

ENGAGE TRUST UK

Charity number: 1165129

TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS

FOR THE PERIOD ENDED 30th. SEPTEMBER 2025

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The Trustees present their annual report and the financial statements of the charity for the period ended 30th. September 2025.

REFERENCE AND ADMINISTRATIVE INFORMATION

Registered charity name:	Engage Trust UK
Charity registration number:	1165129
Principal office:	Corbierre 55 Finchfield Road Wolverhampton WV3 9LQ
Trustees:	Leona Grant William Davies Simon Woodward (appointed January 2025)
Director of operations	Matthew Foster
Independent Examiner:	Mervyn Thomas 128 Putnoe Lane, Bedford, MK41 8LS
Principal Bankers:	CAF Bank Ltd.

CHARITY STATUS

The charity is a Charitable-Incorporated Organisation (CIO) registered in January 2016.

AIMS AND PURPOSE

The objects of Engage Trust UK are:

In accordance with Christian values, to engage with, and act as a resource for young people and their families, and the wider community, who are poor, disadvantaged, marginalised, or at risk of social exclusion; or otherwise in conditions of emotional, mental, or spiritual need, hardship or distress, by providing guidance, support, varied opportunities and by organising activities as a means of:

- (a) advancing in life and helping young people and their families by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals;
- (b) promoting education;
- (c) relieving unemployment;
- (d) providing recreational and leisure time activity in the interests of social welfare for people living in the area of benefit with a view to improving the conditions of life of such persons;
- (e) advancing the Christian religion

REVIEW OF ACTIVITIES

The charity's objects underpin our operational activities. The trustees have paid due regard to the Charity Commission's guidance on public benefit when determining the activities of the charity. We have been a registered charity since January 2016.

Engage Trust UK aims to:

- Empower and release young people to fulfil their potential
- Inspire and equip those at risk of exclusion from school/society to make a positive change to their circumstances and attitude.
- Support and create positive environments for children and young people to grow.
- Provide opportunities for people to explore the Christian faith and meaning.
- Provide services that meet the needs of the community.

The main focus of our work during 2024-25 has been the continued development of our mental health and wellbeing offer. This started as a bespoke 13-week mental health & well-being programme combining group work and 1-2-1 sessions designed around young people's personal social and emotional challenges.

'Worth It' is an original approach to supporting young people struggling with emotional health, mental well-being and the effects of multiple trauma. Our primary focus is regional/Black Country from our base in Wolverhampton.

Through our Worth-It programme, we aim to:

- engage young people living in deprived or disadvantaged communities who are struggling with mental health issues in a step-by-step programme to improve their health and well-being and prevent further harm
- to assist young people to become more emotionally self-aware and gain tools and strategies to enable to cope better with adverse experiences, helping them to make good decisions even in the difficult times
- to improve young people's educational attainment & prospects and capacity to engage positively with learning

ACHIEVEMENTS AND PERFORMANCE

Over the last year we worked with over 110 people across the Black Country around the topic of Mental Health and through our Worth-It programme.

Worth-It Schools Programme

Participants in the Worth-It programme over 2024-25 completed the Outcome Star tool at both the start and end of the programme. Everyone who completed the programme and evaluations all made progress in at least three areas. Everyone made progress in the areas of feelings & emotions, school and self-esteem. 100% making progress in three outcome areas.

When asked what they found the most helpful, young people said:

"It showed me I can forgive people."

"Taught me not to listen to online comments."

"The first week was a massive eye-opener for me as I had never done something like this before."

When asked what three things they would practice following the programme, young people said:

- Positive self-talk, asking for help
- Speaking positively to others, listening, making good choices
- Listening, asking for help, forgiveness
- Speaking positively to others, asking for help, making good choices, forgiveness

- Listening, choosing what thoughts to hold on to, choosing who and what I am influenced by

When specifically talking about the 1-1 aspect of the course, one young person said, *“Even one session changed my mindset.”*

Compassionate Conversations

As part of the Love Black Country Mental Health Forum, following on from the success of the Compassionate Conversations in 2024, we delivered a further series in 2025 across the 4 Boroughs of the Black Country. As these were one-off events, impact was measured through participant evaluations completed at the end of each session. Feedback was overwhelmingly positive, with every participant indicating they would attend a similar event in the future.

Our informal, relational approach helped people feel at ease quickly, creating a safe space for open conversation and shared experience. Participants consistently highlighted the value of this atmosphere and the quality of facilitation. Comments included:

- “Low key in a good way”
- “Very insightful and comforting”
- “It was helpful and informative”
- “The team worked well together”
- “Just saying it’s OK to have conversations like this is extremely worthwhile”
- “Very good night – gentle and compassionate delivery”

This feedback demonstrates both the immediate impact of the sessions and the strong appetite for further opportunities to engage with mental health and wellbeing support in a welcoming, accessible environment.

Rebuild Resilience

We have begun developing an adult version of the Worth It programme—Rebuild Resilience—which will expand our wellbeing offer and enable us to support adults more comprehensively in the year ahead.

We would like to acknowledge and thank our grant funders over this last year - IM Properties Fund and Positive Futures (both administered via the Heart of England Community Foundation), The National Lottery Community Fund, The Albert Hunt Trust, Benefact Trust, Garfield Weston, James Beattie Trust, The Grimmitt Trust and The Patrick Trust.

Thank you also to individual donors, and churches, whose contributions also make our work possible.

Plans for the Future

- Sustain and grow delivery of the Worth It programme, ensuring young people across both school and community settings continue to benefit from high-quality, impactful support.
- Expand the reach of the ‘Worth It’ licence and training offer, building new partnerships and strengthening our delivery network, so the programme can create meaningful change at greater scale.
- Broaden our health and wellbeing provision for adults, developing a more comprehensive offer that responds to community needs and supports long-term resilience.
- Undertake robust research and insight work to shape a bold, evidence-driven strategic direction for the next five years, ensuring our organisation is positioned for sustainable impact and growth.

Financial Summary	2025	2024
Income	47,057	42,996
Expenditure	45,184	53,294
Net Assets (Total funds)	12,174	10,301

Financial review

The most significant increase in income during 2025 came from grant funding, which rose by just over £9,000 compared with 2024. In March 2025, our Schools Worker moved on to a role elsewhere, providing a natural opportunity to review how we resource this area of our work. Rather than immediately recruiting to a permanent post, we opted to appoint a sessional worker. This approach allowed us to maintain delivery of the schools programme effectively while managing expenditure prudently during a period of transition.

Reserves policy

The charity holds unrestricted and restricted funds. Transfers are made from unrestricted to restricted funds to prevent restricted funds from going into deficit.

Our overall policy for unrestricted funds is to hold reserves at a minimum threshold necessary to operate the organisation (at least 3 months' expenditure) or higher when specific projects are being planned for subsequent years.

Engage Trust UK, is confident that we are operating adequately on an ongoing basis.

TRUSTEES' RESPONSIBILITIES

All Trustees give their time voluntarily and receive no remuneration or other benefits.

The Trustees are responsible for preparing the Trustees' Annual Report and financial statements in accordance with applicable laws and regulations.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain transactions and disclose with reasonable accuracy at any time the financial position of the trust and to enable them to ensure that the financial statements conform to the charities SORP. They are also responsible for safeguarding the assets of the CIO and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

ON BEHALF OF THE TRUSTEES

Leona Grant

Signed:



Date: 02/04/2026

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF ENGAGE TRUST UK

on the accounts for the year to 30th September 2024 as set out on pages 8–14 in this document

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

Independent examiner's statement

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and to state whether particular matters have come to my attention.

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently, no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

In connection with my examination, no matter has come to my attention which gives me reasonable cause to believe that in, any material respect, the requirements:

- 1) to keep accounting records in accordance with section 130 of the Charities Act, and to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
- 2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:



Mervyn Thomas
128 Putnoe Lane
Bedford MK41 8LS

Dated: 02/04/2024

STATEMENT OF FINANCIAL ACTIVITIES

At 30th. September 2025

	Notes	Unrestricted Fund £	Restricted Fund £	Total Funds 2025 £	Total Funds 2024 £
Incoming Resources	3				
Voluntary income		7,833	-	7,833	5,916
Generating Funds -Sales		734	-	734	7,643
Charitable activities		3,053	35,437	38,490	29,437
Total Incoming Resources		11,620	35,437	47,057	42,996
Resources Expended	4				
Raising funds		348	-	348	652
Charitable activities		10,449	34,387	44,836	52,642
Total Resources Expended		10,797	34,387	45,184	53,294
Net income/(expenditure)		823	1,050	1,873	(10,298)
Transfers between funds		-	-	-	-
Net movement in funds		823	1,050	1,873	(10,298)
Reconciliation of funds:					
Total funds brought forward		5,834	4,467	10,301	20,599
Total funds carried forward		6,657	5,517	12,174	10,301

(continued)

BALANCE SHEET

At 30th. September 2025

	Notes	Unrestricted Fund £	Restricted Fund £	Total Funds 2025 £	Total Funds 2024 £
Fixed assets	5	2,039	-	2,039	4,076
Current assets		-			
Cash at bank and in hand		17,769	5,517	23,285	6,375
Total current assets		17,769	5,517	23,285	6,375
Short Term Liabilities	6	(13,150)	-	(13,150)	(150)
Total assets less liabilities		6,658	5,517	12,174	10,301
Charity Funds	7				
Unrestricted funds		6,657		6,657	5,835
Restricted Funds			5,517	5,517	4,466
Total funds		6,657	5,517	12,174	10,301

Signed on behalf of the trustees:

Leona Grant

Signed:



Dated: 02/04/2026

The notes on pages 11 to 14 form part of these financial statements.

NOTES TO THE FINANCIAL STATEMENTS

1 BASIS OF PREPARATION

1.1 Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable and with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

1.2 Going concern

The Charity is a going concern. Income generation through members' donations is maintaining adequate reserves and restrictive funds are adequate.

1.3 Change of accounting policy

The accounts present a true and fair view and the accounting policies adopted are those outlined in note 2.

1.4 Changes to accounting estimates

No changes to accounting estimates have occurred in the reporting period (3.46 FRS 102 SORP).

2. ACCOUNTING POLICIES

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the period.

2.1 Basis of preparation of financial statements

The financial statements have been prepared under the historical cost convention with items recognized at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and with the Charities Act 2011.

2.2 Fund accounting

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity. Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal. Transfers are made from unrestricted to restricted funds as necessary to prevent restricted funds from going into deficit. Transfers are made from unrestricted to designated funds in accordance with the charities strategy and reserves policy.

2.3 Incoming resources

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to the income and it is more likely than not that it will receive the resources and the amount can be quantified with reasonable accuracy. Voluntary income is received by way of donations and gifts and is included in full in the SoFA when receivable. Grants are included in the SoFA when the general income recognition criteria above are met and in the case of performance-related grants income is recognized to the extent that the specified goods or services have been provided. Donated services and facilities are included at the value to the charity where this can be measured reliably. The value of services provided by volunteers has not been included in these accounts. Investment income is included when received.

2.4 Resources expended

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT that cannot be recovered, which is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity (as a charitable company) and include the audit fees and costs linked to the charity's legal constitution.

2.6 Pension costs

Employees of the charity are entitled to join a defined contribution pension scheme. The charity contribution is limited to the contributions disclosed in note 3.

2.7 Debtors

Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

2.8 Creditors

Creditors (including accruals) are recognised when due at the balance sheet date. Deferred Income arises when income is received in advance of allowable use, and so income is deferred until the use period occurs.

3.1 ANALYSIS OF INCOME

	Unrestricted Funds	Restricted Funds	Total Funds 2025	Total Funds 2024
	£	£	£	£
Voluntary Income				
Company Donations	-	-	-	
Charity Donations	3,019	-	3,019	1,257
Personal Donations	4,814	-	4,814	4,659
Total Voluntary Income	7,833	-	7,833	5,916
Activities for generating funds				
Sales	734	-	734	7,643
Events	-	-	-	
Total Activities for generating Funds	734	-	734	7,643
Charitable Activities				
Grants	3,020	35,437	38,457	29,410
Interest	33	-	33	26
Total Charitable Activities	3,053	35,437	38,490	29,436
Grand Total Incoming Resources	11,620	35,437	47,057	42,995

(Continued)

3.2 Comparative ANALYSIS OF INCOME 2024

	Unrestricted Funds	Restricted Funds	Total Funds 2024	Total Funds 2023
	£	£	£	£
Voluntary Income				
Company Donations	-	-	-	3,216
Charity Donations	1,257	-	1,257	2,374
Personal Donations	4,659	-	4,659	6,042
Total Voluntary Income	5,916	-	5,916	11,632
Activities for generating funds		-		
Sales	7,643	-	7,643	6,040
Total Activities for generating Funds	7,643	-	7,643	6,040
Charitable Activities				
Grants	-	29,410	29,410	29,500
Interest	26	-	26	71
Total Charitable Activities	26	29,410	29,436	29,571
Grand Total Incoming Resources	13,585	29,410	42,995	47,243

4 ANALYSIS OF EXPENDITURE

	Unrestricted Funds	Restricted Funds	Total Funds 2025	Total Funds 2024
	£	£	£	£
Expenditure on raising funds				
Publicity	10	-	10	
Website	338	-	338	573
Fundraiser	-	-	-	79
Total expenditure on raising funds	348	-	348	652
Expenditure on Charitable Activities				
Employee Salaries	35,287	-	35,287	46,295
Employer's National Insurance	-	-	-	
Pension Contributions	2,349	-	2,349	2,635
Contractors	148	162	310	
Training	1,466	-	1,466	120
Expenses	123	-	123	115
Administration and Office	2,379	10	2,388	3,173
Project resources	159	715	875	304
Depreciation	2,038	-	2,038	
Support Cost Allocation	(33,500)	33,500	-	
Total expenditure on Charitable				
Expenditure	10,449	34,387	44,836	52,642
TOTAL EXPENDITURES	<u>10,797</u>	<u>34,387</u>	<u>45,184</u>	<u>53,294</u>

4.1 Staff

The number of paid employees is 1 (Previous year 2)

4.2 Expense Disclosures

Trustees did not receive payment or expenses in the year.

5 TANGIBLE FIXED ASSETS

Equipment £

Cost for the year ending 30th. September 2025

Brought Forward	6,527
Additions in the year at cost	-
Carried Forward	6,527

Depreciation

Brought Forward	2,450
Depreciation for the year	2,038
Carried Forward	412

Net Book Value

Net Book Value at September 2024	4,077
Net Book Value at September 2025	<u>2,039</u>

6 SHORT TERM LIABILITIES

	2025	2024
	£	£
Short Term Liabilities		
Accruals	350	150
Creditors	-	-
Deferred Grant Income	12,800	-
Total Short term Liabilities	13,150	150

The deferred income relates to grants received, which stipulates they are to be used in the following accounting period.

7. CHARITY FUNDS

Details of All Funds with movements during the CURRENT reporting period 2024-2025

<i>Sum of Amounts by Fund-Project</i>					
Fund	Opening Balance	Income	Expenditure	Transfers	Closing Balance
General	5,834	11,620	(10,797)	-	6,657
Total Unrestricted	5,834	11,620	(10,797)	-	6,657
Worth it schools project	4,467	35,437	(34,387)	-	5,517
Total Restricted	4,467	35,437	(34,387)	-	5,517
TOTAL FUNDS	10,301	47,057	(45,184)	-	12,174