

Spotlight YOPD

**Report of the Trustees and Financial Statements
for Spotlight YOPD (Registered Charity number 1165177)**

1 April 2023 to 31 March 2024



Chair's Report

We have had a lot to be thankful for over this last year. Quite a revolutionary year for us.

We are very thankful for all those people who have supported us throughout the year and enabled us to make a step change in the work that we do. If you are reading this – Thank you.

The year started with an impactful and insightful social media campaign that was globally recognised and applauded. Our partners, OpenHealth, built a team of specialists that designed the campaign, tested the concept and then delivered a host of different media, images and videos. A truly tremendous achievement.

Articles were published in "Rare Revolution" magazine in April, aligning with Parkinson's Awareness Month and our social media campaign. We extend our gratitude to Rare Revolution Magazine for their time and the heightened awareness they've provided among their readers.

Building on that success, five Trustees and the CEO turned up at the World Parkinsons Congress (WPC) in Barcelona. We managed to build a stand and created an amazing artwork and Graffiti Wall with help from all the YOPD affected people who visited the stand.

Gaynor Edwards (Founder and CEO) opened WPC on Monday morning with a speech to the Leadership Forum and then had a second speaking engagement on Tuesday morning at the YOPD working group for Leadership Forum. Gaynor was also involved with YOPD Women, and their book project, "In Her Shoes" which we showcased on our stand.

We were incredibly sad when Gaynor Edwards decided to resign as CEO - and then delighted that she agreed to stay with us as Patron.

Fortunately, Carl Beech found us and after a thorough recruitment process, agreed to become our new CEO. Carl has worked closely with the Board creating and installing a new strategy within a few months of starting.

The skills that Carl brings to the role in knowledge and use of Social Media has built on the long-standing contacts of Spotlight YOPD; corralled an increasing number of people with YOPD into a peer support group; and plans to start a series of Podcasts (Y-POD) to get the message out about the condition and the options that are available to support individuals.

The other major improvement on previous years, has been the success with fundraising. We have more people fundraising for us and we have improved our ability to receive funds. This allows us to fund a more ambitious set of projects for the next year as set out in the Strategy and means we are in a good position to deliver against the goals we have set ourselves.

We never stand still and we have even more ambitions for next year, including a revised and updated website looking carefully about what support was required for those with YOPD and what is required for those who support those with YOPD.



Nicola Cole

Chair, Spotlight YOPD

Thank you to all our supporters

Over the last year we've welcomed a number of new supporters across the UK and the globe and whilst we have tried to get back to everybody, please accept our apologies if we haven't and take this as thank you for your support.

Thanks also go to:

- Gaynor Edwards our Founder and CEO who has now moved on to be our Patron. Many years of attention, energy and focus have built the charity and the global recognition of Spotlight YOPD.
- Handlesbanken and Karen Jones.
- Parkinson's UK:
 - for building a closer relationship and recognising the importance and mutual benefit of sharing knowledge and information related to Parkinson's, enabling onward distribution of YOPD specific materials;
 - for providing a grant for 3 Trustees to gain access to World Parkinson's Congress in Barcelona.
- OpenHealth for their continued and sustained support with our awareness campaigns maturing across 2023 and delivering into 2024.
- Rare Revolution Magazine for recognising the alignment of YOPD being a rare condition.
- AbleLable who provide designer clothing for people who find it difficult to dress in normal clothes and a small commission for any business that comes through our website or social media platforms.
- Our Independent Assessor, Martin Livesey.
- Our new website provider, Wideslide.
- Ben Lazurus for a sponsored run in November 2023 and sharing his Self-management guide for our website.
- Neil Jones having completed an ultra-marathon and a marathon for us and Ellie Finch Hulme with another fundraiser expected to reach in excess of £1000.



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Introduction

The Trustees present their report with the financial statements of the Charity for the period 1 April 2023 to 31 March 2024.

Spotlight YOPD is a Charitable Incorporated Organisation (CIO) that is eligible for gift aid.

Objectives

The objects of the CIO are:

- 1) To promote health and to relieve those suffering from Young Onset Parkinson's Disease (YOPD) and to provide support both for such persons and their families.
- 2) To advance the education of the public (including scientific education) and raise awareness in all areas relating to Young Onset Parkinson's Disease.

Vision:

Shining a light on better living now with young onset Parkinson's (YOPD) and researching for a brighter future

Aims:

- To be “the voice” of YOPD
- To have a fully funded vision budget with an operational reserve
- To be the “go to” for information on YOPD
- Every major population centre to have a supportive network
- Faster diagnosis
- Campaigns

Values:

The Board took some time to articulate our Core values and the final approved version is:

Kindness - As an organisation we believe in being actively kind to every individual and every organisation that we encounter or interact with.

Respectful and inclusive - We will protect the dignity of everyone regardless of faith, race, gender, sexual identity. YOPD doesn't discriminate and therefore, neither do we. All are welcome.

Safe - Spotlight runs various groups both on and offline and often is the first port of call for those newly diagnosed. Being a safe and loving “space” for those with a chronic health condition is vital.

Optimistic - We are hopeful for a cure and optimistic that those with YOPD can live their best life now and we will work towards those aims.

Honest - We believe in being nothing but completely honest in our assessments of YOPD, research, treatments and will not “sugar coat” the realities of YOPD.

Joyful - YOPD is a devastating diagnosis but those who encounter Spotlight YOPD will find a group of people who whilst realistic about the condition are fun, quirky and full of joy.

The Trustees had due regard to the Charity Commission's guidance on public benefit, ensuring that the Aims and Strategy are aligned with the objectives, reviewed at Board meetings. The risk register also helps to focus the attention of the Board of Trustees.

Achievements and Performance

Awareness


Our social media presence continued to mount with our TikTok Page having grossed over 250,000 views and Facebook also increasing month-on-month. A number of interviews were held on various podcasts adding to the significant amount of social media traffic seen.

Our 'Glitch' social media campaign (in conjunction with OpenHealth) ran between 27th March and 30th June 2023. We ran a Radio Newsletter with Global (Capital FM and other stations) and our web banner featured at the bottom of their regular members newsletter. It appeared in 155 of the 180 Healthline digital banners available in GP surgeries, and we were able to hit 400 panels across 59 service stations in England and Wales. 58,900 leaflets were also printed and distributed.

Spotlight
YOPD


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Parkinson's. Not just an old person's disease



We are Spotlight YOPD, a UK-based charity on a mission to raise awareness around YOPD and spread the word that Parkinson's is **not just an old person's disease**. Young-onset Parkinson's, or YOPD, refers to those diagnosed under the age of 50, and there are thousands of us here in the UK.

YOPD occurs when people are in the prime of their life, often in the middle of building a career, a family and financial security. Therefore, the impact of Parkinson's is far greater than those diagnosed later in life.




"I was fearful for the future. Would I be able to watch my daughter down the aisle? Would I be able to pay the mortgage?"
Drew, diagnosed aged 33

With YOPD, it isn't just the life stage that is different, the disease differs too. Compared with later onset Parkinson's, YOPD tends to progress slower, has a stronger genetic component and presents with a different set of symptoms (frozen shoulder, clawing of toes, depression, and insomnia, to name a few). [Learn more about the symptoms of YOPD.](#)

Our Vision

We want to become a beacon for all things YOPD, shining a light on better living now and mobilising research for a brighter future. Founded and run by people with the condition, Spotlight YOPD aims to represent and build a supportive community where we can share our stories and knowledge. We want to empower patients to take control of their condition by ensuring they have access to research, innovative treatments, and the proper support. [Find out more.](#)

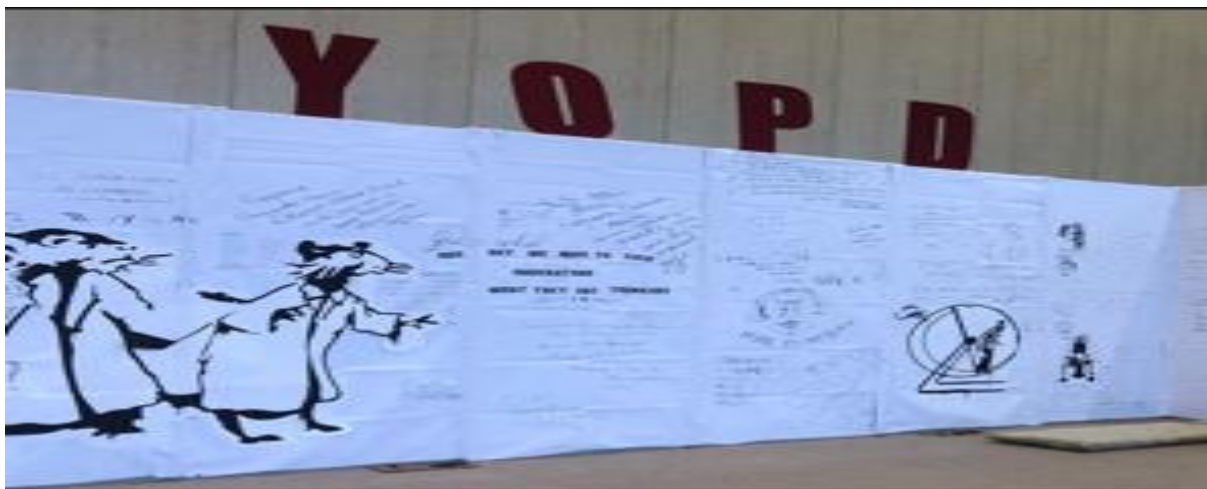


"It was heart-breaking telling my mum and dad, and telling my children was hard, but they've been great."
Sarah, diagnosed aged 48

There were a couple of articles written in the “Rare Revolution” magazine that went out in April to coincide with Parkinsons Awareness month and our social media campaign.

“Life in 12 Notes” is a film that highlights YOPD and both our CEO and a Trustee have been involved in the making of the film. The film was endorsed by Spotlight YOPD and the logo used in acknowledgements.

We attended the World Parkinsons Congress (WPC) in Barcelona, a global presence which brings all Parkinson’s stakeholders together for discussion, education, and building collaboration. The Spotlight stand formed an automatic meeting space and there was a graffiti wall with Banksy style art which attracted a lot of people with YOPD.



Our third podcast episode was edited and published and our new online support group began with sessions with a Sports therapist and Nutritionist, and a Senior Parkinson’s Nurse. The group continued to grow with over 128 registered at end March 2024.

In addition to the above, there was a lot of activity including:

- Attendance at the YOPD Day at Canterbury University on 21 October.
- Development of a YOPD specific slide set shared with Parkinson’s UK.
- Relationship building with MP’s that raise questions in the house and put YOPD on the agenda.
- Meetings with the CEOs of Cure Parkinson’s and PUK.
- Speaking at a film about YOPD launch event in London with our Patron, Gaynor Edwards.
- Talking to and supporting those newly diagnosed or those struggling with YOPD, and their carers.

Activities mapped against Spotlight YOPD Objectives

Activity	Objective 1	Objective 2
Social media presence and podcasts	✓	✓
Glitch campaign with OpenHealth	✓	✓
Various interviews and published articles (Rare Revolution Magazine)	✓	✓
Life in 12 Notes film		✓
Events and meetings including YOPD Day and MP relationship building		✓
World Parkinson's Congress	✓	✓
Parkinson's UK	✓	✓
Cure Parkinson's	✓	✓
PD Avengers	✓	✓
Fundraising Partnerships	✓	✓

Future Plans

There is a lot of excitement about what has been achieved last year and now we want to refocus our attention in order to improve our impact and availability to the YOPD community.



We anticipate a lot of changes over the next 12 months as we welcome in our new CEO, Carl Beech and start to build on the legacy of contacts and awareness of the recent campaigns. At the time of writing we are finalising a dynamic and robust 5-year vision plan.

Our new strategy will deliver a number of new initiatives across the year, including:

- A new website and support systems such as a new CRM, Mailchimp, JustGiving and Donorfy platforms. Along with new material for those newly diagnosed and a tool for clinicians. This will provide our community with information on-tap as they need it and increase the ease with which people can fundraise for us.
- New fundraising routes will be explored including accessing grant making bodies and Trust funds, along with building business relationships with organisations with corporate responsibility funds for larger project funding.
- Hosting a series of regular Podcasts (Y-POD) supported by a mix of PD nurses, patients, and experts to get the message out about the condition and the options that are available to support individuals.
- We also plan a series of monthly closed, online, Zoom hangouts that only people with YOPD can join.
- Continuing discussions with the UK Health Minister with the aim of establishing a cross-party group for YOPD and gaining access to Blue badges and free prescriptions for those with YOPD.
- Developing a Community plan and appointing a National Community Co-ordinator with the aim of pulling together local YOPD support groups.
- Finally we will look to review our governance in order to build on our recent successes and move towards a more mature Charity.

These plans are extremely ambitious for a small charity and so we will also be looking to recruit some more Volunteers, Advocates and Ambassadors.

Risk

Managing our risks continues to be an especially important aspect of our work as a charity. Being aware of those areas that may adversely impact on our vision, mission, aims and objectives is not simply good governance and good leadership and management, it also allows us to take action and proactively mitigate and improve in our work.

Finance

Despite a much healthier bank balance, and hard work undertaken with fund raising activities, this risk is still in the top three. Its risk score is 12 meaning its likelihood to occur is possible and the severity is deemed significant. Mitigations are in place with monthly reporting to the Board, and robust financial controls in place. As we are now spending, we have set specific budgets to raise funds to support our work. We are now seeing some fundraising taking place, so as this becomes embedded the risk score may decrease.

Safety of Trustees

This was a new risk identified last year when considering attendance to the conference in Barcelona. On review, we believe this is a wider risk and requires elevating. We have taken into consideration the risk, not simply physical risks to our Trustees, but also the potential emotional impact of supporting others with YOPD. Its score is 12, which means its likelihood is possible and its severity significant.

Sustainability

There are two risks that score 8 representing the joint third highest risks. These are sustainability of the charity and chair, senior and specialist roles, which came to light when the previous CEO resigned. However, we made a decision, that the sustainability of the charity holds more weight to our continuing to function. The chair, senior and specialist roles risk score has reduced with our new CEO now in post. We have mitigation and succession planning actions in place and being embedded. It scores 8, with likelihood scoring as unlikely, but its severity as significant.

Other risks

Other risks have remained at a similar score over the year, except risk pertaining to the website. This risk score has lowered due to the work implemented to strengthen our website.

Summary

Over the year we have continually monitored our risks. We regularly reviewed all risks and discussed them in detail. Actions are in place to mitigate identified risks. Our risk management continues to mature and enhances our understanding and ability to identify and manage the risks we face.

Sally Smith

Vice Chair, Spotlight YOPD

Structure, Governance and Management

Governing document

The Charity is controlled by its governing document, a constitution of a Charitable Incorporated Organisation, dated 15 January 2016.

The 2022/23 Trustees Annual report was submitted. With this Annual report we now have five sets of accounts with independent review.

All new trustees were trained in Safeguarding and Risk Management as part of the Induction process.

Trustees undertook exercises in defining the Charity values and determining the skill set of the Board.

The Board approved revised agreements for volunteers and new policies for Equality, Diversity and Inclusion, Health & Safety, Lone Working, Complaints and Expenses.

A number of Trustees Working groups were formed to ensure focus on our strategic aims going forward.

Recruitment and appointments

Two new Trustees were recruited in the summer of 2023 with the aim to enhance the skill set of the Board.

Three Trustees were reappointed for a second term of three years in 2023. The decision to reappoint was made on the basis of the positive impact made during their first terms and a need to provide both continuity and the right skills mix.

A new Charity Secretary role was created with responsibility for the efficient administration of the charity, particularly with regard to ensuring compliance with statutory and regulatory requirements.

A recruitment campaign was undertaken in the summer to source our new CEO. After advertising the role, we undertook a thorough interview process, culminating in the Board of Trustees approving the appointment of Carl Beech on 1 September 2023.

We also recruited a new Operations Manager to support the delivery of the strategy.

Financial Review & Reserves Policy

The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) and also in accordance with the requirements of the Charities Act 2011.

Income and expenditure both increased in the year and this reflects our enthusiastic participation in World Parkinson's Congress in Barcelona in July 2023.

We were fortunate that some of our supporters got financial assistance elsewhere and the increased publicity also helped with income. This has meant our closing restricted funds ended the year higher and has allowed us to plan more confidently for the succeeding years. Our new budgeted expenditure to fund podcasts and support groups online could be covered for 9 months with the current unrestricted funds.

Independent Examiner's Report

Independent examiner's report to the trustees of Spotlight YOPD

I report to the trustees on my examination of the accounts of the Spotlight YOPD (the Trust) for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. The accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Name: James Withers CGMA

Relevant professional qualification or membership of professional bodies (if any): CGMA (Chartered Global Management Accountant)

Address: 47 Pevensey Way, Camberley, GU16 9UU

Date: 08/10/24

Financial Statements

Spotlight YOPD		Charity No	1165177		12 months to 31/3/23
		Company No	CE006044		
Annual accounts for the period					
Period start date		01/04/2023	To	Period end date 31/03/2024	

Section A Statement of financial activities (including summary income and expenditure account)

Recommended categories by activity	Guidance Note	Unrestricted funds	Restricted income funds	Endowment funds	Total funds	Prior year funds
		£	£	£	£	£
Income (Note 3)		F01	F02	F03	F04	F05
Income and endowments from:						
Donations and legacies	S01	7,844	-	-	7,844	3,519
Charitable activities	S02	-	-	-	-	-
Other trading activities	S03	-	-	-	-	-
Investments	S04	-	-	-	-	-
Separate material item of income	S05	-	-	-	-	-
Other	S06	-	-	-	-	-
Total	S07	7,844	-	-	7,844	3,519
Expenditure (Notes 6)						
Expenditure on:						
Raising funds	S08	-	-	-	-	174
Charitable activities	S09	3,887	-	-	3,887	1,582
Separate material expense item	S10	-	-	-	-	-
Other	S11	-	-	-	-	-
Total	S12	3,887	-	-	3,887	1,756
Net income/(expenditure) before tax for the reporting period						
	S13	3,957	-	-	3,957	1,763
Tax payable	S14	-	-	-	-	-
Net income/(expenditure) after tax before investment gains/(losses)						
	S15	3,957	-	-	3,957	1,763
Net gains/(losses) on investments	S16	-	-	-	-	-
Net income/(expenditure)	S17	3,957	-	-	3,957	1,763
Extraordinary items	S18	-	-	-	-	-
Transfers between funds	S19	-	-	-	-	-
Other recognised gains/(losses):						
Gains and losses on revaluation of fixed assets for the charity's own use	S20	-	-	-	-	-
Other gains/(losses)	S21	-	-	-	-	-
Net movement in funds	S22	3,957	-	-	3,957	1,763
Reconciliation of funds:						
Total funds brought forward	S23	5,752	-	-	5,752	3,989
Total funds carried forward	S24	9,709	-	-	9,709	5,752

		Spotlight YOPD	Charity No	1165177		
			Company No	CE006044		
Section B Balance sheet						
	Guidance Note	Unrestricted funds £	Restricted income funds £	Endowment funds £	Total this year £	Total last year £
		F01	F02	F03	F04	F05
Fixed assets						
Intangible assets (Note 15)	B01	-	-	-	-	-
Tangible assets (Note 14)	B02	-	-	-	-	-
Heritage assets (Note 16)	B03	-	-	-	-	-
Investments (Note 17)	B04	-	-	-	-	-
Total fixed assets	B05	-	-	-	-	-
Current assets						
Stocks (Note 18)	B06	-	-	-	-	-
Debtors (Note 19)	B07	831	-	-	831	-
Investments (Note 17.4)	B08	-	-	-	-	-
Cash at bank and in hand (Note 24)	B09	9,878	-	-	9,878	5,752
Total current assets	B10	10,709	-	-	10,709	5,752
Creditors: amounts falling due within one year (Note 20)	B11	1,000	-	-	1,000	-
Net current assets/(liabilities)	B12	9,709	-	-	9,709	5,752
Total assets less current liabilities	B13	9,709	-	-	9,709	5,752
Creditors: amounts falling due after one year (Note 20)	B14	-	-	-	-	-
Provisions for liabilities	B15	-	-	-	-	-
Total net assets or liabilities	B16	9,709	-	-	9,709	5,752
Funds of the Charity						
Endowment funds (Note 27)	B17	-	-	-	-	-
Restricted income funds (Note 27)	B18	-	-	-	-	-
Unrestricted funds	B19	9,709	-	-	9,709	5,752
Revaluation reserve	B20	-	-	-	-	-
Fair value reserve	B21	-	-	-	-	-
Total funds	B22	9,709	-	-	9,709	5,752
The company was entitled to exemption from audit under s477 of the Companies Act 2006 relating to small companies.						
The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.						
The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to accounting records and the preparation of accounts.						
These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with FRS102 SORP.						
Signed by one or two trustees/directors on behalf of all the trustees/directors		Print Name			Date of approval dd/mm/yyyy	
Signature of director authenticating accounts being sent to Companies House		Signature			Date dd/mm/yyyy	
					Print name	

Section C		Notes to the accounts	
Note 1 Basis of preparation			
<i>This section should be completed by all charities.</i>			
1.1 Basis of accounting			
These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.			
The accounts have been prepared in accordance with:			
• and with*	<input checked="" type="checkbox"/>	the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014	
• and with*	<input checked="" type="checkbox"/>	the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)	
• and with the Charities Act 2011.			
The charity constitutes a public benefit entity as defined by FRS 102.*		<input checked="" type="checkbox"/>	
* -Tick as appropriate			
1.2 Going concern			
<i>If there are material uncertainties related to events or conditions that cast significant doubt on the charity's ability to continue as a going concern, please provide the following details or state "Not applicable", if appropriate:</i>			
An explanation as to those factors that support the conclusion that the charity is a going concern;	NA		
Disclosure of any uncertainties that make the going concern assumption doubtful;	NA		
Where accounts are not prepared on a going concern basis, please disclose this fact together with the basis on which the trustees prepared the accounts and the reason why the charity is not regarded as a going concern.	Na		
1.3 Change of accounting policy			
The accounts present a true and fair view and no changes have been made to the accounting policies adopted in note { }.			
Yes*	<input checked="" type="checkbox"/>	* -Tick as appropriate	
No*	<input checked="" type="checkbox"/>		
1.4 Changes to accounting estimates			
No changes to accounting estimates have occurred in the reporting period (3.46 FRS102 SORP).			
Yes*	<input checked="" type="checkbox"/>	* -Tick as appropriate	
No*	<input checked="" type="checkbox"/>		
1.5 Material prior year errors			
No material prior year error have been identified in the reporting period (3.47 FRS102 SORP).			
Yes*	<input checked="" type="checkbox"/>	* -Tick as appropriate	
No*	<input checked="" type="checkbox"/>		

Section C		Notes to the accounts		(cont)
Note 2		Accounting policies		
		<i>This standard list of accounting policies has been applied by the charity except for those deleted. Where a different or additional policy has been adopted then this is detailed in the box below.</i>		
		2.1 RECONCILIATION WITH PREVIOUS GENERALLY ACCEPTED ACCOUNTING PRACTICE		
Please provide a description of the nature of each change in accounting policy		0		

Section C		Notes to the accounts		(cont)
Note 2		Accounting policies		
		2.2 INCOME		
Recognition of income	These are included in the Statement of Financial Activities (SoFA) when:			
	<ul style="list-style-type: none"> the charity becomes entitled to the resources; it is more likely than not that the trustees will receive the resources; the monetary value can be measured with sufficient reliability. 	Yes*	No*	N/a*
		✓	✓	✓
Offsetting	There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.	Yes*	No*	N/a*
		✓	✓	✓
Grants and donations	Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).	Yes*	No*	N/a*
		✓	✓	✓
	In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP).	Yes*	No*	N/a*
		✓	✓	✓
Legacies	Legacies are included in the SoFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.	Yes*	No*	N/a*
		✓	✓	✓
Government grants	The charity has received government grants in the reporting period	Yes*	No*	N/a*
		✓	✓	✓
Tax reclaims on donations and gifts	Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.	Yes*	No*	N/a*
		✓	✓	✓
Contractual income and performance related grants	This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.	Yes*	No*	N/a*
		✓	✓	✓
Donated goods	Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.	Yes*	No*	N/a*
		✓	✓	✓
	The cost of any stock of goods donated for distribution to beneficiaries is deemed to be the fair value of those gifts at the time of their receipt and they are recognised on receipt. In the reporting period in which the stocks are distributed, they are recognised as an expense at the carrying amount of the stocks at distribution.	Yes*	No*	N/a*
		✓	✓	✓

	Donated goods for resale are measured at fair value on initial recognition, which is the expected proceeds from sale less the expected costs of sale, and recognised in 'Income from other trading activities' with the corresponding stock recognised in the balance sheet. On its sale the value of stock is charged against 'Income from other trading activities' and the proceeds from sale are also recognised as 'Income from other trading activities'.	Yes*	No*	N/a*
		✓	✓	✓
	Goods donated for on-going use by the charity are recognised as tangible fixed assets and included in the SoFA as incoming resources when receivable.	Yes*	No*	N/a*
		✓	✓	✓
	Gifts in kind for use by the charity are included in the SoFA as income from donations when receivable.	Yes*	No*	N/a*
		✓	✓	✓

Donated services and facilities	Donated services and facilities are included in the SOFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably.	Yes*	No*	N/a*
		✓	✓	✓
	Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SOFA.	Yes*	No*	N/a*
		✓	✓	✓
Support costs	The charity has incurred expenditure on support costs.	Yes*	No*	N/a*
		✓	✓	✓
Volunteer help	The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.	Yes*	No*	N/a*
		✓	✓	✓
Income from interest, royalties and dividends	This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.	Yes*	No*	N/a*
		✓	✓	✓
Income from membership subscriptions	Membership subscriptions received in the nature of a gift are recognised in Donations and Legacies.	Yes*	No*	N/a*
		✓	✓	✓
	Membership subscriptions which gives a member the right to buy services or other benefits are recognised as income earned from the provision of goods and services as income from charitable activities.	Yes*	No*	N/a*
		✓	✓	✓
Settlement of insurance claims	Insurance claims are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP) and are included as an item of other income in the SoFA.	Yes*	No*	N/a*
		✓	✓	✓
Investment gains and losses	This includes any realised or unrealised gains or losses on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.	Yes*	No*	N/a*
		✓	✓	✓

2.3 EXPENDITURE AND LIABILITIES

Liability recognition	Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.	Yes*	No*	N/a*
		✓	✓	✓
Governance and support costs	Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.	Yes*	No*	N/a*
		✓	✓	✓
	Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.	Yes*	No*	N/a*
		✓	✓	✓
Grants with performance conditions	Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.	Yes*	No*	N/a*
		✓	✓	✓
Grants payable without performance conditions	Where there are no conditions attaching to the grant that enables the donor charity to realistically avoid the commitment, a liability for the full funding obligation must be recognised.	Yes*	No*	N/a*
		✓	✓	✓
Redundancy cost	The charity made no redundancy payments during the reporting period.	Yes*	No*	N/a*
		✓	✓	✓

Note 3		Income				
	Analysis of income	Unrestricted funds	Restricted income funds	Endowment funds	Total funds	Prior year
					£	£
Donations and legacies:	Donations and gifts	7,013	-	-	7,013	1,340
	Gift Aid	831	-	-	831	2,179
	Legacies	-	-	-	-	-
	General grants provided by government/other charities	-	-	-	-	-
	Membership subscriptions and sponsorships which are in substance donations	-	-	-	-	-
	Donated goods, facilities and services	-	-	-	-	-
	Other	-	-	-	-	-
	Total	7,844	-	-	7,844	3,519
Charitable activities:		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Other trading activities:		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Income from investments:	Interest income	-	-	-	-	-
	Dividend income	-	-	-	-	-
	Rental and leasing income	-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Separate material item of income		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Total	-	-	-	-	-
Other:	Conversion of endowment funds into income	-	-	-	-	-
	Gain on disposal of a tangible fixed asset held for charity's own use	-	-	-	-	-
	Gain on disposal of a programme related investment	-	-	-	-	-
	Royalties from the exploitation of intellectual property rights	-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
TOTAL INCOME		7,844	-	-	7,844	3,519

Section C		Notes to the accounts				(cont)			
Note 6		Expenditure							
		This year				Last year			
Analysis		Unrestricted funds	Restricted income funds	Endowment funds	Total funds	Unrestricted funds	Restricted income funds	Endowment funds	Total funds
Expenditure on raising funds:					£				£
Incurred seeking donations		-	-	-	-	-	-	-	-
Incurred seeking legacies		-	-	-	-	-	-	-	-
Incurred seeking grants		-	-	-	-	-	-	-	-
Operating membership schemes and social lotteries		-	-	-	-	-	-	-	-
Staging fundraising events		-	-	-	-	-	-	-	-
Fudraising agents		-	-	-	-	-	-	-	-
Operating charity shops		-	-	-	-	-	-	-	-
Operating a trading company undertaking non-charitable trading activity		-	-	-	-	-	-	-	-
Advertising, marketing, direct mail and publicity		-	-	-	-	174	-	-	174
Start up costs incurred in generating new source of future income		-	-	-	-	-	-	-	-
Database development costs		-	-	-	-	-	-	-	-
Other trading activities		-	-	-	-	-	-	-	-
Investment management costs:		-	-	-	-	-	-	-	-
Portfolio management costs		-	-	-	-	-	-	-	-
Cost of obtaining investment advice		-	-	-	-	-	-	-	-
Investment administration costs		-	-	-	-	-	-	-	-
Intellectual property licencing costs		-	-	-	-	-	-	-	-
Rent collection, property repairs and maintenance charges		-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-
Total expenditure on raising funds		-	-	-	-	174	-	-	174
Expenditure on charitable activities:									
IT Software and consumables		2,000	-	-	2,000	426	-	-	426
Administration Support		-	-	-	-	1,113	-	-	1,113
Subscriptions		5	-	-	5				
Insurance		326	-	-	326	43	-	-	43
Attendance at World Parkinsons Conference		1,556	-	-	1,556	-	-	-	-
Total expenditure on charitable activities		3,887	-	-	3,887	1,582	-	-	1,582
Separate material item of expense									
		-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-
Total		-	-	-	-	-	-	-	-
Other									
		-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-
Total other expenditure		-	-	-	-	-	-	-	-
TOTAL EXPENDITURE		3,887	-	-	3,887	1,756	-	-	1,756

Section C		Notes to the accounts		
Note 10	Details of certain types of expenditure			
Note 10.1 Fees for examination of the accounts				
<i>Please provide details of the amount paid for any statutory external scrutiny of accounts and other services provided by your independent examiner. If nothing was paid please enter '0' in the appropriate box(es).</i>				
			This year £	Last year £
Independent examiner's fees			-	-
Assurance services other than independent examination			-	-
Tax advisory fees			-	-
Other fees (for example: financial advice, consultancy, accountancy services) paid to the independent examiner			-	-

Section C		Notes to the accounts		(cont)
Note 19		Debtors and prepayments		
<i>Please complete this note if the charity has any debtors or prepayments.</i>				
19.1 Analysis of debtors				
			This year £	Last year £
Trade debtors			-	-
Prepayments and accrued income			831	-
Other debtors			-	-
Total			831	-
<i>Complete 19.2 where a material debtor is recoverable more than a year after the reporting date.</i>				
19.2 Disclosure of debtors recoverable in more than 1 year (included in debtors above)				
			This year £	Last year £
Trade debtors			-	-
Prepayments and accrued income			-	-
Other debtors			-	-
Total			-	-

Section C **Notes to the accounts** **(cont)**

Note 20 **Creditors and accruals**

Please complete this note if the charity has any creditors or accruals.

20.1 Analysis of creditors				
	Amounts falling due within one year		Amounts falling due after more than one year	
	This year	Last year	This year	Last year
	£	£	£	£
Accruals for grants payable	-	-	-	-
Bank loans and overdrafts	-	-	-	-
Trade creditors	-	-	-	-
Payments received on account for contracts or performance-related grants	-	-	-	-
Accruals and deferred income	1,000	-	-	-
Taxation and social security	-	-	-	-
Other creditors	-	-	-	-
Total	1,000	-	-	-

Section C **Notes to the accounts** **(cont)**

Note 24 **Cash at bank and in hand**

			This year	Last year
			£	£
Short term cash investments (less than 3 months maturity date)			-	-
Short term deposits			-	-
Cash at bank and on hand			9,878	5,752
Other			-	-
Total			9,878	5,752

Deferred income	No material item of deferred income has been included in the accounts.	Yes*	No*	N/a*
		✓	✓	✓
Creditors	The charity has creditors which are measured at settlement amounts less any trade discounts	Yes*	No*	N/a*
		✓	✓	✓
Provisions for liabilities	A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date	Yes*	No*	N/a*
		✓	✓	✓
Basic financial instruments	The charity accounts for basic financial instruments on initial recognition as per paragraph 10.7 FRS102 SORP. Subsequent measurement is as per paragraphs 11.17 to 11.19, FRS102 SORP.	Yes*	No*	N/a*
		✓	✓	✓
2.4 ASSETS				
Tangible fixed assets for use by charity	These are capitalised if they can be used for more than one year, and cost at least			
	They are valued at cost.	Yes*	No*	N/a*
		✓	✓	✓
	The depreciation rates and methods used are disclosed in note 14.			
Intangible fixed assets	The charity has intangible fixed assets, that is, non-monetary assets that do not have physical substance but are identifiable and are controlled by the charity through custody or legal rights. The amortisation rates and methods used are disclosed in note 15.	Yes*	No*	N/a*
		✓	✓	✓
	They are valued at cost.	Yes*	No*	N/a*
		✓	✓	✓
Heritage assets	The charity has heritage assets, that is, non-monetary assets with historic, artistic, scientific, technological, geophysical or environmental qualities that are held and maintained principally for their contribution to knowledge and culture. The depreciation rates and methods used as disclosed in note 16.	Yes*	No*	N/a*
		✓	✓	✓
	They are valued at cost.	Yes*	No*	N/a*
		✓	✓	✓
Investments	Fixed asset investments in quoted shares, traded bonds and similar investments are valued at initially at cost and subsequently at fair value (their market value) at the year end. The same treatment is applied to unlisted investments unless fair value cannot be measured reliably in which case it is measured at cost less impairment.	Yes*	No*	N/a*
		✓	✓	✓
	Investments held for resale or pending their sale and cash and cash equivalents with a maturity date of less than 1 year are treated as current asset investments	Yes*	No*	N/a*
		✓	✓	✓
Stocks and work in progress	Stocks held for sale as part of non-charitable trade are measured at the lower or cost or net realisable value.	Yes*	No*	N/a*
		✓	✓	✓
	Goods or services provided as part of a charitable activity are measured at net realisable value based on the service potential provided by items of stock.	Yes*	No*	N/a*
		✓	✓	✓
	Work in progress is valued at cost less any foreseeable loss that is likely to occur on the contract.	Yes*	No*	N/a*
		✓	✓	✓
Debtors	Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.	Yes*	No*	N/a*
		✓	✓	✓
Current asset investments	The charity has investments which it holds for resale or pending their sale and cash and cash equivalents with a maturity date less than one year. These include cash on deposit and cash equivalents with a maturity of less than one year held for investment purposes rather than to meet short-term cash commitments as they fall due.	Yes*	No*	N/a*
		✓	✓	✓
	They are valued at fair value except where they qualify as basic financial instruments.	Yes*	No*	N/a*
		✓	✓	✓

Trustees' Remuneration and Benefits

There were no trustee remunerations or other benefits for the period ended 31 March 2024.

Reference and Administrative Details

Registered Charity number 1165177

Principal address

Spotlight YOPD

c/o Staveley Methodist Church

Chesterfield Road

Staveley

S43 3XD

Bankers are Handelsbanken Ashford

Handelsbanken plc

Suite 2, First Floor, International House

Dover Place

Ashford

TN23 1HU

Trustees

Mr Mark Webb reappointed 03/06/2023

Dr Sally Smith reappointed 05/02/2023

Mr Gavin Jones reappointed 04/09/2022

Mr B Standen reappointed 07/10/2023

Ms B Lee reappointed 07/10/2023

Mr M Eagles reappointed 05/01/24

Mr Andrew Hobbs appointed 03/11/2021

Ms Shazia Dar appointed 01/12/2021

Mrs Emma Edwards appointed 03/05/23

Mrs Joy Milne appointed 07/06/23

Mrs N S Cole reappointed 23/05//2022 (Chair)

Ms Gaynor Edwards Co-founder and CEO resigned 30/08/23

Mr Carl Beech CEO appointed 01/09/23