

SPOTLIGHT YOPD

England & Wales · Charity number 1165177

Details

Status Registered

Legal form CIO

Registered 2016-01-15

Register [View on the Charity Commission register](#)

Contact

Address Bridgehouse Company Secretaries Ltd
181 Queen Victoria Street
London
EC4V 4EG

Phone 07954 136119

Email contact@spotlightyopd.org

Website spotlightYOPD.org

Activities

Objects: TO PROMOTE HEALTH AND TO RELIEVE THOSE SUFFERING FROM YOUNG ONSET PARKINSON'S DISEASE (YOPD) AND TO PROVIDE SUPPORT BOTH FOR SUCH PERSONS AND THEIR FAMILIES; TO ADVANCE THE EDUCATION OF THE PUBLIC (INCLUDING SCIENTIFIC EDUCATION) AND RAISE AWARENESS IN ALL AREAS RELATING TO YOUNG ONSET PARKINSON'S DISEASE (YOPD)

Activities: A UK-based charity with a global reach, raising awareness of Young Onset Parkinson's Disease and providing support to those living with the condition - using resources both online and offline.

Classification

- **How:** Provides Advocacy/advice/information
- **What:** The Advancement Of Health Or Saving Of Lives
- **Who:** The General Public/mankind

Geography

- Throughout England And Wales

Finances

Period end	Income	Expenditure	Assets	Employees
2025-03-31	£9,204	£4,642	-	-
2024-03-31	£7,844	£3,887	-	-
2023-03-31	£3,519	£1,756	-	-
2022-03-31	£3,947	£3,023	-	-
2021-03-31	£1,808	£1,809	-	-

Trustees

Name	Role	Appointed
Dawn Elaine Harding	Chair	2025-01-06
Bethany Joy Lee		2020-10-07
Bradley Michael Standen		2020-10-07
Dr Alexandra Rose Hermione Knighton		2024-11-27
Lee Paul Clark		2025-09-03
Mark Webb		2020-06-03
Matthew David Eagles		2021-01-06
Matthew James Leighton Kay		2025-02-27
Paul Morris		2025-09-03
Shazia Dar		2021-12-01

SPOTLIGHT YOPD

England & Wales - Charity number 1165177

Accounts

Report of the Trustees and Financial Statements

The logo for Spotlight YOPD is a large, semi-circular shape composed of numerous parallel diagonal lines. The lines on the left are a vibrant magenta, while the lines on the right transition into a lighter, peachy-orange hue. The text "Spotlight YOPD" is overlaid on the right side of this graphic in a bold, red, sans-serif font.

Spotlight
YOPD

01/04/2024 -
31/03/2025

Spotlight YOPD
Registered Charity number 1165177

CHAIRS REPORT



Spotlight YOPD has had a year of consolidation and continued significant growth.

During 2024, we took the decision to change our governance structure to reflect the maturity of the Charity, separating the Executive and Trustee Boards. This has resulted in some significant changes and the recruitment of new posts.

I would like to express my

thanks to Carl Beech for his tenure at Spotlight YOPD as CEO, he influenced significant changes and improved our support model. We wish him every success in the future.

In addition to the change in structure, 2024 saw new IT systems and the introduction of Podcasts and YOPD group Support Calls. As a result, the Board introduced a range of new policies, such as one for social media, to ensure we managed the risks associated with greater exposure.

We used Parkinson's awareness day in April 2024 to focus with our partners on awareness and in addition launched our updated website with revised content for those newly diagnosed.

The focus on the way we work as a charity and testing the boundaries with our support and awareness models means we are in an excellent position to continue influence and support the YOPD community next year.

May 2025 brings the end of my period as a trustee and the Chair of the trustees and so it seems proper for me to also thank my fellow trustees for their dedication and support and wish the new Chair, Dawn Harding, all the best for her role.

Nikki Cole

Chair, Spotlight YOPD

THANK YOU TO ALL OUR SUPPORTERS

Over the last year, we have welcomed many new supporters across the UK and the globe. Thank you all for your support and a special thanks to those who have fundraised and made donations to our charity so that we can continue our work.

Special thanks also go to:

- Trevor Hart of <https://www.trevorrayhart.com> for the photography project with some of our YOPD members to provide new images for our website.
- Handelsbanken and Karen Jones for their support and advice.
- Wide Slide <https://wideslide.uk> for building and maintaining our new website.
- Gavin Jones, our former trustee, for all his work on marketing and social media.
- Debbie Vernon, our former charity secretary, who brought structure and strong process to strengthen our governance.
- To Andrew Hobbs and Joy Milne, who stepped down as trustees, but picked up the baton as Patrons and who continue to add so much to our charity and the wider Parkinson's community.
- To Emma Edwards, who moved from trustee to our deputy CEO, and has strengthened our Executive Team.



Contents

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INTRODUCTION

Introduction

The Annual Report of Trustees is presented as both a general overview of the work undertaken by the Charity, but also as their report with the financial statements of the Charity for the period 1 April 2024 to 31 March 2025. Spotlight YOPD is a Charitable Incorporated Organisation (CIO) that is eligible for gift aid.

Objectives

The objects of the charity are:

- 1) To promote health and to relieve those suffering from Young Onset Parkinson's Disease (YOPD) and to provide support both for such persons and their families.
- 2) To advance the education of the public (including scientific education) and raise awareness in all areas relating to Young Onset Parkinson's Disease.

Vision:

Shining a light on better living now with young onset Parkinson's (YOPD) and researching for a brighter future.

Aims:

- To be "the voice" of YOPD
- To have a fully funded vision with an operational reserve
- To be the "go to" resource for information on YOPD
- Every major population centre to have a supportive network
- Faster diagnosis
- Campaigns

Values:

Our values are important to us and can be found on our website

<https://spotlightyopd.org/>

ACHIEVEMENTS AND PERFORMANCE

1. Raising Awareness and Engagement

There have been several new initiatives this year – some of which were highlighted in the last Annual Report as part of our Strategic direction

a) Spotlight YOPD Podcasts

Our CEO, Carl Beech, set up and ran several podcasts through this year. The aim of the podcasts was to bring the “lived experience” of people with YOPD to anyone newly diagnosed, so they can hear that it is possible to live with the condition and still have fun, after all having a positive attitude is the best approach to living with YOPD.

Contributors to the podcasts included a Parkinsons Nurse and people with lived experience of YOPD

Feedback was received from individuals with YOPD that this was a valuable resource and that they would like to see more of these in the future.

b) Spotlight YOPD Zoom Calls

The YOPD calls/ webinars, were facilitated by Carl as the CEO, Guest speakers included a neuro-physiotherapist, a Parkinsons nurse and a dietitian with YOPD. These were attended by over 30 people with YOPD on average and received positive feedback.

c) Parkinson’s Awareness Day 2024

Gaynor Edwards (Founder and Patron) and Carl Beech (CEO) were in London on 11 April 2024 for a key publicity moment outside Downing Street for the Parky Charter. Joining them were the CEOs from Parkinson’s UK and CareUK along with the Movers and Shakers group.

We launched our new website on World Parkinson's Day in 2024. This included our wall of fame, which invited people with YOPD to upload their image to the wall on our website. Matt Eagles, trustee, publicised the taking over of Piccadilly Circus where 100s pictures of people



with Parkinson's were illuminated on the electronic billboards, including Matt. Its sole purpose was to raise awareness.

Matt also publicised a song for World Parkinson's Day which was a remake of a Depeche Mode song called 'Shake the Disease' and he took part for an hour in a 24-hour livestream with PD Avengers called 'Spark the Night'.

Spotlight YOPD shared the videos that we made (under the campaign tile of “glitches”) on all our social media platforms, with the most views coming from Facebook and our website.

The podcasts were uploaded to the website along with a donations link.

Finally, new material related to psychological adjustment for those newly diagnosed with YOPD was made available on our website.

FUNDRAISING

We introduced some new platforms to help with fundraising:

Just Giving and Donorfy and we were thrilled to receive some significant donations: for example, one donor completed an ultra-marathon and a marathon raising over £1000 for us. We are very grateful for all fundraising in support of the YOPD community.

1. Social Media

Spotlight YOPD encourages all trustees, executives and other volunteers to use their own social media channels to promote the work that we undertake. In order to facilitate this, we wrote a policy to guide everyone.

We have seen a wonderful increase in the traffic flowing through our social media channels with the help of everyone involved.



2. External Activities and Influencing Opportunities

One of the key activity areas is to raise awareness of YOPD. Listed are some of the activities undertaken in 2024

- A meeting with Mims Davies, Disabilities Minister, in May 2024

Two interviews with Parkinson's Disease organisations outside the UK

- Development of advocacy work with Parkinson's UK around the Parky Charter
- A talk to 80 Clinicians in North Wales, a pain management team and a Myelodysplastic Syndrome (MDS) team in Wrexham
- Radio interviews, including regional BBC in the Channel Islands
- A meeting with the CEO of Fight Parkinson's in Australia
- Our CEO and some trustees were guests on the Together with Sharon Podcast (created to raise awareness and hope for a cure for Parkinson's).
- Our CEO worked as a consultant (voluntary) for a film about YOPD called "The Game" and attended on set to give guidance to the actors and coach. A financial contribution was made by Cure Parkinsons and Spotlight received a credit
- Participated in an online meeting with an NHS peer support group
- Attended the Cure Parkinson's conference in Grand Rapid
- Attended ParCon in Leeds

3. Partnerships

We believe in positive and productive partnerships and that we have a stronger voice together. We are keen to work with partners seeking to support the Parkinson's community and have key relationships with the following organisations:

Parkinson's UK

We maintained regular meetings over the year, CEO to CEO, Chair to Chair and involvement in a few specific projects.

Neurological Alliance

The Neurological Alliance is a key partner for Spotlight YOPD as it is both a group to lobby for neurological conditions and one that has a sub-group focussed on rare conditions affecting <2000 people in UK.

The Neurological Alliance put together a campaign for the election and Spotlight was involved in advocating to all prospective parliamentary candidates ahead of the election, to raise awareness of their one-in-six campaign, raising awareness of the number of people that have a neurological condition, including YOPD.

We have also shared the results of their annual survey of its members and anyone with a neurological condition to help with lobbying work.



Movers and Shakers

Our Founder and Patron, Gaynor Edwards, promoted links with “Movers and Shakers” and, as a result, many of our trustees, patrons and the CEO of Spotlight YOPD contributed to some of the “Movers and Shakers” podcasts.

Activities mapped against Spotlight YOPD Objectives:

Activity	Objective 1	Objective 2
Spotlight YOPD Podcasts	X	X
Spotlight YOPD Community Webinars	X	
Parkinsons Awareness Day 2024		X
Fundraising	X	X
Social Media	X	X
External Activities and Influencing	X	X
Partnerships	X	X

FUTURE PLANS

Our charity already has an overarching Strategy 2023 – 2027 in place, which aligns to our mission statement and charitable objectives.

Our plans for 2025/ 2026 build on this and four areas of key focus for our charity will be:

1. World Parkinsons Congress in Phoenix in May 2026.

This event provides an important opportunity to amplify the voice of those with YOPD and to broaden our network. We will be promoting the event and sending representation from the charity.

2. Supporting our Volunteers

Expanding on our objective to recruit and develop more volunteers, we will develop and consult on a new volunteering strategy.

The charity already has several volunteers and we have a volunteers agreement and enhanced training, but its important we have a clear strategy in place as those numbers expand.



3. Strengthening Partnerships.

Spotlight YOPD already works with other Parkinson's charities, with clinical specialists, research institutions and community groups, to raise awareness of the condition and to signpost to research and treatment options. It is however important that we continue to have clear principles and governance in place to ensure the best use of resources relative to our objectives. We will set out to complete a stakeholder mapping exercise with our trustees, executive team, patrons and ambassadors to ensure that this happens.

4. Medium Term Financial Plan

Spotlight YOPD has already put initiatives in place to support fundraising and financial planning. Our medium-term financial plan will build upon that to inform our future fundraising requirements and grant applications.

5. Building Our Brand

We will be developing brand guidelines and the use of campaigns and events to ensure we have a professional image that maximises our reach.

6. Families and carers

We plan to develop a network for those directly supporting the YOPDers as we have had requests for a network

RISK

Managing our risks continues to be an especially important aspect of our work as a Charity.

Being aware of those areas that may adversely impact on our vision, mission, aims and objectives is not simply good governance and good leadership and management, it also allows us to take action and proactively mitigate and improve in our work. The trustees remain committed to effective risk management, ensuring that significant threats to the charity's objectives are identified, assessed, and managed in line with best practice for UK Charitable Incorporated Organisations (CIOs). The Risk Register is reviewed regularly, and this process allows the Board to focus on higher-priority risks while monitoring emerging and lower-impact issues.

Safety of Trustees & Volunteers

This risk, first identified in 2024, remains high. The Charity recognises both the physical risks associated with attending external venues and events and also the emotional impact of supporting people with YOPD. The Board continues to view this as an important area, ensuring that trustees and volunteers can carry out their roles safely and with confidence.

Chairmanship, Senior and Specialist Skills Roles

This risk remains medium. The Charity recognises the importance of strong leadership and access to specialist skills and has taken steps to ensure continuity and resilience. A succession plan is in place, supported by a completed key skills matrix to identify strengths and gaps on the Board. In addition, a revised Trustee training programme is being introduced to mitigate any potential loss of expertise and to strengthen the overall capability of the Board. The Board remains confident that these measures ensure resilience in governance and leadership, supporting the Charity's ability to continue its work effectively.

Cyber Security (Risk)

A new risk was identified in 2025 reflecting the growing importance of cyber security. It is assessed as a medium risk. Insurance cover is in place, separate cyber insurance is not required due to existing protections under Google's systems. Mitigations include strong financial controls, revised training for Trustees and volunteers on phishing and cyber threats. This risk will be closely monitored as digital activity increases to ensure resilience is maintained.

Communication Management, Volunteer Training, and Copyright (Risk)

These risks remain assessed at medium in both 2024 and 2025. The Charity recognises the potential for reputational damage through miscommunication or errors in the age of social media, the importance of ensuring volunteers are appropriately trained in safeguarding and data confidentiality, and the need to follow copyright requirements. Mitigations in place include training for Trustees, volunteers and staff, an induction programme covering information governance, safeguarding and GDPR, and clear guidance on copyright compliance, including the creation of in-house resources and obtaining permissions where required. These controls remain effective in keeping the risks low, and the Board continues to monitor them to ensure that standards are maintained as the Charity grows.

Finance

In 2024, finance remained one of the top three risks, reflecting the possibility of financial pressures despite a stronger bank balance and early fundraising successes. In 2025, the risk score has reduced to medium 6. Mitigations are in place including internal controls, an agreed delegation of authority, monthly Board reporting and monitoring, a fundraising plan, and the adoption of a business plan to guide income generation and expenditure. These measures have increased confidence in the Charity's financial sustainability while ensuring appropriate oversight and accountability.

Other risks

Other risks have remained at a similar score over the year, except risk about the website and sustainability. In 2024, both Sustainability and Website risks were assessed as medium with a score of 8. In 2025, these risks have reduced to Score of 4, reflecting the Charity's progress in strengthening financial planning, embedding robust controls, and improving digital oversight. These areas will continue to be monitored to ensure the Charity maintains resilience in both long-term sustainability and digital operations.

Summary

Over the year we have continually monitored our risks and Trustees have reviewed them at Board meetings. Actions are in place to mitigate identified risks. Our risk management continues to mature and enhances our understanding and ability to identify and manage the risks we face as a small charity.

Sally Smith

Vice Chair 2024/25

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The Charity is controlled by its governing document, a constitution of a Charitable Incorporated Organisation, dated 15 January 2016.

The 2023/24 Trustees Annual report was submitted to the Charity Commission and with the publication of the 24/25 report, we now have six sets of accounts with independent review.

All newly appointed trustees received comprehensive training on Safeguarding, Risk Management, and General Data Protection Regulation (GDPR) during their inductions.

During the year, the Board made key decisions to strengthen governance, improve transparency, and support growth. Highlights include:

- Clarifying conflict of interest boundaries and approving use of data protocols.
- Adopting core values and key policies (safeguarding, bullying & harassment, financial controls).
- Advancing succession planning, including appointing a Chair-elect and recruiting new Trustees.
- Approving the 2024/25 budget with adjustments and improving website and financial processes.
- Supporting awareness campaigns, ambassador initiatives, and international representation.
- Updating the organisational structure and role definitions to support future strategy.

The Board held an EGM to discuss any potential conflicts regarding Carl Beech's (then CEO) involvement with Spotlight YOPD and Beech Band Ltd., concluding no conflict existed, the board provided clear role distinctions and governance boundaries guidelines. The Board approved conditional use of the Spotlight YOPD brand on Beech Band devices, prohibited access to member data without consent, and supported research collaboration under established oversight. Disclaimers are required for Beech Band activities to avoid brand confusion. The Board also recognised the need for future succession planning for the CEO role.

Recruitment and appointments

A comprehensive recruitment campaign was launched in October to identify and appoint a new Chair and Trustees. Following an extensive advertisement of the roles, a rigorous interview process was conducted, leading to the Board of Trustees approving the appointment of four new Trustees and a Chair elect.

This initiative aimed to enhance the skill set of the Board in line and in anticipation of the conclusion of the current Chair's second term in May 2025.

Additionally, one Trustee was reappointed for a second term of three years. This decision was made based on the positive impact the Trustee had during their initial term and the necessity to maintain both continuity and an optimal mix of skills.

There were four resignations in total from the Board, with three of the departing Trustees transitioning into other roles within the organisation.

Several new roles were established within the Executive team, including Deputy CEO, Finance Manager, and two Bookkeepers. Furthermore, two new Charity Secretaries were appointed, tasked with ensuring the efficient administration of the Charity and compliance with statutory and regulatory requirements. An Administrative Assistant was also recruited to provide support to the Chair and the Charity Secretariat.

Lastly, the charity proudly announced the addition of two new patrons to its esteemed roster.

Financial Review

The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice (SORP) applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) and also in accordance with the requirements of the Charities Act 2011.

Income (all from donations) was up by 17% and at £9,204 was our best year yet. Spending was up in proportion but this still left us with a healthy surplus of £4562 to add to our existing funds and bring that up to £14,271 (all unrestricted.) In addition to commitments to keep our web-site updated, postal services for our registered address, insurance and implementing an accounting system we are looking at planning for the next World Parkinsons Congress in Phoenix, USA in May 2026 which is likely to be expensive for us to have representation.

With the majority donations coming to us effectively as grants from justGiving and PayPal we no longer claim Gift Aid directly on those donations – hence the apparent decline in Gift Aid. However the grants from those bodies does include an element of gift aid, so we still benefit. With the ending of free fundraising platforms we have identified the charges element in the fundraising costs – there was a small element in the previous year which we estimate would have been very small.



Signed on behalf of the Board of Trustee as agreed at the meeting of 26th November 2025

<u><i>Dawn Harding</i></u>	<i>Mark Webb</i>	<i>Samantha Cole</i>
Dawn Harding Chair	Mark Webb Treasurer	Samantha Cole CEO

Financial statements





Independent examiner's report to the trustees of Spotlight YOPD

I report to the trustees on my examination of the accounts of the Spotlight YOPD (the Trust) for the year ended 31 March 2025.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. The accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

A handwritten signature in black ink, appearing to read "J. Withers", written over a horizontal line.

Name:

James Withers CGMA

Relevant professional qualification or membership of professional bodies (if any): CGMA (Chartered Global Management Accountant)

Address: 47 Pevensey Way, Camberley, GU16 9UU

Date: 17/01/2026

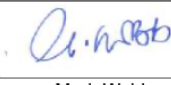
Spotlight YOPD			Charity No	1165117	
			Company No	CE006044	
Annual accounts for the period					
Period start date		01/04/2024	To	Period end date	31/03/2025

Section A Statement of financial activities (including summary income and expenditure account)

Recommended categories by activity			Unrestricted funds	Restricted income funds	Endowment funds	Total funds	Prior year funds
			£	£	£	£	£
Income (Note 3)			F01	F02	F03	F04	F05
Income and endowments from:							
Donations and legacies		S01	9,204	-	-	9,204	7,844
Charitable activities		S02	-	-	-	-	-
Other trading activities		S03	-	-	-	-	-
Investments		S04	-	-	-	-	-
Separate material item of income		S05	-	-	-	-	-
Other		S06	-	-	-	-	-
Total		S07	9,204	-	-	9,204	7,844
Expenditure (Notes 6)							
Expenditure on:							
Raising funds		S08	262	-	-	262	-
Charitable activities		S09	4,380	-	-	4,380	3,887
Separate material expense item		S10					
Other		S11	-	-	-	-	-
Total		S12	4,642	-	-	4,642	3,887
Net income/(expenditure) before tax for the reporting period		S13	4,562	-	-	4,562	3,957
Tax payable		S14	-	-	-	-	-
Net income/(expenditure) after tax before investment gains/(losses)		S15	4,562	-	-	4,562	3,957
Net gains/(losses) on investments		S16	-	-	-	-	-
Net income/(expenditure)		S17	4,562	-	-	4,562	3,957
Extraordinary items		S18	-	-	-	-	-
Transfers between funds		S19	-	-	-	-	-
Other recognised gains/(losses):							
Gains and losses on revaluation of fixed assets for the charity's own use		S20	-	-	-	-	-
Other gains/(losses)		S21	-	-	-	-	-
Net movement in funds		S22	4,562	-	-	4,562	3,957
Reconciliation of funds:							
Total funds brought forward		S23	9,709	-	-	9,709	5,752
Total funds carried forward		S24	14 271	-	-	14 271	9 709

Spotlight YOPD		Charity No	1165117			
		Company No	CE006044			
Annual accounts for the period		Period start date: 01/04/2024		To period end date: 31/03/2025		
Section B Balance sheet						
		Unrestricted funds £	Restricted income funds £	Endowment funds £	Total this year £	Total last year £
	Guidance note	F01	F02	F03	F04	F05
Fixed assets						
Intangible assets	(Note 15) B01	-	-	-	-	-
Tangible assets	(Note 14) B02	-	-	-	-	-
Heritage assets	(Note 16) B03	-	-	-	-	-
Investments	(Note 17) B04	-	-	-	-	-
Total fixed assets	B05	-	-	-	-	-
Current assets						
Stocks	(Note 18) B06	-	-	-	-	-
Debtors	(Note 19) B07	260	-	-	260	831
Investments	(Note 17.4) B08	-	-	-	-	-
Cash at bank and in hand	(Note 24) B09	14,515	-	-	14,515	9,878
Total current assets	B10	14,775	-	-	14,775	10,709
Creditors: amounts falling due within one year	(Note 20) B11	504	-	-	504	1,000
Net current assets/(liabilities)	B12	14,271	-	-	14,271	9,709
Total assets less current liabilities	B13	14,271	-	-	14,271	9,709
Creditors: amounts falling due after one year	(Note 20) B14	-	-	-	-	-
Provisions for liabilities	B15	-	-	-	-	-
Total net assets or liabilities	B16	14,271	-	-	14,271	9,709
Funds of the Charity						
Endowment funds	(Note 27) B17	-	-	-	-	-
Restricted income funds	(Note 27) B18	-	-	-	-	-
Unrestricted funds	B19	14,271	-	-	14,271	9,709
Revaluation reserve	B20	-	-	-	-	-
Fair value reserve	B21	-	-	-	-	-
Total funds	B22	14,271	-	-	14,271	9,709
The company was entitled to exemption from audit under s477 of the Companies Act 2006 relating to small companies.						
The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.						
The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to						

These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with FRS102 SORP.

Signed by one or two trustees/directors on behalf of all the trustees/directors	Print Name	Date of approval dd/mm/yyyy
		26/11/2025
	Mark Webb	Treasurer

Section C		Notes to the accounts	
Note 1 Basis of preparation			
<i>This section should be completed by all charities</i>			
1.1 Basis of accounting			
These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.			
The accounts have been prepared in accordance with:			
• and with*	☒	the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014	
• and with*	☒	the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)	
• and with the Charities Act 2011.			
The charity constitutes a public benefit entity as defined by FRS 102.*		☒	
* -Tick as appropriate			
1.2 Going concern			
<i>If there are material uncertainties related to events or conditions that cast significant doubt on the charity's ability to continue as a going concern, please provide the following details or state "Not applicable", if appropriate:</i>			
An explanation as to those factors that support the conclusion that the charity is a going concern;		NA	
Disclosure of any uncertainties that make the going concern assumption doubtful;		NA	
Where accounts are not prepared on a going concern basis, please disclose this fact together with the basis on which the trustees prepared the accounts and the reason why the charity is not regarded as a going concern.		NA	
1.3 Change of accounting policy			
The accounts present a true and fair view and no changes have been made to the accounting policies adopted in no { }.			
Yes*	☒	* -Tick as appropriate	
No*	☒		
1.4 Changes to accounting estimates			
No changes to accounting estimates have occurred in the reporting period (3.46 FRS102 SORP).			
Yes*	☒	* -Tick as appropriate	
No*	☒		
1.5 Material prior year errors			
No material prior year error have been identified in the reporting period (3.47 FRS102 SORP).			
Yes*	☒	* -Tick as appropriate	
No*	☒		

Section C	Notes to the accounts	(cont)
Note 2	Accounting policies	
<i>This standard list of accounting policies has been applied by the charity except for those deleted. Where a different or additional policy has been adopted then this is detailed in the box below.</i>		
2.1 RECONCILIATION WITH PREVIOUS GENERALLY ACCEPTED ACCOUNTING PRACTICE		
Please provide a description of the nature of each change in accounting policy	NA	

Section C	Notes to the accounts	(cont)						
Note 2	Accounting policies							
2.2 INCOME								
Recognition of income	These are included in the Statement of Financial Activities (SoFA) when: - the charity becomes entitled to the resources; - it is more likely than not that the trustees will receive the resources; - the monetary value can be measured with sufficient reliability.	<table> <tr> <th>Yes*</th><th>No*</th><th>N/a*</th></tr> <tr> <td>✓</td><td>✓</td><td>✓</td></tr> </table>	Yes*	No*	N/a*	✓	✓	✓
Yes*	No*	N/a*						
✓	✓	✓						
Offsetting	There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.	<table> <tr> <th>Yes*</th><th>No*</th><th>N/a*</th></tr> <tr> <td>✓</td><td>✓</td><td>✓</td></tr> </table>	Yes*	No*	N/a*	✓	✓	✓
Yes*	No*	N/a*						
✓	✓	✓						
Grants and donations	Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).	<table> <tr> <th>Yes*</th><th>No*</th><th>N/a*</th></tr> <tr> <td>✓</td><td>✓</td><td>✓</td></tr> </table>	Yes*	No*	N/a*	✓	✓	✓
Yes*	No*	N/a*						
✓	✓	✓						
	In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP).	<table> <tr> <th>Yes*</th><th>No*</th><th>N/a*</th></tr> <tr> <td>✓</td><td>✓</td><td>✓</td></tr> </table>	Yes*	No*	N/a*	✓	✓	✓
Yes*	No*	N/a*						
✓	✓	✓						
Legacies	Legacies are included in the SoFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.	<table> <tr> <th>Yes*</th><th>No*</th><th>N/a*</th></tr> <tr> <td>✓</td><td>✓</td><td>✓</td></tr> </table>	Yes*	No*	N/a*	✓	✓	✓
Yes*	No*	N/a*						
✓	✓	✓						
Government grants	The charity has received government grants in the reporting period	<table> <tr> <th>Yes*</th><th>No*</th><th>N/a*</th></tr> <tr> <td>✓</td><td>✓</td><td>✓</td></tr> </table>	Yes*	No*	N/a*	✓	✓	✓
Yes*	No*	N/a*						
✓	✓	✓						
Tax reclaims on donations and gifts	Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.	<table> <tr> <th>Yes*</th><th>No*</th><th>N/a*</th></tr> <tr> <td>✓</td><td>✓</td><td>✓</td></tr> </table>	Yes*	No*	N/a*	✓	✓	✓
Yes*	No*	N/a*						
✓	✓	✓						
Contractual income and performance related grants	This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.	<table> <tr> <th>Yes*</th><th>No*</th><th>N/a*</th></tr> <tr> <td>✓</td><td>✓</td><td>✓</td></tr> </table>	Yes*	No*	N/a*	✓	✓	✓
Yes*	No*	N/a*						
✓	✓	✓						
Donated goods	Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.	<table> <tr> <th>Yes*</th><th>No*</th><th>N/a*</th></tr> <tr> <td>✓</td><td>✓</td><td>✓</td></tr> </table>	Yes*	No*	N/a*	✓	✓	✓
Yes*	No*	N/a*						
✓	✓	✓						
	Gifts in kind for use by the charity are included in the SoFA as income from donations when receivable.	<table> <tr> <th>Yes*</th><th>No*</th><th>N/a*</th></tr> <tr> <td>✓</td><td>✓</td><td>✓</td></tr> </table>	Yes*	No*	N/a*	✓	✓	✓
Yes*	No*	N/a*						
✓	✓	✓						

Donated services and facilities	Donated services and facilities are included in the SoFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably.	Yes*	No*	N/a*
		✓	✓	✓
	Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SoFA.	Yes*	No*	N/a*
		✓	✓	✓
Support costs	The charity has incurred expenditure on support costs.	Yes*	No*	N/a*
		✓	✓	✓
Volunteer help	The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.	Yes*	No*	N/a*
		✓	✓	✓
Income from interest, royalties and dividends	This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.	Yes*	No*	N/a*
		✓	✓	✓
Income from membership subscriptions	Membership subscriptions received in the nature of a gift are recognised in Donations and Legacies.	Yes*	No*	N/a*
		✓	✓	✓
	Membership subscriptions which gives a member the right to buy services or other benefits are recognised as income earned from the provision of goods and services as income from charitable activities.	Yes*	No*	N/a*
		✓	✓	✓
Settlement of insurance claims	Insurance claims are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP) and are included as an item of other income in the SoFA.	Yes*	No*	N/a*
		✓	✓	✓
Investment gains and losses	This includes any realised or unrealised gains or losses on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.	Yes*	No*	N/a*
		✓	✓	✓

2.3 EXPENDITURE AND LIABILITIES				
Liability recognition	Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.	Yes*	No*	N/a*
		✓	✓	✓
Governance and support costs	Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.	Yes*	No*	N/a*
		✓	✓	✓
	Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.	Yes*	No*	N/a*
		✓	✓	✓
Grants with performance conditions	Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.	Yes*	No*	N/a*
		✓	✓	✓
Grants payable without performance conditions	Where there are no conditions attaching to the grant that enables the donor charity to realistically avoid the commitment, a liability for the full funding obligation must be recognised.	Yes*	No*	N/a*
		✓	✓	✓
Redundancy cost	The charity made no redundancy payments during the reporting period.	Yes*	No*	N/a*
		✓	✓	✓

Deferred income	No material item of deferred income has been included in the accounts.	Yes*	No*	N/a*
		✓	✓	✓
Creditors	The charity has creditors which are measured at settlement amounts less any trade discounts	Yes*	No*	N/a*
		✓	✓	✓
Provisions for liabilities	A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date	Yes*	No*	N/a*
		✓	✓	✓
Basic financial instruments	The charity accounts for basic financial instruments on initial recognition as per paragraph 10.7 FRS102 SORP. Subsequent measurement is as per paragraphs 11.17 to 11.19, FRS102 SORP.	Yes*	No*	N/a*
		✓	✓	✓
2.4 ASSETS				
Tangible fixed assets for use by charity	These are capitalised if they can be used for more than one year, and cost at least			
	They are valued at cost.	Yes*	No*	N/a*
		✓	✓	✓
	The depreciation rates and methods used are disclosed in note 14.			
Intangible fixed assets	The charity has intangible fixed assets, that is, non-monetary assets that do not have physical substance but are identifiable and are controlled by the charity through custody or legal rights. The amortisation rates and methods used are disclosed in note 15.	Yes*	No*	N/a*
		✓	✓	✓
	They are valued at cost.	Yes*	No*	N/a*
		✓	✓	✓
Heritage assets	The charity has heritage assets, that is, non-monetary assets with historic, artistic, scientific, technological, geophysical or environmental qualities that are held and maintained principally for their contribution to knowledge and culture. The depreciation rates and methods used as disclosed in note 16.	Yes*	No*	N/a*
		✓	✓	✓
	They are valued at cost.	Yes*	No*	N/a*
		✓	✓	✓
Investments	Fixed asset investments in quoted shares, traded bonds and similar investments are valued at initially at cost and subsequently at fair value (their market value) at the year end. The same treatment is applied to unlisted investments unless fair value cannot be measured reliably in which case it is measured at cost less impairment.	Yes*	No*	N/a*
		✓	✓	✓
	Investments held for resale or pending their sale and cash and cash equivalents with a maturity date of less than 1 year are treated as current asset investments	Yes*	No*	N/a*
		✓	✓	✓
Stocks and work in progress	Stocks held for sale as part of non-charitable trade are measured at the lower or cost or net realisable value.	Yes*	No*	N/a*
		✓	✓	✓
	Goods or services provided as part of a charitable activity are measured at net realisable value based on the service potential provided by items of stock.	Yes*	No*	N/a*
		✓	✓	✓
	Work in progress is valued at cost less any foreseeable loss that is likely to occur on the contract.	Yes*	No*	N/a*
		✓	✓	✓
Debtors	Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.	Yes*	No*	N/a*
		✓	✓	✓
Current asset investments	The charity has investments which it holds for resale or pending their sale and cash and cash equivalents with a maturity date less than one year. These include cash on deposit and cash equivalents with a maturity of less than one year held for investment purposes rather than to meet short-term cash commitments as they fall due.	Yes*	No*	N/a*
		✓	✓	✓

Section C		Notes to the accounts			(cont)	
Note 3		Income				
	Analysis of income	Unrestricted funds	Restricted income funds	Endowment t funds	Total funds £	Prior year £
Donations and legacies:	Donations and gifts	8,928	-	-	8,928	7,013
	Gift Aid	276	-	-	276	831
	Legacies	-	-	-	-	-
	General grants provided by government/other charities	-	-	-	-	-
	Membership subscriptions and sponsorships which are in substance donations	-	-	-	-	-
	Donated goods, facilities and services	-	-	-	-	-
	Other	-	-	-	-	-
	Total	9,204	-	-	9,204	7,844
Charitable activities:		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Other trading activities:		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Income from investments:	Interest income	-	-	-	-	-
	Dividend income	-	-	-	-	-
	Rental and leasing income	-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Separate material item of income		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Total	-	-	-	-	-
Other:	Conversion of endowment funds into income	-	-	-	-	-
	Gain on disposal of a tangible fixed asset held for charity's own use	-	-	-	-	-
	Gain on disposal of a programme related investment	-	-	-	-	-
	Royalties from the exploitation of intellectual property rights	-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
TOTAL INCOME		9 204	-	-	9 204	7 844

Section C		Notes to the accounts				(cont)			
Note 6		Expenditure							
		This year				Last year			
Analysis		Unrestricted funds	Restricted income funds	Endowment funds	Total funds	Unrestricted funds	Restricted income funds	Endowment funds	Total funds
Expenditure on raising funds:					£				£
Incurred seeking donations		262	-	-	262	-	-	-	-
Incurred seeking legacies		-	-	-	-	-	-	-	-
Incurred seeking grants		-	-	-	-	-	-	-	-
Operating membership schemes and social lotteries		-	-	-	-	-	-	-	-
Staging fundraising events		-	-	-	-	-	-	-	-
Fundraising agents		-	-	-	-	-	-	-	-
Operating charity shops		-	-	-	-	-	-	-	-
Operating a trading company undertaking non-charitable trading activity		-	-	-	-	-	-	-	-
Advertising, marketing, direct mail and publicity		-	-	-	-	-	-	-	-
Start up costs incurred in generating new source of future income		-	-	-	-	-	-	-	-
Database development costs		-	-	-	-	-	-	-	-
Other trading activities		-	-	-	-	-	-	-	-
Investment management costs:		-	-	-	-	-	-	-	-
Portfolio management costs		-	-	-	-	-	-	-	-
Cost of obtaining investment advice		-	-	-	-	-	-	-	-
Investment administration costs		-	-	-	-	-	-	-	-
Intellectual property licencing costs		-	-	-	-	-	-	-	-
Rent collection, property repairs and maintenance charges		-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-
Total expenditure on raising funds		262	-	-	262	-	-	-	-
Expenditure on charitable activities:									
IT softwares and consumables		559	-	-	559	2,000	-	-	2,000
Administration support		-	-	-	-	-	-	-	-
Subscriptions		5	-	-	5	5	-	-	5
Insurance		253	-	-	253	326	-	-	326
Travelling/Conference		2,755	-	-	2,755	1,556	-	-	1,556
Awareness/Publicity		808	-	-	808	-	-	-	-
Total expenditure on charitable activities		4,380	-	-	4,380	3,887	-	-	3,887
Separate material item of expense									
		-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-
Total		-	-	-	-	-	-	-	-
Other									
		-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-
Total other expenditure		-	-	-	-	-	-	-	-
TOTAL EXPENDITURE		4,642	-	-	4,642	3,887	-	-	3,887

Section C		Notes to the accounts		(cont)	
Note 10		Details of certain types of expenditure			
Note 10.1 Fees for examination of the accounts					
<i>Please provide details of the amount paid for any statutory external scrutiny of accounts and other services provided by your independent examiner. If nothing was paid please enter '0' in the appropriate box(es).</i>					
				This year	Last year
				£	£
Independent examiner's fees				-	-
Assurance services other than independent examination				-	-
Tax advisory fees				-	-
Other fees (for example: financial advice, consultancy, accountancy services) paid to the independent examiner				-	-

Section C		Notes to the accounts		(cont)	
Note 19		Debtors and prepayments			
<i>Please complete this note if the charity has any debtors or prepayments.</i>					
19.1 Analysis of debtors					
				This year	Last year
				£	£
Trade debtors				-	-
Prepayments and accrued income				260	831
Other debtors					-
Total				260	831
<i>Complete 19.2 where a material debtor is recoverable more than a year after the reporting date.</i>					
19.2 Disclosure of debtors recoverable in more than 1 year (included in debtors above)					
				This year	Last year
				£	£
Trade debtors				-	-
Prepayments and accrued income				-	-
Other debtors				-	-
Total				-	-

Section C		Notes to the accounts		(cont)
Note 20 Creditors and accruals				
Please complete this note if the charity has any creditors or accruals.				
20.1 Analysis of creditors				
	Amounts falling due within one year		Amounts falling due after more than one year	
	This year	Last year	This year	Last year
	£	£	£	£
Accruals for grants payable	-	-	-	-
Bank loans and overdrafts	-	-	-	-
Trade creditors	-	-	-	-
Payments received on account for contracts or performance-related grants	-	-	-	-
Accruals and deferred income	504	1,000	-	-
Taxation and social security	-	-	-	-
Other creditors	-	-	-	-
Total	504	1,000	-	-

Section C		Notes to the accounts		(cont)	
Note 24 Cash at bank and in hand					
				This year	Last year
				£	£
Short term cash investments (less than 3 months maturity date)				-	-
Short term deposits				-	-
Cash at bank and on hand				13,617	9,878
Other - PayPal balance				898	-
Total				14,515	9,878

Trustees Remuneration and Benefits

There were no trustee remunerations or other benefits for the period ended 31 March 2025

Spotlight
YOPD

REFERENCE AND ADMINISTRATION DETAILS

Registered Charity number 1165177

Principal address

Spotlight YOPD
c/o Bridgehouse Company Secretaries Ltd
Suite 2:06
Bridge House
181 Queen Victoria Street
London, EC4V 4EG

Bankers are Handelsbanken Ashford

Handelsbanken plc
Ground Floor, St Andrew's House, Station Road East
Canterbury, CT1 2BJ

Trustees

Dr Sally Smith reappointed 05/02/2023 (since resigned May 25)
Mr Mark Webb reappointed 03/06/2023
Mr Bradley Michael Standen reappointed 07/10/2023
Ms Bethany Joy Lee reappointed 07/10/2023
Mr Matthew David Eagles reappointed as a trustee 05/01/24
Ms Alexandra Rose Hermione Knighton appointed as a trustee 27/11/2024
Mr Atul Sharda appointed as a trustee 27/11/2024
Dr. Samantha Cole appointed as a trustee on 27/11/2024 (since moved to CEO role)
Ms Shazia Dar reappointed 01/12/2024
Ms Dawn Elaine Harding appointed as a trustee and chair elect 06/01/2025 (taking Chair in May 2025)
Mr Matthew James Leighton Kay was appointed as a trustee 27/02/2025
Mr Gavin Jones resigned from his role as trustee 14/04/2024
Mrs Emma Edwards resigned from her role as trustee on 10/10/2024 and was subsequently appointed as a Deputy CEO
Mrs Joy Milne resigned from her role as trustee on 09/10/2024 and now serves the Charity as a patron.

Other key changes in current year

Mr Andrew Hobbs resigned as trustee on 26 February 2025 and now serves the Charity as a patron.
Mrs N S Cole, who served as both Chair and Trustee, retired from her role on 01/05/2025.
Mr Carl Beech resigned from the role of CEO on 07/07/2025 and now serves the Charity as a patron.

Accounts

Spotlight YOPD

**Report of the Trustees and Financial Statements
for Spotlight YOPD (Registered Charity number 1165177)**

1 April 2023 to 31 March 2024



Chair's Report

We have had a lot to be thankful for over this last year. Quite a revolutionary year for us.

We are very thankful for all those people who have supported us throughout the year and enabled us to make a step change in the work that we do. If you are reading this – Thank you.

The year started with an impactful and insightful social media campaign that was globally recognised and applauded. Our partners, OpenHealth, built a team of specialists that designed the campaign, tested the concept and then delivered a host of different media, images and videos. A truly tremendous achievement.

Articles were published in "Rare Revolution" magazine in April, aligning with Parkinson's Awareness Month and our social media campaign. We extend our gratitude to Rare Revolution Magazine for their time and the heightened awareness they've provided among their readers.

Building on that success, five Trustees and the CEO turned up at the World Parkinsons Congress (WPC) in Barcelona. We managed to build a stand and created an amazing artwork and Graffiti Wall with help from all the YOPD affected people who visited the stand.

Gaynor Edwards (Founder and CEO) opened WPC on Monday morning with a speech to the Leadership Forum and then had a second speaking engagement on Tuesday morning at the YOPD working group for Leadership Forum. Gaynor was also involved with YOPD Women, and their book project, "In Her Shoes" which we showcased on our stand.

We were incredibly sad when Gaynor Edwards decided to resign as CEO - and then delighted that she agreed to stay with us as Patron.

Fortunately, Carl Beech found us and after a thorough recruitment process, agreed to become our new CEO. Carl has worked closely with the Board creating and installing a new strategy within a few months of starting.

The skills that Carl brings to the role in knowledge and use of Social Media has built on the long-standing contacts of Spotlight YOPD; corralled an increasing number of people with YOPD into a peer support group; and plans to start a series of Podcasts (Y-POD) to get the message out about the condition and the options that are available to support individuals.

The other major improvement on previous years, has been the success with fundraising. We have more people fundraising for us and we have improved our ability to receive funds. This allows us to fund a more ambitious set of projects for the next year as set out in the Strategy and means we are in a good position to deliver against the goals we have set ourselves.

We never stand still and we have even more ambitions for next year, including a revised and updated website looking carefully about what support was required for those with YOPD and what is required for those who support those with YOPD.



Nicola Cole

Chair, Spotlight YOPD

Thank you to all our supporters

Over the last year we've welcomed a number of new supporters across the UK and the globe and whilst we have tried to get back to everybody, please accept our apologies if we haven't and take this as thank you for your support.

Thanks also go to:

- Gaynor Edwards our Founder and CEO who has now moved on to be our Patron. Many years of attention, energy and focus have built the charity and the global recognition of Spotlight YOPD.
- Handlesbanken and Karen Jones.
- Parkinson's UK:
 - for building a closer relationship and recognising the importance and mutual benefit of sharing knowledge and information related to Parkinson's, enabling onward distribution of YOPD specific materials;
 - for providing a grant for 3 Trustees to gain access to World Parkinson's Congress in Barcelona.
- OpenHealth for their continued and sustained support with our awareness campaigns maturing across 2023 and delivering into 2024.
- Rare Revolution Magazine for recognising the alignment of YOPD being a rare condition.
- AbleLable who provide designer clothing for people who find it difficult to dress in normal clothes and a small commission for any business that comes through our website or social media platforms.
- Our Independent Assessor, Martin Livesey.
- Our new website provider, Wideslide.
- Ben Lazurus for a sponsored run in November 2023 and sharing his Self-management guide for our website.
- Neil Jones having completed an ultra-marathon and a marathon for us and Ellie Finch Hulme with another fundraiser expected to reach in excess of £1000.



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Introduction

The Trustees present their report with the financial statements of the Charity for the period 1 April 2023 to 31 March 2024.

Spotlight YOPD is a Charitable Incorporated Organisation (CIO) that is eligible for gift aid.

Objectives

The objects of the CIO are:

- 1) To promote health and to relieve those suffering from Young Onset Parkinson's Disease (YOPD) and to provide support both for such persons and their families.
- 2) To advance the education of the public (including scientific education) and raise awareness in all areas relating to Young Onset Parkinson's Disease.

Vision:

Shining a light on better living now with young onset Parkinson's (YOPD) and researching for a brighter future

Aims:

- To be “the voice” of YOPD
- To have a fully funded vision budget with an operational reserve
- To be the “go to” for information on YOPD
- Every major population centre to have a supportive network
- Faster diagnosis
- Campaigns

Values:

The Board took some time to articulate our Core values and the final approved version is:

Kindness - As an organisation we believe in being actively kind to every individual and every organisation that we encounter or interact with.

Respectful and inclusive - We will protect the dignity of everyone regardless of faith, race, gender, sexual identity. YOPD doesn't discriminate and therefore, neither do we. All are welcome.

Safe - Spotlight runs various groups both on and offline and often is the first port of call for those newly diagnosed. Being a safe and loving “space” for those with a chronic health condition is vital.

Optimistic - We are hopeful for a cure and optimistic that those with YOPD can live their best life now and we will work towards those aims.

Honest - We believe in being nothing but completely honest in our assessments of YOPD, research, treatments and will not “sugar coat” the realities of YOPD.

Joyful - YOPD is a devastating diagnosis but those who encounter Spotlight YOPD will find a group of people who whilst realistic about the condition are fun, quirky and full of joy.

The Trustees had due regard to the Charity Commission's guidance on public benefit, ensuring that the Aims and Strategy are aligned with the objectives, reviewed at Board meetings. The risk register also helps to focus the attention of the Board of Trustees.

Achievements and Performance

Awareness

Our social media presence continued to mount with our TikTok Page having grossed over 250,000 views and Facebook also increasing month-on-month. A number of interviews were held on various podcasts adding to the significant amount of social media traffic seen.

Our 'Glitch' social media campaign (in conjunction with OpenHealth) ran between 27th March and 30th June 2023. We ran a Radio Newsletter with Global (Capital FM and other stations) and our web banner featured at the bottom of their regular members newsletter. It appeared in 155 of the 180 Healthline digital banners available in GP surgeries, and we were able to hit 400 panels across 59 service stations in England and Wales. 58,900 leaflets were also printed and distributed.



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Parkinson's. Not just an old person's disease



We are Spotlight YOPD, a UK-based charity on a mission to raise awareness around YOPD and spread the word that Parkinson's is **not just an old person's disease**. Young-onset Parkinson's, or YOPD, refers to those diagnosed under the age of 50, and there are thousands of us here in the UK.

YOPD occurs when people are in the prime of their life, often in the middle of building a career, a family and financial security. Therefore, the impact of Parkinson's is far greater than those diagnosed later in life.



"I was fearful for the future. Would I be able to watch my daughter down the aisle? Would I be able to pay the mortgage?"
Oliver, diagnosed aged 33

With YOPD, it isn't just the life stage that is different, the disease differs too. Compared with later onset Parkinson's, YOPD tends to progress slower, has a stronger genetic component and presents with a different set of symptoms (frozen shoulder, clawing of toes, depression, and insomnia, to name a few). [Learn more about the symptoms of YOPD.](#)

Our Vision

We want to become a beacon for all things YOPD, shining a light on better living now and mobilising research for a brighter future. Founded and run by people with the condition, Spotlight YOPD aims to represent and build a supportive community where we can share our stories and knowledge. We want to empower patients to take control of their condition by ensuring they have access to research, innovative treatments, and the proper support. [Find out more.](#)

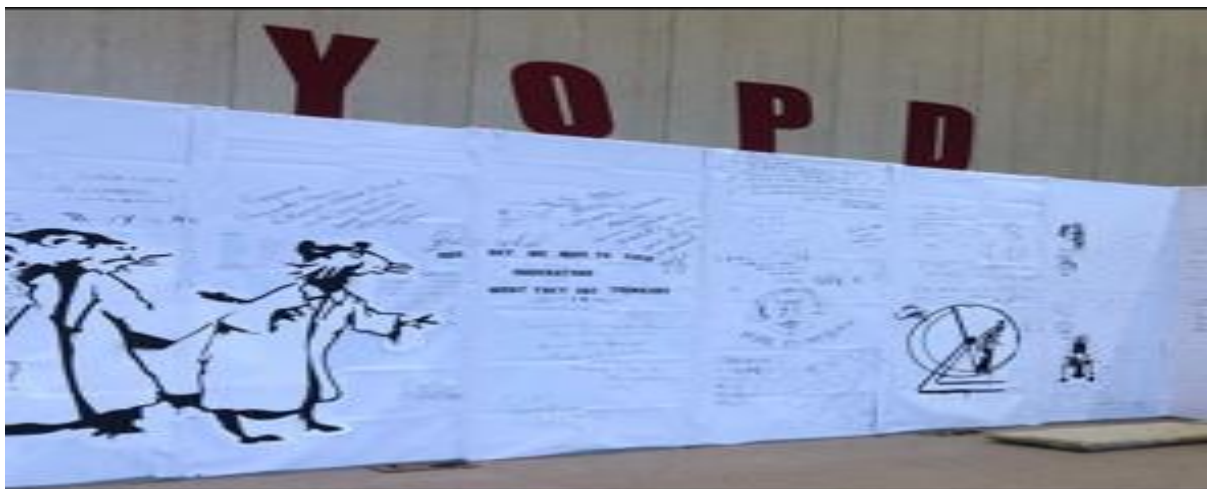


"It was heart-breaking telling my mum and dad, and telling my children was hard, but they've been great."
Sarah, diagnosed aged 48

There were a couple of articles written in the “Rare Revolution” magazine that went out in April to coincide with Parkinsons Awareness month and our social media campaign.

“Life in 12 Notes” is a film that highlights YOPD and both our CEO and a Trustee have been involved in the making of the film. The film was endorsed by Spotlight YOPD and the logo used in acknowledgements.

We attended the World Parkinsons Congress (WPC) in Barcelona, a global presence which brings all Parkinson’s stakeholders together for discussion, education, and building collaboration. The Spotlight stand formed an automatic meeting space and there was a graffiti wall with Banksy style art which attracted a lot of people with YOPD.



Our third podcast episode was edited and published and our new online support group began with sessions with a Sports therapist and Nutritionist, and a Senior Parkinson’s Nurse. The group continued to grow with over 128 registered at end March 2024.

In addition to the above, there was a lot of activity including:

- Attendance at the YOPD Day at Canterbury University on 21 October.
- Development of a YOPD specific slide set shared with Parkinson’s UK.
- Relationship building with MP’s that raise questions in the house and put YOPD on the agenda.
- Meetings with the CEOs of Cure Parkinson’s and PUK.
- Speaking at a film about YOPD launch event in London with our Patron, Gaynor Edwards.
- Talking to and supporting those newly diagnosed or those struggling with YOPD, and their carers.

Activities mapped against Spotlight YOPD Objectives

Activity	Objective 1	Objective 2
Social media presence and podcasts	✓	✓
Glitch campaign with OpenHealth	✓	✓
Various interviews and published articles (Rare Revolution Magazine)	✓	✓
Life in 12 Notes film		✓
Events and meetings including YOPD Day and MP relationship building		✓
World Parkinson's Congress	✓	✓
Parkinson's UK	✓	✓
Cure Parkinson's	✓	✓
PD Avengers	✓	✓
Fundraising Partnerships	✓	✓

Future Plans

There is a lot of excitement about what has been achieved last year and now we want to refocus our attention in order to improve our impact and availability to the YOPD community.



We anticipate a lot of changes over the next 12 months as we welcome in our new CEO, Carl Beech and start to build on the legacy of contacts and awareness of the recent campaigns. At the time of writing we are finalising a dynamic and robust 5-year vision plan.

Our new strategy will deliver a number of new initiatives across the year, including:

- A new website and support systems such as a new CRM, Mailchimp, JustGiving and Donorfy platforms. Along with new material for those newly diagnosed and a tool for clinicians. This will provide our community with information on-tap as they need it and increase the ease with which people can fundraise for us.
- New fundraising routes will be explored including accessing grant making bodies and Trust funds, along with building business relationships with organisations with corporate responsibility funds for larger project funding.
- Hosting a series of regular Podcasts (Y-POD) supported by a mix of PD nurses, patients, and experts to get the message out about the condition and the options that are available to support individuals.
- We also plan a series of monthly closed, online, Zoom hangouts that only people with YOPD can join.
- Continuing discussions with the UK Health Minister with the aim of establishing a cross-party group for YOPD and gaining access to Blue badges and free prescriptions for those with YOPD.
- Developing a Community plan and appointing a National Community Co-ordinator with the aim of pulling together local YOPD support groups.
- Finally we will look to review our governance in order to build on our recent successes and move towards a more mature Charity.

These plans are extremely ambitious for a small charity and so we will also be looking to recruit some more Volunteers, Advocates and Ambassadors.

Risk

Managing our risks continues to be an especially important aspect of our work as a charity. Being aware of those areas that may adversely impact on our vision, mission, aims and objectives is not simply good governance and good leadership and management, it also allows us to take action and proactively mitigate and improve in our work.

Finance

Despite a much healthier bank balance, and hard work undertaken with fund raising activities, this risk is still in the top three. Its risk score is 12 meaning its likelihood to occur is possible and the severity is deemed significant. Mitigations are in place with monthly reporting to the Board, and robust financial controls in place. As we are now spending, we have set specific budgets to raise funds to support our work. We are now seeing some fundraising taking place, so as this becomes embedded the risk score may decrease.

Safety of Trustees

This was a new risk identified last year when considering attendance to the conference in Barcelona. On review, we believe this is a wider risk and requires elevating. We have taken into consideration the risk, not simply physical risks to our Trustees, but also the potential emotional impact of supporting others with YOPD. Its score is 12, which means its likelihood is possible and its severity significant.

Sustainability

There are two risks that score 8 representing the joint third highest risks. These are sustainability of the charity and chair, senior and specialist roles, which came to light when the previous CEO resigned. However, we made a decision, that the sustainability of the charity holds more weight to our continuing to function. The chair, senior and specialist roles risk score has reduced with our new CEO now in post. We have mitigation and succession planning actions in place and being embedded. It scores 8, with likelihood scoring as unlikely, but its severity as significant.

Other risks

Other risks have remained at a similar score over the year, except risk pertaining to the website. This risk score has lowered due to the work implemented to strengthen our website.

Summary

Over the year we have continually monitored our risks. We regularly reviewed all risks and discussed them in detail. Actions are in place to mitigate identified risks. Our risk management continues to mature and enhances our understanding and ability to identify and manage the risks we face.

Sally Smith

Vice Chair, Spotlight YOPD

Structure, Governance and Management

Governing document

The Charity is controlled by its governing document, a constitution of a Charitable Incorporated Organisation, dated 15 January 2016.

The 2022/23 Trustees Annual report was submitted. With this Annual report we now have five sets of accounts with independent review.

All new trustees were trained in Safeguarding and Risk Management as part of the Induction process.

Trustees undertook exercises in defining the Charity values and determining the skill set of the Board.

The Board approved revised agreements for volunteers and new policies for Equality, Diversity and Inclusion, Health & Safety, Lone Working, Complaints and Expenses.

A number of Trustees Working groups were formed to ensure focus on our strategic aims going forward.

Recruitment and appointments

Two new Trustees were recruited in the summer of 2023 with the aim to enhance the skill set of the Board.

Three Trustees were reappointed for a second term of three years in 2023. The decision to reappoint was made on the basis of the positive impact made during their first terms and a need to provide both continuity and the right skills mix.

A new Charity Secretary role was created with responsibility for the efficient administration of the charity, particularly with regard to ensuring compliance with statutory and regulatory requirements.

A recruitment campaign was undertaken in the summer to source our new CEO. After advertising the role, we undertook a thorough interview process, culminating in the Board of Trustees approving the appointment of Carl Beech on 1 September 2023.

We also recruited a new Operations Manager to support the delivery of the strategy.

Financial Review & Reserves Policy

The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) and also in accordance with the requirements of the Charities Act 2011.

Income and expenditure both increased in the year and this reflects our enthusiastic participation in World Parkinson's Congress in Barcelona in July 2023.

We were fortunate that some of our supporters got financial assistance elsewhere and the increased publicity also helped with income. This has meant our closing restricted funds ended the year higher and has allowed us to plan more confidently for the succeeding years. Our new budgeted expenditure to fund podcasts and support groups online could be covered for 9 months with the current unrestricted funds.

Independent Examiner's Report

Independent examiner's report to the trustees of Spotlight YOPD

I report to the trustees on my examination of the accounts of the Spotlight YOPD (the Trust) for the year ended 31 March 2024.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. The accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Name: James Withers CGMA

Relevant professional qualification or membership of professional bodies (if any): CGMA (Chartered Global Management Accountant)

Address: 47 Pevensey Way, Camberley, GU16 9UU

Date: 08/10/24

Financial Statements

		Spotlight YOPD		Charity No	1165177		12 months to 31/3/23
				Company No	CE006044		
		Annual accounts for the period					
Period start date			01/04/2023	To	Period end date	31/03/2024	
Section A Statement of financial activities (including summary income and expenditure account)							
Recommended categories by activity		Guidance Note	Unrestricted funds	Restricted income funds	Endowment funds	Total funds	Prior year funds
			£	£	£	£	£
Income (Note 3)			F01	F02	F03	F04	F05
Income and endowments from:							
Donations and legacies		S01	7,844	-	-	7,844	3,519
Charitable activities		S02	-	-	-	-	-
Other trading activities		S03	-	-	-	-	-
Investments		S04	-	-	-	-	-
Separate material item of income		S05	-	-	-	-	-
Other		S06	-	-	-	-	-
Total		S07	7,844	-	-	7,844	3,519
Expenditure (Notes 6)							
Expenditure on:							
Raising funds		S08	-	-	-	-	174
Charitable activities		S09	3,887	-	-	3,887	1,582
Separate material expense item		S10					
Other		S11	-	-	-	-	-
Total		S12	3,887	-	-	3,887	1,756
Net income/(expenditure) before tax for the reporting period		S13	3,957	-	-	3,957	1,763
Tax payable		S14	-	-	-	-	-
Net income/(expenditure) after tax before investment gains/(losses)		S15	3,957	-	-	3,957	1,763
Net gains/(losses) on investments		S16	-	-	-	-	-
Net income/(expenditure)		S17	3,957	-	-	3,957	1,763
Extraordinary items		S18	-	-	-	-	-
Transfers between funds		S19	-	-	-	-	-
Other recognised gains/(losses):							
Gains and losses on revaluation of fixed assets for the charity's own use		S20	-	-	-	-	-
Other gains/(losses)		S21	-	-	-	-	-
Net movement in funds		S22	3,957	-	-	3,957	1,763
Reconciliation of funds:							
Total funds brought forward		S23	5,752	-	-	5,752	3,989
Total funds carried forward		S24	9,709	-	-	9,709	5,752

		Spotlight YOPD	Charity No	1165177		
			Company No	CE006044		
Section B Balance sheet						
	Guidance Note	Unrestricted funds £	Restricted income funds £	Endowment funds £	Total this year £	Total last year £
		F01	F02	F03	F04	F05
Fixed assets						
Intangible assets (Note 15)	B01	-	-	-	-	-
Tangible assets (Note 14)	B02	-	-	-	-	-
Heritage assets (Note 16)	B03	-	-	-	-	-
Investments (Note 17)	B04	-	-	-	-	-
Total fixed assets	B05	-	-	-	-	-
Current assets						
Stocks (Note 18)	B06	-	-	-	-	-
Debtors (Note 19)	B07	831	-	-	831	-
Investments (Note 17.4)	B08	-	-	-	-	-
Cash at bank and in hand (Note 24)	B09	9,878	-	-	9,878	5,752
Total current assets	B10	10,709	-	-	10,709	5,752
Creditors: amounts falling due within one year (Note 20)	B11	1,000	-	-	1,000	-
Net current assets/(liabilities)	B12	9,709	-	-	9,709	5,752
Total assets less current liabilities	B13	9,709	-	-	9,709	5,752
Creditors: amounts falling due after one year (Note 20)	B14	-	-	-	-	-
Provisions for liabilities	B15	-	-	-	-	-
Total net assets or liabilities	B16	9,709	-	-	9,709	5,752
Funds of the Charity						
Endowment funds (Note 27)	B17	-	-	-	-	-
Restricted income funds (Note 27)	B18	-	-	-	-	-
Unrestricted funds	B19	9,709	-	-	9,709	5,752
Revaluation reserve	B20	-	-	-	-	-
Fair value reserve	B21	-	-	-	-	-
Total funds	B22	9,709	-	-	9,709	5,752
<i>The company was entitled to exemption from audit under s477 of the Companies Act 2006 relating to small companies.</i>						
<i>The members have not required the company to obtain an audit in accordance with section 476 of the Companies Act 2006.</i>						
<i>The directors acknowledge their responsibilities for complying with the requirements of the Companies Act with respect to accounting records and the preparation of accounts.</i>						
<i>These accounts have been prepared in accordance with the provisions applicable to small companies subject to the small companies regime and in accordance with FRS102 SORP.</i>						
Signed by one or two trustees/directors on behalf of all the trustees/directors		Print Name			Date of approval dd/mm/yyyy	
Signature of director authenticating accounts being sent to Companies House		Signature			Date dd/mm/yyyy	
					Print name	

Section C		Notes to the accounts	
Note 1 Basis of preparation			
<i>This section should be completed by all charities.</i>			
1.1 Basis of accounting			
These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.			
The accounts have been prepared in accordance with:			
• and with*	☒	the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014	
• and with*	☒	the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)	
• and with the Charities Act 2011.			
The charity constitutes a public benefit entity as defined by FRS 102.*		☒	
* -Tick as appropriate			
1.2 Going concern			
<i>If there are material uncertainties related to events or conditions that cast significant doubt on the charity's ability to continue as a going concern, please provide the following details or state "Not applicable", if appropriate:</i>			
An explanation as to those factors that support the conclusion that the charity is a going concern;	NA		
Disclosure of any uncertainties that make the going concern assumption doubtful;	NA		
Where accounts are not prepared on a going concern basis, please disclose this fact together with the basis on which the trustees prepared the accounts and the reason why the charity is not regarded as a going concern.	Na		
1.3 Change of accounting policy			
The accounts present a true and fair view and no changes have been made to the accounting policies adopted in note { }.			
Yes*	☒	* -Tick as appropriate	
No*	☒		
1.4 Changes to accounting estimates			
No changes to accounting estimates have occurred in the reporting period (3.46 FRS102 SORP).			
Yes*	☒	* -Tick as appropriate	
No*	☒		
1.5 Material prior year errors			
No material prior year error have been identified in the reporting period (3.47 FRS102 SORP).			
Yes*	☒	* -Tick as appropriate	
No*	☒		

Section C		Notes to the accounts		(cont)
Note 2		Accounting policies		
		<i>This standard list of accounting policies has been applied by the charity except for those deleted. Where a different or additional policy has been adopted then this is detailed in the box below.</i>		
		2.1 RECONCILIATION WITH PREVIOUS GENERALLY ACCEPTED ACCOUNTING PRACTICE		
Please provide a description of the nature of each change in accounting policy		0		

Section C		Notes to the accounts		(cont)		
Note 2		Accounting policies				
2.2 INCOME						
Recognition of income		These are included in the Statement of Financial Activities (SoFA) when:				
		• the charity becomes entitled to the resources;				
		• it is more likely than not that the trustees will receive the resources;		Yes*	No*	N/a*
		• the monetary value can be measured with sufficient reliability.		✓	✓	✓
Offsetting		There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.		Yes*	No*	N/a*
				✓	✓	✓
Grants and donations		Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).		Yes*	No*	N/a*
				✓	✓	✓
		In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP).		Yes*	No*	N/a*
				✓	✓	✓
Legacies		Legacies are included in the SoFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.		Yes*	No*	N/a*
				✓	✓	✓
Government grants		The charity has received government grants in the reporting period		Yes*	No*	N/a*
				✓	✓	✓
Tax reclaims on donations and gifts		Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.		Yes*	No*	N/a*
				✓	✓	✓
Contractual income and performance related grants		This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.		Yes*	No*	N/a*
				✓	✓	✓
Donated goods		Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.		Yes*	No*	N/a*
				✓	✓	✓
		The cost of any stock of goods donated for distribution to beneficiaries is deemed to be the fair value of those gifts at the time of their receipt and they are recognised on receipt. In the reporting period in which the stocks are distributed, they are recognised as an expense at the carrying amount of the stocks at distribution.		Yes*	No*	N/a*
				✓	✓	✓

	Donated goods for resale are measured at fair value on initial recognition, which is the expected proceeds from sale less the expected costs of sale, and recognised in 'Income from other trading activities' with the corresponding stock recognised in the balance sheet. On its sale the value of stock is charged against 'Income from other trading activities' and the proceeds from sale are also recognised as 'Income from other trading activities'.	Yes*	No*	N/a*
		✓	✓	✓
	Goods donated for on-going use by the charity are recognised as tangible fixed assets and included in the SoFA as incoming resources when receivable.	Yes*	No*	N/a*
		✓	✓	✓
	Gifts in kind for use by the charity are included in the SoFA as income from donations when receivable.	Yes*	No*	N/a*
		✓	✓	✓

Donated services and facilities	Donated services and facilities are included in the SoFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably.	Yes*	No*	N/a*
		✓	✓	✓
	Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SoFA.	Yes*	No*	N/a*
		✓	✓	✓
Support costs	The charity has incurred expenditure on support costs.	Yes*	No*	N/a*
		✓	✓	✓
Volunteer help	The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.	Yes*	No*	N/a*
		✓	✓	✓
Income from interest, royalties and dividends	This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.	Yes*	No*	N/a*
		✓	✓	✓
Income from membership subscriptions	Membership subscriptions received in the nature of a gift are recognised in Donations and Legacies.	Yes*	No*	N/a*
		✓	✓	✓
	Membership subscriptions which gives a member the right to buy services or other benefits are recognised as income earned from the provision of goods and services as income from charitable activities.	Yes*	No*	N/a*
		✓	✓	✓
Settlement of insurance claims	Insurance claims are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP) and are included as an item of other income in the SoFA.	Yes*	No*	N/a*
		✓	✓	✓
Investment gains and losses	This includes any realised or unrealised gains or losses on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.	Yes*	No*	N/a*
		✓	✓	✓

2.3 EXPENDITURE AND LIABILITIES

Liability recognition	Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.	Yes*	No*	N/a*
		✓	✓	✓
Governance and support costs	Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.	Yes*	No*	N/a*
		✓	✓	✓
	Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.	Yes*	No*	N/a*
		✓	✓	✓
Grants with performance conditions	Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.	Yes*	No*	N/a*
		✓	✓	✓
Grants payable without performance conditions	Where there are no conditions attaching to the grant that enables the donor charity to realistically avoid the commitment, a liability for the full funding obligation must be recognised.	Yes*	No*	N/a*
		✓	✓	✓
Redundancy cost	The charity made no redundancy payments during the reporting period.	Yes*	No*	N/a*
		✓	✓	✓

Note 3		Income				
	Analysis of income	Unrestricted funds	Restricted income funds	Endowment funds	Total funds	Prior year
					£	£
Donations and legacies:	Donations and gifts	7,013	-	-	7,013	1,340
	Gift Aid	831	-	-	831	2,179
	Legacies	-	-	-	-	-
	General grants provided by government/other charities	-	-	-	-	-
	Membership subscriptions and sponsorships which are in substance donations	-	-	-	-	-
	Donated goods, facilities and services	-	-	-	-	-
	Other	-	-	-	-	-
	Total	7,844	-	-	7,844	3,519
Charitable activities:		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Other trading activities:		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Income from investments:	Interest income	-	-	-	-	-
	Dividend income	-	-	-	-	-
	Rental and leasing income	-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Separate material item of income		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Total	-	-	-	-	-
Other:	Conversion of endowment funds into income	-	-	-	-	-
	Gain on disposal of a tangible fixed asset held for charity's own use	-	-	-	-	-
	Gain on disposal of a programme related investment	-	-	-	-	-
	Royalties from the exploitation of intellectual property rights	-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
TOTAL INCOME		7,844	-	-	7,844	3,519

Section C		Notes to the accounts				(cont)				
Note 6		Expenditure								
		This year				Last year				
Analysis		Unrestricted funds	Restricted income funds	Endowment funds	Total funds	Unrestricted funds	Restricted income funds	Endowment funds	Total funds	
Expenditure on raising funds:					£				£	
Incurred seeking donations		-	-	-	-	-	-	-	-	
Incurred seeking legacies		-	-	-	-	-	-	-	-	
Incurred seeking grants		-	-	-	-	-	-	-	-	
Operating membership schemes and social lotteries		-	-	-	-	-	-	-	-	
Staging fundraising events		-	-	-	-	-	-	-	-	
Fudraising agents		-	-	-	-	-	-	-	-	
Operating charity shops		-	-	-	-	-	-	-	-	
Operating a trading company undertaking non-charitable trading activity		-	-	-	-	-	-	-	-	
Advertising, marketing, direct mail and publicity		-	-	-	-	174	-	-	174	
Start up costs incurred in generating new source of future income		-	-	-	-	-	-	-	-	
Database development costs		-	-	-	-	-	-	-	-	
Other trading activities		-	-	-	-	-	-	-	-	
Investment management costs:		-	-	-	-	-	-	-	-	
Portfolio management costs		-	-	-	-	-	-	-	-	
Cost of obtaining investment advice		-	-	-	-	-	-	-	-	
Investment administration costs		-	-	-	-	-	-	-	-	
Intellectual property licencing costs		-	-	-	-	-	-	-	-	
Rent collection, property repairs and maintenance charges		-	-	-	-	-	-	-	-	
		-	-	-	-	-	-	-	-	
Total expenditure on raising funds		-	-	-	-	174	-	-	174	
Expenditure on charitable activities:										
IT Software and consumables		2,000	-	-	2,000	426	-	-	426	
Administration Support		-	-	-	-	1,113	-	-	1,113	
Subscriptions		5	-	-	5					
Insurance		326	-	-	326	43	-	-	43	
Attendance at World Parkinsons Conference		1,556	-	-	1,556	-	-	-	-	
Total expenditure on charitable activities		3,887	-	-	3,887	1,582	-	-	1,582	
Separate material item of expense										
		-	-	-	-	-	-	-	-	
		-	-	-	-	-	-	-	-	
		-	-	-	-	-	-	-	-	
Total		-	-	-	-	-	-	-	-	
Other										
		-	-	-	-	-	-	-	-	
		-	-	-	-	-	-	-	-	
		-	-	-	-	-	-	-	-	
		-	-	-	-	-	-	-	-	
Total other expenditure		-	-	-	-	-	-	-	-	
TOTAL EXPENDITURE		3,887	-	-	3,887	1,756	-	-	1,756	

Section C		Notes to the accounts		
Note 10	Details of certain types of expenditure			
Note 10.1 Fees for examination of the accounts				
<i>Please provide details of the amount paid for any statutory external scrutiny of accounts and other services provided by your independent examiner. If nothing was paid please enter '0' in the appropriate box(es).</i>				
			This year £	Last year £
Independent examiner's fees			-	-
Assurance services other than independent examination			-	-
Tax advisory fees			-	-
Other fees (for example: financial advice, consultancy, accountancy services) paid to the independent examiner			-	-

Section C		Notes to the accounts		(cont)
Note 19		Debtors and prepayments		
<i>Please complete this note if the charity has any debtors or prepayments.</i>				
19.1 Analysis of debtors				
			This year £	Last year £
Trade debtors			-	-
Prepayments and accrued income			831	-
Other debtors			-	-
Total			831	-
<i>Complete 19.2 where a material debtor is recoverable more than a year after the reporting date.</i>				
19.2 Disclosure of debtors recoverable in more than 1 year (included in debtors above)				
			This year £	Last year £
Trade debtors			-	-
Prepayments and accrued income			-	-
Other debtors			-	-
Total			-	-

Section C **Notes to the accounts** **(cont)**

Note 20 **Creditors and accruals**

Please complete this note if the charity has any creditors or accruals.

20.1 Analysis of creditors				
	Amounts falling due within one year		Amounts falling due after more than one year	
	This year £	Last year £	This year £	Last year £
Accruals for grants payable	-	-	-	-
Bank loans and overdrafts	-	-	-	-
Trade creditors	-	-	-	-
Payments received on account for contracts or performance-related grants	-	-	-	-
Accruals and deferred income	1,000	-	-	-
Taxation and social security	-	-	-	-
Other creditors	-	-	-	-
Total	1,000	-	-	-

Section C **Notes to the accounts** **(cont)**

Note 24 **Cash at bank and in hand**

			This year £	Last year £
Short term cash investments (less than 3 months maturity date)			-	-
Short term deposits			-	-
Cash at bank and on hand			9,878	5,752
Other			-	-
Total			9,878	5,752

Deferred income	No material item of deferred income has been included in the accounts.	Yes*	No*	N/a*
		✓	✓	✓
Creditors	The charity has creditors which are measured at settlement amounts less any trade discounts	Yes*	No*	N/a*
		✓	✓	✓
Provisions for liabilities	A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date	Yes*	No*	N/a*
		✓	✓	✓
Basic financial instruments	The charity accounts for basic financial instruments on initial recognition as per paragraph 10.7 FRS102 SORP. Subsequent measurement is as per paragraphs 11.17 to 11.19, FRS102 SORP.	Yes*	No*	N/a*
		✓	✓	✓
2.4 ASSETS				
Tangible fixed assets for use by charity	These are capitalised if they can be used for more than one year, and cost at least			
	They are valued at cost.	Yes*	No*	N/a*
		✓	✓	✓
	The depreciation rates and methods used are disclosed in note 14.			
Intangible fixed assets	The charity has intangible fixed assets, that is, non-monetary assets that do not have physical substance but are identifiable and are controlled by the charity through custody or legal rights. The amortisation rates and methods used are disclosed in note 15.	Yes*	No*	N/a*
		✓	✓	✓
	They are valued at cost.	Yes*	No*	N/a*
		✓	✓	✓
Heritage assets	The charity has heritage assets, that is, non-monetary assets with historic, artistic, scientific, technological, geophysical or environmental qualities that are held and maintained principally for their contribution to knowledge and culture. The depreciation rates and methods used as disclosed in note 16.	Yes*	No*	N/a*
		✓	✓	✓
	They are valued at cost.	Yes*	No*	N/a*
		✓	✓	✓
Investments	Fixed asset investments in quoted shares, traded bonds and similar investments are valued at initially at cost and subsequently at fair value (their market value) at the year end. The same treatment is applied to unlisted investments unless fair value cannot be measured reliably in which case it is measured at cost less impairment.	Yes*	No*	N/a*
		✓	✓	✓
	Investments held for resale or pending their sale and cash and cash equivalents with a maturity date of less than 1 year are treated as current asset investments	Yes*	No*	N/a*
		✓	✓	✓
Stocks and work in progress	Stocks held for sale as part of non-charitable trade are measured at the lower or cost or net realisable value.	Yes*	No*	N/a*
		✓	✓	✓
	Goods or services provided as part of a charitable activity are measured at net realisable value based on the service potential provided by items of stock.	Yes*	No*	N/a*
		✓	✓	✓
	Work in progress is valued at cost less any foreseeable loss that is likely to occur on the contract.	Yes*	No*	N/a*
		✓	✓	✓
Debtors	Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.	Yes*	No*	N/a*
		✓	✓	✓
Current asset investments	The charity has investments which it holds for resale or pending their sale and cash and cash equivalents with a maturity date less than one year. These include cash on deposit and cash equivalents with a maturity of less than one year held for investment purposes rather than to meet short-term cash commitments as they fall due.	Yes*	No*	N/a*
		✓	✓	✓
	They are valued at fair value except where they qualify as basic financial instruments.	Yes*	No*	N/a*
		✓	✓	✓

Trustees' Remuneration and Benefits

There were no trustee remunerations or other benefits for the period ended 31 March 2024.

Reference and Administrative Details

Registered Charity number 1165177

Principal address

Spotlight YOPD

c/o Staveley Methodist Church

Chesterfield Road

Staveley

S43 3XD

Bankers are Handelsbanken Ashford

Handelsbanken plc

Suite 2, First Floor, International House

Dover Place

Ashford

TN23 1HU

Trustees

Mr Mark Webb reappointed 03/06/2023

Dr Sally Smith reappointed 05/02/2023

Mr Gavin Jones reappointed 04/09/2022

Mr B Standen reappointed 07/10/2023

Ms B Lee reappointed 07/10/2023

Mr M Eagles reappointed 05/01/24

Mr Andrew Hobbs appointed 03/11/2021

Ms Shazia Dar appointed 01/12/2021

Mrs Emma Edwards appointed 03/05/23

Mrs Joy Milne appointed 07/06/23

Mrs N S Cole reappointed 23/05//2022 (Chair)

Ms Gaynor Edwards Co-founder and CEO resigned 30/08/23

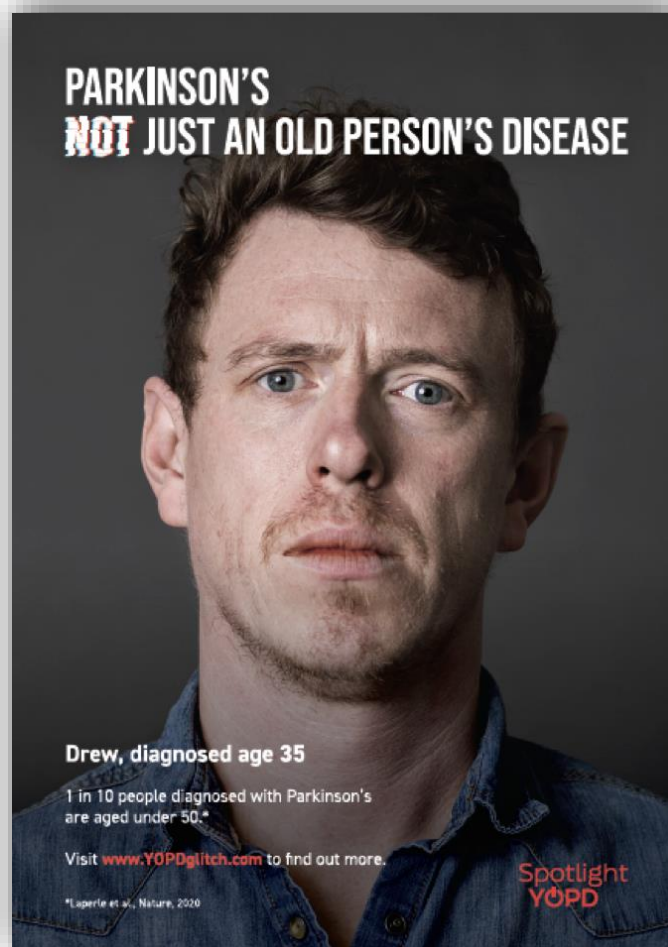
Mr Carl Beech CEO appointed 01/09/23

Accounts

Spotlight YOPD

**Report of the Trustees and Financial Statements
for Spotlight YOPD (Registered Charity number 1165177)**

1 April 2022 to 31 March 2023



Chair's Report

This last year has been brilliant and surpassed all my expectations. My thanks go out to the Trustees and all our Partners and supporters, and particularly those that went the extra mile in terms of enthusiasm and focus on results. I call out a few of the exceptional groups and people below.

Our CEO and Founder, Gaynor Edwards has spent the last 10 years building the Charity and raising awareness of Young Onset Parkinsons. In that time, we have seen YOPD recognised as a separate rare condition by NICE, improved the knowledge of YOPD globally and identified genetic traits most commonly found in those with YOPD.

You can read her story on our website at www.spotlightyopd.org. Gaynor still has ambitions, so she let it be known that she would like to resign from the CEO role. She agreed to stay on as CEO until we found a suitable successor and has kindly accepted a role as Patron, so we will continue to have access to her insight and amusing anecdotes.

Planning for World Parkinson's Congress (WPC) in July 2023 started in earnest in July 2022. We knew we had an uphill battle, both persuading the WPC organising committee that we should have a special place and/or stand for YOPD and also in creating enough funding for enough people to attend the event.

This is a special event and the only one of its kind that allows us to talk with researchers, Neurologists, and other medical professionals to raise the profile of YOPD and the different challenges that a diagnosis at a younger age brings. We also believe there is an untapped opportunity for longitudinal studies of many years if younger patients can be enrolled into research programmes.

As part of our key purpose and aims and building on the work on our Communications Plan last year, we spent the best part of the year designing and creating an awareness campaign. This campaign, led by a team at OpenHealth, built up to the World Parkinson's Congress in Barcelona in July 2023. The campaign was a huge success. We raised our profile, got many more supporters in the UK, and spread the word across all social media platforms about Young Onset Parkinsons. There is more detail in the Operations Report.

Virgin Media gave notice to close their/our online donations platform, which was our main tool to collect online donations. After a lengthy review, we settled on Total Giving which would appear to give the best return to the Charity for donations made. There are costs associated and these are predominantly due to the "Stripe" platform, which is used to accept the credit card payments with all the necessary banking requirements.

The change has not been without its problems, both in terms of initial setup and then latterly in the acceptance of large value donations (over £150), the last of which is attributed to new government legislation related to the need to validate large donors.

As a result of a review there were some adjustments to our Governance to keep us up to date and compliant, these actions are outlined in the relevant section below.”

As a Board we are poised to take the Charity to the next level in its development and are excited to have begun the process of recruiting our next CEO.



Nicola Cole
Chair, Spotlight YOPD

Thank you to all our supporters

The Trustees at Spotlight YOPD would like to thank all our donors and volunteers.

In particular, we would like to note the help from the following people:

- Jane Brook, On Tap Networks Ltd for her support throughout the year including hosting a quiz night and use of her facilities as the Charity address.
- Handlesbanken and Karen Jones.
- Independent Assessor - Martin Livesey.
- OpenHealth for their continued and sustained support throughout the year and the creation and implementation of a spectacular awareness campaigns. Plus, their partnerships:
 - OmniCom
 - Braincell
 - Camera work by James Lightbown
 - Actors, Melanie and Winston Gayle
- Polly Dawkins at the David Phinney foundation for the support provided to the YOPD women's subgroup.
- Nicola Miller and her team at Rare Revolution Magazine for the wonderful coverage in April and also for allowing us to take over their social media for a day in the Autumn.
- Matt Farrer – Neurologist and friend to the Charity.
- Ray West – for creating wonderful artwork for our stand at the World Parkinson's Congress in Barcelona.
- All those who helped us with donations and fundraising:

Thanks



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Introduction

The Trustees present their report with the financial statements of the Charity for the period 1 April 2022 to 31 March 2023.

Spotlight YOPD is a Charitable Incorporated Organisation (CIO) that is eligible for gift aid.

Objectives

The objects of the CIO are:

- 1) To promote health and to relieve those suffering from Young Onset Parkinson's Disease (YOPD) and to provide support both for such persons and their families.
- 2) To advance the education of the public (including scientific education) and raise awareness in all areas relating to Young Onset Parkinson's Disease.

Vision:

Shining a light on better living now with young onset Parkinson's (YOPD) and researching for a brighter future

Aims:

- Ensure YOPD is recognised globally as a rare (often genetic) syndrome that requires focussed research.
- Mobilise genetic testing ensuring YOPD patients have an effective diagnosis leading to better care.
- Deliver campaigns so YOPD families have access to research, innovative treatments, and other emotional, practical, and financial support.
- Have YOPD recognised in guidelines enabling holistic disease management at every stage of life.
- Accelerate diagnosis and empower patients and families to take control of the condition.

The Trustees had due regard to the Charity Commission's guidance on public benefit, ensuring that the Aims and Strategy are aligned with the objectives, reviewed at Board meetings. The risk register also helps to focus the attention of the Board of Trustees

Achievements and Performance

This last year we had the luxury of having a few focused projects in addition to the CEO continuing to consult with and work with other Parkinson's charities and our partners.

Awareness Campaign

Discussions started in July 2022 between OpenHealth and SpotlightYOPD about the possibilities of a campaign to raise awareness of Young Onset Parkinsons. OpenHealth accepted a brief from SpotlightYOPD and started to create ideas and a team.

In September, the Board of Trustees were given a comprehensive presentation and then participated in a discussion with OpenHealth, OmniCom and Braincell on the social media campaign and branding refresh.

Braincell undertook market research on our brand and had the results of market research on the brand and on the various campaign options.

All the plans were aimed at:

- Raising awareness of YOPD
- Raising the profile of Spotlight YOPD

The campaigns presented and approved included:

- Glitch Campaign – A video storyboard aimed at making people realise that Parkinson's does affect people who are young and in the prime of life. This was delivered broadly across all social media platforms.



- Hero Campaign – A poster campaign with real people diagnosed with YOPD. This was available to put up on both electronic billboards and print out for events such as WPC.
- Rare Revolution magazine – Have an article placed in an issue of Rare Revolution Magazine. In the end we were offered, and accepted two articles in Rare Revolution Magazine and they also allowed us to take over their social media channels for a day to get our message out to their network.

The various campaigns kicked off at the end of March 2022, just ahead of Parkinson's Awareness Day and the whole of April we kept up the communications for maximum effect.

Not only did we raise our profile in the UK, but we also had a lot of interest globally for our work.

Fundraising

Fundraising was an ever-present item on the agenda throughout the year in order to be able to fund our ambitions at the WPC 2023. With this in mind, we undertook actions such as:

- Push for everyone to both use and advertise Amazon Smile which could generate small amounts consistently.
- Undertook a social media push on AbleLable – who provide designer clothing for people who find it difficult to dress in normal clothes. AbleLable provide SpotlightYOPD with a small commission for any business that comes through our website or social media platforms.
- All Trustees undertook some sort of fundraising activity.
- The Board approved agreements for volunteers, policies and procedure and training programmes to enable the recruitment of a team of volunteers from outside the organisation to help with fundraising.

In addition, we had a number of people who undertook events, like cycling, running, and birthday fundraisers that made a difference to our funds. It was an excellent start, and we now have a platform from which to grow in 2023.

Alliances and Partners

The CEO was active in a number of alliance and partner organisations. In addition to the regular calls that the CEO undertakes with Parkinsons UK and Cure Parkinsons, there were interesting additional events this year, which included:

- Neurological Alliance – a member of the rare conditions sub-group.
- Gaynor attended the inaugural PD Avengers event on Health, Diversity, and Inclusion of YOPD globally. For example: access to meds in Africa.
- Gaynor works with the Davis Phinney Foundation (as a member of an expert panel) on embracing diversity and equity for women with Parkinson's.

- A meeting on Dystonia and Genomics courtesy of Cure Parkinsons.
- A Cure Parkinson's research meeting.
- Participated in an expert panel for Cure Parkinsons on a symptom discussion, in particular constipation.

External Events

The CEO is selective about the events that we pick up, however we do believe that it is important to support other Parkinson's Charities and pick up specific events that can spread the word about YOPD. To this end a sample of the external events include:

- Arranging the 'Dance A Thon' for the SportParkinson's Triathlon.
- Meeting at PUK on press possibilities, Jeremy Paxman show and "Suspect" TV series that portrays someone working with Young Onset Parkinsons.
- Attended a Nurses conference.
- A meeting with PD aware developers to create an app to track PD. Fee donated to Spotlight YOPD.
- Attended an event to plan out a series of podcasts. Jeremy Paxman and Rory Cellan-Jones were driving the idea and Gaynor participated in a podcast specifically discussing YOPD.

Activities mapped against Spotlight YOPD Objectives

Activity	Objective 1	Objective 2
Interviews and published articles	✓	✓
Events and meetings	✓	✓
Work with the Davis Phinney Foundation (YOPD Women's group)	✓	✓
Parkinson's UK		✓
Parkinson's Care Advisory Board	✓	
PD Avengers	✓	✓
Fundraising Partnerships	✓	✓

Future Plans

We have ambitious plans for 2023 to 2024. It started with the recruitment of a new CEO, who we are happy to report has been announced as Carl Beech. Carl joined the Charity in September 2023.

As planned, Spotlight YOPD had a large contingent at the World Parkinsons Congress in Barcelona and the profile and actions from that event are key for the Objectives remaining in the Year

We plan to build upon the Social Media campaign started during the 2022-2023 year.

Two new Trustees have joined the Board and bring specialist expertise and contacts that will help us in the getting our messages out across research and healthcare professionals.

Manchester University research into a sebum test to identify Parkinson's and other conditions. This would appear to be a game-changer in diagnosis of YOPD so we will be keeping close to these developments.



Risk

Managing our risks continues to be a very important aspect of our work as a Charity. Being aware of those areas that may adversely impact on our vision, mission, aims, and objectives is not just good governance and good leadership and management, it also allows us to act and proactively mitigate and improve in our work.

The Charity's risk register has been in place since 2020. Risks are discussed regularly at Board. The management of risk continues to be a dynamic process. New risks are discussed and added, and existing risks are reviewed with their actions monitored.

During 2022 to 2023 we have introduced a number of new risks that have emerged. We also provided risk management training for every Trustee, and this is now embedded in the induction and onboarding process of new Trustees. In addition, risk management training is being developed for volunteers.

Our top two risks are Finance and Chair and Succession planning.

Finance

This risk score has increased over the year and is described as a risk that the Charity's finances may deplete resulting in a lack of money to undertake our charitable aims. Its risk score is 12 meaning its likelihood to occur is possible and the impact is deemed as moderate. Mitigation actions are in place with monthly reporting to the Board, and robust financial controls are in place.

Chair, Senior and Specialist Roles

This is a new risk that emerged during the year. It scores 12 with the likelihood as possible and the impact significant. In order to mitigate this risk, we developed job descriptions for each of the key roles. We have plans for Trustees, following training, to assume the roles until recruitment should key posts become vacant.

Impact of the Charity

A key area of work the Charity has undertaken throughout the year was around communication and its influence on the impact of the Charity. This is a risk that has been present on the risk register since development of the register. During 2022 and 2023, as described earlier, a successful social media campaign was launched which resulted in an increase in awareness of the rare disease YOPD, as well as the Charity.

This is an example of practical action to manage identified risks to the Charity, in this case the risk that Spotlight YOPD will lack impact as a Charity.

Summary

Over the year we have continually monitored our risks. We have regularly reviewed all risks and discussed them in detail. Actions are in place to mitigate identified risks. Our risk management continues to mature, which has enhanced our understanding and improved our ability to identify and manage the risks we face.

Structure, Governance and Management

Governing document

The Charity is controlled by its governing document, a constitution of a Charitable Incorporated Organisation, dated 15 January 2016.

As a result of the Charities Act 2022, SpotlightYOPD Trustees undertook training. The Board had a presentation on the changes as a result of the Charities Act 2022 and followed that up with a Board discussion about how we review the way we work.

In fact, as a result of a review of all our procedures we determined we were compliant in all areas, with a review of the constitution as an action to take forwards and ensure it is fit for purpose. The SpotlightYOPD constitution was approved in its current form as fit for purpose. The Board received an update from Handelsbanken on banking security and the controls that need to be in place was provided to the Board. A brief discussion resulted in additional controls being agreed and subsequently implemented.

The Board of Trustees uses the knowledge and experience of medical professionals when we are asked to support research programmes or put additional medical information on our website. To this end we have an Advisory Board. During the year we reviewed and amended the Advisory Board Terms of reference to broaden the remit.

All Trustees and the CEO had a refresh of Safeguarding training, with the information having been updated as a result of Safeguarding legal clarifications over the past year.

A small group of senior Trustees helped the Chair with succession planning. This year we created and agreed the role descriptions for the Chair and CEO.

Submitted Trustees Annual report. With this Annual report we now have three sets of accounts with independent review.

The risks register was used extensively this year to help manage the risks and opportunities associated with the communications campaign and the social media campaign in particular.

Recruitment and appointment of new Trustees

No new Trustees were recruited.

The Chair (Nicola Cole) and one Trustee (Gavin Jones) were reappointed for a second term of three years in November 2022. The decision to reappoint was made on the basis of the positive impact both had made during their first terms and a need to provide both continuity and the right skills mix.

Financial Review & Reserves Policy

The Trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) and also in accordance with the requirements of the Charities Act 2011.

Income was slightly down on the prior year however expenses fell as well. As a result the reserves and bank account ended the year, as planned, in a healthy state ahead of the expenditure on the World Parkinson's Congress (WPC). Due to some very generous grants by other organisations to our volunteers and parsimonious behaviour we have been able to set aside funds to redevelop our website.

Reserves

Unrestricted reserves ended the year at £5752. After deducting designated expenditure for WPC £1600 and redeveloping the Website £2000 this leaves £2152 which is approximately 11 months' normal expenditure (calculated by averaging the last two years costs).

The Trustees do not consider this excessive.

Independent Examiner's Report

Independent examiner's report to the trustees of Spotlight YOPD

I report to the trustees on my examination of the accounts of the Spotlight YOPD (the Trust) for the year ended 31 March 2023.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. Accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. The accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

Name: Martin Livesey

Relevant professional qualification or membership of professional bodies (if any): FCCA

Address: 41 Claydown Way, Slip End, Bedfordshire LU1 4DU

Date: 8th January 2024

Financial Statements

 CHARITY COMMISSION FOR ENGLAND AND WALES	SPOTLIGHT YOPD		Charity No	1165177	Year to 31/03/2022	
	Annual accounts for the period					
	Period start date	01/04/2022	To	Period end date		31/03/2023
Section A Statement of financial activities						
Recommended categories by activity		Unrestricted funds	Restricted income funds	Endowment funds	Total funds	Prior year funds
		£	£	£	£	£
Incoming resources (Note 3)		F01	F02	F03	F04	F05
Income and endowments from:						
Donations and legacies		3,519	-	-	3,519	3,947
Charitable activities		-	-	-	-	0
Other trading activities		-	-	-	-	0
Investments		-	-	-	-	0
Separate material item of income		-	-	-	-	0
Other		-	-	-	-	0
Total		3,519	-	-	3,519	3,947
Resources expended (Note 4)						
Expenditure on:						
Raising funds		174	-	-	174	151
Charitable activities		1,582	-	-	1,582	2,872
Separate material item of expense		-	-	-	-	0
Other		-	-	-	-	0
Total		1,756	-	-	1,756	3,023
Net income/(expenditure) before investment gains/(losses)		1,763	-	-	1,763	924
Net gains/(losses) on investments		-	-	-	-	0
Net income/(expenditure)		1,763	-	-	1,763	924
Extraordinary items		-	-	-	-	0
Transfers between funds		-	-	-	-	0
Other recognised gains/(losses):						
Gains and losses on revaluation of fixed assets for the charity's own use		-	-	-	-	0
Other gains/(losses)		-	-	-	-	0
Net movement in funds		1,763	-	-	1,763	924
Reconciliation of funds:						
Total funds brought forward		3,989	-	-	3,989	3,065
Total funds carried forward		5,752	-	-	5,752	3,989

Section B Balance sheet					
	Unrestricted funds	Restricted income funds	Endowment funds	Total this year	Total last year
	£	£	£	£	£
	F01	F02	F03	F04	F05
Fixed assets					
Intangible assets	-	-	-	-	-
Tangible assets	-	-	-	-	-
Heritage assets	-	-	-	-	-
Investments	-	-	-	-	-
Total fixed assets	-	-	-	-	-
Current assets					
Stocks	-	-	-	-	-
Debtors (Note 6)	-	-	-	-	323
Investments	-	-	-	-	-
Cash at bank and in hand (Note 8)	5,752	-	-	5,752	4,540
Total current assets	5,752	-	-	5,752	4,862
Creditors: amounts falling due within one year (Note 7)	-	-	-	-	873
Net current assets/(liabilities)	5,752	-	-	5,752	3,989
Total assets less current liabilities	5,752	-	-	5,752	3,989
Creditors: amounts falling due after one year	-	-	-	-	-
Provisions for liabilities	-	-	-	-	-
Total net assets or liabilities	5,752	-	-	5,752	3,989
Funds of the Charity					
Endowment funds	-	-	-	-	-
Restricted income funds	-	-	-	-	-
Unrestricted funds	5,752	-	-	5,752	3,989
Revaluation reserve	-	-	-	-	-
Total funds	5,752	-	-	5,752	3,989
Signed by one or two trustees on behalf of all the trustees	Signature	Print Name		Date of approval dd/mm/yyyy	
		Mark Webb		06/12/2023	
		Nicola Cole		06/12/2023	

Section C		Notes to the accounts	
Note 1 Basis of preparation			
<i>This section should be completed by all charities .</i>			
1.1 Basis of accounting			
These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.			
The accounts have been prepared in accordance with:			
• and with*	☒	the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014	
• and with*	☒	the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)	
• and with the Charities Act 2011.			
The charity constitutes a public benefit entity as defined by FRS 102.*		☒	
* -Tick as appropriate			
1.2 Going concern			
<i>If there are material uncertainties related to events or conditions that cast significant doubt on the charity's ability to continue as a going concern, please provide the following details or state "Not applicable", if appropriate:</i>			
An explanation as to those factors that support the conclusion that the charity is a going concern;		NA	
Disclosure of any uncertainties that make the going concern assumption doubtful;		NA	
Where accounts are not prepared on a going concern basis, please disclose this fact together with the basis on which the trustees prepared the accounts and the reason why the charity is not regarded as a going concern.		NA	
1.3 Change of accounting policy			
The accounts present a true and fair view and the accounting policies adopted are those outlined in note { }.			
Yes*	☒	* -Tick as appropriate	
No*	☒		
<i>Please disclose:</i>			
(i) the nature of the change in accounting policy;		none	
(ii) the reasons why applying the new accounting policy			
(iii) the amount of the adjustment for each line affected			
1.4 Changes to accounting estimates			
No changes to accounting estimates have occurred in the reporting period (3.46 FRS 102 SORP).			
Yes*	☒	* -Tick as appropriate	
No*	☒		
<i>Please disclose:</i>			
(i) the nature of any changes;		None	
(ii) the effect of the change on income and expense or			
(iii) where practicable, the effect of the change in one or			
1.5 Material prior year errors			
No material prior year error have been identified in the reporting period (3.47 FRS 102 SORP).			
Yes*	☒	* -Tick as appropriate	
No*	☐		
<i>Please disclose:</i>			
(i) the nature of the prior period error;			
(ii) for each prior period presented in the accounts, the			
(iii) the amount of the correction at the beginning of the			

Section C		Notes to the accounts		(cont)	
Note 2		Accounting policies			
2.2 INCOME					
This standard list of accounting policies has been applied by the charity except for those ticked "No" or "N/a". Where a different or additional policy has been adopted then this is detailed in the box below.					
Recognition of income	These are included in the Statement of Financial Activities (SoFA) when:				
	• the charity becomes entitled to the resources;	Yes	No	N/a	
	• it is more likely than not that the trustees will receive the resources; and	✓	✓	✓	
	• the monetary value can be measured with sufficient reliability.				
Offsetting	There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.	Yes	No	N/a	
		✓	✓	✓	
Grants and donations	Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).	Yes	No	N/a	
		✓	✓	✓	
	In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP).	Yes	No	N/a	
		✓	✓	✓	
Legacies	Legacies are included in the SoFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.	Yes	No	N/a	
		✓	✓	✓	
Government grants	The charity has received government grants in the reporting period	Yes	No	N/a	
		✓	✓	✓	
Tax reclaims on donations and gifts	Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.	Yes	No	N/a	
		✓	✓	✓	
Contractual income and performance related grants	This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.	Yes	No	N/a	
		✓	✓	✓	
Donated goods	Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.	Yes	No	N/a	
		✓	✓	✓	
	The cost of any stock of goods donated for distribution to beneficiaries is deemed to be the fair value of those gifts at the time of their receipt and they are recognised on receipt. In the reporting period in which the stocks are distributed, they are recognised as an expense at the carrying amount of the stocks at distribution.	Yes	No	N/a	
		✓	✓	✓	
	Donated goods for resale are measured at fair value on initial recognition, which is the expected proceeds from sale less the expected costs of sale, and recognised in 'Income from other trading activities' with the corresponding stock recognised in the balance sheet. On its sale the value of stock is charged against 'Income from other trading activities' and the proceeds from sale are also recognised as 'Income from other trading activities'.	Yes	No	N/a	
		✓	✓	✓	
	Goods donated for on-going use by the charity are recognised as tangible fixed assets and included in the SoFA as incoming resources when receivable.	Yes	No	N/a	
		✓	✓	✓	
	Gifts in kind for use by the charity are included in the SoFA as income from donations when receivable.	Yes	No	N/a	
		✓	✓	✓	
Donated services and facilities	Donated services and facilities are included in the SoFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably.	Yes	No	N/a	
		✓	✓	✓	
	Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SoFA.	Yes	No	N/a	
		✓	✓	✓	
Support costs	The charity has incurred expenditure on support costs.	Yes	No	N/a	
		✓	✓	✓	
Volunteer help	The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.	Yes	No	N/a	
		✓	✓	✓	
Income from interest, royalties and dividends	This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.	Yes	No	N/a	
		✓	✓	✓	
Income from membership subscriptions	Membership subscriptions received in the nature of a gift are recognised in Donations and Legacies.	Yes	No	N/a	
		✓	✓	✓	
	Membership subscriptions which gives a member the right to buy services or other benefits are recognised as income earned from the provision of goods and services as income from charitable activities.	Yes	No	N/a	
		✓	✓	✓	
Settlement of insurance claims	Insurance claims are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP) and are included as an item of other income in the SoFA.	Yes	No	N/a	
		✓	✓	✓	
Investment gains and losses	This includes any realised or unrealised gains or losses on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.	Yes	No	N/a	
		✓	✓	✓	

2.3 EXPENDITURE AND LIABILITIES		Yes	No	N/a
Liability recognition	Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.	Yes	No	N/a
		✓	✓	✓
Governance and support costs	Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.	Yes	No	N/a
		✓	✓	✓
	Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.	Yes	No	N/a
		✓	✓	✓
Grants with performance conditions	Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.	Yes	No	N/a
		✓	✓	✓
Grants payable without performance conditions	Where there are no conditions attaching to the grant that enables the donor charity to realistically avoid the commitment, a liability for the full funding obligation must be recognised.	Yes	No	N/a
		✓	✓	✓
Redundancy cost	The charity made no redundancy payments during the reporting period.	Yes	No	N/a
		✓	✓	✓
Deferred income	No material item of deferred income has been included in the accounts.	Yes	No	N/a
		✓	✓	✓
Creditors	The charity has creditors which are measured at settlement amounts less any trade discounts	Yes	No	N/a
		✓	✓	✓
Provisions for liabilities	A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date	Yes	No	N/a
		✓	✓	✓
Basic financial instruments	The charity accounts for basic financial instruments on initial recognition as per paragraph 11.7 FRS102 SORP. Subsequent measurement is as per paragraphs 11.17 to 11.19, FRS102 SORP.	Yes	No	N/a
		✓	✓	✓
2.4 ASSETS				
Tangible fixed assets for use by charity	These are capitalised if they can be used for more than one year, and cost at least			
	They are valued at cost.	Yes	No	N/a
		✓	✓	✓
	The depreciation rates and methods used are disclosed in note 9.2.			
Intangible fixed assets	The charity has intangible fixed assets, that is, non-monetary assets that do not have physical substance but are identifiable and are controlled by the charity through custody or legal rights. The amortisation rates and methods used are disclosed in note 9.5	Yes	No	N/a
		✓	✓	✓
	They are valued at cost.	Yes	No	N/a
		✓	✓	✓
Heritage assets	The charity has heritage assets, that is, non-monetary assets with historic, artistic, scientific, technological, geophysical or environmental qualities that are held and maintained principally for their contribution to knowledge and culture. The depreciation rates and methods used as disclosed in note 9.6.1.4.	Yes	No	N/a
		✓	✓	✓
	They are valued at cost.	Yes	No	N/a
		✓	✓	✓
Investments	Fixed asset investments in quoted shares, traded bonds and similar investments are valued at initially at cost and subsequently at fair value (their market value) at the year end. The same treatment is applied to unlisted investments unless fair value cannot be measured reliably in which case it is measured at cost less impairment.	Yes	No	N/a
		✓	✓	✓
	Investments held for resale or pending their sale and cash and cash equivalents with a maturity date of less than 1 year are treated as current asset investments	Yes	No	N/a
		✓	✓	✓
Stocks and work in progress	Stocks held for sale as part of non-charitable trade are measured at the lower or cost or net realisable value.	Yes	No	N/a
		✓	✓	✓
	Goods or services provided as part of a charitable activity are measured at net realisable value based on the service potential provided by items of stock.	Yes	No	N/a
		✓	✓	✓
	Work in progress is valued at cost less any foreseeable loss that is likely to occur on the contract.	Yes	No	N/a
		✓	✓	✓
Debtors	Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.	Yes	No	N/a
		✓	✓	✓
Current asset investments	The charity has investments which it holds for resale or pending their sale and cash and cash equivalents with a maturity date less than one year. These include cash on deposit and cash equivalents with a maturity date of less than one year held for investment purposes rather than to meet short term cash commitments as they fall due.	Yes	No	N/a
		✓	✓	✓
	They are valued at fair value except where they qualify as basic financial instruments.	Yes	No	N/a
		✓	✓	✓
POLICIES ADOPTED ADDITIONAL TO OR DIFFERENT FROM THOSE ABOVE				

Section C		Notes to the accounts				(cont)
Note 3		Analysis of income				
	Analysis	Unrestricted funds	Restricted income funds	Endowment funds	Total funds £	Prior year £
Donations and legacies:	On-Line Donations including Gift Aid	1,340	-	-	1,340	3,947
	Other Donations	2,179	-	-	2,179	-
	Legacies	-	-	-	-	-
	General grants provided by government/other charities	-	-	-	-	-
	Membership subscriptions and sponsorships which are in substance donations	-	-	-	-	-
	Donated goods, facilities and services	-	-	-	-	-
	Other	-	-	-	-	-
	Total	3,519	-	-	3,519	3,947
Charitable activities:		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Other trading activities:		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Income from investments:	Interest income	-	-	-	-	-
	Dividend income	-	-	-	-	-
	Rental and leasing income	-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Separate material item of income:		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Total	-	-	-	-	-
Other:	Conversion of endowment funds into income	-	-	-	-	-
	Gain on disposal of a tangible fixed asset held for charity's own use	-	-	-	-	-
	Gain on disposal of a programme related investment	-	-	-	-	-
	Royalties from the exploitation of intellectual property rights	-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
TOTAL INCOME		3,519	-	-	3,519	3,947
Other information:						
All income in the prior year was unrestricted except for: (please provide description and amounts)						
Where any endowment fund is converted into income in the reporting period, please give the reason for the conversion.						
Where any endowment fund is converted into income in the prior period, please give the reason for the conversion.						
Within the income items above the following items are material: (please disclose the nature, amount and any prior year amounts)						

Section C		Notes to the accounts				(cont)			
Note 4		Analysis of expenditure							
		This year				Last year			
Analysis		Unrestricted funds	Restricted income funds	Endowment funds	Total funds	Unrestricted funds	Restricted income funds	Endowment funds	Total funds
Expenditure on raising funds:					£				£
Incurred seeking donations		-	-	-	-	-	-	-	-
Incurred seeking legacies		-	-	-	-	-	-	-	-
Incurred seeking grants		-	-	-	-	-	-	-	-
Operating membership schemes and social lotteries		-	-	-	-	-	-	-	-
Staging fundraising events		-	-	-	-	-	-	-	-
Fudraising agents		-	-	-	-	-	-	-	-
Operating charity shops		-	-	-	-	-	-	-	-
Operating a trading company undertaking non-charitable trading activity		-	-	-	-	-	-	-	-
Advertising, marketing, direct mail and publicity		174	-	-	174	151	-	-	151
Start up costs incurred in generating new source of future income		-	-	-	-	-	-	-	-
Database development costs		-	-	-	-	-	-	-	-
Other trading activities		-	-	-	-	-	-	-	-
Investment management costs:		-	-	-	-	-	-	-	-
Portfolio management costs		-	-	-	-	-	-	-	-
Cost of obtaining investment advice		-	-	-	-	-	-	-	-
Investment administration costs		-	-	-	-	-	-	-	-
Intellectual property licencing costs		-	-	-	-	-	-	-	-
Rent collection, property repairs and maintenance charges		-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-
Total expenditure on raising funds		174	-	-	174	151	-	-	151
Expenditure on charitable activities:									
IT Software and consumables		426			426	1,120	-	-	1,120
Printing & Stationery					-	-			-
Administration Support		1,113			1,113	400			400
Rent & Rates					-	-	-	-	-
Repairs & maintenance					-	-			-
Subscriptions					-	112			112
Insurance		43			43	-			-
Travel - National		-			-	1,240	-	-	1,240
Travel - International		-	-	-	-	-	-	-	-
Total expenditure on charitable activities		1,582	-	-	1,582	2,872	-	-	2,872
Separate material item of expense									
		-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-
Total		-	-	-	-	-	-	-	-
Other									
		-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-
Total other expenditure		-	-	-	-	-	-	-	-
TOTAL EXPENDITURE		1,756	-	-	1,756	3,023	-	-	3,023

Section C		Notes to the accounts		
Note 5		Details of certain items of expenditure		
10.1 Fees for examination of the accounts				
<i>Please provide details of the amount paid for any statutory external scrutiny of accounts and other services provided by your independent examiner. If nothing was paid please enter '0' in the appropriate box(es).</i>				
			This year	Last year
			£	£
Independent examiner's fees			-	-
Assurance services other than audit or independent examination			-	-
Tax advisory fees			-	-
Other fees (for example: financial advice, consultancy, accountancy services) paid to the independent examiner			-	-

Trustees' Remuneration and Benefits

There were no trustee remunerations or other benefits for the period ended 31 March 2023.

Reference and Administrative Details

Registered Charity number 1165177

Principal address

Spotlight YOPD

c/o Staveley Methodist Church

Chesterfield Road

Staveley

S43 3XD

Bankers are Handelsbanken Ashford

Handelsbanken plc

Suite 2, First Floor, International House

Dover Place

Ashford

TN23 1HU

Trustees

Mr Mark Webb appointed 03/06/2020

Dr Sally Smith appointed 05/02/2020

Mr Gavin Jones reappointed 04/09/2022

Mr B Standen appointed 07/10/2020

Ms B Lee appointed 07/10/2020

Mr M Eagles appointed 06/01/2021

Mr Andrew Hobbs appointed 03/11/2021

Ms Shazia Dar appointed 01/12/2021

Mrs N S Cole reappointed 23/05//2022 (Chair)

Ms Gaynor Edwards Co-founder since 15/01/2016 and CEO since 01/04/2019

SPOTLIGHT YOPD

England & Wales - Charity number 1165177

Accounts



**Report of the Trustees and Financial Statements
for Spotlight YOPD (Registered Charity number 1165177)**

1 April 2021 to 31 March 2022

A young Parkinson woman's guide to pills,
periods, pregnancy, parenthood, prevention,
prognosis and the power of a positive perspective
(when diagnosed with an 'old man's disease')



Written by women who have walked that path.

Chairman's Report

I am delighted to be able to present the Annual Report and Accounts for the year April 2021 to March 2022 - outlining significant progress made on several fronts.

This past year has seen us develop a new strategy with a focus on communications in line with the objects of the Charity.

The key audience members divide into:

- People with YOPD (first and foremost)
- Family Members and Carers
- Healthcare Professionals
- The General Public
- Policymakers and Corporate sponsors

Our Research Panel, set up at the end of last year, has been put to good use. Charged with assessing the viability and suitability of research projects ahead of advertising them to our audience, the scope and interest has grown. Plans now include an Advisory Board where specialist input is required, particularly in regard to medical matters.

We were let down during the year by a partner we had hoped would provide us with a website and a CRM solution, following considerable trustees input. This was a disappointing set back; only recently have we been in a position to take a website live. We now find ourselves in a stronger position for the next year.

Our thanks go to Yvette Bordley of webyogi for reinstating a working website. On that note, please do visit our "Thank You" page to see all the people and groups who have helped us over the past year.

We are building a global network of advocates and researchers through and beyond our work with the World Parkinson Congress (WPC). We are delighted to have linked up with new YOPD charities and organisations across the globe - based in part on the Spotlight YOPD model. These new charity representatives include advocates from the Netherlands, the USA, Germany, Portugal and Japan.

We have also linked via these advocates with some of the more proactive researchers - and certainly those who understand the value of a positive patient/researcher working dynamic.

Our WPC survey project is under review - by ourselves. We have concerns that there is a risk that skewed information may result through capturing data on medication side-effects (rather than pure symptoms) and misdiagnosis. We are currently investigating more foolproof and creative means of gathering patient information.

Where possible we will always seek to complement the positive work of other advocates and charities. We are very positive about the current state of relations between the UK-based PD charities - and look forward to greater collaboration.

On a more local scale, we sent out a request for some office space for charity use in Rye. Jane Brook of "On tap networks ltd" offered a desk in a co-working space for our CEO and use of the office mailing address. We are looking forward to building on this relationship.

We signed up a partnership agreement with Able Label - an accessible clothing company. Spotlight YOPD will receive a small commission on any sales directed from our website. This is a new way of us generating funds - to sit alongside our established routes of Facebook Fundraising and Amazon Smile.

We have signed up for a new fundraising platform - Total Giving - in the wake of Virgin Money Giving, our previous fundraising platform.

I would particularly like to thank the small army of people who have helped us get this far - their ongoing support for the charity is hugely appreciated.

We are in an excellent position to build on our work so far - and have ambitions to present and have a proactive presence at the World Parkinson Congress in Barcelona in Summer 2023.



Mrs Nicola Cole, Chairman

Thank you to all our supporters

The Trustees at Spotlight YOPD would like to Thank all our donors and volunteers.

In particular we would like to note the help from the following people:

The family and friends of the late Jackie McClintock

Ian Steadman at BSR Bespoke Chartered Accountants

Karen Jones at Handelsbanken Ashford

Martin Livesey for being our Independent Examiner

Katie Levitt at Desktop Wisdom

Chloe Swallow, Andrew Smith, Luckshi Maheswaran, Tash Cornwell, the graduates at OpenHealth who facilitated the generation of the Spotlight YOPD strategy and created the strategy document

Scott Lee for competing in the Centurion Running South Downs Way 100 (a 100-mile foot race with 12700 ft of elevation in under 30 hours!!!) to raise funds

Jane Brook for providing a co-working space for our CEO and access to The Brewery Yard Club in Rye

Dr Paul Stevens and Ms Helen Goodwin for their work on the advisory group

Yvette Bordley for redesigning and building our new website

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Introduction

The trustees present their report with the financial statements of the charity for the period 1 April 2021 to 31 March 2022.

Spotlight YOPD is a Charitable Incorporated Organisation (CIO) that is eligible for gift aid.

OBJECTIVES

The objects of the CIO are:

- 1) To promote health and to relieve those suffering from Young Onset Parkinson's Disease (YOPD) and to provide support both for such persons and their families;
- 2) To advance the education of the public (including scientific education) and raise awareness in all areas relating to Young Onset Parkinson's Disease.

Vision:

Shining a light on better living now with Young Onset Parkinson's (YOPD) and researching for a brighter future.

Aims:

- Ensure YOPD is recognised globally as a rare (often genetic) syndrome that requires focussed research.
- Mobilise genetic testing ensuring YOPD patients have an effective diagnosis leading to better care.
- Deliver campaigns so YOPD families have access to research, innovative treatments and other emotional, practical and financial support.
- Have YOPD recognised in guidelines enabling holistic disease management at every stage of life.
- Accelerate diagnosis and empower patients and families to take control of the condition.

The trustees had due regard to the Charity Commission's guidance on public benefit, ensuring that the Aims and Strategy are aligned with the objectives, reviewed at Board meetings. The risk register also helps to focus the attention of the Board of Trustees.

ACHIEVEMENT AND PERFORMANCE

The pandemic continued into the beginning of our new year - with restrictions finally lifted towards the end. Our CEO, Gaynor Edwards, worked predominantly online and made the most of her global and UK-based networks to get the messages out onto a global stage.

There has been recent recognition that women have been under-represented within the Parkinson's community and their specific challenges poorly understood. This year there has been an effort to redress the balance and this started with Gaynor leading a webinar on hormones for a Young Onset Parkinson's women's group discussion for the Davis Phinney Foundation.

Gaynor was interviewed by Unilad online magazine with a focus on raising awareness of YOPD - to tie in with Parkinson's Awareness Month in April 2021. This article can still be found at <https://www.unilad.co.uk/featured/parkinsons-disease-doesnt-just-affect-the-elderly-younger-people-can-get-it-too>

Parkie Radio (an online station) interviews many people with Parkinsons, researchers and clinicians on matters of the day. Gaynor participated on three occasions, once as a guest presenter on The Two Mikes podcast (USA) and once Gaynor was interviewed by the two Mikes on female challenges with YOPD. On a third occasion Gaynor was interviewed by DJ Jonny in the UK, giving Spotlight YOPD coverage on both sides of the pond.

Gaynor and Dr Jon Stamford were interviewed by Lisa Beaumont who wrote a profile piece on Spotlight YOPD for the Neuro Rehab Times.

Throughout the year, Gaynor maintained her role as Co-Chair of the WPC (World Parkinson Congress) Young Onset working group running regular meetings bringing together global representatives into a single conversation. One of the initiatives in progress is to create a handbook for YOPD women to be launched at WPC 2023, called "In her shoes". This has been discussed with other executive committee members at the executive meeting and was well received.

Gaynor undertook a number of events and meetings to further knowledge of YOPD. These included:

- Dancing with Parkinsons - a national initiative to encourage movement and dance. It allows people with Parkinson's to sample different dance styles, get active and improve their mental health.
- Davis Phinney Foundation Women's Group on the topic of relationships and how this changes once one of the partners receives a Young Onset diagnosis.

- A meeting in support of Elizabeth Gordon - who is the CEO of one of our alliance charities, Parkinson's Care and Support, with the University of Kent.
- Spotlight YOPD took a stand at Sport Parkinson's inaugural Try-athalon.
- Guest speaker for a Parkinson's group in Oswestry talking about Young Onset diagnosis.
- Made contact with Kerri Evans, the head of disability at Wrexham Football club. Ongoing conversations about walking football (Gaynor introduced Paul Nicholls) and the use of an elephant badge to highlight hidden conditions as a pin badge project.

The relationship with Parkinson's UK (PUK) has improved over the last year, in part due to the new CEO, Caroline Russell. We have a number of areas where we are actively working together and Caroline involves Spotlight YOPD where we can add value.

We have maintained a relationship with PD Avengers through attendance at their regular meetings. We participate in any projects that are aligned with the aims of Spotlight YOPD and to share our objectives.

A key fundraising partnership was cemented with Able Label who provide accessible clothing, suitable for people with YOPD.

We have an ongoing project to provide help for those diagnosed with YOPD by working with a partner company to provide support in making applications for personal independence payments; educate the government agencies on YOPD; and get a seat at DWP boards and think tanks. We anticipate we can create a relationship of mutual support.

Activities mapped against Spotlight YOPD Objectives

Activity	Objective 1	Objective 2
Interviews and published articles	✓	✓
Webinar for YOPD Women's group at Davis Phinney Foundation	✓	✓
Co-Chair WPC YOPD Working Group	✓	✓
Events and meetings	✓	✓
Parkinson's UK collaborations		✓
Parkinson's Care Advisory Board	✓	
PD Avengers	✓	✓
Fundraising Partnerships	✓	✓

FUTURE PLANS

Our future plans are centred around our Aims, namely:

- Ensure YOPD is recognised globally as a rare (often genetic) syndrome that requires focussed research.
- Mobilise genetic testing ensuring YOPD patients have an effective diagnosis leading to better care.
- Deliver campaigns so YOPD families have access to research, innovative treatments and other emotional, practical and financial support.
- Have YOPD recognised in guidelines enabling holistic disease management at every stage.
- Accelerate diagnosis and empower patients and families to take control of the condition.

As a small charity we focus our effort through education, communication and engagement through partners and affiliates.

We will continue to accept speaking appointments and invitations to events where we can share information and influence people.

We are working on a training programme to educate medical professionals on the challenges faced by those diagnosed with Young Onset Parkinson's and how they might help in a constructive way.

We plan to make the most of our website, putting up useful links, articles and information. For example, we are currently working on a Patient Charter which we will use to raise awareness of the needs of those with Young Onset Parkinson's.

Our CEO, Gaynor Edwards has been working for some years with the World Parkinson Congress and Co-chairs a YOPD working group. It is our ambition for Gaynor to present at the 2023 World Parkinson Congress on the main stage to highlight Young Onset Parkinsons.

We have been working on a project to enable those diagnosed with YOPD to receive a full genome analysis and hope to be able to announce partners by the end of the year to make this project a reality.

Further partnerships for fundraising and to raise our profile and get our message to decision makers.

RISK

Managing our risks is a very important aspect of our work as a charity. Being aware of those areas that may adversely impact on our vision, mission, aims and objectives is not just good governance and good leadership and management, it also allows us to take action and proactively mitigate and improve in our work.

The charity's risk register has been in place since 2020. Risks are discussed regularly at the Board. The management of risk continues to be a dynamic process. New risks are discussed and added, and existing risks are reviewed with their actions monitored.

During 2021 to 2022 we have seen a shift in risk scores as the charity has developed and continued its work. We have strengthened our strategy and communication management, and we have developed the website which is ready to go live following sign-off by the Board. This risk has therefore reduced from a score of 12 to a score of 3.

As our risk management has matured, we have undertaken risk management training for the Trustees. This has enhanced understanding and improved our ability to identify and manage the risks we face. The three top risks that the charity faces have changed from last year with the website risk score now low, and the volunteer training moving to third position.

The top three risks are:

Finance

There is a risk the charity's finances may deplete resulting in lack of money to undertake our charitable aims. The risk score is 9 – Moderate. To mitigate this risk we have robust financial controls in place with monthly reporting and discussion and actions in place. As we are now spending, our immediate plans are to set a budget and raise funds to support our work.

Sustainability

There is a risk that as we rely exclusively on volunteer support for fundraising, our growth may not be efficient and sustainable. The risk score is 8 – Moderate. We plan to implement a robust fundraising strategy to minimise this risk.

Volunteer Training

There is a risk that volunteers and other officers of Spotlight YOPD have insufficient training in relation to the confidentiality of personal data. The risk score is 6 – Low. We have in place robust induction and training for volunteers we may recruit going forward.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a constitution of a Charitable Incorporated Organisation, dated 15 January 2016.

Recruitment and appointment of new trustees

We have recruited three new trustees over the last 12 months, all of whom brought key skills identified during our review of the skills and experience requirements.

- In looking for new trustees we first looked at the skills mix we required and identified the skills and experience we required.
- We advertised through two channels, The Chairman's Network and LinkedIn. We also asked the trustees to tap their own networks.
- The CEO and Chairman interviewed all those who applied.

FINANCIAL REVIEW AND RESERVES

The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) and also in accordance with the requirements of the Charities Act 2011.

The reserves (all of which are free) at the end of the year were £3989 representing approximately six months budgeted expenditure. The trustees believe that this is the right level for the charity, given the expected increase in activity in the new financial year.

INDEPENDENT EXAMINER'S REPORT

Independent examiner's report to the trustees of Spotlight YOPD

I report to the trustees on my examination of the accounts of the Spotlight YOPD (the Trust) for the year ended 31 March 2021.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:

A handwritten signature in black ink, appearing to be 'M Livesey'.

Name: M Livesey

Relevant professional qualification or membership of professional bodies (if any): ACCA

Address: 41 Claydown Way, Slip End, Bedfordshire

Date: 2nd October 2022

FINANCIAL STATEMENTS

 CHARITY COMMISSION FOR ENGLAND AND WALES	SPOTLIGHT YOPD			Charity No	1165177	Year to 31/03/2021
	Annual accounts for the period					
	Period start date	01/04/2021	To	Period end date	31/03/2022	

Section A Statement of financial activities						
Recommended categories by activity	Unrestricted funds	Restricted income funds	Endowment funds	Total funds	Prior year funds	
	£	£	£	£	£	
Incoming resources (Note 3)	F01	F02	F03	F04	F05	
Income and endowments from:						
Donations and legacies	3,947	-	-	3,947	1,808	
Charitable activities	-	-	-	-	-	
Other trading activities	-	-	-	-	-	
Investments	-	-	-	-	-	
Separate material item of income	-	-	-	-	-	
Other	-	-	-	-	-	
Total	3,947	-	-	3,947	1,808	
Resources expended (Note 4)						
Expenditure on:						
Raising funds	151	-	-	151	-	
Charitable activities	2,872	-	-	2,872	1,809	
Separate material item of expense	-	-	-	-	-	
Other	-	-	-	-	-	
Total	3,023	-	-	3,023	1,809	
Net income/(expenditure) before investment gains/(losses)	923	-	-	923	-1	
Net gains/(losses) on investments	-	-	-	-	-	
Net income/(expenditure)	923	-	-	923	-1	
Extraordinary items	-	-	-	-	-	
Transfers between funds	-	-	-	-	-	
Other recognised gains/(losses):						
Gains and losses on revaluation of fixed assets for the charity's own use	-	-	-	-	-	
Other gains/(losses)	-	-	-	-	-	
Net movement in funds	923	-	-	923	-1	
Reconciliation of funds:						
Total funds brought forward	3,066	-	-	3,066	3,067	
Total funds carried forward	3,989	-	-	3,989	3,066	

Section B Balance sheet					
	Unrestricted funds	Restricted income funds	Endowment funds	Total this year	Total last year
	£	£	£	£	£
	F01	F02	F03	F04	F05
Fixed assets					
Intangible assets	-	-	-	-	-
Tangible assets	-	-	-	-	-
Heritage assets	-	-	-	-	-
Investments	-	-	-	-	-
Total fixed assets	-	-	-	-	-
Current assets					
Stocks	-	-	-	-	-
Debtors (Note 6)	323	-	-	323	-
Investments	-	-	-	-	-
Cash at bank and in hand (Note 8)	4,540	-	-	4,540	3,065
Total current assets	4,862	-	-	4,862	3,065
Creditors: amounts falling due within one year (Note 7)	873	-	-	873	2,941
Net current assets/(liabilities)	3,989	-	-	3,989	124
Total assets less current liabilities	3,989	-	-	3,989	124
Creditors: amounts falling due after one year	-	-	-	-	-
Provisions for liabilities	-	-	-	-	-
Total net assets or liabilities	3,989	-	-	3,989	124
Funds of the Charity					
Endowment funds	-	-	-	-	-
Restricted income funds	-	-	-	-	-
Unrestricted funds	3,989	-	-	3,989	3,065
Revaluation reserve	-	-	-	-	-
Total funds	3,989	-	-	3,989	3,065
Signed by one or two trustees on behalf of all the trustees	Signature		Print Name		Date of approval dd/mm/yyyy
			Mark Webb		30/09/2022
			Nicola Cole		30/09/2022

Section C		Notes to the accounts
Note 1 Basis of preparation		
<i>This section should be completed by all charities.</i>		
1.1 Basis of accounting		
These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.		
The accounts have been prepared in accordance with:		
• and with*	☒	the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
• and with*	☒	the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)
• and with the Charities Act 2011.		
The charity constitutes a public benefit entity as defined by FRS 102.*		☒
* - Tick as appropriate		
1.2 Going concern		
<i>If there are material uncertainties related to events or conditions that cast significant doubt on the charity's ability to continue as a going concern, please provide the following details or state "Not applicable", if appropriate:</i>		
An explanation as to those factors that support the conclusion that the charity is a going concern;	NA	
Disclosure of any uncertainties that make the going concern assumption doubtful;	NA	
Where accounts are not prepared on a going concern basis, please disclose this fact together with the basis on which the trustees prepared the accounts and the reason why the charity is not regarded as a going concern.	NA	
1.3 Change of accounting policy		
The accounts present a true and fair view and the accounting policies adopted are those outlined in note { }.		
Yes*	☒	* - Tick as appropriate
No*	☒	
Please disclose:		
<i>(i) the nature of the change in accounting policy;</i>		none
<i>(ii) the reasons why applying the new accounting policy</i>		
<i>(iii) the amount of the adjustment for each line affected</i>		
1.4 Changes to accounting estimates		
No changes to accounting estimates have occurred in the reporting period (3.46 FRS 102 SORP).		
Yes*	☒	* - Tick as appropriate
No*	☒	
Please disclose:		
<i>(i) the nature of any changes;</i>		None
<i>(ii) the effect of the change on income and expense or</i>		
<i>(iii) where practicable, the effect of the change in one or</i>		
1.5 Material prior year errors		
No material prior year error have been identified in the reporting period (3.47 FRS 102 SORP).		
Yes*	☒	* - Tick as appropriate
No*	☒	
Please disclose:		
<i>(i) the nature of the prior period error;</i>		
<i>(ii) for each prior period presented in the accounts, the</i>		
<i>(iii) the amount of the correction at the beginning of the</i>		

Section C		Notes to the accounts		(cont)	
Note 2		Accounting policies			
2.2 INCOME					
This standard list of accounting policies has been applied by the charity except for those ticked "No" or "N/a". Where a different or additional policy has been adopted then this is detailed in the box below.					
Recognition of income	These are included in the Statement of Financial Activities (SoFA) when:				
	• the charity becomes entitled to the resources;				
	• it is more likely than not that the trustees will receive the resources; and	Yes	No	N/a	
	• the monetary value can be measured with sufficient reliability.	✓	✓	✓	
Offsetting	There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.	Yes	No	N/a	
		✓	✓	✓	
Grants and donations	Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).	Yes	No	N/a	
		✓	✓	✓	
	In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP).	Yes	No	N/a	
		✓	✓	✓	
Legacies	Legacies are included in the SoFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.	Yes	No	N/a	
		✓	✓	✓	
Government grants	The charity has received government grants in the reporting period	Yes	No	N/a	
		✓	✓	✓	
Tax reclaims on donations and gifts	Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.	Yes	No	N/a	
		✓	✓	✓	
Contractual income and performance related grants	This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.	Yes	No	N/a	
		✓	✓	✓	
Donated goods	Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.	Yes	No	N/a	
		✓	✓	✓	
	The cost of any stock of goods donated for distribution to beneficiaries is deemed to be the fair value of those gifts at the time of their receipt and they are recognised on receipt. In the reporting period in which the stocks are distributed, they are recognised as an expense at the carrying amount of the stocks at distribution.	Yes	No	N/a	
		✓	✓	✓	
	Donated goods for resale are measured at fair value on initial recognition, which is the expected proceeds from sale less the expected costs of sale, and recognised in 'Income from other trading activities' with the corresponding stock recognised in the balance sheet. On its sale the value of stock is charged against 'Income from other trading activities' and the proceeds from sale are also recognised as 'Income from other trading activities'.	Yes	No	N/a	
		✓	✓	✓	
	Goods donated for on-going use by the charity are recognised as tangible fixed assets and included in the SoFA as incoming resources when receivable.	Yes	No	N/a	
		✓	✓	✓	
	Gifts in kind for use by the charity are included in the SoFA as income from donations when receivable.	Yes	No	N/a	
		✓	✓	✓	
Donated services and facilities	Donated services and facilities are included in the SoFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably.	Yes	No	N/a	
		✓	✓	✓	
	Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SoFA.	Yes	No	N/a	
		✓	✓	✓	
Support costs	The charity has incurred expenditure on support costs.	Yes	No	N/a	
		✓	✓	✓	
Volunteer help	The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.	Yes	No	N/a	
		✓	✓	✓	
Income from interest, royalties and dividends	This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.	Yes	No	N/a	
		✓	✓	✓	
Income from membership subscriptions	Membership subscriptions received in the nature of a gift are recognised in Donations and Legacies.	Yes	No	N/a	
		✓	✓	✓	
	Membership subscriptions which gives a member the right to buy services or other benefits are recognised as income earned from the provision of goods and services as income from charitable activities.	Yes	No	N/a	
		✓	✓	✓	
Settlement of insurance claims	Insurance claims are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP) and are included as an item of other income in the SoFA.	Yes	No	N/a	
		✓	✓	✓	
Investment gains and losses	This includes any realised or unrealised gains or losses on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.	Yes	No	N/a	
		✓	✓	✓	

2.3 EXPENDITURE AND LIABILITIES				
Liability recognition	Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.	Yes	No	N/a
		✓	✓	✓
Governance and support costs	Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.	Yes	No	N/a
		✓	✓	✓
	Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.	Yes	No	N/a
		✓	✓	✓
Grants with performance conditions	Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.	Yes	No	N/a
		✓	✓	✓
Grants payable without performance conditions	Where there are no conditions attaching to the grant that enables the donor charity to realistically avoid the commitment, a liability for the full funding obligation must be recognised.	Yes	No	N/a
		✓	✓	✓
Redundancy cost	The charity made no redundancy payments during the reporting period.	Yes	No	N/a
		✓	✓	✓
Deferred income	No material item of deferred income has been included in the accounts.	Yes	No	N/a
		✓	✓	✓
Creditors	The charity has creditors which are measured at settlement amounts less any trade discounts	Yes	No	N/a
		✓	✓	✓
Provisions for liabilities	A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date	Yes	No	N/a
		✓	✓	✓
Basic financial instruments	The charity accounts for basic financial instruments on initial recognition as per paragraph 11.7 FRS102 SORP. Subsequent measurement is as per paragraphs 11.17 to 11.19, FRS102 SORP.	Yes	No	N/a
		✓	✓	✓
2.4 ASSETS				
Tangible fixed assets for use by charity	These are capitalised if they can be used for more than one year, and cost at least			
	They are valued at cost.	Yes	No	N/a
		✓	✓	✓
	The depreciation rates and methods used are disclosed in note 9.2.			
Intangible fixed assets	The charity has intangible fixed assets, that is, non-monetary assets that do not have physical substance but are identifiable and are controlled by the charity through custody or legal rights. The amortisation rates and methods used are disclosed in note 9.5	Yes	No	N/a
		✓	✓	✓
	They are valued at cost.	Yes	No	N/a
		✓	✓	✓
Heritage assets	The charity has heritage assets, that is, non-monetary assets with historic, artistic, scientific, technological, geophysical or environmental qualities that are held and maintained principally for their contribution to knowledge and culture. The depreciation rates and methods used as disclosed in note 9.6.1.4.	Yes	No	N/a
		✓	✓	✓
	They are valued at cost.	Yes	No	N/a
		✓	✓	✓
Investments	Fixed asset investments in quoted shares, traded bonds and similar investments are valued at initially at cost and subsequently at fair value (their market value) at the year end. The same treatment is applied to unlisted investments unless fair value cannot be measured reliably in which case it is measured at cost less impairment.	Yes	No	N/a
		✓	✓	✓
	Investments held for resale or pending their sale and cash and cash equivalents with a maturity date of less than 1 year are treated as current asset investments	Yes	No	N/a
		✓	✓	✓
Stocks and work in progress	Stocks held for sale as part of non-charitable trade are measured at the lower or cost or net realisable value.	Yes	No	N/a
		✓	✓	✓
	Goods or services provided as part of a charitable activity are measured at net realisable value based on the service potential provided by items of stock.	Yes	No	N/a
		✓	✓	✓
	Work in progress is valued at cost less any foreseeable loss that is likely to occur on the contract.	Yes	No	N/a
		✓	✓	✓
Debtors	Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.	Yes	No	N/a
		✓	✓	✓
Current asset investments	The charity has investments which it holds for resale or pending their sale and cash and cash equivalents with a maturity date less than one year. These include cash on deposit and cash equivalents with a maturity date of less than one year held for investment purposes rather than to meet short term cash commitments as they fall due.	Yes	No	N/a
		✓	✓	✓
	They are valued at fair value except where they qualify as basic financial instruments.	Yes	No	N/a
		✓	✓	✓

Section C		Notes to the accounts				(cont)			
Note 4		Analysis of expenditure							
		This year				Last year			
Analysis		Unrestricted funds	Restricted income funds	Endowment funds	Total funds	Unrestricted funds	Restricted income funds	Endowment funds	Total funds
Expenditure on raising funds:					£				£
Incurred seeking donations		-	-	-	-	-	-	-	-
Incurred seeking legacies		-	-	-	-	-	-	-	-
Incurred seeking grants		-	-	-	-	-	-	-	-
Operating membership schemes and social lotteries		-	-	-	-	-	-	-	-
Staging fundraising events		-	-	-	-	-	-	-	-
Fundraising agents		-	-	-	-	-	-	-	-
Operating charity shops		-	-	-	-	-	-	-	-
Operating a trading company undertaking non-charitable trading activity		-	-	-	-	-	-	-	-
Advertising, marketing, direct mail and publicity		151	-	-	151	-	-	-	-
Start up costs incurred in generating new source of future income		-	-	-	-	-	-	-	-
Database development costs		-	-	-	-	-	-	-	-
Other trading activities		-	-	-	-	-	-	-	-
Investment management costs:		-	-	-	-	-	-	-	-
Portfolio management costs		-	-	-	-	-	-	-	-
Cost of obtaining investment advice		-	-	-	-	-	-	-	-
Investment administration costs		-	-	-	-	-	-	-	-
Intellectual property licencing costs		-	-	-	-	-	-	-	-
Rent collection, property repairs and maintenance charges		-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-
Total expenditure on raising funds		151	-	-	151	-	-	-	-
Expenditure on charitable activities:									
IT Software and consumables		1,120	-	-	1,120	102	-	-	102
Printing & Stationery		-	-	-	-	20	-	-	20
Administration Support		400	-	-	400	-	-	-	-
Rent & Rates		-	-	-	-	1,238	-	-	1,238
Repairs & maintenance		-	-	-	-	-	-	-	-
Subscriptions		112	-	-	112	126	-	-	126
Write off of Historical Debit balance		-	-	-	-	323	-	-	323
Travel - National		1,240	-	-	1,240	-	-	-	-
Travel - International		-	-	-	-	-	-	-	-
Total expenditure on charitable activities		2,872	-	-	2,872	1,809	-	-	1,809
Separate material item of expense									
		-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-
Total		-	-	-	-	-	-	-	-
Other									
		-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-
Total other expenditure		-	-	-	-	-	-	-	-
TOTAL EXPENDITURE		3,023	-	-	3,023	1,809	-	-	1,809

Section C		Notes to the accounts				
Note 5 Details of certain items of expenditure						
10.1 Fees for examination of the accounts						
Please provide details of the amount paid for any statutory external scrutiny of accounts and other services provided by your independent examiner. If nothing was paid please enter '0' in the appropriate box(es).						
					This year £	Last year £
Independent examiner's fees					-	-
Assurance services other than audit or independent examination					-	-
Tax advisory fees					-	-
Other fees (for example: financial advice, consultancy, accountancy services) paid to the independent examiner					-	-

Section C		Notes to the accounts		(cont)	
Note 6		Debtors and prepayments			
Please complete this note if the charity has any debtors or prepayments.					
19.1	Analysis of debtors			This year	Last year
				£	£
				-	-
	Trade debtors			-	-
	Prepayments and accrued income			-	-
	Other debtors			-	-
	Total				
Please complete 19.2 where a material debtor is recoverable more than a year after the reporting date.					
19.2	Analysis of debtors recoverable in more than 1 year (included in debtors above)				
				This year	Last year
				£	£
	Trade debtors			-	-
	Prepayments and accrued income			323	-
	Other debtors			-	-
				-	-
	Total			323	-

Section C		Notes to the accounts		(cont)	
Note 7		Creditors and accruals			
<i>Please complete this note if the charity has any creditors or accruals.</i>					
20.1 Analysis of creditors					
		Amounts falling due within one year		Amounts falling due after more than one year	
		This year	Last year	This year	Last year
		£	£	£	£
Accruals for grants payable		-	-	-	-
Bank loans and overdrafts		-	-	-	-
Trade creditors		-	-	-	-
Payments received on account for contracts or performance-related grants		-	-	-	-
Accruals and deferred income		873	2,941	-	-
Taxation and social security		-	-	-	-
Other creditors		-	-	-	-
Total		873	2,941	-	-
20.2 Deferred income					
<i>Please complete this note if the charity has deferred income.</i>					
<i>Please explain the reasons why income is deferred.</i>		This year		Last year	
Movement in deferred income account				This year	Last year
				£	£
Balance at the start of the reporting period				-	-
Amounts added in current period				-	-
Amounts released to income from previous periods				-	-
Balance at the end of the reporting period				-	-

Section C		Notes to the accounts		(cont)	
Note 8		Cash at bank and in hand			
				This year	Last year
				£	£
Short term cash investments (less than 3 months maturity date)				-	-
Short term deposits				-	-
Cash at bank and on hand				4,540	3,065
Other				-	-
Total				4,540	3,065

TRUSTEES' REMUNERATION AND BENEFITS

There were no trustee remunerations or other benefits for the period ended 31 March 2022.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number 1165177

Principal address

Spotlight YOPD

The Old Cinema

Fishmarket Rd

Rye

TN31 7LP

Phone : 07956 142214

Bankers are Handelsbanken Ashford

Handelsbanken plc

Suite 2, First Floor, International House

Dover Place

Ashford

TN23 1HU

Trustees

Mr Mark Webb appointed 03/06/2020

Dr. Sally Smith appointed 05/02/2020

Mr Gavin Jones appointed 04/09/2019

Mrs N S Cole appointed 23/05/19

Mr B Standen appointed 07/10/2020

Ms B Lee appointed 07/10/2020

Mr M Eagles appointed 06/01/2021

Mr Andrew Hobbs appointed 03/11/2021

Ms Shazia Dar appointed 01/12/2021

Ms Tara-Jane Brodie appointed 02/02/2022

Ms Gaynor Edwards Co-founder since 15/01/2016 and CEO since 1 April 2019

Accounts



**Report of the Trustees and Financial Statements
for Spotlight YOPD (Registered Charity number 1165177)**

1 April 2020 to 31 March 2021



Chairman's Report

What a difficult and challenging year! Thank goodness that as a small and nimble charity, Spotlight YOPD was able to adapt and make the most of the opportunities afforded us. Despite having to reign back our fundraising ambitions and modify our approach to delivering benefit, we still made an important and valuable impact.

I feel very fortunate that we have again been blessed with a number of dedicated supporters. Thank you all for your help and generosity.

I am delighted to report that all our trustees remained engaged throughout the year and we have made progress on a number of key aspects of our strategy.

We undertook a review of financial procedures at the Extraordinary Board of Trustees meeting in April. This resulted in a lively discussion and a tightening of financial controls. We also reviewed and updated our safeguarding policy in June.

We took advantage of a six-month termination clause in our contract with Coachworks - it having become obvious we would not make use of the facilities due to the risks associated with Covid 19.

We created an approach to working with partners and affiliates implemented with a number of organisations including:

- Talent Gateway - a strategic recruitment partner.
- OPENHealth - a strategic operations partner.
- Parkinsons Care - a counselling partner.
- Handelsbanken (Ashford) - providers of our banking services.
- Carminho Bastos and her charity 'Young Parkies Portugal' - our first global affiliate organisation.

A difficult year for fundraising, we had a few stalwart supporters and were able to keep costs low as a result of many events going online. This has meant that we have broken even across the year - an excellent outcome given the work that has been undertaken.

We have continued to raise the profile of Young Onset Parkinson's globally through leadership and participation at both WPC (World Parkinsons Congress) Leadership Forum and with the David Phinney Foundation.

Plans for next year, still under the cloud of Covid 19, will have a focus on the formation of a comprehensive Communications Strategy - our Objectives and Vision being focused on increased awareness and knowledge. In addition we will be re-focusing on fundraising, perhaps using rather different strategies and maybe utilising our continued global influence.

A handwritten signature in green ink, appearing to read 'Nicola Cole'.

Mrs Nicola Cole, Chairman

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Activities mapped against spotlight YOPD objectives	Page 7
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Introduction

The trustees present their report with the financial statements of the charity for the period 1 April 2020 to 31 March 2021.

OBJECTIVES AND ACTIVITIES

The objects of the CIO are:

- 1) To promote health and to relieve those suffering from Young Onset Parkinson's Disease (YOPD) and to provide support both for such persons and their families;
- 2) To advance the education of the public (including scientific education) and raise awareness in all areas relating to Young Onset Parkinson's Disease.

The trustees had due regard to the Charity Commission's guidance on public benefit, ensuring that the Aims and Strategy are aligned with the objectives, reviewed at Board meetings. A recently implemented risk register also helps to focus the attention of the Board of Trustees.

Spotlight YOPD has membership of:

- Neurological Alliance
- Genetic Alliance / Rare diseases group
- World Parkinson's Congress – Partner member and co-chair of YOPD working group
- Davis Phinney - YOPD Council

ACHIEVEMENT AND PERFORMANCE

The achievements of 2020 – 2021 was impressive, when considering that most of the conferences and events that we had planned were cancelled. The flexibility of the charity shone through with energies quickly diverted to alternate opportunities to further Spotlight YOPD's aims and objectives.

The significant activities and achievements included:

April 2020 - 2020	Insight into Parkinson's was a virtual conference; two events on YOPD had significant participation from Spotlight YOPD.
April 2020	Attended WPC leadership meetings which resulted in the creation of a YOPD working group which CEO, Gaynor Edwards was invited to co-chair.
May 2020	Introduction for the Chairman, Nikki Cole to UCB which enabled a discussion about key projects and where we might align.
May 2020	CEO, Gaynor Edwards was invited to join the YOPD Council at the Davis Phinney Foundation. This group of YOPD people discuss and share experience on specific topics monthly. These live webinars are also recorded and uploaded as a resource to provide knowledge worldwide. https://www.youtube.com/results?search_query=YOPD+council+
June 2020	New partner, OPENHealth agreed to provide conferencing facilities for our monthly board meetings.
July 2020	Meeting with PD Avengers as it formed.
July 2020	Review of Strategy and Mission Statement for continued relevance and alignment with Objects of the Charity.
July 2020	First meeting of WPC YOPD working group co-chaired by our CEO.



September 2020	Met with Find-a-voice charity in Ashford to discuss collaboration.
October 2020	Gaynor's 1:1 interview with Davis Phinney Foundation - her personal experiences and setting up Spotlight YOPD. This was recorded and made available online.
October 2020	Sat in and participated in a meeting with the Neurological Alliance/ Rare disease group - looking at common initial misdiagnosis.
October 2020	Joint agreement to work together with Parkinson's Care @ Support to both improve counselling for those with YOPD and promote each other.
November 2020	CEO, Gaynor Edwards joined the Advisory Board for Parkinsons Care. https://parkinsonscare.org.uk/our-advisory-board/
December 2020	Trustees approved and submitted Annual Report.
January 2021	Recorded an interview with female Neurologist, Jori Fleischer, in the USA. She spearheads a care service for people with Parkinson's in the USA and the talk is about what it could and should look like.
January 2021	Video call with Maria do Carmo Teixeira Bastos from Portugal - launching Young Parkies Portugal, a YOPD charity intending to be a strong Spotlight YOPD global affiliate. She has already expressed an interest in our genome project.
February 2021	Communications Strategy initiated with OPENHealth graduates.
February 2021	Gaynor interviewed on Kat Hill's podcast - PD lemonade. https://open.spotify.com/episode/7IA3J9A032daEoSbJtUVeX
March 2021	Spotlight YOPD hosted a webcast on the gender gap within UK Health for International Women's Day featuring female leaders of three UK PD charities including Spotlight YOPD. https://www.youtube.com/watch?v=5ne1X7J-6JI
March 2021	Chairman, Nikki Cole was interviewed and featured on a blog by Guild (part of a series) for International Women's Day.
March 2021	Interview with Radio Parkies UK on the 2 Mike's show for airing in April. https://music.amazon.com/podcasts/a29ccf62-61c4-4a38-be5a-0d52ca450056/episodes/1c5ec787-33a6-4e37-8e8d-bfa0f3c534b4/2-mikes-parkinson-s-podcast-interview-vicki-gaynor-edwards-talk-gdnf-trial-dopamine-agonists-and-yopd

Activities mapped against Spotlight YOPD Objectives:

Activity	Objective 1	Objective 2
2020 Insight into Parkinson's	✓	✓
Co-Chair WPC YOPD Working group	✓	✓
Davis Phinney YOPD Council	✓	✓
David Phinney, Interview	✓	✓
Neurological Alliance, Rare disease subgroup		✓
Parkinsons Care partnership	✓	
Parkinsons Care Advisory Board	✓	
Interview with female Neurologist, Jori Fleischer	✓	✓
Maria do Carmo		✓
PD lemonade	✓	
Webcast on the gender gap within UK Health	✓	✓
Guild blog		✓
Radio Parkies interview	✓	

FUTURE PLANS

Spotlight YOPD has a number of ambitious plans and is looking for partners and trustees to help deliver the longer term agenda. These are articulated in our Vision and Aims.

Vision

Shining a light on better living now with young onset Parkinson's (YOPD) and researching for a brighter future.

Aims

Our five key aims working towards this vision are:

1. Ensure YOPD is recognised globally as a rare (often genetic) syndrome that requires focused research.
1. Mobilise genetic testing/sequencing ensuring YOPD patients have an effective diagnosis leading to better care.
2. Deliver campaigns so YOPD families have access to research, innovative treatments and other emotional, practical and financial support.
3. Have YOPD recognised in guidelines enabling holistic disease management at every stage of life.
4. Accelerate diagnosis and empower patients and families to take control of the condition.

In support of our Vision and Aims we have a number of areas of focus for the next year that include:

- A Communications Strategy and associated plans that will help us to get our message out and grow our audience. This is a core foundation that is required for all our aims.
- Continue to build partnerships with companies and organisations that support our aims and help us to deliver on those aims.
- As we grow our audience we will need to be able to constantly and consistently communicate with them; we therefore plan to identify a GDPR compliant CRM facility as a priority.
- Continue working with the WPC leadership forum on the Parkinson's survey that will run alongside any genome project to support research.

RISK

Managing our risks is a very important aspect of our work as a charity. Being aware of those areas that may adversely impact on our vision, mission, aims and objectives is not just good governance and good leadership and management, it also allows us to take action and proactively mitigate and improve in our work.

We have a risk register in place that the trustees review every month. This is a dynamic process where new risks are flagged, scoped, scored and the actions monitored. As of March 2021, there were nine risks on the register. The top three risks, mitigations and actions are shown below. They will continue to be our focus as we move into 2021 to 2022.

Finances	There is a risk that the charity finances may not be sufficient for us to undertake our charitable aims.	Financial internal controls are in place, along with an agreed delegation of authority, a fundraising plan, monthly reporting and monitoring to the board and a business plan.
Sustainability	There is a risk that as we rely exclusively on volunteer support for fundraising - our growth may not be efficient or sustainable.	We have aligned funding activities and volunteers and will manage them at a pace we are comfortable with. Strong financial governance arrangements are in place. We are developing our communication strategy with targeted workstreams to strengthen our charity's reputation within the PD community and the wider public. This will in turn raise funds to sustain the charity and its aims.
Impact of the charity	There is a risk that Spotlight YOPD will lack impact as a charity.	Create clear mission, goals and objectives and attainable targets and business plan. The continuation of CEO representing the charity at conferences and influence in groups through the work of the CEO continue to develop collaborative links with others, through which partnerships can be developed. Have in place a robust communication plan and strategy supported by an effective website.

STRUCTURE, GOVERNANCE AND MANAGEMENT

Governing document

The charity is controlled by its governing document, a constitution of a Charitable Incorporated Organisation, dated 15 January 2016.

Recruitment and appointment of new trustees

We have recruited three new trustees over the last 12 months, all of whom brought key skills identified during our review of the skills and experience requirements.

- In looking for new trustees we first looked at the skills mix we required and identified the skills and experience we required.
- We advertised through two channels, The Chairman's Network and LinkedIn. We also asked the trustees to tap their own networks.
- The CEO and Chairman interviewed all those who applied.

FINANCIAL REVIEW

The trustees have adopted the provisions of Accounting and Reporting by Charities: Statement of Recommended Practice applicable to charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) (effective 1 January 2015) and also in accordance with the requirements of the Charities Act 2011.

The financial year was, of course, impacted by the coronavirus emergency and as a result practically all activity was of a virtual nature. This curtailed not just in person travel, presentations, conference attendance, but all normal fundraising events as well.

According income fell by 43%. Excepting the rental costs that were paid for the offices that we were not able occupy in the year (covered by the designated reserves set aside in last year's accounts) costs fell too, in particular travel costs fell by £1446 to zero. In fact the charity was able to report a breakeven in the year a very creditable result. This means that reserves stayed at the same level as the previous year

Outlook – after six months of the new financial year income and travel activity has recovered to nearer pre-covid levels.

Reserves policy

Free reserves reached a level of £3065, this is sufficient to fund day to day expenses for approximately nine months at pre-covid levels.

Approved by order of the board of trustees on 3 November 2021 and signed on its behalf by



Mrs N S Cole
Chairman Spotlight YOPD

Independent examiner's report to the trustees of Spotlight YOPD

I report to the trustees on my examination of the accounts of the Spotlight YOPD (the Trust) for the year ended 31 March 2021.

Responsibilities and basis of report

As the charity trustees of the Trust you are responsible for the preparation of the accounts in accordance with the requirements of the Charities Act 2011 ('the Act').

I report in respect of my examination of the Trust's accounts carried out under section 145 of the 2011 Act and in carrying out my examination I have followed all the applicable Directions given by the Charity Commission under section 145(5)(b) of the Act.

Independent examiner's statement

I have completed my examination. I confirm that no material matters have come to my attention in connection with the examination giving me cause to believe that in any material respect:

1. accounting records were not kept in respect of the Trust as required by section 130 of the Act; or
2. the accounts do not accord with those records.

I have no concerns and have come across no other matters in connection with the examination to which attention should be drawn in this report in order to enable a proper understanding of the accounts to be reached.

Signed:



Name: Martin Livesey

Relevant professional qualification or membership of professional bodies (if any): FCCA

Address: 41 Claydown Way, Slip End, Bedfordshire

Date: 10 January 2022

 CHARITY COMMISSION FOR ENGLAND AND WALES	SPOTLIGHT YOPD			Charity No	1165177	Year to 31/03/2020
	Annual accounts for the period					
	Period start date	01/04/2020	To	Period end date	31/03/2021	
Section A Statement of financial activities						
Recommended categories by activity		Unrestricted funds	Restricted income funds	Endowment funds	Total funds	Prior year funds
		£	£	£	£	£
Incoming resources (Note 3)		F01	F02	F03	F04	F05
Income and endowments from:						
Donations and legacies		1,808	-	-	1,808	3,159
Charitable activities		-	-	-	-	-
Other trading activities		-	-	-	-	-
Investments		-	-	-	-	-
Separate material item of income		-	-	-	-	-
Other		-	-	-	-	-
Total		1,808	-	-	1,808	3,159
Resources expended (Note 4)						
Expenditure on:						
Raising funds		-	-	-	-	697
Charitable activities		1,809	-	-	1,809	1,793
Separate material item of expense		-	-	-	-	-
Other		-	-	-	-	-
Total		1,809	-	-	1,809	2,490
Net income/(expenditure) before investment gains/(losses)		-1	-	-	-1	669
Net gains/(losses) on investments		0	-	-	0	-
Net income/(expenditure)		-1	-	-	-1	669
Extraordinary items		0	-	-	0	-
Transfers between funds		0	-	-	0	-
Other recognised gains/(losses):						
Gains and losses on revaluation of fixed assets for the charity's own use		0	-	-	0	-
Other gains/(losses)		0	-	-	0	-
Net movement in funds		-1	0	0	-1	669
Reconciliation of funds:						
Total funds brought forward		3,066	-	-	3,066	2,397
Total funds carried forward		3,065	-	-	3,065	3,066

Section B Balance sheet

	Unrestricted funds £ F01	Restricted income funds £ F02	Endowment funds £ F03	Total this year £ F04	Total last year £ F05
Fixed assets					
Intangible assets	-	-	-	-	-
Tangible assets	-	-	-	-	-
Heritage assets	-	-	-	-	-
Investments	-	-	-	-	-
Total fixed assets	-	-	-	-	-
Current assets					
Stocks	-	-	-	-	-
Debtors (Note 6)	-	-	-	-	-
Investments	-	-	-	-	-
Cash at bank and in hand (Note 8)	3,065	-	-	3,065	6,007
Total current assets	3,065	-	-	3,065	6,007
Creditors: amounts falling due within one year (Note 7)		-	-	-	2,941
Net current assets/(liabilities)	3,065	-	-	3,065	3,066
Total assets less current liabilities	3,065	-	-	3,065	3,066
Creditors: amounts falling due after one year	-	-	-	-	-
Provisions for liabilities	-	-	-	-	-
Total net assets or liabilities	3,065	-	-	3,065	3,066
Funds of the Charity					
Endowment funds	-			-	-
Restricted income funds		-		-	-
Unrestricted funds			-	-	3,066
Revaluation reserve				-	
Total funds	-	-	-	-	3,066

Signed by one or two trustees on behalf of all the trustees

Signature	Print Name	Date of approval dd/mm/yyyy
	Mark Webb	03/11/2021
	Nicola Cole	03/11/2021

Section C		Notes to the accounts
Note 1 Basis of preparation		
<i>This section should be completed by all charities.</i>		
1.1 Basis of accounting		
These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.		
The accounts have been prepared in accordance with:		
• and with*	☒	the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102) issued on 16 July 2014
• and with*	☒	the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102)
• and with the Charities Act 2011.		
The charity constitutes a public benefit entity as defined by FRS 102.*		☒
* -Tick as appropriate		
1.2 Going concern		
<i>If there are material uncertainties related to events or conditions that cast significant doubt on the charity's ability to continue as a going concern, please provide the following details or state "Not applicable", if appropriate:</i>		
An explanation as to those factors that support the conclusion that the charity is a going concern;	NA	
Disclosure of any uncertainties that make the going concern assumption doubtful;	NA	
Where accounts are not prepared on a going concern basis, please disclose this fact together with the basis on which the trustees prepared the accounts and the reason why the charity is not regarded as a going concern.	NA	
1.3 Change of accounting policy		
The accounts present a true and fair view and the accounting policies adopted are those outlined in note { }.		
Yes*	☒	* -Tick as appropriate
No*	☒	
<i>Please disclose:</i>		
<i>(i) the nature of the change in accounting policy;</i>		none
<i>(ii) the reasons why applying the new accounting policy</i>		
<i>(iii) the amount of the adjustment for each line affected</i>		
1.4 Changes to accounting estimates		
No changes to accounting estimates have occurred in the reporting period (3.46 FRS 102 SORP).		
Yes*	☒	* -Tick as appropriate
No*	☒	
<i>Please disclose:</i>		
<i>(i) the nature of any changes;</i>		None
<i>(ii) the effect of the change on income and expense or</i>		
<i>(iii) where practicable, the effect of the change in one or</i>		
1.5 Material prior year errors		
No material prior year error have been identified in the reporting period (3.47 FRS 102 SORP).		
Yes*	☒	* -Tick as appropriate
No*	☐	
<i>Please disclose:</i>		
<i>(i) the nature of the prior period error;</i>		None
<i>(ii) for each prior period presented in the accounts, the</i>		
<i>(iii) the amount of the correction at the beginning of the</i>		

Section C		Notes to the accounts		(cont)	
Note 2		Accounting policies			
2.2 INCOME					
This standard list of accounting policies has been applied by the charity except for those ticked "No" or "N/a". Where a different or additional policy has been adopted then this is detailed in the box below.					
Recognition of income	These are included in the Statement of Financial Activities (SoFA) when:				
	• the charity becomes entitled to the resources;				
	• it is more likely than not that the trustees will receive the resources; and			Yes	No
	• the monetary value can be measured with sufficient reliability.			✓	N/a
Offsetting	There has been no offsetting of assets and liabilities, or income and expenses, unless required or permitted by the FRS 102 SORP or FRS 102.			Yes	No
				✓	N/a
Grants and donations	Grants and donations are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP).			Yes	No
				✓	N/a
	In the case of performance related grants, income must only be recognised to the extent that the charity has provided the specified goods or services as entitlement to the grant only occurs when the performance related conditions are met (5.16 FRS 102 SORP).			Yes	No
				✓	N/a
Legacies	Legacies are included in the SOFA when receipt is probable, that is, when there has been grant of probate, the executors have established that there are sufficient assets in the estate and any conditions attached to the legacy are either within the control of the charity or have been met.			Yes	No
				✓	N/a
Government grants	The charity has received government grants in the reporting period			Yes	No
				✓	N/a
Tax reclaims on donations and gifts	Gift Aid receivable is included in income when there is a valid declaration from the donor. Any Gift Aid amount recovered on a donation is considered to be part of that gift and is treated as an addition to the same fund as the initial donation unless the donor or the terms of the appeal have specified otherwise.			Yes	No
				✓	N/a
Contractual income and performance related grants	This is only included in the SoFA once the charity has provided the related goods or services or met the performance related conditions.			Yes	No
				✓	N/a
Donated goods	Donated goods are measured at fair value (the amount for which the asset could be exchanged) unless impractical to do so.			Yes	No
				✓	N/a
	The cost of any stock of goods donated for distribution to beneficiaries is deemed to be the fair value of those gifts at the time of their receipt and they are recognised on receipt. In the reporting period in which the stocks are distributed, they are recognised as an expense at the carrying amount of the stocks at distribution.			Yes	No
				✓	N/a
	Donated goods for resale are measured at fair value on initial recognition, which is the expected proceeds from sale less the expected costs of sale, and recognised in 'Income from other trading activities' with the corresponding stock recognised in the balance sheet. On its sale the value of stock is charged against 'Income from other trading activities' and the proceeds from sale are also recognised as 'Income from other trading activities'.			Yes	No
				✓	N/a
	Goods donated for on-going use by the charity are recognised as tangible fixed assets and included in the SoFA as incoming resources when receivable.			Yes	No
				✓	N/a
	Gifts in kind for use by the charity are included in the SoFA as income from donations when receivable.			Yes	No
				✓	N/a
Donated services and facilities	Donated services and facilities are included in the SOFA when received at the value of the gift to the charity provided the value of the gift can be measured reliably.			Yes	No
				✓	N/a
	Donated services and facilities that are consumed immediately are recognised as income with an equivalent amount recognised as an expense under the appropriate heading in the SOFA.			Yes	No
				✓	N/a
Support costs	The charity has incurred expenditure on support costs.			Yes	No
				✓	N/a
Volunteer help	The value of any voluntary help received is not included in the accounts but is described in the trustees' annual report.			Yes	No
				✓	N/a
Income from interest, royalties and dividends	This is included in the accounts when receipt is probable and the amount receivable can be measured reliably.			Yes	No
				✓	N/a
Income from membership subscriptions	Membership subscriptions received in the nature of a gift are recognised in Donations and Legacies.			Yes	No
				✓	N/a
	Membership subscriptions which gives a member the right to buy services or other benefits are recognised as income earned from the provision of goods and services as income from charitable activities.			Yes	No
				✓	N/a
Settlement of insurance claims	Insurance claims are only included in the SoFA when the general income recognition criteria are met (5.10 to 5.12 FRS102 SORP) and are included as an item of other income in the SoFA.			Yes	No
				✓	N/a
Investment gains and losses	This includes any realised or unrealised gains or losses on the sale of investments and any gain or loss resulting from revaluing investments to market value at the end of the year.			Yes	No
				✓	N/a

2.3 EXPENDITURE AND LIABILITIES		Yes	No	N/a
Liability recognition	Liabilities are recognised where it is more likely than not that there is a legal or constructive obligation committing the charity to pay out resources and the amount of the obligation can be measured with reasonable certainty.	Yes	No	N/a
		✓	✓	✓
Governance and support costs	Support costs have been allocated between governance costs and other support. Governance costs comprise all costs involving public accountability of the charity and its compliance with regulation and good practice.	Yes	No	N/a
		✓	✓	✓
	Support costs include central functions and have been allocated to activity cost categories on a basis consistent with the use of resources, eg allocating property costs by floor areas, or per capita, staff costs by the time spent and other costs by their usage.	Yes	No	N/a
		✓	✓	✓
Grants with performance conditions	Where the charity gives a grant with conditions for its payment being a specific level of service or output to be provided, such grants are only recognised in the SoFA once the recipient of the grant has provided the specified service or output.	Yes	No	N/a
		✓	✓	✓
Grants payable without performance conditions	Where there are no conditions attaching to the grant that enables the donor charity to realistically avoid the commitment, a liability for the full funding obligation must be recognised.	Yes	No	N/a
		✓	✓	✓
Redundancy cost	The charity made no redundancy payments during the reporting period.	Yes	No	N/a
		✓	✓	✓
Deferred income	No material item of deferred income has been included in the accounts.	Yes	No	N/a
		✓	✓	✓
Creditors	The charity has creditors which are measured at settlement amounts less any trade discounts	Yes	No	N/a
		✓	✓	✓
Provisions for liabilities	A liability is measured on recognition at its historical cost and then subsequently measured at the best estimate of the amount required to settle the obligation at the reporting date	Yes	No	N/a
		✓	✓	✓
Basic financial instruments	The charity accounts for basic financial instruments on initial recognition as per paragraph 11.7 FRS102 SORP. Subsequent measurement is as per paragraphs 11.17 to 11.19, FRS102 SORP.	Yes	No	N/a
		✓	✓	✓
2.4 ASSETS				
Tangible fixed assets for use by charity	These are capitalised if they can be used for more than one year, and cost at least			
	They are valued at cost.	Yes	No	N/a
		✓	✓	✓
	The depreciation rates and methods used are disclosed in note 9.2.			
Intangible fixed assets	The charity has intangible fixed assets, that is, non-monetary assets that do not have physical substance but are identifiable and are controlled by the charity through custody or legal rights. The amortisation rates and methods used are disclosed in note 9.5	Yes	No	N/a
		✓	✓	✓
	They are valued at cost.	Yes	No	N/a
		✓	✓	✓
Heritage assets	The charity has heritage assets, that is, non-monetary assets with historic, artistic, scientific, technological, geophysical or environmental qualities that are held and maintained principally for their contribution to knowledge and culture. The depreciation rates and methods used as disclosed in note 9.6.1.4.	Yes	No	N/a
		✓	✓	✓
	They are valued at cost.	Yes	No	N/a
		✓	✓	✓
Investments	Fixed asset investments in quoted shares, traded bonds and similar investments are valued at initially at cost and subsequently at fair value (their market value) at the year end. The same treatment is applied to unlisted investments unless fair value cannot be measured reliably in which case it is measured at cost less impairment.	Yes	No	N/a
		✓	✓	✓
	Investments held for resale or pending their sale and cash and cash equivalents with a maturity date of less than 1 year are treated as current asset investments	Yes	No	N/a
		✓	✓	✓
Stocks and work in progress	Stocks held for sale as part of non-charitable trade are measured at the lower or cost or net realisable value.	Yes	No	N/a
		✓	✓	✓
	Goods or services provided as part of a charitable activity are measured at net realisable value based on the service potential provided by items of stock.	Yes	No	N/a
		✓	✓	✓
	Work in progress is valued at cost less any foreseeable loss that is likely to occur on the contract.	Yes	No	N/a
		✓	✓	✓
Debtors	Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.	Yes	No	N/a
		✓	✓	✓
Current asset investments	The charity has investments which it holds for resale or pending their sale and cash and cash equivalents with a maturity date less than one year. These include cash on deposit and cash equivalents with a maturity date of less than one year held for investment purposes rather than to meet short term cash commitments as they fall due.	Yes	No	N/a
		✓	✓	✓
	They are valued at fair value except where they qualify as basic financial instruments.	Yes	No	N/a
		✓	✓	✓

Section C	Notes to the accounts				(cont)	
Note 3	Analysis of income					
		Unrestricted funds	Restricted income funds	Endowment funds	Total funds	Prior year
	Analysis				£	£
Donations and legacies:	On-Line Donations including Gift Aid	1,808	-	-	1,808	3,159
	Other Donations	-	-	-	-	-
	Legacies	-	-	-	-	-
	General grants provided by government/other charities	-	-	-	-	-
	Membership subscriptions and sponsorships which are in substance donations	-	-	-	-	-
	Donated goods, facilities and services	-	-	-	-	-
	Other	-	-	-	-	-
	Total	1,808	-	-	1,808	3,159
Charitable activities:		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Other trading activities:		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Income from investments:	Interest income	-	-	-	-	-
	Dividend income	-	-	-	-	-
	Rental and leasing income	-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
Separate material item of income:		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
		-	-	-	-	-
	Total	-	-	-	-	-
Other:	Conversion of endowment funds into income	-	-	-	-	-
	Gain on disposal of a tangible fixed asset held for charity's own use	-	-	-	-	-
	Gain on disposal of a programme related investment	-	-	-	-	-
	Royalties from the exploitation of intellectual property rights	-	-	-	-	-
	Other	-	-	-	-	-
	Total	-	-	-	-	-
TOTAL INCOME		1,808	-	-	1,808	3,159

Section C		Notes to the accounts				(cont)			
Note 4		Analysis of expenditure							
		This year				Last year			
Analysis		Unrestricted funds	Restricted income funds	Endowment funds	Total funds	Unrestricted funds	Restricted income funds	Endowment funds	Total funds
Expenditure on raising funds:					£				£
Incurred seeking donations		-	-	-	-	-	-	-	-
Incurred seeking legacies		-	-	-	-	-	-	-	-
Incurred seeking grants		-	-	-	-				
Operating membership schemes and social lotteries		-	-	-	-				-
Staging fundraising events		-	-	-	-	697			697
Fudraising agents		-	-	-	-				-
Operating charity shops		-	-	-	-				-
Operating a trading company undertaking non-charitable trading activity		-	-	-	-				-
Advertising, marketing, direct mail and publicity		-	-	-	-	-	-	-	-
Start up costs incurred in generating new source of future income		-	-	-	-	-	-	-	-
Database development costs		-	-	-	-	-	-	-	-
Other trading activities		-	-	-	-				-
Investment management costs:		-	-	-	-				-
Portfolio management costs		-	-	-	-	-	-	-	-
Cost of obtaining investment advice		-	-	-	-	-	-	-	-
Investment administration costs		-	-	-	-	-	-	-	-
Intellectual property licencing costs		-	-	-	-	-	-	-	-
Rent collection, property repairs and maintenance charges		-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-
Total expenditure on raising funds		-	-	-	-	697	-	-	697
Expenditure on charitable activities:									
IT Software and consumables		102	-	-	102	-	-	-	-
Printing & Stationery		20			20				
Rent & Rates		1,238	-	-	1,238	240	-	-	240
Repairs & maintenance					-				-
Subscriptions		126			126	107			107
Write off of Historical Debit balance		323			323				
Travel - National		-	-	-	-	1,064	-	-	1,064
Travel - International		-	-	-	-	382	-	-	382
Total expenditure on charitable activities		1,809	-	-	1,809	1,793	-	-	1,793
Separate material item of expense									
		-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-
Total		-	-	-	-	-	-	-	-
Other									
		-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-
		-	-	-	-	-	-	-	-
Total other expenditure		-	-	-	-	-	-	-	-
TOTAL EXPENDITURE		1,809	-	-	1,809	2,490	-	-	2,490

Section C		Notes to the accounts	
Note 5		Details of certain items of expenditure	
10.1 Fees for examination of the accounts			
Please provide details of the amount paid for any statutory external scrutiny of accounts and other services provided by your independent examiner. If nothing was paid please enter '0' in the appropriate box(es).			
		This year	Last year
		£	£
Independent examiner's fees		-	-
Assurance services other than audit or independent examination		-	-
Tax advisory fees		-	-
Other fees (for example: financial advice, consultancy, accountancy services) paid to the independent examiner		-	-

Section C		Notes to the accounts		(cont)
Note 6		Debtors and prepayments		
Please complete this note if the charity has any debtors or prepayments.				
19.1 Analysis of debtors		This year	Last year	
		£	£	
Trade debtors		-	-	
Prepayments and accrued income		-	-	
Other debtors		-	-	
Total				
Please complete 19.2 where a material debtor is recoverable more than a year after the reporting date.				
19.2 Analysis of debtors recoverable in more than 1 year (included in debtors above)				
		This year	Last year	
		£	£	
Trade debtors		-	-	
Prepayments and accrued income		-	-	
Other debtors		-	-	
Total		-	-	

Section C		Notes to the accounts		(cont)	
Note 7		Creditors and accruals			
Please complete this note if the charity has any creditors or accruals.					
20.1 Analysis of creditors					
		Amounts falling due within one year		Amounts falling due after more than one year	
		This year	Last year	This year	Last year
		£	£	£	£
Accruals for grants payable		-	-	-	-
Bank loans and overdrafts		-	-	-	-
Trade creditors		-	-	-	-
Payments received on account for contracts or performance-related grants		-	-	-	-
Accruals and deferred income		-	2,941	-	-
Taxation and social security		-	-	-	-
Other creditors		-	-	-	-
Total		-	2,941	-	-

Section C		Notes to the accounts		(cont)	
Note 8		Cash at bank and in hand			
				This year	Last year
				£	£
Short term cash investments (less than 3 months maturity date)				-	-
Short term deposits				-	-
Cash at bank and on hand				3,065	6,007
Other				-	-
Total				3,065	6,007

TRUSTEES' REMUNERATION AND BENEFITS

There were no trustee remunerations or other benefits for the period ended 31 March 2021.

REFERENCE AND ADMINISTRATIVE DETAILS

Registered Charity number 1165177

Principal address

Spotlight YOPD

BSR Bespoke Chartered Accountants

Linden House

Linden Close,

TUNBRIDGE WELLS

Kent

TN4 8HH

Bankers are Handelsbanken Ashford

Handelsbanken plc

Suite 2, First Floor, International House

Dover Place

Ashford

TN23 1HU

Administrative and Personnel

Chairman of Trustees

Mrs N S Cole appointed 23/5/19

CEO:

Ms Gaynor Edwards Co-founder since 15/01/2016 and CEO since 1 April 2019

Trustees:

Matt Eagles (appointed January 2021)

Louise Jarvis (resigned October 2021)

Gavin Jones

Bethany Lee (appointed October 2020)

Dr Sally Smith

Brad Standen (appointed October 2020)

Mark Webb (appointed June 2020)