

ENOUGH

England & Wales · Charity number 1165440

Details

Status Registered

Legal form CIO

Registered 2016-02-04

Register [View on the Charity Commission register](#)

Contact

Address 2 Husthwaite Lane
Hamilton
Leicester
LE5 1BY

Phone 07462448833

Email enough-charity@outlook.com

Website www.enoughabuse.org.uk

Activities

Objects: THE OBJECTS OF THE CIO ARE:FOR THE PUBLIC BENEFIT THE RELIEF OF THOSE IN NEED AND DISTRESS WHO HAVE SUFFERED ABUSE OR DOMESTIC VIOLENCE IN PARTICULAR BUT NOT EXCLUSIVELY BY: - PROMOTING, EDUCATING AND INFORMING THE PUBLIC THAT ABUSE OR DOMESTIC VIOLENCE SHOULD NOT BE TOLERATED BY ANYONE IN SOCIETY; - PROVIDING TEMPORARY REFUGE FOR VICTIMS WHO HAVE LEFT THERE HOMES DUE TO ABUSE OR DOMESTIC VIOLENCE AND ENSURING THE SECURITY OF THAT SAFE PLACE OF REFUGE; - PROVIDING COUNSELLING AND PRACTICAL SUPPORT FOR THE VICTIMS OF ABUSE OR DOMESTIC VIOLENCE IN PARTICULAR THOSE STAYING IN THE REFUGE; - PROVIDING AFTER CARE SUPPORT WHEN THEY LEAVE THE REFUGE; - PROVIDING ADVICE AND INFORMATION TO ANY PERSON SUFFERING FROM ABUSE OR DOMESTIC VIOLENCE; - MAINTAINING A STRICT CONFIDENTIAL SERVICE; AND BY - SUPPORTING VICTIMS OF ABUSE OR DOMESTIC VIOLENCE IN WHATEVER DECISION THEY MAKE REGARDING THEIR FUTURE ALL BY SUCH CHARITABLE MEANS AS THE TRUSTEES SEE FIT FROM TIME TO TIME.

Activities: Enough is a Leicester based charity. We help women and children that suffer from abuse and domestic violence. We run programmes and events in the Leicester area to inform women and children what abuse is. If someone calls our hotline to report abuse we listen and see how we can help that person move away from the abuse. If there life is at risk we will move them out into temporary accomodation.

Classification

- **How:** Provides Services
- **What:** General Charitable Purposes, The Advancement Of Health Or Saving Of Lives, Accommodation/housing
- **Who:** Children/young People, The General Public/mankind

Geography

- Leicester City
- Leicestershire

Finances

Period end	Income	Expenditure	Assets	Employees
2025-01-31	-	-	-	-
2024-01-31	-	-	-	-
2023-01-31	-	-	-	-
2022-01-31	-	-	-	-
2021-01-31	£0	£0	-	-
2020-01-31	£100	£0	-	-
2019-01-31	£100	£0	-	-
2018-01-31	£0	£0	-	-
2017-01-31	£0	£0	-	-

Trustees

Name	Role	Appointed
ASIF IQBAL	Chair	2016-02-04
SAZIA IQBAL		2016-02-04

ENOUGH

England & Wales - Charity number 1165440

Accounts

Enough

Charity Number: 1165440

**Trustees' Annual Report
and Financial Statements
for the Period
1 February 2020 to 31 January 2021**

November 2021

Enough

Trustees' annual report

for the year ended 31 January 2021

The trustees are pleased to present the annual report of Enough CIO which was registered as charity number 1165440 on 4th February 2016. The registered office is at 2 Husthwaite Lane, Leicester, LE5 1BY.

Full name: Enough

Registered charity number: 1165440

Principal address: 2 Husthwaite Lane, Leicester, LE5 1BY

Trustees: Mr Asif Iqbal Mrs Sazia Iqbal

Bankers: Natwest Bank Leicester

Structure, governance and management

The charity is operated under the rules of its constitution adopted 4th February 2016.

Overall management of the charity is the responsibility of the trustees who are elected and under the terms of the constitution. Day to day activity is managed and carried out by volunteers.

The Trustees were responsible for the management of Enough during the period 1st February 2020 to 31st January 2021.

Enough

Trustees' annual report

for the year ended 31 January 2021

All methods of appointment of Enough Management Committee members are set out in the Constitution. In line with the Constitution our volunteers have a representative on the Committee to ensure that their views are fully taken into account when decisions are taken regarding Enough.

The Management Committee members are responsible for making decisions on all matters of general concern and importance to the charity including deciding on how the funds are spent. They are also responsible for all matters related to the employment of staff, ensuring their contracts, payroll and all regulations including PAYE and NI are adhered to.

Aims and objectives

For the public benefit the relief of those in need and distress who have suffered abuse or domestic violence in particular but not exclusively by:

- Promoting, educating and informing the public that abuse or domestic violence should not be tolerated by anyone in society;
- Providing temporary refuge for victims who have left their homes due to abuse or domestic violence and ensuring the security of that safe place or refuge;
- Provide counselling and practical support for the victims of abuse or domestic violence in particular those staying in the refuge;
 - Providing after care support when they leave the refuge;
- Providing advice and information to any person suffering from abuse or domestic violence;
- Maintaining a strict confidential service and by supporting victims of abuse or domestic violence in whatever decision they make regarding their future all by such charitable means as the trustee see fit from time to time.

Activities

Registered as a CIO on 4th February 2016 and in furtherance to the above objects but not further or otherwise, the organisation may:

- Maintain a 24 hour telephone service.
- Provide individual and group support services.
- Disseminate information in all matters related to the above objects.

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- Write, publish and distribute material related to the above objects.
 - Raise funds from any person or organisation provided that the organisation shall undertake no permanent trading activities in raising funds for the object of the organisation.
 - Employ and pay any persons not being members of the Management Committee.
 - Do all such other lawful things as shall further the above objects.

Volunteers

This year the team has stayed the same since the last report. We are looking for more volunteers in order to meet demand for services. We have 2 volunteers in total .

The committee would like to thank all the volunteers, without whom we could not provide this valuable service.

Main activities

When planning our services for the year, the Trustees have considered the Commission's guidance on public benefit.

There is a 24 hour telephone service and all calls are responded to swiftly by staff.

The charity's policy on reserves

The management Committee of Enough believes that the charity should hold financial reserves (if possible) as an emergency operating reserve because:

- (a) It has no endowment funding and is entirely depending for its operating costs on grant funding which is currently applied for from year to year and which is inevitable subject to fluctuation and donations; and
- (b) It requires protection against and the ability to continue operating despite fluctuations in funding or shortfalls that may occur as a result of gaps in funding grants.

The Management Committee of Enough believes that the minimum level of reserves should be the equivalent of three months' operating costs calculated and reviewed annually and believe that the reserve should be built up to the desired level in stages consistent with the charity's overall financial position and its need to maintain and develop its charitable activities.

Signed on behalf of the charity's trustees:

Signed
Mr Asif Iqbal, Trustee

Date 15/11/2021

Enough

Financial Statement

for the year ended 31 January 2021

	£	2021 £
Current assets		
Cash at bank and in hand	200	
Debtors	0	
Prepayments	0	
Total current assets		0
Liabilities		
Creditors:		
amounts falling due within one year		0
Net Current Assets		
Net Assets		0
The funds of the charity		
Unrestricted income funds		0
Restricted income funds		0
Total funds		200

These financial statements are accepted on behalf of the charity by:

Signed
Asif Iqbal, Trustee