

AFRICAN HEALTH FOUNDATION

England & Wales · Charity number 1165391

Details

Status Registered

Legal form CIO

Registered 2016-02-02

Register [View on the Charity Commission register](#)

Contact

Address Ty Newydd
Heol Glantren
Llanybydder
Carmarthenshire
SA40 9SA

Phone 07973172297

Email malcolm@africanhealthfoundation.org

Website www.africanhealthfoundation.org

Activities

Objects: THE OBJECTS OF THE CIO ARE:(1) THE RELIEF OF SICKNESS AND THE PRESERVATION OF HEALTH AMONG PEOPLE IN GHANA AND SUCH OTHER PARTS OF AFRICA INCLUDING THROUGH THE PROVISION OF HOME BASED PALLIATIVE NURSING CARE AND BY THE PROVISION OF CARERS AND PROVISION OF SUPPORT AND TRAINING TO SUCH CARERS.(2) THE ADVANCEMENT OF EDUCATION AND AWARENESS OF THE GENERAL PUBLIC OF PALLIATIVE CARE IN GHANA AND SUCH OTHER PARTS OF AFRICA AS THE TRUSTEES MAY FROM TIME TO TIME THINK FIT.

Activities: Create awareness of and fund raise for Rose Ananse Memorial Hospice Care in Kumasi, Ghana who provide Palliative and Emotional education awareness and support to the local community

Classification

- **How:** Provides Other Finance, Provides Human Resources, Provides Services, Provides Advocacy/advice/information
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** Children/young People, Elderly/old People, Other Charities Or Voluntary Bodies, Other Defined Groups, The General Public/mankind

Geography

- Ghana

Finances

Period end	Income	Expenditure	Assets	Employees
2024-12-31	£15,839	£60	-	-
2023-12-31	£540	£1,060	-	-
2022-12-31	£623	£101	-	-
2021-12-31	£1,199	£135	-	-
2020-12-31	£2,008	£4,940	-	-

Trustees

Name	Role	Appointed
Malcolm JOHNSTON	Chair	2016-02-02
MR BEN O'HANLON		2016-02-02
Rev CHARLES FIIFI AMOAH		2016-02-02
Rev GEOFFREY THOMAS COYNE		2016-02-02

AFRICAN HEALTH FOUNDATION

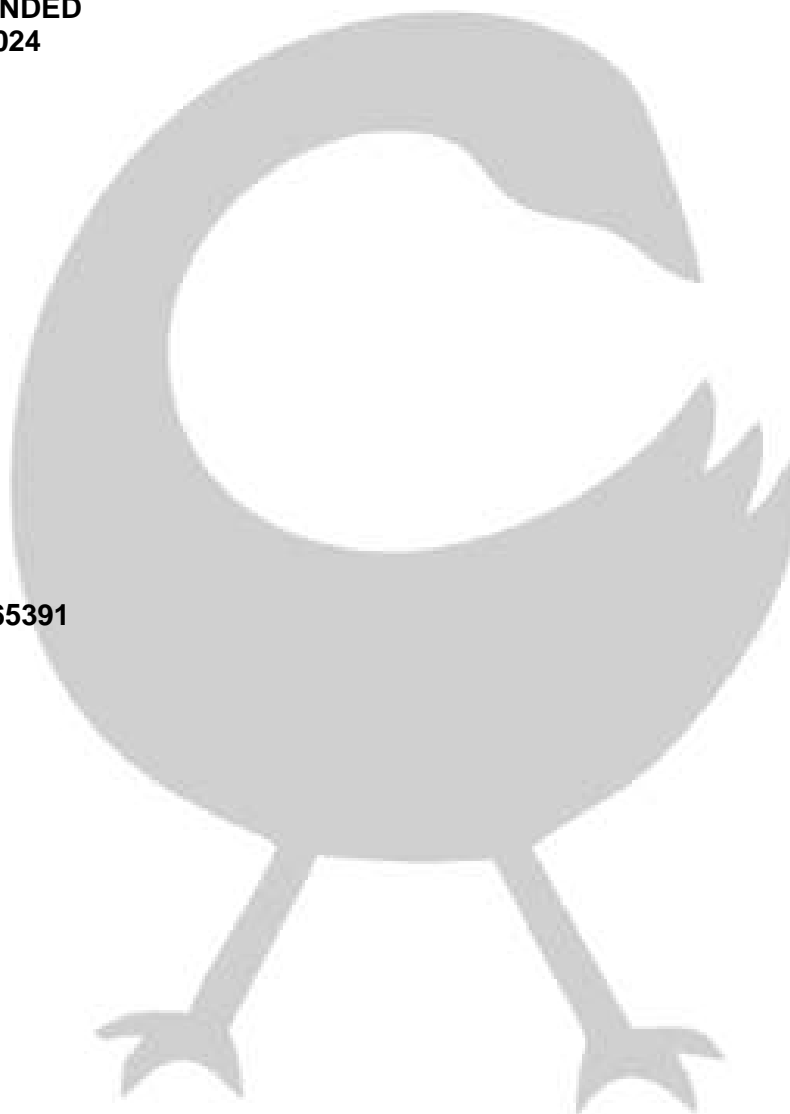
England & Wales - Charity number 1165391

Accounts

AFRICAN HEALTH FOUNDATION

**FINANCIAL STATEMENTS
FOR THE PERIOD ENDED
31ST DECEMBER 2024**

Charity number: 1165391



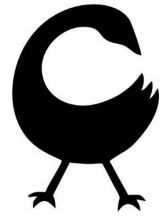
**S Moffatt FCA
Independent Examiner**

African Health Foundation

Financial Statements for the period ended 31 December 2024



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REPORT OF THE TRUSTEES FOR THE PERIOD ENDED 31ST DECEMBER 2024

Objectives and Activities

The CIO exists for the public benefit, the relief and assistance of people in need in Ghana and such other parts of Africa, who are sick and may be near to death, in particular but not exclusively through raising awareness of the situation and conditions in respect of end of life care in such parts of the world and through the provision of support, funds, or services as the trustees may from time to time think

The directors confirm that they have had due regard to the guidance issued by the Charity Commission on public benefit.

Structure, Governance and Management

The corporation was constituted as a foundation CIO on 2nd February 2016. In the event of the corporation being wound up, the members, who must also be trustees, are not required to contribute any amount towards the assets of the corporation.

Achievements and Performance

The trustees have a specific objective to raise awareness and funds in the United Kingdom for the Rose Ananse Memorial Hospice (RAMHC), Kumasi, Ghana which is providing palliative care to patients and their families in the local area.

The Nurse Director of RAMHC continues to make telephone support calls and has increased number of house visits. It is our hope that the health authority will provide additional support staff to meet this demand.

We have been able to maintain our links with Dr David Roberts of Oxford Brooks College.

Financial Review

Fund raising: There has been very little fund-raising activity this year partly due to relocation, waiting for the new team to be in place and having feedback to use. We continue to have a small number of regular donations plus some other ad hoc gifts from individuals and just giving fund. We were grateful to receive a legacy of £15,000 from a family who wish to remain anonymous

Expenses: We have only one funded expense (web site) with other expenses being met individually by the trustees.

We have been advised of the funding requirements for staff and expenses by RAMHC and have discussed the documentation to cover the transfers. Given the amounts involved we have agreed to transfer funds at six month intervals.

Reserves policy

The trustees believe it is appropriate for the company to retain a reserve in the company of roughly six months anticipated expenditure and will seek to take the CIO to that position as it commences its activities.

In the opinion of the trustees, the state of the CIO's affairs is satisfactory.



REPORT OF THE TRUSTEES FOR THE PERIOD ENDED 31ST DECEMBER 2024 (continued)

Future Plans

We have maintained and updated our social media presence in sites on LinkedIn and Facebook. We continue to try to establish a system where RAMHC report regularly on their operations and requirements in order that we may provide more frequent updates to our supporters.

We also wish to try to establish a longer term plan for the RAMHC, and look to the local board to move this aspect forward.

We continue to look at possible ways of increasing awareness and funding. A number of suggestions have been considered including making contact with prominent Ghanaians in the UK, creating a media release, and encouraging more use of Amazon Smile. We still have plans to produce some form of press/media release/report to try to gain a wider audience.

Summary

2024 has been difficult with the limitations, both in Ghana with setting up a new team, and the limitation on being able to approach the people we need to influence. It is hoped that in the coming year we can raise the profile and generate enough funding for the work in Ghana to continue and expand.

Independent Examiner

Having indicated his willingness to act, Stuart Moffatt was appointed to examine the financial statements for the year to 31 December 2024.

Reference and Administrative Information

The trustees who served the company for the whole of the period were as follows:

Charles F Amoah
Geoffrey T Coyne
Malcolm S Johnston
Benjamin J O'Hanlon

Trustees meeting have been held on-line during the year.

Principal office: Ty Newydd Heol Glantren Llanybydder SA40 9SA

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity trustees:

Malcolm S Johnston
Trustee

31 July 2025



REPORT OF THE INDEPENDENT EXAMINER TO THE MEMBERS OF AFRICAN HEALTH FOUNDATION

I have examined the financial statements of African Health Foundation for the period ended 31st December 2024, which comprise the Statement of Financial Activities, Balance Sheet and the related notes set out on pages 5 to 8.

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention

- 1 which gives me reasonable cause to believe that in, any material respect, the requirements:
 - a. to keep accounting records in accordance with section 130 of the Charities Act; and
 - b. to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Acthave not been met; or
- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Stuart Moffatt
Chartered Accountant

31 July 2025



STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME AND EXPENDITURE ACCOUNT)

	Notes	2024 Unrestricted Funds	2024 Restricted Funds	2024 Total Funds	2023 Total Funds (Unrestricted)
Incoming resources:	2				
Donations		£ 15,658	0	£15,658	£ 533
Interest		£ 181	£ 0	£ 181	£ 7
Total		<u>£ 15,839</u>	<u>0</u>	<u>£15,839</u>	<u>£ 540</u>
Outgoing resources:					
Bank charges		£ 60	0	£ 60	£ 85
Web-site costs				£ 0	£ 0
Total		<u>£ 60</u>	<u>0</u>	<u>£ 60</u>	<u>£ 85</u>
Operating surplus / (deficit)		<u>£ 15,779</u>	<u>0</u>	<u>£15,779</u>	<u>£ 455</u>
Grant to hospice				£ 0	£ 975
Net income / (expenditure) and net movement in funds		<u>£ 15,779</u>	<u>0</u>	<u>£15,779</u>	<u>£ (520)</u>
Reconciliation of funds:					
Funds at 1 January 2023		£ 3,545	0	£ 3,545	£ 4,065
Surplus/(deficit) for the period		£ 15,779	0	£15,779	£ (520)
Funds at 31 December 2023		<u>£ 19,324</u>	<u>0</u>	<u>£19,324</u>	<u>£ 3,545</u>

No operations were acquired or discontinued during the year.



BALANCE SHEET AT 31ST DECEMBER 2024

	Note	2024	2023
Fixed assets:			
Investments		0	0
Current assets:			
Cash at bank		£ 19,324	£ 3,545
<i>Total current assets</i>		<u>£ 19,324</u>	<u>£ 3,545</u>
Liabilities:			
Creditors: Amounts falling due within one year		0	0
Net current assets/(liabilities)		<u>£ 19,324</u>	<u>£ 3,545</u>
Total net assets		<u>£ 19,324</u>	<u>£ 3,545</u>
The funds of the charity:			
Unrestricted funds		£ 19,324	£ 3,545
Restricted income funds		0	0
Total funds		<u>£ 19,324</u>	<u>£ 3,545</u>

These financial statements were approved by the trustees on 31 July 2025 and signed on their behalf by:

Malcolm S Johnston



Notes to the financial statements

1 ACCOUNTING POLICIES

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

Accounting convention

The financial statements have been prepared in accordance with the Charities Statement of Recommended Practice (Charities SORP (FRS 102)) and Financial Reporting Standard 102 (FRS 102) using a receipts and payments basis. The financial statements are drawn up on the historical cost basis of accounting. African Health Foundation meets the definition of a public benefit entity under FRS 102.

Going concern

There are no material uncertainties about the charity's ability to continue.

Income

Voluntary income including legacies are accounted for once the charity has entitlement to the income, it is probable the income will be received and the amount of income receivable can be reliably measured.

Expenditure

Expenditure is included as paid. Charitable expenditure comprises all expenditure directly related to the objects of the charity. This includes governance costs which represent the cost of compliance with constitutional and statutory requirements.

Cash at bank

Cash at bank includes cash and short term highly liquid investments with a short maturity of three months or less from the date of opening of the deposit.

Fund accounting

The funds held by the charity are either:

Restricted funds – these are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular purposes; or

Unrestricted funds – these are funds which can be used in accordance with the charitable objects at the discretion of the directors.

2 INCOME AND ENDOWMENTS

	2023 Unrestricted £		2023 Restricted £		2023 Total £		2022 Unrestricted £	
Income from charitable activities								
Donations	£	15,658		0	£	15,658	£	533
Total	£	15,658	0	£	15,658	£	533	

All income arose within the UK.



3 EXPENDITURE

Other than to the bank and for the web-site no charges were incurred during the period.

4 RESTRICTED FUNDS

The CIO presently has no restricted or designated funds.

5 INDEPENDENT EXAMINATION AND OTHER FINANCIAL SERVICES FEES

The independent examiner made no charge for his services.

6 STAFF COSTS AND EMPLOYEE BENEFITS

The charity did not employ any staff during the year.

7 ASSETS HELD ON BEHALF OF THIRD PARTIES

The CIO holds no assets for third parties.

8 TRUSTEES' REMUNERATION

No remuneration or benefits were paid to any of the trustees during the year. No trustees' costs were paid direct to third parties.

9 TRUSTEES' EXPENSES

No expenses were incurred by or reimbursed to Trustees during the period. There were no expense claims by trustees for the cost of travel to meetings and other events during the period.

10 TRUSTEES' DONATIONS

Donations to the charity by the trustees during 2024 amounted to £90.

AFRICAN HEALTH FOUNDATION

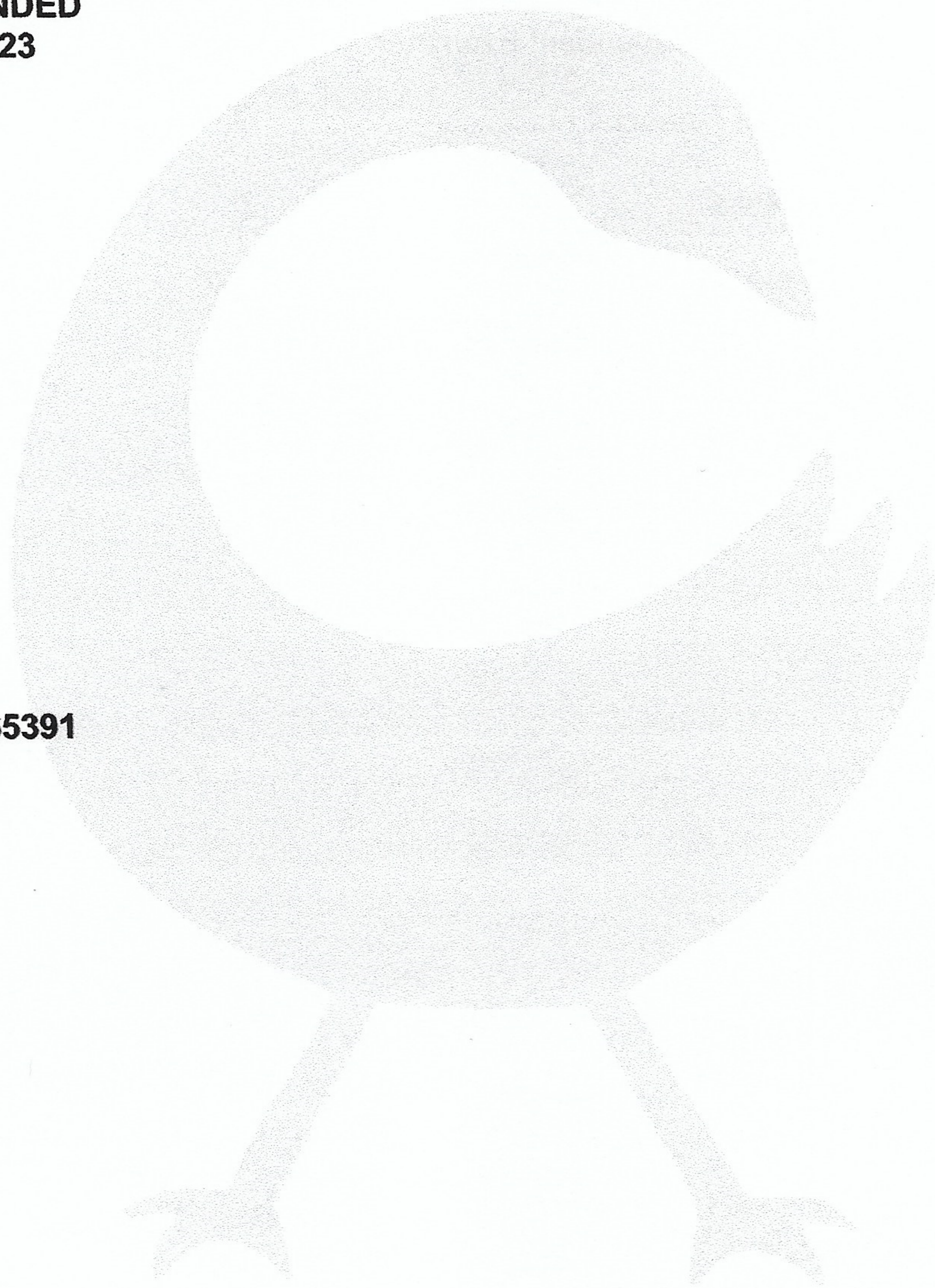
England & Wales - Charity number 1165391

Accounts

AFRICAN HEALTH FOUNDATION

**FINANCIAL STATEMENTS
FOR THE PERIOD ENDED
31ST DECEMBER 2023**

Charity number: 1165391



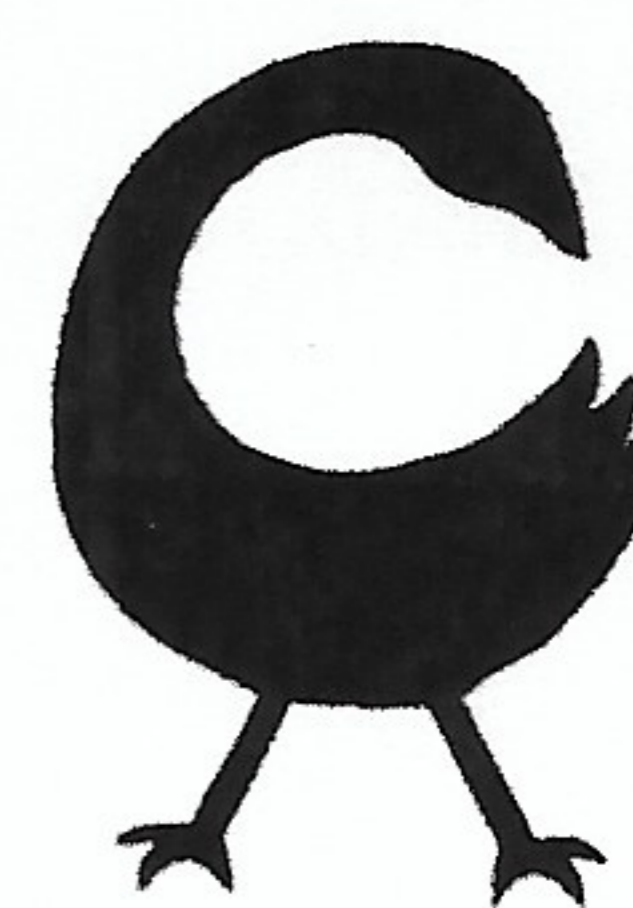
**S Moffatt FCA
Independent Examiner**

African Health Foundation

Financial Statements for the period ended 31 December 2023



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REPORT OF THE TRUSTEES FOR THE PERIOD ENDED 31ST DECEMBER 2023

Objectives and Activities

The CIO exists for the public benefit, the relief and assistance of people in need in Ghana and such other parts of Africa, who are sick and may be near to death, in particular but not exclusively through raising awareness of the situation and conditions in respect of end of life care in such parts of the world and through the provision of support, funds, or services as the trustees may from time to time think

The directors confirm that they have had due regard to the guidance issued by the Charity Commission on public benefit.

Structure, Governance and Management

The corporation was constituted as a foundation CIO on 2nd February 2016. In the event of the corporation being wound up, the members, who must also be trustees, are not required to contribute any amount towards the assets of the corporation.

Achievements and Performance

The trustees have a specific objective to raise awareness and funds in the United Kingdom for the Rose Ananse Memorial Hospice, Kumasi, Ghana which is providing palliative care to patients and their families in the local area.

Rev Charles Amoah retired as Executive Chairman of the Rose Ananse Memorial Hospice Care (RAMHC), Board during the period and Mr K Twum has been appointed as acting CEO in the interim by RAMHC. He and the other board members continue to liaise with both the local hospital and the Ghana Baptist Medical College.

The Nurse Director of RAMHC continues to make telephone support calls and has increased number of house visits. We are yet to hear that there will be any increase in support staff from the health authority.

Covid restrictions in the UK have limited efforts to pursue and develop our connections in the UK, though we have been able to maintain our links with Dr David Roberts of Oxford Brooks College.

During the year the trustees met on-line on 28th March and 1st September, when Rev Gyamfi and Mr K Twum, the new CEO, were in attendance. .

Financial Review

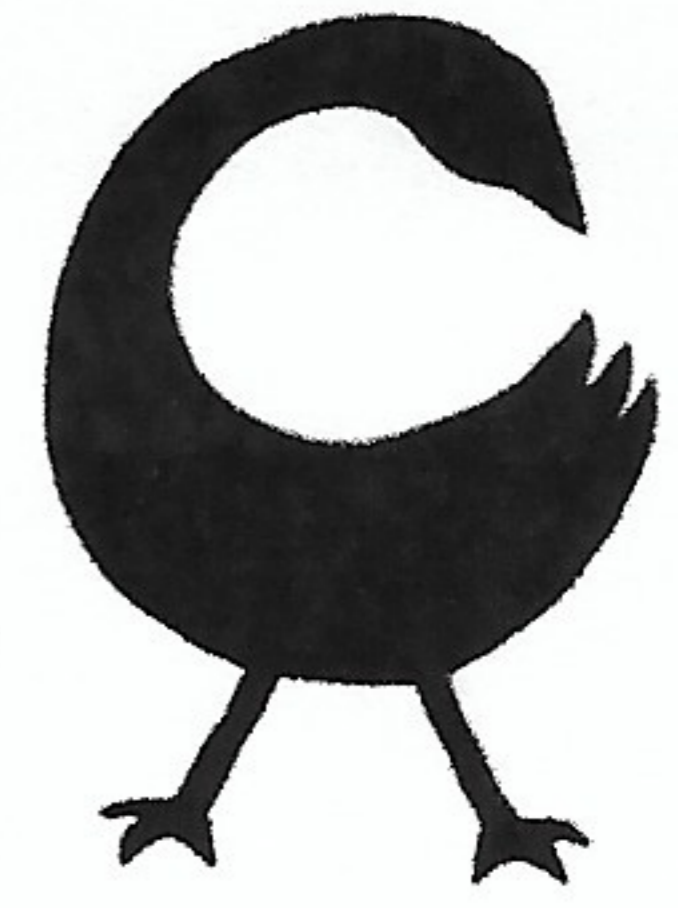
Fund raising: There has been no fund-raising activity this year due to the effects of Covid, but we continue to have two regular donations and are planning ways to increase this in 2024. Amazon Smile discontinued their support during the period to concentrate on the larger charities. A make-a-donation link is now available on the website.

Expenses: We have only one funded expense (web site) with other expenses being met individually by the trustees.

Reserves policy

The trustees believe it is appropriate for the company to retain a reserve in the company of roughly six months anticipated expenditure and will seek to take the CIO to that position as it commences its activities.

In the opinion of the trustees, the state of the CIO's affairs is satisfactory.



REPORT OF THE TRUSTEES FOR THE PERIOD ENDED 31ST DECEMBER 2023 (continued)

Future Plans

We have maintained and updated our social media presence in sites on LinkedIn and Facebook. We continue to contact by mail and email to a number of Baptist Churches in the UK.

We are still looking at possible ways of increasing awareness and funding. A number of suggestions have been considered including making contact with prominent Ghanaians in the UK, creating a media release, and encouraging more use of Amazon Smile. We hope to produce some form of press/media release/report to try to gain a wider audience.

The result of the pandemic has limited our UK operation, and coupled with a downturn in the economy it is proving harder to raise financial support. We are still trying to establish a system where RAMHC can report quarterly on their operations and requirements. This is to be pursued in 2023

Although opportunities for speaking engagements continued to arise to enable us to raise awareness of the needs of the hospice due to the lock-down in the United Kingdom Malcolm Johnston was unable fulfil any of these. The directors hope in due course to be able to fulfil these engagements.

Summary

This year has been difficult with the limitations following the COVID19 pandemic, and the downturn in economy but we have been able to continue to support RAMHC raising funding and awareness. It is hoped that in the coming year we can raise the profile and generate enough funding for the work in Ghana to continue and expand.

Independent Examiner

Having indicated his willingness to act, Stuart Moffatt was appointed to examine the financial statements for the year to 31 December 2023.

Reference and Administrative Information

The trustees who served the company for the whole of the period were as follows:

Charles F Amoah
Geoffrey T Coyne
Malcolm S Johnston
Benjamin J O'Hanlon

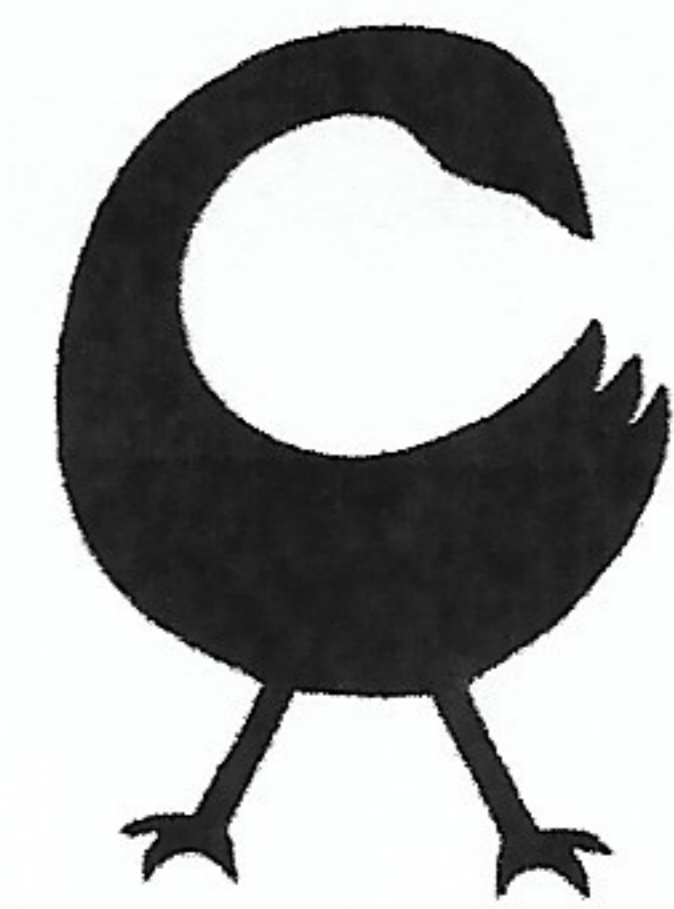
Principal office: Ty Newydd Heol Glantren Llanybydder SA40 9SA

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity trustees:

Malcolm S Johnston
Trustee

17 July 2024



REPORT OF THE INDEPENDENT EXAMINER TO THE MEMBERS OF AFRICAN HEALTH FOUNDATION

I have examined the financial statements of African Health Foundation for the period ended 31st December 2023, which comprise the Statement of Financial Activities, Balance Sheet and the related notes set out on pages 5 to 8.

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention

- 1 which gives me reasonable cause to believe that in, any material respect, the requirements:
 - a. to keep accounting records in accordance with section 130 of the Charities Act; and
 - b. to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Acthave not been met; or
- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Stuart Moffatt
Chartered Accountant

2024

African Health Foundation

Financial Statements for the period ended 31 December 2023



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STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME AND EXPENDITURE ACCOUNT)

	Notes	2023 Unrestricted Funds	2023 Restricted Funds	2023 Total Funds	2022 Total Funds (Unrestricted)
Incoming resources:	2				
Donations		£ 533	0	£ 533	£ 619
Interest		£ 7	£ 0	£ 7	£ 4
Total		<u>£ 540</u>	<u>0</u>	<u>£ 540</u>	<u>£ 623</u>
Outgoing resources:					
Bank charges		£ 85	0	£ 85	£ 81
Web-site costs		£ 0		£ 0	£ 20
Total		<u>£ 85</u>	<u>0</u>	<u>£ 85</u>	<u>£ 101</u>
Operating surplus / (deficit)		<u>£ 455</u>	<u>0</u>	<u>£ 455</u>	<u>£ 521</u>
Grant to hospice		<u>£ 975</u>		<u>£ 975</u>	<u>£ 0</u>
Net income / (expenditure) and net movement in funds		<u>£ (521)</u>	<u>0</u>	<u>£ (521)</u>	<u>£ 521</u>
Reconciliation of funds:					
Funds at 1 January 2023		£ 4,065	0	£ 4,065	£ 3,544
Surplus/(deficit) for the period		£ (521)	0	£ (521)	£ 521
Funds at 31 December 2023		<u>£ 3,545</u>	<u>0</u>	<u>£ 3,545</u>	<u>£ 4,065</u>

No operations were acquired or discontinued during the year.

African Health Foundation

Financial Statements for the period ended 31 December 2023



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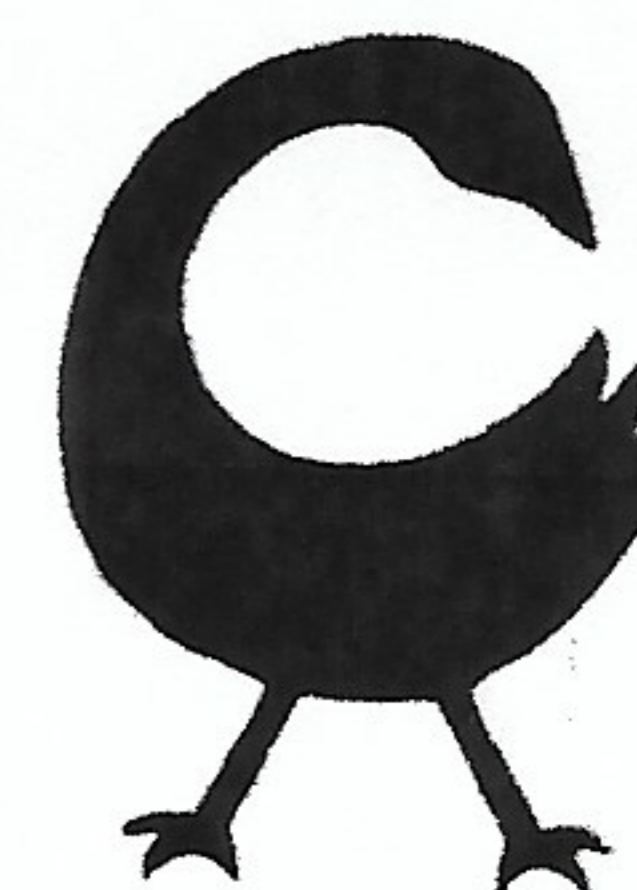
BALANCE SHEET AT 31ST DECEMBER 2023

	Note	2023	2022
Fixed assets:			
Investments		0	0
Current assets:			
Cash at bank		£ 3,545	£ 4,065
<i>Total current assets</i>		<u>£ 3,545</u>	<u>£ 4,065</u>
Liabilities:			
Creditors: Amounts falling due within one year		0	0
Net current assets/(liabilities)		<u>£ 3,545</u>	<u>£ 4,065</u>
Total net assets		<u>£ 3,545</u>	<u>£ 4,065</u>
The funds of the charity:			
Unrestricted funds		£ 3,545	£ 4,065
Restricted income funds		0	0
Total funds		<u>£ 3,545</u>	<u>£ 4,065</u>

These financial statements were approved by the trustees on 2024 and signed on their behalf by:

Malcolm S Johnston

A handwritten signature in black ink, appearing to read 'Malcolm S Johnston', written over a horizontal line.



Notes to the financial statements

1 ACCOUNTING POLICIES

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

Accounting convention

The financial statements have been prepared in accordance with the Charities Statement of Recommended Practice (Charities SORP (FRS 102)) and Financial Reporting Standard 102 (FRS 102) using a receipts and payments basis. The financial statements are drawn up on the historical cost basis of accounting. African Health Foundation meets the definition of a public benefit entity under FRS 102.

Going concern

There are no material uncertainties about the charity's ability to continue.

Income

Voluntary income including legacies are accounted for once the charity has entitlement to the income, it is probable the income will be received and the amount of income receivable can be reliably measured.

Expenditure

Expenditure is included as paid. Charitable expenditure comprises all expenditure directly related to the objects of the charity. This includes governance costs which represent the cost of compliance with constitutional and statutory requirements.

Cash at bank

Cash at bank includes cash and short term highly liquid investments with a short maturity of three months or less from the date of opening of the deposit.

Fund accounting

The funds held by the charity are either:

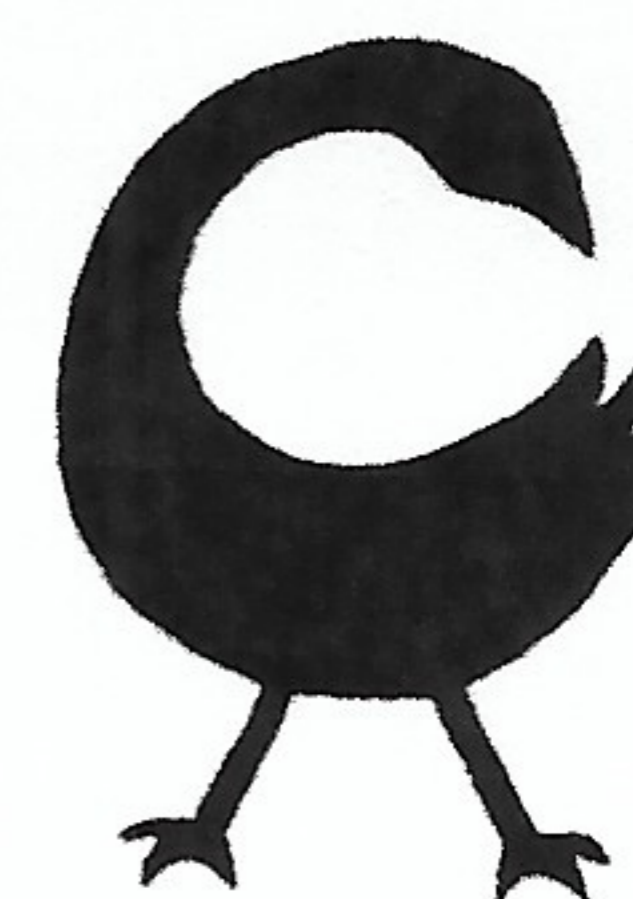
Restricted funds – these are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular purposes; or

Unrestricted funds – these are funds which can be used in accordance with the charitable objects at the discretion of the directors.

2 INCOME AND ENDOWMENTS

	2023 Unrestricted £	2023 Restricted £	2023 Total £	2022 Unrestricted £
Income from charitable activities				
Donations	£ 533	0	£ 533	£ 619
Total	£ 533	0	£ 533	£ 619

All income arose within the UK.



3 EXPENDITURE

Other than to the bank and for the web-site no charges were incurred during the period.

4 RESTRICTED FUNDS

The CIO presently has no restricted or designated funds.

5 INDEPENDENT EXAMINATION AND OTHER FINANCIAL SERVICES FEES

The independent examiner made no charge for his services.

6 STAFF COSTS AND EMPLOYEE BENEFITS

The charity did not employ any staff during the year.

7 ASSETS HELD ON BEHALF OF THIRD PARTIES

The CIO holds no assets for third parties.

8 TRUSTEES' REMUNERATION

No remuneration or benefits were paid to any of the trustees during the year. Also, there were no trustees' costs paid direct to third parties.

9 TRUSTEES' EXPENSES

No expenses were incurred by or reimbursed to Trustees during the period. There were no expense claims by trustees for the cost of travel to meetings and other events during the period.

10 TRUSTEES' DONATIONS

Donations to the charity by the trustees during 2023 amounted to £170.

AFRICAN HEALTH FOUNDATION

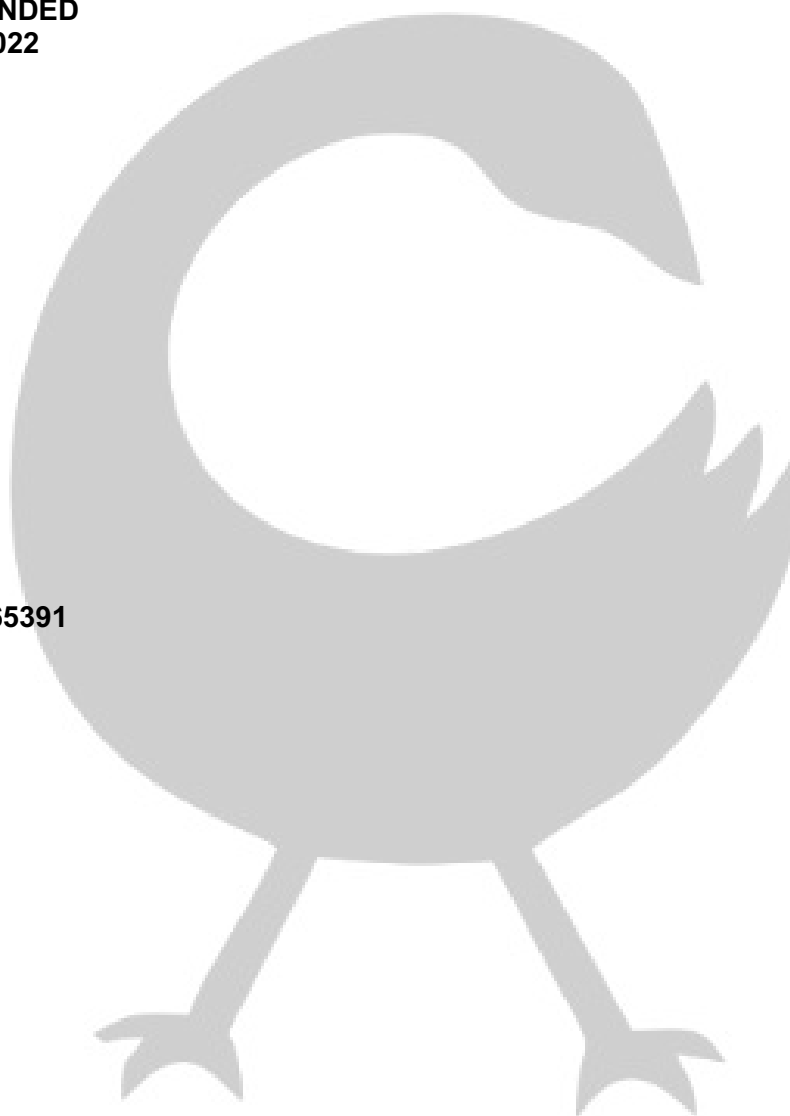
England & Wales - Charity number 1165391

Accounts

AFRICAN HEALTH FOUNDATION

**FINANCIAL STATEMENTS
FOR THE PERIOD ENDED
31ST DECEMBER 2022**

Charity number: 1165391



**S Moffatt FCA
Independent Examiner**

African Health Foundation

Financial Statements for the period ended 31 December 2022



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REPORT OF THE TRUSTEES FOR THE PERIOD ENDED 31ST DECEMBER 2022

Objectives and Activities

The CIO exists for the public benefit, the relief and assistance of people in need in Ghana and such other parts of Africa, who are sick and may be near to death, in particular but not exclusively through raising awareness of the situation and conditions in respect of end of life care in such parts of the world and through the provision of support, funds, or services as the trustees may from time to time think

The directors confirm that they have had due regard to the guidance issued by the Charity Commission on public benefit.

Structure, Governance and Management

The corporation was constituted as a foundation CIO on 2nd February 2016. In the event of the corporation being wound up, the members, who must also be trustees, are not required to contribute any amount towards the assets of the corporation.

Achievements and Performance

The trustees have a specific objective to raise awareness and funds in the United Kingdom for the Rose Ananse Memorial Hospice, Kumasi, Ghana which is providing palliative care to patients and their families in the local area.

Rev Charles Amoah is currently based in Ghana and is Executive Chairman of the Rose Ananse Memorial Hospice Care (RAMHC), Board. He and the other board members continue to liaise with both the local hospital and the Ghana Baptist Medical College. Rev Amoah has reported that he is planning to leave Ghana and return to the UK to live. We are still awaiting the information from RAMHC on the appointment a new CEO. The Nurse Director of RAMHC continues to make telephone support calls and has increased number of house visits. We are yet to hear that there will be any increase in support staff from the health authority.

Covid restrictions in the UK have limited efforts to pursue and develop our connections in the UK, though we have been able to maintain our links with Dr David Roberts of Oxford Brooks College.

During the year the trustees met on August 16th.

Financial Review

Fund raising: There has been no fund-raising activity this year due to the effects of Covid, but we continue to have two regular donations and Amazon Smile funds and are planning ways to increase this in 2023. Amazon Smile will discontinue their donation support in early 2023 to concentrate on the larger charities. A make-a-donation link is now available on the website.

Expenses: We have only one funded expense (web site) with other expenses being met individually by the trustees.

Reserves policy

The trustees believe it is appropriate for the company to retain a reserve in the company of roughly six months anticipated expenditure and will seek to take the CIO to that position as it commences its activities.

In the opinion of the trustees, the state of the CIO's affairs is satisfactory.



REPORT OF THE TRUSTEES FOR THE PERIOD ENDED 31ST DECEMBER 2022 (continued)

Future Plans

We have maintained and updated our social media presence in sites on LinkedIn and Facebook. We continue to contact by mail and email to a number of Baptist Churches in the UK.

We are still looking at possible ways of increasing awareness and funding. A number of suggestions have been considered including making contact with prominent Ghanaians in the UK, creating a media release, and encouraging more use of Amazon Smile. We hope to produce some form of press/media release/report to try to gain a wider audience.

The result of the pandemic has limited our UK operation, and coupled with a downturn in the economy it is proving harder to raise financial support. We are still trying to establish a system where RAMHC can report quarterly on their operations and requirements. This is to be pursued in 2023

Although opportunities for speaking engagements continued to arise to enable us to raise awareness of the needs of the hospice due to the lock-down in the United Kingdom Malcolm Johnston was unable fulfil any of these. The directors hope in due course to be able to fulfil these engagements.

Summary

This year has been difficult with the limitations following the COVID19 pandemic, and the downturn in economy but we have been able to continue to support RAMHC raising funding and awareness. It is hoped that in the coming year we can raise the profile and generate enough funding for the work in Ghana to continue and expand.

Independent Examiner

Having indicated his willingness to act, Stuart Moffatt was appointed to examine the financial statements for the year to 31 December 2022.

Reference and Administrative Information


The trustees who served the company for the whole of the period were as follows:

Charles F Amoah
Geoffrey T Coyne
Malcolm S Johnston
Benjamin J O'Hanlon

Principal office: The Old Baptist Hall, Great Sampford, Saffron Waldron, CB10 2RG

The trustees declare that they have approved the trustees' report above.
Signed on behalf of the charity trustees:

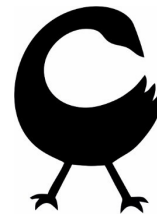
Malcolm S Johnston
Trustee

Signature: 
MSJohnston (Aug 3, 2023 09:49 GMT+1)

Email: malcolm@africanhealthfoundation.org

Aug 3, 2023

2023



REPORT OF THE INDEPENDENT EXAMINER TO THE MEMBERS OF AFRICAN HEALTH FOUNDATION

I have examined the financial statements of African Health Foundation for the period ended 31st December 2022, which comprise the Statement of Financial Activities, Balance Sheet and the related notes set out on pages 5 to 8.

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention

- 1 which gives me reasonable cause to believe that in, any material respect, the requirements:
 - a. to keep accounting records in accordance with section 130 of the Charities Act; and
 - b. to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Acthave not been met; or
- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Stuart Moffatt
Chartered Accountant

Signature:

Email:

2023



STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME AND EXPENDITURE ACCOUNT)

	Notes	2022 Unrestricted Funds	2022 Restricted Funds	2022 Total Funds	2021 Total Funds (Unrestricted)
Incoming resources:	2				
Donations		£ 619	0	£ 619	£ 1,199
Interest		£ 4	£ 0	£ 4	£ 0
Total		<u>£ 623</u>	<u>0</u>	<u>£ 623</u>	<u>£ 1,199</u>
Outgoing resources:					
Bank charges		£ 81	0	£ 81	£ 97
Web-site costs		£ 20		£ 20	£ 38
Total		<u>£ 101</u>	<u>0</u>	<u>£ 101</u>	<u>£ 135</u>
Operating surplus / (deficit)		<u>£ 521</u>	<u>0</u>	<u>£ 521</u>	<u>£ 1,064</u>
Grant to hospice				£ 0	£ 0
Net income / (expenditure) and net movement in funds		<u>£ 521</u>	<u>0</u>	<u>£ 521</u>	<u>£ 1,064</u>
Reconciliation of funds:					
Funds at 1 January 2022		£ 3,544	0	£ 3,544	£ 2,480
Surplus/(deficit) for the period		£ 521	0	£ 521	£ 1,064
Funds at 31 December 2022		<u>£ 4,065</u>	<u>0</u>	<u>£ 4,065</u>	<u>£ 3,544</u>

No operations were acquired or discontinued during the year.



BALANCE SHEET AT 31ST DECEMBER 2022

	Note	2022	2021
Fixed assets:			
Investments		0	0
Current assets:			
Cash at bank		£ 4,065	£ 3,544
<i>Total current assets</i>		<u>£ 4,065</u>	<u>£ 3,544</u>
Liabilities:			
Creditors: Amounts falling due within one year		0	0
Net current assets/(liabilities)		<u>£ 4,065</u>	<u>£ 3,544</u>
Total net assets		<u>£ 4,065</u>	<u>£ 3,544</u>
The funds of the charity:			
Unrestricted funds		£ 4,065	£ 3,544
Restricted income funds		0	0
Total funds		<u>£ 4,065</u>	<u>£ 3,544</u>

These financial statements were approved by the trustees on 2023 Aug 3, 2023 and signed on their behalf by:

Malcolm S Johnston

Signature: MS Johnston
MSJohnston (Aug 3, 2023 09:49 GMT+1)

Email: malcolm@africanhealthfoundation.org



Notes to the financial statements

1 ACCOUNTING POLICIES

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

Accounting convention

The financial statements have been prepared in accordance with the Charities Statement of Recommended Practice (Charities SORP (FRS 102)) and Financial Reporting Standard 102 (FRS 102) using a receipts and payments basis. The financial statements are drawn up on the historical cost basis of accounting. African Health Foundation meets the definition of a public benefit entity under FRS 102.

Going concern

There are no material uncertainties about the charity's ability to continue.

Income

Voluntary income including legacies are accounted for once the charity has entitlement to the income, it is probable the income will be received and the amount of income receivable can be reliably measured.

Expenditure

Expenditure is included as paid. Charitable expenditure comprises all expenditure directly related to the objects of the charity. This includes governance costs which represent the cost of compliance with constitutional and statutory requirements.

Cash at bank

Cash at bank includes cash and short term highly liquid investments with a short maturity of three months or less from the date of opening of the deposit.

Fund accounting

The funds held by the charity are either:

Restricted funds – these are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular purposes; or

Unrestricted funds – these are funds which can be used in accordance with the charitable objects at the discretion of the directors.

2 INCOME AND ENDOWMENTS

	2022 Unrestricted £	2022 Restricted £	2022 Total £	2021 Unrestricted £
Income from charitable activities				
Donations	£619	0	£ 619	£ 1,179
Total	£ 619	0	£ 619	£ 1,179

All income arose within the UK.



3 EXPENDITURE

Other than to the bank and for the web-site no charges were incurred during the period.

4 RESTRICTED FUNDS

The CIO presently has no restricted or designated funds.

5 INDEPENDENT EXAMINATION AND OTHER FINANCIAL SERVICES FEES

The independent examiner made no charge for his services.

6 STAFF COSTS AND EMPLOYEE BENEFITS

The charity did not employ any staff during the year.

7 ASSETS HELD ON BEHALF OF THIRD PARTIES

The CIO holds no assets for third parties.

8 TRUSTEES' REMUNERATION

No remuneration or benefits were paid to any of the trustees during the year. Also, there were no trustees' costs paid direct to third parties.

9 TRUSTEES' EXPENSES

No expenses were incurred by or reimbursed to Trustees during the period. There were no expense claims by trustees for the cost of travel to meetings and other events during the period.

10 TRUSTEES' DONATIONS

Donations to the charity by the trustees during 2022 amounted to £270.

AFRICAN HEALTH FOUNDATION

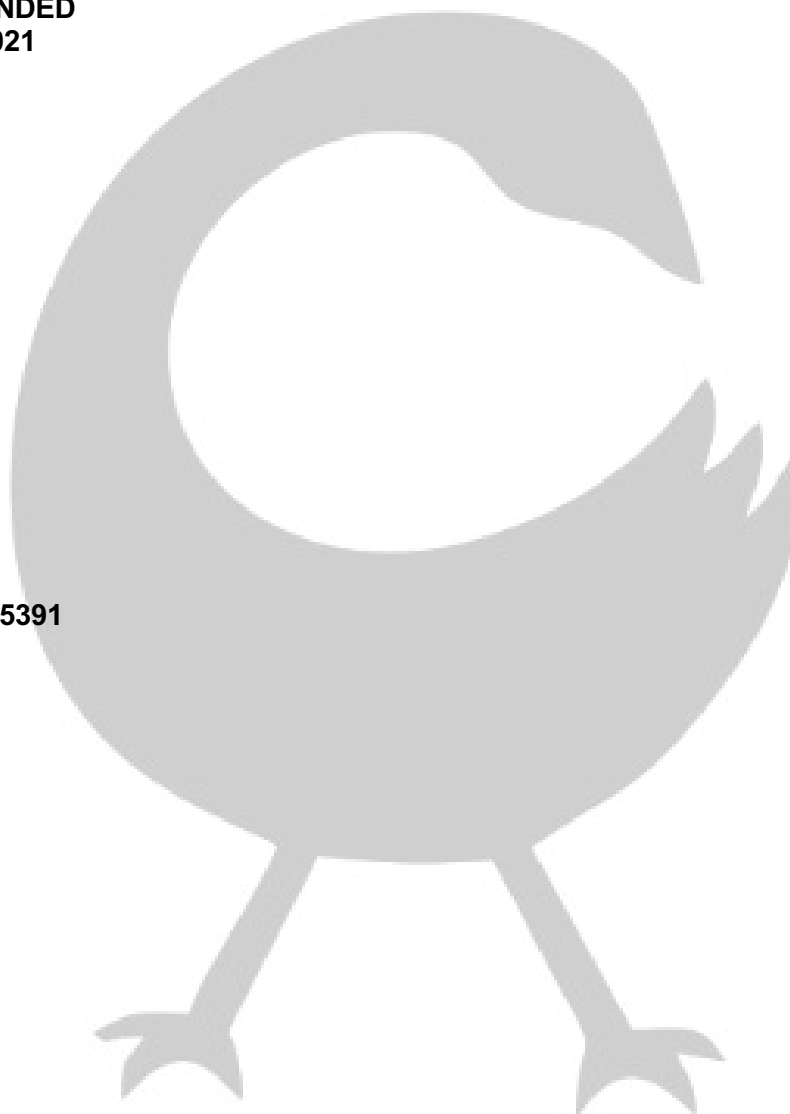
England & Wales - Charity number 1165391

Accounts

AFRICAN HEALTH FOUNDATION

**FINANCIAL STATEMENTS
FOR THE PERIOD ENDED
31ST DECEMBER 2021**

Charity number: 1165391



**S Moffatt FCA
Independent Examiner**

African Health Foundation

Financial Statements for the period ended 31 December 2021



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REPORT OF THE TRUSTEES FOR THE PERIOD ENDED 31ST DECEMBER 2021

Objectives and Activities

The CIO exists for the public benefit, the relief and assistance of people in need in Ghana and such other parts of Africa, who are sick and may be near to death, in particular but not exclusively through raising awareness of the situation and conditions in respect of end of life care in such parts of the world and through the provision of support, funds, or services as the trustees may from time to time think

The directors confirm that they have had due regard to the guidance issued by the Charity Commission on public benefit.

Structure, Governance and Management

The corporation was constituted as a foundation CIO on 2nd February 2016. In the event of the corporation being wound up, the members, who must also be trustees, are not required to contribute any amount towards the assets of the corporation.

Achievements and Performance

The trustees have a specific objective to raise awareness and funds in the United Kingdom for the Rose Ananse Memorial Hospice, Kumasi, Ghana which is providing palliative care to patients and their families in the local area.

Rev Charles Amoah is currently based in Ghana and is Executive Chairman of the Rose Ananse Memorial Hospice Care (RAMHC), Board. He and the other board members continue to liaise with both the local hospital and the Ghana Baptist Medical College.

Covid restrictions in the UK have limited efforts to pursue and develop our connections in the UK.

During the year the trustees met twice: 2nd June, and 11th November.

Financial Review

Fund raising: This year has seen some regular support, together with a few individual donations. Our Amazon Smile account has generated a small income; we continue to encourage people to nominate us when they buy through Amazon. There is a continuing need to raise awareness in the large Ghanaian community in the UK as well as generally in the universities and Baptist churches in the UK. A make-a-donation link is now available on the website.

Expenses: We have only one funded expense (web site) with other expenses being met individually by the trustees.

Reserves policy

The trustees believe it is appropriate for the company to retain a reserve in the company of roughly six months anticipated expenditure and will seek to take the CIO to that position as it commences its activities.

In the opinion of the trustees, the state of the CIO's affairs is satisfactory.



REPORT OF THE TRUSTEES FOR THE PERIOD ENDED 31ST DECEMBER 2021 *(continued)*

Future Plans

We have maintained our social media presence in sites on LinkedIn and Facebook. We continue to contact by mail and email to a number of Baptist Churches in the UK.

Rev Amoah continues to advise us on the financial assistance required in Ghana to cover costs for training, staff expenses and wages.

We are still looking at possible ways of increasing awareness and funding. A number of suggestions have been considered including making contact with prominent Ghanaians in the UK, creating a media release, and encouraging more use of Amazon Smile. We hope to produce some form of press/media release/report to try to gain a wider audience.

Although opportunities for speaking engagements continued to arise to enable us to raise awareness of the needs of the hospice due to the lock-down in the United Kingdom Malcolm Johnston was unable fulfil any of these. The directors hope in due course to be able to fulfil these engagements.

Summary

This year has been difficult with the continuing restrictions relating to the Covid-19 related corona-virus present challenges to the hospice and to the directors in the UK in advertising the work. It is hoped that in the coming year we can raise the profile and generate enough funding for the work in Ghana to continue and expand.

Independent Examiner

Having indicated his willingness to act, Stuart Moffatt was appointed to examine the financial statements for the year to 31 December 2021.

Reference and Administrative Information

The trustees who served the company for the whole of the period were as follows:

Charles F Amoah
Geoffrey T Coyne
Malcolm S Johnston
Benjamin J O'Hanlon

Principal office: The Old Baptist Hall, Great Sampford, Saffron Waldron, CB10 2RG

The trustees declare that they have approved the trustees' report above.
Signed on behalf of the charity trustees:

Malcolm S Johnston
Trustee

16 August 2022



REPORT OF THE INDEPENDENT EXAMINER TO THE MEMBERS OF AFRICAN HEALTH FOUNDATION

I have examined the financial statements of African Health Foundation for the period ended 31st December 2021, which comprise the Statement of Financial Activities, Balance Sheet and the related notes set out on pages 5 to 8.

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention

- 1 which gives me reasonable cause to believe that in, any material respect, the requirements:
 - a. to keep accounting records in accordance with section 130 of the Charities Act; and
 - b. to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Acthave not been met; or
- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Stuart Moffatt
Chartered Accountant

16 August 2022



STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME AND EXPENDITURE ACCOUNT)

	Notes	2021 Unrestricted Funds	2021 Restricted Funds	2021 Total Funds	2020 Total Funds (Unrestricted)
Incoming resources:	2				
Donations		£ 1,199	0	£ 1,199	£ 2,008
Total		<u>£ 1,199</u>	<u>0</u>	<u>£ 1,199</u>	<u>£ 2,008</u>
Outgoing resources:					
Bank charges		£ 97	0	£ 97	£ 60
Web-site costs		£ 38		£ 38	£ 19
Total		<u>£ 135</u>	<u>0</u>	<u>£ 135</u>	<u>£ 79</u>
Operating surplus / (deficit)		<u>£ 1,064</u>	<u>0</u>	<u>£ 1,064</u>	<u>£ 1,929</u>
Grant to hospice				£ 0	£ 3,011
Net income / (expenditure) and net movement in funds		<u>£ 1,064</u>	<u>0</u>	<u>£ 1,064</u>	<u>£ (1,082)</u>
Reconciliation of funds:					
Funds at 1 January 2021		£ 2,480	0	£ 2,480	£ 3,562
Surplus/(deficit) for the period		£ 1,064	0	£ 1,064	£ (1,082)
Funds at 31 December 2021		<u>£ 3,544</u>	<u>0</u>	<u>£ 3,544</u>	<u>£ 2,480</u>

No operations were acquired or discontinued during the year.



BALANCE SHEET AT 31ST DECEMBER 2021

	Note	2021	2020
Fixed assets:			
Investments		0	0
Current assets:			
Cash at bank		£ 3,544	£ 2,480
<i>Total current assets</i>		<u>£ 3,544</u>	<u>£ 2,480</u>
Liabilities:			
Creditors: Amounts falling due within one year		0	0
Net current assets/(liabilities)		<u>£ 3,544</u>	<u>£ 2,480</u>
Total net assets		<u>£ 3,544</u>	<u>£ 2,480</u>
The funds of the charity:			
Unrestricted funds		£ 3,544	£ 2,480
Restricted income funds		0	0
Total funds		<u>£ 3,544</u>	<u>£ 2,480</u>

These financial statements were approved by the trustees on 16 August 2022 and signed on their behalf by:

Malcolm S Johnston



Notes to the financial statements

1 ACCOUNTING POLICIES

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

Accounting convention

The financial statements have been prepared in accordance with the Charities Statement of Recommended Practice (Charities SORP (FRS 102)) and Financial Reporting Standard 102 (FRS 102) using a receipts and payments basis. The financial statements are drawn up on the historical cost basis of accounting. African Health Foundation meets the definition of a public benefit entity under FRS 102.

Going concern

There are no material uncertainties about the charity's ability to continue.

Income

Voluntary income including legacies are accounted for once the charity has entitlement to the income, it is probable the income will be received and the amount of income receivable can be reliably measured.

Expenditure

Expenditure is included as paid. Charitable expenditure comprises all expenditure directly related to the objects of the charity. This includes governance costs which represent the cost of compliance with constitutional and statutory requirements.

Cash at bank

Cash at bank includes cash and short term highly liquid investments with a short maturity of three months or less from the date of opening of the deposit.

Fund accounting

The funds held by the charity are either:

Restricted funds – these are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular purposes; or

Unrestricted funds – these are funds which can be used in accordance with the charitable objects at the discretion of the directors.

2 INCOME AND ENDOWMENTS

	2021 Unrestricted £	2021 Restricted £	2021 Total £	2020 Unrestricted £
Income from charitable activities				
Donations	£ 1,179	0	£ 1,179	£ 2,008
Total	£ 1,179	0	£ 1,179	£ 2,008

All income arose within the UK.



3 EXPENDITURE

Other than to the bank and for the web-site no charges were incurred during the period.

4 RESTRICTED FUNDS

The CIO presently has no restricted or designated funds.

5 INDEPENDENT EXAMINATION AND OTHER FINANCIAL SERVICES FEES

The independent examiner made no charge for his services.

6 STAFF COSTS AND EMPLOYEE BENEFITS

The charity did not employ any staff during the year.

7 ASSETS HELD ON BEHALF OF THIRD PARTIES

The CIO holds no assets for third parties.

8 TRUSTEES' REMUNERATION

No remuneration or benefits were paid to any of the trustees during the year. Also, there were no trustees' costs paid direct to third parties.

9 TRUSTEES' EXPENSES

No expenses were incurred by or reimbursed to Trustees during the period. There were no expense claims by trustees for the cost of travel to meetings and other events during the period.

10 TRUSTEES' DONATIONS

Donations to the charity by the trustees during 2021 amounted to £110.

AFRICAN HEALTH FOUNDATION

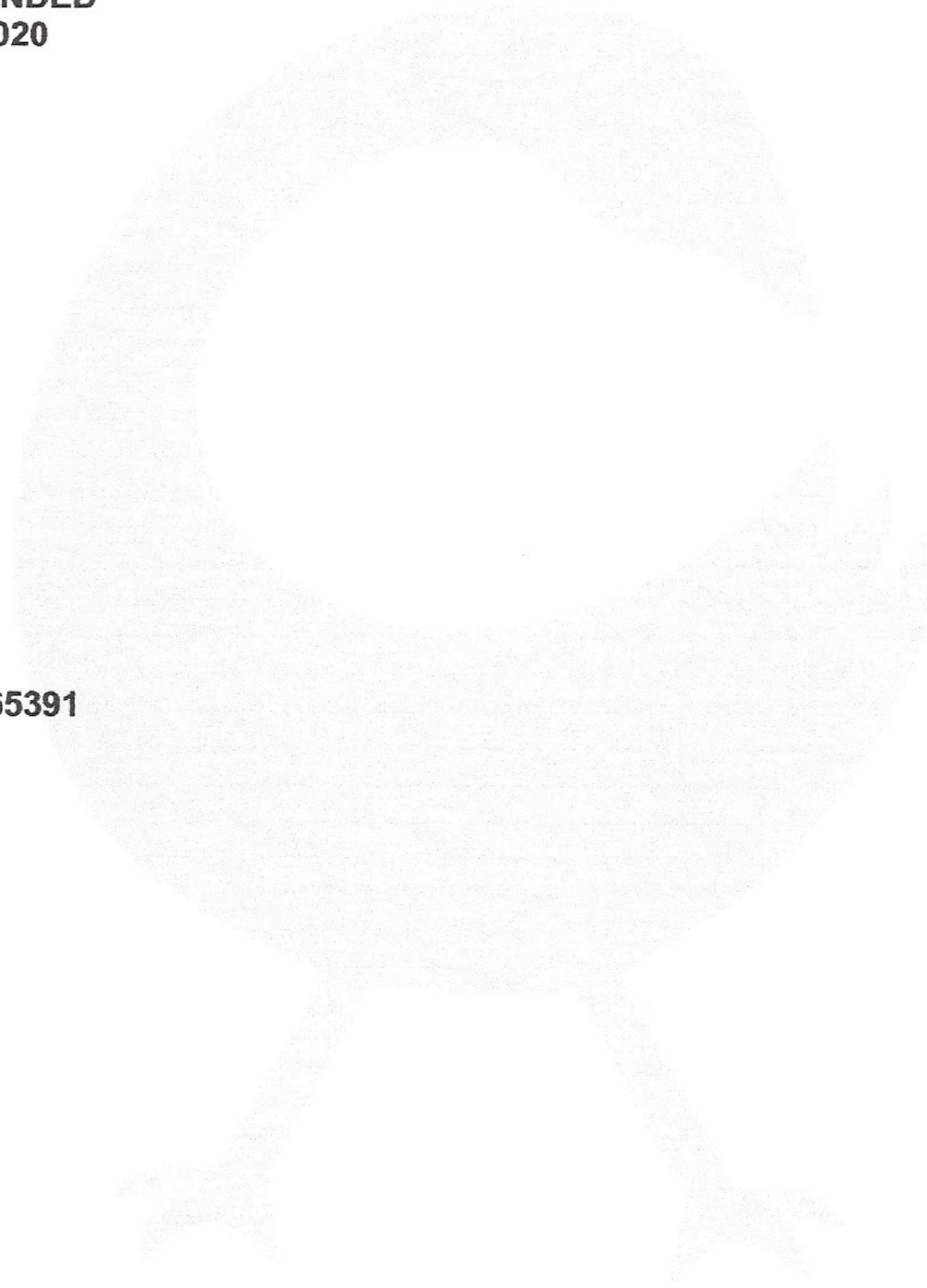
England & Wales - Charity number 1165391

Accounts

AFRICAN HEALTH FOUNDATION

**FINANCIAL STATEMENTS
FOR THE PERIOD ENDED
31ST DECEMBER 2020**

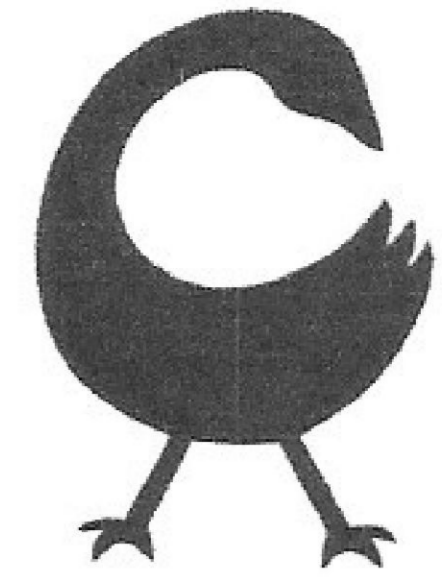
Charity number: 1165391



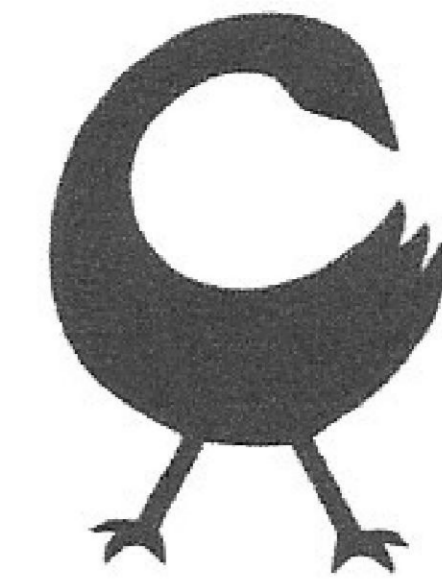
**S Moffatt FCA
Independent Examiner**

African Health Foundation

Financial Statements for the period ended 31 December 2020



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CHAIRMAN'S REPORT FOR THE PERIOD ENDED 31 DECEMBER 2020

(not part of the financial statements)

As Chairman of the Trustees I am pleased to be able to present my report to our members, supporters and sponsors and supporters.

During the year the trustees met four times. Due to the coronavirus restrictions three of the meetings were held on line:

Jan 1 Ben O'Hanlon, Malcolm Johnston, Charles Amoah
Skype April 2 Geoff Coyne Ben O'Hanlon Malcolm Johnston, Charles Amoah
Skype Oct 22 Geoff Coyne, Ben O'Hanlon Malcolm Johnston, Charles Amoah
Skype Dec 9 Geoff Coyne, Ben O'Hanlon Malcolm Johnston, Charles Amoah

We have considered whether we should seek another trustee but have not yet concluded on the matter.

Hospice Care

The Rev Charles Amoah, who is the Executive Chairman of the Rose Ananse Memorial Hospice Care (RAMHC) and our liaison trustee, has prepared operational reports which have shown that there have been a good number of initial and follow up visits carried out by the teams, and the indication is that both the patients and their families have benefited. The age range is quite wide from late 20's to mid 80's. At the end of 2020 RAMHC team presented a breakdown representing the work done, which may be summarised as follows:

	Total	Male	Female
Number of patients assigned to team:	151	58	93
Number of home visitations:	39		
Number of follow up calls:	642		
Number of deaths:	34	5	29

Due to the COVID19 pandemic and the lockdowns imposed in the greater Kumasi region, much home visitation had to be replaced by telephone consultation. Necessary precautions were taken on visitations.

Social media, advertising and fund raising

We are pleased that the RAMHC staff continue to support our Social media sites (Linkedin and Facebook) with their comments and stories. Both sites are attracting views, but as yet there are no direct financial results, and continue to be updated to raise our profile. Information has been sent by mail and email to a number of Baptist Churches, but has not produced a positive response.

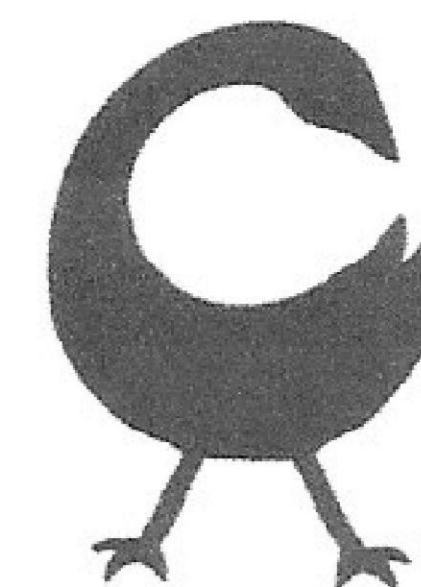
We have seen a small increase in regular support, together with a few individual donations. A number of items that were donated from Ghana have generated gifts from individuals who took them. Our account with Amazon Smile has generated a small income, and we continue to encourage people to nominate us when they buy through Amazon. A link is now in place for donations to be made via the website

Due to the restrictions imposed in relation to corona-virus, the trustees have been unable to undertake any speaking engagements

Grants and costs

We have only one funded expense, which is our web site, all other expenses being met by the trustees personally.

We have been able to make two grants to RAMHC, one in February and a second in November.



CHAIRMAN'S REPORT FOR THE PERIOD ENDED 31 DECEMBER 2020 *(continued)*
(not part of the financial statements)

Future hope

The current pandemic has resulted in limiting our UK operation. We are trying to establish a system where RAMHC can report quarterly on their operations and requirements, and that we can store on record

We are still looking at possible ways of increasing awareness and funding. A number of suggestions have been considered including making contact with prominent Ghanaians in the UK, creating a media release, and encouraging more use of Amazon Smile. In addition we are looking at some form of press/media release/report to try to gain a wider audience but as yet this is still to be prepared

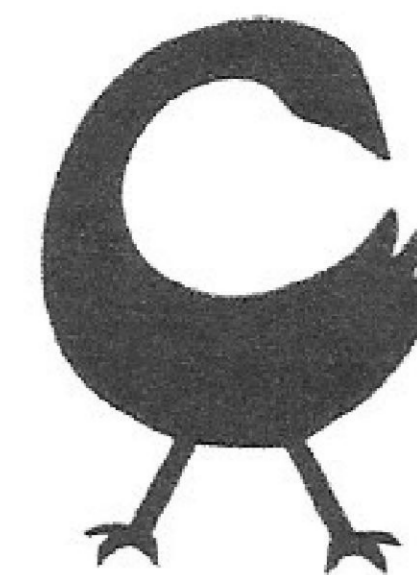
In conclusion, although this year has been difficult with the limitations imposed by the COVID19 pandemic, we have been able to continue to support RAMHC with funding and increase awareness of its needs. It is hoped that in the coming year we can continue raise our profile and generate enough funding for the work in Ghana to continue and expand

For the Trustees

M S Johnston (Chair)

A handwritten signature in black ink, appearing to read 'M S Johnston', with a long horizontal flourish extending to the right.

15 July 2021



REPORT OF THE TRUSTEES FOR THE PERIOD ENDED 31ST DECEMBER 2020

Objectives and Activities

The CIO exists for the public benefit, the relief and assistance of people in need in Ghana and such other parts of Africa, who are sick and may be near to death, in particular but not exclusively through raising awareness of the situation and conditions in respect of end of life care in such parts of the world and through the provision of support, funds, or services as the trustees may from time to time think

The directors confirm that they have had due regard to the guidance issued by the Charity Commission on public benefit.

Structure, Governance and Management

The corporation was constituted as a foundation CIO on 2nd February 2016. In the event of the corporation being wound up, the members, who must also be trustees, are not required to contribute any amount towards the assets of the corporation.

Achievements and Performance

The trustees have a specific objective to raise awareness and funds in the United Kingdom for the Rose Ananse Memorial Hospice, Kumasi, Ghana which is providing palliative care to patients and their families in the local area.

Rev Charles Amoah is currently based in Ghana and is Executive Chairman of the Rose Ananse Memorial Hospice Care (RAMHC), Board. He and the other board members continue to liaise with both the local hospital and the Ghana Baptist Medical College.

The directors are able to report that some progress has been made in 2020 both in the UK and Ghana, but efforts continue to be required as we pursue and develop our connections in the UK.

During the year the trustees met four times: 17th January, 2nd April, 22nd October and 9th December, and were able to make two grants to the RAMHC.

Financial Review

The directors are pleased to report that we have been able to continue funding of hospice.

Fund raising: This year has seen some regular support, together with a few individual donations. A number of donated Ghanaian items have generated gifts from individuals who took them. Our Amazon Smile account has generated a small income; we continue to encourage people to nominate us when they buy through Amazon. There is a continuing need to raise awareness in the large Ghanaian community in the UK as well as generally in the universities and Baptist churches in the UK. A make-a-donation link is now available on the website.

Expenses: We have only one funded expense (web site) with other expenses being met individually by the trustees.

Reserves policy

The trustees believe it is appropriate for the company to retain a reserve in the company of roughly six months anticipated expenditure and will seek to take the CIO to that position as it commences its activities.

In the opinion of the trustees, the state of the CIO's affairs is satisfactory.



REPORT OF THE TRUSTEES FOR THE PERIOD ENDED 31ST DECEMBER 2020 *(continued)*

Future Plans

We have maintained our social media presence in sites on LinkedIn and Facebook which continue to be updated. Both sites are attracting views. RAMHC staff continue to support the sites with their comments and stories. We continue to contact by mail and email to a number of Baptist Churches in the UK.

Rev Amoah continues to advise us on the financial assistance required in Ghana to cover costs for training, staff expenses and wages.

We are still looking at possible ways of increasing awareness and funding. A number of suggestions have been considered including making contact with prominent Ghanaians in the UK, creating a media release, and encouraging more use of Amazon Smile. We hope to produce some form of press/media release/report to try to gain a wider audience.

Although opportunities for speaking engagements continued to arise to enable us to raise awareness of the needs of the hospice during 2020, due to the lock-down in the United Kingdom Malcolm Johnston was unable fulfil any of these. The directors hope to be able to fulfil these engagements when present restrictions on public gatherings have been lifted.

Summary

This year has been difficult with the continuing restrictions relating to the Covid-19 related corona-virus present challenges to the hospice and to the directors in the UK in advertising the work, but we have been able to continue to support RAMHC with funding and awareness. It is hoped that in the coming year we can raise the profile and generate enough funding for the work in Ghana to continue and expand

Independent Examiner

Having indicated his willingness to act, Stuart Moffatt was appointed to examine the financial statements for the year to 31 December 2020.

Reference and Administrative Information

The trustees who served the company for the whole of the period were as follows:

Charles F Amoah
Geoffrey T Coyne
Malcolm S Johnston
Benjamin J O'Hanlon

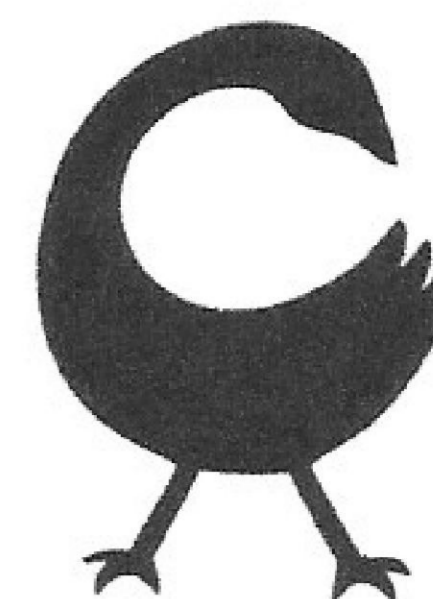
Principal office: The Old Baptist Hall, Great Sampford, Saffron Waldron, CB10 2RG

The trustees declare that they have approved the trustees' report above.
Signed on behalf of the charity trustees:

Malcolm S Johnston
Trustee

A handwritten signature in black ink, appearing to read 'M S Johnston', written over a horizontal line.

15 July 2021



REPORT OF THE INDEPENDENT EXAMINER TO THE MEMBERS OF AFRICAN HEALTH FOUNDATION

I have examined the financial statements of African Health Foundation for the period ended 31st December 2020, which comprise the Statement of Financial Activities, Balance Sheet and the related notes set out on pages 5 to 8.

Basis of independent examiner's statement

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention

- 1 which gives me reasonable cause to believe that in, any material respect, the requirements:
 - a. to keep accounting records in accordance with section 130 of the Charities Act; and
 - b. to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Acthave not been met; or
- 2 to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

A handwritten signature in black ink, appearing to read 'Stuart Moffatt', written in a cursive style.

Stuart Moffatt
Chartered Accountant

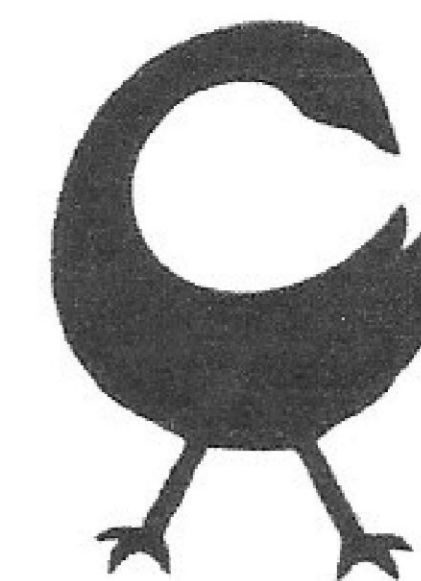
15 July 2021



STATEMENT OF FINANCIAL ACTIVITIES (INCLUDING INCOME AND EXPENDITURE ACCOUNT)

	Notes	2020 Unrestricted Funds	2020 Restricted Funds	2020 Total Funds	2019 Total Funds (Unrestricted)
Incoming resources:					
Donations	2	2,008	0	2,008	2,600
Total		<u>2,008</u>	<u>0</u>	<u>2,008</u>	<u>2,600</u>
Outgoing resources:					
Bank charges		60	0	60	80
Web-site costs		19		19	0
Total		<u>79</u>	<u>0</u>	<u>79</u>	<u>80</u>
Operating surplus / (deficit)		<u>1,929</u>	<u>0</u>	<u>1,929</u>	<u>2,520</u>
Grant to hospice		<u>3,011</u>		<u>3,011</u>	<u>1,375</u>
Net income / (expenditure) and net movement in funds		<u>(1,082)</u>	<u>0</u>	<u>(1,082)</u>	<u>1,145</u>
Reconciliation of funds:					
Funds at 1 January 2020		3,562	0	3,562	2,417
Surplus/(deficit) for the period		(1,082)	0	(1,082)	1,145
Funds at 31 December 2020		<u>2,480</u>	<u>0</u>	<u>2,480</u>	<u>3,562</u>

No operations were acquired or discontinued during the year.

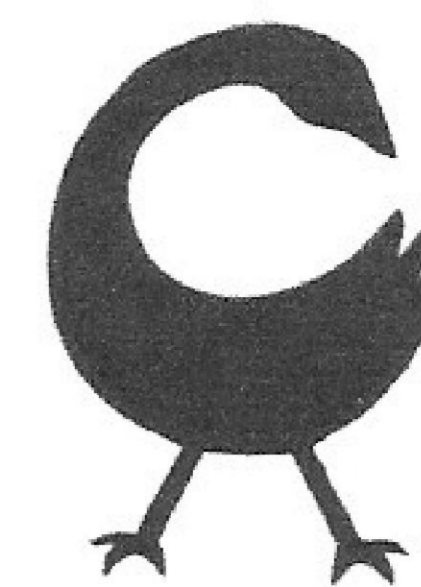


BALANCE SHEET AT 31ST DECEMBER 2020

	Note	2020	2019
Fixed assets:			
Investments		0	0
Current assets:			
Cash at bank		2,480	3,562
<i>Total current assets</i>		<u>2,480</u>	<u>3,562</u>
Liabilities:			
Creditors: Amounts falling due within one year		0	0
Net current assets/(liabilities)		<u>2,480</u>	<u>3,562</u>
Total net assets		<u><u>2,480</u></u>	<u><u>3,562</u></u>
The funds of the charity:			
Unrestricted funds		2,480	3,562
Restricted income funds		0	0
Total funds		<u><u>2,480</u></u>	<u><u>3,562</u></u>

These financial statements were approved by the trustees on 15 July 2021 and signed on their behalf by:

Malcolm S Johnston



Notes to the financial statements

1 ACCOUNTING POLICIES

The principal accounting policies adopted, judgements and key sources of estimation uncertainty in the preparation of the financial statements are as follows:

Accounting convention

The financial statements have been prepared in accordance with the Charities Statement of Recommended Practice (Charities SORP (FRS 102)) and Financial Reporting Standard 102 (FRS 102) using a receipts and payments basis. The financial statements are drawn up on the historical cost basis of accounting. African Health Foundation meets the definition of a public benefit entity under FRS 102.

Going concern

There are no material uncertainties about the charity's ability to continue.

Income

Voluntary income including legacies are accounted for once the charity has entitlement to the income, it is probable the income will be received and the amount of income receivable can be reliably measured.

Expenditure

Expenditure is included as paid. Charitable expenditure comprises all expenditure directly related to the objects of the charity. This includes governance costs which represent the cost of compliance with constitutional and statutory requirements.

Cash at bank

Cash at bank includes cash and short term highly liquid investments with a short maturity of three months or less from the date of opening of the deposit.

Fund accounting

The funds held by the charity are either:

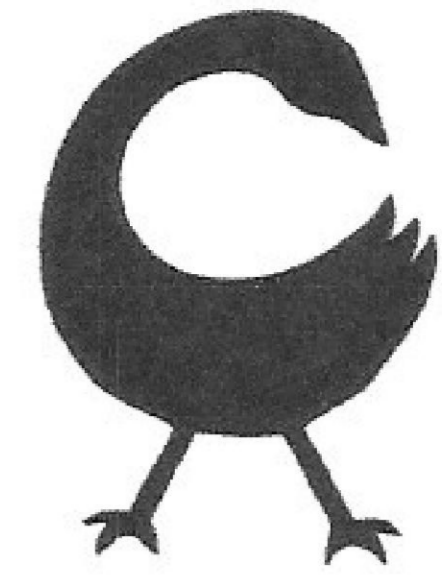
Restricted funds – these are funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for particular purposes; or

Unrestricted funds – these are funds which can be used in accordance with the charitable objects at the discretion of the directors.

2 INCOME AND ENDOWMENTS

	2020 Unrestricted £	2020 Restricted £	2020 Unrestricted £	2019 Unrestricted £
Income from charitable activities				
Donations	2,008	0	2,008	2,600
Total	2,008	0	2,008	2,600

All income arose within the UK.



3 EXPENDITURE

Other than to the bank and for the web-site no charges were incurred during the period.

4 RESTRICTED FUNDS

The CIO presently has no restricted or designated funds.

5 INDEPENDENT EXAMINATION AND OTHER FINANCIAL SERVICES FEES

The independent examiner made no charge for his services.

6 STAFF COSTS AND EMPLOYEE BENEFITS

The charity did not employ any staff during the year.

7 ASSETS HELD ON BEHALF OF THIRD PARTIES

The CIO holds no assets for third parties.

8 TRUSTEES' REMUNERATION

No remuneration or benefits were paid to any of the trustees during the year. Also, there were no trustees' costs paid direct to third parties.

9 TRUSTEES' EXPENSES

No expenses were incurred by or reimbursed to Trustees during the period. There were no expense claims by trustees for the cost of travel to meetings and other events during the period.

10 TRUSTEES' DONATIONS

Donations to the charity by the trustees during 2020 amounted to £85.