

**HOPE - South Yorkshire Fire - Road and Water Related  
Trauma Support for Families**

**Registered Charity number: 1165443**

**Financial Statements for the period  
ending 31 March 2023**

## **HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families**

### **Contents**

	<b>Page</b>
Legal and administrative information	3
Trustees' annual report	4 - 9
Independent examiner's report	10
Receipts and payments account	11
Statement of assets and liabilities	12
Notes to the accounts	13 - 16

**HOPE - South Yorkshire Fire - Road and Water Related  
Trauma Support for Families  
Legal and administrative Information**

**Registered Charity number:** 1165443  
(E & W)

**Trustees**

Cllr Steve Ayriss Ex-officio Trustee - Chairperson  
Christopher Kardahji - Treasurer  
Alan Atkin  
Debbie Mathews  
Sam Oldroyd  
Robert Taylor - resigned April 2023  
Robert Malyan - appointed 14 March 2023

**Administrative address**

The Quadrant  
99 Parkway Ave  
Sheffield  
S9 4WG

**Bankers**

Unity Trust  
4 Brindley Place  
Birmingham  
B1 2JB

**Independent examiner**

Angela Hayes FMAAT  
Community Accountant  
22 Brocklehurst Ave  
Barnsley  
S70 3EE

## **HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families**

### **Trustees' annual report for the year ended 31 March 2023**

#### **Structure, Governance and Management**

HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families, previously known as HOPE - The South Yorkshire Fire & Rescue and RTC Family Support Group is a Charitable Incorporated Organisation with a Foundation Model Constitution as its governing document, it was adopted on 4 February 2016 and amended on 21 September 2016, 31 August 2017, 4 July 2019 and 20 October 2020.

The Trustees form the management committee of the charity and are responsible for setting and reviewing the policies, finances and strategic direction of the charity. The Trustees delegate the day to day management of the Charity to Maryann Quinn, Charity Operations Manager.

#### **Appointment of Trustees**

The maximum number of charity trustees is 9.

Apart from the first charity trustees every appointed trustee must be appointed for a term of three years.

A member of the South Yorkshire Fire and Rescue Authority for the time being ('the office holder') shall automatically ('ex-officio') be a charity trustee, for as long as he or she holds that office. If unwilling to act as a charity trustee, the office holder may give notice in writing to the trustees of his or her unwillingness to act in that capacity; or after accepting appointment as a charity trustee, resign.

#### **Risk Management**

The trustees show due diligence by examining the major risks that the charity faces and putting systems into operation so that steps can be taken to reduce these risks.

#### **Charitable Aims and Objectives**

Providing a support structure for people affected by a death or traumatic incident either within their family or through the witnessing of a fire, road traffic collision (RTC) or incident with trauma, and by responding to the emotional needs of people who have been affected by fire, RTC or incident causing trauma with charitable help and assistance.

Setting up a sign-posting network of support and providing information through seminars, conferences and training events which aim to address the emotional trauma suffered by people through trauma by fire, RTC or incident with trauma.

## HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

Trustees' annual report - continued  
for the year ended 31 March 2023

### Charitable Aims and Objectives continued

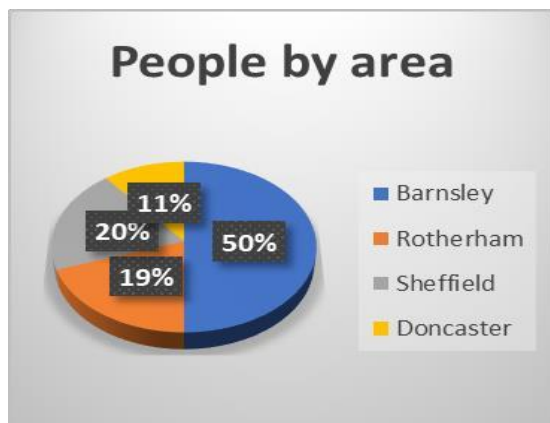
Working in partnership with professional agencies, community or voluntary networks and other concerned organisations throughout the area of benefit to assist the beneficiaries of the charity; and increasing community involvement in the area of benefit in promoting safety by raising public awareness of the need for home and road safety, manage risk on how to stay safe for the public benefit.

### Public benefit

The trustees have given due consideration to the Charity Commission published guidance on the Public Benefit requirement under the Charities Act 2022. We review our aims, objectives and activities each year to help to ensure that we remain focused on our stated purposes. Benefits are included in the information above.

### Achievements and performance

During the year we have been able to offer peer support groups, one to one's, family support sessions, meetings, walks and even attend court hearings with families, all without restrictions. The lifting of the restrictions made such a difference to the families we support, it was as if they breathed a collective sigh of relief, to be able to come together as they had done, before the pandemic.



Over the year, HOPE has supported 112 people. Ages range from 4 years old to over 70 years. Some have come to HOPE after a recent fatal incident, others come to us, years after a loved one has been killed. 14 new families have been referred to HOPE, through the Police, NHS, SY Fire and rescue service, also referrals have come through schools, word of mouth, community organisations and IAPT, (Improving Access to Psychological Therapies).

HOPE has supported families at court over multiple days, with over 7 court days and over 250 hours of intense support for family members. This support is pre-court, at court and post court.

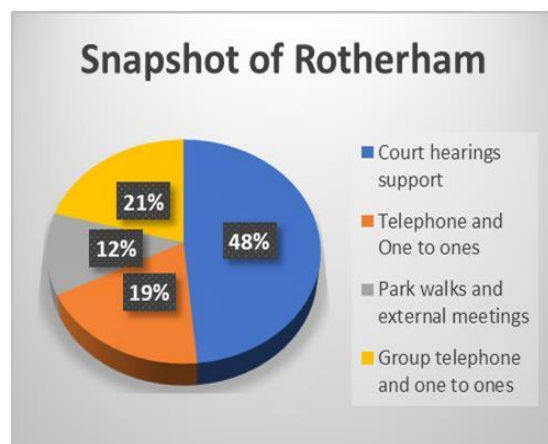
## HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

Trustees' annual report - continued  
for the year ended 31 March 2023

### Achievements and performance continued

HOPE continues to offer and support families following multiple fatal incidents and fatal house fires. Attending the scene to support families to lay flowers at the scene of a fatal road traffic collision. To be alongside them, when they are attending the aftermath of a fatal house fire, with Oliver (HOPE PTSD Support dog) to support the family when they return to the house. We assist the family and be there with them, with sensitive and calming support, when the loss adjustors, insurance people and others attend to evaluate the fire damage, that had ravaged the house, where their loved one died.

HOPE provided 23 Peer support groups, these are where families can just turn up, or can attend as many times, and for however long they need the support for. There can be 5 people or 20+ attending, and no two Peer support groups are the same. The intensity of support needs varies at every group, but the constant for the families is that they know we are there. HOPE regularly provides transport for those that cannot attend, due to not having the means or the financial ability to attend.



Oliver brings another very important avenue of support for the families that come to HOPE, and his role will develop and grow as he gets older. He has been into 2 houses badly damaged by fire and wears special safety boots, so his paws are not cut by fire debris.

Oliver's own mental health and welfare is also looked after, by allowing him to decompress from his valuable support work, by going doggy swimming. This allows him to be a normal dog enjoying his play time just being a dog, and not having to concentrate on his working support for individuals.

The new Website has made donating easier with the activated donate button, this shows real growth with the new website and in turn has seen more visits to the site.



## **HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families**

**Trustees' annual report - continued  
for the year ended 31 March 2023**

### **Achievements and performance continued**

Sheffield University Medical school collaboration continues with HOPE accepting 3 third year medical students last year. They were instrumental in developing the Trauma leaflet for HOPE and attended groups and events. Their support at groups through November and December has been invaluable as this is one of the busiest times of the year.

By allowing the students to see, feel and be part of traumatic grief and experience those with PTSD, helps them to fulfil their learning objectives and social determinants of health module, and allows HOPE to play a small part in their development as future doctors.

The HOPE memory tree, which is planted at Wortley Hall, continues to be a focal point for families who have nowhere else to go to remember their family member. They can leave memorable items, poems, teddies, or whatever they see fit in memory of their loved one. HOPE also works in collaboration with Wortley Hall, and should any items become weather worn, they can be gently removed and placed in a large memory crate, kept in the Wortley Hall stables for all time.

HOPE recently held an event at Wortley Hall, this was attended by 91 people. From the feedback we received everybody found the event supportive, helpful, bonding and the ability to come together to meet others from across South Yorkshire made them feel even less alone. Families laughed together, they cried together, but most of all they felt “together” not isolated, alone or ostracised in their trauma and grief.

Giving World is supporting HOPE with items that are given to HOPE families, these they are free and things they would not ordinarily access because of financial means. Some maybe toiletries, toys, clothing, baby items, always an assortment, which HOPE can pass onto others, especially in high areas of deprivation and need.

HOPE remains part of the South Yorkshire Local Resilience Forum, and works together with other agencies, i.e. Red Cross, to put into place a traumatic event response measure. This ensures, that should our services ever be needed, we can respond with our expertise, knowledge and information to work alongside other called on services to support people affected by a larger major incident with trauma.

Some comments from families have been:

*“I now feel that we are not alone in our grief and that there are many families struggling the same as us.”*

*“I think the work HOPE do is amazing. Such a great support for families, not many families get away from day-to-day grind and connect with others going through the same thing”.*

*“Thank you for making our family feel supported”.*

*“Grief never stops, thank you for always being there, for the listening ear and the generosity you all show”.*

## **HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families**

**Trustees' annual report - continued  
for the year ended 31 March 2023**

### **Future Plans**

Going forward HOPE is working with other agencies in Doncaster to secure a venue for the new Doncaster peer support group, as the need grows across South Yorkshire. HOPE is also one of Rotherham Mayors 3 Charities this year. This is a great honour and allows us again to meet and make new partnerships and raise HOPE's profile within Rotherham.

HOPE will continue the outreach support the Charity offers, be that in parks, farms, café's, boat trips, or Wortley Hall. HOPE grows through the offer of support wherever that maybe needed, and for however long that may be needed. HOPE's engagement within the Peer support groups will also grow with additional creative Art and Craft bereavement support, growing to meet the need of those attending.

Providing the necessary training for Oliver; HOPE'S Therapy dog, so he can access and take his Kennel Club Good Citizen Awards Certifications and build his skills as he grows. Inturn, this will benefit the families HOPE supports.

Making further partnerships to promote the Collision sessions, into alternative educational providers and support the very individuals, whose families may come to us following a fatal incident. Our work with the Students from Sheffield University Medical school continues and the students can and some do, choose to stay as volunteers and support HOPE afterwards.

HOPE has been asked many times by families to hold the "Coming Together" event. This is where friendships and bonding happen through shared Traumatic grief, in a way that is not doable anywhere else. HOPE will be putting on a further event, to facilitate this and supporting the families to attend.

To keep adding pages to the website for Oliver the Therapy dog, updates about Collision for the alternative providers, and keep encouraging people of all ages to upload their art work to the website. To work on adding small verbal narratives so others can hear how families and individuals access the support through HOPE.



## HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

Trustees' annual report - continued  
for the year ended 31 March 2023

### Reserves Policy

The reserves that we have set aside provide financial stability and the means for the development of our principal activity. We intend to maintain our reserves at a level which is at least **equivalent to 3 months of operating expenses**. The justification for setting our reserves at this level is that we currently have guaranteed funding for the entirety of the subsequent 2 funding years. Reserves should therefore only be required to cover any of the unforeseen circumstances

At 31 March 2023 the charity held unrestricted reserves of £39,060 (2022: £38,915) which based on the current year expenditure equates to almost 4 months operating expenses.

Now that interest rates have improved, the trustees are looking to invest some of the general reserves into a deposit account to maximise income for the charity.

The Board reviews the amount of reserves that are required at our quarterly board meeting to ensure that they are adequate to fulfil our continuing obligations.

The trustees declare that they have approved the above report  
Signed on behalf of the trustees

Signed: 

Date: 19 November 2023

Print name: Cllr Steve Ayris  
Trustee

**Independent examiners report to the trustees of  
HOPE - South Yorkshire Fire - Road and Water Related  
Trauma Support for Families**

I report to the trustees on my examination of the accounts of HOPE (the charity) for the year ended 31 March 2023.

**Responsibilities and basis of report**

As charity trustees of HOPE you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2022 ('the Act').

I report in respect of my examination of HOPE accounts carried out under section 145 of the 2022 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent examiners statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: 

Angela Hayes FMAAT  
Community Accountant  
Barnsley  
S70 3EE

Date: 21 November 2023

# HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

## Receipts and Payments for the year ended 31 March 2023

		Unrestricted	Restricted	Total	Total
		£	£	2023	2022
Incoming resources				£	£
Grants & contracts	2	244	107,630	107,874	104,009
Donations & legacies	3	799	-	799	1,186
Fundraising		175	-	175	-
<b>Total incoming resources</b>		<b>1,218</b>	<b>107,630</b>	<b>108,848</b>	<b>105,195</b>

### Resources expended

#### Cost of activities in furtherance of the charity's objects

		Unrestricted	Restricted	Total	Total
		£	£	2023	2022
				£	£
Staff costs	6	1,009	59,518	60,527	60,061
Office /administration expenses		-	475	475	334
Bank charges		-	122	122	167
Book keeping and payroll fees		-	2,973	2,973	2,220
Staff training & travel expenses		-	5,382	5,382	3,199
Service User travel costs		-	1,598	1,598	663
Equipment & resources		246	9,267	9,513	6,666
Events & conferences		-	3,600	3,600	-
Facilitator & Consultancy fees		-	3,600	3,600	-
Insurance		-	447	447	447
Printing, postage and stationery		-	2,300	2,300	1,511
Advertising/Promotional		-	-	-	60
Support costs (Dog)		-	4,492	4,492	-
Telephone & internet		-	324	324	805
Independent examiners fee		-	495	495	758
Memberships and subs		(216)	468	252	722
Professional fees		12	-	12	-
Rent, rates and utilities		-	2,220	2,220	1,860
Room Hire		-	1,119	1,119	3,404
Specialist Metal Health Mentor (PTSD)		-	822	822	7,627
Supervision costs		-	-	-	1,440
Volunteer Expenses		-	76	76	256
Website		-	-	-	3,500
Misc. Expenses		22	-	22	223

#### Asset and investment purchase


Purchase of equipment		-	449	449	919
<b>Total expensed resources</b>		<b>1,073</b>	<b>99,746</b>	<b>100,819</b>	<b>96,841</b>
<b>Net income/(deficit) for the year</b>		<b>145</b>	<b>7,884</b>	<b>8,029</b>	<b>8,354</b>
Transfer between funds		-	-	-	-
<b>Net movement in funds</b>		<b>145</b>	<b>7,884</b>	<b>8,029</b>	<b>8,354</b>
Funds brought forward		38,915	20,756	59,671	51,317
<b>Funds carried forward</b>		<b>39,060</b>	<b>28,640</b>	<b>67,700</b>	<b>59,671</b>

# HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

## Statement of Assets and Liabilities As at 31 March 2023

	2023 Total Funds	2022 Total Funds
<b>Monetary assets/(liabilities)</b>	<b>£</b>	<b>£</b>
Current account	69,613	59,912
Cash in hand	149	128
Credit card	(2,062)	(369)
<b>Total Monetary Assets/(Liabilities)</b>	<b><u>67,700</u></b>	<b><u>59,671</u></b>
<b>Represented by funds</b>		
Unrestricted funds		
General funds	39,060	38,915
Restricted Funds	7 28,640	20,756
<b>Total Funds</b>	<b><u>67,700</u></b>	<b><u>59,671</u></b>
<b>Non-Monetary assets and liabilities</b>		
<b>Fixed assets for charity use</b>		
Laptop	779	330
Computer	919	919
	<b><u>1,698</u></b>	<b><u>1,249</u></b>
<b>Liabilities</b>		
Accountancy and IE fee	(550)	(495)
Pension	(253)	(249)
Website	(1,000)	-
Consultancy	(1,440)	-
Car hire	(3,435)	-
Counselling sessions	(500)	-
Resources	(439)	-
	<b><u>(7,617)</u></b>	<b><u>(744)</u></b>

Approved by the trustees and signed on their behalf by:

Signed: 

Date: 19 November 2023

Print name: Cllr Steve Ayris  
Trustee

## **HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families**

### **Notes to the accounts for the year ended 31 March 2023**

#### **Accounting policies**

##### **- Basis of preparation**

The financial statements have been prepared on a Receipts & Payments basis which summarises the movement of cash in and out of the organisation. In this context 'cash' includes cash equivalents, such as bank accounts where cash can be readily available to pay debts as they fall due. The format of accounts is available to non-company charities with gross annual income of £250,000 or less.

##### **- Value Added Tax**

The Charity is unable to re-claim Value Added Tax which it pays on its expenditure. Where applicable expenditure is hence inclusive of VAT.

##### **- Fund Accounting**

The charity maintains an unrestricted fund which represents funds which are expendable at the discretion of the trustees in furtherance of the objects of the charity. Unrestricted funds may arise from general donations, fundraising activities, grants of a general nature, fees for service provision and payment for service delivery contracts.

Restricted funds have been provided to the charity for particular purposes and may only be spent for the purposes for which they were given. Any balance remaining outstanding on restricted fund at the end of the year is carried forward as a balance on the fund, unless permission has been given by the funder to remove the restriction on the balance outstanding. Restricted funds will arise from grants and donations given to the charity for specific purposes.

# HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

## Notes to the accounts for the year ended 31 March 2023

### 2 Grants received during the period

	Unrestricted	Restricted	Total 2023	Total 2022
	£	£	£	£
Police & Crime Commissioner	-	607	<b>607</b>	1,150
Voluntary Sector Mental Health	-	-	-	2,500
Barnsley CVS (SWYPFT Fund)	-	-	-	2,500
The Talbot Trusts	-	-	-	1,800
Arnold Clark	-	-	-	1,000
Freshgate Foundation	-	1,000	<b>1,000</b>	1,200
National Lottery Community Fund (NLCF)	-	78,932	<b>78,932</b>	74,617
Health Education England	-	-	-	10,192
NLCF - Awards for All	-	8,700	<b>8,700</b>	9,050
Re-think Mental Illness	244	-	<b>244</b>	-
People's Postcode Lottery	-	16,791	<b>16,791</b>	-
Sheffield City Council	-	1,600	<b>1,600</b>	-
	<u>244</u>	<u>107,630</u>	<u><b>107,874</b></u>	<u>104,009</u>
Total 2022	<u>10,192</u>	<u>93,817</u>	<u>104,009</u>	

### 3 Donations received during the period

All donations received during the year were unrestricted. (2022: £1,186 was received in donations of which £500 was restricted).

### 4 Trustee payments, benefits and expenses

No trustees received any remuneration, benefits or expenses during the period (2022: none).

### 5 Related party transactions

The charity pays a monthly rent to Manor Castle Development Trust Ltd (MCDT), Debbie Mathews, Trustee is the CEO of MCDT. There were no other related party transactions.

### 6 Staff costs

	2023	2022
	£	£
Salaries	<b>58,134</b>	56,535
Employers national insurance	<b>5,288</b>	5,363
Employers allowance	<b>(5,000)</b>	(4,000)
Pension cost	<u><b>2,105</b></u>	<u>2,163</u>
	<u><b>60,527</b></u>	<u>60,061</u>

# HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

Notes to the accounts  
for the year ended 31 March 2023

## 7 Movement in Funds

<u>2023</u>	<b>Funds b/fwd</b>	<b>Receipts</b>	<b>Payments</b>	<b>Transfers</b>	<b>Funds c/fwd</b>
	£	£	£	£	£
<b>Restricted Funds</b>					
Coalfields Regeneration Trust	119	-	119	-	-
NLCF - Reaching Communities	15,003	78,932	85,086	-	8,849
NLCF - Awards for All	252	8,700	8,616	-	336
Freshgate Foundation	1,005	1,000	-	-	2,005
Police & Crime Commissioner	577	607	1,184	-	-
Barnsley CVS (SWYPFT Fund)	2,000	-	-	-	2,000
The Talbot Trusts	1,800	-	-	-	1,800
People's Postcode Lottery	-	16,791	3,741	-	13,050
Sheffield City Council	-	1,600	1,000	-	600
<b>Total Funds</b>	<b>20,756</b>	<b>107,630</b>	<b>99,746</b>	<b>-</b>	<b>28,640</b>

<u>2022</u>	<b>Funds b/fwd</b>	<b>Receipts</b>	<b>Payments</b>	<b>Transfers</b>	<b>Funds c/fwd</b>
	£	£	£	£	£
<b>Restricted Funds</b>					
SY Community Foundation	192	-	192	-	-
Wesleyan Foundation	2,276	-	2,372	96	-
James Neil Trust	500	-	500	-	-
SCC - Woodhouse ward	500	-	500	-	-
Coalfields Regeneration Trust	5,303	-	5,184	-	119
NLCF - Reaching Communities	11,803	74,617	71,417	-	15,003
NLCF - Awards for All	-	9,050	8,798	-	252
Arnold Clark	-	1,000	1,000	-	-
Freshgate Foundation	-	1,200	195	-	1,005
Police & Crime Commissioner	-	1,150	573	-	577
Voluntary Sector Mental Health	-	2,500	2,500	-	-
Barnsley CVS (SWYPFT Fund)	-	2,500	500	-	2,000
The Talbot Trusts	-	1,800	-	-	1,800
Westfield Health Scheme	-	500	500	-	-
<b>Total Funds</b>	<b>20,574</b>	<b>94,317</b>	<b>94,231</b>	<b>96</b>	<b>20,756</b>

## **HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families**

### **Notes to the accounts for the year ended 31 March 2023**

#### **5 Movement in Funds continued**

##### Coalfields Regeneration Trust

Grant given to support families who have been bereaved due to a sudden traumatic incident.

##### National Lottery Community Fund - Reaching Communities

Grant to provide monthly peer support group, providing a welcoming safe space where people can come and meet others who have suffered similar life changing experiences.

##### National Lottery Community Fund - Awards for All

Grant given to hold a memorial event.

##### Freshgate Foundation

Grant to provide mental health support and counselling sessions for post traumatic stress disorder.

##### SY Police Crime & Commissioner

Funding received to deliver specialist support including general running expenses.

##### Barnsley CVS ( SWYPFT Fund)

Grant received to support the build and development of the new website.

##### The Talbot Trust

Grant given to provide mental health support for post traumatic stress disorder.

##### People's Postcode Lottery

Funding received for salary costs and Peer Support Groups

##### Sheffield City Council

Funding received to deliver young driver post test training.