

HOPE – South Yorkshire Fire-, Road- and Water-related Trauma Support for Families

England & Wales · Charity number 1165443

Details

Other names HOPE- THE SOUTH YORKSHIRE FIRE & RESCUE AND RTC FAMILY SUPPORT GROUP, HOPE

Status Registered

Legal form CIO

Registered 2016-02-04

Register [View on the Charity Commission register](#)

Contact

Address The Quadrant
99 Parkway Avenue
Sheffield
S9 4WG

Phone 0114 227 0105

Email info@hope-sy.org.uk

Website <https://www.hope-sy.org.uk/>

Activities

Objects: TO RELIEVE THOSE IN NEED IN SOUTH YORKSHIRE (THE “AREA OF BENEFIT”) IN PARTICULAR BUT NOT EXCLUSIVELY BY:(1) PROVIDING A SUPPORT STRUCTURE FOR PEOPLE AFFECTED BY A DEATH OR TRAUMATIC INCIDENT EITHER WITHIN THEIR FAMILY OF THROUGH THE WITNESSING OF A FIRE, ROAD TRAFFIC COLLISION (RTC) OR INCIDENT WITH TRAUMA AND BY RESPONDING TO THE EMOTIONAL NEEDS OF PEOPLE WHO HAVE BEEN AFFECTED BY FIRE, RTC OR INCIDENT CAUSING TRAUMA WITH CHARITABLE HELP AND ASSISTANCE;(2) SETTING UP A SIGN-POSTING NETWORK OF SUPPORT AND PROVIDING INFORMATION THROUGH SEMINARS, CONFERENCES AND TRAINING EVENTS WHICH AIM TO ADDRESS THE EMOTIONAL TRAUMA SUFFERED BY PEOPLE THROUGH TRAUMA BY FIRE, RTC OR INCIDENT WITH TRAUMA; (3) WORKING IN PARTNERSHIP WITH PROFESSIONAL AGENCIES, COMMUNITY OR VOLUNTARY NETWORKS AND OTHER CONCERNED ORGANISATIONS THROUGHOUT THE AREA OF BENEFIT TO ASSIST THE BENEFICIARIES OF THE CHARITY; AND(4) INCREASING COMMUNITY INVOLVEMENT IN THE AREA OF BENEFIT IN PROMOTING SAFETY BY RAISING PUBLIC AWARENESS OF THE NEED FOR HOME AND ROAD SAFETY, MANAGE RISK AND ON HOW TO STAY SAFE FOR THE PUBLIC BENEFIT.

Activities: Providing a support structure for people affected by a death or traumatic incident either within their family or through witnessing of a fire, road traffic collision (RTC) or drowning incident with trauma, and by responding to the emotional needs of people who have been affected by fire, RTC or drowning or incident causing trauma with charitable help and assistance.

Classification

- **How:** Provides Human Resources, Provides Buildings/facilities/open Space, Provides Services, Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** Children/young People, Elderly/old People, People With Disabilities, People Of A Particular Ethnic Or Racial Origin, The General Public/mankind

Geography

- **Area of benefit:** LOCAL
- Barnsley
- Doncaster
- Rotherham
- Sheffield City

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£171,519	£149,451	-	-
2024-03-31	£139,170	£116,569	-	-
2023-03-31	£108,848	£100,819	-	-
2022-03-31	£105,195	£96,841	-	-
2021-03-31	£85,197	£58,388	-	-

Trustees

Name	Role	Appointed
Clr Steve Ayris	Chair	2017-06-26
Alan Atkin		2017-09-18
Christopher Farouk Kardahji		2019-07-01
Deborah J Mathews		2019-03-11
Robert Malyan		2023-03-14
Robert Taylor		2024-09-10
Samuel Oldroyd		2019-03-11

HOPE - South Yorkshire Fire-, Road- and Water-related Trauma Support for Families

England & Wales - Charity number 1165443

Accounts

Charity Registration Number: 1165443

**HOPE - South Yorkshire Fire - Road and Water Related
Trauma Support for Families**

REPORT AND ACCOUNTS

YEAR ENDED 31 MARCH 2025

**HOPE - South Yorkshire Fire - Road and Water Related
Trauma Support for Families**

YEAR ENDED 31 MARCH 2025

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**HOPE - South Yorkshire Fire - Road and Water Related
Trauma Support for Families**

LEGAL AND ADMINISTRATIVE INFORMATION

YEAR ENDED 31 MARCH 2025

Full name: HOPE - South Yorkshire Fire - Road and Water
Related Trauma Support for Families

Registered Charity number: 1165443
(E & W)

Trustees Cllr Steve Ayris Ex-officio Trustee
Christopher Kardahji - Treasurer
Alan Atkin
Debbie Mathews
Sam Oldroyd
Robert Malyan
Robert Taylor - appointed 10 September 2024

Administrative address The Quadrant
99 Parkway Ave

Sheffield
S9 4WG

Bankers Unity Trust
4 Brindley Place
Birmingham
B1 2JB

CAF Bank Ltd
25 Kings Hill Ave
Kings Hill
West Malling
Kent
ME19 4JQ

Independent examiner Angela Hayes
Community Accountant
22 Brocklehurst Ave
Barnsley
S70 3EE

HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

Trustees' annual report for the year ended 31 March 2025

Structure, Governance and Management

HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families, previously known as HOPE - The South Yorkshire Fire & Rescue and RTC Family Support Group is a Charitable Incorporated Organisation with a Foundation Model Constitution as its governing document, it was adopted on 4 February 2016 and amended on 21 September 2016, 31 August 2017 , 4 July 2019 and 20 October 2020.

The Trustees form the management committee of the charity and are responsible for setting and reviewing the policies, finances and strategic direction of the charity. The Trustees delegate the day to day management of the Charity to Maryann Quinn, Charity Operations Manager.

Appointment of Trustees

The maximum number of charity trustees is 9.

Apart from the first charity trustees every appointed trustee must be appointed for a term of three years.

A member of the South Yorkshire Fire and Rescue Authority for the time being ('the office holder') shall automatically ('ex-officio') be a charity trustee, for as long as he or she holds that office. If unwilling to act as a charity trustee, the office holder may give notice in writing to the trustees of his or her unwillingness to act in that capacity; or after accepting appointment as a charity trustee, resign.

Risk Management

The trustees show due diligence by examining the major risks that the charity faces and putting systems into operation so that steps can be taken to reduce these risks.

Charitable Aims and Objectives

HOPE supports those bereaved by traumatic events (road traffic collisions, fires, drownings for example) and/or experiencing trauma through witnessing a fatal event across South Yorkshire. HOPE supports individuals and families to process their grief, manage PTSD from witnessing or being involved in the fatal incident and to rebuild their lives post incident. We are there for as long as somebody needs us, and there are no limits to how long support is accessed.

Our support is inclusive, compassionate and adaptable. It is dependent on the individual and their circumstances – they are accepted for who they are, and for what they are going through. We tell each person that “We will walk alongside you, behind you, and next to you” for as long as they want.

HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

Trustees' annual report - continued for the year ended 31 March 2025

Charitable Aims and Objectives continued

Working in partnership with professional agencies, community or voluntary networks and other concerned organisations throughout the area of benefit to assist the beneficiaries of the charity; and increasing community involvement in the area of benefit in promoting safety by raising public awareness of the need for home and road safety, manage risk on how to stay safe for the public benefit.

Public benefit

The trustees have given due consideration to the Charity Commission published guidance on the Public Benefit requirement under the Charities Act 2011. We review our aims, objectives and activities each year to help to ensure that we remain focused on our stated purposes. Benefits are included in the information above.

Achievements and performance

Peer Support Groups

HOPE's Peer Support Groups continue to be the cornerstone of HOPE's offer of support for those in contact with HOPE.

The Peer Support groups are offered across South Yorkshire and offer equality of access, for all those that have been through a traumatic bereavement. HOPE also continues the wider offer, to families and to individuals coming for support, or being referred into HOPE for support. One to one's, family support sessions, meetings, walks and attending court hearings, inquests, and funerals, all with families, all without restrictions. HOPE has been able to offer this support to families across, Barnsley, Rotherham, Sheffield and Doncaster.

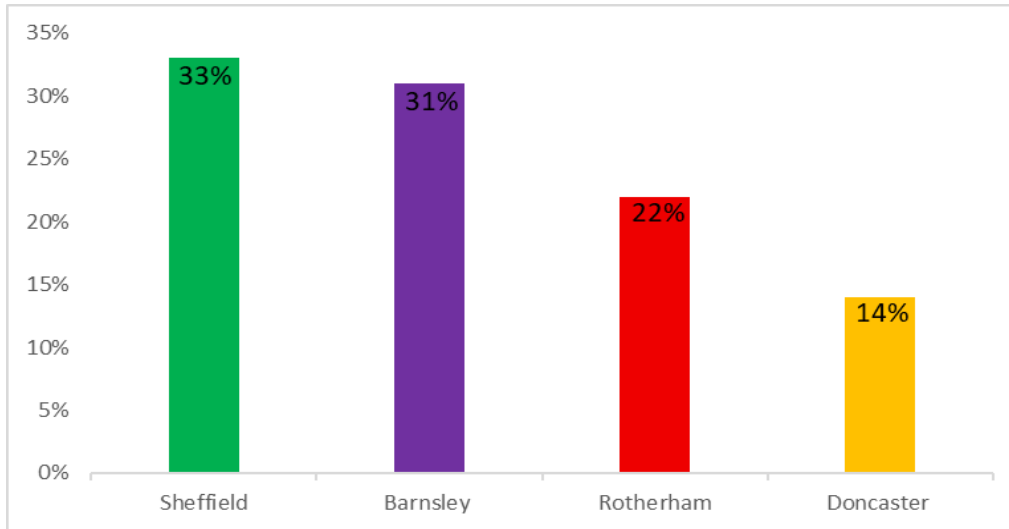
Over the past year, HOPE's numbers have climbed and have reached engagement with and supported 220 people. This encompasses all ages from 2 years old to over 80 years old. Families and individuals can access HOPE from immediacy after a death, to many years later. Traumatic grief has no timeline. Some will come soon after a fatal incident, other's will come months or even years after a loved one has been killed, or through the witnessing of a traumatic death. Referrals are made to HOPE through NHS, SY Police, SY Fire & Rescue service, as well as through education establishments, and pupil referral unit's word of mouth, community groups or organisations and IAPT, (Improving Access to Psychological Therapies). At times, a family will bring another family member, now ready for support, or someone completely new to support, to a peer support group.

HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

Trustees' annual report - continued
for the year ended 31 March 2025

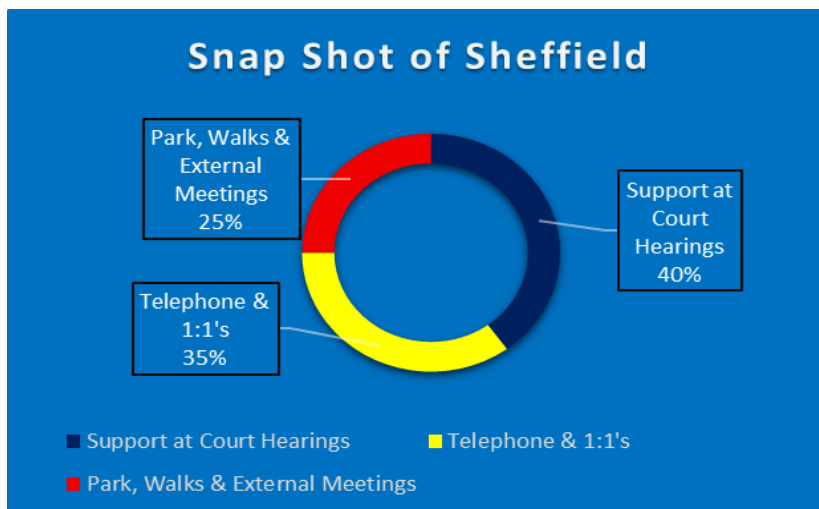
Achievements and performance continued

Percentage of people attending groups by area



HOPE continues to offer and support families following multiple fatal incidents and fatal house fires. Attending the scene to support families to lay flowers at the scene of a fatal road traffic collision. To be alongside them, when they are attending the aftermath of a fatal house fire, with Oliver (HOPE's PTSD Support dog) to support the family.

HOPE provides bi-monthly Peer support groups. Families can attend once, or attend as many groups as they want, it is their needs that HOPE is guided by, and for however long they need the support. HOPE can have 5 people or 40+ attending a peer support group. No two Peer support groups are ever the same, just as people's trauma and grief is never the same. At the December 2024 group there were 42 people in attendance, with volunteers supporting too.



HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

Trustees' annual report - continued for the year ended 31 March 2025

Achievements and performance continued

Some families will come to HOPE not knowing what to expect, but their need to come together with others, who truly understand, and to be supported by HOPE staff, in a non-judgemental and holistic wrap around supported environment, allows them to come.

A person or family's needs are individual and vary greatly even within one family group. Their relationship with the individual that has been killed, is what guides their traumatic grief. This can lead to light touch support, or intensive support over many hours and many months. HOPE is their constant, HOPE is there for them, through emotional, practical and family times of need; never judging.



HOPE member after being with HOPE for 4 years.

HOPE importantly provides vital transport for those who cannot attend groups/meetings, due to not having the means or the financial ability to attend. HOPE importantly offers equality of access to all.



Peer support creative group art by families.

Supporting families through the CJS (Criminal Justice System)

HOPE continues to support families when they are attending court, to see the defendant, who may or may not be pleading guilty, or being sentenced following a conviction, for a death by careless or dangerous driving. This can be across Magistrates and Crown courts across South Yorkshire. Some families will have cases listed 18 months to 2 years from a defendant pleading not guilty, and will come to HOPE for support throughout this time. Some trials are listed for 5 days, and HOPE will be there with the family. The same at Coronial Inquests, HOPE will support families through the Coronial process. Inquests are incredibly highly emotional and at times the Defendant's may be in attendance too. Through all the court processes HOPE will be there to support the families, quietly in the background, but present, the one constant. It is immensely stressful watching a defendant in court, who has killed a family's loved one. The support HOPE offers continues whatever the intensity, over many hours, days, weeks and months, and at time year's.

HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

Trustees' annual report - continued for the year ended 31 March 2025

Achievements and performance continued

Oliver

Oliver brings another very important avenue of support for the families that come to HOPE, and his role will develop and grow as he gets older. He has attended park walks, many HOPE events, the coroner's office and the medico legal centre as well. He is working toward his full Kennel Club Good Citizens Award, having passed his Bronze and will then continue training for Therapy and full Public access.

Oliver's own mental health and welfare is also looked after, by allowing him to de-compress from his valuable support work, by going doggy swimming. This allows him to be a normal dog enjoying his play time just being a dog and not having to concentrate on his working support for individuals.



Donations

HOPE is registered with HMRC for Gift Aid, so that all and any donations, and gifts can be maximised for the charity through the Gift Aid process. HOPE also has a presence with Just Giving so those that wish to do a sponsored or fundraising event can now access the support though the Just Giving platform, which gives HOPE Charity a greater social media footprint to support the charity.

Collaboration and Networks

Sheffield University

Sheffield University Medical school collaboration continues with HOPE accepting 4, third year medical students. They were instrumental in providing talking heads information videos, and updating the website information leaflets and materials.

They attended peer support groups, and were engaging with families in attendance, to support the work HOPE does. Their support, as always at the November and December peer support groups proved to be invaluable, as this is one of the busiest times of the year.

The medical students are immersed in all the areas of work HOPE does and meet some of the organisations who collaborate with HOPE, e.g South Yorkshire Fire and Rescue (SYFR) to learn about the work SYFR does across South Yorkshire. This enables the students to see, experience, feel what happens when the emergency services attend a fatal incident. Allowing them to be part of the traumatic grief and experience of those with PTSD, and allows them to fulfil their learning objectives and social determinants of their health module, and allows HOPE to play a small part in their development as future doctors.

HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

Trustees' annual report - continued for the year ended 31 March 2025

Achievements and performance continued

Wortley Hall

The HOPE memory tree and planter is dedicated and planted at Wortley Hall. The tree and the area around it, continues to be a focal point for families who have nowhere else to go to remember their family member. This may be because their loved one was cremated and their ashes scattered. Families leave memorable items, poems, teddies, wings, hearts, or whatever they see fit in memory of their loved one. HOPE also works in collaboration with Wortley Hall, and should any items become weather worn, they can be gently removed and placed in a large memory crate, kept in the Wortley Hall stables for all time.



"This tree of HOPE stands tall and proud
With love and grace we shout aloud
WE will always miss you;
but here we will see
Our love grow with our HOPE tree"

South Yorkshire Local Resilience Forum

HOPE remains part of the South Yorkshire Local Resilience Forum, and works together with other agencies, i.e. Red Cross, Mountain Rescue, Street Pastors, also members to put into place a traumatic event response measure. This ensures, that should HOPE's services ever be needed, we can respond with our expertise, knowledge and information to work alongside other called on services to support people affected by a larger major incident with trauma.

Community events

HOPE also attended several community events across South Yorkshire to help raise the profile of HOPE. Support was offered at the events for anyone identifying as needing the same, and provided information and invitation to come to the Peer support groups was also offered.

Future Plans

HOPE's offer of support continues to grow and numbers of families and individuals continue to grow too. Sadly, this is a reflection of the fatal incident increases across South Yorkshire. HOPE's offer of support always reflects the needs of the individual or family group. HOPE offers walks with families in parks, meeting at farm café's, organising family boat trips and accessing the grounds of Wortley Hall. HOPE's growth continues and thus the levels of support offered and sought does too, this is always in place for however long that may be needed. HOPE's engagement within the Peer support groups will also grow with additional creative art and craft, specific bereavement support, reading with Oliver; an initiative offered for young people to be able to interact with Oliver whilst having guided reading. Staff support and volunteers are also in attendance, to assist and meet the need of those attending.

HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

Trustees' annual report - continued for the year ended 31 March 2025

Future Plans continued

Providing the necessary and continuing training for Oliver, HOPE'S Therapy dog, he has now achieved his Kennel Club Good Citizen Award Certifications in Bronze, Silver and Gold. He has further achieved his Public Access Certificate (PAC), and continues to build his skills as he grows, for the benefit of the families HOPE supports.

Making further partnerships to be able to promote the invaluable and free Collision sessions into alternative educational providers, and support the very individuals whose families may come to HOPE following a fatal incident.

Continue the collaborative work with third year Students from Sheffield University Medical school, so that the students can; and some do, stay as volunteers and support HOPE.

HOPE has been requested many times by families to hold the "Coming Together" event, it is where friendships and bonding happens through shared Traumatic grief, in a way that is not doable anywhere else. HOPE will look to host a further event; funding permitting, to facilitate this and support the families to attend.

To keep creating and adding pages to the website for Oliver the Therapy dog, updates about Collision for the alternative providers, and keep encouraging people, of all ages, to upload their art work to the website. To work on adding small verbal narratives so others can hear how families and individuals access the support through HOPE.

Financial review

Principal funding sources

HOPE is dependent on grants and other external funding sources to sustain its activities. This is the final year of a three year grant with The National Lottery Community Fund. The trustees have submitted a new funding application to the NLCF, and they are still awaiting the outcome. A further application is being developed that will be submitted to BBC CIN for the Reading with Oliver programme and the charity are building on sourcing their own income stream through the sponsorship of Oliver.

The charity's policy on reserves

The reserves that we have set aside provide financial stability and the means for the development of our principal activity. We intend to maintain our reserves at a level which is at least **equivalent to 4 months of operating expenses**. If difficulties were to arise the reserves would be used to continue running in the present form. Staff would continue to deliver a service whilst trying to secure new funding.

At 31 March 2025, after allowing for funds invested in tangible fixed assets of £14,207 the charity held unrestricted reserves of £62,265 (2024: £58,427) which based on the current years expenditure equates to 5 months operating expenses. Potential redundancy payments are calculated at £6,702.

HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

Trustees' annual report - continued for the year ended 31 March 2025

Financial Position

The financial statements are set out on pages 13 to 20. The charity received total income of £171,519 in this financial year (2024: £139,170). The majority of income is grant funding and full details of grants received during the year are provided on page 17 of this report. Total expenditure for the year was £149,451 (2024: £116,569), giving a surplus for the year of £22,069 (2024: a surplus of £22,601). The total funds at the year-end stand at £104,752 (2024: £82,684).

The general reserve of the charity, represented by unrestricted funds, stands at £76,472 at the year end (2024: £59,062).

Investment

The trustees have considered the most appropriate policy for investing funds and has found a savings account with Unity Trust meets the charity's requirements.

Statement of Trustees responsibilities

Law applicable to charities in England & Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the charity's financial activities during the year and of its financial position at the end of the year. In preparing financial statements giving a true and fair view, the trustees should follow best practice and:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011 and applicable accounting standards. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees declare that they have approved the above report
Signed on behalf of the trustees

Signed:



Date: 19 January 2026

Print name: Cllr Steve Ayris

Trustee

HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

INDEPENDENT EXAMINER'S REPORT

I report on the accounts of the charity for the period ending 31 March 2025, which are set out on pages 13 to 20.

Responsibilities and basis of report

As the charity trustees you are responsible for the preparation of the accounts in accordance with the requirement of the Charities Act 2011 ('the Act').

I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: *A Hayes*

Date: *20/01/2026*

Angela Hayes, FMAAT
Community Accountant
22 Brocklehurst Avenue, Barnsley
S70 3EE

aat | Licensed
Accountant

Angela Hayes is licensed and regulated by
AAT under licence number 1006755

**HOPE - South Yorkshire Fire - Road and Water Related
Trauma Support for Families**

**Statement of Financial Activities
for the year ended 31 March 2025**

	Unrestricted funds	Restricted funds	Total 2025	Unrestricted funds	Restricted funds	Total 2024
	£	£	£	£	£	£
Incoming resources						
Grants & contracts	2	-	138,005	-	109,799	109,799
Donations & legacies (inc Gift Aid)	3	17,762	-	5,397	-	5,397
Charitable income (Student placement)		10,192	-	20,384	-	20,384
Fundraising		3,348	-	3,590	-	3,590
Bank interest		1,327	-	-	-	-
Other income		885	-	-	-	-
Total incoming resources		33,514	138,005	29,371	109,799	139,170

Resources expended

Cost of activities in furtherance of the charity's objects

	U	Restricted funds	Total 2025	Unrestricted funds	Restricted funds	Total 2024
		£	£	£	£	£
Staff costs	9	6,293	76,043	82,336	3,053	62,864
Office /administration expenses		12	473	485	19	566
Bank charges		193	-	193	204	3
Book keeping and payroll fees		-	9,806	9,806	-	3,616
Donation		575	-	575	575	-
Vehicle running expenses		2,967	-	2,967	3,494	-
Staff training & travel expenses		-	1,467	1,467	136	1,095
Service user travel costs		-	1,838	1,838	-	1,291
Equipment & resources		420	7,343	7,763	-	7,375
Events & conferences		495	-	495	1,103	4,000
Facilitator & Consultancy fees		197	10,138	10,335	-	6,400
Fundraising costs		27	-	27	142	-
Insurance		-	465	465	-	447
Printing, postage and stationery		187	933	1,120	-	872
Support costs (Dog)		-	6,703	6,703	-	7,054
Telephone & internet		(66)	1,581	1,515	-	1,222
Memberships and subs		-	624	624	-	566
Professional fees		25	800	825	-	700
Refreshments		226	2,606	2,832	-	1,510
Rent, rates, utilities and cleaning		-	4,200	4,200	-	2,220
Development of therapeutic space		66	3,510	3,576	-	-
Room Hire		386	264	650	57	639
Specialist Mental Health Mentor (PTSD)		-	1,250	1,250	-	2,000
Supervision costs		-	1,560	1,560	-	275
Volunteer Expenses		8	1,247	1,255	-	715
Website		-	500	500	-	2,043
Depreciation		3,659	-	3,659	159	-
Misc. Expenses		431	-	431	155	-
Total expenditure		16,100	133,350	149,451	9,096	107,473
Net income/expenditure for the year		17,414	4,655	22,069	20,275	2,326
Transfer between funds	11	(3)	3	-	(273)	273
Funds brought forward		59,062	23,622	82,684	39,060	21,023
Funds carried forward		76,472	28,280	104,752	59,062	23,622

**HOPE - South Yorkshire Fire - Road and Water Related
Trauma Support for Families**

**Balance Sheet
as at 31 March 2025**

		2025 £	2024 £
Fixed Assets			
Tangible fixed assets	4	14,207	635
Current Assets			
Debtors	5	-	554
Cash at bank and in hand		119,483	91,377
Total current assets		119,483	91,931
Current Liabilities			
Creditors amounts falling due within one year	6	(28,938)	(9,882)
		(28,938)	(9,882)
Net current assets		90,545	82,049
Net assets		104,752	82,684
Funds of the charity			
General funds		76,472	59,062
Restricted Funds	11	28,280	23,622
Total Funds		104,752	82,684

The trustees declare that they have approved the accounts above.

Approved by the trustees and signed on their behalf by:

Signed: 

Date: 19 January 2026

Print name: Cllr Steve Ayris
Trustee

HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

NOTES TO THE FINANCIAL STATEMENTS YEAR ENDED 31 MARCH 2025

1 Accounting policies

- Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities - Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS102)) and with the Charities Act 2011.

The charity meets the definition of a public benefit entity under FRS102. The financial statements are presented in sterling which is the functional currency of the charity and are rounded to the nearest £1.

The accounts have been prepared using the natural classification method.

- Going concern

The accounts have been prepared on a going concern basis. After reviewing the charity's forecasts, projections and its reserves, the trustees have reasonable expectation that the charity has adequate resources to continue in operation for the foreseeable future. They are currently awaiting the outcome of a new National Lottery Community Fund application and are working on securing further funding as detailed in the Financial Review.

- Income

Income is recognised in the SOFA when the charity has entitlement to the funds, any performance conditions attached to the monies have been met, the receipt of the income is probable and its amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

- Donated good and services

Donated facilities and services are recognised in the accounts, at the amount the charity would pay in the open market for a service equivalent to that being donated, when the charity would otherwise have purchased them and the value can be measured reliably.

The contribution of general volunteers is not recognised as income in the charity accounts.

- Expenditure and liabilities

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

**HOPE - South Yorkshire Fire - Road and Water Related
Trauma Support for Families**

**NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2025**

- Tangible Fixed Assets

Individual fixed assets costing £500 or more are capitalised at cost and are depreciated over their estimated useful economic lives at annual rates as follows:

Motor Vehicles	20% straight line
Equipment	25% straight line
Fixture and fittings	20% straight line

In the year of acquisition, assets are depreciated for the full year.

- Taxation

HOPE is a registered charity and is exempt from UK corporation tax on income from its charitable activities.

- Pension costs

The charity operates a defined contribution pension scheme for employees. Pension costs charged to the Statement of Financial Activities represent the contributions payable by the charity in the year.

- Funds structure

The charity maintains a general unrestricted fund which represents funds which are expendable at the discretion of the trustees in furtherance of the objects of the charity.

Restricted funds have been provided to the charity for particular purposes and may only be spent for the purposes for which they were given. Any balance remaining outstanding on restricted fund at the end of the year is carried forward as a balance on that fund, unless permission has been given by the funder to remove the restriction on the balance outstanding.

**HOPE - South Yorkshire Fire - Road and Water Related
Trauma Support for Families**

**NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2025**

2 Grants received during the period

	Unrestricted	Restricted	Total 2025	Total 2024
	£	£	£	£
South Yorkshire Community Fund	-	-	-	7,062
National Lottery Community Fund (NLCF)	-	118,167	118,167	99,737
Freemasonry and Lieutenancies Partnership Fund	-	-	-	3,000
NLCF - Reading with Oliver	-	19,838	19,838	-
	<u>-</u>	<u>138,005</u>	<u>138,005</u>	<u>109,799</u>

All grants received in 2024 were restricted.

3 Donations received during the period

During 2024/2025 the charity was the chosen Mayor's charity and received an unrestricted donation of £13,748. All other donations received during this and the last financial year were unrestricted.

4 Fixed Assets

	Motor Vehicles	Fixtures & Fittings	Equipment	Total Assets
Cost	£	£	£	£
Balance brought forward 01/04/24	-	794	-	794
Additions in the year	16,146	-	1,085	17,231
Disposals	-	-	-	-
Balance carried forward at 31/03/25	<u>16,146</u>	<u>794</u>	<u>1,085</u>	<u>18,025</u>
Depreciation				
Balance brought forward 01/04/24	-	159	-	159
Disposals	-	-	-	-
Charge for the year	3,229	159	271	3,659
Balance carried forward at 31/03/25	<u>3,229</u>	<u>318</u>	<u>271</u>	<u>3,818</u>
Net book value at 31/03/25	<u>12,917</u>	<u>476</u>	<u>814</u>	<u>14,207</u>
Net book value at 31/03/2024	<u>-</u>	<u>635</u>	<u>-</u>	<u>635</u>

**HOPE - South Yorkshire Fire - Road and Water Related
Trauma Support for Families**

**NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2025**

5 Debtors	2025	2024
	£	£
Accrued income	-	554
	<u>-</u>	<u>554</u>
	<u><u>-</u></u>	<u><u>554</u></u>
6 Creditors	2025	2024
	£	£
Accounts payable	2,974	3,934
Deferred Income	21,854	-
Pension and HMRC liabilities	2,145	3,789
* Other creditors	1,140	968
Accruals	825	1,191
	<u>28,938</u>	<u>9,882</u>
	<u><u>28,938</u></u>	<u><u>9,882</u></u>

* The other creditors is the outstanding balance due on the credit card.

7 Trustee payments, benefits and expenses

During the year 1 trustee (2024: 1) received expenses of £1,062 (2024: £488).

8 Related party transactions

There were no related party transactions during the year. (2024: Debbie Mathews, Trustee was the CEO of Manor Castle Development Trust, the charity rents it premises from the organisation). There were no other related party transactions.

9 Staff costs	2025	2024
	£	£
Salaries	77,947	63,053
Employers national insurance	6,349	5,448
Employers allowance	(5,000)	(5,000)
Employer Pension cost	2,612	2,088
Employers contribution to Health Scheme	428	328
	<u>82,336</u>	<u>65,917</u>
	<u><u>82,336</u></u>	<u><u>65,917</u></u>

No employee received emoluments of more than £60,000.

The average number of employees during the period is 4 (2024: 3).

10 Independent Examination and accountancy services

The costs of accounts preparation was provided by FH Accountancy Services at a cost of £500 (2024: £450).

The Independent examination was provided by Angela Hayes, Community Accountant at a cost of £325 (2024: £250).

**HOPE - South Yorkshire Fire - Road and Water Related
Trauma Support for Families**

**NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2025**

11 Movement in Funds

<u>2025</u>	Opening balance	Incoming resources	Resources expended	Transfers	Closing balance
	£	£	£	£	£
Restricted Funds					
Freshgate Foundation	2,005	-	-	-	2,005
The Talbot Trusts	1,635	-	1,250	-	385
NLCF - Reaching Communities (New)	14,439	118,167	124,009	-	8,597
South Yorkshire Community Fund	5,543	-	5,546	3	-
NLCF - Reading with Oliver	-	19,838	2,545	-	17,293
Total Funds	23,622	138,005	133,350	3	28,280

<u>2024</u>	Opening balance	Incoming resources	Resources expended	Transfers	Closing balance
	£	£	£	£	£
Restricted Funds					
NLCF - Reaching Communities	1,232	-	1,505	273	-
NLCF - Awards for All	336	-	336	-	-
Freshgate Foundation	2,005	-	-	-	2,005
Barnsley CVS (SWYPFT Fund)	2,000	-	2,000	-	-
The Talbot Trusts	1,800	-	165	-	1,635
People's Postcode Lottery	13,050	-	13,050	-	-
Sheffield City Council	600	-	600	-	-
NLCF - Reaching Communities (New)	-	99,737	85,298	-	14,439
South Yorkshire Community Fund	-	7,062	1,519	-	5,543
Freemasonry and Lieutenancies Partnership Fund	-	3,000	3,000	-	-
Total Funds	21,023	109,799	107,473	273	23,622

**HOPE - South Yorkshire Fire - Road and Water Related
Trauma Support for Families**

**NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2025**

11 Movement in Funds continued

National Lottery Community Fund - Awards for All

Grant given to hold a memorial event.

Freshgate Foundation

Grant to provide mental health support and counselling sessions for post traumatic stress disorder.

The Talbot Trust

Grant given to provide mental health support for post traumatic stress disorder.

People's Postcode Lottery

Funding received for salary costs and Peer Support Groups

Sheffield City Council

Funding received to deliver young driver post test training.

National Lottery Community Fund - Reaching Communities (New)

Provide a support structure and network for anyone affected by death or traumatic incident or through the witnessing of a fire, Road Traffic Collision (RTC), drowning or incident with trauma. Signposting to the support network when required.

South Yorkshire Community Fund

Funding for a peer support facilitator for 12 months to enable more support for families.

Freemasonry and Lieutenancies Partnership Fund

Bring families together at an event to make creative memories for loved ones.
Access to one to one grief and trauma support in an outdoor setting.

HOPE - South Yorkshire Fire-, Road- and Water-related Trauma Support for Families

England & Wales - Charity number 1165443

Accounts

Charity Registration Number: 1165443

**HOPE - South Yorkshire Fire - Road and Water Related
Trauma Support for Families**

REPORT AND ACCOUNTS

YEAR ENDED 31 MARCH 2024

**HOPE - South Yorkshire Fire - Road and Water Related
Trauma Support for Families**

YEAR ENDED 31 MARCH 2024

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**HOPE - South Yorkshire Fire - Road and Water Related
Trauma Support for Families**

LEGAL AND ADMINISTRATIVE INFORMATION

YEAR ENDED 31 MARCH 2024

Full name: HOPE - South Yorkshire Fire - Road and Water
Related Trauma Support for Families

Registered Charity number: 1165443
(E & W)

Trustees Cllr Steve Ayris Ex-officio Trustee - Chairperson
Christopher Kardahji - Treasurer
Alan Atkin
Debbie Mathews
Sam Oldroyd
Robert Malyan

Administrative address The Quadrant
99 Parkway Ave
Sheffield
S9 4WG

Bankers Unity Trust
4 Brindley Place
Birmingham
B1 2JB

Independent examiner Angela Hayes
Community Accountant
22 Brocklehurst Ave
Barnsley
S70 3EE

HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

Trustees' annual report for the year ended 31 March 2024

Structure, Governance and Management

HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families, previously known as HOPE - The South Yorkshire Fire & Rescue and RTC Family Support Group is a Charitable Incorporated Organisation with a Foundation Model Constitution as its governing document, it was adopted on 4 February 2016 and amended on 21 September 2016, 31 August 2017, 4 July 2019 and 20 October 2020.

The Trustees form the management committee of the charity and are responsible for setting and reviewing the policies, finances and strategic direction of the charity. The Trustees delegate the day to day management of the Charity to Maryann Quinn, Charity Operations Manager.

Appointment of Trustees

The maximum number of charity trustees is 9.

Apart from the first charity trustees every appointed trustee must be appointed for a term of three years.

A member of the South Yorkshire Fire and Rescue Authority for the time being ('the office holder') shall automatically ('ex-officio') be a charity trustee, for as long as he or she holds that office. If unwilling to act as a charity trustee, the office holder may give notice in writing to the trustees of his or her unwillingness to act in that capacity; or after accepting appointment as a charity trustee, resign.

Risk Management

The trustees show due diligence by examining the major risks that the charity faces and putting systems into operation so that steps can be taken to reduce these risks.

Charitable Aims and Objectives

Providing a support structure for people affected by a death or traumatic incident either within their family or through the witnessing of a fire, road traffic collision (RTC) or drowning or incident with trauma, and by responding to the emotional needs of people who have been affected by fire, RTC or drowning incident causing a trauma with charitable help and assistance.

Setting up a sign-posting network of support and providing information through seminars, conferences and training events which aim to address the emotional trauma suffered by people through trauma by fire, RTC, drowning or incident with trauma.

HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

Trustees' annual report - continued for the year ended 31 March 2024

Charitable Aims and Objectives continued

Working in partnership with professional agencies, community or voluntary networks and other concerned organisations throughout the area of benefit to assist the beneficiaries of the charity; and increasing community involvement in the area of benefit in promoting safety by raising public awareness of the need for home and road safety, manage risk on how to stay safe for the public benefit.

Public benefit

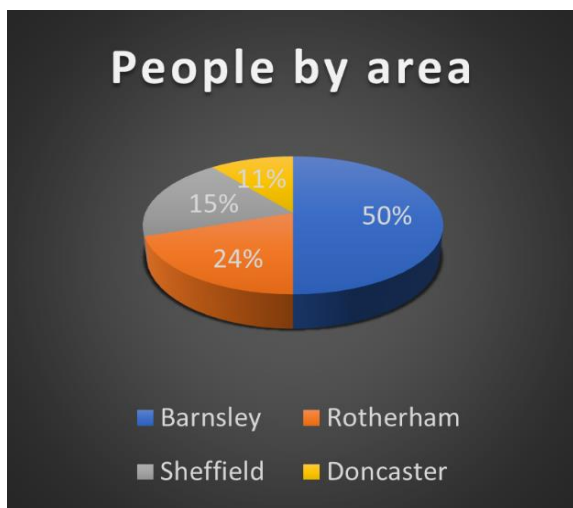
The trustees have given due consideration to the Charity Commission published guidance on the Public Benefit requirement under the Charities Act 2011. We review our aims, objectives and activities each year to help to ensure that we remain focused on our stated purposes. Benefits are included in the information above.

Achievements and performance

Peer Support Groups

HOPE's Peer Support Groups continue to be the cornerstone of HOPE's support.

Peer Support groups are offered across South Yorkshire and offer equal access, for all those that have been through a traumatic bereavement. HOPE also continues the wider offer, to families and to individuals coming for support, or being referred into HOPE for support. Some of the support provided includes one to one's, family support sessions, meetings, walks and attending court hearings with families, all without restrictions. HOPE has been able to offer this support to families across, Barnsley, Rotherham, Sheffield and Doncaster.



Over the past year, HOPE engaged with and supported 130 people, with an age range between 4 – 80+ years old. Families and individuals can access HOPE at differing times through their traumatic grief. Some will come soon after a fatal incident other's may come, months or even years after a loved one has been killed, or through the witnessing of a traumatic death. Referrals come through SY Police, NHS, SY Fire & Rescue service, as well as through education establishments, word of mouth, community organisations and IAPT, (Improving Access to Psychological Therapies). Sometimes, someone will bring another person with them to a group, to access the support.

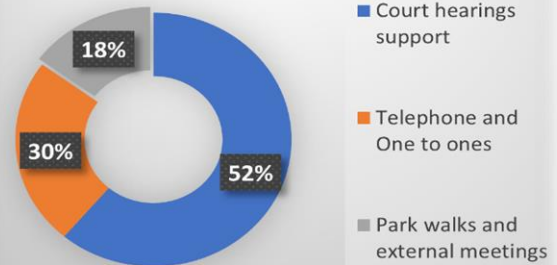
HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

Trustees' annual report - continued for the year ended 31 March 2024

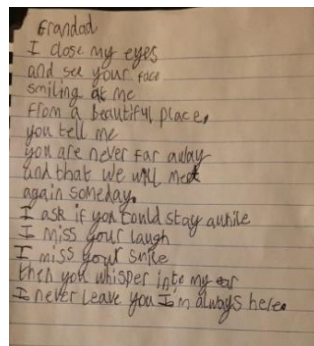
Achievements and performance continued

HOPE continues to offer and support families following multiple fatal incidents and fatal house fires. This may be attending the scene to support families to lay flowers at the scene of a fatal road traffic collision. To be alongside them, when they are attending the aftermath of a fatal house fire, with Oliver (HOPE's PTSD Support dog) to support the family.

Snapshot of Rotherham



HOPE provides 23 Peer support groups, these are where families can just turn up, and can attend as many times, and for however long they need the support for. There can be 5 people or 40+ attending, and no two Peer support groups are the same. The December 2023 group had 48 people in attendance. The intensity of support as does the needs of people, varies at every group and the one factor for the families is that they know HOPE is there for them. HOPE will also provide transport for those that cannot attend, due to not having the means or the financial ability to attend. HOPE offers equality of access to all.



Peer support creative group art by families.

Court Proceedings and support for families through the CJS (Criminal Justice System)

HOPE continues to support families with court proceedings, where the defendant may be pleading guilty or being sentenced following a conviction, for a death by careless or dangerous driving. This can be within any court across South Yorkshire and some cases may take days, or need multiple attendances, and HOPE will be there to support the families with a quiet hand to steady them through the immense stress of watching a defendant in court, who killed their loved one. The support HOPE offers is intense, and over many hours, days, weeks and months and even years.

HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

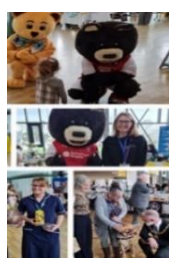
Trustees' annual report - continued for the year ended 31 March 2024

Achievements and performance continued

Oliver

Oliver brings another very important avenue of support for the families that come to HOPE, and his role will develop and grow as he gets older. He has attended park walks, many Community events, the coroner's office and the medico legal centre as well. He is working toward his full Kennel Club Good Citizens Award, having passed his Bronze, and will then continue training for therapy and full public

Oliver's own mental health and welfare is also taken care of by allowing him to de-compress from his valuable support work by going doggy swimming and open field sessions. This allows him to be a normal dog enjoying his play time and not having to concentrate on supporting individuals.



Cookes Pet Supplies kindly support Oliver with monthly food, for all the support he offers those coming to HOPE.

Donations

HOPE is now registered with HMRC for Gift Aid, so that any donations and gifts can be maximised for the charity, through the Gift Aid process. HOPE also now has a presence with Just Giving so those that want to do a sponsored or fundraising event can now access the support through the Just Giving platform, which gives HOPE Charity a greater social media footprint to support the charity.

Collaborations and Networks

Sheffield University

Sheffield University Medical school collaboration continues with HOPE accepting 5, third year medical students. They were instrumental in providing information, leaflets and materials and attending groups and events to support the work HOPE does. Their support at the November and December groups proved to be invaluable, as this is one of the busiest times of the year.

Allowing the students to see, feel and be part of traumatic grief and experience those with PTSD, allows them to fulfil their learning objectives and social determinants of their health module and allows HOPE to play a small part in their development as future doctors.

HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

Trustees' annual report - continued for the year ended 31 March 2024

Achievements and performance continued

Wortley Hall

The HOPE memory tree is dedicated and planted at Wortley Hall. The tree and area around it, continues to be a focal point for families who have nowhere else to go to remember their family member. They can leave memorable items, poems, teddies, wings, hearts, or whatever they see fit in memory of their loved one. HOPE also works in collaboration with Wortley Hall and should any items become weather worn, they can be gently removed and placed in a large memory crate, kept in the Wortley Hall stables for all time.



"This tree of HOPE stands tall and proud
With love and grace we shout aloud
WE will always miss you;
but here we will see
Our love grow with our HOPE tree"



South Yorkshire Local Resilience Forum

HOPE remains part of the South Yorkshire Local Resilience Forum, and works together with other agencies, i.e. Red Cross, to put into place a traumatic event response measure. This ensures, that should our services ever be needed, we can respond with our expertise, knowledge and information to work alongside other called on services to support people affected by a larger major incident with trauma.

Doncaster Venue

As the needs grows across South Yorkshire, HOPE continues to look for and locate a suitable venue for a new Doncaster group. Due to the nature and the needs of the group, ie parking, storage, hours of the meeting, privacy at the venue etc this has been challenging. HOPE is still looking for a venue and are hopeful we will find something suitable in the near future.

Mayor's Charity

HOPE also attended several community events to help raise the profile of the charity.

Lifewise Community Event



HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

Trustees' annual report - continued for the year ended 31 March 2024

Future Plans

HOPE will continue to grow the outreach support the Charity offers, be that with walks with families in parks, meeting at farm café's, organising family boat trips and accessing the grounds of Wortley Hall. HOPE's growth continues and thus the levels of support offered and sought does too. Our support is always offered for however long it is needed. HOPE's engagement within the Peer support groups will also grow with additional creative art and craft bereavement support. Our aim is to grow to meet the needs of those attending.

We will continue to provide the necessary and ongoing training for Oliver; so he can access, take and achieve his Kennel Club Good Citizen Awards Certifications and build his skills as he grows. This will in turn benefit the families HOPE supports.

We aim to make further partnerships to be able to promote the invaluable and free Collision sessions to alternative educational providers, and support the very individuals, whose families may come to HOPE following a fatal incident.

Our Work with third year Students from Sheffield University Medical school continues and the students can; and some do, stay as volunteers and support HOPE.

HOPE has been asked many times by families to hold the "Coming Together" event, this event is where friendships and bonding happens through shared Traumatic grief in a way that is not doable anywhere else. HOPE will look to host a further event; funding permitting, to facilitate this and support the families to attend.

We will continue to keep creating and adding pages to the website for Oliver the Therapy dog, add updates about Collision for the alternative providers, and keep encouraging people, of all ages, to upload their artwork to the website. We will work on adding small verbal narratives so others can hear how families and individuals access the support through HOPE.

Financial Position

The financial statements are set out on pages 12 to 19. The charity received total income of £139,170 in this financial year (2023: £108,848). The majority of income is grant funding and full details of grants received during the year are provided on page 16 of this report. Total expenditure for the year was £116,569 (2023: £107,692), giving a surplus for the year of £22,601 (2023: a surplus of £1,156). The total funds at the year-end stand at £82,684 (2023: £60,083).

The general reserve of the charity, represented by unrestricted funds, stands at £59,062 at the year end (2023: £39,060).

HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

Trustees' annual report - continued for the year ended 31 March 2024

Reserves Policy

The reserves that we have set aside provide financial stability and the means for the development of our principal activity. We intend to maintain our reserves at a level which is at least **equivalent to 4 months of operating expenses**. The justification for setting our reserves at this level is that we currently have guaranteed funding for the entirety of the subsequent 2 funding years. Reserves should therefore only be required to cover any of the unforeseen circumstances

At 31 March 2024 the charity held unrestricted reserves of £59,062 (2023: £39,060) which based on the current year expenditure equates to just over 5.5 months operating expenses. The trustees plan to purchase a vehicle for the charity in 2024 from general funds which will reduce the amount to around 4 months.

The trustees are still looking to invest some of the general reserves into a deposit account to maximise income for the charity.

Statement of Trustees responsibilities

Law applicable to charities in England & Wales requires the trustees to prepare financial statements for each financial year which give a true and fair view of the charity's financial activities during the year and of its financial position at the end of the year. In preparing financial statements giving a true and fair view, the trustees should follow best practice and:

- select suitable accounting policies and then apply them consistently;
- observe the methods and principles in the Charities SORP;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation.

The trustees are responsible for keeping proper accounting records that disclose with reasonable accuracy at any time the financial position of the charity and enable them to ensure that the financial statements comply with the Charities Act 2011 and applicable accounting standards. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

The trustees declare that they have approved the above report

Signed on behalf of the trustees

Signed:



Date: 24 October 2024

Print name:

Cllr Steve Ayris
Trustee

**HOPE - South Yorkshire Fire - Road and Water Related
Trauma Support for Families**

INDEPENDENT EXAMINER'S REPORT

I report on the accounts of the charity for the period ending 31 March 2024, which are set out on pages 12 to 19.

Responsibilities and basis of report

As the charity trustees you are responsible for the preparation of the accounts in accordance with the requirement of the Charities Act 2011 ('the Act').


I report in respect of my examination of the charity's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.
3. the accounts do not comply with the applicable requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: 

Date: 24 October 2024

Angela Hayes, FMAAT
Community Accountant
22 Brocklehurst Avenue, Barnsley
S70 3EE



Angela Hayes is licensed and regulated by
AAT under licence number 1006755

**HOPE - South Yorkshire Fire - Road and Water Related
Trauma Support for Families**

**Statement of Financial Activities
for the year ended 31 March 2024**

Restated see note 2

		Unrestricted	Restricted	Total	Total
		£	£	2024	2023
		£	£	£	£
Incoming resources					
Grants & contracts	3	-	109,799	109,799	107,874
Donations & legacies	4	5,397	-	5,397	799
Charitable income (Student placement)		20,384	-	20,384	-
Fundraising		3,590	-	3,590	175
Total incoming resources		29,371	109,799	139,170	108,848
Resources expended					
Cost of activities in furtherance of the charity's objects					
		Unrestricted	Restricted	Total	Total
		£	£	2024	2023
		£	£	£	£
Staff costs	10	3,053	62,864	65,917	60,531
Office /administration expenses		19	566	585	475
Bank charges		204	3	207	122
Book keeping and payroll fees		-	3,616	3,616	2,973
Donation		575	-	575	-
Vehicle cost and running expenses		3,494	-	3,494	3,435
Staff training & travel expenses		136	1,095	1,231	5,382
Service user travel costs		-	1,291	1,291	1,598
Equipment & resources		-	7,375	7,375	10,401
Events & conferences		1,103	4,000	5,103	3,600
Facilitator & Consultancy fees		-	6,400	6,400	3,600
Fundraising costs		142	-	142	-
Insurance		-	447	447	447
Printing, postage and stationery		-	872	872	2,300
Support costs (Dog)		-	7,054	7,054	4,492
Telephone & internet		-	1,222	1,222	324
Memberships and subs		-	566	566	252
Professional fees		-	700	700	562
Refreshments		-	1,510	1,510	-
Rent, rates and utilities		-	2,220	2,220	2,220
Room Hire		57	639	696	1,119
Specialist Mental Health Mentor (PTSD)		-	2,000	2,000	1,322
Supervision costs		-	275	275	1,440
Volunteer Expenses		-	715	715	76
Website		-	2,043	2,043	1,000
Depreciation		159	-	159	-
Misc. Expenses		155	-	155	22
Total expenditure		9,096	107,473	116,569	107,692
Net income/expenditure for the year		20,275	2,326	22,601	1,156
Transfer between funds	12	(273)	273	-	-
Funds brought forward	2	39,060	21,023	60,083	58,927
Funds carried forward		59,062	23,622	82,684	60,083

Details of prior year income by fund are provided on page 16 of this report.

Prior year expenditure includes £1,009 staff costs, £246 equipment, £12 professional fees and £22 misc expenditure from unrestricted funds. All other prior year expenditure is restricted.

**HOPE - South Yorkshire Fire - Road and Water Related
Trauma Support for Families**

**Balance Sheet
as at 31 March 2024**

		2024 £	2023 £
Fixed Assets			
Tangible fixed assets	5	635	-
Current Assets			
Debtors	6	554	-
Cash at bank and in hand		91,377	69,762
Total current assets		91,931	69,762
Current Liabilities			
Creditors	7	(9,882)	(9,679)
amounts falling due within one year		(9,882)	(9,679)
Net current assets		82,049	60,083
Net assets		82,684	60,083
Funds of the charity			
General funds		59,062	39,060
Restricted Funds	12	23,622	21,023
Total Funds		82,684	60,083

The trustees declare that they have approved the accounts above.

Approved by the trustees and signed on their behalf by:

Signed: 

Date: 24 October 2024

Print name: Cllr Steve Ayris
Trustee

HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

NOTES TO THE FINANCIAL STATEMENTS YEAR ENDED 31 MARCH 2024

Accounting policies

- Basis of preparation

The financial statements have been prepared in accordance with Accounting and Reporting by Charities - Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2019) - (Charities SORP (FRS102)) and with the Charities Act 2011.

This is the first year that the accounts have been prepared under FRS102. Previous year accounts have been prepared on the Receipts and Payments basis. The restatement of prior year comparatives is analysed in note 2 to the accounts.

The charity meets the definition of a public benefit entity under FRS102. The financial statements are presented in sterling which is the functional currency of the charity and are rounded to the nearest £1.

The accounts have been prepared using the natural classification method.

- Going concern

The accounts have been prepared on a going concern basis. After reviewing the charity's forecasts, projections and its reserves, the trustees have reasonable expectation that the charity has adequate resources to continue in operation for the foreseeable future.

- Income

Income is recognised in the SOFA when the charity has entitlement to the funds, any performance conditions attached to the monies have been met, the receipt of the income is probable and its amount can be measured reliably.

Income from government and other grants, whether 'capital' grants or 'revenue' grants, is recognised when the charity has entitlement to the funds, any performance conditions attached to the grants have been met, it is probable that the income will be received and the amount can be measured reliably and is not deferred.

- Donated good and services

Donated facilities and services are recognised in the accounts, at the amount the charity would pay in the open market for a service equivalent to that being donated, when the charity would otherwise have purchased them and the value can be measured reliably.

The contribution of general volunteers is not recognised as income in the charity accounts.

- Expenditure and liabilities

Expenditure is recognised once there is a legal or constructive obligation to make a payment to a third party, it is probable that settlement will be required and the amount of the obligation can be measured reliably.

**HOPE - South Yorkshire Fire - Road and Water Related
Trauma Support for Families**

**NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2024**

- Tangible Fixed Assets

Individual fixed assets costing £500 or more are capitalised at cost and are depreciated over their estimated useful economic lives at annual rates as follows:

Equipment	25% straight line
Fixture and fittings	20% straight line

In the year of acquisition, assets are depreciated for the full year.

- Taxation

Hope is a registered charity and is exempt from UK corporation tax on income from its charitable activities.

- Pension costs

The charity operates a defined contribution pension scheme for employees. Pension costs charged to the Statement of Financial Activities represent the contributions payable by the charity in the year.

- Funds structure

The charity maintains a general unrestricted fund which represents funds which are expendable at the discretion of the trustees in furtherance of the objects of the charity.

Restricted funds have been provided to the charity for particular purposes and may only be spent for the purposes for which they were given. Any balance remaining outstanding on restricted fund at the end of the year is carried forward as a balance on that fund, unless permission has been given by the funder to remove the restriction on the balance outstanding.

2 Reconciliation statement: funds restated under Charities SORP (FRS102)

	<u>As at 1 April 2023</u>		
	Unrestricted Funds	Restricted Funds	Total Funds
	£	£	£
Funds under previous reporting framework	39,060	28,640	67,700
Creditors and other liabilities	-	(7,617)	(7,617)
Funds restated under FRS102	39,060	21,023	60,083

**HOPE - South Yorkshire Fire - Road and Water Related
Trauma Support for Families**

**NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2024**

3 Grants received during the period

	Unrestricted	Restricted	Total 2024	Total 2023
	£	£	£	£
Police & Crime Commissioner	-	-	-	607
Freshgate Foundation	-	-	-	1,000
National Lottery Community Fund (NLCF)	-	-	-	78,932
NLCF - Awards for All	-	-	-	8,700
Re-think Mental Illness	-	-	-	244
People's Postcode Lottery	-	-	-	16,791
Sheffield City Council	-	-	-	1,600
South Yorkshire Community Fund	-	7,062	7,062	-
National Lottery Community Fund (NLCF) (New)	-	99,737	99,737	-
Freemasonry and Lieutenancies Partnership Fund	-	3,000	3,000	-
	<u>-</u>	<u>109,799</u>	<u>109,799</u>	<u>107,874</u>
Total 2023	<u>244</u>	<u>107,630</u>	<u>107,874</u>	

4 Donations received during the period

All donations received during this and the last financial year were unrestricted.

5 Fixed Assets

	Equipment	Total
	£	£
Cost		
Balance brought forward 01/04/23	-	-
Additions in the year	794	794
Disposals	-	-
Balance carried forward at 31/03/24	<u>794</u>	<u>794</u>
Depreciation		
Balance brought forward 01/04/23	-	-
Disposals	-	-
Charge for the year	159	159
Balance carried forward at 31/03/24	<u>159</u>	<u>159</u>
Net book value at 31/03/24	<u>635</u>	<u>635</u>

**HOPE - South Yorkshire Fire - Road and Water Related
Trauma Support for Families**

**NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2024**

6 Debtors	2024	2023
	£	£
Accrued income	554	-
	<u>554</u>	<u>-</u>

7 Creditors	2024	2023
	£	£
Accounts payable	3,934	6,814
Pension and HMRC liabilities	3,789	253
* Other creditors	968	2,062
Accruals	1,191	550
	<u>9,882</u>	<u>9,679</u>

* The other creditors is the outstanding balance due on the credit card.

8 Trustee payments, benefits and expenses

During the year 1 trustee (2023: none) received expenses of £488 (2023: £nil).

9 Related party transactions

The charity pays a monthly rent to Manor Castle Development Trust Ltd (MCDT), Debbie Mathews, Trustee was the CEO of MCDT, she has since retired from this role. There were no other related party transactions.

10 Staff costs	2024	2023
	£	£
Salaries	63,053	57,967
Employers national insurance	5,448	5,288
Employers allowance	(5,000)	(5,000)
Employer Pension cost	2,088	2,027
Employers contribution to Health Scheme	328	249
	<u>65,917</u>	<u>60,531</u>

No employee received emoluments of more than £60,000.

The average number of employees during the period is 3 (2023: 3).

11 Independent Examination and accountancy services

The costs of accounts preparation was provided by FH Accountancy Services at a cost of £450 (2023: £300).

The Independent examination was provided by Angela Hayes, Community Accountant at a cost of £250 (2023: £250).

**HOPE - South Yorkshire Fire - Road and Water Related
Trauma Support for Families**

**NOTES TO THE FINANCIAL STATEMENTS
YEAR ENDED 31 MARCH 2024**

12 Movement in Funds

<u>2024</u>	Opening balance	Incoming resources	Resources expended	Transfers	Closing balance
	£	£	£	£	£
Restricted Funds					
NLCF - Reaching Communities	1,232	-	1,505	273	-
NLCF - Awards for All	336	-	336	-	-
Freshgate Foundation	2,005	-	-	-	2,005
Barnsley CVS (SWYPFT Fund)	2,000	-	2,000	-	-
The Talbot Trusts	1,800	-	164	-	1,636
People's Postcode Lottery	13,050	-	13,050	-	-
Sheffield City Council	600	-	600	-	-
NLCF - Reaching Communities (New)	-	99,737	85,298	-	14,439
South Yorkshire Community Fund	-	7,062	1,519	-	5,543
Freemasonry and Lieutenancies Partnership Fund	-	3,000	3,000	-	-
Total Funds	21,023	109,799	107,472	273	23,623

Transfers

The transfer in to the NLCF is for the overspend at the end of the project, this money has been transferred in from unrestricted.

2023

	Opening balance	Incoming resources	Resources expended	Transfers	Closing balance
	£	£	£	£	£
Restricted Funds					
Coalfields Regeneration Trust	119	-	119	-	-
NLCF - Reaching Communities	14,259	78,932	91,959	-	1,232
NLCF - Awards for All	252	8,700	8,616	-	336
Freshgate Foundation	1,005	1,000	-	-	2,005
Police & Crime Commissioner	577	607	1,184	-	-
Barnsley CVS (SWYPFT Fund)	2,000	-	-	-	2,000
The Talbot Trusts	1,800	-	-	-	1,800
People's Postcode Lottery	-	16,791	3,741	-	13,050
Sheffield City Council	-	1,600	1,000	-	600
Total Funds	20,012	107,630	106,619	-	21,023

HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

NOTES TO THE FINANCIAL STATEMENTS YEAR ENDED 31 MARCH 2024

12 Movement in Funds continued

National Lottery Community Fund - Reaching Communities

Grant to provide monthly peer support group, providing a welcoming safe space where people can come and meet others who have suffered similar life changing experiences.

National Lottery Community Fund - Awards for All

Grant given to hold a memorial event.

Freshgate Foundation

Grant to provide mental health support and counselling sessions for post traumatic stress disorder.

Barnsley CVS (SWYPFT Fund)

Grant received to support the build and development of the new website.

The Talbot Trust

Grant given to provide mental health support for post traumatic stress disorder.

People's Postcode Lottery

Funding received for salary costs and Peer Support Groups

Sheffield City Council

Funding received to deliver young driver post test training.

National Lottery Community Fund - Reaching Communities (New)

Provide a support structure and network for anyone affected by death or traumatic incident or through the witnessing of a fire, Road Traffic Collision (RTC), drowning or incident with trauma. Signposting to the support network when required.

South Yorkshire Community Fund

Funding for a peer support facilitator for 12 months to enable more support for families.

Freemasonry and Lieutenancies Partnership Fund

Bring families together at an event to make creative memories for loved ones.
Access to one to one grief and trauma support in an outdoor setting.

HOPE - South Yorkshire Fire-, Road- and Water-related Trauma Support for Families

England & Wales - Charity number 1165443

Accounts

**HOPE - South Yorkshire Fire - Road and Water Related
Trauma Support for Families**

Registered Charity number: 1165443

**Financial Statements for the period
ending 31 March 2023**

HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

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**HOPE - South Yorkshire Fire - Road and Water Related
Trauma Support for Families
Legal and administrative Information**

Registered Charity number: 1165443
(E & W)

Trustees Cllr Steve Ayris Ex-officio Trustee - Chairperson
Christopher Kardahji - Treasurer
Alan Atkin
Debbie Mathews
Sam Oldroyd
Robert Taylor - resigned April 2023
Robert Malyan - appointed 14 March 2023

Administrative address The Quadrant
99 Parkway Ave
Sheffield
S9 4WG

Bankers Unity Trust
4 Brindley Place
Birmingham
B1 2JB

Independent examiner Angela Hayes FMAAT
Community Accountant
22 Brocklehurst Ave
Barnsley
S70 3EE

HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

**Trustees' annual report
for the year ended 31 March 2023**

Structure, Governance and Management

HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families, previously known as HOPE - The South Yorkshire Fire & Rescue and RTC Family Support Group is a Charitable Incorporated Organisation with a Foundation Model Constitution as its governing document, it was adopted on 4 February 2016 and amended on 21 September 2016, 31 August 2017 , 4 July 2019 and 20 October 2020.

The Trustees form the management committee of the charity and are responsible for setting and reviewing the policies, finances and strategic direction of the charity. The Trustees delegate the day to day management of the Charity to Maryann Quinn, Charity Operations Manager.

Appointment of Trustees

The maximum number of charity trustees is 9.

Apart from the first charity trustees every appointed trustee must be appointed for a term of three years.

A member of the South Yorkshire Fire and Rescue Authority for the time being ('the office holder') shall automatically ('ex-officio') be a charity trustee, for as long as he or she holds that office. If unwilling to act as a charity trustee, the office holder may give notice in writing to the trustees of his or her unwillingness to act in that capacity; or after accepting appointment as a charity trustee, resign.

Risk Management

The trustees show due diligence by examining the major risks that the charity faces and putting systems into operation so that steps can be taken to reduce these risks.

Charitable Aims and Objectives

Providing a support structure for people affected by a death or traumatic incident either within their family or through the witnessing of a fire, road traffic collision (RTC) or incident with trauma, and by responding to the emotional needs of people who have been affected by fire, RTC or incident causing trauma with charitable help and assistance.

Setting up a sign-posting network of support and providing information through seminars, conferences and training events which aim to address the emotional trauma suffered by people through trauma by fire, RTC or incident with trauma.

HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

Trustees' annual report - continued
for the year ended 31 March 2023

Charitable Aims and Objectives continued

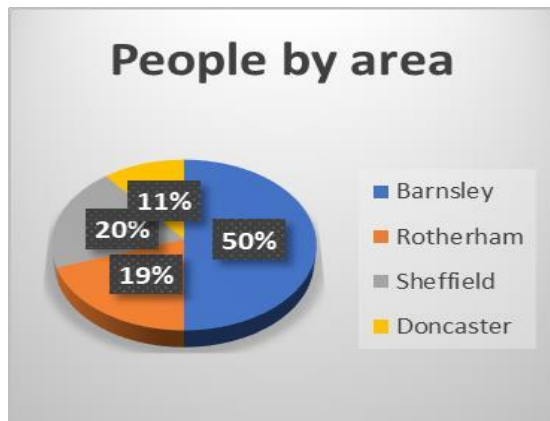
Working in partnership with professional agencies, community or voluntary networks and other concerned organisations throughout the area of benefit to assist the beneficiaries of the charity; and increasing community involvement in the area of benefit in promoting safety by raising public awareness of the need for home and road safety, manage risk on how to stay safe for the public benefit.

Public benefit

The trustees have given due consideration to the Charity Commission published guidance on the Public Benefit requirement under the Charities Act 2022. We review our aims, objectives and activities each year to help to ensure that we remain focused on our stated purposes. Benefits are included in the information above.

Achievements and performance

During the year we have been able to offer peer support groups, one to one's, family support sessions, meetings, walks and even attend court hearings with families, all without restrictions. The lifting of the restrictions made such a difference to the families we support, it was as if they breathed a collective sigh of relief, to be able to come together as they had done, before the pandemic.



Over the year, HOPE has supported 112 people. Ages range from 4years old to over 70years. Some have come to HOPE after a recent fatal incident, others come to us, years after a loved one has been killed. 14 new families have been referred to HOPE, through the Police, NHS, SY Fire and rescue service, also referrals have come through schools, word of mouth, community organisations and IAPT, (Improving Access to Psychological Therapies).

HOPE has supported families at court over multiple days, with over 7 court days and over 250 hours of intense support for family members. This support is pre-court, at court and post court.

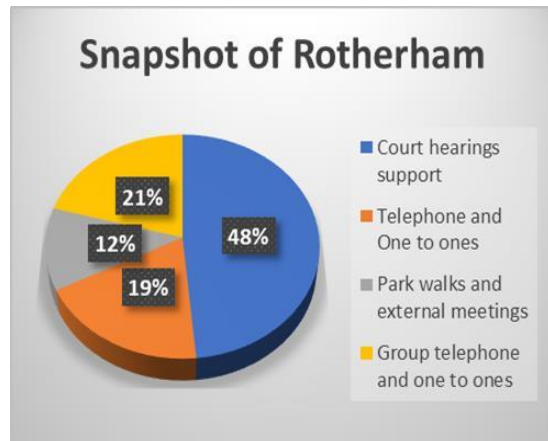
HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

Trustees' annual report - continued
for the year ended 31 March 2023

Achievements and performance continued

HOPE continues to offer and support families following multiple fatal incidents and fatal house fires. Attending the scene to support families to lay flowers at the scene of a fatal road traffic collision. To be alongside them, when they are attending the aftermath of a fatal house fire, with Oliver (HOPE PTSD Support dog) to support the family when they return to the house. We assist the family and be there with them, with sensitive and calming support, when the loss adjustors, insurance people and others attend to evaluate the fire damage, that had ravaged the house, where their loved one died.

HOPE provided 23 Peer support groups, these are where families can just turn up, or can attend as many times, and for however long they need the support for. There can be 5 people or 20+ attending, and no two Peer support groups are the same. The intensity of support needs varies at every group, but the constant for the families is that they know we are there. HOPE regularly provides transport for those that cannot attend, due to not having the means or the financial ability to attend.



Oliver brings another very important avenue of support for the families that come to HOPE, and his role will develop and grow as he gets older. He has been into 2 houses badly damaged by fire and wears special safety boots, so his paws are not cut by fire debris.

Oliver's own mental health and welfare is also looked after, by allowing him to decompress from his valuable support work, by going doggy swimming. This allows him to be a normal dog enjoying his play time just being a dog, and not having to concentrate on his working support for individuals.



The new Website has made donating easier with the activated donate button, this shows real growth with the new website and in turn has seen more visits to the site.

HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

Trustees' annual report - continued
for the year ended 31 March 2023

Achievements and performance continued

Sheffield University Medical school collaboration continues with HOPE accepting 3 third year medical students last year. They were instrumental in developing the Trauma leaflet for HOPE and attended groups and events. Their support at groups through November and December has been invaluable as this is one of the busiest times of the year.

By allowing the students to see, feel and be part of traumatic grief and experience those with PTSD, helps them to fulfil their learning objectives and social determinants of health module, and allows HOPE to play a small part in their development as future doctors.

The HOPE memory tree, which is planted at Wortley Hall, continues to be a focal point for families who have nowhere else to go to remember their family member. They can leave memorable items, poems, teddies, or whatever they see fit in memory of their loved one. HOPE also works in collaboration with Wortley Hall, and should any items become weather worn, they can be gently removed and placed in a large memory crate, kept in the Wortley Hall stables for all time.

HOPE recently held an event at Wortley Hall, this was attended by 91 people. From the feedback we received everybody found the event supportive, helpful, bonding and the ability to come together to meet others from across South Yorkshire made them feel even less alone. Families laughed together, they cried together, but most of all they felt "together" not isolated, alone or ostracised in their trauma and grief.

Giving World is supporting HOPE with items that are given to HOPE families, these they are free and things they would not ordinarily access because of financial means. Some maybe toiletries, toys, clothing, baby items, always an assortment, which HOPE can pass onto others, especially in high areas of deprivation and need.

HOPE remains part of the South Yorkshire Local Resilience Forum, and works together with other agencies, i.e. Red Cross, to put into place a traumatic event response measure. This ensures, that should our services ever be needed, we can respond with our expertise, knowledge and information to work alongside other called on services to support people affected by a larger major incident with trauma.

Some comments from families have been:

"I now feel that we are not alone in our grief and that there are many families struggling the same as us."

"I think the work HOPE do is amazing. Such a great support for families, not many families get away from day-to-day grind and connect with others going through the same thing".

"Thank you for making our family feel supported".

"Grief never stops, thank you for always being there, for the listening ear and the generosity you all show".

HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

**Trustees' annual report - continued
for the year ended 31 March 2023**

Future Plans

Going forward HOPE is working with other agencies in Doncaster to secure a venue for the new Doncaster peer support group, as the need grows across South Yorkshire. HOPE is also one of Rotherham Mayors 3 Charities this year. This is a great honour and allows us again to meet and make new partnerships and raise HOPE's profile within Rotherham.

HOPE will continue the outreach support the Charity offers, be that in parks, farms, café's, boat trips, or Wortley Hall. HOPE grows through the offer of support wherever that maybe needed, and for however long that may be needed. HOPE's engagement within the Peer support groups will also grow with additional creative Art and Craft bereavement support, growing to meet the need of those attending.

Providing the necessary training for Oliver; HOPE'S Therapy dog, so he can access and take his Kennel Club Good Citizen Awards Certifications and build his skills as he grows. Inturn, this will benefit the families HOPE supports.

Making further partnerships to promote the Collision sessions, into alternative educational providers and support the very individuals, whose families may come to us following a fatal incident. Our work with the Students from Sheffield University Medical school continues and the students can and some do, choose to stay as volunteers and support HOPE afterwards.

HOPE has been asked many times by families to hold the "Coming Together" event. This is where friendships and bonding happen through shared Traumatic grief, in a way that is not doable anywhere else. HOPE will be putting on a further event, to facilitate this and supporting the families to attend.

To keep adding pages to the website for Oliver the Therapy dog, updates about Collision for the alternative providers, and keep encouraging people of all ages to upload their art work to the website. To work on adding small verbal narratives so others can hear how families and individuals access the support through HOPE.

**HOPE - South Yorkshire Fire - Road and Water Related
Trauma Support for Families**

**Trustees' annual report - continued
for the year ended 31 March 2023**

Reserves Policy

The reserves that we have set aside provide financial stability and the means for the development of our principal activity. We intend to maintain our reserves at a level which is at least **equivalent to 3 months of operating expenses**. The justification for setting our reserves at this level is that we currently have guaranteed funding for the entirety of the subsequent 2 funding years. Reserves should therefore only be required to cover any of the unforeseen circumstances

At 31 March 2023 the charity held unrestricted reserves of £39,060 (2022: £38,915) which based on the current year expenditure equates to almost 4 months operating expenses.

Now that interest rates have improved, the trustees are looking to invest some of the general reserves into a deposit account to maximise income for the charity.

The Board reviews the amount of reserves that are required at our quarterly board meeting to ensure that they are adequate to fulfil our continuing obligations.

The trustees declare that they have approved the above report
Signed on behalf of the trustees

Signed: 

Date: 19 November 2023

Print name: Cllr Steve Ayris
Trustee

**Independent examiners report to the trustees of
HOPE - South Yorkshire Fire - Road and Water Related
Trauma Support for Families**

I report to the trustees on my examination of the accounts of HOPE (the charity) for the year ended 31 March 2023.

Responsibilities and basis of report

As charity trustees of HOPE you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2022 ('the Act').

I report in respect of my examination of HOPE accounts carried out under section 145 of the 2022 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiners statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed: 

Angela Hayes FMAAT
Community Accountant
Barnsley
S70 3EE

Date: 21 November 2023

HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

Receipts and Payments for the year ended 31 March 2023

	Unrestricted	Restricted	Total 2023	Total 2022
	£	£	£	£
Incoming resources				
Grants & contracts	2	244	107,630	104,009
Donations & legacies	3	799	-	1,186
Fundraising		175	-	-
Total incoming resources	1,218	107,630	108,848	105,195
Resources expended				
Cost of activities in furtherance of the charity's objects				
	Unrestricted	Restricted	Total 2023	Total 2022
	£	£	£	£
Staff costs	6	1,009	59,518	60,061
Office /administration expenses		-	475	334
Bank charges		-	122	167
Book keeping and payroll fees		-	2,973	2,220
Staff training & travel expenses		-	5,382	3,199
Service User travel costs		-	1,598	663
Equipment & resources		246	9,267	6,666
Events & conferences		-	3,600	-
Facilitator & Consultancy fees		-	3,600	-
Insurance		-	447	447
Printing, postage and stationery		-	2,300	1,511
Advertising/Promotional		-	-	60
Support costs (Dog)		-	4,492	-
Telephone & internet		-	324	805
Independent examiners fee		-	495	758
Memberships and subs		(216)	468	722
Professional fees		12	-	-
Rent, rates and utilities		-	2,220	1,860
Room Hire		-	1,119	3,404
Specialist Metal Health Mentor (PTSD)		-	822	7,627
Supervision costs		-	-	1,440
Volunteer Expenses		-	76	256
Website		-	-	3,500
Misc. Expenses		22	-	223
Asset and investment purchase				
Purchase of equipment		-	449	919
Total expensed resources	1,073	99,746	100,819	96,841
Net income/(deficit) for the year	145	7,884	8,029	8,354
Transfer between funds	-	-	-	-
Net movement in funds	145	7,884	8,029	8,354
Funds brought forward	38,915	20,756	59,671	51,317
Funds carried forward	39,060	28,640	67,700	59,671

HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

Statement of Assets and Liabilities As at 31 March 2023

	2023 Total Funds	2022 Total Funds
Monetary assets/(liabilities)	£	£
Current account	69,613	59,912
Cash in hand	149	128
Credit card	(2,062)	(369)
Total Monetary Assets/(Liabilities)	<u>67,700</u>	<u>59,671</u>
Represented by funds		
Unrestricted funds		
General funds	39,060	38,915
Restricted Funds	7 28,640	20,756
Total Funds	<u>67,700</u>	<u>59,671</u>
Non-Monetary assets and liabilities		
Fixed assets for charity use		
Laptop	779	330
Computer	919	919
	<u>1,698</u>	<u>1,249</u>
Liabilities		
Accountancy and IE fee	(550)	(495)
Pension	(253)	(249)
Website	(1,000)	-
Consultancy	(1,440)	-
Car hire	(3,435)	-
Counselling sessions	(500)	-
Resources	(439)	-
	<u>(7,617)</u>	<u>(744)</u>

Approved by the trustees and signed on their behalf by:

Signed: 

Date: 19 November 2023

Print name: Cllr Steve Ayris
Trustee

HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

Notes to the accounts for the year ended 31 March 2023

Accounting policies

- Basis of preparation

The financial statements have been prepared on a Receipts & Payments basis which summarises the movement of cash in and out of the organisation. In this context 'cash' includes cash equivalents, such as bank accounts where cash can be readily available to pay debts as they fall due. The format of accounts is available to non-company charities with gross annual income of £250,000 or less.

- Value Added Tax

The Charity is unable to re-claim Value Added Tax which it pays on its expenditure. Where applicable expenditure is hence inclusive of VAT.

- Fund Accounting

The charity maintains an unrestricted fund which represents funds which are expendable at the discretion of the trustees in furtherance of the objects of the charity. Unrestricted funds may arise from general donations, fundraising activities, grants of a general nature, fees for service provision and payment for service delivery contracts.

Restricted funds have been provided to the charity for particular purposes and may only be spent for the purposes for which they were given. Any balance remaining outstanding on restricted fund at the end of the year is carried forward as a balance on the fund, unless permission has been given by the funder to remove the restriction on the balance outstanding. Restricted funds will arise from grants and donations given to the charity for specific purposes.

HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

**Notes to the accounts
for the year ended 31 March 2023**

2 Grants received during the period

	Unrestricted	Restricted	Total 2023	Total 2022
	£	£	£	£
Police & Crime Commissioner	-	607	607	1,150
Voluntary Sector Mental Health	-	-	-	2,500
Barnsley CVS (SWYPFT Fund)	-	-	-	2,500
The Talbot Trusts	-	-	-	1,800
Arnold Clark	-	-	-	1,000
Freshgate Foundation	-	1,000	1,000	1,200
National Lottery Community Fund (NLCF)	-	78,932	78,932	74,617
Health Education England	-	-	-	10,192
NLCF - Awards for All	-	8,700	8,700	9,050
Re-think Mental Illness	244	-	244	-
People's Postcode Lottery	-	16,791	16,791	-
Sheffield City Council	-	1,600	1,600	-
	244	107,630	107,874	104,009
Total 2022	10,192	93,817	104,009	

3 Donations received during the period

All donations received during the year were unrestricted. (2022: £1,186 was received in donations of which £500 was restricted).

4 Trustee payments, benefits and expenses

No trustees received any remuneration, benefits or expenses during the period (2022: none).

5 Related party transactions

The charity pays a monthly rent to Manor Castle Development Trust Ltd (MCDT), Debbie Mathews, Trustee is the CEO of MCDT. There were no other related party transactions.

6 Staff costs

	2023	2022
	£	£
Salaries	58,134	56,535
Employers national insurance	5,288	5,363
Employers allowance	(5,000)	(4,000)
Pension cost	2,105	2,163
	60,527	60,061

HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

Notes to the accounts
for the year ended 31 March 2023

7 Movement in Funds

<u>2023</u>	Funds b/fwd	Receipts	Payments	Transfers	Funds c/fwd
	£	£	£	£	£
Restricted Funds					
Coalfields Regeneration Trust	119	-	119	-	-
NLCF - Reaching Communities	15,003	78,932	85,086	-	8,849
NLCF - Awards for All	252	8,700	8,616	-	336
Freshgate Foundation	1,005	1,000	-	-	2,005
Police & Crime Commissioner	577	607	1,184	-	-
Barnsley CVS (SWYPFT Fund)	2,000	-	-	-	2,000
The Talbot Trusts	1,800	-	-	-	1,800
People's Postcode Lottery	-	16,791	3,741	-	13,050
Sheffield City Council	-	1,600	1,000	-	600
Total Funds	20,756	107,630	99,746	-	28,640

2022

	Funds b/fwd	Receipts	Payments	Transfers	Funds c/fwd
	£	£	£	£	£
Restricted Funds					
SY Community Foundation	192	-	192	-	-
Wesleyan Foundation	2,276	-	2,372	96	-
James Neil Trust	500	-	500	-	-
SCC - Woodhouse ward	500	-	500	-	-
Coalfields Regeneration Trust	5,303	-	5,184	-	119
NLCF - Reaching Communities	11,803	74,617	71,417	-	15,003
NLCF - Awards for All	-	9,050	8,798	-	252
Arnold Clark	-	1,000	1,000	-	-
Freshgate Foundation	-	1,200	195	-	1,005
Police & Crime Commissioner	-	1,150	573	-	577
Voluntary Sector Mental Health	-	2,500	2,500	-	-
Barnsley CVS (SWYPFT Fund)	-	2,500	500	-	2,000
The Talbot Trusts	-	1,800	-	-	1,800
Westfield Health Scheme	-	500	500	-	-
Total Funds	20,574	94,317	94,231	96	20,756

HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

Notes to the accounts for the year ended 31 March 2023

5 Movement in Funds continued

Coalfields Regeneration Trust

Grant given to support families who have been bereaved due to a sudden traumatic incident.

National Lottery Community Fund - Reaching Communities

Grant to provide monthly peer support group, providing a welcoming safe space where people can come and meet others who have suffered similar life changing experiences.

National Lottery Community Fund - Awards for All

Grant given to hold a memorial event.

Freshgate Foundation

Grant to provide mental health support and counselling sessions for post traumatic stress disorder.

SY Police Crime & Commissioner

Funding received to deliver specialist support including general running expenses.

Barnsley CVS (SWYPFT Fund)

Grant received to support the build and development of the new website.

The Talbot Trust

Grant given to provide mental health support for post traumatic stress disorder.

People's Postcode Lottery

Funding received for salary costs and Peer Support Groups

Sheffield City Council

Funding received to deliver young driver post test training.

HOPE - South Yorkshire Fire-, Road- and Water-related Trauma Support for Families

England & Wales - Charity number 1165443

Accounts

**HOPE - South Yorkshire Fire - Road and Water Related
Trauma Support for Families**

Registered Charity number: 1165443

**Financial Statements for the period
ending 31 March 2022**



The Spectrum, Coke Hill, Rotherham, S60 2HX
Tel: 01709 829821 Fax: 01709 829822
Email: admin@varotherham.org.uk Web: www.varotherham.org.uk

HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

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**HOPE - South Yorkshire Fire - Road and Water Related
Trauma Support for Families
Legal and administrative Information**

Registered Charity number: 1165443
(E & W)

Trustees Cllr Steve Ayris Ex-officio Trustee - Chairperson
Christopher Kardahji - Treasurer
Alan Atkin
Debbie Mathews
Sam Oldroyd
Robert Taylor

Administrative address The Quadrant
99 Parkway Ave
Sheffield
S9 4WG

Bankers Unity Trust
4 Brindley Place
Birmingham
B1 2JB

Independent examiner Charlotte Phelps
VAR Community Accountancy Service
The Spectrum
Coke Hill
Rotherham
S60 2HX

HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

**Trustees' annual report
For the year ended 31 March 2022**

Structure, Governance and Management

HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families, previously known as HOPE - The South Yorkshire Fire & Rescue and RTC Family Support Group is a Charitable Incorporated Organisation with a Foundation Model Constitution as its governing document, it was adopted on 4 February 2016 and amended on 21 September 2016, 31 August 2017 and 4 July 2019.

The Trustees form the management committee of the charity and are responsible for setting and reviewing the policies, finances and strategic direction of the charity. The Trustees delegate the day to day management of the Charity to Maryann Quinn, Charity Operations Manager.

Appointment of Trustees

The maximum number of charity trustees is 9.

Apart from the first charity trustees every appointed trustee must be appointed for a term of three years.

A member of the South Yorkshire Fire and Rescue Authority for the time being ('the office holder') shall automatically ('ex-officio') be a charity trustee, for as long as he or she holds that office. If unwilling to act as a charity trustee, the office holder may give notice in writing to the trustees of his or her unwillingness to act in that capacity; or after accepting appointment as a charity trustee, resign.

Risk Management

The trustees show due diligence by examining the major risks that the charity faces and putting systems into operation so that steps can be taken to reduce these risks.

Charitable Aims and Objectives

Providing a support structure for people affected by a death or traumatic incident either within their family or through the witnessing of a fire, road traffic collision (RTC) or incident with trauma, and by responding to the emotional needs of people who have been affected by fire, RTC or incident causing trauma with charitable help and assistance.

Setting up a sign-posting network of support and providing information through seminars, conferences and training events which aim to address the emotional trauma suffered by people through trauma by fire, RTC or incident with trauma.

Working in partnership with professional agencies, community or voluntary networks and other concerned organisations throughout the area of benefit to assist the beneficiaries of the charity; and increasing community involvement in the area of benefit in promoting safety by raising public awareness of the need for home and road safety, manage risk on how to stay safe for the public benefit.

HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

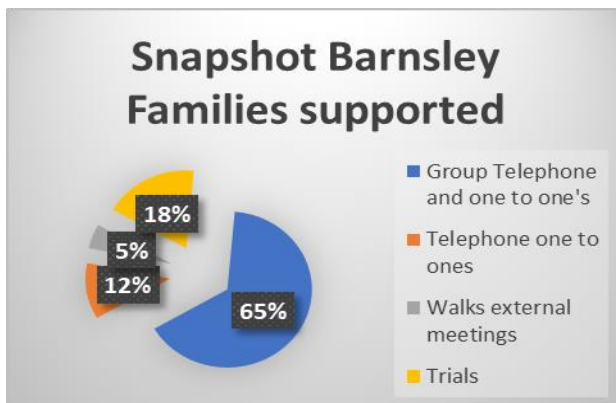
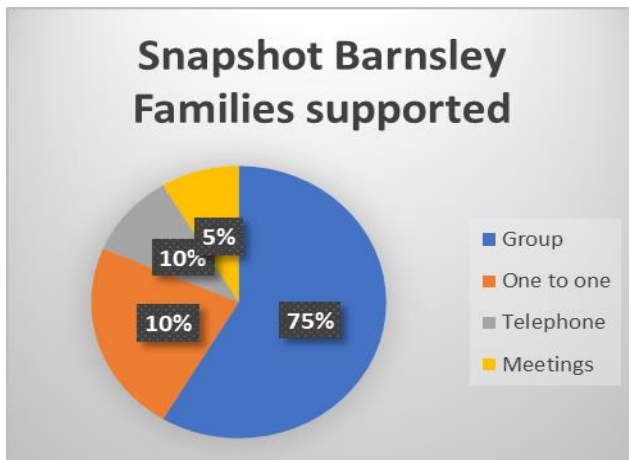
Trustees' annual report - continued
For the year ended 31 March 2022

Achievements and performance

The core work of HOPE is to offer 1:1, family support and Peer group support to all those in need due to a traumatic bereavement through fire, road traffic collision, or a drowning, or through the witnessing of a traumatic incident.

Throughout the continuous restrictive protocols around Covid 19 Pandemic, the support HOPE offered families didn't waiver. Helping with the grief and isolation, where families were locked in, living with each other, trying to cope with their own traumatic grief, while needing to escape and visit their loved one's grave side, or just walk and grieve. HOPE continues to receive referrals from the police, fire service, NHS, education establishments DWP, Community organisations, and by word of mouth, and offers continuous support, wherever needed to people right across Barnsley, Doncaster, Rotherham, and Sheffield.

A snapshot of support given to Barnsley families:



HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

Trustees' annual report - continued
For the year ended 31 March 2022

Achievements and performance continued

Beneficiaries of HOPE have been supported to make a difference to their own lives and to those around them, also affected by a traumatic death. By coming along to a peer support group, families or individuals can engage, meet, and talk to others who have also suffered a traumatic bereavement. Not feeling that you are alone makes all the difference to just coping with the traumatic grief on your own. People are encouraged to create memory books, memory boxes, use crafting, and memory art, as part of their grieving process for their loved ones. HOPE also meets people at cafés or goes for a walk with people in the park, or visits people at home, alongside the Peer support groups



Memory box crafted by an 8 year old little boy.

In line with HOPE'S aims and objectives, the support HOPE offers has enabled individuals and families to take those next steps to becoming part of their everyday world again, despite wanting to curl up and never face anyone again. Going to see their GP, accepting support through Cruse Bereavement Care, support to take a phased return back to work, school or college. Just meeting up for a walk, even washing and putting on a change of clothes to come and meet us, or just sit in a park and talk. These are major steps for someone in trauma and grief, but together with HOPE's support, those steps are taken.

Case Study

A woman whose husband was killed, couldn't see a way forward, she became isolated, withdrew from the world, and really did not want to be here. HOPE offered intensive continuous support, to her and her family, and through the court process. She is now slowly taking those first tentative steps to being "in" the world again, after so much trauma and grief. Seeing her GP, and a private PTSD therapist for the intrusive memories she has. HOPE will remain supportive for as long as she and the family need us.

HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

Trustees' annual report - continued
For the year ended 31 March 2022

Achievements and performance continued

HOPE also continues to work with trauma focused psychological therapists, who supports family members of all ages, who have witnessed or been at the scene of a fatal incident and have gone on to develop PTSD (Post Traumatic Stress Disorder). HOPE supports with at least 10 sessions and there is no waiting list for the support. With this support, young people have returned to education, others have slowly returned to work, and some even volunteer their time with HOPE.

Some comments from individuals have been,

"I was at a 5 and wasn't sure what to expect when I first came to a group, but I feel a 10 when leaving and will definitely be back" (HOPE asked at a Peer group, on a scale of 1-10 to say how the person felt when they first came and how they feel now)

"Helping H through the worst time of her life. Seeing how it does and has helped her. Thankyou"

"Knowing that I can talk to someone who will understand gives me strength. Meeting other people who feel like me, helps enormously."

"HOPE has come around at a perfect time and I really want to say thank you for everything you all do for us all."

"I'm reaching out to you again as I don't know what else to do, I'm going backwards again, and I need your support, your sessions and others have always helped."

"I was dark Blue when I came, and now I feel a sort of a Yellow"

"Without your support I would be lost"

Fortay Media have redesigned the HOPE website, and it is now interactive, and families can upload their artwork, find out information and reach out to HOPE for their support needs. Irwin Mitchell continues to support HOPE with printing and events.

HOPE has still been unable to hold any events, as due to the Pandemic we have not returned into the public arena.

HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

**Trustees' annual report - continued
For the year ended 31 March 2022**

Achievements and performance continued

HOPE continues its collaborative partnership to support Sheffield University medical students by offering them a month-long interactive placement. This experience offers the medical student's clinical exposure, to people with traumatic grief, that will be long lasting and will allow them to understand the real-world traumatic grief out of a classroom-based learning environment.

With the NHS under so much pressure, HOPE offers a vital lifeline to support without any waiting list, assessments, or cost to them. HOPE will also provide transport to anyone wanting to access the peer support groups, so that the peer support groups can be equally accessed by all. HOPE has now been supporting people in South Yorkshire for over 15 years.

The charity's five-year plan and long-term goal is to open a HOPE hub with facilities for a soft meeting room, drop-in centre, and space for the core peer support group. This will include an art wall so people can express their grief and bereavement through artistic means.

HOPE continues its membership with the South Yorkshire Local Resilience Forum to provide first aid mental health support in the event of a major incident occurring anywhere in South Yorkshire.

HOPE has now been able to deliver the peer mentor training to four volunteers, which was put on hold due to the Covid restrictions. Northern College came and delivered the course and HOPE provided the funding and transport and food costs so that they could access the training.

Plans for the future

HOPE'S plans for the coming year are to continue:

- 1) To continue to grow the support for people who have experienced a traumatic bereavement, through one-to-one support and peer support in a group setting, by building HOPE's reputation and experience in this area across South Yorkshire.
- 2) To build on our excellent reputation and track record to maintain our existing partners and grow new partnerships to support the work we want to deliver.
- 3) To grow the capacity to support more people by growing staff, in hours and numbers, to increase the social media presence and to attend/hold events where possible.

HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

Trustees' annual report - continued
For the year ended 31 March 2022

Plans for the future continued

- 4) To promote HOPE's new innovative and informative website and add pages and information so that families can access and be part of sharing their thoughts and grief.
- 5) To continue to develop the links with other organisation's social media, thus enabling HOPE to reach out to more people across South Yorkshire and offer support. To continue to be part of and have a bigger presence at annual social media events, such as Road Safety week, Drowning Prevention and Water Safety Week and other relevant national campaigns. To be able to promote events, and/or groups and their location, and photos of events and artwork and poems produced by HOPE's young people as well.
- 6) To be registered for Gift Aid to benefit the Charity from maximising any donation received.
- 7) Prevention and early intervention are part of our charity objects. Through the successful partnership with the South Yorkshire Safer Roads Partnership in 2018 where HOPE delivered the 'Collision' programme in schools and Colleges across South Yorkshire. We will continue to seek funding to deliver a second programme 'Collision 2' to young people who are not in mainstream education, and are becoming involved in anti-social behaviour and who are deemed at greater risk of being involved in fatal road traffic collisions (RTCs)

Reserves Policy

The reserves that we have set aside provide financial stability and the means for the development of our principal activity. We intend to maintain our reserves at a level which is at least **equivalent to 3 months of operating expenses**. The justification for setting our reserves at this level is that we currently have guaranteed funding for the entirety of the subsequent 2 funding years. Reserves should therefore only be required to cover any of the unforeseen circumstances

At 31 March 2022 the charity held unrestricted reserves of £38,915 (2021:£30,743) which based on the current year expenditure equates to 5 months operating expenses.

The Board reviews the amount of reserves that are required at our quarterly board meeting to ensure that they are adequate to fulfil our continuing obligations.

The trustees declare that they have approved the above report
Signed on behalf of the trustees

Signed:

Date:

Print name: _____
Trustee

Independent examiners report to the trustees of HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

I report to the trustees on my examination of the accounts of HOPE (the charity) for the year ended 31 March 2022.

Responsibilities and basis of report

As charity trustees of HOPE you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of HOPE accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiners statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Charlotte Phelps
Voluntary Action Rotherham Ltd
Community Accountancy
The Spectrum, Coke Hill
Rotherham
S60 2HX

Date:

HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

Receipts and Payments For the year ended 31 March 2022

	2022		2022	2021	2021	2021	
	Unrestricted	Restricted	Total	Unrestricted	Restricted	Total	
	£	£	£	£	£	£	
Incoming resources							
Grants & contracts	2	10,192	93,817	104,009	14,376	69,321	83,697
Donations & legacies	3	686	500	1,186	1,500	-	1,500
Total incoming resources		10,878	94,317	105,195	15,876	69,321	85,197
Resources expended							
Cost of activities in furtherance of the charity's objects							
	2022	2022	2022	2021	2021	2021	
	Unrestricted	Restricted	Total	Unrestricted	Restricted	Total	
	£	£	£	£	£	£	
Staff costs	4	1,804	58,257	60,061	1,756	46,627	48,382
Office /administration expenses		-	334	334	-	1,011	1,011
Bank charges		4	163	167	78	-	78
Training & travel expenses		36	3,825	3,862	312	563	875
Equipment & resources		-	6,666	6,666	-	725	725
Insurance		-	447	447	-	484	484
Printing, postage and stationery		18	1,493	1,511	-	481	481
Advertising/Promotional		-	60	60	-	-	-
Group expenses		-	-	-	-	291	291
Telephone & internet		-	805	805	-	623	623
Independent examiners fee		-	758	758	-	450	450
Memberships and subs		-	722	722	-	-	-
Professional fees		-	2,220	2,220	250	1,613	1,863
Rent, rates and utilities		-	1,860	1,860	-	2,450	2,450
Room Hire		-	3,404	3,404	-	-	-
Specialist Metal Health Mentor (PTSD)		500	7,127	7,627	-	-	-
Supervision costs		-	1,440	1,440	-	648	648
Volunteer Expenses		24	232	256	-	-	-
Website		-	3,500	3,500	-	-	-
Misc. Expenses		223	-	223	14	12	26
Asset and investment purchase							
Purchase of equipment		-	919	919	-	-	-
Total expensed resources		2,610	94,231	96,841	2,410	55,978	58,388
Net income/(deficit) for the year		8,268	86	8,354	13,466	13,343	26,810
Transfer between funds		(96)	96	-	-	-	-
Net movement in funds		8,172	182	8,354	13,466	13,343	26,809
Funds brought forward		30,743	20,574	51,317	17,277	7,231	24,508
Funds carried forward		38,915	20,756	59,671	30,743	20,574	51,317

HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

Statement of Assets and Liabilities As at 31 March 2022

	2022 Total Funds	2021 Total Funds
Monetary assets/liabilities	£	£
Current account	60,040	51,317
Credit card	(369)	-
Total Monetary Assets/Liabilities	59,671	51,317
Represented by funds		
Unrestricted funds		
General funds	38,915	30,743
Restricted Funds	5 20,756	20,574
Total Funds	59,671	51,317
Non-Monetary assets and liabilities		
Fixed assets for charity use		
Laptop	330	330
Computer	919	-
	1,249	330
Liabilities		
Independent examiners fee	(495)	(475)
Spectrum Futures - training fee	-	(150)
Payroll fees	-	(62)
Pension	(249)	-
	(744)	(687)

Approved by the trustees and signed on their behalf by:

Signed: _____
Print name: _____
Trustee

Date:

HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

Notes to the accounts For the year ended 31 March 2022

Accounting policies

- Basis of preparation

The financial statements have been prepared on a Receipts & Payments basis which summarises the movement of cash in and out of the organisation. In this context 'cash' includes cash equivalents, such as bank accounts where cash can be readily available to pay debts as they fall due. The format of accounts is available to non-company charities with gross annual income of £250,000 or less.

- Value Added Tax

The Charity is unable to re-claim Value Added Tax which it pays on its expenditure. Where applicable expenditure is hence inclusive of VAT.

- Fund Accounting

The charity maintains an unrestricted fund which represents funds which are expendable at the discretion of the trustees in furtherance of the objects of the charity. Unrestricted funds may arise from general donations, fundraising activities, grants of a general nature, fees for service provision and payment for service delivery contracts.

Restricted funds have been provided to the charity for particular purposes and may only be spent for the purposes for which they were given. Any balance remaining outstanding on restricted fund at the end of the year is carried forward as a balance on the fund, unless permission has been given by the funder to remove the restriction on the balance outstanding. Restricted funds will arise from grants and donations given to the charity for specific purposes.

2 Grants received during the period

	Unrestricted	Restricted	Total 2022	Total 2021
	£	£	£	£
Police & Crime Commissioner	-	1,150	1,150	-
Voluntary Sector Mental Health	-	2,500	2,500	-
Barnsley CVS (SWYPFT Fund)	-	2,500	2,500	-
The Talbot Trusts	-	1,800	1,800	-
Arnold Clark	-	1,000	1,000	-
Freshgate Foundation	-	1,200	1,200	-
James Neil Trust	-	-	-	500
Sheffield City Council - Woodhouse ward	-	-	-	500
Coalfields Regeneration Trust	-	-	-	5,420
Big Lottery Fund - Reaching Communities	-	74,617	74,617	62,901
Health Education England	10,192	-	10,192	13,876
Asda Token scheme	-	-	-	500
Big Lottery Fund - Awards for All	-	9,050	9,050	-
	<u>10,192</u>	<u>93,817</u>	<u>104,009</u>	<u>83,697</u>

Prior year income includes restricted grants of £69,321. All other prior year income is unrestricted.

HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

**Notes to the accounts
For the year ended 31 March 2022**

3 Donations received during the period

There was a £500 restricted donation received from Westfield Health.

4 Staff costs	2022	2021
	£	£
Salaries	56,535	46,936
Employers national insurance	5,363	4,020
Employers allowance	(4,000)	(4,000)
Pension cost	2,163	1,426
	<u>60,061</u>	<u>48,382</u>

5 Movement in Funds

	Funds b/fwd	Receipts	Payments	Transfers	Funds c/fwd
	£	£	£	£	£
Restricted Funds					
SY Community Foundation	192	-	192	-	-
Wesleyan Foundation	2,276	-	2,372	96	-
James Neil Trust	500	-	500	-	-
SCC - Woodhouse ward	500	-	500	-	-
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BLF - Reaching Communities	11,803	74,617	71,417	-	15,003
BLF - Awards for All	-	9,050	8,798	-	252
Arnold Clark	-	1,000	1,000	-	-
Freshgate Foundation	-	1,200	195	-	1,005
Police & Crime Commissioner	-	1,150	573	-	577
Voluntary Sector Mental Health	-	2,500	2,500	-	-
Barnsley CVS (SWYPFT Fund)	-	2,500	500	-	2,000
The Talbot Trusts	-	1,800	-	-	1,800
Westfield Health Scheme	-	500	500	-	-
Total Funds	<u>20,574</u>	<u>94,317</u>	<u>94,231</u>	<u>96</u>	<u>20,756</u>

HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

Notes to the accounts For the year ended 31 March 2022

5 Movement in Funds continued

SY Community Foundation - grant funding received to deliver support to families and individuals in need across South Yorkshire.

Wesleyan Foundation Fund - Salary and volunteer costs to deliver 12 monthly support groups.

James Neil Trust - Post traumatic stress disorder counselling to members

Sheffield City Council (Woodhouse ward) - grant received to develop and deliver a young driver package with the aim of reducing the number of road traffic fatalities.

Coalfields Regeneration Trust - Grant given to support families who have been bereaved due to a sudden traumatic incident.

The Big Lottery Fund (Reaching Communities) - Grant to provide monthly peer support group, providing a welcoming safe space where people can come and meet others who have suffered similar life changing experiences.

The Big Lottery Fund (Awards for All) - Grant received towards a memorial event.

Arnold Clark - grant to provide mental health support for post traumatic stress disorder.

Freshgate Foundation - grant to provide mental health support and counselling sessions for post traumatic stress

The Talbot Trusts - grant to provide mental health support for post traumatic stress disorder

Westfield Health Scheme - restricted donation received towards mental health support for post traumatic stress disorders

Barnsley CVS (SWYPFT Fund) - grant received towards the new website

Voluntary Sector Mental Health - Grant given to support mental health service provision

Police & Crime Commissioner fund - Funding received to deliver specialist support including general running expenses.

**HOPE - South Yorkshire Fire - Road and Water Related
Trauma Support for Families**

**Notes to the accounts
For the year ended 31 March 2022**

5 Trustee payments, benefits and expenses

No trustees received any remuneration, benefits or expenses during the period (2021: none).

6 Related party transactions

The charity pays a monthly rent to Manor Castle Development Trust Ltd (MCDT), Debbie Mathews, Trustee is the CEO of MCDT. There were no other related party transactions.

HOPE - South Yorkshire Fire-, Road- and Water-related Trauma Support for Families

England & Wales - Charity number 1165443

Accounts

**HOPE - South Yorkshire Fire - Road and Water Related
Trauma Support for Families**

Registered Charity number: 1165443

**Financial Statements for the period
ending 31 March 2021**



The Spectrum, Coke Hill, Rotherham, S60 2HX
Tel: 01709 829821 Fax: 01709 829822
Email: admin@varotherham.org.uk Web: www.varotherham.org.uk

HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

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**HOPE - South Yorkshire Fire - Road and Water Related
Trauma Support for Families
Legal and administrative Information**

Registered Charity number: 1165443
(E & W)

Trustees Cllr Steve Ayris Ex-officio Trustee - Chairperson
Christopher Kardahji - Treasurer
Alan Atkin
Debbie Mathews
Sam Oldroyd
Robert Taylor

Administrative address The Quadrant
99 Parkway Ave
Sheffield
S9 4WG

Bankers Unity Trust
4 Brindley Place
Birmingham
B1 2JB

Independent examiner Faye Hazlehurst FMAAT
on behalf of:
VAR Community Accountancy Service
The Spectrum
Coke Hill
Rotherham
S60 2HX

HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

**Trustees' annual report
For the year ended 31 March 2021**

Structure, Governance and Management

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Appointment of Trustees

The maximum number of charity trustees is 9.

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A member of the South Yorkshire Fire and Rescue Authority for the time being ('the office holder') shall automatically ('ex-officio') be a charity trustee, for as long as he or she holds that office. If unwilling to act as a charity trustee, the office holder may give notice in writing to the trustees of his or her unwillingness to act in that capacity; or after accepting appointment as a charity trustee, resign.

Risk Management

The trustees show due diligence by examining the major risks that the charity faces and putting systems into operation so that steps can be taken to reduce these risks.

Charitable Aims and Objectives

Providing a support structure for people affected by a death or traumatic incident either within their family or through the witnessing of a fire, road traffic collision (RTC) or incident with trauma, and by responding to the emotional needs of people who have been affected by fire, RTC or incident causing trauma with charitable help and assistance.

Setting up a sign-posting network of support and providing information through seminars, conferences and training events which aim to address the emotional trauma suffered by people through trauma by fire, RTC or incident with trauma.

Working in partnership with professional agencies, community or voluntary networks and other concerned organisations throughout the area of benefit to assist the beneficiaries of the charity; and increasing community involvement in the area of benefit in promoting safety by raising public awareness of the need for home and road safety, manage risk on how to stay safe for the public benefit.

HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

**Trustees' annual report - continued
For the year ended 31 March 2021**

Achievements and performance

The core work of HOPE is to offer peer support to all those in need due to a bereavement through fire, a road traffic collision, or a drowning, or through the witnessing of a traumatic incident. The last group HOPE held, just prior to Lockdown had 22 people in attendance coming together to access the peer support group. Due to Covid, the venues HOPE used were closed and HOPE was unable to hold another group until December 2020, where a Covid secure venue was offered to HOPE. Throughout this time, the families support needs didn't stop, and the sense of isolation, and not being able to breathe due to being locked indoors with their grief became ever more apparent. HOPE continues to receive referrals from the police, fire service, NHS BRAKE, Cruse, and by word of mouth, and supports people right across South Yorkshire.

Due to the Covid-19 Pandemic, HOPE had to adapt quickly and be creative in how we could continue to provide support for families, as the demand was greater than ever for human contact, and an outlet for grief and despair. We met in parks, cemeteries, gardens, wherever we could. HOPE was exempt under the Covid-19 regulations, so we could legally carry on the work, with key worker status, and with appropriate protection, and PPE, provided to all. HOPE made the decision to continue the traumatic bereavement support through lockdown, because of how the families were, and to keep the support open and available to all.

Beneficiaries of HOPE have been supported to make a difference to their own lives and to those also affected by a traumatic death around them. By coming along to a peer support group, families or individuals can engage, meet, and talk to others who have also suffered a traumatic bereavement. Not feeling that you are alone makes all the difference to just coping with the bereavement on your own. People can also create memory books, memory boxes, crafting, and memory art for their loved ones. HOPE also meets people at cafés or goes for a walks with them in the park, or visits people at home, and still offers the same peer support.

In line with our aims and objectives, we have been able to support some of our members to make small but incremental steps towards their recovery. A mother whose teenage daughter was killed in an RTC, with HOPE support went to see her G.P to ask for help with managing her distress and utter exhaustion through lack of sleep. She worked with the GP whilst on medication and received support from HOPE during this time too. She is now medication free and comes to every other group, which shows her support needs are lessening.

HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

Trustees' annual report - continued
For the year ended 31 March 2021

Achievements and performance continued

With sensitive help and interventions, we have been able to make referrals to trauma focused psychological therapy, especially for members who witnessed their loved one die. One member has received 10 sessions of PTSD support and feels able to start slowly planning a life again. They are now an active member of the groups and sees them as a continued lifeline.

Young people also have an input into our work. One of them produced a piece of beautiful artwork as a mindfulness exercise, when she was going through a sad time, and we have reproduced this to use on our website and in other flyers and cards. This has given her a boost to know that we value, understand, and appreciate what she has created.



Some comments from individuals have been,

"HOPE is the only one supporting me it's invaluable"

"Your support means the world to me"

"You and your support are brilliant and always good to know HOPE is there"

"I don't know how to respond at times and it's nice to know we have someone and somewhere to come to whenever we need help"

HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

**Trustees' annual report - continued
For the year ended 31 March 2021**

Achievements and performance continued

Irwin Mitchell continues to support HOPE with printing and events. Fortay Media are working with HOPE to redesign and launch an interactive and informative website.

No events have been held due to the Pandemic, so HOPE has been unable to engage with the wider community in this way.

For the second year, HOPE has continued its partnership and work to support medical students by offering them a month-long placement. Working with Sheffield University, offering this experience allows the medical students to have that front-facing, clinical exposure that will be long lasting and will really help them to shape their future choices within medicine.

Many people are offered a finite amount of support from the NHS, their GPs, or other organisations, whereas HOPE offers lasting support for as long as the beneficiary needs it. This can be for one hour or many years, where in turn some beneficiaries of HOPE become volunteers. HOPE has now been supporting people in South Yorkshire for over 14 years.

The charity's five-year plan and long-term goal is to open a HOPE hub with facilities for offices and a soft meeting room for the core peer support group which will include an art wall so young people can express their grief and bereavement through art.

Linked to the development of a new website are our plans to become a trusted partner in sub-regional mental health support networks. Following a recent charity network hub, we are affiliating with Sheffield Hallam University Business in the Community programme. This will enable us to 'collaborate for good' across both business and third sector organisations and maximise the scale of our impact with stakeholders. This in turn, will widen access for people in need of our services.

HOPE has been unable to deliver the peer mentor training to our volunteers because of the Covid restrictions, but once the restrictions have been lifted, we are hoping to arrange the sessions in late 2021, with our chosen partner, Northern College.

HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

**Trustees' annual report - continued
For the year ended 31 March 2021**

Achievements and performance continued

HOPE has recruited an additional peer support worker on a part-time freelance basis to assist with the continued growth of support needed, and to establish the Rotherham group and to eventually look at opening a new support group in Doncaster. This will enable HOPE to have a monthly group in all four districts.

The trustees have referred to the Charity Commission's guidance on public benefit when reviewing our aims and objectives and in planning our future activities. The trustees have considered how planned activities contribute to the aims and objectives set ensuring our activities and offer, satisfy the public benefit requirement as stated in charity law.

Future plans

Looking forward to the coming year, HOPE has several strands of activity it wishes to pursue, especially in view of the negative effect Covid has had. These include:

- 1) To continue to grow the support for people who have experienced a traumatic bereavement, through one-to-one support and peer support in a group setting, by building HOPE's reputation and experience in this area across South Yorkshire.
- 2) To build on our excellent reputation and track record to maintain our existing partners and grow new partnerships to support the work we want to deliver.
- 3) To grow the capacity to support more people by growing staff and training a pool of peer mentor volunteers across South Yorkshire.
- 4) To promote HOPE and the offer through a new innovative and informative website and social media. To provide a portal for statutory agencies who need to make referrals, e.g., the Police, Fire & Rescue Service and NHS.
- 5) To create links with social media enabling HOPE to reach out to more people and be part of annual social media events, such as Road Safety week, Drowning Prevention and Water Safety Week and other relevant national campaigns. To be able to promote events, or groups and their location, and photos of events and artwork and poems produced by young people as well.

HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

Trustees' annual report - continued
For the year ended 31 March 2021

Future plans continued

6) To be registered for Gift Aid to benefit the Charity from maximising any donation received.

7) Prevention and early intervention is part of our charity objects. Following a successful partnership with the South Yorkshire Safer Roads Partnership in 2018 to deliver 'Collision' in schools and Colleges across South Yorkshire, we are seeking funding to deliver a second programme 'Collision 2' to young people who are not in mainstream education, becoming involved in anti-social behaviour and who are deemed at greater risk of being involved in road traffic collisions (RTCs),

Longer term plan

To work towards HOPE having an independent hub, providing office space, drop in facilities, space to deliver creative activity, peer support meetings and one-to-one support.

Reserves Policy

The reserves that we have set aside provide financial stability and the means for the development of our principal activity. We intend to maintain our reserves at a level which is at least **equivalent to 3 months of operating expenses**. The justification for setting our reserves at this level is that we currently have guaranteed funding for the remainder of funding year 20/21 and for the entirety of the subsequent 2 funding years. Reserves should therefore only be required to cover any of the unforeseen circumstances

At 31 March 2021 the charity held unrestricted reserves of £30,743 which based on the current year expenditure equates to 5 months operating expenses.

The Board reviews the amount of reserves that are required at our quarterly board meeting to ensure that they are adequate to fulfil our continuing obligations.

The trustees declare that they have approved the above report
Signed on behalf of the trustees

Signed:



Date: 11 January 2022

Print name: Cllr Steve Ayris
Trustee

**Independent examiners report to the trustees of
HOPE - South Yorkshire Fire - Road and Water Related
Trauma Support for Families**

I report to the trustees on my examination of the accounts of HOPE (the charity) for the year ended 31 March 2021.

Responsibilities and basis of report

As charity trustees of HOPE you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of HOPE accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiners statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Charity as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Faye Hazlehurst FMAAT
Voluntary Action Rotherham Ltd
Community Accountancy
The Spectrum, Coke Hill
Rotherham
S60 2HX

Date: 17/11/2022

HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

Receipts and Payments For the year ended 31 March 2021

	2021 Unrestricted	2021 Restricted	2021 Total	2020 Unrestricted	2020 Restricted	2020 Total
	£	£	£	£	£	£
Incoming resources						
Donations & legacies	1,500	-	1,500	858	-	858
Grants & contracts	2 14,376	69,321	83,697	5,000	13,087	18,087
Other income	-	-	-	500	-	500
Total incoming resources	15,876	69,321	85,197	6,358	13,087	19,445

Resources expended

Cost of activities in furtherance of the charity's objects

	2021 Unrestricted	2021 Restricted	2021 Total	2020 Unrestricted	2020 Restricted	2020 Total
	£	£	£	£	£	£
Staff costs	4 1,756	46,627	48,382	-	1,635	1,635
Office /administration expenses	-	1,011	1,011	-	1,667	1,667
Facilitator fee	-	-	-	-	850	850
Bank charges	78	-	78	57	-	57
Training & travel expenses	312	563	875	210	-	210
Equipment & resources	-	725	725	115	114	229
Insurance	-	484	484	-	-	-
Printing, postage and stationery	-	481	481	-	-	-
Marketing	-	-	-	155	-	155
Group expenses	-	291	291	-	-	-
Telephone & internet	-	623	623	-	-	-
Independent examiners fee	-	450	450	375	-	375
Memberships and subs	-	-	-	143	216	359
Professional fees	250	1,613	1,863	-	-	-
Rent, rates and utilities	-	2,450	2,450	-	-	-
Supervision costs	-	648	648	111	-	-
Misc Expenses	14	12	26	79	-	79
Asset and Investment purchase						
Purchase of equipment	-	-	-	527	-	527
Total expensed resources	2,410	55,978	58,388	1,772	4,482	6,254
Net income/(deficit) for the year	13,466	13,343	26,810	4,586	8,605	13,191
Transfer between funds	-	-	-	2,788	(2,788)	-
Net movement in funds	13,466	13,343	26,809	7,374	5,817	13,191
Funds brought forward	17,277	7,231	24,508	9,903	1,414	11,317
Funds carried forward	30,743	20,574	51,317	17,277	7,231	24,508

**HOPE - South Yorkshire Fire - Road and Water Related
Trauma Support for Families**

**Statement of Assets and Liabilities
As at 31 March 2021**

	2021 Total Funds	2020 Total Funds
Monetary assets		£
Current account	51,317	24,508
Total Monetary Assets	<u>51,317</u>	<u>24,508</u>
Represented by funds		
Unrestricted funds		
General funds	30,743	17,277
Restricted Funds	5 20,574	7,231
Total Funds	<u>51,317</u>	<u>24,508</u>
Non-Monetary assets and liabilities		
Fixed assets for charity use		
Laptop	<u>330</u>	<u>527</u>
Liabilities		
Independent examiners fee	(475)	(450)
Spectrum Futures - training fee	(150)	-
Payroll fees	(62)	-
	<u>(687)</u>	<u>(450)</u>

Approved by the trustees and signed on their behalf by:

Signed:



Date: 11 January 2022

Print name: Cllr Steve Ayris
Trustee

HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

**Notes to the accounts
For the year ended 31 March 2021**

Accounting policies

- Basis of preparation

The financial statements have been prepared on a Receipts & Payments basis which summarises the movement of cash in and out of the organisation. In this context cash' includes cash equivalents, such as bank accounts where cash can be readily available to pay debts as they fall due. The format of accounts is available to non-company charities with gross annual income of £250,000 or less.

- Value Added Tax

The Charity is unable to re-claim Value Added Tax which it pays on its expenditure. Where applicable expenditure is hence inclusive of VAT.

- Fund Accounting

The charity maintains an unrestricted fund which represents funds which are expendable at the discretion of the trustees in furtherance of the objects of the charity. Unrestricted funds may arise from general donations, fundraising activities, grants of a general nature, fees for service provision and payment for service delivery contracts.

Restricted funds have been provided to the charity for particular purposes and may only be spent for the purposes for which they were given. Any balance remaining outstanding on restricted fund at the end of the year is carried forward as a balance on the fund, unless permission has been given by the funder to remove the restriction on the balance outstanding. Restricted funds will arise from grants and donations given to the charity for specific purposes.

2 Grants received during the period

	Unrestricted	Restricted	Total 2021	Total 2020
	£	£	£	£
Safer Roads Partnership	-	-	-	5,856
South Yorkshire Community Foundation	-	-	-	4,955
Wesleyan Foundation	-	-	-	2,276
South Yorkshire Fire Service	-	-	-	5,000
James Neil Trust	-	500	500	-
Sheffield City Council - Woodhouse ward	-	500	500	-
Coalfields Regeneration Trust	-	5,420	5,420	-
The Big Lottery Fund - Reaching Communities	-	62,901	62,901	-
Health Education England	13,876	-	13,876	-
Asda Token scheme	500	-	500	-
	<u>14,376</u>	<u>69,321</u>	<u>83,697</u>	<u>18,087</u>

Prior year income includes restricted grants of £13,087. All other prior year income is unrestricted.

HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

Notes to the accounts For the year ended 31 March 2021

3 In 2019/20 the charity received a grant from South Yorkshire Fire & Rescue Authority which was managed through Manor Castle Development Trust Ltd who were the accountable body. A one year service level agreement was in place and income and expenditure was as follows:

	2020	2019
	£	£
Grant	-	57,376
Donations	49	-
	49	-
Total Income	49	57,376
Salary costs	46,745	2,119
Management costs	-	2,869
Telephone and ICT	529	2
Staff travel	782	-
Premise costs	1,776	-
Activities	2,619	-
	52,451	4,990
Total expenditure	52,451	4,990
	(52,402)	52,386
Net expenditure		

The grant was fully utilised at the end of March 2020, and all funding from 1 April 2020 is managed directly by the charity.

4 Staff costs	2021	2020
Salaries	46,936	43,000
Employers national insurance	4,020	3,414
Employers allowance	(4,000)	-
Pension cost	1,426	1,966
	48,382	48,380

This is the first year the charity has become an employer, existing staff were TUPE'd across in April 2020.

HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

**Notes to the accounts
For the year ended 31 March 2021**

5 Movement in Funds

	Funds b/fwd £	Receipts £	Payments £	Transfers £	Funds c/fwd £
Restricted Funds					
SY Community Foundation	4,955	-	4,763	-	192
Wesleyan Foundation	2,276	-	-	-	2,276
James Neil Trust	-	500	-	-	500
SCC - Woodhouse ward	-	500	-	-	500
Coalfields Regeneration Trust	-	5,420	117	-	5,303
The Big Lottery Fund	-	62,901	51,098	-	11,803
Total Funds	<u>7,231</u>	<u>69,321</u>	<u>55,978</u>	<u>-</u>	<u>20,574</u>

SY Community Foundation - grant funding received to deliver support to families and individuals in need across South Yorkshire.

Wesleyan Foundation Fund - Salary and volunteer costs to deliver 12 monthly support groups.

James Neil Trust - Post traumatic stress disorder counselling to members

Sheffield City Council (Woodhouse ward) - grant received to develop and deliver a young driver package with the aim of reducing the number of road traffic fatalities.

Coalfields Regeneration Trust - Grant given to support families who have been bereaved due to a sudden traumatic incident.

The Big Lottery Fund (Reaching Communities) - Grant to provide monthly peer support group providing a welcoming safe space where people can come and meet others who have suffered similar life changing experiences.

HOPE - South Yorkshire Fire - Road and Water Related Trauma Support for Families

**Notes to the accounts
For the year ended 31 March 2021**

5 Trustee payments, benefits and expenses

No trustees received any remuneration, benefits or expenses during the period (2020: none).

6 Related party transactions

The charity pays a monthly rent to Manor Castle Development Trust Ltd (MCDT), Debbie Mathews, Trustee is the CEO of MCDT. There were no other related party transactions.

2020 - The charity worked in Partnership with Manor Castle Development Trust Ltd who acted as the accountable body for funding received during 2019/20 from South Yorkshire Fire & Rescue Authority. Debbie Mathews (Trustee) is the CEO of Manor Castle Development Trust Ltd.