

HERTFORDSHIRE DIABETES EDUCATION

England & Wales · Charity number 1165145

Details

Status Registered

Legal form CIO

Registered 2016-01-12

Register [View on the Charity Commission register](#)

Contact

Address Garston Medical Centre
6A North Western Avenue
Watford
WD25 9GP

Phone 01923 672076

Email hertfordshire.diabetes@gmail.com

Website <http://www.hertsvalleysccg.nhs.uk/>

Activities

Objects: THE OBJECT OF THE CIO IS THE PROMOTION AND PROTECTION OF GOOD HEALTH AMONG PEOPLE SUFFERING FROM DIABETES IN HERTFORDSHIRE, IN PARTICULAR BUT NOT EXCLUSIVELY BY: (A) PROVIDING INFORMATION AND SUPPORT TO SUCH PEOPLE AND THEIR FAMILIES AND CARERS; (B) ADVANCING EDUCATION IN DIABETES AND THE CARE OF PEOPLE WITH DIABETES BY ORGANISING CONFERENCES AND MEETINGS; (C) PROVIDING INFORMATION AND SUPPORT TO INCREASE AWARENESS AND KNOWLEDGE OF STANDARDS OF CARE IN TREATING PEOPLE WITH DIABETES SO AS TO IMPROVE MANAGEMENT OF THE CONDITION.

Activities: To promote high standards of professional diabetes care in Hertfordshire. To identify the differences and gaps in diabetes care in Hertfordshire. To increase awareness and knowledge of standards of care in challenging groups of patients with diabetes with a practical hands-on approach. To raise awareness of local organisations that can offer help to patients with diabetes. To ensure relevant

Classification

- **How:** Makes Grants To Individuals, Provides Services, Other Charitable Activities
- **What:** Education/training, The Advancement Of Health Or Saving Of Lives
- **Who:** People With Disabilities, Other Defined Groups

Geography

- **Area of benefit:** LOCAL
- Hertfordshire

Finances

Period end	Income	Expenditure	Assets	Employees	
2024-12-31		£0	£0	-	-
2023-12-31		£0	£0	-	-
2022-12-31		£0	£0	-	-
2021-12-31	£5,123		£0	-	-
2020-12-31		£0	£62	-	-

Trustees

Name	Role	Appointed
Alan Paul Bellinger		2023-01-10
Dr Benjamin Eliad		2023-01-10
Dr Razak Kehinde		2019-01-29
Lucy Eldon		2016-06-21

Accounts



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 1st January 2024 To 31st December 2024

Charity name: Herts Diabetes Education

Charity registration number: 1165145

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To promote high standards of professional diabetes care in Hertfordshire. To identify the differences and gaps in diabetes care in Hertfordshire. To increase awareness and knowledge of standards of care in challenging groups of patients with diabetes with a practical hands-on approach. To raise awareness of local organisations that can offer help to patients with diabetes. To ensure relevant stakeholders involved in looking after patients with diabetes in Hertfordshire have an opportunity to meet each other, network and share good practice.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Diabetes is a highly prevalent condition that has a major impact on the health of the population. A complex network of professionals and local organisations work to achieve the best possible outcomes for patients with diabetes, but the opportunities for them to meet each other, raise awareness of their respective roles, exchange ideas and examples of good practice are rare. The charity was founded in October 2015 by a group of consultants and GPs in the two halves of Hertfordshire (Herts Valleys and East & North Hertfordshire) which cover two CCGs, two community trusts and two acute hospital trusts. Members of the charity include a diverse range of professionals – consultants, GPs, practice nurse, diabetes specialist nurses, dieticians, podiatrists and public health specialists. Our aim is to promote high standards of care among health professional looking after patients with diabetes and we have done this through organising an annual multi- disciplinary diabetes conference.

		We believe that this opportunity for education and networking amongst professionals and other local organisations working to promote healthy lifestyles will lead to improved care and better outcomes for people with diabetes in Hertfordshire.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have regard to the guidance issued by the Charities Commission on public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
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Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	We have not undertaken any educational activities in the past year, mainly because of the uncertainty around funding as a result the consolidation of the ICBs and the transfer of functions to the Health & Care Partnerships (HCPs). The current pressure on budgets means that the probability of support in 2025 is low, and therefore there is a level of uncertainty over the future of HDE. We are facing the complexity of both a larger footprint at ICB level, (the inclusion of Bedford, Luton & Milton Keynes together with Cambridge & Peterborough) and a reduced footprint at HCP level with the transfer of West Essex to the new Essex ICB.
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	Pressures on time and lack of funding meant that it proved impossible to run either a webinar or face-to-face conference in 2024.
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	At the end of this financial year the charity has a balance of £5,233.49 in the account. We had no expenditure this year.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We aim to have approximately £2,000 in reserve at the end of the financial year in case our outgoings exceed expectations.
Amount of reserves held	Para 1.22	£5,233.49
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	We are concerned that, given the current pressure on HCP budgets, there will be limited appetite for HDE services in the foreseeable future.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	In previous years, our funds are all from local stakeholder NHS organisations in Hertfordshire these include Hertfordshire Community Trust, Central London Community Healthcare (CLCH), West Herts Hospitals Trust, East & North Herts Hospitals Trust and Herts and West Essex Integrated Care Board. These organisations have now been consolidated into the two geographical HCPs in Hertfordshire,
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	The governing document is a written constitution.
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Hertfordshire Diabetes Education is a charitable incorporated organisation.
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	The trustees were selected at the first AGM held by Hertfordshire Diabetes Education and were appointed with the agreement of the members present. The trustees appointed the chair, secretary and treasurer from amongst their number with the agreement of the members present. New personnel replaced the originally elected chair and treasurer in January 2023

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	In a normal year the charity holds meetings to plan the conference and other educational meetings. We work with a wide network of organisations in the local authority that promote healthy activities e.g. Healthy Walks in Hertfordshire and the Stop Smoking Service, HWE DSG and Diabetes UK as well as diverse professional groups that care for patients with diabetes such as foot health and the retinal screening service.
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Hertfordshire Diabetes Education
Other name the charity uses	
Registered charity number	1165145

Charity's principal address	6a North Western Avenue Watford Hertfordshire WD25 9GP

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Dr. Ben Eliad	Chair From 10.1.23		
2	Mrs Lucy Eldon	Secretary		
3	Mr Alan Bellinger	Treasurer From 10.1.23		
4	Dr Razak Kehinde			
5	Dr Peter Wilson			
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Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	Hertfordshire Diabetes Education does not hold any assets on behalf of others.
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)

X

Full name(s)

Dr Ben Eliad

Position (eg Secretary,
Chair, etc)

Chair

Date

29th October 2025

HERTFORDSHIRE DIABETES EDUCATION

England & Wales - Charity number 1165145

Accounts



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 1st January 2023 To 31st December 2023

Charity name: Herts Diabetes Education

Charity registration number: 1165145

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To promote high standards of professional diabetes care in Hertfordshire. To identify the differences and gaps in diabetes care in Hertfordshire. To increase awareness and knowledge of standards of care in challenging groups of patients with diabetes with a practical hands-on approach. To raise awareness of local organisations that can offer help to patients with diabetes. To ensure relevant stakeholders involved in looking after patients with diabetes in Hertfordshire have an opportunity to meet each other, network and share good practice.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Diabetes is a highly prevalent condition that has a major impact on the health of the population. A complex network of professionals and local organisations work to achieve the best possible outcomes for patients with diabetes, but the opportunities for them to meet each other, raise awareness of their respective roles, exchange ideas and examples of good practice are rare. The charity was founded in October 2015 by a group of consultants and GPs in the two halves of Hertfordshire (Herts Valleys and East & North Hertfordshire) which cover two CCGs, two community trusts and two acute hospital trusts. Members of the charity include a diverse range of professionals – consultants, GPs, practice nurse, diabetes specialist nurses, dieticians, podiatrists and public health specialists. Our aim is to promote high standards of care among health professional looking after patients with diabetes and we have done this through organising an annual multi- disciplinary diabetes conference.

		We believe that this opportunity for education and networking amongst professionals and other local organisations working to promote healthy lifestyles will lead to improved care and better outcomes for people with diabetes in Hertfordshire.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have regard to the guidance issued by the Charities Commission on public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
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Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	We have not undertaken any educational activities in the past year, mainly because of the uncertainty around funding since the reorganisation of the CCGs and their replacement by the Integrated Care Board. The current pressure on budgets means that the probability of support in FY 24 is low, and therefore there is a level of uncertainty over the future of HDE as it is facing a larger footprint (the inclusion of West Essex) within a difficult financial environment.
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Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	Pressures on time and lack of funding meant that it proved impossible to run either a webinar or face-to-face conference in 2023.
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	At the end of this financial year the charity has a balance of £5,182.68 in the account. We had no expenditure this year.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We aim to have approximately £2,000 in reserve at the end of the financial year in case our outgoings exceed expectations.
Amount of reserves held	Para 1.22	£5,182.68
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	We anticipate that the charity will continue to be a going concern if we have the support of the HWE ICB when funding is less challenging.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	In previous years, our funds are all from local stakeholder NHS organisations in Hertfordshire these include Hertfordshire Community Trust, Central London Community Healthcare (CLCH), West Herts Hospitals Trust, East & North Herts Hospitals Trust and Herts and West Essex Integrated Care Board. Now that the footprint includes West Essex that could potentially include the Princess Alexandra Hospital Trust and Essex Community Care Unit (EPUT)
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	The governing document is a written constitution.
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Hertfordshire Diabetes Education is a charitable incorporated organisation.
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	The trustees were selected at the first AGM held by Hertfordshire Diabetes Education and were appointed with the agreement of the members present. The trustees appointed the chair, secretary and treasurer from amongst their number with the agreement of the members present. New personnel replaced the originally elected chair and treasurer in January 2023

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	In a normal year the charity holds meetings to plan the conference and other educational meetings. We work with a wide network of organisations in the local authority that promote healthy activities e.g. Healthy Walks in Hertfordshire and the Stop Smoking Service, HWE DSG and Diabetes UK as well as diverse professional groups that care for patients with diabetes such as foot health and the retinal screening service.
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Hertfordshire Diabetes Education
Other name the charity uses	
Registered charity number	1165145

Charity's principal address	6a North Western Avenue Watford Hertfordshire WD25 9GP

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Dr. Ben Eliad	Chair From 10.1.23		
2	Mrs Lucy Eldon	Secretary		
3	Mr Alan Bellinger	Treasurer From 10.1.23		
4	Dr Razak Kehinde			
5	Dr Peter Wilson			
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Corporate trustees – names of the directors at the date the report was approved

[illegible]

Name of trustees holding title to property belonging to the charity

[illegible]

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	Hertfordshire Diabetes Education does not hold any assets on behalf of others.
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Dr Benjamin Eliad	
Position (eg Secretary, Chair, etc)	Chair	
Date	28 th October 2024	

HERTFORDSHIRE DIABETES EDUCATION

England & Wales - Charity number 1165145

Accounts



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 1st January 2022 to 31st December 2022

Charity name: Hertfordshire Diabetes Education

Charity registration number: 1165145

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To promote high standards of professional diabetes care in Hertfordshire. To identify the differences and gaps in diabetes care in Hertfordshire. To increase awareness and knowledge of standards of care in challenging groups of patients with diabetes with a practical hands-on approach. To raise awareness of local organisations that can offer help to patients with diabetes. To ensure relevant stakeholders involved in looking after patients with diabetes in Hertfordshire have an opportunity to meet each other, network and share good practice.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Diabetes is a highly prevalent condition that has a major impact on the health of the population. A complex network of professionals and local organisations work to achieve the best possible outcomes for patients with diabetes, but the opportunities for them to meet each other, raise awareness of their respective roles, exchange ideas and examples of good practice are rare. The charity was founded in October 2015 by a group of consultants and GPs in the two halves of Hertfordshire (Herts Valleys and East & North Hertfordshire) which cover two CCGs, one community trust and two acute hospital trusts. Members of the charity include a diverse range of professionals – consultants, GPs, practice nurse, diabetes specialist nurses, dieticians, podiatrists and public health specialists. Our aim is to promote high standards of care among health professional looking after patients with diabetes and we have done this through organising an annual

		multi- disciplinary diabetes conference. We believe that this opportunity for education and networking amongst professionals and other local organisations working to promote healthy lifestyles will lead to improved care and better outcomes for people with diabetes in Hertfordshire.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have regard to the guidance issued by the Charities Commission on public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	We have not undertaken any educational activities this year, mainly because of the uncertainty around funding since the demise of the CCGs and their replacement by the Integrated Care Board. We have had some preliminary discussions and hope to be able to secure funds for a future face-to-face conference, and we are planning another webinar for later in the year.

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	We hope to be able to run a webinar and face-to-face conference again in 2023.
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	At the end of this financial year the charity has a balance of £ £5,122.68 in the account. We had no expenditure this year.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We aim to have approximately £2000 in reserve at the end of the financial year in case our outgoings exceed expectations.
Amount of reserves held	Para 1.22	Approx. £ 5000
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	We anticipate that the charity will continue to be a going concern if we have the commitment of regular funds from the local NHS organisations that have supported us hitherto.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Our funds are all from local stakeholder NHS organisations in Hertfordshire these include Hertfordshire Community Trust, West Herts Hospitals trust and E&N Herts Hospitals Trust and Herts and West Essex Integrated Care Board. .
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	The governing document is a written constitution.
How is the charity constituted? (e.g unincorporated association, CIO)	Para 1.25	Hertfordshire Diabetes Education is a charitable incorporated organisation.
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	The trustees were selected at the first AGM held by Hertfordshire Diabetes Education and were appointed with the agreement of the members present. The trustees appointed the chair, secretary and treasurer from amongst their number with the agreement of the members present.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The charity holds meeting every 6-8 weeks to plan the conference and other educational meetings. We work with a wide network of organisations in the local authority that promote healthy activities e.g. Healthy Walks in Hertfordshire and the Stop Smoking Service, patients and Diabetes UK as well as diverse professional groups that care for patients with diabetes such as foot health and the retinal screening service.
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Hertfordshire Diabetes Education
Other name the charity uses	
Registered charity number	1165145
Charity's principal address	Garston medical Centre, 6A, North Western Avenue, Watford WD25 9GP.

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Dr. Ben Eliad	Chair	From 10.1.23	
2	Mrs Lucy Eldon	Secretary		
3	Mr Alan Belling	Treasurer	From 10.1.23	
4	Dr Razak Kehinde			
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Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	Hertfordshire Diabetes Education does not hold any assets on behalf of others.
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

Dr Sonali Dasgupta was appointed as chair in March 22 but was unable to continue in the role so Nicola Cowap was acting chair until the appointment of a new chair, Dr Ben Eliad at the 2023 AGM. Nicola Cowap and Khalid Mirza are not longer trustees and they have been replaced by Ben Eliad and Alan Bellinger.

The address of the charity has changed since the departure of Dr Mirza as a trustee to the place of work of Dr Ben Eliad.

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Dr Nicola Cowap	
Position (eg Secretary, Chair, etc)	Acting chair	
Date	10.1.23	



Treasurer's Report 1.1.22 to 31.12.22

Opening Balance

£5,122.68

Funds Out

Nil

Balance in Account = £5,122.68

Dr Khalid Mirza

10.1.23

HERTFORDSHIRE DIABETES EDUCATION

England & Wales - Charity number 1165145

Accounts



Treasurer's Report 1.1.21 to 31.12.21

Opening Balance

£5,122.68

Funds Out

Nil

Balance in Account = £5,122.68

Dr Khalid Mirza

12.2.22



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 1st January 2021 to 31st December 2021

Charity name: Hertfordshire Diabetes Education

Charity registration number: 1165145

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To promote high standards of professional diabetes care in Hertfordshire. To identify the differences and gaps in diabetes care in Hertfordshire. To increase awareness and knowledge of standards of care in challenging groups of patients with diabetes with a practical hands-on approach. To raise awareness of local organisations that can offer help to patients with diabetes. To ensure relevant stakeholders involved in looking after patients with diabetes in Hertfordshire have an opportunity to meet each other, network and share good practice.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Diabetes is a highly prevalent condition that has a major impact on the health of the population. A complex network of professionals and local organisations work to achieve the best possible outcomes for patients with diabetes, but the opportunities for them to meet each other, raise awareness of their respective roles, exchange ideas and examples of good practice are rare. The charity was founded in October 2015 by a group of consultants and GPs in the two halves of Hertfordshire (Herts Valleys and East & North Hertfordshire) which cover two CCGs, one community trust and two acute hospital trusts. Members of the charity include a diverse range of professionals – consultants, GPs, practice nurse, diabetes specialist nurses, dieticians, podiatrists and public health specialists. Our aim is to promote high standards of care among health professional looking after patients with diabetes and we have done this through organising an annual

		multi- disciplinary diabetes conference. We believe that this opportunity for education and networking amongst professionals and other local organisations working to promote healthy lifestyles will lead to improved care and better outcomes for people with diabetes in Hertfordshire.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have regard to the guidance issued by the Charities Commission on public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	We held two webinars at lunchtime in September. We invited local consultants and specialist nurses to give the presentations as well as outside speakers. Topics included the presentation of type 1 diabetes in children, Freestyle Libre, local delivery of the National Diabetes Prevention Programme, the role of SGLT2 inhibitors and GLP-1 analogues in the management of diabetes and in cardiovascular and renal risk reduction, public health insights into COVID-19 and diabetes and the clinical management of emergency diabetes care. One of the patients who is involved in the planning group did a presentation for us on patients' experience of remote management of diabetes during the pandemic. Between 80-90 delegates logged on to each event, and the audience consisted mainly of GPs and practice nurses from across Hertfordshire with a few from West Essex. The webinars were well received, and we got very positive feedback.

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	We feel that Hertfordshire Diabetes Education achieved its objectives in running the webinars. We hope to be able to run a face-to-face conference again in 2022 or 2023.
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	At the end of this financial year the charity has a balance of £ £5,122.68 in the account. We had no expenditure this year as we ran the event remotely and there were no expenses.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We aim to have approximately £2000 in reserve at the end of the financial year in case our outgoings exceed expectations.
Amount of reserves held	Para 1.22	Approx. £ 5000
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	We anticipate that the charity will continue to be a going concern if we have the commitment of regular funds from the local NHS organisations that have supported us hitherto.

Additional information (optional)

You may choose to include further statements where relevant about:

The charity's principal sources of funds (including any fundraising)	Para 1.47	Our funds are all from local stakeholder NHS organisations in Hertfordshire these include Herts Valleys Clinical Commissioning Group, E&N Herts CCG, Hertfordshire Community Trust, West Herts Hospitals trust and E&N Herts Hospitals Trust.
Investment policy and objectives including any social investment policy adopted	Para 1.46	
A description of the principal risks facing the charity	Para 1.46	
Other		

Structure, Governance and Management

Description of charity's trusts:		
Type of governing document (trust deed, royal charter)	Para 1.25	The governing document is a written constitution.
How is the charity constituted? (e.g. unincorporated association, CIO)	Para 1.25	Hertfordshire Diabetes Education is a charitable incorporated organisation.
Trustee selection methods including details of any constitutional provisions e.g. election to post or name of any person or body entitled to appoint one or more trustees	Para 1.25	The trustees were selected at the first AGM held by Hertfordshire Diabetes Education and were appointed with the agreement of the members present. The trustees appointed the chair, secretary and treasurer from amongst their number with the agreement of the members present.

Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The charity holds meeting every 6-8 weeks to plan the conference and other educational meetings. We work with a wide network of organisations in the local authority that promote healthy activities e.g. Healthy Walks in Hertfordshire and the Stop Smoking Service, patients and Diabetes UK as well as diverse professional groups that care for patients with diabetes such as foot health and the retinal screening service.
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

Charity name	Hertfordshire Diabetes Education
Other name the charity uses	
Registered charity number	1165145
Charity's principal address	Woodhall Farm Medical Centre Hemel Hempstead HP2 7RJ, Hertfordshire.

Names of the charity trustees who manage the charity

	Trustee name	Office (if any)	Dates acted if not for whole year	Name of person (or body) entitled to appoint trustee (if any)
1	Dr. Nicola Cowap	Chair		
2	Mrs Lucy Eldon	Secretary		
3	Dr Khalid Mirza	Treasurer		
4	Dr Razak Kehinde			
5	Dr Sonali Dasgupta		From 1.3.22	
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Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	Hertfordshire Diabetes Education does not hold any assets on behalf of others.
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

From March of this year, Dr Nicola Cowap will hand the position of chair over to Dr Sonali Dasgupta who will also become a trustee. Dr Andrew Solomon has left the organisation and is no longer a trustee.

Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Dr Nicola Cowap	
Position (eg Secretary, Chair, etc)	Chair	
Date	1.3.22	

Accounts



Treasurer's Report 1.1.20 to 31.12.20

Opening Balance

£5,184.28

Funds Out

Paid To

Date

Amount/£

Ian Gallen (travel expenses)

7.1.20

61.60

Balance in Account = £5,122.68

Dr Khalid Mirza

15.1.21



CHARITY COMMISSION
FOR ENGLAND AND WALES

Trustees' Annual Report for the period

From 1st January 2020 to 31st December 2020

Charity name: Hertfordshire Diabetes Education

Charity registration number: 1165145

Objectives and Activities

	SORP reference	
Summary of the purposes of the charity as set out in its governing document	Para 1.17	To promote high standards of professional diabetes care in Hertfordshire. To identify the differences and gaps in diabetes care in Hertfordshire. To increase awareness and knowledge of standards of care in challenging groups of patients with diabetes with a practical hands-on approach. To raise awareness of local organisations that can offer help to patients with diabetes. To ensure relevant stakeholders involved in looking after patients with diabetes in Hertfordshire have an opportunity to meet each other, network and share good practice.
Summary of the main activities in relation to those purposes for the public benefit, in particular, the activities, projects or services identified in the accounts.	Para 1.17 and 1.19	Diabetes is a highly prevalent condition that has a major impact on the health of the population. A complex network of professionals and local organisations work to achieve the best possible outcomes for patients with diabetes, but the opportunities for them to meet each other, raise awareness of their respective roles, exchange ideas and examples of good practice are rare. The charity was founded in October 2015 by a group of consultants and GPs in the two halves of Hertfordshire (Herts Valleys and East & North Hertfordshire) which cover two CCGs, one community trust and two acute hospital trusts. Members of the charity include a diverse range of professionals – consultants, GPs, practice nurse, diabetes specialist nurses, dieticians, podiatrists and public health specialists. Our aim is to promote high standards of care among health professional looking after patients with diabetes and we have done this through organising an annual

		multi- disciplinary diabetes conference. We believe that this opportunity for education and networking amongst professionals and other local organisations working to promote healthy lifestyles will lead to improved care and better outcomes for people with diabetes in Hertfordshire.
Statement confirming whether the trustees have had regard to the guidance issued by the Charity Commission on public benefit	Para 1.18	The trustees have regard to the guidance issued by the Charities Commission on public benefit.

Additional information (optional)

You may choose to include further statements where relevant about:

	SORP reference	
Policy on grant making	Para 1.38	
Policy on social investment including program related investment	Para 1.38	
Contribution made by volunteers	Para 1.38	
Other		

Achievements and Performance

	SORP reference	
Summary of the main achievements of the charity, identifying the difference the charity's work has made to the circumstances of its beneficiaries and any wider benefits to society as a whole.	Para 1.20	We had a plan to run our usual multi-disciplinary conference this year but this had to be abandoned due to the COVID pandemic. We were planning to hold two 2 hour webinars at lunchtime in January and March and had lined up speakers with a national profile as well as our local providers. We have had to postpone the January and March webinar due to the second wave of the pandemic and hope to reschedule this for later this year.

Additional information (optional)

You may choose to include further statements where relevant about:

Achievements against objectives set	Para 1.41	We hope to run an on-line education events in 2021 and the opportunity to involve West Essex, our other STP partner which should be more practical with a remote event.
Performance of fundraising activities against objectives set	Para 1.41	
Investment performance against objectives	Para 1.41	
Other		

Financial Review

Review of the charity's financial position at the end of the period	Para 1.21	At the end of this financial year the charity has a balance of £5,122.68 in the account.
Statement explaining the policy for holding reserves stating why they are held	Para 1.22	We aim to have approximately £2000 in reserve at the end of the financial year in case our outgoings exceed expectations.
Amount of reserves held	Para 1.22	Approx. £5000
Reasons for holding zero reserves	Para 1.22	
Details of fund materially in deficit	Para 1.24	
Explanation of any uncertainties about the charity continuing as a going concern	Para 1.23	We anticipate that the charity will continue to be a going concern as long as we have the commitment of regular funds from the local NHS organisations that have supported us hitherto.

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Other		

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Additional information (optional)

You may choose to include further statements where relevant about:

Policies and procedures adopted for the induction and training of trustees	Para 1.51	
The charity's organisational structure and any wider network with which the charity works	Para 1.51	The charity holds meeting every 6-8 weeks to plan the conference and other educational meetings. We work with a wide network of organisations in the local authority that promote healthy activities e.g. Healthy Walks in Hertfordshire and the Stop Smoking Service, patients and Diabetes UK as well as diverse professional groups that care for patients with diabetes such as foot health and the retinal screening service.
Relationship with any related parties	Para 1.51	
Other		

Reference and Administrative details

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Other name the charity uses	
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Corporate trustees – names of the directors at the date the report was approved

Director name		

Name of trustees holding title to property belonging to the charity

Trustee name	Dates acted if not for whole year	

Funds held as custodian trustees on behalf of others

Description of the assets held in this capacity	Hertfordshire Diabetes Education does not hold any assets on behalf of others.
Name and objects of the charity on whose behalf the assets are held and how this falls within the custodian charity's objects	
Details of arrangements for safe custody and segregation of such assets from the charity's own assets	

Additional information (optional)

Names and addresses of advisers (Optional information)

Type of adviser	Name	Address

Name of chief executive or names of senior staff members (Optional information)

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Exemptions from disclosure

Reason for non-disclosure of key personnel details

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Other optional information

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Declarations

The trustees declare that they have approved the trustees' report above.

Signed on behalf of the charity's trustees

Signature(s)		
Full name(s)	Dr Nicola Cowap	
Position (eg Secretary, Chair, etc)	Chair	
Date	8.1.21	