

ART IN MIND TRUSTEE ANNUAL REPORT 2023

1. Introduction

The trustees of the charity, Art in Mind, present their report with the financial statements of the charity for the year ended 31st March 2023.

The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK.

2. Structure, governance, and management

The Executive Board has the responsibility to appoint trustees and appoint any new trustees following the provisions laid out in the organisation's governing instrument. All existing trustees are members of the Executive Board.

The following have served throughout the accounting period, except where indicated:

- Trustee Name Nick Rodgers
- Trustee Name Lesley Kendall
- Trustee Name Lucy Hammarton
- Trustee Name Cleo Phillips
- Trustee Name Caroline Lovett

There have been no resignations or appointments in the current financial year. Normally, the Trustees meet four times per year to consider financial considerations and operations of the Charity.

Governing document

Art in Mind is an unincorporated charity governed by a constitution adopted on the 27th January 2016.

Organisational structure

The trustees give their time voluntarily and received no benefits from the charity. No expenses have been reclaimed by any of the trustees from the charity in the period concerned.

The general governance of the charity is the responsibility of the Trustees; however, the day-to-day operation is delegated to key staff and volunteers who report to the Chairman and Trustees

3. Aims and purposes.

Our purpose as recorded in our constitution is to advance of health and relief for those recovering from mental health issues.

4. Achievements and Performance

The charity carries out a wide range of activities in pursuit of its charitable aims. The trustees consider that these activities, summarised below, provide benefit both to those who are part of Art in Mind, and the wider community of *area charity resides*.

Highlights of the year include:

- Young people making 10 tutorial videos & online course handbook.
- 30 Young people and volunteers created 10 tutorial videos and an online course handbook on how art helped improve their mental health and wellbeing.
- The online films were made entirely by young people from the conception stage, through to the final online publication phase.
- The project involved young people planning, and delivering the short films, working in groups to problem solve and plan the filming and publication.
- The films have been viewed over 10,000 times.

Online courses

Art in Mind delivered a series of online courses to young people who were unable to leave home during the pandemic due to illness or problematic mental health.

Feedback from online group members said that the support:

- -played an essential part to their recovery and helped build friendships
- -gave them encouragement and support to make art
- -gave their lives a sense meaning and purpose.
- -Art tuition helped them to improve and was constructive.
- -encouraged them to have a different focus on their lives that was other than their illness and recovery.
- -helped them not feel so isolated, anxious, and depressed.
- -helped their mental health and boosted their confidence
- -gave them a sense of autonomy by being able to choose and complete their own personal art projects.

Art in Mind Exhibitions

Art in Mind organised two exhibitions of the art created by young people.

The October exhibition had an audience of 1100 young people and the Jubilee Library exhibition in May 2022 estimated audience of 9800.

Resilient Art Awards for All

The Resilient Art project funded training and support sessions for peer mentors and volunteers gave them the skills and confidence to deliver mental health themed workshops. The project helped young people boost their confidence, develop skills and employment prospects by:

- The program provided support, training, and supervision for young people to learn the skills necessary to improve the mental health of their peers.
- 30 volunteers worked to design and deliver regular art workshops.
- 100 young people aged between 11 and 18 took part in the sessions run by the volunteers.
- The project helped young people to be better equipped and prepared for their journey through school, college or employment, build resilience amongst participants and provide confidence and encourage self-expression.
- The project helped young people understand and manage their mental health, build self-awareness, coping skills, self-confidence, and independence.

5. Financial review

Total incoming resources for the period were £35,741, expenditure was 37,004 producing a deficit of (2446) for the year. The deficit arises from exceptional one-off costs incurred at the end of a Covid related project. Art in Mind has reserves of 20,115.

The Trustees are of the view that Art in Mind is a going concern.

6 Risk Management

The trustees have a duty to identify and review the risks to which the charity is exposed to and ensure appropriate controls are in place for reasonable assurance against fraud and error.

The trustees do not perceive any major risks to the charity currently.

7 Public Benefit

Trustees have paid due regard to the Charity Commission Guidance on 'Public Benefit' in deciding what activities the charity undertakes. All activities undertaken by Art in Mind are focussed on our charitable purposes.

8 Going Concern

After making appropriate enquiries, the Trustees have a reasonable expectation that the charity has adequate resource to continue in operational existence for the foreseeable future. For this reason, they continue to adopt the going concern basis in preparing the financial statements.

ART IN MIND

**ANNUAL REPORT
AND
STATEMENT OF ACCOUNTS**

FOR THE YEAR ENDED 31ST MARCH 2023

CHARITY REGISTRATION NUMBER 1165326

Independent Examiners Ltd
Unit 2
The Broadbridge Business Centre
Delling Lane
Bosham
PO18 8NF

ART IN MIND

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ART IN MIND

LEGAL AND ADMINISTRATIVE INFORMATION

CHARITY NUMBER	1165326
WORKING NAMES	Aim Art in Mind
START OF FINANCIAL YEAR	01 April 2022
END OF FINANCIAL YEAR	31 March 2023
TRUSTEES AT 31 MARCH 2023	Nick Rodgers Lesley Kendall Caroline Lovett Kirsty Lumm Appointed 2 April 2022 Cleo Phillips Appointed 2 April 2022

The existing trustees appoint any new trustees following the provisions laid out in the Charity's governing instrument.

GOVERNING INSTRUMENT CIO - Foundation Registered 27 January 2016

REGISTRATION DATE 27th January 2016:CIO Registration

OBJECTS

The advancement of health and relief of need for those who are recovering from mental health issues (the "Beneficiaries") particularly but not exclusively by:-

- a) Supporting beneficiaries through the use of art, primarily through workshops and training sessions, and the
- b) Providing other support to beneficiaries such advice to develop their capacity to identify and meet their own needs;
- c) Raising awareness of mental health issues among the public.

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Church Road
Hove
East Sussex
BN3 2FL

PRIMARY BANKERS Santander UK
Bridle Road
Bootle
Merseyside
L30 4GB

INDEPENDENT EXAMINER Donna Leppitt
Independent Examiners Ltd
Unit 2
The Broadridge Business Centre
Delling Lane
Bosham
PO18 8NF

ART IN MIND
TRUSTEES' REPORT
FOR THE YEAR ENDED 31ST MARCH 2023

Trustees Report 2022/23

Art in Mind has had another successful year. The number of young people benefiting from the workshops has increased dramatically, the number of sessions delivered has expanded to keep pace and new projects have been started to meet the ever-increasing need of mental health support for young people in Brighton.

Although the disruption of the pandemic has faded, its impact is still being felt by young people with poor mental health, who have had an interrupted education, endured domestic isolation or were unable to access treatment and support at a time they needed it most.

Art in Mind, has continued to widen its support network, increase its volunteer base, grow its exhibition presence and increase the number of mentors working with us.

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A Resilient Arts grant, funded training and support sessions for peer mentors and volunteers give them the skills and confidence to deliver mental health themed workshops. The project helped young people boost their confidence, skills, and employment prospects by:

Providing support, training, and supervision as young people to learn the skills necessary to improve the mental health of their peers.

ART IN MIND

TRUSTEES' REPORT (Continued) FOR THE YEAR ENDED 31ST MARCH 2023

Resilient Art Awards for All (Continued)

30 volunteers worked to design and deliver regular art workshops.

100 young people aged between 11 and 18 to part in the sessions run by the volunteers.

- The project helped young people to be better equipped and prepared for their journey through school, college or employment and build resilience amongst participants and provide confidence and encourage self-expression.
- The project helped young people understand and manage their mental health, build self-awareness, coping skills, self-confidence, and independence.

Art in Mind has continued with its core delivery of twice weekly art workshops delivered to young people aged between 11 and 18 to support their mental health, develop creative arts skills, gain confidence, qualifications and skills.

Art in Mind has worked with over 700 young people through its regular groups, workshops and exhibitions, providing volunteering opportunities, mentoring, coaching and one to one sessions.

Finally, the trustees would like to thank the volunteers, session workers, mentors and young people who give their time to make the projects successful.

ART IN MIND

TRUSTEES' REPORT (continued) FOR THE YEAR ENDED 31ST MARCH 2023

Responsibilities of Trustees

Charity law requires the Board of Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of its incoming resources and resources expended for the period. In preparing those financial statements, the Board of Trustees should follow best practice and are required to;

- select suitable accounting policies and apply them consistently
- make judgments and estimates that are reasonable and prudent
- comply with applicable accounting standards subject to any material departures disclosed and explained in the financial statements
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that charity will continue in operation

The Board of Trustees is responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 1993. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities and to provide reasonable assurance that:-

- the charity is operating efficiently and effectively
- all assets are safeguarded against unauthorised use or disposition and are properly applied
- proper records are maintained and financial information used within the charity or for publication is reliable
- the charity complies with relevant laws and regulations

The systems of internal control are designed to provide reasonable but not absolute assurance against material misstatement or loss.

Approved by the Trustees on.....

21st February '24

Signed on their behalf by Trustee



Printed Name:

Nick Rodgers

ART IN MIND

INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2023

Report to the trustees/ members of Art in Mind on the accounts for the year ended 31st March 2023.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention

1. which gives me reasonable cause to believe that in, any material respect, the requirements:

- to keep accounting records in accordance with section 130 of the Charities Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination

have not been met; or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Donna Leppitt
Independent Examiners Ltd
Unit 2
The Broadridge Business Centre
Delling Lane
Bosham
PO18 8NF



Date: 23rd February 2024

**ART IN MIND
STATEMENT OF RECEIPTS AND PAYMENTS
FOR THE YEAR ENDED 31ST MARCH 2023**

	Notes	Unrestricted Funds £	Restricted Funds £	Total 2022/23 £	Restated Total 2021/22 £
RECEIPTS					
Donations & Legacies	3	10,840	24,901	35,741	52,211
TOTAL RECEIPTS		10,840	24,901	35,741	52,211
Costs of Charitable Activities	4	13,286	23,718	37,004	36,914
TOTAL PAYMENTS		13,286	23,718	37,004	36,914
NET INCOMING/(OUTGOING) RESOURCES		(2,446)	1,183	(1,263)	15,297
TRANSFERS BETWEEN FUNDS	5	-	-	-	-
NET MOVEMENT IN FUNDS		(2,446)	1,183	(1,263)	15,297
RECONCILIATION OF FUNDS:					
Balances Brought Forward		2,629	18,748	21,378	6,081
BALANCES CARRIED FORWARD		183	19,932	20,115	21,378

All of the Charity's operations are classed as continuing operations.

The notes form part of these financial statements, found on pages 9 to 14

ART IN MIND
STATEMENT OF ASSETS AND LIABILITIES
31ST MARCH 2023

	Unrestricted Fund £	Restricted Fund £	Total 31-Mar-23 £	Total 31-Mar-22 £
CASH AT BANK AND IN HAND				
Current account	183	19,932	20,115	21,378
	183	19,932	20,115	21,378
TOTAL CURRENT ASSETS	183	19,932	20,115	21,378
NET CURRENT ASSETS	183	19,932	20,115	21,378
TOTAL ASSETS less current liabilities	183	19,932	20,115	21,378

Net Assets	183	19,932	20,115	21,378
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Represented by:

				Restated
General Funds	183	-	183	2,629
Restricted Funds	-	19,932	19,932	18,748
	183	19,932	20,115	21,378

Liabilities

Independent Examiner's Fee			870	840
			870	840

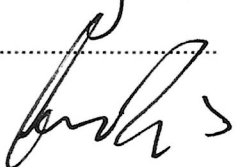
TRUSTEES RESPONSIBILITIES IN RELATION TO FINANCIAL STATEMENTS

Charity Law requires the Trustees to prepare financial statements for each financial year which comply with the regulations set out in the Charities Act 2011. The Trustees have elected to take advantage of the provisions that apply to small charities and have prepared a Receipts and Payments Account and Statement of Assets and Liabilities which are set out on pages:-

9 to 14

Approved by the Trustees on

Signed on their behalf by Trustee

22nd February 24


ART IN MIND

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2023

1. BASIS OF ACCOUNTING

The accounts have been prepared under the "Receipts and Payments" basis as prescribed by the Charity Commissioners, and they meet the appropriate legal requirements.

The Charity meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost unless otherwise stated in the relevant accounting policy notes.

Assessment of Going Concern

Preparation of the accounts is on a going concern basis. The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

Fund Accounting

Funds held by the charity are either:

1. **Unrestricted Funds** - these are funds which can be used in accordance with the charity's objectives, at the discretion of the trustees.
2. **Designated funds**
These funds are funds set aside by the trustees out of unrestricted general funds for specific purposes or
3. **Restricted Funds** - these are funds that can only be used for particular restricted purposes within the objects of the charity.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements. Most funding the charity receives is from restricted funded grants - when writing funding applications the charity writes a funding budget and if they receive funding they make sure they follow the budget.

Incoming Resources

All income is included in the accounts when actually received by the Charity.

Voluntary help provided by friends of the charity is not included in a quantified way within the accounts.

Resources Expended

Resources expended are recognised when paid by the Charity.

2. TANGIBLE FIXED ASSETS

The Charity held no fixed assets investments during this or the previous financial period.

ART IN MIND

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2023

3. RECEIPTS

	Note	Unrestricted Funds £	Restricted Funds £	Total 2022/23 £	Restated Total 2021/22 £
INCOME					
Donations & Legacies					
Grants:-		-	-	-	-
Brighton Hove Youth Led Grant		-	-	-	4,800
Sussex Crisis Fund Sussex Community		-	-	-	10,035
Resilient Art A4A/Awards for All		-	-	-	10,000
Mindful Art		2,000	-	2,000	2,940
Arts Council		-	1,582	1,582	14,241
Chalk Cliff Trust		2,000	-	2,000	1,000
Brighton Community Fund		-	-	-	3,500
Creative Counselling		-	-	-	5,000
Aims Counselling		-	-	-	650
Arts Council Two ac 2		-	23,319	23,319	-
Brighton Community Fund Two bc2		5,000	-	5,000	-
Other Revenue:-		-	-	-	15
Unrestricted UF		-	-	-	15
Insurance reduction access		9	-	9	16
Co-op		1,728	-	1,728	-
Aim Shop		103	-	103	-
		10,840	24,901	35,741	52,211

This page does not form part of the statutory financial statements

ART IN MIND

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2023

4. PAYMENTS

	Note	Unrestricted Funds £	Restricted Funds £	Total 2022/23 £	Total 2021/22 £
a) Costs of Charitable Activities					
Grants		(23,718)	23,718	-	-
Equipment		533	-	533	1,302
Facilitation		18,300	-	18,300	25,220
Food		2,495	-	2,495	1,535
Materials		1,769	-	1,769	1,501
Publicity		1,103	-	1,103	233
Room booking		-	-	-	4,200
Sundries		410	-	410	-
One to one Session		4,555	-	4,555	95
Subscriptions		323	-	323	245
Insurance		287	-	287	270
Operational		-	-	-	101
Research		-	-	-	210
Supervision		4,560	-	4,560	1,585
Training		-	-	-	185
Travel		-	-	-	233
IT Software and Consumables		532	-	532	-
Workshops		1,107	-	1,107	-
Governance costs:-					
Independent examiner fee		1,030	-	1,030	-
		13,286	23,718	37,004	36,914

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ART IN MIND

NOTES TO THE ACCOUNTS (continued) FOR THE YEAR ENDED 31ST MARCH 2023

5. RESTRICTED FUNDS CURRENT FINANCIAL YEAR

	Balance 01-Apr-22	Income	Expenditure	Gains & (Losses)	Transfer	Balance 31-Mar-23
		£	£	£	£	£
Arts Council	8,335	1,582	(9,916)	-	-	1
Awards for all/Resilient Art	6,278	-	(6,278)	-	-	0
Mindful Art 1	-	-	-	-	-	-
Sussex Community	340	-	(338)	-	-	2
Creative Counselling	3,795	-	(3,791)	-	-	5
Arts Council Two ac 2	-	23,319	(3,395)	-	-	19,924
	18,748	24,901	(23,718)	-	-	19,932

This page does not form part of the statutory financial statements

ART IN MIND

NOTES TO THE ACCOUNTS (continued) FOR THE YEAR ENDED 31ST MARCH 2023

5. RESTRICTED FUNDS (Continued)

PREVIOUS FINANCIAL YEAR

	Balance 01-Apr-21	Income £ Restated	Expenditure £ Restated	Gains & (Losses) £	Transfer £	Balance 31-Mar-22 £ Restated
Arts Council	-	14,241	(5,906)	-	-	8,335
Awards for all/Resilient Art	5,911	10,000	(9,633)	-	-	6,278
Mindful Art 1	242	2,940	(3,182)	-	-	-
Sussex Community	-	10,035	(9,695)	-	-	340
Creative Counselling	-	5,000	(1,205)	-	-	3,795
Arts Council Two ac 2	-	-	-	-	-	-
	6,154	42,216	(29,621)	-	-	18,748

The Restricted Funds are wholly represented by the Charity's cash reserves and are to be expended as specified above.

ART IN MIND

NOTES TO THE ACCOUNTS (continued) FOR THE YEAR ENDED 31ST MARCH 2023

6. STAFF COSTS AND NUMBERS

The Charity employed no members of staff during this or the previous financial period.

7. TRUSTEES AND OTHER RELATED PARTIES

No payments were made to trustees or any persons connected with them during this financial period. No material transaction took place between the organisation and a trustee or any person connected with them.

(2021/22- None)

8. RISK ASSESSMENT

The Trustees actively review the major risks which the charity faces on a regular basis and believe that maintaining the free reserves stated combined with the annual review of the controls over key financial systems carried out on an annual basis will provide sufficient resources in the event of adverse conditions. The Trustees have also examined other operational and business risks which they face and confirm that they have established systems to mitigate the significant risks.

9. RESERVES POLICY

The Trustees have considered the level of reserves they wish to retain, appropriate to the charity's needs. This is based on the charity's size and the level of financial commitments held. The Trustees aim to ensure the charity will be able to continue to fulfil its charitable objectives even if there is a temporary shortfall in income or unexpected expenditure. The trustees will endeavour not to set aside funds unnecessarily.

10. PUBLIC BENEFIT

The Charity acknowledges its requirement to demonstrate clearly that it must have charitable purposes or 'aims' that are for the public benefit. Details of how the charity has achieved this are provided in the Trustees report. The Trustees confirm that they have paid due regard to the Charity Commission guidance on public benefit before deciding what activities the charity should undertake.

11. PRIOR YEAR ADJUSTMENTS

The restricted funds and unrestricted funds have been re-stated to reflect a true and fair view of the Charity's closing position as at 31st March 2022.

ART IN MIND

**ANNUAL REPORT
AND
STATEMENT OF ACCOUNTS**

FOR THE YEAR ENDED 31ST MARCH 2023

CHARITY REGISTRATION NUMBER 1165326

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ART IN MIND

TRUSTEES' REPORT (Continued) FOR THE YEAR ENDED 31ST MARCH 2023

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Charity law requires the Board of Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of its incoming resources and resources expended for the period. In preparing those financial statements, the Board of Trustees should follow best practice and are required to;

- select suitable accounting policies and apply them consistently
- make judgments and estimates that are reasonable and prudent
- comply with applicable accounting standards subject to any material departures disclosed and explained in the financial statements
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that charity will continue in operation

The Board of Trustees is responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 1993. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities and to provide reasonable assurance that:-

- the charity is operating efficiently and effectively
- all assets are safeguarded against unauthorised use or disposition and are properly applied
- proper records are maintained and financial information used within the charity or for publication is reliable
- the charity complies with relevant laws and regulations

The systems of internal control are designed to provide reasonable but not absolute assurance against material misstatement or loss.

Approved by the Trustees on.....

21st February '24

Signed on their behalf by Trustee



Printed Name:

Nick Rodgers

ART IN MIND

INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2023

Report to the trustees/ members of Art in Mind on the accounts for the year ended 31st March 2023.

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the 2011 Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention.

Basis of independent examiner's statement

My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

Independent examiner's statement

In connection with my examination, no matter has come to my attention

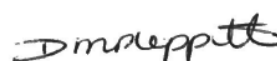
1. which gives me reasonable cause to believe that in, any material respect, the requirements:

- to keep accounting records in accordance with section 130 of the Charities Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements concerning the form and content of accounts set out in the Charities (Accounts and Reports) Regulations 2008 other than any requirement that the accounts give a 'true and fair' view which is not a matter considered as part of an independent examination

have not been met; or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Donna Leppitt
Independent Examiners Ltd
Unit 2
The Broadridge Business Centre
Delling Lane
Bosham
PO18 8NF



Date: 23rd February 2024

**ART IN MIND
STATEMENT OF RECEIPTS AND PAYMENTS
FOR THE YEAR ENDED 31ST MARCH 2023**

	Notes	Unrestricted Funds £	Restricted Funds £	Total 2022/23 £	Restated Total 2021/22 £
RECEIPTS					
Donations & Legacies	3	10,840	24,901	35,741	52,211
TOTAL RECEIPTS		10,840	24,901	35,741	52,211
Costs of Charitable Activities	4	13,286	23,718	37,004	36,914
TOTAL PAYMENTS		13,286	23,718	37,004	36,914
NET INCOMING/(OUTGOING) RESOURCES		(2,446)	1,183	(1,263)	15,297
TRANSFERS BETWEEN FUNDS	5	-	-	-	-
NET MOVEMENT IN FUNDS		(2,446)	1,183	(1,263)	15,297
RECONCILIATION OF FUNDS:					
Balances Brought Forward		2,629	18,748	21,378	6,081
BALANCES CARRIED FORWARD		183	19,932	20,115	21,378

All of the Charity's operations are classed as continuing operations.

The notes form part of these financial statements, found on pages 9 to 14

ART IN MIND
STATEMENT OF ASSETS AND LIABILITIES
31ST MARCH 2023

	Unrestricted Fund £	Restricted Fund £	Total 31-Mar-23 £	Total 31-Mar-22 £
CASH AT BANK AND IN HAND				
Current account	183	19,932	20,115	21,378
	183	19,932	20,115	21,378
TOTAL CURRENT ASSETS	183	19,932	20,115	21,378
NET CURRENT ASSETS	183	19,932	20,115	21,378
TOTAL ASSETS less current liabilities	183	19,932	20,115	21,378

Net Assets	183	19,932	20,115	21,378
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Represented by:

				Restated
General Funds	183	-	183	2,629
Restricted Funds	-	19,932	19,932	18,748
	183	19,932	20,115	21,378

Liabilities

Independent Examiner's Fee			870	840
			870	840

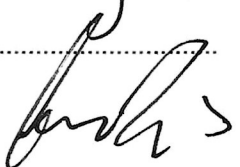
TRUSTEES RESPONSIBILITIES IN RELATION TO FINANCIAL STATEMENTS

Charity Law requires the Trustees to prepare financial statements for each financial year which comply with the regulations set out in the Charities Act 2011. The Trustees have elected to take advantage of the provisions that apply to small charities and have prepared a Receipts and Payments Account and Statement of Assets and Liabilities which are set out on pages:-

9 to 14

Approved by the Trustees on

Signed on their behalf by Trustee

22nd February 24


ART IN MIND

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2023

1. BASIS OF ACCOUNTING

The accounts have been prepared under the "Receipts and Payments" basis as prescribed by the Charity Commissioners, and they meet the appropriate legal requirements.

The Charity meets the definition of a public benefit entity under FRS102. Assets and liabilities are initially recognised at historical cost unless otherwise stated in the relevant accounting policy notes.

Assessment of Going Concern

Preparation of the accounts is on a going concern basis. The trustees consider that there are no material uncertainties about the Charity's ability to continue as a going concern.

Fund Accounting

Funds held by the charity are either:

1. **Unrestricted Funds** - these are funds which can be used in accordance with the charity's objectives, at the discretion of the trustees.
2. **Designated funds**
These funds are funds set aside by the trustees out of unrestricted general funds for specific purposes or
3. **Restricted Funds** - these are funds that can only be used for particular restricted purposes within the objects of the charity.

Further explanation of the nature and purpose of each fund is included in the notes to the financial statements. Most funding the charity receives is from restricted funded grants - when writing funding applications the charity writes a funding budget and if they receive funding they make sure they follow the budget.

Incoming Resources

All income is included in the accounts when actually received by the Charity.

Voluntary help provided by friends of the charity is not included in a quantified way within the accounts.

Resources Expended

Resources expended are recognised when paid by the Charity.

2. TANGIBLE FIXED ASSETS

The Charity held no fixed assets investments during this or the previous financial period.

ART IN MIND

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2023

3. RECEIPTS

	Note	Unrestricted Funds £	Restricted Funds £	Total 2022/23 £	Restated Total 2021/22 £
INCOME					
Donations & Legacies					
Grants:-		-	-	-	-
Brighton Hove Youth Led Grant		-	-	-	4,800
Sussex Crisis Fund Sussex Community		-	-	-	10,035
Resilient Art A4A/Awards for All		-	-	-	10,000
Mindful Art		2,000	-	2,000	2,940
Arts Council		-	1,582	1,582	14,241
Chalk Cliff Trust		2,000	-	2,000	1,000
Brighton Community Fund		-	-	-	3,500
Creative Counselling		-	-	-	5,000
Aims Counselling		-	-	-	650
Arts Council Two ac 2		-	23,319	23,319	-
Brighton Community Fund Two bc2		5,000	-	5,000	-
Other Revenue:-		-	-	-	15
Unrestricted UF		-	-	-	15
Insurance reduction access		9	-	9	16
Co-op		1,728	-	1,728	-
Aim Shop		103	-	103	-
		10,840	24,901	35,741	52,211

This page does not form part of the statutory financial statements

ART IN MIND

NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2023

4. PAYMENTS

	Note	Unrestricted Funds £	Restricted Funds £	Total 2022/23 £	Total 2021/22 £
a) Costs of Charitable Activities					
Grants		(23,718)	23,718	-	-
Equipment		533	-	533	1,302
Facilitation		18,300	-	18,300	25,220
Food		2,495	-	2,495	1,535
Materials		1,769	-	1,769	1,501
Publicity		1,103	-	1,103	233
Room booking		-	-	-	4,200
Sundries		410	-	410	-
One to one Session		4,555	-	4,555	95
Subscriptions		323	-	323	245
Insurance		287	-	287	270
Operational		-	-	-	101
Research		-	-	-	210
Supervision		4,560	-	4,560	1,585
Training		-	-	-	185
Travel		-	-	-	233
IT Software and Consumables		532	-	532	-
Workshops		1,107	-	1,107	-
Governance costs:-					
Independent examiner fee		1,030	-	1,030	-
		13,286	23,718	37,004	36,914

This page does not form part of the statutory financial statements

ART IN MIND

NOTES TO THE ACCOUNTS (continued) FOR THE YEAR ENDED 31ST MARCH 2023

5. RESTRICTED FUNDS CURRENT FINANCIAL YEAR

	Balance 01-Apr-22	Income	Expenditure	Gains & (Losses)	Transfer	Balance 31-Mar-23
		£	£	£	£	£
Arts Council	8,335	1,582	(9,916)	-	-	1
Awards for all/Resilient Art	6,278	-	(6,278)	-	-	0
Mindful Art 1	-	-	-	-	-	-
Sussex Community	340	-	(338)	-	-	2
Creative Counselling	3,795	-	(3,791)	-	-	5
Arts Council Two ac 2	-	23,319	(3,395)	-	-	19,924
	18,748	24,901	(23,718)	-	-	19,932

This page does not form part of the statutory financial statements

ART IN MIND

NOTES TO THE ACCOUNTS (continued) FOR THE YEAR ENDED 31ST MARCH 2023

5. RESTRICTED FUNDS (Continued)

PREVIOUS FINANCIAL YEAR

	Balance 01-Apr-21	Income £ Restated	Expenditure £ Restated	Gains & (Losses) £	Transfer £	Balance 31-Mar-22 £ Restated
Arts Council	-	14,241	(5,906)	-	-	8,335
Awards for all/Resilient Art	5,911	10,000	(9,633)	-	-	6,278
Mindful Art 1	242	2,940	(3,182)	-	-	-
Sussex Community	-	10,035	(9,695)	-	-	340
Creative Counselling	-	5,000	(1,205)	-	-	3,795
Arts Council Two ac 2	-	-	-	-	-	-
	6,154	42,216	(29,621)	-	-	18,748

The Restricted Funds are wholly represented by the Charity's cash reserves and are to be expended as specified above.

ART IN MIND

NOTES TO THE ACCOUNTS (continued) FOR THE YEAR ENDED 31ST MARCH 2023

6. STAFF COSTS AND NUMBERS

The Charity employed no members of staff during this or the previous financial period.

7. TRUSTEES AND OTHER RELATED PARTIES

No payments were made to trustees or any persons connected with them during this financial period. No material transaction took place between the organisation and a trustee or any person connected with them.

(2021/22- None)

8. RISK ASSESSMENT

The Trustees actively review the major risks which the charity faces on a regular basis and believe that maintaining the free reserves stated combined with the annual review of the controls over key financial systems carried out on an annual basis will provide sufficient resources in the event of adverse conditions. The Trustees have also examined other operational and business risks which they face and confirm that they have established systems to mitigate the significant risks.

9. RESERVES POLICY

The Trustees have considered the level of reserves they wish to retain, appropriate to the charity's needs. This is based on the charity's size and the level of financial commitments held. The Trustees aim to ensure the charity will be able to continue to fulfil its charitable objectives even if there is a temporary shortfall in income or unexpected expenditure. The trustees will endeavour not to set aside funds unnecessarily.

10. PUBLIC BENEFIT

The Charity acknowledges its requirement to demonstrate clearly that it must have charitable purposes or 'aims' that are for the public benefit. Details of how the charity has achieved this are provided in the Trustees report. The Trustees confirm that they have paid due regard to the Charity Commission guidance on public benefit before deciding what activities the charity should undertake.

11. PRIOR YEAR ADJUSTMENTS

The restricted funds and unrestricted funds have been re-stated to reflect a true and fair view of the Charity's closing position as at 31st March 2022.