	-



Trustees' Annual Report for the period

	Period start date				Period end date		
	12	June	2024		12	June	2025
From				To			

Section A Reference and administration details

Charity name

Old Age Care

Other names charity is known by

Registered charity number (if any)

1165679

Charity's principal address

198 Westfield,

Harlow

Postcode

CM18 6AW

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Dr Emma Ghaffari	Director		Yes
2	Dr Mohammad Shahrzad	Trustee		Yes
3	Mrs Patricia Jansz	Trustee	Until 31/12/2018	Yes
4				
5				
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

Dr Emma Ghaffari

Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	CIO - Foundation Registered 22 Feb 2016
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (eg. appointed by, elected by)	By Director/ Existing Trustee

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

n/a

Section C Objectives and activities

Summary of the objects of the charity set out in its governing document

Old Age Care is providing advice on struggles they may face in day to day life. We provide advice on living independently, common difficulties, Loneliness and working with technology. The organisation redirects the people to the local councils, social services or healthcare professionals on going into a care home, getting stair lifts, walking frames, walking sticks, disability allowance etc.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

Set up a charity fundraising event at the local church. We were able to hire a stall for the day and print leaflets on the aims and objectives of the charity. We wanted to make the public aware of what the charity can do for elderly people. We had a few charity boxes on the stall to collect money to help the charity educate and train our elderly community. We had 5 volunteers and all three trustees at the event where we stood and spoke to the elderly, we had questionnaires to understand their concerns and provided on site care and redirecting them to the appropriate level of care.

We also set up a fundraising event at the local park to make the public more aware of our charity. We had five volunteers who stood and gave out leaflets explaining about our charity and had a few charity boxes on the stall. We baked a few cakes and cupcakes and sold those at the event.

We felt that these two days was beneficial and let the public/elderly community know that we are a charity that can support them. We felt that we did make a difference in terms of awareness and raised some money.

Unfortunately, we were unable to do any further charity events. We hope to in the next year to have more charitable events and discuss those in trustee meetings.

Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment;
- contribution made by volunteers.

Summary of the main achievements of the charity during the year

- 1 Charitable Activity
2. Fundraising
3. Raising awareness of the charity
4. Educating the Elderly

Section E Financial review

Brief statement of the charity's policy on reserves

	Do not have a reserve policy

Details of any funds materially in deficit

n/

a

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising);
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

n/a

Section F Other optional information

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Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s) Full name(s)

Position (eg Secretary, Chair, etc)

Date

E Ghaffari	
Dr Emma Ghaffari	
Director of Charity	
26/03/2025	