

Report of the Trustees and Financial Statements

A large, stylized graphic of a spotlight beam, composed of numerous parallel diagonal lines in shades of pink and red, originating from the bottom left and fanning out towards the top right.

Spotlight YOPD

01/04/2024 -
31/03/2025

Spotlight YOPD
Registered Charity number 1165177

CHAIRS REPORT



Spotlight YOPD has had a year of consolidation and continued significant growth.

During 2024, we took the decision to change our governance structure to reflect the maturity of the Charity, separating the Executive and Trustee Boards. This has resulted in some significant changes and the recruitment of new posts.

I would like to express my

thanks to Carl Beech for his tenure at Spotlight YOPD as CEO, he influenced significant changes and improved our support model. We wish him every success in the future.

In addition to the change in structure, 2024 saw new IT systems and the introduction of Podcasts and YOPD group Support Calls. As a result, the Board introduced a range of new policies, such as one for social media, to ensure we managed the risks associated with greater exposure.

We used Parkinson's awareness day in April 2024 to focus with our partners on awareness and in addition launched our updated website with revised content for those newly diagnosed.

The focus on the way we work as a charity and testing the boundaries with our support and awareness models means we are in an excellent position to continue influence and support the YOPD community next year.

May 2025 brings the end of my period as a trustee and the Chair of the trustees and so it seems proper for me to also thank my fellow trustees for their dedication and support and wish the new Chair, Dawn Harding, all the best for her role.

Nikki Cole

Chair, Spotlight YOPD

THANK YOU TO ALL OUR SUPPORTERS

Over the last year, we have welcomed many new supporters across the UK and the globe. Thank you all for your support and a special thanks to those who have fundraised and made donations to our charity so that we can continue our work.

Special thanks also go to:

- Trevor Hart of <https://www.trevorrayhart.com> for the photography project with some of our YOPD members to provide new images for our website.
- Handelsbanken and Karen Jones for their support and advice.
- Wide Slide <https://wideslide.uk> for building and maintaining our new website.
- Gavin Jones, our former trustee, for all his work on marketing and social media.
- Debbie Vernon, our former charity secretary, who brought structure and strong process to strengthen our governance.
- To Andrew Hobbs and Joy Milne, who stepped down as trustees, but picked up the baton as Patrons and who continue to add so much to our charity and the wider Parkinson's community.
- To Emma Edwards, who moved from trustee to our deputy CEO, and has strengthened our Executive Team.



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INTRODUCTION

Introduction

The Annual Report of Trustees is presented as both a general overview of the work undertaken by the Charity, but also as their report with the financial statements of the Charity for the period 1 April 2024 to 31 March 2025. Spotlight YOPD is a Charitable Incorporated Organisation (CIO) that is eligible for gift aid.

Objectives

The objects of the charity are:

- 1) To promote health and to relieve those suffering from Young Onset Parkinson's Disease (YOPD) and to provide support both for such persons and their families.
- 2) To advance the education of the public (including scientific education) and raise awareness in all areas relating to Young Onset Parkinson's Disease.

Vision:

Shining a light on better living now with young onset Parkinson's (YOPD) and researching for a brighter future.

Aims:

- To be "the voice" of YOPD
- To have a fully funded vision with an operational reserve
- To be the "go to" resource for information on YOPD
- Every major population centre to have a supportive network
- Faster diagnosis
- Campaigns

Values:

Our values are important to us and can be found on our website

<https://spotlightyopd.org/>

ACHIEVEMENTS AND PERFORMANCE

1. Raising Awareness and Engagement

There have been several new initiatives this year – some of which were highlighted in the last Annual Report as part of our Strategic direction

a) Spotlight YOPD Podcasts

Our CEO, Carl Beech, set up and ran several podcasts through this year. The aim of the podcasts was to bring the “lived experience” of people with YOPD to anyone newly diagnosed, so they can hear that it is possible to live with the condition and still have fun, after all having a positive attitude is the best approach to living with YOPD.

Contributors to the podcasts included a Parkinsons Nurse and people with lived experience of YOPD

Feedback was received from individuals with YOPD that this was a valuable resource and that they would like to see more of these in the future.

b) Spotlight YOPD Zoom Calls

The YOPD calls/ webinars, were facilitated by Carl as the CEO, Guest speakers included a neuro-physiotherapist, a Parkinsons nurse and a dietitian with YOPD. These were attended by over 30 people with YOPD on average and received positive feedback.

c) Parkinson’s Awareness Day 2024

Gaynor Edwards (Founder and Patron) and Carl Beech (CEO) were in London on 11 April 2024 for a key publicity moment outside Downing Street for the Parky Charter. Joining them were the CEOs from Parkinson’s UK and CareUK along with the Movers and Shakers group.

We launched our new website on World Parkinson's Day in 2024. This included our wall of fame, which invited people with YOPD to upload their image to the wall on our website. Matt Eagles, trustee, publicised the taking over of Piccadilly Circus where 100s pictures of people



with Parkinson's were illuminated on the electronic billboards, including Matt. Its sole purpose was to raise awareness.

Matt also publicised a song for World Parkinson's Day which was a remake of a Depeche Mode song called 'Shake the Disease' and he took part for an hour in a 24-hour livestream with PD Avengers called 'Spark the Night'.

Spotlight YOPD shared the videos that we made (under the campaign tile of “glitches”) on all our social media platforms, with the most views coming from Facebook and our website.

The podcasts were uploaded to the website along with a donations link.

Finally, new material related to psychological adjustment for those newly diagnosed with YOPD was made available on our website.

FUNDRAISING

We introduced some new platforms to help with fundraising:

Just Giving and Donorfy and we were thrilled to receive some significant donations: for example, one donor completed an ultra-marathon and a marathon raising over £1000 for us. We are very grateful for all fundraising in support of the YOPD community.

1. Social Media

Spotlight YOPD encourages all trustees, executives and other volunteers to use their own social media channels to promote the work that we undertake. In order to facilitate this, we wrote a policy to guide everyone.

We have seen a wonderful increase in the traffic flowing through our social media channels with the help of everyone involved.



2. External Activities and Influencing Opportunities

One of the key activity areas is to raise awareness of YOPD. Listed are some of the activities undertaken in 2024

- A meeting with Mims Davies, Disabilities Minister, in May 2024

Two interviews with Parkinson's Disease organisations outside the UK

- Development of advocacy work with Parkinson's UK around the Parky Charter
- A talk to 80 Clinicians in North Wales, a pain management team and a Myelodysplastic Syndrome (MDS) team in Wrexham
- Radio interviews, including regional BBC in the Channel Islands
- A meeting with the CEO of Fight Parkinson's in Australia
- Our CEO and some trustees were guests on the Together with Sharon Podcast (created to raise awareness and hope for a cure for Parkinson's).
- Our CEO worked as a consultant (voluntary) for a film about YOPD called "The Game" and attended on set to give guidance to the actors and coach. A financial contribution was made by Cure Parkinsons and Spotlight received a credit
- Participated in an online meeting with an NHS peer support group
- Attended the Cure Parkinson's conference in Grand Rapid
- Attended ParCon in Leeds

3. Partnerships

We believe in positive and productive partnerships and that we have a stronger voice together. We are keen to work with partners seeking to support the Parkinson's community and have key relationships with the following organisations:

Parkinson's UK

We maintained regular meetings over the year, CEO to CEO, Chair to Chair and involvement in a few specific projects.

Neurological Alliance

The Neurological Alliance is a key partner for Spotlight YOPD as it is both a group to lobby for neurological conditions and one that has a sub-group focussed on rare conditions affecting <2000 people in UK.

The Neurological Alliance put together a campaign for the election and Spotlight was involved in advocating to all prospective parliamentary candidates ahead of the election, to raise awareness of their one-in-six campaign, raising awareness of the number of people that have a neurological condition, including YOPD.

We have also shared the results of their annual survey of its members and anyone with a neurological condition to help with lobbying work.



Movers and Shakers

Our Founder and Patron, Gaynor Edwards, promoted links with “Movers and Shakers” and, as a result, many of our trustees, patrons and the CEO of Spotlight YOPD contributed to some of the “Movers and Shakers” podcasts.

Activities mapped against Spotlight YOPD Objectives:

Activity	Objective 1	Objective 2
Spotlight YOPD Podcasts	X	X
Spotlight YOPD Community Webinars	X	
Parkinsons Awareness Day 2024		X
Fundraising	X	X
Social Media	X	X
External Activities and Influencing	X	X
Partnerships	X	X

FUTURE PLANS

Our charity already has an overarching Strategy 2023 – 2027 in place, which aligns to our mission statement and charitable objectives.

Our plans for 2025/ 2026 build on this and four areas of key focus for our charity will be:

1. World Parkinsons Congress in Phoenix in May 2026.

This event provides an important opportunity to amplify the voice of those with YOPD and to broaden our network. We will be promoting the event and sending representation from the charity.

2. Supporting our Volunteers

Expanding on our objective to recruit and develop more volunteers, we will develop and consult on a new volunteering strategy.

The charity already has several volunteers and we have a volunteers agreement and enhanced training, but its important we have a clear strategy in place as those numbers expand.



3. Strengthening Partnerships.

Spotlight YOPD already works with other Parkinson's charities, with clinical specialists, research institutions and community groups, to raise awareness of the condition and to signpost to research and treatment options. It is however important that we continue to have clear principles and governance in place to ensure the best use of resources relative to our objectives. We will set out to complete a stakeholder mapping exercise with our trustees, executive team, patrons and ambassadors to ensure that this happens.

4. Medium Term Financial Plan

Spotlight YOPD has already put initiatives in place to support fundraising and financial planning. Our medium-term financial plan will build upon that to inform our future fundraising requirements and grant applications.

5. Building Our Brand

We will be developing brand guidelines and the use of campaigns and events to ensure we have a professional image that maximises our reach.

6. Families and carers

We plan to develop a network for those directly supporting the YOPDers as we have had requests for a network

RISK

Managing our risks continues to be an especially important aspect of our work as a Charity.

Being aware of those areas that may adversely impact on our vision, mission, aims and objectives is not simply good governance and good leadership and management, it also allows us to take action and proactively mitigate and improve in our work. The trustees remain committed to effective risk management, ensuring that significant threats to the charity's objectives are identified, assessed, and managed in line with best practice for UK Charitable Incorporated Organisations (CIOs). The Risk Register is reviewed regularly, and this process allows the Board to focus on higher-priority risks while monitoring emerging and lower-impact issues.

Safety of Trustees & Volunteers

This risk, first identified in 2024, remains high. The Charity recognises both the physical risks associated with attending external venues and events and also the emotional impact of supporting people with YOPD. The Board continues to view this as an important area, ensuring that trustees and volunteers can carry out their roles safely and with confidence.

Chairmanship, Senior and Specialist Skills Roles

This risk remains medium. The Charity recognises the importance of strong leadership and access to specialist skills and has taken steps to ensure continuity and resilience. A succession plan is in place, supported by a completed key skills matrix to identify strengths and gaps on the Board. In addition, a revised Trustee training programme is being introduced to mitigate any potential loss of expertise and to strengthen the overall capability of the Board. The Board remains confident that these measures ensure resilience in governance and leadership, supporting the Charity's ability to continue its work effectively.

Cyber Security (Risk)

A new risk was identified in 2025 reflecting the growing importance of cyber security. It is assessed as a medium risk. Insurance cover is in place, separate cyber insurance is not required due to existing protections under Google's systems. Mitigations include strong financial controls, revised training for Trustees and volunteers on phishing and cyber threats. This risk will be closely monitored as digital activity increases to ensure resilience is maintained.

Communication Management, Volunteer Training, and Copyright (Risk)

These risks remain assessed at medium in both 2024 and 2025. The Charity recognises the potential for reputational damage through miscommunication or errors in the age of social media, the importance of ensuring volunteers are appropriately trained in safeguarding and data confidentiality, and the need to follow copyright requirements. Mitigations in place include training for Trustees, volunteers and staff, an induction programme covering information governance, safeguarding and GDPR, and clear guidance on copyright compliance, including the creation of in-house resources and obtaining permissions where required. These controls remain effective in keeping the risks low, and the Board continues to monitor them to ensure that standards are maintained as the Charity grows.

Finance

In 2024, finance remained one of the top three risks, reflecting the possibility of financial pressures despite a stronger bank balance and early fundraising successes. In 2025, the risk score has reduced to medium 6. Mitigations are in place including internal controls, an agreed delegation of authority, monthly Board reporting and monitoring, a fundraising plan, and the adoption of a business plan to guide income generation and expenditure. These measures have increased confidence in the Charity's financial sustainability while ensuring appropriate oversight and accountability.

Other risks

Other risks have remained at a similar score over the year, except risk about the website and sustainability. In 2024, both Sustainability and Website risks were assessed as medium with a score of 8. In 2025, these risks have reduced to Score of 4, reflecting the Charity's progress in strengthening financial planning, embedding robust controls, and improving digital oversight. These areas will continue to be monitored to ensure the Charity maintains resilience in both long-term sustainability and digital operations.

Summary

Over the year we have continually monitored our risks and Trustees have reviewed them at Board meetings. Actions are in place to mitigate identified risks. Our risk management continues to mature and enhances our understanding and ability to identify and manage the risks we face as a small charity.

Sally Smith

Vice Chair 2024/25

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Charity is controlled by its governing document, a constitution of a Charitable Incorporated Organisation, dated 15 January 2016.

The 2023/24 Trustees Annual report was submitted to the Charity Commission and with the publication of the 24/25 report, we now have six sets of accounts with independent review.

All newly appointed trustees received comprehensive training on Safeguarding, Risk Management, and General Data Protection Regulation (GDPR) during their inductions.

During the year, the Board made key decisions to strengthen governance, improve transparency, and support growth. Highlights include:

- Clarifying conflict of interest boundaries and approving use of data protocols.
- Adopting core values and key policies (safeguarding, bullying & harassment, financial controls).
- Advancing succession planning, including appointing a Chair-elect and recruiting new Trustees.
- Approving the 2024/25 budget with adjustments and improving website and financial processes.
- Supporting awareness campaigns, ambassador initiatives, and international representation.
- Updating the organisational structure and role definitions to support future strategy.

The Board held an EGM to discuss any potential conflicts regarding Carl Beech's (then CEO) involvement with Spotlight YOPD and Beech Band Ltd., concluding no conflict existed, the board provided clear role distinctions and governance boundaries guidelines. The Board approved conditional use of the Spotlight YOPD brand on Beech Band devices, prohibited access to member data without consent, and supported research collaboration under established oversight. Disclaimers are required for Beech Band activities to avoid brand confusion. The Board also recognised the need for future succession planning for the CEO role.

Recruitment and appointments

A comprehensive recruitment campaign was launched in October to identify and appoint a new Chair and Trustees. Following an extensive advertisement of the roles, a rigorous interview process was conducted, leading to the Board of Trustees approving the appointment of four new Trustees and a Chair elect.

This initiative aimed to enhance the skill set of the Board in line and in anticipation of the conclusion of the current Chair's second term in May 2025.

Additionally, one Trustee was reappointed for a second term of three years. This decision was made based on the positive impact the Trustee had during their initial term and the necessity to maintain both continuity and an optimal mix of skills.

There were four resignations in total from the Board, with three of the departing Trustees transitioning into other roles within the organisation.

Several new roles were established within the Executive team, including Deputy CEO, Finance Manager, and two Bookkeepers. Furthermore, two new Charity Secretaries were appointed, tasked with ensuring the efficient administration of the Charity and compliance with statutory and regulatory requirements. An Administrative Assistant was also recruited to provide support to the Chair and the Charity Secretariat.

Lastly, the charity proudly announced the addition of two new patrons to its esteemed roster.

Financial Review

The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) and also in accordance with the requirements of the Charities Act 2011.

Income (all from donations) was up by 17% and at £9,204 was our best year yet. Spending was up in proportion but this still left us with a healthy surplus of £4562 to add to our existing funds and bring that up to £14,271 (all unrestricted.) In addition to commitments to keep our web-site updated, postal services for our registered address, insurance and implementing an accounting system we are looking at planning for the next World Parkinsons Congress in Phoenix, USA in May 2026 which is likely to be expensive for us to have representation.

With the majority donations coming to us effectively as grants from justGiving and PayPal we no longer claim Gift Aid directly on those donations – hence the apparent decline in Gift Aid. However the grants from those bodies does include an element of gift aid, so we still benefit. With the ending of free fundraising platforms we have identified the charges element in the fundraising costs – there was a small element in the previous year which we estimate would have been very small.



Signed on behalf of the Board of Trustee as agreed at the meeting of 26th November 2025

<u><i>Dawn Harding</i></u>	<i>Mark Webb</i>	<i>Samantha Cole</i>
Dawn Harding Chair	Mark Webb Treasurer	Samantha Cole CEO

Financial statements





Independent examiner's report to the trustees of Spotlight YOPD

I report to the trustees on my examination of the accounts of the Spotlight YOPD (the Trust) for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. The accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

A handwritten signature in black ink, appearing to read "J. Withers", written over a horizontal line.

Name:

James Withers CGMA

Relevant professional qualification or membership of professional bodies (if any): CGMA (Chartered Global Management Accountant)

Address: 47 Pevensey Way, Camberley, GU16 9UU

Date: 17/01/2026

Spotlight YOPD			Charity No	1165117	
			Company No	CE006044	
Annual accounts for the period					
Period start date		01/04/2024	To	Period end date	31/03/2025

Section A Statement of financial activities (including summary income and expenditure account)

Recommended categories by activity			Unrestricted funds	Restricted income funds	Endowment funds	Total funds	Prior year funds
			£	£	£	£	£
Income (Note 3)			F01	F02	F03	F04	F05
Income and endowments from:							
Donations and legacies		S01	9,204	-	-	9,204	7,844
Charitable activities		S02	-	-	-	-	-
Other trading activities		S03	-	-	-	-	-
Investments		S04	-	-	-	-	-
Separate material item of income		S05	-	-	-	-	-
Other		S06	-	-	-	-	-
Total		S07	9,204	-	-	9,204	7,844
Expenditure (Notes 6)							
Expenditure on:							
Raising funds		S08	262	-	-	262	-
Charitable activities		S09	4,380	-	-	4,380	3,887
Separate material expense item		S10					
Other		S11	-	-	-	-	-
Total		S12	4,642	-	-	4,642	3,887
Net income/(expenditure) before tax for the reporting period		S13	4,562	-	-	4,562	3,957
Tax payable		S14	-	-	-	-	-
Net income/(expenditure) after tax before investment gains/(losses)		S15	4,562	-	-	4,562	3,957
Net gains/(losses) on investments		S16	-	-	-	-	-
Net income/(expenditure)		S17	4,562	-	-	4,562	3,957
Extraordinary items		S18	-	-	-	-	-
Transfers between funds		S19	-	-	-	-	-
Other recognised gains/(losses):							
Gains and losses on revaluation of fixed assets for the charity's own use		S20	-	-	-	-	-
Other gains/(losses)		S21	-	-	-	-	-
Net movement in funds		S22	4,562	-	-	4,562	3,957
Reconciliation of funds:							
Total funds brought forward		S23	9,709	-	-	9,709	5,752
Total funds carried forward		S24	14 271	-	-	14 271	9 709

Spotlight YOPD		Charity No	1165117			
		Company No	CE006044			
Annual accounts for the period		Period start date: 01/04/2024		To period end date: 31/03/2025		
Section B Balance sheet						
		Unrestricted funds £	Restricted income funds £	Endowment funds £	Total this year £	Total last year £
	Guidance note	F01	F02	F03	F04	F05
Fixed assets						
Intangible assets	(Note 15) B01	-	-	-	-	-
Tangible assets	(Note 14) B02	-	-	-	-	-
Heritage assets	(Note 16) B03	-	-	-	-	-
Investments	(Note 17) B04	-	-	-	-	-
Total fixed assets	B05	-	-	-	-	-
Current assets						
Stocks	(Note 18) B06	-	-	-	-	-
Debtors	(Note 19) B07	260	-	-	260	831
Investments	(Note 17.4) B08	-	-	-	-	-
Cash at bank and in hand	(Note 24) B09	14,515	-	-	14,515	9,878
Total current assets	B10	14,775	-	-	14,775	10,709
Creditors: amounts falling due within one year	(Note 20) B11	504	-	-	504	1,000
Net current assets/(liabilities)	B12	14,271	-	-	14,271	9,709
Total assets less current liabilities	B13	14,271	-	-	14,271	9,709
Creditors: amounts falling due after one year	(Note 20) B14	-	-	-	-	-
Provisions for liabilities	B15	-	-	-	-	-
Total net assets or liabilities	B16	14,271	-	-	14,271	9,709
Funds of the Charity						
Endowment funds	(Note 27) B17	-	-	-	-	-
Restricted income funds	(Note 27) B18	-	-	-	-	-
Unrestricted funds	B19	14,271	-	-	14,271	9,709
Revaluation reserve	B20	-	-	-	-	-
Fair value reserve	B21	-	-	-	-	-
Total funds	B22	14,271	-	-	14,271	9,709
<i>The company was entitled to exemption from audit under s477 of the Companies Act 2006 relating to small companies.</i>						
<i>The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.</i>						
<i>The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to</i>						

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with FRS102 SORP.

Signed by one or two trustees/directors on behalf of all the trustees/directors	Print Name	Date of approval dd/mm/yyyy
		26/11/2025
	Mark Webb	Treasurer

Section C		Notes to the accounts	
Note 1 Basis of preparation			
<i>This section should be completed by all charities</i>			
1.1 Basis of accounting			
These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.			
The accounts have been prepared in accordance with:			
• and with*	<input checked="" type="checkbox"/>	the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014	
• and with*	<input checked="" type="checkbox"/>	the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)	
• and with the Charities Act 2011.			
The charity constitutes a public benefit entity as defined by FRS 102.*		<input checked="" type="checkbox"/>	
* -Tick as appropriate			
1.2 Going concern			
<i>If there are material uncertainties related to events or conditions that cast significant doubt on the charity's ability to continue as a going concern, please provide the following details or state "Not applicable", if appropriate:</i>			
An explanation as to those factors that support the conclusion that the charity is a going concern;		NA	
Disclosure of any uncertainties that make the going concern assumption doubtful;		NA	
Where accounts are not prepared on a going concern basis, please disclose this fact together with the basis on which the trustees prepared the accounts and the reason why the charity is not regarded as a going concern.		NA	
1.3 Change of accounting policy			
The accounts present a true and fair view and no changes have been made to the accounting policies adopted in no { }.			
Yes*	<input checked="" type="checkbox"/>	* -Tick as appropriate	
No*	<input checked="" type="checkbox"/>		
1.4 Changes to accounting estimates			
No changes to accounting estimates have occurred in the reporting period (3.46 FRS102 SORP).			
Yes*	<input checked="" type="checkbox"/>	* -Tick as appropriate	
No*	<input checked="" type="checkbox"/>		
1.5 Material prior year errors			
No material prior year error have been identified in the reporting period (3.47 FRS102 SORP).			
Yes*	<input checked="" type="checkbox"/>	* -Tick as appropriate	
No*	<input checked="" type="checkbox"/>		

Section C	Notes to the accounts	(cont)
Note 2	Accounting policies	
<i>This standard list of accounting policies has been applied by the charity except for those deleted. Where a different or additional policy has been adopted then this is detailed in the box below.</i>		
2.1 RECONCILIATION WITH PREVIOUS GENERALLY ACCEPTED ACCOUNTING PRACTICE		
Please provide a description of the nature of each change in accounting policy	NA	

Section C	Notes to the accounts	(cont)						
Note 2	Accounting policies							
2.2 INCOME								
Recognition of income	These are included in the Statement of Financial Activities (SoFA) when: <ul style="list-style-type: none"> the charity becomes entitled to the resources; it is more likely than not that the trustees will receive the resources; the monetary value can be measured with sufficient reliability. 	<table> <tr> <th>Yes*</th><th>No*</th><th>N/a*</th></tr> <tr> <td>✓</td><td>✓</td><td>✓</td></tr> </table>	Yes*	No*	N/a*	✓	✓	✓
Yes*	No*	N/a*						
✓	✓	✓						
Offsetting	There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.	<table> <tr> <th>Yes*</th><th>No*</th><th>N/a*</th></tr> <tr> <td>✓</td><td>✓</td><td>✓</td></tr> </table>	Yes*	No*	N/a*	✓	✓	✓
Yes*	No*	N/a*						
✓	✓	✓						
Grants and donations	Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).	<table> <tr> <th>Yes*</th><th>No*</th><th>N/a*</th></tr> <tr> <td>✓</td><td>✓</td><td>✓</td></tr> </table>	Yes*	No*	N/a*	✓	✓	✓
Yes*	No*	N/a*						
✓	✓	✓						
	In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP).	<table> <tr> <th>Yes*</th><th>No*</th><th>N/a*</th></tr> <tr> <td>✓</td><td>✓</td><td>✓</td></tr> </table>	Yes*	No*	N/a*	✓	✓	✓
Yes*	No*	N/a*						
✓	✓	✓						
Legacies	Legacies are included in the SoFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.	<table> <tr> <th>Yes*</th><th>No*</th><th>N/a*</th></tr> <tr> <td>✓</td><td>✓</td><td>✓</td></tr> </table>	Yes*	No*	N/a*	✓	✓	✓
Yes*	No*	N/a*						
✓	✓	✓						
Government grants	The charity has received government grants in the reporting period	<table> <tr> <th>Yes*</th><th>No*</th><th>N/a*</th></tr> <tr> <td>✓</td><td>✓</td><td>✓</td></tr> </table>	Yes*	No*	N/a*	✓	✓	✓
Yes*	No*	N/a*						
✓	✓	✓						
Tax reclaims on donations and gifts	Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.	<table> <tr> <th>Yes*</th><th>No*</th><th>N/a*</th></tr> <tr> <td>✓</td><td>✓</td><td>✓</td></tr> </table>	Yes*	No*	N/a*	✓	✓	✓
Yes*	No*	N/a*						
✓	✓	✓						
Contractual income and performance related grants	This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.	<table> <tr> <th>Yes*</th><th>No*</th><th>N/a*</th></tr> <tr> <td>✓</td><td>✓</td><td>✓</td></tr> </table>	Yes*	No*	N/a*	✓	✓	✓
Yes*	No*	N/a*						
✓	✓	✓						
Donated goods	Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.	<table> <tr> <th>Yes*</th><th>No*</th><th>N/a*</th></tr> <tr> <td>✓</td><td>✓</td><td>✓</td></tr> </table>	Yes*	No*	N/a*	✓	✓	✓
Yes*	No*	N/a*						
✓	✓	✓						
	Gifts in kind for use by the charity are included in the SoFA as income from donations when receivable.	<table> <tr> <th>Yes*</th><th>No*</th><th>N/a*</th></tr> <tr> <td>✓</td><td>✓</td><td>✓</td></tr> </table>	Yes*	No*	N/a*	✓	✓	✓
Yes*	No*	N/a*						
✓	✓	✓						

Donated services and facilities	Donated services and facilities are included in the SoFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably.	Yes*	No*	N/a*
		✓	✓	✓
	Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SoFA.	Yes*	No*	N/a*
		✓	✓	✓
Support costs	The charity has incurred expenditure on support costs.	Yes*	No*	N/a*
		✓	✓	✓
Volunteer help	The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.	Yes*	No*	N/a*
		✓	✓	✓
Income from interest, royalties and dividends	This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.	Yes*	No*	N/a*
		✓	✓	✓
Income from membership subscriptions	Membership subscriptions received in the nature of a gift are recognised in Donations and Legacies.	Yes*	No*	N/a*
		✓	✓	✓
	Membership subscriptions which gives a member the right to buy services or other benefits are recognised as income earned from the provision of goods and services as income from charitable activities.	Yes*	No*	N/a*
		✓	✓	✓
Settlement of insurance claims	Insurance claims are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP) and are included as an item of other income in the SoFA.	Yes*	No*	N/a*
		✓	✓	✓
Investment gains and losses	This includes any realised or unrealised gains or losses on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.	Yes*	No*	N/a*
		✓	✓	✓

2.3 EXPENDITURE AND LIABILITIES				
Liability recognition	Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.	Yes*	No*	N/a*
		✓	✓	✓
Governance and support costs	Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.	Yes*	No*	N/a*
		✓	✓	✓
	Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.	Yes*	No*	N/a*
		✓	✓	✓
Grants with performance conditions	Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.	Yes*	No*	N/a*
		✓	✓	✓
Grants payable without performance conditions	Where there are no conditions attaching to the grant that enables the donor charity to realistically avoid the commitment, a liability for the full funding obligation must be recognised.	Yes*	No*	N/a*
		✓	✓	✓
Redundancy cost	The charity made no redundancy payments during the reporting period.	Yes*	No*	N/a*
		✓	✓	✓

Deferred income	No material item of deferred income has been included in the accounts.	Yes*	No*	N/a*
		✓	✓	✓
Creditors	The charity has creditors which are measured at settlement amounts less any trade discounts	Yes*	No*	N/a*
		✓	✓	✓
Provisions for liabilities	A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date	Yes*	No*	N/a*
		✓	✓	✓
Basic financial instruments	The charity accounts for basic financial instruments on initial recognition as per paragraph 10.7 FRS102 SORP. Subsequent measurement is as per paragraphs 11.17 to 11.19, FRS102 SORP.	Yes*	No*	N/a*
		✓	✓	✓
2.4 ASSETS				
Tangible fixed assets for use by charity	These are capitalised if they can be used for more than one year, and cost at least			
	They are valued at cost.	Yes*	No*	N/a*
		✓	✓	✓
	The depreciation rates and methods used are disclosed in note 14.			
Intangible fixed assets	The charity has intangible fixed assets, that is, non-monetary assets that do not have physical substance but are identifiable and are controlled by the charity through custody or legal rights. The amortisation rates and methods used are disclosed in note 15.	Yes*	No*	N/a*
		✓	✓	✓
	They are valued at cost.	Yes*	No*	N/a*
		✓	✓	✓
Heritage assets	The charity has heritage assets, that is, non-monetary assets with historic, artistic, scientific, technological, geophysical or environmental qualities that are held and maintained principally for their contribution to knowledge and culture. The depreciation rates and methods used as disclosed in note 16.	Yes*	No*	N/a*
		✓	✓	✓
	They are valued at cost.	Yes*	No*	N/a*
		✓	✓	✓
Investments	Fixed asset investments in quoted shares, traded bonds and similar investments are valued at initially at cost and subsequently at fair value (their market value) at the year end. The same treatment is applied to unlisted investments unless fair value cannot be measured reliably in which case it is measured at cost less impairment.	Yes*	No*	N/a*
		✓	✓	✓
	Investments held for resale or pending their sale and cash and cash equivalents with a maturity date of less than 1 year are treated as current asset investments	Yes*	No*	N/a*
		✓	✓	✓
Stocks and work in progress	Stocks held for sale as part of non-charitable trade are measured at the lower or cost or net realisable value.	Yes*	No*	N/a*
		✓	✓	✓
	Goods or services provided as part of a charitable activity are measured at net realisable value based on the service potential provided by items of stock.	Yes*	No*	N/a*
		✓	✓	✓
	Work in progress is valued at cost less any foreseeable loss that is likely to occur on the contract.	Yes*	No*	N/a*
		✓	✓	✓
Debtors	Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.	Yes*	No*	N/a*
		✓	✓	✓
Current asset investments	The charity has investments which it holds for resale or pending their sale and cash and cash equivalents with a maturity date less than one year. These include cash on deposit and cash equivalents with a maturity of less than one year held for investment purposes rather than to meet short-term cash commitments as they fall due.	Yes*	No*	N/a*
		✓	✓	✓

Section C		Notes to the accounts			(cont)	
Note 3		Income				
	Analysis of income	Unrestricted funds	Restricted income funds	Endowment funds	Total funds £	Prior year £
Donations and legacies:	Donations and gifts	8,928	-	-	8,928	7,013
	Gift Aid	276	-	-	276	831
	Legacies	-	-	-	-	-
	General grants provided by government/other charities	-	-	-	-	-
	Membership subscriptions and sponsorships which are in substance donations	-	-	-	-	-
	Donated goods, facilities and services	-	-	-	-	-
	Other	-	-	-	-	-
	Total	9,204	-	-	9,204	7,844
Charitable activities:		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Other trading activities:		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Income from investments:	Interest income	-	-	-	-	-
	Dividend income	-	-	-	-	-
	Rental and leasing income	-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Separate material item of income		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Total	-	-	-	-	-
Other:	Conversion of endowment funds into income	-	-	-	-	-
	Gain on disposal of a tangible fixed asset held for charity's own use	-	-	-	-	-
	Gain on disposal of a programme related investment	-	-	-	-	-
	Royalties from the exploitation of intellectual property rights	-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
TOTAL INCOME		9,204	-	-	9,204	7,844

Section C		Notes to the accounts				(cont)			
Note 6		Expenditure							
		This year				Last year			
Analysis		Unrestricted funds	Restricted income funds	Endowment funds	Total funds	Unrestricted funds	Restricted income funds	Endowment funds	Total funds
Expenditure on raising funds:					£				£
Incurred seeking donations		262	-	-	262	-	-	-	-
Incurred seeking legacies		-	-	-	-	-	-	-	-
Incurred seeking grants		-	-	-	-	-	-	-	-
Operating membership schemes and social lotteries		-	-	-	-	-	-	-	-
Staging fundraising events		-	-	-	-	-	-	-	-
Fundraising agents		-	-	-	-	-	-	-	-
Operating charity shops		-	-	-	-	-	-	-	-
Operating a trading company undertaking non-charitable trading activity		-	-	-	-	-	-	-	-
Advertising, marketing, direct mail and publicity		-	-	-	-	-	-	-	-
Start up costs incurred in generating new source of future income		-	-	-	-	-	-	-	-
Database development costs		-	-	-	-	-	-	-	-
Other trading activities		-	-	-	-	-	-	-	-
Investment management costs:		-	-	-	-	-	-	-	-
Portfolio management costs		-	-	-	-	-	-	-	-
Cost of obtaining investment advice		-	-	-	-	-	-	-	-
Investment administration costs		-	-	-	-	-	-	-	-
Intellectual property licencing costs		-	-	-	-	-	-	-	-
Rent collection, property repairs and maintenance charges		-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-
Total expenditure on raising funds		262	-	-	262	-	-	-	-
Expenditure on charitable activities:									
IT softwares and consumables		559	-	-	559	2,000	-	-	2,000
Administration support		-	-	-	-	-	-	-	-
Subscriptions		5	-	-	5	5	-	-	5
Insurance		253	-	-	253	326	-	-	326
Travelling/Conference		2,755	-	-	2,755	1,556	-	-	1,556
Awareness/Publicity		808	-	-	808	-	-	-	-
Total expenditure on charitable activities		4,380	-	-	4,380	3,887	-	-	3,887
Separate material item of expense									
		-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-
Total		-	-	-	-	-	-	-	-
Other									
		-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-
Total other expenditure		-	-	-	-	-	-	-	-
TOTAL EXPENDITURE		4,642	-	-	4,642	3,887	-	-	3,887

Section C

Notes to the accounts

(cont)

Note 19

Debtors and prepayments

Please complete this note if the charity has any debtors or prepayments.

19.1

Analysis of debtors

			This year	Last year
			£	£
Trade debtors			-	-
Prepayments and accrued income			260	83
Other debtors				-
		Total	260	83

Complete 19.2 where a material debtor is recoverable more than a year after the reporting date.

19.2

Disclosure of debtors recoverable in more than 1 year (included in debtors above)

			This year	Last year
			£	£
Trade debtors			-	-
Prepayments and accrued income			-	-
Other debtors			-	-
		Total	-	-

Section C		Notes to the accounts		(cont)	
Note 20		Creditors and accruals			
Please complete this note if the charity has any creditors or accruals.					
20.1 Analysis of creditors					
		Amounts falling due within one year		Amounts falling due after more than one year	
		This year	Last year	This year	Last year
		£	£	£	£
Accruals for grants payable		-	-	-	-
Bank loans and overdrafts		-	-	-	-
Trade creditors		-	-	-	-
Payments received on account for contracts or performance-related grants		-	-	-	-
Accruals and deferred income		504	1,000	-	-
Taxation and social security		-	-	-	-
Other creditors		-	-	-	-
Total		504	1,000	-	-

Section C		Notes to the accounts		(cont)	
Note 24 Cash at bank and in hand					
				This year £	Last year £
Short term cash investments (less than 3 months maturity date)				-	-
Short term deposits				-	-
Cash at bank and on hand				13,617	9,878
Other - PayPal balance				898	-
Total				14,515	9,878

Trustees Remuneration and Benefits

There were no trustee remunerations or other benefits for the period ended 31 March 2025

Spotlight
YOPD

REFERENCE AND ADMINISTRATION DETAILS

Registered Charity number 1165177

Principal address

Spotlight YOPD
c/o Bridgehouse Company Secretaries Ltd
Suite 2:06
Bridge House
181 Queen Victoria Street
London, EC4V 4EG

Bankers are Handelsbanken Ashford

Handelsbanken plc
Ground Floor, St Andrew's House, Station Road East
Canterbury, CT1 2BJ

Trustees

Dr Sally Smith reappointed 05/02/2023 (since resigned May 25)
Mr Mark Webb reappointed 03/06/2023
Mr Bradley Michael Standen reappointed 07/10/2023
Ms Bethany Joy Lee reappointed 07/10/2023
Mr Matthew David Eagles reappointed as a trustee 05/01/24
Ms Alexandra Rose Hermione Knighton appointed as a trustee 27/11/2024
Mr Atul Sharda appointed as a trustee 27/11/2024
Dr. Samantha Cole appointed as a trustee on 27/11/2024 (since moved to CEO role)
Ms Shazia Dar reappointed 01/12/2024
Ms Dawn Elaine Harding appointed as a trustee and chair elect 06/01/2025 (taking Chair in May 2025)
Mr Matthew James Leighton Kay was appointed as a trustee 27/02/2025
Mr Gavin Jones resigned from his role as trustee 14/04/2024
Mrs Emma Edwards resigned from her role as trustee on 10/10/2024 and was subsequently appointed as a Deputy CEO
Mrs Joy Milne resigned from her role as trustee on 09/10/2024 and now serves the Charity as a patron.

Other key changes in current year

Mr Andrew Hobbs resigned as trustee on 26 February 2025 and now serves the Charity as a patron.
Mrs N S Cole, who served as both Chair and Trustee, retired from her role on 01/05/2025.
Mr Carl Beech resigned from the role of CEO on 07/07/2025 and now serves the Charity as a patron.