

## **Energise Me**

Company registration number: CE005425

Charity registration number: 1165592

## **Energise Me**

(A charitable incorporated organisation)

Annual Report and Financial Statements for

the Year Ended 31 March 2021

## **Energise Me**

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## **Energise Me**

### **Reference and Administrative Details**

#### **Trustees**

Jon Monkcom

Steven Pease

Dr Paul O'Halloran

Selina Russell

Dawn Tilley

Dr Samantha Meredith (appointed 14<sup>th</sup> October 2020)

Shakiba Moghadam (appointed 14<sup>th</sup> October 2020)

Zoe Williams (appointed 14<sup>th</sup> October 2020)

Jan Halliday (resigned 16<sup>th</sup> February 2020)

Claire Beasley (resigned 11<sup>th</sup> May 2020)

**Chief Executive Officer:** Julie Amies

#### **Principal Office**

Westgate Chambers

Staple Gardens

Winchester

SO23 8SR

The charity is incorporated in England & Wales.

#### **CIO Registration Number**

CE005425

#### **Charity Registration Number**

1165592

#### **Auditors**

Azets Audit Services

Athenia House

10-14 Andover Road

Winchester

Hampshire

SO23 7BS

## **Energise Me**

### **Strategic Report**

Energise Me is a Charitable Incorporated Organisation that is committed to beating inactivity. It is registered with the Charity Commission under charity number 1165592 and with Companies House under the Company Registration Number CE005425

The trustees, who are directors for the purposes of company law, present the annual report together with the financial statements and auditors' report of the charitable company for the year ended 31 March 2021.

The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and the Republic of Ireland (FRS 102) (effective 1 January 2019).

The trustees are also directors for the purposes of company law and present their strategic report for the year ended 31 March 2021 in compliance with s414C of the Companies Act 2006.

### **Financial Review**

Financial results for the year ended 31 March 2021 are shown in the statement of financial activities on page 13 with the associated assets and liabilities set out in the balance sheet on page 14. The statement of cash flows for the year is on page 15. Supporting notes to the accounts are on pages 16 to 27 and provide additional information to support the figures in the main statements.

The financial statements have been prepared to comply with the Statement of Recommended Practice and Reporting of Charities SORP (FRS 102) (effective 1 January 2019).

Total incoming resources for the year were £1,290,381 (2020: £916,992), resources expended were £953,085 (2020: £895,326) and the surplus for the year was £337,296 (2020: surplus £21,666)

Energise Me's sources of funding have not changed in the last year. Sport England continue to be the principal funder with Hampshire County Council also making a significant contribution. In 2020-21, Sport England made total grants of £1,145,118 (2020: £730,966). Additional funding (The Tackling Inequalities Fund £260,000) was received this year from Sport England. This was set up as a package of support to help the sport and physical activity sector through the coronavirus (Covid-19) crisis. This enabled Energise Me to distribute an additional £150,000 of grants to organisations across Hampshire and Isle of Wight during the financial year. The remaining £110,000 has been carried forward to provide ongoing support during 2021-22.

Hampshire County Council contributed £135,100 towards the delivery of the Hampshire Talented Athlete Scheme, and the local coaching workforce for continuing professional development.

### **Reserves**

The organisation's financial reserves are made up of restricted and unrestricted funds. Total funds as of 31 March 2021 were £2,327,422 (2020: £1,990,126). Restricted funds amount to £636,387 and unrestricted funds £1,691,035.

The reserves policy ensures that sufficient free reserves are held to cover a minimum of nine months employment and running costs and 100% end of contract costs (in the event of any significant delays or cessation of external core funding). The fund required to cover these costs is approximately £500k.

On 31 March 2021 the unrestricted fund stood at £1.691m. In January 2019 trustees committed £0.5m of unrestricted reserves over 3 years to address inactivity amongst children and young people, women and girls, people with long term health conditions and one locality with the highest levels of inactivity. Trustees remain committed to this investment and plans are being delivered by the Energise Me team. This amount is shown as a designated reserve in the financial statements. Trustees have stayed close to the work and based on what has already been delivered, agreed at their December 2019 board meeting to extend the investment through to 2023 recognising that progress had been slowed by the pandemic.



## **Energise Me**

### **Investment Powers and Policy**

Trustees reviewed Energise Me's investment policy in September 2018. This policy provides a framework for the management of the charity's reserve funds and uncommitted funds held.

### **Pay Policy for Senior Staff**

Pay levels are reviewed annually each April in line with our business reviews. The exact level of any pay review will be determined by considering a range of factors, including the performance of the organisation, the current pay market, the funding for the service within which they work, the performance of the employee and the economy as a whole. It is not guaranteed that any pay review will necessarily result in an increase in pay.

### **Grant making policies**

The charity makes many grants to different organisations and individuals. Every programme and grant scheme it runs has its own respective policy led by officers of the Charity and overseen by partners, funders and informed experts.

### **Principal Funding Sources**

Energise Me's total income of £1,290,381 (2020: £916,992) was secured from the following sources

- Sport England Funding £1,145,118 (2020: £730,996)
  - Consisting of:
  - Lottery Funding (£1,128,835) (2020: £721,346)
  - Department of Education Funding (£16,283) (2020: £9,650)
- Hampshire County Council £135,100 (2020: £177,952)
- Other Revenue £8,749 (2020: £6,691)
- Investment Income £1,414 (2020: £1,383)

### **Covid-19**

This Financial year has been dominated by the pandemic. It has not stopped the work of the charity and has in fact led to new opportunities and new connections to help reduce widening inequalities in physical activity through the pandemic.

At the outset, strong leadership was provided by the charity's principal funder, Sport England. They asked all their national partners, of which Energise Me is one to:

1. Support the physical activity and sport sector to ensure it came through the pandemic period as strong as possible
2. Keep the nation moving doing everything we could to encourage people to stay active wherever possible

Strong messaging from the Chief Medical Officer, Chris Whitty helped to support the delivery of these 2 priorities, "There is no situation, there is no age and no condition where exercise is not a good thing".

Following the initial announcement, Sport England confirmed to Energise Me a 1 year 'roll over' to extend grant funding up to 31<sup>st</sup> March 2022. This provided a level of security and reassurance to Energise Me as one of Sport England's national partners. It was an acknowledgement too of the uncertainties, strains and demands being experienced across the sport and physical activity 'eco-system' because of Covid-19 and the associated restrictions in place to combat it.

## **Energise Me**

Additional National Lottery funding of £260,000 was awarded to Energise Me in 2020 from Sport England's Tackling Inequalities Emergency Fund. Using their insight, it became clear that certain groups of people were disproportionately affected by the pandemic. It was significantly impacting their ability to be physically active. Energise Me was tasked with helping to reduce this negative impact on people from lower socio-economic groups, culturally diverse communities, disabled people and people with long term conditions.

This work has not only had a significant impact on the charity's beneficiaries, it has generated new connections to share the benefits of a physically active lifestyle. Energise Me distributed £150,000 to clubs and organisations across Hampshire and Isle of Wight up until March 2021. The impact of these grants can be found in some of the stories that can be found here [Investing in Communities](#)

An additional £110,000 was granted in March 2021 for distribution during 2021.

The impact of the first "lockdown" led to the temporary closure of our offices in Winchester. However, all members of staff were able to work effectively from home with immediate effect. The investment in new IT hardware towards the end of the financial year 2019-20 was fortuitous and allowed us to adapt to working remotely in an efficient way. Regular contact sessions via Microsoft Teams were set up to maintain good communications and ensure all staff were supported. A number of other initiatives were introduced to support staff e.g., afternoon tea and talk and Energise Me on tour WhatsApp group. A license was bought for zoom and combined with Microsoft Teams, the organisation has remained very agile and responsive to people and organisations across Hampshire and the Isle of Wight. As a paper free organisation, no significant difficulties were encountered with the introduction of remote working. Only 1 member of staff was furloughed for a short period of time.

Governance remained strong throughout the period with Trustee Board meetings held remotely and regularly.

## **Energise Me**

### **Energise Me Trustees' Report**

Energise Me is a Charitable Incorporated Organisation with a Foundation Model Constitution established on 16 February 2016 by the Charity Commission. Its only voting members are its trustees.

#### **Public benefit**

The trustees confirm that they have complied with the requirements of section 4 of the Charities Act 2011 to have due regard to the public benefit guidance published by the Charity Commission for England and Wales.

#### **Structure, Governance and Management**

Energise Me is committed to ensuring its governance is dynamic and visionary. The charity actively recruits trustees with the right skills, knowledge and experience to support its work. It looks for diversity of thought, experience and background to ensure that strategic decisions are informed and challenged from different perspectives.

Trustees are invited to apply through an open recruitment process. Each trustee can serve for an initial term of three years. A charity trustee who has served for three consecutive terms may not be reappointed for a fourth consecutive term but may be reappointed after an interval of at least four continuous years.

There is also one nominated trustee from Hampshire County Council who can serve for three years. This position has not been taken up since 2018. An observer role with no voting rights is provided to Sport England, the principal funding partner.

New trustees undergo an orientation to brief them on their legal obligations under Charity law, guidance on public benefit, content of the constitution, the committee and decision-making processes, the business and strategic plans and recent financial performance of the Charity. During the induction, they meet key members of staff including those who they might provide specific support and mentoring to as well as other trustees.

Any training and development needs will be assessed as part of the trustee's induction process. External training and development opportunities are provided by the Active Partnership Network and trustees are encouraged to take part where it will help them to carry out their role.

#### **Organisation**

The board of trustees, which can have up to 11 members, administers the charity. The board meets every 3 months. A Chief Executive is appointed by the trustees to manage the day-to-day operations of the charity. To facilitate the effective running of the charity, the Chief Executive has delegated authority in some areas through a schedule of delegation that is approved by the trustees. This schedule includes finance, employment, communications, programmes, contracts and remuneration.

#### **Risk Management**

The board of trustees have a duty to identify and review risks which the organisation is exposed to. These are reviewed regularly at board meetings. The main areas of risk identified are Political, Operational, Financial and Reputational

The trustees have policies, systems and processes in place to mitigate those risks identified. They also implement procedures designed to minimise or manage any potential impact on the charity should those risks arise.



## **Energise Me**

### **Key areas of work**

Like many charities over the last 12 months, COVID-19 has dominated our work. We needed to be agile, adapting quickly to support people and organisations to stay strong and stay active. Our focus has been:

1. Supporting the physical activity and sport sector to ensure it came through the pandemic period as strong as possible
2. Keeping Hampshire and Isle of Wight moving - doing everything we could to encourage people to stay active wherever possible
3. Engagement, development and writing of a new physical activity strategy for Hampshire and the Isle of Wight
4. Positioning physical activity in the changing health landscape
5. Diversity and inclusion
6. Improvement

### **Supporting the Physical Activity Sector**

New web pages to provide [support for the sector during covid 19](#) were launched on 20 March 2020.

Further support for the sector was provided through the first monthly Energise Me sector news offering COVID-19 support for the physical activity and sport sector. This was launched on 24 March 2020. As some lockdown restrictions started to ease in early May 2020, sector news moved to a weekly publication. Changes were happening quickly and the different advice for different sports and physical activities demanded responsive communication.

As the sector started to adapt, Energise Me brought local authority partners together to share learning and ideas throughout the year.

Sport England awarded Energise Me £260,000 to tackle the inequalities that had widened during the pandemic. [Investing in Communities](#) was launched and Energise Me drew on all their connections to reach people and organisations who supported people from lower socio-economic groups, culturally diverse communities, disabled people and people with long term conditions. The first award was made in June 2020 and we have supported 33 projects, 31 organisations and awarded £150k. Only 13% of those organisations that received funding had received funding in the past. Nearly half of the organisations that received investment were new connections to Energise Me.

### **Keeping Hampshire and Isle of Wight moving**

As Government announced on 16<sup>th</sup> March 2020 that non-essential travel should cease and all but key workers should work from home, Energise Me launched [Get Active at Home](#) pages to support people to be active the following day. When the schools shut on 20<sup>th</sup> March, Energise Me supported Hampshire and Isle of Wight school game organisers to launch #HSGDailyChallenge to keep children active. This was a hugely successful campaign engaging over ten thousand children and young people and 340 schools over a 6-week period.

Towards the end of March 2020, Sport England officially launched the [Join the Movement](#) campaign. Energise Me used all its platforms, networks and connections to promote the platform which provided further tips, advice and guidance to keep or get active in and around your home. We also started a weekly newsletter to support people during lockdown. We made connections with local people to tell and share their [stories](#) to support others who might be finding it difficult to be active. They have provided inspiration, ideas and most importantly made it visible for those who may be struggling to see how others have got started and adapted when sometimes it is difficult.

## **Energise Me**

As Government announced on 16<sup>th</sup> March 2020 that non-essential travel should cease and all but key workers should work from home, Energise Me launched [Get Active at Home](#) pages to support people to be active the following day. And when the schools shut on 20<sup>th</sup> March, Energise Me supported Hampshire and Isle of Wight School Games Organisers to launch #SGODailyChallenge to keep children active. This was a hugely successful campaign engaging over 14,000 children and young people and 340 schools over the first 15 weeks of lock down. Feedback from parents was really positive. Here's just two examples that illustrate the creativity to help support children to be and stay active "Evie really enjoyed the Cluedo mystery and the blindfold trail. We've really enjoyed doing these so please thank everyone for producing them." Southampton Parent. "We loved the cross the river challenge and made a river of blankets on our lawn, which my children crossed with great teamwork!" Parent – from Wallop School.

As it became clear that the pandemic was here to stay for some time and that it would continue to disrupt daily lives, the decision was taken to cancel the annual School Games which were due to take place in Aldershot in June 2020. The network of School Games Organisers and Energise Me adapted to ensure that children and young people still had the opportunity to be active and to take part in a range of events. There was no shortage of imagination, creativity, resourcefulness and collaboration to launch Hampshire School Games Mark May. And later, an ongoing calendar of virtual competitions for the Autumn 2020 and Spring 2021 terms. The engagement of schools was fantastic with 287 Primary Schools entering results for virtual sports competitions during the Autumn and Spring terms. Over 76,000 sport challenges being completed.

## **Energise YOUth**

Energise YOUth was put on pause for the first few weeks of the pandemic. Four training events scheduled for March 2020 were cancelled. The focus of youth organisations shifted to understanding Government guidelines and the implications of lockdown for the young people using their services. Many faced the challenge of furloughing staff, ceasing and then significantly adapting and re-imagining their delivery.

Between June 2020 and March 2021, we responded to need and organised nine online training sessions. The topics included Youth Mental Health First Aid, Understanding & Supporting LGBTQ+ Young People and Working with Youth Voice. 72 participants attended from 46 different organisations.

We also launched a virtual Energise YOUth network in September 2020. We held five events involving 32 people from 19 organisations. These were opportunities to share learning and experiences. To understand how organisations were adapting and what additional resources and support they needed. For example, moving services online necessitated changes in policies and procedures to keep everyone safe.

After an extended lull through the heart of the pandemic we saw an increase in Expressions of Interest being submitted between January and March 2021. Five new Energise YOUth club proposals were supported in this period receiving an initial investment of £13k with a further £5k committed to be released in 2021-22. Organisations awarded grants included: Crestwood College, Enable Ability, Hedge End Town Council, Oarsome Chance and Richard Taunton Sixth Form College/Lakeside Weightlifting Club.

Energise Me commissioned Beatfrecks, an engagement and insight agency with a vital community of young creatives, to find out how young people across Hampshire and the Isle of Wight feel about physical activity. Over 150 young people aged 16 to 21 years responded to the survey and 16 young people participated in two focus groups to help us unpack the findings. We've produced the [Me & Activity Report](#) to share and act on what young people have told us. The recommendations have also been condensed into [top tips](#) posted on our website and on [social media](#). The aim of these resources is to inform and improve the way Energise Me and other local organisations work with young people across Hampshire and the Isle of Wight.

We'll continue to build on this work throughout 2021-22 with plans for follow up blogs, call-backs to previously published stories, training courses, a self-assessment audit tool and links to World Mental Health Day and our We Are Undefeatable network events.



## **Energise Me**

### **The We Can Be Active Strategy**

The pandemic presented its challenges for Energise Me and those with whom we work. But it also provided opportunities and we found many things to celebrate. The We Can Be Active Strategy is one of these things. As the lead organisation for physical activity across Hampshire and the Isle of Wight, we were tasked with writing a new strategy for the area. It needed to:

1. Use the data and insight we had available
2. Have co-design and co-production at its heart
3. Recognise that tackling inactivity takes time
4. Include the voices of those who are not active and especially those from under-represented and under-served groups
5. Build a network of supporters from a range of sectors who are needed to build physical activity into their thinking, their services and their offer

We began with a big online conversation which was open to everyone in Hampshire and the Isle of Wight. Local people told us what helps them to be active and what gets in the way. We matched these comments with evidence from around the world before bringing individuals and organisations together to help shape a plan to make it easier for us all to be active. A joint mission “to inspire and support active lifestyles so we can all be active in a way that suits us” was agreed and used to frame further conversations. The strategy was co-produced by over 800 individuals and organisations and set out 5 things that people need to be active in a way that suits them:

1. Positive early experiences for our children and young people
2. Opportunities that meet our needs and interests, and are accessible and easy to find
3. Places and travel routes where we all feel safe and are encouraged to be active
4. Support to help us get started or keep moving when we feel we can't do it alone
5. Bold leaders working together to create happier and healthier communities

Energise Me has set out what it will do to deliver the strategy. It has also set up a number of events through 2021-22 to support people and organisations to connect, collaborate and learn from one another. Topics will include measurement, places that inspire movement, support to get started, and sharing learning.

### **The health system**

Energise Me has identified the health system as a significant and important partner and ally in the delivery of any Physical Activity Strategy. People and organisations who work in the health and care system are seeing people every day who may benefit from moving more.

The Integrated Care System in Hampshire and the Isle of Wight is one of the largest health and care systems in the country working together to improve the health and wellbeing of local people and communities. It is bringing considerable change across the area. Energise Me has developed relationships and networks to work more closely with colleagues in the NHS, Public Health and Adult Social Care to embed physical activity into the new system(s).

Physical activity is being increasingly recognised as a priority for the prevention of ill health. It is considered a ‘modifiable risk’. In other words, you can make changes in your life to reduce risks to your health and wellbeing. Physical Activity is already embedded in some parts the public health system through the Health and Wellbeing Strategy. We have worked with the Prevention and Inequalities Board in the Integrated Care System (ICS) as well as other Health and Wellbeing Boards to build relationships that can help to embed physical activity in all parts of the health system.

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### **Diversity and Inclusion**

The shocking death of George Floyd, caught on video in the US, sparked protests and a global response. Protestors called for an end to discrimination and racism. Energise Me, along with the network of Active Partnerships across the country recognised that physical activity and sport is not immune from racism and racial inequalities. We spent time training and developing as individuals and as an organisation and issued a statement in May 2021. In this statement, we shared examples of some of our learning through experiences in our work: a different approach to trustee recruitment to diversify the knowledge, skills and experience in our team; investing in communities support to tackle widening inequalities across Hampshire and the Isle of Wight; the Agency an innovative arts-based social change project that originated in Brazil and Pride in our Workforce, another innovative project to improve LGBT+ inclusion. We also set out some of our plans to tackle racism and racial inequality in physical activity and sport.

This work will continue, and a new diversity, equality and inclusion plan will be published in 2021-22.

### **Improvement**

As part of our cycle of performance improvement, an improvement workshop was held in March 2021. We held one internal and one external workshop. To obtain a balanced view, we invited people who knew us well and others who didn't. The workshop revealed many positives including the support that was building for the new strategy, the value of our storytelling, the value placed on our knowledge, skills and experience, our strong values and how the team live them and the progressive nature of our organisation. It also revealed areas where we needed to improve. People told us that we need to communicate who we are and what we do more effectively across our area. Also, to be more confident in our knowledge, skills and experience. And finally, to use our skills bringing people together to facilitate change in physical activity across our area. We've taken this on board and are building these improvements into our future business plan. We've already made a start with the launch of the new strategy. Our improvement partner said after the event "I especially liked the Energise Me role approach supplement... the 'We will' and Energise Me Will is a great and beneficial way for partners to understand what matters to you as an organisation and how you intend to contribute to the overall purpose".

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### Statement of Trustees' Responsibilities

The trustees are responsible for preparing the trustees' report and the financial statements in accordance with the United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice) and applicable law and regulations.

Company law requires the trustees to prepare financial statements for each financial year. Under company law the trustees must not approve the financial statements unless they are satisfied that they give a true and fair view of the state of affairs of the Charitable Incorporated Organisation and of its incoming resources and application of resources, including its income and expenditure, for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and apply them consistently;
- observe the methods and principles in the Charities SORP 2019 (FRS 102);
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping adequate accounting records that are sufficient to show and explain the charitable company's transactions and disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees are responsible for the maintenance and integrity of the charity and financial information included on the charity's website. Legislation in the United Kingdom governing the preparation and dissemination of financial statements may differ from legislation in other jurisdictions.

The Strategic Report, Trustees' Report, Statutory Report and Financial Statements were approved by the Board of Trustees on 14<sup>th</sup> October 2021 and signed on its behalf by

*J D Monkcom*

J D Monkcom (Nov 1, 2021 10:54 GMT)

Jon Monkcom, Chair of Trustees



## **Energise Me**

### **Independent Auditor's Report to the Trustees of Energise Me**

#### **Opinion**

We have audited the financial statements of Energise Me (the 'charity') for the year ended 31 March 2021 which comprise the Statement of Financial Activities, the Balance Sheet, the Statement of Cash Flows and notes to the financial statements, including significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards, including Financial Reporting Standard 102 *The Financial Reporting Standard applicable in the UK and Republic of Ireland* (United Kingdom Generally Accepted Accounting Practice).

In our opinion the financial statements:

- give a true and fair view of the state of the charity's affairs as at 31 March 2021, and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice; and
- have been prepared in accordance with the requirements of the Charities Act 2011.

#### **Basis for opinion**

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditor's responsibilities for the audit of the financial statements section of our report. We are independent of the charity in accordance with the ethical requirements that are relevant to our audit of the financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

#### **Conclusions relating to going concern**

In auditing the financial statements, we have concluded that the trustees use of the going concern basis of accounting in the preparation of the financial statements is appropriate.

Based on the work we have performed, we have not identified any material uncertainties relating to events or conditions that, individually or collectively, may cast significant doubt on the charity's ability to continue as a going concern for a period of at least twelve months from when the financial statements are authorised for issue. Our responsibilities and the responsibilities of the trustees with respect to going concern are described in the relevant sections of this report.

#### **Other information**

The other information comprises the information included in the trustees annual report, other than the financial statements and our auditor's report thereon. The trustees are responsible for the other information contained within the annual report. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

Our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the course of the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether this gives rise to a material misstatement in the financial statements themselves. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

#### **Matters on which we are required to report by exception**

We have nothing to report in respect of the following matters in relation to which the Charities (Accounts and Reports) Regulations 2008 require us to report to you if, in our opinion:

- the information given in the financial statements is inconsistent in any material respect with the trustees' report; or
- the charity has not kept adequate accounting records; or
- the financial statements are not in agreement with the accounting records and returns; or
- we have not received all the information and explanations we require for our audit.

#### **Responsibilities of trustees**

As explained more fully in the trustees' responsibilities statement set out on page 10, the trustees are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the charity's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis

### **Energise Me**

of accounting unless the trustees either intend to liquidate the charity or to cease operations, or have no realistic alternative but to do so.

#### **Auditor's responsibilities for the audit of the financial statements**

We have been appointed as auditor under section 144 of the Charities Act 2011 and report in accordance with regulations made under section 154 of that Act.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements. Irregularities, including fraud, are instances of non-compliance with laws and regulations. We design procedures in line with our responsibilities, outlined above, to detect material misstatements in respect of irregularities, including fraud. The specific procedures for this engagement and the extent to which these are capable of detecting irregularities, including fraud is detailed below:

- Enquiry of management around actual and potential litigation and claims as well as actual, suspected and alleged fraud;
- Reviewing minutes of meetings of those charged with governance
- Assessing the extent of compliance with the laws and regulations considered to have a direct material effect on the financial statements or the operations of the entity through enquiry and inspection;
- Reviewing financial statement disclosures and testing to supporting documentation to assess compliance with applicable laws and regulations;
- Performing audit work over the risk of management bias and override of controls, including testing of journal entries and other adjustments for appropriateness, evaluating the business rationale of significant transactions outside the normal course of business and reviewing accounting estimates for indicators of potential bias.

Because of the inherent limitations of an audit, there is a risk that we will not detect all irregularities, including those leading to a material misstatement in the financial statements or non-compliance with regulation. This risk increases the more that compliance with a law or regulation is removed from the events and transactions reflected in the financial statements, as we will be less likely to become aware of instances of non-compliance. The risk is also greater regarding irregularities occurring due to fraud rather than error, as fraud involves intentional concealment, forgery, collusion, omission or misrepresentation.

A further description of our responsibilities is available on the Financial Reporting Council's website at: <https://www.frc.org.uk/Our-Work/Audit/Audit-and-assurance/Standards-and-guidance/Standards-and-guidance-for-auditors/Auditors-responsibilities-for-audit/Description-of-auditors-responsibilities-for-audit.aspx>. This description forms part of our auditor's report.

#### **Use of our report**

This report is made solely to the charity's trustees, as a body, in accordance with Part 4 of the Charities (Accounts and Reports) Regulations 2008. Our audit work has been undertaken so that we might state to the charity's trustees those matters we are required to state to them in an auditor's report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charity and the charity's trustees as a body, for our audit work, for this report, or for the opinions we have formed.

*Azets Audit Services*

17 November 2021

Michael Tizard, Azets Audit Services,  
Chartered Accountants, Statutory Auditor  
Athenia House  
10-14 Andover Road  
Winchester  
Hampshire  
SO23 7BS

Azets Audit Services is eligible to act as an auditor by virtue of its eligibility for appointment as auditor of a company under section 1212 of the Companies Act 2006



## Energise Me

### Statement of Financial Activities for the Year Ended 31 March 2021 (Including Income and Expenditure Account and Statement of Total Recognised Gains and Losses)

	Notes	Unrestricted funds £	Restricted funds £	Total 2021 £	Total 2020 £
<b>Income from:</b>					
<b>Charitable activities</b>					
Sport England		-	1,145,118	1,145,118	730,966
Local Authority		76,600	58,500	135,100	177,952
Other Revenue		8,749	-	8,749	6,691
Investment Income	3	1,414	-	1,414	1,383
<b>Total Income</b>		86,763	1,203,618	1,290,381	916,992
<b>Expenditure on:</b>					
<b>Charitable activities</b>	4	83,726	869,359	953,085	895,326
Net Income/(Expenditure)		3,037	334,259	337,296	21,666
Transfers between funds		-	-	-	-
Net movement in funds		3,037	334,259	337,296	21,666
<b>Reconciliation of funds</b>					
Total funds brought forward		1,687,998	302,128	1,990,126	1,968,460
<b>Total funds carried forward</b>	20	1,691,035	636,387	2,327,422	1,990,126
<b>2020</b>					
<b>Income from:</b>					
<b>Charitable activities</b>					
Sport England		1,382	729,584	730,966	
Local Authority		119,452	58,500	177,952	
Other Revenue		6,691	-	6,691	
Investment Income		1,383	-	1,383	
<b>Total Income</b>		128,908	788,084	916,992	
<b>Expenditure on:</b>					
<b>Charitable activities</b>		96,984	798,342	895,326	
Net Income/(Expenditure)		31,924	(10,258)	21,666	
Transfers between funds		379,939	(379,939)	-	
Net movement in funds		411,863	(390,197)	21,666	
<b>Reconciliation of funds</b>					
Total funds brought forward		1,276,135	692,325	1,968,460	
<b>Total funds carried forward</b>		1,687,998	302,128	1,990,126	

All of the charity's activities derive from continuing operations during the above two periods.

**Energise Me**  
**(Registration number: CE005425)**  
**Balance Sheet as at 31 March 2021**

	Notes	2021 £	2020 £
<b>Fixed Assets</b>			
Tangible assets	14	8,265	9,614
<b>Current Assets</b>			
Debtors	15	3,769	3,314
Cash at Bank		2,414,246	2,174,271
		<u>2,418,015</u>	<u>2,177,585</u>
<b>Creditors</b>			
Amounts falling due within one year	16	<u>98,858</u>	<u>197,073</u>
Net current assets		<u>2,319,157</u>	<u>1,980,512</u>
Net assets		<u>2,327,422</u>	<u>1,990,126</u>
<b>Funds of the charity:</b>			
<b>Restricted Funds</b>	21	<u>636,387</u>	<u>302,128</u>
<b>Unrestricted Funds</b>			
General funds		1,267,990	1,205,842
Designated funds		<u>423,045</u>	<u>482,156</u>
<b>Total Unrestricted funds</b>		<u>1,691,035</u>	<u>1,687,998</u>
<b>Total funds</b>	20	<u>2,327,422</u>	<u>1,990,126</u>

The financial statements were approved by the trustees, and authorised for issue on 14<sup>th</sup> October 2021 and signed on their behalf by:

*J D Monkcom*  
 J D Monkcom (Nov 1, 2021 10:54 GMT)

Jon Monkcom  
 Chair of Trustees

## Energise Me

### Statement of Cash Flows for the Year Ended 31 March 2021

	Notes	2021 £	2020 £
<b>Cash flows from operating activities</b>			
Net movement in funds		337,296	21,666
<b>Adjustments to cash flows from non-cash items</b>			
Depreciation	9	3,683	5,366
Loss on disposal of asset		-	154
		340,979	27,186
<b>Working capital adjustments</b>			
(Increase) in debtors	15	(455)	(690)
(Decrease)/increase in creditors	16	(40,675)	72,848
(Decrease) in deferred income		(57,540)	(16,752)
Net cash flows from operating activities		(98,670)	55,406
<b>Cash flows from investing activities</b>			
Purchase of tangible fixed assets	14	(2,334)	(9,991)
Net increase in cash and cash equivalents		239,975	72,601
Cash and cash equivalents at 1 April 2020		2,174,271	2,101,670
Cash and cash equivalents at 31 March 2021		2,414,246	2,174,271

All of the cash flows are derived from continuing operations during the above two periods.

## **Energise Me**

### **Notes to the Financial Statements for the Year Ended 31 March 2021**

#### **1 Charity status**

The charity is a Charitable Incorporated Organisation and consequently does not have share capital. Each of the trustees is liable to contribute an amount not exceeding £Nil towards the assets of the charity in the event of liquidation.

#### **2 Accounting policies**

##### **Summary of significant accounting policies and key accounting estimates**

The principal accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all the years presented, unless otherwise stated.

##### **Statement of compliance**

The financial statements have been prepared in accordance with Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

##### **Basis of preparation**

Energise Me meets the definition of a public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy notes.

##### **Going concern**

The trustees consider that there are no material uncertainties about the charity's ability to continue as a going concern nor any significant areas of uncertainty that affect the carrying value of assets held by the charity. The impact of Covid-19 has been taken into consideration by the trustees during and after year end and following confirmation of Sport England's funding commitment the charity's ability to continue as a going concern remains unchanged.

##### **Income and endowments**

All income is recognised once the charity has entitlement to the income, it is probable that the income will be received and the amount of the income receivable can be measured reliably.

##### **Donations and legacies**

Donations are recognised when the charity has been notified in writing of both the amount and settlement date. In the event that a donation is subject to conditions that require a level of performance by the charity before the charity is entitled to the funds, the income is deferred and not recognised until either those conditions are fully met, or the fulfilment of those conditions is wholly within the control of the charity and it is probable that these conditions will be fulfilled in the reporting period.

##### **Deferred income**

Deferred income represents amounts received for future periods and is released to incoming resources in the period for which, it has been received. Such income is only deferred when:

- The donor specifies that the grant or donation must only be used in future accounting periods; or
- The donor has imposed conditions which must be met before the charity has unconditional entitlement.

## **Energise Me**

### **Notes to the Financial Statements for the Year Ended 31 March 2021**

#### **Expenditure**

All expenditure is recognised once there is a legal or constructive obligation to that expenditure, it is probable settlement is required and the amount can be measured reliably. All costs are allocated to the applicable expenditure heading which aggregate similar costs to the category. Where costs cannot be directly attributed to particular headings, they have been allocated on a basis consistent with the use of resources, with central staff costs allocated on the basis of time spent, and depreciation charges allocated on the portion of the asset's use. Other support costs are allocated based on the spread of staff costs.

#### **Charitable activities**

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

#### **Grants payable**

Grants payable are payments made to third parties in the furtherance of the charitable objects of Energise Me. In the case of an unconditional grant offer this is accrued once the recipient has been notified of the grant and have returned a signed grant agreement. The notification gives the recipient a reasonable expectation that they will receive the grant. Grant awards that are subject to the recipient fulfilling performance conditions are only accrued when the recipient has been notified of the grant and any remaining unfulfilled condition attaching to the grant is outside of the control of the Trust.

Provisions for grants are made when the intention to make a grant has been communicated to the recipient but there is uncertainty about either the timing of the grant or the amount of grant payable.

#### **Support costs**

Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, for example, allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.

#### **Governance costs**

These include the costs attributable to the charity's compliance with constitutional and statutory requirements, including audit, strategic management and trustees' meetings and reimbursed expenses.

#### **Taxation**

The charity is considered to pass the tests set out in Paragraph 1 Schedule 6 of the Finance Act 2010 and therefore it meets the definition of a charitable company for UK corporation tax purposes. Accordingly, the charity is potentially exempt from taxation in respect of income or capital gains received within categories covered by Chapter 3 Part 11 of the Corporation Tax Act 2010 or Section 256 of the Taxation of Chargeable Gains Act 1992, to the extent that such income or gains are applied exclusively to charitable purposes.

#### **Tangible fixed assets**

Individual fixed assets costing £1,000 or more are initially recorded at cost, less any subsequent accumulated depreciation and subsequent accumulated impairment losses.



## **Energise Me**

### **Notes to the Financial Statements for the Year Ended 31 March 2021**

#### **Depreciation and amortisation**

Depreciation is provided on tangible fixed assets so as to write off the cost or valuation, less any estimated residual value, over their expected useful economic life as follows:

<b>Asset Class</b>	<b>Depreciation method and rate</b>
Fixtures and Fittings	33% Straight Line
Computer	33% Straight Line
Equipment	

#### **Trade debtors**

Trade debtors are amounts due from customers for merchandise sold or services performed in the ordinary course of business.

Trade debtors are recognised initially at the transaction price. They are subsequently measured at amortised cost using the effective interest method, less provision for impairment. A provision for the impairment of trade debtors is established when there is objective evidence that the charity will not be able to collect all amounts due according to the original terms of the receivables.

#### **Cash and cash equivalents**

Cash and cash equivalents comprise cash on hand and call deposits, and other short-term highly liquid investments that are readily convertible to a known amount of cash and are subject to an insignificant risk of change in value.

#### **Trade creditors**

Trade creditors are obligations to pay for goods or services that have been acquired in the ordinary course of business from suppliers. Accounts payable are classified as current liabilities if the charity does not have an unconditional right, at the end of the reporting period, to defer settlement of the creditor for at least twelve months after the reporting date. If there is an unconditional right to defer settlement for at least twelve months after the reporting date, they are presented as non-current liabilities.

Trade creditors are recognised initially at the transaction price and subsequently measured at amortised cost using the effective interest method.

#### **Fund structure**

Unrestricted income funds are general funds that are available for use at the trustees' discretion in furtherance of the objectives of the charity.

Designated funds are general funds that remain part of the unrestricted funds of the charity which have been earmarked for a specific purpose by the Trustees

Restricted income funds are those donated for use in a particular area or for specific purposes, the use of which is restricted to that area or purpose.

#### **Pensions and other post retirement obligations**

The charity operates a defined contribution pension scheme which is a pension plan under which fixed contributions are paid into a pension fund and the charity has no legal or constructive obligation to pay further contributions.

Certain members of staff are members of the Hampshire County Council Local Government Pension Scheme, a defined benefit pension scheme. It is not possible in the normal course of events to identify the share of underlying assets and liabilities belonging to individual participating employers. Accordingly due to the nature of the scheme, the accounting charge for the period represents the employer contribution payable based on amounts advised by Hampshire County Council.

Contributions to defined contribution plans are recognised in the Statement of Financial Activities when they are due. If contribution payments exceed the contribution due for service, the excess is recognised as a prepayment.



## Energise Me

### Notes to the Financial Statements for the Year Ended 31 March 2021

#### 3 Investment Income

	2021	2020
	£	£
Bank interest received	1,414	1,383

#### 4 Expenditure on Charitable activities

	Notes	Unrestricted funds	Restricted funds	Total 2021	Total 2020
		£	£	£	£
Grant funding of activities	7	-	227,998	227,998	125,615
Direct charitable activities		34,687	82,787	117,474	131,822
Support Costs	5	49,039	558,574	607,613	637,889
<b>Total Expenditure</b>		83,726	869,359	953,085	895,326

Included in the expenditure analysed above are governance costs of £6,848 (2020 - £7,150) which relate directly to charitable activities. See note 6 for further details.

#### 5 Analysis of support costs

	Notes	Unrestricted funds	Restricted funds	Total 2021	Total 2020
		£	£	£	£
Salaries		29,961	426,612	456,573	433,092
Employers National Insurance		1,599	48,479	50,078	32,616
Pension costs		1,342	12,073	13,415	52,887
Depreciation		65	3,618	3,683	5,366
Advertising		8,700	3,857	12,557	12,068
Bank Fees			686	686	672
IT support		5,956	7,089	13,045	22,129
Travel & Mileage		112	236	348	12,748
Rent			32,400	32,400	31,707
Printing Postage & Stationary		110	2,013	2,123	7,363
Office Management		400	5,063	5,463	5,275
Insurance			3,725	3,725	3,658
Staff Training & Recruitment		734	580	1,314	6,212
Subscriptions			5,355	5,355	4,946
Governance Costs	6	60	6,788	6,848	7,150
<b>Total Support Costs</b>		49,039	558,574	607,613	637,889

## Energise Me

### Notes to the Financial Statements for the Year Ended 31 March 2021

2020 Support Costs	Unrestricted funds	Restricted funds	Total 2020
	£	£	£
Salaries	9,880	423,212	433,092
Employers National Insurance	371	32,245	32,616
Pension costs	41,249	11,638	52,887
Depreciation		5,366	5,366
Advertising	6,126	5,942	12,068
Bank Fees		672	672
IT support		22,129	22,129
Travel & Mileage	1,223	11,525	12,748
Rent		31,707	31,707
Printing Postage & Stationary	78	7,285	7,363
Office Management		5,275	5,275
Insurance		3,658	3,658
Staff Training & Recruitment	110	6,102	6,212
Subscriptions		4,946	4,946
Governance Costs		7,150	7,150
<b>Total Support Costs</b>	<b>59,037</b>	<b>578,852</b>	<b>637,889</b>

2020 Grant funding and direct charitable activities	Unrestricted funds	Restricted funds	Total 2020
	£	£	£
Grant funding of activities	4,457	121,158	125,615
Direct charitable activities	33,490	98,332	131,822
<b>Total</b>	<b>37,947</b>	<b>219,490</b>	<b>257,437</b>

#### 6 Analysis of governance costs

Notes	Unrestricted funds	Restricted funds	Total 2021	Total 2020
	£	£	£	£
Audit of the financial statements	-	6,000	6,000	5,700
Trustees' expenses	10	-	-	100
Payroll & Accountancy Fees		788	848	1,350
<b>Total Governance costs</b>		<b>6,788</b>	<b>6,848</b>	<b>7,150</b>

#### 7 Analysis of grants awarded

Notes	2021	2020
	£	£
Grants to Institutions	8	184,949
Grants to Individuals	43,049	45,516
<b>Total Grants Awarded</b>	<b>227,998</b>	<b>125,615</b>

## Energise Me

### Notes to the Financial Statements for the Year Ended 31 March 2021

#### 8 Grants to Institutions

	2021	2020
Name of institution	£	£
Active Communities Network	19,030	17,325
BH Live	10,000	
Eastleigh Youth & Community Trust	10,000	
Rushmoor Voluntary Services	9,310	
Enham Trust	8,750	
The YOU Trust	8,700	
Community First	8,430	
Winchester Go LD	8,420	
Growing Places	8,098	
Move Momentum	7,465	
FolkActive CIC	7,113	
One Community	6,772	
Home-Start Hampshire	6,012	
MHA Communities	6,000	
Yellow Brick Road Projects	4,359	
Motiv8 South Ltd	4,122	
Breakout Youth	4,000	
The Handy Trust	3,866	
Basingstoke & District Disability Forum	3,750	
ThickSkin Theatre	3,452	
Stepping Stones DS	3,360	
City Central Youth FC	3,110	
Oarsonæ Chance	2,851	
Breathe Easy Isle of Wight	2,625	
Crestwood Community School	2,550	
Testlands Support Project	2,500	
Richard Taunton Sixth Form College	2,440	
Hampshire Cultural Trust	1,950	
Solent Youth Action	1,892	
Winchester & District Young Carers	1,807	
Netley Royals FC	1,800	
Solent University	1,800	
Clanfield Bowls & Sports Club	1,620	
Hedge End Town Council	1,120	
Priory School	875	1,300
Adventure Activities Isle of Wight		16,034
Scorchers Basketball Foundation		7,466
Portsmouth City Council		7,073
Groundwork South - Energy Youth Club Boxing		4,684
Pompey in the Community		4,000
England Boxing		2,400
Y Services for Young People		2,260
Active Nation		1,964
London Irish Inclusion Rugby Club		1,875
Poseidon ABC		1,800
Everyone Active		1,780
Farnborough Youth for Christ		1,627
Portsmouth City Council & BH Live		1,556
Shoot Academy Farnborough		1,538
Other grants	5,000	5,417
<b>Total Grants to Institutions</b>	<b>184,949</b>	<b>80,099</b>

## Energise Me

### Notes to the Financial Statements for the Year Ended 31 March 2021

#### 9 Net income/ (expenditure) for the year

Net incoming resources for the year is stated after charging:	2021	2020
	£	£
<b>Depreciation of fixed assets</b>	<b>3,683</b>	<b>5,366</b>

#### 10 Trustees' remuneration and expenses

During the year the charity paid no expenses to trustees (2020 £100):

No trustees, nor any persons connected with them, have received any remuneration from the charity during the year. No trustees have received any other benefits from the charity during the year.

#### 11 Staff costs

The aggregate payroll costs were as follows:

	2021	2020
	£	£
Wages and salaries	456,573	433,092
National Insurance costs	50,578	32,616
Pension costs	13,415	52,887
<b>Total Staff costs</b>	<b>520,566</b>	<b>518,595</b>

The monthly average number of persons (including senior management team) employed by the charity during the year expressed as full-time equivalents was as follows:

	2021	2020
	£	£
<b>Average Number of Employees</b>	<b>15</b>	<b>15</b>

Energise Me operates two Pension Schemes. As at 31<sup>st</sup> March 2021 5 (2020: 6) employees, who were transferred under TUPE conditions, participate in the Hampshire Local Government Pension Scheme. 12 (2019: 9) employees participate in the Defined Contribution Pension Scheme managed by the Creative Pension Trust. Employer contributions to the pension schemes for the year totaled £13,415 (2020 - £52,887).

#### Pension Commitments

Under the terms of the commercial transfer agreement signed in October 2016 Hampshire County Council acts as guarantor to Energise Me's liability to the Local Government Pension Scheme for staff who were transferred under TUPE conditions. This is set out in the commercial transfer agreement.

The number of employees whose emoluments fell within the following bands was:

	2021	2020
<b>£60,001 - £70,000</b>	<b>1</b>	<b>1</b>

Total employee benefits, including employer Pension Contributions and N.I. of the key management personnel of the charity were **£327,968 (2020 - £334,934)**

## Energise Me

### Notes to the Financial Statements for the Year Ended 31 March 2021

#### 12 Auditors' remuneration

	2021 £	2020 £
Audit of the financial statements	6,000	5,700

#### 13 Taxation

The charity is a registered charity and exempt from taxation.

#### 14 Tangible fixed assets

	Computers and Furniture £	Total £
<b>Cost</b>		
At 1 April 2020	36,482	36,482
Additions	2,334	2,334
Disposals	(155)	(155)
At 31 March 2021	<u>38,661</u>	<u>38,661</u>
<b>Depreciation</b>		
At 1 April 2020	26,868	26,868
Charge for the year	3,683	3,683
Eliminated on disposals	(155)	(155)
At 31 March 2021	<u>30,396</u>	<u>30,396</u>
<b>Net book value</b>		
At 31 March 2021	<u>8,265</u>	<u>8,265</u>
At 31 March 2020	<u>9,614</u>	<u>9,614</u>

#### 15 Debtors

	2021 £	2020 £
Trade debtors	2,100	2,708
Prepayments	1,669	606
	<u>3,769</u>	<u>3,314</u>

## Energise Me

### Notes to the Financial Statements for the Year Ended 31 March 2021

#### 16 Creditors: amounts falling due within one year

	Note	2021 £	2020 £
Trade creditors		29,755	20,866
Other creditors		-	46
Accruals		36,714	89,624
Grants Accrued		24,739	21,347
Deferred Income	17	7,650	65,190
Total Creditors		98,858	197,073

#### 17 Deferred Income

	£
Deferred income at 1 April 2020	(65,190)
Resources deferred in the period	(7,650)
Amounts released from previous periods	65,190
Deferred income at 31 March 2021	(7,650)

Deferred Income consists of funding received from Active Surrey for the shared cost of an Energise Me employee to deliver the Social Prescribing Thriving Communities program

#### 18 Obligations under Operating leases

	2021	2020
Within one year	32,400	32,400
In two to five years	54,000	86,400
	86,400	118,800

#### 19 Pension and other schemes

**Defined contribution pension scheme.** The charity operates a defined contribution pension scheme administered by The Creative Pension Trust. In addition, five members of staff are members of the Hampshire County Council Local Government Pension Scheme (LGPS). At the 31<sup>st</sup> March 2019 Hampshire Pension fund valuation, it was confirmed that the Hampshire Pension LGPS Fund had performed well and as a result a 0% contribution rate was set through to 2022/23. The total pension cost for the year has therefore reduced and contributions payable by the charity to the schemes amounted to £13,415 (2019 - £52,887).



## Energise Me

### Notes to the Financial Statements for the Year Ended 31 March 2021

#### 20 Funds

2020/21 Analysis:	Balance at 1 April 2020	Incoming resource	Resources expended	Transfers	Balance at 31 March 2021
	£	£	£	£	£
<b>Unrestricted funds</b>					
<b>General</b>					
General	1,205,842	84,663	22,514	-	1,267,991
Designated funds	482,156	2,100	61,212	-	423,044
<b>Total General funds</b>	<b>1,687,998</b>	<b>86,763</b>	<b>83,726</b>	<b>-</b>	<b>1,691,035</b>
<b>Restricted funds (Note 21)</b>					
Sport England	252,644	1,145,118	823,296	-	574,466
Local Authority	49,484	58,500	46,063	-	61,921
<b>Total Restricted funds</b>	<b>302,128</b>	<b>1,203,618</b>	<b>869,359</b>	<b>-</b>	<b>636,387</b>
<b>Total funds</b>	<b>1,990,126</b>	<b>1,290,381</b>	<b>953,085</b>	<b>-</b>	<b>2,327,422</b>

In January 2019 trustees committed £0.5m of unrestricted reserves over 3 years to address inactivity amongst children and young people, women and girls, people with long term health conditions and 5 localities with the highest levels of inactivity. This amount is shown as a designated reserve in the financial statements.

2019/20 Analysis:	Balance at 1 April 2019	Incoming resource	Resources expended	Transfers	Balance at 31 March 2020
	£	£	£	£	£
<b>Unrestricted funds</b>					
<b>General</b>					
General	776,135	97,556	47,788	379,939	1,205,842
Designated Funds	500,000	31,352	49,196		482,156
<b>Total General funds</b>	<b>1,276,135</b>	<b>128,908</b>	<b>96,984</b>	<b>379,939</b>	<b>1,687,998</b>
<b>Restricted funds</b>					
Sport England	631,118	729,584	744,773	(363,285)	252,644
Local Authority	61,207	58,500	53,569	(16,654)	49,484
<b>Total Restricted funds</b>	<b>692,325</b>	<b>788,084</b>	<b>798,342</b>	<b>(379,939)</b>	<b>302,128</b>
<b>Total funds</b>	<b>1,968,460</b>	<b>916,992</b>	<b>895,326</b>	<b>-</b>	<b>1,990,126</b>

Transfers in 2019/20 relate to the outcome of a detailed review of the charity's funding and associated costs by activity since the inception of the organisation in October 2016. Original funding provided by Hampshire Council has been classified as unrestricted in accordance with the Commercial Transfer Agreement dated 30<sup>th</sup> September 2016.

## Energise Me

### Notes to the Financial Statements for the Year Ended 31 March 2021

#### 21 Analysis of Restricted Funds by program

2020/21 Analysis:	Balance at 1 April 2020 £	Incoming resource £	Resources expended £	Transfers £	Balance at 31 March 2021 £
<b>Restricted funds</b>					
<b>Sport England funds:</b>					
DfE Volunteering	1,889	16,283	6,400	-	11,772
School Games	48,749	45,000	21,987	-	71,762
Social Prescribing	-	11,050	11,050	-	-
Satellite Clubs	118,643	297,976	138,959	-	277,660
Tackling Inequalities	-	260,000	150,000	-	110,000
Primary School Funding	34,763	68,777	68,777	-	34,763
Core Services	-	370,282	370,282	-	-
Coaching Workforce/ Innovation	42,244	55,950	40,093	-	58,101
Active Lives	6,356	19,800	15,748	-	10,408
<b>Total Sport England funds</b>	<b>252,644</b>	<b>1,145,118</b>	<b>823,296</b>	<b>-</b>	<b>574,466</b>
<b>Local Authority funds:</b>					
Talented Athlete Scheme	44,739	46,000	41,331	-	49,408
Coaches, Officials & Volunteers	4,745	12,500	4,732	-	12,513
<b>Total Local Authority Funds</b>	<b>49,484</b>	<b>58,500</b>	<b>46,063</b>	<b>-</b>	<b>61,921</b>
<b>Total Restricted funds</b>	<b>302,128</b>	<b>1,203,618</b>	<b>869,359</b>	<b>-</b>	<b>636,387</b>



## Energise Me

### Notes to the Financial Statements for the Year Ended 31 March 2021

#### 22 Analysis of net assets between funds

	Unrestricted funds	Restricted funds	Total funds
	£	£	£
Tangible fixed assets		8,265	8,265
Current assets	1,698,685	719,330	2,418,015
Current liabilities	(7,650)	(91,208)	(98,858)
Total Net Assets	1,691,035	636,787	2,327,422

#### 23 Analysis of net funds

	At 1 April 2020	Cash flow	At 31 March 2021
	£	£	£
Cash at bank and in hand	2,174,271	239,975	2,414,246
Net funds	2,174,271	239,975	2,414,246

#### 24 Related party transactions

During the year the charity entered into no related party transactions:

# Energise Me Accounts 2020-21

Final Audit Report

2021-11-01

Created:	2021-11-01
By:	David Vosser (david.vosser@energiseme.org)
Status:	Signed
Transaction ID:	CBJCHBCAABAAQXFvwkEjx58gLCsqfnjuxgROfx6g9R6s

## "Energise Me Accounts 2020-21" History



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