

# **DEMENTIA FRIENDLY HAMPSHIRE**

(CHARITY NUMBER : 1165292)

REPORT AND UNAUDITED ACCOUNTS

31 Mar 2025

## DEMENTIA FRIENDLY HAMPSHIRE

### TRUSTEES ANNUAL REPORT FOR THE PERIOD 1<sup>st</sup> April 2024 - 31st March 2025

#### Introduction

The Trustees present their report and unaudited financial statements for the year to 31st March 2025.

The legal and administrative information set out below forms part of this report. The financial statements comply with current statutory requirements, the CIO's governing constitution, the requirements of the Charities Act 2011 and the Charities SORP (FRS 102).

#### Reference and administrative details

The CIO registered with the Charity Commission in England and Wales on 25 January 2016 and commenced operation on 1 April 2016.

The CIO was established under a governing constitution, which established the objects and powers of the CIO.

Registered Charity Number	1165292
Principal / registered address	Dementia Friendly Hampshire C/O Community First, 163 West Street, Fareham, Hampshire, PO16 0EF
Trustees during the year and to date:	Mrs S Scott Mr A Fisher Mrs L Barton Mr K Snelling Mrs R Raines
Bankers	Yorkshire Bank (Virgin Banking) 7 Gold Street, Northampton, NN1 1 EN

These accounts have been independently examined by:

### **Structure Governance and Management**

#### **Appointment, retirement and training of the Trustees**

Our board has remained constant at 5 members.

#### **Governance of the Charity**

A long-term business plan has been drawn up and includes short term objectives this business plan will be reviewed during 2025 and annually thereafter.

#### **Risk management**

The Trustees are satisfied that systems and procedures are in place to manage those risks or that action is being taken to establish such systems and procedures.

### **Objects of the charity**

#### **Our Objective**

To inspire and drive forward the development of Dementia Friendly Communities across Hampshire and to support dementia action groups in those communities.

#### **The Charitable aim of the charity**

To promote social inclusion for the public benefit of people diagnosed with dementia who are excluded from society, or part of society because of their illness

#### **Our vision**

To enable the charitable aim through raising public awareness of the issues faced by people with dementia and their families:

- By undertaking campaigns, workshops and other events,
- Supporting the development of local network groups and linking these to make them more effective,
- Supporting the increase and co-ordination of opportunities for people affected by dementia to engage within the communities and enable those communities to adapt services to better meet their needs,
- Creating opportunities for people affected by dementia to stay as active as possible.
- Creating opportunities for people affected by dementia to stay connected to nature by running activities in 'blue/green spaces' (within forests and parks and near to lakes, rivers and the coast)

### **Background**

In response to the growing problem of dementia, in March 2012 David Cameron, as Prime Minister, set the Dementia Challenge - to deliver major improvements in dementia care and research. In that challenge, there was a commitment to the development of dementia friendly communities across the UK. A dementia friendly community (DFC) is one where people with dementia are enabled to live as independently as possible and to continue to be part of their community, but at the same time, are met with understanding and given support when needed. At the forefront of the work nationally Hampshire County Council awarded an initial two-year contract to conduct a pilot project to Andover Mind in March 2013. On 1 April 2016, Dementia Friendly Hampshire, established as a new charity separate from Andover Mind, took over the DFH project.

### **Public Benefit**

The information and support we offer are aimed at encouraging communities to take responsibility for making their localities dementia friendly. We seek to ensure people affected by dementia are given a voice. We explore innovative projects to support people with dementia to live as well as possible.

## **Achievements and performance**

### **Dementia Awareness:**

We continue offering awareness sessions for businesses and organisation within Hampshire. These are not Dementia Friends sessions, but bespoke sessions to address issues which the staff will actually see in their own environments. We will develop these sessions so that they can be handed over to the organisations to run on an ongoing basis for sustainability.

Since the Alzheimer's Society changed the Dementia Friends Scheme, the majority of local Dementia Friends Champions were unwilling to continue in this new more demanding role; we have a couple of Ambassadors we can approach but will also offer our own bespoke sessions as required. In order to continue offering awareness in a more effective and efficient way and to provide bespoke sessions (with the loss of many of the Dementia Friends Champions), the intention is that the awareness sessions we are already creating, will be extended to include other types of businesses and be made available to former Dementia Friends Champions and our Dementia Action Groups.

DFH also provides awareness about dementia and the support offered to those affected by the condition by involvement in local events.

### **Dementia Events:**

DFH has been involved in the following events so far this year:

Event in Fareham Mall for DAW24 – May

Alton Dementia Information Day DAW24 - May

Romsey Information Day DAW24 - May

Havant Dementia Information Fayre - June

Fareham Community Day – July

Romsey Demfest – September

East Hants Dementia Festival – October

Purple Tuesday (Awareness of Hidden Disabilities) – November

## **Funded Projects**

### **PALs Project (Fareham and Havant)**

DFH received funding for this project for both Fareham and for Havant prior to Covid Lockdown. Unfortunately changes to domiciliary Care during and since Covid means that we are no longer to achieve our original goals. We agreed with Hampshire CC to change the focus of the funding to explore issues and solutions to supporting those with Young Onset Dementia and Male Carers.

### **Young Onset Dementia:**

Young Onset Dementia (YoD) is a term used to describe those who are diagnosed with dementia aged 65 years or younger. It is believed that around 7% of those with dementia are within this age group and they have different needs to those who are older, retired and no longer have dependent children. They often face financial concerns if they are no longer able to work and/or have additional care needs. There is a definite lack of services for this group within Hampshire. DFH already supports 'The Saturday Club'; monthly sessions aiming to provide more appropriate support and peer interaction for those affected by YoD via our banking facilities and insurance.

Hampshire County Council have agreed we can use a portion of the remaining PALs funding to explore the needs of those living with YoD by researching provision across other areas of the UK and by surveying people affected by YoD here in Hampshire. Funding would also be used to pilot some sessions designed around the outcomes from this research.

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#### **Male Carers:**

It is very obvious that the majority of carers attending support groups within Hampshire are female, though it has not been well understood why there are so few male carers attending. This is especially concerning when statistics suggest that the gender split for diagnosis of dementia shows that slightly more women are diagnosed than men. There will be a proportion of women diagnosed with dementia who are cared for by daughters or other female relatives, but there must also be a large proportion of women cared for by spouses who are not benefitting from the support provided by groups.

Hampshire County Council have agreed we can use a portion of the remaining PALs funding to explore the needs of male carers by researching provision across other areas of the UK and by surveying male carers here in Hampshire. Funding would also be used to pilot some sessions designed around the outcomes from this research.

#### **Southampton ISPACE**

We have received confirmation from Southampton that they no longer wish to proceed with this programme. They are happy that we retain the funds and use them to support residents of Southampton to join in with our activities.

#### **Out & About**

DFH were awarded funding to support people affected by dementia to get back out into the Community following the Covid lockdowns. We continue to use the residue of this funding in creating the opportunities for outings.

#### **Funding for New Forest and Eastleigh.**

DFH were successful in gaining funding for projects in these areas to run projects similar to Out & About but with the addition of working with venues to undertake an environmental audit and to add information to their Accessibility information on their websites. Work continues on these projects.

#### **Energise Me**

DFH were awarded funding from Energise Me to run outdoor sessions building upon the sessions we run in partnership with DF Alton at Alice Holt and the sessions we ran in the New Forest as part of the Enliven Project (Exeter University and New Forest National Park). This funding enabled us to cover the cost for the Flourish sessions at Alice Holt throughout this financial period. In addition, we were able to continue partnering with PEDALL to run cycling sessions in the New Forest and to trial sessions at Pavilion in the Park in Eastleigh and at Hilsea in Portsmouth. We sub-contracted Recapture Life to run some Equestrian sessions at the South Downs Equestrian Centre at Cowplain. We also included provision to cover our gardening sessions at Havant.

#### **Meeting Centres:**

We have been working in Partnership with Worcester University, Dementia Friendly Alton (DF Alton) and Barbara Stephens of Dementia Pathfinders to look at options for creating meeting centres across Hampshire.

#### **Alton:**

We have been partnering with DF Alton to run the Alton Meeting Centre. Last year we secured National Lottery funding to run the Meeting Centre for 3 years. Currently DFH still manage the funding, and the Centre Manager is employed by DFH. DFH have supported DF Alton to gain Charity Status as their operations are now large enough operationally and financially to warrant a stand-alone charity. They have now moved to and provide management for the Alton Assembly Rooms on Alton High Street, and this has become the new Meeting Centre. We delayed the transfer of ownership of the National Lottery funding from DFH to DFA due to the additional workload for the new charity to organise building work and set up the structure to manage the building. We had hoped to complete the transfer by the end of the 2024-25 financial year, however workload to manage additional building works, source additional funding and effort required to create the management infrastructure to run the centre has proved more than anticipated. Due to personal issues, the DF Alton Treasurer has also had to step down. In agreement with the National Lottery, it has been decided not to increase everyone's workload to make this transfer when there are only a couple of payments remaining. DF Alton have taken responsibility for all of the reporting on the funding and will

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### **TRUSTEES ANNUAL REPORT FOR THE PERIOD 1st April 2024 - 31st March 2025**

declare the lottery funding through their accounts. DF Alton have also taken responsibility for employment of their Meeting Centre Manager, and he has been removed from our payroll.

#### **Havant:**

The work to create a Meeting Centre in Havant continues. The DF Havant Borough group are very close to gaining Charity Status which will enable them to open a bank account, and we can transfer their funds across to them. They will also be able to gain their own funding to create and manage a Meeting Centre.

We identified an alternative venue at The Pallant Centre in the centre of Havant and DFH had committed to run groups within the centre to secure availability for at least one day each week for one year from May 2024. The Energise-me funding enabled us to run the gardening group in the garden room, courtyard and walled garden. We also started a Memory Choir using remaining funds from the Mayoral Fund.

We continue to partner with Kym Devine of Creative Poetry and Reminiscence, and they are also interested in using the space. Together with Kym we have secured some funding from Literature Works for these sessions.

DFH has also received a donation from the 'Cameo' Group to support the creation of Memory Choirs in Havant and in Fareham. The Fareham work will also be supported by funds from DF Fareham and donations from The Golden Bowler Pub. We have recently obtained further funding from Havant Lottery for the Havant choir.

#### **Additional Information:**

##### **Hayling Island Newspaper Articles:**

DFH continues to support DF Hayling Island in writing a monthly column in the local newspaper.

##### **Dementia Action Week 2025:**

Plans for events during this week are already underway.

##### **Dementia Friendly Hampshire Website**

Our website consultant has experienced some serious health issues during 2023. He has now retired and closed his business. He will continue to support us as a volunteer, and we plan to work to relaunch the website in the next few months. We have identified a format and a colour palette. We have changed to our new host domain and moved content across. The basic new format is in place, but we need to populate the website with more content.

##### **Support to other Dementia Friendly and Community Groups**

DFH continue to support other DF and Community Groups holding funds, helping with funding and other admin.

**Financial review**

For the period 1<sup>st</sup> April - 31st March 2025 the total income in the period was **£134,040.81** and total expenditure amounted to **£130,552.34**.

Total funds on 31st March 2025 were **£30,557.29** which is a mix of general funds and restricted funds.

**Reserves Policy**

The charity aims to maintain minimum reserves equating to 3 months running costs. The trustees continue to keep levels of reserves under review.

**Statement of responsibilities of the trustees**

The trustees are responsible for preparing the Annual Report and the financial statements in accordance with the applicable law and the United Kingdom Generally Accepted Accounting Practice (UK GAAP).

The Charities Act requires the Trustees to prepare financial statements for each financial year which give a true and fair view of the state of affairs of the charity at the end of the year and of the surplus or deficiency for the year then ended.

In preparing those financial statements, the Trustees are required to:

- select suitable accounting policies and then apply them consistently
- make judgements and estimates that are reasonable and prudent
- state whether applicable accounting standards have been followed, subject to any material departures disclosed and explained in the financial statements; and
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charity will continue in operation

The Trustees are responsible for keeping proper accounting records which disclose with reasonable accuracy at any time the financial position of the charity and to enable them to ensure that the financial statements comply with the Charities Act 2011. The Trustees are also responsible for safeguarding the assets of the charity and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

# DEMENTIA FRIENDLY HAMPSHIRE

## TRUSTEES ANNUAL REPORT FOR THE PERIOD 1<sup>st</sup> April 2024 - 31st March 2025

(Including Income and Expenditure Account)

		Restricted	Unrestricted	Total
		Funds	funds	Mar 2025
	Notes	£	£	£
INCOME				
Donations and legacies		1,213.69	1,774.25	2,987.94
Grant Funding		126,622.82		126,622.82
Investment/cashback income			1,042.71	1,042.71
Lottery income		208.80		208.80
Recycling Income			44.00	44.00
Accounts Fee from Petersfield		180.00		180.00
CPAR2 work		1,564.09		1,564.09
Payments for activities		324.00		324.00
Other			1,066.45	1,066.45
<b>TOTAL INCOME</b>		<b>130,113.4</b>	<b>3,927.41</b>	<b>134,040.81</b>
EXPENDITURE				
Charitable activities				130,552.34
Payments to Creditors				-
<b>TOTAL EXPENDITURE</b>				<b>130,552.34</b>
<b>NET INCOME FOR THE YEAR</b>				<b>3,488.47</b>

The Statement of Financial Activities includes all gains and losses recognised in the year.

All income and expenditure derive from continuing activities.

			Mar 2025
			£
CURRENT ASSETS			
Debtors			-
Cash at bank and in hand			<b>30,557.29</b>
CREDITORS: amounts falling due within one year			0
<b>NET ASSETS</b>			<b>30,557.29</b>
FUNDS			
Restricted funds			
Unrestricted funds			
<b>TOTAL FUNDS</b>			<b>30,557.29</b>

## 1 ACCOUNTING POLICIES

### a) Accounting convention

The financial statements have been prepared in accordance with Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) - (Charities SORP (FRS 102)), and the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102).

The charity meets the definition of the public benefit entity under FRS 102. Assets and liabilities are initially recognised at historical cost or transaction value unless otherwise stated in the relevant accounting policy note.

The accounts have been prepared on the going concern basis. There are no material uncertainties about the charity's ability to continue.

### b) Income

All income is included in the Statement of Financial Activities when the charity is entitled to the income, and the amount can be quantified with reasonable accuracy. The following specific policies are applied to particular categories of income.

- Donations and legacies income is accounted for when receivable.
- Income from charitable activities is accounted for when earned

### c) Expenditure

Expenditure is recognised on an accrual basis as a liability is incurred. It includes any VAT which cannot be fully recovered, and is reported as part of the expenditure to which it relates:

Charitable activities comprise those costs incurred by the charity in the delivery of its activities and services for its beneficiaries.

### d) Fund accounting

Funds held by the charity are either:

Unrestricted general funds	Funds which can be used in accordance with the charitable objects at the discretion of the trustees.
Restricted funds	Funds that can only be used for particular restricted purposes within the objects of the charity. Restrictions arise when specified by the donor or when funds are raised for a particular restricted purpose.

**DEMENTIA FRIENDLY HAMPSHIRE****TRUSTEES ANNUAL REPORT FOR THE PERIOD 1<sup>st</sup> April 2024 - 31st March 2025****LEGAL STATUS**

The CIO was registered on 25 January 2016 with the Charity Commission in England and Wales. The registered number is 1165292. The charity is a public benefit entity.

The registered office of the charity is c/o Communities First, 163 West Street, Fareham, PO16 0EF

CHARITABLE ACTIVITIES INCOME	Restricted funds	Unrestricted funds	Total
			Mar 2025
	£	£	£
Project Income	1,439.08	1,548.86	2,987.94
Grant Funding	126,622.82		126,622.82
STAFF COSTS			
			Mar 2025
			£
Wages and salaries			25,084.16
Pension costs			1,360.16

The average number of employees in the year was 1.5.

No employees received emoluments over £60,000 during the current or prior year.

Total pension contributions of £1,360.16 were paid by the charity.

CHARITABLE ACTIVITIES EXPENDITURE	Restricted funds	Unrestricted funds	Total
			2024-25
	£	£	£
Wages and salaries	24,342.24	741.92	25,084.16
Pension	1,300.16	60.00	1,360.16
Printing, postage & stationery	497.06	22.00	519.06
Publicity and Promotion	38.40	-	38.40
Insurance	410.90	25.00	435.90
Subscriptions	-	10.00	10.00
Travel	2,529.50	54.00	2,583.50
Telephone	380.00	199.85	579.85
Computing & Software	200.00	116.75	316.75
Payroll processing	391.20	-	391.20
Training	1,015.00	-	1,015.00
Sundry	5,001.59	-	5,001.59
Invoices	93,086.77	-	93,086.77
Other	130.00	-	130.00
<b>Total Charitable activities expenditure</b>	<b>129,322.82</b>	<b>1,229.52</b>	<b>130,552.34</b>
Payments to creditors			-
<b>Total expenditure</b>			<b>130,552.34</b>

**DEMENTIA FRIENDLY HAMPSHIRE-**

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<b>CREDITORS</b>	Mar 2025
	£
	Mar 2025
<b>CREDITORS: amounts falling due within one year</b>	£
Amounts held as Custodian Trustee (see note 12)	31,782.89
<b>Total Creditors</b>	<b>31,782.89</b>

RESTRICTED FUNDS	At beginning of period	Incoming Resources	Resources expended	At end of period
	£	£	£	£
Whitehill & Bordon	69.24	-	25.00	44.24
Fareham Consultation	507.90	-	60.00	447.90
Hampshire CC - Staunton	500.00	-	-	500.00
Hampshire CC O&A2	2,262.37	-	78.00	2,184.37
Hampshire CC YoD	4,456.00	-	2,352.50	2,103.50
Hampshire CC Male Carers	4,524.00	-	2,462.50	2,061.50
Eastleigh	2,032.99	-	457.00	1,575.99
New Forest	1,699.51	-	438	1,261.51
Chandlers Ford	447.80	-	132	315.8
Cameo – Memory Choirs	1,000.00	-	500.00	500.00
Havant Mayors Fund	2,101.18	-	320.00	1,781.18
Golden Bowler - Fareham	348.00	402.81	675.00	75.81
Southampton ISPACE	1,863.80	-	-	1,863.80
Literature Works	-	490.00	490.00	-
Hants CC – Energise-Me	-	46,350.00	43,350.00	3,000.00
HBC Payments	-	1,800.00	-	1,800.00
National Lottery	-	77,982.82	77,982.82	-
<b>Totals</b>	<b>21,812.79</b>	<b>127,025.63</b>	<b>129,322.82</b>	<b>19,515.60</b>

**DEMENTIA FRIENDLY HAMPSHIRE****TRUSTEES ANNUAL REPORT FOR THE PERIOD 1<sup>st</sup> April 2024 - 31st March 2025**

ANALYSIS OF NET ASSETS BETWEEN FUNDS	Restricted funds	Unrestricted funds	Total 2025
	£	£	£
Current assets	19,515.60	11,041.69	30,557.29
Current liabilities	31,782.89	-	31,782.89
<b>Total</b>	<b>51,298.49</b>	<b>11,041.69</b>	<b>62,340.18</b>

**RELATED PARTY TRANSACTIONS**

Neither the trustees nor any persons connected with them have received any remuneration or received any expenses during the year.

**AMOUNTS HELD AS CUSTODIAN TRUSTEES**

The charity holds money on behalf of other Dementia Friendly organisations as follows:

	Mar 2025
	£
Petersfield	19,728.30
Winchester	3,085.19
Bransgore & Ringwood	261.22
Hayling Island	1,429.06
3 Parishes	-28.00
Liss	884.07
Havant	1,850.80
Fareham & Gosport	1,771.94
Whitehill & Bordon (Sunflower Café )	2,535.08
Saturday Club	-280.00
DF Alton	455.23
Andover	90.00
<b>Total</b>	<b>31,782.89</b>