



Trustees' Annual Report for the period

From	Period start date			To	Period end date		
	01	04	2022		31	03	2023

Section A Reference and administration details

Charity name

Eagle Recovery Project

Other names charity is known by

Registered charity number (if any)

1165430

Charity's principal address

28B King Henrys Walk

Islington

London

Postcode

N1 4PB

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Michael Sanderson	Chair		Trustees + Management Team
2	Michael Havens	Secretary		
3	Ritchie Philip			
4	Vanessa Relf			
5	Michael Timmins			
6				
7				
8				
9				
10				
11				
12				
13				
14				
15				
16				
17				
18				
19				
20				

Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name	Dates acted if not for whole year

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Section B Structure, governance and management

Description of the charity's trusts

Type of governing document (eg. trust deed, constitution)	CIO Foundation
How the charity is constituted (eg. trust, association, company)	Charitable Incorporated Organisation
Trustee selection methods (e.g. appointed by, elected by)	Appointed by existing Trustees with agreement from Management Committee

Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees.
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage

Policies and procedures for the induction and training of trustees is held in separate documents.

In working with vulnerable adults, the processes and procedures for managing unsuitable vulnerable adult behaviour are held in separate documents and implemented by the management team and Ritchie Philips as Safeguarding Lead

them.



Section C

Objectives and activities

Summary of the objects of the charity set out in its governing document

The advancement of good health for the public benefit but not exclusively by improving the good physical health and mental wellbeing of people recovering from Drug and Alcohol abuse with the aim to achieve positive change Personal development and a healthy abstinence lifestyle. – Providing facilities to develop their life skills, participation in sports and healthy recreation – Providing advice and information for their benefit and use, - Supporting their participation in the wider community; - Improving their awareness of their physical health needs through Complementary therapies and by offering training with a view to increasing and improving their quality of life.

Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)

With Lockdown still in force Eagle improvised having weekly activity events in Clissold Park including, weather permitting, outdoor badminton, petanque, and rounders, a picnic was also provided.

The Quiz and Bingo evenings were delivered via Zoom as was a Book Club and a twice weekly 'check in' which was facilitated by Mick H.

In April a Theatre Group taster session led to a group running weekly at St Mary's Church hall, Upper Street for 10 weeks This was a co production with the Recoverist Theatre (Islington Peoples Theatre) group following a recommendation from our local funder (Cripplegate) These sessions eventually led to some of our members performing a play in front of an audience which included some 'Names' from the Film industry and ultimately led to a number of the group having a small part in a feature film.



There have been outings to Ten Pin Bowling operating in a limited capacity due to Covid lockdown restrictions. Badminton was still operating but was halted in August after a burst Water Main flooded the building causing its closure.

In July with the end of NHS Infection Control Restrictions Eagle returned to 28b King Henrys Walk to resume normal Wednesday social club activities. At this stage the Charity were down to our last few hundred pounds, so the Management Committee personally funded the food, prizes and activities for service users for a period of four weeks.

The Thursday Smart Group facilitated by Ritchie Philip continued with a good regular turnout and was eventually funded separately by A4A grant for a further twelve months in recognition of the valuable community work it was delivering.



September saw our quarterly grant payments reinstated and Eagle took a late summer beach trip fifteen members to Viking Bay in Broadstairs to celebrate.

In November Eagles successful gardening group co production with Better Lives, led by Maxine and John won the Royal College of Psychiatrists 1st prize for green and sustainable projects.

Alongside Eagles regular weekly Wednesday social evening and Friday gardening club activities the rest of the year saw regular cinema trips to the Rio Cinema and Bowling at Rowans With a fully operational kitchen fifty excited Eagle members were

able to have a Christmas meal to round off seasonal festivities with friends in a warm and safe space.

A seasonal trip to The Hackney Empire organised by Ritchie to take in the Pantomime Mother Goose was enjoyed by 25 members booing and hissing with delight throughout



The beginning of 2023 was celebrated with 22 Eagle members Ice Skating and hot chocolating at Somerset House plus a trip the Old Vic theatre to see the play Jitney.

A dozen members had an Archery experience at Caxton House Community centre in the north of the borough with three of our service users claiming medals from a small competition once skills were honed. PS nobody was used for tyarget practice!!!



During the year Eagle contracted 128 Hours counseeling support on behalf of Eagle members who could not afford to access such services financially. Clients signposting to counsellors was coordinated through Mya, herself a counsellor, to ensure confidentiality and objectivity of the Eagle service.



Please find below an extract from the Eagle counselling support service report for the year April 2022 to March 2023

“A number of users engaging in counselling had little support network around them or they continued to engage in relationships that were unhelpful or even abusive to them. They experienced loneliness, lack of understanding from their family and/or friends, they lacked a sense of purpose and/or they lived in insecure housing provision.

All of them expressed that they didn't have anyone to talk to and welcomed an opportunity to have counselling.”

A Job well done so Big Shout Out to management team who delivered in very difficult and trying health and financial environment.



Additional details of objectives and activities (Optional information)

You **may choose** to include further statements, where relevant, about:

- policy on grantmaking;
- policy programme related investment.
- contribution made by volunteers.

Section D

Achievements and performance

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Achievements and performance

Summary of the main achievements of the charity during the year

Eagle has contributed to the Physical and Mental Wellbeing of its Service Users providing Professional Counselling and with Zumba and various other Physical Exercise programmes run in partnership with the Healthy Minds Healthy Bods Group. Eagle has also signposted clients to the appropriate agencies and provided relevant information with regards to issues such as Housing, Universal Credit, and other Benefits through Islington Peoples Rights(IPR), Islington Law Centre, DWP and Citizens Advice Bureau.

Section E Financial review

Brief statement of the charity's policy on reserves

The charity does attempt to keep three months of running costs as reserves. A temporary freeze on funding by the National Lottery forced the Charity to run down to almost zero whilst maintaining a framework of activities for the Charity's vulnerable client base. The Charity is now in a more robust financial position following clarification of operations with funders and resumption of agreed cash payments. The charity is now back on course for three months running costs in reserves. Ideally as the Charity grows and the time from making an application to the time of the award increase the organisation will aim at six months of reserves.

Details of any funds materially in deficit

Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising)
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The National Lottery Reaching Communities grant.
The National Lottery Awards for All
The Cripplegate Fund.

The National Lottery grants take a restricted activity funding approach. Reporting on Grant Completion requires reporting and evidencing delivery of activities proposed.

Cripplegate as a local Charity provides unrestricted grants since it is more directly aware of the benefits the Charity's work delivers for vulnerable adults in the borough of Islington

Section F Other optional information

Section G Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)	<i>M. Havens</i>	
Full name(s)	Michael Havens	
Position (e.g. Secretary, Chair, etc)	Trustee Secretary	
Date	8 th March 2024	



CHARITY COMMISSION
FOR ENGLAND AND WALES

Eagle Recovery Project

No (if any)
1165430

CC16a

Receipts and payments accounts

For the period from	Period start date 01/04/2022	Period end date 31/03/2023
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Section A Receipts and payments

	Unrestricted funds to the nearest £	Restricted funds to the nearest £	Endowment funds to the nearest £	Total funds to the nearest £	Last year to the nearest £
A1 Receipts					
National Lottery Reaching Communities	-	39,313	-	39,313	-
Donations	394	-	-	394	-
Income from Amazon Smile	5	-	-	5	-
Interest earned	120	-	-	120	-
Cripplegate Grant	5,000	-	-	5,000	-
Cripplegate Cost of Living allowance	1,500	-	-	1,500	-
National Lottery AFA	-	9,580	-	9,580	-
	-	-	-	-	-
Sub total (Gross income for AR)	7,019	48,893	-	55,912	-
A2 Asset and investment sales, (see table).					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total receipts	7,019	48,893	-	55,912	-
A3 Payments					
Charitable Activities		18,572	-	18,572	-
Overheads		1,454	-	1,454	-
Professional fees	-	300	-	300	-
Printing and Stationary	-	375	-	375	-
Telecomms	-	1,209	-	1,209	-
Training	-	1,032	-	1,032	-
	-	-	-	-	-
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	22,942	-	22,942	-
A4 Asset and investment purchases, (see table)					
	-	-	-	-	-
	-	-	-	-	-
Sub total	-	-	-	-	-
Total payments	-	22,942	-	22,942	-
Net of receipts/(payments)	7,019	25,951	-	32,970	-
A5 Transfers between funds	3,317	-3317	-	-	-
A6 Cash funds last year end	-	3,340	-	3,340	-
Cash funds this year end	10,336	25,974	-	36,310	-

Section B Statement of assets and liabilities at the end of the period

Categories	Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
B1 Cash funds				
CCXX R1 accounts (SS)	1	10,336	25,974	-

	-	-	-
	-	-	-
Total cash funds	10,336	25,974	-
(agree balances with receipts and payments account(s))	OK	OK	OK

B2 Other monetary assets

Details	Unrestricted funds to nearest £	Restricted funds to nearest £	Endowment funds to nearest £
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-
	-	-	-

B3 Investment assets

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-

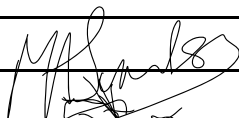
B4 Assets retained for the charity's own use

Details	Fund to which asset belongs	Cost (optional)	Current value (optional)
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-
		-	-

B5 Liabilities

Details	Fund to which liability relates	Amount due (optional)	When due (optional)
		-	
		-	
		-	
		-	
		-	

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval
	Michael Sanderson	07/03/2024



Section A

Independent Examiner's Report

**Report to the trustees/
members of**

Charity Name
EAGLE RECOVERY PROJECT

**On accounts for the year
ended**

31 MARCH 2023

**Charity no
(if any)**

1165430

Set out on pages

(remember to include the page numbers of additional sheets)

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31/03/2023**.

**Responsibilities and
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:

Date:

11 MARCH 2023

Name:

DAVID MORGAN

**Relevant professional
qualification(s) or body
(if any):**

Address:

GREAT BROCKHAMHURST FARM

BROCKHAMHURST ROAD

BETCHWORTH, SURREY, RH3 7AP

Section B

And Disclosure

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).

Give here brief details of any items that the examiner wishes to disclose.