



# Trustees' Annual Report for the period

| From | Period start date |    |      | To | Period end date |       |      |
|------|-------------------|----|------|----|-----------------|-------|------|
|      | 01                | 04 | 2021 |    | 31              | March | 2022 |

## Section A Reference and administration details

Charity name

Eagle Recovery Project

Other names charity is known by

Registered charity number (if any) 1165430

Charity's principal address

28B King Henrys Walk

Islington

London

Postcode

N1 4PB

### Names of the charity trustees who manage the charity

|    | Trustee name      | Office (if any) | Dates acted if not for whole year     | Name of person (or body) entitled to appoint trustee (if any) |
|----|-------------------|-----------------|---------------------------------------|---|
| 1  | Michael Haven     |                 |                                       | Trustee Management Team                                       |
| 2  | John Kennedy      |                 |                                       |   |
| 3  | Michael Sanderson | Chair           | Appointed July 2021 and elected Chair |   |
| 4  | Ritchie Philip    | Chair EMC       |                                       |   |
| 5  | Vanessa Relf      |                 |                                       |   |
| 6  | Maxine Richmond   |                 | Stepped down December 2021            |   |
| 7  | Tracey Wilkinson  |                 | Appointed July 2021                   |   |
| 8  |                   |                 |                                       |   |
| 9  |                   |                 |                                       |   |
| 10 |                   |                 |                                       |   |
| 11 |                   |                 |                                       |   |
| 12 |                   |                 |                                       |   |
| 13 |                   |                 |                                       |   |
| 14 |                   |                 |                                       |   |
| 15 |                   |                 |                                       |   |
| 16 |                   |                 |                                       |   |
| 17 |                   |                 |                                       |   |
| 18 |                   |                 |                                       |   |
| 19 |                   |                 |                                       |   |
| 20 |                   |                 |                                       |   |

### Names of the trustees for the charity, if any, (for example, any custodian trustees)

Name

Dates acted if not for whole year

|  |  |
|--|--|
|  |  |
|  |  |
|  |  |

### Names and addresses of advisers (Optional information)

| Type of adviser | Name | Address |
|-----------------|------|---------|
|                 |      |         |
|                 |      |         |
|                 |      |         |
|                 |      |         |

### Name of chief executive or names of senior staff members (Optional information)

|  |
|--|
|  |
|--|

## Section B Structure, governance and management

### Description of the charity's trusts

|   |   |
|---|---|
| Type of governing document<br>(eg. trust deed, constitution)        | CIO Foundation  |
| How the charity is constituted<br>(eg. trust, association, company) | Charitable Incorporated Organisation                                    |
| Trustee selection methods<br>(e.g. appointed by, elected by)        | Appointed by existing Trustees with agreement from Management Committee |

### Additional governance issues (Optional information)

You **may choose** to include additional information, where relevant, about:

- policies and procedures adopted for the induction and training of trustees;
- the charity's organisational structure and any wider network with which the charity works;
- relationship with any related parties;
- trustees' consideration of major risks and the system and procedures to manage them.

In September 2021 Eagle joined the CLERO. (College of Lived Experience Recovery Organizations.) This was set up to promote best practice and develop a common framework for measuring achievements. Dame Carol Black is involved in the group which includes a number of large and small recovery organizations led and run by service users.

Two members of the management team attend CLERO meetings and report back on meeting content and potential new ideas for activities and approaches to assisting our vulnerable client base.

The trustees introduced the NCVO Governance Wheel to assist in identifying governance that needed strengthening and enabling the management team to focus on

## Section C Objectives and activities

**Summary of the objects of the charity set out in its governing document**

The advancement of good health for the public benefit but not exclusively by improving the good physical health and mental wellbeing of people recovering from Drug and Alcohol abuse with the aim to achieve positive change Personal development and a healthy abstinence lifestyle. Providing facilities to develop their life skills, participation in sports and healthy recreation – Providing advice and information for their benefit and use, - Supporting their participation in the wider community; - Improving their awareness of their physical healthy needs through Complementary therapies and by offering training with a view to increasing and improving their quality of life.

**Summary of the main activities undertaken for the public benefit in relation to these objects (include within this section the statutory declaration that trustees have had regard to the guidance issued by the Charity Commission on public benefit)**

**It has been a challenging twelve months with pressures on several fronts.**

Firstly, the COVID 19 restrictions meant that outdoor activities were restricted in numbers until fully lifted in late July 2021.

Pressure from our main funder following an anonymous complaint restricted access to our grant funding from October through to the end of the twelve-month period.

Lack of access to meeting rooms at our physical base and spiritual home (28B King Henrys Walk) added to difficulties in managing and developing coherent strategies moving forward.

Gardening, the external support group, counselling and badminton activities continued as they are considered core to Eagles and were funded from reserves thus seriously depleting Eagles financial robustness

This meant expanded project plans being on hold until the issue was resolved with resolution being greatly delayed through funder continued its policy of working from home reducing coherence and coordination of the funders response to Eagle queries on the detail of the complaint and resolution processing.

Despite COVID restrictions being fully lifted in late July internal access to meeting rooms for social activities at Eagles spiritual home and Gardening Club centre was not lifted until the following financial accounting period. This led to increased costs of regular management & trustee meetings in Cafes as a lower cost option to hiring external Islington based meeting rooms.

**Regular Group Activity support**

In April 2021 the **Gardening club** opened up to service users as most of the beds had been built and 9 fruit trees planted including apple, plum, quince and apricot.

Eagle **Outdoor Wednesdays** sports & social in Clissold Park continued with increased numbers of 15 allowed with outdoor badminton, croquet and boules. Sandwich food was provided using

a local take away shop until the weather deteriorated in September. The Wednesday event attracted 10-12 members each week.



Pilates in the Park

**Quiz & Bingo** continued throughout the year over Zoom account attracting 8-10 people each week.

Eagles professionally supervised **Counselling service** managed to keep four clients in counselling support delivered via Zoom through much of the twelve-month period providing emotional stability to the Eagle client base.

Eagle **Tuesday Badminton club** finally opened up at Sobell in August attracting 8-10 members each week over the remaining eight-month period.

### **Monday evening activities**

In June Eagle went bowling at Rowans once number restrictions were lifted to fifteen per group

An Eagle **External Thursday Support group** running weekly on Thursday evenings was started in September and continues to attract 6-8 people each week looking for like-minded recovery colleagues without the social element of Eagle. There is always a need to give those in recovery options.

### **One Off Events**

**Sunday Cinema** took Eagle to the Rio Dalston on the 20<sup>th</sup> of June. Fifteen members saw a Danish Oscar winning comedy “Another Round” with mixed reactions to the movie but thumbs up for helping people get out and about.

Early July saw Eagle celebrate their **10<sup>th</sup> Birthday** in Clissold Park much to the delight of one of its founders (Mike Sanderson) who congratulated the team on their creativity and ingenuity throughout the Pandemic period when access to meeting rooms and kitchen resources for food preparation were curtailed.

Later in the month Eagle organised 20 members to visit the **Banksy exhibition** in Covent Garden with everybody emerging determined to hunt down a “Banksy” and make their fortune! A good time had by all but no millionaires!!

August saw twenty hardy Eagle souls leaping into the sea on their annual beach day out to Soothed. No deaths, no divorces and no relapses but buckets of fish and chips devoured.

August frolics were followed by management team EDI (Equality, Diversity & Inclusion) training delivered via a two-day training course delivered by Genesis Consultancy Limited.

Better Lives allowed Eagle to host a separate Eagle 10<sup>th</sup> Birthday barbecue which attracted 27-30 attendees

In September Eagle ran a Recovery month barbecue in co-production with Better Lives with some 30 people attending. Good to know there is enthusiasm for treatment services and recovery in Islington



In October a large group (20) saw the latest James Bond film at our local independent cinema, the Rio. Everybody came out wondering where they had parked their Aston Martins. Hey ho the 30 bus was still running.

The remainder of the twelve-month period was largely consumed with issue resolution around Lottery Funding and keeping the remaining activities on track.

However, Eagle ingenuity kicked in again with a Christmas party held at the site of Eagles Thursday evening support group with Better Lives allowing hot food preparation at 28B King Henrys Walk. Some thirty people attended and ended the year in a festive mood.

The New Year brought more issue resolution work lightened by the management team organizing a Jack the Ripper tour in East London which gave vent to gallows humour being directed at whoever had lodged the anonymous complaint. The tragedy being that because the complaint was never delivered to Eagle directly there was no opportunity to respond. However, tragedy turns to triumph in the following financial year. Another chapter for you all to read when it emerges.

Over the 1<sup>st</sup> quarter of 2022 Eagle was in contact with the Recoverist Theatre group negotiating a co-produced series of drama workshops for the following operating year.

**Additional details of objectives and activities (Optional information)**

You **may choose** to include further statements, where relevant, about:

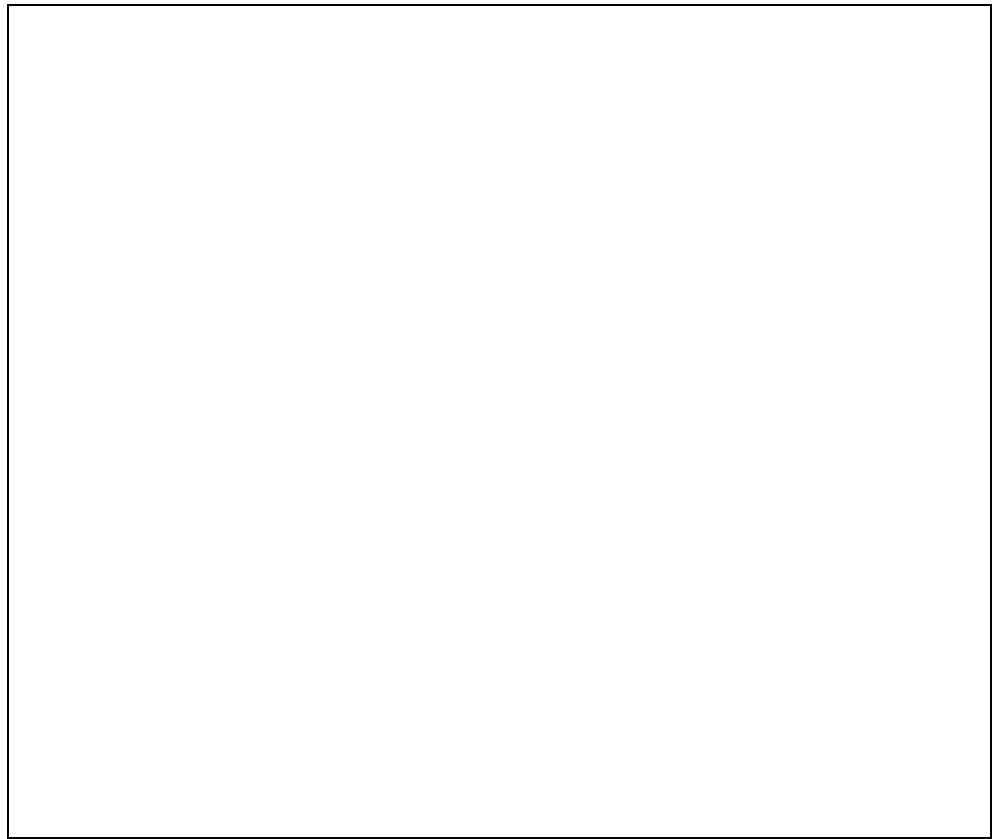
- policy on grant making;
- policy programme related investment.
- contribution made by volunteers.

Reference needs to be made to the following volunteers and their service over this pandemic period and who went the extra mile for their fellow service users.

**Ritchie Philip** who led two barbecue teams, the Christmas party food preparation and took on the running of the Thursday evening external support group.

**Mick Havens** who ran Zoom Quiz nights through the year in addition to the blood curdling Jack the Ripper tour.

**John Acton** who held all the activities together, worked tirelessly on resolving issues raised by Eagles main funder drafting correspondence with evidential proof of the integrity of Eagle finances. He also led co-production with the gardening project and negotiated a co-production with the Recoverist Theatre group for the following operating year.



## Section D

## Achievements and performance

## Section D

## Achievements and performance

**Summary of the main achievements of the charity during the year**

Eagle kept alive the mental wellbeing of a significant number of their members throughout the pandemic and post pandemic period with the Eagle Management Committee being the main point of contact for many members. Job done in extraordinary circumstances with pressure coming from both cash flow and premises access restrictions. The management team stepped up and served their community.



## Section E

## Financial review

### Brief statement of the charity's policy on reserves

At the end of this financial year we held only 6% of our increased annual income in reserves. Our original aim stated 50% but the commitment to the expanded project backed by increased funder commitment followed by the funder income freeze will require us to build up reserves over the next few years.

### Details of any funds materially in deficit

### Further financial review details (Optional information)

You **may choose** to include additional information, where relevant about:

- the charity's principal sources of funds (including any fundraising)
- how expenditure has supported the key objectives of the charity;
- investment policy and objectives including any ethical investment policy adopted.

The principal source of funding is a quarterly grant from the Reaching Communities team at the National Lottery.

## Section F

## Other optional information

## Section G

## Declaration

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)



Full name(s)

Michael Sanderson

Position (eg Secretary, Chair, etc)

Chair

Date

18<sup>th</sup> January 2023



**CHARITY COMMISSION  
FOR ENGLAND AND WALES**

**Independent examiner's  
report on the accounts**

**Section A**

**Independent Examiner's Report**

**Report to the trustees/  
members of**

Charity Name  
**EAGLE RECOVERY PROJECT**

**On accounts for the year  
ended**

**31 MARCH 2022**

**Charity no  
(if any)** **1165430**

**Set out on pages**

*(Remember to include the page numbers of additional sheets)*

I report to the trustees on my examination of the accounts of the above charity ("the Trust") for the year ended **31/03/2022**.

**Responsibilities and  
basis of report**

As the charity trustees of the Trust, you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ("the Act").

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination, I have followed the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

**Independent  
examiner's statement**

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination which gives me cause to believe that in, any material respect:

- accounting records were not kept in accordance with section 130 of the Act or
- the accounts do not accord with the accounting records

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in order to enable a proper understanding of the accounts to be reached.

*\* Please delete the words in the brackets if they do not apply.*

**Signed:**

**Date:** **24/01/2023**

**Name:**

**DAVID MORGAN**

**Relevant professional  
qualification(s) or body  
(if any):**

**Address:**

**THE OLD DAIRY, GREAT BROCKHAMHURST FARM  
BROCKHAMHURST ROAD  
BETCHWORTH, SURREY, RH3 7AP**

**Section B**

**Disclosure**

Only complete if the examiner needs to highlight matters of concern (see CC32, Independent examination of charity accounts: directions and guidance for examiners).



CHARITY COMMISSION  
FOR ENGLAND AND WALES

Eagle Recovery Project

No (if any)  
1165430

CC16a

## Receipts and payments accounts

For the period  
from

Period start date  
01/04/2021

Period end date  
31/03/2022

### Section A Receipts and payments

|   | Unrestricted funds<br>to the nearest £ | Restricted funds<br>to the nearest £ | Endowment funds<br>to the nearest £ | Total funds<br>to the nearest £ | Last year<br>to the nearest £ |
|---|--|--------------------------------------|-------------------------------------|---------------------------------|-------------------------------|
| <b>A1 Receipts</b>                                    |  |                                      |                                     |                                 |                               |
| National Lottery Reaching Communities                 | -                                      | 13,105                               | -                                   | 13,105                          | -                             |
| Donations   | 240                                    | -                                    | -                                   | 240                             | -                             |
| Income from Amazon Smile                              | 11                                     | -                                    | -                                   | 11                              | -                             |
| Interest earned                                       | 1                                      | -                                    | -                                   | 1                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
| <b>Sub total (Gross income for AR)</b>                | <b>252</b>                             | <b>13,105</b>                        | <b>-</b>                            | <b>13,357</b>                   | <b>-</b>                      |
| <b>A2 Asset and investment sales, (see table).</b>    |  |                                      |                                     |                                 |                               |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
| <b>Sub total</b>                                      | <b>-</b>                               | <b>-</b>                             | <b>-</b>                            | <b>-</b>                        | <b>-</b>                      |
| <b>Total receipts</b>                                 | <b>252</b>                             | <b>13,105</b>                        | <b>-</b>                            | <b>13,357</b>                   | <b>-</b>                      |
| <b>A3 Payments</b>                                    |  |                                      |                                     |                                 |                               |
| Charitable Activities                                 | 815                                    | 23,304                               | -                                   | 24,119                          | -                             |
| Overheads   | -                                      | 5,854                                | -                                   | 5,854                           | -                             |
| Professional fees                                     | -                                      | 1,380                                | -                                   | 1,380                           | -                             |
| Printing and Stationary                               | -                                      | 588                                  | -                                   | 588                             | -                             |
| Telecomms   | -                                      | 1,224                                | -                                   | 1,224                           | -                             |
| Training  | -                                      | 1,140                                | -                                   | 1,140                           | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
| <b>Sub total</b>                                      | <b>815</b>                             | <b>33,489</b>                        | <b>-</b>                            | <b>34,304</b>                   | <b>-</b>                      |
| <b>A4 Asset and investment purchases, (see table)</b> |  |                                      |                                     |                                 |                               |
|   | -                                      | -                                    | -                                   | -                               | -                             |
|   | -                                      | -                                    | -                                   | -                               | -                             |
| <b>Sub total</b>                                      | <b>-</b>                               | <b>-</b>                             | <b>-</b>                            | <b>-</b>                        | <b>-</b>                      |
| <b>Total payments</b>                                 | <b>815</b>                             | <b>33,489</b>                        | <b>-</b>                            | <b>34,304</b>                   | <b>-</b>                      |
| <b>Net of receipts/(payments)</b>                     | <b>- 563</b>                           | <b>- 20,384</b>                      | <b>-</b>                            | <b>- 20,947</b>                 | <b>-</b>                      |
| <b>A5 Transfers between funds</b>                     | <b>- 4,350</b>                         | <b>4,350</b>                         | <b>-</b>                            | <b>-</b>                        | <b>-</b>                      |
| <b>A6 Cash funds last year end</b>                    | <b>8,253</b>                           | <b>16,034</b>                        | <b>-</b>                            | <b>24,287</b>                   | <b>-</b>                      |
| <b>Cash funds this year end</b>                       | <b>3,340</b>                           | <b>- 0</b>                           | <b>-</b>                            | <b>3,340</b>                    | <b>-</b>                      |

### Section B Statement of assets and liabilities at the end of the period

| Categories            | Details   | Unrestricted funds<br>to nearest £ | Restricted funds<br>to nearest £ | Endowment funds<br>to nearest £ |
|-----------------------|---|------------------------------------|----------------------------------|---------------------------------|
| <b>B1 Cash funds</b>  |   |                                    |                                  |                                 |
|                       |   | -                                  | -                                | -                               |
|                       |   | -                                  | -                                | -                               |
|                       |   | -                                  | -                                | -                               |
|                       | <b>Total cash funds</b>   | <b>3,340</b>                       | <b>-</b>                         | <b>-</b>                        |
| CCXX R1 accounts (SS) | (agree balances with receipts and payments <sup>1</sup> account(s)) | OK                                 | OK                               | OK                              |


|                                 |         | Unrestricted funds<br>to nearest £ | Restricted funds<br>to nearest £ | Endowment funds<br>to nearest £ |
|---------------------------------|---------|------------------------------------|----------------------------------|---------------------------------|
| <b>B2 Other monetary assets</b> | Details |                                    |                                  |                                 |
|                                 |         | -                                  | -                                | -                               |
|                                 |         | -                                  | -                                | -                               |
|                                 |         | -                                  | -                                | -                               |
|                                 |         | -                                  | -                                | -                               |
|                                 |         | -                                  | -                                | -                               |
|                                 |         | -                                  | -                                | -                               |

|                             |         | Fund to which asset<br>belongs | Cost (optional) | Current value<br>(optional) |
|-----------------------------|---------|--------------------------------|-----------------|-----------------------------|
| <b>B3 Investment assets</b> | Details |                                |                 |                             |
|                             |         |                                | -               | -                           |
|                             |         |                                | -               | -                           |
|                             |         |                                | -               | -                           |
|                             |         |                                | -               | -                           |
|                             |         |                                | -               | -                           |

|   |         | Fund to which asset<br>belongs | Cost (optional) | Current value<br>(optional) |
|---|---------|--------------------------------|-----------------|-----------------------------|
| <b>B4 Assets retained for the<br/>charity's own use</b> | Details |                                |                 |                             |
|   |         |                                | -               | -                           |
|   |         |                                | -               | -                           |
|   |         |                                | -               | -                           |
|   |         |                                | -               | -                           |
|   |         |                                | -               | -                           |
|   |         |                                | -               | -                           |
|   |         |                                | -               | -                           |
|   |         |                                | -               | -                           |

|                       |         | Fund to which<br>liability relates | Amount due<br>(optional) | When due<br>(optional) |
|-----------------------|---------|------------------------------------|--------------------------|------------------------|
| <b>B5 Liabilities</b> | Details |                                    |                          |                        |
|                       |         |                                    | -                        |                        |
|                       |         |                                    | -                        |                        |
|                       |         |                                    | -                        |                        |
|                       |         |                                    | -                        |                        |
|                       |         |                                    | -                        |                        |

Signed by one or two trustees on  
behalf of all the trustees

| Signature   | Print Name        | Date of approval |
|---|-------------------|------------------|
|  | Michael Sanderson | 18//1/2023       |
|   |                   |                  |