

**Report of the Trustees and**  
**Unaudited Financial Statements**  
**for the Year Ended 31 December 2023**  
**for**  
**Pregnancy Options Centre (Chichester)**

A J Bennewith  
FCA, FCPA, FFA, FFTA, FIPA, DChA, FRSA  
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**for the Year Ended 31 December 2023**

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**Reference and Administrative Details**  
**for the Year Ended 31 December 2023**

<b>TRUSTEES</b>	A Kuchanny Chair A Lawrance-Owen C Robinson (resigned 11.10.23) D Loveman J Wood C Grove (resigned 11.10.23) S Morgan (resigned 25.1.23)
<b>PRINCIPAL ADDRESS</b>	St Johns House St Johns Street Chichester West Sussex PO19 1UU
<b>REGISTERED CHARITY NUMBER</b>	1165555
<b>INDEPENDENT EXAMINER</b>	A J Bennewith FCA, FCPA, FFA, FFTA, FIPA, DChA, FRSA Upper Ground Floor 18 Farnham Road Guildford Surrey GU1 4XA
<b>SENIOR STAFF</b>	Anna Madge (CEO/signatory, on maternity leave from 14 June 2023) Hilda Sherwood (Interim Charity Manager/signatory from 14 June 2023)
<b>BOOKKEEPER</b>	Suzanne Jones

**Report of the Trustees**  
**for the Year Ended 31 December 2023**

The trustees present their report with the financial statements of the charity for the year ended 31 December 2023. The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019).

The overall responsibility for the Charity rests with the Trustees who meet approximately 4 times per year to receive reports on the charity's activities. The CEO/Interim Charity Manager is supervised by a Trustee and is responsible for the day-to-day management of the charity. All other staff are part-time.

**OBJECTIVES AND ACTIVITIES**

**Our Vision**

1. That no one has to face crisis pregnancy, post-abortion or pregnancy loss alone.
2. That children and young people are educated about healthy relationships, unplanned pregnancy and sexual health.

**Our Mission Statements**

- To provide a range of high-quality support programmes to women and men from all backgrounds who are facing an unplanned pregnancy, an abortion decision or pregnancy loss, by acknowledging their individual experiences in order to build a positive future.
- To deliver a range of interactive sessions to children and young people on issues surrounding an unplanned pregnancy, including sexual health, self-esteem and healthy sex and relationships through local schools, colleges and youth settings.

**Our Values and Ethos**

As an organisation with Christian foundations, Pregnancy Options Centre's foundational value is to respond with compassion, care and respect to our clients, regardless of their faith, race, income, sexual orientation or employment status. We are not a campaigning organisation, and we do not have a political agenda.

We recognise that abortion is a controversial issue that divides people in a polarising debate. As an organisation, we want to bring a non-judgmental approach by supporting clients at their point of need. Our goal is to provide accurate information, counselling, and practical support so those in crisis can reach a healthy, well-informed decision that is their own. We will safeguard our clients to ensure this decision is not influenced by coercion, manipulation, or misleading information.

We uphold the following values:

- Alleviating personal distress and suffering
- Respecting human right and dignity
- Appreciating the variety of human experiences and culture
- Ensuring the integrity of the client/practitioner relationship
- Providing honest, accurate, evidence-based information
- Respecting the right of others to hold beliefs and values of all faiths or none
- Ensuring that educative work is evidence based, non-judgmental and participative

Our strategic aims remain the same as in 2022 when the 3 year plan was revised as follows:

**Strategic Aim 1 - Enhance our efficiency and long-term stability as an organisation**

**Outcome:** Pregnancy Options Centre is skilfully governed, financially secure, accountable to its funders and delivers high quality services.

**Strategic Aim 2 - Develop our services into South-East Hampshire**

**Outcome:** Pregnancy Options Centre supports more clients and young people in the South-East Hampshire region, filling a gap in need.

**Report of the Trustees**  
**for the Year Ended 31 December 2023**

**Strategic Aim 3 - Develop partnership working with community organisations and statutory bodies**

**Outcome:** Pregnancy Options Centre's services will expand and be further established, offering a wide range of services and expertise whilst having the capacity to do so.

**Public benefit**

As a small charity, below the Charities Act's audit threshold, the report focuses on the main activities undertaken by the charity to further its charitable purposes for public benefit. The 'Summary of the Charities Achievements of the Year' provides a brief summary of the activities undertaken. The trustees confirm they have had due regard to the Charity Commission's Public Benefit Guidance and will continue to follow this guidance in future plans.

**ACHIEVEMENT AND PERFORMANCE**

2023 continued to be a year of growth and development for Pregnancy Options Centre in all areas of our service. We exceeded the demand seen in 2022 for our counselling service and saw more young people through our education project than ever before. Throughout 2023, we continued to offer a hybrid counselling service of telephone and face to face support.

In February 2023, we started to network and promote our counselling service in Portsmouth which resulted in receiving referrals for both pregnancy loss and pregnancy crisis. There has been a steady flow of referrals, and 2 practitioners (1 staff and 1 volunteer) supported clients. Four volunteers were trained on our 'Time to Heal' course and have gone on to support clients.

Our education project thrived in 2023 reaching 2752 young people between January and December 2023. Our Education Manager, Natalie, left in July and was succeeded by Gemma White in September. Gemma continued to deliver lessons in both primary and secondary schools throughout Chichester and Arun, reaching 300 year 6 students and 6 parents and carers.

A more detailed summary of the work of each project follows:

**Counselling Project**

This project provides counselling for women and their partners and/or families facing unplanned pregnancy or struggling after an abortion or pregnancy loss. We use a bereavement support programme called Time to Heal, which enables our clients to address their painful issues of loss and find healthy ways of processing their experiences. For unplanned pregnancy clients, we give an hour's session giving time for them to explore all their thoughts and feelings and use tools to help them navigate their three options: abortion, adoption or parenting.

**Referrals**

In 2023, we received 122 new client referrals, with 99 clients engaging in support for unplanned pregnancy, post abortion, miscarriage, post ectopic, still birth, termination for medical reasons, pregnancy testing and pregnancy support. 26 clients were signposted to abortion providers on request or to other closer centres/services where appropriate. We also had 1 woman engage in a grief wellbeing workshop at a partner organisation, My Sisters' House in Bognor Regis. Referrals came from 111 females and 11 males during the year. We continued to support 9 clients from our 2022 caseload into 2023. 59 of our referrals in 2023 were for unplanned pregnancy support, an increase of 20% on the previous year of 49. We believe this may be due to a combination of the cost-of-living crisis, an increase in our visibility in the community as well as the geographical area that we cover, with our Portsmouth Centre now accepting referrals. There was also an increase in the number of both clients and their partners seeking support for unplanned pregnancies accounting for 12% of 2023 referrals.

**Volunteers**

During 2023, we trained 4 new volunteers on our Time to Heal 12-step programme delivered by Options trainers. These volunteers were then able to go to support clients to explore their thoughts, feelings and reactions after a pregnancy loss or abortion. All our practitioners are trained in counselling skills and how to use these to support someone who is facing unplanned pregnancy or struggling following an abortion or pregnancy loss. They all work within the BACP Code of Ethics and Practice, of which Pregnancy Options Centre is an organisational member. Some of our team are also qualified counsellors but this is not a requirement for our volunteers. Volunteer training is accredited at Level 3 through the Association of Accredited Learning (AAL) and recognised by NCFE/CACHE.

**Report of the Trustees**  
**for the Year Ended 31 December 2023**

**Monitoring**

We use quantitative and qualitative monitoring tools which show significant impact, including using NHS approved psychometrics depression scores, recorded by PHQ-9 forms. Clients reported an average score of 14.3, equivalent to a moderate depression. 40% score above 15, which corresponds to a moderately severe or severe depression level score. Many clients express a loss of interest or enjoyment in life since their loss, with little interest or pleasure in doing things. At the end of support, the average PHQ-9 score was 4.2, equalling no depression.

At the start of support, clients also indicate if they have suffered with symptoms associated with poor mental health: 95% of clients said they suffered from sorrow, guilt or anger from their experience, 72% suffered with flashbacks, 53% with nightmares and 38% had suicidal thoughts. By the end of support, only 36% continued to suffer from sorrow, guilt or anger, 21% continued to suffer with flashbacks, 7% with nightmares and 0% of clients suffered from suicidal thoughts. Even though clients may still suffer with these events, all commented that they were less frequent and were better able to cope with them if and when they occurred. With our support, clients are able to move forward and build positive futures.

At the end of 2023, we introduced a new 'client impact measure tool' which asks clients to rate their thoughts/feelings across 4 key areas: Wellbeing, Life Functioning, Mental Health Symptoms/Problems and Risk factors. Clients' scores are recorded every 6 weeks throughout their support in a bid to better demonstrate the change clients experience as a result of support, but also to prompt a regular 'review' time with their practitioner. It is our hope that we will be able to better demonstrate the impact of Options' support across these key life areas, as well as being able to pick up sooner where the support needs or focus has changed for particular clients and perhaps where signposting to other services is necessary.

We offer clients the opportunity to complete a programme evaluation and write about their personal journey. Feedback given shows that clients experience non-directive and nonjudgmental support. Clients express feeling safe with their volunteer practitioner, are able to fully explore their painful experiences and found the counselling process provided healing. Some feedback from clients is below:

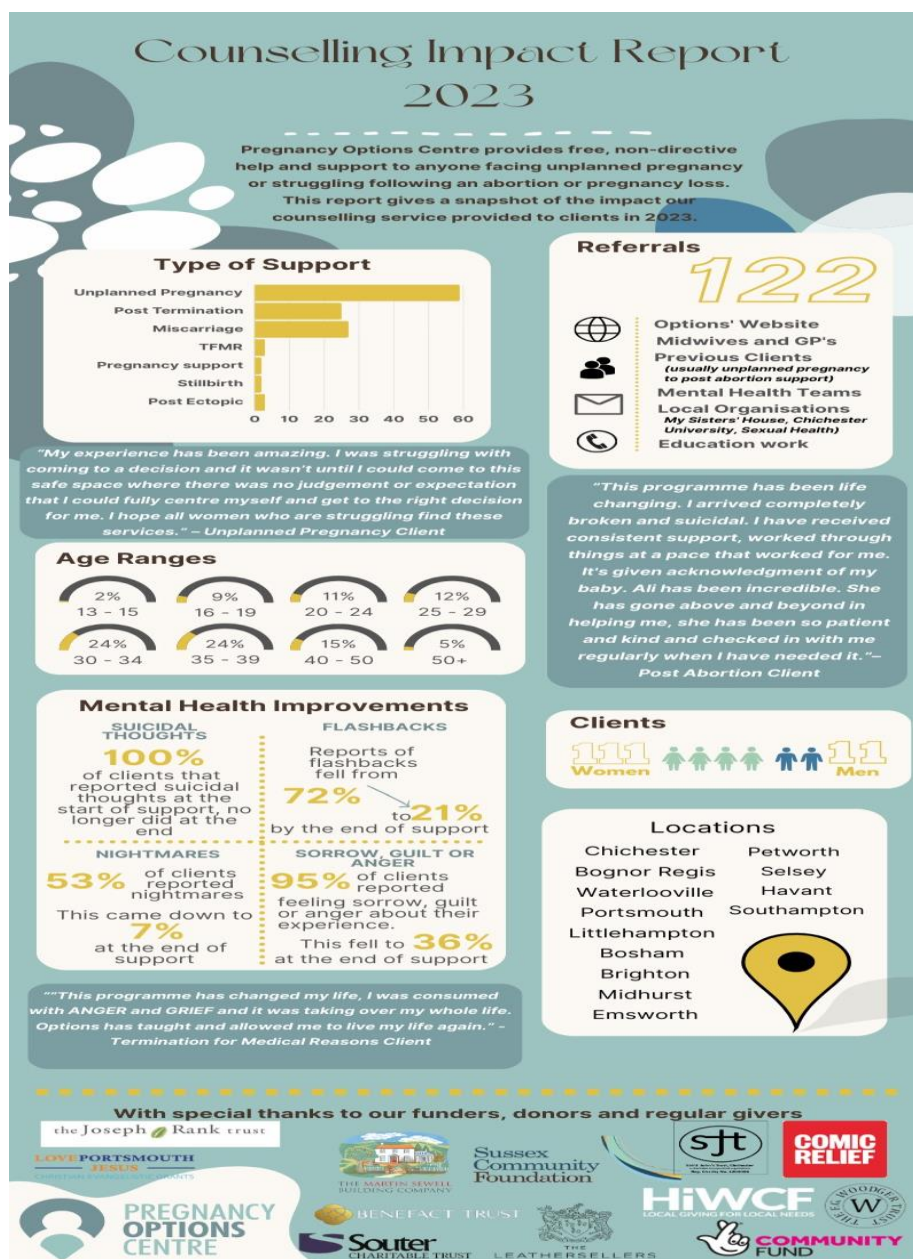
"This programme has been life changing. I arrived completely broken and suicidal. I have received consistent support, worked through things at a pace that worked for me. It's given acknowledgment of my baby. Ali has been incredible. She has gone above and beyond in helping me, she has been so patient and kind and checked in with me regularly when I have needed it." - Post Abortion Client

"It has been the most valuable experience. I didn't quite realise how much I needed this. It has helped me explore and understand my grief, to reflect on all my emotions, to understand how and who I am is OK, to be human, to acknowledge my losses and be grateful for being able to have them for however long. Emily created a safe space which was honest and real. I am sad in a way not to see her following this. She has helped me so so much." - Miscarriage Client

"This programme has changed my life, I was consumed with ANGER and GRIEF and it was taking over my whole life. Options has taught and allowed me to live my life again." - Termination for Medical Reasons Client

"My experience has been amazing. I was struggling with coming to a decision and it wasn't until I could come to this safe space where there was no judgement or expectation that I could fully centre myself and get to the right decision for me. I hope all women who are struggling find these services." - Unplanned Pregnancy Client

Report of the Trustees  
for the Year Ended 31 December 2023



**Education Project**

Our education project provides interactive educational sessions for local schools, colleges and youth settings on topics surrounding healthy sex and relationships. Topics include: consent, internet safety, healthy friendship and relationships, sexual health and puberty, the pregnancy timeline and the three options of an unplanned pregnancy: abortion, adoption and parenting.

In 2023, we continued to deliver our secondary sessions in schools we had relationships with as well as going into both Chichester and Brinsbury Colleges to speak to SEND students. We also continued to have primary school bookings for our 5-part primary series on healthy relationships, puberty, menstrual wellbeing and reproduction.

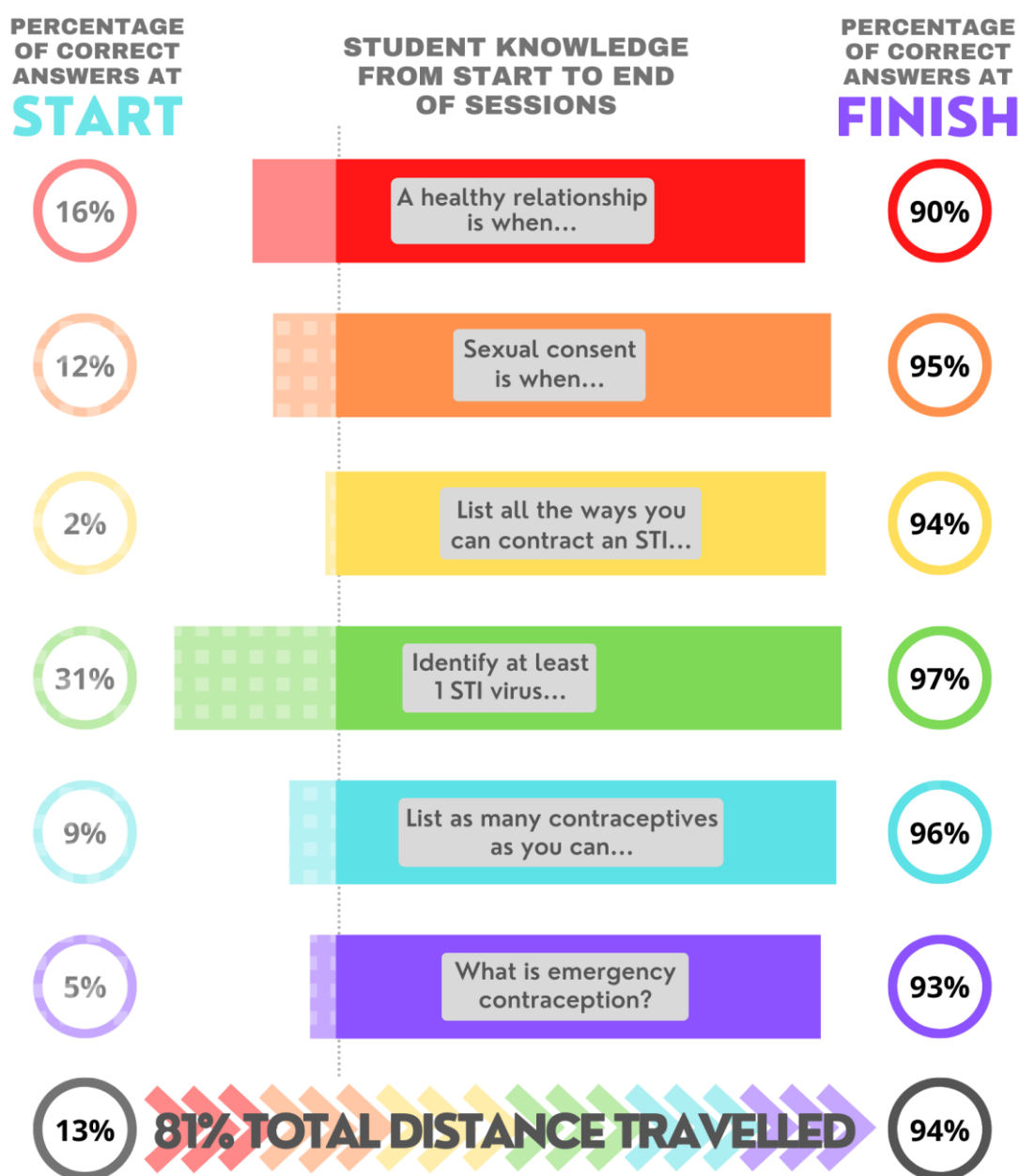
Between January and December 2023, we delivered 134 sessions compared to 112 sessions in 2022 on: healthy relationships and consent, contraception and STIs, the pregnancy timeline, the dangers of pornography, puberty (hygiene), puberty external and internal changes, menstrual wellbeing, reproduction and a parent and carers information zoom. We also visited Chichester College, Brinsbury College, and both campuses at Chichester and Bognor for Chichester University Fresher Fair events, raising awareness of our counselling service and networking with education settings on our workshops.

**Report of the Trustees**  
**for the Year Ended 31 December 2023**

Natalie Newell left us in August 2023 and Gemma White started as Education Manager in September. In December, she attended a Level 4 accredited online course in Relationships and Sex Education with ACET training to develop her skills and knowledge in this area.

In terms of monitoring and evaluation, we are constantly asking for feedback and recommendations on how we can improve our sessions. We use feedback from staff and students to shape our service, and reports given to schools have been used in planning meetings at senior level. Reports sent to schools after sessions include a review of the workshops delivered, its relevance to the government RSE curriculum, students' learning progression and feedback. The creation of 'distance travelled' information is a method of demonstrating students' understanding at the start of sessions compared to the end of sessions (shown by infographic).

Qualitative feedback is also collected after sessions and has been exceedingly positive from staff and pupils. All feedback and data are used to evaluate our work and enable us to adapt materials where necessary, to meet curriculum guidelines, as well as addressing key issues that are relevant to young people.





**Report of the Trustees**  
**for the Year Ended 31 December 2023**

Here are some of the comments collected during the year:

Staff Comments

"I liked the use of different resources and materials. Using videos, a quiz and the scenarios made the sessions more engaging for our students enabling them to learn more."

"Gemma adapted the lessons really well when needed and had a really good rapport with the students."

"Gemma created an environment where the students felt they could ask questions without feeling embarrassed."

"All staff across all the schools that I visited rated the sessions as "Excellent" on their feedback forms and 100% of staff said that they would book again."

Student Comments

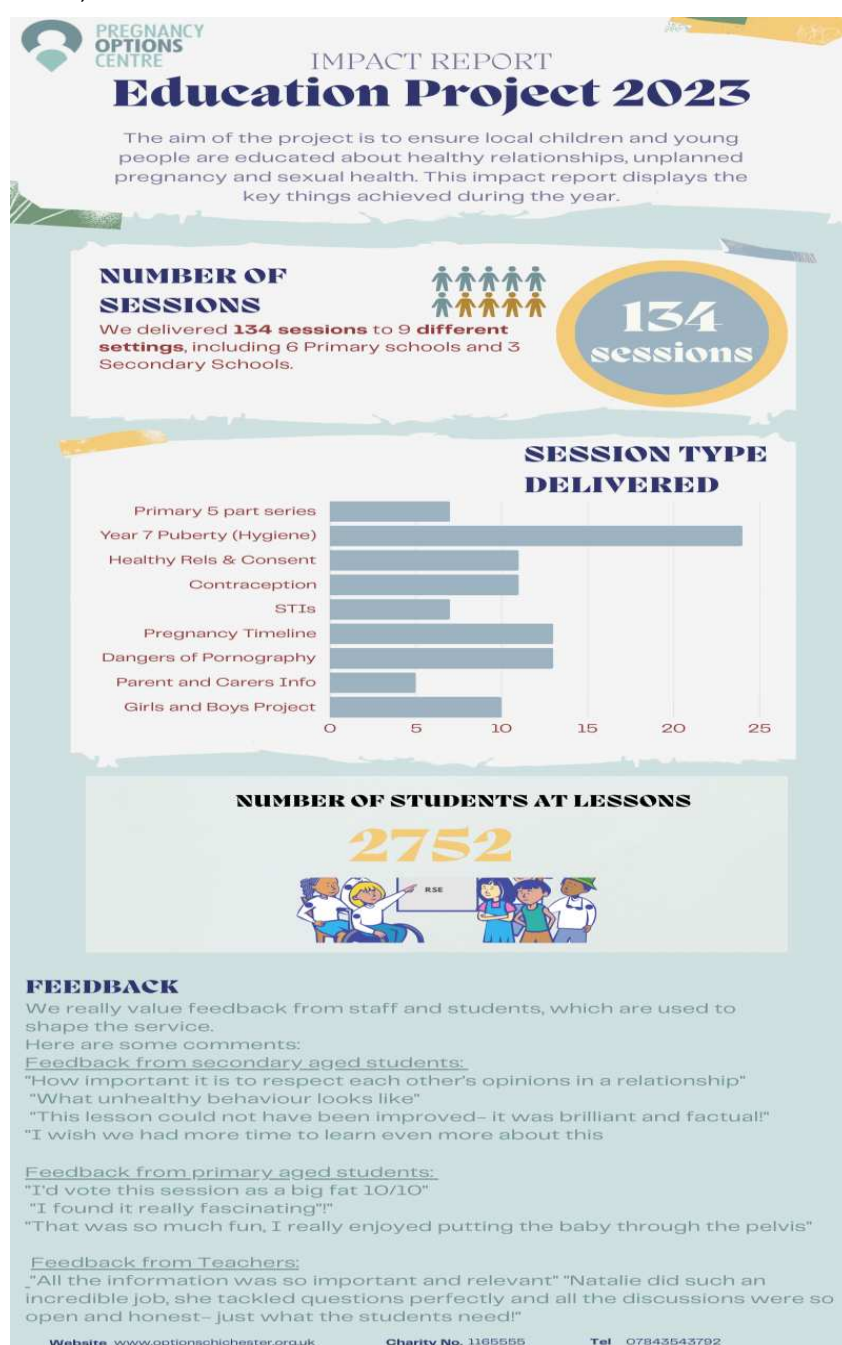
"The lesson was great, explaining really clear!"

"I thought it would be weird, but it was OK in the end."

"I learned that it is OK to support people and not be embarrassed about the changes coming."

"I wouldn't change anything about the session, it was fun and informative."

"I really enjoyed the lesson, but I didn't think I would!"



**Report of the Trustees**  
**for the Year Ended 31 December 2023**

**Summary of Operations**

Due to the CEO taking maternity leave in June 2023, the trustees decided to divide the role into 3 parts with 3 different people and skills. An Interim Charity Manager was appointed for 15 hours pw, a Fundraiser for 15 hours pw and a Counselling Team Lead for 12 hours pw. In July our Education Manager, Natalie Newell, resigned and Gemma White was appointed to the role in September. These changes have worked out well, although it has meant that most of the team were new and all learning together at once. The staff and volunteer team has also the opportunity to hybrid work, offering flexibility to all including our clients.

During 2023, we rented a room at St Cuthberts and St Aidans Community Centre, Portsmouth where we have an office and see clients. This quiet and safe space has proved to be beneficial to our clients and staff alike.

Funding during 2023 has been difficult and grants which we previously relied on have been reduced or unsuccessful. Our treasurer resigned during the second half of the year due to unforeseen personal circumstances, which meant that our 2022 accounts were produced and signed off by our Independent Examiners close to the Charity Commission's deadline. However, although our income for 2023 has been reduced, our prudent expenditure shows that we remain in line with our Reserves Policy of holding 3-6 months running costs.

**FINANCIAL REVIEW**

Total incoming resources amounted to £71,187 for the year ended 31 December 2023 (2022: £79,768). Total resources expended over the same year was £98,372 compared to £78,355 in 2022. The net position for the year amounted to a deficit of £27,185 (compared to a surplus of £1,413 for the year ended 31 December 2022). This difference is mainly due to the increase in the number of staff and consequently staff salaries in 2023. Net resources at the end of the year were £38,540 of which £31,250 is unrestricted and £7,290 is restricted.

Options are reliant on gifts from grant-making trusts and foundations, as well as individuals and donors. We would like to thank the following donors for their support in 2023:

St. John's Trust  
Leathersellers Foundation  
Benefact Trust  
Comic Relief/Groundworks  
Joseph Rank Trust  
Magic Little Grants  
Homity Trust  
Awards for All  
Woodger Trust  
Love Portsmouth  
Souter Trust  
Co-Op Community Fund  
Hampshire & Isle of Wight Council

We would also like to thank our regular donors and those who have fundraised for us.

**Report of the Trustees**  
**for the Year Ended 31 December 2023**

**Reserves Policy**

The charity holds its reserves in a current bank account. It is the policy of the trustees to maintain three to six months' expenditure in reserves. The financial management of the charity is supervised and monitored by CEO/Interim Charity Manager, Treasurer and the Trustees.

**PLANS FOR THE FUTURE**

- Train new volunteers in pregnancy loss and post abortion to support the anticipated demand for the service in both locations.
- Continue to build partnerships with statutory bodies and other organisations to increase awareness of the service and sustain the planned growth in our counselling service.
- Continue to deliver RSE into primary and secondary schools.
- Deliver RSE sessions to private and special schools, expanding our reach to all schools.
- Recruit, strengthen and diversify the Board of Trustees.
- Increase funding to multi-year funders to support the longevity of the organisation
- Increase our online presence, particularly Instagram and Facebook, to engage with the wider public and potential service users.

**STRUCTURE, GOVERNANCE AND MANAGEMENT**

**Governing document**

The charity is controlled by its constitution where only voting members are its charity trustees. The constitution was last amended on 19 January 2022.

**Recruitment and appointment of new trustees**

Apart from the first Trustees, all charity Trustees must be appointed for a term of 3 years by a resolution passed at a properly convened meeting of the charity trustees. In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO.

The current trustees are responsible for appointing new trustees.

The charity trustees will make available to each new charity trustee, on or before his first appointment: A copy of the current version of the constitution and a copy of the CIO latest Trustees Annual report and statement of accounts.

**Risk management**

The Trustees acknowledge they have a duty to identify and review risks to which the charity is exposed and to ensure appropriate controls are in place to provide reasonable assurance against fraud and error. Policies and procedures are reviewed regularly throughout the year, including a Risk Management Policy.

Approved by order of the board of trustees on 10th July 2024 and signed on its behalf by:



.....  
A Kuchanny - Trustee

**Independent Examiner's Report to the Trustees of  
Pregnancy Options Centre (Chichester)**

**Independent examiner's report to the trustees of Pregnancy Options Centre (Chichester)**

I report to the charity trustees on my examination of the accounts of Pregnancy Options Centre (Chichester) (the Trust) for the year ended 31 December 2023.

**Responsibilities and basis of report**

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under Section 145 of the Act and in carrying out my examination I have followed all applicable Directions given by the Charity Commission under Section 145(5)(b) of the Act.

**Independent examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by Section 130 of the Act; or
2. the accounts do not accord with those records; or
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a true and fair view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

.....  
  
A J Bennewith  
FCA, FCPA, FFA, FFTA, FIPA, DChA, FRSA  
Upper Ground Floor  
18 Farnham Road  
Guildford  
Surrey  
GU1 4XA

Date: .....

**Statement of Financial Activities**  
**for the Year Ended 31 December 2023**

				31.12.23	Restated 31.12.22
	Notes	Unrestricted fund £	Restricted funds £	Total funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>					
Donations and legacies	2	36,127	33,745	69,872	78,768
<b>Charitable activities</b>	3				
Charitable activities		1,240	-	1,240	1,000
Other income		<u>75</u>	<u>-</u>	<u>75</u>	<u>-</u>
<b>Total</b>		<u>37,442</u>	<u>33,745</u>	<u>71,187</u>	<u>79,768</u>
<b>EXPENDITURE ON</b>					
<b>Charitable activities</b>	4				
Charitable activities		<u>62,419</u>	<u>35,953</u>	<u>98,372</u>	<u>78,355</u>
<b>NET INCOME/(EXPENDITURE)</b>		(24,977)	(2,208)	(27,185)	1,413
<b>RECONCILIATION OF FUNDS</b>					
Total funds brought forward		<u>56,227</u>	<u>9,498</u>	<u>65,725</u>	<u>64,312</u>
<b>TOTAL FUNDS CARRIED FORWARD</b>		<u>31,250</u>	<u>7,290</u>	<u>38,540</u>	<u>65,725</u>

The notes form part of these financial statements

**Pregnancy Options Centre (Chichester)**

**Balance Sheet**  
**31 December 2023**

		Unrestricted fund £	Restricted funds £	31.12.23 Total funds £	Restated 31.12.22 Total funds £
	Notes				
<b>CURRENT ASSETS</b>					
Debtors	8	4,782	-	4,782	600
Cash in hand		<u>28,923</u>	<u>12,289</u>	<u>41,212</u>	<u>67,582</u>
		33,705	12,289	45,994	68,182
<b>CREDITORS</b>					
Amounts falling due within one year	9	(2,454)	(5,000)	(7,454)	(2,457)
		<u>          </u>	<u>          </u>	<u>          </u>	<u>          </u>
<b>NET CURRENT ASSETS</b>		<u>31,251</u>	<u>7,289</u>	<u>38,540</u>	<u>65,725</u>
<b>TOTAL ASSETS LESS CURRENT LIABILITIES</b>		<u>31,251</u>	<u>7,289</u>	<u>38,540</u>	<u>65,725</u>
		<u>          </u>	<u>          </u>	<u>          </u>	<u>          </u>
<b>NET ASSETS</b>		<u>31,251</u>	<u>7,289</u>	<u>38,540</u>	<u>65,725</u>
<b>FUNDS</b>	10				
Unrestricted funds				31,251	56,227
Restricted funds				<u>7,289</u>	<u>9,498</u>
<b>TOTAL FUNDS</b>				<u>38,540</u>	<u>65,725</u>

The financial statements were approved by the Board of Trustees and authorised for issue on 10th July 2024 and were signed on its behalf by:



A Kuchanny - Trustee

**Notes to the Financial Statements**  
**for the Year Ended 31 December 2023**

**1. ACCOUNTING POLICIES**

**Basis of preparing the financial statements**

The financial statements of the charity, which is a public benefit entity under FRS 102, have been prepared in accordance with the Charities SORP (FRS 102) 'Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019)', Financial Reporting Standard 102 'The Financial Reporting Standard applicable in the UK and Republic of Ireland' and the Charities Act 2011. The financial statements have been prepared under the historical cost convention.

**Income**

All income is recognised in the Statement of Financial Activities once the charity has entitlement to the funds, it is probable that the income will be received and the amount can be measured reliably.

**Expenditure**

Liabilities are recognised as expenditure as soon as there is a legal or constructive obligation committing the charity to that expenditure, it is probable that a transfer of economic benefits will be required in settlement and the amount of the obligation can be measured reliably. Expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all cost related to the category. Where costs cannot be directly attributed to particular headings they have been allocated to activities on a basis consistent with the use of resources.

**Taxation**

The charity is exempt from tax on its charitable activities.

**Fund accounting**

Unrestricted funds can be used in accordance with the charitable objectives at the discretion of the trustees.

Restricted funds can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular restricted purposes.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements.

**Pension costs and other post-retirement benefits**

The charity operates a defined contribution pension scheme. Contributions payable to the charity's pension scheme are charged to the Statement of Financial Activities in the period to which they relate.

**2. DONATIONS AND LEGACIES**

	31.12.23	Restated 31.12.22
	£	£
Regular Giving	9,294	7,497
Donations	4,333	3,685
Grants	<u>56,245</u>	<u>67,586</u>
	<u>69,872</u>	<u>78,768</u>

**Notes to the Financial Statements - continued**  
**for the Year Ended 31 December 2023**

**2. DONATIONS AND LEGACIES - continued**

Grants received, included in the above, are as follows:

	31.12.23	Restated 31.12.22
	£	£
St John's Trust	2,000	-
The Leathersellers' Foundation	5,000	1,400
The Joseph Rank Trust	10,000	10,000
Souter Trust	3,000	3,000
Woodward Trust	1,500	1,000
Co-op	1,000	-
Pregnancy Centres Network	300	-
Chichester District Council	1,000	2,000
Comic Relief	6,450	-
Awards For All	9,995	9,550
Magic Little Grants	500	500
Homity Trust	1,000	-
Woodger Trust	5,000	5,000
Love Portsmouth Jesus	2,500	2,500
Benefact Trust	7,000	-
The Albert Hunt Trust	-	2,000
Boltini Trust	-	5,000
Other Grants	-	556
SCF Winter Grant	-	10,000
JAG	-	3,580
Arnold Clarke	-	1,000
Didymus	-	3,000
Ian Askew	-	500
Sussex Community Foundation	-	7,000
	<u>56,245</u>	<u>67,586</u>

**3. INCOME FROM CHARITABLE ACTIVITIES**

	Activity	31.12.23	31.12.22
		£	£
Education Project	Schools Project	<u>1,240</u>	<u>1,000</u>



**Notes to the Financial Statements - continued**  
**for the Year Ended 31 December 2023**

**4. CHARITABLE ACTIVITIES COSTS**

	Direct Costs £
Charitable activities	<u>98,372</u>

**5. TRUSTEES' REMUNERATION AND BENEFITS**

There were no trustees' remuneration or other benefits for the year ended 31 December 2023 nor for the year ended 31 December 2022.

**Trustees' expenses**

There were no trustees' expenses paid for the year ended 31 December 2023 nor for the year ended 31 December 2022.

**6. STAFF COSTS**

	Unrestricted £	Restricted £	2023 £	2022 £
Wages and salaries	48,598	23,351	71,949	53,189
Defined contribution pension costs	<u>1,191</u>	<u>-</u>	<u>1,191</u>	<u>934</u>
	<u>49,789</u>	<u>23,351</u>	<u>73,140</u>	<u>54,123</u>

The average monthly number of employees during the year was 7 (2022: 4).

There were no employees with emoluments greater than £60,000 during the year (2022: None).

**7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES**

	Unrestricted fund £	Restricted funds £	Total funds £
<b>INCOME AND ENDOWMENTS FROM</b>			
Donations and legacies	35,082	43,686	78,768
<b>Charitable activities</b>			
Charitable activities	<u>1,000</u>	<u>-</u>	<u>1,000</u>
<b>Total</b>	<u>36,082</u>	<u>43,686</u>	<u>79,768</u>
<b>EXPENDITURE ON</b>			
<b>Charitable activities</b>			
Charitable activities	<u>33,505</u>	<u>44,850</u>	<u>78,355</u>
<b>NET INCOME/(EXPENDITURE)</b>	2,577	(1,164)	1,413
Transfers between funds	<u>(1,095)</u>	<u>1,095</u>	<u>-</u>
<b>Net movement in funds</b>	1,482	(69)	1,413
<b>RECONCILIATION OF FUNDS</b>			
Total funds brought forward	54,745	9,567	64,312

**Notes to the Financial Statements - continued**  
**for the Year Ended 31 December 2023**

**7. COMPARATIVES FOR THE STATEMENT OF FINANCIAL ACTIVITIES - continued**

	Unrestricted fund £	Restricted funds £	Total funds £
	<u>          </u>	<u>          </u>	<u>          </u>
<b>TOTAL FUNDS CARRIED FORWARD</b>	<u>56,227</u>	<u>9,498</u>	<u>65,725</u>

**8. DEBTORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.12.23 £	31.12.22 £
Other debtors	3,352	600
Prepayments and accrued income	<u>1,430</u>	<u>-</u>
	<u>4,782</u>	<u>600</u>

**9. CREDITORS: AMOUNTS FALLING DUE WITHIN ONE YEAR**

	31.12.23 £	31.12.22 £
Trade creditors	971	1,054
Other creditors	<u>6,483</u>	<u>1,403</u>
	<u>7,454</u>	<u>2,457</u>

**10. MOVEMENT IN FUNDS**

	Restated At 1.1.23 £	Net movement in funds £	Transfers between funds £	At 31.12.23 £
<b>Unrestricted funds</b>				
General fund	56,227	(24,976)	-	31,251
<b>Restricted funds</b>				
Other restricted funds	2,166	(1,326)	(556)	284
JAG	1,433	(1,433)	-	-
Woodger Trust	1,300	3,700	-	5,000
Sussex Community Foundation	4,599	(4,599)	-	-
Comic Relief	-	1,002	-	1,002
Love Portsmouth Jesus	<u>-</u>	<u>447</u>	<u>556</u>	<u>1,003</u>
	<u>9,498</u>	<u>(2,209)</u>	<u>-</u>	<u>7,289</u>
<b>TOTAL FUNDS</b>	<u>65,725</u>	<u>(27,185)</u>	<u>-</u>	<u>38,540</u>

**Notes to the Financial Statements - continued**  
**for the Year Ended 31 December 2023**

**10. MOVEMENT IN FUNDS - continued**

Net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	37,442	(62,418)	(24,976)
<b>Restricted funds</b>			
Other restricted funds	19,794	(21,120)	(1,326)
JAG	-	(1,433)	(1,433)
Woodger Trust	5,000	(1,300)	3,700
Sussex Community Foundation	-	(4,599)	(4,599)
Comic Relief	6,451	(5,449)	1,002
Love Portsmouth Jesus	<u>2,500</u>	<u>(2,053)</u>	<u>447</u>
	<u>33,745</u>	<u>(35,954)</u>	<u>(2,209)</u>
<b>TOTAL FUNDS</b>	<u><u>71,187</u></u>	<u><u>(98,372)</u></u>	<u><u>(27,185)</u></u>

**Comparatives for movement in funds**

	At 1.1.22 £	Net movement in funds £	Transfers between funds £	Restated At 31.12.22 £
<b>Unrestricted funds</b>				
General fund	54,745	2,577	(1,095)	56,227
<b>Restricted funds</b>				
Other restricted funds	9,567	(8,496)	1,095	2,166
JAG	-	1,433	-	1,433
Woodger Trust	-	1,300	-	1,300
Sussex Community Foundation	<u>-</u>	<u>4,599</u>	<u>-</u>	<u>4,599</u>
	<u>9,567</u>	<u>(1,164)</u>	<u>1,095</u>	<u>9,498</u>
<b>TOTAL FUNDS</b>	<u><u>64,312</u></u>	<u><u>1,413</u></u>	<u><u>-</u></u>	<u><u>65,725</u></u>

**Notes to the Financial Statements - continued**  
**for the Year Ended 31 December 2023**

**10. MOVEMENT IN FUNDS - continued**

Comparative net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	36,082	(33,505)	2,577
<b>Restricted funds</b>			
Other restricted funds	18,105	(26,601)	(8,496)
JAG	3,581	(2,148)	1,433
Woodger Trust	5,000	(3,700)	1,300
Sussex Community Foundation	<u>17,000</u>	<u>(12,401)</u>	<u>4,599</u>
	<u>43,686</u>	<u>(44,850)</u>	<u>(1,164)</u>
<b>TOTAL FUNDS</b>	<u>79,768</u>	<u>(78,355)</u>	<u>1,413</u>

A current year 12 months and prior year 12 months combined position is as follows:

	At 1.1.22 £	Net movement in funds £	Transfers between funds £	At 31.12.23 £
<b>Unrestricted funds</b>				
General fund	54,745	(22,399)	(1,095)	31,251
<b>Restricted funds</b>				
Other restricted funds	9,567	(9,822)	539	284
Woodger Trust	-	5,000	-	5,000
Comic Relief	-	1,002	-	1,002
Love Portsmouth Jesus	<u>-</u>	<u>447</u>	<u>556</u>	<u>1,003</u>
	<u>9,567</u>	<u>(3,373)</u>	<u>1,095</u>	<u>7,289</u>
<b>TOTAL FUNDS</b>	<u>64,312</u>	<u>(25,772)</u>	<u>-</u>	<u>38,540</u>

**Notes to the Financial Statements - continued**  
**for the Year Ended 31 December 2023**

**10. MOVEMENT IN FUNDS - continued**

A current year 12 months and prior year 12 months combined net movement in funds, included in the above are as follows:

	Incoming resources £	Resources expended £	Movement in funds £
<b>Unrestricted funds</b>			
General fund	73,524	(95,923)	(22,399)
<b>Restricted funds</b>			
Other restricted funds	37,899	(47,721)	(9,822)
JAG	3,581	(3,581)	-
Woodger Trust	10,000	(5,000)	5,000
Sussex Community Foundation	17,000	(17,000)	-
Comic Relief	6,451	(5,449)	1,002
Love Portsmouth Jesus	<u>2,500</u>	<u>(2,053)</u>	<u>447</u>
	<u>77,431</u>	<u>(80,804)</u>	<u>(3,373)</u>
<b>TOTAL FUNDS</b>	<u>150,955</u>	<u>(176,727)</u>	<u>(25,772)</u>

Comic Relief - staff salaries and core costs

Awards for All - Counselling Lead salary and counselling costs

Woodger Trust - Education Manager's salary

Love Portsmouth - Interim Charity Manager, Portsmouth Counselling Lead and Admin salaries

Benefact - Portsmouth Satellite Co-ordinator salary and rent of premises

**11. RELATED PARTY DISCLOSURES**

There were no related party transactions for the year ended 31 December 2023 nor for the year ended 31 December 2022.

**Pregnancy Options Centre (Chichester)**

**Detailed Statement of Financial Activities**  
**for the Year Ended 31 December 2023**

	31.12.23 £	Restated 31.12.22 £
<b>INCOME AND ENDOWMENTS</b>		
<b>Donations and legacies</b>		
Regular Giving	9,294	7,497
Donations	4,333	3,685
Grants	<u>56,245</u>	<u>67,586</u>
	69,872	78,768
<b>Charitable activities</b>		
Education Project	1,240	1,000
<b>Other income</b>		
Interest received	<u>75</u>	<u>-</u>
<b>Total incoming resources</b>	71,187	79,768
<b>EXPENDITURE</b>		
<b>Charitable activities</b>		
Wages	71,949	53,189
Pensions	1,191	934
Insurance	296	973
Telephone	287	475
Postage and stationery	674	369
Advertising	320	882
Sundries	1,435	384
Travel and subsistence	1,597	1,002
Bank charges	14	34
Staff development	11,250	4,641
Rent	308	8,719
Bookkeeping	2,440	2,340
HR Support	389	239
Computer costs	704	755
Independent Examiner	1,200	1,200
Equipment	251	167
Education	607	388
Subscriptions	1,057	995
Counselling	<u>2,403</u>	<u>669</u>
	<u>98,372</u>	<u>78,355</u>
Total resources expended	<u>98,372</u>	<u>78,355</u>
<b>Net (expenditure)/income</b>	<u>(27,185)</u>	<u>1,413</u>

This page does not form part of the statutory financial statements