

# **ANNUAL REPORT AND FINANCIAL STATEMENTS**

**FOR THE YEAR ENDED 31ST MARCH 2022**

## **ART IN MIND BRIGHTON**

**CHARITY REGISTRATION NUMBER 1165326**

Independent Examiners Ltd  
Unit 2  
The Broadbridge Business Centre  
Delling Lane  
Bosham  
PO18 8NF

# **ART IN MIND BRIGHTON**

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## ART IN MIND BRIGHTON

### LEGAL AND ADMINISTRATIVE INFORMATION

**CHARITY NUMBER** 1165326

**WORKING NAMES** Aim  
Art in Mind

**START OF FINANCIAL YEAR** 01 April 2021

**END OF FINANCIAL YEAR** 31 March 2022

**TRUSTEES AT 31 MARCH 2022** Nick Rodgers  
Lesley Kendall  
Caroline Lovett

|                                 |               |                        |
|---------------------------------|---------------|------------------------|
| Appointed after 31st March 2022 | Kirsty Lumm   | Appointed 2 April 2022 |
|                                 | Cleo Phillips | Appointed 2 April 2022 |

The existing trustees appoint any new trustees following the provisions laid out in the Charity's governing

**GOVERNING INSTRUMENT** CIO - Foundation Registered 27 January 2016

**REGISTRATION DATE** 27th January 2016:CIO Registration

### OBJECTS

The advancement of health and relief of need for those who are recovering from mental health issues (the "Beneficiaries") particularly but not exclusively by:-

- a) Supporting beneficiaries through the use of art, primarily through workshops and training sessions, and the provision of studio space for use of the beneficiaries;
- b) Providing other support to beneficiaries such advice to develop their capacity to identify and meet their own needs;
- c) Raising awareness of mental health issues among the public.

**CORRESPONDENCE ADDRESS** Cornerstone Community Centre  
Church Road  
Hove  
East Sussex  
BN3 2FL

**PRIMARY BANKERS** Santander UK  
Bridle Road  
Bootle  
Merseyside  
L30 4GB

**INDEPENDENT EXAMINER** Donna Leppitt  
Independent Examiners Ltd  
Unit 2  
The Broadridge Business Centre  
Delling Lane  
Bosham  
PO18 8NF

# ART IN MIND BRIGHTON

## TRUSTEES' REPORT FOR THE YEAR ENDED 31ST MARCH 2022

### Structure, Government and Management

|                                 |   |  |
|---------------------------------|---|--|
| Type of Governing document      | CIO Constitution  |  |
| Charity constitution            | Charitable Incorporated Organisation  |  |
| Trustee selection method        | Apart from the first charity trustees, every trustee must be appointed for a term of three years by a resolution passed at a properly convened meeting of the charity trustees. (2) In selecting individuals for appointment as charity trustees, the charity trustees must have regard to the skills, knowledge and experience needed for the effective administration of the CIO. |  |
| Charity name                    | Art in Mind   |  |
| Registered Charity number       | 1165326   |  |
| Principle address               | Cornerstone<br>Church Road<br>HOVE<br>East Sussex<br>BN3 2FL  |  |
| Name of Trustees                | Nick Rodgers<br>Lesley Kendall<br>Caroline Lovett   |  |
| Appointed after 31st March 2022 | Kirsty Lumm<br>Cleo Phillips  | Appointed 2 April 2022<br>Appointed 2 April 2022 |

### Summary of Purposes

The objects of the CIO are: The advancement of health and relief of need for those who are recovering from mental health issues (the "beneficiaries") particularly but not exclusively by: a) supporting beneficiaries through the use of art, primarily through workshops and training sessions, and the provision of studio space for use of the beneficiaries; b) providing other support to beneficiaries such advice to develop their capacity to identify and meet their own needs c) raising awareness of mental health issues among the public.

### Main activities

The advancement of health and relief of need for those who are recovering from mental health issues.

a. supporting beneficiaries through the use of art, primarily through running art group sessions and community art workshops and training sessions volunteers to delivery workshops in the community.

b. providing other support to beneficiaries such advice to develop their capacity to identify and meet their own needs by providing one to one mentoring and counselling.

c. raising awareness of mental health issues among the public through exhibition of artwork and making resources: films on YouTube and Instagram.

### Public Benefit

Art in Mind confirms that trustees have had regard to guidance issued by the Charity Commission on public benefit.

**ART IN MIND BRIGHTON**  
**TRUSTEES' REPORT (continued)**  
**FOR THE YEAR ENDED 31ST MARCH 2022**

**Main achievements**

Art in Mind supported:

- 200 young people
- 30 young people attending groups
- 40 volunteers
- 30 older volunteers
- 10 new volunteers
- 6 workshops 20 young people per workshops 120
- 10 online group 13 – 18-year-olds
- 10 online group 19 – 25 years old
- 15 young people x 100 = 1500 counselling hours
- 1000 social media followers
- 1400 views on you tube
- 120 young people attended 6 community workshops
- 1100 young people visited Art in Mind BFEST exhibition

● **April 2021 – July 2021**

During the last part of covid 19 pandemic lock down Art in Mind charity met the needs of young people experiencing Covid19, AiM adapted and introduced new ways of working and supporting young people suffering from poor mental health. It provided a wide variety of support to ensure young people were able to access the project in a way that suited them, either through small groups and zoom art sessions, one to one, text, online support. Art in Mind provided art equipment and materials, learning packs. We run extra film, games and homework zooms.

AiM zoom groups provided social contact, mental health support and that alleviated social isolation. Sessions also helped improve self-esteem and self-confidence, assist with learning in difficult situations, provided tools and techniques to help young people cope with anxiety and stress. The sessions also provided opportunities for interaction and specialised support which helped young people cope better with isolation, anxiety, family, learning and well-being problems.

● **August 2021 – 31<sup>st</sup> March 2022**

As Covid 19 restrictions were lifted Art in Mind provided sessions that were Covid safe detached and outdoor work, online digital groups and 1:1 sessions and targeted indoor small group sessions.

Art in Mind provided continued support to young people at risk of harm through poor mental health by offering a wide variety of interventions that meet the needs of young people. One to one counselling sessions on zoom, walk and talk and when permitted face to face.

Digital online Mental health themed arts programme

One highlight and success is that Art in Mind started to create a digital online mental health themed arts programme for young people with mental health problems.

Art in Mind recruited 10 new volunteers that helped create mental health art themed film workshops that were shown on YouTube, Facebook, and Instagram to raise awareness of mental health issues for art in minds wider community. <https://www.artinmindbrighton.co.uk/videos>

Volunteers also started creating a booklet on how art helps aid mental health and resilience.

● **BFest Art in Mind Exhibition**

In October 2021 Art in Mind also exhibited young people's artwork at BFEST Arts Festival which had had a recorded audience of 1100 young people and the exhibition was on the theme of how art helped young people cope with social isolation during the pandemic.

**ART IN MIND BRIGHTON**  
**TRUSTEES' REPORT (continued)**  
**FOR THE YEAR ENDED 31ST MARCH 2022**

- **Train volunteers to deliver mental health workshops in the community.**

Art in Mind started a volunteer training in November 2021 and volunteers were trained in the delivery mental health themed art workshops. Art in Mind run 6 mental health themed workshops at Brighton Youth Centre with zine making, stencil making, badge making, graffiti alphabet, clay and sticker workshops.

120 young people attended the workshops (6 workshops x 20 young people).

- **One to one Support**

Art in Mind offered young people therapeutic support which enabled them to talk about their experience of the pandemic, allowing them to gain insight, rebuild their lives, and explore solutions to problems.

Funding enabled Art in Mind to pay freelance, professionally qualified, and experienced therapists to provide art in mind young people free counselling sessions.

- **15 young people were offered 10 counselling sessions.**

Completed evaluations of young people's experiences have said that young people said that they liked that it was a safe space to talk to someone confidentially, helped them with anxiety and stress related to transitioning out of the pandemic to gain employment or return to education or to volunteer. Counselling sessions also helped to support them to start rebuilding their lives, apply for employment, return to education, and have found volunteer placements.

- **Supporting young people create and sell artwork online shop sell and art fairs to help aid and increase employment opportunities 40 young people.**

Due to Covid, young people dealing with mental health issues (e.g. anxiety or depression) have found it difficult to find work as their confidence has been affected, making it hard for them to compete with others for the same job. Art in Mind has been supporting young people to create a pathway to sell artwork through Instagram shops, to make prints and cards. Art in Mind has created an online shop on our website. Delivering workshop would help young people develop social media skills, teach them how to use Photoshop, how to design cards and prints, set up online shops to sell art, sell art at craft fairs and shops, and organise an art fair.

### **Financial Review**

The review of the charity's financial position at the end of the period is as follows:-

Income £52,127

Expenditure £36,914

Reserves £2,680

### **Reserves**

A reserves policy is under review as 2021 was the first year AIM held reserves.

The amount of reserves held is as follows:-

Restricted reserves £18,697 Unrestricted Reserves £2,680

### **Going Concern**

Art in Mind is a well-funded and managed Charity and is a going concern.

**ART IN MIND BRIGHTON**  
**TRUSTEES' REPORT (continued)**  
**FOR THE YEAR ENDED 31ST MARCH 2022**

**Responsibilities of Trustees**

Charity law requires the Board of Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity and of its incoming resources and resources expended for the period. In preparing those financial statements, the Board of Trustees should follow best practice and are required

- select suitable accounting policies and apply them consistently
- make judgments and estimates that are reasonable and prudent
- comply with applicable accounting standards subject to any material departures disclosed and explained in the financial statements
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that charity will continue in operation

The Board of Trustees is responsible for maintaining proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 1993. They are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities and to provide reasonable assurance that:-

- the charity is operating efficiently and effectively
- all assets are safeguarded against unauthorised use or disposition and are properly applied
- proper records are maintained and financial information used within the charity or for publication is reliable
- the charity complies with relevant laws and regulations

The systems of internal control are designed to provide reasonable but not absolute assurance against material misstatement or loss.

Approved by the Trustees on.....

21/1/23

Signed on their behalf by Trustee .....

*Nick Radford*

Printed Name:

Nick Radford

## **ART IN MIND BRIGHTON**

### **INDEPENDENT EXAMINER'S REPORT ON THE ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2022**

Report to the trustees/ members of Art in Mind Brighton on the accounts for the year ended 31st March 2022.

#### **Respective responsibilities of trustees and examiner**

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and
- to state whether particular matters have come to my attention

#### **Basis of independent examiner's statement**

My examination was carried out in accordance with general directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts, and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

#### **Independent examiner's statement**

In connection with my examination, no matter has come to my attention

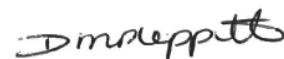
1. which gives me reasonable cause to believe that in, any material respect, the requirements:

- to keep accounting records in accordance with section 130 of the Charities Act; and
- to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act

have not been met; or

2. to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Donna Leppitt  
Independent Examiners Ltd  
Unit 2  
The Broadridge Business Centre  
Delling Lane  
Bosham  
PO18 8NF



Date: 23rd January 2023



**ART IN MIND BRIGHTON**

**STATEMENT OF FINANCIAL ACTIVITIES**  
**FOR THE YEAR ENDED 31ST MARCH 2022**

|  | <b>Notes</b> | <b>Unrestricted<br/>Funds<br/>£</b> | <b>Restricted<br/>Funds<br/>£</b> | <b>Total<br/>2021/22<br/>£</b> | <b>Total<br/>2020/21<br/>£</b> |
|--|--------------|-------------------------------------|-----------------------------------|--------------------------------|--------------------------------|
| <b>RECEIPTS</b>                          |              |                                     |                                   |                                |                                |
| Donations & Legacies                     | <b>3</b>     | 9,966                               | 42,161                            | 52,127                         | 31,877                         |
| <b>TOTAL RECEIPTS</b>                    |              | <b>9,966</b>                        | <b>42,161</b>                     | <b>52,127</b>                  | <b>31,877</b>                  |
| <b>PAYMENTS</b>                          |              |                                     |                                   |                                |                                |
| Costs of Charitable Activities           | <b>4</b>     | 7,297                               | 29,617                            | 36,914                         | 31,799                         |
| <b>TOTAL PAYMENTS</b>                    |              | <b>7,297</b>                        | <b>29,617</b>                     | <b>36,914</b>                  | <b>31,799</b>                  |
| <b>NET INCOMING/(OUTGOING) RESOURCES</b> |              | <b>2,669</b>                        | <b>12,544</b>                     | <b>15,213</b>                  | <b>78</b>                      |
| <b>TRANSFERS BETWEEN FUNDS</b>           | <b>5</b>     | -                                   | -                                 | -                              | -                              |
| <b>NET MOVEMENT IN FUNDS</b>             |              | <b>2,669</b>                        | <b>12,544</b>                     | <b>15,213</b>                  | <b>78</b>                      |
| <b>RECONCILIATION OF FUNDS:</b>          |              |                                     |                                   |                                |                                |
| Balances Brought Forward                 |              | 11                                  | 6,154                             | 6,165                          | 6,087                          |
| <b>BALANCES CARRIED FORWARD</b>          |              | <b>2,680</b>                        | <b>18,697</b>                     | <b>21,378</b>                  | <b>6,165</b>                   |

All of the Charity's operations are classed as continuing operations.

The notes form part of these financial statements, found on pages:- 11 to 14

# ART IN MIND BRIGHTON

## STATEMENT OF ASSETS AND LIABILITIES AS AT 31 MARCH 2022

|                             |   | Unrestricted<br>Fund<br>£ | Restricted<br>Fund<br>£ | Total<br>31-Mar-22<br>£ | Total<br>31-Mar-21<br>£ |
|-----------------------------|---|---------------------------|-------------------------|-------------------------|-------------------------|
| <b>Cash Funds</b>           |   |                           |                         |                         |                         |
| Cash at bank and in hand    | 6 | 2,680                     | 18,697                  | 21,378                  | 6,165                   |
| <b>Total Current Assets</b> |   | <b>2,680</b>              | <b>18,697</b>           | <b>21,378</b>           | <b>6,165</b>            |
| <b>NET ASSETS</b>           |   | <b>2,680</b>              | <b>18,697</b>           | <b>21,378</b>           | <b>6,165</b>            |
| <b>Represented by:</b>      |   |                           |                         |                         |                         |
| General Funds               |   | 2,680                     | -                       | 2,680                   | 11                      |
| Restricted funds            | 5 | -                         | 18,697                  | 18,697                  | 6,154                   |
| <b>TOTAL FUNDS</b>          |   | <b>2,680</b>              | <b>18,697</b>           | <b>21,378</b>           | <b>6,165</b>            |

### Liabilities:

Independent Examiner's Fee

840 -

**840 -**

### TRUSTEES RESPONSIBILITIES IN RELATION TO FINANCIAL STATEMENTS

The trustees are responsible for keeping proper accounting records, which disclose with reasonable accuracy at any time the financial position of the trust. They are also responsible for safeguarding the assets of the trust and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Charity Law requires the Trustees to prepare financial statements for each financial year which comply with the regulations set out in the Charities Act 2011. The Trustees have elected to take advantage of the provisions that apply to small charities and have prepared a Receipts and Payments Account and Statement of Assets and Liabilities which are set out on pages:-  
11 to 14

Approved by the Trustees on 21<sup>st</sup> Jan 23

Signed on their behalf by Trustee

Printed Name:

Nick Rodgers

**ART IN MIND BRIGHTON**  
**NOTES TO THE ACCOUNTS**  
**FOR THE YEAR ENDED 31ST MARCH 2022**

**1. ACCOUNTING POLICIES**

The accounts have been prepared under the "Receipts and Payments" basis as prescribed by the Charity Commissioners, and they meet the appropriate legal requirements.

**2. TANGIBLE FIXED ASSETS**

The Charity held no fixed assets investments during this or the previous financial period.

# ART IN MIND BRIGHTON

## NOTES TO THE ACCOUNTS FOR THE YEAR ENDED 31ST MARCH 2022

### 3. INCOMING RESOURCES

| Note                                | Unrestricted<br>Funds<br>£ | Restricted<br>Funds<br>£ | Total<br>2021/22<br>£ | Total<br>2020/21<br>£ |
|-------------------------------------|----------------------------|--------------------------|-----------------------|-----------------------|
| <b>Donations &amp; Legacies</b>     |                            |                          |                       |                       |
| National Lottery Community Fund     | -                          | -                        | -                     | 9,390                 |
| Brighton Hove Youth Led Grant       | 4,800                      | -                        | 4,800                 | 2,460                 |
| Sussex Crisis Fund Sussex Community | -                          | 9,980                    | 9,980                 | 4,827                 |
| Resilient Art A4A/Awards for All    | -                          | 10,000                   | 10,000                | 10,000                |
| Mindful Art                         | -                          | 2,940                    | 2,940                 | 5,200                 |
| Arts Council                        | -                          | 14,241                   | 14,241                | -                     |
| Chalk Cliff Trust                   | 1,000                      | -                        | 1,000                 | -                     |
| Brighton Community Fund             | 3,500                      | -                        | 3,500                 | -                     |
| Creative Counselling                | -                          | 5,000                    | 5,000                 | -                     |
| Aims Counselling                    | 650                        | -                        | 650                   | -                     |
| Sundry income                       | 16                         | -                        | 16                    | -                     |
|                                     | <b>9,966</b>               | <b>42,161</b>            | <b>52,127</b>         | <b>31,877</b>         |

### 4. RESOURCES EXPENDED

| Note                            | Unrestricted<br>Funds<br>£ | Restricted<br>Funds<br>£ | Total<br>2021/22<br>£ | Total<br>2020/21<br>£ |
|---------------------------------|----------------------------|--------------------------|-----------------------|-----------------------|
| <b>Charitable Activities</b>    |                            |                          |                       |                       |
| National Lottery Community Fund | -                          | -                        | -                     | 9,384                 |
| Brighton Hove Youth Led Grant   | -                          | -                        | -                     | 2,459                 |
| Sussex Crisis Fund              | -                          | -                        | -                     | 4,826                 |
| Awards for All                  | -                          | -                        | -                     | 4,089                 |
| Mindful Art                     | -                          | -                        | -                     | 7,642                 |
| Thrive Tampon Tax SCF           | -                          | -                        | -                     | 1,839                 |
| A4A Zine Project                | -                          | -                        | -                     | 1,345                 |
| Unreserved                      | -                          | -                        | -                     | 215                   |
| Equipment                       | 65                         | 1,237                    | 1,302                 | -                     |
| Facilitation                    | 6,600                      | 18,620                   | 25,220                | -                     |
| Food                            | 456                        | 1,079                    | 1,535                 | -                     |
| Materials                       | 389                        | 1,112                    | 1,501                 | -                     |
| Publicity                       | 68                         | 166                      | 233                   | -                     |
| Room booking                    | 1,000                      | 3,200                    | 4,200                 | -                     |
| Sundries                        | (3,226)                    | 3,226                    | -                     | -                     |
| One to one Session              | -                          | 95                       | 95                    | -                     |
| Subscriptions                   | 72                         | 173                      | 245                   | -                     |
| Insurance                       | 270                        | -                        | 270                   | -                     |
| Operational                     | 41                         | 60                       | 101                   | -                     |
| Research                        | 210                        | -                        | 210                   | -                     |
| Supervision                     | 1,095                      | 490                      | 1,585                 | -                     |
| Training                        | 25                         | 160                      | 185                   | -                     |
| Travel                          | 233                        | -                        | 233                   | -                     |
|                                 | <b>7,297</b>               | <b>29,617</b>            | <b>36,914</b>         | <b>31,799</b>         |

This page does not form part of the statutory financial statements

# ART IN MIND BRIGHTON

## NOTES TO THE ACCOUNTS (continued) FOR THE YEAR ENDED 31ST MARCH 2022

### 5. RESTRICTED FUNDS

#### CURRENT FINANCIAL YEAR

|                             | Balance<br>01-Apr-21 | Income<br>£ | Expenditure<br>£ | Gains &<br>Losses<br>£ | Transfer<br>£ | Balance<br>31-Mar-22<br>£ |
|-----------------------------|----------------------|-------------|------------------|------------------------|---------------|---------------------------|
| <b>Arts Council</b>         |                      |             |                  |                        |               |                           |
| Income                      | -                    | 14,241      | -                | -                      | -             | 14,241                    |
| Materials                   | -                    | -           | (543)            | -                      | -             | (543)                     |
| Facilitation                | -                    | -           | (3,020)          | -                      | -             | (3,020)                   |
| Equipment                   | -                    | -           | (1,012)          | -                      | -             | (1,012)                   |
| Publicity                   | -                    | -           | (103)            | -                      | -             | (103)                     |
| Room Hire                   | -                    | -           | (1,200)          | -                      | -             | (1,200)                   |
| Food                        | -                    | -           | (28)             | -                      | -             | (28)                      |
| Total                       | -                    | 14,241      | (5,906)          | -                      | -             | 8,335                     |
| <b>Awards for all</b>       |                      |             |                  |                        |               |                           |
| Group Facilitators          | -                    | -           | (5,160)          | -                      | -             | (5,160)                   |
| Publicity                   | -                    | -           | (63)             | -                      | -             | (63)                      |
| Food Travel                 | -                    | -           | (165)            | -                      | -             | (165)                     |
| Materials                   | -                    | -           | (365)            | -                      | -             | (365)                     |
| Equipment                   | -                    | -           | (98)             | -                      | -             | (98)                      |
| Subscriptions               | -                    | -           | (58)             | -                      | -             | (58)                      |
| Total                       | 5,911                | -           | (5,909)          | -                      | -             | 2                         |
| <b>Mindful Art</b>          |                      |             |                  |                        |               |                           |
| Income                      | -                    | 2,940       | -                | -                      | -             | 2,940                     |
| Sundries-One to one         | -                    | -           | (2,940)          | -                      | -             | (2,940)                   |
| Materials                   | -                    | -           | (8)              | -                      | -             | (8)                       |
| Food Drink                  | -                    | -           | (233)            | -                      | -             | (233)                     |
| Total                       | 242                  | 2,940       | (3,181)          | -                      | -             | 1                         |
| <b>Sussex Community</b>     |                      |             |                  |                        |               |                           |
| Income                      | -                    | 9,980       | -                | -                      | -             | 9,980                     |
| Facilitator                 | -                    | -           | (7,120)          | -                      | -             | (7,120)                   |
| Equipment                   | -                    | -           | (127)            | -                      | -             | (127)                     |
| Room Hire                   | -                    | -           | (1,000)          | -                      | -             | (1,000)                   |
| Sundries re Publicity       | -                    | -           | (286)            | -                      | -             | (286)                     |
| Operational                 | -                    | -           | (60)             | -                      | -             | (60)                      |
| Subscriptions               | -                    | -           | (115)            | -                      | -             | (115)                     |
| Food Travel                 | -                    | -           | (446)            | -                      | -             | (446)                     |
| Training                    | -                    | -           | (160)            | -                      | -             | (160)                     |
| Supervision                 | -                    | -           | (380)            | -                      | -             | (380)                     |
| Total                       | -                    | 9,980       | (9,695)          | -                      | -             | 285                       |
| <b>Resilient Arts</b>       |                      |             |                  |                        |               |                           |
| Income                      | -                    | 10,000      | -                | -                      | -             | 10,000                    |
| Facilitation                | -                    | -           | (3,320)          | -                      | -             | (3,320)                   |
| Food Travel                 | -                    | -           | (207)            | -                      | -             | (207)                     |
| Materials                   | -                    | -           | (195)            | -                      | -             | (195)                     |
| Total                       | -                    | 10,000      | (3,722)          | -                      | -             | 6,278                     |
| <b>Creative Counselling</b> |                      |             |                  |                        |               |                           |
| Income                      | -                    | 5,000       | -                | -                      | -             | 5,000                     |
| Counselling                 | -                    | -           | (95)             | -                      | -             | (95)                      |
| Supervision                 | -                    | -           | (110)            | -                      | -             | (110)                     |
| Room Hire                   | -                    | -           | (1,000)          | -                      | -             | (1,000)                   |
| Total                       | -                    | 5,000       | (1,205)          | -                      | -             | 3,795                     |
| <b>Grand Total</b>          | 6,154                | 42,161      | (29,617)         | -                      | -             | 18,697                    |

This page does not form part of the statutory financial statements

## ART IN MIND BRIGHTON

### NOTES TO THE ACCOUNTS (continued) FOR THE YEAR ENDED 31ST MARCH 2022

#### 5. RESTRICTED FUNDS (Continued)

##### PREVIOUS FINANCIAL YEAR

Balance  
31-Mar-21

|                            |              |
|----------------------------|--------------|
| Arts Council Total         | -            |
| Awards for all Total       | 5,911        |
| Mindful Art Total          | 242          |
| Sussex Community Total     | -            |
| Resilient Arts Total       | -            |
| Creative Counselling Total | -            |
| <b>Grand Total</b>         | <b>6,154</b> |

The Restricted Funds are wholly represented by the Charity's cash reserves and are to be expended as specified above.

#### 6. CASH AT BANK AND IN HAND

|                 | Unrestricted<br>Funds<br>£ | Restricted<br>Funds<br>£ | <b>Total<br/>31-Mar-22<br/>£</b> | <b>Total<br/>31-Mar-21<br/>£</b> |
|-----------------|----------------------------|--------------------------|----------------------------------|----------------------------------|
| Current Account | 2,680                      | 18,697                   | 21,378                           | 6,165                            |
|                 | <u>2,680</u>               | <u>18,697</u>            | <u>21,378</u>                    | <u>6,165</u>                     |

#### 7. STAFF COSTS AND NUMBERS

The Charity employed no members of staff during this or the previous financial period.

#### 8. TRUSTEES AND OTHER RELATED PARTIES

No payments were made to trustees or any persons connected with them during this financial period. No material transaction took place between the organisation and a trustee or any person connected with them.

(2020/21- None)

#### 9. RISK ASSESSMENT

The Trustees actively review the major risks which the charity faces on a regular basis and believe that maintaining the free reserves stated combined with the annual review of the controls over key financial systems carried out on an annual basis will provide sufficient resources in the event of adverse conditions. The Trustees have also examined other operational and business risks which they face and confirm that they have established systems to mitigate the significant risks.

#### 10. RESERVES POLICY

The Trustees have considered the level of reserves they wish to retain, appropriate to the charity's needs. This is based on the charity's size and the level of financial commitments held. The Trustees aim to ensure the charity will be able to continue to fulfil its charitable objectives even if there is a temporary shortfall in income or unexpected expenditure. The trustees will endeavour not to set aside funds unnecessarily.

#### 11. PUBLIC BENEFIT

The Charity acknowledges its requirement to demonstrate clearly that it must have charitable purposes or 'aims' that are for the public benefit. Details of how the charity has achieved this are provided in the Trustees report. The Trustees confirm that they have paid due regard to the Charity Commission guidance on public benefit before deciding what activities the charity should undertake.