

ENGAGE TRUST UK

Charity number: 1165129

TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS

FOR THE PERIOD ENDED 30th. SEPTEMBER 2024

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The Trustees present their annual report and the financial statements of the charity for the period ended 30th. September 2024.

REFERENCE AND ADMINISTRATIVE INFORMATION

Registered charity name:	Engage Trust UK
Charity registration number:	1165129
Principal office:	Corbierre 55 Finchfield Road Wolverhampton WV3 9LQ
Trustees:	Anthony Henson (resigned March 2025) Leona Grant William Davies Simon Woodward (appointed January 2025)
Director of operations	Matthew Foster
Independent Examiner:	Mervyn Thomas 128 Putnoe Lane Bedford, MK41 8LS
Principal Bankers:	CAF Bank Ltd.

CHARITY STATUS

The charity is a charitable incorporated organisation (CIO) registered in January 2016.

AIMS AND PURPOSE

The objects of Engage Trust UK are:

In accordance with Christian values, to engage with, and act as a resource for young people and their families, and the wider community, who are poor, disadvantaged, marginalised, or at risk of social exclusion; or otherwise in conditions of emotional, mental, or spiritual need, hardship or distress, by providing guidance, support, varied opportunities and by organising activities as a means of:

- (a) advancing in life and helping young people and their families by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals;
- (b) promoting education;
- (c) relieving unemployment;
- (d) providing recreational and leisure time activity in the interests of social welfare for people living in the area of benefit with a view to improving the conditions of life of such persons;
- (e) advancing the Christian religion

REVIEW OF ACTIVITIES

The charity's objects underpin our operational activities. The trustees have paid due regard to the Charity Commission's guidance on public benefit when determining the activities of the charity. We have been a registered charity since January 2016.

Engage Trust UK aims to:

- Empower and release young people to fulfil their potential
- Inspire and equip those at risk of exclusion from school/society to make a positive change to their circumstances and attitude.
- Support and create positive environments for children and young people to grow.
- Provide opportunities for people to explore the Christian faith and meaning.
- Provide services that meet the needs of the community.

The main focus of our work during 2023-24 has been the development of our mental health and wellbeing offer. This started as a bespoke 13-week mental health & well-being programme combining group work and 1-2-1 sessions designed around young people's personal social and emotional challenges.

'Worth It' is an original approach to supporting young people struggling with emotional health, mental well-being and the effects of multiple trauma. Our primary focus is regional/Black Country from our base in Wolverhampton.

Through our Worth-It programme we aim to:

- engage young people living in deprived or disadvantaged communities who are struggling with mental health issues in a step-by-step programme to improve their health and well-being and prevent further harm
- to assist young people to become more emotionally self-aware and gain tools and strategies to enable to cope better with adverse experiences, helping them to make good decisions even in the difficult times
- to improve young people's educational attainment & prospects and capacity to engage positively with learning

Initially, we offer the programme at a reduced rate and schools then have confidence in our work and are willing to pay the full price, increasing our sustainability as a charity.

Over the last year we have developed Worth-It further, so that it can be delivered in different ways, and isn't reliant solely on our staff team to deliver it.

ACHIEVEMENTS AND PERFORMANCE

Over the last year we worked with over 120 people across the Black Country around the topic of Mental Health and through our Worth-It programme.

Worth-It Schools Programme

Participants in the Worth-It programme over 2023-24 completed the Outcome Star tool at both the start and end of the programme. 57% made progress in three outcome areas, 86% in two outcome areas and 100% in one outcome area. When asked which session they found the most helpful, young people said:

'Pressure - It made me realise why I was going through feeling how I was.'

'Family Life - Hearing about other people's stories was nice.'

'Forgiveness - I can forgive people who I don't really like.'

'Influence & Forgiveness - Because it impacted me that if you hold a grudge you are only hurting yourself more than the other person.'

School staff said:

'There has been a massive improvement in the students' attitude to learning and towards people. The behaviour of the students have improved and the goals we set for the individual students have been

hit.....The behaviour of the students has massively improved. The percentage of achievement points have increased and the amount of behaviour points they get has decreased. Some students have become noticeably less shy and willing to talk. Students also seem to be happier and have really enjoyed the sessions.'

Worth It 1-1 mentoring

Responding to requests from local third sector organisations, we have adapted the 13 week programme which includes both 1-1 support and group work, into a programme which can be solely used by those delivering 1-1 mentoring. This is available for purchase and use in a variety of settings.

Firm Foundations

This is a programme for primary school children aged 9-11 enabling us to start working with children at an earlier stage, giving them the tools and strategies they need to manage their emotions and make good decisions at such a point in their life that it equips them with firm foundations for the years ahead that face them. The 'Firm Foundations' Wellbeing Programme is designed around children's personal social emotional and health challenges, offering a structured safe environment to explore. Topics include feelings & emotions, healthy boundaries, community & connections, positive friendships, good influences and clear communication. In due course we hope to pilot this programme, allowing us to see firsthand how well the sessions are received, evaluate their impact, get direct feedback from children and staff and then if required, make the relevant changes to strengthen the programme before making it available more widely in future years.

Training for Adults

Working in partnership with two other leading charities, who are active in other boroughs of the Black Country, we created the Love Black Country Mental Health Forum and invited one or two other professionals in the health sector, to join with us with a view to start a conversation around Mental Health with leaders.. Leaders are just as susceptible to mental and emotional health challenges. In 2024 we ran a series of roadshows 'Compassionate Conversations'.. These provided attendees with

- A greater awareness of the signs and symptoms of anxiety
- The knowledge to safely and compassionately respond to those who are suffering with anxiety and other mental health conditions
- Tools to create a more inclusive and understanding environment within their communities for those who suffer anxiety/poor mental health.

Other activity to specifically note this year includes:

- Increased sales of our 'Worth-It' notebooks and journals.
- Our Director was invited to sit on a panel of experts at the West Midlands Mayor Mental Health Forum for youth event.
- We were commissioned by Wolverhampton City Council to deliver a consultation around green spaces in the Merry Hill area of the City. - The outcome of this will lead to communities being transformed from a health perspective..

We would like to acknowledge and thank our grant funders over this last year - The Dulverton Trust, IM Properties Fund and the Graham Griffiths Fund (all administered via the Heart of England Community Foundation), The National Lottery Community Fund, The Eveson Trust and Albert Hunt.

Thank you also to individual donors, and churches whose contributions also make our work possible.

Financial Summary	2024	2023
Income	42,995	47,243
Expenditure	53,294	54,905
Net Assets (Total funds)	10,301	20,599

Financial review

In a climate where small grassroots charities are struggling, to keep going as an organisation and raise funds that put us in a fairly consistent position over the last 3 years, is something we are extremely proud of. However, the slight drop in income this year, did mean that we needed to take the decision to move out of rented office space to reduce costs, and instead return to working from home.

Reserves policy

The charity holds unrestricted and restricted funds. Transfers are made from unrestricted to restricted funds in order to prevent restricted funds from going into deficit. Our overall policy for unrestricted funds is to hold reserves at a minimum threshold necessary to operate the organisation (not more than 3 months' expenditure) or higher when specific projects are being planned for subsequent years.

TRUSTEES' RESPONSIBILITIES

All Trustees give their time voluntarily and receive no remuneration or other benefits.

The Trustees are responsible for preparing the Trustees' Annual Report and financial statements in accordance with applicable laws and regulations.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain transactions and disclose with reasonable accuracy at any time the financial position of the trust and to enable them to ensure that the financial statements conform to the charities SORP. They are also responsible for safeguarding the assets of the CIO and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

ON BEHALF OF THE TRUSTEES

Leona Grant

Signed:



Date: 26/03/2025

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF ENGAGE TRUST UK

on the accounts for the year to 30th September 2024 as set out on pages 8–14 in this document

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

Independent examiner's statement

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and to state whether particular matters have come to my attention.

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently, no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

In connection with my examination, no matter has come to my attention which gives me reasonable cause to believe that in, any material respect, the requirements:

- 1) to keep accounting records in accordance with section 130 of the Charities Act, and to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
- 2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:



Mervyn Thomas
128 Putnoe Lane
Bedford MK41 8LS

Dated: 26/03/2025

Incoming Resources	3				
Voluntary income		5,916	-	5,916	11,632
Generating Funds -Sales		7,643	-	7,643	6,040
Charitable activities		26	29,410	29,436	29,571
Total Incoming Resources		13,586	29,410	42,995	47,243
Resources Expended	4				
Raising funds		652	-	652	7,366
Charitable activities		30,601	22,041	52,642	74,183
Total Resources Expended		31,253	22,041	53,294	81,549
Net income/(expenditure)		(17,667)	7,369	(10,298)	(34,306)
Transfers between funds		15,000	(15,000)		
Net movement in funds		(2,667)	(7,631)	(10,298)	(34,306)
Reconciliation of funds:					
Total funds brought forward		8,501	12,098	20,599	54,905
Total funds carried forward		5,834	4,467	10,301	20,599

(continued)

BALANCE SHEET

At 30th. September 2024	Notes	Unrestricted Fund £	Restricted Fund £	Total Funds 2024 £	Total Funds 2023 £
Fixed assets	5	4,076		4,076	4,958
Current assets		-		-	
Inventory	6	-		-	440
Debtors (less than 1 year))		-		-	
Cash at bank and in hand		1,908	4,467	6,375	16,201
Total current assets		1,908	4,467	6,375	16,641
Short Term Liabilities	7	(150)	-	(150)	(1,000)
Total assets less liabilities		5,834	4,467	10,301	20,599
Charity Funds	8				
Unrestricted funds		5,834		5,835	8,501
Restricted Funds			4,467	4,466	12,098
Endowment Fund				-	-
Total funds		5,834	4,467	10,301	20,599

Signed on behalf of the trustees:

Leona Grant

Signed:



Dated: 26/03/2025

The notes on pages 10 to 14 form part of these financial statements.

NOTES TO THE FINANCIAL STATEMENTS

1 BASIS OF PREPARATION

1.1 Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable and with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

1.2 Going concern

The Charity is a going concern. Income generation through members' donations is maintaining adequate reserves and restrictive funds are adequate.

1.3 Change of accounting policy

The accounts present a true and fair view and the accounting policies adopted are those outlined in note 2.

1.4 Changes to accounting estimates

No changes to accounting estimates have occurred in the reporting period (3.46 FRS 102 SORP).

2. ACCOUNTING POLICIES

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the period.

2.1 Basis of preparation of financial statements

The financial statements have been prepared under the historical cost convention with items recognized at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and with the Charities Act 2011.

2.2 Fund accounting

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity. Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal. Transfers are made from unrestricted to restricted funds as necessary to prevent restricted funds from going into deficit. Transfers are made from unrestricted to designated funds in accordance with the charities strategy and reserves policy.

2.3 Incoming resources

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to the income and it is more likely than not that it will receive the resources and the amount can be quantified with reasonable accuracy. Voluntary income is received by way of donations and gifts and is included in full in the SoFA when receivable. Grants are included in the SoFA when the general income recognition criteria above are met and in the case of performance-related grants income is recognized to the extent that the specified goods or services have been provided. Donated services and facilities are included at the value to the charity where this can be measured reliably. The value of services provided by volunteers has not been included in these accounts. Investment income is included when received.

2.4 Resources expended

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT that cannot be recovered, which is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity (as a charitable company) and include the audit fees and costs linked to the charity's legal constitution.

2.6 Pension costs

Employees of the charity are entitled to join a defined contribution pension scheme. The charity contribution is limited to the contributions disclosed in note 3.

2.7 Debtors

Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

2.8 Creditors

Creditors (including accruals) are recognized when due at the balance sheet date.

3. ANALYSIS OF INCOME

	Unrestricted Funds	Restricted Funds	Total Funds 2024	Total Funds 2023
	£	£	£	£
Voluntary Income				
Company Donations	-	-	-	3,216
Charity Donations	1,257	-	1,257	2,374
Personal Donations	4,659	-	4,659	6,042
Total Voluntary Income	5,916	-	5,916	11,632
Activities for generating funds		-		
Sales	7,643	-	7,643	6,040
Total Activities for generating Funds	7,643	-	7,643	6,040
Charitable Activities				
Grants	-	29,410	29,410	29,500
Interest	26	-	26	71
Total Charitable Activities	26	29,410	29,436	29,571
Grand Total Incoming Resources	13,585	29,410	42,995	47,243

4 ANALYSIS OF EXPENDITURE

	Unrestricted Funds	Restricted Funds	Total Funds 2024	Total Funds 2023
	£	£	£	£
Expenditure on raising funds				
Publicity	-	-	-	1,895
Website	573	-	573	1,877
Fundraiser	79	-	79	3,594
Total expenditure on raising funds	652	-	652	7,366
Expenditure on Charitable Activities				
Employee Salaries	25,041	21,254	46,295	51,383
Employer's National Insurance	-	-	-	1,622
Pension Contributions	1,947	688	2,635	2,548
Training	120	-	120	3,801
Expenses	115	-	115	905
Administration and Office	3,163	10	3,173	12,559
Project resources	215	89	304	1,355
Support Cost Allocation	-	-	-	-
Total expenditure on Charitable Expenditure	30,601	22,041	52,642	74,173
TOTAL EXPENDITURES	31,253	22,041	53,294	81,539

4.1 Staff

The number of paid employees is 2 (Previous year 3)

4.2 Expense Disclosures

Trustees did not receive payment or expenses in the year.

5 TANGIBLE FIXED ASSETS

	IT Equipment	Equipment & Fittings	Total
	£	£	£
Cost for the year ending 30th. September 2024			
Brought Forward	2,673	3,854	6,527
Additions in the year at cost	-	-	-
Carried Forward	2,673	3,854	6,527
Depreciation Rate Applied			
Brought Forward	1,312	257	1,569
Depreciation for the year	193	688	881
Carried Forward	1,505	945	2,450
Net Book Value			
Net Book Value at September 2023	1,361	3,597	4,958
Net Book Value at September 2024	1,168	2,909	4,077

6 INVENTORY

	2024	2023
	£	£
Stock of Notebooks for Sale	-	440

7 CREDITORS AND ACCRUALS

	2024	2023
	£	£
Short Term Creditors and accruals		
Accruals	-	-
Creditors	150	1,000
Total Short term Liabilities	150	1,000

8. CHARITY FUNDS

Details of All Funds with movements during the CURRENT reporting period 2023-2024

Sum of Amounts by Fund-Project

Fund	Opening Balance	Income	Expenditure	Transfers	Closing Balance
General	8,501	13,585	(31,251)	15,000	5,835
Total Unrestricted	8,501	13,585	(31,251)	15,000	5,835
Worth it schools project	12,098	29,410	(22,042)	(15,000)	4,466
Total Restricted	12,098	29,410	(22,042)	(15,000)	4,466
TOTAL FUNDS	20,599	42,995	(53,293)	-	10,301