

ENGAGE TRUST UK

Charity number: 1165129

TRUSTEES' ANNUAL REPORT AND FINANCIAL STATEMENTS

FOR THE PERIOD ENDED 30th. SEPTEMBER 2023

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The Trustees present their annual report and the financial statements of the charity for the period ended 30th. September 2023

REFERENCE AND ADMINISTRATIVE INFORMATION

Registered charity name:	Engage Trust UK
Charity registration number:	1165129
Principal office:	Corbierre 55 Finchfield Road Wolverhampton WV3 9LQ
Trustees:	Anthony Henson Leona Grant William Davies
Director of operations	Matthew Foster
Independent Examiner:	Mervyn Thomas 128 Putnoe Lane Bedford, MK41 8LS
Principal Bankers:	CAF Bank Ltd.

CHARITY STATUS

The charity is a charitable incorporated organisation (CIO) registered in January 2016.

AIMS AND PURPOSE

The objects of Engage Trust UK are:

In accordance with Christian values, to engage with, and act as a resource for young people and their families, and the wider community, who are poor, disadvantaged, marginalised, or at risk of social exclusion; or otherwise in conditions of emotional, mental, or spiritual need, hardship or distress, by providing guidance, support, varied opportunities and by organising activities as a means of:

- (a) advancing in life and helping young people and their families by developing their skills, capacities and capabilities to enable them to participate in society as independent, mature and responsible individuals;
- (b) promoting education;
- (c) relieving unemployment;
- (d) providing recreational and leisure time activity in the interests of social welfare for people living in the area of benefit with a view to improving the conditions of life of such persons;
- (e) advancing the Christian religion

REVIEW OF ACTIVITIES

The charity's objects underpin our operational activities. The trustees have paid due regard to the Charity Commission's guidance on public benefit when determining the activities of the charity. We have been a registered charity since January 2016.

Engage Trust UK aims to:

- Empower and release young people to fulfil their potential
- Inspire and equip those at risk of exclusion from school/society to make a positive change to their circumstances and attitude.
- Support and create positive environments for children and young people to grow.
- Provide opportunities for people to explore the Christian faith and meaning.
- Provide services that meet the needs of the community.

The main focus of our work during 2022-23 has been the roll-out of our 'Worth It' Programme. This is a bespoke 13-week mental health & well-being programme combining group work and 1-2-1 sessions designed around young people's personal social and emotional challenges.

'Worth It' is an original approach to supporting young people struggling with emotional health, mental well-being and the effects of multiple trauma. Our primary focus is regional/Black Country from our base in Wolverhampton.

Through our Worth-It programme we aim to:

- engage young people living in deprived or disadvantaged communities who are struggling with mental health issues in a step-by-step programme to improve their health and well-being and prevent further harm
- to assist young people to become more emotionally self-aware and gain tools and strategies to enable to cope better with adverse experiences, helping them to make good decisions even in the difficult times
- to improve young people's educational attainment & prospects and capacity to engage positively with learning

There is a fee for us to run the programme in schools. Initially, we offer the programme at a reduced rate and schools then have confidence in our work and are willing to pay the full price, increasing our sustainability as a charity.

ACHIEVEMENTS AND PERFORMANCE

- 60 young people were referred to us for the 'Worth-It' programme.
- We use Outcome Stars as one way of measuring our impact. Each participant completes a star at the start and again at the end of the programme. 92% of young people made an improvement in at least two outcome areas.
- When asked which week they found most helpful, some comments from young people were:
'Conflict - Understanding how I have to practise using my upstairs brain.'
'Forgiveness - I needed to hear what was said.'
'Power of thoughts of words – It made me think about what I was doing before and how it was affecting me.'
- When asked what their biggest takeaways were from the programme. Young people said:
'Forgiveness, and being a better person.'
'That even though the bad things seem easier to hold on to, in the long run always choose the good thing.'
'That the choices I make will not only affect me, but others as well.'
- Participants frequently found the 1-1 aspect of the programme useful:
'It helped me through the day and guided me.'
'It motivated me sometimes and made me genuinely happy.'
'It was nice to talk about things that upset me or things I really like.'

- 'I had someone there for me when I needed them.'
- Participants frequently recommend the programme:
 - 'It does help make you feel better about yourself.'
 - 'I think it's a great change in environment and the programme helps you learn a lot more about yourself.'
 - 'I would recommend it as it helps you find your own path and to work as a team.'
 - 'I would recommend 'Worth-It' because it could really help someone.'
 - 'It is helpful to let your feelings out.'
 - 'It can help people find better solutions to deal with issues in their life.'
 - 'It was good and actually helpful.'

Other activity to specifically note this year includes:

- Two staff have gained a certificate in Therapeutic Mentoring from the Betsy De Thiery academy.
- Partnering with three other organisations, we worked to plan a Mental Health conference for Churches.
- We launched our 'Worth-It' notebooks and journals. .
- Attendance at the Big Church Festival to promote the charity and our 'Worth It!' programme
- We held our 7 year celebration, with the Mayor of Wolverhampton officially opening our office space, and from this we gained some publicity in the local newspaper.

We would like to acknowledge and thank our grant funders over this last year - The Harry Payne Fund, administered via the Heart of England Community Foundation, The Allen Lane Foundation, Garfield Weston Foundation, Edward & Dorothy Cadbury Trust, Edward Cadbury Charitable Trust, The Albert Hunt Trust and Benefact Trust.

Thank you also to Expocet Ltd for their donations as well as to individual donors, whose contributions also make our work possible.

FINANCIAL REVIEW

Income generation

The total income for the year was £47,243 (2022: £38,677) which was generated through voluntary donations, grants and educational sales.

Expenditures

Total expenditures were £81,549 (2022: £46,519).

Funds

Overall funds are £20,599 (2022: £54,905) of which restricted and designated funds are £12,098 (2022: £34,141).

Reserves policy

The charity holds unrestricted and restricted funds. Transfers are made from unrestricted to restricted funds in order to prevent restricted funds from going into deficit. Our overall policy for unrestricted funds is to hold reserves at a minimum threshold necessary to operate the organisation (not more than 3 months' expenditure) or higher when specific projects are being planned for subsequent years.

TRUSTEES' RESPONSIBILITIES

All Trustees give their time voluntarily and receive no remuneration or other benefits.

The Trustees are responsible for preparing the Trustees' Annual Report and financial statements in accordance with applicable laws and regulations.

The Trustees are responsible for keeping adequate accounting records that are sufficient to show and explain transactions and disclose with reasonable accuracy at any time the financial position of the trust and to enable them to ensure that the financial statements conform to the charities SORP. They are also responsible for safeguarding the assets of the CIO and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

ON BEHALF OF THE TRUSTEES

Anthony Henson as Chair on behalf of the Trustees

Signed:

A handwritten signature in blue ink, appearing to be 'A. Henson', written over a faint horizontal line.

Date: 20/02/2023

INDEPENDENT EXAMINER'S REPORT TO THE TRUSTEES OF ENGAGE TRUST UK

on the accounts for the year to 30th September 2022 as set out on pages 8–14 in this document

Respective responsibilities of trustees and examiner

The charity's trustees are responsible for the preparation of the accounts. The charity's trustees consider that an audit is not required for this year under section 144 of the Charities Act 2011 (the Charities Act) and that an independent examination is needed.

Independent examiner's statement

It is my responsibility to:

- examine the accounts under section 145 of the Charities Act,
- to follow the procedures laid down in the general Directions given by the Charity Commission (under section 145(5)(b) of the Charities Act, and to state whether particular matters have come to my attention.

My examination was carried out in accordance with general Directions given by the Charity Commission. An examination includes a review of the accounting records kept by the charity and a comparison of the accounts presented with those records. It also includes consideration of any unusual items or disclosures in the accounts and seeking explanations from the trustees concerning any such matters. The procedures undertaken do not provide all the evidence that would be required in an audit, and consequently, no opinion is given as to whether the accounts present a 'true and fair' view and the report is limited to those matters set out in the statement below.

In connection with my examination, no matter has come to my attention which gives me reasonable cause to believe that in, any material respect, the requirements:

- 1) to keep accounting records in accordance with section 130 of the Charities Act, and to prepare accounts which accord with the accounting records and comply with the accounting requirements of the Charities Act have not been met; or
- 2) to which, in my opinion, attention should be drawn in order to enable a proper understanding of the accounts to be reached.

Signed:



Mervyn Thomas
128 Putnoe Lane
Bedford MK41 8LS

Dated: 05/03/2024

Signed on behalf of the trustees:

STATEMENT OF FINANCIAL ACTIVITIES

At 30th. September 2023	Notes	Unrestricted Fund £	Restricted Fund £	Designated Fund £	Total Funds 2023 £	Total Funds 2022 £
Incoming Resources	3					
Voluntary income		8,444	3,188	-	11,632	28,865
Generating Funds -Sales		6,040	-	-	6,040	
Charitable activities - Grants		71	29,500	-	29,571	9,812
Total Incoming Resources		14,555	32,688	-	47,243	38,677
Resources Expended	4					
Raising funds		4,509	2,857	-	7,366	281
Charitable activities		28,211	45,972	-	74,183	46,238
Total Resources Expended		32,720	48,829	-	81,549	46,519
Net income/(expenditure)		(18,165)	(16,141)	-	(34,306)	(7,842)
Transfers between funds		5,902	98	(6,000)	-	
Net movement in funds		(12,263)	(16,043)	(6,000)	(34,306)	(7,842)
Reconciliation of funds:						
Total funds brought forward		20,764	28,141	6,000	54,905	62,747
Total funds carried forward		8,501	12,098	-	20,599	54,905

BALANCE SHEET

At 30th. September 2023	Notes	Unrestricted Fund £	Restricted Fund £	Designated Fund £	Total Funds 2023 £	Total Funds 2022 £
Fixed assets	5	4,958			4,958	3,904
Current assets						
Prepayments	6				-	3,307
Inventory	7				1,000	
Cash at bank and in hand		4,103	12,098	-	16,201	50,272
Total current assets		4,103	12,098	-	17,201	53,579
Short Term Liabilities	7	-			-	(2,578)
Total assets less liabilities		9,061	12,098	-	22,159	54,905
Charity Funds	8					
Unrestricted funds		8,501			8,501	20,764
Restricted Funds			12,098		12,098	28,141
Endowment Fund				-	-	6,000
Total funds		8,501	12,098	-	20,599	54,905

Anthony Henson as Chair on behalf of the trustees



Dated: 18/03/2024

The notes on pages 10 to 14 form part of these financial statements.

NOTES TO THE FINANCIAL STATEMENTS

1 BASIS OF PREPARATION

1.1 Basis of accounting

These accounts have been prepared under the historical cost convention with items recognised at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts.

The accounts have been prepared in accordance with:

the Statement of Recommended Practice: Accounting and Reporting by Charities preparing their accounts in accordance with the Financial Reporting Standard applicable and with the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and with the Charities Act 2011.

The charity constitutes a public benefit entity as defined by FRS 102.

1.2 Going concern

The Charity is a going concern. Income generation through members' donations is maintaining adequate reserves and restrictive funds are adequate.

1.3 Change of accounting policy

The accounts present a true and fair view and the accounting policies adopted are those outlined in note 2.

1.4 Changes to accounting estimates

No changes to accounting estimates have occurred in the reporting period (3.46 FRS 102 SORP).

2. ACCOUNTING POLICIES

The principal accounting policies are summarised below. The accounting policies have been applied consistently throughout the period.

2.1 Basis of preparation of financial statements

The financial statements have been prepared under the historical cost convention with items recognized at cost or transaction value unless otherwise stated in the relevant note(s) to these accounts and the Financial Reporting Standard applicable in the United Kingdom and Republic of Ireland (FRS 102) and with the Charities Act 2011.

2.2 Fund accounting

Unrestricted funds are available for use at the discretion of the Trustees in furtherance of the general objectives of the charity. Restricted funds are subjected to restrictions on their expenditure imposed by the donor or through the terms of an appeal. Transfers are made from unrestricted to restricted funds as necessary to prevent restricted funds from going into deficit. Transfers are made from unrestricted to designated funds in accordance with the charities strategy and reserves policy.

2.3 Incoming resources

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity becomes entitled to the income and it is more likely than not that it will receive the resources and the amount can be quantified with reasonable accuracy. Voluntary income is received by way of donations and gifts and is included in full in the SoFA when receivable. Grants are included in the SoFA when the general income recognition criteria above are met and in the case of performance-related grants income is recognized to the extent that the specified goods or services have been provided. Donated services and facilities are included at the value to the charity where this can be measured reliably. The value of services provided by volunteers has not been included in these accounts. Investment income is included when received.

2.4 Resources expended

Expenditure is recognised on an accrual basis as a liability is incurred. Expenditure includes any VAT that cannot be recovered, which is reported as part of the expenditure to which it relates.

Charitable expenditure comprises those costs incurred by the charity in the delivery of its activities and services for its beneficiaries. It includes both costs that can be allocated directly to such activities and those costs of an indirect nature necessary to support them.

Governance costs include those costs associated with meeting the constitutional and statutory requirements of the charity (as a charitable company) and include the audit fees and costs linked to the charity's legal constitution.

2.6 Pension costs

Employees of the charity are entitled to join a defined contribution pension scheme. The charity contribution is limited to the contributions disclosed in note 3.

2.7 Debtors

Debtors (including trade debtors and loans receivable) are measured on initial recognition at settlement amount after any trade discounts or amount advanced by the charity. Subsequently, they are measured at the cash or other consideration expected to be received.

2.8 Creditors

Creditors (including accruals) are recognized when due at the balance sheet date.

3. ANALYSIS OF INCOME

	Unrestricted	Restricted	Total Funds	Total Funds
	Funds	Funds	2023	2022
	£	£	£	£
Voluntary Income				
Company Donations	3,216	-	3,216	5,674
Charity Donations	300	2,074	2,374	-
Personal Donations	4,928	1,114	6,042	5,525
Total Voluntary Income	8,444	3,188	11,632	11,199
Activities for generating funds		-		
Sales	6,040	-	6,040	9,812
Total Activities for generating Funds	6,040	-	6,040	9,812
Charitable Activities				
Grants	-	29,500	29,500	17,666
Interest	71	-	71	-
Total Charitable Activities	71	29,500	29,571	17,666
Grand Total Incoming Resources	14,555	32,688	47,243	38,677

4 ANALYSIS OF EXPENDITURE

	Unrestricted	Restricted	Total Funds	Total Funds
	Funds	Funds	2023	2022
	£	£	£	£
Expenditure on raising funds				
Publicity	1,895	-	1,895	3,092
Website	1,877	-	1,877	
Fundraiser	737	2,857	3,594	-
Total expenditure on raising funds	4,509	2,857	7,366	3,092
Expenditure on Charitable Activities				
Employee Salaries	51,393	-	51,393	32,020
Employer's National Insurance	1,622	-	1,622	2,980
Pension Contributions	2,548	-	2,548	2,015
Training	950	2,851	3,801	405
Expenses	219	686	905	154
Administration and Office	12,514	45	12,559	5,372
Project resources	(35)	1,390	1,355	481
Support Cost Allocation	(41,000)	41,000	-	
Total expenditure on Charitable				
Expenditure	28,211	45,972	74,183	43,427
TOTAL EXPENDITURES	32,720	48,829	81,549	46,519

4.1 Staff

The number of paid employees is 3 (Previous year 3)

4.2 Expense Disclosures

Trustees did not receive payment or expenses in the year.

5 Tangible fixed assets

	IT Equipment £	Equipment & Fittings £	Total £
Cost or valuation for the year ending 30th. September 2023			
Brought Forward	2,318	2,294	4,612
Disposals	-	-	-
Additions in the year at cost	355	1,560	1,915
Carried Forward	2,673	3,854	6,527
Depreciation Rate Applied			
Brought Forward	644	64	708
Depreciation for the year	668	193	861
Carried Forward	1,312	257	1,569
Net Book Value			
Net Book Value at March 2022	1,674	2,230	3,904
Net Book Value at March 2023	1,361	3,597	4,958

6 DEBTORS AND PREPAYMENTS

	2023 £	2022 £
Debtors less than 1 year		
Prepaid Office Rent	-	1,747
Prepaid Furniture Deposit	-	1,560
Debtors	-	-
Total Debtors and Prepayments	-	3,307

7 INVENTORY

	2023 £	2022 £
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Stock of Notebooks for Sale	1,000
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8 CREDITORS AND ACCRUALS

	2023 £	2022 £
Short Term Creditors and accruals		
Accruals	-	-
Creditors	-	2,578
Total Short term Liabilities	-	2,578

9. FUNDS ANALYSIS

<i>Sum of Amounts by Fund-Project</i>					
Fund	Opening Balance	Income	Expenditure	Transfers	Closing Balance
General	20,764	14,554	(32,719)	5,902	8,501.00
Total Unrestricted	20,764	14,554	(32,719)	5,902	8,501
Worth it schools project	28,141	31,574	(47,617)	-	12,098
Ukraine	-	1,114	(1,212)	98	-
Total Restricted	28,141	32,688	(48,829)	98	12,098
Educational Development	6,000	-	-	(6,000)	-
Total Designated	6,000	-	-	(6,000)	-
TOTAL FUNDS	54,905	47,242	(81,548)	-	20,599

